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Sunset

The Magazine of Western Living

283848

1972 Index

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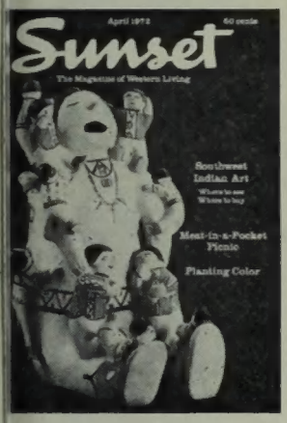

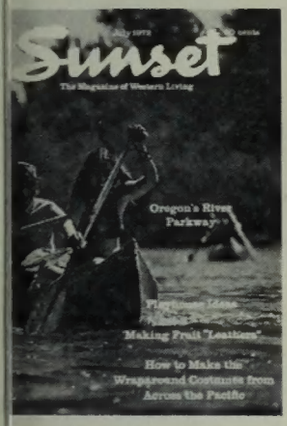

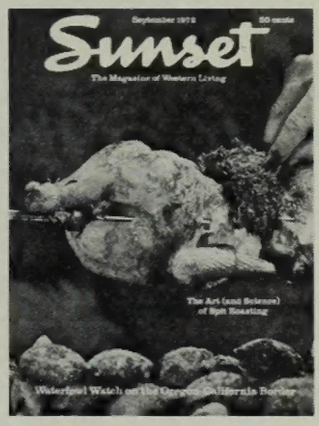

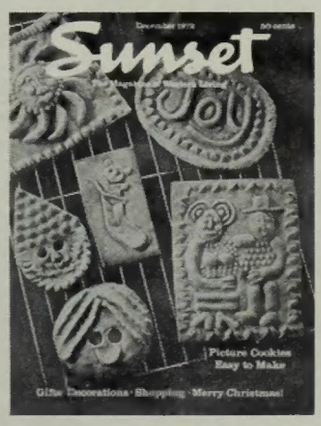

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Sunset
THE MAGAZINE OF WESTERN LIVING

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SUNSET *is published each month in four editions:* Northwest edition for Washington, Oregon, Idaho, and Alaska; Central edition for northern and central California, northern Nevada, and Utah; Southern California and Hawaii edition for coastal Southern California and Hawaii; Desert edition for southeastern California, southern Nevada, and Arizona. Because of the climate and other differences, many SUNSET articles run in only one or two of the four editions.

You can tell which edition of SUNSET *you read* by looking on the contents page of the magazine. At the upper left corner of the page you will see the name of the edition: Pacific Northwest, Central, Southern California and Hawaii, or Desert.

In the index listings, N denotes Northwest edition; C, Central edition; S, Southwest edition; and D, the Desert edition. The word "all" tells you that an article has appeared the same month and page in all four editions. Index listings are written as follows: May 76 N, C (May, page 76, Northwest and Central editions).

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Art, outdoor, Honolulu, Hawaii, May 44 all
Art school, Port Townsend, Wash., June 6 N
Art show, Environmental art and photography, Los Altos Hills, Calif., Jan 4 C
Ballet, Forecourt Fountain, Portland, Ore., Aug 3 N
Band tournament, Cupertino, Calif., Nov 3 C
Blanket exhibition, Navajo Tribal Museum, Window Rock, Ariz., Sept 62 D
Book of Kells, Dublin, Ireland, Feb 32 all
Bottle show, Oakland, Calif., June 4 C
Bottle show, San Mateo, Calif., Feb 4 C
Cake decorating, Concord, Calif., Mar 6 C
Children's festival, Jacksonville, Oregon, Nov 6 N
Christmas Fair, Tucson, Ariz., Tucson Art Center League, Dec 4 D
Concert series, Lafayette Park, Los Angeles, Calif., Aug 3 S
Concours d' elegance shows, May 114 all
Craft center, Rancho Bernardo, San Diego, Calif., July 3 S
Craft displays, Honolulu, Hawaii, Sept 42 all
Craft festival, Saratoga, Calif., May 6 C
Desert museum, Tucson, Ariz., July 3 D
Fine arts, Banff Center, Alberta, Canada, Apr 84 all
Flower and Garden Fair, Tucson, Ariz., Sept 4 D
Folk art, Merrill Mansion, Seattle, Wash., Nov 4 N
Frontier art exhibit, de Young Museum, San Francisco, June 3 C
Fungus Faire, Oakland Museum, Oakland, Calif., Jan 6 C
Garden show, Honolulu, Hawaii, Mar 62 all
Garden show, London, England, May 78 all
Gem and Mineral show, Lake Havasu City, Ariz., Nov 4 D
Gem and Mineral show, San Jose, Calif., Feb 4 C
Globe exhibit, Golden Gate Park, San Francisco, Calif., Feb 16 all
Gem and Mineral show, Bullhead City, Ariz., Nov 4 D
Indian art, where to see and buy, Apr 86 all
Indian crafts show, Natural History Museum, Los Angeles, Calif., Dec 3 S
Indian rock art, Natural History Museum, Los Angeles, Calif., Aug 4 S
Koi displays, Oahu, Hawaii, Oct 42 all
Mathews art exhibit, Oakland Museum, Oakland, Calif., July 4 C
Mexican Christmas festivities, San Juan Bautista, Dec 3 C
Model soldier show, Universal City, Calif., Nov 4 S
Movie studio, back lot tours, Los Angeles, Calif., Mar 86 N, C, 78 S, D
Mozart, Chamber music, opera, ballet, Inverness, Calif., Aug 24 C
Murals, Lovejoy Street ramp, Portland, Ore., Nov 4 N
Music, art, dancing, Honolulu City Hall, Hawaii, Dec 33 N, S, D
Music, Renaissance pageant, Portland, Ore., Dec 4 N
Musicians, street, San Francisco, Calif., May 50 all
NASA, Ames Research Laboratory, Mountain View, Calif., Feb 4 C
Navajo Rug Show, Natural History Museum, Los Angeles, Calif., Feb 4 S

Exhibits and the Arts (Cont.)

Navajo Tribe, Window Rock, Ariz., Sept 4 D
Norman Rockwell Show, de Young Museum, San Francisco, Calif., Oct 31 C
Norton Simon art collection, Los Angeles, & Pasadena, Calif., Sept 4 S
Outdoor art, Barnsdall Park, Los Angeles, Calif., June 46 S
Papago Arts and Crafts Center, Sells, Ariz., Aug 6 D
Pioneer crafts, Damascus, Oregon, Nov 6 N
Quilts, Hawaiian, Honolulu, Hawaii, May 64 C, S, D
Science Circus, Seattle, Wash., Dec 6 N
Sculpture, art, Triton Museum, Santa Clara, Calif., Sept 4 C
Sculpture, San Francisco, Calif., Oct 98 C
Sea exhibits, Queen Mary museum, Long Beach, Calif., Oct 48 all
Shakespeare company, San Francisco, Calif., June 4 C
Shakespearean festival, San Rafael, Calif., July 34 C
Soviet Union exhibit, Unimart '72, Seattle, Wash, Aug 4 N
Stamp show, San Jose, Calif., Feb 4 C
Stitchery Faire, Mill Valley, Apr 8 C
Theater, outdoor, Bremerton, Wash., June 36 all

Fishing

Abalone, finding, Oct 196 all
Bass, ice angling, Bidwell Lake, Greenville, Calif., Jan 16 all
Big game, Mulegé, Baja California, Oct 7 S
Crab raking, Wash., Mar 11 N
Geoduck hunting, Ore., Wash., June 88 N
Mussels, Pacific Coast, Mar 78 N, C; Apr 203 N, C
Ocean, Puerto Penasco, Sonora, Mexico, Mar 86 S, D; Oct 60 N
Perch, pile, Mukilteo ferry dock, near Everett, Wash., Mar 4 N
Salmon, blackmouth, Elliott Bay, Seattle, Wash., Nov 40 all
Salmon, trout, Kenai Peninsula, Alaska, June 70 all
Salmon run, Tumwater Falls Park, Olympia, Wash., Sept 22 N
San Bernardino County, Calif., Mojave Narrows Wildlife Area, Oct 30 S, D
Trout, Alpine Lakes, Cascade Mountains, Wash., Sept 3 N
Trout, Beulah Reservoir, southeastern Ore., Aug 3 N
Trout, Bishop Creek, Bishop, Calif., Oct 63 all
Trout, Blue Lakes, Carson Pass area, No. Calif., Oct 63 all
Trout, Bucks Lake, Quincy, Calif., Oct 62 all
Trout, Crescent and Big Lakes, White Mountains, Ariz., Aug 3 D
Trout, Dinkey Lakes, Fresno, Calif., Oct 63 all
Trout, Eagle Lake rainbow, Eagle Lake, No. Calif., Sept 20 N, S, D, 22 C
Trout, Emigrant Basin, Sonora, Calif., Oct 63 all
Trout, Frenchman Lake Recreation Area, Plumas National Forest, Calif., July 28 C
Trout, Hopewell Lake, near Tres Piedras, N. Mex., Sept 46 all
Trout, June Lake loop, near Lee Vining, Calif., Oct 63 all
Trout, Kaiser Ridge, northeast Fresno, Calif., Oct 63 all
Trout, Kern River, Kernville, Calif., Oct 63 all
Trout, Lafayette Reservoir, Contra Costa County, Calif., Nov 3 C
Trout, Lakes Basin, near Graeagle, Calif., Oct 63 all
Trout, Mammoth Lakes Basin, near Bishop, Calif., Oct 63 all
Trout, Merced River, Briceburg to El Portal, Calif., Oct 63 all
Trout, New Zealand, Dec 26 all
Trout, North Fork Feather River, No. Calif., Oct 62 all
Trout, Okanogan County, Wash., five lakes, June 61 C, S, D

Fishing (Cont.)

Trout, Ten Lakes Basin, Yosemite National Park, Calif., Aug 27 all

Hawaii

Agriculture in Hawaii, July 62 all
Apartment rentals, short-term, Jan 36 all
Beautiful Hawaii, a *Sunset* book, July 65 all; Dec 44 all
Cruises, autumn, winter, from West Coast ports, Nov 76 all
Hawaii, book review, Dec 46 all
Hawaii Volcanoes National Park, Mauna Ulu volcano, Aug 45 all
Hawaiiana books, borrowing from Hawaiian libraries, Oct 50 all
Honolulu
  Art displays, outdoor, May 44 all
  City Hall, cultural events, Dec 33 N, S, D
  Flora Pacifica garden show, Mar 62 all
  Hilton Hawaiian Village, Rainbow Bazaar, Sept 42 all
  Kapiolani Park, zoo barnyard, May 42 all
  Mission Houses Museum, Christmas open house, Dec 28 all
  Quilts, where to see, May 64 C, S, D
  Waikiki beach access, Mar 32 all
Island hopping by commuter airlines, Nov 38 all
Maui
  Hana to Kahului via State Hwy. 36, Nov 60 all
  Iao Valley State Park, June 66 all
Oahu
  Koi, where to see, Oct 42 all
  Leeward coastline, SeaTransit commuter ferry, Sept 33 all
Rockhounding, Apr 50 all

Hiking

Anacortes, Wash., area, Mount Erie, Mar 4 N
Backpacking: One Step at a Time, book review, July 48 N, C, 27 S, D
Backpacking equipment kits to sew, Dec 110 all
Big Sur, Calif., Andrew Molera State Park, Mar 3 C
Cascade Mountains, Wash., Alpine Lakes trail, Sept 3 N
Contra Costa County, Calif., Lafayette Recreation Area, Nov 3 C
Coronado National Forest, Ariz., Sabino Canyon Recreation Area, nature walks, Jan 4 D
Dyea, Alaska, to Yukon River headwaters via Chilkoot Pass trail, July 50 N
Fresno, Calif., area
  Dinkey Lakes, trout fishing, Oct 63 all
  Kaiser Ridge, trout fishing, Oct 63 all
Grand Canyon National Park, Ariz., Bright Angel Trail, winter hike, Dec 48 all
Hawaii Volcanoes National Park, Hawaii, Puu Huluhulu, Mauna Ulu volcanoes, Aug 45 all
Maricopa County regional parks, Ariz., Feb 56 N, C, S, 66 D; Dec 4 D
Mount Hood National Forest, Ore., Bagby Hot Springs, Oct 7 N
North Cascades National Park, Wash., Thunder Creek, Apr 62 N
Pasayten Wilderness, Wash., new map, May 4 N
Santa Monica Mts., So. Calif., along Mulholland Drive, Apr 8 S
Seattle, Wash., Union Bay to Portage Bay, Apr 44 N
Sonora, Calif. area, Emigrant Basin, trout fishing, Oct 63 all
Stinson Beach, Calif., area, Muir Woods National Monument, Aug 40 all
Trinity Alps, No. Calif., Ward Lake, June 48 all
Valyermo, Calif., Devil's Punchbowl County Park, May 4 S
Yosemite National Park, Calif., Ten Lakes Basin, Aug 27 all

aho
nerican Falls area, Great Rift National Landmark, Crystal Ice Cave, Nov 51 all
›ise
Holiday Basque Festival, June 9 N, 31 S, D
Idaho State Historical Museum, Joss House display, Oct 8 N
Union Pacific Railroad Engine 8444, Sept 28 all
›ise area, wildflowers, two drives, June 4 N
ivens Hot Springs area, Map Rock, Indian pictographs, Apr 10 N
olden area, Clearwater River, swimming holes, Aug 4 N
agerman Valley, Thousand Springs, June 33 C
aho City, Gold Rush Days, June 46 N
ın Valley via ski train, Dec 50 all
'ilderness and primitive areas, horseback packers, May 52 all

ıdians
sotin, Wash., area, Buffalo Narrows, pictographs, Apr 10 N
hatsworth, Calif., Indian-pioneer remnants, Jan 3 S
nina Lake, Calif., area, Coso Mts., petroglyphs, May 4 D
agstaff, Ariz., area, Sunset Crater and Wupatki National Monuments, Indian ruins, July 36 S, D
ivens Hot Spring, Idaho, area, Map Rock, pictographs, Apr 10 N
›hn Day, Ore., area, Picture Gorge, pictographs, petroglyphs, Apr 10 N
os Angeles, Calif., Natural History Museum, Indian rug show, Feb 4 S
Southwest Indian crafts show, Dec 3 S
avajo rugs, Apr 304 all
lympic National Park, Wash., Ozette excavation, July 33 N
asadena, Calif., Art Museum, Cherokee, Pueblo folk craft, Dec 58 N, C, 70 S, D
icuris Pueblo, New Mexico, May 4 D
ortland, Ore., Indian encampment, June 56 all
rescott, Ariz., Smoki Ceremonial, Aug 4 D
uye, New Mexico, Santa Clara Pueblo feast, July 4 D, 44 N, C
.oosevelt, Wash., petroglyphs, pictographs, Apr 10 N
an Francisco Bay Area, Calif., Coyote Hills Regional Park, Indian archeological dig, Oct 8 C
cottsdale, Ariz., National Arts Exhibition, Apr 8 D
ells, Ariz., Papago Arts and Crafts Center, Aug 6 D
outhwest Indian art, Apr 86 all
'ygh Valley, Ore., All-Indian Rodeo, May 3 N
'antage, Wash., Ginkgo State Park, pictographs, Apr 8 N
'antage, Wash., Priest Rapids Dam Visitor Center, petroglyphs, Apr [illegible] N
Window Rock, Ariz.
Navajo Tribe annual fair, Sept 4 D
Navajo Tribal Museum, blanket exhibition, Sept 62 D

Mexico
Acapulco, Nov 88 all
Apartment rentals, short-term, Jan 36 all
Baja California
Air service from Tijuana, Aug 42 all
Ferry service from Guaymas, Mar 58 all, Sept 200 all
Highway, Tijuana to Cabo San Lucas, Sept 200 all
Mulegé, Oct 7 S
Cacahuamilpa, caves, Sept 21 C
Cozumel, snorkeling, scuba diving, Nov 83 all
Cruises, autumn, winter, from West Coast ports, Nov 76 all
Day of the Dead, Oct 47 all

Mexico (Cont.)
Guadalajara, market, Feb 9 N
Hermosillo to Chihuahua, new section State Route 16, Feb 37 all
Ixtlán de Hervores, man-made geyser, Nov 32 all
Mazatlán, Nov 88 all
Mexicali or Nogales into Mexico by train, Nov 16 all
Nogales, Sonora, shopping, Apr 49 all
Ojinaga to Los Mochis via Chihuahua-Pacific Railway, Oct 36 all
Puerto Libertad to Kino Bay via Fish Truck Hwy., Apr 68 all
Puerto Peñasco, ocean fishing, Mar 86 S, D; Oct 60 N
Puerto Vallarta, Nov 88 all
Rio Sonora mission churches, Jan 30 all
Road maps, new series, July 40 all
San Miguel de Allende, Atotonilco church, Jan 25 N
Tijuana to San Diego by bus, Oct 8 S
Touring by bus, Jan 26 S, D

Miscellaneous
Airplane watching, Dec 4 C
Auto tape tours, Mar 34 all
Bicycles, taking on domestic airlines, Nov 72 all
Bike cartop carrier, Oct 145 all
Bike safety, gift ideas, Dec 35 all
Bikeway ideas, Oct 94 all
Concours d' élégance shows, May 114 all
Horseback packers in and around Far Western national parks, May 84 all
Horseback packers into Oregon, Idaho wilderness, primitive areas, May 52 all
Monetary exchange, advice, Feb 52 all
Trailer hitches, Jan 34 all
Trailer kitchen, storage boxes, May 121 all
U.S. Customs, clearing, Apr 76 all
Winter highway information by phone, Jan 4 C

National Parks, Monuments
(Abbreviations: N.M.: National Monument; N.P.: National Park; N.H.P.: National Historical Park)
Auto tape tours, N.P., Mar 34 all
Death Valley N.M., Calif.
Furnace Creek, Nov 52 all
Scotty's Castle, Feb 55 all
Wildflowers, Apr 81 all
Grand Canyon N.P., Ariz., Bright Angel Trail, winter hike, Dec 48 all
Hawaii Volcanoes N.P., Hawaii, Mauna Ulu Volcano, Aug 45 all
Horseback packers in and around Far Western N.P., May 84 all
Lava Beds N.M., Calif., Aug 46 all
Mount McKinley N.P., Alaska
A Tourist Guide to Mount McKinley, book review, Feb 4 N
Mount McKinley N.P. to Anchorage via State Hwy. 3, Aug 38 all
Mount Rainier N.P., Wash., ice cave exploring, July 28 N, S, D; Sept 48 C
Muir Woods N.M., near Stinson Beach, Calif., Aug 40 all
National parks centennial, Mar 248 all
North Cascades N. P., Wash., Thunder Creek, hike to, Apr 62 N
Olympic N. P., Wash., Ozette excavation, ancient Indian village, July 33 N
Organ Pipe Cactus N.M., Ariz., Quitobaquito, bird watching, Apr 62 D
San Juan Island N.H.P., Wash., Oct 30 N
Sequoia N.P. and Kings Canyon N.P., Calif., snow activities, spring, Mar 46 all
Sunset Crater N.M. and Wupatki, N.M., near Flagstaff, Ariz., loop trip, July 36 S, D
Yellowstone NP., Wyo.
Snake River canoe trip to Grand Teton N.P., June 52 all
Yellowstone: A Century of the Wilderness Idea, book review, Sept 40 all
Yosemite N.P., Calif., Ten Lakes Basin, Aug 27 all

Nevada
Ely area, Ward Charcoal Ovens Historic State Monument, Apr 41 N
Gold Hill, Mar 48 all
Reno area, Pyramid Lake, Mar 37 all
Virginia City, camel races, Sept 50 all
Zephyr Cove, Lake Tahoe, paddle wheel voyage, Sept 22 S, D

Oregon
Beulah Reservoir, southeastern, Ore., Aug 3 N
Blue Mountains, ski resorts, Nov 75 N
Canby, ferry, Feb 21 all
Cannon Beach, Sand Castle contest, July 3 N
Coos Bay area
Cape Arago State Park, Nov 3 N
Shore Acres State Park, Nov 3 N
Sunset Bay State Park, Nov 3 N
Crater Lake National Park, horseback packers, May 87 all
Damascus, Pioneer Craft School, Nov 6 N
Jacksonville, Children's Festival, Aug 32 N
John Day area, Picture Gorge, Indian pictographs, petroglyphs, Apr 10 N
Klamath Basin, national wildlife refuges, waterfowl watching, Sept 56 all
Medford, Pear Blossom Festival, Apr 10 N
Mount Angel Abbey library, Jan 4 N
Mount Hood, ski resorts, Jan 24 S, D
Mount Hood National Forest, Bagby Hot Springs, Oct 7 N
Ochoco National Forest, Stein's Pillar, June 31 N
Oregon City, Ainsworth House, Feb 4 N
Oregon Dunes National Recreational Area, July 176 all
Portland
Alpenrose Park Velodrome, bicycle racing, July 34 N
Early Music Calliope Renaissance Christmas, Dec 4 N
East Delta Park, Indian encampment, June 56 all
Elk Rock Gardens, Sept 4 N
Forecourt Fountain, Aug 3 N
Lovejoy Street ramp drawings, Nov 4 N
Nor'westers Free Flight Model Airplane Club Old Timers event, July 6 N
Port of Portland harbor tours, Mar 3 N
Willamette River back road loop trips, Oct 32 N
Redmond, Zumstein's Reindeer Ranch, Oct 29 N; Nov 66 C, S, D
Row River Valley, Galloping Goose train, Sept 24 N, D
Soccer, Northwest teams, Feb 50 N
Tide pool exploring, restrictions, Oct 72 all
Tygh Valley, All-Indian Rodeo, May 3 N
Wilderness and primitive areas, horseback packers, May 52 all
Willamette River Parkway, July 54 all
Willamina, Yamhill River Boat Race, May 39 N, S, D

Pacific Area
Australia
Melbourne
Cook's Cottage, Oct 52 all
National Gallery of Victoria, July 33 C, S, D; Aug 21 N
Cruises, autumn, winter, from West Coast ports, Nov 78 all
New Zealand
Agricultural and Pastoral Society shows, Oct 54 all
Trout fishing, Dec 26 all
South Pacific, book review, Dec 46 all
South Pacific, Islands of the, a *Sunset* book, Dec 46 all
South Pacific cruise on barkentine *Regina Maris*, Mar 4 S
Tahiti, French Polynesia, Jan 38 all

Skiing
Alta, Utah, National Gelände Contest, Mar 60 all
Anthony Lakes resort, Oregon, Nov 75 N
Brighton, Utah, Intermountain Gelände Championship, Mar 60 all
Canadian Rockies, resorts, Feb 48 N
Junior ski programs, Jan 3 C
Mount Hood, Ore., resorts, Jan 24 S, D
Mount Pilchuck, Wash., Jan 26 N
Ski train packages, Dec 50 all
Snowbird, Utah, Nov 42 all
Spout Springs, Oregon, Nov 75 N
Taos Ski Valley, New Mexico, Jan 56 all

Sports
Air shows, jargon, June 94 [illegible]
Auto racing, Bonneville Salt Flats, Wendover, Utah, Apr 39 N, 44 C, S, D
Baseball, major league, training camps, Feb 4 D
Bicycle races, Manhattan Beach, Calif., July 4 S
Bicycle racing, amateur, Alpenrose Park Velodrome, Portland, Ore., July 34 N
Bicycling,
Angel Island, Oct 60 C
Calif. aqueduct, Nov 74 C
Bike racing, San Jose, Calif., July 3 C
Boat Race, Yamhill River, Willamina, Ore., May 39 N, S, D
Canoe trainees, Olympic, Kernville, Calif., Feb 4 S
Football pageantry, Florence, Italy, June 65 all
Land sailing, July 42 N, C, 50 S, D
Landsailers, Newport Beach, Calif., Dec 6 S
Planes, model gliding, Aug 3 C
Race cars, mini, So. Calif., Sept 3 S
Raft Race, Trinity River, Lewiston, Calif., July 53 all
Rugby, Golden Gate Tournament, San Francisco, Apr 7 C
Snorkeling, scuba diving, Cozumel, Mexico, Nov 83 all
Snow activities, Sequoia and Kings Canyon National Parks, Calif., Mar 46 all
Snow-sliding vehicles, Jan 29 all
Snowshoeing, Dec 70 N, C, 58 S, D
Soccer, Northwest teams, Feb 50 N
Water skiing, San Diego Mission Bay, Jan 4 S
Windsurfing, Sept 34 N, C, D, 70 S

States Other Than Nine Western
Colorado
Antonito to Chama, N. Mex., via Cumbres & Toltec Scenic Railroad, Sept 38 all
Montana
Great Falls, auction of early Western art, Mar 56 all
Helena National Forest, Gates of the Mountains Wilderness, Aug 24 N, S, D

States Other Than Nine Western (Cont.)
New Mexico
Chama to Antonito, Colo., via Cumbres & Toltec Scenic Railroad, Sept 38 all
Indian art, where to see, buy, Apr 86 all
Manzano, ancient apple orchard, Nov 34 all
Picuris Pueblo, May 4 D
Puye, Santa Clara Pueblo Indian feast, July 44 N, C, 4 D
Santa Fe, summer opera, July 36 N, C, 8 S, D
Taos Ski Valley, Jan 56 all
Tres Piedras, State Hwy. 111 extension to Tierra Amarilla, Sept 46 all
New York
New York, Manhattan, folk art shopping, May 58 all
Wyoming
Yellowstone National Park
Horseback packers, May 87 all
Snake River canoe trip to Grand Teton National Park, June 52 all
Yellowstone: A Century of the Wilderness Idea, book review, Sept 40 all

Utah
Alta, National Gelände Contest, Mar 60 all
Brighton, Intermountain Gelände Championship, Mar 60 all
Cannonville area, Kodachrome Flats-Cottonwood Canyon road, Sept 54 all
Circleville, Butch Cassidy cabin, Oct 32 C, S, D
Heber City, Heber Creeper, Wasatch Mountain Railway, Aug 32 C, S, D
Lake Powell, exploring by boat, May 3 D; June 60 N; Sept 24 C, S
Park City, Art Festival, Aug 22 S, D
Salt Lake City
Arrow Press Square, Feb 18 all
Downtown mansion tour, May 40 all
Liberty Park, Aug 36 all
Salt Lake City area, Snowbird, Nov 42 all
Sandstone country viewing, Mar 248 all, Nov 104 all
Wasatch Mountains, ski resort areas, Nov 42 all
Wendover, Bonneville Salt Flats, Apr 39 N, 44 C, S, D

Washington
Anacortes, Causland City Park, Jan 4 N
Anacortes, Mount Erie, view, Mar 4 N
Blue Mountain wildflower drive, May 49 N
Bremerton, Forest Theater, June 36 all
Brewster area, Fort Okanogan Historical Museum, May 6 N
Buffalo Narrows, Indian carvings, Apr 10 N
Cascades, Alpine Lakes trail, Sept 3 N
Crab raking, Mar 11 N

Washington (Cont.)
Everett area, Mukilteo ferry dock, pile perch fishing, Mar 4 N
Ferndale, Hovander Homestead County Park, Apr 7 N
Gig Harbor, summer festival, June 45 all
Ginko State Park, carvings, Apr 8 N
Mount Pilchuck ski resort, Jan 26 N
Mount Rainier National Park
Horseback packers, May 87 all
Ice cave, July 28 N, S, D; Sept 48 C
Mount Vernon, Skagit Wildlife-Recreation Area, snow geese, Feb 3 N
North Cascades National Park
Horseback packers, May 86 all
Thunder Creek, hike to, Apr 62 N
Okanogan County, five trout lakes, June 61 C, S, D
Olympia, salmon run, Sept 22 N
Olympia area, Capitol Peak, May 3 N
Olympic National Park
Horseback packers, May 87 all
Ozette excavation, July 33 N
Pasayten Wilderness, new map, May 4 N
Port Townsend, art school, June 6 N
Poulsbo, Viking Fest, May 64 N
Puget Sound, *Nonsuch* sailing vessel replica, Aug 30 all
Pullman, Three Forks Village, Aug 22 N
Roosevelt, Indian carvings, Apr 10 N
San Juan Island National Historical Park, Oct 30 N
Seattle
Elliott Bay, salmon fishing, Nov 40 all
Fisherman's Wharf, winter walk, Jan 3 N
Lincoln Park, redwood grove, Sept 4 N
Merrill Mansion, Folk Art Fair, Nov 4 N
Pacific Science Center Circus, Dec 6 N
Pioneer Square Day, June 3 N
Pioneer Square Historic District, Klondike Festival, July 4 N
Sidewalk cafes, June 4 N
Unimart '72, Soviet Union exhibit, Aug 4 N
Union Bay to Portage Bay, trail, Apr 44 N
University district shops, May 33 N
West Seattle beaches, parks, Feb 68 N
Woodland Park, Sept 30 N
Soccer, Northwest teams, Feb 50 N
Spokane area, Kalispel Indian Reservation, Manressa Cave, Oct 8 N
Tide pool exploring, restrictions, Oct 72 all
Vancouver, Fort Vancouver, Oct 69 all
Vantage area, Priest Rapids Dam Visitor Center, Indian petroglyphs, Apr 8 N

West Indies
Apartment rentals, short-term, Jan 36 all
Cruises, autumn, winter, from West Coast ports, Nov 78 all
Virgin Islands
Christiansted, St. Croix, Nov 46 all
Shopping, tax-free, Mar 65 all

Environment and Environmental Action

Book Reviews
Bay, Our Color-Full, coloring book, Dec 4 C
Desert Gem Trails, Mar 4 D
Earth 70's, Apr 8 D
Environmental crisis books, Dec 30 all
Geology Field Guide to Southern California, June 4 S

Community Projects
Bikeway ideas, Oct 94 all
Hillside scar planted, Manoa Valley, Honolulu, May 261 all
Organic community garden, Palo Alto, Calif., Apr 268 all
Playground using tires, power poles, Pasadena, Oct 98 S, D; Nov 168 N, C
Pocket parks, Seattle, Nov 138 all

Community Projects (Cont.)
School landscaping, native, Claremont, Calif., Nov 284 C
School paint jobs, Oakland and Orinda, Calif., Nov 130 all

Nature
Aquarium, Vancouver Public, B.C., Apr 66 N, C
Arboretum, Boyce Thompson Southwestern, east of Phoenix, Ariz., Mar 3 D
Aviary, walk-through, San Francisco Zoo, May 46 all
Barnyard, Honolulu Zoo, May 42 all
Bay, Our Color-Full, coloring book, Dec 4 C
Birdwatching, Coyote Hills Regional Park, San Francisco Bay Area, Sept 60 C

Nature (Cont.)
Birdwatching, Fred J. Weiler Green Belt Resource Conservation Area, near Phoenix, Ariz., Nov 3 D
Birdwatching, Palo Alto Baylands Preserve, Palo Alto, Calif., Sept 60 C
Birdwatching, Quitobaquito, Organ Pipe Cactus National Monument, Ariz., Apr 62 D
Birdwatching, San Francisco Bay National Wildlife Refuge, Calif., Sept 60 C
Cats, canyon habitat for, Arizona-Sonora Desert Museum, Tucson, July 3 D
Cave, Colossal, near Tucson, Ariz., June 4 D
Cave, Crystal Ice, Great Rift National Landmark, Idaho, Nov 51 all
Cave, ice, Mount Rainier National Park, Wash., July 28 N, S, D; Sept 48 C

ature (Cont.)
ve, Manressa; Spokane, Oct 8 N
verns, Shasta, Shasta County, Calif., Sept 26 N, 30 C
ves, Cacahuamilpa, Mexico, Sept 21 C
ite palms, Coachella Valley, Jan 150 all
sert Gem Trails, book review, Mar 4 D
rth globe, California Academy of Sciences, San Francisco, Feb 16 all
rth 70's, booklet review, Apr 8 D
vironmental crisis books, Dec 30 all
tuary, Border Field State Park, Calif.-Mexico border, July 4 S
tuary, Limantour, Point Reyes National Seashore, No. Calif., July 6 C
rm, hydroponic, Phoenix, Dec 3 D
rm, Old MacDonald's, Mission Viejo, Orange County, Calif., Feb 3 S
ese, snow, Skagit Wildlife-Recreation Area, Mount Vernon, Wash., Feb 3 N
ology Field Guide to Southern California, book review, June 4 S
i, where to see, Hawaii, Oct 42 all
i (carp), Oct 90 all
va Beds National Monument, No. Calif., Aug 46 all
ycological Society, San Francisco, Fungus Fair, Jan 6 C

Nature (Cont.)
Nature walks, Maricopa County Parks, Ariz., Dec 4 D
Osprey, Eagle Lake, No. Calif., Sept 20 N, S, D, 22 C
Pumpkin Patch, concretions, Feb 184 all
Reindeer Ranch, Zumstein's, Redmond, Ore., Oct 29 N; Nov 66 C, S, D
Rockhounding, Hawaii, Apr 50 all
Safari World, Coarsegold, Calif., May 63 all
Sandstone, red, Arizona, Utah, Nov 104 all
Sea, Living, museum, Long Beach, Calif., Oct 48 all
Sheep, Dall, June 256 all
Tide pool exploring, restrictions, Oct 72 all
Volcano, Mauna Ula, Hawaii Volcanoes National Park, Hawaii, Aug 45 all
Waterfowl, national wildlife refuges, Klamath Basin, Ore.-Calif. border, Sept 56 all
Wildflower drives, Boise, June 4 N
Wildflower loop drive, Blue Mountains, Wash., May 49 N
Wildflowers, Mojave and Colorado deserts, Calif., Apr 81 all

Nature (Cont.)
Wildlife Area, Mojave Narrows, San Bernardino County, Calif., Oct 30 S, D
Zoo, Children's Papago Park, Phoenix, Ariz., Jan 3 D
Zoo, Wild Animal Park, San Diego, Calif., Aug 50 all
Zoo, Woodland Park, Seattle, Wash., Sept 30 N

Open Space and the Efforts To Preserve It
Alpine Lakes region, Washington Cascades, Jan 6 N
California Desert Recreation Lands, new, July 4 D
Endangered desert, Feb 184 all
Environmental action in Oregon, July 176 all
Maricopa County regional parks, Ariz., Feb 56 N, C, S, 66 D
Pala, Calif., Wilderness Gardens, Apr 7 S
Pocket parks, Seattle, Wash., Nov 138 all
San Bruno Mountain, San Francisco Bay Area, Calif., Sept 3 C
Willamette River Parkway, Ore., July 54 all

Building and Remodeling

athrooms
th garden, May 124 all
thtub, spare, wooden cover for, Nov 173 all
abinets, in-the-wall, Nov 140 all
amper-drawer for dirty clothes, July 91 all
avatory for three boys, Oct 138 C
emodel, two compartment bathroom, Nov 168 S, D
ower, redwood, July 78 all
owel holders, Aug 92 C
anities, back to back, May 142 N
indow screen, acrylic plastic, Oct 104 all

edrooms
ttic room becomes bedroom, Jan 66 all
ed, egg, for child's room, June 134 all
ed, king-sized, recessed area for, May 166 all
eds, water, heaters, Jan 60 all
oy's, from storeroom, Jan 50 all
hildren's, with extra door, May 150 all
eadboard, train, Nov 137 all
eadboard with built-in guest kitchen, Jan 119 all
laster bedroom and study added above carport, Mar 100 C, 101 S, D; May 169 N

ook Reviews
dobe Brick, Making The, July 82 all
arpentry Illustrated, Basic, a *Sunset* book, Oct 130 all
ouse, Building or Buying the High-Quality, at Lowest Cost, Dec 106 all
ouse, How to Buy a, Dec 106 all
ouse, How to Buy and Remodel the Older, Dec 106 all
ouse, How to Save or Make Thousands When You Buy or Sell Your, Dec 106 all
ouse, So You Want to Buy a, Dec 106 all

abins and Vacation Houses
heckup, after-winter, Apr 146 all
ouse-camp idea, June 84 all
acation hideaway built of water tanks, Aug 64 all

Furniture
Bed, egg, June 134 all
Bookcase, giant, ladder access, Apr 160 all
Buffet, disappearing, Mar 105 all
Day bed-storage unit combination, June 131 all
Desk-bookcase, plywood, Sept 118 all
Floor cushions, carpet, June 103 all
Headboard, train, Nov 137 all
Storage unit, cardboard boxes, May 162 all
Table, kitchen chopping block, Apr 130 all
Table, light, artist's , Feb 100 all
Table, movable, for work, dining, Nov 128 all
Table, patio, which comes apart for storage, June 148 all
Table, wall-hung, Apr 137 all
Table for ping-pong, crafts, studying, Feb 94 all
Tables, leaded glass window tops, Aug 90 all
Typewriter storage on desk top extension, Oct 107 all

Garages, Carports
Addition, multipurpose, May 141 C
Carport, masked roof joists, Sept 80 N, C, D
Workshop on carport wall, Sept 114 S, D; Nov 158 C

Home Materials and Equipment
Adobe Brick, Making The, book review, July 82 all
Beds, water, heaters, Jan 60 all
Caulks and sealants, Feb 90 all
Cedar closet lining kit, July 78 all
Decks, wooden, weatherproof surface, Aug 74 all
Dishwasher, countertop, Jan 119 all
Edge trims, plastic, for plywood, Feb 80 all
Fire extinguishers, Jan 70 all
Heating system thermostats, Mar 106 all
Insulation, fiberglass, decorator, Oct 104 all
Ovens, microwave, May 192 all
Paneling with beetle holes, Jan 60 all

Home Materials and Equipment (Cont.)
Plumbing, plastic pipe, Mar 112 all
Plywood, available grades, Mar 145 all
Plywood, working with, June 126 all
Scaffolding, rental, Nov 156 all
Shingles, cedar, Victorian-style, Sept 94 all
Thermometer, electronic, remote, Oct 104 all
Wood panels, vented, Apr 116 all

Houses
American Institute of Architects - *Sunset Magazine* Western Home Awards:
Condominium development, Oct 102 all
Tower house in tree tops, Mar 88 all

Desert
Shade-surrounded house, Feb 64 all

General
Architect's home with wood detailing, May 96 all
Building or Buying the High-Quality House at Lowest Cost, book review, Dec 106 all
House for wheelchair maneuverability, Nov 181 all
Houses recycled by moving, Sept 72 all
How to Buy a House, book review, Dec 106 all
How to Buy and Remodel the Older House, book review, Dec 106 all
How to Save or Make Thousands When You Buy or Sell Your House, book review, Dec 106 all
Identical houses grow in different directions, Mar 82 all
So You Want to Buy a House, book review, Dec 106 all
Subdivision house design, generous court, Nov 116 all
Subdivision house design, modular plan, Nov 118 all
Subdivision house design, twin pavilions, Nov 117 all

Houses (Cont.)

Hillside

A-frames joined with flat-roofed structure, Aug 98 all
Barn house, Oct 98 N
House built like ship, Jan 58 all
Studio house tucked in woods, Nov 170 S, D
Tower house, three-level, Nov 176 all
Tower house in tree tops, Mar 88 all

Ideas (Misc.) and Special Rooms

Attic remodel, Apr 174 all
Bathroom window screen, Oct 104 all
Bay window, contemporary version, June 128 S, D
Carpentry Illustrated. Basic, a *Sunset* book, Oct 130 all
Clock wall, May 122 S, D
Dining room-kitchen pass through shut off with shades, Sept 100 all
Dining room separated from kitchen by sliding wall, Oct 132 all
Display boards for children's art, Mar 130 all
Display case set into wall, Aug 96 all
Doors, entrance, self-service, Apr 110 all
Doors, entry, oversize, June 108 all
Exterior shingle wall, raised-relief effect, Oct 142 all
Fire pole, two-story, Nov 120 all
Fireplace pit in living room, Mar 142 all
Garden room, Alaskan home, Apr 264 N
Garden room, two-story, with house around it, Nov 256 N
Indoor-outdoor kitchen arrangement, May 238 all
Lanai roof supports-drain spouts, Mar 138 all
Laundry chutes, two ideas, June 144 all
Movie screen, hidden, May 121 all
Mud entry, June 132 all
Navajo rugs, hanging idea, July 78 all
Office, kitchen, family dining in one room, May 122 C
Planter boxes, watertight metal, for indoor gardening, Sept 115 N, C
Shingle work, detailed design, Aug 82 all
Shingles, cedar, Victorian-style, Sept 94 all
Silver storage, flannel-lined closet, Feb 86 C, S, D
Skylights, high windows, washing system, May 122 N, 142 C, S, D
Sprinkler, rooftop, for fire safety, Sept 111 all
Stair railing, vented wood panels, Apr 116 all
Sun control, privacy, shades for, May 130 all
Sun control panel awning for glass wall, Sept 98 all
Sun shades, canvas, May 164 all
Table, wall-hung, Apr 137 all

Houses (Cont.)

Ideas (Misc.) and Special Rooms (Cont.)

Train board raised to ceiling by winch, Dec 82 all
Typewriter storage on desk top extension, Oct 107 all
Wall paneled across ceiling, Nov 160 all
Wall paneled with wood scraps, Aug 74 all
Window, bay, extends living room, Jan 65 all
Window seats, Feb 74 all
Window sprinkler system, July 101 all

Remodeling

All-purpose room, workshop, and carport addition, May 141 C
Architect help in house selection, Jan 54 all
Attic, new windows, burlap ceiling, Apr 174 all
Bathroom, two-compartment, Nov 168 S, D
Bed, king-sized, recessed area for, May 166 all
Bedroom, boy's, from storeroom, Jan 50 all
Bedroom from attic room, Jan 66 all
Entrance, study, deck addition, Nov 158 N, S, D
Entry, living space, garden privacy, Feb 98 N; Aug 92 S, D
Façade for remodeled house, garden, Mar 100 N
Houses recycled by moving, Sept 72 all
Identical houses grow in different directions, Mar 82 all
Kitchen, 40-year-old, by woodworker owner, Mar 74 all
Living room added to 1930 house, July 66 all
Loans, low-interest Federal, for older homes, May 100 all
Master bedroom and study above carport, Mar 100 C, 101 S, D; May 169 N
New rooms around new patio, June 112 all
Studio addition, upward, Feb 84 N, S, D
Warehouses converted to offices, San Francisco waterfront area, June 116 all

Kitchens

Baking center, compact, June 169 all
Chopping block in countertop, Feb 145 all
Chopping block or child's table, Sept 106 all
Chopping board in vertical cabinet, May 238 all
Cooking island for petite cook, June 138 S, D
Countertop, teak, Apr 142 all
Dining room-kitchen pass through shut off with shades, Sept 100 all
Dishwasher, countertop, Jan 119 all
Garden in the kitchen, Jan 119 all
Guest kitchen built into headboard, Jan 119 all
Indoor-outdoor kitchen arrangement, May 238 all

Kitchens (Cont.)

Island, concealed ventilation, Feb 145 all
Island, four-function, Sept 104 all
Island divider for cooking eating, July 86 all
Island for cooking, preparation, and storage, Apr 168 all
Island gives illusion of space, Mar 196 all
Kitchen, family dining, office in one room, May 122 C
Kitchen conveniences over and under counter, Aug 92 N
Light fixture-planter, Oct 135 all
Nautical kitchen, June 78 all
Ovens, microwave, May 192 all
Pan and lid storage, Feb 145 all
Pantry, slanted shelves, Jan 119 all
Remodeled by woodworker owner, Mar 74 all
Salad, sandwich-making supplies, drawer for, June 169 all
Shelf, collapsible, near freezer, June 169 all
Sliding base underneath sink, May 238 all
Sliding wall to separate kitchen, dining room, Oct 132 all
Spice rack, pick-and-choose, Oct 128 all
Spice shelf idea, Mar 196 all
Table, chopping block, Apr 130 all
Table, movable, for work, dining, Nov 128 all
Trash chute in counter, Sept 88 all
Trash container, hidden, Mar 196 all
Triangular kitchens, Feb 98 S, D

Laundries

Laundry chutes, two ideas, June 144 all

Lighting

Kitchen light fixture-planter, Oct 135 all
Lamp, sewer pipe, Dec 109 all
Lamp, twiny spherical, Nov 154 all
Lamp from egg cartons, Apr 116 all
Lamp which tilts any way, Apr 126 all

Storage

Bathroom cabinets, in-the-wall, Nov 140 all
Bookcase, giant, ladder access, Apr 160 all
Cedar closet lining kit, July 78 all
Day bed-storage unit combination, June 131 all
Display case set into wall, Aug 96 all
Kitchen sink, sliding base underneath, May 238 all
Pans and lids, Feb 145 all
Pantry, slanted shelves, Jan 119 all
Silver, flannel-lined closet, Feb 86 C, S, D
Ski equipment, Feb 80 all
Storage under stairways, two ideas, Apr 150 all
Storage unit, cardboard boxes, May 162 all
Train board raised to ceiling by winch, Dec 82 all
Umbrella holder, wine carton, Jan 60 all

Home Management

Country Living

Cable lift access to home, Sept 82 all
Horsebarn, precut, Apr 116 all

Maintenance

Caulks and sealants, Feb 90 all
Crowbar combination tool, Nov 120 all
Drill guide, Aug 74 all
Edge clamp, three-way, May 121 all
Floors, hardwood, care, June 140 all
Ladder support on roof edge, June 106 all
Roof problems, avoiding and handling, Oct 108 all

Maintenance (Cont.)

Scaffolding, rental, Nov 156 all
Skylights, high windows, washing system, May 122 N, 142 C, S, D
Welding torch, mini, Sept 80 all

Miscellaneous

Appliance safety, Underwriters' Laboratories tested, Aug 84 all
Architect help in house selection, Jan 54 all
Boats, small, storage ideas, May 156 all

Miscellaneous (Cont.)

Books for house buyers or builders, Dec 106 all
Cabin checkup, after-winter, Apr 146 all
Camper, recreational vehicle safety, Mar 92 all
Carnival, summer, by and for children, Aug 72 all
Extension cords, safety and dangers, Nov 144 all
Fire escape plan, Apr 138 all
Fire extinguishers, Jan 70 all
Fireplace fire, how to build, Dec 84 all

Miscellaneous (Cont.)
eating system thermostats, Mar 106 all
ouse inspection services, Mar 122 all
avajo rugs, hanging idea, July 78 all
peration Identification, Oct 104 all
ctures, lightweight, hanging, Feb 80 all
umbing, plastic pipe, Mar 112 all
ool alarm systems, July 92 all
whorse and plank, Oct 116 all
lver cleaner, new, Mar 196 all
lverware, fine metals, cleaning, Mar 118 all
now, how to melt, Feb 156 N

Miscellaneous (Cont.)
Sprinkler, rooftop, for fire safety, Sept 111 all
Sun control, privacy, shades for, May 130 all
Sun shades, canvas, May 164 all
Thermometer, electronic, remote, Oct 104 all
Tool handle coating, easy-grip, Feb 80 all
Train board raised to ceiling by winch, Dec 82 all
Umbrella holder, wine carton, Jan 60 all

Painting
Containers, wood, mistakenly treated with pentachlorophenol, June 209 C
House exterior, testing color schemes on photo-copied photographs, Nov 120 all
Paint brush, 30-inch-long, for painting high sashes and trims, Feb 80 all
Roller cleaner, plastic tube with spinning action, Apr 116 all
Texture paint to trowel, brush, or roll on, Sept 80 all

Outdoor Building

enches
enches, raised beds around trees, Feb 176 N
perbench, Jan 145 S, D

ook Reviews
dobe Brick, Making The, July 82 all

hildren's Play Areas
lay area-bonsai work center, Aug 88 all
layground using tires, power poles, Pasadena, Calif., Oct 98 S, D; Nov 168 N, C
layhouse on a pole, Aug 79 all
layhouses, up-in-the air, with or without trees, July 74 all
unning drum, Jan 81 all
andbox, disappearing, Feb 86 N; June 138 C

ences, Gates, Screens
ence, grapestakes strung on wires, Oct 236 all
ence, streetside, and entry bridge, May 139 all
ence, vine, Oct 254 N
ence with "window" for old tree, Oct 238 all
enced-in boat, trailer parking, July 81 all
creen fence sets off play yard, Apr 166 all
creen for front garden privacy, Oct 121 all
creened blank slope, Feb 104 all
creens for garden privacy in remodeled house, Feb 98 N; Aug 92 S, D
creens to decorate house walls, Sept 108 S, D

reenhouses, Plant Shelters
lliptical entry for lathhouse, plant shelter, Aug 148 all
arden room built for under $900, Oct 268 all
athhouses for fuchsias in hot-weather climates, May 280 N; June 236 C, S, D

iscellaneous
dobe Brick, Making The, book review, July 82 all
viary, A-frame, with garden inside, May 266 all
ath garden, May 124 all
irdbath from pots, saucer, Aug 140 S
oats, small, storage ideas, May 156 all
oat, trailer parking, fenced-in, July 81 all

Miscellaneous (Cont.)
Bonsai work center-children's play area, Aug 88 all
Cable lift access to home, Sept 82 all
Dry walls, Feb 158 all
Entry bridge and streetside of fence, May 139 all
Food cart for patio table, Aug 76 all
Garbage cans, enclosure for, Mar 141 all
Garden walls of broken concrete, Apr 302 all
Horsebarn, precut, Apr 116 all
Hose steering system, Mar 228 all
House-camp idea, June 84 all
House number, concrete, Apr 162 all
House number plaque, carved, Sept 103 all
Ladder support on roof edge, June 106 all
Level line, using garden hose as gauge, Aug 152 all
Nesting boxes, multi-use, Nov 122 all
Oven, pueblo, July 118 all
Plant container, new face for, Jan 145 N, C
Plant containers, flue tile, June 120 all
Plant containers from lumber scraps, Feb 83 all
Planting beds, four-step terraced, Sept 116 N
Potting bench, Mar 147 all
Rainwater, roof to curb, Apr 154 all
Raised beds, benches around trees, Feb 176 N
Retaining wall, covered with rock panels, June 122 all
Retaining wall, wooden, sturdy, Apr 122 all
Sun control panel awning for glass wall, Sept 98 all
Teahouse surrounded by Japanese garden, May 258 N, S, D
Tubs, outdoor, Japanese-style, Sept 64 all
Wall box, fold-down, for storage, work, Nov 151 all
Weather vane, copper peacock, Nov 166 all
Weather vanes, Nov 110 all
Whirligigs (wind-driven folk art), Feb 72 N, C, S
Wooden structures, Bloedel Conservatory, Vancouver, B.C., Mar 132 all

Outdoor Lighting
Garden lamps, hand-crafted, Nov 264 all
Garden lights, big and bold, June 240 N

Patios and Decks
Courtyard, front entrance, June 217 N
Deck, entrance, and study addition, Nov 158 N, S, D
Deck, quick-change, Aug 54 all
Deck addition off kitchen wing, Aug 87 all
Deck and wall built over old patio, May 153 all
Deck at water's edge with fire bowl, boat storage, Sept 62 N
Deck built over sloping lawn, June 128 N, C
Deck-cabana poolside addition, June 226 N
Deck entry, inexpensive, June 110 all
Deck makes entry pocket patio, Nov 183 N
Decks, wooden, weatherproof surface, Aug 74 all
Decks with boulders surround house, Apr 153 all
Lanai roof supports-drain spouts, Mar 138 all
Outdoor room for remodeled house, garden, Mar 100 N
Patio area, multilevel, Mar 96 all
Patio screens to decorate house walls, Sept 108 S, D

Paving
(See Gardening and Landscaping section)

Steps and Stairs
Deck-wall-step entry for steep slope, Apr 118 all

Swimming Pools, Shelters
Bridges, low, over pools, May 135 all
Deck-cabana poolside addition, June 226 N
Outdoor room around pool, Oct 138 N
Pool alarm systems, July 92 all
Pool with look of mountain lake, July 153 all
Pools, above-ground; decking, landscaping, ideas, Aug 66 all
Tubs, outdoor, Japanese-style, Sept 64 all

Workshop and Craft Projects

Book Reviews

Carpentry Illustrated, Basic, a *Sunset* book, Oct 130 all
Knitting books, Apr 140 all
Quilt, The Hawaiian, Jan 63 all

Crafts, Misc.

Aquarium-planter, Dec 172 all
Belt, woven strips, Apr 124 all
Belt with horse's bit, Oct 124 all
Brass rubbings, Jan 72 all
Buildings from boxes, June 90 all
Candle house, stained plastic, Dec 96 all
Carnival, summer, by and for children, Aug 72 all
Christmas cards, crayon-melt magic, Dec 64 all
Christmas ornaments, balsa wood, Dec 90 all
Christmas ornaments, blown-egg, Dec 98 all
Christmas ornaments, cornstarch, Dec 86 N, S, D
Christmas ornaments, glass icicles, Dec 88 all
Christmas ornaments, pasta, Dec 76 all
Clocks, creating your own, May 104 all
Ear chimes, Feb 88 all
Easter eggs, decorated with seeds, grains, Apr 181 all
Flower press, Jan 69 all
Fountain sculpture using baker's clay form, Oct 98 C
Gift wrap paper, wood block prints, May 154 all
Halloween character make-up, Oct 84 all
Labels, handcrafted, July 94 all
Lamp, sewer pipe, Dec 109 all
Lamp, twiny spherical, Nov 154 all
Lamp from egg cartons, Apr 116 all
Lamp which tilts any way, Apr 126 all
Leaf prints in clay, Mar 125 all
Macramé slings for hanging plants, July 175 S, D; Sept 186 C; Oct 250 N
Mosaics, eggshell, Apr 157 all
Note paper, flower and leaf, May 132 all
Panels, acrylic, stained-glass effect, Dec 52 all

Crafts, Misc. (Cont.)

Potpourri, how to make, Sept 172 S, D
Pots, gift-sized, mold for making, Dec 160 S
Pots, making from clay, Dec 170 all
Puppets, frog and alligator, July 96 all
Sculpture, outdoor, from nails, washers, scraps, July 89 all
Sculpting for children, fake rock, Mar 109 all
Spice rack, pick-and-choose, Oct 128 all
Tower, giant, from leftover boxes, Dec 86 C
Weather vane, copper peacock, Nov 166 all
Yarn painting, Nov 142 all

Sewing

Apron, workshop, from sheepskin, May 140 C
Bedspread, wall, shades of fabric, Sept 86 all
Camping, backpacking equipment kits, Dec 110 all
Floor cushions, carpet, June 103 all
Food covers, see-through, Sept 108 N, C; Oct 138 S, D
Jump rope handles, unique, Mar 99 all
Knapsacks, easy-to-make, Apr 102 all
Knitting books, Apr 140 all
Pet collar, needlepoint, Nov 163 all
Pillows from Greek purses, Sept 116 C, S, D
Quilt, The Hawaiian, book review, Jan 63 all
Shoulder bag, canvas, May 126 all
Stitchery from children's drawings, Aug 60 all
Suspenders or belts from braid, May 146 all
Turtle, felt, for art supplies, May 169 C, S, D; June 138 N
Typewriter cover ideas, Sept 92 all
Wraparounds, Pacific, July 70 all

Woodworking

Animals, rocking, Dec 68 all
Bathtub cover, wooden, Nov 173 all
Bike cartop carrier, Oct 145 all
Carpentry Illustrated, Basic, a *Sunset* book, Oct 130 all
Chopping block or child's table, Sept 106 all
Cribbage board, circular, rotating, June 115 all
Day bed-storage unit combination, June 131 all
Desk-bookcase, plywood, Sept 118 all
Drill guide, Aug 74 all
Edge clamps, three-way, May 121 all
Edge trims, plastic, for plywood, Feb 80 all
Food cart for patio table, Aug 76 all
Garden lamps, hand-crafted, Nov 264 all
Headboard, train, Nov 137 all
House number plaque, carved, Sept 103 all
Kitchen counter, teak, Apr 142 all
Light fixture-planter for kitchen, Oct 135 all
Lollipop tree, folding, Dec 100 all
Milk carton caddy, teak, June 100 all
Nesting boxes, multi-use, Nov 122 all
Plant container, new face for, Jan 145 N, C
Plant containers from lumber scraps, Feb 83 all
Plywood, available grades, Mar 145 all
Plywood, working with, June 126 all
Pull toys, "cam critters," Apr 134 all
Pull toys, wiggling animal, Dec 102 all
Puzzles, Jan 83 all
Ribbstol, exercise bars, Nov 102 all
Running drum, Jan 81 all
Sawhorse and plank, Oct 116 all
Table, kitchen chopping block, Apr 130 all
Table, light, artist's, Feb 100 all
Table, patio, which comes apart for storage, June 148 all
Table for ping-pong, crafts, studying, Feb 94 a
Tables, leaded glass window tops, Aug 90 a
Towel holders, Aug 92 C
Toy, pegboard-rubber band, Feb 93 all
Trailer kitchen, storage boxes, May 121 all
Weather vanes, Nov 110 all
Whirligigs (wind-driven folk art), Feb 72 N, C

Christmas Ideas

Christmas Trees

Digging tree to put in container, Nov 253 N
Growers, you-cut, you-dig, Dec 3 N
Living tree, buying, Nov 253 N
Living trees, reliable performers, Dec 159 D
Living trees, viewing, Los Angeles State and County Arboretum, Arcadia, Calif., Dec 162 S
Miniature trees, Dec 60 all
Spruce, dwarf Alberta, for container, Dec 159 N

Crafts and Decorations

Candle house, stained plastic, Dec 96 all
Christmas cards, crayon-melt magic, Dec 64 all
Greens for decorations, Dec 159 N
Lollipop tree, folding, Dec 100 all
Ornaments, balsa wood, Dec 90 all
Ornaments, blown-egg, Dec 98 all
Ornaments, cornstarch, Dec 86 N, S, D
Ornaments, glass icicles, Dec 88 all
Ornaments, noodle, Dec 76 all
Panels, acrylic, stained-glass effect, Dec 52 all
Tower, giant, from leftover boxes, Dec 86 C
Wreath materials from So. Calif. gardens, Dec 159 S

Food and Entertaining

Anise drops, Dec 120 all
Anise sticks, toasted, Dec 120 all
Apple rings, spiced, Nov 240 all
Brunch, Scandinavian-style, Dec 118 all
Buffet dinner, holiday, Dec 118 all
Cake, pound, eggnog, Dec 115 all
Cardamom wreath, Swedish, Dec 135 all
Cooky dough, impressionable, Dec 146 all
Cooky molds, making, Dec 62 all
Coquille de crabe, Dec 144 all
Crabe à l'Américaine, Dec 144 all
Fruitcake cooky cups, Dec 120 all
Fudge, blond creme, Dec 154 all

'ood and Entertaining (Cont.)
'udge, butterscotch, Dec 154 all
udge, chocolate creme, Dec 154 all
udge, peanut butter, Dec 154 all
udge, peppermint creme, Dec 154 all
alad, vegetable, holiday, Dec 114 all
auce, cranberry orange, Dec 125 all
tollen, Western nut, Dec 66 all
upper menu, international deli sandwich, Dec 117 all

Gift Ideas
Animals, rocking, Dec 68 all
Apple rings, spiced, Nov 240 all
Bike safety gifts, Dec 35 all
Books, environmental crisis, Dec 30 all
Books for house buyers or builders, Dec 106 all
Camping, backpacking equipment kits to sew, Dec 110 all
Cedar, incense *(Calocedrus decurrens)*, Dec 180 N
Cookies in cardboard houses, Dec 80 all
Cookware, wire, Dec 78 all
Flowers of the World, book review, Dec 166 all
Gift certificate for garden work, Dec 159 N

Gift Ideas (Cont.)
Hawaii, book review, Dec 46 all
Hawaii, Beautiful, a *Sunset* book, Dec 44 all
Herb plants for the cook, Dec 74 all
Horsemen, gift ideas, Dec 38 all
Plant boutiques, Los Angeles, shopping at, Dec 164 S, D
Plants in little bonsai pots, Dec 174 N, C
Potting soil for gardener, Dec 159 N
Pull toys, wiggling animal, Dec 102 all
South Pacific, book review, Dec 46 all
Southwest, The Beautiful, a *Sunset* book, Dec 44 all
Southwest, The Great, book review, Dec 44 all

Food and Entertaining

ppetizers
dobo kebabs, Nov 238, C, S, D
ntipasto, Mar 84 all
ppetizer-apéritif drink combinations, May 201 S, D
sparagus vinaigrette, Apr 216 all
vocado cream, molded, Feb 113 all
amembert cream, molded, Feb 113 all
hablis gelatin with shrimp, Oct 185 C
heese, summer, garlic-herb fresh, August 63 all
heese, summer, plain fresh, Aug 63 all
heese crisps, Dec 141 all
heese cubes, crusty, Dec 141 all
hicken liver, mushroom pâté, Nov 194 all
innamon carrot sticks, June 188 all
lam spread, spicy, Dec 115 all
od, Alaska, spread, Dec 150 all
oquille de crabe, Dec 144 all
rabe à l'Américaine, Dec 144 all
ila cheese onion rolls, Jan 97 N, S, D
ish and vegetable seviche, Sept 158 all
ondue appetizers, campfire, Aug 56 all
onduta appetizer dip, Nov 236 all
erring in sour cream with apple and onion, Nov 249 all
erring with tomato-mustard sauce, Nov 249 all
ndian snack, crunchy (Bombay chiura), Dec 152 all
ndonesian peanut crunch (rempejek), Apr 218 C, S, D
iver pâté with sherry, Nov 194 all
achos, Jan 104 all
osé gelatin with grapefruit, Oct 185 C
almon, smoked, spread, Dec 150 all
almon appetizer (gravlax), Aug 118 all
ardine spread, Dec 150 all
eviche appetizer soup, Sept 158 all
herry gelatin with mandarins, Oct 185 C
hrimp spread, Dec 150 all
our cream appetizer mold, Feb 113 all
eriyaki beef roll-ups, Dec 157 all
eriyaki meatballs, Dec 157 all
eriyaki tidbits, Dec 157 all
raminer gelatin with melon, Oct 185 C
una spread, Dec 150 all
Vegetable appetizers, raw, with Thai chile sauce (nam prik), Sept 77 all
Vegetables with creamy dill sauce, Nov 190 all
Zucchini appetizer, Apr 216 all

Baking
Breads
Quick Breads
apple brown, Mar 184 all
apricot cordial tea, Nov 196 all
banana bran loaf, Mar 185 all
cheese crisps, Dec 141 all
crackers, wheat, thin, Nov 207 N
flat, Italian (fogaccia), Jan 112 all
French loaf, cheese-topped, hot, June 192 all
graham yogurt, May 170 all
honey peanut loaf, Oct 172 D, 173 N, C, S
muffins, apple, fresh, Oct 160 all
muffins, banana bran, Oct 160 all
muffins, bran wheat, Oct 158 all
muffins, buckwheat, Oct 160 all
muffins, buttermilk oatmeal, Oct 160 all
muffins, cinnamon nut-topped, Oct 160 all
muffins, soy, Oct 158 all
muffins, sweet breakfast, Oct 160 all
muffins, whole wheat dinner, Oct 158 all
peanut honey crisps, June 192 all
popovers, portly, Aug 117 all
pumpkin, fruited, Nov 184 all
pumpkin-pecan tea, Mar 184 all
raisin-nut honey, Oct 172 D, 173 N, C, S
rolls, fila cheese onion, Jan 97 N, S, D
rolls, Parmesan buttermilk, July 106 all
scones, millet raisin, Jan 114 all
scones, whole wheat, Jan 114 all
tangerine oatmeal loaf, Mar 185 all
tortillas, breakfast, July 103 all

Yeast Breads
baguette, Nov 238 N
bread of the dead (pan de muerto), Oct 150 all
bread sticks, party, Feb 79 all
buns, honey almond, Oct 172 D, 173 N, C, S
buns, hot cross, quick, Apr 193 all
cardamom wreath, Swedish Dec 135 N, S, D, 136 C
carrot wheat, May 196 all
cinnamon pinwheels, Apr 193 all
pizza, baked in pueblo oven, July 121 all
pizza, green onion. Nov 190 all
pizza, Italian sausage, baked in adobe or conventional oven, July 141 all
Portuguese sweet, Apr 196 N; May 198 C, S, D
potato, quick, May 208 all
rolls, orange petal, Apr 193 all
rosemary raisin, Mar 201 all
stollen, Western nut, Dec 66 all
wheat berry batter, May 223 all
Zuñi, baked in adobe or conventional oven, July 141 all

Baking (Cont.)
Cakes
Apple, spiced, Feb 130 all
Apple, summer, pudding-pie, Aug 103 all
Carob, quick, May 216 all
Cheesecake, chocolate marshmallow, Apr 183 all
Chocolate, moist, Apr 232 all
Corn meal, Florentine (amor polenta), May 181 all
Cupcakes, applesauce, spiced, Oct 147 all
Date, fresh California, Apr 186 all
Frosting, carob, fluffy, May 216 all
Graham cracker, May 182 N
Honey, Nov 210 N
Meringue, Mexican, with strawberries, June 155 all
Poppy seed, Bohemian, Oct 208 all
Pound, eggnog, Dec 115 all
Quattro quarti, June 201 all
Sponge, wine, Mar 182 all
Torte, apple, spicy, Mar 151 all
Torte, blueberry lemon sauce, July 115 N, S, D
Torte, Italian meringue, June 155 all
Upside-down, Satsuma, Aug 108 all
Wine syrup (sopa borracha), Oct 210 all

Coffee Cakes
Blueberry brunch cake, Aug 103 all
Breakfast cake, lemon-nut, Jan 92 all
Coffee ring, Oct 217 C, 216 S, D
Orange twists, Feb 107 all
Pinwheel rolls, Oct 217 C, 216 S, D
Poppy seed, braided, Oct 208 all
Potato bread, May 208 all
Ripple loaf, Oct 217 C, 216 S, D
Streusel cake, brunch, May 182 N

Cookies
Anise, Mar 149 all
Anise drops, Dec 120 all
Anise sticks, toasted, Dec 120 all
Apricot bran, June 183 all
Breakfast crisps, June 183 all
Brownies, carob, quick, May 216 all
Chocolate chip grapefruit bars, Oct 170 N
Cialde, Nov 112 all
Coffee squares, spicy, Oct 170 N
Cooky molds, making, Dec 62 all
Cornmeal nut, crunchy, Sept 147 all
Cornmeal wafers, buttery, Sept 147 all
Dough, impressionable, Dec 146 all
Filbert, spicy, May 228 all
Fruitcake cooky cups, Dec 120 all
Gaufrette, Nov 112 all
Krumkake, Nov 112 all
Lemon-nut squares, Sept 121 all
Mandel bread, Jewish, Aug 110 all
Peanut raisin, June 183 all
Pecan lace crisps, May 228 all
Pizelle, Nov 112 all

Baking (Cont.)

Pancakes and Waffles

Pancakes
blintzes, cheese, June 160 N
crêpes, apple, glazed, Mar 150 all
crêpes, crab and avocado, Mar 149 all
Swedish, Feb 134 all
Thai egg packets (kai yad sai), Apr 224 all
yogurt, June 153 all
Waffles
Belgian, May 112 all

Pies and Pastries

Desserts
American pie, 100%, Oct 218 all
apple dessert, Norwegian, Feb 142 all
apple pie, Gravenstein, Sept 124 all
apple pie, orange raisin, Sept 124 C, D, 125 N, S
apple pie, streusel, Sept 124 C, D, 125 N, S
apple pie, syrup-topped, Sept 124 C, D, 125 N, S
apple pie with Chinese five-spice, Sept 124 C, D, 125 N, S
apple pie with fennel, Sept 124 C, D, 125 N, S
banana chiffon pie, fresh, June 190 all
blueberry peach pie, July 103 all
cherimoya chiffon pie, June 190 all
cherry pie, lattice-topped, Feb 130 all
churros, Oct 162 all
fruit pie, minced, Nov 232 all
Gateau St. Honoré, chiffon, Apr 185 all
Gateau St. Honoré, freezer, Apr 185 all
Gateau St. Honoré, ice cream, Apr 185 all
kadaiff, Jan 98 N, S, D
mango chiffon pie, June 190 all
orange twists, Feb 107 all
pastry rounds, peach, June 156 N
peach cream pie, fresh, June 156 N
pinulate, Nov 246 all
pumpkin pies, creamy, Nov 232 all
strufoli (Neopolitan honey balls), Nov 244 all
tart, apple, golden, Mar 151 all
tarts, pistachio-peach, June 156 N
turnovers, apple, flaky, Mar 151 all
Entrées
ham and cheese pies, May 220 all
ham pie, large, May 220 all
Kate and Sidney, steak and kidney, May 235 all
piroshki meat crescents, June 170 all
pizza, ground beef, July 102 all
salmon pie, deep-dish, May 220 all
salmon pies, individual, May 218 all
turnovers, turkey mushroom, May 212 all

Barbecuing

Barbecue, Fourth of July, chicken, July 104 all
Beans, pinto, smoke-barbecued, Aug 134 all
Beef ribs, teriyaki, June 160 S, D
Beef ribs, tomato-glazed, June 160 S, D
Chicken and shrimp en brochette, May 215 all
Chicken Provençal, May 215 all
Dinosaur bones, June 160 S, D
Lamb chops, Portuguese-style, May 241 all
Lamb steaks, July 102 all
Marinade, cumin-cinnamon, for lamb, May 241 all
Marinade, pickling spice, for lamb, May 241 all
Pork tenderloin, spicy, May 176 N, 182 C, S, D
Salmon, whole, in foil, June 92 all
Salmon fillets, whole, herb baste, June 93 all
Salmon steaks, grilled, June 93 all
Salmon teriyaki on skewers, June 92 all
Short ribs, marinated Korean, Aug 124 all
Skewers, Italian sausage and fruit, Sept 126 all
Spit roasting, heat control, Sept 66 all
Steak, flank, May 170 all
Steak cubes, grilled, June 174 all
Steak with onions, zucchini, May 186 all

Beverages

Apéritif drinks, appetizer, May 201 S, D
Broth, breakfast, hot, Feb 132 all
Broth, milk, hot, Feb 132 all
Cocktail, tomato, snappy, Nov 190 all
Coffee, blending, Nov 199 all
Coffee, grinding your own, Jan 48 all
Cooler, watermelon, Turkish, May 210 all
Drink, Armenian cucumber-yogurt, June 77 all
Fruit cup, golden, Feb 132 all
Glögg, apple, crimson, Dec 118 all
Orange and banana cream, Feb 132 all
Punch, breakfast, banana and fruit nectar, Feb 132 all
Punch, tropical fruit wine, May 210 all
Punch, white wine citrus, May 210 all
Shake, orange and yogurt, July 110 C, S, D; Aug 107 N
Shake, peach or apricot, spiced, and yogurt, July110 C, S, D; Aug 107 N
Shake, raspberry and yogurt, July 110 C, S, D; Aug 107 N
Shake, sweet cherry and yogurt, July 110 C, S, D; Aug 107 N
Water, drinking, bottled, sampling in France, Nov 242 all
Wine, My Life With, book review, Dec 130 all
Wine and cheese dinner, May 98 all
Wines, California table, getting to know, Oct 74 all
Winetaster, Diary of a, book review, Dec 130 all

Book Reviews

Italian Cook Book, ■ *Sunset* book, Oct 192 all
Wine, My Life With, Dec 130 all
Winetaster, Diary of a, Dec 130 all

Candies

Almond brittle eggshells, Apr 190 all
Brittle, carob honey, May 216 all
Fruit, candied, fondue, Aug 122 all
Fudge, blond creme, Dec 154 all
Fudge, butterscotch, Dec 154 all
Fudge, chocolate creme, Dec 154 all
Fudge, peanut butter, Dec 154 all
Fudge, peppermint creme, Dec 154 all
Halva, Indian, Sept 133 N; Oct 165 S, D; Nov 251 C
Trail logs, high energy, June 198 all

Casseroles

Artichoke hearts Italiano, Aug 132 all
Asparagus and mushrooms, butter-glazed, Nov 228 all
Bean, July 126 all
Bobotie, meat loaf, Jan 102 all
Broccoli Genovese, Feb140 all
Brussels sprouts with bacon sauce, Nov 228 all
Cabbage rolls, Bohemian-style, Feb 124 all
Chayotes, stuffed, Panama-style, Nov 210 C, S, D
Cheddar seafood, Dec 118 all
Cheese ramekins, May 99 all
Cheese strata Flores, Sept 142 all
Chicken saltimbocca, Oct 174 all
Chicken tortilla, Sept 155 all
Chile relleno, Sept 154 all
Clam chowder pie, Feb 106 all
Cornmeal puff, June 152 all
Cucumber, Sept 138 N, C
Enchiladas, egg, Nov 184 all
Fish, baked, with vegetable sauce, Apr 183 all
Fish and potato, Jan 87 all
Kohlrabi la Ronda, Oct 222 all
Lamb and eggplant, Jan 84 all
Lentils, spicy baked, Apr 182 all
Lentils and cheese, baked, Jan 100 all
Meat and cornbread, Mexican, Sept 155 all
Meat loaf with vegetable sauce, Feb 106 all
Noodles, Mexican, Sept 154 all
Onions, glazed paprika, June 158 all

Casseroles (Cont.)

Paella, Oct 166 all
Parsnips, baked glazed, Feb 123 all
Pepper halves, beef stuffed, Oct 147 all
Pilaf, rice, with artichokes, Nov 185 all
Pilaf, rice, with zucchini, Jan 92 all
Pilaf, wheat berry, May 223 all
Pilaf, wheat chard, Apr 201 all
Pork chops, fruit-glazed, Feb 126 all
Pork chops saké, Feb 126 all
Potato, mashed, puff, May 235 all
Potato puff, almond-topped, Nov 228 all
Puddings
breakfast orange bread, Oct 184 N
breakfast rice, Oct 184 N
breakfast wheat, Oct 184 N
corn, dried, Aug 128 all
Rabbit and ham terrine, July 122 all
Rice, fiesta, Aug 102 all
Shrimp and mushroom ramekins, Sept 123 all
Shrimp ramekins, baked, Sept 134 N
Soufflé, sole fillet, Mar 170 all
Squash, patty pan, stuffed, Aug 103 all
Squash, summer, Sept 138 N, C
Tortillas, cheese-stuffed, May 186 all
Turkey and oyster get-together, Dec 128 all
Turkey loaf, May 212 all
Vegetable medley, green, Nov 228 all

Cereals and Macaroni

Cornmeal
cake, Florentine, May 181 all
casserole, Mexican meat and cornbread, Sept 155 all
cookies, cornmeal nut, crunchy, Sept 147 all
puff, June 152 all
wafers, buttery, Sept 147 all
Farina
breakfast pudding, wheat, Oct 184 N
Macaroni salad, July 106 all
Noodles
chow mein, beef and broccoli, Oct 202 all
fonduta with pasta, Nov 236 all
long rice and beef, stir-fried, Mar 153 all
Mexican, Sept 154 all
Thai (Kuay Tiew), Sept 77 all
twisted, with Italian sausage, Feb 120 all
udon-suki, Oct 187 all
Oatmeal
tangerine oatmeal loaf, Mar 185 all
Rice
and peppers with pork chops, Jan 85 all
breakfast pudding, Oct 184 N
brown, almond bacon, Dec 114 all
casserole, fiesta rice, Aug 102 all
crunchy, with chicken, June 153 all
Doret's dish, Mar 166 all
fried, with ham and egg, Mar 154 all
paella, Oct 166 all
pearl rice and green pea salad, Mar 160 all
pilaf, chicken and rice, Sept 120 all
pilaf-stuffed lamb shoulder, June 166 C
pilaf with artichokes, Nov 185 all
pilaf with meat, Bedouin-style, Aug 57 all
pilaf with zucchini, Jan 92 all
risotto, mussel, Mar 80 N, C
salad, almond and rice, Aug 117 all
salad tray, curried rice, Apr 195 N
sushi, brown rice, June 178 all
sushi cake with salmon caviar, June 178 all
sushi cakes with pickled vegetables, June 178 all
sushi picnic balls, June 176 all
sushi rolls, nori-wrapped, June 178 all
the chicken thing, Nov 216 all
Spaghetti
with artichoke sauce, Mar 85 all
with carbonara sauce, Mar 84 all
with fresh tomato sauce, Sept 156 all
with garlic sauce, Mar 85 all
with meatballs in marinara sauce, Mar 85 all
with pesto sauce, Mar 85 all

Cereals and Macaroni (Cont.)
Vermicelli
green chile pasta, May 170 all
Wheat, cracked
pilaf, lentil-wheat, Jan 100 all
pilaf, wheat chard, Apr 201 all
pilaf with meat, Bedouin-style, Aug 57 all
Wheat, whole kernel
bread, wheat berry batter, May 223 all
cereal, wheat berry, May 223 all
pilaf, wheat berry, May 223 all

Dairy Products and Eggs
Cheese
Blintzes, June 160 N
Camembert cream, molded, Feb 113 all
Casserole, Cheddar seafood, Dec 118 all
Cheese crisps, Dec 141 all
Cheese cubes, crusty, Dec 141 all
Cheese strata Flores, Sept 142 all
Cheesecake, chocolate marshmallow, Apr 183 all
Dinner, wine and cheese, May 98 all
Fondue, crab cheese, Feb 129 all
Fondue appetizers, campfire, Aug 56 all
Fondue supper, campfire, Aug 56 all
Fonduta, Nov 235 all
French loaf, cheese-topped, hot, June 192 all
Lentils and cheese, baked, Jan 100 all
Omelet, jack, Oct 218 all
Pies, ham and cheese, individual, May 220 all
Raclette, camper's, Aug 56 all
Ramekins, May 99 all
Rolls, fila cheese onion, Jan 97 N, S, D
Rolls, Parmesan buttermilk, July 106 all
Salad, provolone cheese, Sept 160 all
Sandwich filling, cheese and chile, May 207 all
Sandwiches, cream cheese with asparagus, June 166 S, D
Sandwiches, Havarti cheese and radishes, June 166 S, D
Sandwiches, olive-cheese, two recipes, Jan 110 all
Sauce, cream cheese, Apr 198 N, C, 201 S, D
Sauce, orange-honey cheese, for dieters, Nov 231 all
Sauce, savory cheese, for dieters, Nov 231 all
Soup, vegetable-cheese, Jan 84 all
Spread, Cheddar cheese, Nov 190 all
Strawberry and cinnamon cheese tray, May 202 all
Summer cheese, dessert fresh, Aug 63 all
Summer cheese, garlic herb, fresh, Aug 63 all
Summer cheese, plain fresh, Aug 63 all
Tortillas, cheese-stuffed, May 186 all
Tostas, Jan 52 all

Cream
Avocado cream, molded, Feb 113 all
Camembert cream, molded, Feb 113 all
Chicken in sweet cream, Feb 130 all
Sour cream appetizer mold, Feb 113 all
Spanish beans with sour cream, Mar 192 all
Strawberries with sour cream sauce, May 202 all

Eggs
Cake, Mexican meringue, with strawberries, June 155 all
Custard, caramel, Portuguese, Feb 108 all
Custard, soft, Portuguese, Feb 108 all
Eaffs ala French, egg sandwich, Mar 169 all
Eggs and broccoli with cheese sauce, Oct 146 all
Eggs Steven Potter, poached in champagne, Jan 106 all
Enchiladas, egg, Nov 184 all
Huevos rancheros, Feb 62 all
Lamb-covered, May 176 C, S, D; June 166 N
Omelet, bacon and tomato, Oct 154 all
Omelet, geoduck, June 89 N

Eggs (Cont.)
Omelet, jack, Oct 218 all
Oysters with eggs, wok-fried, Mar 154 all
Patties, deviled egg, Dec 136 N
Pork and eggs, simmered, Thai style (Guy Palow), Apr 226 all
Rice with ham and egg, wok-fried, Mar 154 all
Sandwiches, pickled herring and egg yolk, June 166 S, D
Scrambled, creamy, Dec 118 all
Scrambled, with lox, Dec 136 N
Scrambled, with teriyaki beef tofu, Sept 152 all
Thai egg packets (Kai Yad Sai), Apr 224 all
Torte, Italian meringue, June 155 all
Tostadas, brunch, Dec 136 N, S, D
With alfalfa sprouts, May 230 all
With fonduta, Nov 236 all

Yogurt
Bread, graham, yogurt, May 170 all
Drink, Armenian cucumber-yogurt, June 77 all
Making your own, Mar 178 all
Pancakes, June 153 all
Sauce, green onion yogurt, Apr 97 all
Shakes, fruit-yogurt, July 110 C, S, D; Aug 107 N

Desserts
Apple crisp, Golden, Feb 107 all
Applesauce, cranberry, Dec 125 all
Bananas, baked, in cranberry sauce, Dec 125 all
Cantaloupe raspberry refresher, Aug 105 all
Cheese, fresh summer, Aug 63 all
Chocolate mint, Jan 85 all
Compote, dried fruit cordial, Nov 196 all
Crenshaw melon, coriander spiced, Aug 105 all
Crêpes, apple, glazed, Mar 150 all
Custards
caramel, Portuguese (pudim flan), Feb 108 all
soft, Portuguese (leite creme), Feb 108 all
Floating blueberries and meringue, July 115 N, S, D
Halva, Indian, Sept 133 N; Oct 165 S, D; Nov 251 C
Honeydew, fruit filled, Aug 105 all
Ice cream
green tea, Oct 225 all
peach ripple, fresh, July 111 N
red bean, Oct 225 all
sundaes, cranberry mincemeat, Dec 125 all
sundaes, cranberry peach, Nov 185 all
Kanten, lime, Apr 208 all
Kanten, pink grapefruit, Apr 208 all
Kanten, tangerine, Apr 208 all
Melon balls, minted, Aug 105 all
Pancakes, Swedish, Feb 134 all
Pears, mocha-poached, Feb 150 all
Pears, orange-poached, sparkling, Feb 153 all
Pears, poached, with sabayon sauce, Feb 153 all
Plums, Satsuma, poached in wine, Aug 108 all
Puddings
almond, fluffy, June 186 all
black cherry, June 153 all
flummery, berry, July 136 all
plum, English, Nov 208 N, 207 S, D
plum, Satsuma, Aug 108 all
pudding-pie, summer apple, Aug 103 all
rhubarb, two-way, Apr 194 C, S, D; May 191 N
Refrigerator, strawberry-orange, May 171 all
Rosé gelatin with grapefruit, Oct 185 C
Sherry gelatin with mandarins, Oct 185 C
Strawberries with hard sauce, May 202 all
Strawberries with sour cream sauce, May 202 all
Strawberry and cinnamon cheese tray, May 202 all
Strawberry macaroon cream cups, Apr 207 N
Torte, rum custard, Dec 142 all
Traminer gelatin with melon, Oct 185 C
Waffles, Belgian, May 112 all

Fish and Shellfish
Abalone
chowder, beach, Oct 200 all
finding, Oct 196 all
Aioli, Aug 117 all
Caviar, roast beef sandwiches, June 166 S, D
Chowder, Crane Island, Dec 128 all
Clams
geoduck chowder, June 89 N
geoduck fritters, June 89 N
geoduck hunting, June 88 N
geoduck omelet, June 89 N
pie, clam chowder, Feb 106 all
spread, spicy, Dec 115 all
Codfish
Alaska, hot smoked, Apr 198 all
spread, Alaska cod, Dec 150 all
Crab
Coquille de crabe, Dec 144 all
crabe à l'Américaine, Dec 144 all
cracked, in spicy red sauce, Jan 88 all
crêpes, crab and avocado, Mar 149 all
fondue, crab cheese, Feb 129 all
salad with miso dressing, May 205 all
sandwich, crab salad, Aug 127 all
sandwiches, crab patty, Aug 127 all
stew, Dungeness crab and Greenland turbot, Apr 220 all
Fish, baked, with piquant sauce, Jan 87 all
Fish, baked, with vegetable sauce, Apr 183 all
Fish, braised, Portuguese, Jan 87 all
Fish, campfire poached, Aug 56 all
Fish, sweet and sour, Sept 121 all
Fish and potato casserole, Jan 87 all
Fish and vegetable seviche, Sept 158 all
Fish fillets with mustard sauce, Oct 194 all
Fish potpourri, amortajada, Aug 132 all
Herring
in sour cream with apple and onion, Nov 249 all
sandwiches, pickled herring and egg yolk, June 166 S, D
with tomato-mustard sauce, Nov 249 all
Lingcod
curried, May 188 all
platter, Basque chilled, July 116 all
Lobster, Lokey, July 134 all
Mussels
baked, Mar 80 N, C
chowder, Mar 81 N, C
collecting, Mar 78 N, C
Provençal, Mar 80 N, C
risotto, Mar 80 N, C
steamed, Mar 80 N, C
Oysters
and turkey get-together, Dec 128 all
with eggs, wok-fried, Mar 154 all
Paella, Oct 166 all
Salmon
appetizer salmon, with lox, Dec 136 N
eggs, scrambled, with lox, Dec 136 N
fish and chips Gracie Fields, Aug 137 all
pie, deep-dish, May 220 all
pies, individual, May 218 all
sandwiches, smoked salmon and cucumber, June 166 S, D
spread, smoked salmon, Dec 150 all
steaks, grilled, June 93 all
sushi cake with salmon caviar, June 178 all
teriyaki on skewers, June 92 all
whole, barbecued in foil, June 92 all
whole fillets with herb baste, June 93 all
Sardines
antipasto platter, Aug 130 all
spread, Dec 150 all
Scallops
cheese-topped, Feb 111 all
creamed, with grapes, July 106 all
seviche appetizer soup, Sept 158 all
skewered, with fruit, Feb 111 all

Fish and Shellfish (Cont.)
Seafood casserole, Cheddar, Dec 118 all
Seafood fondue, Mar 176 C, 175 S, D; Apr 218 N
Seafood stew, Portuguese, Sept 128 all
Shellfish with fresh tomato sauce, Sept 157 all
Shrimp
and chicken en brochette, May 215 all
and vegetables, stir-fried, Mar 154 all
chablis gelatin with shrimp, Oct 185 C
chafing dish, Sept 134 N, S, D
coconut cream shrimp, Mar 166 all
ramekins, baked, Sept 134 N, S, D
ramekins, shrimp and mushroom, for two, Sept 123 all
salad, hearts of palm and shrimp, Nov 187 all
sandwich filling, shrimp and green pepper, May 207 all
sauté, jumbo shrimp, Sept 134 N, S, D
skewered, with garlic butter sauce, Mar 160 all
soup, broiled, asparagus and shrimp, June 184 all
spread, Dec 150 all
stir-fried, shrimp and tofu, Sept 152 all
with edible-pod peas, Oct 168 all
Sole fillet soufflé, Mar 170 all
Trout, sweet-and-sour, May 201 N, 191 C, S, D
Tuna
antipasto platter, tuna and zucchini, Aug 130 all
salad, minted tuna, May 171 all
salad with fruit, Oct 147 all
sandwich, open-faced, Feb 116 C
sandwich, tuna and fruit, Feb 116 C
spread, Dec 150 all
Turbot, Greenland
salad, with Louis dressing, July 116 all
stew, Dungeness crab and Greenland turbot, Apr 220 all

Foreign Cookery

African
Bobotie, Jan 102 all
Chicken Mozambique-style, Mar 186 all

Basque
Lingcod platter, chilled, July 116 all

Belgian
Waffles, May 112 all

Chinese
Beef, pork, or lamb teriyaki, wok-fried, Mar 154 all
Beef and long rice, Mar 153 all
Beef with tomatoes, Mar 153 all
Bow (filled buns), May 198 N; June [illegible] C, D
Chicken, sweet ginger, Feb 116 N
Chicken with eggplant, Mar 154 all
Chicken, Peking-style, Mar 176 N, S, D; Sept 134 C
Chow mein, beef and broccoli, Oct 202 all
Forest mushrooms and cabbage, Mar 156 all
Fried rice with ham and egg, Mar 154 all
Oysters with eggs, wok-fried, Mar 154 all
Pork, sweet and sour, Feb 116 N
Shrimp and tofu stir-fry, Sept 152 all
Shrimp and vegetables, Mar 154 all
Soup, won ton, Sept 136 all
Spinach and tomato with bacon, Mar 156 [illegible]
Steak, pepper, Feb 148 all
Steak and asparagus, Mar 153 all
Steak with romaine, Feb 148 all
Trout, sweet-and-sour, May 201 N, 191 C, S, D
Wok, buying, Mar 153 all

Foreign Cookery (Cont.)

Filipino
Adobo, chicken and pork, Nov 238 C, S, D
Adobo appetizer kebabs, Nov 238 C, S, D

French
Aioli, Aug 117 all
Baguette, Nov 238 N
Chicken galantine, Mar 190 all
Flageolets, May 224 all
Gateau St. Honoré, chiffon, Apr 185 all
Gateau St. Honoré, freezer, Apr 185 all
Gateau St. Honoré, ice cream, Apr 185 all
Gaufrette, Nov 112 all
Lapin sâuté Arlesienne (sautéed rabbit), Apr 210 all
Salad, Niçoise luncheon, May 226 all
Salade Niçoise, antipasto-style, May 226 all
Salade Niçoise, green, May 226 all
Soup, vegetable, Alsatian, Nov 225 all
Soup, vegetable, Breton, Nov 225 all
Soup, vegetable, green, Nov 225 all
Water, drinking, bottled, sampling in France, Nov 242 all

German, Austrian, Swiss
Salad, potato, June 196 all

Greek
Lunch or supper, Greek-style, Oct 154 all
Salad, potato, Greek Island, Oct 156 all
Soup, beef avgolemono, with marrow bones, Oct 154 all

Guatemalan
Peppers, stuffed, Sept. 130 all

Hawaiian
Salad tray, fruit, Jan 117 S, D

Indian
Bombay chiura (crunchy Indian snack), Dec 152 all
Lamb kebabs, May 176 C, S, D
Halva, Sept 133 N; Oct 165 S, D; Nov 251 C

Indonesian
Rempejek (peanut crunch), Apr 218 C, S, D

Italian
Amor polenta (Florentine corn meal cake), May 181 all
Antipasto, Mar 84 all
Antipasto platter meals, Aug 130 all
Cialde, Nov 112 all
Coniglio alla cacciatora (rabbit, hunter's style), Apr 210 all
Dinner for two, Italian-style, July 109 all
Fogaccia, quick (flat bread), Jan 112 all
Fonduta, Nov. 235 all
Italian Cook Book, a *Sunset* book, Oct 192 all
Marengo cavour (meringue torte), June 155 all
Pasta party, Mar 84 all
Pinulate, Nov 246 all
Pizelle, Nov 112 all
Quattro quarti (pound cake), June 201 all
Salad, potato, June 196 all
Saltimbocca, chicken, Oct 174 all
Scallopini, chicken, Oct 174 all
Spaghetti with artichoke sauce, Mar 85 all
Spaghetti with carbonara sauce, Mar 84 all
Spaghetti with garlic sauce, Mar 85 all
Spaghetti with meatballs in marinara sauce, Mar 85 all
Spaghetti with pesto sauce, Mar 85 all
Strufoli (Neopolitan honey balls), Nov 244 all
Tostas (grilled sandwiches), Jan 52 all

Foreign Cookery (Cont.)

Japanese
Ice cream, green tea, Oct 225 all
Ice cream, red bean, Oct 225 all
Kanten, lime, Apr 208 all
Kanten, pink grapefruit, Apr 208 all
Kanten, tangerine, Apr 208 all
Sauce, green tea, Oct 225 all
Sauce, red bean, Oct 225 all
Sushi, brown rice, June 178 all
Sushi cake with salmon caviar, June 178 all
Sushi cakes with pickled vegetables, June 178 all
Sushi picnic balls, June 178 all
Sushi rolls, nori-wrapped, June 178 all
Tofu, pork soup, Sept 152 all
Tofu, shrimp stir-fry, Sept 152 all
Tofu, teriyaki beef with scrambled eggs, Sept 152 all
Udon-suki, Oct 187 all

Jewish
Blintzes, cheese, June 160 N
Bread, mandel, Aug 110 all
Cake, wine sponge, Mar 182 all

Korean
Chicken with four colored vegetables, July 128 all
Short ribs, Aug 124 all

Mexican
Cake, meringue, with strawberries, June 155 all
Casserole, chicken tortilla, Sept 155 all
Casserole, chile relleno, Sept 154 all
Casserole, Mexican meat and cornbread, Sept 155 all
Chicken in mole sauce, June 181 all
Churros, Oct 162 all
Huevos rancheros, Feb 62 all
Nachos, Jan 104 all
Noodles, Sept 154 all
Pan de muerto (bread of the dead), Oct 150 all
Patio barbecue, June 172 all
Salad tray, cucumber and orange, Jan 117 S, D
Soup, black bean, Mar 192 all
Tamales, chicken, plump, Apr 104 all
Tortillas, cheese-stuffed, May 186 all
Tostadas, brunch, Dec 136 N, S, D

Near Eastern
Kadaiff, Jan 98 N, S, D
Salad tray, vegetable, Jan 117 S, D

Panamanian
Chayotes, stuffed, Nov 210 C, S, D
Sopa borracha (wine syrup cake), Oct 210 all

Portuguese
Beans, caportable, May 233 all
Bread, sweet, Apr 196 N; May 198 C, S, D
Casserole, fish and potato, Jan 87 all
Chicken, coconut with carrots, Mar 186 all
Chicken, Mozambique-style, Mar 186 all
Custard, caramel, Portuguese, Feb 108 all
Fish, baked, with piquant sauce, Jan 87 all
Fish, braised, Jan 87 all
Lamb chops, barbecued, May 241 all
Leite creme (soft custard), Feb 108 all
Stew, seafood, Sept 128 all

Russian
Blintzes, cheese, June 160 N

Scandinavian
Brunch, Scandinavian-style, Dec 118 all
Cabbage, sweet and sour, Danish, Dec 122 all
Cardamom wreath, Swedish, Dec 135 N, S, D, 136 C
Dessert, apple, Norwegian, Feb 142 all

ɔreign Cookery (Cont.)
andinavian (Cont.)
:avlax (appetizer salmon), Aug 118 all
erring in sour cream with apple and onion, Nov 249 all
erring with tomato-mustard sauce, Nov 249 all
rumkake, Nov 112 all
ıncakes, Swedish, Feb 134 all
norrebrod (Danish open-faced sandwiches), June 166 S, D
ıpper, Scandinavian-style, July 106 all

ɔuth American
hicken with coriander onion, Oct 153 all
ınner, El Salvador-style, Oct 153 all
ıella, Spanish, Oct 166 all
ıpusas, Feb 118 all

hai
uffet menu, noodle, Sept 77 all
uy palow (simmered pork and eggs), Apr 226 all
ai phat khing (chicken with ginger), June 194 all
ai yad sai (egg packets), Apr 224 all
uay tiew (noodles), Sept 77 all
am prik (raw vegetable appetizers with Thai chile sauce), Sept 77 all

urkish
ooler, watermelon, May 210 all

Velsh
oup, cock-a-leekie, Oct 148 all

'ruit
See also Fruit, Dried)
.pples
apple crisp, Golden, Feb 107 all
applesauce, cranberry, Dec 125 all
bread, apple brown, Mar 184 all
cake, spiced, Feb 130 all
crêpes, glazed apple, Mar 150 all
cupcakes, spiced applesauce, Oct 147 all
dessert, Norwegian, Feb 142 all
filling, Golden apple, Mar 150 all
glögg, apple, crimson, Dec 118 all
muffins, apple, fresh, Oct 160 all
pie, Gravenstein, traditional, Sept 124 all
pie, 100% American, Oct 218 all
pie, orange raisin apple, Sept 124 C, D, 125 N, S
pie, streusel, Sept 124 C, D, 125 N, S
pie, syrup-topped, Sept 124 C, D, 125 N, S
pie, with Chinese five-spice, Sept 124 C, D, 125 N, S
pie, with fennel, Sept 124 C, D, 125 N, S
pudding pie, summer apple, Aug 103 all
rings, spiced, Nov 240 all
salad, Golden apple, Sept 121 all
tart, Golden apple, Mar 151 all
torte, spicy, Mar 151 all
turnovers, flaky apple, Mar 151 all
Apricots
brandied, June 165 S, D
lamb riblets with apricots, Mar 149 all
leather, July 68 all
preserves, sunshine, June 83 all
shake, spiced apricot and yogurt, July 110 C, S, D; Aug 107 N
Avocados
avocado cream, molded, Feb 113 all
crêpes, crab and avocado, Mar 149 all
salad, avocado-papaya, Nov 187 all
Bananas
baked, in cranberry sauce, Dec 125 all
fried, cinnamon crumb-coated, May 176 N, 182 C, S, D
loaf, banana bran, Mar 185 all
muffins, banana bran, Oct 160 all
orange and banana cream, Feb 132 all
pie, fresh banana chiffon, June 190 all

Fruit (Cont.)
Bananas (Cont.)
punch, breakfast, banana and fruit nectar, Feb 132 all
Berries
berry jam, trail, Aug 56 all
berry preserves, sunshine, June 83 all
blueberries
brunch cake Aug 103 all
floating blueberries and meringue, July 115 N, S, D
pie, blueberry peach, July 103 all
torte, blueberry lemon sauce, July 115 N, S, D
cranberries
applesauce, cranberry, Dec 125 all
bananas, baked, in cranberry sauce, Dec 125 all
sauce, cranberry orange, Dec 125 all
sundae, cranberry peach, Nov 185 all
sundaes, cranberry mincemeat, Dec 125 all
flummery pudding, July 136 all
fruit leather, July 68 all
raspberries
refresher, cantaloupe and raspberry compote, Aug 105 all
shake, raspberry and yogurt, July 110 C, S, D; Aug 107 N
strawberries
and cinnamon cheese tray, May 202 all
refrigerator dessert, strawberry-orange, May 171 all
strawberry macaroon cream cups, Apr 207 N
with hard sauce, May 202 all
with Mexican meringue cake, June 155 all
with sour cream sauce. May 202 all
Chayotes
butter-steamed, Nov 208 C, S, D
salad, chayote and tomato, Nov 210 C, S, D
stuffed, Panama-style, Nov 210 C, S, D
Cherimoya chiffon pie, June 190 all
Cherries
pie, lattice-topped, Feb 130 all
pudding, black cherry, June 153 all
shake, sweet cherry and yogurt, July 110 C, S, D; Aug 107 N
sweet,brandied, June 165 S, D
Coconut
breakfast crisps, June 183 all
chicken Mozambique-style, Mar 186 all
chicken with carrots, Mar 186 all
coconut cream shrimp, Mar 166 all
Date cake, fresh California, Apr 186 all
Figs, spicy pickled, Sept 150 all
Fruit cup, golden, Feb 132 all
Fruit leathers, July 68 all
Fruit salad tray, Hawaiian, Jan 117 S, D
Fruits, candied, fondue, Aug 122 all
Grapefruit
chocolate chip grapefruit bars, Oct 170 N
kanten, pink grapefruit, Apr 208 all
Rosé gelatin with grapefruit, Oct 185 C
salad, fresh spinach and grapefruit, Nov 192 all
Grapes
brandied, June 165 S, D
with creamed scallops, July 106 all
Lemons
lemon-nut squares, Sept 121 all
steak, lemon, June 160 C
Lime kanten, Apr 208 all
Mangoes
chutney, mango peach, Aug 120 all
pie, chiffon, June 190 all
Melons
cantaloupe
refresher, cantaloupe and raspberry compote, Aug 105 all
skewers, Italian sausage and fruit, Sept 126 all
Crenshaw, coriander spiced, Aug 105 all
honeydew, fruit filled, Aug 105 all
melon balls, minted, Aug 105 all

Fruit (Cont.)
Melons (Cont.)
Traminer gelatin with melon, Oct 185 C
watermelon cooler, Turkish, May 210 all
Nectarines
leather, July 68 all
preserves, sunshine, June 83 all
Olives
sandwiches, olive-cheese, two recipes, Jan 110 all
Sicilian, Aug 130 all
Oranges
and banana cream, Feb 132 all
beef roast, orange-thyme, June 160 C
breakfast pudding, orange bread, Oct 184 N
chutney, pineapple orange, Aug 121 all
marmalade, pumpkin and orange, Nov 251 N, S, D
refrigerator dessert, strawberry-orange, May 171 all
salad, fresh orange and onion, June 174 all
salad tray, cucumber and orange, Mexican, Jan 117 S, D
sauce, cranberry orange, Dec 125 all
shake, orange and yogurt, July 110 C, S, D; Aug 107 N
Sherry gelatin with mandarins, Oct 185 C
slaw, cabbage orange, Jan 85 all
steak, chile orange, June 160 C
Papayas
chutney, papaya plum, Aug 121 all
salad, avocado-papaya, Nov 187 all
with curried chicken, Jan 117 N, C
Peaches
brandied, June 165 S, D
chutney, mango peach, Aug 120 all
ice cream, fresh peach ripple, July 111 N
leather, July 68 all
pastry rounds, peach, June 156 N
pie, blueberry peach, July 103 all
pie, peach cream, fresh, June 156 N
preserves, sunshine, June 83 all
shake, spiced peach and yogurt, July 110 C, S, D; Aug 107 N
sundae, cranberry peach, Nov 185 all
tarts, pistachio-peach, June 156 N
Pears
brandied, June 165 S, D
mocha-poached, Feb 150 all
orange-poached, sparkling, Feb 153 all
poached, with sabayon sauce, Feb 153 all
Seckel, spiced pickled, Oct 184 S, D
Pineapple
carrots, pineapple-glazed, Oct 220 all
chutney, pineapple orange, Aug 121 all
skewers, Italian sausage and fruit, Sept 126 all
Plums
brandied, June 165 S, D
cake, Satsuma upside-down, Aug 108 all
chutney, papaya plum, Aug 121 all
leather, July 68 all
pudding, Satsuma plum, Aug 108 all
Satsuma, poached in wine, Aug 108 all
spareribs, country-style, plum-glazed, Oct 206 all
Quince, spiced pickled, Oct 212 all
Rhubarb pudding, two-way, Apr 194 C, S, D; May 191 N
Strawberries
and cinnamon cheese tray, May 202 all
with hard sauce, May 202 all
with sour cream sauce, May 202 all
Tangerines
kanten, Apr 208 all
tangerine oatmeal loaf, Mar 185 all

Fruit, Dried
Apricots
apricot cordial with soused apricots, Nov 196 all
bread, apricot cordial tea, Nov 196 all
chews, apricot bran, June 183 all
compote, dried fruit cordial, Nov 196 all
sandwich filling, apricot-almond, Nov 220 all

Fruit, Dried (Cont.)
Date-nut sandwich filling, Nov 220 all
Fruit leathers, July 68 all
Fruit pork roast, Oct 215 all
Prunes
pie, 100% American, Oct 218 all
sandwich filling, prune-nut, Nov 220 all
Raisins
cookies, peanut raisin, June 183 all
pie, minced fruit, Nov 232 all
rosemary raisin bread, Mar 201 all
Trail logs, high energy, June 198 all

Meat
Bacon
and mushrooms with mustard greens, May 175 all
breakfast tortillas, July 103 all
brown rice, almond bacon, Dec 114 all
Brussels sprouts with bacon sauce, Nov 228 all
liver and bacon supper tray with vegetables, Mar 194 all
liver and bacon with cabbage for two, Sept 122 all
omelet, bacon and tomato, Oct 154 all
salad, bacon and tomato chicken, June 172 all
salad, mushroom bacon, Feb 107 all
sandwich filling, bacon and chives, May 207 all
sandwiches, liverwurst and bacon, June 166 S, D
turkey bacon logs, May 212 all
Beef
à la mode Marshall, stew, Dec 130 all
braised, rich brown, Apr 197 C, S, D
buns, Chinese filled, beef, May 198 N; June 88 C, D
chow mein, beef and broccoli, Oct 202 all
corned beef, oven-simmered, Sept 128 all
corned beef, simmered, June 152 all
corned beef Mexicana, Jan 109 all
curried, David's, Feb 136 all
dinosaur bones, June 160 S, D
Dutch oven, Nov 185 all
eye of the round in caper sauce, Apr 197 C, S, D
Kate and Sidney, steak and kidney, May 235 all
oxtail stew, herbed, Nov 222 all
oxtails, braised, Nov 222 all
piroshki meat crescents, hash and olive filling, June 170 all
ribs, lazy Tom's sweet-sour, Mar 166 all
ribs, teriyaki, June 160 S, D
ribs, tomato-glazed, June 160 S, D
roast, chuck oven, with Italian roasted vegetables, Apr 203 all
roast, orange-thyme, June 160 C
roast, pot, Knie's barbecued, Jan 106 all
roast, pot, with vegetables and brown gravy, Feb 130 all
rouladen, sausage-stuffed, July 136 all
round, facts and recipes, Apr 196 C, S, D
sandwiches, roast beef and caviar, June 166, S, D
shank supper soup, Mar 162 all
short ribs, marinated Korean, Aug 124 all
soup, beef and linguisa, Dec 138 all
soup, beef and vegetables supper, Oct 146 all
soup, beef avgolemono, with marrow bones, Oct 154 all
steak, barbecued, with onions, zucchini, May 186 all
steak, chili orange, June 160 C
steak, flank, barbecued, May 170 all
steak, flank, dinner with onion cream, June 162 all
steak, lemon, June 160 C

Meat (Cont.)
Beef (Cont.)
steak, pepper, Chinese, Feb 148 all
steak, sirloin tip, Mexican-style, Apr 197 C, S, D
steak, top round, broiled or grilled, Apr 197 C, S, D
steak and asparagus, stir-fried Mar 153 all
steak cubes, grilled, June 174 all
steak Igor, baked with sauce, Apr 230 all
steak sandwiches, broiled, with beef dip, Nov 190 all
steak sandwiches with barbecue sauce, Jan 90 all
steak with romaine, Chinese, Feb 148 all
stew, beef and vegetable, Mar 148 all
stew, layer-cooked, June 201 all
stir-fried beef and long rice, Mar 153 all
stir-fried beef with tomatoes, Mar 153 all
stir-fry, beef and vegetable, Oct 168 all
teriyaki, wok-fried, Mar 154 all
teriyaki beef roll-ups, Dec 157 all
teriyaki meatballs, Dec 157 all
teriyaki tidbits, Dec 157 all
top round, broiled or grilled, Apr 197 C, S, D
with fresh tomato sauce, Sept 157 all
Beef, ground
and artichokes, Mar 181 all
bobotie, meat loaf, Jan 102 all
buns, beef and cheese, May 171 all
cabbage rolls, Bohemian-style, Feb 124 all
casserole, Mexican meat and cornbread, Sept 155 all
casserole, Mexican meat and noodle, Sept 154 all
meat loaf, cheese-topped, Mar 181 all
meat loaf with vegetable sauce, Feb 106 all
pepper halves, beef stuffed, Oct 147 all
pizza, July 102 all
pupusas, sandwich from El Salvador, Feb 118 all
sandwich supper, Italian, Jan 84 all
size one, Apr 228 all
teriyaki beef tofu with scrambled eggs, Sept 152 all
Frankfurters, flaky pastry, Mar 158 all
Ham
fried rice with ham and egg, Mar 154 all
pie, large, May 220 all
pies, ham and cheese, individual, May 220 all
salad mold, Aug 102 all
sandwiches, baked ham, with caraway honey glaze, Nov 190 all
stew, ham and flageolet, French, May 224 all
terrine, rabbit and ham, July 122 all
tostas, Jan 52 all
Kidneys
Kate and Sidney, steak and kidney, May 235 all
size one, Apr 228 all
Lamb
balls, Oct 187 all
casserole, lamb and eggplant, Jan 84 all
chops, barbecued, Portuguese-style, May 241 all
eggs, lamb-covered, May 176 C, S, D; June 166 N
kebabs, Indian, May 176 C, S, D; June 166 N
leg of, herbed, Apr 207 S, D
leg of, roast, Jan 92 all
Persian style, July 124 all
pilaf with meat, Bedouin-style, Aug 57 all
riblets with apricots, Mar 149 all

Meat (Cont.)
Lamb (Cont.)
roast, shoulder, rolled, June 166 C
sandwiches, Arab pocket bread, Apr 96 all
shanks, tomato baked, Nov 192 all
shoulder, pilaf-stuffed, June 166 C
size one, kidneys, Apr 228 all
soup, double lamb, Dec 138 all
steaks, grilled, July 102 all
stew, lamb vegetable, Apr 234 all
teriyaki, wok-fried, Mar 154 all
with flageolets, French-style, May 224 all
Liver
and bacon supper tray with vegetables, Mar 194 all
and bacon with cabbage for two, Sept 122 all
Liverwurst and bacon sandwiches, June 166 S, D
Meat, baked in pueblo oven, July 121 all
Meat, spit roasting, heat control, Sept 66 a
Pork
adobo, chicken and pork, Nov 238 C, S,
balls, Oct 187 all
buns, Chinese filled, pork May 199 N; June 89, C, D
chops, fruit-glazed, Feb 126 all
chops, sauced, for two, Mar 166 all
chops in mustard sauce, Oct 194 all
chops saké, Feb 126 all
chops with rice and peppers, Jan 85 all
pork and eggs, simmered, Thai style (guy palow), Apr 226 all
ribs, lazy Tom's sweet-sour, Mar 166 all
ribs, sweet and sour, Aug 102 all
roast, fruit, Oct 215 all
roast, rolled, with mincemeat, Dec 115 a
soup, pork and bean, Apr 213 all
soup, pork tofu, Sept 152 all
soup, won ton, Sept 136 all
spareribs, country-style, mincemeat, Oct 206 all
spareribs, country-style, oven-barbecued, Oct 206 all
spareribs, country-style, plum-glazed, Oct 206 all
spareribs and chicken, oven-fried, Apr 182 all
sweet and sour, Feb 116 N
tenderloin, spicy barbecued, May 176 N, 182 C, S, D
teriyaki, wok-fried, Mar 154 all
Rabbit
hunter's style (coniglio alla cacciatora), Apr 210 all
sautéed, Arlesienne (lapin sâuté Arlesienne), Apr 210 all
tender moist, Sept 144 all
terrine, rabbit and ham, July 122 all
Sausage
beef and pork, Apr 223 all
bratwurst with cabbage, Feb 121 all
frankfurters, flaky pastry, Mar 158 all
Italian, and fruit skewers, Sept 126 all
Italian, and lentils, Jan 100 all
Italian, with twisted noodles, Feb 120 all
Italian, with zucchini, Feb 120 all
Italian sausage pizza, baked in adobe or conventional oven, July 141 all
linguica with green beans, Feb 121 all
linguisa and beef soup, Dec 138 all
piroshki meat crescents, smoked sausage and cheese filling, June 170 all
Polish, and potatoes for two, Sept 123 all
roasting film, new, for rolling your own, Apr 222 all
rouladen, sausage-stuffed, July 136 all
sauce, tomato sausage, Sept 157 all
skillet supper, Sept 123 all
soup, red cabbage and sausage, Dec 122 all
veal and pork, Apr 223 all
wurst buffet, Nov 108 all

at (Cont.)
ıgue
ntipasto luncheon platter, Aug 130 all
eef, braised, Jan 109 all
oiled, Nov 226 all
ı piquant sauce, Nov 226 all
rovençal, Nov 226 all
ith green sauce, Nov 226 all
ıl
nd asparagus platter, Mar 198 all
e Louise Burcar, stew, Sept 142 all
ausage, with pork, Apr 223 all
tew, with artichokes, Apr 234 all
trips with artichokes, July 109 all
ith fonduta, Nov 236 all

enus

akfasts
ing pan, Oct 154 all
ther's Day, May 186 all
nic, June 170 all
h cake, Jan 92 all

nches
becue, Sept 126 all
ster, Apr 198 all
t, Aug 114 all
ndinavian-style, Dec 118 all
anksgiving Day, Nov 190 all

ffets
ner, holiday, Dec 118 all
ıdwich, baked ham, Nov 190 all
ai noodle, Sept 76 all
ırst, Nov 108 all

nners
oiled skewer, for two, Sept 122 all
ribbean-style, May 176 N, 182 C, S, D
icken, holiday, Feb 129 all
mpany, Apr 201 N, C, 203 S, D
Salvador-style, Oct 153 all
mily, Apr 198 N, C, 201 S, D
h, curried, May 188 all
lian-style, for two, July 109 all
mb shank oven, Nov 192 all
en, Jan 92 all
en, busy day, Dec 119 all
en-simmered, Feb 130 all
afood, for two, Sept 123 all
ipboard, captain's curry, July 112 all
ipboard, Italian, July 112 all
rimp, skewered, Mar 160 all
eak, barbecued, May 184 all
ine and cheese, May 98 all

nches
ol, Aug 117 all
ndue, Feb 129 all
r beginner cooks, Mar 158 all
eek-style, Oct 154 all
lad, June 172 all

rties
ffet, Thai noodle, Sept 76 all
ffet, wurst, Nov 108 all
sta, Mar 84 all
pper, midnight, Milanese tosta, Jan 52 all
pper, sandwich, international deli, Dec 117 all

cnics
ach, abalone chowder, Oct 196 all
eakfast, June 170 all
omad, Apr 96 all

ppers
rbecue, Fourth of July, July 104 all
old, from Provence, Aug 117 all
ompany, udon-suki, Oct 186 all
orned beef, Sept 126 all
reside, Jan 90 all
ondue, Feb 129 all
reek-style, Oct 154 all
atio barbecue, Mexican, June 172 all

Menus (Cont.)
Suppers (Cont.)
Sandwich, for two, Sept 123 all
Scandinavian-style, July 106 all
Seafood, Portuguese, Sept 128 all
Shipboard smorgasbord, July 112 all
Shipboard taco, portable, July 112 all
Skillet sausage, for two, Sept 123 all
Soup, whole meal, Mar 162 all

Miscellaneous
Camp recipes, Aug 56 all
Oven, pueblo, building, cooking ideas, July 118 all
Ovens, microwave, May 192 all
Picnic shopping expedition in Romania, Apr 236 all
Pralinés, Belgian, Mar 189 all
Shipboard menus for long cruises, July 112 all
Shopping automats, European cities, Apr 188 all
Vinegars, flavored, Aug 112 all

Nuts
Almonds
almond brittle eggshells, Apr 190 all
brown rice, almond bacon, Dec 114 all
buns, honey almond, Oct 172 D, 173 N, C, S
halva, Indian, Sept 133 N; Oct 165 S, D; Nov 251 C
potato puff, almond-topped, Nov 228 all
pudding, fluffy almond, June 186 all
salad, almond and rice, Aug 117 all
sandwich filling, apricot-almond, Nov 220 all
Filbert cookies, spicy, May 228 all
Peanuts
cookies, peanut raisin, June 183 all
Indonesian peanut crunch (Rempejek), Apr 218 C, S, D
Pecans
pecan lace crisps, May 228 all
tea loaf, pumpkin-pecan, Mar 184 all
Pistachio-peach tarts, June 156 N
Sandwich filling, date-nut, Nov 220 all
Sandwich filling, prune-nut, Nov 220 all
Stollen, Western nut, Dec 66 all
Trail logs, high energy, June 198 all
Walnuts
bread, raisin-nut honey, Oct 172 D, 173 N, C, S

Poultry
Chicken
a la Van Ta, baked, June 202 all
adobo, chicken and pork, Nov 238 C, S, D
and shrimp en brochette, May 215 all
and spareribs, oven-fried, Apr 182 all
appetizer kebabs, adobo, Nov 238 C, S, D
barbecued, Provençal, May 215 all
breasts, tarragon, Jan 117 N, C
broiler-fryer, roasted, Apr 201 all
cacciatore, Jan 117 N, C
casserole, chicken tortilla, Sept 155 all
coconut chicken with carrots, Mar 186 all
curried, with papaya, Jan 117 N, C
galantine, rolled loaf, Mar 190 all
in mole sauce, June 181 all
in sweet cream, Feb 130 all
miso, marinated and baked, May 205 all
Mozambique-style, Mar 186 all
oven-fried, with new potatoes, carrots, Dec 119 all
paella, Oct 166 all
pâté, chicken liver and mushroom, Nov 194 all
pâté, liver, with sherry, Nov 194 all
Peking-style, Mar 176 N, S, D; Sept 134 C

Poultry (Cont.)
Chicken (Cont.)
pilaf, chicken and rice, Sept 120 all
pineapple adobo, Nov 238 C, S, D
salad, bacon and tomato chicken, June 172 all
salad, citrus chicken, Mar 148 all
saltimbocca, Oct 174 all
sandwiches, supper, for two, Sept 123 all
scallopini, Oct 174 all
soup, cock-a-leekie, Oct 148 all
soup, Harry's, Jan 98 C; Feb 146 S, D; Mar 175 N
stir-fried chicken with eggplant, Mar 154 all
sweet ginger, Feb 116 N
tamales, brunch, 18 feet tall, Nov 219 all
tamales, plump, Apr 104 all
teriyaki, tidbits, Dec 157 all
the chicken thing, Nov 216 all
with coriander onion, Oct 153 all
with crunchy rice, June 153 all
with fonduta, Nov 236 all
with four colored vegetables, July 128 all
with ginger (Kai Phat Khing), June 194 all
Duck Butler, in Dutch oven, Oct 220 all
Goose, sauce for the, Dec 126 all
Pheasant, Morrish, with wild rice, Nov 214 all
Turkey
and oyster get-together, Dec 128 all
loaf, May 212 all
loaf, carrot-stuffed, June 205 all
salad tray, Turkey Divan, Sept 160 all
tamales, brunch, 18 feet all, Nov 219 all
turkey bacon logs, May 212 all
turnovers, turkey mushroom, May 212 all

Preserving
Conserves, Jams, Jellies, Preserves, Butters
Fruit, brandied, June 165 S, D
Fruit and wine jelly, June 176 all
Orange and pumpkin marmalade, Nov 251 N, S, D
Pepper, red, jelly, Oct 216 N, 170 C, S, D
Sunshine preserves, June 83 all
Trail jam, Aug 56 all

Freezing
Cucumber purée, Sept 138 N, C
Peas, snow, Oct 101 all
Pumpkin purée, Nov 251 N, S, D
Squash, summer, purée, Sept 138 N, C

Relishes
Apple rings, spiced, Nov 240 all
Chutney, mango peach, Aug 120 all
Chutney, papaya plum, Aug 121 all
Chutney, pineapple orange, Aug 121 all
Figs, spicy pickled, Sept 150 all
Pears, Seckel, spiced pickled, Oct 184 S, D
Quince, spiced pickled, Oct 212 all
Tomato, green, Sept 148 all
Vegetable, crisp, June 165 N; Sept 138 S, D
Vegetable, fresh, Oct 146 all
Zucchini, Aug 130 all

Salad Dressings
Chrysanthemum, Mar 165 all

Salads

Alfalfa sprouts in salads, May 230 all
Almond and rice, Aug 117 all
Androuët, May 99 all
Apple, Golden, Sept 121 all
Artichoke-green, May 186 all
Artichokes with watercress, Nov 187 all
Asparagus and marinated artichoke, Nov 187 all
Asparagus supreme, Feb 139 all
Asparagus vinaigrette, Apr 216 all
Avocado-papaya, Nov 187 all
Bean, hot, July 126 all
Bean, with basil dressing, Feb 146 N, C, 116 S, D
Beans, green marinated, Apr 201 all
Cantaloupe, raspberry refresher, Aug 105 all
Carrots and onion ring, June 188 all
Celery cabbage with sour cream and cheese dressing, May 175 all
Celery root, Jan 104 all
Chayote and tomato, Nov 210 C, S, D
Cheese, provolone, Sept 160 all
Chicken, bacon and tomato, June 172 all
Citrus chicken, Mar 148 all
Cole slaw Columbia, Apr 230 all
Corn confetti, Feb 146 N, C, 116 S, D
Crab, with miso dressing, May 205 all
Crenshaw melon, coriander spiced, Aug 105 all
Cucumber and orange tray, Mexican, Jan 117 S, D
Eggplant, Mediterranean, Oct 204 all
Endive, with dressing indienne, Nov 187 all
Fruit tray, Hawaiian, Jan 117 S, D
Green and white, Apr 183 all
Ham mold, Aug 102 all
Hearts of palm and shrimp, Nov 187 all
Honeydew, fruit filled, Aug 105 all
Limestone, with shallot dressing, Nov 187 all
Lingcod platter, Basque chilled, July 116 all
Macaroni, July 106 all
Melon balls, minted, Aug 105 all
Mushroom bacon, Feb 107 all
Niçoise, antipasto-style, May 226 all
Niçoise, green, May 226 all
Niçoise luncheon, May 226 all
Orange and onion, fresh, June 174 all
Oriental radish, May 174 all
Pea, minted, Feb 146 N, C, 116 S, D
Potato, dilled, tray, Apr 195 N
Potato, German-style, June 196 all
Potato, Greek Island, Oct 156 all
Potato, Italian-style, June 196 all
Potato, parsley, June 196 all
Rice, curried, tray, Apr 195 N
Rice, pearl, and green pea, Mar 160 all
Slaw, cabbage orange, Jan 85 all
Slaw, spicy mustard, Nov 190 all
Slaw, summer, July 103 all
Spinach, fresh, and grapefruit, Nov 192 all
Spinach, with pine nut dressing, Nov 187 all
Summer salad bowl, June 152 all
Tomato, creamy cucumber and dill filling, July 130 all
Tomato, Italian green bean and mushroom filling, July 130 all
Tuna, minted, May 171 all
Tuna, with fruit, Oct 147 all
Turbot, with Louis dressing, July 116 all
Turkey Divan tray, Sept 160 all
Vegetable, holiday, Dec 114 all
Vegetable tray, Persian, Jan 117 S, D
Zucchini appetizer, Apr 216 all

Sandwiches

Alfalfa sprouts for sandwiches, May 230 all
Apricot-almond filling, Nov 220 all
Arab pocket bread, Apr 96 all
Bacon and chives filling, May 207 all
Beef, roast, and caviar, June 166 S, D
Beef and cheese buns, May 171 all
Cheese, Havarti, and radishes, June 166 S, D
Cheese and chile filling, May 207 all
Chicken supper, for two, Sept 123 all
Crab patty, Aug 127 all
Crab salad, Aug 127 all
Cream cheese with asparagus, June 166 S, D
Danish open-faced, June 166 S, D
Date-nut filling, Nov 220 all
Ham, baked, with caraway honey glaze, Nov 190 all
Herring, pickled, and egg yolk, June 166 S, D
Italian supper, Jan 84 all
Liverwurst and bacon, June 166 S, D
Olive-cheese, open-faced party, Jan 110 all
Olive-cheese rolls, stuffed, Jan 110 all
Pilaf with meat, Bedouin-style, Aug 57 all
Pinwheel, May 207 all
Prune-nut filling, Nov 220 all
Pupusas, from El Salvador, Feb 118 all
Ribbon, May 206 all
Salmon, smoked, and cucumber, June 166 S, D
Shrimp and green pepper filling, May 207 all
Steak, broiled, with beef dip, Nov 190 all
Steak, with barbecue sauce, Jan 90 all
Supper menu, international deli, Dec 116 all
Tea, simplified procedure, May 206 all
Tea, triangular or square, May 207 all
Tostadas, brunch, Dec 136 N, S, D
Tostas, Jan 52 all
Tuna, open-faced, Feb 116 C
Tuna and fruit, Feb 116 C

Sauces and Syrups

Artichoke, for spaghetti, Mar 85 all
Bean, red, Oct 225 all
Carbonara, for spaghetti, Mar 84 all
Cheese, orange-honey, for dieters, Nov 231 all
Cheese, savory, for dieters, Nov 231 all
Cranberry orange, Dec 125 all
Cream cheese, Apr 198 N, C, 201 S, D
Dill, creamy, for vegetables, Nov 190 all
Fondue, seafood, Mar 175 S, D, 176 C
Fondue syrup, candied fruit, Aug 122 all
Fonduta, Nov 235 all
Garlic, for spaghetti, Mar 85 all
Goose, sauce for the, Dec 126 all
Green onion yogurt, Apr 97 all
Hard, with strawberries, May 202 all
Herb, green, for dieters, Nov 231 all
Herb, Italian, for dieters, Nov 231 all
Hollandaise, frying pan, Aug 56 all
Marinade, cumin-cinnamon, May 241 all
Marinade, pickling spice, May 241 all
Marinara, for spaghetti, Mar 85 all
Mole, June 181 all
Mustard, Apr 182 all
Pesto, for spaghetti, Mar 85 all
Sour cream with strawberries, May 202 all
Tea, green, Oct 225 all
Tomato, fresh, basic, Sept 156 all
Tomato, green, and chile meat, Sept 148 all
Tomato sausage, Sept 157 all

Soups

Alfalfa sprouts in soups, May 230 all
Asparagus, cream of, Dec 114 all
Asparagus and shrimp, broiled, June 184 all
Bean, black, broiled, June 184 all
Bean, black, Mexican, Mar 192 all
Bean, leafy, Mar 148 all
Bean porridge, hot, Feb 139 all
Beef and linguisa, Dec 138 all
Beef and vegetable supper, Oct 146 all
Beef avgolemono, with marrow bones, Oct 154 all
Beef shank supper, Mar 162 all
Bisque, Swiss chard, Sept 120 all
Bisque, vegetable, chilled, Sept 138 N, C
Bouillon, tomato, broiled, June 184 all
Broccoli stem miso, May 205 all
Broth, vegetable, hot, Sept 138 N, C
Cabbage, red, and sausage, Dec 122 all
Cauliflower, cream of, Nov 184 all
Chicken, Harry's, Jan 98 C; Feb 146 S, D; Mar 175 N
Chowder, abalone beach, Oct 200 all
Chowder, Crane Island seafood, Dec 128 a
Chowder, dried corn, Aug 128 all
Chowder, geoduck, June 89 N
Chowder, mussel, Mar 81 N, C
Cock-a-leekie, Oct 148 all
Cucumber, creamy, July 133 all
Lamb, double, Dec 138 all
Pork and bean, Apr 213 all
Pork tofu, Sept 152 all
Scarlet runner bean, Apr 230 all
Seaweed, Sept 140 all
Seviche appetizer, Sept 158 all
Split pea, Indian-style, Apr 213 all
Stew, Dungeness crab and Greenland turbot, Apr 220 all
Stew, flageolet and ham, French, May 224 all
Stew, lamb vegetable, Apr 234 all
Stew, oxtail, herbed, Nov 222 all
Stew, seafood, Portuguese, Sept 128 all
Stew, veal, with artichokes, Apr 234 all
Turtle, absent, May 236 all
Udon-suki, Oct 187 all
Vegetable, Alsatian, Nov 225 all
Vegetable, Breton, Nov 225 all
Vegetable, chilled, July 133 all
Vegetable, green, Nov 225 all
Vegetable, with herb butter balls, July 133 all
Vegetable bean, Apr 213 all
Vegetable-cheese, Jan 84 all
Won ton, Sept 136 all

Vegetables

Aioli, Aug 117 all
Alfalfa sprouts
  for sandwiches, May 230 all
  in salads, May 230 all
  in soups, May 230 all
  with eggs, May 230 all
Artichokes
  ground beef and artichokes, Mar 181 all
  hearts Italiano, Aug 132 all
  marinated artichokes and tomatoes, Aug 130 all
  salad, asparagus and marinated artichoke, Nov 187 all
  salad, green, May 186 all
  salad, with watercress, Nov 187 all
  stew, veal, with artichokes, Apr 234 all
  with rice pilaf, Nov 185 all
  with veal strips, July 109 all
Asparagus
  and mushrooms, butter-glazed, Nov 228 all
  and veal platter, Mar 198 all
  salad, asparagus and marinated artichoke, Nov 187 all
  salad supreme, Feb 139 all
  sandwiches, cream cheese with asparagus June 166 S, D

getables (Cont.)
paragus (Cont.)
oup, broiled, asparagus and shrimp, June 184 all
oup, cream of, Dec 114 all
teak and asparagus, stir fried, Mar 153 all
inaigrette, Apr 216 all
ans
lack, Cuban-style, May 176 N, 182 C, S, D
lack bean soup, broiled, June 184 all
lack bean soup, Mexican, Mar 192 all
aportable, May 233 all
asserole, July 126 all
Doret's dish, Mar 166 all
lagolet and ham stew, French, May 224 all
lagolets, boiled, May 224 all
lagolets with lamb, French-style, May 224 all
green, marinated, Apr 201 all
green, with linguica, Feb 121 all
into, smoke-barbecued, Aug 134 all
orridge hot, Feb 139 all
ed bean ice cream, Oct 225 all
red bean sauce, Oct 225 all
alad, hot bean, July 126 all
alad, with basil dressing, Feb 146 N, C, 116 S, D
scarlet runner soup, Apr 230 all
soup, leafy bean, Mar 148 all
soup, pork and bean, Apr 213 all
soup, vegetable bean, Apr 213 all
Spanish, with sour cream, Mar 192 all
stir-fry, Oct 178 all
sweet and sour, July 126 all
tomato, stuffed, Italian green bean and mushroom filling, July 130 all
occoli
and eggs with cheese sauce, Oct 146 all
chow mein, beef and broccoli, Oct 202 all
Genovese, Feb 140 all
soup, broccoli stem miso, May 205 all
stir-fry, Oct 178 all
ussels sprouts
stir-fry, Oct 178 all
with bacon sauce, Nov 228 all
bbage
and forest mushrooms, stir-fried, Mar 156 all
celery cabbage with chive cream cheese sauce, May 175 all
celery cabbage with sour cream and cheese dressing, May 175 all
chard cabbage with onions, May 173 all
cole slaw Columbia, Apr 230 all
red cabbage and sausage soup, Dec 122 all
rolls, Bohemian-style, Feb 124 all
slaw, cabbage orange, Jan 85 all
slaw, spicy mustard, Nov 190 all
slaw, summer, July 103 all
stir-fry, Oct 178 all
sweet and sour, Danish, Dec 122 all
Walt's, with bacon, onion, soy sauce, Nov 219 all
with bratwurst, Feb 121 all
with liver and bacon, for two, Sept 122 all
rrots
and new potatoes with oven-fried chicken, Dec 119 all
bread, carrot wheat, May 196 all
coconut chicken with carrots, Mar 186 all
pineapple glazed, Oct 220 all
salad, carrots and onion ring, June 188 all
sauté, parsnip carrot, Feb 123 all
sticks, cinnamon, June 188 all
stir-fry, Oct 181 all
turkey loaf, carrot-stuffed, June 205 all
auliflower
salad, green and white, Apr 183 all
soup, cream of, Nov 184 all
stir-fry, Oct 181 all

Vegetables (Cont.)
Celery root salad, Jan 104 all
Chard
bisque, Swiss chard, Sept 120 all
pilaf, wheat chard, Apr 201 all
Corn
chowder, dried corn, Aug 128 all
pudding, dried corn, Aug 128 all
salad, confetti, Feb 146 N, C, 116 S, D
sun or oven-dry, how to, Aug 128 all
Cucumbers
Armenian cucumber-yogurt drink, June 77 all
bisque, chilled vegetable, Sept 138 N, C
broth, hot vegetable, Sept 138 N, C
casserole, Sept 138 N, C
purée, frozen, Sept 138 N, C
salad tray, cucumber and orange, Mexican, Jan 117 S, D
sandwiches, smoked salmon and cucumber, June 166 S, D
slices, gingered, Oct 188 all
soup, creamy, July 133 all
tomato, stuffed, creamy cucumber and dill filling, July 130 all
Eggplant
casserole, lamb and eggplant, Jan 84 all
chicken with eggplant, stir-fried, Mar 154 all
salad, Mediterranean, Oct 204 all
slices, baked, June 158 all
with cheese and nuts, Oct 204 all
Endive salad with dressing indienne, Nov 187 all
Hearts of palm and shrimp salad, Nov 187 all
Kohlrabi la Ronda, Oct 222 all
Leeks
soup, cock-a-leekie, Oct 148 all
Lentils
and Italian sausage, Jan 100 all
baked, with cheese, Jan 100 all
pilaf, lentil-wheat, Jan 100 all
spicy baked, Apr 182 all
Lettuce
limestone salad with shallot dressing, Nov 187 all
romaine with steak, Chinese, Feb 148 all
Mushrooms
and asparagus, butter-glazed, Nov 228 all
and bacon with mustard greens, May 175 all
forest mushrooms and cabbage, stir-fried, Mar 156 all
pâté, chicken liver and mushroom, Nov 194 all
ramekins, shrimp and mushroom, for two, Sept 123 all
salad, mushroom bacon, Feb 107 all
sautéed, in cream, July 102 all
turnovers, turkey mushroom, May 212 all
Mustard greens with bacon and mushrooms, May 175 all
Onions
and zucchini with barbecued steak, May 186 all
chicken with coriander onion, Oct 153 all
dinner, flank steak, with onion cream, June 162 all
glazed paprika, June 158 all
pizza, green onion, Nov 190 all
rolls, fila cheese onion, Jan 97 N, S, D
salad, carrots and onion ring, June 188 all
salad, orange and onion, fresh, June 174 all
with chard cabbage, May 173 all
Parsnips
baked glazed, Feb 123 all
lemon sautéed, Feb 123 all
sauté, parsnip carrot, Feb 123 all
stir-fry, Oct 181 all

Vegetables (Cont.)
Peas
beef and vegetable stir-fry, Oct 168 all
edible-pod, butter-steamed, Oct 101 all
edible-pod, with egg butter, May 173 all
edible-pod, with shrimp, Oct 168 all
green pea and pearl rice salad, Mar 160 all
salad, minted, Feb 146 N, C, 116 S, D
snow, freezing, Oct 101 all
split pea soup, Indian style, Apr 213 all
Peppers
and rice with pork chops, Jan 85 all
chile and cheese sandwich filling, May 207 all
chile-cheese tomatoes, Sept 120 all
chile relleno casserole, Sept 154 all
Chinese pepper steak, Feb 148 all
green chile pasta, May 170 all
green pepper and shrimp sandwich filling, May 207 all
halves, beef stuffed, Oct 147 all
red pepper jelly, Oct 216 N, 170 C, S, D
stuffed, Guatemala, Sept 130 all
Potatoes
and Polish sausage for two, Sept 123 all
baked, spinach-filled, June 159 all
bread, quick, May 208 all
casserole, fish and potato, Jan 87 all
coffee cake, potato bread, May 208 all
fish and chips Gracie Fields, Aug 137 all
mashed potato puff, May 235 all
nests, June 156 C, S, D
new, and carrots, with oven-fried chicken, Dec 119 all
puff, almond-topped, Nov 228 all
salad, German-style, June 196 all
salad, Greek Island, Oct 156 all
salad, Italian-style, June 196 all
salad, parsley potato, June 196 all
salad tray, dilled potato, Apr 195 N
stew, layer-cooked, June 201 all
Radishes
Oriental radish salad, May 174 all
sandwiches, Havarti cheese and radishes, June 166 S, D
sautéed, June 158 all
Seaweed, nori, soup, Sept 140 all
Spinach
and tomato with bacon, stir-fried, Mar 156 all
Christmas tree, Dec 126 all
potatoes, baked, spinach-filled, June 159 all
salad, fresh spinach and grapefruit, Nov 192 all
salad, green and white, Apr 183 all
salad with pine nut dressing, Nov 187 all
Squash
banana, glazed, Feb 106 all
bisque, chilled vegetable, Sept 138 N, C
broth, hot vegetable, Sept 138 N, C
crooknecks, garden, Vanderschoot, baked, July 138 all
patty pan, stuffed, Aug 103 all
pumpkin and orange marmalade, Nov 251 N, S, D
pumpkin bread, fruited, Nov 184 all
pumpkin-pecan tea loaf, Mar 184 all
pumpkin pies, creamy, Nov 232 all
pumpkin purée, frozen, Nov 251 N, S, D
summer, casserole, Sept 138 N, C
summer, purée, frozen, Sept 138 N, C
zucchini and onions with barbecued steak, May 186 all
zucchini and tuna antipasto platter, Aug 130 all
zucchini appetizer, Apr 216 all
zucchini relish, Aug 130 all
zucchini with Italian sausage, Feb 120 all
zucchini with rice pilaf, Jan 92 all

Vegetables (Cont.)
Tomatoes
and spinach with bacon, stir-fried, Mar 156 all
beef with tomatoes, stir-fried, Mar 153 all
bouillon, broiled, June 184 all
chile-cheese, Sept 120 all
cocktail, snappy tomato, Nov 190 all
green tomato relish, Sept 148 all
marinated artichoke and tomatoes, Aug 130 all
omelet, bacon and tomato, Oct 154 all
salad, bacon and tomato chicken, June 172 all
salad, chayote and tomato, Nov 210 C, S, D
sauce, fresh, basic, Sept 156 all
sauce, green tomato and chile meat, Sept 148 all
sauce, tomato sausage, Sept 157 all
seasoned crumb-topped, June 159 all
stuffed, creamy cucumber and dill filling, July 130 all
stuffed, Italian green bean and mushroom filling, July 130 all
wedges, bacon-wrapped, Sept 148 all

Vegetables (Cont.)
Vegetable and beef supper soup, Oct 146 all
Vegetable and fish seviche, Sept 158 all
Vegetable appetizers, raw, with Thai chili sauce (nam prik), Sept 77 all
Vegetable bean soup, Apr 213 all
Vegetable-cheese soup, Jan 84 all
Vegetable fondue, Mar 176 C, 175 S, D; Apr 218 N
Vegetable lamb stew, Apr 234 all
Vegetable medley, green, Nov 228 all
Vegetable relish, crisp, June 165 N; Sept 138 S, D
Vegetable relish, fresh, Oct 146 all
Vegetable salad, holiday, Dec 114 all
Vegetable salad tray, Persian, Jan 117 S, D
Vegetable soup, Alsatian Nov 225 all
Vegetable soup, Breton, Nov 225 all
Vegetable soup, chilled, July 133 all

Vegetables (Cont.)
Vegetable soup, green, Nov 225 all
Vegetable soup with herb butter balls, July 133 all
Vegetable stir-fry, mixed, June 159 all
Vegetables, Italian roasted, with beef chuck oven roast, Apr 203 all
Vegetables, stir-fry, Western, Oct 176 all
Vegetables, whole, baked in pueblo oven, July 121 all
Vegetables with creamy dill sauce, Nov 190 all
Vegetables with fonduta, Nov. 236 all
Vegetables with fresh tomato sauce, Sept 157 all
Watercress salad with artichokes, Nov 187 all

Young People's Cooking
Cakes, one-bowl, May 182 N
Lunch for beginner cooks, Mar 158 all

Gardening and Landscaping

Annuals
Ageratum, Mar 217 all
All-America Selections, 1972, Jan 121 N, D; Mar 204 C, 203 S
Alyssum, sweet, dwarf, Mar 217 all
Begonias, bedding, low-growing, Mar 217 all
Bells of Ireland (*Molucella laevis*), Apr 250 all
Cabbage, flowering, Nov 255 C, 254 D
Candytuft, hyacinth-flowered, Nov 275 D
Cineraria, Apr 264 C, S
Cleome, May 244 C
Color, immediate, plants for, May 244 D
Color, spring, fall, Oct 229 D
Color, summer, planting ideas, Apr 106 all
Cosmos, Apr 244 S
Crown-pink (*Lychnis coronaria*) Sept 182 all
Daisy, Swan River (*Brachycome iberidifolia*), Feb 160 N, 172 C; Mar 242 S, D
Delphiniums, planting seed, Sept 167 N
Fall planting for winter, spring display, Sept 184 D
Gypsophila (*G. elegans*), Apr 250 all
Heat-loving annuals, Apr 286 S, D
Hollyhock 'Summer Carnival', Jan 121 N, D; Mar 204 C, 203 S; Apr 270 C
Hollyhocks (*Althaea rosea*), Aug 139 N
Impatiens, low-growing, Mar 217 all
Kale, flowering, Nov 255 C, 254 D
Lobelia, dwarf, Mar 217 all
Love-in-a-mist (*Nigella damascena*), Apr 250 all
Low-growing annuals as cover plants Apr 245 C
Marigold, dwarf French, Apr 287 S, D
Marigold 'Gold Galore', Jan 121 N, D; Mar 204 C, 203 S; Apr 270 C
Marigold 'Orange Nugget', Mar 206 D, Mar 244 D
Marigold '7-Star Gold', Apr 270 C
Marigolds, companion planting, Apr 278 all
Marigolds, low-growing, Mar 217 all
Marigolds, signet (*Tagetes tenuifolia or T. signata*), May 252 all

Annuals (Cont.)
Monkey flower (*Mimulus tigrinus or M. hybrida grandiflorus*), Mar 204 N
Morning glory 'Heavenly Blue', Mar 224 D
Nasturtiums, companion planting, Apr 278 all
Nemesia, Apr 254 all
Nicotiana, companion planting, Apr 278 all
Petunia 'Circus', Jan 121 N, D; Mar 204 C, 203 S; Apr 270 C
Petunias, low-growing, Mar 217 all
Phlox, dwarf (*P. drummondii*), Mar 217 all
Planting, fall, Nov 253 C
Poppy, ladybird (*Papaver commutatum*), Jan 136 all
Portulaca, May 248 C, S, D
Primula malacoides, Nov 253 D
Rootbound seedlings, solution for, May 243 S
Salpiglossis, May 250 all
Shopping, planting hints, Apr 243 N
Snapdragons, Mar 203 C
Snapdragons, low-growing, Mar 217 all
Soil preparation, May 245 N
Solanum rantonnetii in container, May 243 D
Statice (*Limonium sinuatum*), Apr 290 C
Sweet peas, early, Oct 229 C
Sweet peas, planting, Oct 245 S, D
Sweet William, dwarf (*Dianthus barbatus*), Mar 217 all
Test seed sowing report, May 243 C
Tithonia, May 270 S, D
Vinca rosea, Apr 286 S, D
Viola-daffodil planting for spring color, Oct 250 C
Zinnia 'Carved Ivory', Jan 121 N, D; Mar 204 C, 203 S; Apr 270 C
Zinnias, Apr 287 S, D
Zinnias, Mexican, Apr 287 S, D

Arrangements
Bouquets That Last, book review, Nov 289 C
Christmas wreath materials, So. Calif. gardens, Dec 159 S
Forcing bloom from cut branches, Jan 121 N
Grasses for arrangements, June 209 N
Ingenuity substituted for flowers, June 230 all

Book Reviews
Agave Family in Sonora, The, Nov 254 D
Bouquets That Last, Nov 289 C
Flowers of the World, Dec 166 all
Forest Heritage, Nov 254 C
Fruit Trees Around the Home, Training and Pruning, pamphlet, Jan 121 S
Herbs, How to Grow, a *Sunset* book, May 246 all
Horticulture, Helen Crocker Russell Library of, Strybing Arboretum, San Francisco, Calif., Nov 253 C
Landscaping, Ideas for, a *Sunset* book, Apr 144 all
Planting California Forest Land, booklet, Nov 253 and 254 S
Pruning Handbook, a *Sunset* book, Dec 162 N, 165 C, 182 S, D
Wildflowers of The United States, Vol. 5, *The Northwestern States*, Feb 164 N, C

Bulbs and Bulblike Plants
Anemone, ranunculus tubers, starting, Nov 254 S
Anemone, sapphire (*A. blanda*), Apr 300 N
Anemone apennina, Apr 300 N
Arum italicum, Nov 276 C, S, D
Begonias, fibrous, planting sun-hardy, Mar 203 S
Begonias, Rex, growing outdoors along coast, May 243 S
Begonias, tuberous, soil preparation, Apr 243 N
Begonias, tuberous, starting tubers, Feb 155 C, S
Cape bulbs, Sept 174 all
Care for next year's flowers, Apr 243 N
Colchicum autumnale, Aug 151 D
Color, planting for winter-spring, Oct 229 D
Crocus, autumn (*Colchicum autumnale*), Sept 165 C
Daffodil-viola planting for spring color, Oct 250 C
Daffodils, care of foliage after bloom, May 243 N
Daffodils, new varieties, Oct 242 all
Daffodils, planting in containers, Oct 252 N, C, 254 S, D
Daffodils for Idaho's Boise Valley, Oct 260

lbs and Bulblike Plants (Cont.)
throniums, Nov 258 C
ra, planting in containers, Oct 228 N
esia, Sept 174 all
idiolus, All-America, 'Cameo', 'Miss America', Jan 121 N, C, D
idiolus, planting rule, an 121 C, 122 S
idiolus, planting time, Apr 245 N
idiolus tristis, Sept 174 all; Oct 227 D
ound covers, low, planted over bulbs, Nov 286 all
acinths, Roman, Mar 204 N
s, bearded, dividing, Aug 167 S, D; Sept 172 N, C
s, bearded and beardless, May 274 all
s, making choices from blooming plants, June 207 N
s, Siberian, dividing, Mar 206 N
s, Spuria, Sept 191 N, 188 C
a, Sept 174 all
ies, growing in containers, Nov 255 C
y, fortnight (*Moraea iridioides*), June 238, S, D
y, spider (*Lycoris*), Sept 165 C
y, white rain or zephyr (*Zephyranthes candida*), Oct 229 D
y, white zephyr (*Zephyranthes candida*), Mar 234 C, 236 S, D
y, zephyr (*Zephyranthes*), Sept 165 C
y-of-the-valley, planting pips, Feb 155 S, 156 D
niature bulbs, Nov 255 C, 254 D
rcissus, forcing bloom indoors, Dec 169 C, S, D
rine bowdenii, Sept 165 C
alis, Sept 174 all
nting, naturalizing method, Oct 228 N
nunculus, anemone tubers, starting, Nov 254 S
n irritation after planting, Sept 167 C
owdrop (*Galanthus*), Sept 165 C
owflake (*Leucojum*), Sept 165 C
araxis, Sept 174 all
rnbergia lutea, Sept 165 C
gridia, Feb 166 all
berose, Mar 208 all
lips, fringe, Oct 235 all
lips, new varieties, Oct 242 all
atsonia, Sept 174 all
phyr flower (*Zephyranthes*), Sept 165 C

ontainer Gardening
uarium-planter, Dec 172 all
aucarnea recurvata, Feb 174 S, D
ttle garden problems, Dec 160 C, 162 S, 159 D
lbs, extra, Oct 228 N
mellia 'Shishi-Gashira', Oct 256 N
ristmas tree, digging to put in container, Nov 253 N
ristmas tree, living, buying, Nov 253 N
ristmas trees, miniature, Dec 60 all
leus, Apr 290 N
lor, instant, for deck or patio, July 149 N
ntainer, driftwood, Aug 159 C
ntainer, wooden, new face, Jan 145 N, C
ntainers, flue tile, June 120 all
ntainers, sealer for wood mistakenly treated with pentachlorophenol, June 209 C
ntainers from lumber scraps, Feb 83 all
affodils, Oct 252 N, C, 254 S, D
lt plant (*Kalanchoe beharensis*), Nov 258 S, D
chsias, revitalizing, Mar 204 C, 203 S
arden deck, quick change, Aug 54 all
eranium, strawberry (*Saxifraga stolonifera*), July 144 N
eraniums, ivy, Aug 140 N

Container Gardening (Cont.)
Grape vines, Jan 132, S, D
Hanging containers, insulating wires, July 143 S
Hanging pots, macramé slings, July 175 S, D; Sept 186 C; Oct 250 N
Hanging saucer for pots, Mar 203 C
Herb boxes, wall-hanging, Apr 285 N
Herb plant gifts for the cook, Dec 74 all
Ivy 'Needle Point' trained on dead bonsai skeleton, Oct 241 all
Ivy umbrella for picnic table, Nov 183 C, S, D
Lilies, Nov 255 C
Ophiopogon planiscapus 'Nigricans', Jan 130 S, D
Palms, rhapis, Sept 180 N
Peat moss for container mixes, Nov 254 S
Plectranthus australis, July 144 C
Pots, gift-sized, mold for making, Dec 160 S
Pots, making from clay, Dec 170 all
Pots, matching to plants, June 208 N
Roses, miniature, June 214 all
Saucer gardens, Feb 170 N
Sedum, donkey tail (*S. morganianum*), avoiding flower mess, Aug 139 S
Sedum oxypetalum, Nov 258 S, D
Solanum rantonnetii combined with marigolds, May 243 D
Spruce, dwarf Alberta (*Picea glauca* 'Conica'), Dec 159 N
Tomatoes, Mar 203 D
Vegetables grown on roof-top, June 234 all
Vegetables, planting in wading pool, Apr 243 C
Watering systems for container plants, July 150 all

Espaliering
Camellia 'Shishi-Gashira', Oct 256 N

Ferns
Bird's-nest (*Asplenium nidus*), Nov 100 all
Boston, cures for ailing plants, May 245 C
Boston 'Fluffy Ruffles', Nov 101 all
Boston (*Nephrolepis exaltata* 'Bostoniense'), Nov 101 all

Fruits and Nuts
Apple scab, July 143 N
Apples, thinning, June 228 N
Avocado grown as house plant, Nov 100 all
Bare-root planting, Jan 122 C, 121 S, D
Chayotes, Nov 256 C, S, D
Citrus bud mite, Sept 167 S
Fruit trees for desert areas, Feb 155 D
Fruit trees in small side yard, July 143 C
Grapes, growing in containers, Jan 132 S, D
Grapes for low-desert gardens, July 144 D
Kiwi vine (*Actinidia chinensis*), June 236 N, 238 C, 240 S, D
Melons, coldframe for starting seed, Mar 222 all
Melons, starting indoors, Mar 204 C
Olives affected by verticillium wilt, Oct 227 C
Oranges, navel, splitting in heat, Sept 167 S
Pears, when to pick, Aug 139 C
Pecans, Feb 156 S
Persimmons, harvesting, storage, Nov 255 C
Pineapples, June 208 S
Plum 'Green Gage', Mar 204 N
Raspberry, crown borer, Oct 229 N
Strawberries, climbing, hoax, June 207 C, 209 S
Strawberries 'Sequoia', Oct 229 D
Strawberries 'Sequoia', December care, Dec 162 C, D, 188 S
Training and Pruning Fruit Trees Around the Home, pamphlet review, Jan 121 S

Garden Structures, Greenhouses, Plant Shelters
Bonsai work center-children's play area, Aug 88 all
Coldframe for starting melons, Mar 222 all
Garden room, all-weather, Alaskan home, Apr 264 N
Garden room built for under $900, Oct 268 all
Greenhouse, cleaning, July 144 N
Greenhouse, round, for cactus, Apr 270 N
Lathhouse, plant shelter, elliptical entry, Aug 148 all
Lathhouse for fuchsias, July 156 all
Lathhouse for fuchsias in hot-weather climates, May 280 N; June 236 C, S, D
Potting bench, Mar 147 all
Wall box, fold-down, for storage, work, Nov 151 all

Garden Techniques and Maintenance
Bare-root planting, Jan 122 C, 121 S, D
Biennials, growing, June 218 all
Bottle garden problems, Dec 160 C, 162 S, 159 D
Bulb care for next year's flowers, Apr 243 N
Clipper-pinching perennials, Apr 243 N
Companion planting, Apr 278 all
Compost, starting, Oct 228 N
Compost, using machete to chop plants, Apr 243 C, 244 D
Compost pile, avoiding nematodes, Aug 139 C
Composting cornstalks, Nov 262 all
Cutting back plants for new growth, Aug 140 N
Cuttings, making, Sept 166 C
Dividing bearded iris, Aug 167 S, D; Sept 172 N, C
Dividing Siberian iris, Mar 206 N
Feeding mature trees, Mar 206 S
Fertilizer, water, withholding in late summer, Aug 139 C
Fertilizers, controlled-release, May 264 all
Fertilizing ground covers, Apr 243 N, D
Fertilizing landscape trees, Nov 253 C
Fluorescent lights for indoor plants, Dec 178 N, S, D
Forcing bloom from cut branches, Jan 121 N
Frost damage to evergreen shrubs, trees, Apr 245 N
Frost protection, Nov 253 D
Fuchsias, revitalizing, Mar 204 C, 203 S
Garden chores, intermountain gardens, Sept 166 C
Garden grooming, July 146 all
Greenhouse, cleaning, July 144 N
Greenhouse, plastic bag, for cuttings, Dec 183 N
Greenhouses, coffee can, Feb 156 N
Ground covers, getting ready to plant, Sept 166 C, D
Harvesting root vegetables, June 221 C, S, D; Aug 160 N
Hedge renewed with help from well driller, Nov 270 all
Hothouse, miniature, Feb 155 C
Interface, preventing, Apr 243 S
Lawn, Bermuda, rejuvenating, Apr 243 D
Lawn, Bermuda, removing thatch before overseeding, Oct 227 D
Lawn aerating, Sept 167 C
Lawn color, prolonging, Sept 166 C
Lawn dethatching, demossing, Feb 155 N
Lawn planting, Sept 167 N
Lawn thatch removal, Sept 167 N
Leaf feeding house plants, Dec 188 N
Level line, using garden hose as gauge, Aug 152 all
May planting, Nevada, Utah gardens, May 245 C

Garden Techniques and Maintenance (Cont.)

Midwinter gardening, high country, Jan 122 D
Mini-compost piles, Nov 254 N
Mulch, black plastic, for vegetable garden, May 285 S, D; June 255 N
Mulch, newspaper, Apr 244 S
Mulch, walnut shell, June 208 S
Mulching, desert areas, Aug 139 D
Mulching, importance of, June 207 S
Mulching ideas for vegetables, Apr 247 all
Planting, fall, Nov 253 C, S
Planting, fall, hints, Sept 165 C
Planting, shopping hints for annuals, Apr 243 N
Planting, summer, desert areas, Aug 139 D
Planting bulbs, naturalizing method, Oct 228 N
Pruning, summer, desert areas, Aug 139 D
Rock gardens, fall care, Sept 167 N
Rocks, recycling from garden, Apr 245 N
Rootbound annuals, solution for, May 243 S
Rootbound house plants, repotting, July 143 S
Rootbound plants, preventing with bottomless cup, Feb 156 S
Rose buds, cutting for show, June 212 N
Roses, how to have long-stemmed, Mar 206 S
Schoolyard gardening by children, Apr 98 all
Seed, native and rare plants, gathering and growing, Jan 143 S, D
Snow, how to melt, Feb 156 N
Spraying, dormant, Jan 122 N
Thinning apples from tree, June 228 N
Transplanting corn seedlings, June 209 C
Transplanting magnolias, Apr 244 N
Vegetables, growing by French Intensive Method, Sept 168 C, S, D
Vegetables, growing on mounded beds, Sept 78 C, S, D
Weeds, how to hoe, May 244 S

Ground Covers

(See Lawns, Ground Covers)

Herbs

Chamomile, Mar 226 all
Feverfew (*Chrysanthemum parthenium*), Apr 248 all
Harvesting and drying, July 144 N
Herb boxes, wall-hanging, Apr 285 N
How to Grow Herbs, a *Sunset* book, May 246 all
"Magical" Halloween garden, Oct 228 S
Plant gifts for the cook, Dec 74 all
Tarragon, French (*Artemisia dracunculus*), Apr 272 all

House Plants

Aechmea fasciata, Nov 100 all
Ardisia crenata, Oct 232 all
Ardisia japonica, Oct 232 all
Asparagus, sickle-thorn (*A. falcatus*), Nov 280 all
Asparagus 'Myers', Nov 278 all
Asparagus 'Sprengeri', Nov 280 all
Avocado, Nov 100 all
Begonia, angel-wing, Nov 100 all
Begonia elatior, Sept 184 N
Begonia, Rex, growing outdoors along coast, May 243 S
Begonia, Rex, pruning, Feb 156 N
Begonia, Rex, starting from rooted leaves, Jan 140 N, C; Sept 188 S, D
Begonia 'Andersen Coral', Mar 206 S
Begonia 'Schwabenland Red', Mar 206 S
Bringing inside from outside, Sept 166 N
Bromeliads, Dec 181 C

House Plants (Cont.)

Cactus, Christmas (*Schlumbergera bridgesii*), Nov 253 D
Cactus, Thanksgiving (*Schlumbergera truncata*), Nov 253 D
Coffee (*Coffea arabica*), Nov 101 all
Coleus, Apr 290 N
Coleus, chartreuse, Nov 101 all
Coleus, red-leafed, Nov 278 all
Columnea crassifolia, Nov 101 all
Columnea 'Stavanger', Nov 101 all
Containers, new types, Feb 172 N
Crown of thorns (*Euphorbia milii*), Dec 160 C, 159 D
Dracaena deremensis, *Dracaena* 'Warneckii', Dec 160 N
Fatshedera lizei, Nov 254 N
Fern, bird's nest (*Asplenium nidus*), Nov 100 all
Fern, Boston (*Nephrolepis exaltata* 'Bostoniense'), Nov 101 all
Fern, Boston 'Fluffy Ruffles', Nov 101 all
Fig (*Ficus carica*), Nov 101 all
Fig, fiddleleaf (*Ficus lyrata*), Jan 139 all; Nov 101 all
Fig, laurel (*Ficus retusa*), Jan 139 all
Fig, weeping (*Ficus benjamina*), Jan 138 all; Nov 101 all
Fluorescent lights to make plants grow, Dec 178 N, S, D
Garden room, two-story, with house around it, Nov 256 N
Geranium, strawberry (*Saxifraga stolonifera*), July 144 N
Gift plants in little bonsai pots, Dec 174 N, C
Hypocyrta nummularia, Nov 101 all
Indoor-outdoor plants, Feb 170 C, S, D
Indoor plants, 29 remarkable, Nov 98 all
Ivy, grape (*Cissus rhombifolia*), Nov 101 all
Leaf feeding, Dec 188 N
Maple, Japanese (*Acer palmatum*), Nov 278 all
May care, May 243 N
Onion, pregnant (*Ornithogalum caudatum*), Nov 278 all
Orchid, jewel (*Haemaria discolor*), Aug 140 C
Orchids, miltonia hybrids, Nov 289 N
Palm, pigmy date (*Phoenix roebelenii*), Nov 278 all
Palm, sentry (*Howeia belmoreana*), Nov 280 all
Palms, rhapis, Sept 180 N
Philodendron guttiferum; Nov 278 all
Piggy-back plant (*Tolmiea menziesii*), Nov 278 all
Planter box for assortment of indoor plants, Nov 260 all
Planter boxes, watertight metal, Sept 115 N, C
Plectranthus australis, July 144 C
Primrose, Biedermeier, Oct 246 N
Pteris cretica 'Rivertoniana', Nov 278 all
Rosary vine (*Ceropegia woodii*), Nov 280 all
Rubber plant (*Ficus elastica*), Jan 138 all
Scale insects, controlling, Jan 143 N; Feb 177 C, 178 S, D
Schefflera (*Brassaia actinophylla*), Nov 280 all
Spider plant (*Chorophytum comosum*), Nov 280 all
Water for plants from air conditioner, Sept 165 D
Watering, art of, Dec 164 N, 180 S, D
Wilting plants, July 143 S

Landscaping

Annuals, low-growing, as cover plants, Apr 245 C
Bath garden, May 124 all
Coastline gardens, plants for, Sept 180 C, S
Color, annuals, dwarf and semi-dwarf, Mar 217 all
Color, bulbs for winter-spring, Oct 229 C
Color, immediate, annuals for, May 244 D
Color, instant, for deck or patio, July 149 N
Color, spring, daffodil-viola planting, Oct 250 C
Color, spring, fall planting for, Oct 229 D
Color, summer, flower garden ideas, Apr 106 all
Color in shade, Nov 253 D
Desert garden designed and planted for shade, June 207 D
Desert gardens, plants which withstand winds, Sept 180 D
Desert natives, Demonstration Desert Garden, near Tucson, Ariz., Feb 66 N, C, S, 56 D
Dry walls, Feb 158 all
Fence-to-fence garden, May 280 C
Fire, brush, protection, planting for, Mar 206 C
Forest-like garden with boulders, aspens, July 60 all
Front entrance courtyard, June 217 N
Garden with footbridges over land, water, June 238 N, 226 C, S, D
Ground cover-bulb planting combinations Nov 286 all
Ground covers, five grown together, Aug 139 S
Ground covers instead of lawn, Apr 253 S, D
Heat-loving flowers, Apr 286 S, D
Hillside city garden, poor soil, steep slope, Sept 178 all
Hillside city garden made part of house, Mar 234 S, D
Hillside garden growing out of rock, Sept 168 N
Hillside garden with terraces, roofed deck, June 222 all
Hillside 20-year-old masterpiece, June 80 all
Ideas for Landscaping, a *Sunset* book, Apr 144 all
Japanese Garden, Portland, Ore., Apr 286 N
Japanese garden with teahouse, May 258 N, S, D
"Magical" Halloween garden, Oct 228 S
Mountain-look for front yard, July 164 N; Aug 156 C, S, D
Native plants for Claremont, Calif., school, Nov 284 C
Natives for rock garden, June 208 N
Oceanside, plants for, Sept 166 S
Parking strip, raised beds, paving for, Jan 130 N
Plant combination, natural-looking, for all seasons, July 143 N
Plant combinations, early-blooming, Jan 121 N
Planting beds, four-step terraced, Sept 116 N
Privacy from neighbors, planting for, Feb 172 S, D
Privacy on small lot, planting for, Apr 170 all
Remodeled front garden for privacy, Oct 121 all
Remodeled tract-house garden, new shrubs, trees, Oct 252 S, D
Retaining walls on steep bank covered with lantana, Apr 300 C, S, D
Rocks, recycling from garden, Apr 245 N
Rocks and plants, good companions, Apr 261 all

ıdscaping (Cont.)
ub assessment time, June 207 N
: yard, small, with fruit trees, July 143 C
: yard bird and water garden,
.pr 253 N, C
: yard vegetable gardens,
.pr 266 N, S, D
ıll San Francisco garden with
ɔacious appearance, May 254 N
ce planned garden, Apr 172 all
mming pool with look of mountain
ıke, July 153 all
es, June flowering, June 207 N
es, small, to make one big tree,
Iov 254 S
es for floral display,
)ct 248 N, 246 C, D
·pical garden in Santa Barbara,
une 207 S
ɔan garden, separate areas for
hildren, adults, Sept 186 S, D
ɛetable plants, landscaping with,
Iar 206 N
ɛetable plants, landscaping with, Mar 206 N
es for low desert gardens, July 143 D
dflowers, restoring to landscape,
Iov 284 S, D

wns, Ground Covers
ıcia 'Ongerup', Mar 204 S
ɔutus, trailing (*Epigaea repens*),
Iar 224 N
lisia japonica, Oct 232 all
ɔy's tears, Aug 154 C; Oct 250 S, D
ɔy's tears, yellow leaves, June 207 C
muda-dichondra lawn, May 243 S
muda grass, Pee Dee 102, Apr 243 D
muda grass, rejuvenating, Apr 243 D
muda grass, removing thatch before
verseeding, Oct 227 D
muda grass, spring tonic, Feb 155 D
muda lawn, overseeding, Sept 166 C;
)ct 227 S
ıamomile, Mar 226 all
ar plant (*Cuphea ignea*), May 272 C, S, D
ɔrosma kirkii, June 248 C
ısy, African (*Arctotis acaulis*),
)ct 230, C, S, D
·anium, strawberry (*Saxifraga*
tolonifera), July 144 N
ıss, rye, perennial, 'Manhattan', Oct 227 D
ɔund cover, how to pick, Sept 166 C
ɔund cover demonstration, Strybing
Aboretum-*Sunset Magazine* Demonstra-
ion Gardens, San Francisco, July 175 C
ɔund covers, fertilizing, Apr 243 N, D
ɔund covers, five grown together,
Aug 139 S
ɔund covers, getting ready to plant,
ɛept 166 D
ɔund covers, low, planted over bulbs,
Iov 286 all
ɔund covers instead of lawn, Apr 253 S, D
nb's ears (*Stachys olympica*), May 243 N
ıtana montevidensis covers retaining
valls on steep bank, Apr 300 C, S, D
ırel, Sierra (*Leucothoe davisae*), Apr 244 N
wn, winter rye, Mar 203 D
wn aerating, Sept 167 C
wn brown spot due to lack of water,
Aug 139 S
wn dethatching, demossing, Feb 155 N
wn planting, Sept 167 N
wn thatch removal, Sept 167 N
wn watching in soggy weather, Dec 160 C
wn watering, how much, often, July 143 S
ɔss, Irish, Oct 227 N
k, moss (*Phlox subulata*),
Sept 176 all
ygonum capitatum, Apr 276 S, D
ygonum vaccinifolium, Feb 178 N
ıulaca, May 248 C, S, D
semary, dwarf (*Rosmarinus officinalis*
'Prostratus'), June 228 D
lums, Mar 218 all
lum spathulifolium, Jan 132 N,
130 C, S, D
ırose (*Helianthemum*), Mar 230 N

Miscellaneous
Catalogs, mail-order, Jan 125 all
Catalogs, mail-order, changes in
January list, Apr 245 N, C, 244 S, D
Flowers of the World, book review,
Dec 166 all
Master Gardener program, Cooperative
Extension Service, King, Pierce
Counties, Wash., Sept 188 N
Metcalf, Woodbridge, biography,
Oct 259 C
Plants, ways to buy, Jan 121 C
Potpourri, how to make,
Sept 172 S, D
Schoolyard gardening by children,
Apr 98 all
Sunset's 1971 Garden Contest winners,
Mar 66 all
Sunset's 1972 summer-fall garden contest,
how to enter, May 256 all
Thermometer, checking accuracy,
Jan 121 N
Van Rensselaer, Maunsell, biography,
Oct 259 C

Natives
Anemone, wood (*A. nemorosa*),
Apr 300 N
Anemone trifolia, Apr 300 N
Brodiaeas, Oct 227 C
California Native Plant Society,
May 245 S
Calochortus varieties, June 244 N
Cedar, incense (*Calocedrus decurrens*),
Dec 180 N
Currant, evergreen (*Ribes viburnifolium*),
May 278 C, 280 S, D
Currant, red (*Ribes sanguineum*),
May 278 N, C
Currant, rose and white (*R.s. glutinosum*),
May 278 C
Dahlia, sea (*Coreopsis maritima*),
Oct 227 S
Desert plants, landscaping ideas,
Feb 66 N, C, S, 56 D
Fall planting, plants and seeds,
Nov 253 S
Flannel bush, common (*Fremontodendron*
californicum), Apr 285 C, S, D
Flannel bush, fremontia,
(*Fremontodendron*), Apr 285 C, S, D
Flannel bush, southern (*F. mexicanum*),
Apr 285 C, S, D
Flannel bush, 'California Glory',
Apr 285 C, S, D
Gaultheria itoana, Sept 165 N
Gaultheria miqueliana, Sept 165 N
Gooseberry, fuchsia-flowering (*Ribes*
speciosum), May 278 C, 280 S, D
Native plants for Claremont, Calif.,
school, Nov 284 C
Natives for rock gardens,
June 208 N
Nolina parryi, Feb 174 S, D
Ocotillo, driveway built around,
Jan 122 D
Oxalis, Oregon, Apr 293 N
Penstemon cardwellii 'John Bacher',
June 207 N
Redwood tree, Vasona Park, near Campbell,
Calif., June 207 C
Sagebrush (*Artemisia tridentata*),
July 143 N
Seed, gathering and growing,
Jan 143 S, D
Wildflowers, restoring to landscape,
Nov 284 S, D
Wildflowers of The United States, The
Northwestern States, book review,
Feb 164 N, C

Paving
Concrete pads, three combinations in
same garden, June 98 S
Concrete walks, decorative,
Jan 44 all
Parking strip, raised beds, paving for,
Jan 130 N

Perennials
Biennials, growing from seed,
June 218 all
Bleeding hearts (*Dicentra spectabilis*),
Nov 255 N
Canterbury bells (*Campanula medium*),
June 218 all
Carnation 'Fragrance', Oct 228 S
Cigar plant (*Cuphea ignea*),
May 272 C, S, D
Color, spring, fall planting for, Oct 229 D
Crane's bill (*Erodium chamaedryoides*),
Sept 165 C
Daisy, African (*Arctotis acaulis*),
Oct 230 C, S, D
Daisy, African (*Euryops pectinatus*),
Dec 159 D
Daisy, African (*Gamolepis*
chrysanthemoides), Dec 159 D
Daisy, English (*Bellis perennis*),
June 218 all
Daisy, gloriosa, Apr 286 S, D
Daisy, gloriosa (*Rudbeckia hirta*),
Apr 243 C
Delphiniums, planting seed, Sept 167 N
Filipendula purpurea or *Spiraea palmata*
elegans, Mar 204 N
For coastline gardens, Sept 181 C, S
Foxglove (*Digitalis purpurea*),
June 218 all
Fuchsia magellanica, Aug 154 N
Gazania 'Moonglow', June 207 C
Geraniums, ivy, Aug 140 N
Geraniums, ivy, cutting back,
Nov 253 S
'Golden Nugget' (*Calceolaria*
integrifolia), July 149 C, S, D
Goose plant (*Asclepias fruitcosa*),
Apr 286 C
Hollyhocks (*Althaea rosea*), Aug 139 N
Lamb's ears (*Stachys olympica*),
May 243 N
Lavender cotton (*Santolina*
chamaecyparissus), June 208 N
Lion's tail (*Leonotis leonurus*), Sept 188 C
Ophiopogon planiscapus 'Nigricans',
Jan 130 S, D
Pink, moss (*Phlox subulata*), Sept 176 all
Planting, fall, Oct 227 S; Nov 253 C, S
Polygonum polystachyum, Feb 178 N
Pride of Madeira (*Echium fastuosum*),
June 216 C
Primrose (*Primula malacoides*),
Oct 228 S
Primrose (*Primula obconica*),
Oct 228 S
Primrose (*Primula polyantha*),
Oct 228 S
Primrose, Biedermeier, Oct 246 N
Santolina chamaecyparissus, Apr 270 D
Sedum 'Autumn Joy' (*S. telephium*),
Aug 139 N
Solomon's seal (*Polygonatum*), Nov 258 N
Statice (*Limonium latifolium*),
Apr 290 C
Statice (*Limonium perezii*), Apr 290 C
Sweet William (*Dianthus barbatus*),
June 218 all
Wallflower (*Cheiranthus cheiri*),
June 218 all
Yuccas, growing in Northwest,
June 210 N

Pests, Insects, Diseases
Aphid control with lacewings, Apr 244 D
Aphid traps, making your own,
June 209 N, S, 207 C
Apple scab, July 143 N
Bacterium *Pseudomonas syringiae* affect-
ing oleander, Apr 243 C
Carpet beetles, Jan 122 N
Cat control, organic, July 143 S
Caterpillars, night-hunting for,
July 143 C
Citrus bud mite, Sept 167 S
Corn earworm, Aug 143 all
Dormant spraying, Jan 122 N
Dutch elm disease, May 289 N

Pests, Insects, Diseases (Cont.)
Earwigs, keeping out of head lettuce, Nov 254 S
Earwigs, sowbugs, drowning in beer, Sept 166 S
Iron chlorosis affecting *Grevillea*, Mar 204 D
Juniper scale, Mar 206 N
Leaf miners in tomatoes, July 144 S
Mosquito control in garden pools without insecticides, May 243 S
Moths, gypsy, May 284 N, C; June 245 S, D
Nematodes, preventing in compost pile, Aug 139 C
Nematodes, treating soil for, Oct 227 D
Quail, keeping away from garden, Jan 121 D
Raspberry crown borer, Oct 229 N
Scale insects, controlling on house plants, Jan 143 N; Feb 177 C, 178 S, D
Slugs, May 245 N
Spider mites, Aug 139 C
Springtails, Feb 155 N
Thrips, Cuban laurel, May 245 C
Verticillium wilt, treatment for, Sept 166 D
Verticillium wilt affecting olives, Oct 227 C

Propagation
Anemone, ranunculus tubers, starting, Nov 254 S
Annuals, test seed sowing report, May 243 C
Begonia, Rex, starting from rooted leaves, Jan 140 N, C; Sept 188 S, D
Begonias, tuberous, starting tubers, Feb 155 C, S
Biennials, growing from seed, June 218 all
Bird seed, spilled, plants from, Jan 126 all
Cress, growing indoors from seed, Feb 162 all
Cuttings, making, Sept 166 C
Cuttings, plastic bag greenhouse for, Dec 183 N
Dahlia, sea (*Coreopsis maritima*), growing from seed, Oct 227 S
Daisy, Swan River, from seed, Feb 160 N, 172 C
Delphiniums, planting seed, Sept 167 N
Eucalyptus, growing from seed, June 210 C, S, D
Greenhouses, coffee can, Feb 156 N
Hothouse, miniature, Feb 155 C
Hydroponic farm, near Phoenix, Ariz., Dec 3 D
Lawn, Bermuda, overseeding, Sept 166 C; Oct 227 S
Lawn planting, Sept 167 N
Layering, Apr 244 N
Marigolds, signet (*Tagetes tenuifolia, T. signata*), from seed, May 252 all
Melons, starting seed indoors, Mar 204 C
Mustard, growing indoors from seed, Feb 162 all
Native and rare plants, gathering, growing seed, Jan 143 S, D
Pineapple, growing from pineapple top, June 208 S
Salpiglossis, growing from seed, May 250 all
Seedlings, watering cautions, Mar 204 D
Seeds, pelleted, for easier sowing, June 209 C
Shrubs, trees, growing from seed, Dec 159 C
Spinach, planting seed, Oct 248 C, S, D
Sweet peas, planting, Oct 245 S, D
Sweet peas, planting for early, Oct 229 C
Tarragon, French, making cuttings, Apr 273 all
Vegetables, planting in July, July 143 N
Wildflowers, restoring to landscape, Nov 284 S, D
Winter, spring flowers, fall planting, Sept 165 S

Pruning
Begonia, Rex, Feb 156 N
Giant bird of paradise (*Strelitzia nicolai*), removing dead leaves, June 208 S
Cassia, Feb 156 D
Clematis, Feb 155 N
Deciduous fruit trees, Jan 121 C, S
Fall, Oct 228 C; Nov 254 N
Fruit Trees Around the Home, Training and Pruning, pamphlet review, Jan 121 S
In August, Aug 139 N
Magnolia, deciduous, Feb 155 C
Myrtle, crape, Jan 122 S
Oleanders, May 245 D
Palms, May 244 D
Perennials, clipper-pinching, Apr 243 N
Rhododendrons, May 268 N
Pruning Handbook, a *Sunset* book, Dec 162 N, 165 C, 182 S, D
Summer, desert areas, Aug 139 D
Trees, bare-root, Jan 121 S, D
Xylosma, Feb 175 C, 164 S, D

Regional Gardens and Gardening

Alaskan
Dead-end street gardens, Anchorage, May 4 N
Garden room, all-weather, in Anchorage, Apr 264 N

Coastal
Plants for coastal gardens, Sept 180 C, S

Desert
Agave Family in Sonora, The, book review, Nov 254 D
Boyce Thompson Southwestern Arboretum, near Phoenix, Ariz., Mar 3 D
Desert Botanical Garden, Phoenix, free lectures, Dec 160 D
Desert Museum-*Sunset Magazine* Demonstration Desert Garden, Tucson Mountain Park, Feb 66 N, C, S, 56 D
Fruit trees for desert areas, Feb 155 D
High country gardening, midwinter, Jan 122 D
Hydroculture, Inc., hydroponic farm, near Phoenix, Dec 3 D
Plants which withstand desert winds, Sept 180 D
Phoenix garden designed and planted for shade, June 207 D
Spring annuals, Camelback Inn, Scottsdale, Ariz., Apr 243 D
Tucson Flower and Garden Fair, Sept 4 D

Hawaiian
Agriculture in Hawaii, July 62 all
Flora Pacifica garden show, Honolulu, Mar 62 all
Hillside scar planted, Manoa Valley, Hawaii, May 261 all

Intermountain
Daffodils for Idaho's Boise Valley, Oct 260 N
Forest-like garden with boulders, aspens, Salt Lake City, July 60 all
May planting in Nevada, Utah gardens, May 245 C
September gardening chores, Sept 166 C
University of Utah campus tree tour, Salt Lake City, June 207 C

Northern California
Demonstration garden, DeAnza College, Cupertino, June 209 C
Forest Heritage, forest guide to Monterey Peninsula, Nov 254 C
Front yard with look of mountains, Los Altos Hills, July 164 N; Aug 156 C, S, D
Ground cover demonstration, Strybing Arboretum-*Sunset Magazine* Demonstration Gardens, San Francisco, July 175 C

Regional Gardens and Gardening (Cont.)
Northern California (Cont.)
Helen Crocker Russell Library of Horticulture, Strybing Arboretum, San Francisco, Nov 253 C
Hillside garden with terraces, roofed deck, June 222 all
Monterey Peninsula, garden prowling, Aug 146 all
Organic community garden, Palo Alto, Apr 268 all
San Francisco 20-year-old masterpiece, June 80 all
Small San Francisco garden with spacious appearance, May 254 N
State capitol grounds tree and shrub tour, Sacramento, Apr 244 C
Western Hills Rare Plant Nursery, Occidental, Mar 214 all

Northwest
Arboretum gardening classes, University of Washington, Jan 122 N
Children's Orthopedic Hospital and Medical Center garden, Seattle, Mar 236 N
Elk Rock Garden, Portland, Sept 4 N
Master Gardener program, Cooperative Extension Service, King, Pierce Counties, Wash., Sept 188 N
Portland's Japanese Garden, Apr 286 N
Wildflowers of The United States, The Northwestern States, book review, Feb 164, N, C

Southern California
Aquatic garden, Los Angeles State and County Arboretum, Arcadia, May 278 S, D
Horticultural Institute show, "The Wonderful World of Plants and Flowers," Santa Monica, Apr 244 S
Italian stone pine, Chino, May 244 S
Los Angeles plant boutiques, Dec 164 S, D
Los Angeles State and County Arboretum and California Arboretum Foundation mini-classes, Oct 229 S
"Magical" Halloween garden, Oct 228 S
Tropical garden in Santa Barbara, June 20
Vegetable garden, Arboretum Foundation-*Sunset* Demonstration Gardens, Arcadia, Nov 289 S, D

Shrubs
Abeliophyllum distichum, Feb 156 N
Acacia 'Ongerup', Mar 204 S
Arbutus, trailing (*Epigaea repens*), Mar 224 N
Ardisia japonica, Oct 232 all
Azaleas, May planting, May 243 N
Azaleas, protecting from deer, May 244 N
Barberry (*Berberis triacanthophora*), Nov 254 N
Bottlebrush, lemon (*Callistemon citrinus*), Sept 165 D
Camellia patriarchs, Feb 60 all
Camellia 'Shishi-Gashira', Oct 256 N
Cinquefoils, shrubby (*Potentilla fruticosa*), July 160 all
Coprosma kirkii, June 248 C
Eucryphias, Aug 150 N
Euonymus, winged (*E. alata*), Nov 258 N
Flax, New Zealand (*Phormium tenax aureum* 'Tiny Tim'), May 245 S
For coastline gardens, Sept 180 C, S
Fuchsias, lathhouse for, July 156 all
Fuchsias, new, outstanding for 1971, May 243 C
Fuchsias, revitalizing, Mar 204 C, 203 S
Fuchsias grown in hot-weather climates, May 280 N; June 236 C, S, D
Gardenia care, Apr 244 D
Grevillea 'Noellii' affected by iron chlorosis, Mar 204 D
Growing from seed, Dec 159 C
Heath (*Erica speciosa*), Nov 258 C

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llies, Chinese, Dec 159 S
lly, Burford (*Ilex cornuta* 'Burfordii'), Dec 160 D
drangeas (*H. macrophylla, H. paniculata*), Aug 156 N
ipers, first aid for juniper scale, Mar 206 N
ipers, planting tips, Mar 203 C
urel, Sierra (*Leucothoe davisae*), Apr 244 N
acs, growing in So. Calif., Apr 243 S
eander, affected by *Pseudomonas syringiae* bacterium, Apr 243 C
eander, yellow (*Thevetia peruviana*), Sept 166 D
eander (*Nerium oleander*), Sept 166 D
eanders, pruning, May 245 D
ford and Cambridge plant (*Clerodendrum ugandense*), July 162 C
eris, mountain (*P. floribunda*), Apr 243 N
insettias, Christmas, care after bloom, Dec 174 S, D
vet hedge renewed, Nov 270 all
ododendron 'Noyo Chief', Jan 132 N, 130 C
ododendrons, pruning, May 268 N
se, climbing 'Cecile Brunner', June 209 N
se buds, cutting for show, June 212 N
semary, dwarf (*Rosmarinus officinalis* 'Prostratus'), June 228 D
ses, how to have long-stemmed, Mar 206 S
ses, hybrid tea, fragrant, June 207 N
ses, miniature, June 214 all
ses, 1972 All-America selections, Jan 135 all
ses, old varieties, Jan 128 all
ses as landscape plants, Jan 140 S, D
ses that top All-Americas in West, Jan 46 all
rub assessment time, June 207 N
rubs which withstand desert winds, Sept 180 D
lanum rantonnetii and marigolds in container, May 243 D
marisk (*Tamarix tetranda*), July 143 N
burnum, doublefile (*V. plicatum tomentosum*), Apr 280 N
vlosma, pruning, Feb 175 C, 164 S, D

oils
nnuals, preparation for, May 245 N
gonias, tuberous, soil preparation, Apr 243 N
ggshells for organic lime, Mar 206 N
eavy soil, lightening, Nov 254 N
terface, preventing, Apr 243 S
ematodes, treating soil for, Oct 227 D
at moss for container mixes, Nov 254 S
anting mix, tested recipes, Aug 144 C
otting soil, gift for gardener, Dec 159 N
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Roses that top the All-Americas in California

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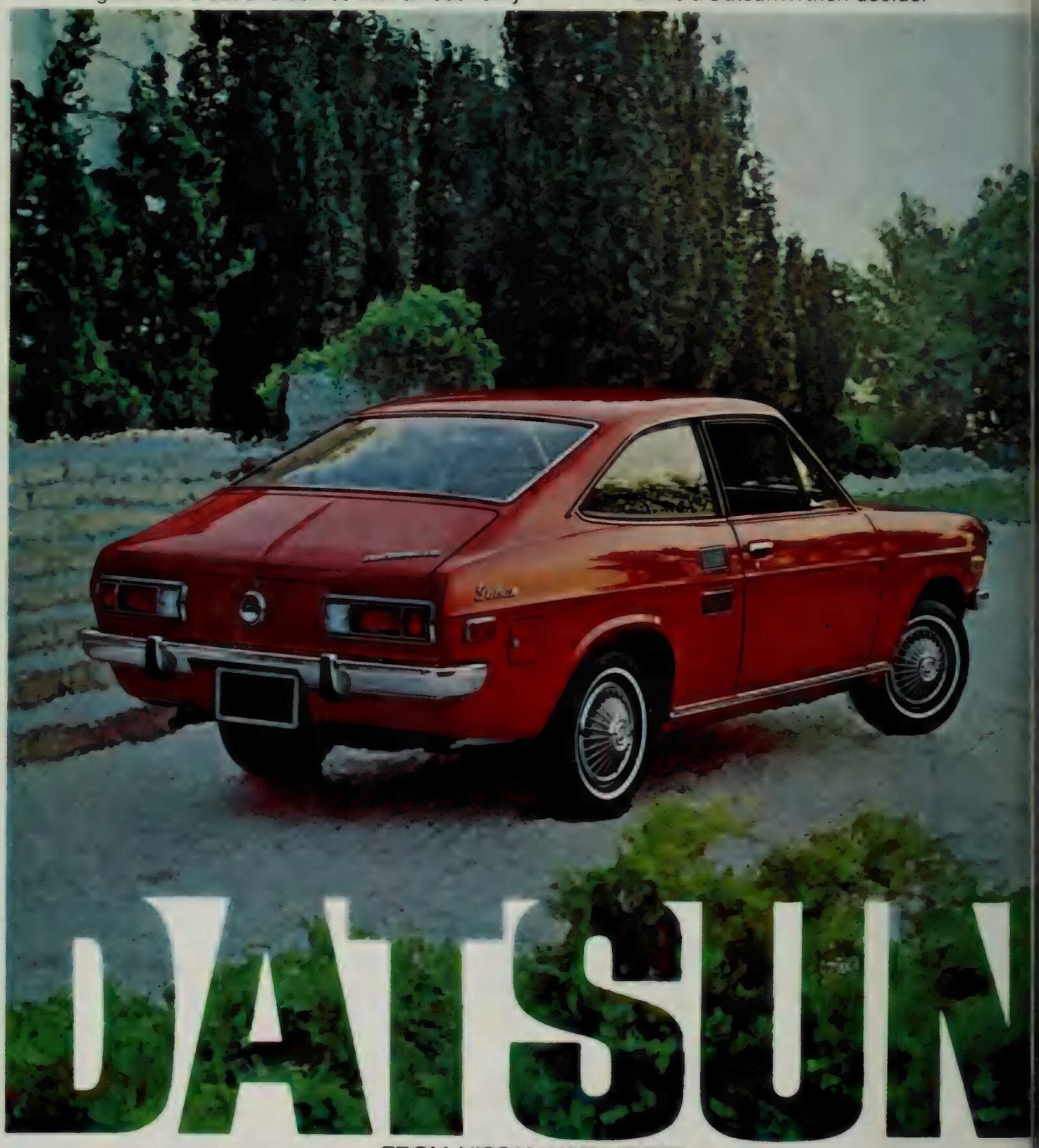

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The Cover Story

These roses are special for the West. None of them ever won an All-America Award, but in one Western climate or another each performs better and is more popular than many roses that are All-Americas. Clockwise, starting at the bottom, they are: Jamaica, Fragrant Cloud, and Chicago Peace. See page 46. Photograph by Glenn Christiansen

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ings are just a bit shaky when you're ears old and on skis for the first time. dings are intricate mechanical puz- s, skis get tangled, and it seems like 1're in the snow more than on it.

ousands of children are taking part in ior ski programs this year. Low-cost -day trips with qualified instruction l charter bus transportation have all ulted in the rapid growth of junior ski bs. As a result, children interested in ing no longer have to rely entirely on ir parents for supervision and trans- tation to distant ski areas. They can

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Some clubs *enroll 4 to 8-year-olds in special programs*

Sunset
THE MAGAZINE OF WESTERN LIVING
January 1972

He's readying *a Fragrant Cloud rose for a portrait*

He joined 164 other rosarians

George G. Shiraki, above, was one of 165 rose people we polled on rose varieties that give top garden performance in Western climates.

First we polled the West's nine biggest commercial rose growers.

Then we divided each of the zones covered by our four regional editions into three climate areas and talked to eight amateur rosarians in each—a total of 96 people.

Finally we polled 60 keepers of public rose gardens, including Mr. Shiraki. He is head rosarian at Morcom Amphitheater of Roses in Oakland, an outstanding 8-acre municipal garden with 4 acres of roses —8,000 plants, 400 varieties. He and Mrs. Elaine Cochran of San Francisco supplied buckets of roses for the cover photograph.

To read how our jury voted, turn to page 46. (For the story of another *Sunset* garden "jury," see page 150.) □

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have 8 to 12 day trips to major re areas for less than $250.

Junior programs serve a wide spect of young skiers. Some clubs have ra groups that compete against other ju programs in ski area races or am themselves. Usually, though, the phasis is on individual instruction recreational skiing.

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There are three major independent c in the San Francisco Bay Area: Bliz Ski Club, Mill Valley (383-2040); H Ski Club, San Rafael (472-2121); Mogul Ski Club, San Anselmo (8844). Many more clubs are operate retail ski shops. All can be found in yellow pages of the telephone under Ski Instruction, or by asking information at ski sport shops in area. You might also check with mu pal or county recreation department programs.

Winter highway information

California, Nevada, and Utah are ing winter highway information a able to the public by telephone 24-hour-a-day basis.

Numbers for Northern California dents to call are: Bishop, (714) 6366; Marysville, (916) 742-8 Truckee, (916) 587-3806; Sacrame (916) 445-0120; and San Franc (415) 557-3755.

Nevada residents can call 793-1313; Utah residents, 328-8541.

Environmental art and photograp

The Sempervirens Fund is sponsori group show of artists and photograp called "The California Scene." It January 9 through 30 at the Foo Junior College Library in Los A Hills, California.

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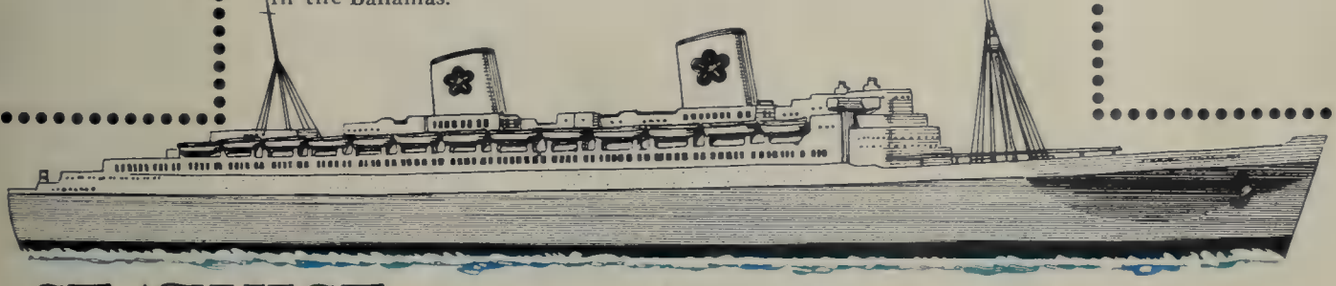

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5 P.M., Sunday. Foothill Junior College is on Moody Road, just off Interstate Highway 280.

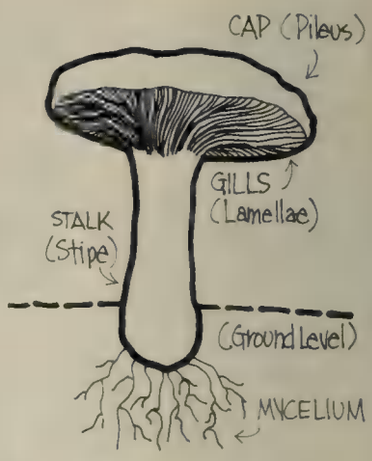
There's a fungus . . . etc.

What you don't know about mushrooms and similar fungi might hurt you—if you're inclined to forage for your delicacies in caves and bogs. It's well known that certain fungi can be deadly when eaten, but it's not well known which those poisonous ones are.

For those who are interested, a Fungus Fair in Oakland on January 9 can provide a whole world of information on mushrooms and their fungus brothers, including which are edible, which are poisonous, and where, when, and how to gather them.

Last year the Fungus Fair, sponsored by the San Francisco Mycological Society, attracted nearly a thousand varieties of fungus all found within a 100-mile radius of the Bay Area.

Besides displays and slide presentations, the day's activities will involve identification of fungi by several expert mycologists. So if you've found a mushroom or mushroomlike plant and would like to serve it as an hors d'oeuvre, or would just like to know what it is, bring it along to the Oakland Museum on January 9, between 10 A.M. and 5 P.M. The show will be in the Natural Sciences Special Gallery, on the main floor. □



Principal *parts of the true mushroom. Mycelium looks like roots, but it's actually the main body of the plant and produces the above-ground part (as a tree produces fruit). Gills release reproductive spores, define difference between true mushroom and other fungi*

For travel planners, a January check list

Pacific air tours. American Airlines is now taking bookings on five 1972 tours covering a sizable expanse of the globe beneath the equator. The trips range in price from $1,614 for 21 days to $3,435 for 39 days. The 21-day tour concentrates on Fiji, Australia, and New Zealand. The 39-day excursion touches down at such places as South Africa, Swaziland, Brazil, Peru, Fiji, New Zealand, and Australia. For information write to the American Airlines Vacation Desk, 500 Sansome St., San Francisco 94111.

Ferry service. There are a score of ferry routes in Europe that are less well known than the heavily used service between France and England. For example, ferries run between Italy and Greece, join Spain and England, and run between France and Africa. Boats also travel many routes in Scandinavia. *The Guide to European Ferry Services,* a comprehensive booklet, lists most routes and contains some fare and time schedules. It's available for $1 postpaid from the Travel Information Bureau, Box 105, Kings Park, N.Y. 11754.

Rent-a-bike. Hertz, the car rental agency, is now offering bicycles at four major hotels in Honolulu and one in Hilo for $1.25 an hour or $5 a day. Rental stands are located at the Queen Kapiolani, Kahala Hilton, Waikiki Grand, and Hilto Hawaiian Village hotels, and the Hil Lagoon Hotel.

Ski trips. Schwartz Ski Promotions of fers several inexpensive ski tours thi winter to popular resorts like Asper Sun Valley, and Park City. The packag tours of five to seven days range fror $68 to $123. Lodging, unlimited use o lifts, some meals, and after-ski activitie are included. For a free brochure writ to Gary Schwartz, 1408 N.E. 43rd St Room 205, Seattle 98105.

Soviet excursions. Alaska Airlines is ex panding its tour series to Russia nex summer under a new agreement reache with the Soviet government. Tours of 8 15, and 22 days will be available a prices ranging from $798 to $1,698. Fo information write to Alaska Airlines Seattle-Tacoma International Airpor Seattle 98158, or contact a travel agent

What a travel agent can do for you Provide information on tours; reserv space on air, rail, bus, and steamshi lines; make hotel, ranch, and resort res ervations; take care of trip planning, in cluding side trips and special events Travel agencies do not charge for ar ranging transportation or package tours but do charge for "custom" tour service

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is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY beginning page 9

GARDEN CENTER beginning page 141

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Sunset School & Camp Directory

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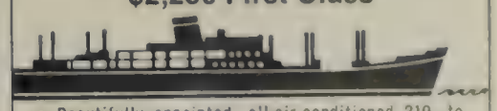

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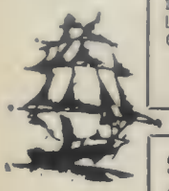

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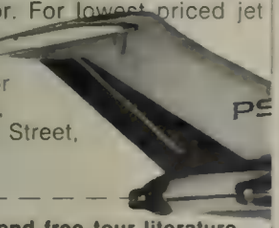

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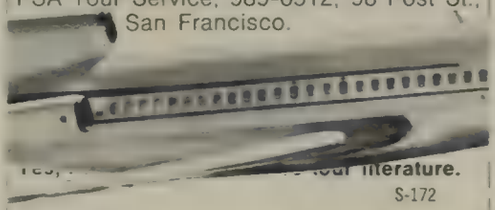

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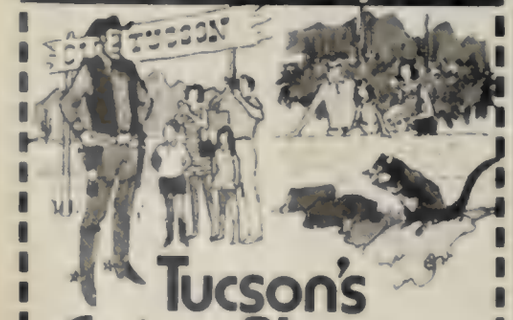

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were stocked here during the 1930's n the lake was operated as a com- cial fish farm.

erally, ice on Bidwell Lake is thick igh to walk out on by the beginning anuary. Always test ice before walk- on it, and keep an eye out for holes by other anglers. Usually 2 inches e will support a man on foot, and 3 es will hold a small group walking le file. New ice is stronger than old, slush ice is about half as strong as r blue ice.

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shows son how to use an auger to bore ugh the frozen surface of Bidwell Lake

ing a hole in the ice is the most dif- t part of this frigid sport. If it is less a foot thick, an axe or chain saw probably do the job; otherwise an uger is necessary. Cut the hole about nches in diameter. This will be large igh for bass and less hazardous to r fishermen.

reporter had good results using a t wooden jig pole and a silver ice- ng jig; however, the jig can be used ost as effectively on a regular pole. er the jig until it touches the bot- . then wind in about 3 feet of line. ing the lure up and down works ; fish take it as it flutters down and hook is set when you pull up. Best hes were obtained around the nu- ous tree stumps that break the sur- of the lake.

gemouth bass running up to 5 pounds been pulled out of the reservoir; ever, the typical catch is under 2 nds.

turnoff for the 3-mile oil-surfaced l to Bidwell Lake is 9 miles southeast Lake Almanor on State Highway 89 he small town of Greenville. Since y snows may close the road to the , check road conditions before set- out by writing to the Plumas County d Department, Route 1, Box 279, ncy, Calif. 95971, or telephoning 5) 283-2900. □

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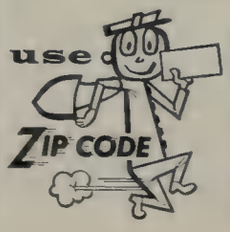

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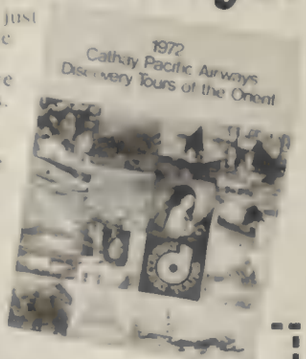

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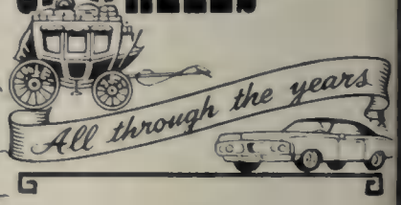

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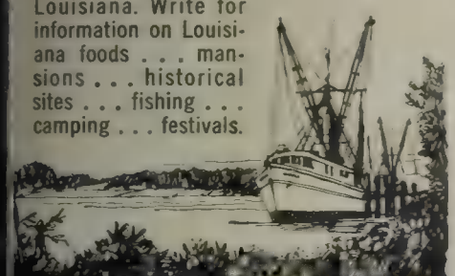

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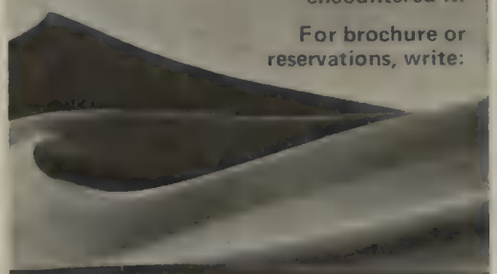

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The Sunset Travel Directory

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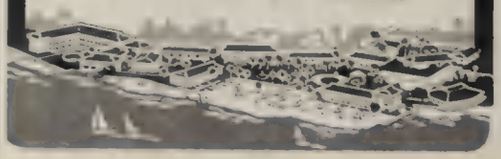

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Like several *other Scotia buildings, one that houses the visitor center is "redwood temple" architecture*

Western saga... the company town

The company town, established, owned, and administered by the mill or mine that housed its workers and furnished practically all the town's jobs, used to be fairly common in the West. Today only a handful remain.

A recent book tells the story of one of the survivors: Scotia, California, about 25 miles south of Eureka and just off U.S. Highway 101. The book is *Life in the Quiet Zone: An American Company Town,* with text by Hugh Wilkerson and photographs by John Van Der Zee (Collier Books, New York, 1971; $3.95 paperbound).

In Scotia the Pacific Lumber Company lays undisputed claim to running the "largest redwood lumber mill in the world." For several decades the town has stayed close to its present population of a little more than a thousand. Residents must be company employees, but all company employees don't live there. The book gives sensitive treatment to the advantages and the problems of living in the sort of community that is practically extinct today.

Those who keep track of such things may know that one prominent Western lumber company town, McCloud, California, on State 89 just south of Mount Shasta, recently "went public." But at least two others—both smaller than Scotia—are still in business: Port Gamble, on the Kitsap Peninsula across Puget Sound from Edmonds, Washington; and Gilchrist, on U.S. 97 about 50 miles south of Bend, Oregon. □

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PETE REDPATH

Oops. *This saucer-jockey didn't quite make the far turn. Saucers are popular and cost from $3 to $8 for plastic, aluminum, or steel*

Toboggans *for two are fast, exciting, and scary! Variety of prices depends on size: Wood, 4 to 6 feet, about $15 to $30; aluminum, 4 to 8 feet, about $15 to $20*

Going downhill in the snow without skis

Snow and sliding just naturally go together, and skis aren't the only way to do the sliding. If you plan winter trips to snow country, a slider pictured on this page may be the right answer for snow bunnies in your family.

Snow-sliding vehicles can be as simple as an inner tube or as tricky as a six-man wooden toboggan—all you need to use them is a few feet of snow, a hill, and a reminder to youngsters to be careful.

If you are planning only one or two snow excursions this year, it may be more economical to rent a toboggan or saucers for the family. Some ski and sports shops have rentals; weekend charges are about $1.50 for saucers and average $1 per foot for two to four-man toboggans. □

Inner tubes *are bouncy, comfortable, and just the right size for grownups and small hitchhikers; $1 to $2 at gas stations, tire dealers*

Plastic *mat is ideal for small children; can be rolled up for limited space. Costs $3 to $4*

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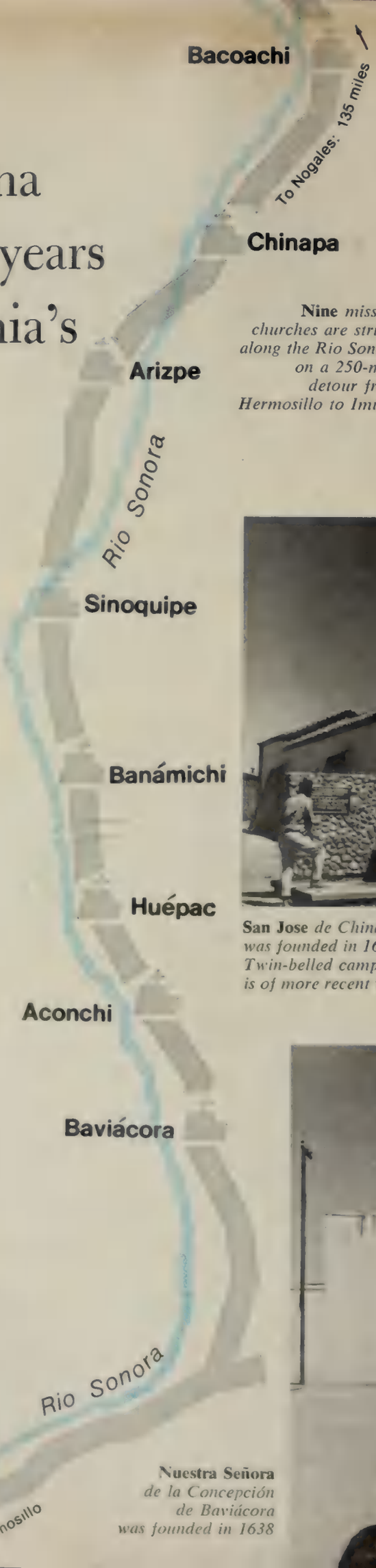
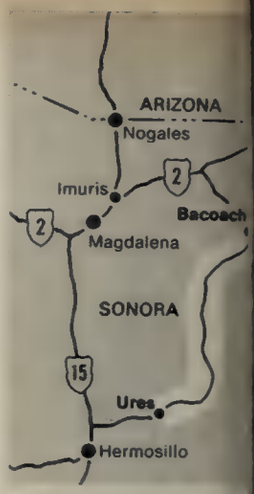
G(1-72)

Just below Arizona a mission chain 150 years older than California's





Nine *mission churches are strung along the Rio Sonora on a 250-mile detour from Hermosillo to Imuris*

The mission churches along the Rio Sonora of northern Mexico are more than 150 years older than their famous counterparts in California. The Jesuits expanded their missionary frontier into Sonora in 1614, and the 10 missions along the Rio Sonora made up one of the first mission chains established beyond the "Rim of Christendom."

Nine of the Rio Sonora missions still survive as village churches. You can visit all nine of them on a back-country loop drive off Mexican Highway 15 between Imuris (just north of Magdalena) and Hermosillo.

Hermosillo, 175 miles south of the border station at Nogales, is the southernmost point on the drive and offers motels, trailer parks, and restaurants from which to begin.

Ures, the first of the villages, is about 45 miles east of Hermosillo. Its church of San Miguel was founded in 1636, but the present church was built in 1831 and has been extensively restored.

From Ures, follow the Rio Sonora 35 miles upstream to Baviácora, the second oldest of the villages, with its church founded in 1638. The pavement ends at Baviácora, but a well graded, sometimes rocky, unsurfaced roadway continues northward through the remaining seven villages, rejoining pavement 120 miles later on Mexican Highway 2, about 50 miles east of Imuris.

Facilities are limited in the small villages, but the town of Arizpe has gasoline, a garage, and a small hotel. Our reporter took two days to drive this loop, spending one night in a primitive campsite north of Sinoquipe. Even the most primitive sections of roadway can be negotiated in an ordinary sedan if you drive at reasonable speeds. Our reporter's only mishap was a flat tire — caused by a cactus thorn. □

San Jose *de Chinapa was founded in 1648. Twin-belled campanario is of more recent vintage*

Nuestra Señora *de la Concepción de Baviácora was founded in 1638*

San Miguel *de Bacoachi, northernmost of the mission chain, was founded in 1648. Quatrefoil windows enliven mission's simple façade*

Asunción Arizpe *was founded in 1646. Present church was built in 1756. Bones of Juan Bautista de Anza are displayed in church floor*

Pedro *de Aconchi, e-plastered and surmounted by gonal bell towers, founded in 1639*

WILLIAM APLIN

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Let's see if you can send me on a search for a business site in Arizona.

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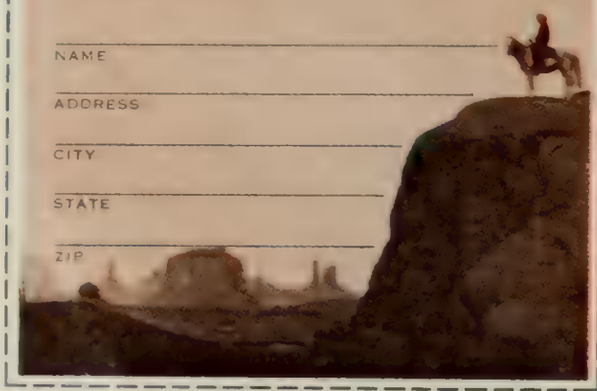

This coupon could be the start of a vacation on the craziest, most unusual, most wonderful piece of real estate in the hemisphere.

Arizona.

Arizona is where you throw snowballs in the morning, lunch at the Seventh Wonder of the World, and take a moonlight dip at a famous desert spa.

Where families picnic under giant cacti with skis strapped atop their car.

Arizona is where you can drive through three seasons on a tankful of gas.

Watch rock monoliths throw shadows 40 miles long.

And drive across the London Bridge. (Not a reasonable facsimile . . . the original.)

But Mother Nature is Arizona's main attraction.

She's created America's largest stand of Ponderosa pine in the high country.

Turned trees to stone in the Petrified Forest.

Carved out a canyon that's Grand.

And covered it all with the sunniest skies found anywhere in the nation.

In fact, there's so much natural beauty in Arizona, it has more national forests, parks and monuments than any other state in the union.

Come share it with us.

The business climate in Arizona? Ideal. More and more companies are moving here for their health. They're finding willing workers, a government that thinks business ought to make a profit, clear skies and room to grow.

ARIZONA

Touring Holland on the water

The Netherlands is a water-orien country, to say the least. It has m than 3,400 miles of navigable canals a 680 miles of river in addition to splendid North Sea Coast—all of wh suggests that the best way to see it by boat.

Charter and rental agencies abound Dutch waterfronts. Now is a good ti to contact some of them if you are pl ning a European trip next summer. is possible to rent sailboats and pov cruisers, to charter larger boats groups, or to book passage on inla and coastal cruise ships.

Prices range from $84 a person fo three-day guided tour to more than $2 for a week's passage on an ocean-goi sailing yacht. Four-man sailboats t you skipper yourself can be rented the week for less than $100.

Detailed pamphlets

You can write to the Netherlands N tional Tourist Office, 681 Market S San Francisco 94105, for a boat ren list or for several excellent booklets Dutch waterways. One, called *Holla Watersports Paradise*, describes t country's eight prime boating areas, te how to rent boats and order navigati charts, and gives weather tips.

Another pamphlet, titled *Friesland W tersports*, describes the country's wate northwest province of Friesland. It h more than 300 miles of shoreline and chain of canals, lakes, and ponds with water surface of 22,000 acres. Ma boat rentals are available.

Tours and charters

One typical tour departs Amsterda passes by canal through the verda Dutch countryside, threads up the Rhi River, and stops at picturesque river a canal towns. The three-day trip co $84, which includes meals and acco modations. For information write Heijmen Holland Cruises, N.Z.H. Coa Terminal, Marnixstraat, Amsterdam.

Groups of up to 20 can charter the 9 foot sailing yacht *Eersteling* for $1,5 a week or $250 a day. Meals aboard c $10 a day extra for each person. Stude charters are available where passenge share some chores with the crew. T price for each person is $200 for o week, which includes three meals a da For a brochure write to Capt. Paul Zwiers, Box 7190, Amsterdam.

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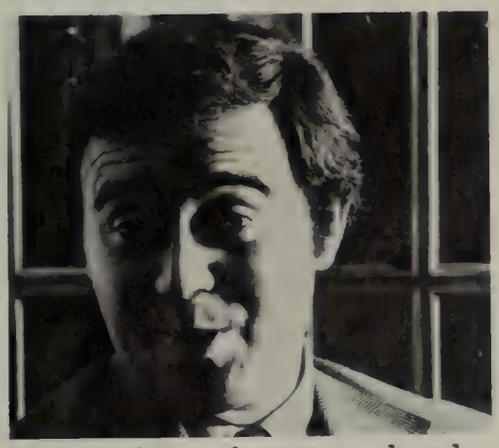
"You mean this one is free?"



For clothing, furniture, hardware, appliances—just about anything you can think of. In fact, you can use Master Charge for most of the things you'd normally pay cash for. Or write checks for. Or use different charge cards for.

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Each month you get one bill, with a record of all your purchases. You can pay for it all by writing one check. Or you can extend your payments over a period of time. Your bank will tell you the charges for these features.

If you don't have a Master Charge card, you can apply for one at any Master Charge bank. After all, the best things in life are free.

Master Charge.
Accepted all over town
all over America.

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The right hitch . . . as important as the right trailer

More Westerners every year are taking to the road in trailers. If you're about to join their ranks, you should use the same care in choosing a hitch and auxiliary equipment that you did in selecting your trailer.

A trailer can greatly extend your car's use as a travel or camping vehicle, but it's an added weight, and standard passenger car systems may not be adequate to support it.

Depending on gross (fully loaded) trailer weight, your car may need an enlarged cooling system, reinforced suspension, a more highly geared axle, heavy duty brakes, stronger wheels and tires. Ask your car dealer for these specifications, and discuss them with a trailer or hitch specialist.

(If you're still shopping for a trailer, consider the National Safety Council's warning that trailer weight shouldn't exceed half the weight of your car; a pickup truck or other heavy-duty vehicle should be used with heavier loads. As a rule, vehicle horsepower should be no less than one-tenth the loaded trailer weight, and lightweight cars should be used to tow only small utility trailers.)

Hitches

A hitch is more than just something to hang a trailer on: It substantially affects driver control and car operation. Your hitch choice depends on the "tongue weight" of your trailer, the percentage of gross trailer weight that actually bears down on the car. Tongue weight should be about 10 per cent of the gross weight of a properly manufactured trailer; a lighter tongue will pull up the rear of the car, and more weight can damage your rear suspension. Maintain this balance by loading your trailer evenly and checking it on a public scale.

A simple bumper-mounted hitch is adequate for a lightweight trailer with tongue weight of 50 pounds or less. To avoid bumper damage, hitches for heavier tongue loads should be attached to the car's frame or rear axle. And as tongue weight increases you'll encounter two additional hazards: car sag and trailer sway, which require modifications to the hitch.

The back of your car is pushed down by heavy tongue pressure, raising the car's front and forcing part of its normal weight back over the rear axle. This weight shift dangerously restricts visibility, braking, and steering control, and lifts your headlights from darkened roads into the approaching drivers' eyes. A slight sag may be corrected by reinforced shock absorbers, but these simply raise the rear of the car to the level of the front, without correcting the actual weight shift or control problems. When the car is level, steering and stopping will remain impaired, and the rear axle may be carrying more weight than it is built to hold.

An equalizing trailer hitch, on the other hand, both levels the car and distributes the tongue weight more equally among

Maybe your second car should be more than just another first car.

Each of these Fords can do things that ordinary cars can't.

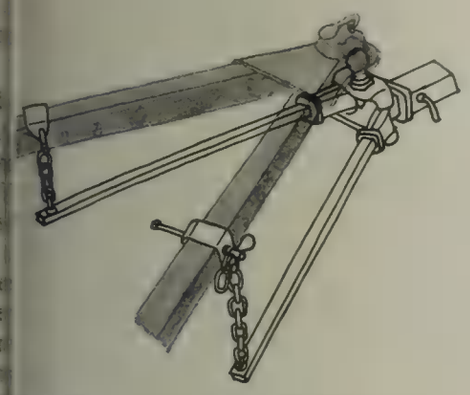
Pickup-car with a 6½-ft. trunk—Ford Ranchero. You might think Ford's new Ranchero is a sports car. It has all the styling, all the interior plush, all the performance. But a full-sized pickup bed in the rear will make you think again. For Ranchero is also a worker—with husky frame-and-body construction to handle loads up to 1250 lbs. and space to carry a mountain of gear. Front disc brakes are standard, and options are nearly unlimited.

FORD Ford

Hotel on wheels—van camper conversion. Not many second cars have full living quarters for as many as six—with hot and cold running water! Ford Econoline vans are available in a variety of camper conversions with a choice of "summer cottage" interiors. Every one gives you such features as wide track stability, Twin-I-Beam independent front suspension for smooth ride and easy handling, with excellent road visibility, and convenient out-front servicing.

FORD Ford

the car and trailer wheels. All equal-
ıg hitches operate on a common prin-
ıle: Spring bars extending from under
: hitch ball are pulled up toward the
ıgue with linkage chains, forcing the
ch upward and spreading some of the
ıgue weight forward to the front
ıeels of the car and back to the trailer



ɔuble-bar *trailer tongue (shaded) fitted with linkage chains which pull on spring bars extending from ualizing hitch. The leverage created rces hitch upward, leveling car and iiler with better weight distribution*

ıeels. An easily removed, axle-mounted
ıualizing hitch is suitable for infrequent rental trailering; but axle hitches only partially redistribute the load, and for heavier use the hitch should be attached directly to the car's frame.

Trailer sway may be caused by a combination of wind conditions, insufficient tongue weight, excessive speed, a lopsided trailer load, or lighthanded steering. Slight sway frequently starts when you're passed by a large truck or bus, and can get worse if you try to fight it by hard braking or overcompensating steering. At its worst, sway can throw a car out of control.

An equalizing hitch has a stabilizing effect, but you may have to add an antisway device to the hitch for added safety. But while reducing sway, this device also locks the trailer more rigidly to the car, so you may prefer a version which disconnects easily, allowing you more flexible control over car and trailer on slippery roads.

Select your hitch from a dealer specializing in hitch use and installation. Look for the manufacturer's hitch capacity rating: It must be able to carry the tongue weight plus the estimated weight of the load in the trunk of your car. A too-heavy hitch will stiffen your car's ride, at unnecessary extra cost. A small frame hitch costs up to $35, installed; equalizing hitches are about $120 to $160; and antisway devices average $50.

Auxiliary equipment

You are required to have both right and left-hand mirrors providing a clear view around and behind the trailer. When towing a large trailer, you should use fender-mounted clamp-on mirrors; door-mounted mirrors attach less securely and are too far back for quick viewing. The hitch and trailer tongue must be linked by two safety chains strong enough to bear the sudden, full load of the tongue if the hitch fails. Be sure the links haven't been visibly damaged by installation welding. The chains should be of equal length, with just enough slack for proper turning, and should be crossed under the hitch to prevent a separated tongue from hitting the road.

Heavy loads require reinforced shock absorbers on all four wheels, especially on long, low cars with soft suspensions. Unsupported trailer weight forces the car's frame close to the axles, straining the springs and causing possible axle damage on bumpy roads.

You should always take a fire extinguisher, extra flares, wheel blocks, a tool kit, and a spare tire and jack for the trailer. And check state laws for other safety requirements. □

Outdoor fun and adventure—Ford Pickup. Air mattresses, sleeping bags or bedrolls and you're off to fun and adventure in the outdoors. Quiet, roomy cab, plus the smooth ride and easy handling of Ford's exclusive Twin-I-Beam front suspension help make this pickup one of today's most popular second cars. Two I-beam front axles and roomy body give it the workability to handle really big jobs. Great for trailer towing, too.

FORD Ford

4-wheel-drive trail breaker—Ford Bronco. Sure-footed performance on hills, in mud, sand, snow, makes Bronco an ideal companion for ranchers, sportsmen—everyone who works or seeks fun off the beaten track. Heavy-duty front axle and exclusive Mono-Beam front suspension provide trail-breaking durability, plus an unexpectedly smooth ride. Tight 33.6-foot turning circle gives Bronco superb agility.

FORD Ford

Plymouth Cricket comes with power front disc brakes, standard. It's a great little stopper.

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Plymouth

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MEDITERRANEAN DISCOVERY CRUISE, **Sept. 1.** 33 days. 20 ports include Cadiz, Syracuse, Naples, Portofino, Barcelona. From $1120.

FALL MEDITERRANEAN CRUISE, **Oct. 6.** 40 days. 25 ports include Lisbon, Monte Carlo, Genoa, Istanbul, Delos, Casablanca. From $1440.

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The Statendam is of Netherlands registry. 52-LC-I

Holland America Cruises

We're Dutch and we want everything to be perfect.

Your plane ticket plus an apartmen

Renting an apartment at a popular sort has posed problems in the past. often been difficult to locate an agen familiar with short-term rentals in H waii and Florida, and next to impossil to find any information on apartme in the Caribbean or Mexico's res areas of Acapulco and Puerto Vallart

But now a firm called Creative Leisu in conjunction with Braniff, Easte United, and Western airlines, hand short-term apartment rentals in all t areas mentioned above. You can ma arrangements through travel agents.

The apartments offered are all private owned condominiums located ne beach facilities. They are complete furnished, and have large living room separate bedrooms, fully equipped kitc ens, linens, and maid service. Usual you must rent for at least three day Rental cars are available if not includ in the price of the accommodations. (Hawaii, for instance, car rentals are $ to $19 per day with unlimited mileag

The advantages of an apartment rath than a hotel may be greatest for far ilies who want to be close to activi centers and still have all the conv niences of home. You can enjoy the di ing, entertainment, and activities of t resort area; or, you can eat in the p vacy of your apartment, explore relax in the sun at leisure.

Mexico. In Acapulco and Puerto V llarta you can rent large villas that a commodate up to 12 people, or one a two-bedroom apartments and cottage Daily rates begin at about $10 for ea person in a party of six.

Hawaii. Your choice of apartment loc tions ranges from the Honolulu-Waiki Beach area to the less populated islan of Kauai, Maui, and Hawaii. Daily rat vary by the number of persons who wi occupy the apartment, ranging upwar from about $7.50 per person in a part of six.

The Caribbean. Apartments in San Jua and Miami offer travelers the benefi of metropolitan centers. Slower-pace resort areas in the Bahamas, Jamaica the Virgin Islands, and Curaçao hav villas and beach cottages as well a apartment rentals. In the winter seaso (December 15 to April 30) daily rate will run more than $25 per person in party of four. During the rest of th year, rates are reduced.

Khajuraho-Oct.30

Embracing figures everywhere. Lost in a timeless love.

I feel as if I have stumbled on an orgy.

I remember the gentle, modest women I have met.

How different these demanding bodies that twine and twist in every conceivable attitude of love.

Khajuraho.

The very word is like an incantation transporting me back into the 9th century.

Yet only an hour's plane trip away from modern, lovely Delhi.

Jaipur-Nov.5

Jaipur is like a city that blushes.

All pink.

I find it a very pretty town, set like an oasis in the arid Rajasthan Desert.

Took an elephant "taxi" up to the Amber Palace. A fortress set high on a hill.

And it is not made of amber.

Beautiful tie and dyes, enamelled jewelry.

Everywhere in India, I am waited on hand and foot.

In some places, unexpected luxury.

In others, spartan fare. But all so worthwhile.

So much to see.

See India. It's another world.

For information please contact The Government of India Tourist Office, N.Y., 19 E. 49th St.; Chicago, 201 N. Michigan Ave.; San Francisco, 685 Market St. Also Canada; Mexico.

Name _____

Street _____

City _____

State _____ Zip _____

My Travel Agent is _____

Art objects courtesy of SONA The boutique of India.

DON NORMAR

Cruise passengers *cluster at the rails as ship approaches bay between green, cloud-wreathed island of Huahine-nui (on right) and its smaller appendage, Huahine-iti*

Outrigger *canoe, pulled up on white sand beach, sports outboard motor*

Drummers *on dock at Bora Bora beat out fast, exhilarating welcome*

Tahiti adventure

If it's great for singles and couples, it's also great for families. It's below the equator. It's Polynesian *and* French

DARROW M. WATT

Youngsters *take to informal living at Club Mediterranee resort on Moorea*

winging *Tahitian "tamuré" looks like very fast hula*

ELLS MARUGG

Four hours flying time due south of Hawaii lies another bouquet of islands, less visited but with even more legendary allure—the Society Islands of French Polynesia. At their center is Tahiti, the definitive paradise for such as Robert Louis Stevenson, Paul Gauguin, and Jack London.

Today, thanks to jet air travel, Tahiti and its neighboring islands of Bora Bora, Moorea, Raiatea, and Huahine are within reasonable range for many people on a two-week vacation. You take off from Los Angeles one day and put down about eight hours later near the bustling, slightly scruffy, and very French town of Papeete.

The easy, open warmth of the Tahitians reassures the most timid traveler. Don't tip—it's taboo. These people want to be friends, not servants.

Society Islanders are mostly Polynesian (77 per cent) with an admixture of French (14 per cent—French is the official language). Next largest segment is Chinese (9 per cent, mostly proprietors of shops, and restaurants with unlikely names like Le Dragon D'or and A la Soupe Chinoise).

Even in urban Papeete, with its tangle of motor bikes and minibuses, life moves at a casual pace, through open air markets and shops and along two-lane roads that follow the shorelines. Except for a couple of new convention-type hotels close to Papeete, accommodations tend to be thatch-roofed *fares* or bungalows, scattered around a larger, open, thatched lounge and dining room.

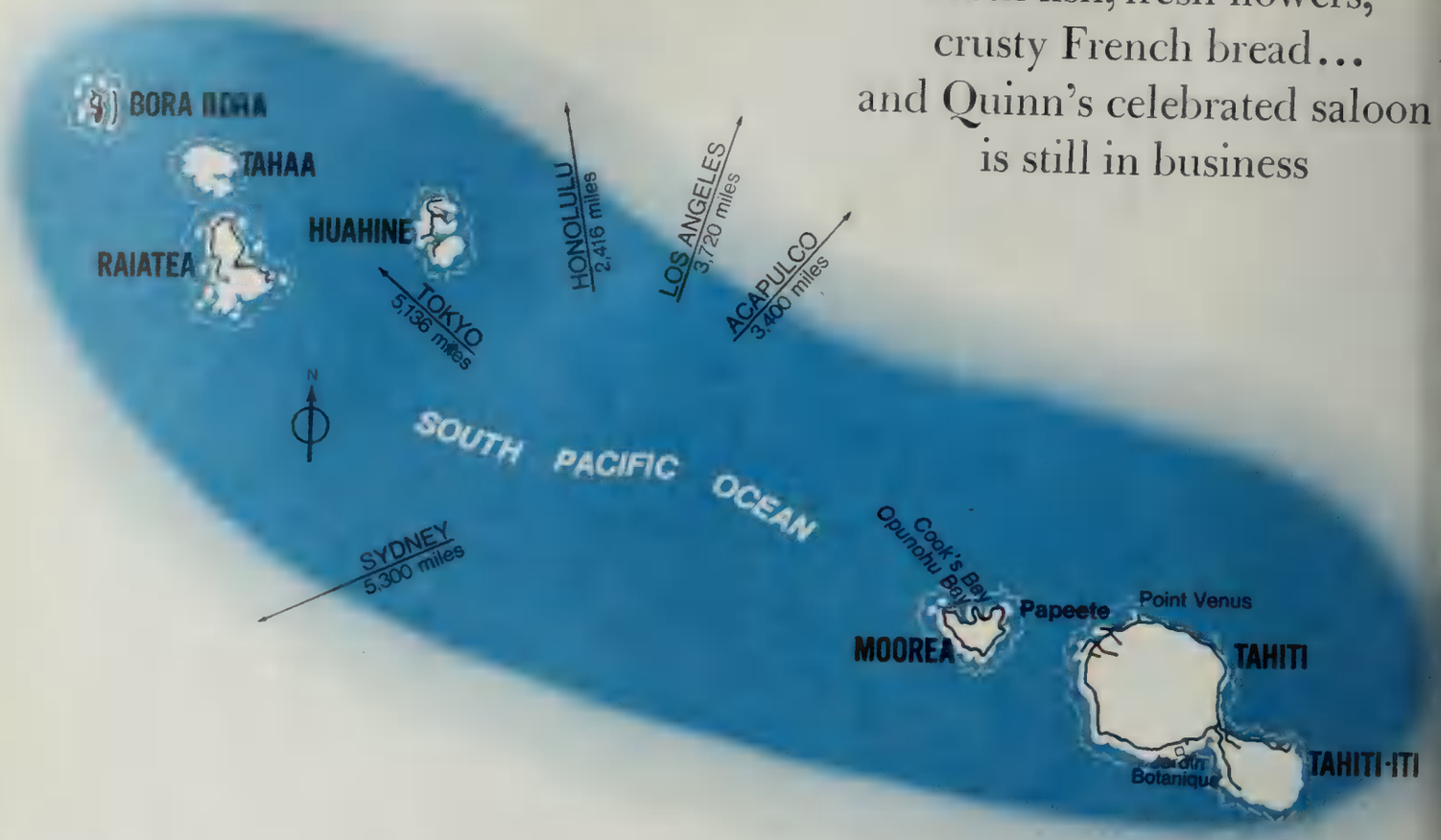
French officialdom intends to proceed slowly with commercial development. More hotels are coming, but no high rise. The rule of thumb—nothing higher than the tallest palm tree—has led to some interesting down-the-cliff hotel architecture.

The stay of foreigners is carefully regulated. Besides your passport, you need a visa and special permission if you wish to stay longer than a month.

The Society Islands were named by Captain James Cook for the British Royal Society, which in 1769 sent an expedition of scientists to Tahiti to observe the transit of Venus across the disk of the moon. Point Venus, where the observations were made, is now one of Tahiti's loveliest parks.

Except for a few coral atolls, the islands are ancient volcanic

Fresh fish, fresh flowers, crusty French bread... and Quinn's celebrated saloon is still in business



craters. Both Moorea and Bora Bora have incredibly jagged skylines of needle-sharp peaks and deeply indented valleys behind narrow shore lands. Tahiti with two volcanoes at its center rises more gradually.

The salubrious climate is similar to Hawaii's. The reefs that surround the islands create calm lagoons, usually a mile or more wide, and you swim in warm water that deepens very gradually. (Be sure to wear tennis shoes for swimming; coral cuts can be painful.) You'll want to go out to the breakers at the coral reef, for there is the best place to hunt for the many beautiful shells that the natives string so dexterously into leis and headbands.

Easterly trade winds give these palm-fringed islands a dry windward side and a moister leeward. Back from the beaches, especially on the east shores, you'll find towering tree ferns, banyan trees, oranges, Tahiti's special grapefruit (the mammoth 'pamplemousse'), and large papayas. Add to this hibiscus, frangipani, bougainvillea, crotons, ginger, and great bushes of "tiare Tahiti," and you have an idea of the island's botanical richness.

Besides swimming, you may also enjoy fishing (both deep sea for giant blue marlin or mahi mahi, and stream fishing for Tahitian trout called *nato*). Hiking is good, as is sailing. You can watch bareback horse racing with parimutuel betting near Papeete from December through April.

Papeete fronts on a sweeping harbor where all but the largest cruise ships can tie up to newly constructed quays. The cannon barrels they tie to are relics of the early 1800's when the French fortified the city.

You should take all day for a circle drive around Tahiti (87 miles) either in a rented car, or in an air-conditioned tour bus. Be sure to stop at the Gauguin Museum. Nearby are important botanical gardens which show off nearly all the plants, trees, and shrubs native to the islands. You can lunch out of doors at excellent French restaurants—both the Restaurant du Musee Gauguin and Le Rotui are nearby.

After a drive of another 30 miles, you might stop for a swim at Point Venus, famous for its black sand beach and towering old lighthouse. For supper, you could try another French restaurant, Le Belvedere, 2,000 feet up, on the mountainside. From its terraces you look down on the twinkling necklace of lights outlining Papeete's harbor.

DARROW M. WATT

Tiare Tahiti *is small, very fragrant gardenia*

Moorea, 10 miles west of Tahiti, can be reached in 10 minutes by small plane or 90 minutes by boat. Round trip fare is about $5 by boat, $10 by air. Life is simpler and quieter here than on Tahiti. An around-the-island drive of about 39 miles reveals much of its charm. It has several picturesque hotels including the Club Mediterranee Village.

Bora Bora (hour and a half by plane, about $40 round trip)

surrounded by a spectacular lagoon. Allow about 2 hours the 20-mile drive around the island.

gh mountainous Raiatea (30 minutes by air, round trip out $30) knows little yet of tourism. But the town of uroa, second only to Papeete in size, has a Wednesday rket that is well worth seeing. Raiatea is important for the estige of its great temple, now restored, Marae Taputaputea. u may have an opportunity here to see umi-ti or firewalk-, an ancient Polynesian rite that dates from earliest times.

ahine is the most unspoiled island of all; people live by ning and farming. There is only one small hotel and it is st to go sightseeing by native canoe or motor boat. A ice-weekly seaplane from Papeete (about $25 round trip) is link with the world.

etting there

ights to Tahiti from the West Coast originate in Los An-les; however, the same air fare applies whether your trip

Strings *of fish go to early Wednesday morning market in Uturoa*

DON NORMARK

Crusty *bread for sale in outdoor stalls reflects influence of French*

Papeete *still has turn-of-the-century French colonial architecture*

GLENN CHRISTIANSEN

Quinn's *on Quai du Commerce in Papeete may be most famous bar in South Pacific, changes least*

DARROW M. WATT

Boys playing *in quiet, reef-protected water wear tennis shoes to avoid coral cuts*

Dirt roads *through jungle carry variety of wheeled vehicles, even motor bikes*

ELLS MARUG

It's a water world. Floating offshore, dancing onshore, sleeping over water, a wharfside waveoff when you leave

begins in Vancouver, B.C., Seattle, Portland, or San Francisco. Two airlines fly the route: French Airlines (UTA) has five flights weekly (with a stop in Honolulu) and Pan American has three, plus three from Honolulu.

Regular first class fare is $1,076 round trip; tourist, $794. A 23-day excursion fare to Papeete and Bora Bora costs $520. Circle air tours to destinations beyond Tahiti, for example to New Zealand or Australia, allow you to arrange a stop-over at no extra cost. There are also package tours including flight, hotel, and food. The Club Mediterranee offers its members two weeks, all expenses, for $599, three weeks for $680; and there are other similar tours.

Papeete and Bora Bora are ports of call for several cruise ships from the West Coast. The S.S. *President Wilson* puts into Papeete for a day of sightseeing during its 66-day cruise to Australia and the Orient. Fares start at $2,640. The S.S. *Mariposa* and S.S. *Monterey* of the Pacific Far East Line stop at both Papeete and Bora Bora en route to New Zealand and Australia. Fares begin at $1,840.

A few freighters also make the long trip. The Polynesian Line's M.S. *Stocksund* accommodates four passengers in two double cabins. It makes the round trip to Papeete from Coos Bay, Oregon; San Francisco; and Long Beach at approximate 40-day intervals. Base fare is $950. Pacific Island Transport Line operates three vessels carrying 12 passengers each on

Hotel living *may include thatch-roofed bungalow built over lagoon*

DON NORMARK

Tamuré *lesson leaves tourist breathless, but happy. She wears typical Tahitian 'couronne' of flowers and ferns*

50-day cruises from San Francisco or Los Angeles to Papeete; cost is about $1,500. Passages often sell out years in advance; check for cancellations.

An interesting cruise possibility, once you get to Papeete: You can board the M.V. *West Star* (West Line Division of Westours) for a 6-day cruise to Pago Pago in American Samoa (fares start at $225) or an 11-day cruise to Suva on Fiji (fares start at $395). The ship calls at eight islands including Bora Bora. Cruises run continuously, starting December 2, 1971 (from Papeete) and ending April 18, 1972 (from Fiji).

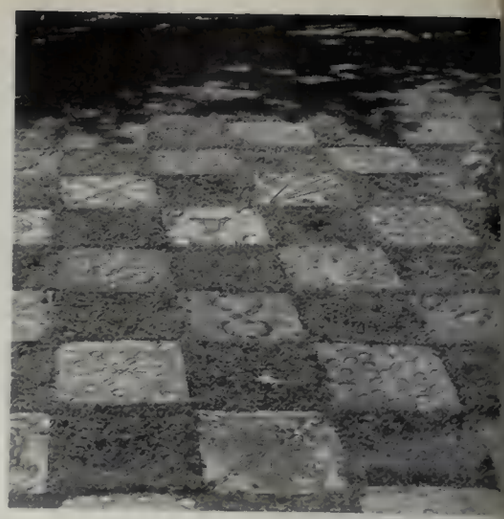
What to wear

Nearly everywhere you go, you will find that a flower crown, native pareu, and bare feet are accepted attire. Take along cool, comfortable, washable, and informal clothes, extra bathing suits, sandals or comfortable walking shoes. Don't forget sun tan oil, dark glasses, and a sun hat. □

n Huahine, *impromptu missionary joins Tahitian st to wave to visitors in cruise ship's shore boat*

RICHARD LISH

Redwood *blocks set in roofing cement separate entry walk from drive. Design: Kenneth Wormhoudt & Associates*



Checkerboard *of owner-made concrete squares and thyme. Patterns created by imbedding pebbles in wet concrete*

Driveway *of 3 by 5-foot concrete pads with rock salt finish interplanted with hybrid Bermuda. Design: J. J. J. Kennedy*

DON NORMARK

Alternative *bands of exposed aggregate and brushed concrete. Design. Lloyd Bond & Associates*

Concrete, comparatively inexpensive and easy to work with, is still the number one paving material for garden walks and drives.

This highly serviceable material frequently suffers in the hands of those who consider only its function, and the result is an abundance of downright dull-looking concrete.

It almost invites the child to scratch a name or imprint a hand just to add some pattern or texture that might improve it.

But not everyone treats concrete in such a matter-of-fact manner. In these seven Western gardens it becomes a decorative and sculptural material: shaped, combined with rocks or plants, or given a textured surface with a design or with wood or rock imbedded in it.

In choosing one of the many possible texturing or imbedding treatments, always remember that you'll be walking

What does concrete often cry for? A little relief

Decorative *panels of smooth pebbles in concrete separate parking stalls. Design: Richard A. Wilson*

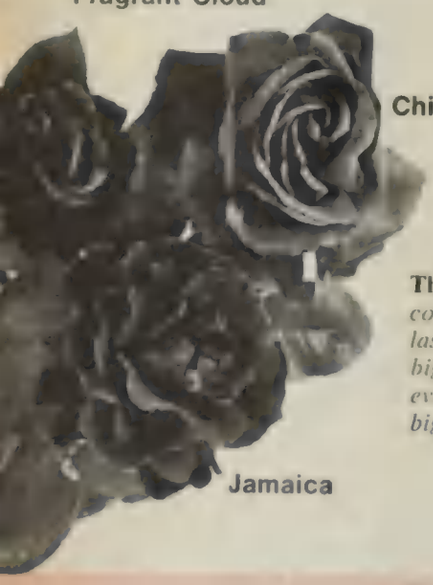
Instead *of a path, large concrete pads join deck and terrace. Design: Mitchell McArthur Gardner O'Kane Associates*

h these surfaces. Will they be too ugh, slippery, or uneven? A decorative rface that might be fine for a meander- g and informal walk may not be suit- ble for a main entry walk.

ants growing between concrete pads ill undoubtedly need attention: water- g, feeding, trimming. On the other and, the spicy scent of thyme or Corsi- an mint when scuffed by a toe or heel ay be well worth a little extra work. □

Breaking *the monotony of garden walk with bands of smooth rock imbedded in concrete. Exposed aggregate surface on pads*
A. SALBOSA

Roses that top All-Americas in northern California and Utah



The three *roses on our cover were introduced in the last 10 years. Each made it big somewhere in the West even though lacking the big credential, an AARS tag*

The rose is queen of the garden still. She's princess of press agents, darling of the catalog publishers. She's more than a lovely flower; she's a religion, a mystique.

But the tough truth is that a new rose tends to have a very nervous debut and chancy prospects for any kind of a career unless she carries a lot of credentials, the most important of which is an AARS (All-America Rose Selection) award. This means she has been grown and tested for two full seasons in some 23 All-America Rose Selections trial gardens spotted over the United States—and has come out on top.

Which brings us to the trio of roses on our cover. Each of the three is a superb variety. Each has a host of adherents in one or many sections of the West. But none of the three carries the all-important little round tag marking it as an AARS winner.

One of the cover roses, Jamaica, is splendid in Southern California. To the north, it probably could excel in some near-coastal and interior valley climates (Santa Rosa, Walnut Creek, San Jose, Fresno, Sacramento), but it hasn't been so and tried enough there for us to say so for sure.

The other two—Fragrant Cloud and Chicago Peace—are much respected in the Bay Area.

Fragrant Cloud was developed and introduced in Germany in the early 1960's, quickly made a big name there, and went on to win honors in England and elsewhere. In 1967, it was brought to the United States by the rose firm of Jackson and Perkins and introduced as its Rose of the Year.

Fragrant Cloud is a superb Hybrid Tea and was an obvious candidate for the AARS trials. But it was deliberately kept out for merchandising reasons. Jackson and Perkins' Rose of the Year has frequently carried more promotional impact than an AARS award, and to tag a promising rose with both AARS and Rose of the Year is to dilute sales clout in the catalog.

If Fragrant Cloud is not the best orange-red rose of all time for the Bay Area, it is very close to it. Pointed, classic exhibition buds of deep coral red develop into long-stemmed, fragrant, high-centered double blooms 5 inches or more in diameter. The color finally reaches an almost geranium red that holds extremely well in summer heat due to fine petal substance. The flowers are gloriously fragrant.

Chicago Peace, the third rose on our cover, is a pink-blend

All-over "best"

In three of the most different, most populated climates from northern California to Utah (San Francisco Peninsula, San Joaquin Valley, and Salt Lake City) rosarians liked 13 roses in common. Of the 13, 9 are AARS, 4 are not. Here are the 13 in order of popularity.

Peace (AARS), HT. For anyone who doesn't know this 27-year-old greatest rose, it looks like the newer Chicago Peace shown on our cover, except that on regular Peace the colors are lighter. The plant is very strong and easy to grow. It has excellent foliage.

Queen Elizabeth (AARS), Gr. Delicate, clear pink, high-centered flowers grow singly on a rather large, upright shrub.

Chrysler Imperial (AARS), HT. Dark red, fragrant, well formed flowers open from beautiful buds on an upright, compact plant.

Tropicana (AARS), HT. Distinctive orange flowers grow on a sturdy plant.

Mister Lincoln (AARS), HT. Big, 6-inch, flat, red flowers with a strong damask fragrance open from shapely buds.

Countess Vandal, HT. Large, high-centered salmon pink flowers open from coppery pink buds.

Little Darling, Fl. Small, yellow, pink, and orange buds open into flowers of same colors. The vigorous plants, 4 to 5 feet high, spread and have been used as a tall ground cover.

Mojave (AARS), HT. Orange-yellow, red-veined flowers open from long buds.

Pascali (AARS), HT. It grows a white, well shaped flower on sturdy stems.

Pink Peace, HT. Deep, dainty pink flowers, very fragrant, bloom freely on tall vigorous bushes with leathery foliage.

Bewitched (AARS), HT. A clean rose pink on a long sturdy stem, it makes a grand and long-lasting cut flower.

Montezuma, Gr. Bright orange-red flowers, good for cutting, grow on vigorous plants.

Sutter's Gold (AARS), HT. Very fragrant yellow flowers, shaded orange, open from long, pointed buds. Flower production is heavy and continuous.

S. F. Peninsula

Beyond the 13 northern California-to-Utah favorites just named, rosarians on the San Francisco Peninsula voted in the following as their favorites.

Olé, Gr. Orange-red flowers bloom pro-

ative of Peace, the top-ranked rose of all time. It was dis-vered in 1953 on the Cantigny Estate of the late Colonel bert McCormick of the *Chicago Tribune*. One of the Peace ses growing there had put out a cane that bore flowers rkedly different from the others (such a cane is called a ort). Buds from that sport were sent to an eastern grower, plant was tested through several seasons, and it passed th very high marks.

ice its introduction 27 years ago, there have been many orts of Peace, various color variations of the famous yellow-end flower. But almost always there were shortcomings in ner departments—growth, form, disease susceptibility, and on. Chicago Peace has proved to be exactly like its famous edecessor in all respects save the bright pink and yellow lor of the flowers.

gain, it was not entered in the AARS trials for tactical rea-ns. As a sport of Peace, of course, it would be off to a nning start. But the AARS competition at that time (early 60's) was strong. For instance, the winners that year (1962) rned out to be mighty Tropicana and Royal Highness. To ter and lose would have been a black mark, so the devel-ers held it out.

ther explanations exist for why there is no AARS after the mes of Countess Vandal, Little Darling, Pink Peace, Mon-zuma, Olé, Summer Sunshine, First Love, Picture, Eclipse, d El Capitan, all described below with the top 29. The fact that these 10, like Jamaica, Fragrant Cloud, and Chicago ace, may be as worthy of a place in your garden as the ARS names. The same may prove true of some of this year's op of new roses listed on page 135.

ne way to see the new roses and decide for yourself if you e looking at another unheralded worthy is to visit public se gardens, AARS or otherwise, during the blooming sea-n. A list of them also appears on page 135.

he big strengths and one flaw of AARS

nagine, if you can, the auto industry handing over the judg-g of its new models to an impartial committee of experts, onsoring trials, and then jointly acclaiming the car that omes out on top. That is the way rose breeders and growers troduce new varieties through the AARS program.

takes a rose breeder nine years—and a lot of money—to evelop a new rose. A good part of the time-and-money in-vestment rides on the AARS trials. An industry must possess an uncommon sort of public concern to submit to a system such as this, much less invent and subsidize it. For their con-cern, we, the buyers of retail rose plants, owe the industry great thanks.

The AARS program came about in the 1930's, when the new Plant Patent Act led to a bewildering profusion of new roses. The public needed some sort of form chart of new roses. The country's major rose breeders and producers responded with the AARS. Some 40 per cent of the rose plants sold today are winners in the AARS trials.

AARS judges are skilled professionals, unbiased and hard-nosed in evaluating candidates in the 23 official test gardens from Richmond, Virginia, to San Jose.

They judge each trial rose on a 13-point scale: vigor, habit, hardiness, disease-resistance, foliage, flower production, bud form, flower form, opening color, finishing color, fragrance, stem, and overall value. An AARS medal on a new rose means that it will grow reasonably well anywhere in the United States and supremely well where it's happy.

But there, if anywhere, is the weak point in the system. In the continuing search for the all-around performer, the rose that will do well anywhere, superb regional varieties can fall into the discard. It is quite possible for the finest rose ever developed for, say, Berkeley to fail in the trials because it sulks in Hemet, California or in Hartford, Connecticut. And vice versa. In the search for the decathlon champion, the fel-low who can pole-vault 18 feet is being overlooked.

What those initials mean

We polled rosarians in three important climates for their favorite varieties. The results appear below—with some rose initials among them. Here's what the initials mean:

HT means Hybrid Tea, the most popular kind of rose plant, the rose garden rose. Hybrid Teas produce full-bodied, splen-didly formed flowers (the kind you'd put singly in a vase) on mostly vigorous but undistinguished plants.

Gr. means Grandiflora, vigorous shrubs, as high as 8 or 10 feet, with flowers shaped like Hybrid Teas.

Fl. means Floribunda, the best kind of rose for landscaping (hedges, borders, masses, containers). The flowers tend to be smaller and more clustered than on HT and Gr.

sely on 4 to 7-foot-high plants. Heat oesn't stop the performance.

hicago Peace, HT. The rose at the 2 'clock position on *Sunset's* cover. Its istory is told in the main section, above.

ragrant Cloud, HT. This is the red rose t the 10 o'clock position on *Sunset's* over and in the photograph at left. ead more about it in the section above.

ommand Performance (AARS), HT. his one has beautifully formed orange-ed flowers and a nice fragrance.

ummer Sunshine, HT. The clear yellow owers do not fade or change in the sun. he plant has a spreading habit.

San Joaquin Valley

he rose gardeners from Fresno to tockton added these five as their own plus First Prize, described in the Salt Lake City list):

Charlotte Armstrong (AARS), HT. A reliable, heavy producer of well shaped, deep pink to red flowers, it has best color in hot-summer areas.

Duet (AARS), HT. A strong, healthy plant produces flowers of rosy crimson outside, soft salmon pink inside. It's pop-ular in many hot-summer places.

First Love, HT. Light pink, mildly fra-grant flowers grow in profusion. People like it as a cut flower producer.

Granada (AARS), HT. This one has abundant flowers in an unusual blend of reds with a bright yellow. They have a spicy fragrance. The foliage is unique, too—it's leathery and crinkled, some-what hollylike.

Mojave (AARS), HT. Bright orange and red flowers open in profusion from pointed buds.

Salt Lake City

First Prize (AARS), HT. The deep pink to red flowers become blended with ivory as they open.

President Herbert Hoover, HT. This is an old-timer with large, open, orange to red flowers on long stems.

Picture, HT. Another old-timer, it has medium-sized flowers of clear rose pink.

Eclipse, HT. Still another old-timer, it produces very long, pointed buds that open to become loose, fragrant, golden yellow flowers.

Tiffany (AARS), HT. Vigorous, upright plant yields large, fragrant, silvery pink flowers (flushed with gold) singly at the end of long, sturdy stems.

Carrousel, Gr. Medium-sized, dark red, fragrant flowers bloom profusely on vig-orous, upright bushes. □

Coffee from scratch... grinding your own beans

Grinding your own coffee beans is one step in the search for a finer cup of coffee.

You can experiment with different flavors of coffee that are found in specialty coffee stores and some markets in the West and grind them to your liking. Take some time to visit with the proprietor of a coffee store and he'll tell you about the two basic types of mills and grinders he sells: mills with burrs that crush the beans, and grinders with blades that cut them.

Types of mills and grinders

The mechanism, or burr, in the coffee mill consists of two pieces of metal: a stationary tooled ring and an upper rotating ring. The most desirable models have mechanisms of hard steel with a shiny or brushed metal finish. Avoid mills with cast-iron burrs, sometimes found in antique reproduction models; these burrs are soft and will progressively grind unevenly. They look dark or dull in color when compared to steel burrs. Burr-type mills may be electric or manual models.

All blade-type grinders are electric, and most include a built-in safety feature that prevents the motor from starting unless the lid is on. The blades on these grinders should be slanted slightly to throw ground coffee beans out of the way of the blades, thus insuring a consistent, even grind.

Some electric blenders may be used to grind coffee beans, but check the manufacturer's directions; some specify the use of a separate blender jar since grinding beans may harm some plastic surfaces. Because of the angle of the blades, the grind in a blender is typically not as even as that achieved with blade grinders or burr mills. Also, you can usually grind successfully a small amount of beans at a time in the blender.

The ultra-purist among coffee connoisseurs may demand the burr-type mill, claiming that the rapidly rotating grinder blades generate heat and deleteriously affect the flavor of the confined coffee.

Cleaning

Two factors to consider when buying a coffee grinder or mill are how easy it is to clean and how often you plan to use it.

Because of the motor, electric grinders cannot be immersed in water but are very easy to clean; simply wipe out the container and dust off the blades with a brush or clean cloth that's dry or slightly moistened.

Burr-type mills are a bit more complicated. Flecks of ground coffee can collect in the tooled metal of the burrs. The burrs are somewhat inaccessible and the accumulated coffee grounds can turn rancid. Regular use (several times a week) is the best way to prevent rancidity; fresh beans continually push previously ground coffee through the burrs. Frequently wipe out the coffee collection container.

Adjustable grind

Different types of coffee makers give best results with specific grinds of coffee. The fewer times the water circulates through the grounds, the finer the grind must be.

Drip pots generally require a fine to medium grind; vacuum types, a very fine grind; and percolators, a medium to coarse grind. One exception is Turkish coffee, which uses a pulverized grind, but the coffee and water are boiled together, resulting in a thick sweet mixture quite unlike regular coffee.

The grind of the coffee is regulated on most manual burr-type mills by an adjustable screw that determines how tightly the burrs are engaged; the tighter the burrs fit together, the finer the grind.

You must try each adjustment you ma to see if it is satisfactory. The grind justment on manual mills varies in e and efficiency, and it's a good idea to adjusting a particular model before y buy it. Many electric mills have levers switches that automatically adjust grind; the manufacturer's directions plain each setting.

Electric blade-type grinders are adjust by the length of time of grind, usua ranging from about 10 seconds coarse grind, 25 seconds for fine grin Such information is usually contained the instructions.

Capacity and storage of beans

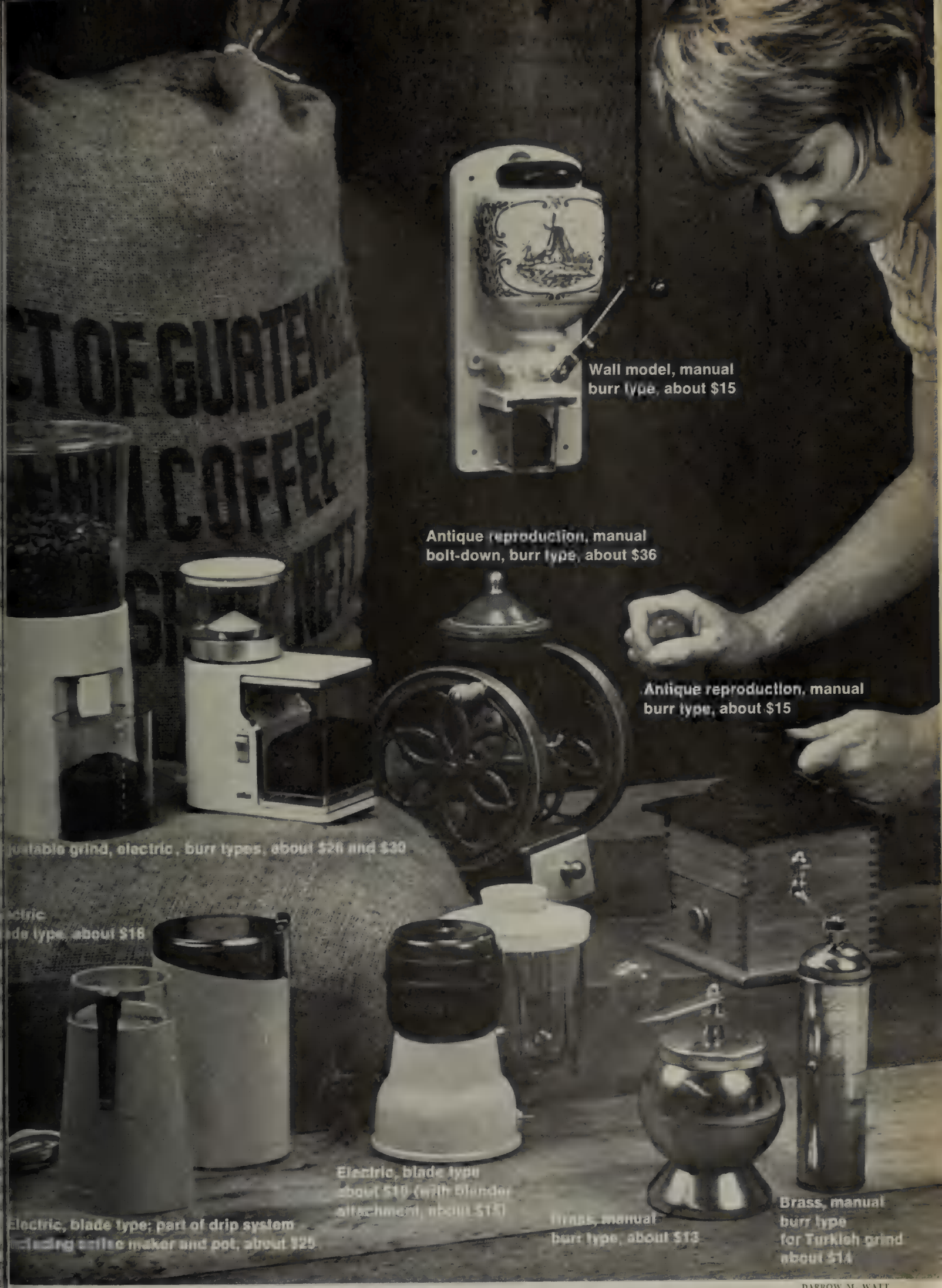
Some burr-type mills also store wh beans. However, to preserve freshne store beans only briefly at room te perature and keep the mill in a co dark place.

Some burr-type mills have separate co tainers for the grounds, while some c lect in the bottom of the grinder, whi you then twist apart to empty; collecto range in capacity for ground coffe enough to make 4 to 10 cups of brew coffee. Blade-type grinders are turn upside-down to empty; the models pi tured here can grind enough beans make about 4 to 6 cups of brewed coff at one time.

Shopping for mills and grinders

Look for coffee mills and grinders specialty coffee stores, gourmet coo ware shops, and department stores. I sure to look at the instruction bookle both mills and grinders come in a varie of foreign and domestic models and t instructions, if any, for foreign mode are not always translated into English.

For a handsome old model, look aroun in antique and junk shops, but be pr pared for the possibility that the mil may be more artistic than functional.



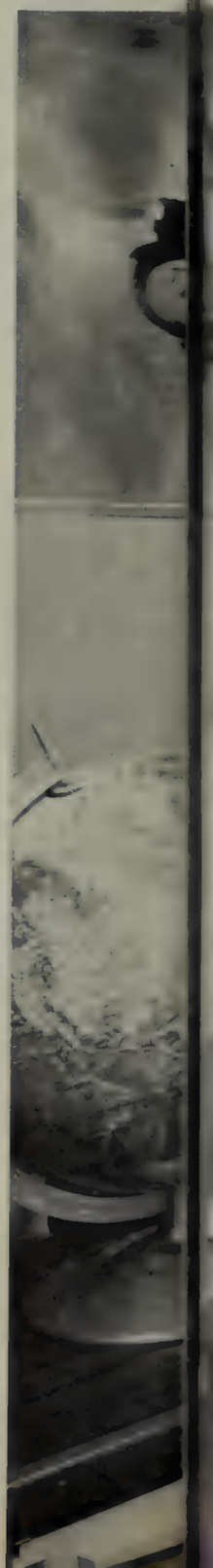
DARROW M. WATT

Coffee grinders and mills: *some electric, some manual, priced from $10 to $36, all help make a better cup of coffee*

Old storeroom *is on its way to becoming a bedroom. Shelves removed, debris being cleaned up*

He's building *framework to support bed and desk top. Tools needed are hammer, level, and hand saw*

Completed *framework, of 2 by 2's and 2 by 4's, is 28 inches high. Carpet has been cut and laid*



Simple lines *make small room seem larger. Burlap on one wall, ceiling. Desk and mattress support are prefinished doors; slung drawers under them take place of dresser*

How 13-year-old Rick got a room of his own

Built-in bunk, new desk, carpet, new walls . . . all for about $75

Remodeling an old storeroom gave 13-year-old Rick a bedroom of his own plus the satisfaction of doing much of the work himself. The ideas that went into it are the kinds that call for the most basic skills and tools. There's no reason to worry about mistakes or sloppy work along the way, because most get covered up later on in the work.

After cleaning out the room and painting the walls, Rick and his father covered the exposed beam ceiling with ¼-inch plywood.

They later used a staple gun to cover the ceiling and one wall with flame-retardant colored burlap. The burlap conceals blemishes and such things as bent nails, and also serves as a bulletin board.

A framework of 2 by 2's and 2 by 4's creates a perch for the bed and desk. It also serves as a frame for the closet; the closet doors and walls are covered with burlap.

The desk surface and mattress support are of the same handy, inexpensive material: prefinished, hollow-core doors sold as "seconds." Two 20-inch-wide doors are the right width for a twin bed mattress; they must be shortened to the right length.

Total cost of this project, including carpeting, was about $75. Styrene plastic drawers were the largest single expense. They sell for about $7 each, but are well worth the price in convenience and ease of installation; four screws hold their metal tracks under the desk top and mattress support. □

Two prefinished doors, *20 inches wide and cut to length, will fit on frame by window, support mattress. A 24-inch door already in place makes a desk (one end showing) at left*

Desk surface *continues as shelf in closet. Vertical divider is burlap-covered. Under desk top is slung plastic drawer*

Cook tostas *in a sandwich grill or frying pan until cheese melts*

DARROW M. W.

Midnight supper idea . . . "spirited right from the streets of Milan"

Light *and cooling punch blends chilled Rhine wine with apple juice*

This quickly managed party, ideal for impromptu festivities, is spirited right from the streets of Milan, where tosta grills abound. Tostas, on close inspection, turn out to be grilled ham and cheese sandwiches, but enhanced by savory vegetables tucked into the sandwich after it is toasted. You can make or buy these condiments.

In keeping with the informality of this gathering, each person cooks his own tosta. Serve a green salad, chilled apple juice and white wine; pour beverages separately or blend in the glass to make a punch. Finish the meal with a basket of whole, fresh fruit.

Tostas

For 6 servings allow ½ to ¾ pou *each* of sliced fontina or tybo chees chunk teleme cheese or jack cheese (c off portions as needed), and sliced cook ham; ¼ to ⅓ pound thinly sliced pr sciutto (optional); 1 large loaf (1 lb sliced egg bread or French bread; a the condiments that follow.

If you have an electric sandwich gri group the elements for the sandwich on a low table, perhaps by the fire. you cook the tostas in a frying pan, a semble the ingredients on a counter the kitchen or family room.

To make a tosta, place a slice or two

ıoose *several of the ıuant vegetables add to the grilled sta; don't fill too full*

Hold *a small plate or napkin under tosta to eat; it may drip*

Serve *a crisp green salad, seasoned with oil and vinegar dressing, with Italian sandwiches*

eat and cheese between slices of bread. ›ast in a sandwich grill on medium or gh heat (or in a frying pan with a lid—en an electric frying pan—on medium at, turning as needed) until browned d cheese melts; *use no fat*. Open sand-ch and add any or all of the condi-ents. Serve tostas on plates since they ıd to drip.

›sta Condiments: Serve at least 4 of e following in separate, small dishes.

ussian dressing. Blend ⅔ cup mayon-ise with ¼ cup drained sweet pickle lish and 2 tablespoons tomato-based ile sauce; keep covered and cold until ne to serve.

Red peppers. Seed and sliver 1 large red bell pepper. Cook, covered, over moderately high heat with 2 tablespoons *each* olive oil and water until liquid evaporates. Remove cover and stir in 1 tablespoon wine vinegar and salt to taste. Serve at room temperature. (Or buy 1 jar—about 8-oz. size—sweet fried peppers with onions.)

Onions. Peel 1 large onion and cut vertically in slivers. Place in a wide frying pan with ¼ cup water and 2 tablespoons white wine vinegar; boil and stir until liquid evaporates and onions are limp. Salt to taste and serve at room temperature. (Or buy 1 jar—about 6 oz.—pickled onions and slice thinly.)

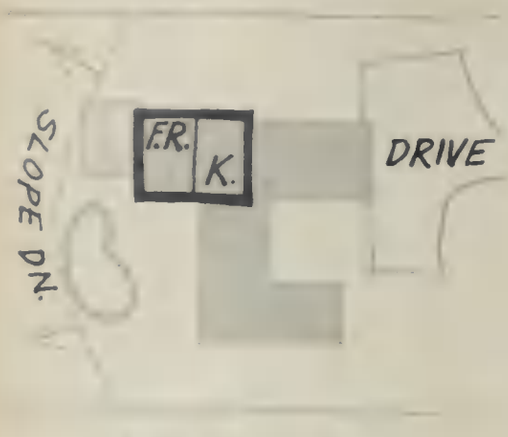
Mushrooms. Thinly slice ½ pound mushrooms and sauté in 2 tablespoons olive oil until limp; add 2 tablespoons vinegar and cook until liquid evaporates. Salt to taste and serve at room temperature. (Or buy 1 jar—about 5 oz.—marinated mushrooms and thinly slice.)

Artichokes. Open 2 jars (6-oz. size) marinated artichokes and cut in thin slices; serve at room temperature.

Eggplant caponata. Open 1 can (about 5-oz. size) eggplant caponata and serve.

Pickled peppers. Open 1 jar (about 8 oz.) Italian-style pickled peppers (peperoncini) and serve. □

This is the house the architect OK'd



Architect *saw modest cost in adding deck and generous family room, and modernizing the kitchen*

In new wing, *kitchen opens to family room through small window at far left and alongside and over serving counter*

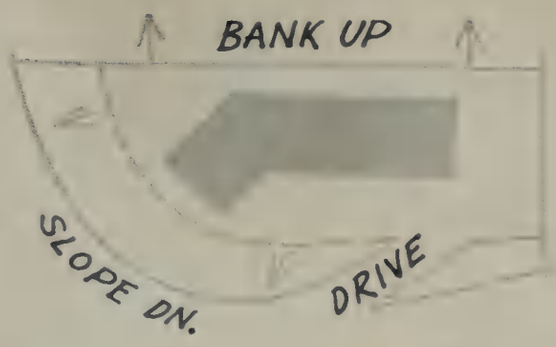
GLENN CHRISTIANSEN

View *is along original outside wall to family room - deck addition at left. Because ground was level, roof line could be extended, and same materials could be used; remodeling costs were moderate*

An architect can help you with a
model even before you buy a house,
the Herbert McGuires happily learne
While they were house-hunting, it b
came apparent that they weren't goi
to find a perfect house to fit their budg

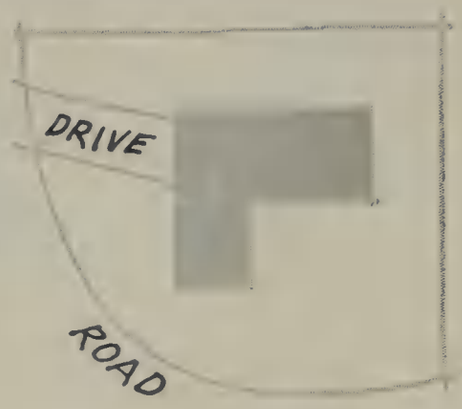
An architect helped them choose the right house to remodel

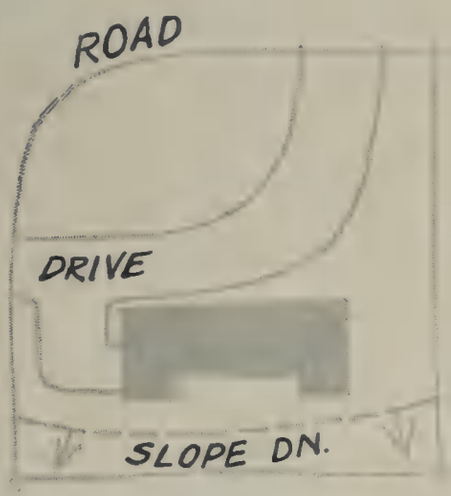
These are the houses the architect rejected



House *was sited for view on pad carved from hill; extensive earth moving, retaining walls needed to expand family room and kitchen into bank. Architect noted cracks in masonry were from uneven settling of fill*

House *was centered on fairly level lot. Architect showed how expanding house or adding pool and cabaña would push too close to lot line for local zoning. Road on two sides intruded on privacy*





Corner lot *had large level front yard. Unfortunately house was sited at rear where remaining space was limited, steep, and difficult to build on. Need to reroute driveway and lack of privacy were hindrances to adding on at front of house*

o they would have to remodel the house ey purchased. After narrowing down e choices, they hired Paul Zimmer-an, AIA, of Portola Valley, California, advise them on which house could ost reasonably be remodeled to suit

Architect *shows prospective wners how remodeling will proceed*
DARROW M. WATT

their needs. His fee was less than $100 for 3 hours of house evaluating.

The children wanted to stay in the same school. Mrs. McGuire wanted a kitchen adjoining a large family room with easy access to outside that would be a command post: a place to feed the children, to keep an eye on their activities, and to entertain friends informally.

The architect cautioned against the houses that are sketched above. The house sketched at far left was not perfect—it had a tired kitchen and undersized family room—but he saw that the house could be changed to suit the family's needs.

There was stable, level land for expansion and enough room for a swimming pool. The slope of the roof could be extended without loss of head space. The enlarged family room could incorporate an expensive window from the existing wall. Plumbing and heating didn't need to be rerouted. The house also had four bedrooms, a formal dining room, place for a study—and the price was right.

The family room addition (275 square feet), rearranged kitchen, and new deck cost $5,500. Another $1,000 was spent on moving the septic tank to the side of the new deck. After remodeling costs (including the architect's fee) there was still enough money in their budget to put in a swimming pool and to install better kitchen cabinets.

To find an architect who will advise in house selection, check the yellow pages of the telephone book. Ask whether the firm does residential work. Interview a prospective architect and ask to see his work and talk to his clients. Hourly fees generally vary from $20 to $40. □

BARON WOLMAN

Shaggy *with their winter coats, work animals await feed in their corral near snow-etched Taos Pueblo*

At Taos the ski slopes are really steep and the powder lasts into May

Many first-time *skiers would like this sort of help at steep Taos*

When nearby slopes are too tame or the snow too thin this spring, consider Taos Ski Valley. It is sited on a southern arm of the Rockies in New Mexico 19 miles by paved road from Taos. The highest of the four chairs reaches 11,800 feet and most years there is powder into May.

The slopes are so steep that the usual "learn to ski week" is called "learn to ski better" week. Depending on accommodations, it costs $140 to $250 including lifts, lessons, and all meals.

Weekdays the lifts close for the noon hour when most guests retire to the small lodges to rest and eat the day's large meal. Some of the lodge owners and hosts are also ski instructors.

The cozy, gemütlich atmosphere may be changing. A mile and a half away, Taos Meadows opens this winter with a chair lift, day skier's restaurant, and lounge. By 1976, if work proceeds on schedule, it will accommodate 650 guests—the same as the parent resort.

Buoyed by the influx of winter visitors, the town of Taos boasts more than 30 art galleries, some fine restaurants, and a good supply of Indian crafts. Nearby is ancient Taos Pueblo.

Amtrack trains stop at Lamy, near Santa Fe (90 miles south); by prior arrangement, arriving skiers will be met. The closest major airport is in Albuquerque (about 150 miles south), where Ross Aviation, Inc., provides Saturday-only shuttle service to Taos. □

Sheep *have the right of way on the narrow road leading out of Taos*

Venerable *La Fonda on plaza in Taos, 19 miles from skiing, shares in bonanza of winter visitors*

Double chair lift *starts climb up Al's Run; clustered below is collection of lodge-restaurants*

Like a *ship's bridge, glass-paneled living room projects onto enclosed deck facing downhill view. Entry steps wrap around side of house, slope toward the rear*

JOHN ARMS

Anchored on land but built like a ship, everything is tight, compact, functional

When designer Roy Stafford applied his boat-building experience to a land-based residence in Bolinas on the northern California coast, the result was this carefully crafted house showing some of the best elements of a well built ship: drum-tight construction, maximum use of limited space, and careful attention to woodworking detail.

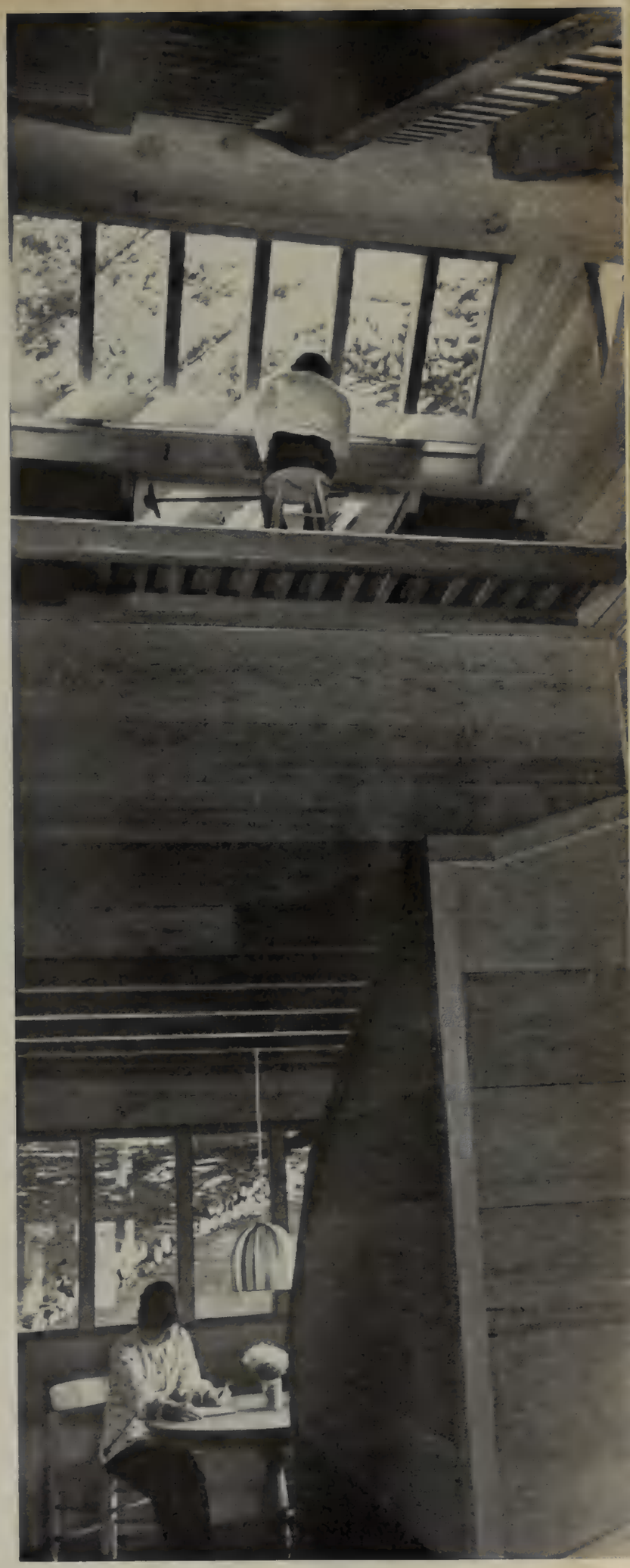
The structure makes efficient use of a small, forested hillside lot with a strong vertical design extending from concrete piers covering only a 10 by 20-foot area. But while it's compact, it's not cramped; the activity areas are grouped in an open three-tiered section and share the warmth of a first-floor fireplace. Less frequently used rooms—the bathroom, the kitchen, and a child's bedroom—are enclosed in narrow two-level wings on either side.

The interior space is functional and uncluttered; there are only two pieces of free-standing furniture. Living room couches and shelves are built snugly into an alcove beneath the stairway, and the beds and seats are on raised plywood panels with drawers underneath. The economy of small size allows the use of rough-surfaced resawn red cedar throughout, with varnished Douglas fir floors, closely fitted moldings, and trimwork that emphasizes the home's vertical lines. □

Nestled *on closely grouped piers, center section rises into trees; narrow wing at left contains two levels. Vertical windows and trim add upward thrust to compact design. Small outbuilding at right was construction shack, is now child's bedroom attached to back porch*

Small kitchen *fully serves four-person family. Appliances are compact, built into counter and island; utensils hang from rafter*

Living *room (above) is open to center section (right) that contains lower dining area, bedroom on balcony, studio topped by skylight*



The Changing Western Home

The beetles add beauty

The wall above is constructed of ponderosa pine from 250 to 400 years old. It is riddled with beetle holes that provide a pattern, with each board different from the next. The large channels were cut by bark beetles; the flat-head borer made the largest holes. The more irregular grooves are the work of sculptured pith borers, and the smallest holes were made by the pin-hole borer.

The wood is treated to stop decay and infestation when it comes to the lumber mill. It is sold as "Brookswood" by Brooks Scanlon, Inc., and is sold in 6, 8, and 10-inch widths up to 16 feet long. The cost per board foot varies from 40 to 50 cents.

A heater for a water bed?

Heaters are gaining acceptance as accessories for popular water beds.

On page 87 of the April 1971 *Sunset* we cautioned against heaters because of the danger that water might come in contact with electricity. But, since that time, four water heater companies have received component recognition from the Underwriters Laboratory.

This means that the heaters themselves were considered safe. It does not mean that a complete system of platform, liner, and mattresses—which includes a safe heater—has been approved. Until then characteristic U.L. in a circle and the Underwriters Laboratory name will not appear on any of the heaters. (Only one system, "Pleasure Island," which includes stereo equipment and costs more than $2,000, has received a U.L. listing.)

If you have a water bed and would like to heat it, here are the four heaters recognized by Underwriters Laboratories:

Chemelex: 12 by 48 inches, semi-rigid, thermostatically controlled, heated by graphite film. They cost from $30 to $50.

Electrofilm: Models measure 14 by inches, 14 by 32 inches, and 8 by inches. They are flexible and are heat by resistive foil. Retail costs range fr $25 to $50.

Two eastern manufacturers with heat not yet widely sold in the West are:

Safeway: 8 by 50 inches. Wire circu heat this flexible model, and the heat governed by an internal thermostat a bedside manual control. Suggested ret price is $60.

Thermal Circuits: 8½ by 50 inches, foil element resistance heater. It is fle ible and sells for about $25.

Umbrellas stay in a wine carton

No matter how well you plan the da of your holiday parties you'll probab confront a downpour on at least o night. This the West's rain and sno season and here is a way to cope w the inevitable.

An empty wine carton offers a qui solution for what to do about wet u brellas when guests arrive at your do You can place it outside the door if y have an overhang, or just inside if n One carton holds 12 umbrellas; for larg parties use several. To catch the dri put foil on box bottom, under divider.

GLENN CHRISTIAN

Remember the layer cake your mother made, with icing so good you begged to lick the spoon? Pepperidge Farm remembers.

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A. SALBOSA

Appliquéing *the Hawaiian quilt*

The colorful quilts of Hawaii

Visitors who have seen the Hawaiian appliqué quilts on display at the Mauna Kea Beach Hotel or Ulu Mau Village can now learn to make these quilts. A new book, *The Hawaiian Quilt*, by Napua Stevens, takes you through the entire process. With clear descriptions and drawings the author gives step-by-step instructions, easy enough for beginners.

New England missionaries in 1820 brought to the Islands the art of piecing squares of fabric together to make a quilt. Hawaiian women, skilled in the making of tapa, a cloth pounded from a native plant, saw possibilities in the new quilting technique and gradually developed their own art form from it. They worked out the appliquéing technique, using bold, solid color designs on contrasting fabrics instead of the tiny patterns used by the missionaries. The new quilts had the distinct advantage of being washable, which the tapa cloth was not.

Traditional patterns usually come from nature (the leaves and fruits of the Islands), but sometimes the maker has taken his design from other sources. Some quilt patterns were inspired by wrought iron railings used as ballast in the holds of early trading vessels. Gas jet chandeliers, gate lamps, and stained glass windows from the first railroad parlor cars in Hawaii inspired other designs.

The Hawaiian Quilt can be ordered by writing to The Hawaiian Quilt, Box 1116, Kaneohe, Hawaii 96744. The 43-page paperbound book costs $7 plus $1 for taxes, handling, and postage. The book can also be purchased at museum gift shops in Honolulu and Lihue, Hawaii. □

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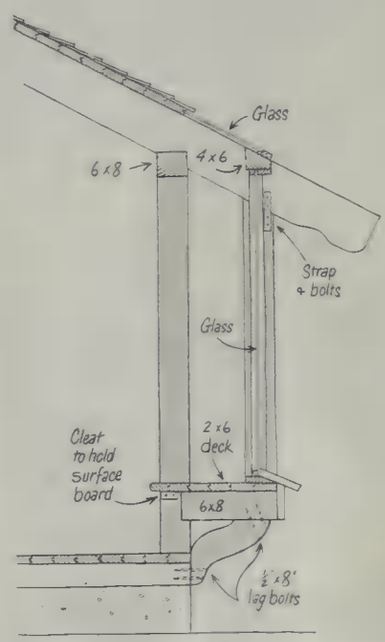
NORMAN A. PLATE

Three *48-inch-wide window sections dramatically extend living room. Deck is at seat level, with plenty of space for art objects*

A bay window opens up the whole wall

There's intentional surprise in designer David Clayton's plan for the Mendocino, California, home of the Richard Grunewalds: Where a conventional window would be expected, he let a large bay window jut out from the already-built framework to broaden the western exposure and view toward nearby forest. The window extends under a long rafter overhang, with a 25-inch-deep deck, or window seat, supported by unfinished 6 by 8-inch timbers. The deck support is braced against the wall and floor joists, and the window posts are strapped to the rafters.

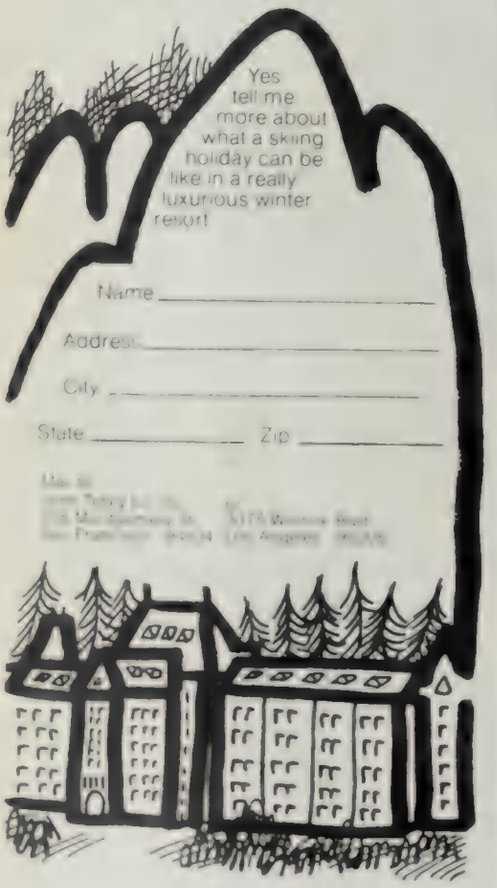
The glass is framed at the top by a 4 by 6-inch beam set into the top of the rafters. There are windows overhead, with the glass caulked into the end groove of the tongue-in-groove ceiling, supported by furring strips, and separated by 2 by 4-inch boards on top of the rafters. And there are narrow windows at either end. □



Deck frame *is notched into post, braced from below; rafter straps help hold weight*

Our world famous summer resort now offers this exhilarating extra:

Winter



Picture a fairytale castle in the Canadian Rockies. Three different ski areas with slopes for everyone from snow bunnies to downhill racers. Sunshine. Powder snow. Crystal clear air.

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To find out more about winter in the style to which you would like to be accustomed, just mail the coupon.

The Banff Springs Hotel

Banff, Alberta, Canada

CP Hotels

Angled roof *that once robbed floor space is now used to advantage: Bed requires little head room, slides partway into counter-height cabinet*

Dark attic becomes bright bedroom

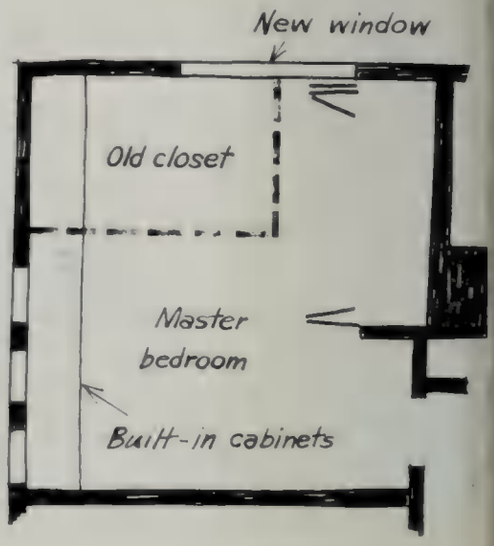
This dark second-floor room was dominated by a large storage closet that didn't leave much space for other uses. But by moving the closet, architect Thad E. Kusmierski created a livable bedroom.

The closet was under the eaves (in about the same position now occupied by the double bed) so that it had limited capacity and was hard to use.

Adequate space for a bed and other furnishing was almost nonexistent; much of the space was needed for passageway to the closet.

Without the closet it became a 14-by-14-foot room sans storage. Now a new closet at the right of the entrance pro vides space for hanging clothes. Cabine along the opposite side of the room giv storage for books, hobby equipment, an room for the bed to slide under about 1 inches, freeing more floor space.

Lighting was improved by a new larg window on the view side of the hous and a fluorescent strip in the entranc cove just out of the photograph t the right. The 1-by-4 redwood strippin added to the ceiling attractively accentu ates its varied levels and angles. Owner are Dr. and Mrs. Bennett L. Dubine San Francisco.



Plan *shows former closet, new additions. Note cabinets, new window*

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DARROW M. WATT

African daisies *are tucked between paper layers, then flattened in the flower press*

For the flower collector: a simple press

Whether your interest is pressing flowers for a picture, or acting the amateur botanist by preserving and cataloging flowers from the garden, this flower press should serve you well. It couldn't be simpler: just two pieces of wood held together by carriage bolts and fastened with wing nuts.

Cut two 9 by 12-inch pieces from ½ or ⅝-inch plywood. Cut larger pieces if you're interested in pressing larger plant material than this size would accommodate. Drill four bolt holes at the corners of the plywood, using clamps to hold both pieces together. While they're still clamped together, saw a notch in one corner. This will help you realign the holes each time you use the press.

Cut the following items the same size as the plywood: 10 corrugated cardboard pieces, 4 to 6 pieces of blotting paper, and several sheets of folded newspaper (not a colored section). Trim the corners to clear the bolts. Assemble the press with 3-inch carriage bolts, wing nuts, and washers.

It's best to gather plant material in the middle of the day after the sun has dried the surface moisture. Select the freshest and most nearly perfect specimens and don't forget the foliage. If you're making a picture, lacy leaves and twiny stems add a delightful linear quality to the finished arrangement.

Choose flowers and leaves that are not too thick if you want them to dry fairly quickly. A thin-petaled flower such as a pansy or daisy may dry in two or three days, while a thick flower may take one or two weeks or even longer.

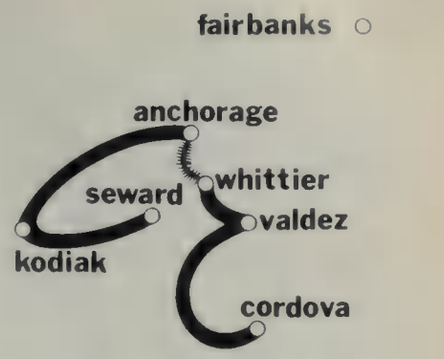
Press the plants as soon as you have picked them. Cover the wood base with corrugated cardboard and then blotting paper. On the unfolded pieces of newspaper, arrange the material the way you want to have it look when dry (top left photograph). Smooth petals and leaves gently down. Fold over the paper; add layers of blotting paper and corrugated cardboard and the top board. You can press several layers of flowers at a time; just be sure to have layers of newspaper and blotting paper above and below to absorb the moisture.

Tighten wing nuts (small photograph). Expose the filled press to the sun and wind to hasten the drying process.

After about 6 hours, change the blotting paper. Either have additional dry blotting papers ready to use or put the damp paper that you have removed from the press out to dry in the sun.

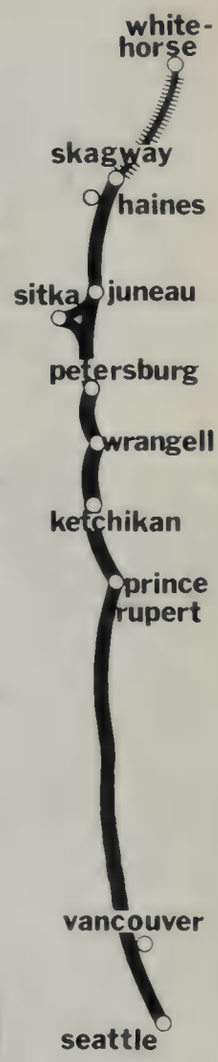
Repeat this changing process every 24 hours until the material is completely dry. If you don't keep changing the blotting paper, the flowers will turn brown. Use the newspapers, blotting paper, and cardboard over and over again; just be sure to dry them out.

You can tell that a flower is thoroughly dry when the stem and leaves become brittle. When perfectly dry, set the plant material on flat sheets of paper with identifying notes, and store in a safe, dry, cool place until needed. To avoid the unwelcome surprise of insects chewing small holes in the leaves, place moth balls next to the stored material. □



ALASKA'S

INSIDE STRAIT



It's a winner, traveling the Alaska Marine Highway up the beautiful Inside Passage.

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On north, to top off your adventure, add the unforgettable cruise in Prince William Sound, or from Anchorage to the Kenai Peninsula and Kodiak Island.

Aboard these comfortable ferry liners, you'll find spacious decks for promenades and sunning. Observation lounges provide picture window panoramas. The dining rooms and cabins will delight your taste AND budget.

And you can have it both ways. Fly or drive north and return south by ferry. Or the other way around.

For information and reservations consult your auto club, travel agent or use the coupon for direct mailing.

alaska marine highway

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All State of Alaska vessels are under U S registry, with the exception of the M/V WICKERSHAM which is registered in Panama.

Fire extinguishers ...the ABC's

Only those who've lived through the tragedy of a fire in their home know the full value of household fire extinguishers. Unfortunately, they're also the only people who are likely to own them. A nearby extinguisher can be your best weapon during a fire's most crucial stage: the first few seconds it takes hold before leaping out of control.

The cost of an extinguisher is small, especially compared with potential fire loss, but you should choose the right one for the job or it will do you little good.

There are three kinds of household fires:

Class A fires involve ordinary dry combustible materials such as wood, paper, and fabrics.

Class B fires involve flammable fluids: paint, grease, cooking oil, and gasoline.

Class C fires are electrically live, involving household wiring or plugged-in appliances. They become Class A or B fires when the current is cut.

While you can equip your home with extinguishing agents for each class of fire, only one agent can be used against all three: an ammonium phosphate compound, used in Underwriters Laboratories - labeled "ABC" or "multi-purpose" extinguishers.

Water is the best single defense against Class A fires, soaking and lowering the temperature of burning material below the combustion point. But it will only spread flaming liquids and can add a shock hazard to Class C fires: The current from an electrically live fire can travel up the water stream, or carry through water pooled on the floor.

A large water extinguisher or exterior hose may work best if a small Class B or C fire becomes a general conflagration. But an outdoor water supply is subject to freezing in winter, when heavy heating and appliance use and confined household activities can add to the normal danger of fire.

Several extinguishers are rated for Class B and C fires, most using a variety of dry chemicals that smother burning liquids and don't conduct electricity. Carbon dioxide is also BC-rated and, unlike the chemicals, leaves no damaging residue, making it attractive for kitchen use. But pound for pound, carbon dioxide is a less effective fire-stopper. Neither BC-rated chemicals nor carbon dioxide is very useful against a Class A fire.

While some homeowners prefer to have both A (water) and BC extinguishers for all contingencies, most fire officials now recommend just all-purpose ABC (ammonium phosphate) units to avoid grabbing the wrong one in a moment of panic or confusing how to operate two different kinds of extinguishers. Every moment counts when a fire ignites. Since ABC extinguishers aren't as fully effective as water against large A fires, a nearby hose still helps in a big blaze.

What to shop for. While you can find some discount bargains, any unit you buy should be labeled by Underwriters Laboratories, and you're probably safest buying from a dealer who knows—and services—extinguishers. Look under "Fire Extinguishers" in the yellow pages of your telephone book, or ask your local fire department for advice.

The Underwriters Laboratories label will classify the extinguisher (A, BC, or ABC) and rate its relative effectiveness with a number: A unit marked 4A-30B:C, for instance, is twice as effective

Mercury Colony Park.
The elegant wagon that has built a tradition for luxury ride.

Mercury Colony Park is where other wagons come to learn about luxury. And ride.

So it figures the Colony Park would be first to show that a station wagon can have a ride that rivals a luxury car. After all, it's built by the same skilled hands that made Mercury's ride one of the finest in the world—proved in test after test.

The Colony Park is packed with luxury features from its concealed headlamps and optional Twin Comfort Lounge Seats to its trend-setting Three-Way Doorgate that opens as a loading platform or as a rear door.

There are also power front disc brakes, power ventilation, power steering, automatic transmission, and 400 cubic-inch V-8. All standard.

As for our new Mercury Monte MX Villager, if we told you it had spacious luxury and riding comfort Colony Park, we'd only be stretchi the point about 5 inches.

The Villager may be 5 inch trimmer in length, but its big ca

NORMAN A. PLATE

Small *extinguisher, 18 inches long, is handy for kitchen fires*

s one marked 2A-15B:C (no number recedes the C, since the extinguishing gent is an absolute defense against elec- ric current). The smallest ABC extin- uishers aren't strong enough for an A ating, but they may still be useful gainst very small Class A fires.

For best protection, keep small ABC extinguishers near high-danger areas, and a larger unit—as large as the smallest family member likely to be fighting a spreading fire can handle—near a main exit for general use. If you're far from a fire station, large units are a must.

The smallest useful units (rated about 6B:C and weighing about 6 pounds, including 2½ pounds of chemical) cost from $13 to $20; an extinguisher rated 4A-30B:C may weigh about 17 pounds, including 10 pounds of chemical (commonly called a "10-pound extinguisher"), will cost from $32 up. A larger unit than this might be hard for the average woman to operate.

Your extinguisher should have an easy-to-read, dial-type pressure gauge (other indicators are less reliable) and an easy-to-break safety seal, such as a pull-out pin or a thin wire restraining the operating handle. Some pins, when used in combination with a safety wire, can be hard to remove in an emergency. The extinguisher should be rechargeable; some come with do-it-yourself recharging kits, but a professional job is inexpensive (as low as $3) and usually more effective; an expert can also check the working parts of a spent extinguisher.

Effective extinguisher use. You should keep extinguishers near the doorways of danger areas to allow yourself the choice of fighting the fire or escaping and to guard against injury from reaching for an extinguisher kept too near a potential hazard (such as over a stove). Mount it on a wall, out of reach of children, using an easily released clamp bracket made to hold your unit.

An extinguisher shouldn't be stored in a cabinet: It can be pushed to the rear by other equipment, or you might forget where it is. Some dealers carry decorative shields for wall-mounted extinguishers that won't impede their use. Your fire department can advise you on extinguisher locations (and make a useful fire inspection at the same time).

You should memorize the extinguisher's operating instructions to save critical time when a fire breaks out. Aim the chemical at the material being consumed and work back and forth across the base of the flames. Don't waste the extinguisher by firing recklessly: Especially in small units, the high-powered charge will be used up quickly. Keep your eye on the exit; never allow your escape to be cut off.

Fire officials urge a three-step procedure: (1) Evacuate the house, (2) call the fire department so they'll be on the way if your efforts fail, and finally (3) fight the fire only if it's safe to do so. □

Montego MX Villager.
Mercury's new trimmer size wagon built in the same tradition.

ıpartment still lets you lay 4-foot- e panels out flat, just as you can ıe biggest wagons.

In the Villager, a front Flight ıch seat (like two side-by-side arm- irs) is standard. So are front disc ‹es and the Three-Way Doorgate. You get the ride of a big car, too, ıks to a new wider stance and the same type high-stability suspension system introduced this year on our most expensive luxury cars.

So why give up luxury and riding comfort just because you need a wagon? Mercury brings them to you in two elegant sizes.

Luxury wheel covers, whitewalls and luggage rack (shown) are optional.

Better ideas make better cars.

MERCURY

LINCOLN-MERCURY DIVISION

Rubber *at work in Great St. Helens Church, London*

Rubbing *of Robert Kerne and his wife made in All Saint's Church, Kingston-on-Thames, Surrey, mailed home to California, framed, hung*

In England's churches, making rubbings of 700-year-old brasses

The time to make brass rubbings in England may be fast running out. Although there are nearly 4,000 brasses in Britain, so many people are discovering the fun of doing their own rubbing that sometimes it is necessary to make reservations months in advance, pay a fee, and still stand in line. These requirements are necessary in many English churches, but not in all, and not so often in the tourist off-season.

Brasses became popular as memorials in the late thirteenth and fourteenth centuries. As representations of deceased persons, they cover everyone from knights, ladies, and bishops to merchants and children. Their depictions of civil, ecclesiastical, and military dress provide interesting and accurate tableaux of fashions in early Renaissance days.

They are normally imbedded in the stone floors of churches and have been walked on for centuries. As a result, some brasses are pitted. It's best to visit a

In Alaska,
this is just for openers.

The trouble with most hotels is, once you get there you have to go somewhere else to enjoy yourself.

That's one advantage of the Oasis. It has everything under the sun. And 762 rooms. The Oasis Hotel, a short drive from the Almería airport on Spain's famed Costa del Sol. The Oasis opens in May 1972. See your travel agent or call:

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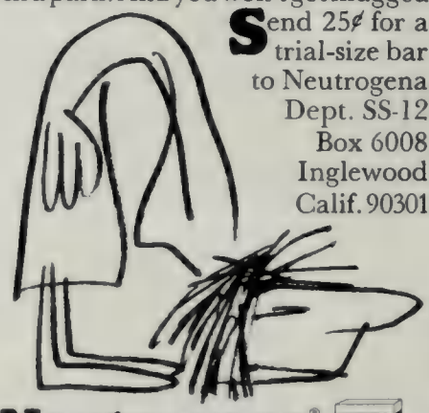
When your face feels as tired as your feet, is it all in your head?

It could be the soap you're using that leaves your face feeling taut, tight, and tired. Then try Neutrogena. It's a clear, amber bar designed to help you overcome the niceties of over-civilization like smog, soot, and air-conditioning. It's made with only the most neutral, natural ingredients. Washing with it is the next best thing to running barefoot in a park. And you won't get mugged.

Send 25¢ for a trial-size bar to Neutrogena, Dept. SS-12, Box 6008, Inglewood, Calif. 90301.



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church to inspect the brass before co-mitting yourself to a rubbing.

The rubbing process is easy. It's t same one school children use when th rub a coin through paper with a pen until a facsimile appears. If you wo carefully, your very first rubbing shou be of good quality. (And rubbings mu like the ones pictured in this article ha sold recently for $50 and more.)

To get you started

You can get materials and guidance ri in London. Most bookshops sell inexp sive pamphlets listing the churches co taining the brasses. Phillips and Pa Ltd., 50 Kensington Church St., Lo don, W.8, an antique dealer and suppl of brass rubbing materials, also has listing of brasses in the London ar After locating a brass, you must ask p mission to rub, preferably by letter to t vicar. Some churches do not allow ru bings during the busy summer tou season, some have a waiting list, and o a few operate on a casual first-com first-served basis.

You'll need these materials: a roll all-rag paper, masking tape, a soft clo a piece of cardboard, and the crayonl heelball rubbing stick. The paper a heelball are available at some art sto and at Phillips and Page. The best he ball is one developed especially for br rubbings by a heelball manufacturer a the Monumental Brass Society.

Doing the rubbing

The technique is simple. Brush any s face dirt off the brass with the cloth. R the paper out on the brass leaving so extra at top and bottom. Secure the pap to the stone with masking tape. W your finger gently trace the outline the brass and make a slight indentati in the paper as a guide.

Begin rubbing lightly at first, then m heavily, and always in the same dir tion. Maintain a steady pressure to sure a consistent degree of blackn throughout. The darker you get the ru bing the better it will look when d played. Use the piece of cardboard the edge of the brass to keep the he ball from slipping off it.

Check to see that you've rubbed all brass, darken light patches, and bru off any bits of heelball that may be l on the paper. Remove the masking ta roll up the rubbing, and cover the br if, as in many churches, it is norma protected by a rug. It takes about minutes to rub a 3-foot brass.

When your rubbings are completed, r them up, put them in a mailing tu and mail them home.

Subjects closer to home

If England is not in your travel pla this year, you can still try your hand rubbing in this country. Search for

Your dollar is a magic carpet in Mexico.

Hang up your overcoat. Put away your galoshes. Stow your earmuffs and forget the aspirin and cold pills.

Mexico is the world's finest cure for the winter chills...the biggest and best vacation value in the world.

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Sun-drenched beaches, warm-blue waters and the most inviting year-round climate in the world. Add to this the smiling, friendly faces, the hospitality and comfort that only Mexico can offer and you'll soon see why more people than ever before are making a Mexican vacation their choice over all others.

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Nobody but Ekco has cutlery with a 15-year guarantee.* And it starts at $1.75.

Cut, carve or slice up fruit for a salad, a meaty roast or a hot loaf of bread. Only Ekco Flint knives give you 7 different edges to choose from . . . a perfect edge for whatever you're cutting into. Plus mahogany Pakkawood® handles and virtually indestructible vanadium stainless steel to stay sharper longer. Ask for Ekco when you buy cutlery. It's guaranteed!

6-piece set shown: paring knife, utility knife, sandwich knife, French cook's knife, roast slicer and bread knife. Available in Mediterranean or Americana style holdsters. Gift boxed . . . a most-welcomed gift item. Priced from approximately $24.95. 27 different knives available.

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The Hamburg, The Space Ship, is the newest and biggest one-class liner cruising from California. And it offers you the first cruise of its kind . . . glaciers, geysers, the molten magic of the midnight sun, the sophistications of Scandinavia, and the treasures of the Russian czars, not to mention the Caribbean.

The Space Ship is two ship-wide ballrooms, decks as big as all outdoors, every stateroom with real beds and private bathroom. It's surprising you with favorite drinks and dishes, lending you a fluffy bathrobe, and remembering your name.

Journey to the ends of the earth on the Space Ship, and we'll go to the ends of the earth to make this your choice of a lifetime.

1. The Caribbean. Scandinavia. and Russia Cruise.

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From California

June 9, 1972. From San Francisco and Los Angeles (6, 10). 55 days. 24 ports include Puerto Rico, St. Thomas, Bermuda, Reykjavik, North Cape, Oslo, Gdynia, Leningrad, Helsinki, Stockholm, Copenhagen, Hamburg, returning to New York. From $2695.

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Please send me full-color brochures on the Space Ship and its Caribbean, Scandinavia & Russia cruise plus others checked below:
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TS Hamburg ✪ [illegible] Represented by Holland America Line

NORMAN A. PLATE

Roll *paper out after brushing dirt off metal surface. Cut paper to size*

Tape *paper down; evenly and slowly rub finishing wax on raised surface*

rubbing subject of particular interest to you. It might be for the story it tells, possibly an historical event. Or you may want to capture the richness of pattern of a metal relief. Intricately designed manhole covers are the easiest to find, but consider also taking a rubbing of a commemorative plaque, a gravestone or a state historical marker.

The specially manufactured heelball of England is not readily available here. Instead, use a chunk of black finishing wax, which you can buy inexpensively at a shoe repair store. It fits well in the hand, makes a clear print, and does not rub off.

Use a lightweight, small-textured paper. White poster paper, sold by the yard or roll, is a good choice for very large rubbings. Rice paper, which comes in a variety of sizes, is also well worth trying. Not only does the rice paper accept the wax well, but the handmade paper produces a finished rubbing of impressive quality.

To do the rubbing, use the same technique as for the English brasses.

Can you count the stars in Doris Day's new kitchen?

There are six. Doris, plus the five Gaffers & Sattler kitchen appliances she chose when she remodeled. A gas wall oven and cooktop, dishwasher, food disposer and range hood. Appliances stars? Sure. They're great looking, and they have modern features to deliver outstanding performances.

Doris also selected Gaffers & Sattler central gas heating and air conditioning for the same reasons.

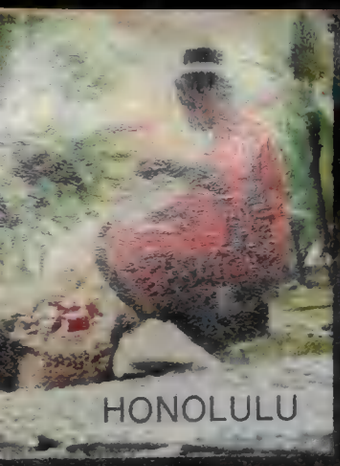
When you're looking for appliances for your home, why don't you look for the ones from G & S too? They're made here in the West for Westerners.

P.S. If you only counted five stars you still get an "A." The disposer's hidden under the sink. Gaffers & Sattler, Los Angeles, California.

See Doris Day, star of "The Doris Day Show," Monday evenings on CBS.

GAFFERS & SATTLER

A subsidiary of Magic Chef, Inc.,



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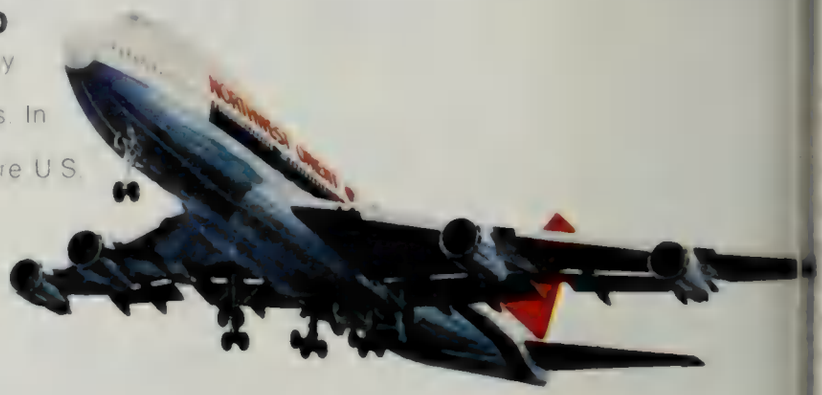
Fly the Orient Express Way. Nobody else does it nearly so well.



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☐ Around the World Tours

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My travel agent _____
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NORTHWEST ORIENT ®

NORMAN A. PLATE

Ladder *at left helps you climb up. Two can run if they start out together. Once it's spinning, though, wait your turn*

How fast it spins depends on you

It may never replace jogging or tearing up and down a grassy slope, but this running drum designed by one *Sunset* reader can work off an amazing amount of a youngster's stored-up energy. You hang onto the bar for support and then start running. How fast it spins depends on you. With two aboard it's a challenge to see who controls the speed—a takeoff on the old log rolling event except the loser doesn't end up in the water.

Drum *revolves around axle pipe through short sections of pipe fastened to each end*

Holding bar *is adjustable, has caps on end so it can't slip out of slots*

The drum is 3 feet long, 2 feet in diameter. The ends are circles of ¾-inch exterior plywood; the sides are 1 by 2-inch slats nailed around the plywood circles. An old tire, cut in half and fastened over the ends with heavy brads, protects the runner from splinters. The drum rotates around a fixed, 1-inch pipe axle that is attached to two 6 by 6-inch posts. The weight is carried by 6-inch-long, 1½-inch-diameter pipe sections fastened to the ends of the drum with floor plates. □

Your first day in Vancouver is practically on us.

This is a Holiday Passport. It's worth over $30. We'll give you one when you pick up your round-trip ticket from San Francisco to Vancouver. Even if you go excursion for only $98.

When you arrive, go to either of Vancouver's two finest hotels, the Bayshore Inn or the Georgia. Show your Passport to the man behind the desk. He'll tear out a ticket and give you a hefty discount on your rooms.

You'll get a special deal on an immaculate Budget Rent-A-Car, too. That accounts for ticket number three.

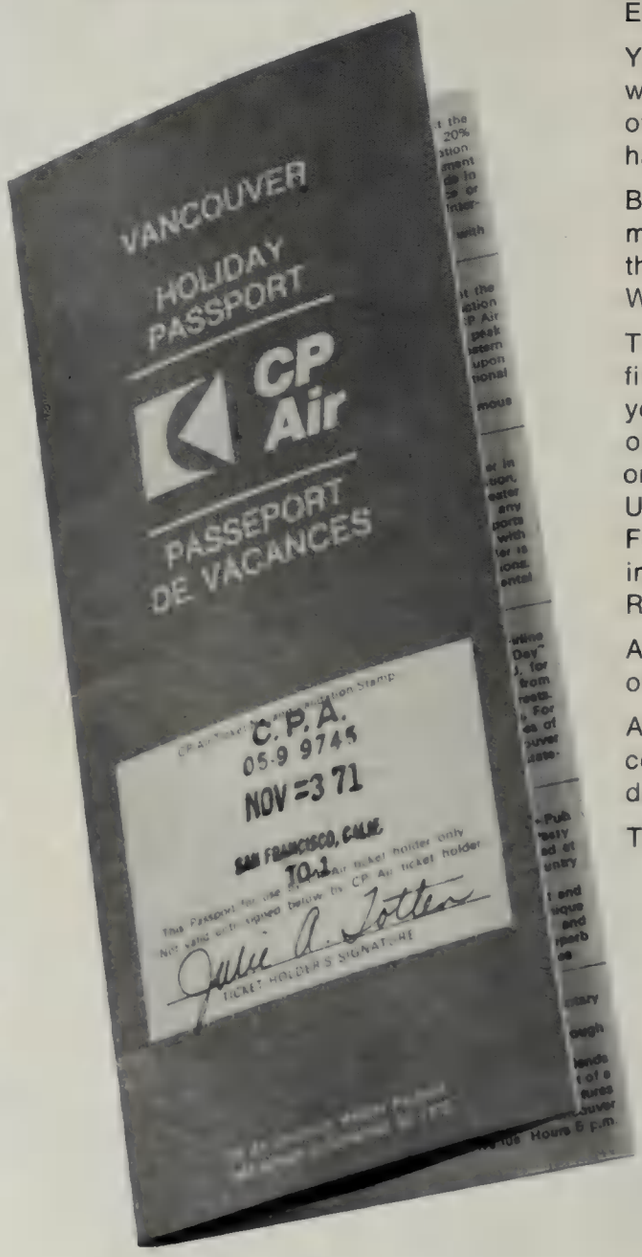
From here on, it's strictly on us.

Go to the Mediaevil Inns, one of Vancouver's most well-known dining out spots; have a Cornish pasty and something delicious to drink. Pay one ticket, the fourth one.

Follow the signs to Grouse Mountain and have lunch at 4,000 feet while you enjoy a breath-taking view of the city.

At Capilano Suspension Bridge you get an authentic coast Indian Mask print valuable enough to take home for framing. Your cost? The sixth ticket.

Mid-afternoon, stop at Gizella's, a restaurant with old world charm. Have another snack and something different to drink.



The rest of the afternoon you can spend at Vancouver's Aquarium, it's fascinating. Eight tickets gone.

Your ninth is for a flagon of wine in the heady atmosphere of the Keg 'n Cleaver when you have dinner.

By now it's early evening, maybe there's still time to stroll through the fabulous Gastown Wax Museum. Ticket number ten.

Too late to do much else on your first day, so you'll have to save your ride on the beautiful Princess of Vancouver ferry to Nanaimo on Vancouver Island for tomorrow. Use your last ticket for a Fondue Fromage, chef's original imported specialty, at the Boiler Room Restaurant.

All of that should have cost you over $30. It didn't. It was free.

Ask your travel agent. Let him confirm everything, including your departure time.

Travel with CP Air is a global affair

CP Air

Canadian Pacific

NORMAN A. PLATT

One puzzle *complete, she tries to assemble second one*

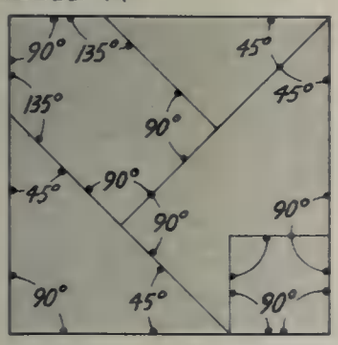
The woodworker makes puzzles

These two innocent wooden puzzles, easily made in the workshop, are guaranteed to stump your most sophisticated friends. The object in both cases is to assemble the pieces in a square.

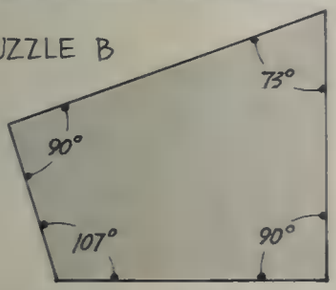
Following the diagrams below, make enlarged paper replicas of the shapes and use these as patterns when cutting out the wooden pieces. The puzzles can be made any size as long as the angles remain constant. A protractor, adjustable miter box, or bevel tool should be used to achieve the correct angles.

To make the puzzles extra difficult, cut the individual pieces from a piece of wood shifted to random positions so the wood grains will not match. □

PUZZLE A



PUZZLE B



Puzzle A *has five pieces, all different. Puzzle B consists of four identical pieces*

BEEF is...

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Lean beef is recommended for low calorie diets. Beef is a natural food which satisfies. Beef is an excellent source of complete protein – an essential nutrient for good health.

WEIGHT TRIMMER STEAK: Cut 2 pounds well-trimmed boneless chuck steak into servings. Brown both sides under broiler. Bake in covered casserole with ¼ cup chopped onion, ½ teaspoon salt, ¼ teaspoon Italian herbs, ½ bay leaf and one (8-ounce) can stewed tomatoes for 1½ to 2 hours in 300° oven. Stir 2 teaspoons flour mixed with 2 tablespoons water into sauce. Bake uncovered 15 minutes. Serves 4 to 5.

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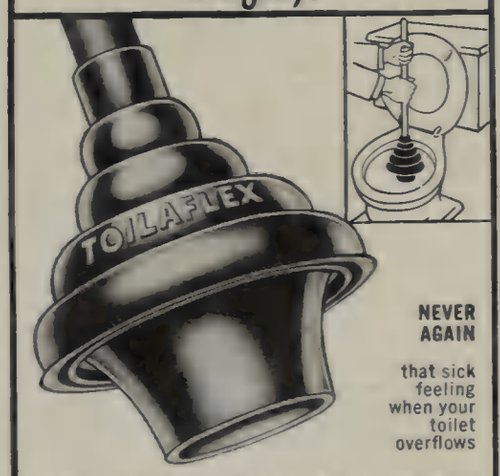

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Sunset's Kitchen Cabinet®

To begin the new year you may be ready for some fresh ideas for family meals. These keep to flavors that are popular, yet each has new twists. All are easy to prepare.

There are two different ways to achieve the nearly complete meal in one dish. A lamb casserole has eggplant and tomatoes inside with fluffy potatoes on top. The pork chops cook with rice and green pepper rings.

For lighter meals, there's a cheese

While the lamb casserole bakes, roast potatoes in the same oven for topping

Lamb and Eggplant Casserole

Before serving top lamb and vegetables with potatoes; broil briefly.

- 3 pounds boneless lean lamb, in 1-inch cubes
- ¼ cup flour
- 2 to 3 tablespoons olive oil
- 1 large eggplant, in 1½-inch cubes
- 1 can (1 lb.) stewed tomatoes
- ½ teaspoon *each* salt and oregano
- ¼ teaspoon *each* garlic salt and pepper
- Potato topping (directions follow)

Dust lamb with the flour, saving what's left. Heat oil in a large frying pan, and brown meat well. With a slotted spoon, transfer meat to a 4-quart casserole and top with eggplant.

Stir reserved flour into pan drippings and cook until bubbly. Gradually stir in tomatoes and add salt, oregano, garlic salt, and pepper. Cook, stirring until thickened; pour over eggplant. Cover and bake in a 350° oven until lamb is tender, about 1½ hours; stir occasionally. Uncover, spoon on potato topping; broil 4 inches from heat until lightly browned. Makes 6 to 8 servings.—*J. W., San Francisco.*

Potato Topping. Bake 6 medium-sized potatoes with lamb. When tender, remove peel and beat smooth with 3 tablespoons soft butter, ¼ cup milk, and salt to taste; add 3 eggs, one at a time, beating until fluffy.

Ribbons of melted cheese flavor this nourishing lunch or first course soup

Vegetable-Cheese Soup

This soup is quickly made from instant mashed potatoes and canned chicken broth.

- [illegible] medium-sized onions, minced
- [illegible] tablespoons butter or margarine
- 4 large carrots
- 2 stalks celery
- 2 cans (about 14 oz. *each*) regular-strength chicken broth
- Instant mashed potatoes (amount for [illegible] servings)
- 1 cup milk
- ½ teaspoon *each* seasoned salt and celery seed
- ⅛ teaspoon pepper
- About 6 ounces jack or Cheddar cheese, diced
- Ground mace (optional)

In a heavy saucepan (5 to 6-qt. size) sauté the onion in butter until soft. Cut the carrots and celery into thin diagonal slices; add to the pan with chicken broth. Cover and cook on medium heat until vegetables are tender, about 10 minutes. Remove from heat and stir in the instant mashed potatoes. Add the milk, seasoned salt, celery seed, and pepper.

Return to heat until hot through; do not boil. Remove from heat, add cheese, cover pan, and allow to stand about 5 minutes, until cheese partially melts. Sprinkle lightly with mace if you wish. Makes about 6 luncheon servings.—*M. C., Gig Harbor, Wash.*

Serve ground beef and cheese sandwich open-faced or with toasted bread top

Italian Sandwich Supper

Meaty sandwiches and French-fried potatoes bake and crisp together.

- ⅓ cup *each* chopped onion and green pepper
- [illegible] tablespoons butter or margarine
- 1 pound lean ground beef or ground chuck
- ½ cup tomato-based chile sauce
- Salt
- 1[illegible] teaspoon *each* oregano and thyme
- ½ cup grated Parmesan cheese
- 1 long loaf (1 lb.) French bread
- 1 package (1 lb.) frozen French fried potatoes
- Butter
- 6 ounces sliced mozzarella cheese

In a frying pan sauté the onion and green pepper in the 2 tablespoons butter until soft. Remove from heat and crumble in the beef. Add the chile sauce, ½ teaspoon salt, oregano, thyme, and Parmesan; mix well. Split the bread in half lengthwise. Spread meat mixture over the bottom slice and place on a shallow baking pan. Spread frozen potatoes on the same pan. Bake, uncovered, in a 400° oven for 30 minutes. Butter bread top; place in oven for last 10 minutes. Arrange mozzarella slices on meat; return to oven for 2 minutes. Salt the potatoes to taste and slice the sandwich crosswise. Makes 6 to 8 servings.—*M. L., San Jose.*

h soup or a big, baked sandwich.

: invite contributions of original ipes from our readers living in the st. Mail them to *Sunset Magazine*, nlo Park, Calif. 94025. We pay) for each recipe published.

One-dish dinners to start the new year, also a cheese soup and a baked sandwich

rk Chops with Rice and Peppers

: an attractive frying pan so you ı bring it directly to the table.

- 4 large loin pork chops, about ¾ inch thick
- 1 cup regular long grain rice
- 1 envelope (amount for 4 servings) dry onion soup mix
- 2¼ cups boiling water
- 1 large green pepper
- ½ cup tomato-based chile sauce (optional)

ing a heavy 10 to 11-inch frying ı with a tight-fitting lid, brown the k chops on both sides, setting the ps into the pan first on a fat edge il a little fat has cooked out. As chops are browned, remove them from the pan. Add rice to the pan and cook stirring until lightly browned. Sprinkle soup mix over the rice; stir in water. Set pork chops back on top of rice, reduce heat, cover, and simmer gently for about 30 minutes.

Meanwhile remove both ends from green pepper; cut into 6 or 8 thin rings, discarding seeds. Arrange pepper rings on top of meat. Fill the inside of each pepper ring with about 1 tablespoon of the chile sauce, if used. Cover again; continue cooking until rice is tender and liquid is absorbed, about 10 more minutes. Makes 4 servings.—*B. W., Wilmington, Calif.*

Onion soup mix provides the seasoning for this pork chop and rice casserole

bbage Orange Slaw

resh orange dressing enhances this etable and fruit combination.

- 1 can (1 lb.) pickled sliced beets
- 2 large oranges
- ½ cup sour cream
- ¼ cup mayonnaise
- 2 teaspoons prepared horseradish
- ½ teaspoon salt
- 1 teaspoon sugar
- ½ teaspoon dry mustard
- ½ teaspoon dill weed
- ⅛ teaspoon pepper
- 7 cups finely shredded cabbage
- ½ cup finely chopped red or white onion

frigerate beets until thoroughly lled. Grate ¼ teaspoon orange l; set aside. Cut the peel and white membrane off oranges; set aside. In a small bowl combine sour cream with mayonnaise, horseradish, salt, sugar, mustard, dill, and pepper. (You could do this much ahead; cover and refrigerate.)

Just before serving, combine in a bowl the cabbage, onion, and dressing. Slice oranges; cut each slice in half, if you wish. Drain beets thoroughly; discard liquid.

Arrange orange slices and beets on top of salad to bring to the table. At the table, gently mix all the ingredients. Makes 6 to 8 servings.—*J. W., Washougal, Wash.*

Nippy cabbage slaw has colorful garnish of sliced oranges, canned pickled beets

ocolate Mint Dessert

your family is fond of chocolate, you don't want a rich dessert, this ld is light and refreshing.

- 1 envelope unflavored gelatin
- ¼ cup sugar
- 1 cup water or milk
- 4 eggs, separated
- 4 ounces semisweet chocolate
- ⅛ teaspoon peppermint extract
- Fresh mint sprigs (optional)

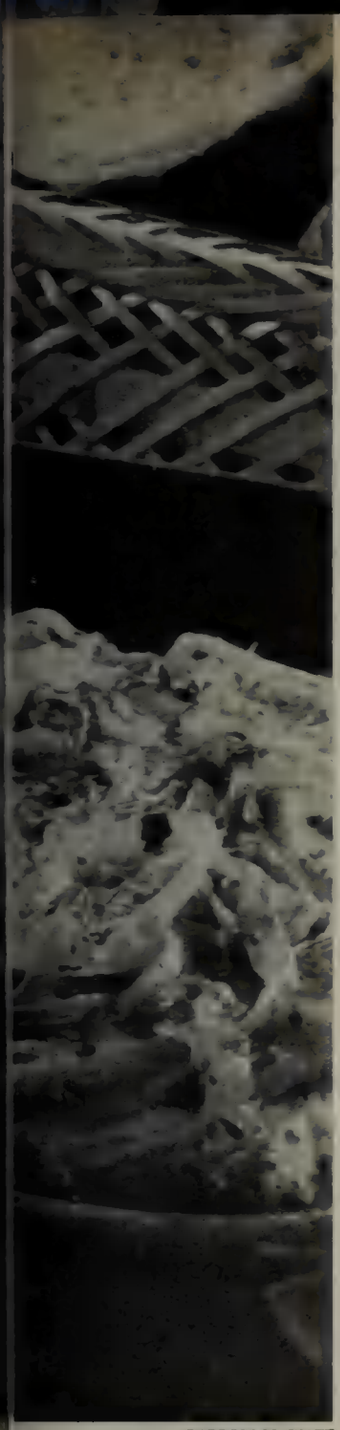
the top of a double boiler, come the gelatin and sugar until well nded. Stir in the water. Lightly it egg yolks and mix into gelatin. ce over gently simmering water l cook, stirring constantly, until ture lightly coats a metal spoon, about 13 minutes.

Remove from heat and add the chocolate, broken into pieces, and the mint extract. Stir until the chocolate is completely melted. Cover and refrigerate until it's about as thick as honey. Beat egg whites until they hold firm, but moist peaks. Using same beaters, beat the pudding until frothy. Fold egg whites into chocolate mixture. Pour into a 1-quart gelatin mold or an 8-inch-square pan. Chill until firm. Unmold to serve or cut in squares. Garnish with mint sprigs, if you wish. Makes about 8 servings.—*M. K., La Jolla, Calif.* □

Make this chilled dessert one day to serve the next; it goes together quickly

The sea cooks of Portugal share some of their secrets

At Portuguese *fishing port of Nazaré, small boats go out through heavy surf to supply daily demand for fresh fish*



Chunky *sturgeon fillets with sweet, cooked onions on top bake in piquant sauce. Could also use halibut or sea bass*

DARROW M. WATT

ıe **Portuguese** have much to teach us out cooking fish. In Portugal, with its eat tradition of seafaring, fishing is a ıncipal industry and fish is served daily most homes.

aveling in Portugal, one is impressed th the importance and size of fish mar- ts and the serious way housewives ɔp for their day's fish, moving from ll to stall in search of the best and shest available. One senses their con- ence in being able to suit their cook- ; to whatever is selected.

rtuguese cooks are innovative and ir recipes are adaptable. The fish hes featured here, for example, are narkably good with some of our fresh cific fish. A chunk of Northwest stur- ɔn was cut into two thick fillets for the ked dish, above, but the recipe is equally delicious with halibut or sea bass.

The braised fish, shown below, starts with tomato sauce simmered in a frying pan; steaks or fillets of lingcod, sea bass, sturgeon, or any of the rockfish are good choices to cook in the sauce. Almost any variety can be used in the fish and potato casserole; you can even use leftover cooked fish.

Baked Fish with Piquant Sauce

- 2 to 3 pounds thick (about 1 inch) fish steaks or fillets
- 1 teaspoon salt
- About 2 tablespoons flour
- 2 medium-sized onions, sliced
- ¼ cup olive oil
- ⅓ cup white wine vinegar
- 3 cloves garlic, minced or mashed
- 1 teaspoon *each* oregano and prepared mustard
- ⅛ teaspoon powdered saffron (optional)
- 1 tablespoon *each* minced parsley and fresh coriander (or use 2 tablespoons parsley and ½ teaspoon ground coriander)
- 1 tablespoon lemon juice
- About ¼ cup water or dry white wine
- Lemon wedges (optional)

Sprinkle fish with salt, then dust lightly all over with flour. Arrange fish in a shallow baking dish, about 8 by 12 inches. In a frying pan, sauté the onions in oil until limp, then distribute over fish. Combine wine vinegar, garlic, oregano, mustard, saffron (if used), parsley, coriander, and lemon juice; mix well and pour over fish. Pour water around fish. Bake, uncovered, in a 350° oven until the fish flakes easily when tested with a fork, about 45 minutes; add a little water if liquid cooks away. Serve with lemon if you wish. Makes about 6 servings.

Braised Fish, Portuguese

- 1 large onion, sliced
- 3 tablespoons olive oil
- ½ teaspoon crumbled bay leaf
- 1 clove garlic, minced or mashed
- 1 large can (1 lb. 12 oz.) Italian-style, pear-shaped tomatoes
- 1 tablespoon chopped parsley
- 1 cup dry white wine (or ¼ cup lemon juice with ¾ cup water)
- 1 teaspoon salt
- 2 to 2½ pounds fish steaks or fillets (about ½ to ¾ inch thick)
- Chopped parsley for garnish
- Lemon wedges

In an 11 or 12-inch frying pan, sauté the onion in oil until soft. Add bay, garlic, tomatoes, parsley, wine, and salt. Simmer, uncovered, stirring occasionally and breaking up tomatoes, for about 15 minutes. Set in fish and simmer slowly, uncovered (spoon sauce over fish several times), until fish flakes when tested with a fork, about 12 to 15 minutes depending on fish used. Remove fish to a serving plate and keep warm. Boil sauce until reduced and thickened slightly; pour over fish. Sprinkle with parsley. Pass lemon wedges at the table. Makes about 6 servings.

Fish and Potato Casserole

Cook about 2 pounds fish steaks or fillets in 1 cup simmering water with 1 teaspoon salt just until it flakes when tested with a fork. Cool, drain, and flake fish (discard any skin or bones); add cream or milk to the poaching liquid to make 2 cups; set aside. Cook 4 slices bacon until crisp; drain and reserve. In 2 tablespoons of the drippings, sauté 1 large onion (sliced) until soft; set aside.

Put about 1 quart sliced, cooked potatoes in a 2 or 2½-quart casserole. Top with the flaked, cooked fish (you should have about 1 quart fish). Distribute onions over potatoes.

In the frying pan, melt 2 tablespoons butter; add 2 tablespoons flour, 1 teaspoon salt, ¼ teaspoon pepper, and ½ teaspoon thyme; cook, stirring, until bubbly. Gradually stir in the 2 cups reserved liquid (use all milk with leftover fish); cook, stirring until thickened, then pour into casserole. Crumble bacon over top.

Bake, uncovered, in a 350° oven until heated through, about 30 minutes. Makes about 6 servings.—*K. S., Reno.* □

Lingcod *braising in flavorful tomato sauce; serve with potatoes. Could also be red snapper, or other rockfish*

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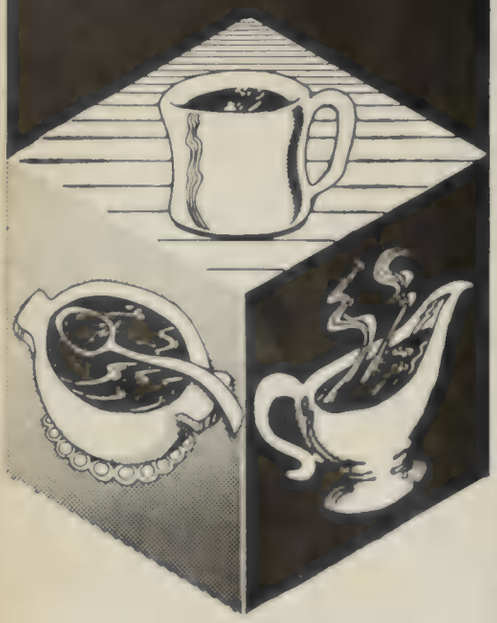

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DARROW M. WAT

Learning *to pry crab meat from the shell is messy, but fun*

Cracked crab in a spicy sauce

The great treasure of the Pacific, Dungeness crab, surrounded by a hot, spicy sauce, provides a succulent family feast for a brisk January evening. And since so few accompaniments are needed to complete the menu, you can serve it in a matter of minutes.

Ask the fish dealer to clean and crack freshly cooked crabs. Before serving, prepare the sauce (or make it early in the day). Then you simply add the pieces of crab and heat briefly before ladling both into wide shallow bowls.

Essential to the enjoyment of this dish is hot French bread, spread with butter (pungent with garlic, if you like), to dunk in the sauce along with the crab. And you might also include a platter of crisp raw vegetables.

Since fingers become very much involved while you're eating a cracked crab meal, supply each diner with a bib and plenty of napkins. Also provide a bowl for the empty shells. In addition, you might offer a finger bowl or a small damp towel.

If you choose to turn this tasty entrée into a company meal, serve a green salad lightly dressed with oil and vinegar (instead of the raw vegetables) and a dry white wine (such as Sylvaner, Sauvignon Blanc, or Pinot Chardonnay). Dessert is optional; if you serve any, a bowl o fresh fruit is adequate.

Cracked Crab in Spicy Red Sauce

- ¼ cup (⅛ lb.) butter or margarine
- 2 large onions, finely chopped
- 2 cloves garlic, minced or mashed
- 1 large can (15 oz.) tomato sauce
- ½ cup catsup
- 1 large can (about 47 oz.) regular-strength chicken broth
- ¾ teaspoon whole marjoram, crushed
- 1 teaspoon basil, crushed
- 2 tablespoons *each* Worcestershire and prepared horseradish
- ¼ cup chopped parsley
- 1 bay leaf
- 2 large cooked Dungeness crabs (about 2 lbs. *each*) cleaned and cracked
- Lemon wedges

In a large kettle (at least 5-quart size melt butter over medium heat; add onion and garlic and cook until onion is limp about 5 minutes. Stir in tomato sauce catsup, broth, marjoram, basil, Worcestershire, horseradish, parsley, and bay Bring to a boil, reduce heat, and simmer uncovered for 10 to 15 minutes, stirring occasionally, until slightly thickened Add crab, cover, and simmer 10 more minutes or until crab is heated through Remove bay and ladle crab and sauce into bowls. Pass lemon to squeeze over individual servings. Makes about 4 servings.—*C. S., Palo Alto, Calif.*

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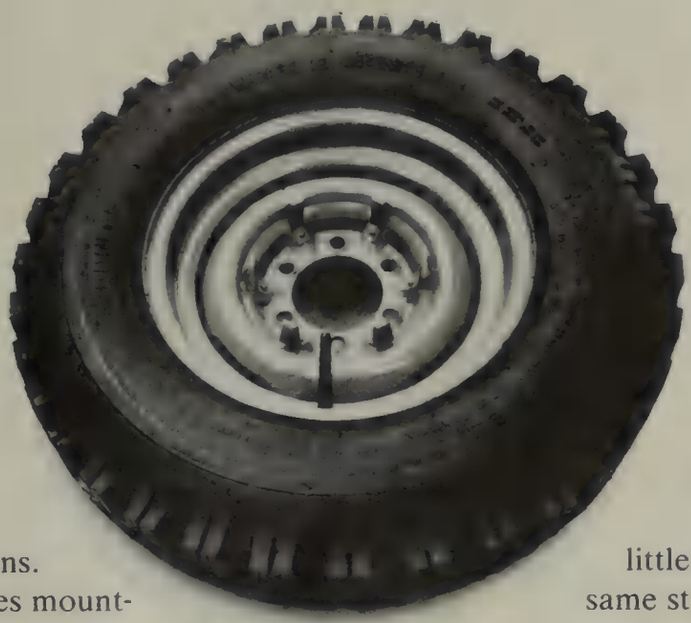

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Dip *rolls in sauce; top with steak, then spoon more sauce over meat. Accompany with baked beans, salad, and hot apple juice*

DARROW M. WATT

JANUARY MENUS

A fireside supper, a warming breakfast, and an oven dinner

Warmth is the watchword in January. The supper features a sautéed steak sandwich. For breakfast there's a fragrant cake served heated, and the oven is the main area of preparation for the company or family dinner.

Fireside supper

A blazing fire is an appropriate setting for this meal. Or serve it buffet-style from an electric warming tray.

Mixed Green Salad
Steak Sandwiches with Barbecue Sauce
Baked Beans
Hot Apple Juice
Shortbread Cookies with Fruit Platter

The steak must be thinly sliced; if you ask your meatman, he can cut it for you. Keep the beans and sauce warm whil you make the salad and toast the roll then at the last minute quickly cook th meat. Offer apples, grapes, or pears to g with purchased cookies.

Steak Sandwiches with Barbecue Sauce

2 pounds top round steak, cut across the grain in ¼-inch-thick slices
About 6 rectangular French rolls (split, toasted, and buttered)
Instant meat tenderizer (optional)
About 3 tablespoons *each* salad oil and butter or margarine
Barbecue sauce (recipe follows)

Cut steak into pieces slightly larger tha the rolls. If desired, use meat tenderize according to package directions.

In a 10 to 12-inch frying pan heat tablespoon of the salad oil and 1 tabl spoon of the butter over high heat unt

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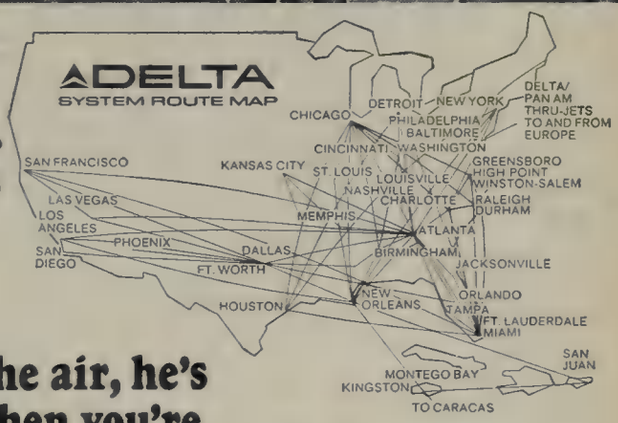

Delta's mammoth $23 million 747. Seats 370 in a cabin built for 490. Upper deck lounge area and private penthouse. More than a dozen stewardesses.

the fat flows in ripples when you tilt the pan. Add meat to pan without crowding, about 2 or 3 pieces at a time, and cook about 1 minute on each side or until lightly browned. Add oil and butter as needed to prevent sticking. Transfer meat as it is cooked to a platter and keep warm. As the meat stands, some juices will accumulate on the platter; add them to the sauce before serving. To serve, dip the cut side of a half roll in the sauce and top with 2 or 3 pieces of steak. Repeat to make each sandwich. Serve with remaining toasted rolls. Eat with a knife and fork. Makes 6 sandwiches.

Barbecue Sauce. Melt 1 tablespoon butter or margarine in a pan. Add ½ cup finely chopped green onion and cook until limp. Add 1 can (15 oz.) tomato sauce, 2 tablespoons firmly packed brown sugar, 1 tablespoon Worcestershire, 1 teaspoon prepared mustard, and ½ cup water; stir to blend. Heat to boiling and serve.—*K. H., San Jose.*

Breakfast with cake

You can bake this tender cake fresh for breakfast; or if time is short, bake it the night before and reheat to serve.

Eggs and Sausages
Citrus Sections with Pomegranate Seeds
Lemon-Nut Breakfast Cake
Coffee Milk

While the cake bakes or warms, you have time to prepare the eggs, sausages, fruit, and beverages. Section fresh oranges and grapefruit or use canned fruit; sprinkle individual servings with red pomegranate seeds.

Lemon-Nut Breakfast Cake

- ½ cup (¼ lb.) butter or margarine
- ¾ cup sugar
- 2 eggs
- 1½ cups regular all-purpose flour (unsifted)
- 2 teaspoons baking powder
- 1 tablespoon grated lemon peel
- ½ cup milk
- Filling (recipe follows)
- Powdered sugar

With an electric mixer or wooden spoon beat together the butter and sugar until smooth. Add the eggs, flour, baking powder, and lemon peel; blend well. Add the milk and mix until smooth. Pour ¾ of the batter into a greased 9-inch cake pan with a removable bottom or an 8-inch square baking pan. Cover evenly with the filling, then spread the remaining batter over the top. Bake in a 350° oven for about 40 to 45 minutes or until the cake begins to pull away from sides of pan. Serve warm; or cool, then cover and reheat in a 300° oven for 15 to 20 minutes. Dust with powdered sugar. Cut in squares or wedges to serve. Makes about 6 to 8 servings.—*H. N., San Francisco.*

Filling. In a small bowl combine ¼ cup firmly packed brown sugar, 1 teaspoon cinnamon, ½ cup *each* raisins and chopped walnuts, and 2 tablespoons melted butter or margarine.

Oven dinner

A minimum of attention is required to prepare this meal, since the lamb and pilaf cook together in the same oven.

Chilled Artichokes with
Mayonnaise or Melted Butter
Roast Leg of Lamb
Rice Pilaf with Zucchini
Mint Jelly Hot Rolls
Peach Turnovers with Ice Cream
Coffee Milk

Choose large artichokes for the first course and cook them early in the day to allow time to chill. Heat the rolls when you take out the roast, then, when the pilaf is done, immediately turn up the oven temperature and bake frozen peach turnovers according to package directions. Serve hot, topped with ice cream for dessert.

Roast Leg of Lamb. Lightly sprinkle about a 6-pound bone-in leg of lamb with salt and pepper. Thinly slice 1 or 2 cloves of garlic. Make slits in the meat with a sharp knife and push the garlic into each gash. Bake on a rack in a 325° oven until a meat thermometer inserted in the thickest part registers 150° for medium rare (about 1½ hours) or 165° for well done. Transfer meat to a serving platter and let stand about 20 to 30 minutes before carving. Skim fat from juices and discard. Spoon juices over pilaf before serving.

Rice Pilaf with Zucchini

- 2 tablespoons butter or margarine
- 1 medium-sized onion, finely chopped
- 1 cup long grain white rice
- 1 can (10½ oz.) condensed beef bouillon
- 2 cups water
- ¼ teaspoon *each* salt, pepper, and fines herbes
- ½ teaspoon curry powder
- 1 pound zucchini, sliced thin
- ¼ cup grated Parmesan cheese

Place butter in a shallow 2½-quart casserole and place in a 325° oven (along with the lamb). When the butter has melted, add the onion and rice. Cook until onions are limp and rice is opaque, stirring frequently (about 25 minutes).

In a pan combine the bouillon, 1½ cups of the water, salt, pepper, fines herbes, and curry powder. Heat to boiling, then pour over the rice and stir to blend. Cover tightly and bake for 1 hour, or until the rice is almost tender. Stir in the remaining ½ cup water and zucchini. Cover and continue baking for 20 minutes or until zucchini is tender. Sprinkle Parmesan over top and serve. Makes about 6 servings.—*D. K., Palo Alto, Calif.* □

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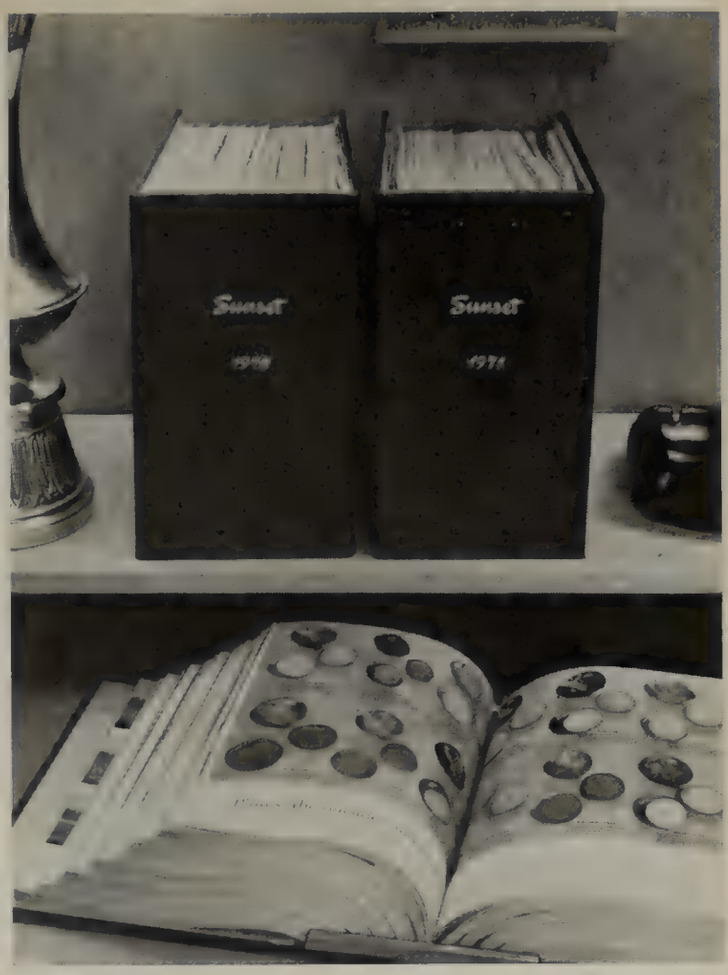

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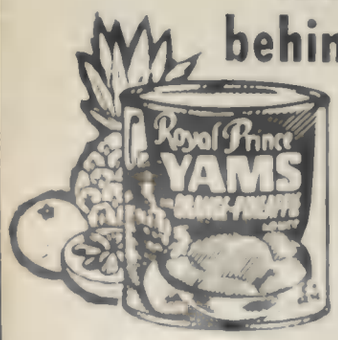

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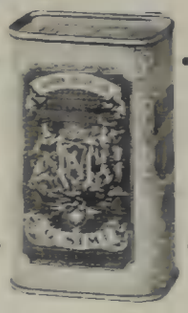

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Chicken soup at Harry's Bar

Harry's Bar in Venice may have be Ernest Hemingway's great favorite, b Harry's Bar in Florence is the one t makes the smooth and elegant conc tion reported in this column.

Yet even for the cook at home the so is quite easy to make. Take a broil fryer chicken, use the bony parts make a well flavored broth, add the b portions of meat to make it substant then blend in eggs, cheese, and cream make it velvety.

Harry's Chicken Soup

Have a 3 to 3½-pound broiler-fr chicken cut into serving pieces. Pl bony parts of the chicken and giblets a 5 to 6-quart kettle; reserve thig drumsticks, and breast (save liver other uses). Add 10 cups water, chicken bouillon cubes, 8 to 10 spr parsley, 2 stalks celery (cut in chunk and 2 carrots (cut in chunks).

Bring water to boil, cover, and simm 30 minutes. Add drumsticks and thig and continue simmering, covered, another 30 minutes. Add breast and si mer, covered, an additional 15 minut total cooking time for soup is 1 hour a 15 minutes.

Pour the broth through a wire strai and save. Pull the skin and meat fr bones of thighs, drumsticks, and bre reserve this meat and cut it into b sized chunks.

Discard skin, bones, remaining chick parts, and vegetables. Measure bro you should have 6 cups. If not, a water to make this amount or boil reduce to this amount.

Blend 2 tablespoons cornstarch to smooth paste with 2 tablespoons wa and stir into broth; bring to a boil, s ring. Stir several cups of the hot br with Parmesan cream (directions f low), then return all to pan. Add served chicken meat, and cook, stirri over low heat until slightly thickened; not boil or soup will curdle. If ma ahead, chill, covered, then warm to se ing temperature over hot water, stirri

Pour into a tureen or ladle directly i individual bowls and sprinkle lightly w minced parsley. Pass freshly grated P mesan to add to each portion. Makes main dish or 8 first course servings.

Parmesan Cream. Beat 6 egg yolks u blended, then stir in well 1 cup fresh grated Parmesan cheese and ½ c whipping cream.

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Lentils . . . side show or center stage

When lentils are mentioned, you probably think of a thick brown soup. But these little legumes also make interesting entrées and side dishes for meats.

Lentils are rich in protein like the other legumes, but they cook much more quickly than dried beans or peas and don't require presoaking.

It takes about an hour to simmer lentils until tender. Then they remain whole, soaking up the good flavors of the other ingredients as in our first recipe for a pilaf in which lentils and cracked wheat (also called bulgur) make a surprisingly good combination.

Italian sausages and vegetables flavor the simmered entrée. The baked entrée is laced with Cheddar and vegetables.

To prepare lentils, rinse well and discard any foreign material.

Lentil-Wheat Pilaf

- ½ cup lentils, rinsed
- 2 cups water
- 1 teaspoon salt
- 3 tablespoons olive oil
- 1 small onion, chopped
- ¼ pound mushrooms, sliced
- ½ cup quick-cooking cracked wheat
- Unflavored yogurt
- Sliced green onions

Combine the lentils, water, and salt in a saucepan. Bring to a boil, cover, and simmer for 20 minutes; set aside.

Heat the oil in a 10-inch frying pan over medium heat; sauté onion, mushrooms, and wheat until onion is soft, about minutes. Pour lentils (and water) ov wheat, (bring to a boil), cover, and si mer for 15 minutes or until wheat just tender. Serve with yogurt and gre onions to spoon on top. Serves 4.—*E. Alameda, Calif.*

Italian Sausage and Lentils

- 2 tablespoons butter or margarine
- 6 Italian sausages (about 1½ lbs.)
- 1 large onion, chopped
- 1 clove garlic, minced or mashed
- 12 ounces (1¾ cups) lentils, rinsed
- 2½ cups water
- 1 whole bay leaf
- ⅛ teaspoon *each* marjoram, whole thyme, and whole oregano (crumbled)
- 3 cups turnips cut in ⅓-inch-thick slices
- 1 can (1 lb.) tomatoes
- ½ cup dry red wine (or 2 tablespoons wine vinegar with ⅓ cup water)
- ½ cup chopped parsley

Melt the butter in a Dutch oven ov medium heat and brown the sausages all sides; remove from pan and reserv Add onion and garlic to the pan a sauté until onion is soft, about 5 mi utes. Cut sausages in half lengthwise a return to pan. Add the lentils, wat bay, marjoram, thyme, and oregar Cover, and simmer for 30 minutes.

Add turnips, tomatoes, and wine; si mer 40 minutes more, or until lentils a just tender. Stir in about half the parsl turn into serving bowl, and sprinkle maining parsley on top. Serves 6.

Baked Lentils with Cheese

- 12 ounces (1¾ cups) lentils, rinsed
- 2 cups water
- 1 whole bay leaf
- 2 teaspoons salt
- ¼ teaspoon pepper
- ⅛ teaspoon *each* marjoram, whole sage, and whole thyme (crumbled)
- 2 large onions, chopped
- 2 cloves garlic, minced or mashed
- 1 can (1 lb.) tomatoes
- 2 large carrots, sliced ⅛ inch thick
- ½ cup thinly sliced celery
- 1 green pepper, seeded and chopped
- 2 tablespoons finely chopped parsley
- 3 cups (about 10 oz.) shredded sharp Cheddar cheese

In a shallow baking dish (about 9 by inches) mix the lentils, water, bay, s pepper, marjoram, sage, thyme, onio garlic, and tomatoes. Then cover tigh with foil and bake in a 375° oven for minutes.

Uncover; stir in carrots and celery. Bak covered, for 40 minutes more, or un vegetables are tender. Stir in green pe per and parsley. Sprinkle cheese on t bake, uncovered for 5 minutes or un cheese melts. Serves 6.—*M. D., Mo Bay, Calif.*

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NORMAN A. PLATE

Serve *chutney with the spicy meat*

A fruity, nutty meat loaf

A popular dish in South Africa is called bobotie (pronounced bah-*boo*-tee). It's a kind of meat loaf spiced with curry and laced with fruit and nuts.

Bobotie is typically served with rice and chutney. Fruits such as peaches, pineapple, or bananas, heated and glazed with butter and brown sugar, are also nice accompaniments.

Bobotie

- 2 medium-sized onions, chopped
- 1 tart apple, peeled and diced
- 2 tablespoons butter or margarine
- 3 teaspoons curry powder
- 2 pounds lean ground beef or ground beef chuck
- ½ cup fine dry bread crumbs
- 2 eggs
- 1½ cups milk
- 2 tablespoons vinegar
- [illegible] tablespoons apricot jam or sugar
- 2 teaspoons salt
- [illegible] teaspoon pepper
- [illegible] cup sliced almonds, toasted
- [illegible] whole bay leaves

In a frying pan sauté the onion and apple in butter over medium heat until soft, about 10 minutes. Stir in curry, cook about 1 minute, then turn into a bowl. Add the ground beef, bread crumbs, 1 of the eggs, ½ cup of the milk, the vinegar, apricot jam, salt, pepper, and almonds. Use your hand to combine the ingredients well, then pack into a baking dish (about 8 by 12 inches or 9 by 13-inch oval). Arrange bay leaves on top, and bake in a 350° oven for about 50 minutes.

Lightly beat together the remaining 1 egg and 1 cup milk. Remove dish from oven and slowly pour mixture over the top. Return to oven for 10 minutes. Makes about 6 servings.—*B. R., El Cerrito, Calif.* □

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Chef Phimister Proctor walks off with an idea from a Mexican snack bar

For those who have not had them before, *nachos* are one of a number of Mexican snacks that bear a relationship to the pizza. *Chef* Phimister B. Proctor's version is almost as complicated as its Italian relative, but to the palate of a Westerner it is far superior.

There is a hitch, however, and one that may baffle the greenhorn. The base of this delicacy is a *raspada*, an exquisitely thin layer split from a corn tortilla that can be fried until it is pure crunch with nothing doughy left over.

It may be that you can buy these things; some Mexican food stores sell them. If you cannot, substitute corn tortillas.

Nachos

- 9 raspadas or corn tortillas
- Salad oil for frying
- 8 ounces shredded American cheese
- Guacamole (recipe follows)
- Chopped, cooked (or canned) chorizo, chicken, crab, shrimp, lobster, or tuna (optional)
- Salted pumpkin seeds, slivered almonds, pimiento strips (optional)

Tear the raspadas into bite-sized pieces. Heat ¼ to ½ inch salad oil in a large frying pan on high heat. Fry a few raspada pieces at a time until crisp. Drain and arrange in a single layer in a 10 by 15-inch baking pan. Sprinkle shredded cheese over the pieces and broil until cheese bubbles and melts. Remove from broiler, pull apart with forks into 8 or 10 servings, cover each with guacamole, and sprinkle with a few bits of any of the optional garnishes.

Serve immediately before they cool. Makes about 8 to 10 appetizer servings.

Guacamole. Finely chop ½ medium-sized onion, 1 small peeled and seeded tomato, and ½ seeded, canned California green chile. Mash 2 peeled and pitted ripe avocados with 1 tablespoon vinegar; salt and pepper to taste. Stir tomato, onion, and chile into avocado.

Phimister Proctor

Palm Springs, Calif.

In France, one usually begins a meal with something they call the *entrée*. This may be practically anything. The French, like the Chinese, will eat whatever walks by when they are hungry. But two favorites on countless menu cards are *crudités* and *hors d'oeuvres variés*.

Crudités consist of vegetable matter reduced to manageable pieces, like our own carrot sticks. Hors d'oeuvres variés are whatever fits into a battery of small dishes the waiter sets before you. Both almost always contain *celeri remoulade*, or shredded celery root in mayonnaise. It is very good.

It is so good that the French have never learned to cook celery root. But cookin renders it truly delicious, as Leo Tavare will now demonstrate.

Celery Root Salad

- 2 pounds celery root
- Boiling salted water
- ½ cup mayonnaise
- 1 teaspoon prepared mustard
- 1 tablespoon white wine vinegar
- 3 tablespoons finely chopped green onion
- 2 tablespoons chopped parsley
- ⅛ teaspoon sugar
- ⅛ teaspoon liquid hot pepper seasoning
- Lettuce leaves
- 3 hard-cooked eggs

Scrub celery root and trim off rootlet Place in a large saucepan, cover wit boiling salted water, and simme covered, until just tender (about 40 min utes). Do not overcook.

Drain and allow to cool slightly. Whe cool enough to handle, peel and dice i ½-inch cubes; place cubes in sala bowl. Blend mayonnaise, mustard, vine gar, onion, parsley, sugar, and hot pep per seasoning; pour over celery. Mix t

Chefs of the West

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coat pieces and chill for an hour or more. To serve, place lettuce leaves on salad plate, mound salad on leaves, and garnish with quartered or sliced hard-cooked eggs. Makes 4 to 6 servings.

Leo E Tavares
San Francisco

There are those who sneer at pot roast, and sneer they may at the gray and rubbery dish that goes by that name in most restaurants. But pot roast is not an easy dish, nor one to provoke sneers when properly done.

The veritable grail of pot roast can be found in the kitchens of those Germans who are called the Pennsylvania Dutch.

Occasionally one of these people drifts West. You see her. She seems ordinary, if agreeable looking, with no outward sign of her hidden power to produce tender, stringless pot roast with a dark, rich gravy that makes men cry.

Chef Earl A. Knie has not quite arrived at this acme of excellence, but what he does here is pretty darn good.

Knie's Barbecued Pot Roast

- 5-pound cross rib roast
- ½ teaspoon salt
- ¼ teaspoon pepper
- 3 tablespoons salad oil
- 2 cans (8 oz. *each*) tomato sauce
- 3 medium-sized onions, chopped
- 2 cloves garlic, minced or mashed
- 1 small green pepper, seeded and chopped
- 2 tablespoons brown sugar
- ½ teaspoon paprika
- 1 teaspoon dry mustard
- 2 teaspoons chile powder
- 3 tablespoons vinegar
- 1 teaspoon Worcestershire
- 3 tablespoons *each* cornstarch and water

Rub the roast with salt and pepper. In a Dutch oven with cover brown the meat well on all sides in the oil over medium heat. Add tomato sauce, onions, garlic, green pepper, sugar, paprika, mustard, chile powder, vinegar, and Worcestershire. Cover and simmer about 2½ hours, or until meat tests very tender. Remove the roast to a warm platter. Blend cornstarch with water; stir into the liquid in the Dutch oven, raise heat to medium high, and cook, stirring, until mixture thickens and bubbles. Carve roast and pass gravy to spoon over the slices. Serves about 8.

Earl A. Knie
Oceanside, Calif.

"May I present the dish I created to one-up the Benedicts," says Richard Richardson, referring to the egg dish of that name.

Mr. Richardson chooses to poach his eggs in Champagne. The showmen said, "Of course! Why not? Have the guests

"The purists thought otherwise"

come into the kitchen to watch it done." The purists thought otherwise. "Drink the drink," they cried. "It adds no flavor to the egg."

Choose as you will. The point must be left undecided.

Eggs Steven Potter

- 1 tablespoon butter or margarine
- ¼ pound mushrooms, sliced
- 1 can (6 oz.) hollandaise sauce
- 1 teaspoon dry Sherry
- ½ cup whipping cream
- 1 tablespoon chopped chives (fresh or freeze-dried)
- Freshly ground pepper
- 3 English muffins, split
- Soft sweet butter
- 2 whole chicken breasts (about 1 lb. *each*), cooked, boned, skinned, and torn into shreds
- Water or Champagne for poaching
- 6 eggs
- 3 tablespoons sliced ripe olives (optional)

In a frying pan melt butter; add mushrooms and sauté until golden. Remove from heat, stir in hollandaise, Sherry, cream, chives, and pepper to taste. Return to heat and let simmer while you prepare the eggs, stirring occasionally. Spread English muffin halves with sweet butter and toast under the broiler until lightly browned. Arrange shredded chicken evenly over muffins and keep warm in oven.

In a frying pan heat 1 to 1½ inches of water or Champagne to simmering. Slip eggs in one at a time and poach for 4 minutes or until whites are set and yolks are still runny. Lift eggs out with a slotted spoon and place each on a muffin half. Spoon 2 or 3 tablespoons of mushroom sauce on each and garnish with olives, if you wish. Serve immediately. Makes 6 servings.

Richard Richardson
San Anselmo, Calif.

UNCLE BEN'S QUICK Rice gets a big olé from jaded winter appetites.

After preparing and eating the rich traditional foods of the Holiday season most of us are ready for a change of pace. This festive Mexican casserole supplies it. Called *sopa seca*, or "dry soup" in Spanish, it is usually served as a first course in Mexican homes, much as pasta is served at the beginning of an Italian meal.

Our sopa seca, however, is substantial enough to serve as a main course. It's an especially good choice when entertaining Eastern guests because it typifies "Old California" cooking. Convenient UNCLE BEN'S QUICK Rice is an excellent basis for the dish because it's real rice, not instant. It cooks up separate and fluffy in only five minutes, and retains all the flavor of regular long-grain rice.

Pitted Lindsay Brand Ripe Olives lend their own distinctive Western accent to the dish. You leave them whole for eye appeal and texture.

To complete this Mexican menu, add a big green salad, warm corn tortillas with butter, and a frosty pitcher of sangria—easily made with red wine, lime or lemon juice, a splash of soda, and drifted with orange slices and plump whole strawberries.

Winter Fiesta Casserole

- 3 cups UNCLE BEN'S QUICK Rice
- 2¼ cups water
- ¾ tsp. salt
- 1 Tbsp. butter or margarine
- 1½ lbs. ground beef chuck, crumbled
- 1 package (about 1½ oz.) enchilada sauce mix
- 1 large can (15 oz.) tomato sauce with tomato bits
- 1½ cups water
- 1 can (6 oz.) LINDSAY BRAND PITTED MEDIUM-SIZED RIPE OLIVES, drained
- 2 cups shredded jack cheese
- Avocado slices and cilantro (fresh coriander, or Chinese parsley) sprig for garnish, optional

Mix rice, the 2¼ cups water, and salt in a sauce pan. Bring to a vigorous boil. Simmer, covered for about 5 minutes, until liquid is absorbed. Set cooked rice aside.

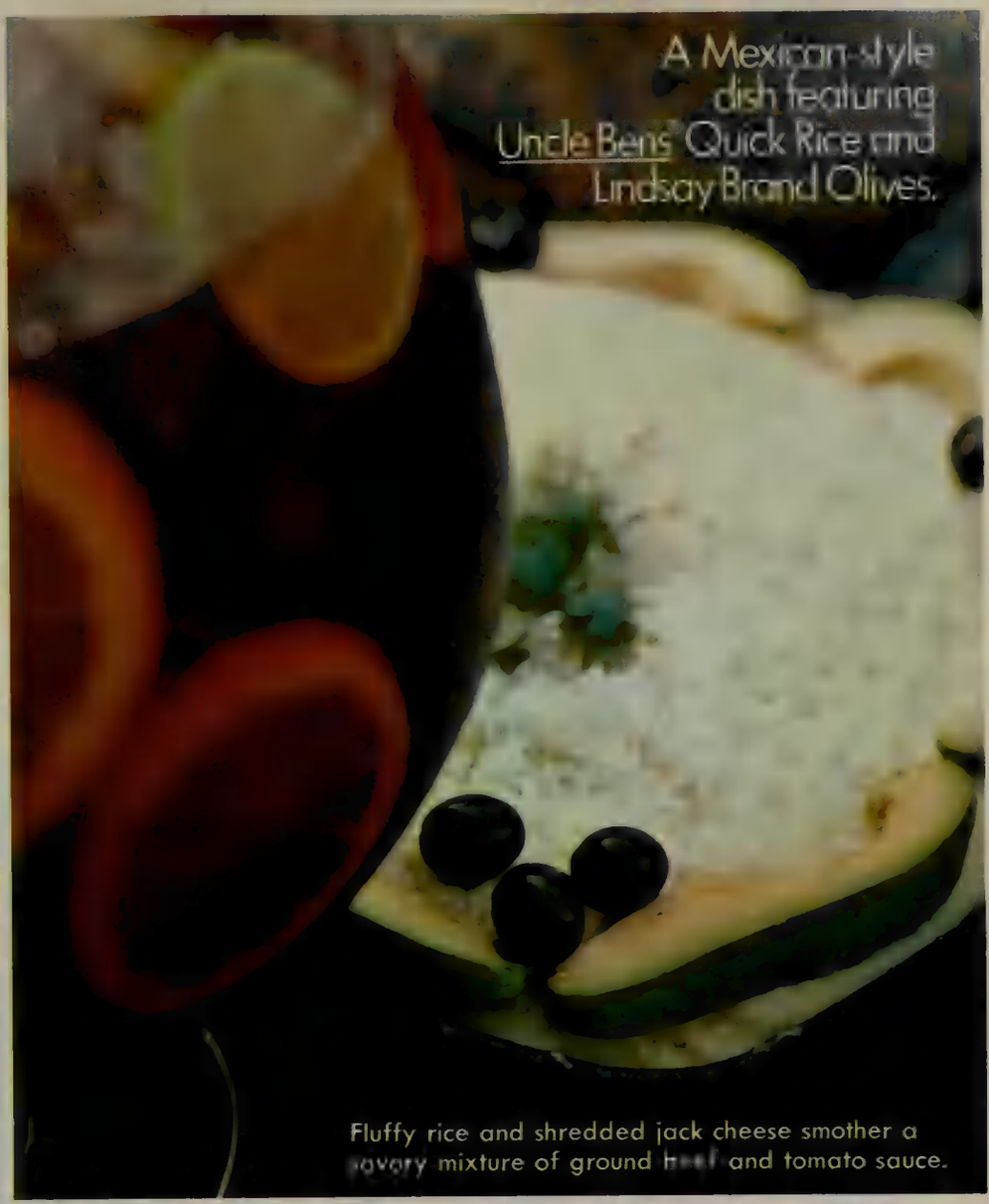
In a large frying pan heat butter. In it brown ground beef. Spoon off pan drippings. Stir in enchilada sauce mix, tomato sauce, and the 1½ cups water. Bring to a boil, then simmer 10 minutes. Stir in olives, reserving several for garnish. In a buttered, shallow 3-quart casserole, arrange about ⅓ of the cooked rice. Top with about ½ of the meat sauce. Cover with ⅓ more rice and remaining sauce. Top with remaining rice. Strew cheese over rice to make about a 2-inch border, leaving center exposed. Bake, uncovered, in a 350° oven for 30 minutes. Garnish with avocados, reserved olives and cilantro (if available). Makes 6 servings.

This recipe is included with "UNCLE BEN'S Golden West Recipes." For a free copy of all recipes, send your name, address, and zip code to: Golden West Recipes, Box 19480, Houston, Texas 77024.

Winter Fiesta

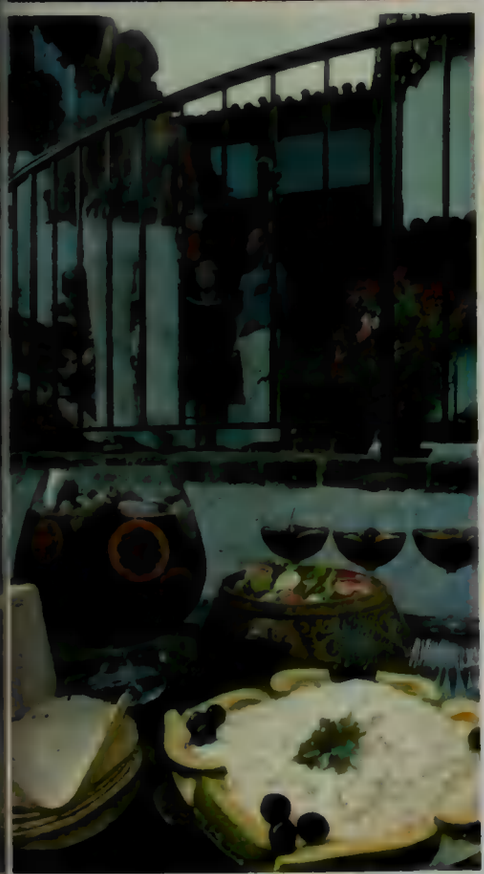
adobe-walled vineyard is the spot for our Spanish dinner.

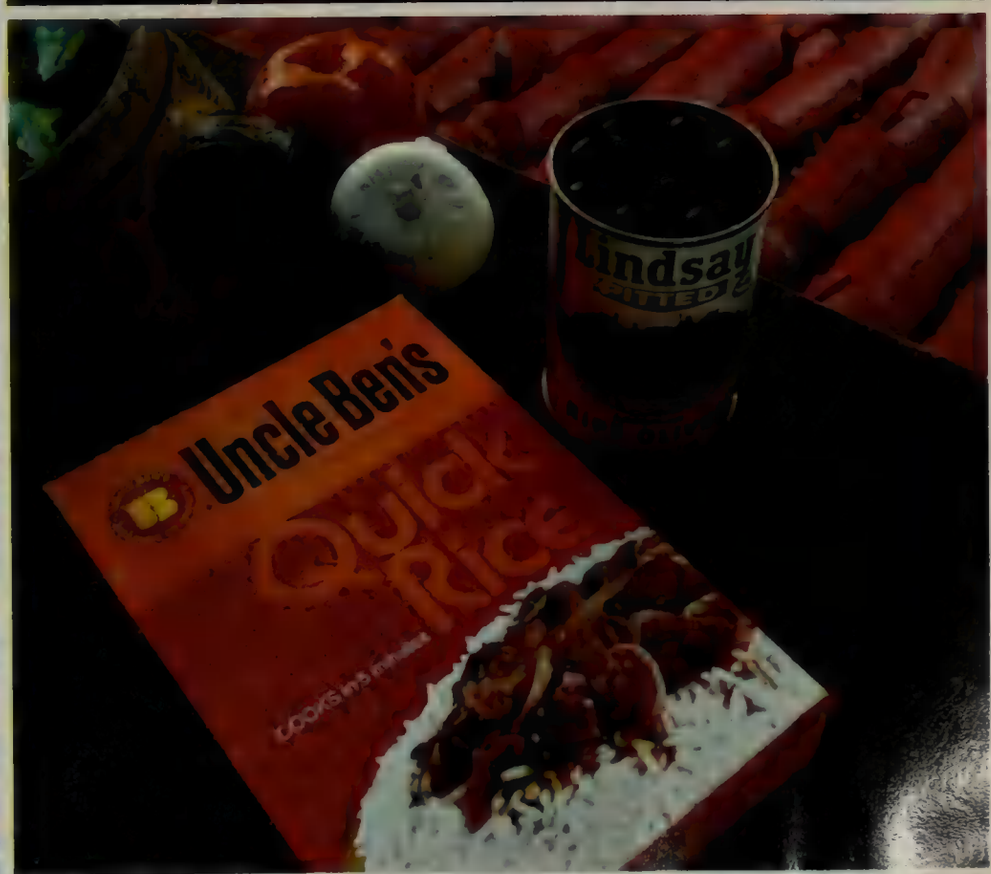
frosty pitcher of sangria a refreshing accompaniment.



A Mexican-style dish featuring Uncle Bens® Quick Rice and Lindsay Brand Olives.

Fluffy rice and shredded jack cheese smother a savory mixture of ground beef and tomato sauce.





UNCLE BEN'S Rice keeps the best company in the West.

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Know what happens when lots and lots of good things all simmer together? Broth. A beautiful, sipping-good broth. And it's the broth that makes the delicious difference between Great American Soups and condensed soups. You just can't get that taste when you add your own tap water.

Oh sure, you'll notice all the big pieces of vegetables and beef. And of course you'll wonder how we got so much into each can. But it's the broth that gives Great American its distinctive flavor.

Try any of the great Great American Soups, it's all right there, ready to serve, broth and all.

©H. J. Heinz 1971

They simmer in their own rich sauce

simmering kettle yields many memo-
ble entrées. The meat gets a chance
become moist and tender with a gen-
ous amount of savory liquid that can
rm the basis of a richly flavored sauce
gravy.

this tradition are these two Spanish-
yle dishes.

resh beef tongue, cooked in a spicy
getable sauce, is served sliced and gar-
shed with black ripe olives. Accom-
ny with hot cooked rice, or buttered
d toasted slices of French bread.

he corned beef starts by simmering,
en bakes in the oven with a chile fla-
red glaze. Enclose thin slices of the
eat with sauce in warm flour tortillas
serve on small squares of toasted
rn bread.

crisp green salad with an oil and vin-
ar dressing would complement either
trée. And for dessert, offer ice cream,
erbet, or a baked flan.

raised Beef Tongue

- 3 to 4-pound fresh beef tongue
- Boiling, salted water
- 2 tablespoons olive oil or salad oil
- 1 large onion, chopped
- 2 cloves garlic, minced or mashed
- 1 large green pepper, seeded and chopped
- 2 medium-sized carrots, peeled and chopped
- 1 can (about 14 oz.) pear-shaped tomatoes
- 1 tablespoon grated semisweet chocolate
- ¾ teaspoon *each* ground cinnamon and coriander
- Salt and pepper to taste
- ½ cup sliced pitted ripe olives
- Chopped parsley
- ¼ cup dry Sherry (optional)

ut tongue in a Dutch oven; cover with
iling salted water. Cover, and simmer
hour. Lift tongue from liquid; set 1
p liquid aside and discard the rest.
emove skin from tongue; trim off bone,
ots, and excess fat.

the same pan heat the olive oil over
edium heat; add tongue and brown
ghtly on all sides. Set tongue aside and
uté onion, garlic, green pepper, and
rrots for 5 to 7 minutes. Stir in the 1
p liquid, tomatoes (breaking them up
ith a fork), chocolate, cinnamon, cori-
nder, and salt and pepper to taste. Re-
rn tongue to pan, cover, and simmer
out 2 hours longer, or until tongue is
ery tender when pierced.

emove tongue and cut in thin slices;
range on a platter and garnish with
lives and sprinkle with parsley. Skim
t from cooking sauce; add Sherry, if
sed. If you wish, whirl sauce in a
lender until it becomes smooth. Pass
sauce in a bowl. Makes 6 to 8 servings.

Corned Beef Mexicana

- 4 to 5-pound piece corned beef
- 2 tablespoons brown sugar
- 2 cloves garlic
- 2 bay leaves
- 2 small dried hot chile peppers
- 8 cups water
- 1 tablespoon butter or margarine
- 1 large onion, chopped
- 1 tablespoon flour
- 1 can (18 oz.) tomato juice
- ½ cup dry red wine or water
- 1 tablespoon chile powder
- 1 teaspoon whole oregano, crushed
- 3 tablespoons raisins
- 6 to 8 thin orange slices, halved

Put corned beef in a Dutch oven with the sugar, garlic, bay, hot peppers, and water. Cover and simmer for 3 hours or until meat is tender when pierced. Lift meat to a shallow baking pan; trim off excess fat and discard cooking liquid.

Meanwhile in a frying pan melt the butter over medium heat; add onion and sauté until golden, about 5 minutes. Stir in the flour and cook until bubbly. Remove from heat, and gradually stir in tomato juice and wine; add chile powder, oregano, and raisins; return to heat and cook, stirring constantly, until it boils and thickens.

Pour sauce over corned beef, and bake, uncovered, in a 350° oven for 30 minutes, basting frequently with sauce.

Place meat on a platter; garnish with orange slices. Pass sauce. Makes about 6 servings.—*H. N., San Francisco.* □

ADVERTISEMENT

An Invitation to the 4th Annual

Sunset

Travel Film Festival

Anaheim, California · January 7-16, 1972
Los Angeles, California · April 7-16, 1972

Again this year an impressive collection of the best new travel and sports films from throughout the world will be entered in the *Sunset* Travel Film Festival.

Leading contenders for top honors will be shown to the public at the Sports and Vacation Show at the Anaheim Convention Center, January 7 through 16, 1972. All persons attending the show may view the films at the Festival Awards Theater in the convention center. There is no additional charge beyond the show admission price. (Adults $1.95, children $1.00).

The show hours are: Friday (Jan. 7) 6 P.M. to 11 P.M.; Friday (Jan. 14) 2 P.M. to 11 P.M.; Saturdays, 12 noon to 11 P.M.; Sundays, 12 noon to 8 P.M.; Monday–Thursday, 2 P.M. to 10 P.M.

Films will be judged in six categories: (1) U.S. destinations, government agency films (2) foreign destinations by a government agency (3) U.S. travel films, produced by commercial companies (4) foreign, by a commercial company (5) any entry featuring sports and outdoor recreation and (6) recreational vehicle films, foreign or domestic.

Foreign entries already indicated by press time (1 month before shut off date) included films on Panama, Uganda, Japan, Austria, Britain, Switzerland, Australia, Alberta, British Columbia, Kenya, India, Ireland, New Zealand, Caribbean, Greece, Costa Rica.

U.S. destinations: Yosemite, Montana, Hawaii, No. Carolina, Michigan, Alaska, Arizona, Texas, Utah, So. Carolina, Maryland, Rhode Island.

THE TOP WINNER in the last Festival (January 1971) was Trans World Airlines for "Nzuri (East) Africa" grand prize and *Sunset* trophy winner. BEST FILM BY GOVERNMENT AGENCY IN U.S.: "Color Country" by Utah Travel Council. BEST FILM BY GOVERNMENT AGENCY ON FOREIGN DESTINATION: "The Peace Game" by South African Tourist Corp. BEST FILM ON U.S. TRAVEL BY A COMMERCIAL COMPANY: "The Wonderful World of Ohio" by Ohio Bell Telephone Co. BEST SPORTS FILM: "World Cup Ski-ing" by Imperial Tobacco Products, Ltd. BEST RECREATIONAL VEHICLE FILM: "A Way Out" by Revcon Incorporated.

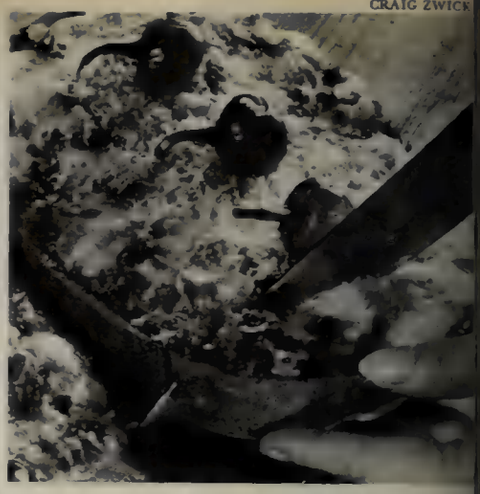
Eleven other films received "Honor Awards," and thirty received "Certificates of Excellence."

Finalist for the grand prize in the 1972 Festival will be shown throughout the duration of the show. Winners will be selected by distinguished members of the judging panel.

The Anaheim Convention Center is located at 800 West Katella Avenue, near Harbor Blvd., across from Disneyland in Anaheim.

The films will also be shown at the Los Angeles Sportsmen's, Vacation and Travel Show at the new Los Angeles Convention-Exhibition Center, April 7–16. Judging for the Grand Prize will take place at this time. The new Center is located in downtown L.A. at 1201 So. Figueroa Street.

CRAIG ZWICK



Olive-cheese *filling tops sandwich*

For January... hot sandwiches

Hot sandwiches make satisfying fare for casual entertaining or a good answer to "What's for lunch?" on wintry days. This spicy olive-cheese filling offers a choice of cheeses and can be served to suit either occasion.

Toast it on top of a split French bread loaf for the sandwich shown above. Or stuff it into French rolls to wrap in foil and bake, or freeze and bake later.

Open-Faced Party Sandwich

Split 1 small loaf French bread in half lengthwise and lightly toast cut sides under the broiler. Spread half of olive-cheese filling (recipe below) on each side. Sprinkle with about ½ cup grated Parmesan cheese. Heat on a baking sheet in a 350° oven for about 25 minutes. To serve, cut in 1½-inch-wide slices.

Olive-Cheese Filling. In a frying pan sauté 1 onion (chopped) and 1 clove garlic (minced) in 1½ tablespoons salad oil until limp. In a bowl, combine onion mixture, 2 cups diced teleme cheese (about ¾ lb.), or shredded sharp Cheddar (about 10 oz.), 1 can (4½ oz.) chopped ripe olives (drained), 1 tablespoon red wine vinegar, 1 teaspoon Worcestershire, and 3 to 5 tablespoons chopped canned California green chiles (with seeds and pith removed). Makes 3 cups.—*R.C., Belmont, Calif.*

Stuffed Sandwich Rolls

With a knife, cut a 1-inch cone-shaped plug from one end of each of 12 small French rolls; set aside. Scoop out most of insides of rolls (save crumbs for other use) and fill each with about ¼ cup olive-cheese filling (recipe above). Replace plugs, wrap rolls individually in foil, and freeze, if desired. To serve, heat in a 350° oven for 20 minutes; heat frozen rolls about 50 minutes. □

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'DELICIOUS, SPANISH STYLE.... that's what I like about LAMB'

Try this man-pleaser the tender, young taste of bigger, meatier American Lamb Chops served with zesty Spanish Olive Relish!

LAMB CHOPS with Spanish Olive Relish (makes 6 servings)

- 3 tablespoons olive or salad oil
- 1 small clove garlic, crushed
- 1 medium onion, finely chopped
- 1 medium green pepper, chopped
- 1 medium red pepper, chopped
- 2 medium ripe tomatoes, peeled, seeded and cubed
- ¾ teaspoon paprika Salt and pepper
- ¾ cup small pimiento-stuffed Spanish green olives
- 6 lamb loin chops, 1 to 1¼ inches thick

Heat 2 tablespoons of the oil in large skillet over medium heat; add garlic, vegetables, paprika, 1 teaspoon salt, dash pepper and olives. Cook uncovered, stirring frequently until vegetables are tender. Spoon olive relish in center of heated platter and keep warm. Pour drippings from skillet. Season chops with salt and pepper. Heat remaining oil in skillet; add chops and sauté 5 to 6 minutes per side, or until lamb is as done as you like it. Arrange chops around olive relish.

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DARROW M. WA

Crusty *flat bread made fro biscuit mix goes well with so*

The Genoa way is quicker

The Italians have tagged a tasty littl bread with a name that, when translate clearly indicates how it is made.

Fogaccia (fo-*gah*-cha), or bread presse flat, is usually made of bits of yea dough, then poked full of dents to ca ture the olive oil and other seasonin that go onto its surface. It was probabl devised originally to use up leftove from bread baking.

But from Genoa comes a version of fo gaccia that is even quicker to make. It biscuitlike in texture, so you can begi with biscuit mix and add sage. The fo gaccia bakes crisp, crusty, and aromatic serve it hot with soups or salads for light, satisfying meal.

Italian Flat Bread (Fogaccia)

- 3 cups biscuit mix
- 2 teaspoons rubbed sage
- 1 cup milk
- 6 tablespoons olive oil
- Garlic salt

Blend biscuit mix with sage, then stir i milk until evenly mixed. Pour 2 table spoons of the olive oil in a 9 by 13-incl pan and spread over the bottom. Tur biscuit dough into the pan and pat out with floured fingers, to make an eve layer. Poke holes in dough with finger tips at 1 to 2-inch intervals.

Pour the remaining olive oil evenly ove dough, then brush with fingers to coa entire surface. Sprinkle lightly with gar lic salt.

Bake in a 400° oven for 25 minutes o until richly browned. Cut in rectangle and serve hot or warm. (To recrisp col fogaccia, arrange in a single layer in pan and place in a 350° oven for abou 8 minutes.) Makes 6 to 8 servings.

FLAV-R-PAC

Green Beans Superb

THIS MAY BE THE BEST WAY IN THE WORLD TO SERVE FLAV-R-PAC GREEN BEANS!

FLAV-R-PAC Green Beans . . . one package, one can, or two cups from poly bag. One can Cream of Mushroom Soup. One 2 oz. can of Mushrooms (optional).

Heat Canned Beans and drain or cook frozen beans as directed on package and drain. Add approximately ⅔ can Cream of Mushroom Soup and Mushrooms. Mix with fork and bring to simmer. Serve promptly.

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Coarser flour... a different scone

The Britisher who eats scones with a cu of tea expects them to be tender, ric and a little bit sweet. These variatio made with special flours might surpri him, and you, too.

Made with the coarser stone-grou whole wheat flour or millet meal (ava able at most grocery and health fo stores), these scones have a texture sir ilar to cornbread and the wholeson flavor typical of the grains. The scon made with whole wheat have a de toasty quality, while raisin-studded m let scones have a sweeter, lighter flavo

Split the hot scone wedges and ser with butter and honey or jam for brea fast, or butter them to go with soup salad for lunch.

Whole Wheat Scones

- 2¼ cups stone-ground whole wheat flour
- 2 teaspoons baking powder
- ½ teaspoon *each* salt and soda
- 3 tablespoons sugar
- ½ cup (¼ lb.) butter or margarine
- 2 eggs, lightly beaten
- ⅓ cup milk

In a bowl stir together the whole whe flour, baking powder, salt, soda, and tablespoons of the sugar. Cut butter in chunks, add to bowl, and rub mixtu together with your fingers until butt particles are no longer distinguishabl Measure 1 tablespoon of the beaten eg and set aside. Stir milk into remainir egg until blended. With a fork, stir mi mixture into flour mixture until even moistened.

With your hands pat dough (it is stick into a ball and place on a floured boa (use all-purpose or whole wheat flour Knead dough lightly 2 or 3 turns, the place on a lightly greased cooky she and pat into a smooth circle about inches in diameter. Use a sharp kni dipped in flour to cut circle into wedges; leave wedges in place. Brus with reserved egg and sprinkle with r maining 1 tablespoon sugar.

Bake in a 400° oven for 30 minutes until golden brown and a skewer i serted in the center of a wedge com out clean. Cool about 5 minutes befo serving. Cut at scored marks to serv Makes 8 servings.

Millet Raisin Scones. Follow recip above but omit whole wheat flour an instead use 1¼ cups unsifted regular al purpose flour and 1 cup millet mea Add ¾ cup raisins to the dry ingre dients. Substitute ¼ cup sour cream fo the milk. Shape and bake as above.

Frozen Niblets corn tastes like fresh buttered corn-on-the-cob. Without the cob.

Niblets corn is the Green Giant's own special kind. Sweet, tender kernels. He freezes it in a pouch, with his delicately seasoned butter sauce. You get all the flavor of fresh, buttery corn-on-the-cob. Without the cob. It's something special.

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FSU 29

Hey pie people: smile! Sara Lee, the great little cakemaker, now makes great big pies. Deep, beautiful pies with a crust that flakes like a pastry chef's. Pies with a filling that's a mountain of juicy apples, or whole ripe cherries, or very blue blueberries, or luscious blackberries, or sweet rich peaches. Pie people! If you love the aroma of hot, fresh pie, and you've never yet found it in the store-bought kind...are you going to love Sara Lee! Old-fashioned, deep-in-fruit pies by SARA LEE.

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First brown your chicken, then simmer in sauce

DARROW M. WATT

Chicken *in curry sauce with papaya, cooked and served in frying pan. Mint-topped rice accompanies*

ıe **easy way** to prepare chicken is to ɔk it with sauce in a frying pan.

:re are three chicken dishes made this .y. Starting with a cut-up broiler-fryer chicken parts, you brown the pieces, nove them from the pan while mixing pecial sauce, then simmer the chicken the sauce until done.

l these recipes call for an 11 or 12-:h frying pan with a tight fitting lid, or electric frying pan. If the pan is at-ctive enough to bring to the table, you ı both cook and serve in it. You can o cook these entrées in a Dutch oven, ɔwning part of the chicken pieces at a ıe, and transferring the finished chick- and sauce to a serving platter.

ıese dishes go together quickly if all : ingredients are ready. But you might ınt to prepare them ahead, then just ıeat chicken in the sauce.

ch dish is flavored quite differently, t rice is appropriate to serve with all.

ırried Chicken with Papaya

About 2½ pounds chicken legs and thighs
3 tablespoons flour
1 teaspoon salt
⅛ teaspoon pepper
3 tablespoons salad oil
1 large onion, chopped
1 tablespoon curry powder
½ cup *each* water and whipping cream
1 teaspoon chicken-flavored stock base or 1 chicken bouillon cube
2 tablespoons chopped candied ginger or ½ teaspoon ground ginger
1 papaya, peeled and cut lengthwise in thick slices
2 tablespoons lime juice

ash the chicken and pat dry. Mix the ur, salt, and pepper; dredge chicken mixture to coat all over. Heat the oil an 11 or 12-inch frying pan (one with tight fitting lid) over medium high at. Put in chicken pieces and shake y extra flour over top. Cook, turning, til chicken is browned on all sides; re-ɔve from pan and set aside. Add onion the pan and sauté until soft, about minutes. Stir in curry powder and cook out 1 minute. Gradually stir in the ıter and cream; mix until well blended; ɛn stir in the chicken stock base and : ginger.

:turn chicken to pan, cover, and sim-ɛr for 40 minutes or until meat loses y pinkness in the center of the thickest part. Garnish with papaya, then sprinkle lime juice over all. Makes about 4 servings.—*H. N., San Francisco.*

Chicken Cacciatore

1 large (about 3 lbs.) broiler-fryer chicken, cut up
2 tablespoons *each* butter and olive oil
½ pound mushrooms, sliced
1 medium-sized onion, chopped
2 green peppers, seeded and finely chopped
2 cloves garlic, minced or mashed
½ cup *each* water and dry white wine or chicken broth
1 can (6 oz.) tomato paste
1½ teaspoons salt
¼ teaspoon *each* marjoram, whole oregano, and whole thyme, crumbled
1 teaspoon chicken-flavored stock base or 1 chicken bouillon cube
2 tablespoons minced parsley

Wash the chicken and pat dry. Heat butter and oil in an 11 or 12-inch frying pan (one with a tight fitting lid) over medium high heat. Put in chicken pieces and cook, turning, until brown on all sides; remove from pan and set aside. Add the mushrooms, onion, peppers, and garlic to the pan drippings and sauté until onion is soft, about 5 minutes. Stir in the water, wine, tomato paste, salt, marjoram, oregano, thyme, stock base, and parsley.

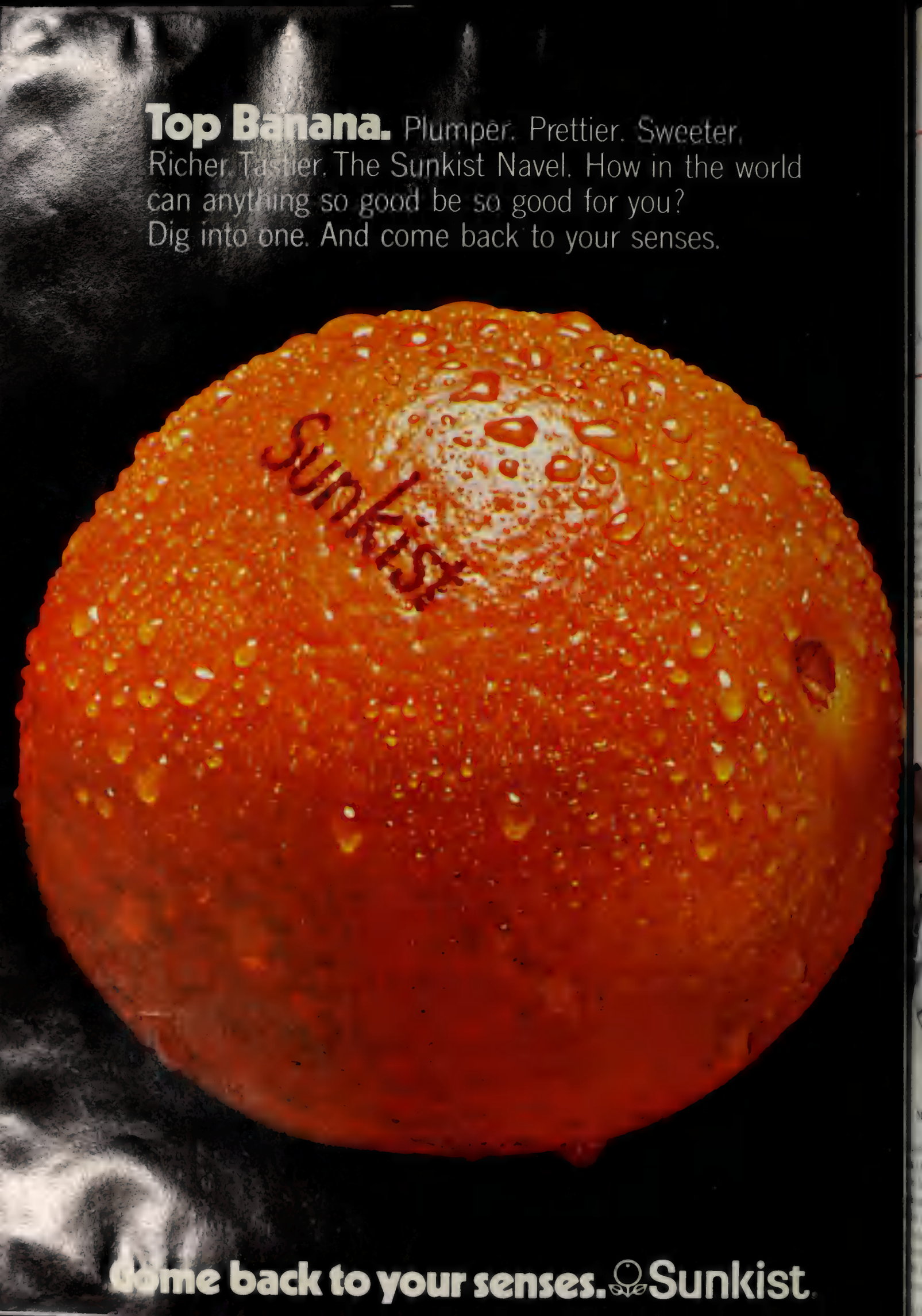
Return the chicken (except breast pieces) to the pan. Bring to a boil, cover, and simmer for about 45 minutes. After 25 minutes add the breast pieces. Simmer until meat loses any pinkness in the thickest part. Serves about 4.

Tarragon Chicken Breasts

About 2½ pounds chicken breasts, split
4 tablespoons flour
1 teaspoon salt
⅛ teaspoon pepper
3 tablespoons salad oil
1 medium-sized onion, chopped
1 clove garlic, minced or mashed
½ pound mushrooms, sliced
½ cup *each* water and dry white wine or chicken broth
1 teaspoon sugar
½ teaspoon tarragon, crushed
½ pint sour cream
Sliced green onions

Wash the chicken and pat dry. Mix the flour, salt, and pepper; dredge chicken in the mixture to coat all over; save the extra flour. Heat the oil in an 11 or 12-inch frying pan (one with a tight fitting lid) over medium high heat. Put in chicken breasts and cook, turning, until lightly browned on all sides; remove from pan and set aside. Add the onion, garlic, and mushrooms to pan drippings and sauté until onion is soft, about 5 minutes. Stir in the water, wine, sugar, and tarragon.

Return chicken to the pan. Bring to a boil, cover, and simmer for 15 minutes or until meat loses any pinkness in the center of the thickest part. Remove chicken from pan and keep warm. Mix reserved flour with the sour cream until smooth. Pour into pan; cook and stir until sauce boils. Return chicken to the pan and sprinkle green onions on top. Makes 3 to 4 servings. □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THE

Western Kitchen

NEWS AND IDEAS

A pantry of slanted shelves

tier of shelves shown below func- ; as a pantry. The slightly sloped ves hold canned goods on their sides; n a front can is removed, others roll ard. Shelves are far enough apart at each can label is visible.

architect was Earl Kai Chann for and Mrs. James Parsons of Tucson.

DON NORMARK

Small portable dishwasher

countertop rotary dishwasher that sn't require wiring and runs on water er from the tap is being introduced lepartment stores. It uses about 15 ons of hot water for each washing holds tableware for four to six. A e-control wash and a multilevel her adjustment are unique features. s model sells for about $50.

RICHARD FISH

Garden in the kitchen

In this kitchen plants are grown on an elevated ledge over a tile-topped working island and help make a lush divider between the kitchen's living and utility areas. Ample natural light and adequate watering keep the plants healthy. They're in pots, rather than in a planter box, so that the owners can have flowers in season and green plants the rest of year. The architect was Elisha Dubin of Los Angeles.

A kitchen just for guests

Overnight guests in the Jack Ciones house in Honolulu are able to fix morning coffee and between-meal snacks at their leisure. In the guest quarters a slide-out, two-unit hot plate, a small refrigerator, and dish storage are all built into the headboard of the daybed.

Architect for this house was Sidney E. Snyder.

A. SALBOSA

Sunset's GARDEN GUIDE

The plant shopper's choices

FELS MARUC

Plants you can buy come in these forms: (clockwise from 6 o'clock): plastic pot; bulbs; flat; 15-gallon can; 5-gallon, 2-gallon, and 1-gallon cans; balled and burlapped; packs; seeds; bare root (in center)

ANUARY IN YOUR GARDEN:

In between winds and rains, much, much to do

nuary weather is unpredictable but ually cold, rainy, and windy. Most of e time it may leave the gardener little do outdoors. However, if one of those e days with clear, mild weather falls a weekend, you can do a lot.

ou can prune deciduous trees and ubs. You can soak fruit trees with rmant spray. Or visit your nursery for rgains on bare-root plants.

intermountain areas where the ground frozen, prune off storm-damaged anches if you get a break in the weath- Be ready to plant when good weather mes. Order plants and seeds from nur- y and seed catalogs.

ays to buy plants

ie picture at left shows the ways you n plant throughout the year. Veteran rdeners will recognize the various ays in which nurseries offer merchan- se. For novices, here's a brief review.

flats, pots, and various packs, young ants are available in season throughout e year. You can buy annuals, peren- als, and vegetables this way. Seeds are eaper but require more work to get arted.

ulbs, corms, and tubers are available in season. They are the only way to grow flowers such as amaryllis, begonias, dahlias, and gladiolus.

In cans of various sizes, most shrubs, trees, and some perennials are available throughout the year. They cost more than bare-root plants or little seedlings, but usually they are the only way to get plants during the growing season.

Bare-root plants are available only in the winter. Cane and bush berries, deciduous fruit trees, flowering shrubs, roses, shade trees, and strawberries are most commonly sold as bare-root plants. It's a cheap way to get them.

Balled and burlapped plants commonly sold are evergreen shrubs such as azaleas and rhododendrons; conifers; and deciduous shrubs that won't stand bare-root transplanting, such as dogwood, liquidambar, deciduous magnolias. They're available only in season.

Testing the old gladiolus rule

For years, many of California's expert gardeners have believed (and continually told each other) that gladiolus should be planted every 15 days from January or February through March. Why that way? The major reason is to get a succession of blooms.

Last year *Sunset* put the old California belief to the test. We planted a batch of a common variety of glads every 14 days from January to April in the long planting bed shown below. The result was as expected: a succession of blooms. The surprise was that the first flowers appeared in all the plots within a period of only five weeks: the last week of May to the end of June. Flowering was squeezed down into a short period.

Why was the period of blooming compressed? Planting in warmer weather means faster growth and flowering; glads planted in January took 60 days longer to flower than ones planted in April. Why plant in January? The best reason is to get the earliest flowers. But as you can see in the photograph, plantings made in warmer weather will soon catch up to ones made earlier.

1972 All-America Gladiolus

The All-America Gladiolus Selection announces two new varieties for 1972:

'Cameo.' Flowers have heavy petals, moderately ruffled, in canary yellow with rose edging. Eight or nine bright showy flowers open at once out of 19 buds on

dozen white gladiolus *were planted in each single plot on the dates shown. By ne 8, when the picture was taken, the first three plantings had come into bloom*

DARROW M. WATT

Sunset's GARDEN GUIDE

each stem. Blooms appear in 85 days.

'Miss America.' This formal, unusually tall plant has pink flowers with heavy petals and fancy ruffles. Up to 12 flowers open at once on a 60-inch spike. Blooms appear in 85 days.

Bare-root pruning

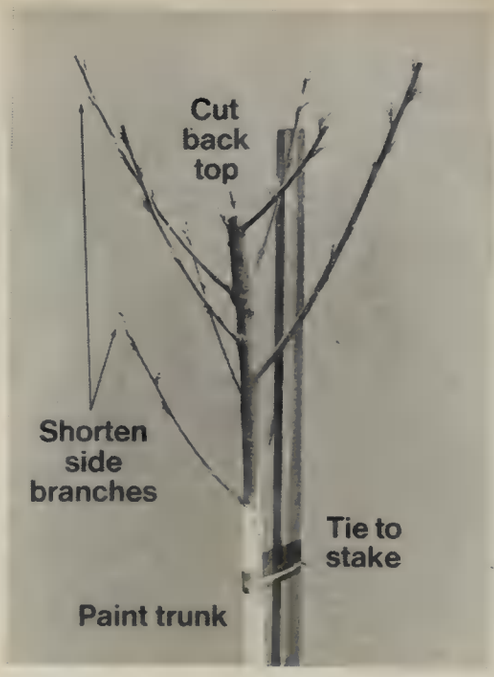
When you plant a bare-root fruit tree you should prune it. Pruning keeps a balance between the roots and branches. It also gives the tree a sturdy framework to begin growing. If not already pruned by the nurseryman, bare-root trees should be pruned in these ways.

Apricots, cherries, plums, prunes: Top the tree 30 to 36 inches above the bud union (where the stem joins the roots). Remove all twigs flush with the trunk. Buds on the trunk will sprout strong new side branches.

Apples, pears: Often these trees grow in the shape of whips (no side branches) during their first year. Top these trees at 30 to 36 inches. Shorten any side branches leaving two or three buds per branch.

Almonds, nectarines, peaches, persimmons: Top these trees at 30 to 36 inches. Shorten side branches leaving two or three live buds on each twig.

Walnuts: Prune severely. Cut off the top 18 to 24 inches above the ground. Choose the strongest-looking bud below the cut and put a stake in the ground on the side facing the bud. This bud will grow to become the main trunk. Prune off all side branches until the tree is 6 or 7 feet tall. The new terminal bud grows so fast that you must check the ties every three to four weeks.



Just-planted *fruit tree has been well tended. All fruit trees need staking and pruning. Painting isn't essential but it's a good safeguard*

Garden events

Oakland. January 9. Demonstration rose pruning techniques at Oaklan Municipal Rose Garden, foot of Je Street one block from Grand Avenu Hours: 1 to 5 P.M. Free. In event of rai the demonstration will be postponed January 16.

Oakland. January 13. Registration for beginners' class in Sogetsu Ikebana flo er arranging sponsored by the Oaklar Parks and Recreation Departmen Place: Lakeside Park Garden Cente 666 Bellevue Ave. Registration and cla hours: 9:30 A.M. to 1 P.M. The fee f the 10-week series of Thursday class is $10, payable at registration. For d tails, telephone (415) 273-3062.

San Francisco. January 16. Rose pru ing demonstration by the San Francis Rose Society, sponsored by the Recre tion and Park Department. Place: Gol en Gate Park Rose Gardens, Park Pr sidio Blvd. and Fulton St. Hours: 10 A.M to 3 P.M. Free. In the event of rain, th demonstration will be postponed to Jan ary 23.

CHECK LIST: *Here are January's garden jobs*

☐ **Bare-root planting.** When you plant bare root dig a hole twice as big as the root system. After you break up the big clumps, pile the soil in a cone at the bottom of the hole. Spread the roots over the cone. Drive a support stake in the bottom of the hole. Fill in the hole, carefully working soil around the roots. Build a basin and water thoroughly. Whitewash trunks of fruit trees to prevent sunburn.

☐ **Camellias.** Both early and midseason Japonica camellias bloom in January. Pick off faded flowers and gather them up from the ground to prevent spreading camellia petal blight disease.

☐ **Frost protection.** January usually brings the coldest nights of the year and the greatest risk of frost. You can take steps to protect tender plants if you know the danger signals. Frost damage comes from heat loss. Plants lose heat at night by radiating it away to the cold sky.

On nights when you can see the stars, when the trees aren't moving, and when your car's windshield is dry, expect heavy frost before morning. Move tender container plants to a sheltered spot. Protect tender plants in the open ground with a canopy of burlap or polyethylene plastic above (not touching) them.

☐ **Lawns.** Mow regularly when the grass isn't wet, especially lawns planted last fall. Mowing makes the grass plants spread out and grow more densely. Apply preemergence controls for crab grass and other weeds.

☐ **Pest and disease control.** You can dormant spray fruit trees this month. Lime sulfur and oil, which make up dormant spray, break down completely in the soil and leave no dangerous residues. Dormant sprays kill some fungus spores and also smother insects and their eggs. Do a thorough job; branches and twigs that you miss can hide pests and infections that won't appear until next spring.

☐ **Vegetables.** On the coast and in intermediate valleys you can set broccoli, cabbage, and cauliflower plants out from flats. You can sow seeds of lettuce and spinach in the open ground for an early spring crop. In the Central Valley sow seeds of lettuce and spinach. □

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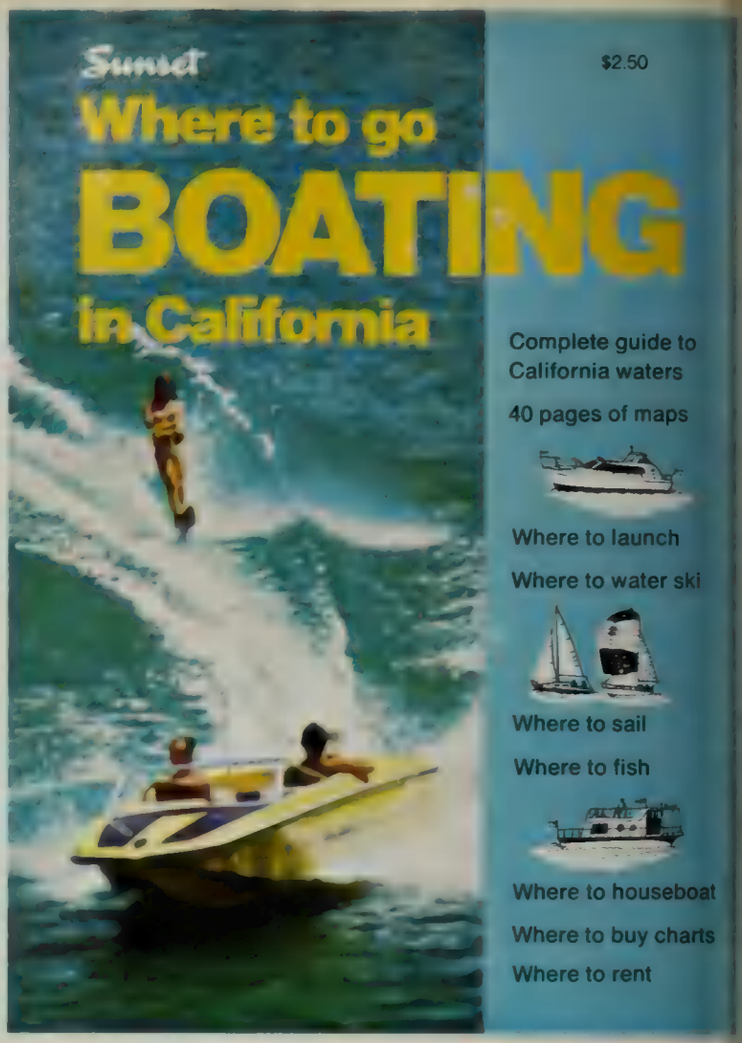

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n catalogs.

following list is far from complete,
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d familiar sources. Catalogs are free
ess a price is stated.

neral catalogs

gess Seed and Plant Company, Box
, Galesburg, Mich. 49053. Flower
vegetable seeds; famous for tomato
oductions.

Atlee Burpee Company, Riverside,
if. 92502. Among the long list of
ver and vegetable seeds offered by
pioneer seed company are novelties
Malabar spinach and overlooked
uals such as Swan River daisy.

Giorgi Company, Inc., Council Bluffs,
a 51501. Catalog 25 cents. Seeds of
e variety of plants; also novelties.

ernational Growers Exchange, Inc.,
397, Farmington, Mich. 48024. Cat-
in two sections, each $1. Fantastic
of rare and exotic bulbs and plants.

orge W. Park Seed Company, Inc.,
enwood, S.C. 29646. A front run-
among general mail-order catalogs.
k's Flowerbook contains "the best of
and old in all the flower kingdom";
vegetables, herbs, and specialties.

ry E. Saier, Dimondale, Mich.
21. Catalog 50 cents. Extensive list
seeds of annuals, biennials, herbs, or-
ental grasses, perennials, shrubs,
trees, and vines.

Wayside Gardens, Mentor, Ohio 44060. Catalog $2; free with $15 order. Many kinds of plants; perennials specialty.

Specialty catalogs

Alpine and rock plants

Rainier Mountain and Alpine Gardens, 2007 S. 126th St., Seattle 98168. Choice dwarf plants including rhododendrons and slow-growing conifers.

Siskiyou Rare Plant Nursery, 522 Franquette St., Medford, Ore. 97501. Many kinds of alpine and rock garden plants; also bulbs and ferns.

The Wild Garden, 8243 N.E. 119th, Kirkland, Wash. 98033. Many new or little-known alpine and rock plants.

Azaleas and rhododendrons

Cranguyma Farm, Long Beach, Wash. 98631.

Comerford's, Box 100, Marion, Ore. 97359.

Fruit Valley Nursery, 2212 N.W. 69th Street, Vancouver, Wash. 98665.

Greer Gardens, 1280 Goodpasture Island Rd., Eugene, Ore. 97401.

Henny and Wennekamp, Inc., Box 212, Brooks, Ore. 97305.

H. L. Larson, 3656 Bridgeport Way, Tacoma, Wash. 98466.

Irving B. Lincoln, 1002 Terminal Sales Building, Portland, Ore. 97205.

Rhodoland Nursery and Garden, Vida, Ore. 97488.

Van Veen Nurseries, 3127 S.E. 43rd Ave., Portland, Ore. 97206.

R. N. Whalley Nursery, Route 3, Box 575, Gresham, Ore. 97030.

Bulbs

P. de Jager and Sons, 188 Asbury St., South Hamilton, Mass. 01982. In addition to a general list of better-known varieties, it offers little-known and hard-to-find miniature kinds.

Laurie's Garden, 17225 McKenzie Highway, Route 2, Springfield, Ore. 97477. Species and hybrid lilies; dwarf and tall bearded iris; beardless iris; 100 varieties of iris seed, plus some perennial wildflowers.

Grant E. Mitsch, Canby, Ore. 97013. A superb list of daffodils, including many of Mr. Mitsch's own introductions.

Cactus and succulents

Henrietta's Nursery, 1345 N. Brawley Ave., Fresno, Calif. 93705. Extremely large collection of cactus and succulents.

Johnson Cactus Gardens, Box 207, Bonsall, Calif. 92003. Long-established grower and shipper of a wide variety of cactus and succulents.

Smith Cactus Garden (formerly Young's Cactus and Succulent Garden), 8014 Howe St., Paramount, Calif. 90723. Another long-time, reliable supplier of cactus and succulent plants.

Clematis

Arnold's Clematis Nursery, 2005 S.E. Park Ave., Milwaukie, Ore. 97222. Impressive collection of large and medium-flowering hybrids; also species and small-flowering varieties.

Ferns

Talnadge's Fern Gardens, 354 G St., Chula Vista, Calif. 92010. Catalog 25 cents. Extensive offering of choice ferns; also begonias and miscellaneous plants.

Magnolias and companion plants

Gossler Farms Nursery, 1200 Weaver Rd., Springfield, Ore. 97477. Deciduous and a few evergreen magnolias; also climbing hydrangea, flowering cherries, dogwoods, dove tree, franklinia, stewartias.

Roses

Tillotson's Roses (see page 128). An exquisite catalog ($1). *Roses of Yesterday*, offers old, rare, and unusual roses, and some selected newer varieties.

Vegetables and herbs

Nichols Garden Nursery, 1190 N. Pacific Highway, Albany, Ore. 97321. Catalog has an uncanny list of vegetable seeds, including varieties developed in Northwest; gourmet herbs; ornamental corn and gourds; Oregon wildflowers; sedums and sempervivums.

Wildflowers

Clyde Robin, Box 2091, Castro Valley, Calif. 94546. Catalog 50 cents. Annual and perennial wildflowers and bulbs from Western deserts, mountains, and sea coasts; also seeds of trees and shrubs; transplants of some shrubs and trees; seeds of rare vegetables and herbs. □

Last winter *birds spilled bird seed in this garden. Giant clump of Sudan grass grew from it. Photographed in August*

Great plants from scattered bird seed grow... unless you plan it otherwise

When wild birds eat seed from a garden feeder, they are anything but neat, and they flick many seeds out and onto the ground. Much of this messy eating takes place in winter when the ground is wet. Whole bird seeds on wet ground germinate and grow into the crop plants they came from.

When this happens, gardeners seem to divide themselves into two camps: (1) the fastidious who wish nothing to grow in their gardens except what they expressly planted for a purpose; and (2) the curious or careless who will try almost anything or give an uninvited thing a chance to grow.

Either kind of gardener can feed seeds to wild birds compatibly with his life style. Here's how.

For the fastidious

The easiest way to feed birds seed without bringing on weeds is to use cracked corn, available at a feed store. Chick scratch may be the same thing, or it may have some milo or millet in it and those seeds may germinate.

There's another way, limited only by availability. At times, some peanut processing plants sell peanut hearts. Birds like these little hard brown embryos. They are nutritious but incapable of growing.

Another answer, of varying satisfaction to birds and people, is to put out bread, cereal, or other processed grain things from the kitchen.

A sure but time-consuming answer is to bake bird seed on a cooky sheet. The chart at right shows times and tempe- tures that kill seed embryos (mak them incapable of growing). Seeds bak at these times and temperatures do n lose their nutritive value.

For the independent and careless

Feed the birds and let come what m You'll probably get some interesting a maybe even attractive plants—ma more kinds than the five shown he Some crop plants, such as the Sud grass shown in the photograph, devel tenacious roots, hard to get rid of. B in their full glory, they can make yo bird feeding place seem like the Riv Nile. Don't expect birds to come to t full-grown plants to eat the seeds. seldom happens. The seeds have to f or be threshed for birds to want them.

DARROW M. WATT

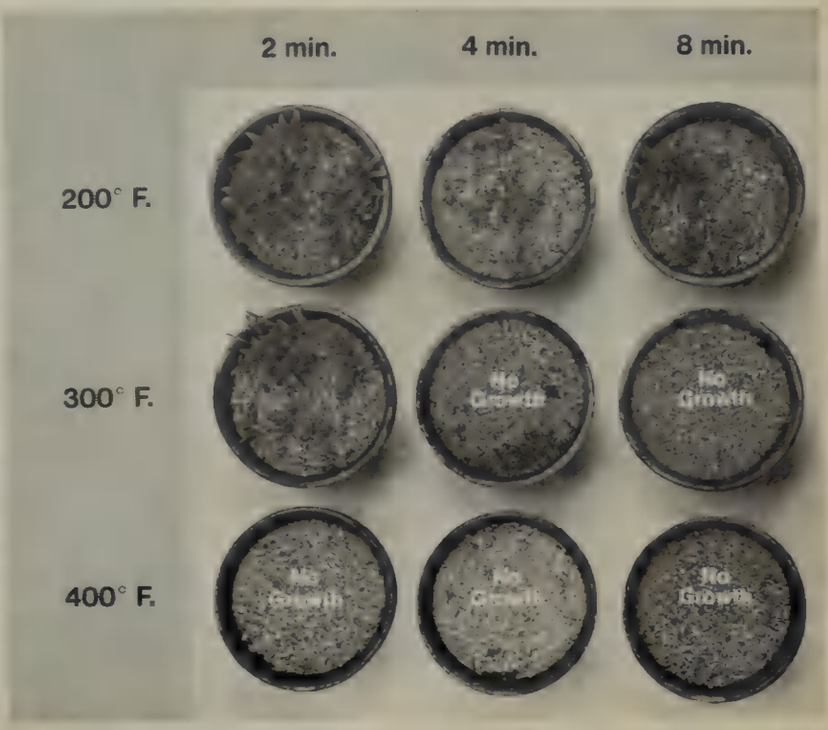
More surprises *that can grow from bird seed mixture. At left, young seedhead of broom corn millet (Panicum miliaceum). Directly below, Niger seed (Guizotia abyssinica), a plant grown for bird seed and oil*

DON NORMARK

NORMAN A. PLATE

Two others *that come up from bird seed. Above, young seedling of flax (Linum usitatissimum). At right, a 10-inch-wide seedling of rape (Brassica napus), a tasty cabbage family plant*

CRAIG ZWICKY



Here's a test *that shows how long and at what temperature to bake bird seed to make it sterile so it won't grow when it falls on wet ground. Pot above has same mixture of seed not baked at all. Seeds were watered for eight days after baking. The heat does not reduce seeds' food value*

Lavishly *fringed sepals surround pink flower of 'Crested Moss'*

Rugosa *roses are tough, hardy, disease resistant, shapely. This is lilac-pink 'Will Alderman'*

Is 1972 your year to discover the old roses?

Nostalgia is in the air these days, with all sorts of old things getting attention denied them for years. So it's about time to bring back some of the old roses, certainly among the worthiest of antiques.

January is the time to start: planting time in California and the low deserts of Arizona, ordering time in other Western climates.

Old roses can do more than just satisfy nostalgia; some will bring very real benefits to your garden in flowers, form, foliage, and fragrance. Not all kinds confer the same benefits, and their differences are complex enough to keep a hobbyist happy for life.

A good way to begin your education is to order a catalog ($1) from Tillotson's Roses, 802 Brown's Valley Rd., Watsonville, Calif. 95076. It contains information worth many times its cost.

Here we show photographs of some choice old roses, with notes about them and a few more.

The roses shown in photographs

'Crested Moss,' also known as 'Chapeau de Napoleon,' is the most wildly mossy of the moss roses. (The "moss" referred to is a fringy, bristly growth that decorates the sepals.) The pink, sweetly fragrant flowers appear for a long season in spring and early summer. This, like other mosses, is choice for old-fashioned arrangements.

'Will Alderman' is one of the best of Rugosa roses. These are absolutely hardy, disease-resistant plants that have wrinkled foliage with a texture like mint leaves. Fragrant flowers appear all

Flowers *of Bourbon rose 'Variegata di Bologna' are white with purple-red stripes*

GERALD R. FREDRI

GERALD R. FREDRICK

ba *rose 'Felicite Parmentier'*
ale pink with green eye

ough spring and summer. Showy red orange fruits (rose hips) follow. alth food people like to eat them. Rusas are good informal hedge or shrub rder plants.

ariegata di Bologna' is a Bourbon rose, old class with flowers that are usually lly double, cupped in form, and strongfragrant. 'Variegata di Bologna' is bush—5 to 8 feet tall—that has a spring bloom and only occasionally peats. An even older class, the Gallicas, cludes many striped and bicolored ses as well as red and purplish kinds.

elicite Parmentier,' a rose of the Alba ass, was introduced in 1834. Its flat, ll, pale pink flowers still represent mething of a Victorian ideal of rose rm. (Victorians thought long, slender ds to be skinny and ungenerous.) The wers are ideal for old-fashioned noseys or boutonnieres.

e kinds pictured and mentioned on ese pages are only a sampler of old ses. There are other classes of at least ual importance. Here are a few:

rub roses. These include species or ld roses and garden hybrids with wild ses in their ancestry. They are usually ry large plants with masses of small wers, often in big clusters. They range flower color from white to deep red, d many have showy fruit. One, the estnut rose (*Rosa roxburghii*), has aves that look something like locust *obinia*) and flower buds like chestnut rrs. Flowers are double and pink.

ybrid Perpetuals. These are big, plump, eetly scented roses in shades of white, nk, lilac, red, and red-purple. They remble large, very double Hybrid Teas. e big pink, 'Paul Neyron,' is still ong the largest-flowered roses. □

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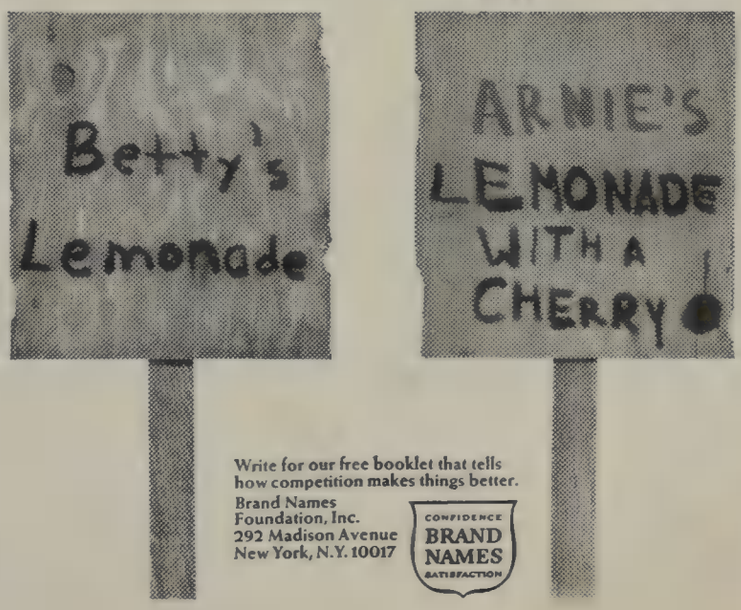

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NORMAN A. PLATE

Rhododendron *'Noyo Chief,' red flowers, glossy leaves shown about half life size*

'Noyo Chief' is not the hardiest of rh dodendrons, but it can take winter lov to 10°. It is perfectly safe in fog-be gardens and is only rarely damaged b late frosts or hard freezes in Pug Sound or Willamette Valley gardens. I these colder areas, avoid planting in lov lying frost pockets.

The American Rhododendron Socie has given 'Noyo Chief' a condition award, a second rung on the ladder th can lead to an Award of Excellence a Superior Plant Award.

Nurseries that specialize in rhododen drons have 'Noyo Chief' or can get from large-scale producers.

A good gray sedum

Whereas the foliage quality of 'Noy Chief' jumps out at you, the foliage *Sedum spathulifolium* is good-looking a much more modest way. In the fir place, the plants are only an inch ta except for the flowering stems, whic may hold the small, starry yellow flowe 5 inches off the ground. And the tir (¼-inch-long) leaves are gray-blue ar powdery rather than shiny.

But the gray-blue powder gives th leaves an impressive luminousness. The leaves are so plump and so packed t gether (especially at the branch end that they resemble little gray cabbag or old-fashioned fat roses.

The gray variety commonly sold is ofte called 'Cape Blanco' sedum or, by erro 'Capablanca.' It is most likely the varie *S. s. pruinosum*. It grows in all climat in sun or partial shade; its only needs a drainage and some water durir drought. Use it around rocks, on bank as a bulb cover, or as adornment arour bigger container plants. It is common available in ground cover sections well stocked nurseries.

PLANT COLLECTOR'S CORNER

Noyo Chief is a comer

No one is surprised by a rhododendron with good-looking leaves and flowers; these are rhododendron trademarks. Still, even hardened rhododendron watchers find the leaves of 'Noyo Chief' strikingly attractive, with flowers far lovelier than anyone has a right to expect on such a good foliage plant.

'Noyo Chief' is probably best described as a *R. arboreum* hybrid; you may find it described as a *R. zeylanicum* or *R. kingianum* variety, but its closest relationship is probably with *R. nilagiricum*. All these are probably just varieties of *R. arboreum*, which grows over a wide range in India.

Dr. Paul J. Bowman of Fort Bragg, California, in whose garden the parent plant grows, gave it its name, which commemorates an Indian settlement. The Noyo River, south of Fort Bragg, is named after the same settlement.

Dr. Bowman's plant is now about 10 feet tall and equally wide at 20 years of age. Leaves are 6 inches long and half as wide or a little less, bright glossy green, and deeply and heavily veined. A dozen or so 2-inch flowers of bright red make up a tight truss of blossom 6 to 8 inches in diameter. Bloom season is late April to early May, depending on the weather.

Fleshy rosettes *of Sedu spathulifolium look somethin like tiny gray-blue cabbage ros*

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The pine of Rome . . . here is how it looks as a 9-year-old youngster, as a young adult, in middle age, as an ancient

At nine years *from seed, youthful stone pine stands about 20 feet high in streetside lawn. Still pyramidal, low branching, quite open*

Set out *as young trees in 1948, these stone pines provide shade, add distinctive character to residential street. City trims tops and bottoms as needed*

WILLIAM APLIN

Beautiful *stone pine of unknown age (probably over 50 years) is lower branching and less dense than most old trees; it's pruned and thinned periodically*

will an Italian stone pine set out ıonth from a 5-gallon can look in 50, or 100 or more years? You'll me idea from the pictures on these ages.

picturesque and historic tree—the ›ine mentioned in early literature ıative to the Mediterranean area Portugal to Asia Minor. A very ; Italian stone pine (*Pinus pinea*) ıursery container may be bushy or ly—not at all distinctive looking. f you plant it in good porous soil open sunny place and water it reg-, it will grow moderately fast into tractive adolescent with horizontal, ly upward curving branches clothed bright to dark green needles, in pairs, 4 to 6 inches long. Juvenile foliage, often found on trees several years old, is bluish gray-green.

During middle to old age, the Italian stone pine loses its lower branches and develops a flat, parasollike crown that sets it apart from other pines. Bark on older trees is grayish-brown and furrowed, with patches of reddish brown where old bark has flaked off.

Glossy brown, oval cones, 4 to 6 inches long, ripen in a tree's third year; hard, rounded cone scales yield large, sweet, oily, half-inch-long nutlike seeds called *pingons* in France, *pinocchi* in Italy, and *fistils* in Turkey. Available commercially, the nuts are served raw or roasted; in ancient Rome, *pinocchi* preserved in honey were considered a delicacy.

Italian stone pine is usually associated with coastal areas, but splendid old trees grow inland (at lower elevations) throughout California. Once established, it takes considerable heat and drought.

Young trees need protection in the Northwest, but are hardy when older. In the University of Washington Arboretum in Seattle, an Italian stone pine 30 to 35 years old, and at least 35 feet tall, has survived temperatures as low as 3°. This tree is growing in sandy soil in a low, open, grassy area in the old nursery south of the arboretum offices, and receives full sun in the afternoon. Several younger stone pines have been planted in other parts of the arboretum. □

Venerable *stone pine stands proudly above ancient ruins at Roman Emperor Hadrian's villa, Tivoli, Italy. Probably grew wild; shows natural untrained form*
SAMSON B. KNOLL

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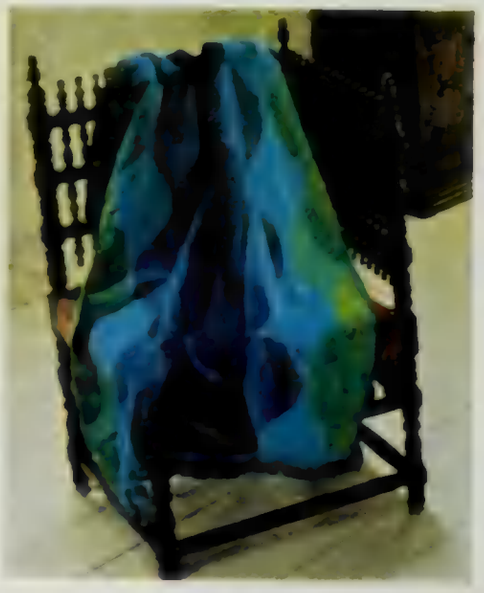

Cannon Royal Family

Yellow 5-inch bloom of new Golden Gate rose

The 1972 roses . . . and where to watch them bloom this spring

In **January** the West's dedicated rose fanciers buy and plant the new bare-root roses. Less dedicated rosarians may prefer to wait to see the new ones performing in someone else's garden before making their purchases.

Here are descriptions of the new roses for 1972. On page 46 is a listing of some favorite older roses (All-America and others) that have proven their worth in local Western garden climates. And below is a list of public rose gardens for those who would like to see plants in bloom this spring. Inquire locally to find out when gardens are open and when roses are prime.

All-America rose selections

Apollo, Hybrid Tea. Fragrant yellow flowers 5 to 6 inches across have 30 to 35 petals, long stems. Bush is tall, with dark green foliage.

Portrait, Hybrid Tea. Urn-shaped buds open to pink, fully double, highly fragrant flowers with more than 50 petals. Portrait is the first All-America produced by an amateur rosarian.

Other new roses for 1972

Apache Tears, Floribunda. White flowers tinted pink are 2 inches across, have 10 to 15 petals. Bush is 2 feet tall.

Aperitif, Floribunda. Ivory flowers bordered deep pink appear singly or in clusters. Two-inch flowers have 25 petals; bush is 1½ to 2 feet tall.

Blue Heaven, Hybrid Tea. Lavender blooms are 5 to 6 inches across.

Cecilia, Hybrid Tea. Scarlet and gold 3-inch blooms have 25 to 30 petals. Bush is 4 feet tall.

Century Two, Hybrid Tea. Large, pointed buds open to deep pink blooms 4½ to 5 inches across with 25 petals.

Coral Bay, Hybrid Tea. Bright orange. 3½ to 4½-inch flowers have 40 to 50 petals, moderate fragrance. Bush is 4 feet tall.

Faberge, Floribunda. Four-inch blooms are pink with yellow tints.

Golden Fantasie, Hybrid Tea. Five-inch blooms have 30 petals.

Golden Gate, Hybrid Tea. Pointed, 1½-inch buds open to bright yellow, 5-inch blooms with 30 to 35 petals.

Heirloom, Hybrid Tea. Lilac blooms 4½ inches wide have 25 to 35 petals. Very fragrant. Plant is 2½ to 4 feet tall.

Jazz Fest, Floribunda. It has cherry red flowers 3 to 3½ inches wide.

Little Curt, Miniature. Velvety red flowers like those of a Hybrid Tea on a 10 to 12-inch plant.

Love Affair, Hybrid Tea. Velvety red 6-inch flowers have 40 petals.

Over the Rainbow, Miniature. It has coral buds and flowers like a Hybrid Tea on 10 to 12-inch plants.

Spirit of '76, Hybrid Tea. Bright red 5 to 6-inch blooms have 35 petals.

Sunrise-Sunset, Hybrid Tea. Large flowers are cream with pink edges.

Wedding Song, Hybrid Tea. White 5 to 6-inch flowers have 25 to 30 petals.

White Angel, Miniature. White flowers grow on a miniature plant.

White Masterpiece, Hybrid Tea. Yellowish buds open to pure white flowers. □

Where to see roses in Northern California, Nevada and Utah

CALIFORNIA

BAKERSFIELD
- Pioneer Park

BERKELEY
- Berkeley Municipal Rose Garden

FRESNO
- Fresno Municipal Rose Garden
- Roeding Park

LIVERMORE
- R. A. Hansen Park Rose Garden

MERCED
- Applegate Park Rose Garden

MONTEREY
- Friendly Plaza

OAKLAND
- Oakland Municipal Rose Garden
- Morcom Amphitheatre of Roses

REDWOOD CITY
- Catherine Brennan Memorial Rose Garden

SACRAMENTO
- Capitol Park Rose Garden
- McKinley Municipal Rose Garden

SAN FRANCISCO
- Golden Gate Park

SAN JOSE
- San Jose Municipal Rose Garden
- Shooking Rose Nursery

SANTA ROSA
- Juilliard Park Rose Garden
- Santa Rosa Junior College

VALLEJO
- Grant Mahoney Park Rose Garden

VISALIA
- College of the Sequoias
- Visalia Garden Club Public Rose Garden
- Tulare County Courthouse

NEVADA

RENO
- Reno Municipal Rose Garden

UTAH

FILLMORE
- State House Museum Trial Rose Gardens
- Old Capitol State Park

NEPHI
- Municipal Memorial Rose Garden

PROVO
- North Park Rose Garden

SALT LAKE CITY
- Salt Lake City Municipal Rose Garden

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Scarlet, *black-spotted flowers of the ladybird poppy are 3½ inches wide*

Flanders poppies, colorful, prolific

No annual is a brighter red than t poppy in the photograph above. T pure scarlet of its tissue-thin, glossy p als is all the redder for its contrast w the shiny black patches. It is the lad bird poppy, and it is one of a large cl

These poppies came from Europe a western Asia. The commonest one is t corn poppy *(Papaver rhoeas)*. In its w form it is a single bright red poppy wi or without black spots. A heavily blac spotted selection known as the Flande Fields poppy is immortalized in a poe and replicas are still sold by veterai organizations. Their white, pink, or r single or double descendants are the ol fashioned Shirley poppies.

The ladybird poppy is a selected form *P. commutatum*, a close relative of co poppy or possibly a variety of it. I flowers are similar, but plants of lad bird poppy are 15 to 18 inches tall whi the corn poppy can reach 2 or 2½ fe Both are true annuals that transpla badly. Sow seed thinly where plants a to grow (a spot in full sun) as early you can get it. Thin plants later to star 8 to 10 inches apart. Make several so ings two weeks apart.

You can get seed for the ladybird pop from the W. Atlee Burpee Co., Rive side, Calif. 92502. The Geo. W. Pa Seed Co., Greenwood, S.C. 29646, h seeds for the Flanders Fields poppy.

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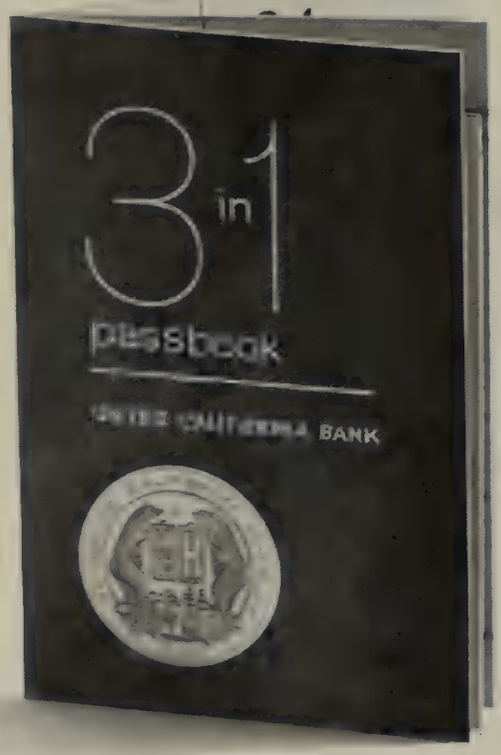

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The figs that came indoors

Here are the weeping fig, the fiddleleaf, the laurel, the rubber plant

Drooping *branches covered with shiny leaves set off weeping fig*

These plants may all look different but they have one thing in common: All are members of the fig family. None produces good-tasting fruit, but all make good-looking house plants.

The weeping fig (*Ficus benjamina*) at the far left is one of the most beautiful members of the fig family. Even when young it has a pleasing form. Its long, graceful, drooping branches have small pale green leaves all over them. The leaves turn dark green as they get older. This delicate-looking tree is the easiest of the group to keep pruned to a small size. It does not look out of place even in a small room.

Nearly everyone has seen the plant in the largest pictu above. People usually call it a rubber plant, but it, too, is member of the fig family: *Ficus elastica*. It's been used f many years and in many countries as a house plant. At o time it was so popular in Germany that Germans referred it as Berlin weed.

Rubber plants have big shiny, thick leaves with a large ve running down the center of each. They grow well indoo where the air is usually too warm and dry and where the is usually not enough sunlight. They tolerate this kind of mi treatment so well that they are nearly foolproof when grow as house plants.

Beside the common variety of *Ficus elastica* other varieti that are available are 'Decora,' 'Rubra,' and 'Variegata.' 'D cora' has leaves that are broader and glossier than the ordina kind, and overall it is a better looking plant. 'Rubra' has leav

Thick, *glossy leaves with large central veins characterize these three rubber plants in a pot*

NORMAN A. PLATE

Huge, *dark green leaves on these two fiddleleaf figs have prominent veins and wavy edges*

Pruning *gives shape to this laurel fig with straight upright branches*

are red initially; then as they grow older they turn green he edges remain red. 'Variegata' has long, narrow leaves patches of yellow mixed with green. The variegated er plant is relatively hard to grow.

fiddleleaf fig (*Ficus lyrata*) at the right of center has huge, y leaves with prominent veins. Its name comes from its s, which look something like fiddles. It's easy to grow will stand more heat than some other kinds of figs. This is more sensitive to salt injury; water too high in salts es leaf edges turn brown.

ne far right is a variety of the laurel fig (*Ficus retusa*) ed 'Nitida.' Its leaves resemble those of the weeping fig t has branches that grow straighter, more erect, and less than the weeping fig. To make an attractive house plant, aurel fig needs a lot of pruning, which it tolerates well. can give it almost any shape you want. In the photograph the man has topped this one and is removing the side branches to form a standard.

Do all these figs need the same kind of care? The answer is yes. These figs all came from the tropics; evolution adapted them to life in moist, sunny, warm climates. Indoors almost none of these conditions exist. Plant them all in a rich, well drained soil. Use a container with a drain hole. Water enough to keep the soil moist but not soggy.

Sunlight is another critical factor. Although outdoors these figs live in full sunlight, inside you should not put them in the strong sunlight of a south-facing window. Most of the plants you buy have been grown in the restricted light of a greenhouse or under a lath roof. Direct sunlight may burn them. On the other hand too little sunlight may make them drop their leaves. Compromise by putting them in a sunny room but not in a hot south window. □

Rex begonia *looks like a big bouquet of bright leaves, zoned and mottled with green, silver, red, purple, pink*

Using *sharp knife, remove single mature leaf and stem*

Measure *stem to be sure that it is shorter than depth of pot*

Starting Rex begonias from rooted leaves

Gently *push stem into moist soil in pot until leaf touches the soil*

Because it is simple to do and it works, starting new Rex begonia plants from leaves is a satisfying initiation into the propagating of indoor plants.

To get Rex begonia leaves for propagating, try trading with a friend.

All you need, besides Rex begonia leaves, are several 4-inch pots (one per

Tiny *new plant begins to grow at base of old leaf*

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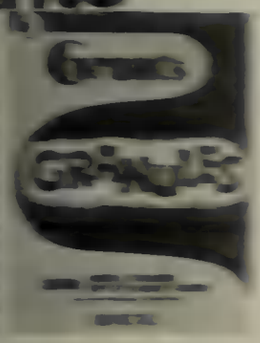

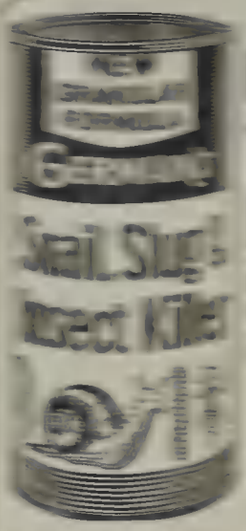

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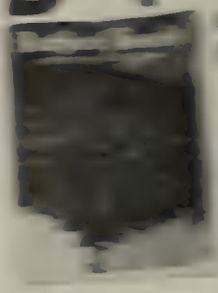

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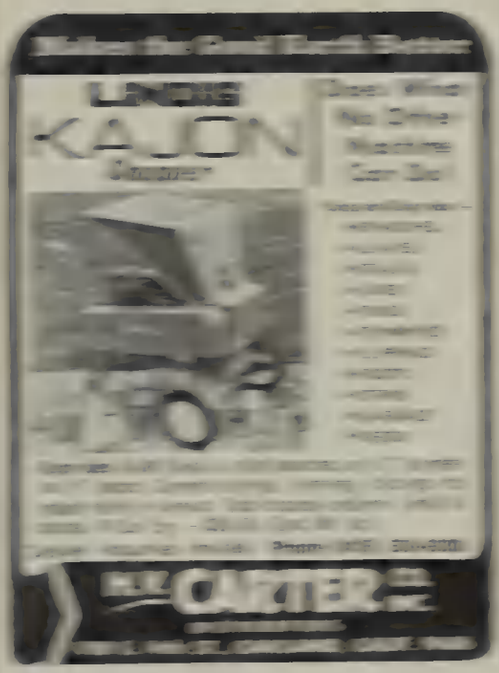

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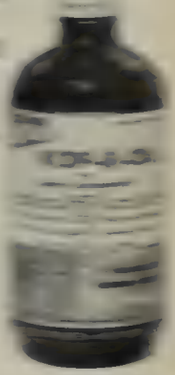

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DON NORM

Plant *from leaf cutting m three to six months is still in 4-inch*

leaf) filled with a mixture of equal pa peat moss, garden soil, and sharp bui er's sand. After you've stirred up mix, it is a good idea to sterilize it. O way to do this is to spread it on a scre and pour boiling water through it. All the soil to cool and drain for seve hours before you use it.

Select a good-sized mature leaf and it off close to soil level, using a sha paring knife, penknife, or a pair of n row-bladed scissors. Measure the leng of the leaf stem against the depth of t pot; the leaf stem should be at least inch shorter than the pot is deep.

Drive a hole in the moist soil mix with pencil and push the begonia stem co pletely down to the leaf, firming s around the stem gently with your finge Be sure to press the stem all the way new plants root faster when the base the leaf is in contact with the soil.

Set pots on a well lighted windowsill a keep uniformly moist. To do this, a also add humidity to the air, set p close together in a larger container wet peat moss.

The nice thing about starting Rex b gonias in 4-inch pots is that you wo need to transplant them to larger co tainers for at least a year.

Some Rex begonia plants are dorma and leafless in winter, but healthy, m ture leaves will root any time you can g them. They root most quickly in sprin Roots and a new plantlet may appe in 3 weeks or a month. If plants sit a do nothing, trigger them into acti by faking longer days: Set them und fluorescent growing lights and give the 2 hours supplementary light in t morning and up to 4 hours in t afternoon.

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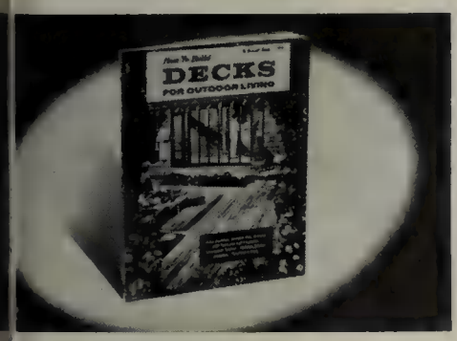

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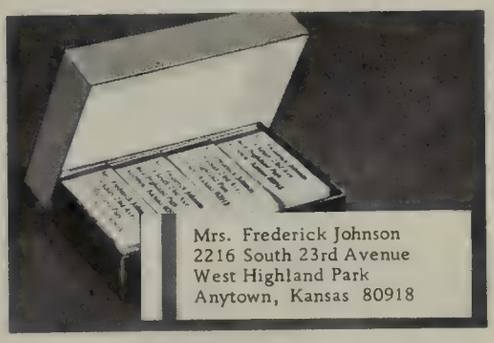

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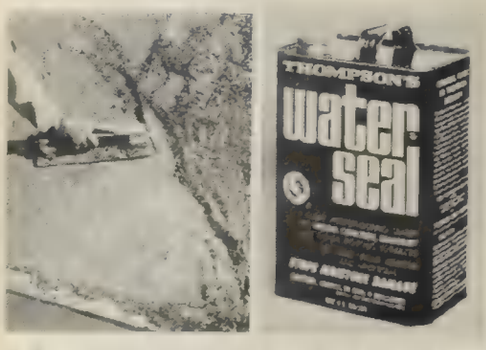

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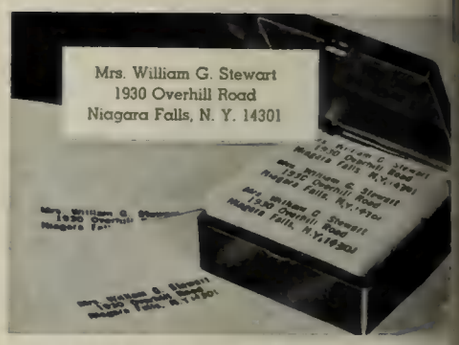

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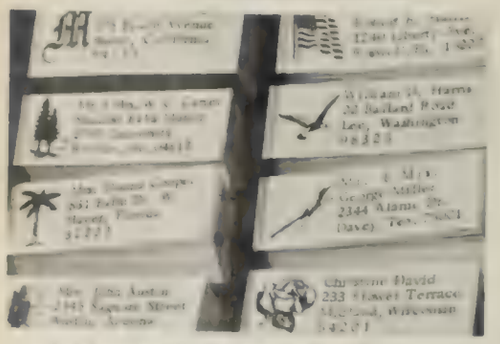

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two strips that form the hexagons nailed together before being nailed ace on the container.

container is still holding up well seven years. It was designed by scape architect L. K. Smith of En-nmental Design Collaborative. □

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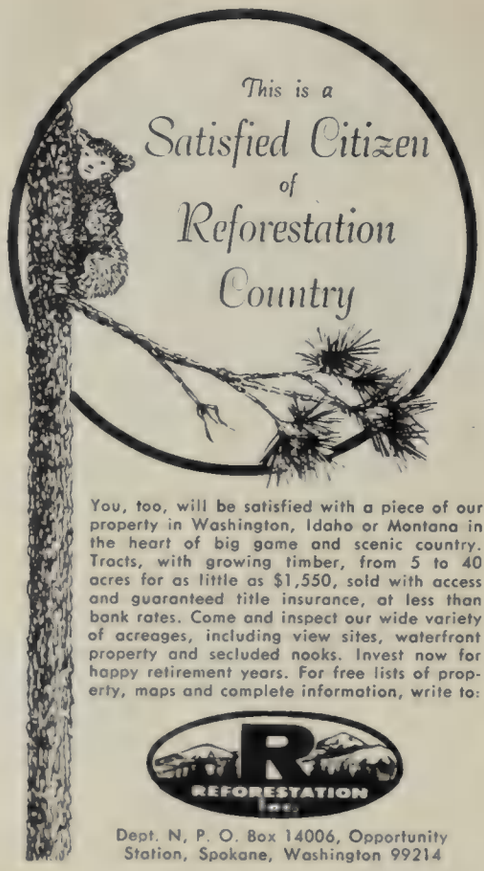

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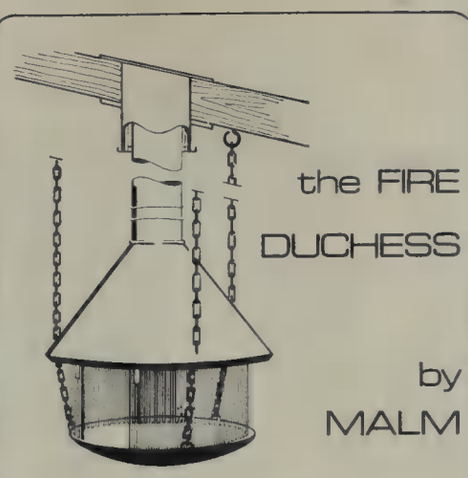

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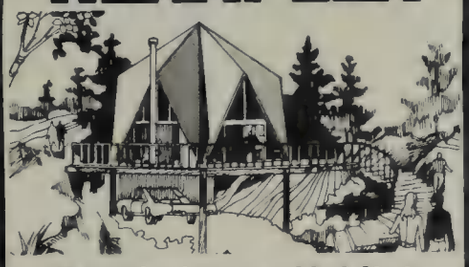

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The search for gardening advice you can trust

This year marks the 10th anniversary of something that has prove to be one of our most productive sources of garden information.

Each month or two since the winter of 1962, some of Southern California's most expert garden people—nurserymen, landscape architects, home gardeners, county farm advisors, the director of Los Angeles Arboreta and Botanic Gardens—have met at our invitation in our Angeles. There, in an afternoon of discussion, our garden editors have questioned them at length on subjects proposed for publication in *Sunset* and have enlisted them as authoritative fact-checkers on articles already in preparation.

Only in Los Angeles would such a gathering make good sense. The reason, obviously, is that the largest metropolitan complex in the West is apt to contain an impressive assortment of authorities on almost any subject. But, far more important to *Sunset*, no other region of comparable size has so many different garden climates.

The *Sunset Western Garden Book* breaks down the entire West into 24 garden climates. In little more than an hour's drive from Riverside or Ventura into downtown Los Angeles, you may pass through 7 of them. And a 3-hour drive from coast to desert can take you through 14 garden climates.

Hundreds of *Sunset* articles have been helped along by our panel of garden experts. The major 1971 articles on clivia (February), flowering kale and cabbage (October), and miniature bulbs (November) all originated or were nurtured to maturity there. And this month's cover story came about because one panelist brought his Jamaica roses to meeting after meeting until he finally convinced us that here was a worthwhile *Sunset* subject.

The Southern California Garden Panel is only one of our research techniques. All have the same purpose: to get the facts from people with real, firsthand experience. Sometimes it comes from *Sunset* staff members, more often from experts, both amateur and professional, out in the field. We rely heavily on their experiences in climates other than those we know best—at *Sunset's* home grounds in Menlo Park and in our demonstration gardens in San Francisco, Arcadia, and Tucson.

Whether we convene a panel in Los Angeles, interview nurserymen in Portland, or poll landscape architects in Salt Lake City, our aim is to give the reader sound gardening advice from experts who know his climate perhaps better than he does.

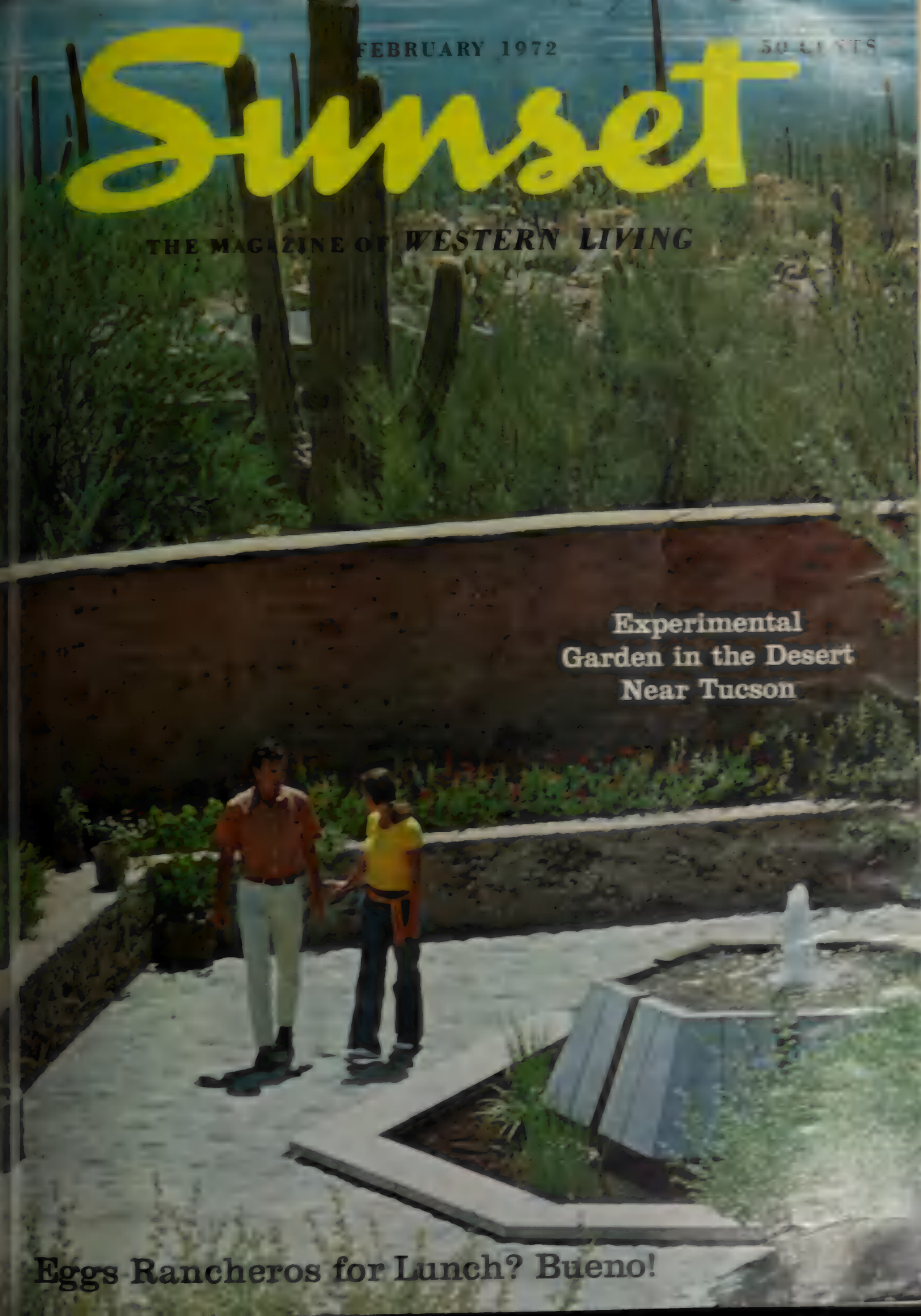
WINDOW ON THE WEST: *Date palms*

About 100 miles east of Los Angeles you're in the Coachella Valley desert, where, helped by irrigation, citrus and dates can grow side by side.
The palms pictured here produce Deglet Noor dates, the most common commercial variety in this country. The man with the ladder is about to tie down bunches of dates (later he'll wrap them in paper bags) to protect them from damage. The date harvest season, which began in October and will last through February, is going strong this month. □

FEBRUARY 1972 50 CENTS

Sunset

THE MAGAZINE OF WESTERN LIVING



Experimental Garden in the Desert Near Tucson

Eggs Rancheros for Lunch? Bueno!

We're having a hukilau – in this example on a beach near Diamond Head, Oahu

There are no strangers in paradise.

That's one of the reasons Hawaii *is* paradise. Our six little islands aren't big enough for strangers. So we turn them into friends as quickly as we can. If they don't want to be friends, we marry them. That usually does it.

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That's a sort of Polynesian fish-in where the nets are hauled up – hopefully full – by everybody around. It's pretty informal, so don't expect to be waited on. (In Hawaii, we've had to learn to pull together, if we want to eat.) Anyway, the final results are worth a little work. Savory, golden charcoal-broiled akule and papio and oama and heaven knows what all else. Cooked as quick as they're caught, then devoured steaming hot on the beach.

Of course, if you'd rather be alone, we're quick to respect that, too. You can burn a joss stick in a tiny gilded temple. Rent a horse and explore a winding mountain trail. Sit down and listen to the music of a waterfall. Nobody will bother you. Unless you want them to.

Unless you've made repeated tries and you still can't catch a curl with a miniboard. Then ask the kid down the beach. He'll take the time to show you how.

Or you've decided that *nobody* can pick up that jiggly Japanese tofu with chopsticks. The girl at the next table can, and she'll be glad to share her secret with you. She won't even laugh, unless you do.

How do we account for Hawaii's aloha spirit? We don't even try. Perhaps it's the warmth of our sun or the gentleness of the sea. Whatever it is, we'd like to share it with you.

Your travel agent will be glad to point out that Hawaii is closer and less costly than ever these days. And with more than 30,000 hotel rooms, we've got plenty of accommodations in your price range. Same goes for tours. See your agent soon, then hurry on over. Don't be a stranger anymore.

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The Cover Story

Is a desert garden all rock and cactus? Not necessarily. Turn to page 66 to see the variety of landscaping ideas in the Desert Museum - Sunset Magazine Demonstration Desert Garden. Photograph by Glenn Christiansen

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February travel . . . in and beyond the West

Flapping *chicken gets sacked*

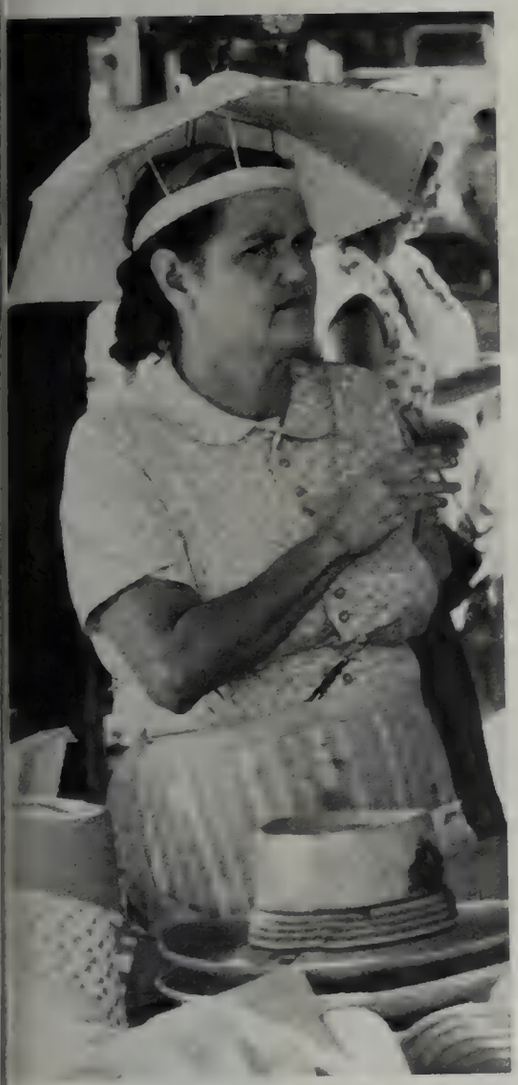
MICHAEL TILDEN

A country flea market

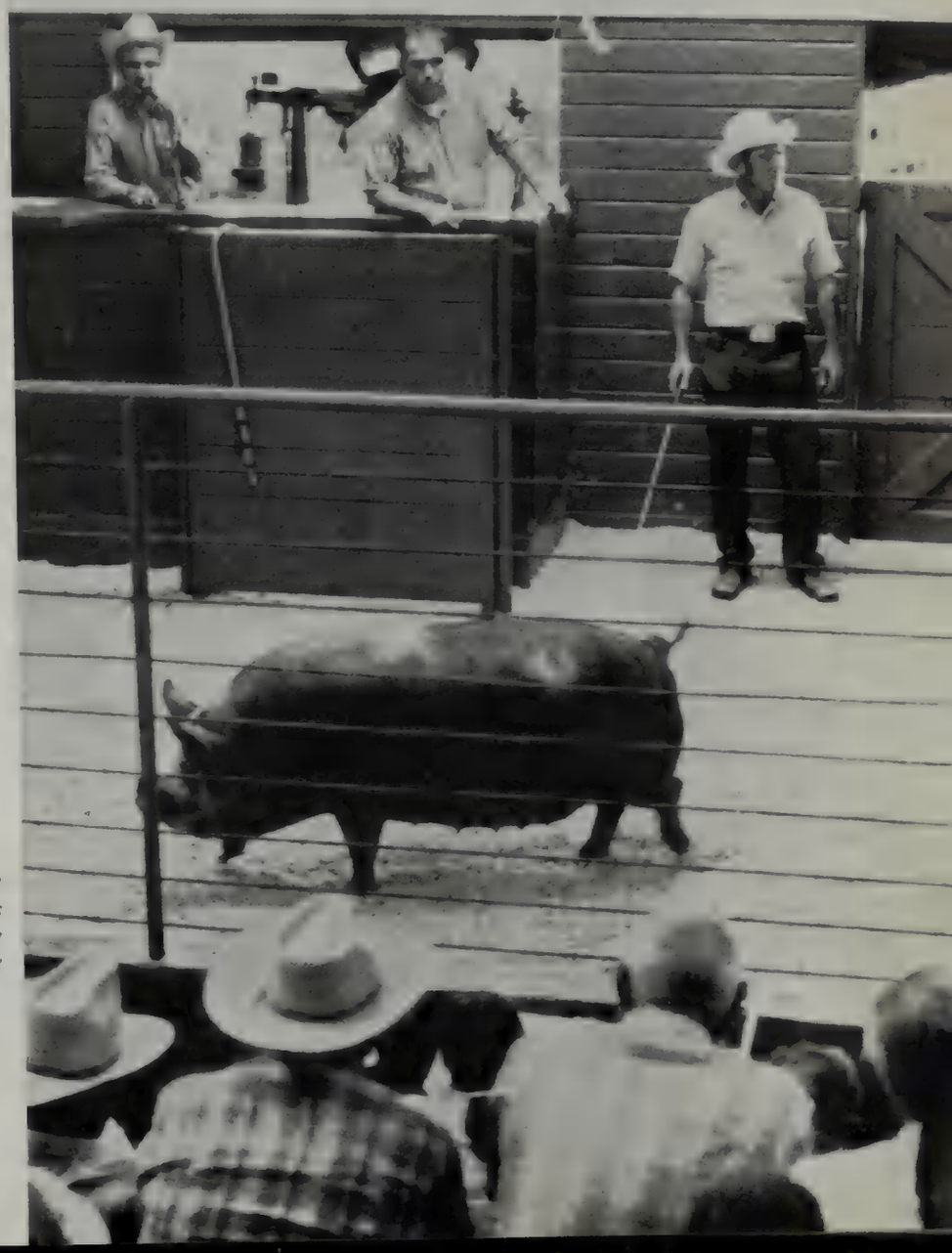
The Cherry Auction in Fresno is a countrified version of the flea market. Side by side with the usual abundance of secondhand goods are fruit and vegetable markets and livestock and poultry auctions.

The produce is almost all from local growers, hence it is very fresh in season. This month look for oranges and lemons.

Livestock auctions are a rural institution and great fun to observe even if you're not particularly interested in buying a



Not all goods *at a flea market are secondhand. She sells several styles of brand-new straw hats*



Big sow *held center stage at livestock auction while bidders watched closely. Sold by weight, she brought a healthy price*

Sunset

THE MAGAZINE OF WESTERN LIVING

February 1972

For this *high view (also the cover), photographer climbed demonstration garden's concrete-roofed ramada*

We built a garden in the desert

The new section of the Desert Museum - *Sunset* Demonstration Desert Garden (see article, page 66) doubles its sponsors' investment in desert gardening research. It and the original section cover about 3,300 square feet each.

In the past nine years, a majority of the more than 2¼ million visitors to the adjoining Desert Museum have also seen the demonstration garden.

Sunset has participated in both design and development, as with comparable gardens in San Francisco and Arcadia, California. Within the past year, *Sunset's* Outdoor Living Editor Roy Krell has visited the desert garden three times for consultations. One such visit pictured at left included (l. to r.): Landscape architect Warren Jones, museum general curator Robert Craig, landscape architect Guy Greene, Roy Krell, plant curator Donald Ducote. □

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hog or a steer. Auctions take place Tuesdays and Saturdays. Poultry a tions last from about 10 A.M. to no livestock, from about 10 A.M. to 2 p

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The auction is about 5 miles from do town Fresno. The best way to get th is to take U.S. Highway 99 to the Jen Avenue exit; follow Jensen west ab ¼ mile to Cherry Avenue; go south Cherry about 3 miles to the auction.

For collectors . . . and friends

San Jose Stamp Club holds an exh February 12 and 13 from 10 A.M. t P.M. in the San Jose Civic Auditori Admission is free.

Peninsula Bottle Collectors hold a sh and sale February 12 and 13 from A.M. to 6 P.M. Saturday, and 10 A to 4 P.M. Sunday, at San Mateo Cou Fairgrounds in San Mateo. It's free

Santa Clara Valley Gem and Min Society holds an exhibit February from 10 A.M. to 9 P.M. and February from 10 A.M. to 6 P.M. at Santa Cl County Fairgrounds, 344 Tully Rd., S Jose. Admission is 50 cents for adu children under 12 free if accompan by an adult.

See what tomorrow might bring at NASA in Mountain View

You can take a small peek at the futu at Ames Research Laboratory in Mou tain View, California. Ames is part the National Aeronautics and Space A ministration. (They're the folks who to the moon.)

Tours of the Ames facility include stop at their large hangar. Housed the are some vertical and short-takeoff-an landing aircraft (VTOL and STO While there you might see some sm jets being outfitted with a baffling varie of scientific instruments for high-le research. There are a couple of ultra-f U-2's in residence, and if not in u they'll be in or near the hangar, too.

Other stops on the tour are at the fi stage of a Titan I missile, at a flig simulator, and at a giant wind tunn where the aerodynamics of new aircra design are tested using scale mode (Only visitors in the eighth grade older may enter the cavernous tunne

As interesting as the things you'll s on the tour are the things you can lea from the well informed guide about o going research projects that will sha much of our future world.

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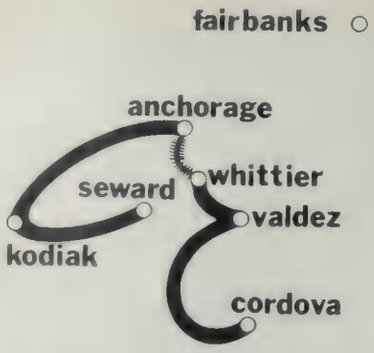

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For travel planners, a February check list

Air New Zealand to Tahiti. Air New Zealand is increasing its frequency of flights between the West Coast and Tahiti. Beginning January 30, Air New Zealand will fly to Papeete, Tahiti, from Los Angeles each Friday and Sunday at 8 P.M. First-class, round-trip air fare between West Coast cities and Tahiti is $1,076; round-trip economy fare is $794. A special 10-day Escape to Paradise tour (including round-trip air fare, accommodations, most meals, and sightseeing) is available at $599 per person. For information see a travel agent or write to Air New Zealand, 510 West Sixth St., Los Angeles 90014.

World's fair. If you missed Expo '70, the World's Fair in Osaka, Japan, there is still a chance to see the major exhibitions and attractions. The central fairgrounds area and the popular Japanese Gardens have been reopened to the public. Admission is free. Reopening of the arts pavilion, Expo Hall, and the folkcraft, steel, and the Japanese government pavilions is also planned. An amusement park opens next month.

Ski flights. New low price Saturday-only flights from San Francisco to two major ski resort areas are now available. You can fly on Air West or Western Airlines to Twin Falls, Idaho, near Sun Valley, for $82 round trip. Western and United Air Lines serve Grand Junction, Colorado, near Aspen, for $99 round trip. You must leave on Saturday and return the same day the following week. For information contact airline information desks or a travel agent.

Cherry blossoms. Hawaii's Japanese community celebrates the Cherry Blossom Festival from March 12 through April 15 in Honolulu. Events include a fashion show, cooking school, a cultural show, a queen pageant, and the coronation ball. For details, write to the Japanese Junior Chamber of Commerce, 2454 S. Beretania St., Honolulu 96814.

Baggage handling. Most domestic and international airlines are now requiring passengers to label all checked luggage with names or initials to prevent losses. The carriers will provide free tags to passengers who arrive for flights with unmarked suitcases.

What a travel agent can do for you. Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours but do charge for "custom" tour service.

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Sunset *School & Camp Directory*

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SCHOOL AND CAMP DIRECTORY

is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY beginning page 10

GARDEN CENTER beginning page 173

FINE FOODS CUPBOARD beginning page 114

SHOPPING CENTER beginning page 176

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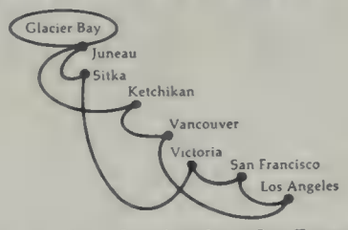

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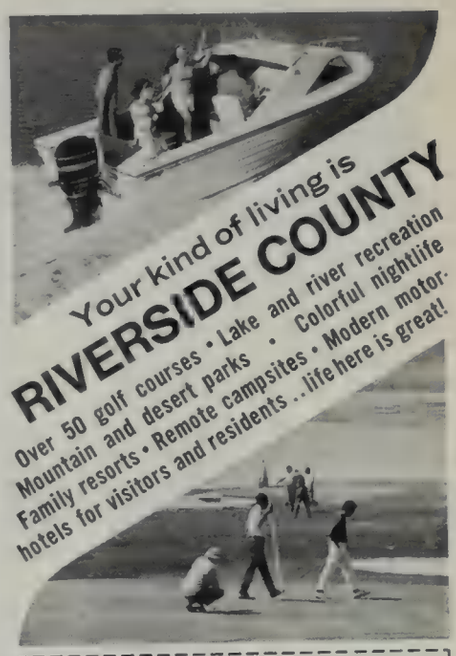

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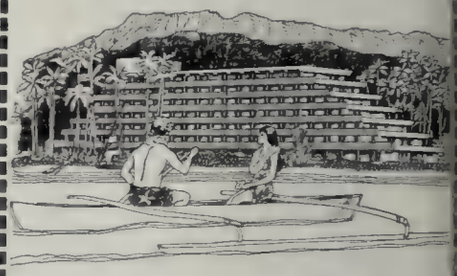

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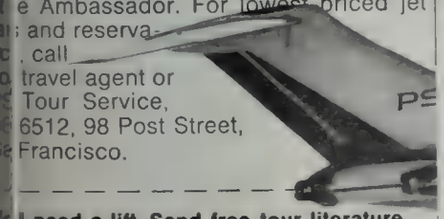

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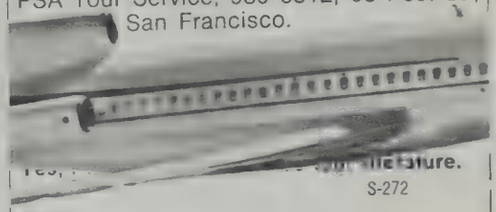

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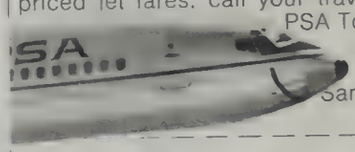

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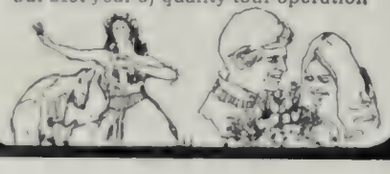

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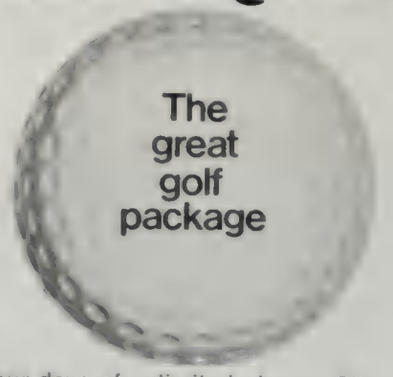

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Standing more than 7 feet high an corporating data from recent space undersea explorations, this finely det replica of the earth is the most acc and up-to-date picture of the pla surface features. One unique aspe the relief representation of the cra and rutted ocean floor, never portr before on a single global map.

A staff of cartographers and a worked two years to construct the g at a cost of nearly $500,000. The m was a gift from the Bank of Ame The project makes it possible for searchers, and the public, too, to ge overall picture of various features how they relate to each other. For ample, deep ocean trenches are ass ated with Pacific islands. You can see relationship clearly in the geological terns shown in relief.

The academy is open daily from 10 to 5 P.M. Admission is 50 cents adults, 25 cents youths 12 to 17, free for children under 12.

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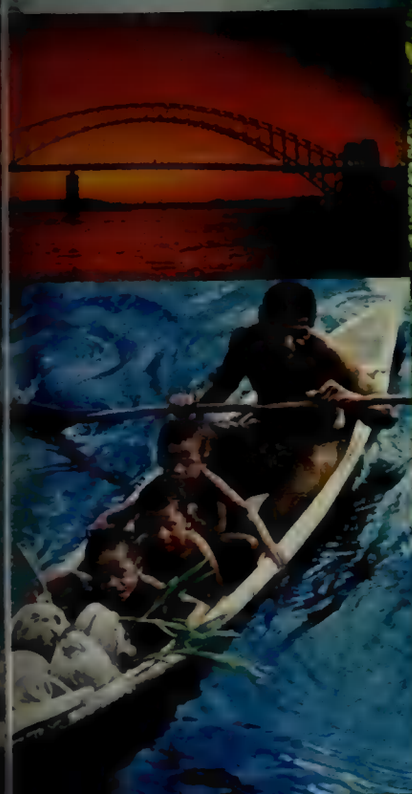

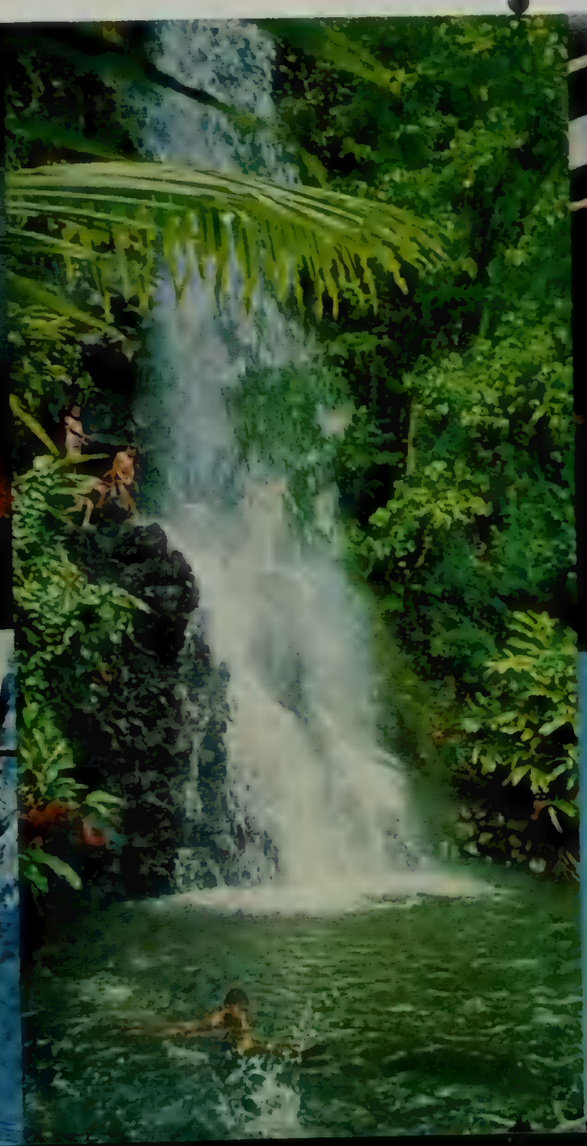

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Modern light *stanchions contrast with renovated Arrow Press Building*

FRANK JE

Diamond cutter at work. *Phonographlike apparat (the dop) holds stone at exact angle against wh*

New-old Salt Lake City "square" recalls turn-of-the-century

The roar of printing presses has been missing from the Arrow Press Building for years and travelers' footsteps no longer echo in the Upland Hotel. But today there are new sounds of visitors who come to dine in nostalgically decorated restaurants, shop for imported clothing and handcrafted jewelry, and tour unusual art galleries.

Three turn-of-the-century Salt Lake City buildings, their brick façades recently sandblasted and decaying interiors renovated and remodeled, now house a collection of shops and restaurants on Arrow Press Square.

Within walking distance of Temple Square and the state capitol, Arrow Press Square is on West Temple, directly across the street from the Salt Palace.

The Square itself is a small open space about the size of a football field and includes a mini-park and parking area. Each of the buildings—Arrow Press (built in 1890), Upland Hotel (1911), and a former furniture warehouse (1910)—incorporates shops and restaurants in the kind of remodeled building settin that travelers familiar with San Fra cisco's Ghirardelli Square or The Ca nery will recognize.

An elevator roofed with clear plastic the Arrow Press Building offers an u usual ride; the shaft is hung with pain ings and prints, so riders get a galle tour as they move from floor to floo The elevator in the Upland Hotel h glass sides and ornate brass trim. A in the Upland Hotel you can watch skilled jeweler using a hundred-year-o wheel to handcut facets into gems.

Shops are generally open from 10 A.M to 6 P.M.; restaurants open for lunch 11:30 A.M. with dinner usually serve until 11 P.M. The square is closed o Sundays.

Gallery *displays crafts, fine art*

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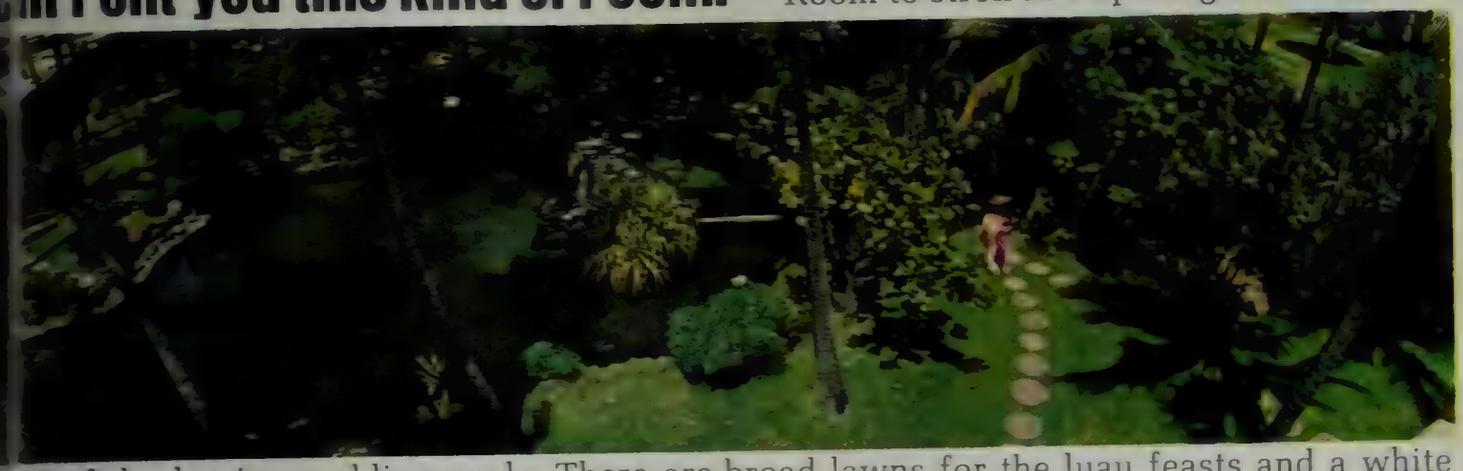

ɔtic fish play in sparkling pools. There are broad lawns for the luau feasts and a white

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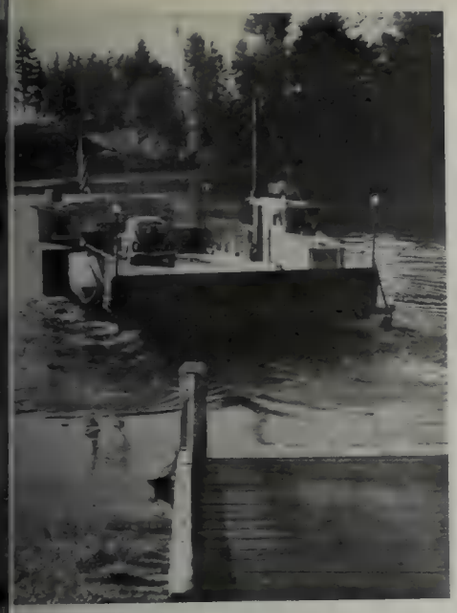

nby ferry *is attached to a water-level le, gets electricity from cable overhead*

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ere's a similar ferry at Buena Vista, rth of Albany, on an unnamed county ıd about 4 miles west of the Talbot noff from Interstate 5. □

gn *cautions motorists who are out to drive onto ferry*

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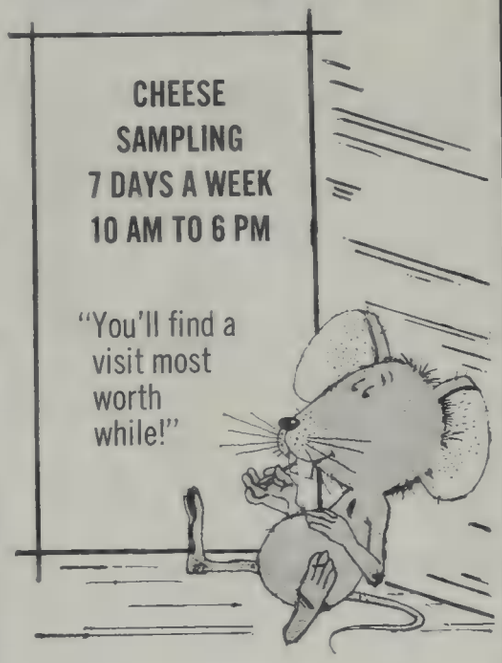

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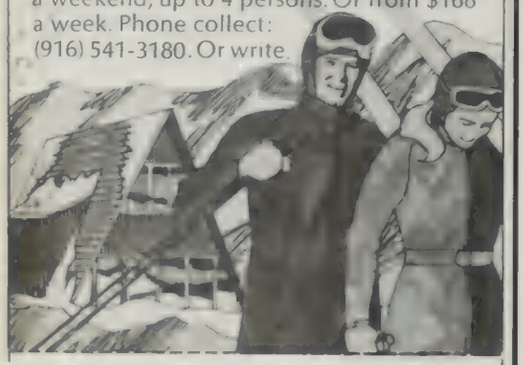

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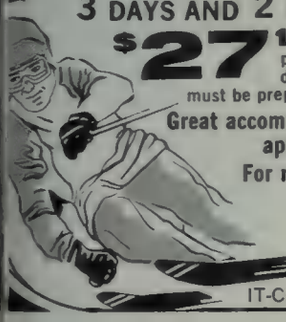

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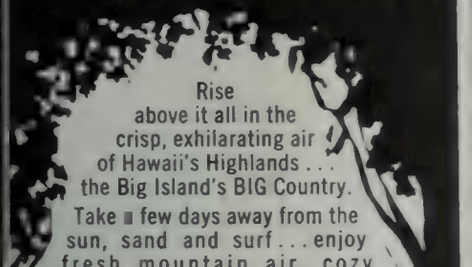

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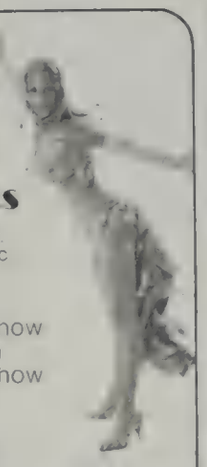

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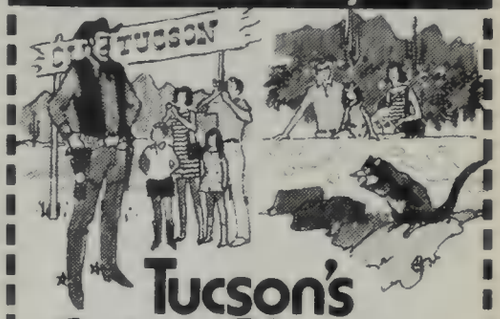

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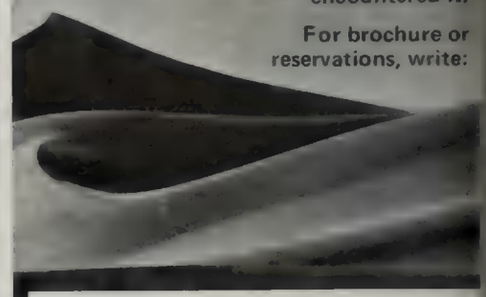

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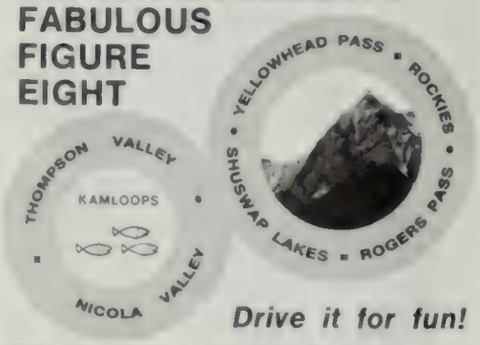

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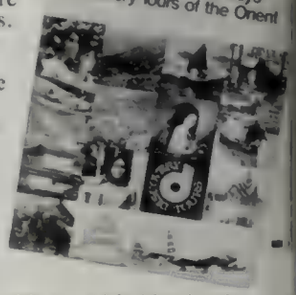

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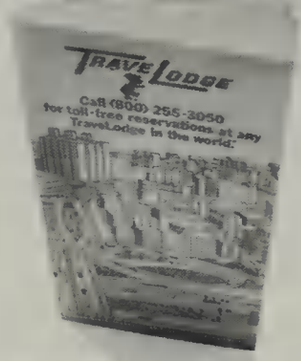

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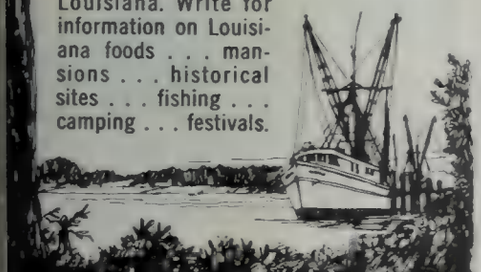

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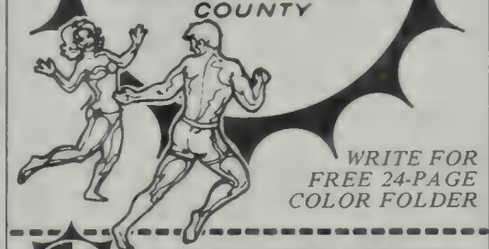

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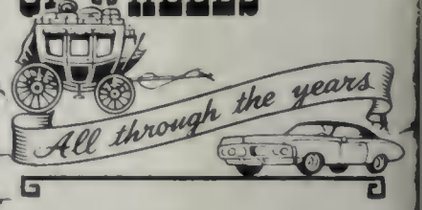

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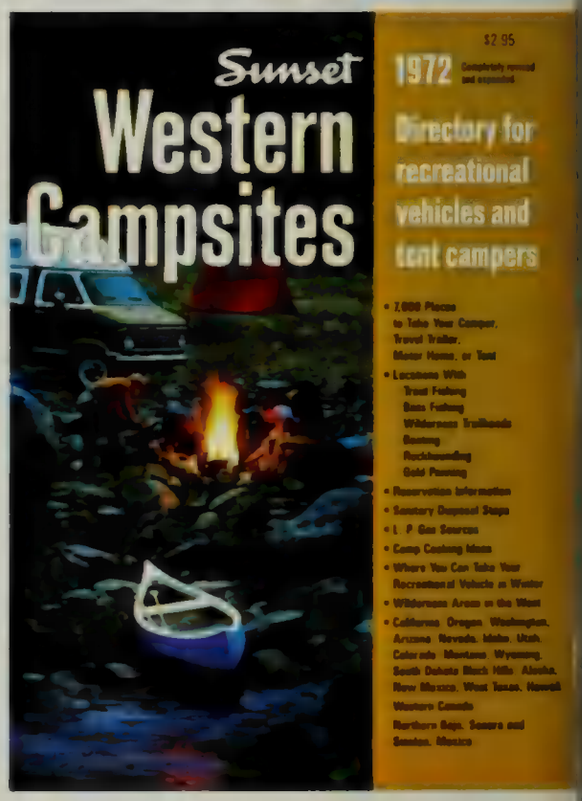

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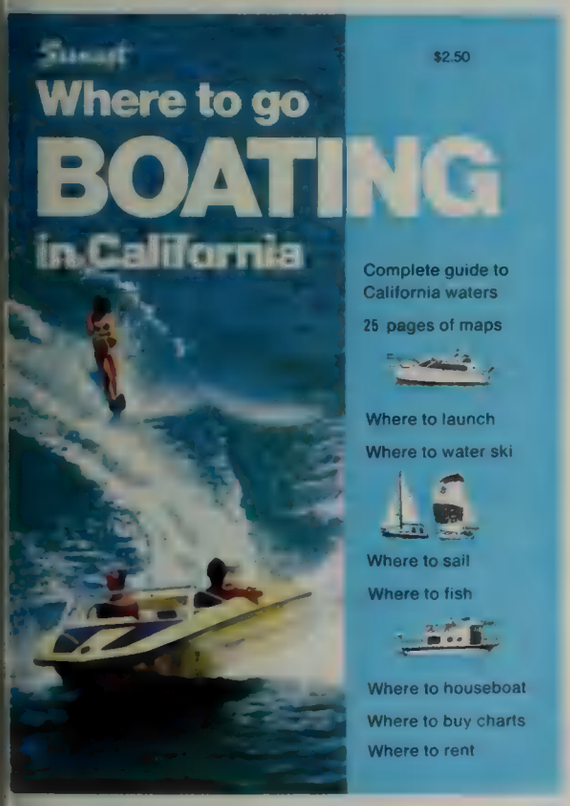
Attention:

boat owners, sailors, water skiers, fishermen

This is your guide to good times on California's lakes, rivers, reservoirs, bays



Novice and expert alike will agree that *Where to go BOATING in California* is the most complete launching and docking directory for California waters. No boatsman or water recreation oriented family should be without this guide to good times on California lakes, rivers, reservoirs, and bays, complete with facilities listings and complete maps to guide you.

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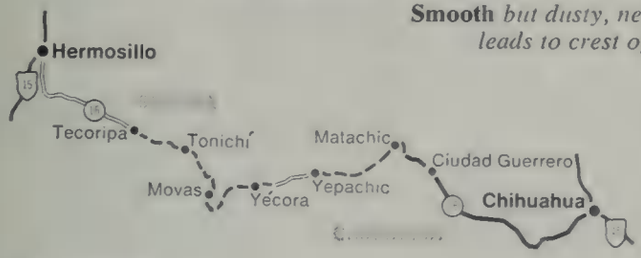
JOHN V. YOUNG

A new challenge for back road explorers east of Hermosillo

Smooth *but dusty, new road leads to crest of range*



A new highway crosses the rugged canyonlands of Mexico's northern Sierra Madre Occidental range. It opens up a mountain crossing for back roads explorers to travel between the states of Sonora and Chihuahua.

The road is on few maps, and you'll have a struggle to reach it: The 30-mile stretch ends in little but primitive tracks at either end. Only travelers with four-wheel-drive vehicles should attempt it.

The highway section crosses the 9,000-foot summit that divides the two states, forming a middle section for the intermittent State Route 16 between Hermosillo and Chihuahua. The drive between the two towns is about 450 miles; with time out for exploring the countryside and remote mountain villages, it takes about eight days. In most areas you can camp undisturbed along the road.

Eastbound from Hermosillo, State 16 is graded and improved for 90 miles to Tecoripa, where it narrows to a rough, dirt road that continues to Tonichí through stands of fuzz-laden kapok trees. At Tonichí you'll have to cross the Yaqui River on a small, cable-guided

Cable ferry *carries vehicle, curious children across Yaqui River*

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vehicle ferry that's propelled by the river current.

From Tonichí, the road tracks along dry creek bottoms and over some ridges to Movas. Along the way you'll pass rugged rock formations and thorny desert plants, and you can see the ruins of a seventeenth century cathedral in the small village of Onavas.

The roadway starts to climb east of Movas, deteriorating further into a pack trail that winds through Yécora, which has running water, street lights, a radio station, mechanics, and a functioning school bus—despite no noticeable roads on either side of town. An airstrip allows regular service by bush pilots.

The primitive trail continues to Maicopa, where it suddenly widens into the

JOHN V. YOUNG

Cathedral *ruin in Onavas is three centuries old, but its bells still ring*

graded, 30-mile summit highway. The improved road's smooth grades and log-supported bridges permit vehicle travel up to 25 miles an hour, a heady speed after the 1 or 2 miles an hour allowed by the trail. A small plaque marks the interstate boundary, and the highway narrows into a dirt track again at the Chihuahuan town Yepachic.

From here you'll enter timber country with many logging roads, and you may have to ask for directions to stay on the right road through Matachic to Ciudad Guerrero, where a paved section of State 16 leads to Chihuahua.

There's drinkable water in most of the larger villages; many towns have gas, although you should carry as much as you can. Spring and fall are the best travel times. Torrential rains and flash floods occur in July and August, and during December, January, and February passes may be blocked by snow. □

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AMERICAN MOTORS BUYER PROTECTION PLAN

River boat *noses into Iron Gates, the Danube's narrow passage through the Carpathian Mountains*

Waitress *serves Romanian specialty, "sour" soup with lemony flavor*

Oltenita *moors on the left bank of Danube at Budapest. Passengers go ashore for bus tour, restaurant lunch. This is Pest side of river; Buda is on the other bank*

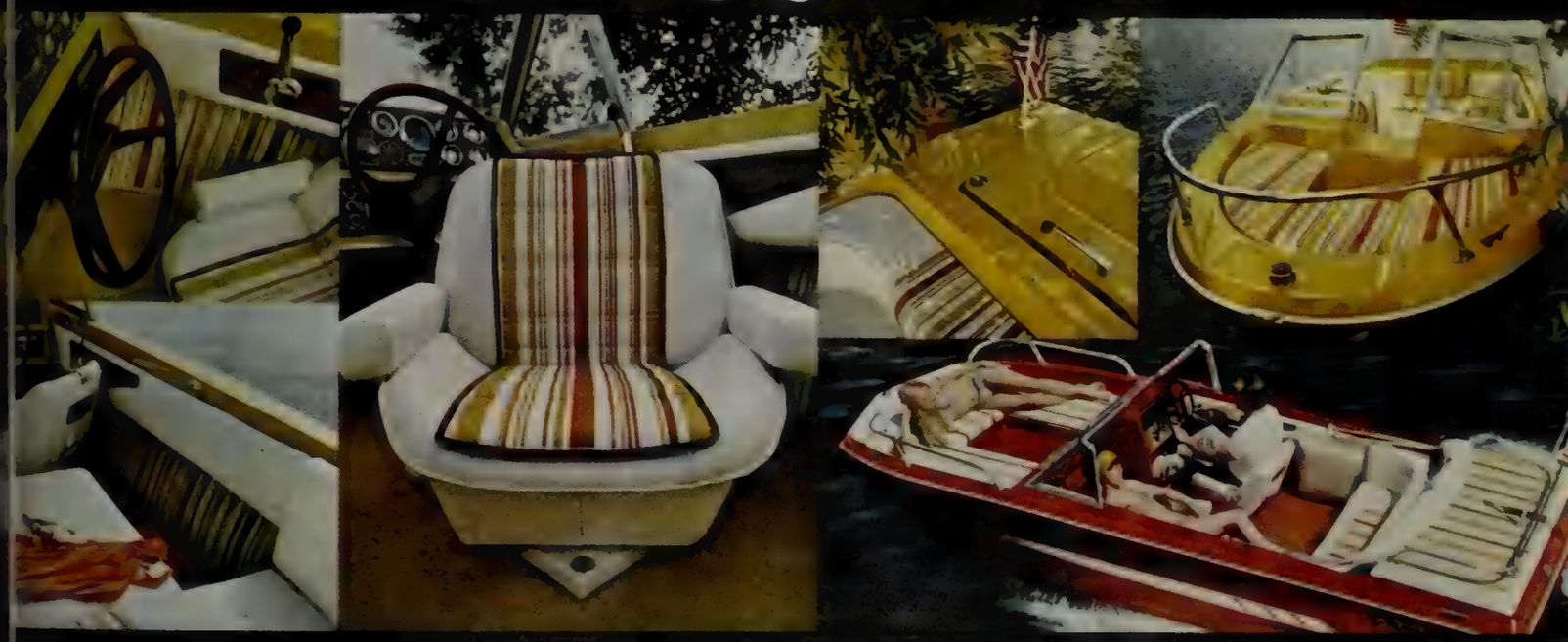
Stewardess *Eva Steiner (in front), and passengers Gil and Alice Burton of Menlo Park, California, cool off with hand-held portable showers*

Six nations in a week ... the Danube cruise

A river boat cruise down the Danube is an international adventure: In seven days you pass by or through six nations, go ashore in four.

Downstream from Vienna it is Austria on both banks, but not for long. Soon it's Czechoslovakia on the left bank with Bratislava, the ancient Slovak capital, coming up. Then the right bank changes to Hungary, and on the second day Budapest appears. The parade of nations slows but continues. Early on the third

Everything you want...



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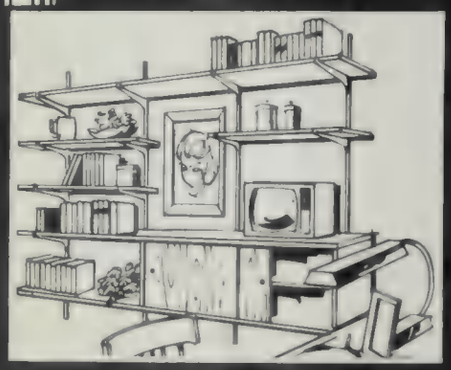

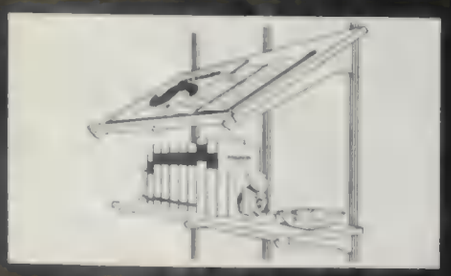

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Boats *drop 50 feet in two-stage locks on Yugoslav side at Iron Gates hydroelectric dam*

Crew *collapses pilot's cabin so boat can clear low bridge. Cabin walls go flat on deck*

day Yugoslavia is on your right, then Romania on your left. Two days later the right bank becomes Bulgaria.

Your river highway is perhaps the most historic in Europe. This was a Roman route. It also is western Europe's great river, twice as long as the Rhine. Its cut through the Carpathian Mountains resembles the Columbia's cut through the Cascades east of Portland. The brand-new dam at the historic Iron Gates on the Danube is larger than the Columbia's Bonneville (although not so large as Grand Coulee). And the new power station at the Iron Gates is Europe's largest outside the Soviet Union.

The downstream voyage offers city excursions with rural Balkan countryside between. The first city stop is Budapest, a day after you leave Vienna. These two cities are quite different. In Hungary's capital the river goes right through downtown, separating Buda from Pest; Buda, the older, is built on steep hills. The street scene also differs from Vienna's, with less motor traffic and less lively street dress, although Hungarian girls are trying. Window shopping is quite unrewarding, but the city itself is beautiful and is beautifully dated. This is a museum-piece city.

Belgrade comes the next day. Architec turally, it isn't as awesome or as beauti ful as Budapest, but Tito's city is mor used to tourists. The river boat staff, a in Budapest the day before, will arrang a bus tour and a restaurant adventure i you wish. The next two days are down stream cruising, highlighted by the pass age through the great locks at the Iro Gates hydroelectric station.

The countryside is mostly agricultural but you will cruise through forests an pass barge loads of timber on the river

On the sixth day your boat ties up a Giurgiu and you bus inland an hour t Bucharest, Romania's capital, for a tour lunch, and, later, an evening of fol dancing. You return to the boat in th late evening, reaching the Black Sea th next morning.

Sunset's reporters made the downstream

To Alaska, with the Prince!

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SAN FRANCISCO
Convention & Visitors Bureau.

Ask any travel agent or airline office about our special low-price San Francisco weekend package plan.

trip in 1971 on the Romanian *Oltenita*, which, with its sister *Carpati*, offers Vienna - Black Sea service. These are 140-passenger boats, 272 feet long, with three passenger decks and a sun deck. In a two-passenger cabin with bath, the fare per person for a one-way passage ranges from $230 in midsummer to $168 in off-season May and September. Prices are less in cabins with toilet only or in four-berth cabins.

The *Oltenita* and *Carpati* are somewhat smaller and less luxurious than the popular Rhine boats that go from Swiss Basle to Dutch Rotterdam. But the Danube boats are still roomy and comfortable. Each one has two dining rooms (an upper deck one for first class), a sunny salon, and a bar and lounge.

Some English is spoken on board, but not necessarily by the waiter or steward who happens to be in front of you. Sign language helps. Meals are Romanian with many small surprises. Breakfast is bottled fruit juice, sliced pressed meat, jam, bread, coffee. An egg may come only on request.

Appetizers start your lunch or dinner, perhaps cheese or small meat cakes. A good soup follows, then perhaps a moussakalike casserole. Such dishes may look a bit mysterious, but *Sunset's* reporters found them usually tasty. Romanian wine appears and sometimes plum brandy with dinner.

Bar service on board is tax free and awesomely inexpensive. Three-ounce servings range in price from 11 cents for vodka to 35 cents for Scotch.

You can make the trip downstream, upstream, or both ways. Most travelers fly one way. The downstream voyage is a day shorter but more popular, so it is slightly higher priced.

Four Russian boats also offer Vienna - Black Sea service: the new Austrian-built *Volga* and *Dnepr* and the older and less luxurious *Dunaj* and *Amur*. These boats make a 5-day downstream trip with stops in Bulgaria and Czechoslovakia as well as Hungary, Yugoslavia, and Romania.

Connecting service from the Ukrainian port of Izmail takes you across the Black Sea to Yalta.

Advance booking for all Danube cruises seems advisable. The weather is cooler in May and September and the boats may be less crowded. *Sunset's* reporters made a mid-May cruise last year on a boat less than half full.

Many travel agents have had limited experience with Danube cruises. These names may be helpful: *Romanian boat arrangements*, Dr. W. Lueftner Tours, Suedtirolerplatz 4, A-6020 Innsbruck, Austria; *Russian boats*, Austrian Travel Agency, Inc., Friedrichstrasse 7, A-1043 Vienna 1, Austria. □

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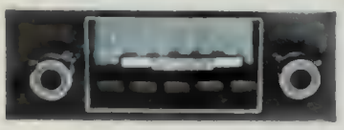
SHERATON HOTELS AND MOTOR INNS



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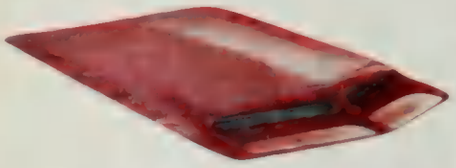

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Low fares, freedom from traffic worries, and elimination of some parking problems may be the best reasons for trading your automobile for the sparse comforts of public transit on your next visit to San Francisco.

Buses, streetcars, or cable cars will take you to major museums, parks, and tourist areas. But the biggest gain if you come on a Sunday is the special 50-cent Sunday and holiday fare, which gives you an unlimited number of rides in any direction. (On weekdays and Saturday the regular fare is 25 cents one way, and you must have exact change.)

Tickets are available at the A/C Transit ticket office at the East Bay Terminal, First and Mission streets. Cable car conductors and starters at the turntable at Powell and Market streets also sell them.

If you drive to the city and then switch to public transportation you will only have to park once if you want to make several stops. This can be important if you visit tourist-crowded areas like Telegraph Hill and Fisherman's Wharf where Sunday parking is often nil.

One of the best ways to start, if you come from outside the city, is to park your car in the downtown area. Most garages have space on Sunday and often there are parking spots on the streets.

Following are a few scenic transit routes of interest to weekend visitors to San Francisco.

One of the shortest routes in the city takes you up Telegraph Hill to Coit Tower, the well known landmark and vista point. You can catch the 39 Coit bus at a number of stops around Washington Square park, Columbus and Filbert streets. The Bay and Taylor cable car stops two blocks away where Filbert intersects Mason Street.

On weekends, the 31 Balboa bus stops directly in front of the Legion of Honor art museum and war memorial in Lincoln Park. Buses depart approximately every 15 minutes from Eddy and Market streets downtown.

You can catch the 10 Monterey bus near 12th Avenue and California Street. It travels across John F. Kennedy Drive through Golden Gate Park, making stops near the de Young Museum and the Japanese Tea Garden. The 10 Monterey is the only bus that goes into the museum area of the park. It connects with buses from downtown at several points.

NORMAN A. PLATE

Climbing *up Steiner Street, 22 Fillmore bus heads toward Pacific Heights. Marina District and bay form backdrop*

The fashionable Union Street shopping area (see page 112 of the May 1971 *Sunset)* is lined with brightly painted Victorian houses converted into shops of all types. The 41 Union-Howard bus runs straight along Union after traveling through the financial district on Sacramento and Sansome streets and then over Russian Hill. You can catch the 41 bus at Market and Main streets.

Most people are familiar with the cable cars, but the Municipal Railway (Muni for short) offers other lessons in transportation history. San Francisco is one of the few American cities still operating rail trolleys. The cars, most of which date from the late 1940's, clang down Market Street, fanning out eventually onto five routes in the western and southern sections of the city.

All of the Muni's streetcar lines originate at the East Bay Terminal, at First and Mission streets.

For a complete description of San Francisco transit routes, including a map, you can write to the San Francisco Municipal Railway, 949 Presidio Ave., San Francisco 94115. For specific route information call (415) 558-4111. □

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A grand coming together of the arts and the weather...and you are welcome

High above the rocky headlands of San Francisco known as Lands End, the Palace of the Legion of Honor stands like an acropolis, with its sturdy Ionic columns and Romanesque arch in strong contrast to the exhibitions of nature around it. For here the rocky fingers of the San Francisco peninsula probing westward are pounded and broken off by the surf. And persistent fog and sea winds plague the shore.

The Legion rests well back from the sea on a bluff overlooking this crusty northwest corner of the city, a fine location for a building of such classic design. Its stone and marble form is often hidden by fog, but on clear days it stands out like a guardian overlooking the ocean and the entrance to the bay. The equestrian statues of El Cid and Jeanne d'Arc on the grounds do their part to enhance this impression.

Built in 1924 in the pattern of the Légion d'Honneur in Paris, San Francisco's Legion is an art museum and memorial to soldiers killed in World War I. It remains one of the West's most distinguished art centers, and combined with the surrounding scenery it is unique.

Looking northeast from the main entrance you will see the Golden Gate Bridge and the steep bluffs of the Marin Headlands. At the north edge of the museum grounds is a large sculpture by

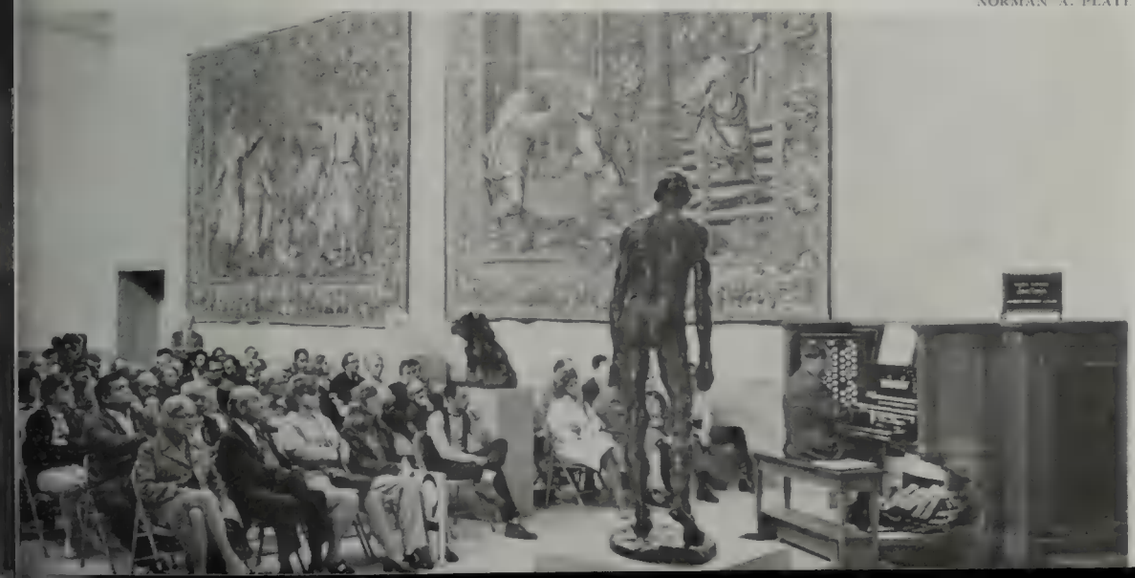
Romanesque arch *and Ionic columns dominate Legion entrance. Corinthian columns support "Honor and Country" motto*

Statue of Venus *by Boris Lorski gets close examination by museum visitor*

Decorative lamp *from Market Street now is in museum parking lot*

l Cid *on his charger, left, towers bove the Golden Gate, as seen from egion of Honor grounds. Visitors njoy clear wintertime views*

NORMAN A. PLATE



Weekly *organ concerts amongst the Flemish tapestries and Rodin sculpture attract large crowds in the Legion of Honor's central gallery*

Visitors walk toward *the sea near Lands End. Pathway leads past trees misshapen by the steady Pacific winds*

Rodin, *The Shades*. Walk east from there along the bulkhead for an unusual "back-door" skyline view of the city.

Across the main Legion access road toward the ocean you will find a path to the right of a Japanese monument. It will take you through the city golf course to the Lands End cliffs and beaches. At the end of this developed walkway are informal trails that must be traveled with extreme care. The land here is in transition and many of the cliffs and rocks are falling away into the sea.

You should be able to reach two isolated rocky beaches. Looking back toward the shore you will see stony bluffs and scrubby trees coiffed wickedly by the ocean wind.

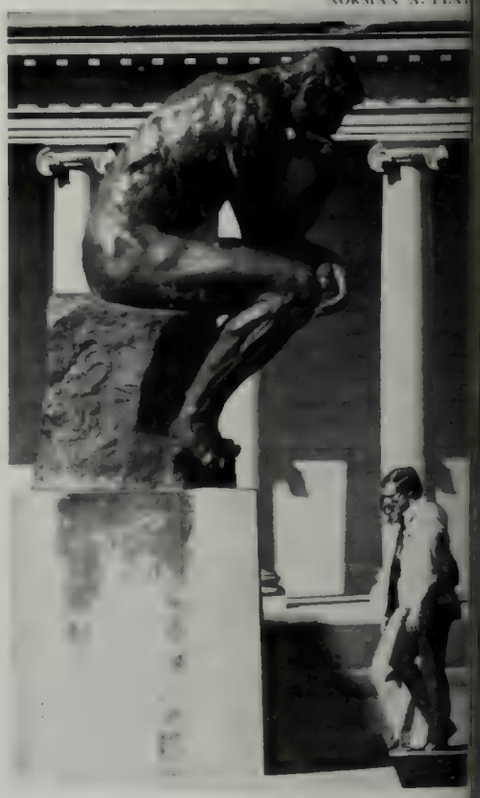
It's up to you whether to make these scenic walks before or after visiting the museum, but the two experiences well complement each other. The Legion has 20 galleries and its permanent collection includes works of important painters, sculptors, and printmakers. One of the five original casts of Rodin's famous work *The Thinker* stands in the central courtyard.

Until April 2 the museum will be displaying an unusual show of nineteenth century American painters and photographers from the American Tonalist school. These artists tried to heighten the effects of light and shadow, seeking visual images similar in some ways to the misty views frequently available outdoors at the Legion. The show, compiled in the Bay Area, includes such major painters as Whistler and Blakelock.

Museum hours are 10 A.M. to 5 P.M. daily. Organ concerts are held every Saturday and Sunday at 3 P.M. To get to the Legion of Honor turn right from Clement Street at 34th Avenue. □

Sunday *museum-goers file past paintings. Spacious galleries like this one are often used for major shows*

NORMAN A. PLAT



Rodin's *Thinker ponders eternal in the Legion courtyard, an arc enclosed by rows of Ionic column Visitors head toward museum entranc*

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A unique varietal Port from the California wine cellars of The Christian Brothers

It has been several years since we first offered Tinta Cream Port, and because it has been so well-received one would expect we would make more of it. Unfortunately, that is not the way with fine wines.

Our Tinta Cream was born over ten years ago when we first began to set aside the wines from the Tinta Madeira grape to see if we could create a unique California Port. This is the grape used in the choicest wines of Portugal, but it is not widely planted in California.

Each cask was given a number which you will find on the label so we could follow its individual progress. Many years pass before it takes on the characteristics of a truly luxurious wine. Tinta Cream Port must develop into a smooth, luscious, yet not too sweet wine of deep garnet red. A wine worthy of the finest occasion — to be sipped at the end of a meal, or to be opened for your best friends.

Because of the scarcity of the grape, and the leisurely time it takes to develop its special qualities, The Christian Brothers Tinta Cream Port will always be in short supply. We think you will find it worth waiting for. Priced at about $3. Should your wine merchant fail to have it, write to me.

Brother Timothy F.S.C.

Brother Timothy, F.S.C., Cellarmaster
The Christian Brothers Winery
Napa Valley, California

Worldwide Distributors: Fromm and Sichel, Inc.
San Francisco, California

NORMAN A. PLATT

Dollars *and German marks change hands at airport bank in San Francisco*

Changing your dollars into more marks, francs, guilders, lire

Long lines at international exchange windows and dollars that wouldn't buy anything were two immediate consequences of this country's decision last August to let the value of the dollar "float" free from the price of gold.

Unfortunately, American travelers are still living with the heritage of that crisis. Instability in the international monetary system makes exchange rates jump up and down, and on occasion the dollar is still regarded warily. However, there are ways you can handle these problems if you are planning a trip abroad this spring or summer.

Perhaps the best advice was offered by a San Francisco exchange expert, who warned Americans they should give up the lazy habit of paying foreigners in U.S. bills. Use local currency, and don't expect any point-of-purchase money exchange to be to your advantage.

Below are a few other suggestions. If you follow them you may not avoid long lines at exchange windows if there's another monetary crisis, but you may save yourself some money.

Buy money here. If you buy some foreign currency before you leave this country you won't have to worry about being victimized by cab drivers and hotel desk clerks when you arrive. Also, exchange rates are usually better in the United States. For example, recently the dollar could buy 3.23 German marks here and only 3 in Germany.

Most large banks have foreign exchange departments and major airports have bank exchange booths. Check with your travel agent or airline to see how much local currency you may take in with you; some countries have limits.

Take checks. Always buy and use travelers' checks. They are usually easier t convert than dollars and frequently con mand a more favorable rate of exchang Bundling and shipping paper curren costs a bank or exchange office mone an expense they may pass on to yo Travelers' checks also give you some i surance if there is a serious moneta crisis. Banks and companies like Ame ican Express assume an obligation to r deem their own checks. Personal chec are next to useless abroad.

How to exchange. Don't be ashamed shop around for a good exchange rat especially if you're changing a lar amount of money. Banks usually ha the most favorable rate, although the may be substantial variations betwe them. Exchange offices and travel age cies will also change your money, b usually at a poorer rate than at a ban Always try to do your business on weekday. You may pay for the con nience of changing money on a weeke by getting a poorer rate of exchange by being charged a fee.

If possible, avoid changing money hotels, shops, or restaurants. One exce tion is in France where you may save some local taxes by buying merchandi with travelers' checks. However, do be lured by stores advertising exceptio ally favorable rates of exchange. Th probably inflate their prices to make the difference.

Credit cards. Internationally kno credit cards such as Carte Blanc American Express, and Diners' Club a good insurance when going abroad. M chants are paid in local currencies a then the bill is translated by the cre card company into dollars. This w your rate of exchange is likely to favorable.

We asked restaurateur Seymore Dimsdale to appraise the cuisine on a Princess Cruise. "Magnificent," he said.

Mr. Dimsdale's own restaurant in s Angeles, Dales Secret Harbor, won the zed Holiday Magazine Award.

The Princess Italia is absolutely first class the way," says Mr. Dimsdale. "Their Italian efs, waiters and maitre d' come from the oy in London. Maxim's of Paris. And other nous hotels and restaurants in Europe.

The food? It's marvellous. Such appetizing hors d'oeuvres. Every entrée is a gourmet specialty. And those exciting flambé desserts... delicious!

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Dining *area in the castle is admired by visitors on park service tour*

In Death Valley... the lavish Mediterranean castle that Scotty built has open house every day

Scotty's Castle *rises from desert garden in Death Valley*

PAUL SCHULZ

When Death Valley Scotty—a wild west show trick rider and full-time prospector—died in 1954 he left behind a monument and a mystery.

The monument is an improbable castle blending Moorish, Spanish, Italian, and California Mission architecture into a desert palace in northern Death Valley.

The mystery is the legend of Scotty's lost mine.

Most authorities believe that Scotty's only gold mine was the bank account of Chicago millionaire Albert M. Johnson, his partner in building the castle. However, several accounts of saddlebags full of quartz and documented stories of Scotty's big spending sprees before he knew Johnson perpetuate rumors of a rich strike in the Funeral Mountains.

Scotty's secrets died with him in 1954, but the Gospel Foundation of California opened the castle as a hotel (for a few years) and gave occasional tours.

A little more than a year ago, the National Park Service purchased the castle and its 1,621 acres of grounds within Death Valley National Monument. Visitors can now tour Scotty's Castle any day between 9 A.M. and 6 P.M. The 30 to 40-minute tours start every hour and cost $1 for adults, 50 cents for youngsters 6 through 11, and free for children under 6. You can walk around the castle grounds between 7:30 A.M. and 8 P.M.

While touring the castle, notice the excellent craftsmanship evident not only in the furnishings, but in interior design from the floors to the ceiling beams. Many of the furnishings, such as the hand-tooled leather draperies and Majorcan carpets were specially ordered from Europe, and Austrian woodcarvers were brought in from Europe to carve the massive ceiling beams. One whole room is devoted to a specially designed pipe organ. □

Flowering *cholla is a delight to look at, but not to touch. April is the best time for blossom watchers*

of Land Management almost 68,000 acres of federal land for park use. But the important point is that the county has been leasing that land since 1961, thus obtaining wilderness quality land before it was permanently altered, damaged, or ruined by mining, overgrazing, or improper use of off-road vehicles—and before it had become expensive re estate.

Lake Pleasant Regional Park is the mo developed of the four with paved acce roads; shaded picnic area and swimmir beach on the lower lake; launchir ramps, docks, a fueling dock, and picn areas on the upper lake; and camp grounds on both lakes. Fishing, wat sports, and rockhounding are big attra tions. To get there from Phoenix, tak Interstate 17 (Black Canyon Highwa to Carefree Highway, turn west and driv 6½ miles to Lake Pleasant Road, the turn right and follow pavement 4 miles to the ranger station.

The three other regional parks are wil expanses of waterless desert that are u comfortably hot from May to Septen ber, but are excellent destinations f hikers and horsemen the rest of the ye —especially from February throug April when the weather is fresh and t desert is gradually coming to flower.

The new parks are big, wild, and yet close to town

Jumbled *one on top of the other, the rugged foothills of Estrella Mountain Regional Park rise in tiers above flat expanses of farm land*

GLENN CHRISTIANSEN

Ramadas *in exposed areas shelter picnicking families from bright sun*

CARI CREWS

Horseback *riding is the best way to get into McDowell Mountain Regional Park. These equestrians stopped along trail to stretch their legs and check their saddles*

Campground and picnic areas for Estrella Park are well established in the adjacent Casey Abbott Recreation Area. To get to Estrella Park, take U.S. 80 (Buckeye Road) to Bullard Road, turn south and drive 2 miles to the park loop road, turn right and drive 2 miles to Girl Scout Camp road.

White Tank and McDowell Mountain parks are presently without facilities, and access is over unmarked gravel roads. But like the other two, they serve as refuges for wildlife and for people who need to get away from the noise and smog of the city.

Visitors to Phoenix can join county sponsored hikes and trail rides into several of the parks on weekends from now through April 2. You can get a schedule of special outings and detailed directions to White Tank and McDowell Mountain parks by writing to the Maricopa County Parks and Recreation Department, 4701 East Washington St., Phoenix 85034. □

This trail *into Estrella Park is the only well marked hike we found in any of the parks*

DARROW M. WATT

This 25-foot *camellia was planted by the capitol in Sacramento during the Civil War—along with 21 others. An unnamed variety, it has red flowers*

Two 90-year-old *camellias flank entry of Governor's Mansion in Sacramento. Plant at right bears variegated flowers; 'Wilder's Rose' at left has rose-pink ones*

How big will a camellia get? Here are the West's old-timers

'urity,' *left of steps, on farm by Sacramento River, is 31 feet tall, 100 years old*

Camellias, like redwoods, just grow and grow. Nobody seems to know how long they live, but the span must be measured in centuries. At this season in communities all over the mild-winter West you can see flowers on camellia trees (and some very big bushes) that have been growing where they stand for as long as 120 years.

Unlike redwoods, however, camellias don't grow very fast. Redwood trees planted in gardens average 3 to 5 feet of vertical growth a year. The patriarchal garden camellias on this page, on the other hand, have grown at the unexciting rates of 2 to 4½ inches a year. That means that after 25 years in a garden, a typical camellia may only be 11 feet tall. There's little you can do to speed things up. Pruning only helps to make growth faster for the first couple of years. After that it hinders growth.

The best thing to encourage fastest possible growth of young camellias is to give them optimum growing conditions. When they are young, protect their trunks and roots from sunburn. (Old trees make enough shade for their trunks and roots.) So plant in partial shade, and where roots will get excellent drainage. Finally, make sure that roots start out close to the surface. Aside from watering them—and fertilizing young plants—there isn't much else to do.

If camellias grow so slowly, why make a big fuss about trees? (Even if a young gardener planted a camellia now he would never live to see it grow to great size.) One good reason is that a lot of people may have old camellias on their property and not even realize their worth. Camellia trees of any size are too valuable to be put to the ax. In one city many old camellias were destroyed in 1968 when an older neighborhood was razed to make room for a freeway. That was both wasteful and unnecessary.

Most people don't realize that camellias can be transplanted successfully even when they are huge trees. A tree that was 105 years old was moved from San Jose to neighboring Palo Alto three years ago. It measured 18 feet tall and its branches covered a span of 21 feet. It's growing very well today beside the Palo Alto Library.

Moving a large camellia can be costly. (Transplanting the tree to Palo Alto would have cost about $2,000 except for the generous donation of time and money by its owner, a nurseryman.) But the expense of moving a smaller camellia, say a 10-footer, often makes good sense. You can get the job done for something between $100 and $500.

Where can you see camellia patriarchs?

In Southern California there are two communities where many large camellias grow in front yards. Look in the older parts of Pasadena, concentrating in the area surrounding Orange Grove Boulevard and Fair Oaks Avenue. Or go hunting in Covina, particularly in front yards around Center Street east of Citrus Avenue.

Northern California's giant camellia community is Sacramento. It calls itself the "Camellia Capital" because you can find camellias in just about every garden. Old camellias dot the grounds of the state capitol. (Most of them were moved there from elsewhere in the city and were very large when moved.) Many homes in the older areas bounded by B and Q streets and from Front to 31st streets have large camellias in front.

In Portland you'll find old camellias in the Washington Park residential area.

In Seattle there's a collection of about 200 old camellias growing next to the rhododendron glen not far from the south end of the University of Washington Arboretum.

If you know any outstanding camellias that *Sunset* has overlooked, we would appreciate it if you would send a postcard with the address of the place where you saw the camellias to the Camellia Man, *Sunset Magazine,* Menlo Park, Calif. 94025. □

WILLIAM APLIN

'his **90-year-old** *camellia in Santa Ana was transplanted here 18 years ago*

DON NORMARK

Planted in 1932, *this camellia in Bellevue, Washington, is now 12 feet tall. It was grown as a cutting from a plant in a Portland cemetery*

One of the great standards on Mexican menus is *huevos rancheros (weh*-vohs ran-*che*-rohs), meaning eggs served ranch or farm style. For any meal of the day this well matched, but freely styled, flavor combination of corn tortillas, eggs, and a sauce or two is appropriate. The cook at home will find the elements easy to duplicate.

Just as with ham and eggs or bacon and eggs, you have the option of preparing each element in a controlled fashion. These are the choices: tortillas warm and soft, or softly fried; eggs cooked to order; and sauce ranging from mild and flavorful to noticeably hot (we stop at this point, but in Mexico the sauce may be so hot that it's the only sensation noticeable). For additional personalization, another sauce can tone the first. The tortillas and sauce can heat and wait; the eggs require last-minute cooking.

Fresh garnishes vary. You might choose sliced avocado or a spoonful of guacamole (homemade or frozen), fresh sprigs of coriander (cilantro), sliced radishes, shredded lettuce, chopped green onion, shredded jack or mild Cheddar cheese, and for authenticity, fresh lime to squeeze over all. Or combine some of the garnishes as an accompanying salad.

Typical side dishes are beans (refried or boiled in a savory liquid) or rice (plain or Spanish-style), or both; mixes or canned products can be used for either.

Add more warm tortillas to butter, and a beverage such as chocolate, beer, or fruit juice and you have a meal.

Huevos Rancheros

For each serving place 1 or 2 cooked tortillas (directions follow) on a plate; top with 1 or 2 eggs (directions follow) and about ½ cup of the mild, medium, or hot sauce (directions follow). Garnish with any of the preceding choices, and accompany with fresh sauce (directions follow) or other prepared hot sauces.

Tortillas. Stack tortillas as heated in a covered dish or wrap in foil and keep hot up to 2 hours on an electric warming tray or in a warm oven.

Soft toasted tortillas. To toast each corn tortilla, moisten your hands lightly with water and rub them over the tortilla. Place tortilla flat in an ungreased heavy frying pan or griddle over medium heat; turn frequently until soft and pliable; takes about 30 seconds.

Soft fried tortillas. Heat about ¼ inch salad oil in a frying pan over medium heat. Fry corn tortillas, one at a time, turning frequently, just until softened; takes about 10 seconds. Add more oil to pan as needed. Drain tortillas briefly on absorbent material.

Eggs. Cook until as set as you like.

Fried eggs. For 6 eggs melt 1 to 2 tablespoons butter in a 10 to 12-inch frying pan over medium low heat. (Use two pans to cook more than 6 eggs at one time.) Break in eggs and cook, uncovered, for sunnyside-up style until the desired firmness. For eggs with opaquely covered yolks, sprinkle 1 to 2 tablespoons water into pan and cook, covered.

If desired, sprinkle each egg just as it begins to set with 1 tablespoon shredded jack or freshly grated Parmesan cheese.

Scrambled eggs. Melt 1 to 2 tablespoons butter in a 10 to 12-inch frying pan over medium low heat. With a fork blend 6 eggs with 2 tablespoons water and ½ teaspoon salt, or 12 eggs with 4 tablespoons water and ¾ teaspoon salt. Pour eggs into pan with butter and cook until mixture turns opaque and begins to set on the bottom. Then ripple cooked portions aside with a wide spatula, allowing the uncooked egg to flow onto pan bottom. Repeat until eggs are cooked.

If desired, sprinkle eggs with ⅓ to ⅔ cup shredded jack or freshly grated Parmesan cheese just as they are almos firm; remove from heat, cover, and le stand about 1 minute to melt cheese.

Poached eggs. In a 12-inch frying pa heat 1 recipe's worth mild, medium, o hot sauce (recipes follow) to simmer ing. With the back of a spoon make evenly spaced depressions in sauce; brea 1 egg into each as formed. (To cook u to 12 eggs, use two pans—10 to 12 inch—and divide sauce evenly betwee them.) If desired, sprinkle each egg wit 1 tablespoon shredded jack or freshl grated Parmesan cheese. Cover pan an cook on low heat until eggs are set.

Sauces. Chill, covered, if made ahead Reheat if to be served hot.

Mild sauce. Mince 2 large onions and seeded green pepper. Cook in a fryin pan until soft in 3 tablespoons salad oi stirring. Add 1 can (14 oz.) Italian-style pear-shaped tomatoes, breaking int small pieces with a spoon, and 1 ca (about 14 oz.) regular-strength chicke or beef broth. Boil rapidly, stirring t prevent sticking, until sauce is reduce to about 2⅔ cups. Makes 6 servings.

Medium sauce. Prepare the mild sauce adding 1 to 2 cans (10 oz. *each*) red chil sauce, ½ teaspoon *each* crumbled ore gano and whole cumin seed, and bo until reduced to about 3 cups; stir t prevent sticking. Makes 6 servings.

Hot sauce. Prepare the medium sauce adding 2 to 6 tablespoons choppe canned California green chiles (taste adding desired quantity). Boil until re duced to about 3 cups; stir to preven sticking. Add additional liquid hot pep per seasoning to taste. Makes 6 servings

Fresh sauce. Mince 1 large tomato an 6 to 8 green onions (include some tops and mix with 2 to 4 tablespoons (or t taste) chopped canned California gree chiles. Season with salt and pepper. Serv cold. Makes about 1 cup.

Huevos rancheros

In Mexico they're for any meal, any time, cooked any way you like

Huevos rancheros *in just on of many possible individua styles: tortilla, soft toasted eggs, scrambled; sauce, medium. Blac beans, hot chocolate accompan*
GLENN CHRISTIANSE

Cat's claw *or yellow trumpet vine (Doxantha unguis-cati) climbs columns, spills over top of trellis, helps shade east-facing patio*

Shade surrounds this desert house. Generous trellises keep sun off the glass

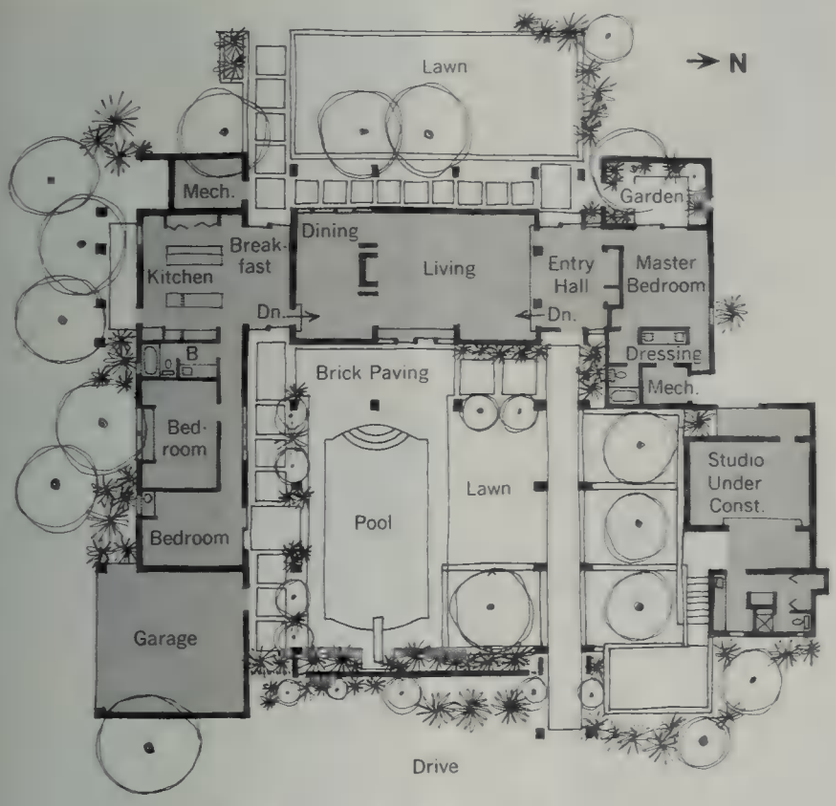
You can fight the desert and build a house to shut it out. You can also try to ignore it and attempt to create a non-desert garden and house that make you think you're somewhere else. Or you can do what architect John R. Peterson of Scottsdale, Arizona, did: design a house that lets you live with the excitement of the desert.

He lives with his wife and three children in such a house. On the east side it's hidden from the road behind a high masonry wall that encloses a large front garden with a pool and trellis-covered paved sitting areas, and a studio now under construction.

Major views are to the west, so the masonry walls enclosing the lawn and cultivated part of the garden on that side are low, more like curbs that merely separate garden spaces from natural desert.

But even with these west views, Mr. Peterson refrained from opening the house with a lot of big windows. His windows edit the views. They are well protected from the sun by trellises. In fact, little direct sun penetrates the house. Natural light (not sun) comes in under the trellis system and through clerestories in the living and dining areas. Two sets of clerestories on the east side have a boxed baffle inside that bounces the light down over the wall below. Interior light levels are high, but almost glareless.

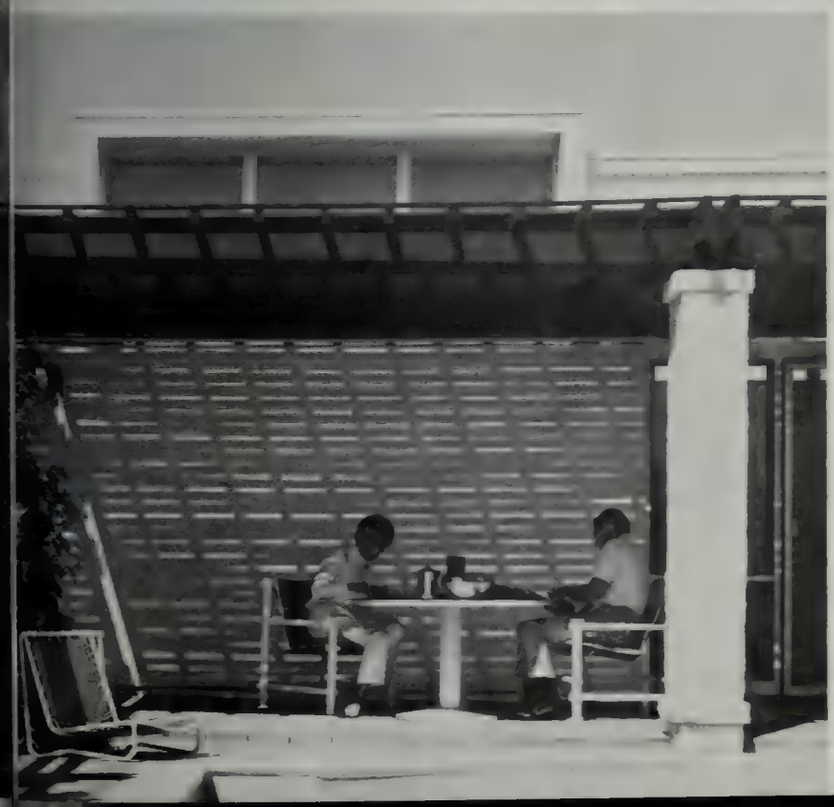
The house (inside and out), garden walls, and trellis columns are concrete block with a rough white plaster finish. The patios and floors are brick. The white is a dramatic contrast to the intense blue of the desert sky and the greens of the garden, and a good background for spots of bright color the Petersons enjoy inside the house. □



House wraps *around a walled-in court*

GLENN CHRISTIANSEN

Under trellis *"eyebrows" are brick walkways. Windows of dining area are at right*



Here's *the spot for breakfast, and escape from late afternoon sun*

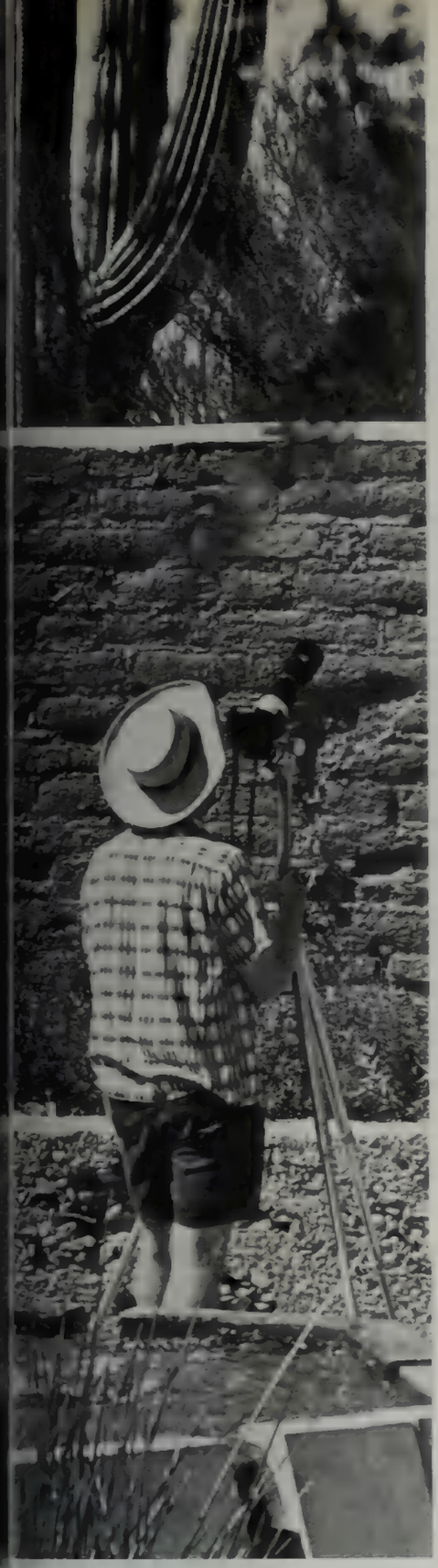
Concrete *benches in ramada, like plant containers, are durable, ideally suited to desert setting*

River rocks *give paving holder texture, are easier to walk on than they look*

Sculptured *concrete containers with small plants of Mexican limberbush (two at left). Ficus palmeri in pot at right*

Giant saguaros *rise behind adobe brick wall. Low retaining wall is exposed aggregate*

For visitors to Tucson, a desert garden laboratory



GLENN CHRISTIANSEN

Brick steps *and ramps take you from the original garden area down to the newly opened section*

ine years ago *Sunset* finished the first hase of a demonstration garden on the rounds of the Arizona-Sonora Desert luseum, the great indoor-outdoor nature museum built right into the countyside west of Tucson. The second and nal section (shown on these pages and n our cover) is now open to visitors.

rom the beginning the garden has been vo things. First, in keeping with the iuseum philosophy of allowing only nave wildlife, it's a gardening laboratory using just native desert plants; they're tested to see how they will perform in a desert home garden.

Second, it's a landscaping workshop where ideas for paving, retaining walls, raised beds, containers, fountains, benches, and walkways are under test. And though the horticulture will be useful only to desert gardeners, most of the landscape ideas will work anywhere in the West.

The cobblelike paving you see in the two photographs at the top of the left page was made by laying large, smooth river stones on a compacted earth base, then pouring concrete around them and washing off the excess before it set.

The relief on the low retaining wall on the cover and behind the bird photographers here was created by throwing shovelfuls of dry river rock against the forms as the concrete was being poured. The forms were then stripped off and the wall surfaces sandblasted to expose the aggregate.

The large concrete containers and the benches in the ramada were designed by Jack Hastings. The designs were not made in a mold, but cut into the surface after the forms were removed and while the concrete was relatively soft. Various grades of local volcanic cinders were used for the aggregate.

The fountain and overall garden were designed by landscape architect Guy S. Greene.

Financial aid for construction and for plant collecting expeditions was provided by local garden clubs, interested institutions and individuals, as well as *Sunset*. Building materials and equipment were donated.

The Arizona-Sonora Desert Museum is in Tucson Mountain Park, 14 miles west of Tucson via West Speedway Boulevard or Ajo Way. It's open daily from 9 A.M. to sundown. Admission is $1.50 for adults, $1 for children 13 through 15, 25 cents for children 6 through 12, and free for children under 6. □

Jagged crags *of Picacho serrate the skyline where the river flows east past Chocolate Mountains*

Winter canoeing adventure on the gentle Lower Colorado

The desert sun is seasonally benign, bass and catfish are plentiful, mosquitoes are mercifully scarce, and the river's controlled water level is down—which lessens power boat traffic—until irrigation resumes in the spring. Canoe season has come to a part of America that few people think of for canoeing. And it comes at a time when most such craft are stowed away for the winter.

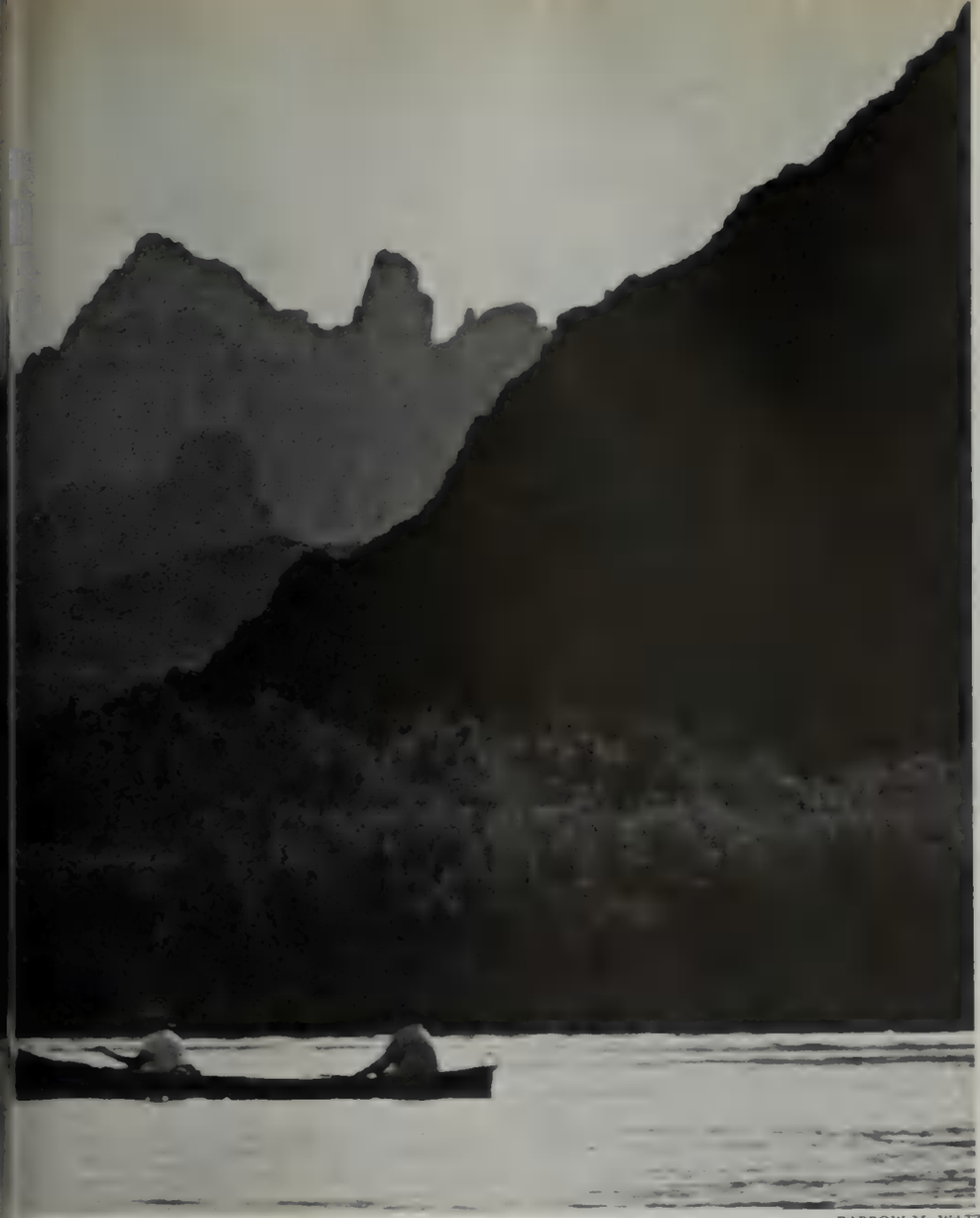
Two stretches of the Lower Colorado offer the canoeist a taste of desert river wilderness denied the power boater. One, below Blythe, takes two or three days, with camping beside the river. The other, below Needles, takes one day.

Neither is for the novice and both require car shuttles. For the first trip you can rent a canoe or hire a shuttle service; for the second you are on your own. The river is usually quiet this season, though there will be throngs during Easter vacation (the last week of March this year) floating on everything from canoes to rafts to inner tubes. Here is what it's like normally:

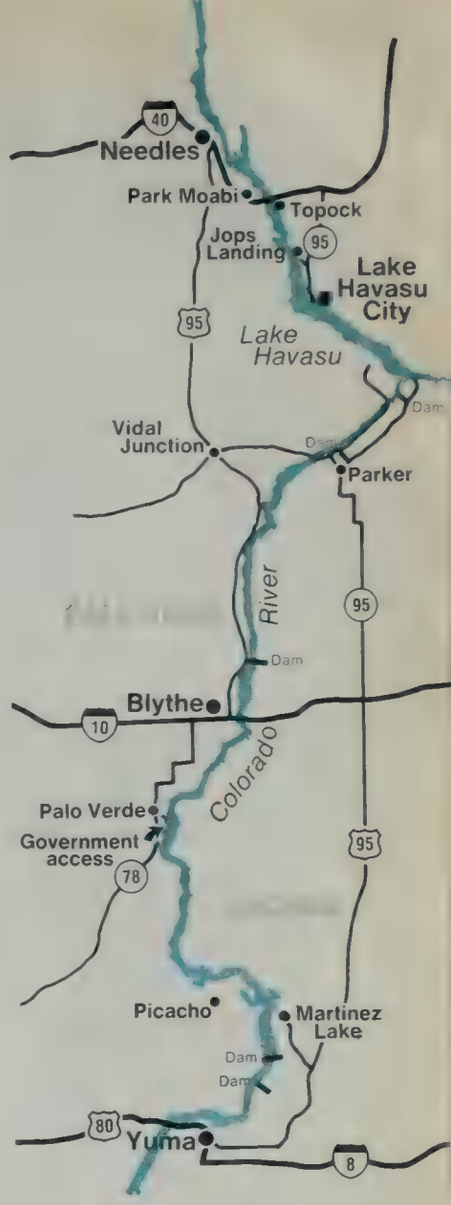
The current moves you at 5 knots. At this speed you can see variety in a landscape that in a planing power boat might seem monotonous. You have time to note delicate changes of mood in th river and its mountain backdrop as ligl and shadow change.

You can skim over sandbars that woul hang up a power boat (true almost a ways; if not, step out into ankle-dee water and push). If you climb the hil ocks next to densely grown flat shore you can discover and explore a doze secret channels through tule or carris cane to backwater lagoons that a larg boat might miss or not be able to ente The river becomes an experience to b savored, not just a roadway.

Even more striking is the difference th



DARROW M. WATT



Camp *on grassy flat at Hoge Ranch needs only small fire. Beyond, canoers bring fresh midriver water*

Side channel, *opposite Picacho, is a hidden separate stream through tule brake and forest*

In [illegible] *channel, our silent canoes surprised these wading and browsing mustangs; they vanished into the thicket*

DARROW M. WATT

Hidden lake *on Arizona side has mining ruins nearby, is reached by dark tunnel through carriso cane-brake*

the silence of a canoe makes. If the wind is upriver, you might round a bend to surprise a mustang at water. You may hear the *gronk* of a great blue heron startled to flight by your quiet close approach. You will hear the otherwise soundless current gurgle in the branches of a fallen tree, and the lap of ripples under the thin hull. Canoeists in flotilla can converse; motorboaters must shout.

In camp you'd think the night would be silent, so far from the city's roar, but it is not. Seemingly empty desert comes alive with the sounds of creatures you do not see: horned owls hooting in duet, leaping carp splashing, distant burros hee-hawing (and trampling noisily if you are close to one of their paths to the river), far-off coyotes baying, small things crackling in the thicket.

Canoe camping is like backpacking except that you can take more gear. Experienced canoe-camp cooks rely on a Dutch oven (for breakfasts and one-dish dinners), a large coffee pot to heat water for instant hot drinks and cereals, large kettles for salad-tossing and dishwashing, and a grill for a small fire. (Make the fire small, as the Indians did; fuel is not abundant.) Lunch on a sandbar is a buffet of sandwich ingredients, fruit, cookies, and juice. Water taken from the river should be treated with halazone tablets for drinking.

With practice, you learn to plan meals and their stowage, such as placing the last items to be used at the bottom of the box. A plastic garbage can liner is a good waterproof container. Paper plates can be burned; take out all other trash.

Other gear you need are a bail bucket, life jacket or flotation cushion (a help for sore knees in the paddling position), extra paddle, hatchet, and a large tarpaulin with clothesline to secure it. Use it to keep your gear dry in the canoe and to rig as a lean-to in case of rain or as a canopy to keep the heavy dew of the river area from wetting sleeping bags. Take insect repellent and suntan lotion; the desert sun is still potent. And you need a small shovel to dig a trench latrine—well back from the water.

Scout your campsite. Though insects are not swarming this time of year, some may inhabit wet shoreline locations, so you should seek higher ground. And remember in tying canoes for the night that the river's level might rise or fall by a foot or so from a dam discharge.

Blythe to Martinez Lake

It is about 80 miles from Blythe Marina to Martinez Lake Marina on the Arizona side of the river, the last convenient take-out point. This means you must team up with friends and plan a canoe-and-people shuttle for the 122-mile return trip by road.

You can get help with this from Queshan Park, a canoe rental service at Blythe Marina. For day trips they will pick up six people and canoes for $15 at the government boating access property about 2½ miles south of Palo Verde. They will pick up the same number at Martinez Lake Marina for $65 (or $135 for a busload of up to 42 people). Or you can rent an eight-canoe trailer for $15 a day.

Rental of their canoes is $8.50 a day; groups of 12 canoes or more are provided with an Indian guide. Or a guide can be hired for $35 a day. For canoe or pickup reservations, write to Queshan Park, 943 E. Murphy, Blythe, Calif. 92225, or telephone (714) 922-5578.

The lower two-thirds of this stretch of river, beyond the dredging and man-made banks, is scenically the most interesting. You enter it below the Palo Verde Valley, where the mountains begin to close in. Most of it is within the Imperial National Wildlife Refuge, which includes Picacho State Recreation Area, where the river turns east. You can concentrate on this area by launching at the government boating access near Palo Verde, though it means a longer shuttle and cars are not guarded.

Park Moabi to Jops Landing

The second trip is scarcely 20 miles by river, with a shuttle of 23 miles, but it goes through probably the most spectacular section of the Lower Colorado: Topock Gorge, at the foot of the rugged peaks called The Needles.

It begins at Park Moabi Regional Park, 11 miles southeast of Needles, where Interstate Highway 40 crosses the river. Since it is so short, it leaves time for exploring such side features as Topock Slough (just downstream and across from the starting point), backwaters and small cove beaches in the abrupt river bend called Devil's Elbow, and the Indian rock drawings of Picture Rock, about 3 miles down from Devil's Elbow on the Arizona side.

Devil's Elbow *part of Topock Gorge has some of lower river's most striking backdrops and its swiftest currents through right-angle turns*

Into the secret lakes, under the towering crags. There's a sign to stop skiers

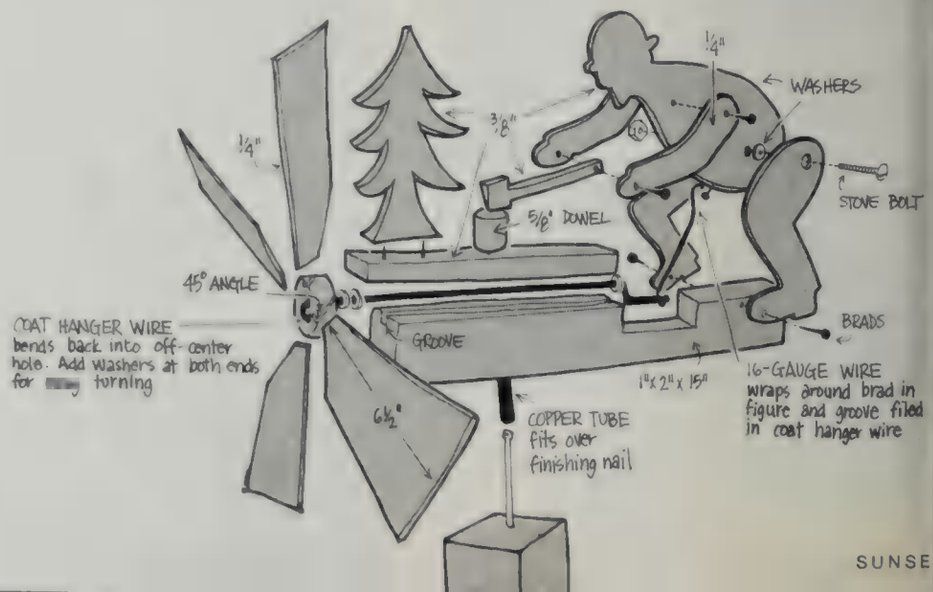
ou can camp at Park Moabi for $2 per r per night, or you can launch a canoe ree) and park for 50 cents a day. For ecial youth and group rates and reser- tions on crowded days, write to Park oabi Marina, Box 915, Needles, Calif. 2363, or telephone (714) 326-3831.

ou will have to contend with the wakes speeding power boats and water iers above and below Topock Gorge, it within the gorge boats are expected be civil and water-skiing is prohibited regulation of the Havasu National ildlife Refuge, which encompasses this rritory. Camping is not permitted. □

Buoy *at upper entrance to Topock Gorge is intended to slow speeding power boats and exclude skiers*

GLENN CHRISTIANS

Making a comeback in Portland and elsewhere . . . yesterday's whirligigs

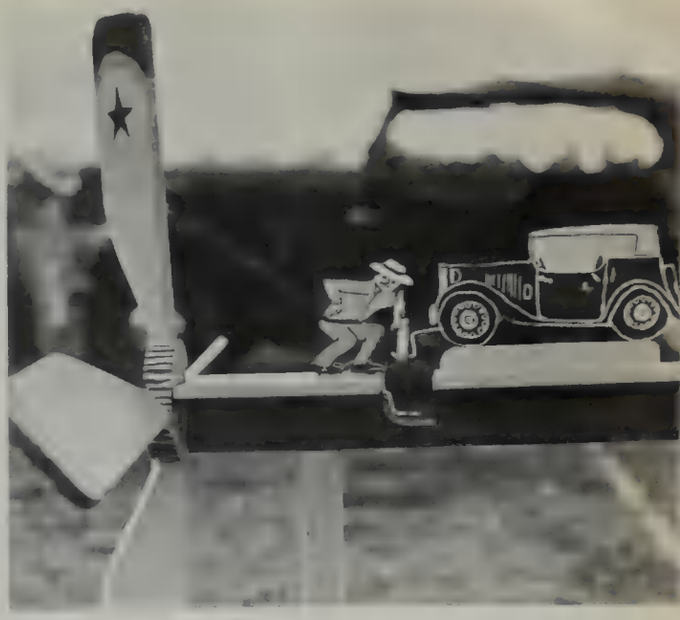


Whirligigs have been around long enough to be included in folk art collections, and today they are enjoying a mild revival. Around Portland some gardeners mount one kind on a pole and claim the vibration of the turning windmill drives away moles. Sometimes they are used to startle birds. But the continuing fascination of whirligigs is putting the wind to work.

The traditional model above is sold commercially. As with most folk toys the designs continue to evolve. Since it's easy

'raditional *Vermont 'oodsman's ax hits stump 'ith a clack when 'ind rotates addles. Exploded rawing of components s shown at left below*

When wind blows, *arm pivots at shoulder and elbow, giving illusion of cranking 1937 Morris Eight*



"Penny farthing" bicycle *inspired this whirligig. Large wheel is three 3 by ⅜-inch boards joined by corrugated fasteners*

For a budding *Pavlova, ballerina executes high kicks whenever the wind commands*

to understand how they work and to find the materials, you can make your own. The three whirligigs on this page were made for friends as gifts to commemorate their activities.

What you build can be quite crude but should be colorful—they're often viewed from a distance.

In early whirligigs a whittled figure was stationary and his arms spun in the wind. These were included in a group sometimes called "Sunday toys." The Civil War soldier or constable with his arms rotating in the breeze provided diversion when strict observance of the Sabbath forbade noisy play.

The whirligig operates only in wind strong enough to spin the windmill blades, which turn the shaft of coat hanger wire. The wire is bent and at the end connected to the figure with a thinner length of wire. It works as a crank to make the figure bob. Washers and a lubricant help reduce friction.

Most of the carpentry can be done with a band, jig, or sabre saw. The ¼-inch and ⅜-inch wooden pieces are cut from thin pine door moldings. The groove for the coat hanger wire can be cut with a hand or table saw.

You are also going to need a hammer, drill, and pliers. Ask a hardware dealer to cut 2 inches of copper tubing for the sleeve into which the mounting nail fits, allowing the whirligig to rotate with the direction of the wind. □

GLENN CHRISTIANSEN

Dark oak *window seat provides view of bay through leaded glass window in 1890 San Francisco house*

The seat in the window

It's for lounging, it's for reading, and it's an observation post

Window seats of Victorian houses were usually shallow sitting perches, often small in scale and used mostly by children (if we are to believe the more nostalgic novels).

Some architects today still enjoy making a window seat into a cozy nook, almost a room-within-a-room. For instance, the brick-faced window seat shown at far right is a very private spot.

But some of the examples shown take the opposite tack. They use the window seat to extend the room and open it up to a view.

An essential part of a successful window seat is good cushioning. Foam rubber pads (4 to 6 inches thick) make a comfortable base, soft enough to relieve wood underneath for either sitting or

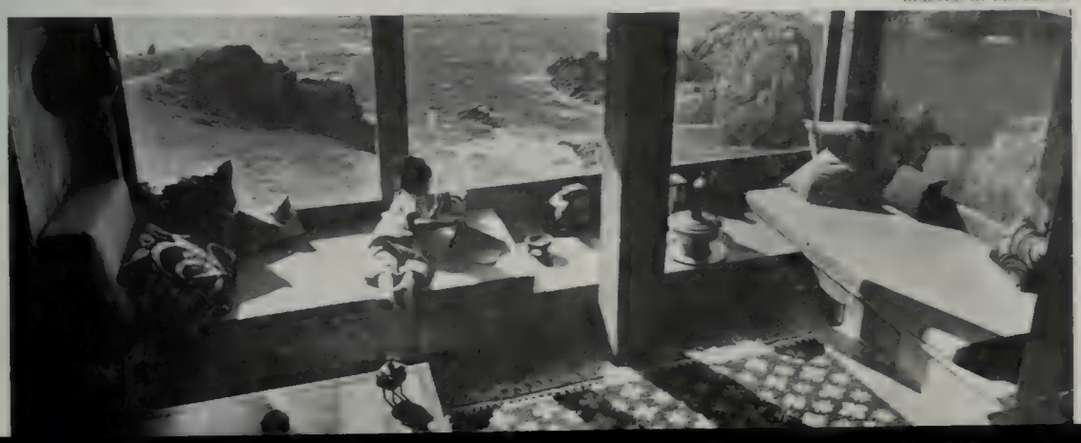
DARROW M. WATT

Backdropped by ■ *spread of oaks, window seat (left) wraps around to join the hearth. Above, sections of it open for storage. Architects were Mackinlay/Winnacker*

NORMAN A. PLATE

Cavelike *atmosphere gives niche* ■ *snug feeling. Switches for recessed light,* ■ *heat vent, and electrical outlets complete it. Architect was Fred Saas*

GERALD R. FREDRICK



Window wall *looks out on rocks, surf. Wide mattresses provide guest sleeping in* ■ *vacation home. Architects were MLTW Moore Turnbull*

sleeping. Adding a variety of pillows makes backrests and gives a room color.

A seat by a window is always colder than a seat in the middle of the room. For that reason, the designer of one of these window seats had the foresight to provide an additional heat source. This feature is most welcome in mountain cabins, but good anywhere.

One good way to add a snug window seat to an existing room is simply to build bookshelves on each side of the window and a platform between them. Another way is to move the window out a little and add the seat and necessary support below it.

Curling up with a book is a pleasant pastime that requires a specific light source, and room lighting is rarely adequate to use in a window seat. Electrical outlets will give lighting flexibility and can also be used for radio or television. □

Loose cushions belong on a window seat. And underneath, space to put (or hide) things

GLENN CHRISTIANSEN

Young ladies *enjoy reading in the afternoon; at night, lights concealed in living room trim extensions give illumination. English ivy creeps up glass windows to make silhouettes. Architect was Henrik Bull of Bull Field Volkmann Stockwell*

Stretch out *and read when top is closed (at left); window seat has ample room for books and games when top is lifted (below). Louvered window gives ventilation. Remodeled for a teen-ager by architect Neal Lindstrom*

Drawers *under seat have full extension slides; children pull them out and store their toys. Architect was George Cody*

Glass *going around the corner opens up view through trees and lets light pour into living room. Cushioned window seat makes additional seating for guests at large gatherings. Architect was Kingsford Jones*

GLENN CHRISTIANSEN

Standing 16 inches tall *and toasty crisp all through, these bread sticks are a breeze to make*

How to make giant bread sticks

Roll them as long as your oven rack. The dough doesn't need kneading. And you can freeze it

nd some super-tall bread sticks up on ır table and you transform an ordi- y menu like spaghetti and salad into ty food.

ne Westerners who live near an Ital- baker that sells larger than usual ad sticks have already discovered this k for adding instant drama to an in- mal table setting.

ıat if you don't know an Italian baker? u can make bread sticks like the ones wn here. With this no-knead recipe, easier than you might imagine.

lling out the sticks takes time, but you do it at your leisure, then freeze the baked sticks. Our recipe was specially mulated so it can be frozen. Because their shape, the bread sticks thaw and quickly whenever you decide to ce and serve them.

e length of the bread sticks you can ke depends on the width or depth of ır oven. Use a yardstick to check the nensions of your freezer shelf, too. u can bake the sticks on the oven k, covered with foil, or on a large oky sheet. You might put two cooky eets (without sides) together end to d, wrapping them around the middle h a strip of foil to hold them steady; use the bottom of a large roasting pan, erted. For good heat circulation, al- ys allow at least 1 inch on all sides of foil or pan in the oven.

bake on your oven rack, remove it m the oven and cover it with a sheet foil, tucking it under the edges as eded to allow for heat circulation on sides; then use your finger to make ght depressions in parallel lines be- een the wires of the rack.

ır recipe makes 20 sticks of the size own at left, or 16 slightly taller ones. you can make twice as many appetiz- -sized bread sticks. These foot-long, ncil-thin sticks, with a pot of sweet tter, make fine companions to apéritif nes before dinner.

Party Bread Sticks

- 3 to 3½ cups regular all-purpose flour (unsifted)
- 1 tablespoon sugar
- 1 teaspoon salt
- 2 packages active dry yeast
- ¼ cup olive oil or salad oil
- 1¼ cups hot (120° to 130°) water
- 1 egg white beaten with 1 tablespoon water
- Coarse salt, toasted sesame seed, or poppy seed (optional)

Put into the large bowl of an electric mixer 1 cup of the flour, the sugar, salt, and yeast; stir to blend. Add the oil. Gradually stir in the hot water, then beat at medium speed for 2 minutes. Add ½ cup more flour, and beat at high speed for 2 minutes. Stir in remaining 1½ to 2 cups flour with your mixer (if it's a heavy-duty model) or a wooden spoon to make a soft dough.

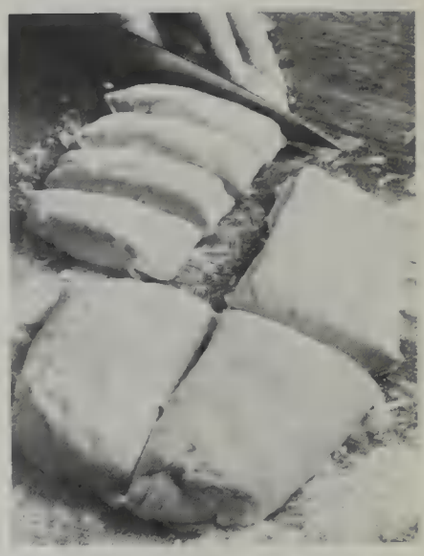
Turn dough out onto a well floured board and with well floured hands, work it into a smooth ball. Shape dough into an even log or block and, with a sharp knife, cut into 20 equal-sized pieces for 16-inch sticks (or 16 pieces for 20-inch sticks). Roll each piece of dough into a rope that is 16 or 20 inches long, depending on size of pan and oven. Arrange about 1 inch apart on oiled baking sheets or foil-covered racks, rolling to grease all sides of dough.

(If made ahead, cover tightly with clear plastic film and freeze until frozen solid. Then transfer to plastic bags and store in the freezer up to four weeks. Remove frozen sticks from the freezer about 30 minutes before you plan to bake them. Arrange frozen bread sticks on ungreased baking sheet or foil-covered oven rack; cover and let stand at room temperature until fully thawed, about 15 minutes.)

Set thawed (or unfrozen) dough in a warm place, cover, and allow to rise until puffy, about 15 minutes. With a soft brush, paint each stick with the egg white and water. Sprinkle lightly with the salt or either of the seeds, or leave plain, if you prefer. Bake in a 300° oven for about 25 to 30 minutes, or until lightly browned all over. Makes 16 to 20 extra-large bread sticks.

For appetizer bread sticks, divide the dough into 40 equal pieces. Roll each one to about 12 inches long. Freeze or bake directly on cooky sheets or foil-covered oven racks as directed for larger sticks. Bake in a 300° oven for 20 to 25 minutes, or until golden brown

To recrisp already baked sticks, put into a 300° oven for about 5 minutes. □



Divide *the no-knead dough into equal-sized pieces before you start to roll*

Roll out *sticks part way, letting each rest a few minutes, then finish rolling out to fit your oven rack or baking sheet*

The Changing Western Home

MARTHA ROSMAN

Ski storage

Skis, boots, poles, and all the paraphernalia that ski enthusiasts accumulate seem to get better care and are easier to find if they are stored together. Eric Sitzenstatter, Jr., of San Jose built this 6-inch-deep cabinet from four full sheets of ½-inch plywood and 1-by-6 Douglas fir. It's 8 feet high and 8 feet wide.

Hanging lightweight pictures

Another use for the electric "hot glue" guns has been found. When you want to mount a poster, print, photograph, or any lightweight hanging that has no frame you can attach to, a small piece of wire strung between two spots of glue from the glue gun will easily solve the problem.

A little help

Reaching those high places when painting can be a little easier with this 30-inch-long paint brush. While it looks like a practical joke, it is sold in many paint stores and is quite useful for painting high sashes and trims. The brush is 2½-inch-wide nylon and costs about $5.

NORMAN A. PLATE

Plastic edge trims

Available now at most hardware and home improvement centers are a dozen colored and wood grained ¾-inch vinyl plastic edge trims. They help to solve the old problem of how to finish the ends of ¾-inch plywood. Simply slip them over the end of the wood; adhesive tabs hold them in place.

Get a grip on things

Hardware stores are carrying a can of goo that coats your tool handles with an easy-grip finish. To coat the handles, dip them in the can or brush on the thick liquid once or twice and let them dry. The tools are left with a rubberlike handle that is not only easy to grip, but is also rustproof and insulated.

PEPPERIDGE FARM

Remember the layer cake your mother made, with icing so good you begged to lick the spoon? Pepperidge Farm remembers.

Of course, you ruined your appetite for dinner, but who cared? That heavenly taste of icing was worth it.

And somehow, you'd manage to get down enough of the evening's lamb chop and peas to deserve a solid wedge of cake itself. It was a layer cake so moist, so fluffy, so lusciously iced that its memory may still linger in your daydreams. Remember?

Pepperidge Farm remembers. We still make that kind of cake. Three layers high, and iced all around, of course.

For children of all ages, we make a cake to suit every taste: Vanilla, Golden, Chocolate Fudge, Devil's Food, and Coconut. Cakes like your mother made, and you remember how good *they* were. Come to think of it, you had better wait until after dinner for your Pepperidge Farm Layer Cake, or you'll spoil your appetite.

In your grocer's freezer

Remember when a 'place at Tahoe' meant a house, dock, tennis courts and private beach?

Those days, the drive up to Tahoe took all day. So people stayed all summer. Families with foresight could buy entire beaches; and often did. They built elaborate villas, docks and boathouses. And spent their days just sunning. Or skiing across the lake off the transom of a long, powerful speedboat.

These same families have owned Tahoe's prime waterfront property for generations.

But, recently, one of the larger old estates was purchased, for the purpose of creating a private village; and recreating the original Tahoe life-style.

Lakeland Village has been called the ultimate waterfront retreat in the West. At the foot of Heavenly Valley, in the center of the nightlife. Yet, tucked away in the trees, secluded from the glitter of the South Shore. A very civilized private resort.

And, in this day and age, possibly the last waterfront offering at Tahoe with such a wealth of amenities: swimming pool, sauna, clubhouse, tennis courts, pier, docking for boats to forty feet, and a refreshingly long stretch of sandy beach between your villa and the lake.

The condominiums, designed by one of America's leading architects, look out on the lake and snow-capped Sierra.

Move into yours this Spring, and spend the Summer. Come next Winter, you can lease your villa to skiers. Or just lay in a good supply of logs and stay till the mountains turn green again.

For full particulars, return the coupon Or telephone collect (916) 544-4353.

It still can.

Mail to: Mr. David Gay, Manager
Lakeland Village, Drawer A
South Lake Tahoe, California 94705

I would like full particulars on Lakeland Village, and the 1, 2, 3, 4 and 5 bedroom villas.

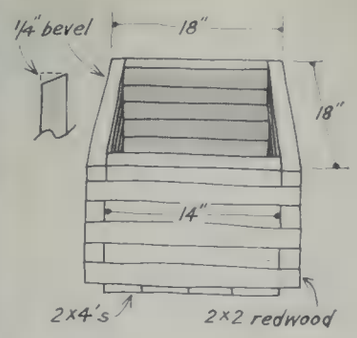
Name

Address City

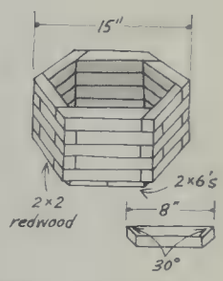
State Zip Phone

A project of Grubb & Ellis Development Company

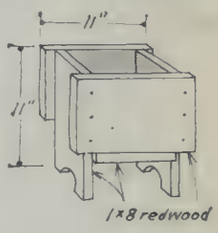
A. SALBOSA



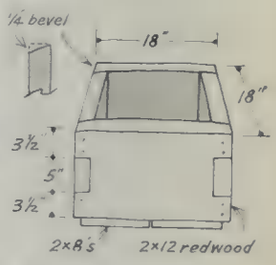
End grain *creates pattern on alternating layers. No fancy cuts; all are butt joints*



This one *is trickier to cut. Tack bottom layer temporarily to work bench; nail on each successive layer*



Sides *extend beyond end pieces. Bottom set so end grain shows at each side*



Pattern *on planter made by interlocking sides with the ends. Wood plugs cover the inset screw heads*

Unusual planters began as doodles

From doodled drawings on note paper and a miscellany of rough redwood lumber scraps, Honolulu architect George Johnson made these four plant containers. They're quite unlike the planters offered by most nurseries and garden supply stores, where design is often secondary to utility. Instead, these were designed and joined to enhance the character of the wood itself by taking advantage of either the wood grain or the shape of the pieces that go together to make the container.

If you like to work with wood, you won't find the cutting and piecing tedious. You may also want to modify the sizes of the containers to suit the plants you have. □

Maui

The most Hawaiian Island of all.
A United Air Lines tour can take you there.

"Maui no ka 'oi," the Hawaiians say. It means, "Maui is the best." It's true . . . for many reasons. The natural beauty of the Island. The warm aloha of the people. The fact that Maui has more attractions to fascinate its guests. Maui is the total Hawaiian experience.

Jet there from Honolulu on Hawaiian Airlines. Then headquarter yourself on Maui's vibrant Kaanapali Beach, the most unique resort area in the Islands. And the most complete. There are four luxurious resort hotels: Sheraton-Maui, Royal Lahaina, Kaanapali Beach, And the Maui Surf.

Step out of your room onto a soft sand beach. Or pull on a mask and flippers and follow tropical fish in waters that are among the clearest in the world. Behind your hotel you can tee off or take a tennis lesson from qualified pros. And you're right next door to Whalers Village, an intriguing cluster of contemporary shops and museum displays.

To get about Kaanapali Beach Resort, ride antique jitneys or the Sugar Cane Train. The evenings? They're alive! Take in a swinging show at a resort hotel. Or join a combo and close down a pub in nearby Lahaina Town.

Poke around missionary homes and experience the fun of one-time whaling capital of the Pacific—Lahaina

Rent a car or helicopter to see the rest of Maui. Its lush rain forests and bright stretches of sugar cane. Hidden valleys shrouded in green. Fluted mountains. Towering waterfalls. And Haleakala, the giant slumbering volcano. It's on Maui that the coming together of old and new Hawaii is most natural and beautiful. That's why Maui no ka 'oi.

For more information to help you plan your Maui vacation, write Kaanapali Beach Operators Association, P. O. Box 696-A, Lahaina, Maui, Hawaii 96761. Or see your travel agent.

Jog along beautiful Kaanapali Beach—a three-mile cove of sun-splashed sand and soft, warm surf.

Two magnificent golf courses sweep across a spectacular landscape. Transfixing views are par.

Kaanapali Beach Resort

Pack up your Samsonite...

Samsonite makes a strong case for a Maui vacation. In fact, we make dozens of strong cases, in a rainbow of colors and styles to fit every traveler.

Shown here are our Silhouette 24 Pullman, Ladies' O'Nite and Handi-Tote, in Moon Glow. Like all Samsonite luggage, they combine elegance with uniquely practical design.

Featherlight magnesium frames and Absolite sides protect your valuables against the clumsiest baggage handler. Tongue-and-groove closures lock out sand and moisture. Even the handles are special. They're guaranteed for life.

Frankly, we're fanatics about strong luggage. We go to extremes, so you can go without a care. Samsonite. We make travel a little easier.

...and jet away on United.

United Air Lines offers a variety of independent tours to Maui. Tours that let you see and do whatever you like at your own time and pace.

A few days of golf at the championship Royal Kaanapali course; swimming and sightseeing with your headquarters at one of the beautiful Kaanapali hotels; or your own private condominium apartment along the golf course with a panoramic ocean view.

You can choose from a few days to two weeks or more. Ask your travel agent about United Air Lines Maui tours. He has all the details.

Photography by David Cornwell

Win a trip to Maui
the most Hawaiian Island of all

in the
MAUI SWEEPSTAKES
at 3 Northern California Shopping Centers

ENTER:

February 2-13 at Southland Shopping Center, Hayward. You'll enjoy the comfort of shopping in Southland's enclosed, climate-controlled mall complete with 80 fine stores and services plus Liberty House now under construction.

February 16-27 at Eastridge Shopping Center, San Jose. One of the largest, most complete shopping centers, Eastridge features 160 fine stores, including Liberty House, in an enclosed, climate-controlled atmosphere.

March 1-12. At SunValley Shopping Center, Concord. Shopping is something special at SunValley—a completely air-conditioned center with 128 fine stores.

HERE'S HOW:

1. See the exciting "Faces of Maui" Sight and Sound Exhibit on the mall at each shopping center. Pick up an entry blank at the exhibit or at any participating store in the center.
2. Fill out the entry blank and deposit it in the convenient boxes at the "Faces of Maui" Exhibit or at any participating store.
3. Winners will be drawn at random from all entry blanks deposited by midnight on the closing day of the Maui Sweepstakes at each shopping center.
4. Winners will be notified immediately by phone or mail. For a list of winners, write Maui Sweepstakes, P. O. Box [illegible], Orinda, California.

6 FIRST PRIZES

Marvelous 7-day "Maui Holiday" for two. Take United Air Lines' 747 Royal Hawaiian Flight to Honolulu. Then board a Hawaiian Airlines DC-9 jet to Maui. You'll stay 7 days and 6 nights at one of the most luxurious hotels in Kaanapali Beach Resort — the Maui Surf, Sheraton-Maui or Kaanapali Beach Hotel. Special tours, traditional feasts, spectacular Polynesian shows — every detail is planned for you from the time you leave until you fly home again with enough Maui memories to last a lifetime.

6 SECOND PRIZES

Three-piece set of smart Samsonite Luggage, styled for men or women.

DOZENS OF OTHER PRIZES

Kaanapali Beach Resort

RICHARD FISH

Flannel-lined *closet stores silver: serving pieces on shelves, flatware in drawers*

Lined *drawer, fitted for silver*

Silver stored in a flannel closet

Piece by piece the owners of this home in Beverly Hills, California, acquired a large collection of silver serving pieces and flatware. When they needed a place to store it all, they asked architects Pearson and Wuesthoff to design a special closet.

The closet contains five shelves for serving pieces and two drawers (about waist height) for flatware. All the shelves and drawers are lined with specially treated cotton flannel that prevents tarnishing. Pieces of flannel drape over each shelf opening to keep air out. The flannel costs about $2 a yard at yardage stores. □

Our outboard engineering know-how

helps us know how to build better stern drives.

OMC Stern Drives are made by the same people who make more outboards than anyone else. And this pays off when we build stern drives. That's why OMC Stern Drives give you so many outstanding features.

A power tilt that raises the outdrive at a flick of a switch to let you beach, trailer and launch more easily. And an outdrive that automatically kicks-up to protect you from sunken hazards. A turning ratio that gives up to 50% more maneuverability than other stern drives.

And then there's OMC's exclusive SelecTrim feature that lets you change the planing angle of your boat automatically. Plus, superior resistance to salt water and damaging corrosion. Choose from 100 to 245 h.p. and specify OMC Stern Drive on your next boat.

OMC Stern Drive

A DIVISION OF OUTBOARD MARINE CORPORATION
3145 CENTRAL AVENUE, WAUKEGAN, ILLINOIS 60085

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Lindal Cedar Homes. They complement Nature!

They look as though Nature planned them herself. Lindal's superb quality and styling blend into any environment, anywhere.

Choose from over 70 designs, each made of the finest kiln-dried Canadian cedar to assure years of care-free beauty. Components are precut and part numbered at the factory for easy assembly on your building site. Shipping costs are tailored to meet competition anywhere.

You'll find Lindal homes throughout the world, always at home in their setting, always the finest in quality. See them for yourself. Visit the fully furnished models on display at your nearest Lindal Village or send $1 for your colorful 36-page Plan Book. It has all the details to start you on your way to a naturally beautiful home.

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PORTLAND, 7610 Powell Blvd. S.E.
Phone (503) 777-1701
SAN FRANCISCO, 310 Lang Road
Burlingame. Phone (415) 344-7121
OAKLAND, 535 Julie Ann Way
Phone (415) 638-0180
LOS ANGELES, 22006 Fenmar Road
City of Carson, Torrance
Phone (213) 549-1800 and
29007 Canwood St., P.O. Box 154
Agoura, Phone (213) 889-0044
HONOLULU, 1015 Dillingham Blvd.
Phone (808) 847-0258
ANCHORAGE, 8113 Jewel Lake Road
VANCOUVER, CAN., 1501 Main Street
Phone (604) 682-7484

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10411 Empire Way S., Seattle, Wa. 98178

Enclosed is $1 for my Lindal Cedar Homes Plan Book.

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Address _____

City _____ State _____ Zip _____

Area Code _____ Phone _____

Lindal is represented throughout the world!

NORMAN A. PLATE

Wire ear chimes *generate a surprising profusion of musical sounds*

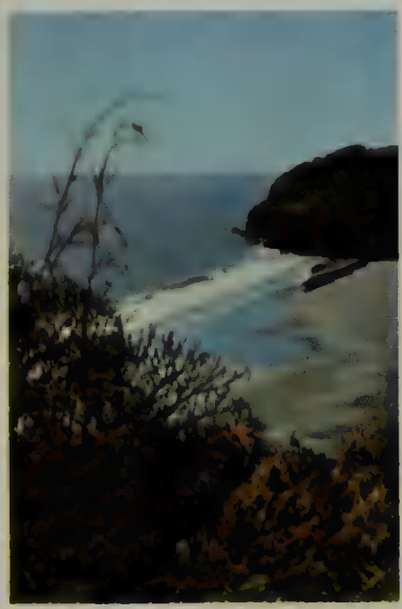
He's listening to ear chimes

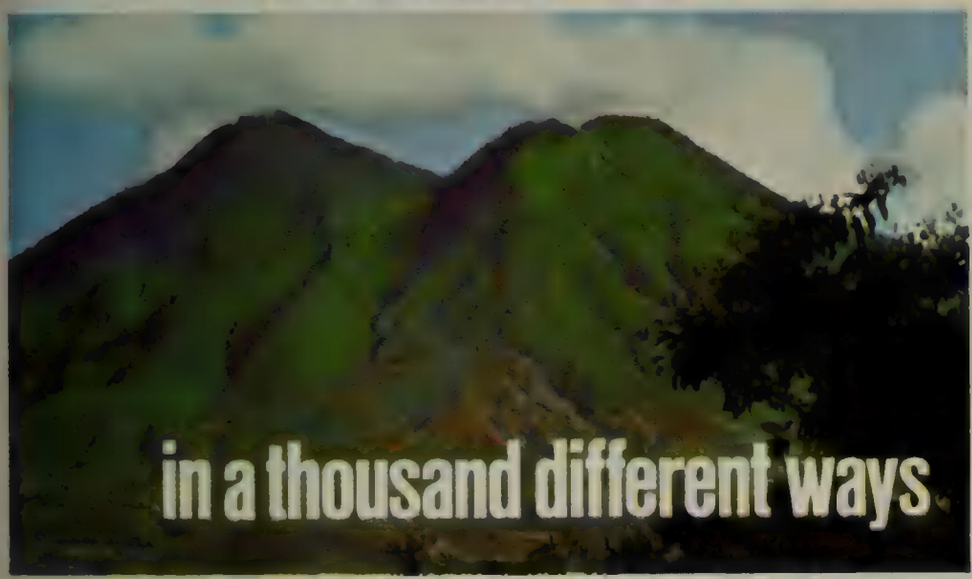
They may never rival the bells of Saint Mary's, but to children and adults alike these simple ear chimes have a similar enchanting effect.

Pliers, thread, wire cutters, and an unpainted coat hanger (tone is clearer without paint) are all you need to make them. Start by snipping off the hook; then twist one end of the wire into a small loop for attaching thread. Continue bending into a free-form design, ending with another loop. Then fasten the ends of a 2½ to 3-foot length of thread to the loops.

Place thread over your head and poke it into your ears as shown above. To hear the melodious sounds, have someone tap the chimes with any metal object. □

Experiment *with two-dimensional simple shapes to find the widest range of acoustical vibrations*





El Salvador

CENTRAL AMERICA

With 10 lakes, 28 beaches, 22 volcanoes, 710 rivers, 5 pre-Columbian ruins, tropical breezes, a sparkling capital city, and hundreds of friendly villages . . . compact El Salvador offers one delightfully unspoiled place after another. Conveniently near your hotel.

So this year, make the most of your vacation. Choose a modern resort hotel in San Salvador, the capital, and enjoy the surrounding pleasures. Drive among lush coffee plantations that hug the sides of sleeping volcanoes. Visit charming Ilobasco, where villagers capture everyday scenes in clay miniatures. Follow the spectacular coastal route, El Litoral, as it threads its way along a string of black sand and white sand beaches. Then, come evening, dine in a fine restaurant in San Salvador.

That's just the beginning . . . in this land of a thousand delights. And it's all just a short flight from the U.S. For a closer look at El Salvador, contact your Travel Agent. Or mail the coupon today.

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Please send me your colorful literature on El Salvador.

☐ I am also interested in special 3-5 day tour packages.

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SU-272

Household caulks and sealants

Even small cracks in your home can bring a host of troubles: uncomfortable drafts, higher heating costs, damaging moisture penetration, and invasions of shelter-seeking insects. Large, rapidly widening cracks may indicate foundation problems that call for professional help, but you can easily seal most small ruptures yourself with a commercial sealant or caulking compound.

A little knowledge can help you choose the right one of the many sealants on the market. Ordinary, low-cost sealants will do for most caulking jobs; you may need a special compound for a particular problem.

Oil-based compounds, the most common and inexpensive, are adequate for most crack-filling chores. But they're relatively temporary, lasting from one to eight years, and will eventually shrink and flake away. They can be used for most interior cracks, such as around door and window frames, and in walls. Don't use in joints that will move or expand. Oil-based compounds cost from 40 cents to $1 for 11-ounce cartridges that fit standard caulking guns.

Acrylic latex sealants adhere better and shrink less than oil compounds and are easier to use: You can wipe away any excess with water. They resist cracking and embrittlement and last up to 10 years. They can be applied to damp surfaces, but not to metal, and they shouldn't be exposed to constant moisture. Unlike oil caulks, they won't stain or "bleed into" oil-impregnated woods, and they stick better to tile, glass, old paint, and plaster. They shouldn't be used in moving joints or cracks wider than ¼ inch. Latex cartridges cost 80 cents to $2.

Butyl rubber caulks are flexible, more adhesive, and live longer—up to 20 years. They can be used between dissimilar materials, or where some expansion or movement is expected. Butyl is excellent for window glazing, for metal, plastic, and masonry joints, and for cracks between the fireplace and wall.

Butyl weathers well and resists moisture, but it shouldn't be constantly wet. Because it shrinks, its use should be confined to narrow cracks, and it should be painted to keep dust away. A cartridge costs from $1 to $2.

Polysulfide rubber is highly elastic and long-lived (more than 20 years) and can be used for moving joints and in areas exposed to extreme weathering, such as around skylights. It performs better than butyl and is correspondingly expensive: A cartridge may cost $3 or more.

Silicone is another strong but expensive sealant. It's best for moisture-laden bathtub areas and provides a flexible seal for plastics. It can't be painted. A 3-ounce tube costs about $2.

Following are some of the more specialized compounds available for particular sealing jobs at costs comparable to those above.

Polyvinyl acetate copolymer latex (PVA latex) is a low-cost, short-term sealant for tubs and bathroom tiles. *Asphalt-based* caulks can be used to patch roofs. *Acrylic polymer* sealants provide virtually permanent elasticity and excellent adhesion for expansion joints, but are hard to apply. *Neoprene rubber* is useful for soft stone, metal, and driveway cracks. *Rope caulk* is a rubbery material packed in coils for temporary use: You just press it into place, particularly around storm windows, air conditioners, or in other temporary joints. Remove it later, and save for further use.

Before using a compound, read the label for any special instructions. Some sealants won't stick to certain surfaces without priming, and most have a minimum-use temperature. The label should also note the compound's "tack-free" time, after which it can be painted. While some sealants come in colors, paint allows more certain color matching and extends the life of most compounds. □

Want to lose 4 pounds fast?

You, too, may lose 4 pounds the first week with Slender. Why not? Just don't backslide. Stick with 900 Slender calories a day and you'll get a thrill when you step on the scale.

Works for problem dieters

We put people, who were at least 20% overweight, on Slender exclusively for three weeks. Dieters lost an average of more than 4 pounds the first week. During the next two weeks, losses averaged 3½ pounds a week. Many of the dieters on the program told us they were not unduly hungry and found Slender "surprisingly filling".

Slender's balanced nutrition

Many 900 calorie diets are fad diets which emphasize one nutrient over others. But a Slender meal is nutritionally balanced. Whether it's instant Slender, mixed with the substantial nutrition of milk, or canned Slender—every glass supplies ¼ of your daily recommended adult dietary allowance of protein. Plus regular vitamins and minerals, including vitamins C and B-complex. And Slender tastes great!

So when you want fast results, go Slender for a week. But remember to ask your doctor before starting any program aimed at weight loss.

Try Slender from Carnation. Dieting without nonsense.

for weight control Carnation Company, Los Angeles, California

New -- a pre-pasted vinyl fabric for fun decorating.

It's scrubbable, strippable and guaranteed for 5 years.*

New Glendura®—the only vinyl coated woven fabric wallcovering that's soil-resistant—and pre-pasted & pre-trimmed so you can hang it yourself. New Imperial Glendura wallcovering is ideal for kitchens, family rooms, baths, halls—anywhere that staining or scuffing are problems. Even lipstick, grease, and crayon wipe off easily. And redecorating with Imperial wallcovering is fun to do. Simply cut to length, immerse in the water box provided, and hang it!

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Please send me your FREE brochure, "Distinctive Decor Starts With Wall Fashions".

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*Guaranteed 5 years not to fade, and to clean satisfactorily if our instructions are followed. If failure should occur, new wallcoverings of equal value will be furnished by your Imperial dealer through his Imperial distributor free of charge.

Introducing the Toyota Celica ST.
(Some economy car.)

A tachometer and radial tires aren't usual on an economy car. A dash, console and shift knob that look like wood aren't very common either. Nor are hood vents and rally stripes.

But they're all on the new Toyota Celica ST. And they're all standard.

Economy cars don't usually make the hall of fame for their power. But the Celica might. It has a powerful single overhead cam engine that's red-lined at 6200 rpm. And a transmission that's fully synchromeshed through all four forward gears.

The Celica has what it takes to stop, too. Front disc brakes. Also standard.

Inside, the Celica comes with an electric rear window defogger, fully reclining bucket seats, vinyl upholstery, padded dash, wall-to-wall carpeting, an electric clock. Even an AM radio is standard.

Of course, there are a few options. But very few. Air conditioning and stereo tape deck. That's it.

How can we call the Celica ST an economy car?

Great gas mileage.

A surprisingly small price.

And for the most obvious reason of all. It's a Toyota.

Some economy car.

TOYOTA
We're quality oriented

For your nearest Toyota dealer, call 800-243-6000 toll-free. (In Connecticut, 1-800-882-6500.)

CRAIG ZWICKY

Taking turns *hooking rubber bands on pegs helps the time pass quietly*

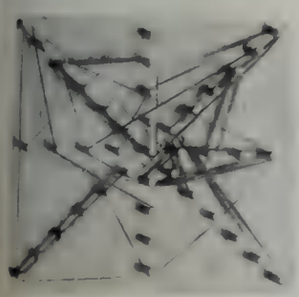
With rubber bands and a pegboard

Keeping children occupied and quiet, especially while traveling, is not easy, but here's a homemade toy that's good for at least a few miles.

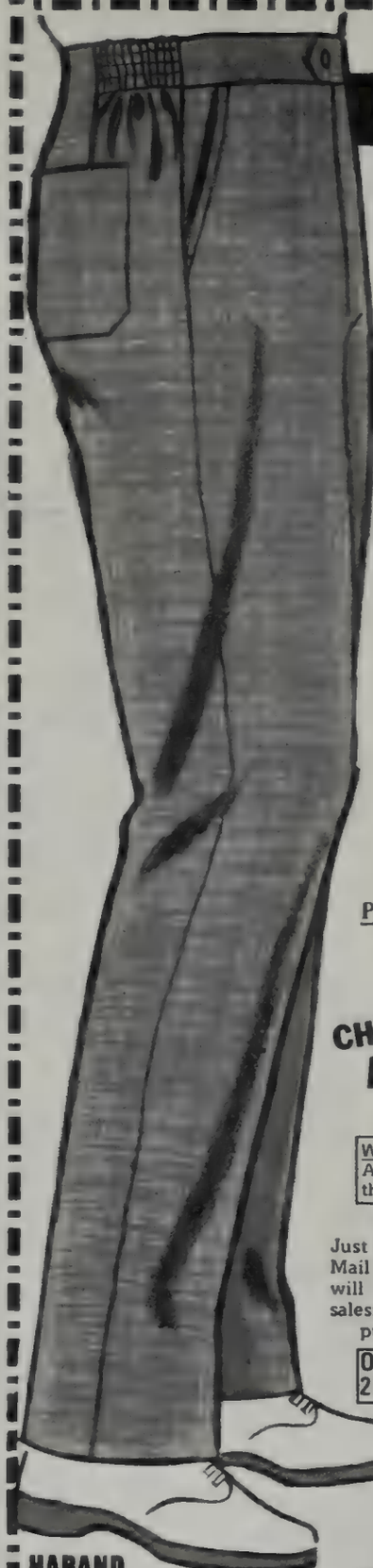
The challenge is simply to make designs with the different sized and colored rubber bands. Youngsters can develop their own rules, such as alternately making triangles without overlapping the opponent's triangles. The real beauty of this toy is its quietness.

To make it, all that's needed is a piece of ¾-inch-thick wood about 10 inches square, 41 dowel pegs 1¼ inches long, and a pile of rubber bands (preferably multicolored). The diameter of the doweling is unimportant, but the holes must all be the same size, so ¼-inch doweling is probably most convenient.

Arrange the pegs in the pattern shown below, spacing them an inch apart. Drill ½-inch-deep holes in the board and pound the pegs. If the pegs do not fit tightly, add a spot of glue. □



Abstract *designs formed with rubber bands of various sizes and colors*

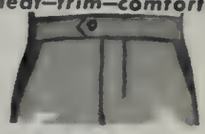


Haband COMFORTABLE BELTLESS SLACKS for EASY LIVING

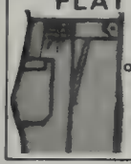
Easy living starts after work! And calls for Easier Slacks: Easier to get on over your shoes. A little easier in the knees, crotch, and thigh. Lets you bend easier when you snap the leash on Fido's collar. Easier in the seat when you squat to find the proper can of red paint on the bottom shelf.

And easy on the waist – two gentle stretch inserts which give a l-i-t-t-l-e when you sink down into your easy chair or get up from the dinner table.

Haband's EASY LIFE
neat—trim—comfortable



and no belt at all
FLAT FRONT



2½ INCHES of S-T-R-E-T-C-H Built In on Both Sides let Slacks Float with your every move.

And Easy on the Pocketbook – 2 Times Over!

Look! Easy Life Slacks don't cost much to start with – you get TWO pair for 13.95! And they cost you NOTHING to maintain: No Cleaner's Bills – No Pressing Bills – and you save expensive wear and tear on your more costly clothes. (The coming Easy Life months are very hard on clothing.)

Permanent Press FULL WASH AND WEAR — NO CLEANING BILLS! NO PRESSING BILLS!

PLUS Long Long Life because you're getting

65% "DACRON®" polyester
35% "AVRIL®" rayon

CHOOSE ANY **2** PAIRS for only **13.95** HABAND PAYS POSTAGE

WARNING: Don't shovel snow in these slacks. You'll freeze. And, don't wear Easy Life Slacks to the office. They'll think you're all dressed up to sneak off to the Country Club.

EASY TO BUY – EASY TO ORDER

Just give us your size – waist and inseam. Fill in this coupon. Mail it in, and keep an eye on your front door. The mailman will bring them (all postpaid). No parking problems, lost salesmen, or lines at the cashier counter. All you have to do is put them on and let the whole family admire! EASY?

Order by mail or visit our retail store in Paterson, N.J. 265 No. 9th St. Open daily and Saturday until 5 p.m.

USE THIS COUPON

Haband's **EASY LIFE BELTLESS SLACKS TWO PAIRS FOR $13.95**

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PATERSON, N.J. 07508

IS YOUR SIZE HERE?

WE CARRY ALL THESE SIZES IN STOCK!
WAISTS: 29-30-31-32-33-34-35-36-37-38-39 40-41-42-43-44-45-46-47-48-49-50
INSEAMS (Ready to Wear!) 26-27-28-29-30 31-32-33-34

Gentlemen: Please send ..... prs. of Easy Life Slacks as specified at right. My remittance of $ ..... is enclosed in full.

Guarantee: If upon receipt of the slacks I do not choose to wear them I may return them for full refund of every penny I paid you.

970-01

Name ..... *please print*

Street .....

City .....

State ..... ZIP CODE

Colors	How Many	Waist Size	Inseam Size
BLUE			
GREEN			
BROWN			
BURGUNDY			

Complete Price: 2 pairs for 13.95
3 for 20.75 4 for 27.20
HABAND PAYS POSTAGE & HANDLING

Legs *swing out and top unfolds to double size*

Versatile *table with top folded serves as crafts center with plenty of storage below*

A. SALBOSA

Hardboard *surface (in four sections for convenient storing) fits on top to make ping-pong table*

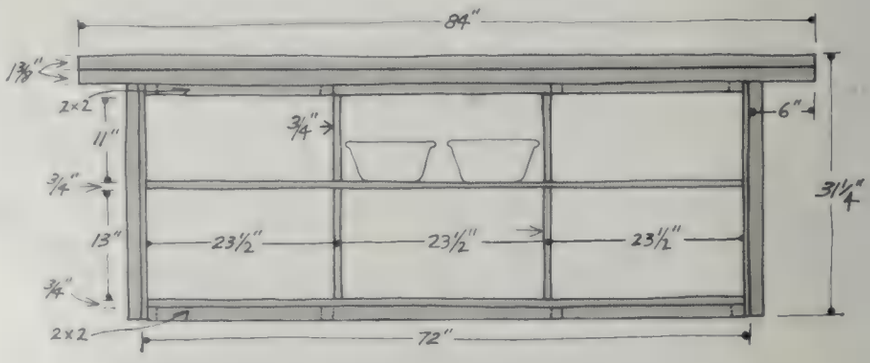
It's for crafts and ping-pong, and also a place for studying

This table is so versatile it's almost constantly in use, for games of all types, for crafts work, and occasionally even for studying.

When folded, the top surface is 2 by 7 feet. There is plenty of room for storage on shelves below; plastic dish pans are used as bins for games and craft supplies. An 8-inch overhang on one side of the top leaves leg room for sitting.

The shelves, dividers, and sides are built from ¾-inch plywood. The top and bottom frames are of 2 by 2's. Thin wood stripping is used to cover the plywood edges. The swingout legs are made from 2 by 2's, and swing on standard door hinges.

Between the two 24-inch-wide hollow-core doors, which act as the worktop, is a piano hinge which runs the length of the doors—7 feet. A plastic laminate



Side view: *top folded down, swinging legs folded in*

N° 5
CHANEL
PERFUME

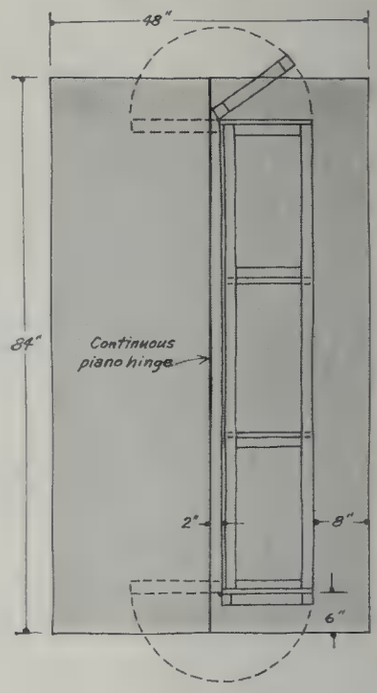
When she decides what her name will be,
make it permanent.

She will receive some wedding gifts that
reveal an extra thoughtfulness in the giving.
She may receive others that grow
in meaning with every use.
Consider the very special gift that does both.
Her first box of Crane stationery
engraved with her new name.

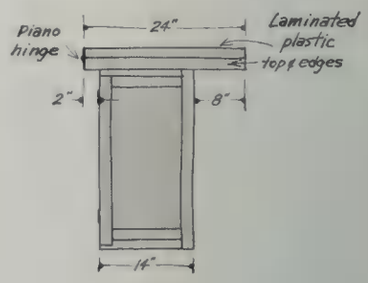
Crane...
when words alone are not enough

Crane stationery is produced in Dalton, Mass., entirely from reclaimed cotton fibers.

TOP VIEW



END VIEW (closed)



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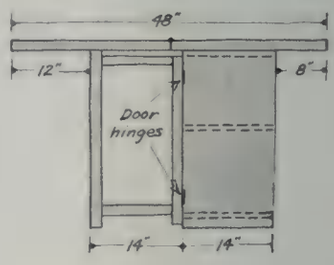

protects the edges of both doors and th work surface of the door on top whe folded. The work surfaces of the ope table could also be covered if a pr tected surface is desired.

For a fully opened table, the side le swing out, and the top unfolds and res on these legs. To make a ping-pon table, the owners lay ¼-inch tempere hardboard on top. For easy storage, th top is cut into quarters and hinged to gether with heavy cloth tape.

The table was designed and built b Richard S. Robinson of Honolulu.

The Sony to Stroganoff by.

There are Sonys to go to sleep by and Sonys to wake up by and Sonys to sail by and Sonys to fly by.

And when you consider how much time you spend in the kitchen, wouldn't it be nice to have Lanza with your lasagna, La Bohème with your lamb chops, Dixieland with your dumplings, Rock with your rolls?

So consider the Sony 8F11W.

Even with pushbutton FM-AM and pushbutton AFC to keep your FM station right where you found it, it looks more at home in the kitchen than a lot of appliances.

And takes up less space.

Inside are 1.5 watts maximum output power, a large four-inch speaker, and solid state OTL circuitry for higher fidelity and minimal distortion.

Outside is a white or beige cabinet.

And supper.

Introducing the kitchen SONY®

SUNSET Readers Note...**Limited Enrollment Period Ends Midnight Feb. 29t

EVERY FAMILY NEEDS THIS HOSPITAL PROTECTIO
NOW...EVERY FAMILY CAN EASILY AFFORD IT
PAID DIRECT TO YOU IN TAX-FREE CAS

$600.00-A-MONTH

When You Go to the Hospital!

and EXTRA CASH/PLUS PAYS YOU UP TO $15,000.00

PAYS YOU UP TO $600 TAX-FREE EXTRA CASH a month under age 65 for each accident or illness. Benefits begin your first day in the hospital, and up to $15,000. for each benefit period.

PAYS YOU UP TO $600 TAX-FREE EXTRA CASH a month for each accident or illness of your insured wife, benefits begin the very first day in hospital. Up to $15,000 for each benefit period. (Same 65 or over benefit as yours).

PAYS YOU UP TO $300 TAX-FREE EXTRA CASH a month when you're 65 or over, for first 2 months and $600 a month thereafter up to $14,400 for each benefit period—this in addition to Medicare.

PAYS YOU UP TO $600 TAX-FREE EXTRA CASH a month for maternity benefits from first day in hospital for your insured wife.

PAYS YOU UP TO $600 TAX-FREE EXTRA CASH additional for Intensive Care.

PAYS YOU UP TO $300 TAX-FREE EXT CASH a month for each covered chi Benefits from first day in hospital and to $7,500 for each benefit period.

PAYS YOU UP TO $300 TAX-FREE EXT CASH a month for each hospital bene period for Nursing Home Care, regardl of age.

PLUS: YOUR EXTRA CASH BENEFI INCREASE 5% A YEAR, for 5 years-a total of 25%—to keep pace with the ing cost of living!

YES. *EXTRA CASH/PLUS pays up to $15,000. Pays new Cost-of-Living Raises and more. Puts TAX-FREE CASH right in your pocket. Pays sooner . . . from the 1st day . . . pays longer than most, up to 25 months. Pays on top of any other insurance you have, even Blue Cross or Medicare. Yes, Enrollment now only $1.*

This plan pays so much and the $1 offer is so good, you probably have some questions—or even some doubts. We've put all the answers (including the minor limitations) down right Here in black and white for SUNSET readers so you won't miss the Enrollment Deadline for the Extra Cash/Plus Plan. Ordinary hospitalization insurance alone just is not enough now, when your family is hit with a hospital stay. Especially with the bigger bills at home. It takes a hospital income plan that pays *enough* extra money—or you could end up draining your savings. Low-cost Extra Cash/Plus helps answer today's alarming jump in hospital charges. Pays more because it covers more. Helps out for both sickness and accident, the burdensome costs of Intensive Care and convalescent facilities. Yes, even prepares for further inflation.

Now—for only $1—with no health questions asked and regardless of your age, or size of your family, you get your first month's protection for all eligible family members.

Your policy will be issued to you on your application with **No age limit for adults, no physicals, no medical questionnaires, without the usual insurance investigations** . . . without any red tape whatsoever . . . and no salesman will call!

All of your unmarried dependent **children** residing in your home may be included under this plan between the ages of 1 month and 19 years. Both you and your wife—if neither has been hospitalized for sickness for more than a total of seven days in the past two years—are eligible for coverage. There are no other qualifications! The few customary exclusions which help keep your premiums low are described in question and answer (Number 22) at right.

All This and Low Rates, Too! N-BF Life keeps costs down with no red tape and because many people are enrolled at one time through the U.S. mails. So after the 1st month ($1 only) you can continue your Extra Cash/Plus protection at these very LOW MONTHLY RATES shown below.

LOW MONTHLY RATES*

Age	Policyholder	Spouse
19-44	$4.50	$4.00
45-54	5.50	5.00
55-64	6.50	6.00
65 and over	8.00	7.50

Only $2.00 more a month covers all your eligible children—NO MATTER HOW MANY. Sorry, only 1 policy per family.

*Monthly rates according to each adult's actual age at the time of each renewal (when both husband and wife are covered, the husband is the policyholder).

MAIL NOW, ENROLLMENT ENDS MIDNIGHT, FEBRUARY 29, 1972

NO-RISK MONEY-BACK GUARANTEE
Examine your policy. Show it to your insurance agent or other trusted advisor. If not absolutely satisfied, return it within 10 days after receipt; N-BF Life will refund your money at once.

Complete And Mail with JUST $1.00

To Dept. 2530
National-Ben Franklin Life
360 West Jackson Blvd.
Chicago, Illinois 60606

National-Ben Franklin Life Insurance Corporation

A MEMBER OF
The Continental Corporation
Established 1852

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****NO ADULT AGE LIMIT • NO MEDICAL EXAMINATION • NO SALESMAN WILL C**

... And Only $1 Covers Your Entire Family for First Month.

22 Important Questions & Answers Tell Why:

National-Ben Franklin Extra Cash/Plus Policy is your best protection for the lowest cost

1. What are the chances of me going to the hospital?
1 out of 7 people do *each year*. Could be your wife, children — even you. You could count on up to $15,000 with Extra Cash/Plus!

2. $15,000? How Come Extra Cash/Plus Pays So High?
Pays longer than most. $600 a month, under age 65; *up to 25 months* for each hospital benefit period. *No waiting;* pays from the 1st day whether for *sickness or accident*. NBF-Life planned Extra Cash/Plus to plug gaps others miss.

3. What'll They Pay for My Wife?
Same big benefit as yours, $600 a month (under age 65); up to 25 months, to $15,000 each hospital benefit period.

4. Are Maternity Benefits included?
YES! Unlike many policies, Pays $600 a month, up to 25 months, for your wife's hospital confinement for any pregnancy, or its complications, beginning while both of you are insured. No extra charge!

5. Does "Intensive Care" DOUBLE Our Benefits?
Yes, for adults under 65. Pays $20 a day up to 30 days. Up to *$600 are added* to your hospital income dollars. (Other generous benefits for other age groups.) Of course, regular recovery room service for less than 24 hours is not covered.

6. Does Extra Cash/Plus Cover Nursing Home Care?
Sure does and not many do. Regardless of age, it pays up to $300—$10 a day for 30 days (each hospital benefit period) for confinement in a nursing home or hospital convalescent unit, starting within 7 days of a 3-day covered hospital stay.

7. Just What is the 25% Cost-of-Living Raise?
A hedge against even *higher* hospital costs! Each person's original benefits will increase 5% for benefit periods which start after the end of the 1st year; similar increases for 4 more years. Totals *25% more cash* for you. No added cost!

8. What If I Have Other Insurance?
Extra Cash/Plus pays in addition to group coverage, Workmen's Comp, Medicare, Blue Cross, or any other company's policy.

9. WHO Gets the Cash?
You do. No payments to the doctor, hospital or nursing home unless you say so. It's all yours.

10. All Mine? No Taxes?
No taxes.

11. Will Extra Cash/Plus Take Care of Our Children?
YES! Pays up to $7500 . . . $300 a month up to 25 months for *any* of your children's hospital benefit periods. Each new baby is covered automatically after 1 month of age.

12. All at One Price? What a Bargain!
One very LOW premium covers all your children, NO MATTER HOW MANY, over 1 month through 18 years old.

13. Do They Get the "Plus" Benefits, Too?
YES! Up to $300 *addditional* for Intensive Care; up to $300 Nursing Home Care. Cost-of-Living Raises will increase children's $300 benefits to $375 after 5 years.

14. Just Who Can Get In On Cash/Plus?
Any adult who has not been hospitalized for sickness for more than a week in the last 2 years. No Physical and No Age Limit for adults to apply.

15. What are We Paid at Age 65 or Over?
Extra Cash/Plus pays you up to $14,400 . . . for up to 25 months (over 2 years) for each hospital benefit period. $300 a month, first 2 months; $600 a month for 23 months more. This helps lower your rates and the $600 benefit means more money when you need it most — when Medicare stops.

16. Do We Get the "Intensive Care" Feature?
YES! At age 65 or over, $10 a day for 30 days, up to $300, is added to your hospital income payment.

17. What is our total Cost-of-Living raise?
In 5 years, your original benefits will also go up to a total increase of $375 for each of the first 2 months and $750 a month thereafter.

18. What am I Paid for Less Than a Month?
You're paid 1/30 of your monthly benefits for *each day* of confinement from the 1st day.

19. Can Premiums Be Changed or My Policy Cancelled?
Your policy can never be singled out for change or cancellation because of claims or poor health. Rate schedule changes or cancellation could only occur for all policies like yours in your class and State upon proper notice; nothing of the sort is foreseen. *You're Safe* with Extra Cash/Plus!

20. When Do New Benefit Periods Start?
Each eligible hospital stay for a new sickness or injury starts a new 25-month benefit period. Same or related causes are covered for 25 months; if you're not confined for that ailment for 12 months, a new benefit period begins.

21. What About "Pre-Existing" Conditions?
Even these are covered when hospitalization begins 2 years or more after protection starts.

22. What Few Exclusions Are There?
Only a few. These customary exclusions help keep your premiums low: conditions resulting from declared or undeclared war or act of war; psychotic or psychoneurotic disorder; confinement in a hospital or convalescent facility contracted for or operated by the U.S. Government for treatment of members or ex-members of the Armed Forces. Even maternity is covered when both husband and wife are insured.

MAIL TO:
NATIONAL-BEN FRANKLIN LIFE, Dept. 2530
[illegible] Jackson Blvd., [illegible]go, Illinois 6060[illegible]

OFFICIAL ENROLLMENT FORM

ENROLLMENT ENDS MIDNIGHT FEBRUARY 29 1972

APPLICATION TO NATIONAL-BEN FRANKLIN LIFE INSURANCE CORPORATION, CHICAGO, ILLINOIS

Please Print
YOUR NAME_____ DATE OF BIRTH_____ AGE_____ SEX_____
First Middle Initial Last (mo./day/yr.)

ADDRESS_____ SOCIAL SECURITY NO._____

CITY_____ STATE_____ ZIP CODE_____

List all dependents to be covered. Use separate sheet for additional children.

NAME (PLEASE PRINT)	DATE OF BIRTH (mo./day/yr.)	NAME (PLEASE PRINT)	DATE OF BIRTH (mo./day/yr.)
Spouse		Child	
Child		Child	
Child		Child	

I represent that neither I nor my spouse, if listed above, has been hospitalized due to sickness for a total of more than seven days in the last two years. I agree that if both husband and wife are covered, the husband will be the Insured. I understand that coverage will take effect when the policy is issued.

DATE_____ SIGNATURE_____

4801 NBL 2530

Please make check or money order payable to NBF Life. This Policy Series 4769 is available only for California Residents

tah Residents: Please write for free information regarding hospital protection available in your state

NORMAN A. PLATE

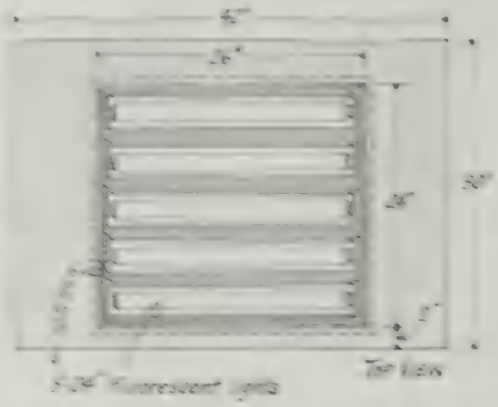
Homemade *light table serves for any tracing job. If you don't need such high visibility, use fewer lights*

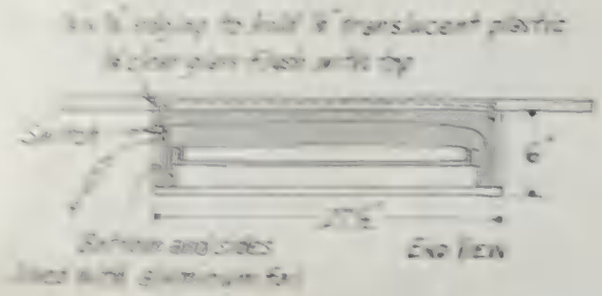
He made himself a light table

A light table, almost indispensable to an artist, can also serve the rest of the family when they want to do some tracing or sort color slides.

Artist Joe Seney bought a standard 30 by 42-inch drawing board (about $35), cut a 24 by 26-inch opening in it, installed five fluorescent lights (about $6 each, with ballast), set in a piece of flat white [illegible]-inch plastic (about $7) as a light diffuser, and covered the plastic with clear glass.

If you have no special need for a drawing board, you might adapt the idea to a table or a counter top.





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Lowe's Appl. - Sport. Gds.

Lodi
T. V. Center

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Overhead [illegible] Co.

Mendocino
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Merced
Central Pipe & Supply

Mill Valley
Bristol T. V.

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C & M Appliance [illegible]
Modesto Appliance

Mountain View
Rhodesway

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Big & little news from Hotpoint:

Model DLB 8810 (white only) **$159.95***

Our Jumbo Drum gives permanent press clothes more room to lose its wrinkles.

Hotpoint's Jumbo Dryer has a drum that's larger than the drum in a regular dryer, so large permanent press things have more room to tumble and come out a lot more wrinkle-free.

The dryer has a special cool-down cycle for permanent press, an end-of-cycle signal to tell you when to unload for best results, and four different fabric drying selections. And the top and drum are porcelain-enamel finished to protect against stains. (Gas model DLL 8810, in white only, $189.95*.)

Model DLP 1010N (white only) **$129.95***

Our Compact Dryer gives you more room.

The Hotpoint Compact Dryer is for people who don't have room for a big dryer, but need one just the same. It plugs into any standard grounded household outlet and needs no special wiring or outside exhaust. And it gives you many big dryer features.

It has 3 separate drying cycles (including a special one for permanent press), offers up to 130 minutes of drying time, and holds up to 5 pounds. It also has an easy to clean up-front lint trap and its drum is zinc-coated galvanized steel to protect against rust.

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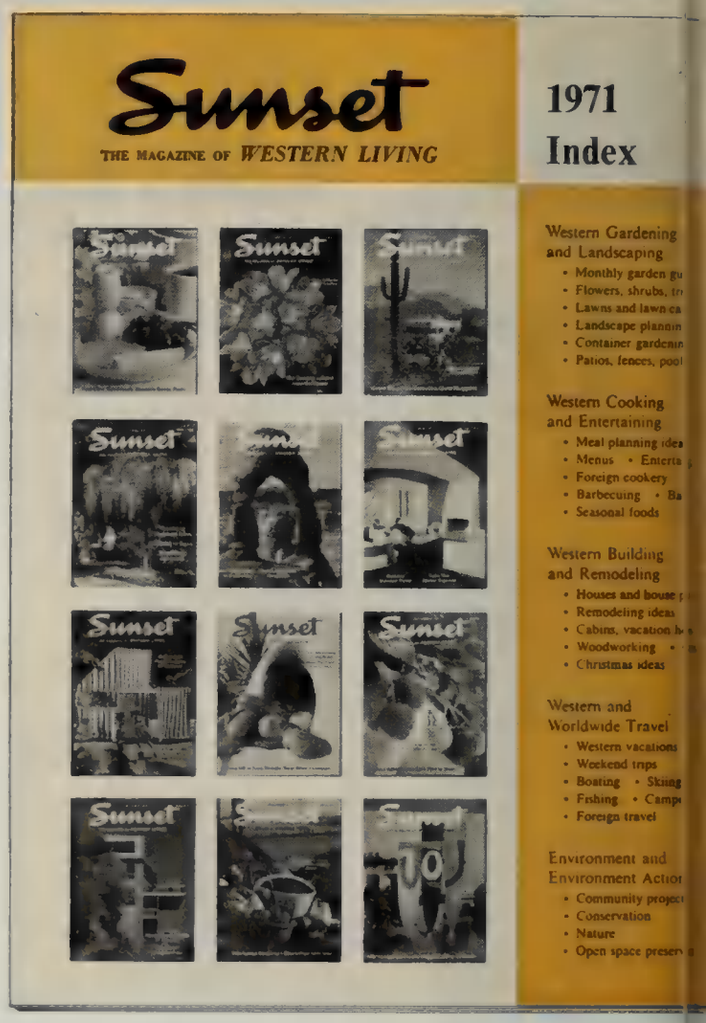
Files assemble in seconds and last for years. Use on your bookshelf or in the kitchen or workshop—anywhere you need and use SUNSET. You receive one **index (any year) and two 6-month files: $1.**



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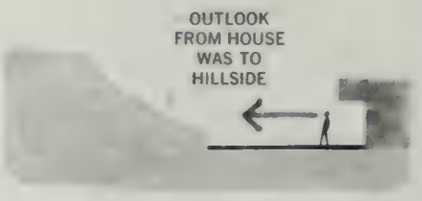
Trellis hides *upper part of bank, defines area of garden cultivation; native grasses grow beyond*

When you look out at a blank slope



ELLS MARUGG

The problem that confronted the Robert E. Zumwalts of San Rafael, California, is one that faces many owners of hillside houses: an outlook to a close, blank slope. The standard solution is to cover the hillside with plants so it provides a more pleasant view from the house. But landscape architect William Louis Kapranos' tests showed this bank was too unstable for introduced plantings.

So Mr. Kapranos decided just to leave it to the cover of native grasses. He planted pines along the upper property line to create an attractive skyline, and made a ditch to divert runoff water. He also designed a retaining wall for the base of the slope to prevent possible sloughing, and worked with Mr. Zumwalt, himself an architect, in designing a large trellis over the patio to screen partially the unplanted slope. Under the trellis is a lush, shady garden. □

Long *plywood panel also hides part of bank, indicates limit of garden "room"*

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Sunset's Kitchen Cabinet®

Providing the variety that keeps family meals interesting doesn't need to involve the cook with time-consuming recipes. These six offer flavor surprises that use short cuts.

There's a meat loaf that's baked and served with a vegetable sauce, and casserole with clam-chowder flavo and biscuit topping.

Our squash recipe has subtle fru flavors and it cooks in just a few mir utes. A baking mix speeds prepar

Good menu accompaniment for meat loaf and vegetables, hot baked potatoes

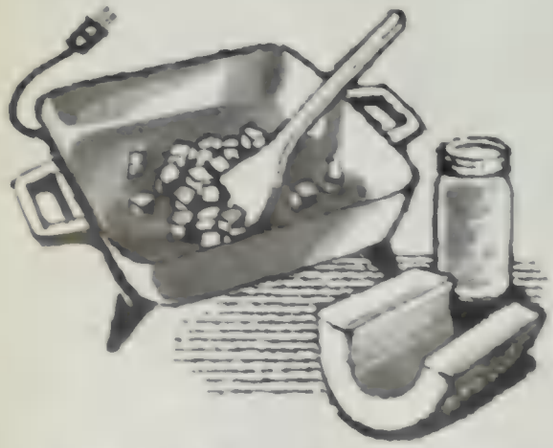
Meat Loaf with Vegetable Sauce

Bake this moist meat loaf in a decorative dish you can bring to the table.

- 2 pounds lean ground beef
- ¾ cup rolled oats (regular or quick-cooking)
- About 1½ teaspoons salt
- ¾ cup finely chopped onion
- 6 tablespoons finely chopped parsley
- 1 can (1 lb.) Italian-style, pear-shaped tomatoes
- 2 tablespoons butter or margarine
- 1 medium-sized carrot, chopped
- 1 cup finely sliced celery
- ¼ cup chopped green pepper
- 1 large can (15 oz.) tomato sauce

Combine the beef, oats, 1½ teaspoons of the salt, ½ cup of the onion, and 4 tablespoons of the parsley. Drai liquid from tomatoes into meat an mix well; set tomatoes aside. Pat th meat mixture into a loaf down th center of a shallow baking dish (abou 9 by 13 inches). Bake, uncovered, i a 325° oven for 1 hour.

Meanwhile, melt butter in a fryin pan and sauté the remaining onior carrot, celery, and green pepper fo 10 minutes. Stir in tomato sauce, re served tomatoes, and remaining par ley. Remove loaf from oven, skim fa from drippings, and pour sauce ove loaf. Bake 15 minutes longer. Make 6 to 8 servings.—*E. A., Vista, Calif.*



The sliced squash cooks in about 5 minutes with high heat in frying pan

Glazed Banana Squash

Banana squash has new appeal when diced, quickly butter-steamed over high heat, then deftly seasoned. Measure ingredients before you start.

- 1½ pounds banana squash
- 4 tablespoons butter or margarine
- About 4 tablespoons water
- 1 tablespoon thawed frozen orange juice concentrate
- 3 tablespoons apricot jam
- ⅛ teaspoon ground cloves
- ⅛ teaspoon salt
- Dash pepper

Using a vegetable peeler or knife, remove peel from the squash. Cut squash into ¼-inch cubes (you should have about 4 cups).

Melt butter in an electric frying pa set at highest heat (or use a wide fr ing pan at least 10 inches in diamete over direct high heat). Add squash an 2 tablespoons of the water. Sti cover, and cook over high heat fo about 4 to 5 minutes, or until ju tender and liquid is absorbed. St several times, adding more water necessary to keep squash from stick ing. Reduce heat to lowest setting an stir in the orange juice concentrat jam, cloves, salt, and pepper. St gently until squash is evenly glaze Makes 4 to 6 servings.—*H. G., Plea am Hill, Calif.*

Add the bacon dripping to customary about midway through the baking time

Clam Chowder Pie

Bacon furnishes the flavor accent for small whole clams and vegetables.

- 4 slices bacon
- 1 large onion, chopped
- 2 cans (10 oz. each) small whole clams
- 1 cup each sliced, peeled potatoes and sliced, peeled carrots
- ½ cup sliced celery
- 1 cup milk
- 2 tablespoons flour
- 1 teaspoon Worcestershire
- ¼ teaspoon pepper
- ¼ cup chopped parsley
- 1 package (8 oz.) refrigerated biscuits

In a 10-inch frying pan, cook the bacon until crisp; remove it from the pan and drain. Discard all except 2 tablespoons of the bacon dripping Add onions to the pan with drippin and sauté until limp. Drain the liqu from clams into pan; add potatoe carrots, and celery; cover and simm until tender, about 10 minutes.

Gradually blend milk with flour make a smooth paste; add to pan wi Worcestershire, pepper, parsle clams, and bacon, crumbled. Coo stirring, until it boils and thicken pour into a shallow 2-quart casserol Bake, uncovered, in a 375° oven fo 20 minutes. Arrange biscuits on to Bake for 15 minutes more. Serves to 6.—*H. N., San Francisco.*

on of the breakfast pastries.

'e'd like to hear about your recipe scoveries. Send original recipes to *nset Magazine*, Menlo Park, Calif. 025. We pay $10 for each recipe iblished.

A meat loaf...and clam chowder pie. Also orange and apple pastries

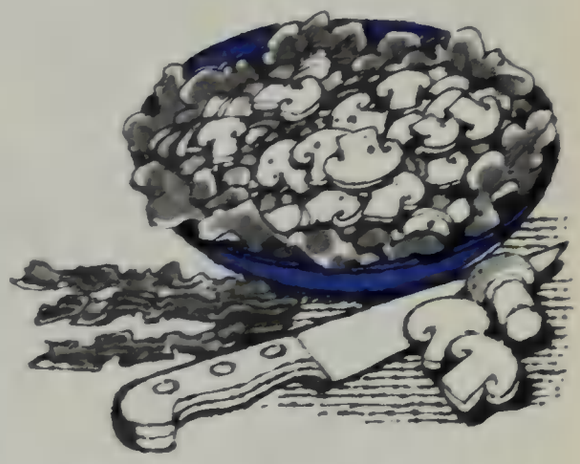
ushroom Bacon Salad

w mushrooms, thinly sliced and rinated, are the base of this inter- ing salad.

- 1 pound medium-sized fresh mushrooms
- 3 green onions (including part of the green tops), thinly sliced (about ¼ cup)
- ⅔ cup olive oil or salad oil
- 4 tablespoons lemon juice
- 1 teaspoon Worcestershire
- ½ teaspoon salt
- ⅛ teaspoon pepper
- ½ teaspoon dry mustard
- 12 thin slices bacon
- Lettuce

nse the mushrooms and pat dry. it through the stems into thin slices about ⅛ inch thick and put into a bowl. In a small bowl or jar combine the green onions, oil, lemon juice, Worcestershire, salt, pepper, and mustard; shake or stir until well blended, then pour over the mushrooms. Mix gently. Cover and refrigerate for at least 4 hours or overnight; uncover and stir several times.

Shortly before serving, cook the bacon until crisp; drain. To serve, spoon the mushrooms and onions into a lettuce-lined bowl. Crumble the bacon and sprinkle over the top. Drizzle with any remaining marinade. Makes 6 to 8 servings.—*J. G., Studio City, Calif.*



This make-ahead salad is topped with crumbled, crisp bacon before serving

range Twists

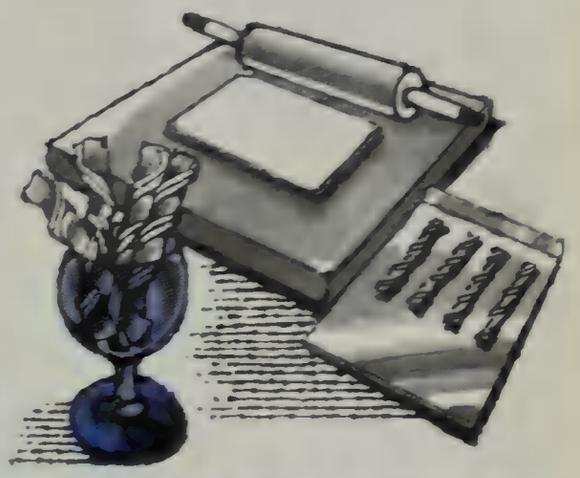
rve these sweet, crisp pastries at eakfast or instead of cookies.

- 2 cups biscuit mix (baking mix)
- 1 egg
- ½ cup fresh orange juice
- 4 tablespoons melted butter
- 8 tablespoons sugar
- 6 teaspoons grated orange peel
- Glaze (directions follow)

mbine the biscuit mix, egg, and or- ge juice; stir with a fork to form soft dough. Turn out onto a lightly ured board and knead lightly for seconds. Divide dough in half; roll e half into a 9 by 18-inch rectangle. ush with 1½ tablespoons of the butter. Mix 6 tablespoons of the sugar with orange peel; sprinkle half of mixture over buttered dough.

Fold ⅓ of the dough over center, cover with ½ tablespoon butter and 1 tablespoon sugar, then fold final ⅓ of dough over center. Press gently, then cut into 18 strips, each ½ inch wide. Twist each and arrange on a greased cooky sheet. Repeat using remaining dough, butter, and sugar. Bake in a 375° oven for about 12 minutes, then spread with glaze. Makes 36.—*E. M., Los Angeles.*

Glaze. Mix 1 cup powdered sugar with about 5 teaspoons orange juice.



You roll and fold the dough in layers, then cut strips, twist each, and bake

olden Apple Crisp

rve it warm or chilled, topped with eam or ice cream, if you wish.

- About 4 or 5 medium-sized Golden Delicious apples
- ⅓ cup apricot nectar or orange juice
- ¼ cup granulated sugar
- ½ cup brown sugar, firmly packed
- ¾ teaspoon cinnamon
- ¼ teaspoon salt
- ¾ cup regular all-purpose flour (unsifted)
- ¼ cup (⅛ lb.) butter or margarine

el and core apples and cut them o slices about ½ inch thick to make cups sliced apples. Turn them into well buttered 8-inch-square baking h or other shallow baking dish (about 2-quart size). Combine the apricot nectar or orange juice with granulated sugar; pour over apples. Mix the brown sugar, cinnamon, salt, and flour until well blended. Cut in butter with a pastry blender or two knives until particles are about size of small peas. Squeeze small handfuls of the crumb mixture together firmly, then crumble evenly over apples into coarse chunks.

Bake, uncovered, in a 375° oven until the topping is browned and the apples tender, about 40 minutes. Serve warm or chilled. Makes 6 to 8 servings.—*M. D., Bellevue, Wash.*

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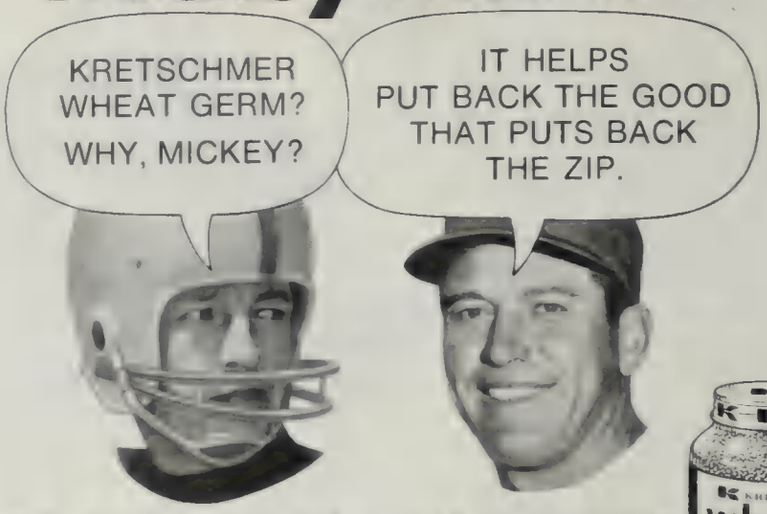

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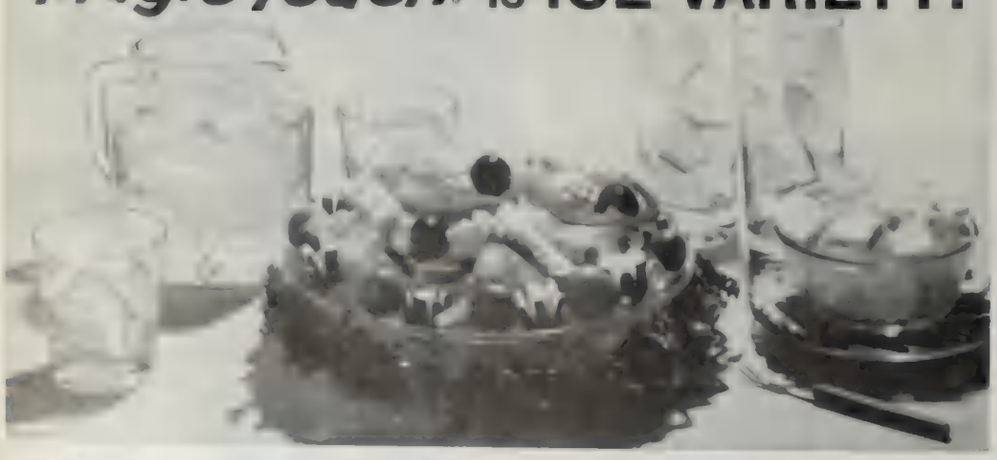

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GM

Custards that the Portuguese like

Considering the fondness of the Portu guese for egg-rich desserts, it's not su prising that simple custards are everyda family fare. And, as you might expec they have some exceptionally good ar easy recipes.

This baked custard, called *pudim fla* is typically made in small metal fla molds; each holds about ⅓ cup, enoug for a light dessert or snack. You can u small custard cups, foil baking cups, c small salad molds.

The Portuguese stirred custard, mad with egg yolks and flavored with lemo peel, is delicious served over fresh o ange slices or canned fruit.

Portuguese Caramel Custard
(Pudim Flan)

Set 6 to 8 small custard cups, sala molds, flan molds, or foil baking cups c a paper towel inside a baking pan. P ½ cup sugar into a heavy 10-inch fryin pan and place over medium heat until melts and turns amber colored; tip pa as needed to melt evenly. At once po caramel into prepared cups or molds. S aside the unwashed pan.

In a bowl (or a quart measure) beat eggs until frothy; set aside. In the pa used for caramel, combine 2 cups mi and ⅓ cup sugar; heat slowly, stirrin until remaining caramel is dissolved ar milk scalded. Gradually stir milk mi ture into eggs. Add 1½ teaspoons vanil or anise-flavored liqueur, and pour in cups or molds. Place the pan with mol in oven and pour boiling water into pa to about ½ inch deep. Bake in a 40 oven until a knife inserted into one cu tard comes out clean, 15 to 20 minute Remove from pan, cool, and chill w (preferably overnight).

To serve, slip a knife around edge ar invert into dish, allowing caramel to ru over pudding. Makes 6 to 8 servings.

Portuguese Soft Custard *(Leite Creme*

In a heavy saucepan, combine ½ cu sugar, 1 tablespoon cornstarch, and teaspoon grated lemon peel. Gradual stir in 2 cups milk. Heat, stirring, ov medium heat until it boils and thicken

In a bowl beat 4 egg yolks with a forl then gradually beat in the hot milk mi ture. Return all to the pan and stir ov low heat for about 3 minutes.

Cool, then cover and chill. Sprink lightly with cinnamon, if you wis Makes 6 to 8 servings when spoone over orange slices or canned fruit.

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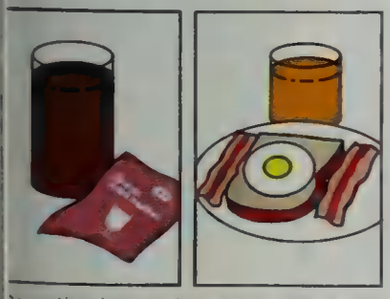

Carnation instant breakfast mixed with milk has as much protein, vitamins, minerals and food energy as a poached egg on toast, two strips of bacon and a glass of orange juice.

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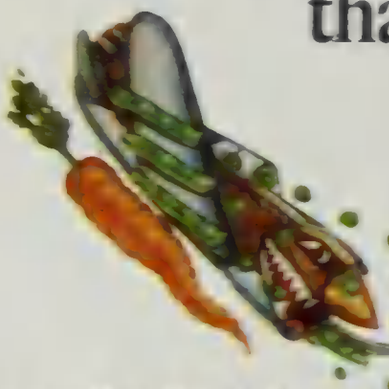
There was a time when the stories were more interesting than the vegetables.



Inside every man, lives a little boy who didn't like his vegetables.

Ask any man who was ever a kid. He'll tell you mother could turn peas into buried treasure and carrots into rabbits and make asparagus taste as good as cotton candy at the circus on a Saturday afternoon.

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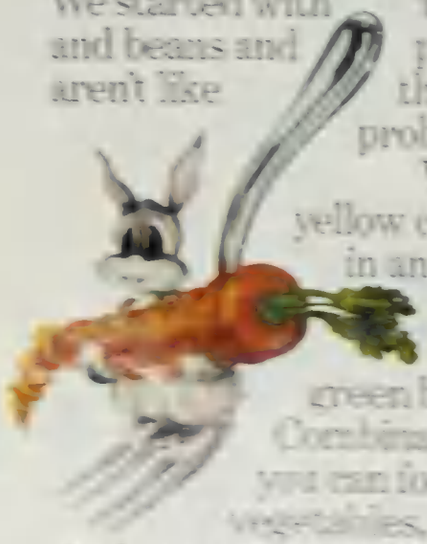

We've combined green beans, peas, yellow corn and baby limas. All swimming in an onion sauce. Put a delicious brown sugar glaze on the carrots. Added crisp, toasted almonds to French green beans. With Birds Eye Combinations on the table you can forget about the vegetables, for a change. And concentrate on more important things. Like what you're going to serve him tomorrow night.

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DARROW M. WATT

Fresh fruit *and scallop kebabs*

Scallops as a first course

llops, delicate yet distinctively fla-ed shellfish, are complemented equal-l well by quite diverse seasonings in se two easy first-course dishes. The with fruit and curry is broiled on wers: the other with Canadian bacon cheese is served in individual dishes.

wered Scallops with Fruit

se 1 pound scallops; pat dry. Cut 2 ripe bananas in 1-inch diagonal es; brush with lemon juice. Peel and 1 small papaya; cut into 1-inch nks. Melt ¼ cup butter or margarine; 1 teaspoon curry powder, 2 table-ons finely chopped Major Grey's tney, and 2 tablespoons lemon juice each of 8 small skewers, alternately ad scallops and fruit; brush with but-mixture. Broil about 4 inches from t for 5 to 7 minutes per side until llops have turned opaque throughout; sh often with the butter. Serve with itional chutney. Serves 8.

ese-Topped Scallops

n 1 package (6 oz.) sliced Canadian on and cut pieces in half; sauté until tly browned. Transfer the bacon to dividual shallow baking dishes and o warm.

t 2 tablespoons butter in cooking ; add 1 pound scallops, rinsed and ed dry. Cook over medium heat for o 10 minutes, or until scallops have ned opaque throughout, stirring often. out scallops and distribute over ba-. Add 1 tablespoon lemon or lime e to pan juices; boil rapidly until re-ed to 3 tablespoons; pour evenly over llops. Sprinkle 1 cup shredded jack ese evenly over each dish. Broil about ches from heat until cheese is bubbly. ves 6.—*S. G., Fairfax, Calif.*

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Scoop caviar *and green onion-crested sour cream mold onto crisp crackers; toppings contrast colorfully*

DARROW M. WA

Crowd pleasers

These molded appetizers taste as good as they look

Delicately molded creams are attractive and dramatic to serve for appetizers. Sour cream is the base for each of these. One is served with caviar and sliced green onions (see above); a variation of this recipe, made with avocado, is served with shrimp. The Camembert mold, presented with fruit, may be served either as an appetizer or dessert.

These appetizers are especially convenient for a busy hostess since you can assemble them a day ahead. Unmold and garnish an hour or so before guests are due, then refrigerate during the interim. During presentation, the creams retain their forms neatly for several hours at room temperature.

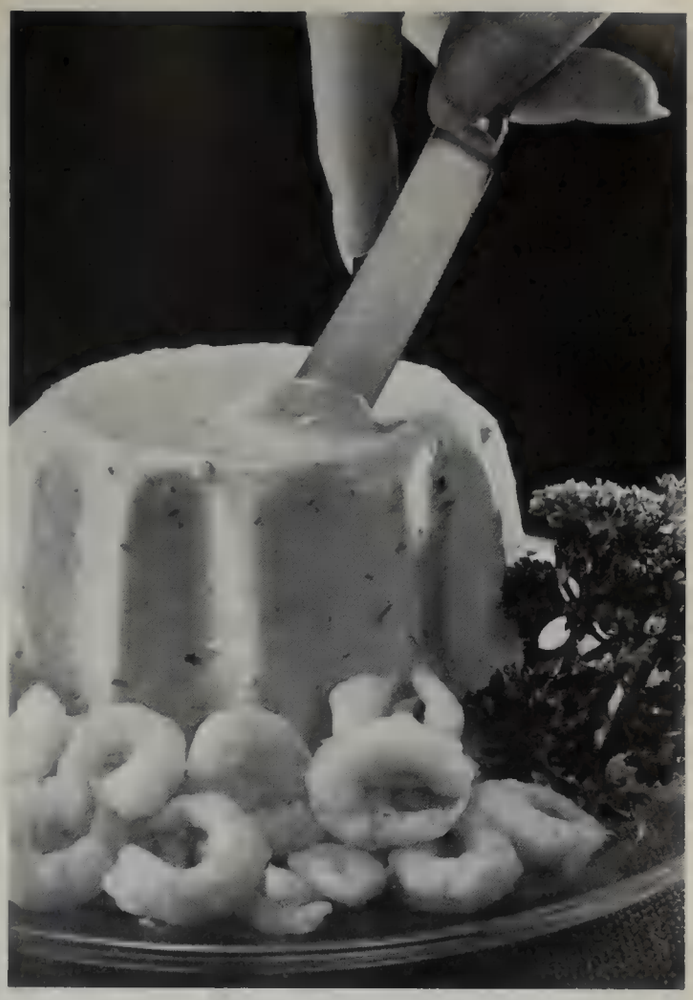
A handsome shape makes these creams even more attractive. Each one requires a mold of at least 3-cup capacity; however, you can use a larger mold. Because the recipe calls for just enough gelatin to hold the creams together, you will want to choose a mold with curves and softly formed edges as opposed to an in tricate, sharply outlined, tall mold (Check antique or old tin-lined molds t be sure no base metal is exposed; it ma discolor the creams.) You can also mak effective use of plain or fluted bakin pans (round, square, or loaf shaped). O consider serving the creams right fron ceramic pots or other handsome cerami or glass containers, with the accompan ments on the side.

Follow this technique for unmolding t

ıssure good results: Partially fill the sink ıith hot tap water. Immerse the mold ıp to the rim for about 5 seconds or just ıntil you can see the mold beginning to iquefy right at the edge. Remove at ›nce from the water and break the suc- ion of the mold by slipping the tip of a ›lunt knife down the side of the mold n a few places, gently pulling the cream rom the mold. Invert onto a serving ›late and lift off mold.

f the cream does not slip free, repeat he process. If, inadvertently, the cream ›ecomes obviously soft from overheat- ng, return to refrigerator to firm, then epeat this procedure.

Ve shaped this sour cream mold in a uted pie pan, then used the wide top urface to display the colorful embel- shments. You could easily mold the vocado version in a similar pan, ar- anging the shrimp on top. Or use a salad ıold like the one pictured at right for ither of these creams. Choose any lack caviar you like; lumpfish caviar satisfactory and less expensive than urgeon caviar.



Parsley-specked *avocado cream is surrounded by tiny fresh shrimp to accompany each serving*

our Cream Appetizer Mold

- 1 envelope unflavored gelatin
- ¼ cup cold water
- 1 tablespoon white or white wine vinegar
- 2 cups sour cream
- 2 jars (*each* 4 oz.) red and/or black caviar, well drained
- 3 or 4 green onions, thinly sliced (including some of the tops)
- Melba toast rounds or unsalted crackers

ı a pan sprinkle the gelatin over the ater; let stand 5 minutes to soften. eat, stirring, until gelatin is dissolved. dd the vinegar and sour cream and ir until thoroughly blended and nooth. Pour into a mold at least 3-cup size; cover and chill until set.

To serve, unmold according to directions that precede. Drain caviars seperately in a fine wire strainer. Garnish top of mold with caviars and onions, keeping each of the elements separate. Spoon small portions on Melba toast rounds or unsalted wheat or rye crackers. Makes about 8 (¼-cup) servings.—*S. C., Napa, Calif.*

Molded Avocado Cream. Follow the recipe for the sour cream appetizer mold, making these changes: Omit the vinegar. Add ¼ teaspoon salt, 2 tablespoons finely chopped parsley or chives, and a dash of liquid hot pepper seasoning to the gelatin mixture. Use only 1 cup sour cream and add 1 can (about 8 oz.) frozen avocado dip, thawed.

Blend the ingredients smoothly. Pour into a mold at least 3-cup size; cover and chill until set. To serve, unmold as directed onto serving plate. Garnish with parsley sprigs and surround with about ½ pound tiny cooked and shelled shrimp, Melba toast rounds, or crackers. Spoon some of the avocado cream onto a cracker or Melba toast round and top with a few shrimp.

Spread *portions of Camembert cream on wedges of pear or apple; serve as appetizer or dessert. A metal rectangular box was used for this mold*

Accompany subtly flavored Camembert cream with a selection of fruits now in season. Consider red or Golden Delicious apples; Anjou, Bosc, or Comice pears; and grapes such as Red Emperor.

Molded Camembert Cream

- 1 envelope unflavored gelatin
- ¼ cup cold water
- About 8 ounces ripe Camembert (Danish, French, or California) at room temperature
- 1 cup sour cream
- ½ teaspoon dry mustard
- About 3 *each* apples and pears and/or a small bunch of grapes
- Melba toast rounds or crackers

In a pan sprinkle the gelatin over the water; set aside. Trim the rind from the Camembert and discard it. With a rotary beater or heavy wooden spoon, beat the Camembert until smooth; add the sour cream and mustard and continue beating until well blended.

Heat the gelatin, stirring, until thoroughly dissolved. Add the gelatin to the cheese mixture and blend well. Pour into mold of at least 3-cup size; cover and chill until set.

Unmold according to directions that precede and garnish with the fruit. To serve, scoop small portions of the cream onto wedges of apples and pears, or onto Melba toast rounds and accompany with grapes. Makes about 12 (¼-cup) servings. □

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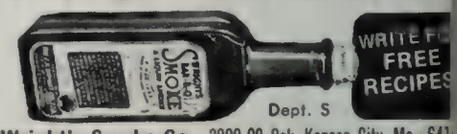

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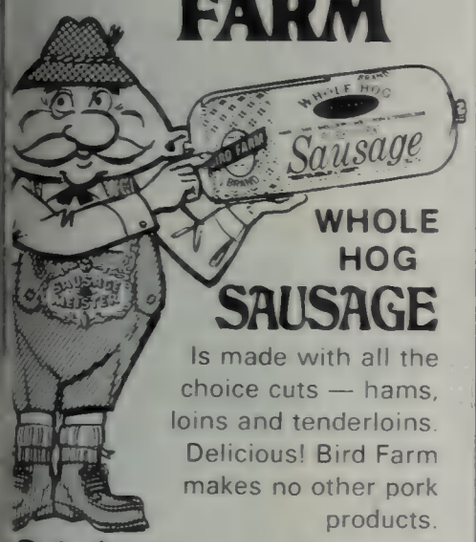

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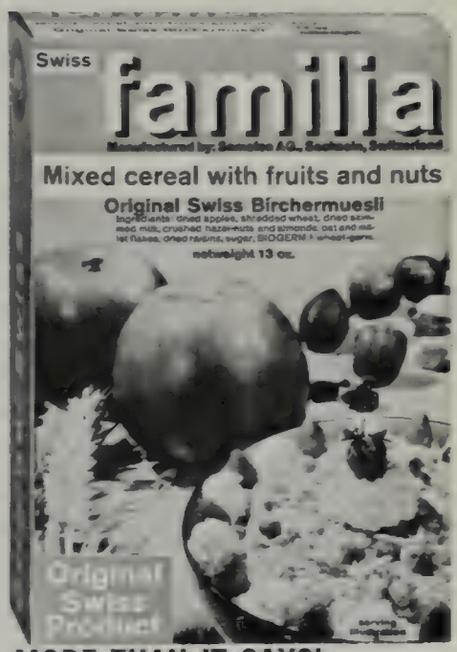

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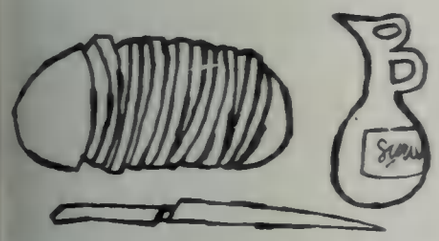

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½ cup finely chopped cucumber
1 tbsp. minced onion
¼ cup commercial sour cream
⅛ tsp. pepper
⅛ tsp. chili powder
4 slices bread, buttered
4 large tomato slices
paprika
4 slices dill pickle

Mix together the cheese, cucumber, onion, sour cream, pepper and chili powder. Toast bread lightly under broiler. Arrange a tomato slice and pickle slices on each slice of bread. Top with cheese mixture. Sprinkle with paprika. Place under broiler until the cheese is melted.

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Juicy papaya *slices give a sweet accent to tuna, bean sprouts*

Unusual tuna sandwiches

In answer to "What's for lunch?" a unusual tuna sandwich offers a quic satisfying response. For tuna is so ve satile that you can feature it in a varie of intriguing combinations. Here w suggest serving chunks of tuna wi crunchy bean sprouts and mellow fru slices in a Polynesian manner, or to ping the fish with sweet onion an cheese for a hot open-faced sandwich.

Tuna and Fruit Sandwich

Toast 8 slices of whole wheat bread an butter them. Distribute 1 can (6½ oz chunk-style tuna, drained, over 4 of th slices; top each with ¼ cup fresh bea sprouts, washed and drained, and abo 2 teaspoons Thousand Island dressin Peel and remove seeds from ½ papay arrange 2 or 3 thin slices of fruit on eac sandwich; cover with remaining toa Makes 4 sandwiches.—*L. M., Pa Alto, Calif.*

Open-Faced Tuna Sandwich

- 4 slices whole wheat bread, toasted
- Soft butter or margarine
- 1 can (6½ oz.) chunk-style tuna, drained
- 3 tablespoons mayonnaise
- ¼ teaspoon *each* garlic powder and oregano, crumbled
- 4 thin slices sweet red onion
- About 6 ounces sliced jack cheese
- 4 tomato slices, ¼ to ½ inch thick

Spread each toast slice with butter; plac butter side up on a shallow baking pa Combine tuna, mayonnaise, garlic pow der, and oregano; spread evenly ove toast. Top each with an onion slice, the sliced cheese. Broil about 4 inches fro heat for 2 to 3 minutes or until cheese bubbly. Top each with a tomato slic Makes 4 sandwiches.—*S. C., Phoenix.*

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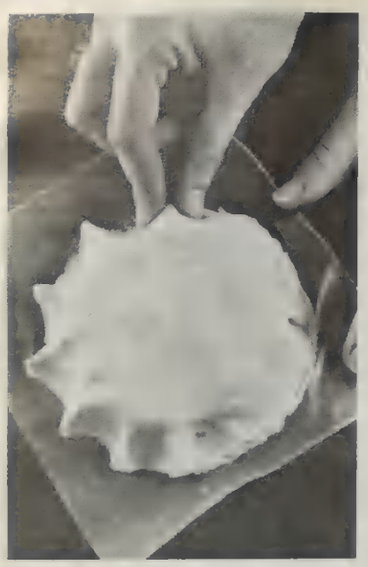


To make *pupusa, seal dough around meat filling. At the table add sour cream, shredded lettuce, and lime juice. If you eat from hand, watch for drips*

DARROW M. WATT

A sandwich from El Salvador

In El Salvador, pupusas are popular for snacks or an informal main dish. A pupusa is corn tortilla dough filled with meat, baked on a griddle, and served with condiments which are added to the filling at the table.

To make pupusas you'll need dehydrated masa flour (corn tortilla flour). Look for it in supermarkets with foreign or gourmet departments, or in Mexican food stores. Some stores will order it if they don't have it on hand.

Pupusas may be assembled as early as the day before. Wrap individually, airtight, and refrigerate.

Pupusas

In a bowl mix 4 cups dehydrated masa flour (corn tortilla flour), 1½ teaspoons salt, 1 teaspoon chile powder, and 2⅔ cups water until the dough holds together. Form 24 balls, each 1½ inches in diameter. Set each ball on a piece of waxed paper about 6 inches square and cover with another square of waxed paper. With a rolling pin, and using light, even strokes, roll each masa cake until it is about 5 inches in diameter (or form with a tortilla press).

To make each pupusa, peel top paper from one circle of masa. Evenly spread ¼ cup meat filling (recipe follows) on the circle to within ½ inch of edges. Peel paper from a second circle and flip dough over onto filling; peel off top paper. Gently pinch and flute to seal the edges of each pupusa.

Heat an ungreased griddle or frying pan over medium heat. Place pupusas on pan at least ½ inch apart and cook on one side for about 5 minutes or until lightly browned. Turn and cook for about 5 minutes more, until lightly browned and hot through. (Cook about 7 minutes on each side if refrigerated.) Keep warm until all pupusas are cooked, then serve at once.

While pupusas are cooking, mix 3 cups shredded lettuce with 2 thinly sliced carrots; put in a serving bowl. Spoon about 1 cup sour cream into a small bowl and arrange 3 quartered limes on a small serving plate.

To eat, gently squeeze a pupusa to pop it open along an edge so you can spoon some of the sour cream and lettuce mixture inside. Squeeze lime juice into filling. Eat with knife and fork or fingers. Makes 12 pupusas.

Meat Filling. Cook 1 pound lean ground beef in a frying pan until browned, breaking apart with a spoon. Drain off fat. Add 1 small onion (finely chopped); cook and stir until onion is soft. Stir in 1 can (10 oz.) red chile sauce, ½ green pepper (finely chopped), ½ teaspoon ground cumin, and 1 tablespoon beef stock base (or 3 beef bouillon cubes). Increase heat and boil rapidly, stirring, until all liquid evaporates. Let cool to room temperature. Stir in 2 cups finely shredded dry Monterey jack cheese or Parmesan cheese until well blended. Makes about 3 cups. □

UNCLE BEN'S® Ric goes sophisticate for late-nigh dining

Pilaf. The very word has exotic ov tones. Yet the dish is well known a appreciated in the California San Joaqu Valley—especially in the Fresno are One taste will persuade you that t Armenians who developed this mann of cooking rice really knew how to bri out its finest qualities.

A pilaf can be as simple as rice a onions sautéed in butter or oil, then si mered until tender in a meat or chick broth. But a good Armenian cook c play so many variations on the ba method that the dish becomes as adve turous as its name.

UNCLE BEN'S CONVERTED Brand Ri in a pilaf behaves as if it had been cr ated for the dish. UNCLE BEN'S takes re natural rice and makes the grain firm in a special way. You get a rice th won't get sticky or lumpy, and the grai stay fluffy and separate guaranteei you a perfect pilaf.

The rice performs the creative role absorbing and blending the many d parate but complementary flavors. Plun Sun-Maid Seedless Raisins bring th own delightful accent to the medley flavors.

This lamb pilaf is especially exciti for late-night entertaining—say, after concert or a show. Most of the ingrec ents can be prepared in advance, rea for final assembling and cooking in abo a half-hour. Serve your pilaf, steami hot, bordered with cool, fresh mint.

Midnight Pilaf

2 lbs. lean, boneless lamb, cut in 1-inch cubes
4 Tbsp. butter or margarine
1 large onion, chopped
1 small green pepper, seeded and chopped
1½ cups UNCLE BEN'S CONVERTED Brand Rice
1 can (10½ oz.) condensed beef broth
1 can (14½ oz.) sliced baby tomatoes
¾ cup water
⅔ cup SUN-MAID SEEDLESS RAISINS
1 small jar (2 oz.) sliced pimiento
1 tsp. salt
½ tsp. cinnamon
½ tsp. dried mint leaves, or
1 Tbsp. chopped fresh mint
⅛ tsp. pepper
Fresh mint, for garnish

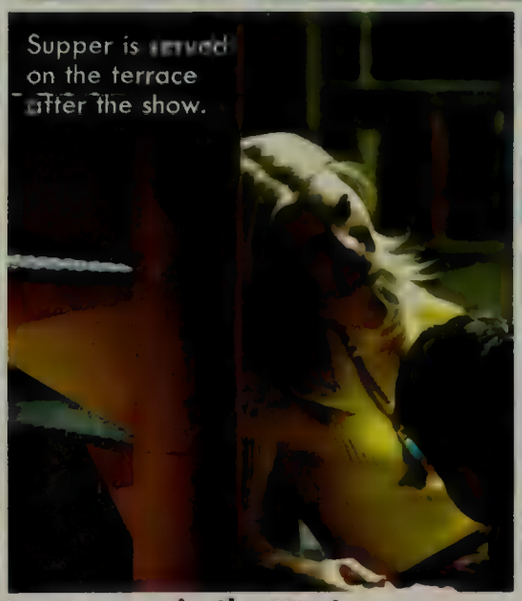
Brown lamb in a large frying pan in 2 Tbsp. the butter. Remove meat from pan and reserve In the same pan cook onion, green pepper, and ri in the remaining 2 Tbsp. butter until onion is soft a lightly browned. Into rice mixture stir lamb, bro tomatoes and their liquid, water, raisins, pimien and seasonings. Bring to a boil, reduce heat, cov and cook over low heat until rice is tender, 35 40 minutes. Remove pan from heat and let stan covered, for about 5 minutes. Fluff with a fo Serve on a bed of fresh mint leaves. Makes 6 8 servings.

This recipe is included with "UNCLE BEN'S Golden W Recipes." For a free copy of all recipes, send yo name, address, and zip code to: Golden West Recip Box 19480, Houston, Texas 77024.

Midnight Pilaf

Uncle Bens® Rice and Sun Maid® Raisins in a new Westernized version of a Mid-East classic.

A border of fresh mint and thick Armenian cracker bread enhance our pilaf.



Supper is served on the terrace after the show.

San Francisco aglow at midnight.

UNCLE BEN'S Rice keeps the best company in the West.

Sausages as flavor packets

Sausages are some of the most convenient flavor packets available to the cook who wants to turn out interesting, distinctive food in a hurry.

Each type of sausage can be identified by its blend of seasonings, its size or shape, and the meats that go into it. And many of these qualities are passed on to the food with which it is combined.

Vegetables—zucchini, tomatoes, mushrooms, cabbage, green beans, and onions—are combined with sausage in the dishes that follow. With the exception of one that also includes pasta, you could complete a meal by adding baked or boiled potatoes, or boiled buttered rice, and salad, if you like.

Fresh Italian sausages, also called salsiccie, are made of fresh pork seasoned well with spices and garlic. You can usually find them at the fresh meat counter or prepackaged in the delicatessen section of your supermarket; or you may have to shop for them in a delicatessen that features Italian foods.

This dish combines the mildly seasoned Italian sausage with zucchini and mushrooms. (Another style of Italian sausage is hotly flavored and is so labeled.)

Zucchini with Italian Sausage

About 1 pound mild Italian sausages
1 medium-sized onion, sliced
¼ pound mushrooms, sliced
1 pound zucchini, ends trimmed, and diagonally sliced ¼ inch thick
½ cup dry Sherry
1 teaspoon chicken stock base or 1 chicken bouillon cube
Shredded Parmesan cheese

Peel and discard casing from sausages; slice meat diagonally into ¼-inch-thick pieces. In a large frying pan, brown them well over high heat, stirring frequently, for about 8 minutes. Remove sausage from pan and set aside.

To pan drippings add onion and mushrooms; stir constantly over high heat for 3 to 4 minutes or until vegetables are limp and any liquid evaporates. Stir in zucchini, Sherry, and stock base or bouillon cube. Continue stirring over high heat for about 4 minutes or until zucchini is barely tender and begin to look translucent. Stir in sausages to heat through. Pour into a serving dish and accompany with shredded Parmesan cheese. Makes 4 servings.—*R. M., Roseburg, Ore.*

Canned tomatoes and Italian sausage are the base of this freshly flavored sauce to serve with hot cooked pasta. Here we suggest using curly noodles, but any shape will do.

Twisted Noodles with Italian Sausage

About 1 pound mild Italian sausages
1 small onion, chopped
1 clove garlic, minced or mashed
1 can (1 lb.) Italian-style pear-shaped tomatoes
1 teaspoon crumbled oregano
⅛ teaspoon thyme
2 tablespoons chopped parsley
2 tablespoons catsup
⅛ teaspoon pepper
3 cups uncooked twisted noodles (about ½ of a 12 oz. package)
About 3 quarts boiling salted water
Chopped parsley
Grated Parmesan cheese

Remove and discard sausage casing. Slice sausages diagonally into ¼-inch-thick pieces and lightly brown them in a large frying pan over medium high heat, about 5 minutes, stirring as needed. Add onion and garlic and continue to cook, stirring, until limp, about 3 min-

s. Add the tomatoes (including liq-
), breaking them into pieces with a
on. Then stir in the oregano, thyme,
sley, catsup, and pepper. Simmer,
overed, for about 15 minutes or until
ce is reduced to about 3½ cups.

k noodles in boiling salted water,
owing package directions; drain.

hot noodles into hot sauce. Pour
a serving dish, garnish with chopped
sley, and serve with grated Parmesan
ese. Makes 4 servings.

twurst and bockwurst, also known
wiss sausages, are similarly seasoned
tan links made in varying sizes.
y are available at fresh meat coun-
, prepackaged in refrigerated cases,
delicatessens. They must be heated
ly as the casings split readily.

bage with Bratwurst

Boiling water
About 1 pound (3 to 6) bratwurst or bockwurst sausage
1 medium-sized (about 1½ lbs.) cabbage
2 medium-sized onions
1 clove garlic
4 tablespoons butter or margarine
1 teaspoon *each* caraway seed and salt
½ cup dry white wine
Dijon-style mustard

r boiling water over sausages to
r and let stand while preparing the vegetables (or at least 10 minutes).

Finely shred the cabbage and set aside. Thinly slice the onions and mince or mash the garlic. In a large frying pan melt 2 tablespoons of the butter, then add the onions and garlic; cook, stirring occasionally, over medium heat for about 10 minutes or until the onions are slightly tinged with brown. Add the cabbage and continue to cook over medium heat, stirring until limp, about 5 minutes. Add the caraway seed, salt, and wine. Boil rapidly, uncovered, stirring until the liquid has evaporated, about 3 minutes. Transfer cabbage mixture to a serving platter and keep warm.

Drain sausages and melt remaining 2 tablespoons of the butter in the frying pan; add sausages and brown lightly over medium heat. Place hot sausages alongside the cabbage and serve with the mustard. Makes 4 servings.

Linguica, a ruddy, red-toned, highly spiced Portuguese sausage in long slender links or loops, is most typically available prepackaged in refrigerated cases of large markets or delicatessens. Here you simmer it whole in water, then cut in short juicy sections to mix with hot cooked green beans.

Like the salsiccie, linguica is also made in a highly flavored style, but are usually so labeled.

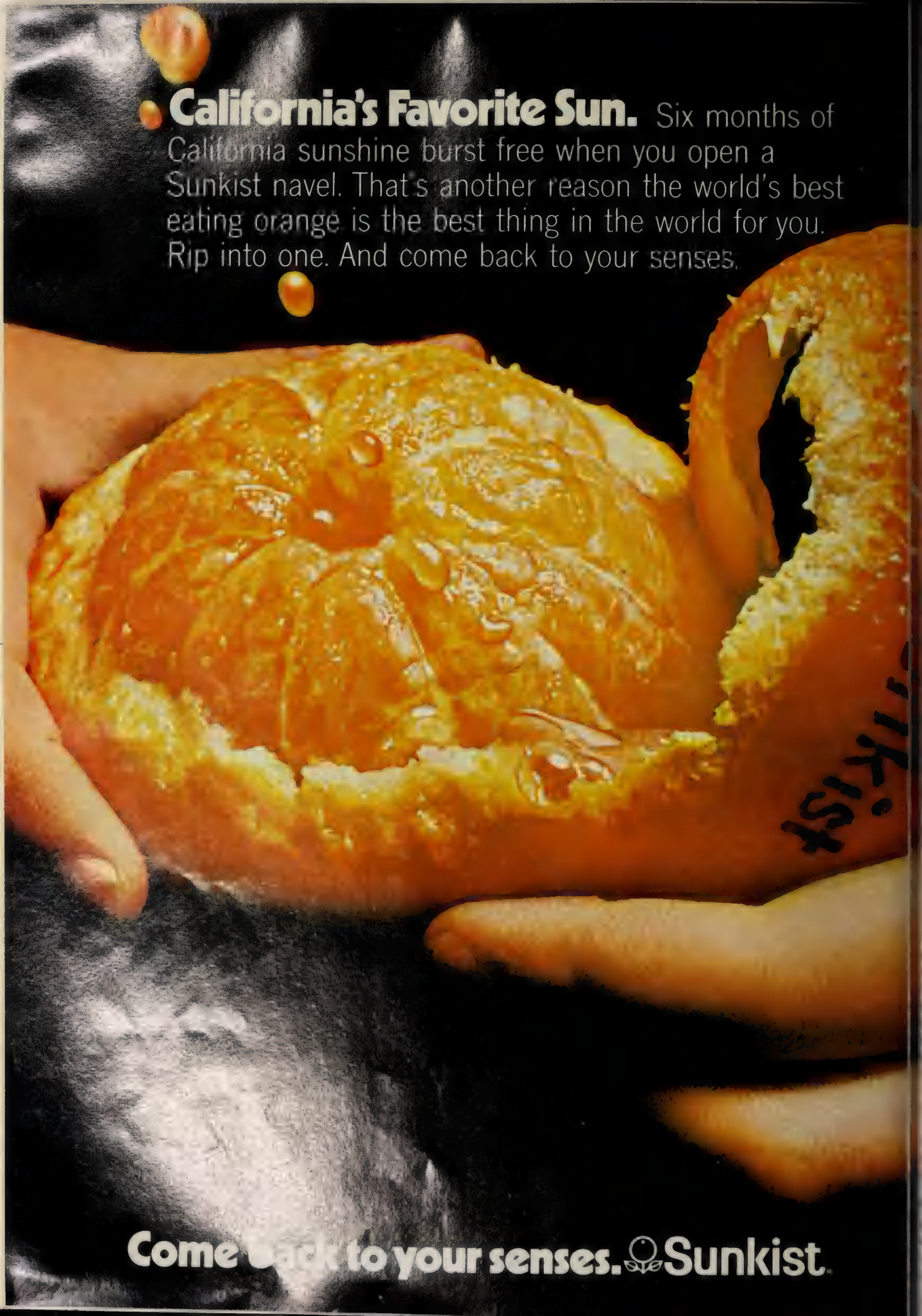
Green Beans with Linguica

About 1 pound linguica
Water
Salt
1 pound green beans, ends and any strings removed, cut into 2-inch pieces
2 tablespoons butter or margarine
1 medium-sized onion, chopped
1 teaspoon paprika
¼ teaspoon ground cloves

Place linguica in a large frying pan, add enough water to barely cover, and simmer, covered, for 30 minutes.

While sausage cooks, bring to a boil about 3 to 4 quarts salted water. Immerse beans in water and cook, uncovered, over high heat until boil resumes, then boil for about 6 minutes or until the beans can be easily pierced. Drain beans and set aside.

Remove sausage from pan; discard liquid. Cut sausages in 2-inch lengths and set aside. Melt butter in frying pan over medium heat. Add onions, paprika, and cloves to pan. Stir over medium heat, cooking until onions are limp, about 3 minutes. Return sausage and beans to pan; mix together and heat until hot. Skim off and discard any fat; salt to taste. Makes 4 servings.—*D. S., Burlingame, Calif.* □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What parsnips need is a try

ıose who like parsnips already know But there's no telling how many others ght also like them if they ever had an portunity to try them.

little like turnips in texture, slightly eet, and highly nutritious, parsnips de- ve a try. They take well to a variety seasonings and cooking treatments.

ɔw you cut parsnips is important. ıeir naturally tapering shape makes ɜm a little tricky to cut in uniformly ed pieces that will cook evenly. You nt them to be just tender throughout, thout overcooking; the exact cooking ıes vary depending on the maturity of vegetables you buy. Like potatoes, ɜy fall apart and become mushy when ercooked. Parsnips also require rather ıtle handling during cooking to keep ɜir shape.

rsnips have a special affinity for sweet vors; a little sugar or honey combined th lemon heightens their distinctive vor. In one recipe we bake parsnip ɜks with a lemony brown sugar glaze. r the second recipe, parsnip chunks precooked, then quickly sautéed in tter with honey. Carrots provide the eet accent in the last recipe in which th vegetables are butter steamed.

r these baked parsnips you need an nch-square pan or about a 7 by 10- ɜh oval casserole so that the cut pars- ɔs bake in a single layer.

ked Glazed Parsnips

t 4 tablespoons butter or margarine in ɜking pan or casserole and place in a 5° oven to melt. Meanwhile, scrape pare 1 pound (about 5 medium-sized) rsnips and cut crosswise into 3 to 4- ɜh lengths. Cut pieces lengthwise ough the core so that the resulting ces are about ½ inch thick.

move casserole from oven and stir in cup brown sugar, ¼ teaspoon salt, d 1 teaspoon grated lemon peel. Add rsnips and turn in glaze. Return to ɜn and bake uncovered, stirring occa- nally until parsnips are tender when rced and liquid is mostly absorbed, ɔut 45 to 50 minutes. (Or, bake in a 5° oven for about 1 hour.) Makes 4 vings.

re you can cook parsnips in boiling ter early in the day. Before serving, ıté to heat and glaze the vegetables.

mon Sautéed Parsnips

ape or pare 1 pound parsnips and cut sswise into sections about 1 inch long. t each section through the core into inch-thick chunks. Drop into boiling salted water and cook until parsnips are just tender when pierced, about 5 to 7 minutes; gently drain. (If done ahead, cool quickly in cold water, then drain and refrigerate.)

Just before serving, melt 4 tablespoons butter or margarine in a heavy 10-inch frying pan. Stir in 1 tablespoon lemon juice, 2 teaspoons honey, and the parsnips. Over medium high heat, cook parsnips until glazed and lightly browned, about 10 minutes. Use a wide spatula to gently turn parsnips.

Serve parsnips sprinkled with 1 tablespoon minced parsley. Makes 4 servings.

Thinly sliced parsnips and carrots cook quickly together in a heavy 10-inch frying pan in this recipe. Worcestershire and mustard season the pair.

Parsnip Carrot Sauté

Scrape or pare ½ pound *each* parsnips and carrots. Cut vegetables in diagonal slices as follows: Graduate thickness of slices from ⅛ inch thick at the stem end to about ½ inch thick at the root end. In a frying pan over high heat melt 3 tablespoons butter or margarine; add parsnips, carrots, 4 tablespoons water, ½ teaspoon dry mustard, and 1½ teaspoons Worcestershire to the pan. Cover and cook, stirring occasionally, until vegetables are tender when pierced, about 4 minutes. Makes 4 servings. □

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Gerber Cheese Co., Inc., Stamford, Connecticut 06905

Cabbage rolls wi[illegible] beef stuffing

Beef-stuffed cabbage rolls, baked i[illegible] red tomato sauce enriched by the r[illegible] juices during cooking, make a plea[illegible] and convenient entrée. You can m[illegible] the dish ahead and even freeze it [illegible] another day.

These rolls are of Bohemian origin. [illegible] serve a complementary ethnic menu. [illegible] fer mashed potatoes, pineapple chu[illegible] and dark rye or pumpernickel bread.

Bohemian-Style Cabbage Rolls

- 1 pound lean ground beef or ground beef chuck
- 1 egg
- 1 teaspoon salt
- ½ teaspoon caraway seed
- ¼ teaspoon pepper
- ¼ cup fine dry bread crumbs
- 1 large onion
- 12 large whole cabbage leaves
- Boiling salted water
- Tomato sauce (recipe follows)

In a bowl combine the ground beef, [illegible] salt, caraway seed, pepper, and fine [illegible] bread crumbs. Cut onion in half; c[illegible] portion in thin slices and set aside; fi[illegible] chop remaining onion and add to m[illegible] mixture. Mix until blended.

Divide meat mixture into 12 equal p[illegible] tions. Shape each portion into an obl[illegible] about 2½ inches long and 1 inch th[illegible]

Plunge cabbage leaves into boiling sa[illegible] water and let cook until limp, abou[illegible] minutes. Lift leaves from water [illegible] drain. Cut thick stem end from each [illegible] and reserve for sauce. Place 1 por[illegible] meat on each cabbage leaf near the s[illegible] end and roll to enclose meat. Tuck e[illegible] under and place rolls seam side dow[illegible] a 2-quart shallow baking dish. Pour [illegible] mato sauce over cabbage rolls. Co[illegible] tightly with foil. Refrigerate if m[illegible] ahead (or freeze).

Bake cabbage rolls, covered, in a 3[illegible] oven for 30 minutes (about 40 min[illegible] if refrigerated) or until cabbage is v[illegible] tender. (If frozen, bake unthawed r[illegible] for 1 hour.) Let stand 10 minutes bef[illegible] serving to allow meat to reabsorb so[illegible] of the juices. Makes 4 to 6 servings.

Tomato Sauce. Pour 1 large can (1 lb. [illegible] oz.) pear-shaped tomatoes into a w[illegible] frying pan; mash tomatoes with a wo[illegible] en spoon. Finely chop reserved cabb[illegible] stems and add to tomatoes with rema[illegible] ing onion, 3 tablespoons *each* bro[illegible] sugar and vinegar, ¼ cup catsup, and [illegible] teaspoon *each* crushed dried rosem[illegible] and oregano. Bring to boiling; then [illegible] duce heat, and simmer uncovered, s[illegible] ring occasionally, until liquid is redu[illegible] to 2 cups.

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Pork chops out of a casserole

For family meals, shoulder-cut pork chops are a wise choice. They are versatile and relatively inexpensive compared to other cuts of fresh pork. And when slowly braised, as in these oven-baked casseroles, they remain juicy while becoming tender and flavorful.

Both of these pork chop casseroles are quick to assemble. You use one pan to brown and bake the chops; they require little attention while in the oven. As each casserole bakes, a rich sauce develops; thicken it later to spoon over the meat and hot cooked rice. To complete the meal, you might serve a crisp green salad or cooked vegetable.

Mixed dried fruits become plump and juicy as the pork chops braise in a sweet-tart sauce flavored by apricot nectar.

Fruit-Glazed Pork Chops

- 6 to 8 shoulder pork chops (about 3 lbs.), each cut ¾ inch thick
- Salt and pepper
- 2 teaspoons vinegar
- ½ teaspoon dry mustard
- 1 can (12 oz.) apricot nectar
- 1 package (12 oz.) mixed dried fruits
- 1 tablespoon *each* cornstarch and water (optional)
- Hot cooked rice

Trim excess fat from pork chops and discard all but a few pieces of fat. In a Dutch oven over medium heat, render reserved fat, stirring, until pan is lightly greased; then remove and discard. Sa son chops with salt and pepper. Br well on all sides, removing from pa they are browned. Stir together the v gar and dry mustard; add to pan with nectar. Return chops to pan and arra fruit over meat. Cover and bake i 325° oven for about 1 hour and 10 m utes or until the meat is tender.

Transfer meat to a warm serving p ter. With a slotted spoon, lift fruit fr pan and arrange around chops; k warm. Skim any fat from pan juices discard. If you want the sauce thick mix the cornstarch with water u smooth; add to pan and cook, stirr until thickened. Spoon some sauce o meat and fruit to glaze, then serve maining sauce at the table. Serve w hot cooked rice. Allow 1 to 2 chop serving. Makes 4 to 6 servings.

Saké (Japanese rice wine) and soy le an Oriental flavor to this casserole. Se with a colorful vegetable such as carr or fresh green beans.

Pork Chops Saké

- 6 to 8 shoulder pork chops (about 3 lbs.), each cut ¾ inch thick
- Salt and pepper
- 1 small onion, finely chopped
- ½ pound mushrooms, sliced
- ¾ cup regular-strength chicken broth
- ¼ cup Japanese saké or dry Sherry
- 1 tablespoon soy sauce
- ⅛ teaspoon crushed tarragon
- 1 tablespoon *each* cornstarch and water
- Hot cooked rice

Trim excess fat from chops and disca all but a few pieces. In a Dutch ov over medium heat render reserved f stirring, until pan is lightly greased; th remove fat and discard. Season cho with salt and pepper. Brown well on sides, removing from pan as they a browned. Add the onion and mus rooms to pan and sauté, stirring, un limp and liquid has evaporated, about minutes. Return chops to pan and a the broth, saké, soy sauce, and tarrago Cover and bake in a 325° oven f about 1 hour and 10 minutes or un meat is tender. Transfer meat to a war serving platter. With a slotted spoon, li mushrooms from pan and arrange ov chops; keep warm. Skim any fat fro pan juices and discard. Mix cornstarc with water until smooth; add to pan an cook, stirring, until thickened. Spoo some of the sauce over meat, then serv remaining sauce at the table. Serve wit hot cooked rice. Allow 1 to 2 chops pe serving. Makes 4 to 6 servings.—*P. P. Alameda, Calif.*

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Even on salads.

FEBRUARY MENUS

For expected and unexpected times . . . a fondue lunch or supper, an oven-simmered dinner

ɔse who enjoy unpredictable as well ›lanned activities will appreciate these ible menus. You can adjust them to the frequent holidays in February.

: fondue lunch or supper can be set on a coffee table while viewing the mpics, transported to a ski cabin or ıic site, or offered as a snack to hun- youngsters after a school dance.

:h of the two dinners serves six to ıt people. Both are appropriate for ıily or guests and would be a good ice for either of the long weekends.

Fondue lunch or supper

s easily assembled menu makes a t but satisfying meal to serve at al- st any time of day. (Also consider this due and vegetable combination as a ty appetizer; it will serve twice as ıy in that role.)

Crab Cheese Fondue
Bread Sticks and Crusty Bread Strips
Crisp Raw Vegetables
ıngerine and Nut Basket Cookies

dipping up the fondue, offer an as- ment of bread sticks and bread, cut finger-length strips. Choose crusty nch bread or a firm dark bread and ve as much crust as possible on each :e. (Or, if you use fondue forks for king, cube the bread.)

›ose 3 or 4 raw vegetables such as ·ots, celery, cauliflower, jicama, shrooms, green pepper, turnips, or chini. Clean and cut each into one or bite-sized sticks, slices, or pieces. ›w a dozen or so pieces for each per- Then stir the fondue together just ›re serving.

b Cheese Fondue

3 jars (5 oz. *each*) sharp pasteurized process cheese spread
About ½ cup milk or dry Sherry
2 tablespoons minced green onion
1 pound crab meat

nbine cheese and ½ cup of the milk ı fondue pot or chafing dish. Place r low direct heat and cook until ese is melted and bubbly, stirring quently. Gently stir in onion and crab.

serve, place fondue pot over low heat. h person can stir the mixture when dipping pieces of bread or vegetables. Add more milk, a few tablespoons at a time, if the mixture becomes too thick. Serves 4 to 6 as a main dish.—*W. S., San Carlos, Calif.*

Holiday chicken dinner

For company showmanship, you can flame the chicken just before serving.

Chicken in Sweet Cream
Savory Rice
Buttered Green Beans
Butter Lettuce Salad
Oil and Vinegar Dressing
Lattice-Topped Cherry Pie

Bake the pie early in the day to serve with vanilla ice cream, if desired.

For the rice, prepare 1 package (6 oz.) chicken-flavored rice mix according to

Informal supper *in the den: crab cheese fondue with vegetables, bread sticks*

DARROW M. WATT

This year we won't cut the lawns as often.

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When money is tight, you begin by eliminating the little things. And if cash doesn't come in, you have to do something drastic.

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package directions. Just before serving, garnish with avocado slices and toasted diced or slivered almonds.

Chicken in Sweet Cream

- 4 to 5 pounds chicken parts (breasts and thighs)
- Salt and pepper
- 2 tablespoons butter or margarine
- ½ cup regular-strength chicken broth
- ¼ cup dry red wine or apple juice
- 2 tablespoons cornstarch
- 1 cup whipping cream
- ⅓ cup brandy (optional)

Rinse chicken pieces and pat dry; season with salt and pepper. In a frying pan melt butter over medium heat; brown chicken pieces, a few at a time, on both sides. Set breasts aside. Arrange thighs in pan, add chicken broth and wine; cover, and simmer 15 minutes. Add breasts, cover, and simmer 10 to 15 minutes longer or until juices run clear (cut a gash to test). Arrange chicken in a serving dish; keep warm. Combine cornstarch and cream; add to pan juices and cook, stirring until bubbly and thickened. Pour over chicken.

For flaming, heat measured brandy quickly to bubbling, ignite, and pour slowly over chicken; spoon sauce over chicken until flames die. Serves 6 to 8.

Lattice-Topped Cherry Pie

- 2 cans (1 lb. *each*) pitted sour cherries
- ⅓ cup granulated sugar
- ⅓ cup brown sugar, firmly packed
- ⅛ teaspoon almond extract
- 2½ tablespoons cornstarch
- Pastry for a two-crust 9-inch pie
- 1 tablespoon butter or margarine

Drain cherries, saving ⅓ cup of the liquid. Combine cherries, reserved liquid, granulated sugar, brown sugar, extract, and cornstarch. Stir well; set aside.

Prepare the pastry from your own recipe or pie crust mix. On a floured board, roll out half the pastry to fit a 9-inch pie pan. Roll out remaining pastry the same size, then cut into ½-inch-wide strips; set strips aside.

Pour cherry mixture into pastry; dot with butter. Arrange pastry strips, about ½ inch apart, across the top in a lattice fashion. Crimp edges decoratively to secure strips. Bake in a 375° oven for 40 minutes, or until crust is golden and juices are bubbly. Cool. Makes 6 to 8 servings.—*D. H., Menlo Park, Calif.*

Oven-simmered dinner

To trim calories, eliminate the buttered noodles and substitute baked apples for the cake.

Beef Pot Roast with Vegetables and Brown Gravy
Buttered Noodles
Citrus Plates
Spiced Apple Cake

You can bake the cake well in advance; the bits of apple keep it moist for several days. About 2½ hours before dinner, package the roast, vegetables, and s sonings in clear roasting film or bag a put in the oven to simmer. For the sal arrange fresh grapefruit and orange s tions on individual lettuce-lined sa plates. Serve as a first course or w the roast, as you wish.

Just before serving, boil the noodles cording to package directions while y make the gravy.

Beef Pot Roast with Vegetables and Brown Gravy

- 5-pound chuck roast, bone-in
- 6 to 8 large carrots
- 12 to 16 small white boiling onions
- 1 teaspoon garlic salt
- ½ teaspoon dill weed
- 1 teaspoon paprika
- ¼ teaspoon ginger
- ⅓ cup regular-strength beef broth
- 2 tablespoons *each* cornstarch and water

Place the meat on a large piece of cl roasting film or in a clear roasting b arrange whole carrots and onions arou it. Combine the garlic salt, dill we paprika, and ginger; sprinkle over m and vegetables. Carefully pour over broth and seal the film or bag accord to manufacturer's directions. Place i shallow baking pan and roast in a 35 oven for about 2 hours, or until m and vegetables are tender.

Remove the roast and vegetables fr the film or bag and arrange on a servi platter; keep warm. Pour pan juices i a saucepan; skim fat. Combine co starch and water; stir into juices a cook, stirring, until bubbly and thi ened. Pass gravy separately to spo over all. Makes 6 to 8 servings.—*G. Santa Clara, Calif.*

Spiced Apple Cake

- 1 cup (½ lb.) butter or margarine
- 2 cups sugar
- 3 eggs
- 2 teaspoons vanilla
- 3 cups regular all-purpose flour (unsifted)
- 1½ teaspoons soda
- ½ teaspoon salt
- 1 teaspoon cinnamon
- ¼ teaspoon mace or allspice
- 2 cups chopped walnuts
- 3 cups finely chopped, unpeeled apple
- Powdered sugar

Using an electric mixer or a wood spoon, beat together the butter and sug until creamy. Add eggs, one at a tin beating well after each addition. Stir vanilla. Sift the flour together with t soda, salt, cinnamon, and mace. S flour mixture into creamed mixtu Add nuts and apple.

Turn batter into a greased and flo dusted 10-inch tube pan. Bake in a 32 oven for 1½ hours, or until a pick i serted in the center comes out clea Cool in pan 10 minutes; then turn o onto a rack to cool completely. Just b fore serving, shake powdered sugar ov the top. Makes about 12 servings.— *J. K., Redwood City, Calif.*

Prawn Tempura without Planters Oil is only shrimp fritters.

Ever wonder why the Tempura you make at home doesn't quite taste like the Tempura in a Japanese restaurant?

When the Japanese cook Tempura, they make it with peanut oil. It just isn't Tempura without it. And the peanut oil that can make all the difference is Planters. With a light, subtle flavor of its own that seems to naturally enhance the flavors of Tempura. By maintaining high, even temperatures, Planters® Oil keeps the shrimp and vegetables as crisp and fresh when you eat them as when you prepared them. And Planters Oil is natural, too, with no chemicals added.

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Tempura will be crisp and most delicious if the Planters Oil is kept at 365F°—370F.° Have seafood and vegetables prepared ahead. Cook a few pieces at a time to prevent temperature fluctuations. With tongs or fork, dip vegetables and seafood into the batter. Let drip for a moment and dip into hot oil, frying until golden. Serve at once with Dashi sauce and grated ginger root. Or more simply, serve Tempura with a dish of salt.

For six servings, arrange on platter *¾ pound cleaned prawns* with tails left on, *¾ pound striped bass* cut in bite-size pieces, *¼ pound sliced fresh mushrooms, ¼ pound small whole green beans, 2 sweet potatoes* thinly sliced, *1 large Bermuda onion* cut in small wedges, *1 small cauliflower* separated into flowerettes, and *1 green pepper* cut in strips.

Batter: Combine *2 egg yolks* and *1 cup water.* Beat until frothy. Add *1 cup unsifted flour* and *1 teaspoon salt.* Blend.

Dashi Sauce: Combine *1 cup fish, chicken or beef broth, ⅓ cup soy sauce* and *⅓ cup sherry* in saucepan. Heat. Serve warm with *grated ginger.*

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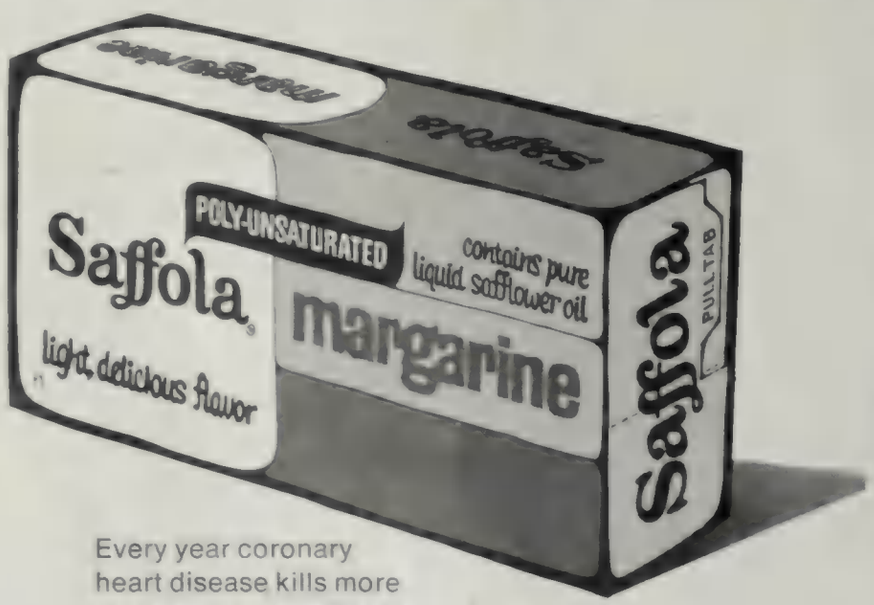
We've got your best interests at heart.



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Breakfasts you can drink afoot

Breakfast is a meal often distinguis d by the speed with which it is prepa d and consumed. Granted, the daily r e is not about to change for most peo e, but there are ways to make early mo ing pressures more tolerable and meals both satisfying and nourishing Here we restate the idea of the blen breakfast, or the meal you can dr afoot. A child can make any one these in a few minutes.

An egg or two is the base of each; so are hot, light, but filling; some cool, thick, and richly flavored by fru

Hot Breakfast Broth. Whirl 1 or 2 e until foamy in a covered blender Heat 1 cup regular strength chicken beef broth (canned or homemade) boiling; at once, gradually pour i blending eggs. Pour into a large glass mug; top with a little shredded Parm san cheese, if you like. Makes 1 servi —*C. S., Atherton, Calif.*

Hot Milk Broth. Whirl 1 or 2 eggs u foamy in a covered blender jar. Heat scalding, stirring, 1 cup milk, ½ t spoon butter (optional), and 1 teaspo chicken or beef stock base (or 1 chick or beef bouillon cube, crumbled). once, gradually pour hot liquid i blending eggs. Pour into a large glass mug and sprinkle lightly with season pepper (optional) and shredded Parm san cheese. Makes 1 serving.

Golden Fruit Cup. Measure 1 c drained canned apricot or peach secti (or partially thawed, frozen, sweeter peaches) into a blender jar. Add 2 e and ¾ cup orange juice. Cover a whirl until smooth (if fruit is warm, a several ice cubes). Pour into 2 la glasses (for 1 serving use half of each gredient). Makes 2 servings.

Banana and Fruit Nectar Breakf Punch. Break 1 ripe banana into chu and drop into a blender jar; add 2 eg and 1 can (12 oz.) guava or apri nectar. Whirl, covered, until smooth fruit and nectar are warm, add seve ice cubes). Pour into 2 tall glasses (fo serving use half of each ingredient) a sprinkle with nutmeg. Makes 2 servin

Orange and Banana Cream. Break 1 ri banana into chunks and drop in a blen jar; add 1 egg, ⅔ cup orange juice, a cover. Whirl smooth, then add about cup vanilla ice cream and continue blend until smooth. Pour into a tall gla Makes 1 serving.

Sukiyaki, 30-minute masterpiece

To put one of the world's great cuisines at your fingertips- West Bend creates the Electric Wok.

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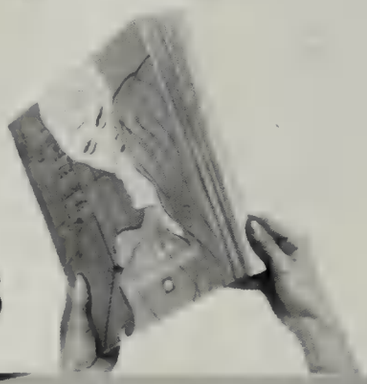

- Contains over 120 full-color illustrations, including a panorama of today's most glamorous kitchens.
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Swedish pancake in triangles

The Swedes like their pancakes thin d tender, rather like French crêpes. Th are often made extra large to fold triangles before serving.

Here's an interesting way to embel Swedish pancakes with whipped cre and fresh orange sauce. One, filled folded, makes a light dessert. For brunch serve two or three per person

You can use a standard 10-inch fry pan (one that measures 8 or 9 inc across the base, and without a smo nonstick fluorocarbon finish) or a la crêpe pan. Make the pancakes a ahead, if you wish, and reheat to se Make the sauce shortly before serv

Swedish Pancakes

Sift together into a bowl 1 cup regu all-purpose flour (unsifted), 2 tab spoons sugar, and ⅛ teaspoon salt. A 1¼ cups milk and 2 eggs; beat wit rotary beater until smooth. (Or comb ingredients in a blender and whirl u smooth; turn into a bowl.)

Heat frying pan (see above) over m dium high heat. For each pancake m about ½ teaspoon butter in the pan swirl to coat the bottom. Dip out ¼ c batter (give it a stir as you dip) and p into the pan; quickly tip and turn pa cover bottom. Cook until bubbly on and lightly browned on bottom, abou minute. Turn with a wide panca turner and brown second side.

Stack pancakes on a plate, cover, keep warm. To make ahead wrap st in foil and chill; reheat the packet i 300° oven for about 20 minutes.

At the table, spread a little sweete whipped cream (you'll need about 1 c whipping cream) and warm orange sa (recipe follows) on pancake. Fold in h twice to make triangles, topping w more cream and oranges. Makes 9 p cakes.—*B. J. S., San Jose.*

Orange Sauce. You'll need 6 la oranges; grate 2 teaspoons peel fron or 2 of them. Over a bowl and wit sharp knife, cut remaining peel a white membrane from 5 of the orang lift out sections; reserve. Save all oran juice; measure it, then ream juice fr the remaining orange to make ¾ cup all; set aside. In a pan, blend ¼ c sugar and 5 teaspoons cornstarch; stir orange juice and peel. Cook, stirring u til it boils; boil about 1 minute m until clear. Stir in orange sections; pan over hot water to keep warm.

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Chun King Skillet Dinners

Curry and cow, an unusual pair, but consider the circumstances

Chefs of the West

The Art of Cooking . . . by men . . . for n

The great religions of the Indies are H- duism and Islam. Hinduism long a gave rise to other sects such as the Bu- dhists and Jains, and in Bombay a along the Malabar coast there are ti and unrelated minority religions: t Zoroastrian Parsis, the Christians, a the Jews.

One effect that the two great sects ha had is to make eating somewhat confu- ing. Most Hindus will not kill to eat, a Jains go so far as to avoid blood-color vegetables. Most particularly, beef is n permitted, not only for Hindus, but t those who live among them. Sava Westerners are served water buffa The Moslems, on the other hand, b pork. These rules make life difficult f chickens and sheep.

All this is by way of introducing Dixon Fish, who is about to prepare dish of curried beef for us. Inaccura you grumble. Not authentic. But wa Mr. Fish's recipe comes by way of Il nois, in a country where the cow is sacr only because of the price her flesh co mands.

Mr. Fish serves his excellent Americ curry with brown rice or bulgur whe and he adds relish—like one the Tur call *jujuk*—which he makes with yogu cucumber, and grated carrot, and serv cool to counteract the spice. The nar David in the recipe title refers to t friend who introduced Mr. Fish to the good things.

David's Curried Beef

- 2 tablespoons salad oil
- 1 tablespoon finely chopped fresh ginger
- 2 medium-sized onions, coarsely chopped
- 2 cloves garlic, minced or mashed
- 5 teaspoons curry powder
- 2 pounds boneless beef chuck, cut in 1-inch cubes
- 1 tablespoon fish or soy sauce
- Water
- About 3 cups cooked brown rice or bulgur
- Yogurt relish (recipe follows)

Heat the oil in a large frying pan ov low heat and add the ginger, onion, ar garlic. Cook until onion is translucen stirring occasionally. Add curry powd and stir to blend with onion mixtur Raise heat to medium and add be chunks, stirring to coat with spice. St in the fish sauce, reduce heat, cover, an

We've invented the small sensible solid American car all over again.

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When people shop for a small car, they look for ome very simple basic values. Dependability. Economy of oney and style. Good mileage and long life.

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Pinto is as simple and solid a small car as there is the world. And it's priced lower than the three leading nports; lower than its major U.S. competitor. Yet it has very basic modern necessity.

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Precise, uniform heat. Both the Countertange™ electric range and Corning's built-in electric cooktop, The Counter That Cooks™ (below left), have a completely new kind of heating element, designed to deliver heat evenly and predictably across each cooking area. There are no hot spots. All four cooking areas are thermostatically controlled, just like your oven, which means you can set the dial and know that you'll never go above the desired heat setting.

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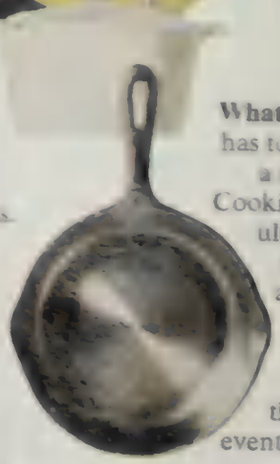
The ugly part of cooking is cleaning up. But when our cooking surface gets dirty you can see it . . . and restore it to its original beauty every time. With a damp paper towel, our special silicone Cleaner-Conditioner and a little rubbing, you can remove even stubborn cooked-on spots. Basically, it's like cleaning your countertop.



What about pots and pans? Whatever you use, it has to be flat-bottomed. That's why we designed a special kind of cookware for Counterspace Cooking which we call Cookmates®. They're the ultimate answer to that complete and precise control over your cooking we were talking about earlier. A starter set comes with your new unit. As far as your other pots and pans are concerned, the best way to tell if they'll work is to try them. In any case, we think you'll like our cookware so we know you'll eventually want to get the complete set of it.

If you have any questions about Counterspace Cooking, stop in to see your local Corning appliance dealer. He's listed in the Yellow Pages under "Ranges." Or, write for complete brochure.

CORNING

immer until beef is tender, about 1½ ours. Geck occasionally to be sure here is ome liquid in the pan; add a mall amount of water, if needed. The urry shuld be fairly dry. Serve with rown ice and yogurt relish. Makes bout 6 rvings.

'ogurt Relish. Combine 1 cup diced cuumber ad ½ cup finely shredded carot. Stir 1 cup unflavored yogurt and lt to ste. You may also add 1 tableoon more of instant minced onion nd ½ teaspoon cumin seed, if you wish.

Dorm Fish

La Mesa, Calif.

he wors "gelatin mold" call up nightare vions of amazingly firm lemon lly suporting within itself a potpourri unmiables such as fibrous chopped lery sik and slightly softened walits. A this is topped with a gob of

"Wae us up to a better reality"

ottled ayonnaise, and as your teeth ak hoplessly into it, there is a rising atter women in hats. *Chef* Gordon night here to wake us up to a better ality. is molded salad is quite tasty.

sparags Salad Supreme

2 (10½ oz. *each*) asparagus tips
2 envelopes unflavored gelatin
1 can (10½ oz.) cream of asparagus soup
½ cup dry white wine
1 tablespoon lemon juice
1 cup sour cream
1 cup finely diced radishes
3 tablespoons chopped green onion tops

rain liquid from asparagus and measure ½ cup. Soften gelatin in the canned asparagus liquid. Discard any remaining liquid; set asparagus aside. Mix the soup, wine, and gelatin mixture; heat to just under boiling, stirring until smoothly blended and gelatin is dissolved. Remove from heat and add lemon juice.

Chill until consistency of honey; then fold in sour cream, radishes, and green onions. Decoratively arrange about half of the asparagus tips in a 1½-quart mold; chop remaining asparagus and fold into gelatin mixture. Pour gelatin into mold and chill until firm. Unmold on serving plate. Makes 8 to 10 servings.

Gordon C. Wright

San Francisco

"Some like it hot, some like it cold, some like it in the pot, nine days old."

You will see for yourself which of these categories you fall into, if you try Robert S. Hobron's Bean Porridge Hot. Mr. Hobron does not mention keeping it for nine days, and it is so hearty and good both hot and cold that it may not last that long, anyway.

Mr. Hobron informs us that any dry bean will do. He prefers limas and suggests them here. Look for gumbo filé on the spice racks in gourmet food sections.

Bean Porridge Hot

14 cups water
2 cups dry baby lima beans
1 cup pearl barley
1 can (15 oz.) tomato sauce
1 cup chopped onion
2 cloves garlic, minced or mashed
12 whole black peppers
1 bay leaf
3 sprigs parsley
1 tablespoon Worcestershire
1 pound ham, cut in ½-inch cubes
2 teaspoons salt
1 teaspoon gumbo filé

Bring 12 cups of the water to a boil, add beans, return to boiling, and remove from heat. Cover and allow to soak overnight. Pour the remaining 2 cups of water over the barley and soak overnight.

Add to beans and their cooking water the tomato sauce, onion, garlic, and drained barley. Tie the peppers, bay, and parsley in a cheesecloth bag and add. Bring to a boil, reduce heat, and simmer, covered, for 1 hour. Then add Worcestershire and ham and simmer 1 hour more.

Remove about 1 cup of beans and barley and about ½ cup liquid and put into the container of a blender. Add salt and gumbo filé and blend smooth. Return to the pot, stir in, and simmer 1 more hour. Makes about 5½ quarts.

Robert S. Hobron

Santa Monica, Calif.

The nice thing about that family of vegetables that includes cabbage and turnips

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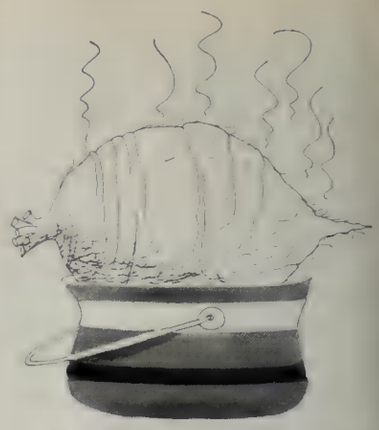

"Gave up their personalities"

is that it doesn't insist on sum
weather to grow. Another nice thi
its variety. There's cabbage, red
bage, Chinese cabbage, kale, Bru
sprouts, cauliflower, purple cauliflo
and, of course, broccoli.

In the old days when vegetables
boiled in deep water until they gav
their personalities, this group of v
tables was among the most horrible.
house filled with the odor of its de
and it came to the table gray, soft,
sometimes slimy. We know better n
Elegant and delicate dishes can be m
from these things. Here is one f
Philip Clark which he improvised f
a batter suggested in these pages
chiles rellenos.

Broccoli Genovese

- 2 packages (10 oz. *each*) frozen chopped broccoli
- 1 tablespoon vinegar
- 1 teaspoon Dijon-style mustard
- 6 egg whites
- 6 egg yolks
- [illegible] tablespoons flour
- ¼ teaspoon salt
- ½ teaspoon coarsely ground pepper
- ½ pound shredded jack cheese
- ½ cup grated Parmesan cheese

Prepare broccoli following packag
rections, but omitting salt. Drain.
vinegar and mustard and stir into
broccoli. Set aside.

Beat egg whites until they hold
peaks. Beat yolks with flour and salt
til thick and lemon-colored. Fold
mixture into whites. Spoon ⅓ of the
mixture into a greased 2-quart so
dish. Arrange half the broccoli ove
egg, and sprinkle with half the pe
half the jack cheese, and ⅓ of the
mesan. Cover with another ⅓ of the
and add remaining broccoli, pe
jack cheese. Sprinkle with anothe
of the Parmesan, cover with remai
egg mixture, and sprinkle with re
ing Parmesan. Bake in a 350° oven
about 25 minutes, or until set in ce
Serve immediately. Makes 6 to 8
ings for a light lunch or supper dish.

Philip Clark

Vacaville, Cali

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For supper tonight John suggests San Joaquin Valley tomatoes, homemade Italian sausage, whole-milk cheese and crisp spring wheat crust.

John's Original Frozen Pizza is made of good stuff. That's good for kids. So it's the greatest way in the world to get them to eat a tasty warm meal. Or snack. Add a glass of milk.

Toppings: Cheese, Sausage, Pepperoni.

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DARROW M. W

Under *the lattice, plump apples bake in a tender, cookylike crust*

An apple-filled Norway treasure

This Norwegian apple dessert is a fru filled torte that resembles a pie. Se with a warm custard sauce libera poured over each serving.

Norwegian Apple Dessert

In a bowl combine 2 cups regular purpose flour (unsifted), ⅓ cup sug 1 teaspoon baking powder, ¼ teaspo salt, and ½ cup (¼ lb.) butter or m garine. Rub mixture with fingers u uniform. Blend in 1 egg and ¼ cup m then shape into a ball. Press ⅔ of dough over the bottom and up the si of a deep 9-inch cake pan with rem able bottom (or 2 inches up the sides a cheesecake pan).

Peel, core, and slice enough Golden I licious apples to make 6 cups (5 o apples). Combine with 2 tablespo sugar, ½ teaspoon *each* salt and cin mon; pour into crust; dot with 1 ta spoon butter or margarine.

On a lightly floured board, roll rema ing dough ⅛ inch thick. Cut in ¾-i wide strips and weave, lattice-style, o apples. Fold ends of strips back a press into dough at sides of pan. B in a 350° oven for about 1 hour, or u apples are tender and crust is gold Cool. Remove pan sides; cut in wed and serve with custard sauce (recipe lows). Makes 6 to 8 servings.

Custard Sauce. In the top of a dou boiler, blend 2 eggs, ¼ cup sugar, a a dash of salt. Stir in 1½ cups m Cook, stirring constantly, over hot (boiling) water until mixture thickly co the back of a metal spoon, about 20 m utes. Serve warm.

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Some unwritten rules on cheddar

In England, certain customs evolved on the proper serving of cheddar. Cheddar is best freshly cut, so slice it just before serving. Bring out the full flavor by serving it at room temperature. Cheddar is an informal cheese, so bring it to the table for dessert. Cracker Barrel Brand Cheddar from Kraft. To know fine cheddar is to serve it well.

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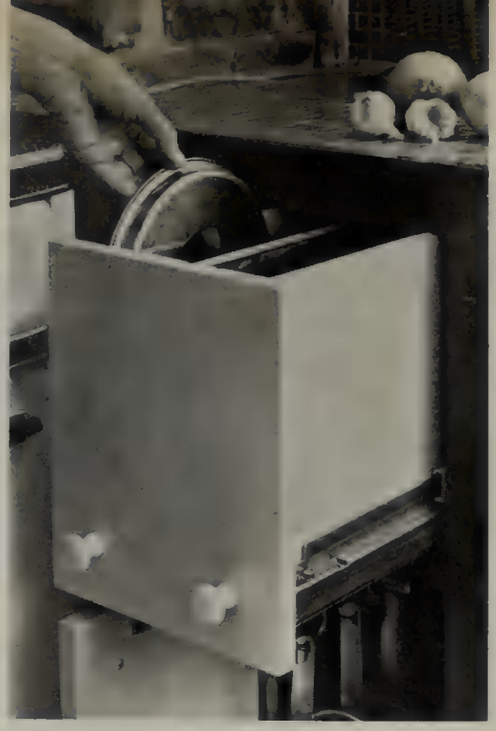
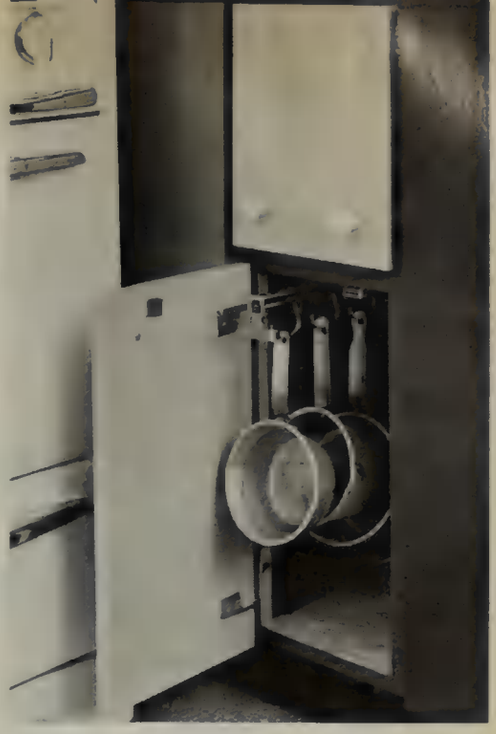
NEWS AND IDEAS





Compact pan and lid storage

› store pans and lids conveniently, chitect James A. Jennings designed the rangement shown above: It combines e deep drawer with vertical dividers for lids, and a cabinet with a sliding rod for hanging pans by their handles. Dr. and Mrs. John A. Murray of Seattle are the owners.

Concealed ventilation in island

is island, the center of meal prepara- n in the Jack Sheinin's Portland kitch- , faces the living room, but the high ck and sides serve to camouflage the rk area. Even while the hostess is sy with a meal, she's always in sight the guests.

The tile-surfaced island with cooking top has storage for utensils under the counter. Its most unusual feature is the vent that draws away cooking odors; it looks like a dark beam in the center of the room. The architects were Zaik/Miller/Butler.

DON NORMARK

GLENN CHRISTIANSEN

Chopping block in countertop

Plastic laminate counters, though easy to clean, can't be used as cutting surfaces. So architect Paul Zimmerman had an 18 by 22-inch maple cutting block dropped into this counter next to the kitchen sink.

A lip all around the block overlaps the counter ½ inch and lifts the block's surface ⅜ inch above the counter surface. The fit is snug, but the block is easily removed for cleaning: You pull out a shallow drawer below it and push up the underside of the block to lift out. Owners are the Herbert McGuires, Portola Valley, California. ▫

NORMAN A. PLA

A taste of summer in winter . . . salads using thawed but uncooked frozen vegetables

Salad *of tiny peas and cucumber serv on lettuce leaf, garnished with fresh mi*

About now each year, the usual bounty of the produce market even in the West seems a little lean. When the hankering for the tastes of summer persists, this untypical way of handling frozen vegetables offers one solution.

Instead of cooking the vegetables, just let them thaw, then season and serve them in a salad. Here are salads using frozen corn, peas, and green beans: Two are combined with canned beans or garbanzos; one is mixed with fresh cucumber. All have a pleasing blend of flavors and textures and will complement simply roasted or broiled meats, fish, or fowl.

All three salads are good for entertaining as they hold well in the refrigerator or at room temperature for several hours; however, blend the salads again just before serving to moisten vegetables with the dressing.

There are several ways to thaw the vegetables. If there is time, just open and let stand in a colander for an hour or so. If you are rushed, bang the unopened package sharply against a counter to loosen the pieces, dump them into the colander, run water over them, and then drain them well.

Corn Confetti Salad

Thaw and drain 2 packages (10 oz. *each*) frozen whole kernel corn. Combine in a bowl the corn; 1 can (about 16 oz.) r kidney beans, drained; 1 medium-siz mild red onion, thinly sliced; 1 cup dic celery; and ½ cup prepared Italian-sty dressing. Stir to mix, then cover and r frigerate for up to 4 hours. Before ser ing, mix salad to moisten evenly wi dressing, then season to taste with s and pepper. Serve in a shallow bo Makes 6 to 8 servings.

Golden corn, *red beans, and onion combine for salad of frozen and canned vegetables*

Minted Pea Salad

- 1 medium-sized cucumber, peeled
- 2 packages (10 oz. *each*) frozen tiny peas, thawed and drained
- 3 tablespoons finely chopped fresh mint or ½ teaspoon crushed dried mint leaves
- 1 tablespoon lime or lemon juice
- ⅓ cup mayonnaise
- 1 tablespoon honey
- ½ teaspoon salt
- Lettuce leaves
- Mint sprigs (optional)

Cut cucumber in half lengthwise; use spoon to scoop out and discard see Coarsely chop cucumber and combi in a bowl with the peas and chopp mint. In a small bowl stir together t lime juice, mayonnaise, honey, and s until blended; pour dressing over pe and mix well. Serve in a shallow bo or serve individually on lettuce leav Garnish with mint sprigs. Makes 6 to servings.

Bean Salad with Basil Dressing

- 2 packages (10 oz. *each*) frozen French cut green beans, thawed and drained
- 1 can (about 15 oz.) garbanzos, drained
- 1 cup thinly sliced celery
- 1 clove garlic, minced or mashed
- ¼ cup *each* wine vinegar and salad oil
- 1 tablespoon sugar
- ½ teaspoon salt
- ½ teaspoon crushed dried basil

In a bowl combine the green beans, g banzos, celery, and garlic. Combine t vinegar, oil, sugar, salt, and basil; ble well and pour over beans. Mix salad blend; cover and refrigerate for up to hours. To serve, mix salad gently a place in a shallow serving bowl. Mak 6 to 8 servings.

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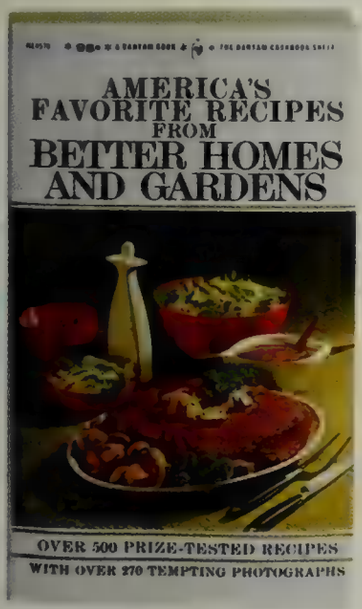

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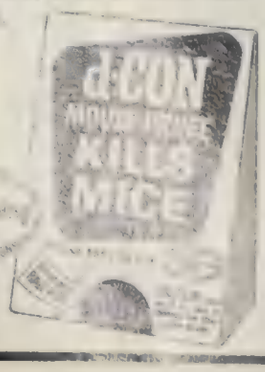

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Out of your frying pan or your wok... Chinese steak

GLENN CHRISTIAN

A part *at a time, lift and t meat and vegetables over h heat for Chinese ent*

Swiftly cooked, these Chinese-style dishes are easy entrées for busy days. In each recipe thinly sliced flank steak, vegetables, and seasoning go into the frying pan in sequence. The meat becomes remarkably tender and the vegetables retain much of their crispness. Rice is an appropriate complement for either dish.

These dishes cook so quickly that you should have all the ingredients ready and within easy reach of your range before you begin. Slice the meat (it's easiest if partially frozen), cut the vegetables, prepare the broth mixture and garnishes, and have a warm serving bowl ready. You can cook them in a standard 10-inch frying pan or a wok, if you prefer.

Chinese Pepper Steak

- About 1 pound flank steak
- About 4 tablespoons salad oil
- 2 stalks celery cut in ½-inch slices
- 1 large onion, peeled and cut in 1-inch squares
- 2 green peppers, seeded and cut in 1-inch squares
- Broth mixture (recipe follows)
- 2 cups fresh bean sprouts

Cut the steak in half lengthwise. Then cut each half diagonally across the grain of the muscle fibers into ⅛-inch-thick slices. Place frying pan over high heat and put in 1 scant tablespoon of the oil. When oil is hot enough to ripple when you tilt the pan, put in about ⅓ of the steak slices and, with a wide spatula, lift and turn the meat until lightly browned, about 2 minutes. Turn out meat into a dish. Repeat twice, cooking remaining meat in 2 additional scant tablespoons of the oil.

Add 1 tablespoon oil to the pan, put in the celery and onion, and lift and turn with spatula for about 2 minutes or until onion is tender-crisp. Add the green peppers; cook and stir for 1 minute. (Add more oil if pan becomes dry.) Turn into dish with the meat. Give broth mixture a stir, pour into pan, and stir until it thickens and boils. Return meat and vegetables to pan, add bean sprouts, a cook and turn until hot, about 2 minu Turn into serving bowl. Makes 4 se ings.—*G. K., Los Angeles.*

Broth Mixture. Blend 4 teaspoons co starch with 5 tablespoons soy sau Gradually stir in ¾ cup beef broth a ¼ to ⅓ cup drained, chopped can California green chiles.

Chinese Steak with Romaine

- About 1 pound flank steak
- About 3 tablespoons salad oil
- Broth mixture (recipe follows)
- 4 cups shredded romaine or iceberg lettuce
- 4 slices bacon, fried crisp, drained, and crumbled
- ½ cup sliced green onions
- 3 thin lemon slices

Cut the steak in half lengthwise. Tl cut each half diagonally across the gr of the muscle fibers into ⅛-inch-th slices. Place frying pan over high h and put in 1 scant tablespoon of the When oil is hot enough to ripple wl you tilt the pan, put in about ⅓ of steak slices and, with a wide spatula, and turn the meat until lightly brown about 2 minutes. Turn out meat int dish. Repeat twice, cooking remain meat in 2 additional scant tablespoon the oil.

Give broth mixture a stir, pour into p and stir until it thickens and boils. turn meat to pan, add romaine, and c and turn until hot, about 1 minute. T into serving bowl and garnish with con, onions, and lemon slices. Make servings.—*B. L., Bellingham, Wash.*

Broth mixture. Blend 5 teaspoons co starch, ¼ teaspoon *each* salt and p per, and 1 tablespoon *each* sugar, len juice, and soy sauce. Gradually stir in cup beef broth.

This year's most exciting pancakes don't come from a pancake mix.

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PINEAPPLE-RUM CRÊPES

- cup Bisquick baking mix
- egg
- cup milk
- can (20 ounces) pineapple chunks, drained
- ¼ cup butter or margarine
- 1 to 2 tablespoons rum flavoring
- Orange marmalade or apricot preserves

1. Beat baking mix, egg and milk with rotary beater until smooth.
2. Spoon 2 tablespoons batter into hot lightly greased 6- or 7-inch skillet. Rotate pan until batter covers bottom.
3. Bake until bubbles appear. Gently loosen edge; turn and bake other side. Stack crêpes between layers of waxed paper.
4. Brown pineapple in butter; add rum flavoring.
5. Spread crêpes with preserves; fold into quarters and place on one side in large chafing dish. Place pineapple in chafing dish next to crêpes. Pour butter-rum mixture over crêpes and heat gently. *12 to 15 crêpes.*

CHOCOLATE CHIP PANCAKES

- 2 cups Bisquick baking mix
- 2 eggs
- 1⅓ cups milk
- 2 squares (1 ounce each) semisweet chocolate, melted
- ½ cup regular or miniature semisweet chocolate pieces
- Sweetened whipped cream
- Chocolate pieces

1. Beat baking mix, eggs and milk with rotary beater until smooth. Stir in melted chocolate and ½ cup chocolate pieces.
2. Pour batter from ¼-cup measuring cup onto hot griddle. (Grease griddle if necessary.)
3. Bake until bubbles appear. Turn and bake other side. Top with whipped cream and sprinkle with chocolate pieces. *About 18.*

SOUR CREAM PANCAKES

- 2 cups Bisquick baking mix
- 1 egg
- ¾ cup cold water
- ⅔ cup dairy sour cream
- Canned sliced peaches, drained
- Maple-flavored syrup

1. Beat baking mix, egg, water and sour cream with rotary beater until smooth.
2. Spoon and spread batter onto hot griddle. (Grease griddle if necessary.)
3. Bake until bubbles appear. Turn and bake other side until golden brown. Top with peaches and syrup. *About 18.*

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im International Multifoods

DARROW M. WA

Glistening *poached Boscs in mocha sauce are served chilled with cream*

Delicious ways to poach Boscs

Fresh Bosc pears, simmered whole in flavored syrup, become a delicious ar light way to end meals. Boscs are disti guishable by their long tapering nec and their golden-brown or russet colo They are spicy sweet pears and they r tain their shape when cooked. If, hov ever, you can't find Boscs, Anjou pea can be used in any of these recipes.

Unlike most fruits, color is not a goo indication of ripeness. Pears change ve little in color as they ripen. Select firr ripe pears, avoiding those that yie readily to gentle pressure.

In these recipes, we give a wide variatio in the cooking times because ripe pea will cook in the minimum amount time and less ripe fruit may take t maximum amount of time. Test pea frequently for doneness.

Mocha-Poached Pears

In a Dutch oven combine 1½ cu water, ¾ cup firmly packed brown suga 2 tablespoons ground chocolate, 2 te spoons instant coffee powder, 2 who cloves, and 1 stick whole cinnamo about 2 inches long. Bring to a boil, st ring, until sugar is dissolved.

Remove the core from the blossom en of 4 medium to large firm-ripe Bosc Anjou pears; then peel, leaving the ster in place. Set pears into the boiling syr and cook, covered, about 10 to 20 mi utes (time depends on ripeness), bastir with syrup several times.

When pears can be pierced easily wi

The secret is the simmering.

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Are you a blue, purple or pink?

It's not important really. In any package, what you have good taste. In the blue package, you find the original sourdough English muffin. It's partially split at the bakery for those who prefer the classic rough-textured halves. The purple package brings you the same authentic muffin with an extra lift in the tang of sourdough. In the pink (or is it magenta?) package, we again slice our muffins for toaster convenience. When is an English Muffin just right to your taste? We think that you'll convince yourself that we have arrived at the just-right muffin texture and flavor a sourdough tanginess and a satisfyin blend of crispness and chewiness.

OROWEAT

Oroweat Baking Co. of S. F.

rk but are not mushy, lift from syrup
ı a slotted spoon and place standing
ı rimmed serving dish or individual
ls. Discard cinnamon stick and
es. If necessary, boil the syrup at
ı heat, uncovered, until reduced to
ut ½ cup. Remove from heat and stir
. tablespoons coffee-flavored liqueur.
r syrup over and around pears; chill.
serving time accompany with sweet-
d whipped cream, if desired. Makes
rvings.—*H. N., San Francisco.*

ched Pears with Sabayon Sauce

ı Dutch oven combine 2 cups water,
up sugar, and 2 tablespoons lemon
e. Bring to boiling, stirring, until
ır is dissolved.

nove the core from the blossom ends
medium to large, firm-ripe Bosc or
ou pears; then peel, leaving the stems
lace. Set fruit into the boiling syrup
cook, covered, about 10 to 20 min-
(time depends on ripeness), turning
t occasionally so all portions are at
s in the syrup.

en pears can be pierced easily with a
. but are not mushy, lift from syrup
ı a slotted spoon and place standing
rimmed serving dish or individual
ls. Chill. To serve, pour warm saba-
sauce (recipe follows) over pears.
kes 4 servings.

ayon Sauce. In the top of a double
er beat 4 egg yolks until light. Grad-
y add ½ cup sifted powdered sugar
beat until blended. Blend in a dash
alt, ¼ cup sweet Sherry, ½ teaspoon
ed lemon peel, and ⅛ teaspoon nut-
. Cook, beating constantly with a
ıch whip or rotary beater over hot
boiling) water, until the mixture is
ıtly thickened and similar in con-
ency to *very* soft whipped cream,
ut 5 minutes. Serve immediately.
kes about 1 cup.

rkling Orange-Poached Pears

Dutch oven combine ¼ cup orange
malade, 1 cup ginger ale, and 1
espoon lemon juice; heat to boiling.

nove the core from the blossom end
medium to large, firm-ripe Bosc or
ou pears; then peel, leaving stems in
e. Set fruit into the boiling syrup
cook, covered, about 10 to 20 min-
(time depends on ripeness), turning
t occasionally so all portions are at
s in the syrup. When pears can be
ced easily with a fork but are not
hy, lift from syrup with a slotted
on and place standing in a rimmed
ing dish or individual bowls.

r remaining cooking syrup over
s. Combine ¼ cup crushed maca-
ıs or vanilla wafer cooky crumbs
ı 2 tablespoons soft butter or mar-
ne. Sprinkle crumbs over each pear.
e warm. Makes 4 servings.—*B. E., Mateo, Calif.* □

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Sunset's GARDEN GUIDE

Yulan magnolia in February

NORMAN

Big, white, saucer-shaped flowers of Yulan magnolia in February before leaves. You can cut blooms for decoration and make it count as pruning if y as shown in close-up at right; cut where branch mee

EBRUARY IN YOUR GARDEN:

It's still bare-root time; it's also magnolia time

ruary is an actor with many faces. It ally appears wearing the heavy cloak winter and exits in the lighter gar- nts of spring. But just out of spite it / stroll in placidly and then stomp in heavy boots. It has a fickle heart. n't trust it.

rains usually abate this month. If ground dries you may be lured out to some digging. It's the time to finish mant spraying and deciduous prun- Look for the first crocuses. Watch magnolias and almonds to bloom. urn from your reverie and do some e-root planting.

ne deciduous magnolias le they bloom

nough it may seem strange at first t, a good time to prune deciduous gnolias is when they are blooming. y bloom in February before sprout- new leaves.

ning now has some distinct advan- s: You can get cut flowers for in- r arrangements. And the cuts will l fast when the plants start growing n (as soon as flowering has ended). reover, it's a good idea to take off s that have been damaged by winter ms before growth resumes.

picture below shows the right way do the pruning. Cut branches off re they meet the main stem. Don't leave any of the branch behind, because a short stub won't heal. Instead of growing over the wound, it will probably die and serve as an entry for infection. When you remove a branch thicker than ½ inch, coat the cut with tree seal.

Which branches you prune off depends upon what shape you want the magnolia to take. For a tree shape, you should remove all suckers and branches that are crossing; cut weak, spindly branches back to the main frame of the tree. On the other hand, if the magnolia is an irregular shrub like the one at left, you should prune to refine its shape. Crossing branches are good candidates for pruning shears here, too.

Tuberous begonias are back again

It's not too early to begin thinking about summer color in your garden: The first begonia tubers will arrive at nurseries this month. (If you want to put off begonia business until later, you can count on getting seedlings in April.)

The tubers are generally sold in displays that show shapes and colors of the flowers they will produce. The flowers have several forms: Some resemble daffodils, others look like carnations, camellias, and roses. The most popular kind is a double flower with a loose arrangement of fringed petals. Colors available include crimson, orange, salmon pink, rose pink, yellow, and white.

Now is the time to start tubers. Place them in a flat on a layer of leaf mold. (Peat moss holds too much water and the tubers may rot.) Space the tubers 2 or 3 inches apart with the pink buds pointing up. Cover tubers with ½ inch of leaf mold to encourage roots to form all over the tuber. (There won't be much root growth until after the tubers have sprouted and grown leaves, so keep the leaf mold just slightly moist.) Keep the flat in strong but not direct sunlight in a room with a temperature of about 70° while tubers sprout.

After the plants grow a couple of inches tall and the first leaves open, transplant the tubers to pots containing a mixture of equal parts of soil, peat moss, leaf mold, and sand. Begin to water regularly after transplanting. By late April, when the weather is warmer, you can either move the pots outdoors or transplant the begonias into the ground.

Does your garden pool work?

Is your garden pool a tranquil, trouble-free highlight of your landscape or does it leak, sag, or disappoint you in some other way? We've had reports of both, and we'd like to hear about more experiences for a future article on garden pool construction.

Have you had leaks in pools of concrete, masonry, or synthetic materials (and found cures for them)? Have you found an effective sealant for the pool bottom? If you could design and build your garden pool all over again, what would you do differently? Does your waterfall work?

If you can answer these questions or if you've encountered other pool problems, please write to the Garden Pool Editor, *Sunset Magazine,* Menlo Park, Calif. 94025.

A little hothouse

If you want to root cuttings and don't have a full-sized hothouse, you can do it with a miniature hothouse like the one on the next page. You set a flat containing the cuttings on top of a second flat containing heaters made from light bulbs. The heaters keep the cuttings warm and make them grow faster. What you need are four empty coffee cans (3-pound size), two seedling flats, four moistureproof, insulated light bulb sockets without switches, four light bulbs, some insulated wire, and a plug.

Cut off the tops of the empty coffee cans so that when you invert them, the bottoms will be level with the sides of the flat. Cut a notch in the side of each can for the wires to go through to the sockets. (Also cut a notch in the end of the flat so that the wire to the plug will not get pinched by the upper flat.) Attach the plug to one end of a wire and sockets to the other end. Put light bulbs in the sockets. Complete the heaters by putting the cut-down coffee cans over the bulbs and sockets.

Put cuttings, such as the camellias shown

Sunset's GARDEN GUIDE

Bottom heat *roots cuttings. Put flat with cuttings over top of flat with heaters. Heaters (left) are made from inverted cut-down coffee cans with light bulbs inside*

DARROW M. WATT

here, in the second flat filled with moist vermiculite. Set the cutting-filled flat on top of the one with the heaters. Cover the upper flat with a sheet of glass or clear plastic; prop up one corner with a piece of broken pot (to keep the air inside fresh). Try light bulbs of various wattages (from 40 to 75) to keep the temperature between 70° and 80°. Set the hothouse in dim light until the cuttings form roots.

Some cautions: To keep the vermiculite moist, water occasionally. To water, take the top flat off the heater and let all excess water drip out before putting it back. Be conscious at all times that this rig uses electricity near moisture, a potentially hazardous combination.

Attention, garden clubs!

Sunset will be happy to print announcements of your special events—garden tours, plant sales, shows. But you must send us the necessary information three months before the month in which you want the notice to appear. Fact sheets you send in must include: name of the event, name of the sponsoring agency, date, hours, place where the event is held (including a street address), and admission charges, if any.

February's garden events

For a list of February and March camellia shows sponsored by various c and associations, see page 160.

Palo Alto. February 7 and 8. Lands Design Study Course III sponsore California Garden Clubs, Inc. Place: baña Hyatt House, 4290 El Car Real. Hours: 8:15 A.M. to 4 P.M. M day; 8:30 A.M. to 4 P.M. Tuesday. fee is $10.

FEBRUARY CHECK LIST: *Here is what most needs doing*

☐ **Annuals.** Feed fall-planted annuals now. They'll start blooming within a few weeks. You can plant hardy spring-blooming annuals such as calendulas, English primroses, pansies, snapdragons, and violas.

☐ **Azaleas.** Nurseries have azaleas in bloom this month. It's a good idea to buy and plant them when they are flowering. For established azaleas (not recently planted) apply a complete acid-type fertilizer when flowers fade.

☐ **Bare-root planting.** February is a prime month for bare-root planting. You can get bare-root fruit and shade trees and roses, but hurry because nursery stock is dwindling.

☐ **Bulbs.** You can plant nearly all spring and summer bulbs now in mild-winter areas. Plant anemones, yellow and pink callas, cannas, gladiolus, ranunculus, and tigridias. Hold dahlias for planting until warmer weather arrives.

☐ **Camellias.** More different kinds of camellias bloom this month than at any other time. Nurseries will have a large stock. When you plant them remember that they demand well drained soil.

☐ **Lawns.** Apply a complete fertilizer this month. It will make grass grow vigorously when the weather gets warmer and help the grass choke off weeds. If you were bothered by crabgrass last year, this is your last chance to apply a pre-emergence crabgrass control. Wait for warmer weather to apply controls for broad-leafed weeds.

☐ **Snails and slugs.** Apply bait or spray to control these pests as soon as night temperatures begin to stay above 40°.

☐ **Soil preparation.** Add a soil conditioner anywhere you intend to plant in the spring. You can let it age in the rains, but don't try to work it in until the soil starts to dry out. Cover the soil with a 3-inch layer of soil amendment and dig it into the top 9 inches. This will make the soil airy and will help it to hold water longer. □

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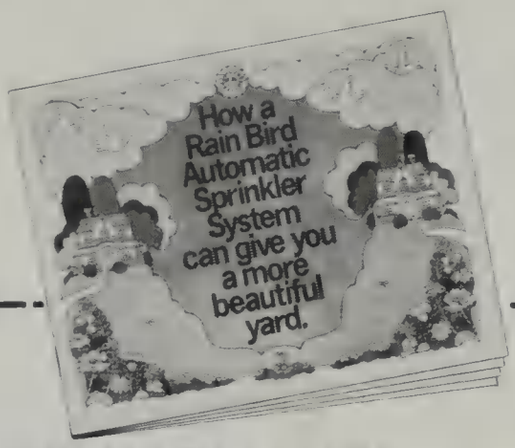

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NORMAN A. PLATE

Batter *(backward tilt) of the dry wall gives it stability*

Dry wall is an ancient stone craft that offers success to today's amateurs

Dry wall building—making a wall by laying up courses (rows or layers) of stones without mortar—is an old craft, and one of the most satisfying. Nothing else the amateur builder can make with inexpensive materials and without special skills is likely to last as long and look as good as a dry stone wall. These pages show a few examples of how attractive such walls can be.

Consider a dry wall if you wish to gain more level space for planting. Terraced beds supported by dry walls have excellent drainage for plant roots. The crevices between stones are natural weep holes that drain off excess water behind the wall; they act as safety valves to prevent a buildup of water that could burst a tightly mortared wall.

This self-draining feature makes for a safe structure that requires very little engineering skill. Walls up to 3 feet tall are usually quite safe, and higher ones can be built with care. If you must build walls higher than 3 feet without professional help, make two or more lower walls with level terraces in between.

The most important consideration sturdy, level foundation or base. need not be concrete, but it should b firm ground, not loose fill.

Dry walls look better and are r stable if they have a batter—a backward (into the slope). With stones or cracked concrete slabs a b of an inch to the foot is adequat stones are rounded, the batter shoul greater. But dry stone walls are fo ing; it's easy to go back and co

Stones *from creek behind house create flower beds, keep bank from eroding in rainy season, protect it if creek rises. Mr. and Mrs. Charles Holmes, Napa, California*

Rock walls *create level for terrace (background), ease slope of hill for lawn of Mr. and Mrs. Bernhardt M. Jensen, San Andreas, California*

DON NORMARK

Plants *mask hard edges of stone in time. Trailing plant shown here is Pimelea coarctata*

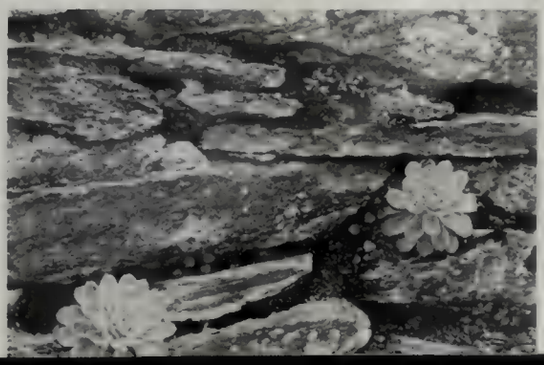
Neutral colors *of stone are good background for choice plants. This is rock jasmine (Androsace sarmentosa)*

akes, extend, or rebuild.

! made dry walls are so safe that ding inspectors are usually quite nissive about your building them so as rights of way, easements, or nage patterns are not involved.

blished walls eventually grow their vegetation from stray seedlings. To he effect you want, do your planting ou build, setting the plants in crev- covering their roots with soil, and laying the next course of rock e them. Keep courses as level as material will permit, and place es so that they bridge vertical gaps e courses below them.

e sure that soil around roots of ts makes contact with soil in the behind the wall; leave no air pock- Water plants before going on to next se. □



Hen *and chicks (Echeveria) in crevice between rocks. Rocks came from nearby fields*

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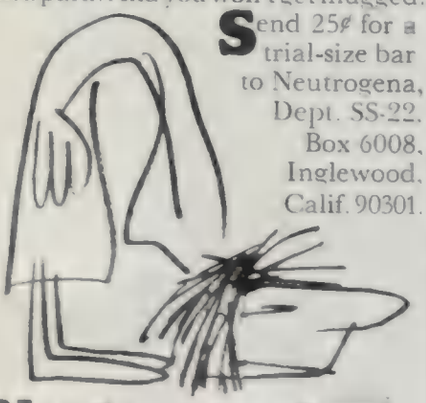

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Camellia shows are coming up

Redwood City. February 12 and 13. Pe ninsula Camellia Society. Place: Ve ans Memorial Building, 1455 Mac Ave. Hours: 2 to 8:30 P.M. Satur 11 A.M. to 5 P.M. Sunday. Free.

San Diego. February 12 and 13. Diego Camellia Society. Place: Fr Building, Balboa Park. Hours: 1 to 6 Saturday; 10 A.M. to 6 P.M. Sunday. Fr

Arcadia. February 19 and 20. Tem City Camellia Society. Place: Los geles State and County Arboretum, N. Baldwin Ave. Hours: 1 to 6 P.M. urday; 10 A.M. to 6 P.M. Sunday. Fr

San Jose. February 19 and 20. Cam Society of Santa Clara County. P San Jose City College Student U Building. Hours: 3 to 7 P.M. Satur 11 A.M. to 5 P.M. Sunday. Free.

Pittsburg. February 26 and 27. Ill Camellia Society. Place: Pittsburg School. Hours: 3 to 9 P.M. Saturday A.M. to 5 P.M. Sunday. Free.

Pomona. February 26 and 27. Pon Valley Camellia Society. Place: Pon First Federal Savings and Loan, 39 Garey Ave. Hours: 1 to 6 P.M. Satur 10 A.M. to 6 P.M. Sunday. Free.

La Canada. March 4 and 5. Sout California Camellia Council. Place: canso Gardens. Hours: 1 to 6 P.M. S day; 10 A.M. to 6 P.M. Sunday. Free

Sacramento. March 4 and 5. Cam Society of Sacramento. Place: Mem Auditorium. Hours: 3 to 10 P.M. S day; 10 A.M. to 6 P.M. Sunday. Free

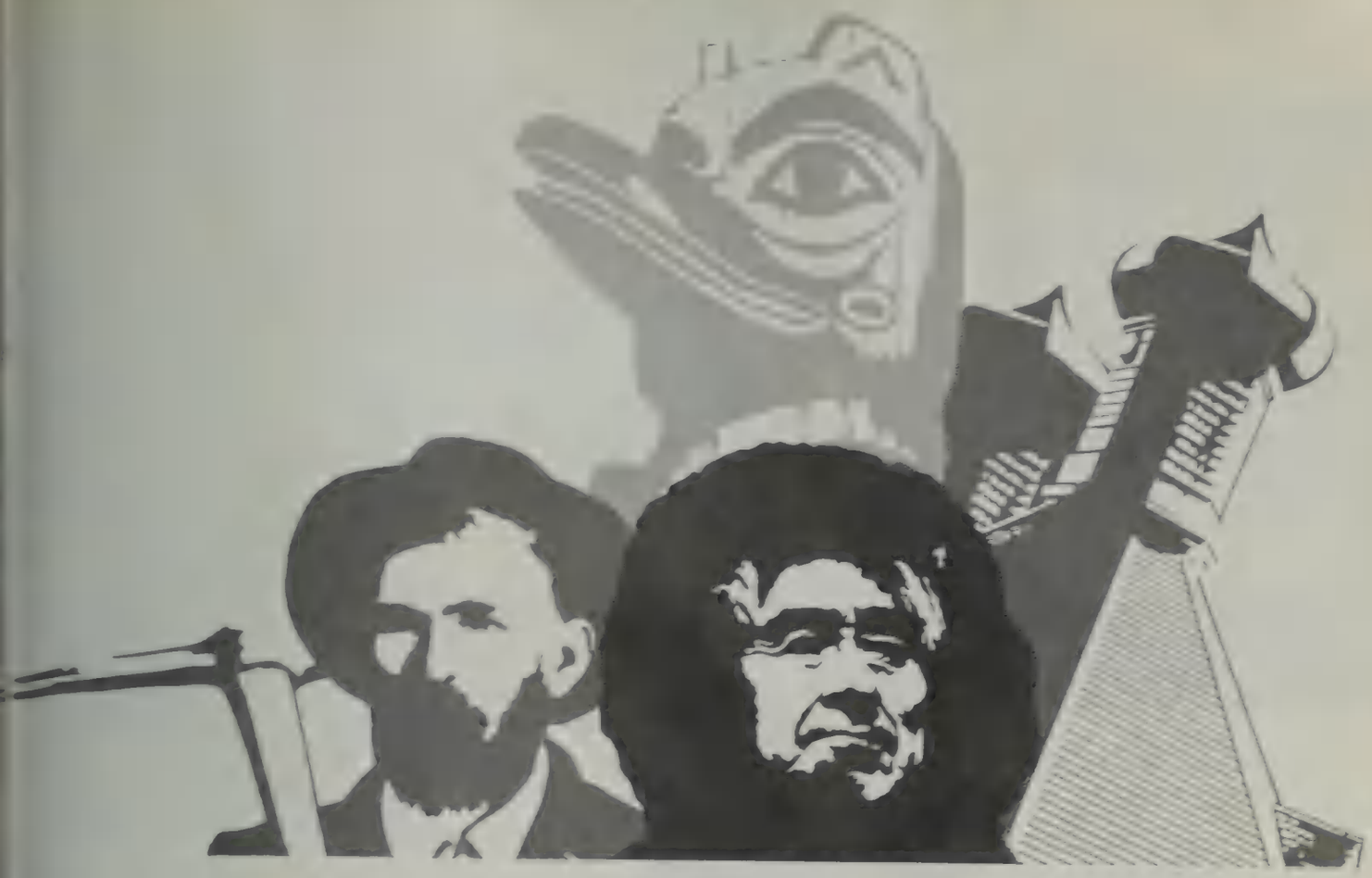
Bakersfield. March 11 and 12. Cam Society of Kern County. Place: V Plaza Shopping Center, Ming and W roads. Hours: 9 A.M. to 5 P.M. Free

Concord. March 11 and 12. Nort California Camellia Society. Place: Valley Shopping Center. Hours: 11 to 5:30 P.M. Saturday; 10 A.M. to 5 Sunday. Free.

Fresno. March 12. Central Califo Camellia Society. Place: City Coll Hours: 1 to 6 P.M. Free.

Modesto. March 18 and 19. Cam Society of Modesto. Place: Palm C Gallo Winery. Hours: 2 to 7 P.M. S day; 11 A.M. to 6 P.M. Sunday. Free

Santa Rosa. March 25 and 26. Son County Camellia Society. Place: D Student Center, Santa Rosa Junior lege. Hours: 2 to 6 P.M. Saturday; to 5 P.M. Sunday. Free.



Alaska!

ska is Eskimo. Parkas and kayaks. And great te bears padding softly across ice flows. Alaska ndian. Totems and colorful ceremonial houses green forest settings. Alaska is Russian. Onion nes and Orthodox priests. And Cossack dancers itka. Alaska is Gold Rush. Panning gold. Rushing rs beside narrow pioneer trails. And old-time ons. Alaska is thriving cities and quiet villages. ska is wilderness. Giant mountains over-shadowed even larger mountains. Hundred-mile-long fjords glaciers rumbling and crashing to the sea.

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Name _____
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Scatter *seeds on wet cheesecloth over soil. Sow edges and corners too*

Water *with spray bottle. Fluorescent lamp makes strong plants even in poor indoor light*

DARROW M. WAT

Growing mustard and cress in the house. You can harvest in about 10 days

Crispy, tangy mustard and cress seedlings are easy to grow, pretty to see, and delicious to eat. You can start seeds in the house and within two weeks snip the tops off whenever you want to add them to sandwiches, salads, spreads, or dips.

Cress and mustard are so easy to grow that you can simply sow seeds on cheesecloth kept moist in a cup. But the method shown here—cheesecloth laid over soil—insures healthier growth and seedlings that stay fresh longer.

Choose a container 1 to 3 inches deep with drainage holes. Cover the bottom with cheesecloth so that soil stays in and water drains out. Fill the container to the top with a lightweight soil that has been well moistened. Use a packaged soil mix if you don't have your own potting mix; regular garden soil is too heavy for seedlings. Tap the container firmly on a solid surface to settle the soil, add more soil to fill in empty spaces, and level it off.

Lay a double thickness of wet cheesecloth over the soil surface; this keeps grit off the seedlings and seems to help them germinate and root faster. Be sure the soil surface is level, and that the

Harvest *seedlings (these mustard) with a pair of scissors. them as close as you*

ıjoy *mustard or cress with cream cheese*

eesecloth sticks to it—especially ound the edges. Otherwise the roots ll lift seeds and cloth into the air.

rinkle on a single layer of seeds, allow- ; some space around each seed. Seeds ar the container's edges will have the st light and air, so your sowing should emble a balding man's crew-cut—thin the center, thick at the edges.

ater the seeds thoroughly with a water- ; can or spray bottle. Keep the cheese- th wet at all times until the seedlings well established. Once they are about inch tall, reduce watering to keep the eesecloth damp, but not soggy. If a dry use or a busy schedule makes water- ; a problem, cover the seedlings with a nsparent cake cover or bread box.

ce the container in a well lighted ndow or under a fluorescent lamp. dlings will grow in poor light, but y won't be as green or sturdy.

ess will germinate overnight. Mustard es three days or more. Seedlings are dy to use in 10 to 14 days, when they several inches tall, with the first set leaves fully open.

ep seedlings at normal room tempera- e until they reach the size you want. hold them at harvest size for one or weeks, move them to a cool place. ce you cut them, the plants won't w anymore, so if you want more you st sow more seeds.

y kind of mustard or land cress is able for indoor sprouting. Don't use tercress because its seedlings lack fla- . You can find mustard seeds on seed ks and in mail-order catalogs. Cress l is usually sold mail order only. A lar buys enough of both kinds of seed several sowings. □

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A magnificent wildflower report . . . Washington to northern California

Volume 5 of the magnificent *Wild Flowers of The United States* is now available from booksellers. Like the earlier volumes, it is written by Harold William Rickett and published by the New York Botanical Garden and the McGraw-Hill Book Company. It's expensive ($57) and, at 15½ pounds, too heavy to take on outings. Otherwise it's just about as good as a wildflower book can be.

Entitled *The Northwestern States,* it deals with the flowers of Oregon, Washington, and California west of the Sierra-Cascades crest and north of the Tehachapi Mountains.

For the cost and weight you get very tangible value. The 663 pages describe 3,000 plants, and the 218 color plates illustrate nearly half of these with handsome photographs. The type is a good size, photographs and sketches are large, and the book is a pleasure to read. The cost would have been much greater if publication had not been heavily subsidized by generous donors.

A work such as this serves many purposes. First, of course, it helps the reader to identify wildflowers he has s

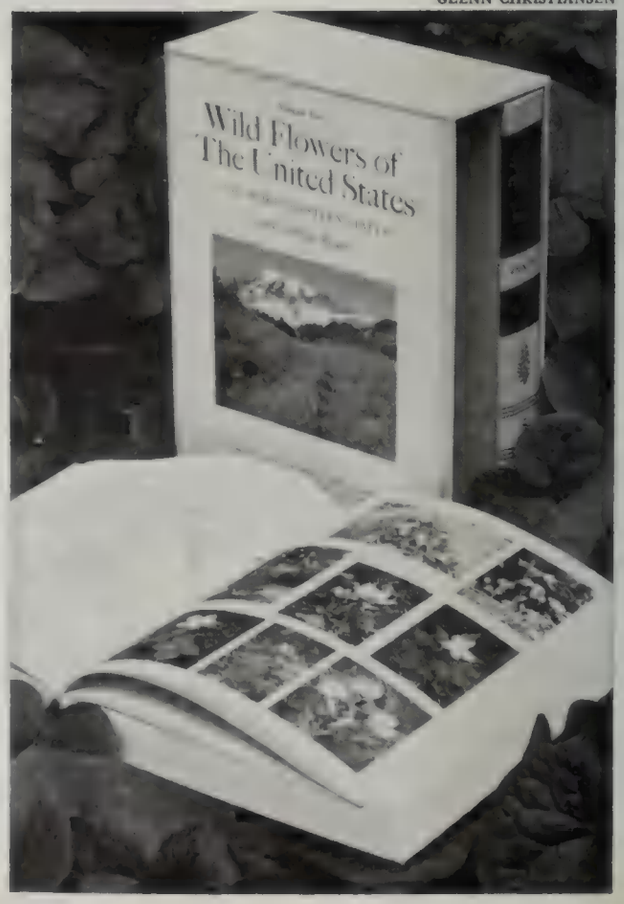
Photographs are a great help, espec with big, complex aggregations like daisy family. Where photographs c help, there are drawings to explain distinctions.

It is also a splendid introductory bo text, with simple keys for sorting out ficult plant groups. Plant families also keyed, and there is an index. glossary of plant terms supplement definitions with large, clear draw On page 15 there is a notable sectio short cuts to identification.

Rickett's 22-page introduction is useful and pleasant to read, inclu brief, clear essays on plant names, i tification, technical terms, and pic and transplanting.

This quotation explaining the plant n "Ithuriels-spear" will show how lig the book carries its learning: "Ith was an angel who found a toadlike S tempting Eve, and with a touch o spear transformed him to his pr likeness. That this occurred in Califo or Oregon seems doubtful."

GLENN CHRISTIANSEN



Two *big books together make up Volume 5 of Wild Flowers of The United States*

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(Send 25c for Cabot handbook on wood stains)

Flower *of tigridia is 6 inches w orange, marked yellow and br*

It's the month to plant tigridia

Bulbs of tigridia (tiger flower, Mexi shell flower) are available this mo they are inexpensive, easy to grow, fun to look at. The form of the flo and its markings might have been dra by an imaginative child. Its colors the kind such a child would use: bri unsophisticated, and surprising.

The flowers have a three-cornered lo the three large outside segments for bowl with a flaring rim as much as 5 6 inches wide. Inside the bowl are th smaller segments. Orange, yellow, red are the commonest colors, with so plants showing pastel pinks or wh Usually the bowl is heavily speckled w a contrasting deep color.

Flower stems are 1½ to 2½ feet They rise from clumps of sword-sha leaves that resemble those of gladio but are somewhat broader and hav strongly ribbed or pleated look. Flow open early and close late on the sa day, but new ones keep appearing several weeks.

Its culture resembles that of gladio but its use is different. Tigridias are garden decoration, not cutting, should be planted in groups of a do or more in borders or beds to br brightness in summer and early They look especially good with d green or gray-green foliage behind th

Grow them in good, rich garden soil t drains well. They do best in full sun n

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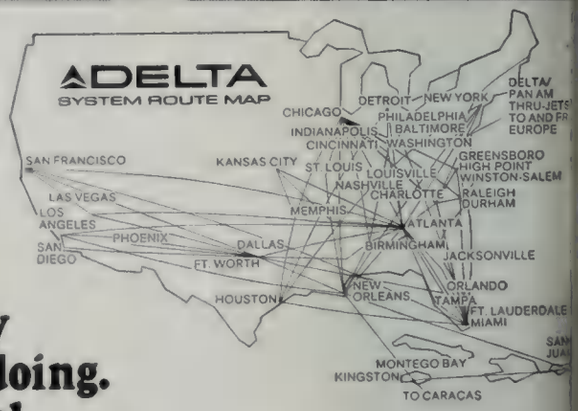

Delta's mammoth $23 million 747. Seats 370 in a cabin built for 490. Upper deck lounge area and private penthouse. More than a dozen stewardesses.

e coast, but will take some shade; rther inland they are best with light ade or afternoon shade. Plant the lbs 2 to 4 inches deep and 4 to 8 ches apart. Plant them right out in the rden now if the weather and soil show ns of warming up; if it is chilly and mp, wait for a warming trend.

you want to have tigridias in summer t do not wish to disturb thriving plant-gs of winter and spring flowers such as lendula, snapdragon, or stock, try the anting method shown below. Plant lbs individually in 4-inch peat pots d grow them in a sheltered, sunny ce until your planting area is ready take them—perhaps when bloom ality of the annuals begins to drop off.

u can also grow tigridias in pots or s for carry-around flower color. A 9-h pot can handle six to eight bulbs.

ter planting, give the planting area a od soaking. Plants will require very le water at first, but will need a soak-g every week once growth is active. ed every week or 10 days with a weak lution of liquid fertilizer. Keep spider tes under control; if they are present, ere will be pale streaks on leaves.

ter flowers have gone and leaves have rned yellow, cut off the foliage. Bulbs n stay in the ground except in areas ere the soil freezes. Here they must dug (but you can dig them elsewhere you want to use the space for other nts). Dry bulbs and store in a cool, st-free place until planting time. n't break off bulblets or divide uble-nose bulbs until planting time. □

NORMAN A. PLATE

Tigridia *in 4-inch peat pot goes into planting bed in April. Note roots*

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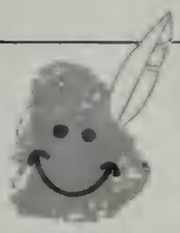

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Landscape shrubs
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Pittosporum tobira
English boxwood
Sarcococca ruscifolia
'Silver Queen' euonymus

They start as house plants, move outdoors later on

Not all house plants are tender tropical beauties that wither at a blast of outdoor air. Some are thoroughly hardy plants that can move outside and contribute to your landscaping after they have outgrown their original use. Most of these plants are not, in fact, meant to be permanent house plants in the sense that dieffenbachias and philodendrons are.

Some are basically outdoor landscaping plants to begin with: mondo grass, Japanese spurge, boxwood, *Pittosporum tobira*, sarcococca, and euonymus are hardy in most Western climates. Some are indoor or outdoor plants as local climate dictates. The asparagus ferns are house plants over much of the country, basic vines or ground covers in the milder areas. Others (mother fern, spider plant) were house plants that have proven useful out of doors in very mild climates.

House plant growers use these indoor-outdoor switch hitters largely to make dish gardens and terrariums. Because they are easy to propagate, they are inexpensive in small sizes. (Plants in these photographs are all in 2-inch pots.) They tolerate indoor conditions but may gro slowly because of limited light.

Nevertheless they will outgrow their di gardens and terrariums, and then y can plant them outside. Naturally y will have to observe some precautio Not all the plants here are hardy ever where in the West; the *Sunset Weste Garden Book* can tell you which on will thrive in your climate.

And you shouldn't take them from th warm bed and plant out in midwinte Plant when the weather is mild, a harden off plants by giving them i creasing doses of light, wind, and flu tuating outdoor temperatures.

Can you keep them indoors?

Theoretically you could keep them i doors indefinitely, but there are son qualifications. Some—including many the kinds used as ground covers outsi —do not get large enough to be signi cant permanent house plants (althou mondo grass can supplement mix plantings); others (*Pittosporum tobir* for example) eventually grow thin a

y without strong sunlight. Still others w so slowly from 2-inch pots that you grudge them space.

ilar plants are available in larger s, but the supply in 4-inch or 6-inch is scantier and the selection not so ad. Keep looking at the house plant lays in nurseries and garden centers you may find such popular plants apanese aralia (*Fatsia japonica*), holly , mother fern, and podocarpus in dle-sized pots. You are almost cer- to find schefflera (*Brassaia actino- lla*), a favorite house plant that will w outdoors where frosts are rare.

re is another source for two-way, oor-outdoor plants: Regular nursery k in gallon cans (or even in larger tainers) will do well indoors if the

trees, too. *Left, Podocarpus rophyllus; center, Grevillea sta; right, Podocarpus gracilior*

icular plant is adapted to low light low humidity. Aucuba and sarco- a from gallon cans thrive and bloom months after repotting, in spite of e loss of roots.

e success stories and surprises

ns, scheffleras, and ivies may not be rising indoors or out, but some r plants used indoors might: A huge t of *Xylosma congestum* drapes a balcony in a large public build- with its light furnished by a sky- . Trees of *Podocarpus gracilior* 6 tall seem to do equally well indoors out. A Japanese maple bonsai has l for many years in a San Francisco tment, getting its air and sun on a low sill.

autionary steps

dening off has already been men- ed. Here are two other warnings: t, don't use softened water on plants they are indoors (or outdoors, for matter). Second, remember that n a plant is indoors its pests—mites, lybugs—are not controlled by their ral predators. You'll have to watch them. □

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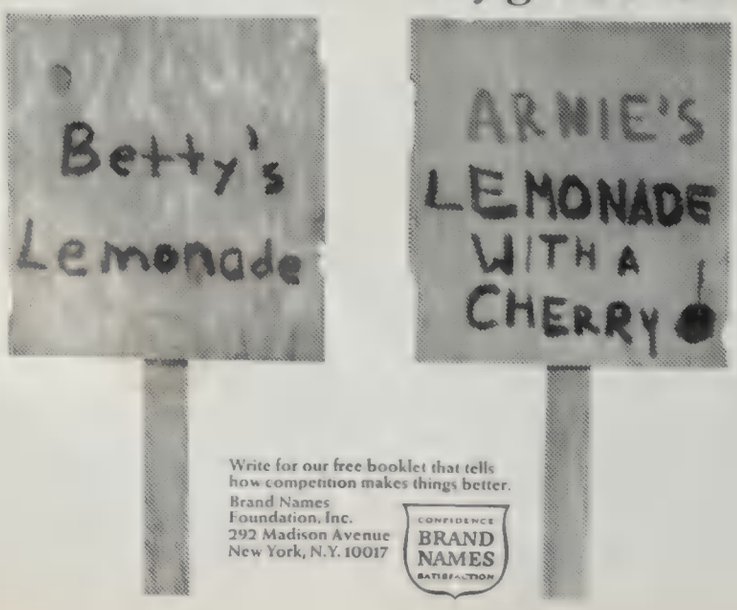

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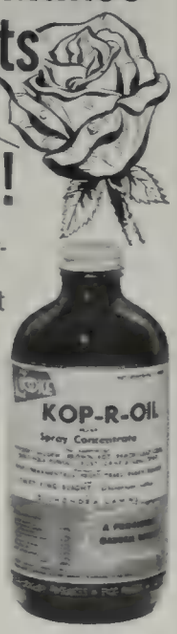

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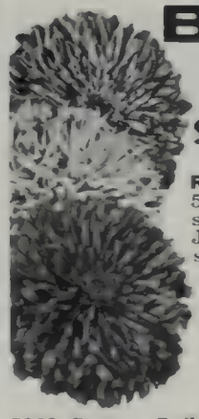

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PLATE
DARROW M. WATT

Xylosmas *pruned as giant bonsai grow in partial shade against an east wall*

How to give xylosma its head

Among xylosma's many virtues as a landscape plant are the ease and grace with which it lends itself to pruning and shaping into picturesque forms.

As this evergreen shrub gets older, it develops sturdy angular branches that adapt naturally to sculpturing with pruning shears. All it takes is a gardener's discerning eye, selective cutting, and regular but much less extensive care to maintain the established shape.

The xylosmas lined up in the photograph above share one particular kind of xylosma form. They have what you might call the giant bonsai shape. Others look bushy and fat, or flat and undulating, or vinelike and sinewy.

The xylosmas pictured here were planted about 15 years ago. Eventually they formed multiple branches and a thick mass of lustrous yellow-green foliage that reached all the way from the ground to above the roof of the garage.

Six years ago, landscape gardener George Murai started a program of pruning that transformed these shrubs into giant bonsai. His method is simple but initially fairly drastic if you start with large plants that have had little or no previous pruning.

First, remove all dead, weak, twiggy, and crossing growth so you can see the basic structure formed by the trunk and main branches. Stand back far enough to view the entire plant and study it carefully before you make a major cut. Try to visualize the shape you want to achieve; then start removing entire branches that interfere with this shape. Make clean cuts; don't leave stubs.

After the final structure is established, trim the foliage at the top of each remaining branch into cushionlike mounds. (Mr. Murai uses hedge shears.) In this first shearing you'll probably slice through many larger leaves. About once a month, cut back any leaf tips that extend beyond the perimeter of the cushion.

Rub or snap off any sprouts that appear on the trunk or branches. New growth is most plentiful in the spring, but there'll be some sprouts throughout the active growing season.

Xylosma is hardy to about 10° but will shed leaves when temperatures dip into the low 20's. New leaves push out rapidly as the weather warms in the spring.

These xylosmas grow in an eastern exposure that gets morning sun and afternoon shade. They receive water from the adjoining lawn sprinkler system. The shade and moisture encourage a lush growth of bright green moss under the shrubs in the cooler months; it dries up in summer, then revives in winter.

Xylosma is by no means strictly a partial shade plant—it is equally well adapted to full sun. It could get along with much less water than it receives in this situation. □

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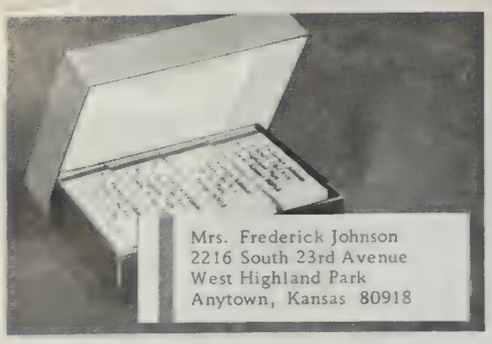

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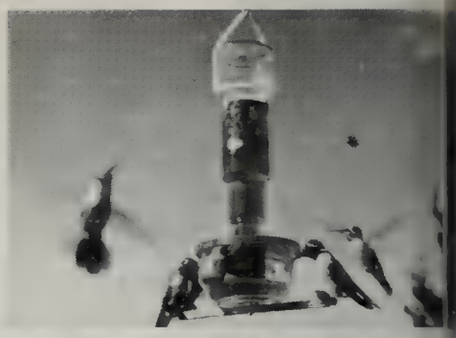

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Thompson's Chemical Waterproofing Seal-Stain in six colors protects and restores the natural beauty of redwood and cedar, adds beauty to plywood or knotty pine, waterproofs fir, pine, mahogany, wood shingles, shakes. Contains over 60% Thompson's Waterseal. Stops water damage. Apply by brush, roller or spray. At dealers or write direct. Pint $1.30, Qt. $2.15, Gal. $6.50, 5 Gals. $31.00, ppd. Tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA 94109.

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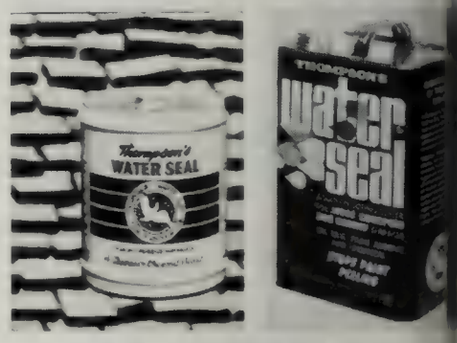
Colorless Thompson's Water Seal protects, preserves, waterproofs and keeps leather boots, children's play shoes or adults' dress shoes dry all winter. Shine the next day. Waterproofs topcoats, jackets, outdoor clothing, canvas and awnings. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. Aerosol spray $1.89; Qt. $1.95; Gal. $5.95; 5 Gals. $28.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA 94109.



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NORMAN A. PLATE

Look *for mealybugs where leaves join stems. The plated oval is the body. The cottony threads around it are soft and waxy*

Controlling scale insects on house plants

Although the two kinds of insects in the photographs here look quite different from each other, they are both members of the scale family, and they are both common house plant pests that you dare not ignore if they appear.

Scale insects suck plant sap and sometimes also inject a poisonous fluid. Growth is stunted and leaves yellow and die. Some scales also ooze a honeydew that in time falls onto leaves and surfaces below. You may notice this sticky, shiny mess on or around your plant before you find the tiny insects themselves.

Scales are tough to control indoors. Young ones are invisible without a magnifying lens and spread easily from one plant to another. Often you don't notice them until large numbers mature, and then their waxy covering protects them unless you make determined efforts to kill them.

Use a soft brush or scraper and mild soap and water to remove scales on most

plants. For hairy or fragile plants, use alcohol on a cotton-tipped swab, toothpick, or small brush. Rinse off soap or alcohol and dead scales with water. Be thorough. Each one you miss can produce hundreds more.

Huge numbers of scales on many plants may make hand methods impractical. Pesticides aren't the problem-free remedy you might hope for, and you may want to discard the plants and start over.

If not, malathion is the chemical most frequently recommended for scale insects on indoor plants. It is relatively nontoxic for humans and warm-blooded pets, but deadly to fish and other cold-blooded animals. Follow directions and precautions carefully.

It smells terrible. Use it outdoors and plan to leave plants out until the smell is gone if possible. Most house plants can't take extreme cold, so you may have to return them to an isolated, well ventilated room instead.

To spray undersides of leaves more easily, lay container plants on their sides and gently rotate them until all surfaces have been covered. You may need several sprayings at three to four-week intervals to kill most of the scale insects. Only insects directly touched by the spray will be killed.

Whether you use chemical or hand methods, one or two scales are likely to escape death and repopulate to plague you. Frequent checkups will keep you aware of new outbreaks so that you can spot treat them when they first appear.

Keep problems to a minimum by washing all plants often, and by isolating or discarding problem plants. □

NORMAN A. PLATE

Even *an advanced scale infestation like this can still be brushed off or sprayed*

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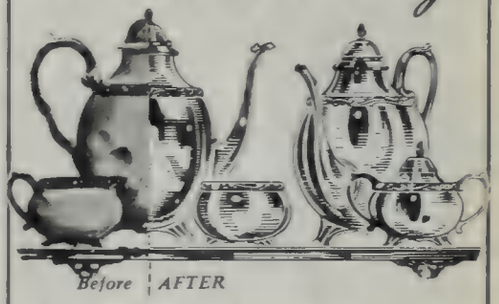

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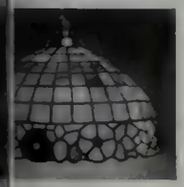

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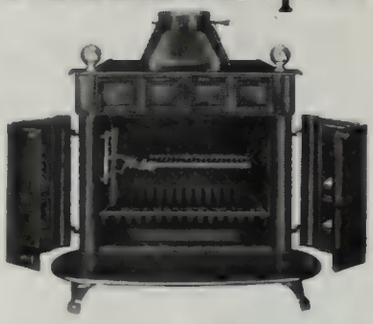

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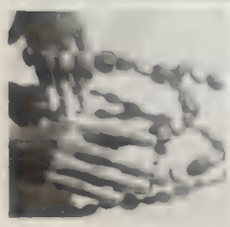

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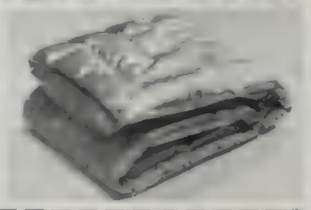

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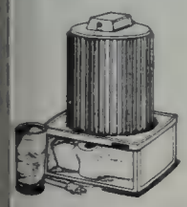

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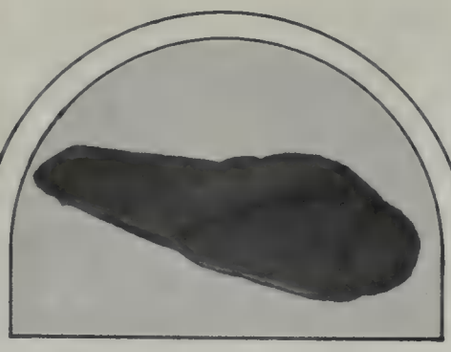

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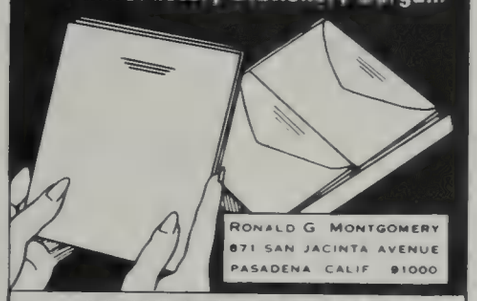

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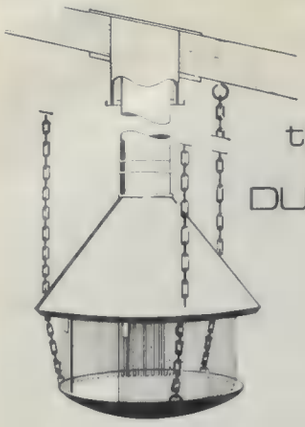

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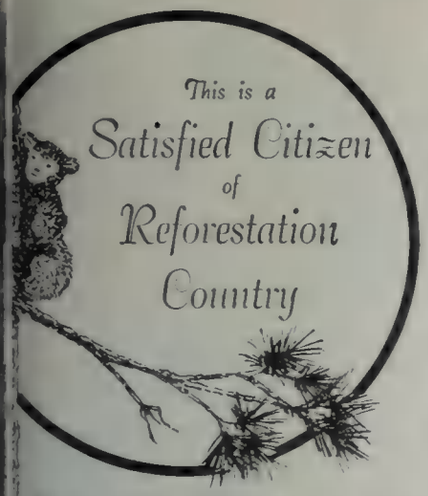

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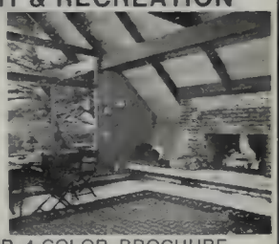

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LETTER FROM *Sunset*

Our endangered desert

This month countless Westerners will head for the dry, sunny weathe and early spring flowers in our great desert wildernesses.

Visitors come from all over the country, but for some 12 million South- ern Californians it's just a short drive north and east to the vast Mojave Desert and the lower-elevation Colorado Desert.

From Los Angeles or San Diego, open desert is an easy 2 hours away. More than anything else, this explains why the California desert now faces pressures that may never reach deserts in less populous states.

More than half (about 12 million acres) of the California desert is public land administered by the Bureau of Land Management (BLM), Depart- ment of the Interior. The way the government figures it, people spend 7 million visitor-days a year there. Most people come to camp, picnic hike, observe plants and animals, or otherwise gently enjoy the land.

But some people who come are not careful and leave behind a sorry record of their activities. Some owners of off-road vehicles (motorcycles dune buggies, four-wheel drives) gouge trails and stir up shallow soil o sand already susceptible to erosion by wind and rain. People discard materials that will take scores of years to decompose in the arid climate —cans, glass, plastic, paper, old cars. They haul home Indian artifacts venerable tortoises, or small but elderly cactus. Each year vandals de- face petroglyphs of great archeological value.

Until recently nobody paid much attention to these forms of thoughtless- ness. In fact, the problems date back to pioneer days and the notion tha the desert was only a hostile wasteland. Its history of mistreatment in- cludes permanent scarring by overgrazing, speculative mining and land development, military maneuvers, utility rights of way, and haphazard road construction.

The BLM, short on personnel and enforcement authority, hasn't been able to do as much as it would like to curb destruction of the public desert or to regulate its use. And it hasn't been able to develop adequate facilities for the increasing number of thoughtful desert visitors.

A bill introduced in Congress last year by California Congressman Bob Mathias proposes several steps toward desert preservation.

The bill (H.R. 9661) would establish a California Desert National Con- servation Area on the public land. It would empower the BLM to set aside and protect areas that have endangered plant and animal species or have special scenic, historic, or scientific value. It would establish a ranger patrol. It would provide campgrounds, way stations, an inter- pretive museum. And it would call for a long-range plan for the desert.

Committee hearings for the bill are tentatively scheduled to be held this spring, hopefully in a California desert community. If so, a good turnout there of people who care about the desert might be helpful. Meanwhile it would help to write to your congressman in Washington, D.C., and to the Secretary of the Interior, who at *Sunset's* press time was studying the bill prior to making his recommendation.

WINDOW ON THE WEST: *The Pumpkin Patch*

This is the Pumpkin Patch, just outside the boundary of Anza-Borrego Desert State Park, in the low desert 90 miles east of San Diego. The "pumpkins" are geological oddities called concretions. The theory is that they formed in sedimentary deposits, each one around a fossil or other nucleus. They show up when softer sediment around them weathers away. □

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Sunset

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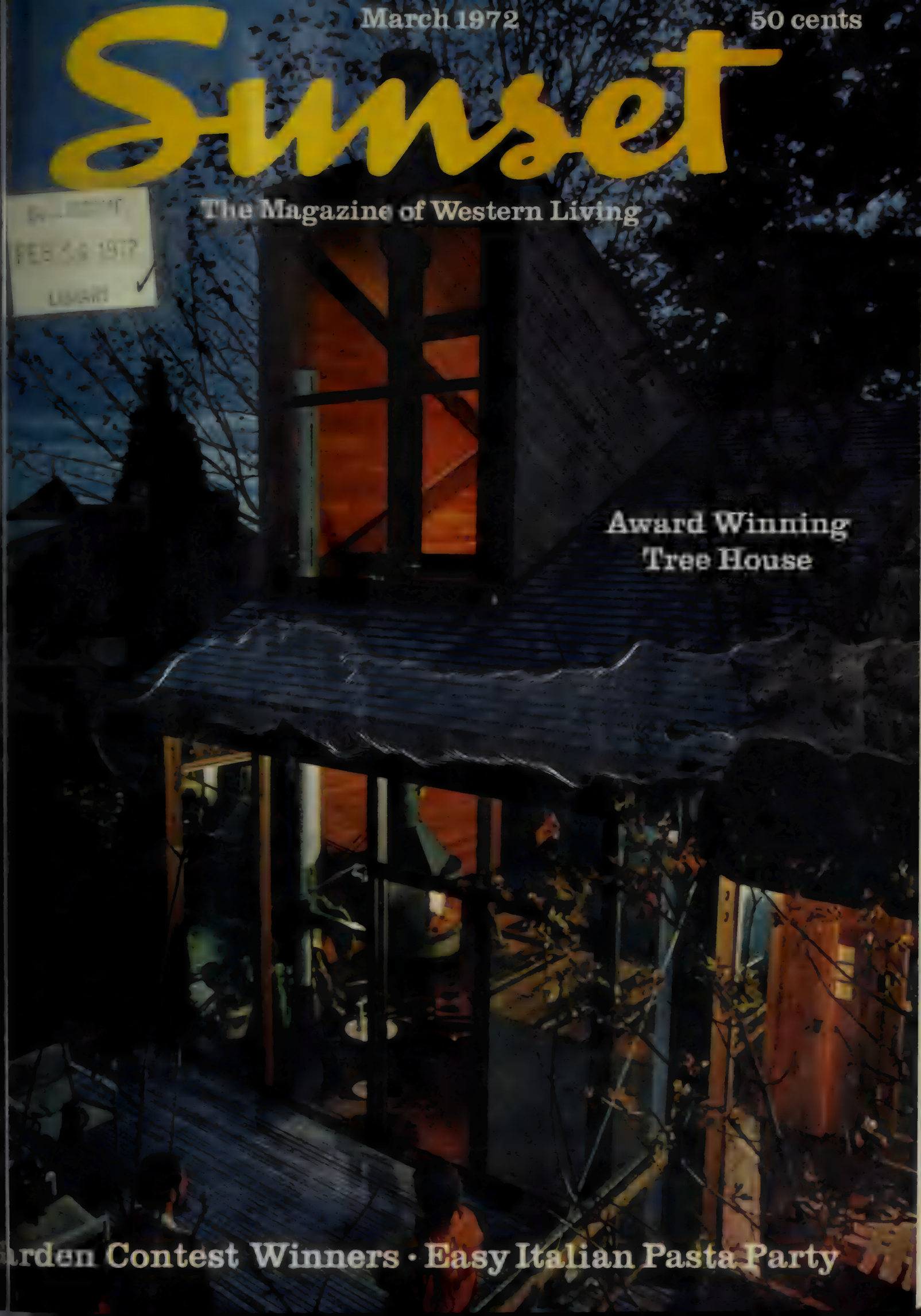

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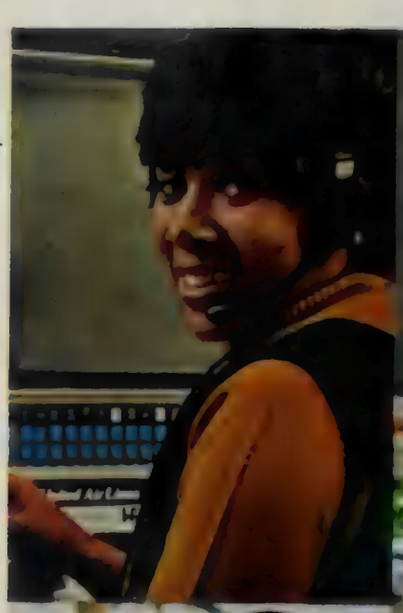

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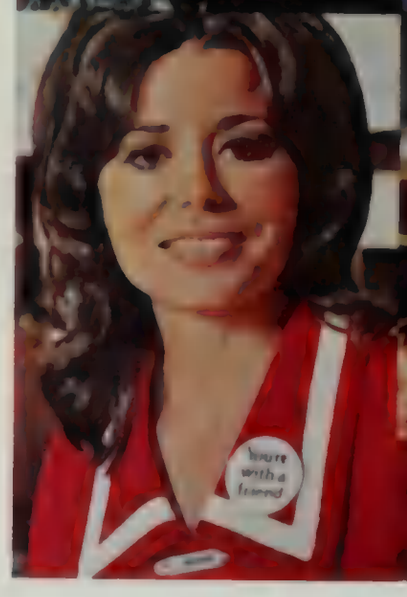

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THE PACIFIC MONTHLY*

Feature articles for March 1972

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The Cover Story

Living room and deck reach for view; in evening light there's a warm glow of wood. On page 88 we take you inside the house and tell how it was built on steep hill. Photograph by Don Normark

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NORMAN A. PLATE

With Santa Lucia Mountains *as backdrop, hikers head west across pasture toward coast. It's flat most of the way*

A new park with 2 miles of beach on the Big Sur coast

Andrew Molera State Park on the Big Sur coast adds some truly spectacular countryside to the public domain.

The park's 2,088 acres were formerly the Andrew Molera ranch. The property was acquired by the Nature Conservancy, then by the Department of Parks and Recreation, and opened to the public on January 1 this year.

The Big Sur River flows northwest along the park's eastern boundary for more than 2 miles, then turns southwest and flows into the Pacific. Thousands of years of its moseying back and forth have created the alluvial flatlands that served ranchers as pastureland and serve today's visitors as splendid hiking territory. You can walk the pastures nearly all the way from the eastern boundary on State Highway 1 to the ocean with little appreciable drop in elevation.

There aren't any fixed trails in the park. You'll have to use a little dead reckoning to find your way. But since it's only about a mile from the main entrance on State 1 to the beach, you're hardly in danger of losing your way. If you want

Sunset

THE MAGAZINE OF WESTERN LIVING

March 1972

Jumping *twosome tries the glove-handled rope*

Jumping rope isn't just for children

It was easy to recruit two willing 8-year-olds to test some custom-handled jump ropes. Their vote of confidence convinced us that the handles added to the jumping fun.

We knew that a good many adults, including a welterweight or two, jump rope for exercise, and wondered if the same gadgets would have any appeal for grownups. And so the crafts editor who designed the children's rope also made some in adult lengths, which we passed out to staff members.

Two of the more enthusiastic staff responses are shown at left. The jumping style appears to be the Las Lomitas School Afternoon Recess Double-Skip, circa 1952.

The handle ideas on page 99 might turn out to be just as much fun for any former, present, or future jump-roper you know. □

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NORMAN A. PLATE

Main entrance. *Look for signs here and southward along road*

River *is cold, rocky. You must ford it to get to the beach*

to get right onto the beach, you'll have to wade across the river at some point (the beach is on the south side, the main entrance on the north). The water's cold, but in many places it's quite shallow and easy to wade. Don't wait to cross until you get to the mouth of the river; it's too deep there.

When you get to the ocean you'll find more than 2 miles of wild beach—at low tide. High tide takes away all but a few hundred yards of beach. Watch the tides closely—an incoming one could trap you.

Above the beach for much of its length rise high rugged cliffs that are typical of the Monterey County coastline.

South of the flatlands a high ridge runs north and south through the park, dropping to the river on the east and to the cliffs on the west.

Getting to the park requires some care. At our press time there were still no signs announcing the park's name and location, only small brown and yellow signs like the one that shows in the picture above. The main entrance to the park is the double wooden gate pictured above, a little less than 3 miles south of the Point Sur lighthouse, visible just west of State 1. The park's boundaries follow

"IT WAS A LOT OF CAR IN THE BEGINNING AND IT'S A LOT MORE CAR TODAY." (MOTOR TREND)

That's a rave review from a tough critic: Motor Trend. So when their technical editor said our TR6 (below) is even more of a sportscar than the classic TR2 (above)—both winners in national and international competition—we wanted you to know about it.

But aside from talking about the TR6's heritage, they had a lot to say about the car itself. "There is a feeling of almost awesome solidity, as though the basic car were carved out of a single block of steel." That solid feeling comes from the TR6's taut, low-built chassis with rugged 4-wheel independent suspension. It's a car for precise driving, crafted by engineers who really understand sportscars.

And the magazine's description of it having "long-legged go-forever performance" from its high torque 6-cylinder engine will be agreed by TR6 drivers anywhere: or by people who have simply driven in one.

Even though we've been improving and evolving the TR series for two decades, it wouldn't be the great sportscar it is today, if it hadn't been great to begin with.

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S-5

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the highway for about 2½ miles south, ending north of the town of Big Sur. At various places along the road are the small brown signs. There's barbed wire fence here, but it's cut down in places to allow access to wooded parkland on the river's east bank.

At present the park remains undeveloped, and much of its attractiveness derives from this condition. There is a pleasant and quiet sense of the land returning slowly to an earlier state. Future plans for development aren't as yet fixed.

The main ranch buildings are off limits to the public.

Chamber ensemble to perform religious music at five California missions

The Chamber Singers from Cal Poly at San Luis Obispo will sing at five central and northern California missions this month as part of a three-year program that will take them to all 21 missions.

The 30-voice mixed ensemble will perform sacred music and will be accompanied on some numbers by strings and a concert harpsichord from the college chamber orchestra.

Following is the schedule (all concerts are free):

March 12 at Mission San Luis Obispo at 8 P.M.

March 17 at Mission San Juan Bautista at 8:30 P.M.

March 18 at Mission Dolores, San Francisco at 2 P.M.

March 18 at Mission San Rafael Arcángel, San Rafael at 8:30 P.M.

March 19 at Carmel Mission at 3 P.M.

You can bake—a sugar cake—for me to take—for all the boys to see

Here's the kind of art exhibit you could really get your teeth into . . . if they'd let you. It's a cake-decorating exhibition in Concord, California, at the Sun Valley Mall auditorium, March 18 and 19 from 10 A.M. to 6 P.M.

More than 200 cakes will be on display in 36 different categories. And if you think that a plastic bride and groom or "Happy Birthday Mom" in puce icing is the ultimate in fancy cakes, consider that in the past this display has included cakes in the shape of Oakland's Mormon Temple, the Monterey Peninsula landscape, St. Francis, and the Golden Gate Bridge.

Included in the days' activities will be continuous demonstrations of decorating techniques.

Sun Valley Mall is adjacent to Interstate Highway 680 just off Willow Pass Road in Concord.

Admission is 50 cents for adults ($1 maximum for a family) and free for children under 12. □

For travel planners, a March check list

Caribbean diving. A new series of 7 to 14-day tours to either Cozumel, Mexico, British Honduras, or the islands of Curaçao and Bonaire offer snorkel and scuba divers some of the best diving in the world. Tour fares include lodging, all meals, unlimited scuba air, and a boat and guide; air fare is not included. Cozumel tours start at $420 for seven days on the island with an optional five-day diving extension to the Yucatán Peninsula coast for $300. Eleven-day Honduras tours are $660, and Curaçao and Bonaire tours can be arranged on a day-to-day basis. For information on these and other diving tours, write to See and Sea Travel, 680 Beach St., Suite 340, San Francisco 94109.

Travel time. A new book called *Body Time*, by Gay Gaer Luce (Pantheon, New York, 1971; $6.95), should be of special interest to travelers. The book discusses your bodily rhythms—the ones that make some of us "night people" and others more suited for daytime activities. Mrs. Luce tells how travel can upset these rhythms and gives some advice on how to avoid problems the next time you travel across time zones.

Garden tours. This spring gardening enthusiasts can join two extensive tours of the world's most beautiful garden areas.

The Strybing Arboretum Society European Spring Garden Tour ($1,765), leaving San Francisco May 2 and returning May 29, stops at major garden events in England and Holland. For a brochure write to E. F. MacDonald Travel Co., Suite 1230, 215 Market St., San Francisco 94105.

The World Garden Tour ($2,785), departing San Francisco April 27 and returning June 1, makes stops in Hawaii, Japan, Britain, and Europe. For more information write to Unravel Travel Inc., 3450 Geary Blvd., San Francisco 94118.

Tape guides. Pan American World Airways is now selling taped guided tours of 18 places around the world. You can purchase the tapes for $2.95 at Pan Am offices. They can be played in regular cassette recorders. Included are descriptive walking tours of Amsterdam, Berlin, Brussels, London, and Rome. A driving tour of Hawaii is also available. For information visit a Pan Am office or contact a travel agent.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

CAMPS

California Association of Private Camps

CAMP VERDANT VALES 90 mi. north of San Francisco — For Girls & Boys: 7 yrs. & up who attend the Christian Science Sun. School. Co-ed Teen Program — complete outdoor education — Boy's Development Program, 16 yrs. & up. **June 18 to Aug. 19. Box 476 SM Middletown, Ca. 95461.**

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Santa Cruz Mountains, near the ocean
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Bob Mathias
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California Association of Private Camps

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California Association of Private Camps

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Sunset School & Camp Directory

CAMPS

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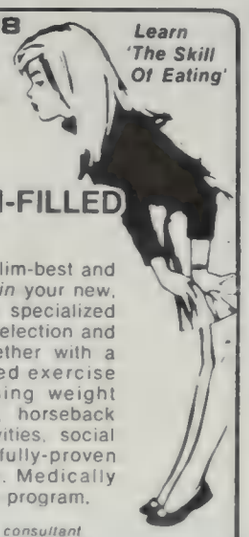

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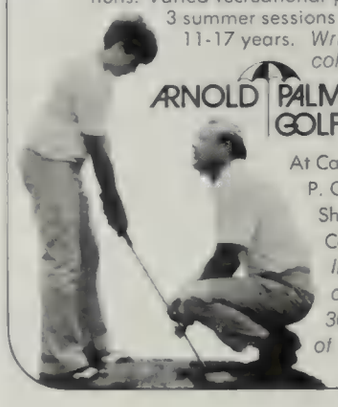

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CAMPS

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An "Action" camp with a complete program of both Indoor & outdoor activities. Special emphasis on Riding, Waterfront, Tennis, Trips & Mountaineering. 3½-4½-8 wks. Camper-staff/2½-1 **The Barnharts, Box 1518, Boulder, Colo. 80302. 303 666-8103.**

School and
Camp Directory

is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY beginning page 11

GARDEN CENTER beginning page 236

FINE FOODS CUPBOARD beginning page 174

SHOPPING CENTER beginning page 239

Sunset School & Camp Directory

CAMPS

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Boys July 1-31 — Girls August 1-31. Ages 7-16.
Mountain and Lake program including:

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For Boys & Girls 6-16

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Montana complete outdoor program · Co-ed 12 to 19 · June to Sept. · Designed for conservation and forestry careers. A real confidence builder for boys and girls who have outgrown regular camps · Wilderness trail rides, mountaineering, dancing and houseboat parties. Salmon River floats. Tour Yellowstone. Character reference necessary. Personal interview in Vacationland in new Los Angeles Convention Center April 7–16. **Gerret S. Ouldhouse, Director, Rainbow Camp, Box 3633, Butte, Montana 59701**

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SANTA CLARA COACHING CAMP

. . . On the Campus of University of Santa Clara . . . for all boys 9-14

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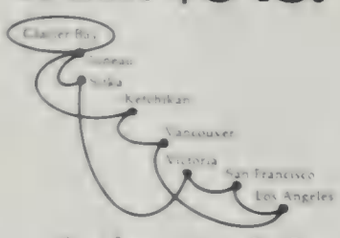

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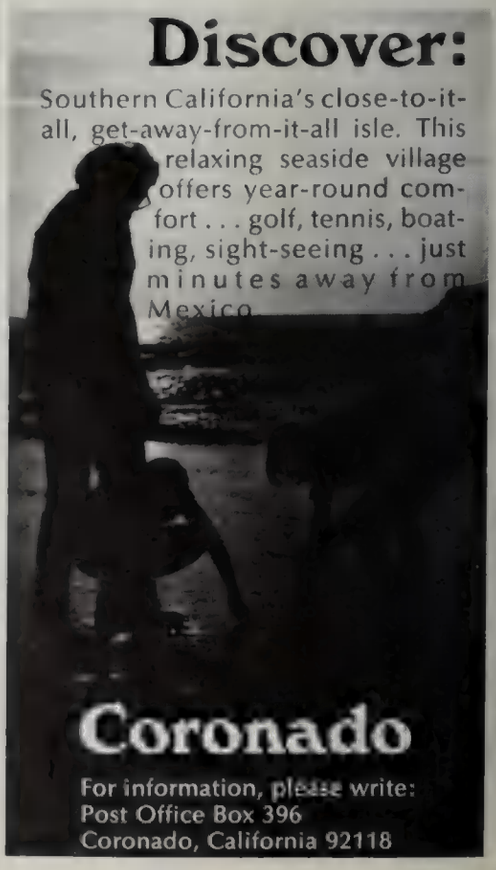

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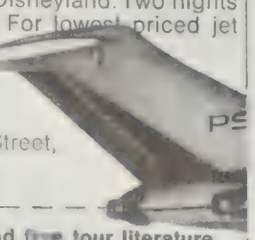

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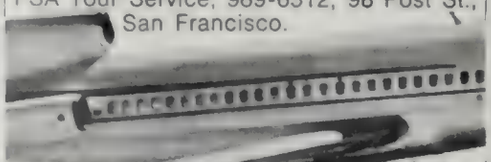

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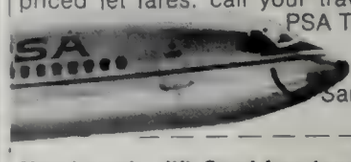

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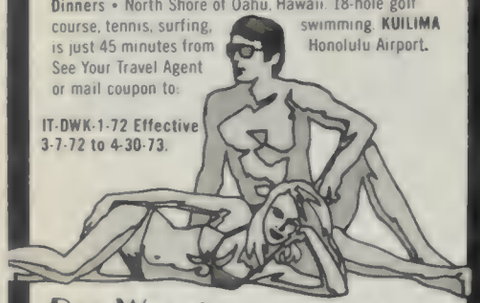

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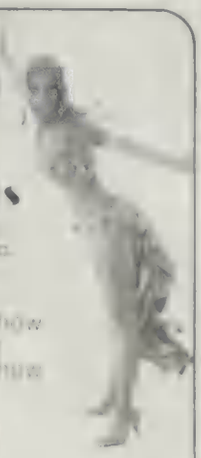

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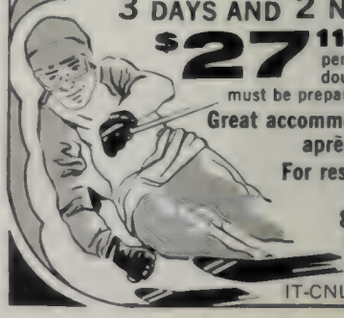

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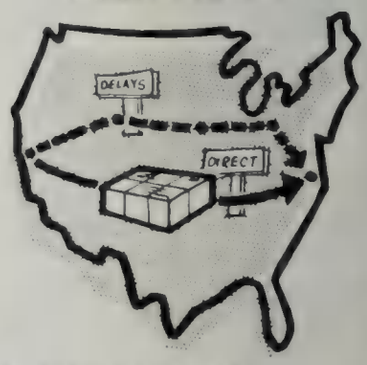

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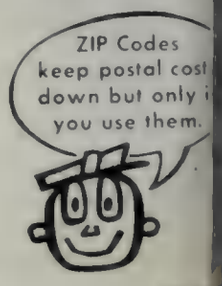

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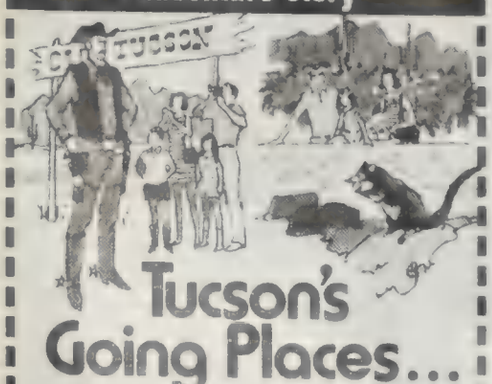

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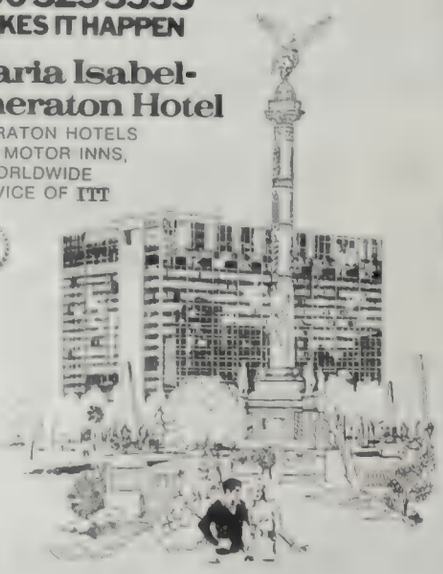

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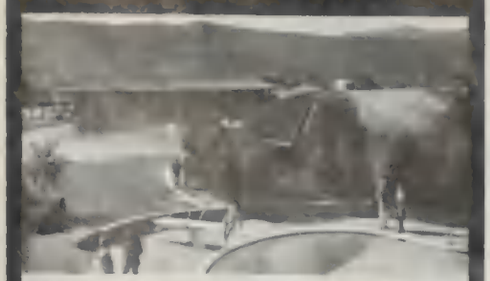

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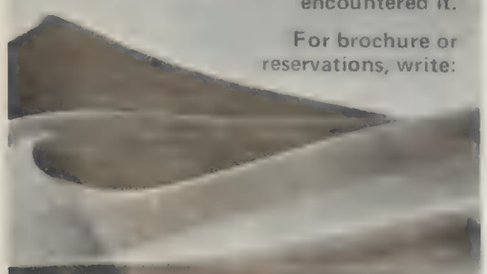

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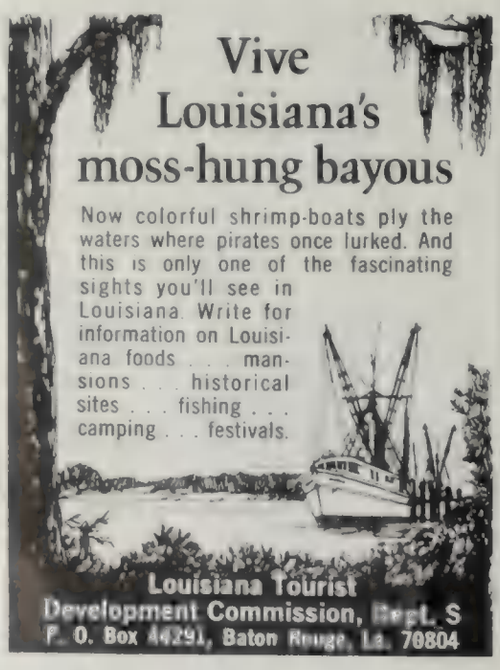

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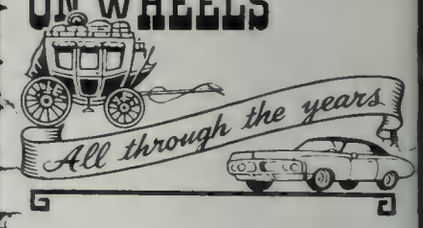

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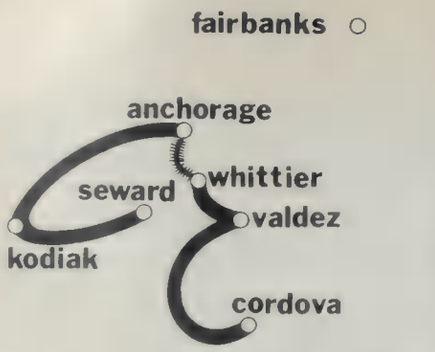

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Even if he could, today's vacation probably wouldn't dream of hiring guide for a few hours of scenic drivin Yet, other than taking a tour bus, there any alternative if you want to truly informed on points of interest a physical features along the highway?

If you happen to be traveling in Ca fornia or in one of eight national parl the answer to that question could be Auto Tape Tour, a guide that loads y with facts, inspires you with music, a nags you about your speed.

You merely plug a portable recorder in a car cigarette lighter and pop in t right cassette. Soon you are listening the sonorous voice of a professional a nouncer. His running commentary scenic attractions is coordinated w local speed limits, so if you hold yo throttle in check, you will pass each traction as the tape describes it.

Scenic areas

Fourteen tapes cover major scenic are in California. You can rent single tap for $4.95 and $3.95, depending on t route, or put together an extensive to with a series of tapes. The longest these covers nearly 1,400 miles and cludes eight cassettes that describe places as San Francisco, Yosemite, a the Big Sur Coast. The rental price f the whole trip is $38.

Tapes and recorders are available Hertz car rental agencies and Trav Lodge motels. They are also rented Glacier, Grand Teton, Great Smo Mountains, Rocky Mountain, and G tysburg national parks in this count and at Banff and Jasper parks in Canad

Lots of facts

Each tape includes a wealth of facts. you take tour Number 1 out of S Francisco you will learn that the Gold Gate Bridge is 8,450 feet long and th the oldest cut redwood is 2,200 years o The narrator frequently tells you switch him off so you can take a clos look at a particular attraction. And b fore you hit the switch he reminds y at what point to turn him back on.

Tape tours are being marketed on a tr basis in California. If they are popul tours of other states may later becom available. For more information on ta tours write to Comprehensive Commun cations, Inc., 565 Fifth Ave., New Yo 10017.

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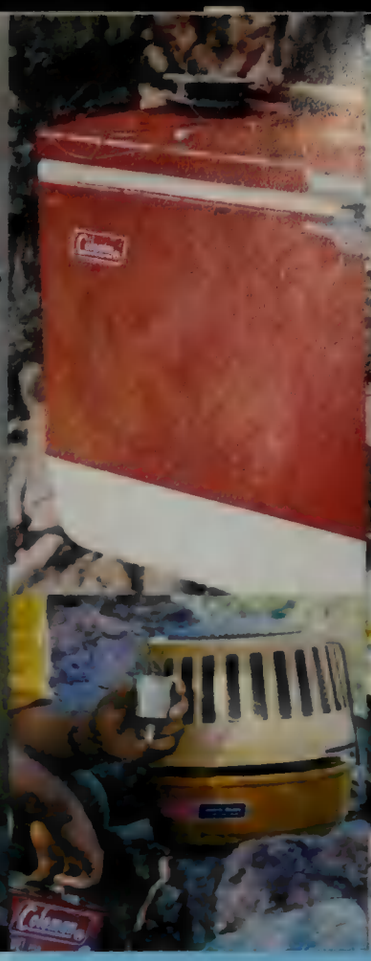

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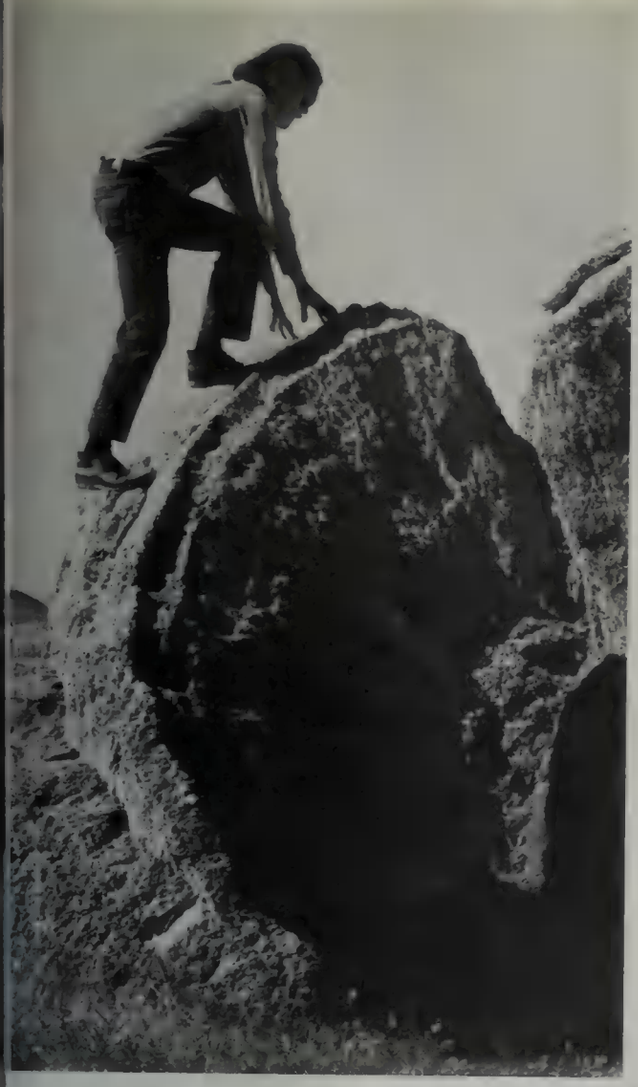

Strange *formations—tufa rocks—attract climber. Rocks are strewn about like ruins of an ancient civilization*

Moonlike *pinnacles shoot up at north end of Pyramid Lake. White line shows old water level*

North of Reno to the Pyramid moonscape

The water of Pyramid Lake is deep blue one minute and the color of brass the next, and the desert hills may shift from blue to magenta, depending on the angle of the sun or the machinations of the weather.

However, color is almost the only suggestion of movement at this remarkable spot 30 miles northeast of Reno. There are only two inhabited villages on the 30-mile-long lake and no road completely encircles it. Contrast this with crowded Lake Tahoe, which rests at the opposite end of the Truckee River. These two lakes have almost nothing in

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common but their shared water sourc Tahoe is surrounded by forests a thronged with people, while Pyramid treeless and neglected.

This shouldn't suggest, however, th Pyramid Lake is not worth visiting. timeless desert qualities and the pea of its moonscape surroundings make attractive, especially if you're planni a camping vacation in Nevada a would like an alternative to Tahoe.

You can camp nearly anywhere alo the shoreline for a daily fee of $3. T money goes to the Paiute Indians, who reservation encompasses Pyramid. T get a camping permit, stop at the bo landing in the lakeside town of Sutclif 3 miles off State Highway 33, whi goes north from Reno to the lake. A other approach to Pyramid is State 3 which leaves Interstate 80 near Wa worth and leads to the other lakesi town of Nixon.

Warrior Point Park, a new public can ground about 9 miles north of Sutclif has boat launching facilities and sho ers. Overnight camping is $2 a car.

Scattered on the shores of the lake a large rock formations created from a cient organic residues and calcium bu bled up from subterranean hot sprin Some of these rocks are huge pinnac thrusting into the air, while others a crumbled like ancient ruins.

You may notice that the shoreline a many of the rocks are marked wi chalky white lines. This is the old wat level. Pyramid has dropped nearly 1 feet in the 70 years since an irrigati project started tapping the Truck River, the lake's only source of water.

Many people (including the Indian who have filed suit to curtail water version) think the lake is doomed if level continues to drop. Though in sum mer its slightly salty water is warm a pleasant for swimming, and fishing is e cellent, these recreational attractio may be in peril.

At Warrior Point Park, *visitors set camp under warm spring sunshi Picnic shelters are in backgrou*

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Prickly pear *cactus (left) will look familiar. So will sea lions—which you never could observe so intimately back home*

You get very close to nature when you visit Galápagos

Mention the Galápagos and a visitor remembers warm salt spray, benign but sometimes broody skies, cactus, black lava rock, and sea lions and giant tortoises and iguanas and birds incredibly unawed by people.

Early mariners called these Las Islas

Land iguana *is yellowish; the slightly larger, unique marine iguana is dark colored*

Galápagos *(Spanish for tortoises) at Darwin station*

Fork-tailed *gulls have distinctive red-rimmed eye, graceful flight*

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1931 Model A Roadster.

1972 Pinto Runabout shown with optional white sidewall tires, rocker panel molding and accent group.

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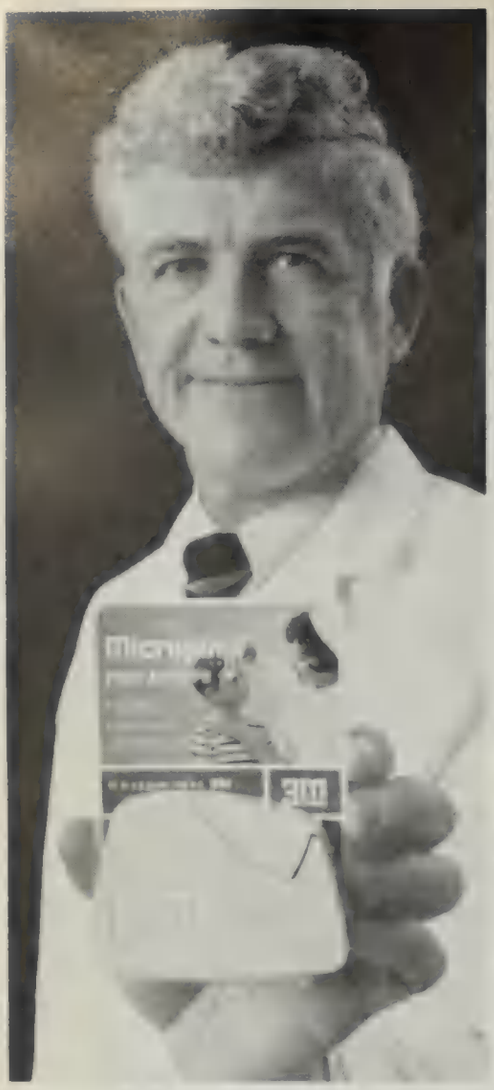

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Small craft *tend to gather in Academy Bay, Santa Cruz Island. Largest settlement in Galápagos is here. Darwin station is nearby*

Encantadas, or the Enchanted Islands. Their spell still works on all comers, including the recent trickle of tourists. We've never heard of anyone—scientist, sailor, or passenger—who wasn't glad he had come and sorry he couldn't stay longer.

Until you arrive, you don't realize how big and far apart the main islands are, with no ferry service between them. On a Tuesday or Friday a four-engine prop plane brings you out 600 miles from Guayaquil in the steamy Ecuador lowland, leaves you at the airport on flat-topped Baltra Island, and won't return for three or four days. From then on you move from island to island by boat at 10 knots or so. There are no planes for charter and no other airfields.

You're seeing while cruising: pelicans or penguins or a fur seal near rocks close to the water, a frigate bird soaring magnificently, flying fish, porpoises racing close under the keel, a booby (blue-footed, red-footed, or masked) dropping like a dive bomber to plunge right into the ocean for fish.

The Galápagos stretch more than 160 miles north to south, and likewise east to west, with wide gaps even between the clustered dozen or so major islands. Although the islands straddle the equator, the cool Humboldt Current flows north from the Antarctic almost all year to prevent the formation of coral around them and temper their tropical climate. The sun is strong enough to sunburn the unwary, but not scorching. Humidity may become oppressive as you move from coastal desert to high country jungle on the larger islands, but you'll probably spend little time inland.

About 6,000 residents are spread thin, chiefly on three of the dozen lar islands. But even this small populatio more than double what it was in 19 when Ecuador decided to make a tional park of the whole Archipiéla de Colón (its official name) except previously committed land. It is ho that the coming of tourists to visit national park may give residents eno employment so other activities won't pand much beyond present limits.

The internationally financed Cha Darwin Research Station on Santa Cr dedicated in 1964, provides a field b for visiting biologists and helps Ec dor's conservation officers prot unique species. It welcomes visitors.

You may not see everything you're c ous about on one visit. Some rarer s cies, like the flightless cormorant twig-wielding woodpecker finch (one the famous finches that stimulated D win's first thoughts on evolution), found only on certain islands.

Advance reading is almost mandat You might start with *Voyage of Beagle* (available in paperback), which Charles Darwin describes 1835 visit. Then, for a more recent lo see the Sierra Club - Ballantine bo *Galápagos, The Flow of Wildn* Volume I (1968; $3.95 paperback); follow it, if you wish, with Volume I Roger Tory Peterson did one of the of several magazine articles on the G pagos in the April 1967 *National G graphic*. And of course, tour opera have literature and reading suggesti

Yachtsmen, long attracted to the G pagos, have mobility. But those arrive by plane have a choice of three conveyances from island to isla

The motor vessel *Lina-A* has slee accommodations for 56 and of cruises of four, five, and eight d Rates vary by type of accommodat

Sandy beach *on James Island, with volcanic cone in distance. On a nearby pond you can see flamingos*

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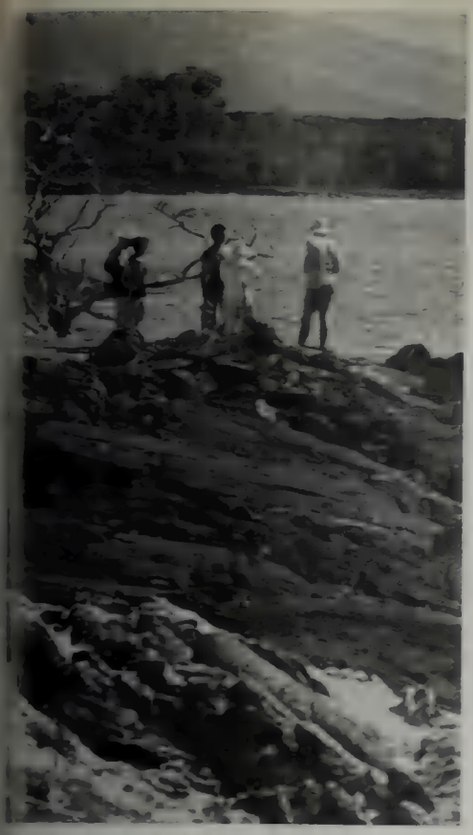

ck lava *reached the sea at Punta inosa on Fernandina Island. ngrove lines the far shore. d snorkeling and swimming here*

ting at about $175 for four days.

e cabin cruiser *Vagabond* can sleep but is used most by day sightseers sleep at the 12-room Hotel Galápos on Santa Cruz Island. Owner est Nelson also offers four, five, and t-day cruises, beginning at a flat rate 150 for the four-day cruise. He also s hotel guests at $20 a day, includmeals, if he has the space; and stugroups of 12 or more at reduced s. (For information on either *Lina-A Vagabond* cruises—or combinations he two—see a travel agent or query ght Way Tours, 1015 S. Central ., Glendale, Calif. 91204.)

three-masted schooner *Golden halot* has cabins for 12 passengers specializes in an 18-day package, ting at $1,400, which includes your t to and from mainland Ecuador a first and last-day stop in Guaya. (See your travel agent or write to lablad Travel, Inc., 133 E. 55th St., York 10022.)

ng from Los Angeles to Guayaquil s about $550 round trip on economy or $480 on a 10 to 30-day excur. From Guayaquil to Baltra it's $120 d trip.

g your camera, film, binoculars, ing suit, skin-diving gear, hat, insect llent, sunburn ointment, and shoes good traction for walking on rocks sturdier shoes if you plan extensive rsions inland). □

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A view of the Taroko Gorge.

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Wilder *backpackers hike snowy Pear Lake Trail from Wolverton Ski Bowl. Four-mile ski touring trail has been marked from Wolverton to Giant Forest Village*

Taking children to the snow . . . March is a great month

Milder temperatures loosen winter's grip on the southern Sierra this month, although late winter storms may bring fresh snow through mid-April. During the bright interludes between storms, Sequoia and Kings Canyon National Parks offer a wide variety of spring snow activities in one of the most magnificent winter settings in the West.

The Generals Highway (State Highway 198) is kept open all winter and provides access to the parks' winter campgrounds, ski slopes, and snow play areas. Winter accommodations are available at Giant Forest Lodge and at Wilsonia.

The parks are seldom crowded at this season even though they are little more than a half-day's drive from both San Francisco and Los Angeles. Most visitors come on weekends when the small ski area is in operation. □

Tailgate picnics *fuel skiers at Wolverton. Bring your own lunch. Snack bar serves hot beverages*

Snowy meadow *alongside highway invites solitary hiker to track the crusty drifts mantling the winding course of Dorst Creek*

Snowball fight *at Lost Grove interrupts spring drive along Generals Highway through Sequoia National Park*

Winter visitors *make camp at snowy Lodgepole Campground. Grant Grove also has snowy sites. Potwisha is usually snow-free*

Snow play area *at Wolverton rents saucers ($1). Bring your own sleds and inner tubes*

Ski all day *at Wolverton for $3, weekends and holidays from 10* A.M. *to 4* P.M. *Rent skis and poles for $6 a day*

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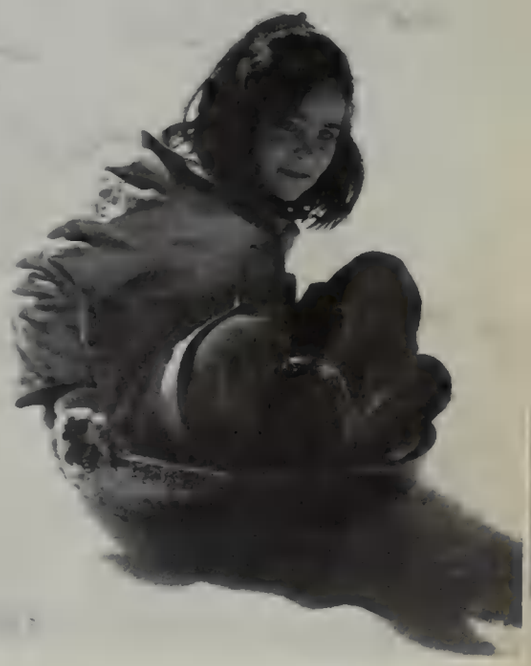

Gold Hill, Virginia City's ghost suburb

CECIL HELMS

Abandoned *silver mine forms backdrop for oldest hotel in Nevada*

Gold Hill, Nevada, never achieved the fame of Virginia City, ½ mile to the north, but it is remembered as the site of the discovery of the fabulous Comstock Lode.

Many of the town's remaining buildings are privately owned, but you can visit the art gallery located in the old Bank of California. The vault, dug into the hillside, now houses a sculpture garden. And if you want to stay overnight, the Gold Hill Hotel, oldest in the state, has six rooms for rent. It is open all week during the height of the tourist season, weekends otherwise. For reservations, write to The Immoors, Box 304, Virginia City, Nev. 89440.

You can also wander through Gold Hill's four overgrown graveyards. Plaques mark former silver mines and building sites in the town.

The back roads over the treeless hills above Gold Hill offer a panoramic view of the town. The hills are covered with mine tailings and open mine shafts, so be careful when exploring on foot.

To reach Gold Hill, take U.S. Highway 50 east from Carson City; turn north on State 17 for 3 miles, then take alternate route to Virginia City via State 80. □

Antique *furnishings add atmosphere to restored Gold Hill Hotel*

Youngsters *are fascinated by ewer and basin in hotel bathroom*

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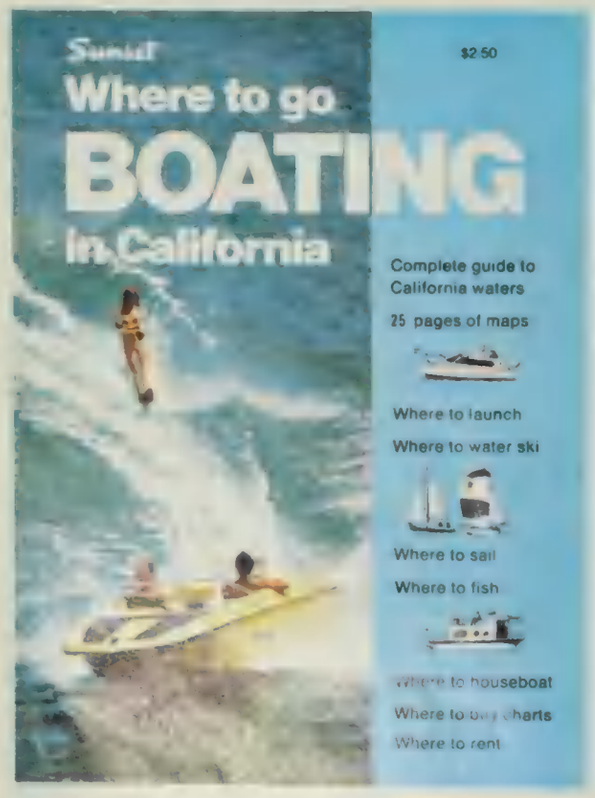

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take your choice of 7000 Western destinations in this

All New Directory

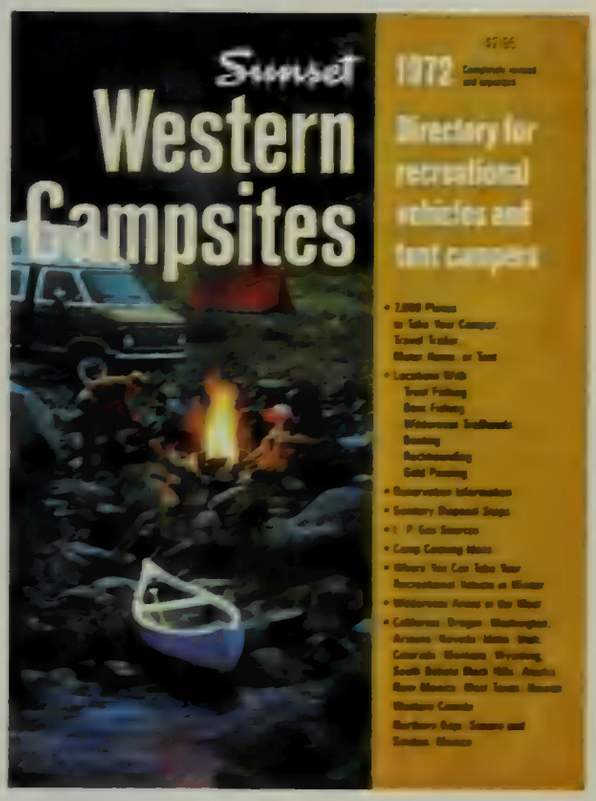
The 1971 *Sunset Campsite Directory* was a big hit — it sold out early in the season. But campgrounds and trailer parks change fast. And readers asked us for even more details about each campground.

So for 1972 *Sunset* is publishing an all-new, expanded directory with much more information about the 7,000 campgrounds in 15 Western states*, Western Canada, and Western Mexico.

- Clear road directions, with all campgrounds located on maps, state by state.
- Reservation information, with phone numbers and mail addresses for campgrounds that accept or require reservations.
- Acceptance of pets, or not.
- Complete report on facilities, hookups, showers, fees, time limits, sanitary dumps, ice, wood, etc.
- Nearby attractions: trailheads, ghost towns, wilderness areas, gold panning, hunting, nature trails, etc.
- Nearby waters: lakes, streams, distance to boat ramps.
- Rentals: horses, boats, trailers.

You'll find this the most complete directory ever compiled, 354 pages (including covers). It should save you many hours planning your trip, and wipe out any worries you might have on the road, wondering where you'll spend the night. Only $2.95.

*Added this year: South Dakota Black Hills, West Texas and Sinaloa (Mexico).



SPECIAL ARTICLES

• Camp Cooking — Ideas for the Road and Trail • Wilderness and Primitive Areas of the West • Seasonal Destinations—Winter, Spring, Summer, Fall • Winter Camping Ideas, Suggestions • Roadside Rests—Where They Are • Sanitary Dumps—Complete New List • L.P. Gas—Where to Buy it—Complete New List • Where to Get Maps and Charts

Picture you in SOUTHERN CALIFORNIA

Journey to a year-round land of excitement where nature's work is rivaled only by the imaginative handiworks of man. White-capped mountains and palm-lined oases. Playful waves upon miles of sunny Pacific beach. A land where each day offers hundreds of new adventures.

These are just a few of them. Disneyland – A magic kingdom. Universal Studios Tour – Behind the scenes look into the big screen. Knott's Berry Farm – Old West excitement. San Diego & Los Angeles Zoos. Sea World/Marineland – Aquatic circuses and performing killer whales. Lion Country Safari – Lions roam free around the family car. Queen Mary – Rules the Long Beach Marina. Palm Springs Tramway – Sky lift above a desert oasis. Busch Gardens – Lush tropical paradise. Japanese Village – Unique shows in the Far East of the West. Magic Mountain – High flying family fun. Catalina – Secluded isle minutes from the mainland. Music Center/Hollywood Bowl / Greek Theater – The halls and hills come alive to the sounds of the biggest names in entertainment. Harbor Cruises (L.A., San Diego, Long Beach) – A sea-eye view of the West. Farmer's Market – Acres of unique shopping. Golf Courses – 400 of the world's most challenging courses. Major Sports – Dodgers, Angels, Rams, Lakers, Kings etc. – the sports capital of the world. Hollywood Park, Santa Anita, Del Mar, Los Alamitos – Thoroughbred racing nearly all year long. Accommodations – Fine hotels and motels to fit every family's budget.

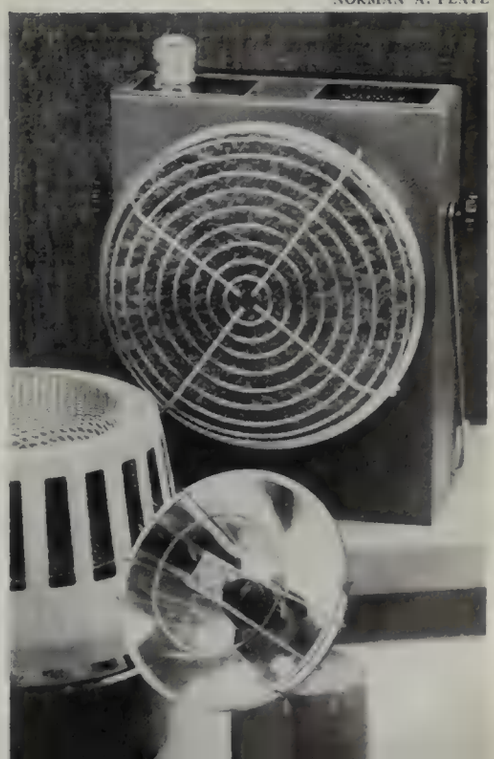
The best of all vacation worlds.

Write for free Vacation Kit
Southern California Visitors Council
Room 147,
705 W. 7th Street, Los Angeles,
California 90017.

DARROW M. WATT

Tent heater *works without a flame; fuel is burned with the help of a platinum catalyst. Warmth radiates from top and sides of protective cowl*

NORMAN A. PLATE



Choosing a heater for a tent or a camp vehicle

lling winds and low temperatures) many campers at home during win- and early spring—when the wilder- is most peaceful, and campgrounds t cluttered. But with a modern camp er you can enjoy the crisp winter ıty of the outdoors, and retreat at ıt to a warm, comfortable shelter.

Most camp heaters are inexpensive to use and easy to carry; their average size is 12 inches high by 10 inches wide. And one kind is relatively safe for use in tents, cabins, and other cramped areas: the catalytic heater, which provides ample warmth while consuming its fuel without flame at far below the level of normal

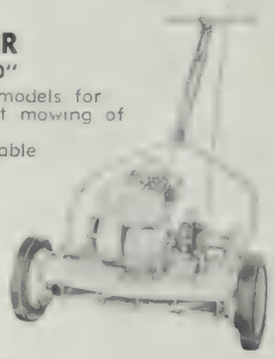
Fuel types *include 11-inch-high radiant butane heater (foreground); white gas catalytic (left); and propane catalytic (rear)*

FOR THOSE WHO WANT THE BEST

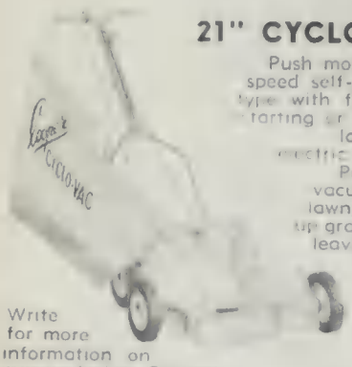
Cooper

Get better performance, more convenience, longer service life, and save money. In the long run it'll cost you less than cheaper mowers and serve you better than many more expensive ones.

KLIPPER
18" and 20"
5 and 6 blade models for smoothest, safest mowing of all type lawns. Rugged, dependable construction with plenty of power, easy cutting height adjustment, and all controls on the handle.



21" CYCLO-VAC
Push models or 2 speed self-propelled type with finger tip starting or the very latest key electric starting. Practically vacuums the lawn, picking up grass, twigs, leaves while mowing.



Write for more information on new-exclusive Cooper disposable grass bags.

EDGE'N TRIM
Effortless edging of sidewalks, curbs and driveways. Special curb mowing feature. All controls operate from handle.

Cooper

MANUFACTURING CO.
419 SO. 1ST AVE.
MARSHALLTOWN, IOWA 50158

combustion temperatures.

Catalytic heaters

Heating devices commonly combine fuel with oxygen at a high, flame-producing temperature. But catalytic heaters create the same heat-producing union at 400° less than open-flame temperature; they make use of a large pad of feltlike material imbedded with tiny particles of a platinum catalyst.

The results include slow but effective heat for confined areas, low fuel consumption, and safety: Paper placed directly on the heating pad will only char, not ignite, and the heater doesn't become an explosive hazard if it's accidentally knocked over.

Catalytic heaters use either of two common fuels, white gas or propane; each has its particular advantages.

White gas is the least expensive fuel (up to $1.40 per gallon) and the most readily available in remote areas. High quality white gas produces about 900 BTU's (British thermal units) per penny, and a 5,000 BTU-per-hour heater with a 3-quart fuel capacity can produce more than 18 hours of sustained heat without refilling. (BTU output is affected by fuel quality, heater efficiency, and necessary heat-dissipating ventilation.)

White gas is drawn to the heating pad by a wick; it doesn't depend on pressure in the fuel tank, so cold or the low pressure of high altitudes won't seriously limit the heater's output. Gas contaminated by oil, lead, or other additives can ruin the wick or catalyst; follow your stove's fuel instructions carefully.

The main drawback of white gas heaters is the long and sometimes inconvenient pre-heating process necessary to start the catalytic action. You must soak a portion of the heating pad with fuel, then light it, creating a high, sooty flame that will last for several minutes before dying out as the catalytic process begins. The heater must be started outdoors, and may take 20 minutes to reach full heat.

These heaters are priced from $20, for a 3,500 BTU-per-hour model that will burn up to 18 hours on a 2-quart tankful of fuel, to about $40 for an adjustable 5,000 to 8,000-BTU unit that can last more than 30 hours on 6 quarts of fuel.

Propane is the more convenient fuel. A propane catalytic heater can be lit indoors and provides clean, quick heat without the complex priming common to gas heaters. The catalytic process is the same, but the fuel vapor comes directly from a pressurized tank without using a wick and the flow can quickly be turned on or off (a white gas heater must be snuffed out).

But propane is expensive: A standard, disposable 14-ounce canister costing from $1 to $1.50 will last for about 4 hours at 5,000-BTU output, producing only 225 BTU's per penny. You can fuel costs and extend the uninterrup burning time by substituting a large, fillable tank for the canister. But tank is bulky and an added expense (and up), and refill stations can be h to find in remote areas.

Propane catalytic heaters are pri from $28, for a lightweight 5,000-B model that sits atop its fuel canister about $90 for a 10,000-BTU unit signed for use with a bulk tank (the t costs about $27 extra). One new mo is adjustable from 4,000 to 10,000 BT and has an automatic shutoff in case flame goes out while the propane is flowing; and an on-off visual indicator costs about $50.

Other propane heater options incl mechanical lighting devices, a regula to provide an even flow of fuel at va ing altitudes, and an adapter line to tach your heater to the propane tank a recreational vehicle.

Open flame heaters

Flame-producing camp heaters are common than catalytic units, and safe. While most have protective cov they can still ignite objects that to the flame. Open flame heaters are g erally lightweight and compact; t cost from $20 to $40, depending on h output and fuel capacity.

Denatured alcohol models are wick-f and a 5,000-BTU model can burn for to 8 hours on 3¼ pints of fuel cost less than $1. The alcohol is nonexp sive, and doesn't produce danger fumes. Propane and butane models radiant: The flame turns a metal g red-hot, and a reflector concentrates heat in one direction, warming nea objects even in mild winds.

Using your heater properly

No heater should ever be used in ventilated areas; it will consume oxy and give off carbon dioxide and ot toxic byproducts. In a tent, open bottom of the door flap for fresh air a open a higher window for escap fumes. In a camp vehicle you can cra open a window for air, and let the fun out through the stove vent or roof p but never place a heater near a light stove or other heat source.

Heaters shouldn't be used in mov vehicles: A violent upset or the imp of an accident or sudden stop can cra propane fittings or break open the f tanks of gas heaters, creating a volat fuel concentration.

Because of possible charring, fuel sp age, or ventilation problems, you m prefer not to use the heater at night, p ticularly if you're next to it on t ground. Heat rises and has little eff on floor temperature; your sleeping b will provide the most warmth.

To Alaska, with the Prince!

Escape!

Cruise to Ketchikan, Skagway, Wrangell, and the other intriguing ports in The Prince's exotic realm.

The Inside Passage to Alaska — if not the last frontier, it's surely the most spectacular.

And The Prince? Ah, yes . . . The S.S. Prince George, Canadian National's fabled 7-decked cruise ship. Whose every cabin has an outside view. Whose menu and wine list is truly fit for kings. And whose staff serves you in a style you thought no longer existed.

This year, run away with The Prince. Sailings from Vancouver, B.C., every 8 days from April 26 to October 3. Prices start as low as $315 (Canadian Funds) including accommodation and meals. And there are attractive discount rates for early and late season cruises.

But please . . . book well in advance through your Travel Agent or Canadian National Passenger Sales office.

The S.S. "Prince George" is registered in Canada.

S-2

CN Canadian National Railways

CN Passenger Sales and Services
Room 113, CN Station, 1150 Station Street
Vancouver 4, B.C.

Please send me color brochure on the S.S. Prince George Alaska Cruises.

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IN SAN FRANCISCO, NAPLES IS JUST ACROSS THE STREET FROM HONG KONG.

And Tokyo is just a short ride away from Manila. San Francisco is a city of many cultures, languages and cuisines. Our famous bread is French. They still speak Italian in North Beach. We have our very own Japanese Tea Garden. Plus a selection of restaurants from Armenian all the way through to Ukrainian.

Yes, San Francisco is colorful, cosmopolitan—and also very compact. You never have to travel very far to see and do everything. If you'd like to visit Asia, Europe and the Mediterranean this year, come to San Francisco. We've got it all together.

SAN FRANCISCO
Convention & Visitors Bureau.

See any travel agent or airline office about our special low-price San Francisco weekend package plan.

Auction of early Western art

Some connoisseurs of the Old West s nobody caught its spirit better than a ist Charley Russell.

The collectors among them will try be in Great Falls, Montana, on Mar 17 when works by Russell, Frede Remington (another famous cowboy a ist), and others go on the block in t fourth annual Charles M. Russell Au tion of Original Western Art. A lunc eon, art display, and film will prece the auction, which begins at 7 P.M. in t Rainbow Hotel. For tickets ($8) write the Advertising Club of Great Falls, B 619, Great Falls, Mont. 59401.

If you can't make it the day of t auction, you can see more than 300 o sculptures, sketches, and watercolors Russell and other Western artists at t C. M. Russell Gallery at 1201 Four Ave. N. Admission is 50 cents for adul 25 cents for students, free for childr under 12. The gallery is open from A.M. to 5 P.M. Tuesday through Satu day and 1 to 5 P.M. on Sunday fro now through May.

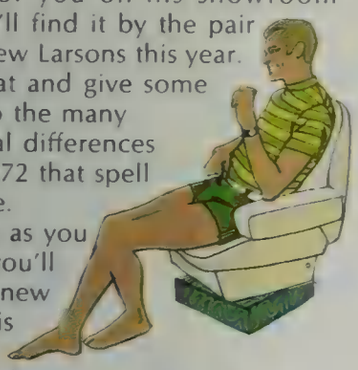
Russell's log cabin studio next to the g lery has the same visiting hours; there no admission charge. The cabin contai his art equipment, models, photograph and many artifacts given to him by t Indians.

Stay-at-homes might console themselv by turning the pages of a handsome r cent book: *The Art of the Old West*, Paul A. Rossi and David C. Hu (Knopf, New York, 1971; $30). Its 3 pages include 134 color plates of wor by Russell, Remington, O. C. Seltze William Cary, and other artists.

All boats are not created equal.

Sit down and think about it.

ır Larson dealer has this superb seat iting for you on his showroom ɔr. You'll find it by the pair nany new Larsons this year. ve a seat and give some ught to the many eptional differences arson '72 that spell a value. s soon as you down you'll w this new t seat is ike any er. The bottom and back are con- red and cushioned to fit yours.



And when you lift the levers under the arms, the back reclines. Your mate can swing around to talk comfortably with you le facing the stern. You can ng toward her. Yet you're still with- omfortable reach of the wheel and other controls.

The 18 ft. Shark Stern Drive model has a wrap-around control panel. And every '72 Larson has padded dash and padded coaming.

Reach up now to the top of the windshield frame and pull yourself up. Sturdy, isn't it. If you've tried that on others, you'll feel the difference.

Look at the space forward. It's all flat and cushioned. You can stretch out in any direction. Or you can stow one section of cushions to convert the forward area to conventional seating. And there's a well for stowage or ice under the middle cushion. The new left side walk-thru makes it easy to get to the forward deck without disturbing the driver.

There's even a locking beverage bar to hold glasses and bottles secure.

We've thought of some other simple things, too. Like molding non-skid step areas on gunwales, and at the bow on Shark models.

And a very functional but unobtrusive bow light that has the big advantage of providing more step area for beach boarding. (Speaking of lights, every '72 Larson has an interior courtesy light; all Stern Drives have an engine box light.)

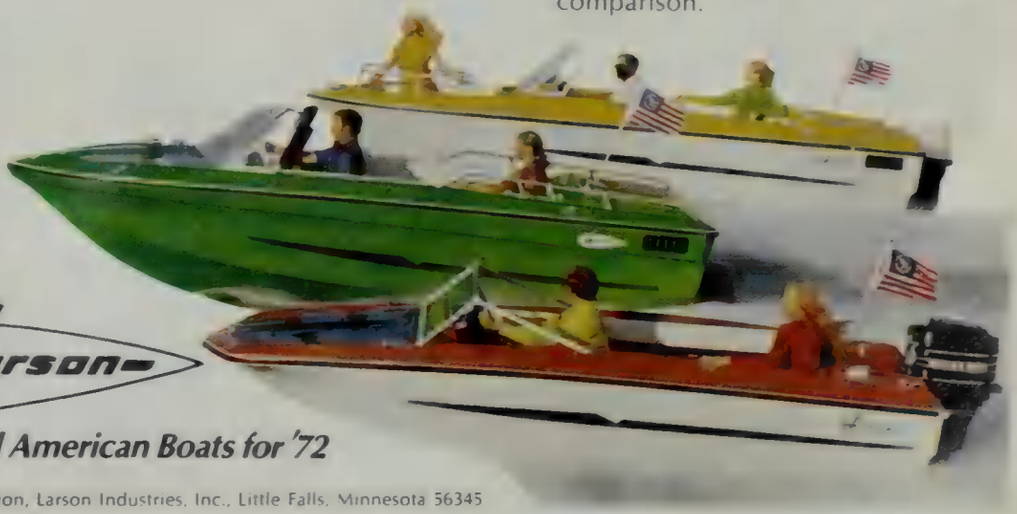
Notice the new stern seat. It's curved to fit the way people

like to sit. By the way, the tables double as footrests for forward or stern seats. They stow neatly on the side panels when they're not in use.

There are many more innovations your Larson dealer would like to show you. All in the category of "value added by engineering for people."

During Larson's 58 years of boatbuilding, more people have bought Larson than any other brand of runabout. This year's innovations add to the value that's been so traditional.

Larson's differences make boating more fun and give you more value for your boating dollar. Your Larson dealer hopes you'll make your own comparison.



Larson

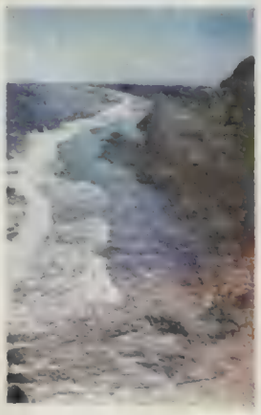
All American Boats for '72

Larson Boat Division, Larson Industries, Inc., Little Falls, Minnesota 56345

This year, vacation in El Salvador. An enchanting Central American country of unspoiled beauty and old-world hospitality.

You'll discover a kaleidoscope of natural wonders. Slumbering volcanos. Crater lakes. Fern-clad forests nestled amid towering cliffs. Unequalled views. And near-perfect climate.

Everything is conveniently nearby . . . especially when you stay in a modern resort hotel at the capital city, San Salvador. You can explore ancient Maya ruins at El Tazumal. Follow El Litoral Highway along a breathtaking coastline dotted with sparkling black sand and white sand beaches. Marvel at Lake Coatepeque, shimmering in its volcanic crater. Stroll through Los Chorros, a garden paradise of waterfalls, ponds and fountains. Visit picturesque villages. Drive among coffee plantations to dramatic Izalco Volcano. All this and more is just minutes away. Oh yes. One other thing – the U.S.A. That's nearby, too.



Take a closer look at delightfully unspoiled El Salvador. Contact your Travel Agent for further information. Or mail the coupon today.

EL SALVADOR TOURIST INFORMATION OFFICE SU-372
703 Market Street
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Please send me your colorful literature on El Salvador.
☐ I am also interested in special 3-5 day tour packages.
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Address
City
State Zip
Travel Agent

Useful new ferry across to Baja

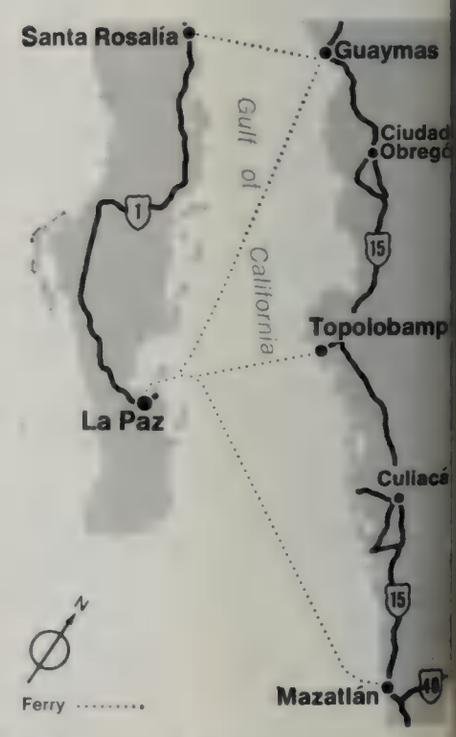
A new Mexican ferry service from Gua mas, Sonora, to Santa Rosalia and to Paz, Baja California, and the new paved Mexican Highway 1 connecti these two cities have changed a visit the Baja Peninsula from an arduous e perience to an easy family outing.

This service will supplement alread established ferries to La Paz from Maz lán and from Topolobampo (this one temporarily out of service).

The Guaymas-based M.N. *Diaz Ord* with a capacity of 500 passengers a 120 cars, went into service on Decemb 26. The current schedule is: *Saturday* a *Sunday:* leave Guaymas at 7 A.M., a rive Santa Rosalia at 1 P.M.; leave San Rosalia at 4 P.M., arrive Guaymas 10 P.M. *Monday:* leave Guaymas at P.M., arrive La Paz at 8 A.M. Tuesda *Thursday:* leave La Paz at 5 P.M., arri Guaymas at 8 A.M. Friday.

Fares between Guaymas and Santa R salia start at $3.60 per person and $ for a standard-sized automobile. Far between Guaymas and La Paz are $ a person for a cabin with bunk and wa basin, and $40 for automobiles.

For information on all the ferries Baja, write to the Mexican Governme Tourist Bureau, 707 Broadway, S Diego 92101.



New ferries, *road, for Baja travelers*

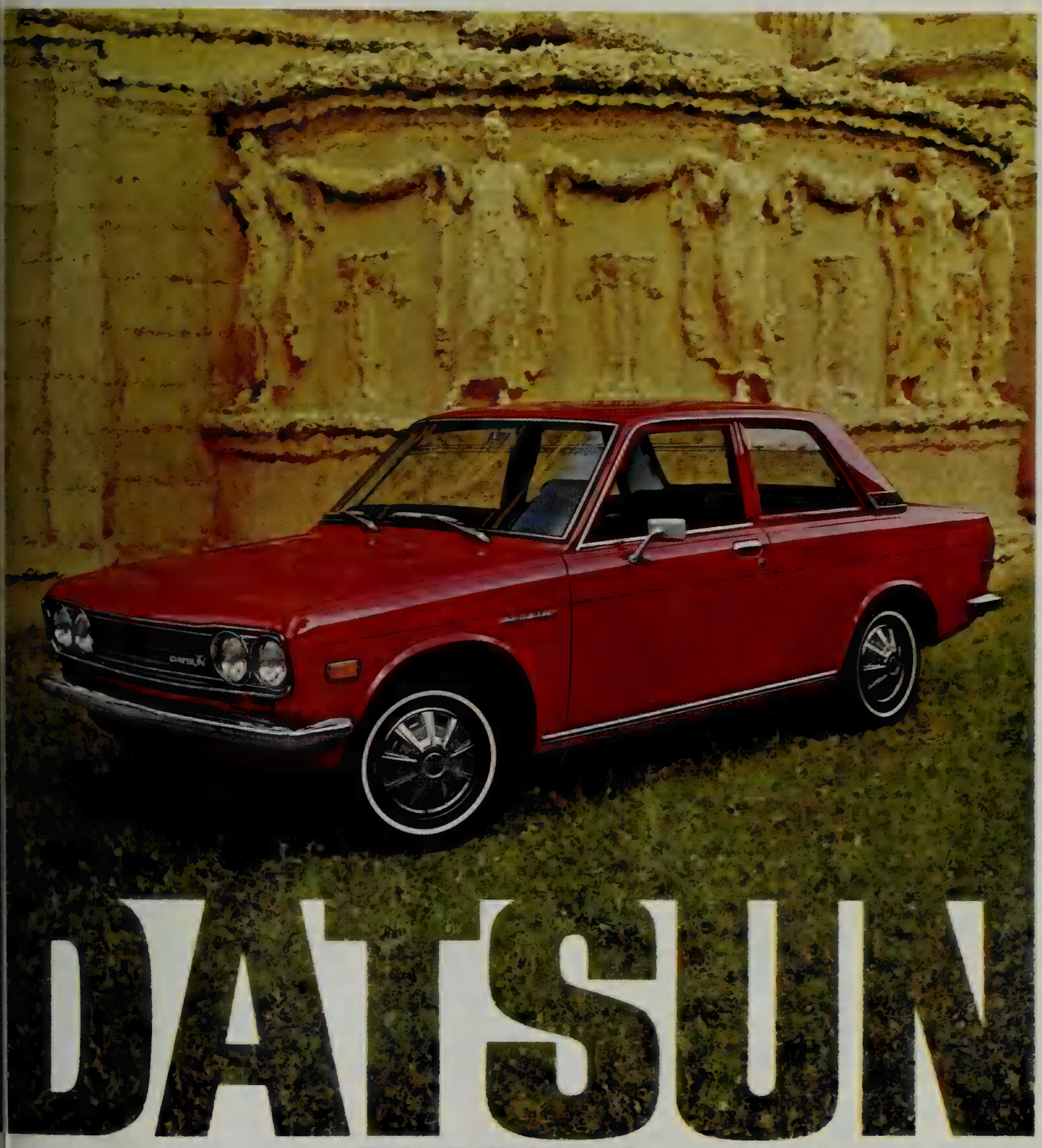
Under our sedan body lurks a secret sports car.

At first glance, you might mistake the Datsun 510 2-Door Sedan for just another economy car.

But under that civilized exterior lies some pretty exotic machinery:

Independent rear suspension. Front disc brakes. An overhead cam engine. A slick 4-speed transmission. That's the stuff sports cars are made of, as our competitors in the high-pressure 2-5 Trans-Am racing series have discovered.

Drive a Datsun...then decide.



FROM NISSAN WITH PRIDE

Jumper *begins somersault in a gelände "spectacular"*

Spread-eagle *jump will be judged on form and distance*

FRANK JENSEN

Spectators *line the slopes of the jumping area. The action is high and exciting*

In Utah the geländesprung is a spectator sport

Somersaults on skis? Such acrobatics aren't uncommon at the Intermountain Gelände Championship and at the National Gelände Contest, both held each April near Salt Lake City.

Developed by expert skiers to liven up their skiing, "geländesprung" or "gelände" is the art of terrain jumping. The sport involves springing from moguls, ledges, or cornices to soar above the slopes for short distances. Recently it has reached a level of refinement and daring never anticipated by early casual jumpers.

Gelände became a spectator sport about seven years ago in Alta, Utah, on an old mine dump used as a jumping hill. It bears little similarity to the classic Nordic style of jumping in which contestants, seeking less wind resistance, lean far over their skis after leaving a ramp that is fairly level at its end. The gelände ramp is usually nothing more elaborate than a steeply banked and packed hillock of snow from which skiers catapult themselves high into the air. Once airborne, gelände competitors maintain balance by using either a tuck style with knees bent or a spread-eagle style.

The spectaculars are the real crowd pleasers and are held after the serious competition. Skiers whimsically perform any acrobatics that will delight their audience and judges. Backward and forward somersaults, 360° turns, and other stunts are common.

Dates for the Intermountain Gelän Championship are, at press time, Ap 8 and 9 at the Solitude Ski Area, miles east of Salt Lake City. To ver dates write to Solitude Ski Area, Brig ton, Utah 84117; or telephone (80 355-6412. Junior events take place Saturday and the finals on Sunday. events start at 11 A.M. Admission is fr although there may be a slight char to ride the lift to the jumping hill.

The National Gelände Contest is he April 21, 22, and 23 at Alta, 25 mil southeast of Salt Lake City. The cha pionships and "most spectacular" co petitions begin Sunday at noon, preced on Saturday by an amateur competiti and Friday by a junior competition skiers 15 and under. The Friday and S urday events start about 11 A.M. T jumping hill is within easy walking d tance of the parking lot and is usual lined with spectators on Sunday. Adm sion is free.

$6,795* Feature for feature and dollar for dollar, it's your best buy in a low-cost motor home.

Maybe you'll find a motor home with a lower **sticker price** than Winnebago's new D-18 Brave. But if you do, compare the standard equipment. Then start adding up all the **extra** money you'd have to spend to bring the other unit up to Winnebago quality.

The new D-18 is compact and easy to drive—at 18'3", it's no longer than a family station wagon. It has a big 318 cu. in. Dodge V-8 engine with power brakes, power steering, automatic transmission and dual rear wheels. It's built with exclusive Thermo-Panel® construction. Yet it's priced at just $6,795.* And it includes dozens of standard equipment features that are either not available or optional at extra cost on most other low-cost motor homes. Features like water heater and shower, pressurized water system, forced-air furnace, 3-burner stove with oven, 4 cu. ft. gas/electric refrigerator, dual 70 amp. batteries, twin 20-lb. gas bottles and 15 amp. converter.

See the D-18 Brave and 9 other 1972 Winnebago motor home models at your dealer's now. Or write to Winnebago Industries, Inc., P. O. Box 152, Forest City, Iowa 50436. This is the year to find out how much fun you can have when you go the Winnebago route.

Go the Winnebago route

Winnebago Industries, Inc. S
P. O. Box 152
Forest City, Iowa 50436

Hey, Winnebago! Send me the name of my nearest dealer and complete information on all three lines and ten motor home models for '72.

I'm interested in ( ) buying ( ) renting.

Name _____

Address _____

City _____ State _____ Zip _____

WINNEBAGO

America's best-selling motor home

*Manufacturer's suggested retail price, F.O.B. Forest City, Iowa. Excluding federal, state, and local taxes, dealer preparation and transportation charges and optional equipment charges if applicable.

Two reasons to go to the ends of the earth:

The Hamburg, The Space Ship, is the newest and biggest one-class liner cruising from California. And it offers you the first cruise of its kind . . . glaciers, geysers, the molten magic of the midnight sun, the sophistications of Scandinavia, and the treasures of the Russian czars, not to mention the Caribbean.

The Space Ship is two ship-wide ballrooms, decks as big as all outdoors, every stateroom with real beds and private bathroom. It's surprising you with favorite drinks and dishes, lending you a fluffy bathrobe, and remembering your name.

Journey to the ends of the earth on the Space Ship, and we'll go to the ends of the earth to make this your cruise of a lifetime.

1. The Caribbean, Scandinavia, and Russia Cruise.

2. The Space Ship.

From California

June 9, 1972. From San Francisco and Los Angeles (6/10). 55 days. 24 ports include Puerto Rico, St. Thomas, Bermuda, Reykjavik, North Cape, Oslo, Gdynia, Leningrad, Helsinki, Stockholm, Copenhagen, Hamburg, returning to New York. From $2695.

Clip coupon or see your travel agent.

TO: Holland America Line Agencies, Inc.
650 So. Olive St., L.A., Calif. 90014

Please send me full-color brochures on the Space Ship and its Caribbean, Scandinavia & Russia cruise plus others checked below:

☐ Caribbean Festival
☐ Spring Orient/Pacific
☐ Hanseatic's Spring Mediterranean (from Fla.)

Name_____

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City_____ State_____ Zip_____

Travel Agent_____

All ships are of West German registry
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TS Hamburg 25,000 Tons · German Atlantic Line · Represented by Holland America Line AGENCIES, INC.

Orchids *bloom on tree bra*
in Walker estate g

Plants and peop of the Pacific.. show in Honolu

Unlocking the gates to a magni private garden near downtown Hon this month is Flora Pacifica, an un garden show about plants and peop the Pacific. It will be presented o grounds of the H. Alexander W estate, one of the most elegant res tial gardens on Oahu.

Visitors will have the rare opport of roaming freely through the spa estate, which includes a rainbow ga of orchids, a citrus grove, and a quisite Japanese garden.

Genuine rice paddies, rivulets, refle pools, small footbridges, and 20 ions have been added to one 3-acre tion of the garden to present the t exhibitions and demonstrations o year's exposition.

Visitors will see many rare plants, as the bo tree, said to be from the inal tree in Ceylon where Buddha shiped and meditated for six years.

The Walker estate, named *Ma* (shady lawns), is located at 2616 Highway in Nuuanu Valley, a fav residential area for Hawaii's *kam* (old-timer) families. The late Mr. W was the son of King Kalakaua's mi of finance.

Flora Pacifica will be open daily 1 to 10 P.M. from March 24 thr April 9. Admission is $3 for adult cents for children. Special discount ets are available for students, mil personnel, and family groups; and th a "family ticket" for $6.

THE '72 MERCS. 4 TO 140 HP. NOTHING'S COME UP TO US YET.

The Mercs for '72 are every bit as good as they look. There are big and little changes. But we made them all for just one reason. To give you the finest pleasure machines that ever put a prop to water.

To start with, there's the new Merc 1400. At 140 hp, the most powerful production outboard you can buy. There's the new 3-cylinder Merc 650. At 65 hp, smaller and lighter than competitors' 60-hp models. New "phase-maker" Thunderbolt ignition in the smaller Mercs (20, 9.8, 7½, 4 hp) improves idling and high-speed performance. And every '72 Merc has a drainless crankcase which prevents oil or gasoline from draining into the water.

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MERCURY OUTBOARDS

We asked restaurateur Seymore Dimsdale to appraise the cuisine on a Princess Cruise. "Magnificent," he said.

Mr. Dimsdale's own restaurant in Los Angeles, Dales Secret Harbor, won the prized Holiday Magazine Award.

"The Princess Italia is absolutely first class all the way," says Mr. Dimsdale. "Their Italian chefs, waiters and maitre d' come from the Savoy in London, Maxim's of Paris, And other famous hotels and restaurants in Europe.

"The food? It's marvellous. Such appetizing hors d'oeuvres. Every entrée is a gourmet specialty. And those exciting flambé desserts... delicious!

"Even the wine cellar has everything you could ask for. They have over ten thousand bottles. How many places these days can you find a '59 Chateau Margaux?

"The Princess Italia has to be one of the finest restaurants on land or at sea."

She's all-First Class. So it's not surpri to find people like the Dimsdales takir Princess Cruises again and again.

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Palm Passage, *lined with a variety of shops and a sidewalk cafe, is the biggest alleyway on St. Thomas*

eques Alley *is very narrow, many shops and excellent restaurant*

A great thing about the Virgin Islands is tax-free shopping

The duty-free ports of the U.S. Virgin Islands Territory offer visitors a special bonus. Normally when returning from abroad you must pay customs tax on total purchases over $100. But a U.S. resident returning from here pays no tax on the first $200.

Charlotte Amalie, the territorial capital on St. Thomas, is the busiest of the duty-free ports with daily, nonstop flights arriving from New York, Miami, and San Juan, Puerto Rico, and the ceaseless comings and goings of Caribbean cruise ships. Because of all this tour and visitor activity, you're likely to find a greater selection of goods here than on the other islands.

The shopping district is concentrated near the center of town around a network of narrow, cobblestoned, palm-lined alleyways that forms its core. A variety of shops, boutiques, and specialty stores—overflowing with foreign-made cameras and watches, French perfumes, precious and semiprecious gemstones, Scandinavian fashions and furnishings, Oriental jades and ivory, and imported china and crystal—insure that the eager shopper can take maximum advantage of the favorable tariff situation.

The shopping climate is further enhanced by the fact that there are no language or currency problems. English and the dollar are as official here as in your home town. Be sure to keep all receipts for customs declarations. □

Garden contest winners

First place goes to a terraced marvel in Oakland. Vegetables grow in profusion. Bonsai are in lath shelters

This brand-new *terraced, organic vegetable garden won first prize in Sunset's 1971 Garden Contest. It's also in the three photographs at right*

Sunset Magazine enjoys a great privilege: that of being invited to walk through the gardens and homes of thousands of the cleverest people west of the Rocky Mountains. When we do this walking, we can see, photograph, and then report the significant things that these clever people do to make their homes and gardens comfortable, attractive, and satisfying. Each year, these gardeners' endeavors change enough to match the needs and styles of the times.

On these pages we take you into eight Western gardens that scored high in *Sunset's* 1971 Garden Contest. (At top of page 68 read how the contest works.)

These eight gardens demonstrate how to succeed with eight of today's favorite gardening opportunities. These opportunities read like the titles of one-act plays. You'll find them as little boldface titles from here to page 72.

How to grow good vegetables attractively on a hillside

The first-prize winner in 1971, the Laine J. Ainsworth family of Oakland, had gardened before they moved to this new hillside lot. They knew the fundamentals and the priorities.

They spent the first six years gradually and skillfully dealing with their most difficult landscaping—the front and side that the public could see. By coincidence, the soil was poorest there.

All along, they deliberately held off the best until last—the upper, northeast corner at the rear of their lot where the soil was deep and where the sun shone most. This was where they would grow an organic vegetable garden. As they labored through the front part of the garden, they began to call the undeveloped part the "dream corner."

Here is Mr. Ainsworth's description of how they ultimately developed it:

"By the winter of 1970 we had terraced the dream corner with 2-inch redwood lumber and had built a deer fence on its north and east boundaries. In late November we turned over the heavy clay on the terraces between our retaining walls and carried away excess to make room for addition of soil conditioners. We spread gypsum over its surface.

"By late January we had turned over the soil once more, added steer manure and peat moss 6 inches deep over all the beds (it took 13 cubic yards), and worked t into the soil by several additional tu ings. In January, we also built so stile-type steps up into our terraces a installed a water outlet and hose r near our big pine tree to serve the are

Then the Ainsworths began plantin succession of vegetables. From Febru to August, the crops they planted a later successfully harvested were, order of planting: artichokes, beets, c rots, lettuce, bell peppers, zucchini, matoes (it was late April by then), p ley, chives, onions, more beets, m carrots, pole beans (May 30), roma

The first-prize *winner's rear fence keeps deer out. In late summer, Kentucky Wonder pole beans grow up strings attached to this side of the fence*

N NORMARK

Bonsai shelters *on wall of lowest terrace in Ainsworth garden. The one at rear folds all the way back; others have fixed roofs and removable front panels*

Terraces *make hillside vegetable gardening possible. Hose guides on raised caps explained on page 228. Owner: Laine J. Ainsworth, Oakland*

more Swiss chard, more lettuce, more carrots, peas, cabbage.

One of the three teen-age Ainsworth boys grows miniature trees in Japanese bonsai style as a hobby. He sells his surplus plants at a local flea market. Bonsais need water daily, fresh air continually, and can't take much sun. The bonsai shelters, shown on page 67, give the plants a healthy environment.

A luxurious patio where the back garden goes uphill

When you look at a garden like the McClenahans', below and at right, you may see just the finished product—the attractive, luxurious spot Mr. McClenahan built to grow plants and enjoy life in. However, the snapshots in Mr. McClenahan's contest report showed us the two years of patient, knuckle-skinning, back-bending hard labor that built this place.

First, he graded and laid bricks on the lower surface. Then came the brick wall footing around it and the pool, then the pool itself, the brick walls, the back masonry posts, the front timber posts (not shown), and finally the overhead.

In the photograph at bottom of these two pages, those main beams of 4 by 6-inch Douglas fir, running back toward the hillside, span 16 feet.

The concrete block piers at rear are reinforced with iron bars and filled with grout. The piers and overhead structure were in place by the time of Southern California's February 9, 1971, ear-

If you'd like to enter the 1972 contest

Last year, 368 Western gardeners competed in *Sunset's* Fifth Annual Garden Contest. They built, planted, and grew gardens that *Sunset* staff members visited. At the end of the year, all the gardens were judged. The ones you see on these first pages won first and second prizes. The ones that follow were among the other winners. Elsewhere in this issue and in many issues of *Sunset* to come, you'll see photographs of dozens of other contest gardens.

This year there will be another contest. If you'd like to enter your garden (part or all), send your name (as you want it on your certificate of participation), age if 16 or under, and address to 1972 Garden Contest, *Sunset Magazine*, Menlo Park, Calif. 94025.

Recirculating *pump runs this fountain: a former hanging pot with water spouting through the three rope holes*

NORMAN A. PLATE

ıake. They stood rock solid.

ıck plastic roofing compound lines the ıck pool and makes it watertight. The ·or of the pool is 4-inch-thick rein- rced concrete. A drain in the pool ttom can be opened to let water out r cleaning. Water flows out onto the ver patio and into a sump.

ctoriana in modern landscaping

e photograph at top of page 70 is all ıt you'll see this month of Thomas J. anning's Victorian garden in Fern- e, California. Next month there will more. Mr. Manning has been plant- this garden around an old (1894), o-story, gingerbread Victorian house. a big degree, the plants and the de- n he has put upon them and on the ıund surfaces are as Victorian-ornate the house they surround.

e knot-design parterre in the photo- ph will be finished when bricks of ntrasting sizes and textures have been ced in the now-open spaces.

is knot-design was very big in classic ropean gardens, with the knot being made of clipped hedges or, as here, of masonry. It's called a knot because one "strand" seems to overlap the other.

An attractive garden for exotic plants

The Carl Bronstons, whose ramada and bromeliad trellis are pictured on page 71, acquired their garden in an almost totally different way from the three preceding contestants. The Bronstons decided what kind of garden they wanted and then had it built by a contractor.

But they did the planting and they do the plant-keeping. In fact, plant-keeping is their engrossing hobby. They are proud of a big bougainvillea vine that grows over much of the ramada (but not the part pictured), and of the 50 pots of Martha Washington geraniums that grow and bloom throughout their ramada-enclosed courtyard. Mr. Bronston is president of the San Fernando Valley Study Group of the Bromeliad Society.

He has a greenhouse in which he grows bromeliads, staghorn ferns, and anthuriums. Around the garden are dozens of hanging pots containing interesting bromeliads, succulents, and other plants.

Dining area *has marguerites on bank at rear. Cactus and succulents used heavily because they resist wind that blows here at times*

Runner-up has terrace, pool, flowers, serenity. Back-bending, knuckle-skinning work doesn't show

The second-prize garden. *Its pool and dining area are shown at left and right. R. Clark McClenahan, Thousand Oaks, Calif.*

Mr. Bronston said that he tied the bromeliads to the trellis to simulate the way that they grow in the jungle, attached to the branches and trunks of trees. He wrapped the tiny roots of the larger one around the wood or in some sphagnum moss. Roots of bromeliads act more as anchors than as collectors of moisture. Some plants trap water in cups formed by the leaves; others catch water in cups covered by tiny scales. Either way, the tillandsias and billbergias seen in the photograph get enough water from daily sprinkling.

New tract lot made mellow in nine months

The photograph at right in the middle row on page 71 shows just one of many ingenious time-and-money savers in the garden of Mr. and Mrs. Jack Rodstrom. That nicely landscaped mound at the edge of their lawn was where they put the excess native clay soil mixed with imported mushroom compost and topsoil with which they had built their lawn. They just mounded it and planted shrubs and ground covers on it.

The Rodstroms were this year's champion 36-week landscapers. In each year's contest, we visit a number of gardens in

NORMAN A. PLATE

Unfinished *knot-design parterre around circular bed of francoa, ferns, boxwood. Garden of Thomas J. Manning, Ferndale, Calif.*

which owners are trying to transpose a new house's bare-mud-nothing backyard into a completely landscaped garden in the nine months from winter to winter.

That's an easy goal to set, but it takes time and energy—and some or much money—to do it. The Rodstroms did it mostly with time and energy. They budgeted the complete backyard, including fencing, a jungle gym, a pair of decks, and all the planting for $600. They did it for $728.71—still a bargain, they say.

Here's how the money went. Fencing was done mostly with broken lengths of 2 by 2-inch bean poles salvaged from a generous grower nearby. Posts and stringers of 4 by 4's and 2 by 4's and redwood laths for battens brought the cost of 220 feet of fencing to $165.

A children's jungle gym, made of redwood 4 by 4's set 3 feet deep into concrete, with elevated deck, railing, swing, and trapeze, cost $133.71.

Two slightly overlapping redwood decks by the house, one 10 by 13 feet and the other 16 feet square, cost about $170.

The total cost of plants, new topsoil, mushroom compost, decorative feather rocks, redwood rounds for edging, gravel, and grass seed was around $260.

A knot tied in bricks, a bromeliad trellis, a post and beam ramada, bank control with pines

Erosion control with thrifty ingenuity

The hillside garden shown at the bottom of these two pages started as a planting of Monterey pines to control soil erosion. Two years later, to eliminate a summer fire hazard, C. Edwin Medd had to strip off the natural cover of wild oats and sparse native shrubs between the pines. The stripping left the hill again subject to erosion. What next?

Mr. Medd's solution was to buy a few plants (two black pines and two pampas grass) and quickly lay hands on hundreds of free plants of what he calls the "snap 'em off, dig a hole, stick 'em in the ground, and watch 'em grow" type. All of these starter plants were throw-away clippings, trimmings, and discards from friends' and neighbors' gardens. He planted them wherever roots were

DON NORMARK

Ramada *of Douglas fir 8 by 8's around paved court at the Carl Bronstons', Van Nuys, Calif. Sprenger asparagus in 18-inch pots on seat ledge. Tree ferns in ground beyond*

Ground covers: *festuca (right), Scotch moss (left). Poles are eucalyptus firewood treated with preservative. Mr. and Mrs. Jack L. Rodstrom, Freedom, Calif.*

He's tying *a plant onto a bromeliad trellis in court at left of ramada shown above. Normally, trellis stands under eave, safe from frost and sun*

At far left, *a bank that is a lesson in satisfactory erosion control. First came 18 Monterey pines. Then, anything that would take root. At right, one batch of the "snap 'em off, stick 'em in the ground plants" with which the bank was planted: Crassula tetragona, rear, and Aloe ciliaris, with the flowers, front. St. Augustine grass at bottom catches silt; needs mowing twice a month. C. Edwin Medd, Castro Valley, Calif.*

Trio of ferns *(each a different kind). They grow in bell-end drain tiles filled with potting mix. Tiles stand on sawed disks of 2-inch lumber*

Every plant *in this upstairs atrium grows in a container. See portions of the same atrium in the two top photos at right. Mr. and Mrs. Robert Leventhal, Culver City, Calif.*

A pot gardener's upstairs atrium, a pool for lilies, fish, twin water jets

most needed. The process still goes on, with "where do we need roots" determining the planting scheme.

The St. Augustine grass was planted at the bottom of the hill to catch and cover the silt that washes down.

The photographs of Mr. Medd's stabilized hillside were taken seven years after the first Monterey pines were planted.

The new tiny garden that's often called an atrium

Across the top of these two pages you see three photographs of a garden made entirely with containers. It's in an upstairs atrium. Before the Robert Leventhals started this project, that atrium looked barren, like a too-small handball court, with windows, a ventilator, and a faucet.

The Leventhals knew that they faced two design problems. The manner in which they solved them makes this atrium garden outstanding.

One is the problem of the sun's annual cycle in the sky. An atrium is like a high-walled box. In summer the midday sun shines straight down onto the floor of the box. In winter the sun is so low that the walls keep sun off the floor all day. Few plants can take such violent semi-annual changes in light. The Leventhals' solution to this was to fill the overhead opening with lath panels. With that done, they can grow shade plants there all year.

The other problem was how to make their container plant collection not look like a nursery. The Leventhals successfully avoided the nursery look with raised decking over the tops of the biggest containers, with elevated flats of babys tears, and with skillfully potted and skillfully placed plants. They started the babys tears by dividing the contents of one nursery flat among three flats a filling in the gaps with nursery soil.

A handsome fish pond by the front door

The house with the pool at bottom page 73 had a large, wide entry cou It needed more greenery and the lo climate (hot, dry summers) made t sight and sound of water desirable. grove of young avocado trees a few f away needed frequent irrigation through the long, dry Southern Calif nia summer. The pool, with its splashi fountainheads and its planting of a panthus, clivias, podocarpus, and t ferns, supplied all the needs.

The owners turn a valve to operate t two fountainheads. The overflow fr the pool goes through a culvert un the nearby paving to the avocado tr where it supplies most of the soil mo ture the trees need.

Baby's tears *grow in (and spill out of) nursery flats raised on 5-inch legs. Slat deck at rear hides tops of philodendron and fern pots that stand on floor*

Entry pool *holds goldfish, waterlilies, and two straight-jet fountainheads for fresh water (one at left). Mr. and Mrs. Darrell Straube, La Habra Heights, Calif.*

DON NORMARK

Japanese oak cabinets *make a warm, woody kitchen that draws people in and invites them to linger and chat*

It's the kind of kitchen you can have a party in

This is what happened when a home owner with a wild en thusiasm for wood decided to remodel a 40-year-old kitche He engaged architect Mark Mills of Carmel, California, t do the designing, then he executed the plans on weeken over a year's time. A gifted woodworker, he slowly bui each cabinet in his workshop and stored them in the garag until all were finished.

The result is a generous, comfortable room, large enough fo a group of people to move around in easily. The cantilevere table (foreground above) is used as a work surface, for famil eating, and for informal entertaining. And the music adds special dimension.

The photograph above shows the U-shaped working kitche and how food progresses from the wood-covered refrigerato behind the group at right to the chopping block, sink, cook top, and finally to the table at the end. The photograph at fa right shows the other side of the room; it is used mainly whe

GLENN CHRISTIANSEN

usic center *is appreciated by a cook who spends a lot of time in the kitchen. Speakers are built in above and to either side of the refrigerator*

Entertainment *counter has bar sink on the left with a long tiled area for buffet serving. Open shelves house favorite serving dishes and dry grains in glass canisters*

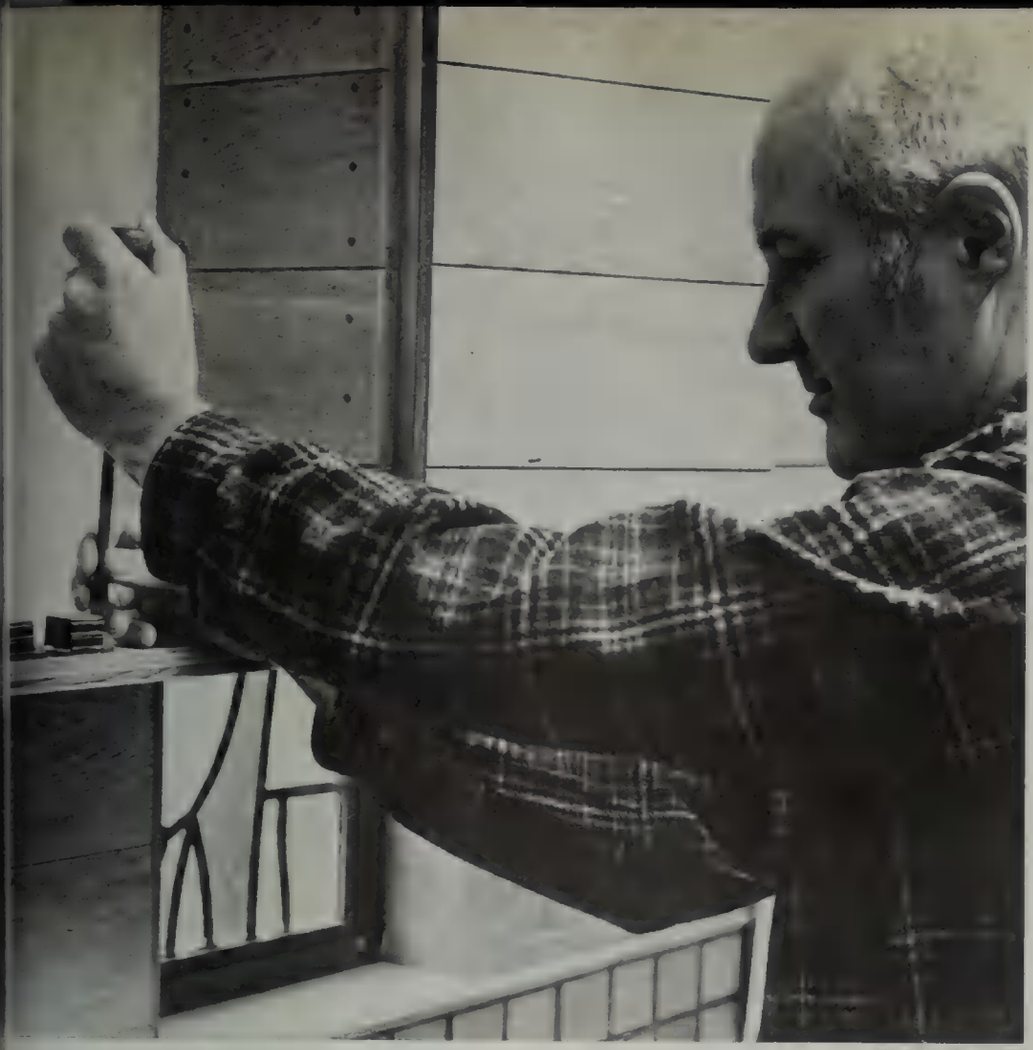
Cantilevered table *is same height as counters, giving extra working space. Japanese oak 2 by 2's were glued together to make the butcher-board surface. Edge is softened by 30° and 15° bevel. Laundry area is concealed behind folding doors; clothes are folded on table*

GLENN CHRISTIANSEN

It's a handcrafted kitchen. Table and cabinets are Japanese oak. Windows are stained glass. Counters are tile

Stained glass *windows were designed by owners and executed by a leaded glass professional. Glass of amber, gold, and a shot of orange complement the Japanese oak and ocher-colored ceramic counter tiles. Open shelves hold everyday dishes*

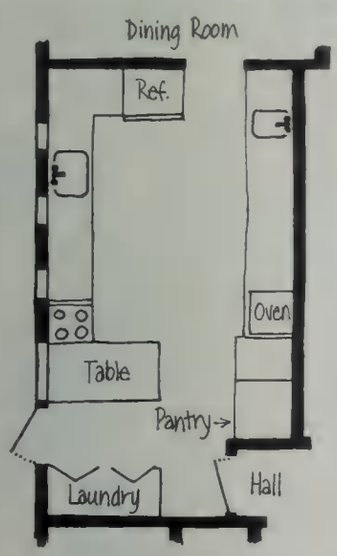
Refrigerator *doors are covered with 3/8-inch-thick oak planking, which is attached to the refrigerator with contact cement*



DARROW M. WATT

Craftsman-owner *attaches heavy-duty magnetic latches to wall-hung cabinet. Vertical splining holds boards of door together*

Beveled *drawer pull slopes downward so it won't collect crumbs. Horizontal spline (one end visible in photograph) connects two solid boards to form drawer front. Full extension slides give access to entire drawer*



Floor plan *has four elements: U-shaped working kitchen, laundry area, pantry, and entertainment and baking counter*

the family is entertaining, but doubles as a baking center.

The owner, who wanted to create a kitchen with a handcrafted feeling, knew that architect Mills had great skill in handling wood. And Mills knew that his design for this kitchen could nclude time-consuming woodworking details because the owner would enjoy executing them. For this, his first attempt at cabinetmaking, the owner used a radial arm saw and various small power tools.

Those who have the requisite skill and patience can save money by doing their own cabinetmaking. The owner estimates that materials represent about one-fifth of the total cost of professional cabinetwork. And because doing the work himself made it so inexpensive, he felt free to choose whatever wood he liked.

He preferred hardwood and selected Japanese oak for its warm color, durability, and quiet grain. Since oak is not as hard as some hardwoods, it's a good choice for an amateur to work with. The wood was purchased rough from a hardwood dealer, then milled to size for different specifications.

Japanese oak is a small tree, so vertical-grain Douglas fir was used for all board lengths more than 10 feet. This included all of the open shelving and lighting soffits.

All of the exterior wood surfaces in the kitchen are finished with a thin, clear sealer followed by two coats of an oil finish. Drawers and shelf cabinets were given a hard surface with a clear polyurethane coating.

There are five types of lighting. General illumination is from coves near the ceiling at either end of the room. Counter lighting is from built-in fluorescent fixtures over the sink, the cooktop, and the serving counter. The table has controlled illumination from a pinhole light with a dimmer switch. The pinhole light is adjusted to form a pool of light the exact shape of the table. The pantry lights up automatically when the door opens. Three floodlights splash light outside the stained glass windows at night to bring color into the room.

When a buffet dinner is laid out on the entertainment counter (just after cooking is finished) all other lights in the kitchen are turned off to hide the cooking clutter. □

GLENN CHRISTIANSEN

Blue-black shells *gathered from the Pacific are steamed to reveal brilliant orange mussels inside. Here they're presented in classic style with wine-flavored cooking broth ladled over. Pluck each mussel from its shell, dip in melted butter, and eat; then enjoy the broth*

The mussel adventure

March is a great month to gather and cook mussels. And March also is safe

The first time you see it, the brilliant orange of mussels inside steamed-open shells can be an intimidating surprise. Yet the delicately rich flavor and buttery, succulent texture are ample reward for an adventurous first bite.

Among the most abundant shellfish on the Pacific coast, mussels are totally ignored commercially. If you want mussels, you have to make a trip to a saltwater beach at an appropriate tide. Once you find a supply of mussels, gathering them is child's play: no license required, no limit on the number you may harvest, no special equipment needed. Often they're in huge clustered colonies; you can walk right up and pry them free.

Logic demands that there must be something important that keeps Pacific mussels out of the limelight. The reason is serious, but seasonal: At certain times of year, mussels are poisonous.

Good now. Avoid in Summer

During the warm summer months, toxic plankton called *Gonaulax sp.* build up in some parts of the ocean; mussels and other bivalves, which feed upon this plankton, store the poison but are themselves unaffected. Later, when the weather and the water cool, the plankton die, the bivalves purge themselves of the poison, and they are again safe to eat.

To protect mussel fanciers, state public health agencies establish a quarantine on mussels; it is usually a fixed period, but the dates can be changed if the agency deems it necessary. In California, the usual quarantine is from May 1 through October 31; in Washington (along the coast), from April 1 through October 31. In Oregon there is no regular quarantine, but state health officers assay coastal waters and post beaches with quarantine notices if toxicity is found.

California's quarantine applies to all species of mussels from the Oregon to Mexican border and includes the ocean shore, all bays, inlets, and harbors. The Washington quarantine pertains to all ocean beaches, beaches west of Dungeness Spit, Willapa Bay, and Grays Harbor. Inland Washington waters, such as Puget Sound, are free from quarantine; no *Gonaulax sp.* has been found there.

If you plan to go musseling near the beginning or end of a quarantine period, it is wise, for your own protection, to check on the dates by calling either a state or county (or region or district) health department.

Avoid harvesting mussels from areas with possible bacterial contamination from water pollution, such as waters near heavily industrialized or populated areas. If in doubt, your best bet is to check with the health department.

Where to find mussels

Along the Pacific coast there are two types of mussels: One likes rocky beaches on the open, surf-swept coast; the other prefers the quiet waters of bays and inlets. Flavor differences are negligible.

Mussels inhabit the intertidal zone, the beach area between low and high tide marks. The best ones are gathered from the lower regions of the zone where they are only briefly exposed when the tide goes out (on a tide that's about plus 1 foot, or below that).

Check the tide charts readily available in boating or sporting goods stores to determine the time of low tides; then inquire locally to find a good spot.

How to gather mussels

Mussels attach themselves to firm surfaces (rocks, wharves, pilings, buoys, mooring lines, and each other) with extruded hairlike fibers called the byssus (popularly known as the beard). We prefer a crowbar for loosening mussels, but you could also use a tire iron, claw hammer, or a broad screwdriver.

When you find a spot where mussels are plentiful, take ones of uniform size; those about 3 inches long are a good size for eating. Take only mussels with tightly closed, intact shells; broken or gaping shells indicate that the mussel is dead.

Count on about two dozen 3-inch-long mussels (or 1 quart of mussels in shells) to make one serving as an entrée; allow 6 to 12 mussels for an appetizer. It takes about 1 quart of mussels to yield about 1 cup of cooked, shelled mussels. A mussel aficionado may easily consume double or triple these amounts, however.

Before leaving the beach, cover mussels in your bucket with sea water. If you have to walk a distance, consider a plastic bucket, which will help lighten the load.

Mussels are best when cooked and eaten the day they are gathered, but they will stay fresh for several days if kept covered with sea water in a cool place. Or you can cook your catch at the beach; steamed mussels (see recipe on page 80) are well suited to this. All you need is a pot and a small fire.

Cleaning mussels

Sort through and discard any mussels with open or broken shells. To scrape off large barnacles encrusting the shells, use a dull knife, putty knife, or screwdriver. Rinse mussels well under running water (at the beach, use a tide pool or a bucket of water), scrub with a stiff brush, and drain well. You may want to clip off the exposed beard with scissors.

Cooking the catch

Like the Europeans, we believe mussels taste best when treated gently. Steaming and baking are simple techniques yielding prime results; they also open shells

Crashing surf *is backdrop for mussel gathering. You need crowbar to pry mussels from rocky ledge, bucket to carry them*

and make cooked mussels available for the creamy risotto and the chowder.

To extract a cooked mussel from its shell, grasp the beard and gently pull free. To eat, bite the mussel away from the beard. To prepare mussels for other recipes, clip off beards with scissors.

Steamed mussels can be served as a first course or as an entrée when accompanied by a green salad and crisp French fries. Garlic and wine flavor the basic version; the Provençal variation is seasoned more assertively.

Steamed Mussels

- 1 clove garlic, minced or mashed
- 1 small onion, chopped
- 3 tablespoons butter or margarine
- 1 cup dry white wine or chicken broth
- ½ cup minced parsley
- ⅛ teaspoon pepper
- 2 to 3 quarts fresh mussels in shells, cleaned
- Melted butter

Cook garlic and onion in the 3 tablespoons butter in a Dutch oven until soft, stirring occasionally. Add wine, parsley, and pepper; cook until mixture boils. Add mussels, cover, and simmer gently until the mussels have opened, about 8 to 10 minutes; discard any that don't open. With a slotted spoon, transfer mussels to individual bowls; ladle cooking broth evenly over servings or into small cups. Serve with melted butter for dipping mussels. Makes 2 to 3 servings as an entrée, 8 to 12 first course servings.

Provençal Mussels. Following the preceding recipe, increase garlic to 3 cloves. Cook garlic, onion, and ½ cup chopped celery in the butter until soft. Add 1 can (1 lb.) whole tomatoes and liquid and ⅛ teaspoon cayenne; simmer, covered, for 15 minutes. Then add remaining ingredients and cook as directed above.

Baking is the easiest way to cook mussels; heat opens them and their juices mingle with a bit of water in the pan.

Baked Mussels

Place 2 to 3 quarts well scrubbed mussels in a rimmed shallow pan about 10 by 15 inches. Pour in about ½ cup water. Bake uncovered in a 400° oven until shells open, about 15 to 18 minutes; discard any that don't open. Lift mussels from pan and serve in shallow bowls; ladle broth from pan over mussels. Serve with melted butter.

Offer this Italian-style rice dish as a first course or luncheon entrée.

Mussel Risotto

- 3 quarts mussels in shells, cooked as directed for steamed mussels
- 3 tablespoons butter or margarine
- 1 medium-sized onion, minced
- 1 clove garlic, minced or mashed
- 1 cup short grain (such as California pearl) rice
- 1 can (1 lb.) Italian-style tomatoes
- 1 pound small cooked shrimp or 2 cans (about 5 oz. each) shrimp, drained
- ½ cup whipping cream
- 3 tablespoons minced parsley

Shell cooked mussels; clip and discard beards. Strain cooking liquid through cheesecloth and reserve; discard vegetables. Melt butter in a 10-inch frying pan; add onion and garlic and cook until soft, stirring occasionally. Add rice and cook over medium heat, stirring, until rice is milky looking, about 3 minutes.

Drain tomatoes, saving liquid. Chop them and add to rice. Measure 1½ cups of the reserved cooking liquid and add ½ cup tomato liquid. Stir 1 cup of this liquid into rice, cover, and simmer until absorbed, about 10 minutes. Add remaining liquid, cover, and simmer until liquid is absorbed, about 15 minutes more.

Stir in mussels, shrimp, and cream; cover, and cook 2 minutes more. Spoon risotto into a serving dish and sprinkle with parsley. Makes 4 to 6 servings.

GLENN CHRISTIANSEN

No market has mussels. It's you at surfside on a day with a low, low tide

DARROW M. WATT

Crowbar *slips under crescent-shaped shell, provides leverage needed to pry it free*

Use *scissors to clip hairy beard from around shell of mussel*

This chowder is a creamy background for the mussel.

Mussel Chowder

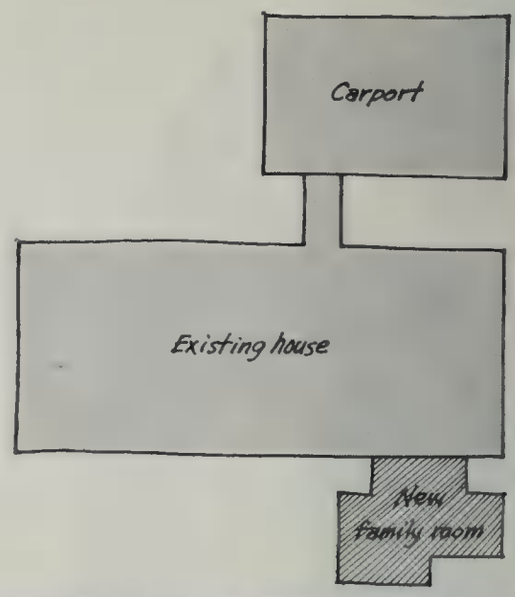
- 2 quarts mussels in shells, steamed or baked as directed on page 80
- About 1 bottle (7 oz.) clam juice (omit if mussels are steamed)
- ¼ cup (⅛ lb.) butter or margarine
- 1 large onion, chopped
- 1 stalk celery, thinly sliced
- ½ pound mushrooms, sliced
- 1 bay leaf
- ½ teaspoon paprika
- 1 can (about 14 oz.) regular-strength chicken broth
- 1½ cups light cream (half-and-half)

Remove cooked mussels from shells, clipping and discarding beards. Strain cooking liquid through several thicknesses of cheesecloth; discard vegetables. Measure the liquid and add clam juice if needed to make 1½ cups. Set aside.

Melt butter in a large deep saucepan; add onion, celery, and mushrooms and sauté until onion is soft, stirring occasionally. Add bay, paprika, chicken broth, and reserved mussel liquid. Bring to boiling, then reduce heat, cover, and simmer for 15 minutes. Remove bay. Stir in cream and mussels, cover, and place over low heat just until heated through; do not allow the chowder to boil. Makes 4 to 6 servings. □

Identical 14-year-old houses

Macdonald house gains a new all-purpose room with built-in seating and overhead daylighting



These two houses, built 14 years ago in a Bellevue, Washington, development were owned by architects. Both wanted more space for family and entertaining in the dining, kitchen, and family room end of the house. They went in different directions to achieve it.

James Macdonald added a 14 by 18-foot room to the back of his house off the dining and family room. With no bad effect on the ample rear garden, it provides more indoor space for such sedentary pursuits as reading and watching television. Built-in couches, ample wall storage, and windows and skylights create a sense of great space.

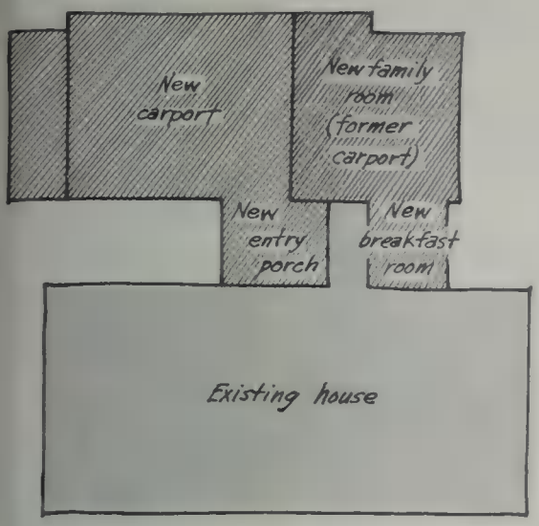
Grant Hildebrand took a different ap-

DON NORMARK

New space, *about 250 square feet, is tied visually to rest of house by shingles, provides jaunty new roof line*

Clear skylights *over built-in couches step up amount of light even on dull days. Windows at end offer reader sidelong views of garden*

grow in different directions



Hildebrand house converts the old carport into a new all-purpose room, adds a generous new place for cars

Family *dines in area of addition closest to kitchen. Through double doors, deck for summer meals*

proach. He used already roofed and floored space by enclosing the large double carport at the front of the lot (and building another—see plan) and gained an additional 560 square feet off the kitchen.

The big, sunlit new room divides into a family dining space and work counter at both grownup and children's heights. At one end is a unit perhaps best described as an adult version of the playpen. It is semi-enclosed seating, with a cupboard for books and magazines close at hand. A larger cupboard stores the portable television on one side and supplies for Mrs. Hildebrand, who is a printmaker, on the other. □

U-shaped corral *with built-in lounges makes island for reading and conversation. Beyond, skylighted work table*

Child's *low work counter; craft supplies and toys fit below in open storage shelves*

Three more sauces *(at lower right) to try with spaghetti after the carbonara: meatballs wih marinara sauce, garlic sauce, pesto sauce. Sprinkle cheese on each version. Salad is a big basket of crisp, fresh, raw vegetables*

GLENN CHRISTIANSEN

Here is a pasta party with a difference. You start with antipasto, go on to try out different sauces

It's spaghetti with showmanship

A pasta party is a spaghetti supper with a gimmick. Spaghetti remains the heart of the meal, but you offer a sampling of four distinctive sauces.

This meal, planned for six to eight people, begins with a self-service course that is a hearty combination of cold meats and cheeses. It then moves to the table, where the host introduces the pasta sampling by blending, with showy dexterity (at right), spaghetti with a delicate carbonara sauce.

After guests have enjoyed this round, they serve themselves (or are served) additional plain spaghetti (it all cooks at once, but is kept hot and fresh with a light coating of butter) and choices of meatball tomato sauce, pesto sauce (use the artichoke sauce that follows, if you can't buy frozen pesto), or a pungent green garlic sauce.

The sauces can be enjoyed separately or together as they blend compatibly. Several of the sauces can be made ahead, then reheated and held at serving temperature on an electric warming tray along with the spaghetti. Have on the table a generous container of freshly grated or shredded Parmesan cheese to scatter liberally onto each serving.

Jug wine is ideal throughout this entire meal; consider a mellow red wine like Barberone, Chianti, Burgundy, Claret, or Vino Rosso.

Salad is a basket of fresh, crisp whole vegetables; have a knife handy for cutting off portions. Select vegetables such as peeled carrots, cauliflower, fennel (leave on the feathery green tops), green onions with tops, green peppers, radishes, and zucchini.

Dessert might be a tray combining tangerines or tangelos; some Italian confections such as paneforte, torrone, and chocolates; and almond macaroons or biscotti to go with espresso coffee.

A trip to an Italian delicatessen will offer the widest variety of choices.

Antipasto

Have 1 or 2 loaves French bread (or other crusty bread) or 6 to 8 crusty rolls, a pot of butter, and, if desired, 1 can of flat or rolled anchovies.

Allow a total of 1 to 1½ pounds cold meats; they can be typical Italian ones such as sliced dry salami, mortadella, Genoa-style salami, zampino, galantina, coppa, or a whole dry salami; or your own favorite cold meats.

Get a 1-pound or larger hunk of cheese. If possible, get a soft teleme cheese of almost spreading consistency, or a jack cheese. Buy marinated artichokes and mushrooms, and pickled Italian-style peppers and vegetables (giardiniera), allowing a total of 1 to 2 cups.

Arrange the sliced meats and vegetables on a large tray; have bread and cheese on a cutting board.

Invite guests to make up small sandwiches or to pick up and eat the foods.

Spaghetti. For 6 to 8 people allow 2 to 2½ pounds spaghetti. About 10 minutes before time to serve, have boiling about 8 quarts water with 2 teaspoons salt and 3 tablespoons olive oil. Cook spaghetti according to package directions or until just tender to bite; drain well at once, then pour into a serving container with a tight-fitting lid. Blend spaghetti with 6 tablespoons melted butter, cover, and keep warm as long as 1 hour on an electric warming tray or in a warm oven.

Carbonara Sauce. Remove casing from ¼ pound Italian sausage and crumble or chop coarsely. Finely chop ¼ pound thinly sliced prosciutto (Italian-style ham) or cooked ham. Combine sausage and half of the prosciutto with 2 tablespoons butter in a saucepan (2½ to 3-qt. size); cook on medium low heat, stirring, for about 10 minutes or until sausage is lightly browned and prosciutto is frazzled looking. You can do this ahead and reheat at serving time.

Blend the remaining half of the prosciutto with the cooked sausage and pro-

First pasta course *is spaghetti with carbonara sauce, a blending of cooked sausage, ham, beaten egg, cheese*

sciutto mixture and take to the table.

Have also at the table in separate containers 2 tablespoons soft butter, ½ cup minced parsley, 3 well beaten eggs, about ½ cup freshly grated or shredded Parmesan cheese, and a pepper mill.

Take about ¼ of the hot, cooked spaghetti and add to meat in saucepan; add butter and parsley and mix quickly to blend. Then at once pour in the eggs and continue quickly lifting and mixing spaghetti to coat well with egg. Sprinkle in the cheese and a dash of freshly ground pepper and mix again. Serve at once, passing more grated Parmesan cheese to add to each serving.—*H. T., San Francisco.*

Meatballs in Marinara Sauce. Remove casings from ¼ pound Italian sausage and crumble (or chop); brown lightly in a saucepan. Add 2 cans (about 1 lb. *each*) marinara sauce and 1 cup water.

Mix well 2 pounds lean ground beef, ⅓ cup water or broth, 1 teaspoon *each* salt and oregano, 1 egg, and ¼ cup all-purpose flour.

Heat sauce to simmering. Shape beef into balls about 1 inch in diameter, dropping them into sauce as they are formed; stir gently, occasionally, to prevent sticking. When all the meatballs are formed, simmer in sauce for 15 minutes; skim off and discard any fat. Keep sauce hot and serve, or chill and reheat to serve.

Garlic Sauce. Combine ½ cup minced garlic (about 1 large head) with ¼ cup *each* olive oil and butter in a small saucepan. Cook over medium low heat until garlic is soft, but not browned, about 10 minutes. Stir in 1 cup minced parsley and cook about 1 or 2 minutes more or until limp but still bright green. Serve at once, keeping warm, or remove from heat and gently rewarm to serve.

Pesto Sauce. Buy 2 packages (4 oz. *each*) frozen pesto (fresh basil sauce) and let thaw. Serve at room temperature. (If pesto is not available, use the following artichoke sauce.)

Artichoke Sauce. Melt 2 tablespoons butter or olive oil in a frying pan. Add ¼ cup finely diced onion and ⅛ pound finely chopped prosciutto or cooked ham; cook until onion is soft and ham is slightly browned. Stir in ½ cup canned pear-shaped Italian-style tomatoes with liquid (or canned sliced baby tomatoes and liquid), breaking into small pieces with a spoon. Also add 1 package (8 or 9 oz.) thawed, frozen artichoke hearts, finely chopped; 1 tablespoon crumbled basil; and ¾ cup whipping cream.

Bring to a boil and cook, stirring, until artichokes are tender and volume is reduced to about 1¾ cups. Season with ¼ teaspoon nutmeg and salt and pepper to taste. Serve sauce, keeping hot; or chill and reheat to serve.—*C. S., East Palo Alto, Calif.* □

Phantom *of the Opera gives a monster hug to visitor riding in open-sided tram*

Climax *of stunt man's demonstration of techniques is skillful fall from two-story roof*

In the grasp of the phantom, through fire and storm, in the back lot, on stage

Only one Los Angeles film studio, Universal, really explains its operation to the visitor. It has experience; in nearly eight years of running tours through its 420-acre premises it has learned how to display what fascinates people most: the ingredients of film illusion in action.

A torpedo explosion and a flash flood were installed last year to enliven a tram tour of the back lot. Now four more such sets are being readied for Easter vacation, the last week of this month.

Tram riders will pass close by a colonial mansion that will burn on cue, and they will see the workings behind the façade. They will see a tropical landscape with grass shacks and a winter snow scene that remains independent of the weather. And they will see how a machine makes waves that create a plausible storm at sea in the camera's view.

The tram tour, the main feature of a visit, takes about 1½ hours—not counting a refreshment stop at Prop Plaza. This is also a photography stop, where you can picture your family in miniature beside 12-times-life-size books and outsize furniture, in jail, riding an old car.

The tram takes you first to the front lot, where you walk through a dressing room and through one of the 34 enormous sound stages on the property. This contains a film set, a demonstration of how interiors are lighted, a show of models, and the curious mechanism needed to produce convincing film of people inside a moving car. Outside, celebrities may sometimes be seen on weekdays, though they are not scheduled on the tour.

Then the tram takes you through a giant prop warehouse bulging with antiques (old and new) and past a full-sized mock-up of a Boeing 747 interior on your way to the back lot.

The route through the back lot is altered when filming is taking place; on weekdays you may see some of it from a distance. The more than 500 structures are façades from anywhere in the world and any era in time.

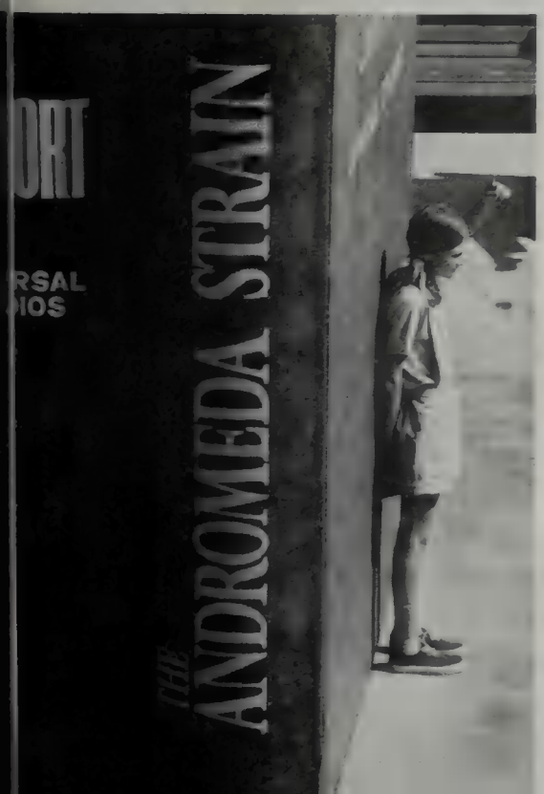
You pass house exteriors and streets familiar from films and television, a manmade cliff that could be anywhere, and natural slopes of the Santa Monica Mountains that have been pictured as fields of action for Saracens and Indians. Small lakes and ponds have served to evoke Singapore, the South Pacific, the Mississippi, and even the open sea.

You end up—literally—on a hilltop at the entertainment center. Here pleasantly landscaped pedestrian ways take you through a complex of shops, snack bars, restaurants, and movie sets. You can have lunch on a Hong Kong waterfront where rain pours past the eaves.

But the big attractions are the shows, announced by loudspeakers. The demonstrations, several of which invite members of the audience to participate, show the tricks of the stunt men, the process of television taping, how movie animals and birds are trained, and how makeup is applied. There is also a puppet show mainly for adults and a small zoo.

Allow about half a day for a visit. The hours are 10 A.M. (10:30 on Sunday) to 3:30 P.M. until summer. Admission is $4 for adults, $3 for juniors 12 to 16, $2 for children 5 to 11, free under 5. The entrance is on Lankershim Boulevard just north of the Hollywood Freeway. From the Ventura Freeway take Cahuenga Boulevard south to Lankershim. □

Filmed interiors *seldom show a ceiling; that's where the lights are. This sound stage set shows how illusions of day, night, and rain are achieved*



At Prop Plaza, *a quarter activates machinery that rolls painted backdrop and makes wheels turn and bump up and down for motion on film*

Girl shrinks *in size when photographed beside books from Land of the Giants show in Prop Plaza*

Wooden trestle *leads from street to front door, provides off-street parking. Glass walled narrow entry hall between towers gives illusion of leading to the tree branches*

Balcony *off living room (another view on cover of magazine) looks out at trees, city*

Trestle and house *rest on concrete piers, leave site in natural state*

DON NORMARK

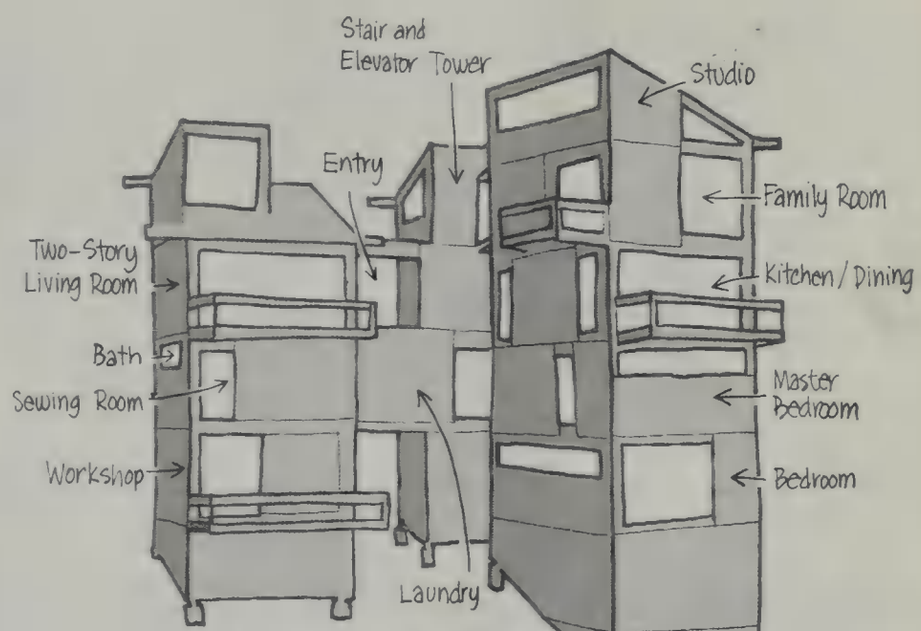
Architect James Oliver wanted to build a house close to h work in downtown Portland but found that close-in, lev property was either not available or too expensive. Finall he and his wife chose a hillside lot in an older neighborhoo It had long been on the market and was considered almo unbuildable.

His success in cutting construction costs, capturing views, an building right in among the trees without disturbing the si demonstrated such innovation that the house won a citatio from the *Sunset* - AIA Western Home Awards Jury in 197

It's as if a conventional house were placed on its end (so th its 3,200 square feet occupy only 700 square feet on th lot). Much of it was prefabricated away from the site. Th

House in the trees on *Sunset's* cover

Award-winning tower house on a Portland hill



Four-story tower *at left connects at two levels to stair tower in center. Entry's at street level. Six-story tower at right has undeveloped bottom level*

beams, posts, and heavy steel shoe joinery left exposed inside tend to emphasize the structure's stability. Also on display are crossing metal rods and turnbuckles tied into the support columns for lateral strength.

Life in a vertical house

Considerable thought was given to the arrangement of interior space to avoid stair climbs between related family activities.

Since only the architect and his wife live in the house, they put the laundry close to and on the same floor as their bedroom and bath. The entry level contains the public rooms and a bathroom so that guests don't have to climb stairs.

In a vertical house like this, rooms are close together in direct distance, yet have a sense of isolation because they are a stair climb away. The kitchen, family room, and studio occupy different floors, yet the kitchen ceiling is three stories high, in voice range of the studio at the top of the house.

Even climbing between floors has its compensations. The stairs occupy their own tower with a vertical window into the woods. From the first flight there are views of tree trunks; circling upward, you see the growth thin out to small twigs.

The building of it

It helped keep costs down to assemble material and prefabricate units elsewhere, then truck them to the site. In Mr.

Staircase *encircles elevator shaft where eventually a passenger elevator will connect four living levels*

The house is crowded with surprises including a spiral stair with an elevator shaft inside

Oliver's words, "The entire structure is designed to be a free-standing skeleton without the help of walls, much like a steel-frame skyscraper. The wood structural members were precut to length and stained; connection holes were drilled to template before delivery to the building site."

First built was a wooden trestle, extending off the street. During construction it supported a mobile crane. (It's now a car park and entry.) Concrete piers were poured at each corner of the two main towers and staircase tower. Massive wooden columns were attached to the piers and horizontal spandrel beams were connected between the columns.

While the columns and spandrels for the next floor were being rigged for placement, the crew attached metal joist hangers, joists were dropped into the hangers, and plywood sheets for the subfloor of the next level were scattered on the loose joists to provide a quick platform. This was repeated until the wood frame was up and ready for roof decking. Total erection time for the skeleton was four and a half days.

The wooden wall panels—studs, plywood panels, resawn cedar siding—were assembled and trucked to the site. The crane swung them down to fit between the massive post and beam framework. Glass was installed from within. □

Shelves *hold table accouterments; louvers hide them from guests' sight. Plastic laminate work center contains oven, cooktop, sink, and dishwasher. Laminated fir eating counter is in foreground; dining table's against window*

DON NORMARK

Thickly tufted carpet *covers floor, climbs wall. Dual switches control bullet lights above bed. Metal tie rods cross for structural support*

From *brick floor to ceiling fan, living room surprises: wall carpet forms seat, painting high on wall, suspended fireplace, house support and joinery on display*

Ordinary *vent pipe—capped, slit, and banded—distributes forced air heat in front of expanse of glass*

How safe is your camper?

Some campers are safe vehicles. Many are not. Here is a short guide to recreational vehicle safety

GLENN CHRISTIANSEN

Winds *are hazard to high-profile vehicle. This camper telescopes downward for less wind resistance, greater stability on the road*

How safe are truck-mounted campers and other recreational vehicles?

We've test-driven them ourselves and talked to Westerners who own and drive them, people who make and sell them, and Federal and state highway authorities. These are our conclusions:

Some recreational vehicles as they come from the dealer are quite safe if properly loaded and carefully operated. But even then, compared to passenger cars, they are heavy and often topheavy, may be unsteady in high winds, and call for different handling.

Some models are also poorly equipped for safety. They're a danger on the road. Much of the hazard comes from incorrect loading and maintenance of an otherwise safe vehicle—a situation that you can do much to control. Some require modification or additional equipment to eliminate potential hazards.

How it carries the load

The really careful buyer or owner treats a recreational vehicle as if it were a boat with a high center of gravity. He's interested in any way to minimize the swing, sway, or wobble that could send this craft out of control.

The most common cause of accident is overloading; even a slight overload or poor weight distribution can seriously restrict steering, braking, and emergency power. The results can include sudden blowouts or breakdowns, or a tragic accident.

It's easy to find out how much your vehicle can hold: The maximum allowable weight of your fully-loaded rig is limited by its gross vehicle weight rating (GVWR). This figure is clearly labeled on all new vehicles, and you can get your manufacturer's rating for an older model. Another figure, the gross axle weight rating (GAWR), tells how much of this total weight can bear down on each axle.

Your total load includes basic vehicle weight plus everything you take with you or acquire on the way. This includes filled-up food and storage cabinets, camping and sporting gear, personal articles, passengers (at an average of 150 pounds each), and full gasoline and water systems (about 6 and 8½ pounds per gallon, respectively).

(If you're also pulling a trailer, the towing vehicle's load includes the portion of the trailer's weight that bears down on the hitch. For trailer towing and loading information, see page 70 of the June 1971 *Sunset* or page 34 of the January 1972 issue.)

With a large vehicle, you should add some more weight to the total to allow for the combined forces of acceleration, cross winds, and high center of gravity. This can add more than 25 per cent to the effective weight on the outside wheels when rounding a curve.

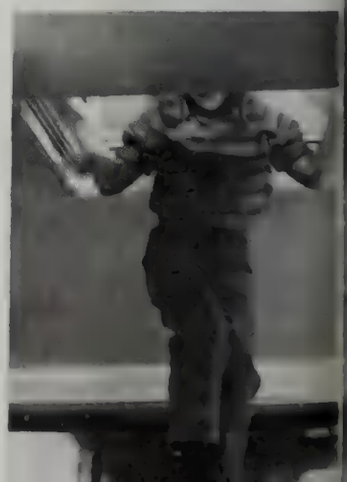
Weighing the total

Don't guess at your load weight; it's common to underestimate by hundreds of pounds. Add in the weights of all small items, leaving ample margin for the accumulation of a long trip. You can get an exact figure at a public weigh station. Look under "Weighers-Public" in the yellow pages of your telephone book; the service should cost about $2. Weigh the rig when it's fully loaded, including passengers; weigh each axle separately.

Heavy, heavy loads

For maximum capacity, your rig may need to be bolstered with such options as heavy-duty springs, transmission, shock absorbers, tires, wheels, cooling

She's climbing *through large escape hatch that's easy to install in roof*

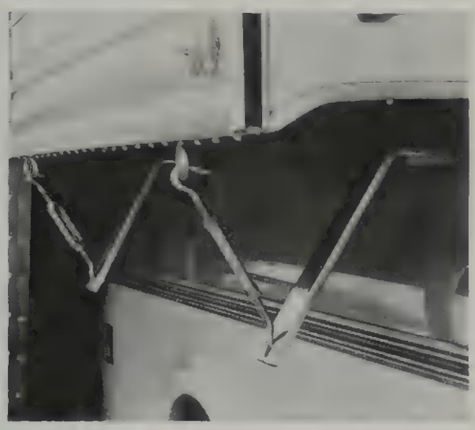


ELLS MARUGG

Passageway *from camper can be bought to fit truck window. Allows communication, emergency access*

Shock absorbers *limit bounce and wind lift of camper extension over truck's cab*

Camper *is attached to tie-down brackets bolted to truck frame. Turnbuckles keep tight*



system, and antisway stabilizers. You may need an extra-powerful engine to cope with the vehicle's weight and wind resistance.

These components will cost less when factory-installed rather than as replacement parts, but either way they're cheaper than the quick wear and accident potential caused by inadequate equipment. To determine your needs don't follow dealer's advice alone; ask for the truck manufacturer's written specifications, and follow them.

You should use particular care to match a pickup truck properly with a separately manufactured camper body, which may be labeled only with its minimum empty weight.

When you load up: Keep the center of gravity down by storing heavy objects low and forward, and try to balance the load between the vehicle's two sides. It might help to keep a complete equipment checklist, marked with weights and storage spots. Secure the load to keep it from shifting.

Adequate tires and wheels

Your tires and wheels, like the axles, must carry the entire load and should have an appropriate high load rating. Lettered ratings have now replaced tire ply ratings. To determine your needs check with an experienced tire dealer (perhaps more than one)—preferably a camping vehicle specialist—to make sure that you're properly equipped; overloaded tires can overheat and blow out near the rims.

For larger vehicles, you may need extra-wide tires and wheels to add more stability and control. You'll most likely need heavy-duty wheels that won't crack under stress; they should be manufactured in a single piece, not welded-together extensions of narrower wheels. The wheels should be balanced by both static and dynamic methods. Your tires should be carefully matched with the proper wheels so they'll seat tightly.

Inflate your tires in accordance with their load and pressure charts. Underinflation causes tire failure through sway, overheating, and rapid and uneven tire wear. Don't overinflate to compensate for overloads or other weak suspension components; you'll only be hiding the problems while further weakening the tires. Check the pressure before driving, when your tires are cool, and don't release air later when they expand with heat.

Don't let your tread depth get below 1/16 inch. It's a good idea to carry a pressure and tread gauge with you for periodic checks. We've found that service station pressure gauges are frequently inaccurate, by as much as 10 pounds.

Camper body-on-truck safety

A slide-in camper body should be firmly attached to the pickup truck to prevent its working loose and possibly breaking away. The best method is to bolt the camper directly to the truck frame, but this may prevent you from removing the camper easily to use the truck for other chores.

A more convenient but slightly less secure method is to attach the camper to tie-down brackets with turnbuckle-tightened hooks that are hooked, on the other end, to bolts seated firmly into the camper body's structural supports. The brackets fit into the truck's stake holes and should also bolt or clamp to the truck bed or expand inside the holes for added security. Never attach bolts directly to the truck's sheet metal or to the aluminum skin of the camper: They'll tear out easily.

Check your tie-downs frequently; road vibrations can loosen the various bolts and fittings.

Gas appliance safety

Most camp vehicles use propane stored under pressure in large tanks, which release gas vapor through pipes into the fixtures. The gas should be shut off at the tank while the vehicle is in motion or being refueled (don't forget to relight the pilot lights when you turn the gas back on).

While they're in use, don't tilt the propane tanks from their mounted positions because liquid fuel, instead of vapor, may pour into the gas lines.

Your appliances should burn efficiently with a blue flame, with adequate ventilation near the top and bottom of the vehicle interior. Heaters and water heaters should have sealed combustion chambers, protecting the interior from toxic fumes and oxygen loss; don't try to heat the vehicle by leaving a lighted oven open.

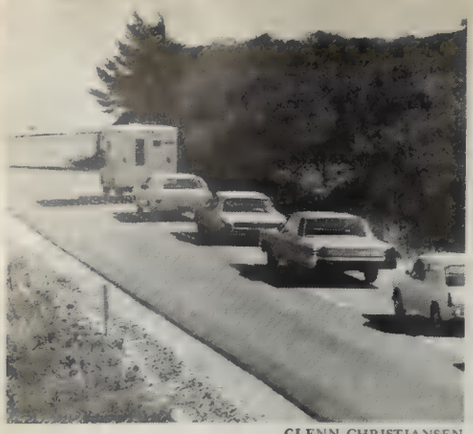
All gas appliances should be approved by a nationally-recognized testing laboratory (such as the American Gas Association or Underwriters Laboratories); and the vehicle should bear a certificate of compliance with the plumbing, heating, and electrical standards of the American National Standards Institute.

Dab soapy water onto your fittings periodically; bubbles will indicate leaks.

In case of fire

Since fire can quickly engulf a small vehicle interior, you should always have a choice of exits in an emergency so fire won't block your only escape. A small truck-mounted camper with a heater and rear-mounted propane tank next to its only door can be a particular risk if a rear-end collision causes an explosion while blocking the only exit.

If you're buying a one-entrance rig, be sure it has an easily opened side window, ready cab access, or some other forward escape route that a large adult can fit through. You shouldn't need special tools or excessive force to get out. You can buy a push-open escape hatch for the top of your present camper for about $60 plus an installation charge



GLENN CHRISTIANSEN

Slow truck *on grade causes long line of cars, impatience, temptation for risky passing. Driver should pull over to let them by*

(unless you install it yourself). Put it over the forward sleeping area in cab-over models.

Carry a 5-pound multipurpose dry chemical fire extinguisher, or preferably two: one near the door for safe use from outside, the other if you're trapped inside. Your best bets for fire prevention are an uncluttered interior, adequate ventilation, frequent checks for gas leaks, properly functioning appliances, and a grease-free cooking area. Never cook in a moving vehicle.

If a camper must carry riders

Riding in trailers is illegal in most states. Riding in the back of other recreational vehicles is not, but can be dangerous because of fire entrapment, injury from impact in a confined area, and the possibility of a camper body coming loose from the truck bed.

If you must carry passengers you should:

Provide seat belts for each one, bolted to the floor to meet the federal requirement of 5,000 pounds of load capacity. Make sure they're used. The seats shouldn't face hooks, sharp counter edges, or other protrusions.

Make sure overhead cabinets latch tightly and don't contain heavy objects. These can become projectiles in sudden stops or collisions.

Provide access between truck cab and a camper unit. For about $90 you can replace the rear truck window with a vinyl sleeve fitted into the camper; you can replace the window when the camper is removed. The conversion is easier and less expensive if your truck has a sliding rear window.

Have an adult ride with children.

Don't mount motor bikes or luggage outside the door of a passenger-carrying vehicle, or lock the door from the outside. You'll be blocking a vital exit.

Super-safe driving

Most recreational vehicles are longer, wider, higher, and heavier than passenger cars and need more room to maneuver in; acceleration and braking will take longer. Stay to the right on fast highways, take curves carefully, and pull out adequately before making right turns at intersections. If you're backing up when children are around, have someone direct you from outside.

A heavy vehicle will need regular maintenance. Pay particular attention to brakes, brake hoses, and other critical running gear. You should carry a first-aid kit, plenty of flares or emergency reflectors, and chains when you're likely to need them. □

Seat belts *hold young card players securely in place. All passengers should have 5,000-pound-test belts, even if special installation is necessary*

DARROW M. WATT

ELLS MARUGG

Forward-mounted *propane tanks are less vulnerable in rear-end collision*

Counter edge *atop camper cabinet has been rounded to reduce bumps, injury*

Garden Redwood?

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This beautiful garden installation was built entirely with the less expensive *garden* grades of California redwood.

Less expensive, because garden redwood contains knots and is more highly figured and patterned than kiln-dried premium grades.

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If you have a modest skill with tools, you can build all kinds of garden structures with garden redwood —decks, fences, screens, planters. At a surprisingly low cost.

Let us show you exactly how and where to use garden redwood to improve your property and extend your living space. Write us at the address below for a complimentary copy of our 8-page booklet, "Garden Redwood."

[illegible] modern forestry today to ensure an ample supply of redwood [illegible]

[illegible]*1. Member Mills:* Simpson Timber Company • Willits [illegible] Company
[illegible]cific Corporation • Miller Redwood Company • [illegible] Lumber Company

Pool's *fountain is bubbler head; spouts are copper troughs set into wood-faced concrete sides*

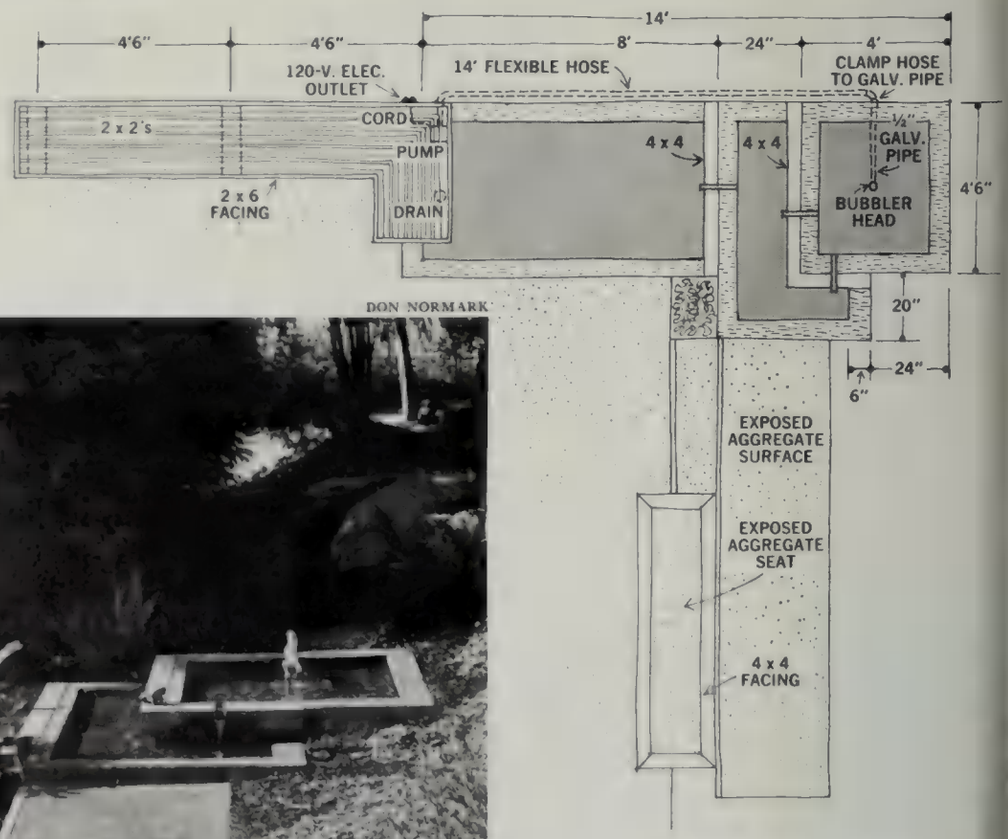
Wood and concrete are effective combined in unusual ways in this handsome and practical patio area.

The three-level pool is formed of concrete but has some wood trim. Wood also faces the edges of three of the six concrete stepping pads from the patio to a higher garden level.

There are two built-in benches. The L-shaped bench with one end extended over the pool has a wooden seat set on concrete legs. The other, appearing to cantilever from one of the steps, has a concrete top with 4-by-4 edges.

The garden was designed by landscape architects John Herbst, Jr., and Associates for Mr. and Mrs. L. J. Haftorson of Tualatin, Oregon. □

Multilevels . . . pools, benches, pads, patio



Benches *offer built-in seating; pools bring sound of water into the garden*

DON NORMARK

Upper tiers *of pool are 3 inches deep; lower pool is 12. Submersible recirculating pump is under bench overhang*

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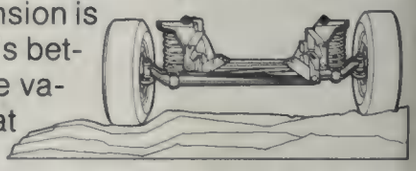


FORD RECREATION VEHICLES

Ford

DARROW M. WATT

Jumper *at left uses rope with gloves for handles. Girl at right has felt dragons on hers*

Here are ways to get a grip on your jump rope

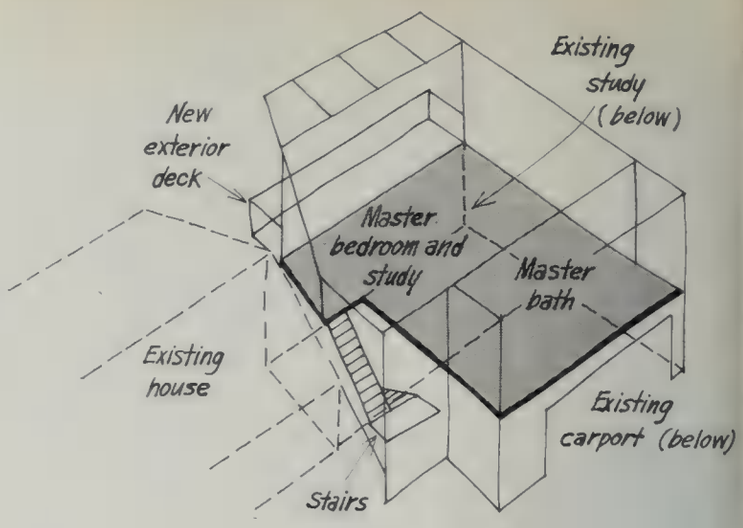
Jump rope handles. *Mythical beasts and carrot are of felt. Hand is workman's glove. All are stuffed with polyester fiber*

Giving the old-fashioned jump rope a pair of handles will appeal to youngsters who spend a lot of time jumping to favorite verses (you can almost tell the generation by the ditties). You could also offer one to the family boxer, basketball player, jogger, or other physical culture enthusiast.

People who like to sew will find a creative outlet in making the jump rope handles. You can use some of the suggestions shown here or develop designs of your own. It's easy to add ears, noses, spots, or other details to make whimsical creatures.

The work gloves (59 cents a pair) are stuffed with polyester fiber and secured at the wrist with a tight knot. Cut the other designs from duplicate pieces of felt and whipstitch three-quarters of the way around the shape. Insert rope, stuffing, and complete the stitching, going through the rope at the entering point. You can use ordinary white clothesline rope from the hardware store, or try nylon rope in brilliant colors. □

Above the carport, a new master bedroom and study



Bedroom *and study addition is over carport*

When the owners of this Los Angeles home were stymied at finding additional space for a master bedroom suite, architect Carl Day suggested that they attempt a vertical expansion plan. Above the carport he found space for the bedroom and bath they needed, away from the activity areas of their busy family, without any need for cutting into their wooded and secluded site.

The only thing one notices from the street is that the original carport is now about twice as tall. But surrounded by tall trees, the addition is unobtrusive.

The architect took full advantage of natural lighting by making the link from the main house to the bedroom a glass-walled stairway. Light from it spreads to surrounding rooms in the existing house and addition (see the photograph at left below). The spacious interior of the bedroom has one glass wall that opens to a deck overlooking the back garden. High louvered windows on the street side provide natural lighting and complete privacy in the bath-dressing area. One corner of the room, between stairs and deck, is a study area. □

Peaceful, *well-lit bedroom suite has ample, built-storage at one corner (shown), sitting area (right)*

RICHARD FISH

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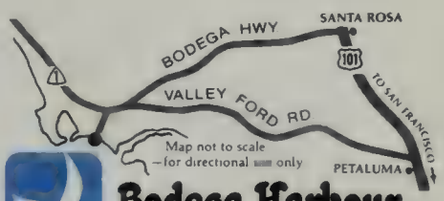

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United's Friend Ship is more than just another jumbo jet. It's a crew of specially trained stewardesses to tend to your every need. It's a Customer Representative to answer questions right on board the plane. It's a choice of delicious entrées. (All served piping hot.) But best of all, it's a beautiful upstairs lounge in First Class. And two congenial riend Ship Rooms in Coach. All in all, United's Friend Ship ill add to your enjoyment should you be a grand prize winner Hawaii. The Islands United has been flying to for 25 years.

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See next page for entry blank and a host of other valuable prizes.

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NO PURCHASE REQUIRED TO ENTER OR QUALIFY.

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15 Samsonite 3-piece Luggage Combinations Ladies' beautifully styled Samsonite Fashion aire Luggage in attractive Pink Orchid. Sleek pliable, strong. Fashion co-ordinated interior designed for more packability. Exclusive hid den locks, light magnesium frames. Set in cludes 29" World Traveller, 26" Pullman an popular Petite-Tote.

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Kraft Mayonnaise Sweepstakes closes midnight, April 15.
No Purchase Required to Enter

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2. Mail entries to Kraft Mayonnaise Sweeps, P.O. Box No. 6510-A, Chicago, Ill. 60677. Enter as often as you like. Each entry must be in a separate, stamped, addressed envelope. Entries must be postmarked by April 15 and received by April 25.
3. Winners will be chosen by drawing 10 days after the close of the Sweeps. First 15 names win a grand prize of a seven day, six night vacation for two to Hawaii. Prize includes round trip transportation from hometown to Hawaii via United Airlines, plus double room accommodations and meals starting the day you land in Hawaii at the Hilton Hawaiian Village. Grand prize winners also win a Nikkormat FTN camera with 50mm f.2 Nikkor lens and case. Each couple also receives $100.00 spending money.
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GLENN CHRISTIANSEN

bove. *Extended buffet holds a generous ollection of dishes and decorations.*
elow. *When not in use, it is horizontal cent that makes room seem longer*

The disappearing buffet

his handsome teak strip pulls out of e wall to become a buffet when there company for dinner. It is in a dining om of average size that might seem owded by a conventional serving table sideboard.

he buffet pulls out of the wall on four etal extended-arm drawer glides. It is)½ feet long and 18 inches wide, con-ructed of standard ¾-inch teak veneer ywood joined at the center to achieve e 10½-foot length. It is faced on three des by 2½-inch solid teak with finger ll slots routed out. When not in use e buffet pushes into the kitchen, where is hidden beneath the kitchen shelves d work counter.

he buffet was designed by Donald ibbs of Hugh Gibbs and Donald Gibbs rchitects, Long Beach. □

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Your heating system's thermostat

How it works...and ways to give it better control of your furnace and blower

There's enough cool weather left to justify spending some time on a thermostat that keeps your house either too hot or too cold.

The trouble may be so simple that careful adjustment will cure it.

However, if you adjust your thermostat as described here and your house still remains at uncomfortable temperatures, you may have to take more serious steps. You might, in fact, want to replace an inefficient thermostat with a more sensitive or convenient model.

Meet your thermostat

A thermostat is a temperature-sensitive device that controls the flow of fuel to the furnace burners. Most forced air thermostats operate on 24 volts. There are two types in common use throughout the West: the bimetal and the mercury switch. In a thermostat with a bimetal switch, temperature-sensitive metal reacts to changes, opening and closing electrical contacts to turn the gas flow on and off. In mercury switch thermostats, a drop in room temperature causes a sensitive spring to tilt a bulb containing mercury to a position where the mercury completes a circuit, thereby turning on the heat.

Mercury switch thermostats also have an anticipator, a resistance coil that gives the thermostat a slight "fever," turning off the heat just short of your setting and allowing the blower alone to bring the house up to the desired temperature. (Most furnace blowers have their own thermostats and will continue operating until any residual heat in the furnace is extracted.) In systems without anticipators, the blower and burner operate right up to the desired temperature, at whic point the burner goes off; the blowe continues running because of the resid ual heat in the furnace and the hous reaches a temperature higher than th thermostat was set for.

Finding a proper setting

When adjusting any thermostat, try t find a setting at which the family fee most comfortable. Thermostats vary i sensitivities and any setting marks ma be misleading. A thermostat set for 72 may actually be heating the house to 75 Don't trust the inexpensive thermom eters that are often in the thermosta housing; they frequently give inaccurat readings.

It is best to make any adjustments on cool, cloudy day or a cold night. Firs turn the thermostat back until the hous feels a little cool, then turn toward war until there is a slight click signaling th activation of the burner. Wait ½ hou giving the heater time to bring up th house's overall heat. Continue makin very small adjustments (perhaps ⅛ inch with an interval between each adjus ment until you are no longer aware c any discomfort. Mark the new norm o the dial with a felt pen.

If there are infants who play on th floor, consider a somewhat higher se

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ting. Be sure that everyone who might adjust the thermostat knows that adjustments must be made in very small steps. Forced air burners fire at a constant level, and turning the thermostat higher than normal won't speed up the heating. Once you find a favorite setting, it will seldom need to be changed.

Houses that have floor or wall heaters or large houses with more than one furnace will often have several thermostats in different rooms or zones. Many manufacturers claim that you can regulate the temperature of each room separately. This usually isn't true unless interior doors are kept closed. Heat flows from room to room and the overall temperature of most houses with open interiors stays fairly uniform. Thermostats should be adjusted with this in mind.

If the house is too warm, turn down only the heater that has been on most recently. If the house is too cool, turn up the heater that has been off the longest. Eventually this procedure will balance the system so that each heater does its share of the work.

If it still won't cooperate

If your thermostat continues to react unsatisfactorily even after proper adjustments, run through these checks:

An appliance, television set, radio, lamp, or a fire in the fireplace will all affect the reading taken by a thermostat. Direct sunlight through a window will also cause the thermostat to shut off your system, even though the rest of the house may be uncomfortably cool. You can temporarily shield a thermostat from nearby heat or sunlight with aluminum foil, shiny side out. Make sure there is still good air circulation through the thermostat housing.

If your thermostat is a mercury switch, check with a small carpenter's level to see that it is mounted level. If not, the thermostat will be improperly calibrated. Remount so that the back plate is as precisely level as possible. Make sure that the wiring hole behind the back plate is tightly stuffed with insulating material to prevent drafts.

And remember to have your heating plant serviced once a year. The usual charge is about $20. You should replace the filter (or clean it, if it's the cleanable type) at least once every six months, preferably more often.

Get a new one?

Mercury switch thermostats (usually $30 to $35 installed) are considered to be noticeably more accurate than the bimetals (about $30 installed). A home owner can determine what type of thermostat he has by simply removing the cover and looking for the mercury bulb. If you feel a bimetal isn't responsive enough, ask a reliable furnace dealer about the possibility of replacing it with a mercury switch. Note the make and model number of your present thermostat so that he can determine if there are any interchangeable models available.

Unless you are experienced with electrical wiring, replacement should be done by a furnace contractor. Look under Furnaces in the yellow pages of the telephone book.

If you like to sleep in a cold house you might consider a clock thermostat. Automatic models with mercury switches cost about $100 installed and have separate day and night temperature settings. A changeover dial can be set to determine when you want the night setting to go on and off (for instance, 10 P.M. and 5 A.M.). Don't set the temperature back more than 6° to 8° or any saving on heating costs may be lost in reheating the house in the morning.

Manual clocks are also available and must be set daily. They are convenient in a house that goes unused most of the day. The cost is about $75 installed. □

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DARROW M. WATT

ung sculptress carves fake ck with scrap piece of metal

An introduction to sculpture

simple recipe for fake rock can help u introduce your children to the ex- rience of three-dimensional sculpting. ulptors traditionally use stone, wood, metals and work with fairly sophis- ated techniques that go far beyond a ild's ability. But with fake rock, chil- en can carve their own forms with ch simple cutting tools as spoons, old ring knives, nails, melon ball cutters, scraps of metal.

u make the rock with these ingredi- ts: 1 part water, 1 part plaster of ris, and 1½ parts vermiculite. (Go to obby or art supply store for plaster of ris, to a building supply store for ver- culite.) Mix ingredients together in a ge bucket.

e point about plaster of Paris should ver be forgotten: Once it's mixed into laster, it will set, even under water. *not pour plaster into a sink.* It could

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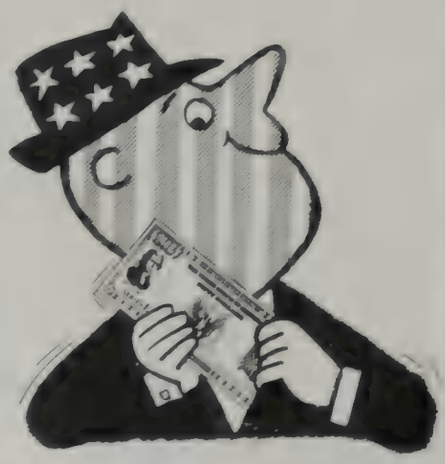

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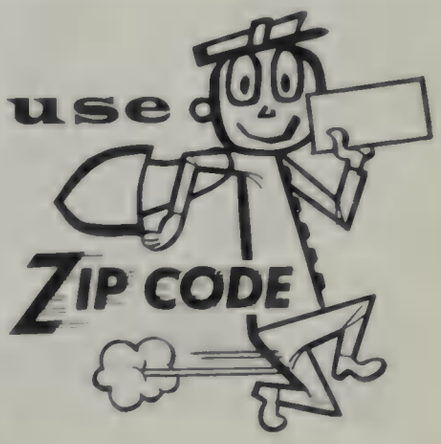

4 ways better than ordinary garden hose...

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- **Easy to handle. Resists kinking.**
- **Premium burst strength.**

This hose gets the job done, too. Delivers full flow to nozzle or sprinkler. And it has solid brass couplings. Choose from two types: FlatLine garden hose with polymer 23, or regular FlatLine reinforced vinyl garden hose. Wherever garden supplies are sold.

Send for your free copy of the booklet "Watering and Other Tips for Lawn and Garden Care."
Watering Tips
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P. O. Box 509
Worthington, Ohio 43085

FlatLine® garden hose
AMERACE ESNA

FlatLine® Hose is protected by U.S. Patent No. 3,581,778

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She can take you far away to the long ago places of the Mediterranean. To the clear, clean lands of the North Cape, Scandinavia, with Russia on the side. She's the Cinderella Ship Statendam. Newly rebuilt, sporting a spectacular Promenade Deck that gives you more pleasure per square foot than any ship at sea.

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Gentlemen: Please rush me free, complete details on the Statendam cruises I've listed below.

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Holland America Cruises

We're Dutch and we want everything to be perfect.

stop it up completely and you mig have to replace the pipes.

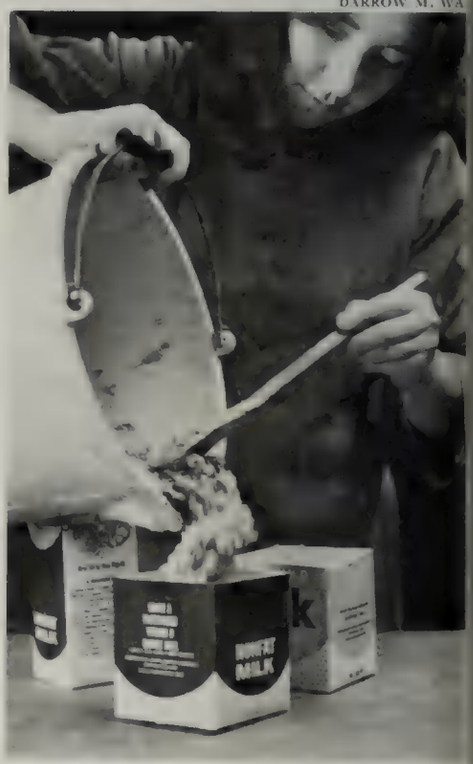
After mixing, pour rock into emptied ar rinsed milk or ice cream cartons th have been cut to desired size with a m knife. If you know what shape the fin sculpture will be, choose a carton to a commodate it.

Remove excess rock from the mixi bucket immediately, wiping it out wi paper towels or crumpled newspape Don't wash and rinse out the bucket; i better to wipe it out and put extra ro in a paper bag, then throw it away.

In four to five days the rock will be s up and ready to carve. Vermiculi keeps the plaster of Paris from settir up at once. If you want to delay the se ting of the mixture, increase the amou of vermiculite, but if you want a harde quicker setting rock, reverse the proce and increase the plaster of Paris.

Prepare a working surface for the chi dren, covering tables and the floor ar

DARROW M. WA



Mix *fake rock in a bucket and push into empty milk cartons*

with newspapers. Carving can be a fairl wild experience, with bits and pieces fly ing around.

Collect metal sculpting tools from you kitchen drawers or the workshop. Avoi sharp tools if the children are small. I the block becomes too hard to carve, i can be softened as often as needed b soaking it for an hour in water.

After drying (a week or so), the rock wil become almost white; the vermiculit gives it a handsome, granitelike texture It will seem exactly like rock, until yo pick it up and feel how light it is.

THE BIG 3 OLDSMOBILE WAGONS FOR 1972

ROOMY.

CUTLASS CRUISER: Over 93 cubic feet of cargo space on a 116" wheelbase. And, while it's big on space, it's easy to park. Standard features include a big Rocket V-8, a Drop-or-Swing Tailgate, and power brakes, with discs up front. The smallest of our Big 3, but still a lot of wagon for the budget buyer.

ROOMIER.

VISTA-CRUISER: Over 105 cubic feet of cargo room on a 121" wheelbase. Its exclusive observation roof turns any trip into a scenic tour. Drop-or-Swing Tailgate, side and tailgate paneling, big Rocket V-8, all standard. Inside, deep carpeting and deluxe upholstery. Available with two seats or three—the most popular station wagon we've ever built.

ROOMIEST.

CUSTOM CRUISER: Up to 109 cubic feet of luxurious cargo room on a 127" wheelbase. Power steering, power front disc brakes, 455 Rocket V-8, automatic transmission, power ventilation, and power rear window, all standard. Glide-Away Tailgate doesn't open—it disappears! Spring-steel-mounted front bumper absorbs minor impacts, comes back for more. With two seats or three, it's the ultimate station wagon.

Station wagons to get back to nature in: Every Olds Cruiser is doing its part for cleaner air; its engine now emits, on the average, 80% less hydrocarbons and 65% less carbon monoxide than engines of 10 years ago. And every Olds wagon has a long list of GM safety features.

OLDSMOBILE
ALWAYS A STEP AHEAD

You May NEVER SEE A MOUSE AGAIN

d-CON® MOUSE-PRUFE® contains a powerful mouse-killing ingredient recommended by the U.S. Government—contains twice as much of it as other leading products! That's why it may rid your home completely of mice.

After your mice are gone, MOUSE-PRUFE can continue to protect your home. Just leave a package of MOUSE-PRUFE out and it can help prevent future invasions so you may never see a mouse again.

Just pull tab on the package and bait feeds automatically. When mice eat enough bait, they go away and die. It's cleaner and easier than mouse traps. No handling mice, no disposal problems. Remember, mice always come in family groups, and one trap can only get one mouse at a time. But one package of MOUSE-PRUFE can kill many mice.

There are no violent poisons in MOUSE-PRUFE, so it's safe when used as directed—even around children and pets.

IF PRODUCT OR PERFORMANCE DEFECTIVE
★
Good Housekeeping
GUARANTEES
REPLACEMENT OR REFUND TO CONSUMER

NORMAN A. PLATE

Sawing *through this piece of 2-inch ABS with a hacksaw takes about 20 seconds*

Pipe ends *should be made smooth with a piece of sandpaper, insuring a tight and smooth joint*

Solvent-cement *is applied to pipe with furnished applicator. Inside of fitting also gets a quick coat*

Threaded *adaption fitting is pushed onto cement-coated piece of pipe as quickly as possible*

With plastic pipe, you are the plumber

Plastic pipe may at last allow many home owners to do their own plumbing repairs and installations. Installing or repairing conventional copper, galvanized steel, or cast iron pipe not only requires torches, wrenches, leading pots, and other expensive tools, but also requires a fair degree of skill. Often the weight of the

Mouthwash confidence.

Fluoride confidence.

FOR THE DOUBLE RING OF CONFIDENCE COLGATE® WITH MFP® FLUORIDE

Fluoride confidence: No toothpaste fights cavities better than Colgate with MFP fluoride. It's clinically tested and proved effective in reducing cavities.

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"Colgate with MFP fluoride has been shown to be an effective decay-preventive dentifrice that can be of significant value when used in a conscientiously applied program of oral hygiene and regular professional care."—Council on Dental Therapeutics, American Dental Association

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Save 10¢

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Colgate MFP

NOTICE TO DEALER: You are authorized to act as our agent for the redemption of this coupon in accordance with the terms thereof. We will reimburse you for the face amount of the coupon, or if the coupon calls for free goods, we will reimburse you for such free goods, plus 3¢ per coupon for handling, provided you and the consumer have complied with the terms of this offer. Presentation for redemption without such compliance constitutes fraud. Invoices proving purchases of sufficient stock of our brand(s) to cover coupons presented for redemption must be shown upon request and failure to do so will at our option void all coupons submitted for redemption for which such proof is not shown. This coupon is non-transferable and good only on brand(s) specified. Coupons will not be honored and will be void if presented through outside agencies, brokers or others who are not retail distributors of our merchandise, unless specifically authorized by us to present coupon for redemption. Consumer must pay any sales tax. Coupon void if use is prohibited, restricted or taxed. Coupons may be presented to our salesman for redemption or mailed to: Colgate-Palmolive Company, P.O. Box 1799, Louisville, Kentucky 40201. Offer expires March 31, 1973. Cash value 1/20 of 1¢. Any other use constitutes fraud.

10¢ 10¢

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Ekco has the only kitchen utensils guaranteed 15 years.* And they're pretty as well as functional.

Ekco Country Garden cooking and serving tools, pretty in the kitchen or dining room. Colorful flowers on dishwasher-safe Melamine® handles. But pretty is as pretty does; these stainless steel tools make flipping, dipping and stirring easier.

7-piece set includes ladle, basting spoon, potato masher, spatula, fork, pancake turner, and wall rack. Gift boxed . . . a most-welcomed gift item. Approximately $15.95.

*EKCO GUARANTEE. If Country Garden kitchen tools fail due to defects in workmanship or material within 15 years, Ekco will replace or provide equivalent substitute at no charge.

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Send for Ekco's free booklet *"The use and care of fine cookware."* Write Dept. S1403, Ekco Housewares, Franklin Park, Ill. 60131.

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GENERAL INTERIORS

metal pipe alone prohibits one-man re pairs. Plastic pipe is light enough for on man to handle, and requires only com mon household tools.

You can buy fittings to couple plasti pipe to conventional plumbing system: To replace or add a section of pipe, de termine the inside diameter of existin pipes and the approximate length neede Take these dimensions to a plumbin supply shop and ask for help in choosin the proper adaptors and pipe needed fo the job.

Most plumbing, building, and sprinkle suppliers now carry plastic pipe, and a home owners discover its ease of insta lation, more large hardware and handy man outlets will also carry it.

With code approval given by San Fran cisco this winter, most major Wester cities now approve limited use of plast pipe for water service to the hous sprinkler, and drainage systems, and th traditional use of cast iron: the drain waste-vent system. Plastic pipe for th hot and cold water supply systems insid the house doesn't have widespread cod approval, but it's being used successfull in some areas.

You'll need a fine-toothed handsaw (9 t 14 point) or a hacksaw for cutting th pipe, sandpaper or a file to remove th burrs after a cut, and a non-synthet brush with coarse bristles for applyin the solvent-cement (an applicator is ofte included in the solvent can).

To install the pipe, cut it to the desire length and sand off burrs. Use a rag t wipe clean the end of the pipe and th inside of the fitting. Brush on the solven cement and quickly push the pipe int the fitting. (Each type of plastic uses different cement, which actually dissolve the plastic, forming a weld-like joint Twist the pipe fully into the fitting an then align the fitting direction. Let it dr for 3 to 5 minutes before moving th line. Once the solvent-cement is set, th joint is stronger than the pipe itself. A low 16 to 24 hours before filling the lin with water.

The trick is to align the fittings properl Often it is best to join lengths and fittin before gluing, marking them with crayon or pencil to guarantee alignmen

Polyethylene pipe requires a differe joining technique. First a stainless ste clamp goes over the pipe, then the fittin slips inside the pipe after a thread-se compound has been applied. The clam is then tightened.

There are a number of very differe types of plastic pipe; each is availabl in varying qualities called schedules.

Polyethylene is a flexible, black plast pipe costing a little more than 5 cen a foot. It is used for water service to th house. Since this is usually a straig run of pipe, polyethylene is ideal, fo

Two years worth of school kids in Broward County, Florida have hopped, skipped, jumped, slid, wrestled, run, stomped and spilled on Bigelow carpet. It still looks great.

Here's what that means to you.

The carpet we made for the Broward County school system is so tough and durable there's hardly a sign of all the abuse it takes.

You may not need that kind of toughness in the carpet you choose for your home, but you should have that kind of quality.

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You see, Bigelow has been making quality carpet for over 145 years. And one of the most important things we've learned is how to make beautiful, fashionable carpet that gives you real value for your money.

For example, Deaufield. The perfect carpet for people with a taste for luxury. It's thick and rich in deep pile of Bigelow Approved Acrilan® acrylic. Comes in 25 brilliant colors to blend with the most elegant decor. Wears beautifully year after year. Yet you can probably carpet an entire room with it for less than the cost of a good sofa.

Mail in the coupon and we'll send you a 3"x5" sample of Deaufield, a complete color chart, and Bigelow's decorating booklet, "Great Beginnings." We'll try to get it to you in 2 weeks. Or go see the beautiful array of quality carpets from Bigelow at your dealer today.

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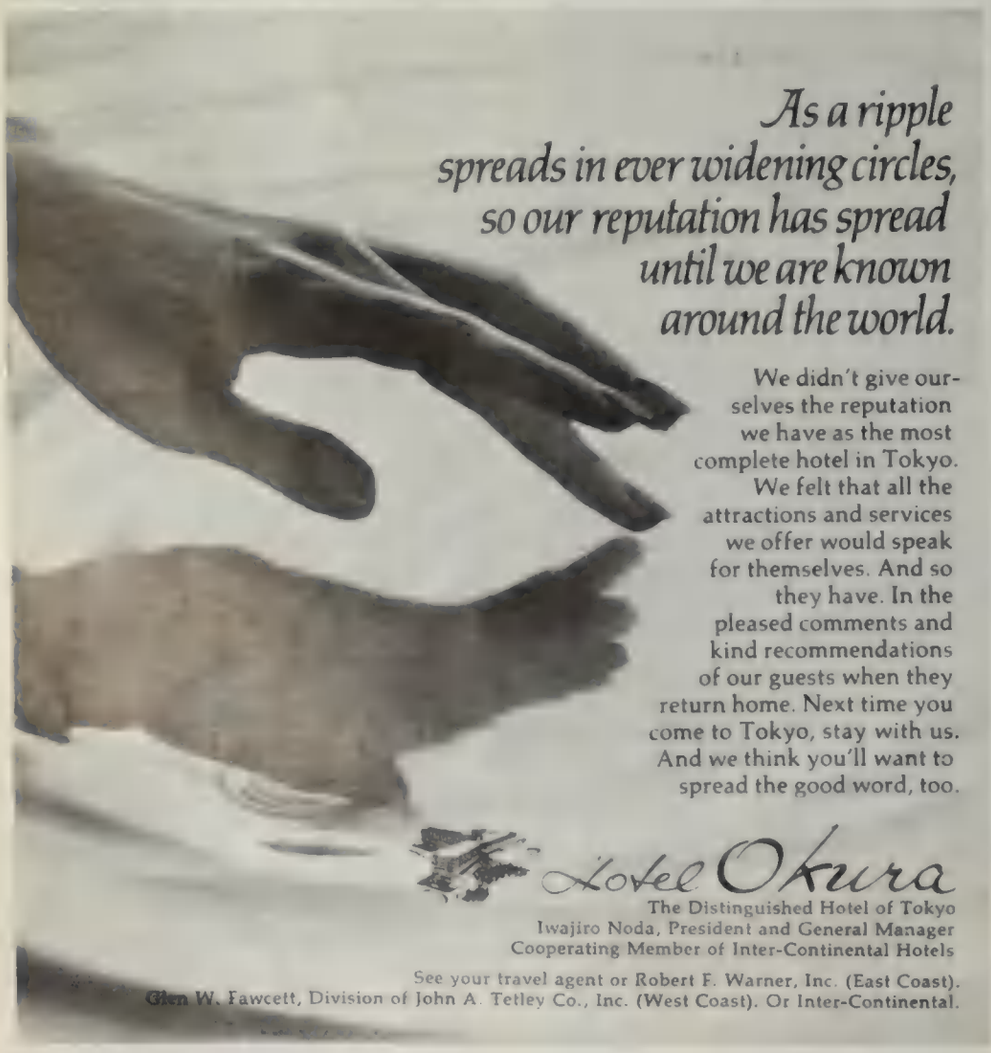
Pouch E-96, Juneau, Alaska 99801



it comes in rolls up to 400 feet long and the whole run can be made with only two fittings. One fitting ties the line to the water meter and the other ties it to the water supply system at the house. Polyethylene can be used for sprinkler systems also, but the fittings can impede the flow of water and reduce the pressure, so PVC is better.

PVC (polyvinyl chloride) is the grade commonly used to supply water to a fountain, drinking faucet, extra hose bib, or sprinklers; it comes in rigid 10-foot lengths. Usually ½ or ¾-inch sizes are large enough for these uses, but larger sizes are available. It costs about 8 cents a foot for the ½-inch size.

Styrene plastic pipe with thin brittle walls is available in 3 and 4-inch-diameter walls for drainage systems. It comes in 10-foot lengths, perforated or nonperforated. The 4-inch size costs about 33 cents a foot. These drainage systems are most commonly used to control the direction of the flow of surface and ground water.

ABS (acrylonitrile-butadiene-styrene) is a low-pressure plastic pipe used in the drain-waste-vent system. Its smooth, almost frictionless walls pass water and waste better than any other plumbing material. Its lightness is of particular advantage, for a 10-foot length of traditional cast iron pipe 4 inches in diameter weighs 108 pounds, whereas ABS in the same dimensions weighs only 14 pounds (and costs about $1.50 a foot). ABS is available in 1½, 2, 3, and 4-inch diameters, for carrying waste and water from sinks, toilets, showers, and bathtubs to the sewer, and for venting these fixtures above the roof.

Like all other plastic pipes, ABS is impervious to roots and will not rot when buried. In most cases this is the only plastic pipe that is approved by codes for use above ground. □

NORMAN A. PLATE

Typical *ABS plastic drain-waste-vent system. Pipe on right vents to the roof. Heavy 4-inch drop is from toilet. Drainpipe at bottom left comes from sink. Cleanout plug at end is also plastic*

The ABCDEFG's of home safety lighting.

Good home lighting is more than just decoration. It makes your home safer and more secure.

These outdoor lights make walkways safer and help discourage intruders: A) Walkway lighting also helps prevent accidents; B) Front area lighting welcomes you and your guests; C) Garage lighting improves security. A simple attachment will turn an outside light on at dusk and off at dawn, automatically.

Good lighting in the kitchen makes tasks easier and helps prevent accidents: D) Glare-free fluorescent fixture makes your kitchen bright and cheerful; E) Lighting over sink eliminates shadows; F) Lighting under cabinets floods counter-top work areas; G) Range light in hood helps you see what's cooking.

For additional home lighting ideas, ask any PG&E office for the free booklet, "The Light Book." PG and E

Cleaning silver and other fine metal

Cleaning silverware and other fine metalwork takes special care. Silver, pewter, copper, brass, and bronze all require different handling to preserve the desired patina without sacrificing cleanliness and gloss.

Silver tarnishes

When silver comes in contact with air it tarnishes, especially if the air contains sulfides (which are common in cities). Rubber can cause corrosion. If you were to wrap a rubber band around a set of forks and leave it, the forks would probably have to be cleaned professionally to restore the shine.

A hard-bristled brush can scratch silver, so you should clean with a sponge, warm water, and a commercial silver polish. After applying the polish, rinse it off in clear, warm water and dry with a soft cloth. To accent the burnished raised areas of an incised pattern, leave the black, oxidized grooves alone. If you want to remove the black, use polish and an old toothbrush.

Fine silver flatware shouldn't go in the dishwasher. The hard steel of the knives can cause scratches when the agitation of the wash tumbles the silverware together. It can also diminish the luster of the finish. Knives are most sensitive. The extreme heat loosens the resin in a knife's hollow handle and eventually handle and blade will separate. Unless dried completely the steel of older, prestainless knife blades will rust. The buf ing of drying silver by hand helps mai tain a high gloss.

Pewter

One of the softest fine metals is an allo of tin and lead, tin and copper, or t and other metals. For ordinary polis ing use a soft cloth and nonabrasiv silver polish; if you clean with glov you'll avoid leaving finger prints th can tarnish. You may only have to po ish pewter once a year, since it seems t hold a glow longer than silver. Don store pewter in oak; the tannic acid the wood can tarnish the pewter.

Brass, copper, and bronze

These metals owe much of their valu to the treasured blue-green patina th comes with age and adds to the wort and, many feel, to the beauty of th object. It is sometimes difficult to clea and shine these metals without rubbin off the patina. (No patina will develo on objects that have been sealed again air with a coat of lacquer. Simply du it to clean.)

To clean unlacquered brass, wash i soap suds, a small amount of ammoni and hot water before polishing. You ca buy commercial brass polish. App with a soft cloth, and, unless the polis contains tarnish preventive, remove with hot water.

You can also buy commercial cleanin products for copper; or use jeweler rouge, a fine red powder that cleans de icately. Copper is tarnished by sulfu impurities and by salty moist air. Th first indication of oxidation is a dull fil followed by a green deposit. If you du copper frequently you'll have to polis less often. For stubborn tarnish, try mix of salt, hot vinegar, and flour.

Bronze can be brought to a high luste by rubbing it with your hand. Th hand's natural oil provides the polis For hard-to-remove tarnish, use a com mercial silver polish.

Some new metal objects, such as fir place screens or lamps, are sold as co per, brass, or bronze. They are actuall steel or metal covered with a shiny me tallic lacquer. When the lacquer begin to crack and air gets in, areas of tarnis eventually may appear. It's best at th point to take the piece to a plate (Platers are listed in the yellow pag of the telephone directory.) Old lacque must first be removed and two or thre thin new coats applied over a scrupu lously clean surface.

Want to lose 4 pounds fast?

You, too, may lose 4 pounds the first week with Slender. Why not? Just don't backslide. Stick with 900 Slender calories a day and you'll get a thrill when you step on the scale.

Works for problem dieters

We put people, who were at least 20% overweight, on Slender exclusively for three weeks. Dieters lost an average of more than 4 pounds the first week. During the next two weeks, losses averaged 3½ pounds a week. Many of the dieters on the program told us they were not unduly hungry and found Slender "surprisingly filling".

Slender's balanced nutrition

Many 900 calorie diets are fad diets which emphasize one nutrient over others. But a Slender meal is nutritionally balanced. Whether it's instant Slender, mixed with the substantial nutrition of milk, or canned Slender—every glass supplies ¼ of your daily recommended adult dietary allowance of protein. Plus regular vitamins and minerals, including vitamins C and B-complex. And Slender tastes great!

So when you want fast results, go Slender for a week. But remember to ask your doctor before starting any program aimed at weight loss.

Try Slender from Carnation. Dieting without nonsense.

weight Carnation Company, Los Angeles, California

What's your guess...meat or cereal?

If you guessed meat, you're only partially right. Because you're also looking at a lot of cereal. Don't be fooled, *that* isn't ALPO.

The fact is, no matter how expensive, most dog foods contain cereal. But they still *look* very meaty.

How do you find out what's what?

Read the label! No one has yet devised a way for cereal to look like meat on a list of ingredients. If your label mentions barley, oats, wheat flour, or the like, then you've got cereal.

But if it's meat you're after, check an ALPO Beef label. ALPO Beef is just Beef and meat by-products plus total nutrition. *And not a speck of cereal.*

If you want what you pay for, read the labels first. You'll find out what millions already have.

There's only *one* ALPO.

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House inspection before you buy

It is irritating and often expensive to d cover the inadequacies of a house aft you've bought it, yet most people la the knowledge and objectivity to che a house for repair problems before bu ing. One way to handle it is to have inspection service examine your futu investment before you sign any paper

Inspectors are usually former contra tors or engineers experienced in exam ing a home's structure and function. so inclined, you can accompany th on the inspection. Later, you can oft use specific information in a home spection report to bargain with the sell

What you'll find out

Upon entering the house, the inspec will head for the attic, basement, crawl spaces. It is here, among cobw and head-bumping beams and joists, t he can determine any major proble In the course of the inspection he cov roofs, gutters, and downspouts; wa ceilings, and floors; plumbing; heati ventilation, and air conditioning; el trical system and fixtures; weather st ping and insulation; foundations; dence of termites; evidence of ea quake damage; site grading and dra age; slide and flood possibilities.

The inspector will give you a deta written report and check list on his fi ings. Most services can inspect a ho within a day or two of being called their inspections usually take from 2 4 hours.

Since they do no contracting, they if asked, make unbiased rough estim of the cost of future repairs. They not licensed termite inspectors and only warn of infestation or rot.

What you'll pay

If you have narrowed your choice d to one or two houses, the cost of ins tion is quite low when compared to possible investment. Houses selling less than $50,000 are usually inspe for $50 to $125, while houses selling more than that receive a higher rate often approximates 1/10 of 1 per ce the house's value.

We found services listed in the ye pages of the telephone directory u "Building Inspection" only in Se the San Francisco Bay Area, Los geles, and San Diego. But the id quite new and likely to spread, so areas might soon have this service.

Wear-Ever Bounty. Everything you expect from high-priced cookware, except the price.

The outside is fired on at 1000°F porcelain. The cooking surface is no-stick, easy-clean Dupont Teflon II bonded to even-heating aluminum. The colors are kitchen coordinated: Avocado, Poppy, Harvest Gold and Horizon Blue.

Bounty has it all. Look at the selection: Fry pans, sauce pans, griddles, saute pans, bakeware, about $5. Five- and eight-quart dutch ovens, egg poachers, chicken fryers, teakettles, $8 to $12. Rice steamers and other sets $12 to $30.

It's high-priced cookware without the high price.

For where to buy, call toll free: 800 243-6000. Dial as you usually dial long distance.

WEAR·EVER A DIVISION OF ALCOA

Today your youngest picked a flower for you on his way home from school.
Your husband finally fixed the kitchen faucet.
And, somehow, you wish the plain dinner you've planned were a little less plain.

It's a good day for Stouffer's.

Macaroni & Cheese. One of 35 Stouffer's Frozen Prepared Foods.

Stouffer's

ce leaves *on clay slab and follow the easy steps to make a variety of tiles as shown at right*

Leaf prints in clay, easy to make, very good-looking

he southern French village of Vallau- where Picasso first started working n pottery, we found tiles similar to se made with foliage imprints. Using slab technique of the ceramist, we covered we could easily make our n. They are simple enough for chil- n to do or can become as sophisticated ou want them to be.

tiles are made from low-fire red clay ilable at most hobby shops. The plant erial is pressed into the clay with a rolling pin. The tiles are then cut to size, dried, and fired twice, first with a bisque fire and then with the glaze added. The variety of patterns is limited only by the leaf, leaves, or grasses you use. Some patience is needed to allow time for each step (the tiles take about a week to dry) and for firing.

To find a kiln, look in the yellow pages of your telephone book under Ceramics; call first to see if the shop accepts clay for firing. Many studios and community

1. *Throw clay down several times on wrong side of oilcloth (the clay won't stick to it) to eliminate air bubbles. Check for bubbles by cutting through center with a strong taut string. Place clay between two 3/8-inch-thick wood strips; run rolling pin over to make clay same thickness*

DARROW M. WATT

Alsons Personal Showers do so much more . . . so much better. Soothing adjustable spray you can direct to any part of your body. Shower without wetting your hair. Ideal for children . . . safer, more convenient. Easily adds to your bath. Choice of 22 models and bidet attachment.

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1713 Packard Ave. • Racine, Wisconsin 53403

DARROW M. WATT

2. *Arrange leaves on clay slab allowing adequate space for borders. Cover with acetate sheet and roll again with rolling pin. Remove acetate sheet*

3. *Cut through moist clay with dinner knife. Use ruler for a straight edge; go slowly. Allow 5 to 10 per cent shrinkage rate when measuring if you want tiles close to the same size*

services (especially schools) handle firing for minimal costs. Low-fire kilns are the most readily available.

Clay usually comes in a 25-pound bag for about $3.50; sometimes you can buy half a bag. Choose a low-fire red clay body that will fire to a brick red in a low-fire kiln. The clay should be wrapped airtight in plastic; this will keep it soft and usable indefinitely.

To make the tiles, gather together a rolling pin, an acetate sheet (approximately 20 by 25 inches, about 75 cents in art supply stores), a yard of oilcloth, two strips of wood about 3/8 inch thick and 18 inches long, a length of ordinary wrapping string, and the clay. Cover a few pieces of cardboard with aluminum foil to use as drying racks. You'll a need a small brush for the glaze.

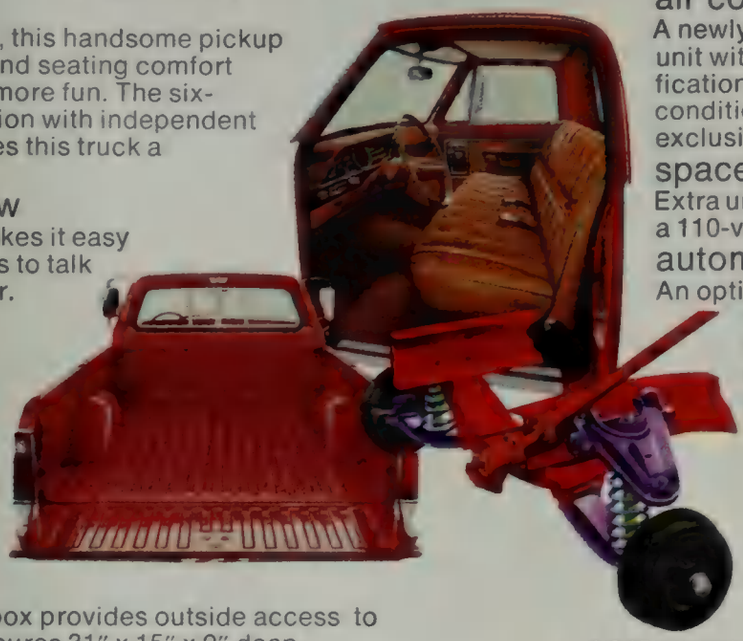
Choose plant material carefully, looki for leaves that have heavy veins and d tinct shapes. Geraniums work well; so conifers and reedy grasses.

Follow the steps shown in the pho graphs. After imprinting the foliage a cutting tiles to size, remove them with spatula to the foil-covered cardboard dry. Turn the tiles several times the fi day to minimize warpage. In a few da the tiles will be leather hard; smooth t tile edges with a moistened finger.

To make holes in them, wait until p tially dry. Use a well sharpened pen Smooth the circular edge around t hole with a moistened finger. Make ho

Go camping with Dodge. The only all-new pickup for 1972.

ntroducing the 1972 Dodge Sweptline
:amper pickup
lew from the ground up, this handsome pickup as interior roominess and seating comfort hat make getting there more fun. The six-oint level-ride suspension with independent oil springs up front gives this truck a mooth, carlike ride.



liding rear window
his optional feature makes it easy or front seat passengers to talk vith riders in the camper.

easy-off tailgate
ailgate can be quickly emoved to simplify nounting of campers vith overhang. Easy to eplace when camper is emoved and truck goes ack to work.

utside storage
:ompartment
n optional door in the box provides outside access to xtra storage area. Measures 31" x 15" x 9" deep. ockable.

uxiliary gas tank
educes the number of gas stops. Uses the same ller neck (which eliminates interference with camper ody or camper tie-downs) and same fuel gauge. Total capacity with optional tank is 50 gallons.

air conditioning
A newly designed optional air-conditioning unit with reheat capabilities for dehumidification and power ventilation when air conditioning is not needed. A Dodge Truck exclusive.

space for 110-volt generator
Extra under-hood space can accommodate a 110-volt generator.

automatic speed control
An option that lets you set your speed and maintain it without keeping your foot on the accelerator. Releases when brakes are applied.

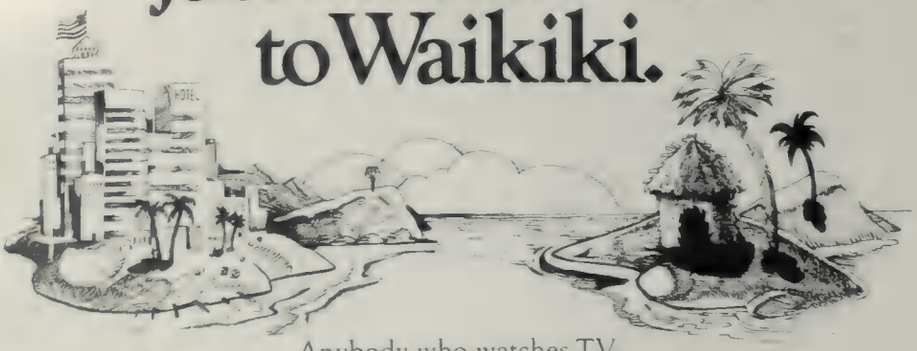
camper packages
Whenever a pickup is going to be used to carry a camper, it should be equipped with a special camper package. Available on the D200 are the Camper 7500 GVW and Camper 9000 GVW packages for campers with a payload up to 4,645 pounds. Available on the D300 are the Camper 9000 GVW and Camper 10000 GVW packages for chassis-mount campers with a payload up to 5,750 pounds. Your nearby Dodge Truck Dealer will be happy to show you what equipment comes with each camper package.

VHO GIVES YOU TOUGHNESS THAT'S JUST YOUR STYLE?

Dodge. Depend on it.

CHRYSLER MOTORS CORPORATION

Hawaii's Outer Islands just moved closer to Waikiki.



Anybody who watches TV knows Hawaii isn't all grass shacks and lovely hula hands anymore. Honolulu is a modern, dynamic city. And Waikiki Beach has a strip of hotels and nightclubs to rival any resort in the world. So, you might conclude, Old Hawaii has danced her last hula, waved her last aloha and paddled off into the sunset. But you're wrong. Honolulu and Waikiki are only one side of the island. Just a 45 minute drive away, the other side, the North Shore, still moves in slow motion. Like an Outer Island. This North Shore is truly Old Hawaii. And here, on a secluded point overlooking the blue Pacific, is Del Webb's Kuilima Resort Hotel and Country Club. Kuilima (Koo-ee-lee-ma). This is the *only* hotel on Oahu with miles of unexplored beach and its *own* 18-hole championship golf course. Plus lighted tennis courts, paddle tennis, fishing, snorkeling and surfing. Every room has a view of the ocean. And best of all, there isn't another hotel in sight. Old Hawaii lives.

Plan Your Vacation in Old Hawaii

Check the things you'd like to see and do. We'll send you color brochures and information so you can be sure to see the Hawaii so many people have missed.

- ☐ I want to walk barefoot down miles of empty beach and let the sand squinch up between my toes.
- ☐ I want to play golf on a championship course right at my hotel.
- ☐ I want to see Sunset Beach, Waimea Bay and those places where the giant thirty-foot waves come in.
- ☐ I want a hula girl.
- ☐ I want to go to a "luau" and try some of that stuff they call "poi" (At least I think I want to try it.)
- ☐ I want to visit Sea Life Park Oceanarium.
- ☐ I want my own private white sand cove where I can swim and watch rainbow colored fish hiding in a coral reef.
- ☐ I want a beach boy.
- ☐ I want to visit the Polynesian Cultural Center and see the ancient crafts and culture of Polynesia, Melanesia and Micronesia.
- ☐ I want to see Pearl Harbor.
- ☐ I want a big, cool tropical drink that takes all day to drink and has a long fancy name I could never pronounce.
- ☐ I want to stay where there isn't another hotel in sight. Like an Outer Island. Yes, when I get the urge, I also want to be able to drive to Waikiki, Honolulu.

And I'll do it if you send this ad to: Director of Sales, Del Webb's Kuilima, Faith Avenue, Laie, Hawaii 96753.

Name _____

Address _____

City _____ State _____ Zip _____

My Travel Agent is _____

KUILIMA

S

Opening May 10, 1972

DARROW M. WA

4. *Apply glaze to tile with small brush. To make straight border, hold a lightweight strip of cardboard on clay and brush glaze away from it*

a little larger than you need, to allow fo shrinkage.

Let the tiles dry completely (from five t seven days) and handle them careful when you take them to be fired; the cla is quite brittle at this stage. The pla material will become brittle and curl u during the drying period. Just pick it u and throw it away.

Take the tiles to the kiln for the bisqu fire; expect some warpage. This is th nature of handmade tiles and lends cha acter to the finished pieces.

Choose a commercially prepared sem transparent glaze. A 4-ounce bottle wi cost about 75 cents and goes a long wa We used a color called maplewoo which gives a rich brown contrast to th red, fired clay.

The tiles are particularly handsome wit a glazed border that leaves the impri area in the natural clay color. You ca coat the unglazed area with vaseline. Bu if you plan to use the tiles in a kitche area where there is a lot of grease, pla to glaze the entire tile, using a lighte glaze in the foliage area to let the patter show through.

Leather thong *slips through hole in clay to make pendant*

©1972, The West Bend Company

ays West Bend helps you enjoy
r own party:

v! **Electric Bun Warmer** is
through, for appetite appeal.
ps breads lusciously warm
t at the table. Even freshens
e rolls.

v! **Decorated Party Perk** brightly
ws up to 30 cups. Insulated;
keeps iced beverages cold.

Party-size Buffet Skillet boasts 144 sq. in. Fired-on no-stick cooking surface. Big 12-in. automatic also has vented high cover for roasting use. Colorfully porcelain-clad; dishwasher safe.

West Bend's Country Kettle. Versatile 5 qt. automatic cooks, roasts, sautés, serves—even pops corn. Porcelain-clad; Fired-on no-stick interior. Dishwasher safe.

Automatic Fondue Pot takes fuss out of fondues. Just set dial to Cheese, Meat or Dessert for correct temperature. No-stick lining, no-tip legs!

The West Bend Company, Dept. 763, West Bend, Wisconsin 53095. Also available in Canada.

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Automatic hospitality from West Bend.

then wheel into the exciting heart of British Columbia!

The MV "Queen of Prince Rupert" is an extension of British Columbia's fine highway system, bridging 330 miles of the fjord-like, coastal Inside Passage. Board with your vehicle at either Prince Rupert or Kelsey Bay on Vancouver Island to complete the Totem Circle tour. Enjoy unparalleled service on this cruise-like ship, then 20 hours later arrive refreshed at your destination to continue your motoring adventure. Drive by the finest native totem poles along the Skeena River. Visit the Cariboo country with its lakes, ranches and goldrush Barkerville, then be awe-struck with the grandeur of the Fraser Canyon. Vancouver and Victoria await you. See your travel agent, auto club, or send for our Totem Circle kit — in any season.

"Camp" along the Inside Passage . . . anytime!

Wheel your recreational vehicle right onto the car deck of the Queen of Prince Rupert. Bring your fishing tackle and camera. British Columbia has something for the outdoors lover all year 'round and there are good camp sites everywhere!

SUMMER (May 8 - Sept. 21) Sailings northbound and southbound on alternate days.
AUTUMN TO SPRING (Sept. 23 - May) Northbound leave Kelsey Bay Tuesdays and Thursdays. Southbound leave Prince Rupert Wednesdays and Saturdays. Off season, save 25% on fares (car, camper, trailer, passenger) and staterooms too! MOTOR COACH connections for all points at both terminals.

BRITISH COLUMBIA FERRIES
Tsawwassen Terminal, Delta, British Columbia

Please send me ferry information

NAME

ADDRESS

S2C

Child *is both curator and art on cork board galle*

Art rack *with clothespin holde doubles as safety bar across windo*

An art show at child's eye level

Finger paint masterpieces and pictures friends can go on these two quite diffe ent child's display boards. This is also good place to hang pictures of new o jects whose names she is learning. S enjoys having a show at eye level.

The 6-foot-long panel shown at the t is made with two 2 by 3-foot cork boar framed with corner molding and nail with 6-penny finishing nails to the cor It is suspended with two eyebolts fro wall hooks.

Clothespins are glued to the 1 by board that spans the window. Its en are nailed to the window frame.

General Electric can show you this.
Because we have the dishwashers that will do this.

he pot on the left has the remains of a aked bean casserole.

The unretouched picture on the ght is the same pot after it has been :rubbed with the brushless water :tion of one of our Potscrubber ishwashers with Power Scrub™ Cycle. othing else was done to this pot. o prescraping. No rinsing. /e washed it along with a ll load of 88 other dirty shes, glasses and lverware. We just took s picture.

You'll get the same sults as we have if you'll llow our simple loading agrams for different zes and types of loads. istructions are provided ith every Potscrubber e sell.

That's why we can ve this guarantee:

"Buy any one of our Potscrubber dishwashers with a Power Scrub Cycle from a participating GE dealer before June 30, 1972.* If you're not fully satisfied with its performance (and you'll be the judge), notify the dealer within 30 days of your purchase. He'll take back the dishwasher and refund your money. No questions asked."

We also promise that you don't have to scrape or rinse a pot or plate with any of our Potscrubber models. In each Potscrubber there's a handy device: the soft-food disposer. It disposes of all the soft stuff. You just tip off large and hard scraps.

Next, a couple of fine points about our Potscrubber models.

In addition to pots and pans you can also safely wash fine china and crystal.

We make a line of Potscrubber models to fit into a lot of different kitchens. Built-ins. Front-load convertibles, portable now, can be built in later.

We also came up with Tuff-Tub™ coating for the inside. It can't chip. And it's much more stain resistant than our old interiors.

We have another quality feature as dependable as our Potscrubber.

Customer Care Service Everywhere. This is our pledge that wherever you are, or go, you'll find an authorized GE serviceman nearby. Should you ever need him.

These are probably some of the reasons why more people use GE dishwashers than any others.

GENERAL ELECTRIC

* r Potscrubber diswashers with Power Scrub Cycle are models SC850N, SC460N, SD850N, SD460N. Also models SC660N and SD660N available after April 1, 1972.

Bench planter *was built between and hung on two laminated beams. Seat is 16 inches high, made of 2 by 3's in a 2-by-6 frame; backrest is a 3 by 6*

DON NORMAN

Designer *made this sturdy structure look more delicate by using lighter wood in pairs instead of single heavy beams. Great dome in background is Vancouver's new conservatory*

Wood at work . . . overhead, underfoot, under you

When you visit parks, schools, and office buildings, keep your eyes open for landscaping ideas you might adapt to your own garden. We saw these wooden structures, for example, on a visit to the new Bloedel Conservatory in Queen Elizabeth Park in Vancouver, British Columbia. Ingeniously constructed over a large reservoir at the entrance to the conservatory, they're of the scale needed for the vast space they occupy, but their overall design and the detailing could easily be reduced to home garden size. The master plan for the area was by San Francisco landscape architects Royston, Hanamoto, Beck & Abey in collaboration with West Vancouver architects Underwood, McKinley, Cameron, Wilson & Smith, who also designed the wooden structures.

Footbridge *for garden pool, dry stream, or between different levels*

THE GREAT AMERICAN KITCHEN

there a wom- n in Amer- a who, given e chance, ouldn't like to over her kit- en? We all ve in our ads a dream tchen like is one—so perbly de- gned and autifully equipped that it makes e preparation of meals a joy and a easure. This is the kind of kitchen ust love to cook in. To me it is the ry essence of the modern Ameri- n kitchen, which has become the odel for kitchens the world around. roughout the centuries there have en kitchens that while efficient up a point were often hot, stuffy and t very pleasant to work in. Some the vast kitchens I have seen in e large houses of Europe would be nsidered absolutely unfit to work by the average American woman, o might well pity the poor cooks liged to produce meals in them.

The American kitchen, through ars of planning, testing and exper- entation in the relativity of the var- s cooking processes and the steps eded to perform each one, has de- loped not only into a highly per- ted laboratory for cooking, but o one of the most beautiful and iting rooms in the house. It is a om in which you can live as well cook, especially on our wonderful est Coast, where the climate is so nducive to the relaxed style of nily living and entertaining that nters on the kitchen. As a matter act, one of my constant dreams is have a house with the kind of liv- kitchen where I can cook, en- tain my friends and have some of most precious possessions around , a room I would only have to ve for sleeping.

Over the last twenty years or so, erican manufacturers have de- oped increasingly efficient cook- appliances—ranges, wall ovens d surface gas or electric burners all types from the smallest one or -burner units to multiple combi- ions of eight, twelve or even fourteen burners for the cook who may wish on occasion to prepare meals for as many as twenty or thirty people. Personally, I am a great believer in having a series of surface burners plus wall ovens, of which I feel any good kitchen needs at least two, both with broilers. They make it an easy matter to cook food, time food and watch food—and to clean up afterward, for practically every oven nowadays is as simple to clean as it is to operate. You can augment these, if you like the outdoor cooking flavor, as I do, with a built-in smokeless electric barbecue.

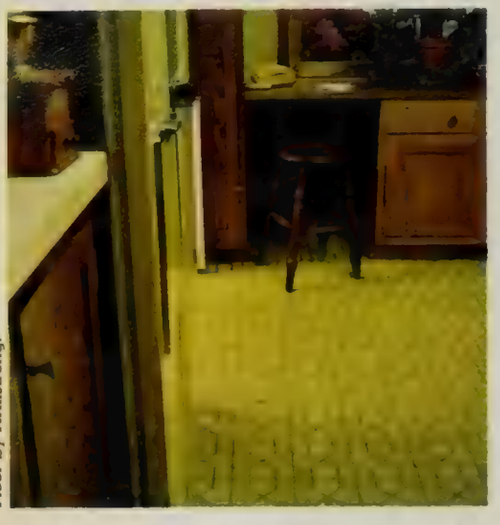
Refrigeration in the American kitchen has taken immense steps since the old days when, as I can well remember, we had wooden ice boxes that were filled every other day (or, in summer, every day) by the iceman. You had to chip ice from the block to chill your drinking water and if you wanted to keep something very cold, it had to go on the ice in the ice container. This cooling section was cool, period, and sometimes not very savory because flavors always seemed to mix and the butter smelled and tasted of fish, while the cold soufflé had more than a hint of the stew you'd had the night before. This is now a thing of the past. Modern refrigerators and refrigerator-freezers are divided into compartments that do quick cooling, quick freezing, that crisp vegetables and keep other perishable foods like milk and butter at the correct, even temperature. With a modern refrigerator-freezer you can do practically anything you want, to change food temperatures quickly or slowly, to thaw frozen foods gradually and safely, or to maintain a steady temperature. I consider a freezer that maintains a temperature of zero or below an absolute necessity. I really use my freezer. I don't fill it up with packaged frozen foods, but with things I make myself. I freeze breads a great deal and puff pastry and crêpes. I always keep nuts in the freezer, and sweet butter and other things that might turn rancid under normal refrigeration.

In many respects the American kitchen does enable you to have the controlled conditions of a laboratory, but over and above that we can have beauty built into every single part of the room. Every piece of equipment can be chosen to form part of a beautiful whole—a very personal kitchen and one of great distinction. You can have special colors in equipment, special doors for appliances, different combinations of colors in your appliances, countertops and flooring, and by working with an interior designer or kitchen planner you can have just about any look you like, from a quaint, eighteenth-century type of kitchen with all the modern gadgets hidden behind antique wood paneling to a highly polished space-age kind of kitchen incorporating the

GREAT AMERICAN KITCHEN

sleek surfaced modern materials.

Primarily, though, a kitchen is a place to work in, a place that helps you to turn out good food as easily, speedily and efficiently as possible. There are certain things that I think are vitally necessary in a kitchen, and one is center space for cooking and food preparation. I don't like to



Floor by Armstrong.

work staring at a wall, and I do like to be able to look out of a window when I'm in the kitchen. I find that a central cooking island gives greater freedom of movement and is a very convenient halfway house between storage areas in one part of the kitchen and sink and food preparation areas in the others. I'm the kind of person who likes to have everything within my scope, so I can reach from the sink to the range or the refrigerator without having to walk clear across the room. To me an ideal kitchen would have two sinks on opposite sides of the room and if I couldn't have them apart, I'd want two sinks next to each other with a dishwasher between them, so I could wash vegetables in one and pots and pans in the other and keep everything tidy and under control so that at the end of a meal there wouldn't be that monumental pile of soiled ruins that makes one sigh, "Oh, the dishes!"

I also like to have plenty of work space, with wood countertops or built-in chopping blocks for cutting and preparing food, and marble for pastry making. I like to have all the things with which I work within easy reach at all times. When I am in my kitchen, I want to be able to feel that I am in a complete world filled with everything I need to make any particular dish that comes into my mind. I love to collect recipes wherever I go, and try them out at home. Many of my favorites are quite simple, for I am not one for very complicated, heavily-sauced foods. I like dishes where the true flavors come through, where there is a beautiful balance between the appeal to the eye and the appeal to the palate. Salade Niçoise, which I've eaten many times in the south of France and make frequently at home is one of the most perfect luncheon dishes I know, with a delightfully piquant mixture of tastes and textures. I'm also very fond of broiled meats with an interesting marinade, like the Turkish Lamb and Eggplant Kebabs I discovered on my travels.

When it comes to desserts, I think fruit in one form or another is one of the pleasantest and least surfeit-

ing ways to end a meal. What, fo instance, could be more refreshin and lovely to look upon than a Cor pote of Oranges, a pile of big, juic luscious oranges peeled and soake with a delicious orange-flavore syrup, then decorated with a spri kling of little candied violets ar rose petals.

Today, making interesting and d licious meals is easy, for we have s many new types of cooking equi ment that do a really superb job. Tak pots and pans. Chefs in the old da used heavy tin-lined copper that wa incredibly weighty to lift and car around and difficult to keep clea These pots and pans are wonderfu to cook with, but nowadays I use m copper almost entirely as decoratic because I find I can get the sam performance and pleasure out other materials such as thick ca aluminum or Teflon -lined aluminu and here I'd like to say that I co sider Teflon to be one of the greate inventions for the cook in histor and I'm sure that if the great che of classic French cuisine lik Escoffier and Carème had know Teflon, their lives would have bee greatly changed.

We are also blessed in having ele tric mixers with different beaters an attachments that do everything for u from puréeing to kneading brea dough and freezing ice cream. I a a firm believer in using moder labor-saving devices like this or lik the blender, a miraculous inventic that takes the place of the hours th used to be spent grinding away wi a mortar and pestle. I use my blende a lot more than most people becaus I find it is perfect for things like crac ing pepper and making bread crumb and when I'm in a hurry, I use m blender to make a quick Hollandais sauce for asparagus or a mustar mayonnaise for Avocado with Shrim —and if you've never made Holla daise or mayonnaise in a blender can assure you it is not only muc speedier, it's foolproof.

We live in an age in which we ca —and should—take advantage everything that is new and efficie and that makes the food we cook tas

Rotisserie by Jenn-Air

E GREAT AMERICAN KITCHEN

All appliances featured on these pages by Hotpoint.

s we want it to taste without sacri-cing any of its precious quality.

Today's American kitchen is a joy r anyone who loves to cook. Even r the person who hates to cook it an be a pleasureful and attractive ace to be—and it may even inspire at person to want to do more than oil water. So if you would like to ecome the proud owner of a great merican kitchen like this one, here's our chance. To find out how, just rn the page.

RECIPES

alade Niçoise

Drain oil from 2 7-ounce cans solid-ack white tuna. Cover a large platter r line a salad bowl with crisp greens nd place the tuna in the center. Ar-ange 24 anchovy fillets around e tuna. Arrange around the edge of e platter 4 quartered ripe tomatoes r 16 cherry tomatoes, 8 cold boiled otatoes, peeled and sliced, and 4 ard-cooked eggs, peeled and quar-red. Garnish with rings of green pep-er and ripe olives. Make a vinaigrette ressing with 3/4 cup olive oil, 1/4 up wine vinegar, 1 teaspoon salt and 2 teaspoon freshly ground black epper. Pour this over the salad and arnish with thinly sliced red onion ngs. Serves 8.

rkish lamb and eggplant kebabs

ake a marinade with 1/2 cup olive l, 1/2 cup lemon juice, 1/2 cup opped fresh mint, 1/2 cup red wine, inely chopped garlic cloves and salt d freshly ground black pepper taste. Add 2 pounds leg of lamb, trimmed and cut into 2-inch cubes and 12 to 14 cubes of eggplant. Marinate for 2 to 6 hours.

String the lamb and eggplant cubes on 6 to 8 skewers, alternating them with quartered onions and squares of green pepper. Grill over fairly brisk heat, brushing with olive oil or some of the marinade, for 8 to 10 minutes, or until the lamb is done to your liking, turning the skewers once or twice during the process. Serve with pita bread. Serves 6 to 8.

Compote of oranges

Remove strips of the zest (the orange part of the peel) from 1 large orange with a zester or potato peeler. If you use a potato peeler, cut the strips into fine shreds. Cut all the peel and white pith from 6 to 8 oranges with a sharp knife (you can use the one from which the zest was removed), peeling them over a bowl to catch the juice.

Boil 1 cup sugar and 1-1/2 cups water together until the sugar dissolves, stirring, then add the shreds of zest and boil for another 10 minutes, or until shreds are translucent. Put oranges in a serving bowl and pour the hot syrup over them. Decorate tops with candied violets and candied rose petals. Serves 6 to 8.

Avocado with shrimp, mustard mayonnaise

To make the mustard mayonnaise, put in the container of an electric blender 1 whole egg, 1 teaspoon dry mustard, 1 teaspoon salt, a dash of Tabasco, 3 tablespoons wine vinegar and 1/3 cup olive oil. Blend at high speed for 5 seconds, then slowly pour in 2/3 cup olive oil in a steady stream, blending just until mayonnaise is thick, smooth and emulsified. Do not overblend. Mix 1 tablespoon Dijon mustard and a drop or two of lemon juice into the mayonnaise.

Serve half an avocado per person. Be sure not to make this until just before serving, as once the flesh is cut and exposed to air it turns dark. Rubbing the cut surfaces with lemon juice will help to retard this.

Fill the hollow of the avocados with tiny cooked fresh or frozen shrimp, mixed with mustard mayonnaise. Sprinkle with chopped fresh herbs, such as dill, tarragon, parsley or chives, whichever is available.

10 GREAT AMERICAN KITCHENS

REE! Win a $10,000 designer kitchen in Colgate's Great American Kitchen Contest!

en $10,000 first prizes! Twenty other fabulous prizes!

Win the kitchen of your dreams, created by one of America's top kitchen designers and custom-built right in your home, complete with Hotpoint appliances, Armstrong decorator floor, and Jenn-Air built-in grill. Only residents of California, Oregon, Arizona, Nevada, Alaska and Hawaii can enter, so it's easy to win. Just send us this coupon with two boxtops or labels from King Size (32 oz.) Palmolive Liquid, King Size (84 oz.) Cold Power Powder or Giant Size (28 oz.) Ajax All Purpose Cleaner, or the words "Cold Power Powder, Palmolive Liquid, and Ajax All Purpose Cleaner" written on a plain piece of paper. Twenty other valuable prizes, too!

Mail to: Great American Kitchen Contest, P.O. Box 2827, South San Francisco, California 94080

Name_____

Address_____

City_____ State_____ Zip Code_____

TWO 2nd PRIZES
oint No-Frost
gerator-Freezers.
cu. ft. big, only
wide. Exterior Ice
ice automatically
enses ice through
er door.
stable Cantilever
ves. Dairy Storage
Spread Control.

TWO 3rd PRIZES
Hotpoint Quiet Dishwashers. Four-cycle Push-Button Selection including Sani-Cycle. Lift-a-level Upper Rack. Choice of built-in or portable.

TWO 4th PRIZES
Hotpoint Deluxe Double-Ovens. Pyrolytic Self-Cleaning Oven system. Decorative Smoketint Windows. Dark Glass Control Panel. Timer.

TWO 5th PRIZES
Hotpoint Trash Compactors. Compacts a week of trash. Easy-lift Sling for Bag Removal. Automatic Deodorant Spray.

TWO 6th PRIZES
Hotpoint Cook-Top Ranges. "Recipe Heat" Surface Units. Infinite Heat Control.

FIVE 7th PRIZES
Jenn-Air Built-In Electric Grills. Family-Sized Single Grill includes Non-Stick Griddle Accessory. Built-In Surface Ventilation Exhausts Smoke and Odors Outdoors.

FIVE 8th PRIZES
Armstrong Designer Solarian™ Floors. Shines without waxing. New Mirabond™ wear surface retains gloss longer than vinyl. Spill, dirt, even wax-resistant.

HERE'S HOW TO WIN: Fill out the above coupon and send it with two boxtops or labels from any of the following three products: King Size PALMOLIVE LIQUID (32 oz.), King Size COLD POWER POWDER (84 oz.) or Giant Size AJAX ALL PURPOSE CLEANER (28 oz.). Or simply write the words "COLD POWER POWDER, PALMOLIVE LIQUID, and AJAX ALL PURPOSE CLEANER" on a 3"x5" piece of paper and send to Great American Kitchen Contest, P.O. Box 2827, South San Francisco, Calif. 94080. Enter as often as you wish, but each entry must be mailed separately. Entries must be postmarked by June 1, 1972 and received by June 16, 1972. Winners determined by random drawing conducted under supervision of Western Empire Fulfillment Service, Inc., an independent judging organization whose decisions are final. Sweepstakes open to all residents of the states of California, Oregon, Arizona, Nevada, Alaska and Hawaii except employees of Colgate-Palmolive and their families, its advertising agencies, and Western Empire Fulfillment Service, Inc. All Federal, State and Local laws and regulations apply. Void in the States of Utah, Idaho, and Washington and wherever prohibited by law. Winners will be notified by mail. Only one prize to a family. All prizes guaranteed to be awarded. No purchase necessary.

? Colgate-Palmolive Co.

Santiago *from* R RIVERSIDE ®

Choose the exciting *Santiago* collection, a new and lasting creation from Riverside. You'll find *Santiago* at a fine furniture dealer near you.

XXV

Twenty-Five Years of Bringing Beauty to the Home

RIVERSIDE FURNITURE CORPORATION

A subsidiary of Arkansas Best Corporation

Two ways to learn our three R's (Russia, Romania, and Rabat):

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A. SALBOS

Double-service *ribs support overhang, carry rainwater beyond lanai*

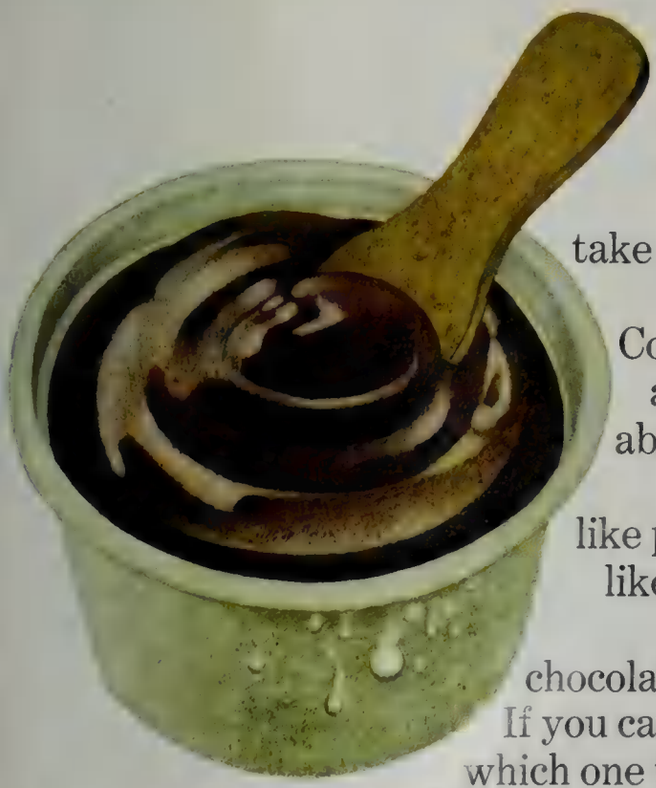
Short *middle board gives rib a lighter look*

It's roof support and an out-spout

The overhead ribs on this lanai serve double purpose. They support the roo overhang and (out of the picture) som slats that provide shade. In additio every other rib carries rainwater fro the house roof out beyond the deck; an they distribute runoff over a wider are than would gutters running into a dow spout or two.

The ribs are made from one 2 by 3 san wiched between two 2 by 6's. Those th serve as drain spouts are lined with fibe glass cloth and resin, which prevents ro ting and leaking. Galvanized eave stri divert water into the drain spout ribs.

Ray Keuning, a structural engineer, d signed and built the drain spouts an lanai for Mr. and Mrs. William Paul Honolulu.



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So when you buy our bananas at your supermarket, remember you're buying Dole. You'll grow to love our bananas as much as you've grown to love our pineapple.

and you'll go bananas over Dole.

RICHARD FISH

sh enclosure *by back door, close reet. Containers swing out loor-mounted shelves*

1 *hide-away for garbage cans*

ne time when even the most fastid- groomed neighborhood looks bad trash pickup day. Trash containers orted colors and condition line the like overstuffed toads, waiting for ıck and crew. Then they sit empty, ops askew or missing, until hauled for the refilling process.

ost cases you have no choice but to the containers to curbside. But are situations where back doors curbside or next to an alley where night devise an enclosure such as ne shown here. (Check first with building inspector.) It's essentially r-door cabinet built against the to shelter the containers. They're f sight, and pet-proof. According owners, the collector empties the ners, replaces them, and closes ors. □

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GERALD R. FRI

On living room side *of double fireplace, marshmallow roasters look in at log level. Mexican ceramic tiles line fireplace on dining room side*

The living room pit has its own indoor campfire

Fireplace pit *groups people much less formally than does the usual arrangement of living room furniture. The pit is 30 inches deep*

This is a place for rainy day poww
The fireplace, which also opens to
dining room, can serve as an in
campfire.

The owners are resident directors
camp for children. With this small
phitheater they don't need any furn
to host a crowd. Their idea ca
adopted by anyone who wants plent
conversation and lounging space for
ual entertaining.

The house is also camp headqua
and is just up the hill from most o
camp activity. On the second floor
family finds privacy. The directors
practically reach from their bed the l
bell that rings to start the camp's
Downstairs, camp and family activ
can combine in two equally large
proximately 24 by 27-foot) living an
creation rooms.

The owners and their friends and fa
did most of the work on the house.
saving, by the owners' estimate, a
half the projected cost. After excava
the pit, they poured a 6-inch-thick
crete pad covering the 12-foot-sq
space at the bottom. Over this, to n
it more comfortable, they laid dow
sulation board, a rug pad, and a t
carpet. The 2-foot-wide steps are n
of 1-inch oak planks supported by s
dard fir stair stringers at 12-inch i
vals. The corners of the oak planks
mitered for a snug fit.

The top edge of the pit is 16 feet squ
The two sides opposite the steps are f
with the same redwood siding usec
the exterior, and the trim around the
is extra window trim.

The house was designed by archi
Marquis and Stoller for Mr. and
Jack Felson, Forest Farm Camps, F
Knolls, California.

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IN YOUR STORE'S FROZEN FOOD CASE

Here's how you can m easy and exciting meals your famil

I enclose 25¢ f copy of Mrs. P new cookbook *Meal-Makers*, 96 big pages recipes, of meal making i

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Send to: Mrs. Paul's Kitchens Inc.
Dept. MPK, 5830 Henry Avenue, Phila., Pa.

For new woodworkers, a primer on plywood

Vith the plywood produced in this coun-
y last year you could lay a panel 12
eet wide and ⅜-inch thick from the
arth to the moon. Yet, in spite of its
ong-standing acceptance, some home
oodworkers don't really understand
lywood well enough to make the best
se of it.

lywood is a panel made from thin lay-
rs of wood called veneers. An odd num-
er of veneers are glued together with
e grain of each at right angles to the
ne adjacent. The grain of the two out-
de plies is parallel. The panel is all but
plitproof and punctureproof, and pound
or pound it's one of the strongest of
uilding materials.

oftwood plywood

Vay over half the plywood sold is made
f softwood, usually Douglas fir. Usual
anel dimensions are 4 by 8 feet, most
ommonly ½-inch thick. But widths
ary from 36 to 60 inches, there are
ngths up to 12 feet, and thicknesses
nge from ¼ inch to 1⅛ inches.

he type of glue and the grade of the
side plies determine whether plywood
n withstand exterior use. Most of the
ywood that passes strict industry tests
arries a DFPA (Douglas Fir Plywood
ssociation) label.

or handy reference, the chart above at
ght lists the common softwood grades
d some of their uses. In the left-hand
olumn, the first grade letter applies to
e face of the panel; the second letter,
the back panel.

ardwood plywood

ou identify hardwood plywood by the
me of the wood used on the face
nel. Popular domestic hardwoods in-
ude birch, black walnut, cherry, maple,
d oak. A number of foreign and ex-
ic woods are also available.

eneer core, with layers of ply joined
the standard manner, is used for panel-
g, sheathing, or situations in which the
ywood must be bent or curved. Lum-
r core, recognizable by the solid core
extra-thick middle ply, is used for
letops or doors where butt hinges are
ecified. Particle board core, with its
re an aggregate of wood particles
nded together with a resin binder is
s expensive.

e four most common grades of hard-
od face veneer are: #1—flawless,
ecially ordered, very expensive; A—
ll matched, uniform color; #2—
tching less careful, pin hole knots;
3—good if painted. □

Softwood plywood grades for common exterior uses

A-A	Fences, furniture—finished appearance of both sides important.
A-B	Cabinets, counters—one side less important.
A-C	Sidings, soffits—one face is finished grade.
Marine	Boat hulls.

Softwood plywood grades for common interior uses

A-A	Cabinet doors, built-ins, furniture where both sides show.
A-B	Cabinets, display counters—one side not so important.
A-D	Paneling, built-ins, backing—finish grade on one side.
B-D	Backing, cabinet sides—utility grade, one paintable side.

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Oh sure, you'll notice all the big pieces of vegetables and beef. And of course you'll wonder how we got so much into each can. But it's the broth that gives Great American its distinctive flavor.

Try any of the great Great American Soups, it's all right there, ready to serve, broth and all.

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RICHARD FISH

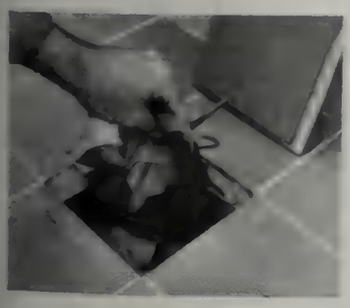
Potting bench *occupies narrow side-yard space. Soil mixes, amendments are stored in several metal garbage cans alongside*

The gardener's easure...counter, sink, pot shelf

simple potting bench was designed erald J. Cohen of West Los Angeles ilize some lumber and plywood left from other projects.

frame of Douglas fir 2 by 4's, he hed a full, 4 by 8-foot sheet of ½-exterior plywood for the back. He nother sheet in half lengthwise and one piece as the counter base and ther as a single continuous bottom From another half sheet, he cut four pieces: two for the sides of a central cabinet that extends from the bottom shelf to the counter, one to enclose one end of the bench, and one to serve as the cabinet door. To lessen the chance of rot, the legs are nailed to redwood 2-by-4 runners.

Sink *has running water, connected to dry rock-filled sump 10 feet away*



One tile *is loose, lifts off; debris swept into hole falls into can under counter*

A sink found in a wrecking yard is set into the counter at one end. The counter was covered with 6 by 6-inch quarry tile set in grout and sloped to the center and to the sink. The counter is edged with 1 by 6's and beveled along the lower edge in front so water doesn't run back under. The top shelf and its supports were cut from regular shelf lumber.

All wood was given two coats of exterior enamel paint. □

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the finish fixer

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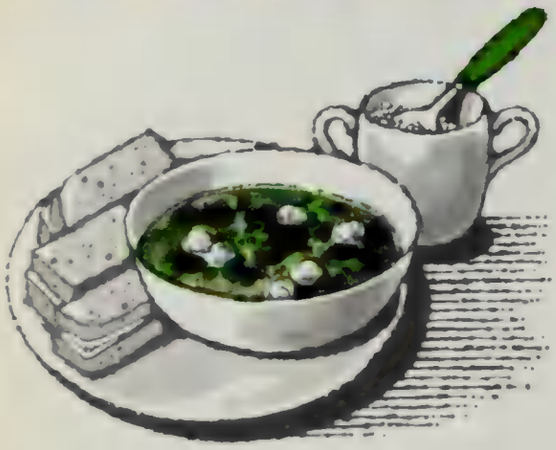
You can use fresh spinach with canned white kidney beans to make a great soup or serve a special beef stew with handsome asparagus sp

To entertain at lunch or brunch. can depend on the sprightly f of fresh oranges to enhance chi salad. Or you can add avocac crab-filled crêpes.



Serve soup with cheese sandwich for lunch, supper; or use as first course

Leafy Bean Soup

Fresh green spinach and canned white kidney beans harmonize colorfully and deliciously in this soup.

- 1 medium-sized onion, finely chopped
- 1 clove garlic, minced or mashed
- 2 tablespoons butter or margarine
- 2 cans (14 oz. *each*) regular-strength chicken broth (about 3½ cups)
- 1 bay leaf
- 1 bunch (about ½ lb.) fresh spinach
- 1 can (about 1 lb.) white kidney beans or garbanzos
- Salt and pepper to taste
- Freshly grated Parmesan cheese

In a Dutch oven sauté the onion and garlic in the butter over medium heat until soft and golden, about 6 utes. Add the chicken broth and Cover and simmer for 10 minut Meanwhile discard the coarse spi stems and wash leaves thorou Stack leaves and slice crosswise ¼-inch-wide strips; set aside.

After the broth has simmered, the beans, including their ju Bring soup back to simmer then add the spinach and cook minutes. Taste, and add salt and per if desired. Remove bay and at once. Pass cheese to spoon each serving. Makes 4 to 6 serv —*J. T., North Hollywood, Calif.*

Arrange asparagus, beef, gravy on a rimmed platter or shallow baking dish

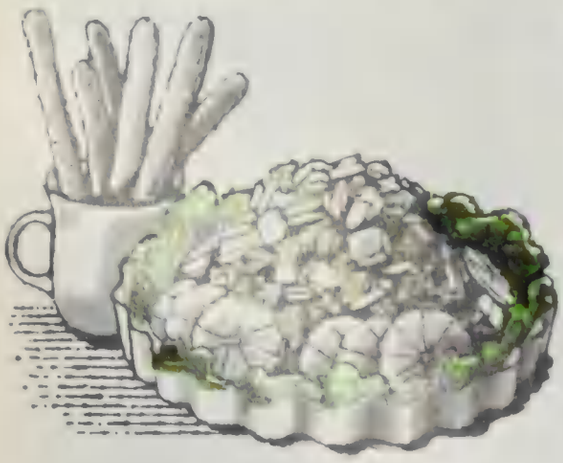
Beef and Vegetable Stew

Asparagus spears are attractive and tasty companions to beef stew.

- 6 slices bacon
- ⅓ cup flour
- 1 teaspoon salt
- ⅛ teaspoon *each* pepper and ground cloves
- 2¼ pounds boneless lean beef, cut in 1-inch cubes
- 1 large onion, chopped
- 1 can (1 lb.) Italian-style pear-shaped tomatoes
- 1 cup regular-strength beef broth
- ¼ cup apple juice
- 2 pounds asparagus, lightly cooked, drained
- Chopped parsley

In a Dutch oven fry bacon until crisp; remove, drain, and crumble; set aside. Discard all but 3 t spoons of the drippings. Co flour, salt, pepper, and cloves; d meat in flour mixture; shake o cess; brown meat well on all sid drippings. (Set aside remaining fl Push meat to one side and onion until golden. Stir in tom and broth. Cover; simmer for hours, or until meat is tender.

Skim fat; blend remaining flour apple juice, stir into stew, and stirring, until thickened. Arrang paragus with the stew on a pl garnish with parsley and bacon. S 4.—*M. A., Pasadena.*



Accompany this hearty salad with some crisp bread sticks or crusty dinner rolls

Citrus Chicken Salad

This refreshing main dish salad is a good choice for a spring luncheon.

- 2 large oranges
- 3 pounds chicken breasts
- Boiling, salted water
- ¾ cup thinly sliced celery
- ⅓ cup *each* chopped green onion and green pepper
- ½ cup *each* sour cream and mayonnaise
- 1 tablespoon *each* lemon juice and sugar
- Salt and pepper
- Crisp greens
- ½ cup slivered almonds, toasted

Grate 1 teaspoon orange peel; set aside. Remove remaining peel and white membrane and thinly slice oranges; cover and refrigerate. chicken breasts in about 1 inch ing water; cover, reduce heat, simmer for about 15 minutes or meat is white throughout. Discard and bones and cut meat into ch (you should have about 4 c Combine the chicken, celery, onion, and green pepper. Blend cream, mayonnaise, lemon j sugar, reserved orange peel, and and pepper to taste. Stir into chi mixture, cover, and chill 2 to 3 h

Mound chicken on greens; ga with orange slices and almo Serves 4.—*H. N., San Francisco*

ur continuous search for new and inal recipes, we welcome contri- ons from our readers in the West. l your recipe creations to *Sunset azine,* Menlo Park, Calif. 94025. pay $10 for each recipe published.

Leafy bean soup, then beef stew with vegetables or riblets of lamb

b and Avocado Crêpes

a lunch or brunch, this can wait our refrigerator before baking.

- About 1 dozen crêpes (directions follow)
- 1 pound fresh crab meat
- About 1 cup sour cream
- 3 tablespoons freshly grated Parmesan cheese
- 2 firm-ripe avocados, peeled and sliced
- 2 tablespoons lemon juice

are crêpes. Combine crab and ½ of the sour cream. Spoon about 3 spoonsful of crab mixture in cen- of each crêpe; roll; place seam down in a buttered shallow bak- dish. Sprinkle with cheese. To , bake (covered) in a 400° oven for 20 minutes or until heated through. Top with remaining ½ cup sour cream and avocado slices coated with lemon juice. Makes 6 servings of 2 crêpes each.—*C.L., Montclair, Calif.*

Crêpes. Combine in a blender 2 eggs, 1½ cups milk, ½ teaspoon salt, 1 cup unsifted flour, and 2 tablespoons salad oil; whirl until smooth. Heat a 7 or 8-inch crêpe or frying pan over medium high heat; melt 1 teaspoon butter over bottom. All at once pour in about 3 tablespoons batter; quickly tip pan to coat bottom. Cook until bubbly and brown; turn and brown. Stack crêpes.

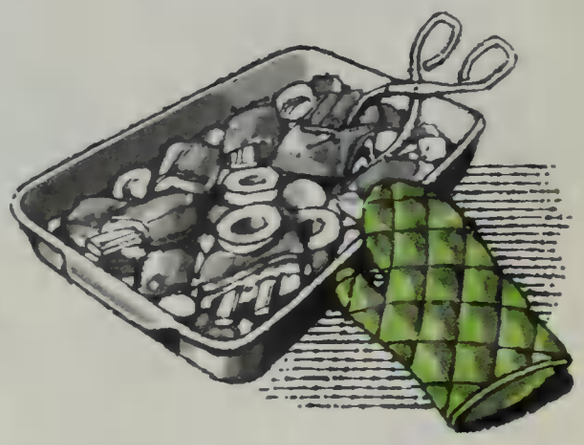
Fragile pancakes enclose creamy crab filling, and buttery avocado accents both

b Riblets with Apricots

r plenty of napkins for those who y gnawing meat from the bones.

- About 6 pounds (2 sections) breast of lamb
- 1 can (about 1 lb.) apricot halves
- ½ cup chile sauce or tomato catsup
- 1 tablespoon *each* prepared mustard and prepared horse- radish
- 2 cloves garlic, minced or mashed
- 2 teaspoons Worcestershire
- ⅛ teaspoon liquid hot pepper seasoning
- 1 tablespoon cider vinegar

rate ribs into serving-size por- and arrange in a single layer in large shallow pans. Roast, uncov- , in a 400° oven for 1 hour. Meanwhile drain syrup from apricots into a bowl; set aside fruit. To the syrup add the chile sauce, mustard, horseradish, garlic, Worcestershire, hot pepper seasoning, and vinegar; stir until blended. Remove ribs from oven; discard drippings. Reduce oven temperature to 350°. Combine the ribs in one baking pan (about 10 by 15 inches) and pour over the sauce mixture. Continue roasting for about 20 minutes, basting with sauce several times. Add the apricots, turning them in the sauce. Continue roasting for 10 minutes. Makes about 6 servings.—*I.R., North Sacramento.*



Oven roast the ribs to melt away excess fat; finish with a spicy glaze and fruit

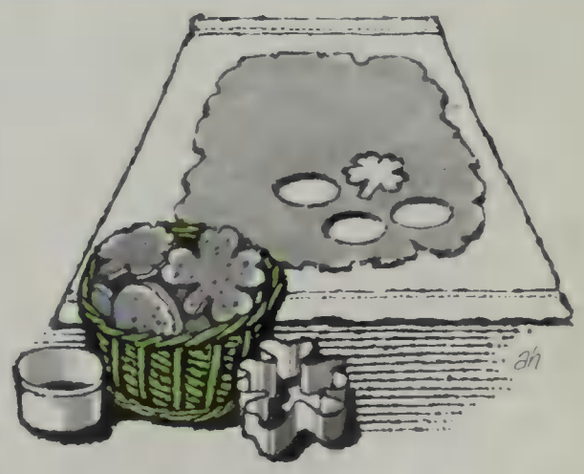
e Cookies

subtle anise flavor, sift seeds from r before creaming with butter.

- ¼ cup sugar
- 2 teaspoons anise seed
- 1 cup (½ lb.) butter or margarine
- 1 egg
- 2 tablespoons brandy (or 1 table- spoon *each* lemon juice and water)
- 3 cups regular all-purpose flour (unsifted)
- 1 teaspoon baking powder
- ½ teaspoon salt
- ½ teaspoon cinnamon

bine sugar and anise seed; cover ly and let stand about 24 hours. bine ½ cup of the anise sugar the butter; beat until creamy. Beat in egg and brandy. Mix together the flour, baking powder, salt, and cin- namon. Gradually add to the creamed mixture; mix well. Shape into a ball, wrap and chill until firm. Roll out on a lightly floured board to about ⅛ inch thickness. Cut with a 2-inch cooky cutter.

Arrange cookies about 1 inch apart on lightly greased cooky sheets. Sift and discard seed from remaining sugar and sprinkle about ¼ teaspoon on each cooky. Bake in a 350° oven for about 12 minutes, or until golden brown. Cool on wire racks. Makes about 6 dozen.—*H.S., Auburn, Wash.*



Use plain or fancy cutters (such as shamrocks) to shape the thin cookies

Spoon *golden apple filling down center of crêpe; roll, place seam side down in serving dish*

Frost *sides and rim of apple-filled torte with sweetened whipped cream. More apples will go on top*

With the same buttery apple filling . . . it's crêpe, torte, tart, or turnover

An estimable exception to the otherwise dwindling array of fruit in the early spring months is the Golden Delicious apple. It's such a good eating apple its cooking qualities are often overlooked. These four showy desserts all start with the same slightly sweetened apple filling made by sautéing Golden Delicious slices accented with lemon and nutmeg.

Golden Apple Filling

- 5 medium-sized Golden Delicious apples
- 2 tablespoons butter or margarine
- 1 teaspoon grated lemon peel
- 1 tablespoon lemon juice
- ⅛ teaspoon nutmeg
- ½ cup sugar
- 2 tablespoons brandy (optional)

Peel, core, and cut apples into ½-inch-thick slices (you should have about 6 cups). In a large frying pan melt [illegible] over medium heat. Add apples, [illegible] peel and juice, and nutmeg. Cook, [illegible] turning occasionally with a wide s[illegible] until apples begin to soften an[illegible] translucent, about 7 minutes. Sp[illegible] in sugar, and cook, stirring gent[illegible] about 2 minutes longer. Warm b[illegible] if used, ignite, then spoon flaming [illegible] over apples. Continue cooking un[illegible] uid is reduced to about 2 tables[illegible] Cool and use as directed in the foll[illegible] recipes. (If made ahead, cover a[illegible] frigerate as long as 2 days.) Makes [illegible] 3 cups filling.

Glazed Apple Crêpes. Prepare [illegible] apple filling as directed. To make c[illegible] combine in a blender ½ cup milk [illegible] eggs; add ⅓ cup regular all-purpos[illegible] (unsifted). Cover and whirl smoo[illegible] blend eggs and milk with a wire [illegible] then add flour and mix until smoo[illegible]

Place a 6 to 6½-inch crêpe pan [illegible] flat-bottomed frying pan) on m[illegible] heat. When the pan is hot, add ab[illegible] teaspoon butter and swirl to coat su[illegible] At once pour in about 2 tables[illegible]

DARROW M. WATT

nd vanilla ice cream on golden apple Sprinkle with toasted almonds

e batter, quickly tilting pan so batter over the entire flat surface. Cook the surface appears dry and the is lightly browned. With a wide la turn to brown other side. Turn nto a plate.

at this procedure for each crêpe, ing them. You should have 8 crêpes. ı cool, wrap tightly in foil. If you ot use them within a few hours, re- ate for as long as a week or freeze nger storage.

semble, have apple filling and crêpes om temperature. Spoon about 3 poons filling down center of each , roll up, and place seam side down aking dish. Spoon remaining filling top, cover with foil, and bake in a oven for 25 minutes or until crêpes eated through. Makes 4 servings of pes each.

Apple Torte. Prepare batter for favorite spice cake mix according ackage directions. Turn into 3 ed and flour-dusted 8-inch-round pans. Bake in a 350° oven until springs back when lightly touched in center, about 20 minutes. Cool in pans 10 minutes; turn out on racks to cool completely before assembling torte.

Prepare golden apple filling as directed on the previous page. To assemble torte place bottom layer on cake plate; spread with about 1 cup of the filling. Top with another cake layer and spread with 1 cup more filling. Add remaining cake layer. Whip 1 cup heavy cream until stiff; flavor with 1 tablespoon sugar and ¼ teaspoon vanilla. Frost sides and a 2-inch border around top edge of cake. Spoon remaining apple filling over center of top. Chill 4 to 6 hours before serving. Makes 10 to 12 servings.

Golden Apple Tart. Prepare pastry for a 9-inch pie shell, using your favorite recipe or a mix. Roll out and fit into an 11-inch removable bottom tart pan or a 9-inch pie pan. Prick bottom and sides and bake as directed for an unfilled pie shell. Cool completely.

Prepare golden apple filling as directed on the previous page. Arrange in baked pie shell. Top with ice cream and sprinkle with toasted, sliced almonds. Makes 6 to 8 servings.

Flaky Apple Turnovers. Thaw 1 package (10 oz.) frozen patty shells. Prepare golden apple filling as directed on the previous page. On a lightly floured board, roll each patty shell into a circle about 7 inches in diameter. On half of each circle place about ½ cup apple filling. Moisten edges, fold rounds of dough in half, and seal edges together by pressing with tines of a fork. Place on ungreased, rimmed cooky sheets. Prick top several times, brush with 1 egg white lightly beaten with 1 teaspoon water, and sprinkle lightly with sugar. Bake in a 400° oven for 20 to 25 minutes, until turnovers are well browned. Serve warm. Makes 6 pastries. □

Billowy *pastry made from frozen patty shell encloses apple filling*

DARROW M. WATT

The wok is more than just another coo ing utensil. It opens up a whole style cooking that is particularly appealing Western cooks these days.

In the Orient this round-bottomed p evolved over the centuries as an all-pu pose utensil for getting maximum he from a single small fire. In modern kitc ens its unique role is to facilitate the hi temperatures that will cook foods tenc —but still crisp—in moments and a seal in their juices and flavor.

This kind of wok cooking, often call stir-frying, calls for a special approa All the cutting and mixing must be do beforehand. Then, with amazing spe a bit of meat and some vegetables a transformed into an appetizing Orien dish. It may surprise you that me like round steak come out so tender a juicy, and vegetables so fresh and na ral in flavor.

Most Oriental stir-fry dishes are do with just a little oil, so they are low calories. One dish, of meat and vege bles, served with or without rice, mak a nutritious, light meal for two. Fr variety you could add soup. For fo you can cook two stir-fry dishes in su cession. Couples who enjoy cooking gether can turn out two dishes at on with two woks.

Our recipes include meat-and-vegetal combinations that make one-dish mea and some all-meat and all-vegetal dishes. Most of the ingredients are ava able in well stocked supermarke Onion, garlic, fresh ginger, and s sauce are the principal seasonings us You can keep ginger root in your free er; grate what you need from the froz root without defrosting.

This *Oriental-style one-dish meal combines succulent round steak strips with asparagus and cauliflower*

Cooking with a 鍋 (wok)

We come back to the Chinese cook's great pan with recipes for beef, shrimp, oysters, chicken, ham and eggs

Buying a wok

It pays to buy a wok that's made of heavy-gauge metal and is as large as you can handle easily. While a 14-inch wok suits most women, a man may prefer one a little larger.

Fortunately, heavy, rolled steel woks are now widely available in the West. There are two different styles, and each has its partisans. The one with a single wooden handle (shown at left) can be held without a pot holder. The more common two-handle wok is less tippy in use. Both cost about the same; for the 14-inch size the price starts at about $5 and ranges wildly upward. Pans that resemble woks, but have flat bottoms, do not function the same as woks.

Rolled steel woks get stained, they discolor acid foods, and moisture will rust them. However, if reserved for stir-frying and other cooking with fat, they become beautifully seasoned with use. (To season a rolled steel wok *before its first use,* rub it lightly with salad oil and put it into a 375° oven for about 30 minutes. Remove, cool, and scrub well.)

You may want to buy a second wok of lightweight stainless steel for steaming, stewing, and cooking acid foods.

Where you buy the wok you can probably also find the few accessories needed. The most useful is a long-handled spatula with a wide, curved edge. A wok lid and a ring stand will be handy to have, although they are seldom used for typical stir-fry dishes. A little wire skimmer is invaluable for removing bits of food from the oil, and a big stiff brush helps you clean your wok.

Electric woks being sold in our markets can also be used for these recipes. Follow the manufacturer's directions for preheating and caring for them.

For more background on woks and wok cooking, see pages 74 and 153 of the February 1971 *Sunset.*)

How to use these recipes

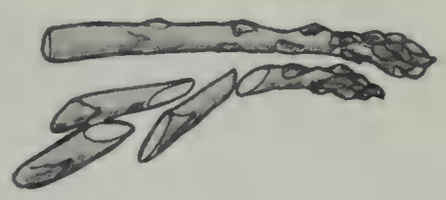
Because precise cutting and timing are important, we urge you to follow the recipes exactly the first time you try them—even using a ruler to measure and a clock with a second hand for timing. Some of the recipes are flexible and suggest ways you can vary them.

You'll notice that these recipes are printed in a style to make them easier to follow: Ingredients appear in bold type with directions for preparing them. Start at the top of the list, prepare each item, and place it within arm's reach of your wok; items that go into the wok at the same time may be combined.

The recipe procedures give precise cooking directions that usually begin by placing the wok on high heat. If you cook with electricity, preheat the element for several minutes before putting the wok on it; then read the times the same for either gas or electricity. For these recipes (with one exception), the wok is placed directly on the element or burner without a ring stand.

You'll need a wide spatula. Hold it in one hand and steady the wok with the other (using a mitt or pot holder if it has a metal handle). Usually you heat the wok first, then add oil. If hot enough the oil will ripple when you tip the pan to spread it around. When the food goes in, it should sizzle and dance and you immediately start tossing and turning it with the spatula. When you turn foods out of the wok, always reheat it before stir-frying the next ingredient.

When you finish with one dish, swish a little water around in the hot wok with a stiff brush; rinse and dry, then either start using it to cook the next dish on your menu or put it away.



Round steak or flank are good beef cuts for stir-frying; if you partially freeze it, the meat is easy to slice thin.

Steak and Asparagus

About ¼ cup **salad oil**

1 to 1½ pounds boneless, **lean beef:** thinly slice across grain about ⅛ inch thick, and 1 by 2 inches; mix with 2 tablespoons *each* **soy sauce** and **dry Sherry** or broth, ⅛ teaspoon **pepper,** and 1 teaspoon **sugar;** let stand 15 minutes

1 large clove **garlic,** minced

1 teaspoon minced or grated **fresh ginger**

1 pound **asparagus:** break off tough ends; cut slanting slices about 1½ inches long

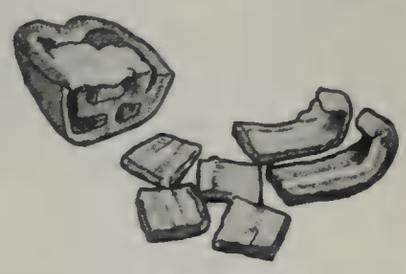
¾ pound **cauliflower** (½ medium-sized head): cut into flowerets, then in ½-inch slices; drop into boiling water, boil 2 minutes, then drain

Cooking sauce: Mix 1½ tablespoons **cornstarch** with 1 teaspoon **sugar** and ½ teaspoon **salt;** blend in 1 cup regular-strength **chicken broth** and the meat marinade

½ cup salted, roasted **cashews** or almonds

Place wok on high heat for 1 minute. Drain meat marinade into cooking sauce. Put 1 tablespoon oil in wok; when hot put in about ½ pound of the meat, and stir-fry until browned, about 2 minutes. Turn out on serving plate and keep warm. Repeat once or twice to cook remaining meat, adding oil as needed.

Reheat wok and add 2 tablespoons oil. Put in garlic, ginger, and asparagus; stir and fry for 2 minutes. Add cauliflower and stir-fry for 1 minute. Add cooking sauce (with marinade added); cook and stir until it boils and thickens, about 3 minutes. Spoon over meat and sprinkle with nuts. Makes 4 to 6 servings.



A delicious variation of this dish, made by spooning it over crispy noodles, is Beef and Long Rice (recipe follows).

Beef with Tomatoes

About 5 tablespoons **salad oil**

1 pound boneless, **lean beef:** thinly slice across grain about ⅛ inch thick and 1 inch square; mix with 2 tablespoons **soy sauce,** 1 teaspoon *each* **sugar** and minced or grated **fresh ginger,** and 1 clove **garlic,** minced

1 medium-sized **onion:** cut in 1-inch squares; separate layers

¼ pound **mushrooms,** sliced through stems

1 medium-sized **green pepper,** cut in 1-inch squares

1 basket (about 14 oz.) **cherry tomatoes,** halved

Cooking sauce: Combine 1 tablespoon *each* **cornstarch** and **sugar** with ½ teaspoon **salt;** blend in 2 tablespoons **soy sauce** and ½ cup **beef broth**

Crispy **translucent noodles** (optional; see Beef and Long Rice recipe below)

Place wok on high heat for about 1 minute. Put in 1 tablespoon oil and when hot add half of meat mixture; stir and fry until browned, about 2 minutes. Turn out of pan. Repeat, using 1 more tablespoon oil and remaining meat.

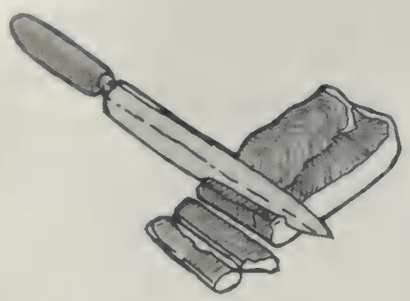
Reheat wok, add 3 tablespoons oil, and when hot add onions and mushrooms; stir and fry for 2 minutes. Add green pepper; stir and fry for 30 seconds. Return meat to pan, add tomatoes, and stir-fry a few seconds. Add cooking sauce; cook and stir until it boils and thickens, about 3 minutes. Pour into serving dish or over the crispy noodles. Makes 2 to 4 servings.

Beef and Long Rice. You'll need 2 to 3 ounces of the special **translucent noodles** (look for them in Oriental markets); they may be called rice sticks, yam noodles, or bean threads.

To cook the noodles, pour salad oil into the wok to about 1 inch deep (steady the wok in a ring stand); heat oil to about 400°, then drop in a small handful of the noodles at a time. As they puff up, push them down into the oil, then turn the entire mass over. When the noodles are lightly browned and stop crackling, about 1½ minutes, remove and drain. Skim oil before frying the next handful. To serve, line a platter with

shredded **lettuce**, arrange noodles on top; then spoon over the beef with tomatoes.

With the wok you can cook almost any lean, boneless cut of beef, pork, or lamb



tender and juicy in just a few minutes. Cutting it in thin slices is part of the trick; it's easiest if partly frozen.

You do cutting, mixing beforehand. Then comes the amazing stir-fry

Wok-Fried Teriyaki Beef (Pork, Lamb)

Teriyaki marinade: Combine in small pan 3 tablespoons **soy sauce**, 2 tablespoons *each* **sugar** and **dry Sherry** or beef broth, and ½ teaspoon minced or grated **fresh ginger**; heat, stirring, until sugar dissolves, then cool
1 pound boneless **lean beef** (or pork or lamb): thinly slice across grain into pieces not more than ⅛ inch thick
About 2 tablespoons **salad oil**
Hot cooked **rice** (optional)
Sliced **green onion** or chopped parsley (optional)

When marinade has cooled to room temperature, put in the meat; marinate for 10 to 15 minutes.

Place wok over high heat for about 1 minute. Put in 1 tablespoon of the oil and when hot put in half of the meat mixture. Stir and fry until browned, 1 to 2 minutes; turn meat and any juices out of pan onto a bed of rice or onto a warm serving platter.

Reheat wok and repeat, using about 1 tablespoon oil and remaining meat. Garnish with onion or parsley, if you wish. Makes 3 or 4 servings.

Fried rice can be a main dish or an accompaniment. It's an excellent way to use leftovers, such as roast beef, pork, lamb, or turkey and cooked vegetables and rice. You can omit the egg pancakes and reduce or omit the meat.

Fried Rice with Ham and Egg

About 3 tablespoons **salad oil**
Egg pancakes: In a bowl beat 2 **eggs** and ¼ teaspoon **salt** with a fork or wire whip
1 medium-sized **green pepper**, seeded and diced
½ to 1 cup diced **ham** or leftover roast
About ¾ cup diced **fresh mushrooms**
1 small **onion**, coarsely chopped
1 clove **garlic**, minced or mashed
2 cups cold, cooked (long or short grain) **rice**
Up to 1 cup diced, cooked **vegetable** (optional)
1 to 2 tablespoons **soy sauce**

To make egg pancakes, place wok on high heat for about 1 minute. Put in ½ tablespoon oil and tip and tilt wok to coat sides; pour out any excess oil. Pour in half of egg mixture and quickly tip wok to spread egg thinly up sides of wok. As soon as egg sets, turn out of pan. Repeat, using more oil and remaining egg. Stack the pancakes and dice them.

Reheat wok and add 1 tablespoon oil; when hot add the green pepper and ham or leftover roast; stir and fry for about 1½ minutes; turn out of wok.

Reheat wok and add 1 tablespoon oil; when hot put in mushrooms, onion, and garlic; stir and fry until onions look translucent, 1 to 2 minutes. Return green pepper and meat to wok; add rice, diced egg, cooked vegetable (if used), and 1 tablespoon of the soy. Stir and fry until heated through, about 3 minutes. Add more soy if needed and turn into serving dish. Makes 2 servings as a main dish, 4 to 6 as an accompaniment.

Unless you enjoy quite spicy-hot foods, use just one of the hot chiles.

Chicken with Eggplant

About ¼ cup **salad oil**
1 or 2 small, dried **hot chile peppers**: break apart to remove seeds (wash hands after handling these peppers)
1 clove **garlic**, minced
1 teaspoon minced or grated **fresh ginger**
1 pound **eggplant** (1 small or ½ large) unpeeled: cut into sticks about size of French-fried potatoes, put in bowl, pour boiling water over to cover; cover dish and let stand 6 or 7 minutes, then drain well in colander
1 to 1¼ pounds **chicken breasts** or thighs: remove skin and bone; thinly slice meat into strips about ½ by 2 inches; mix in bowl with 1 tablespoon **cornstarch** and 2 tablespoons **soy sauce**
1 small can (4 to 6 oz.) **water chestnuts**, drained and sliced
3 tablespoons **dry Sherry** or chicken broth
Sliced **green onions** or chopped parsley (optional)

Place wok on high heat and immediately put in oil and chiles; when chiles begin to brown, remove with wire skimmer. Quickly add to hot wok the garlic, ginger, and eggplant; stir and fry until eggplant is nicely browned, about 5 minutes. Add chicken mixture and water chestnuts; stir and fry until chicken becomes firm and opaque, about 2 minutes. Add Sherry and cook about 1 minute longer. Turn into serving dish and sprinkle with onion or parsley, if desired. Makes about 3 or 4 servings.

First you stir-fry the oysters, swish the wok clean with water, then scramble eggs with lower heat.

Wok-Fried Oysters with Eggs

2 tablespoons **salad oil**
1 jar (10 oz.) medium-sized **Pacific oysters**: turn into pan of simmering water, simmer 4 minutes, drain well, then cut into bite-sized pieces; mix in a bowl with 2 teaspoons **soy sauce** and 1 teaspoon grated **fresh ginger**
1 tablespoon **butter** or margarine
6 **eggs**: beat lightly with a fork and mix in ¼ cup **milk**, ½ teaspoon **garlic salt** or salt, and dash **pepper**
Sliced **green onion** for garnish (optional)

Place wok over high heat for 1 minute. Put in oil and when hot, add oyster mixture; stir and fry for about 1 minute or until oysters begin to lightly brown; turn out of wok.

Clean wok; return to medium-low heat. Add butter to wok and when it melts pour in egg mixture; scramble by gently drawing egg from bottom up sides of wok. When eggs are almost set, return oysters to pan; mix and turn gently until eggs are done the way you like them. Turn out on serving plate and garnish with green onion, if desired. Makes 4 to 6 servings.—*C. S., Honolulu.*

If you enjoy the flavor of fresh coriander (Chinese parsley), sprinkle some coarsely chopped leaves over this before serving.

Shrimp and Vegetables

About ¼ cup **salad oil**
1 pound medium-sized **raw shrimp**: peel and cut vein; mix with 1 tablespoon **soy sauce**; ½ teaspoon minced or grated **fresh ginger**, and 1 clove **garlic**, minced
4 stalks **celery**: cut in ¼-inch slices
1 medium-sized **onion**: cut in half, then in ¼-inch slices
1 small can (4 to 6 oz.) **water chestnuts**, drained and sliced
¾ to 1 pound (3 or 4 cups) **fresh bean sprouts**: wash and drain; remove root ends, if desired
Cooking sauce: Mix 2 tablespoons **cornstarch** with ½ teaspoon **salt**, ¼ teaspoon **pepper**; blend in tablespoons **soy sauce**, ½ cup **chicken broth** and 2 tablespoons **Sherry** (or more broth)

Place wok on high heat for about 1 minute. Put in 1 tablespoon oil; when hot add shrimp mixture; stir and fry until shrimp firms and turns pink, 2 or 3 minutes. Turn out onto the serving dish.

Reheat wok, add 2 tablespoons oil, p

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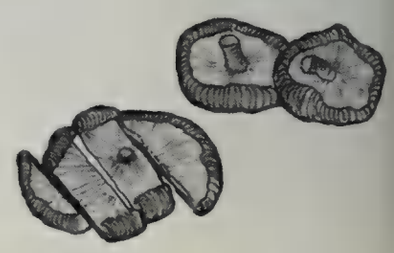
in celery, and stir-fry for 1 minute. A onion and stir-fry until onion is trans cent but still crunchy, about 2 minut turn out with shrimp.

Reheat wok, add 1 tablespoon oil, p in water chestnuts and bean sprou stir-fry for 1 minute. Return shrin celery, and onion to wok, stir to m then add cooking sauce. Cook and s until sauce boils and thickens, about minutes; turn out on serving dish. Mak 3 or 4 servings.



Serve either of these vegetables to company meats or combination dishes with any non-Oriental meal.

Spinach and Tomato with Bacon

3 slices **bacon:** cook in wok over low heat u crisp; remove and drain; pour out bacon d pings and save (don't wash wok)
1 small **onion,** finely chopped
1 clove **garlic,** minced
1 pound **fresh spinach:** wash thoroughly, disca ing stems; stack leaves and cut crosswise i ½-inch-wide strips
2 tablespoon **chicken broth** or water
1 basket **cherry tomatoes,** halved
½ teaspoon **salt**
Dash **pepper**

Place wok over high heat and put in tablespoons of the bacon drippin When hot put in onion and garlic. S and fry for about 1 minute. Add spina and broth; stir to mix with onion, co wok, and cook ½ to 1 minute, ur spinach is just wilted. Add tomato salt, and pepper; stir and fry until to atoes are just hot, less than 1 minu Spoon into a warm serving dish a sprinkle with bacon, crumbled. Mak about 6 servings.—*L. D., San Jose.*

Forest Mushrooms and Cabbage

2 tablespoons **salad oil**
1 clove **garlic,** minced
¾ ounce **Oriental dried mushrooms:** soak in wa water to cover for at least 30 minutes, trim hard stem portion, rinse well; pat dry and sl in ¼-inch-wide strips
1 small head **cabbage** (about 1¼ lbs.): cut i pieces about 1 by 2 inches, put in a bowl pour **boiling water** over to cover, let stand minutes, then drain
1 tablespoon **soy sauce**
Salt and **pepper** to taste
Chopped **parsley** or sliced green onion (optional

Place wok over high heat for 1 minu Put in the oil and when hot put in gar and mushrooms; stir and fry for 1 m ute. Add cabbage and soy; stir and f for about 2 minutes, until cabbage tender-crisp. Season to taste with s and pepper and turn into serving di Sprinkle with parsley or onion, if y wish. Makes 4 to 6 servings.

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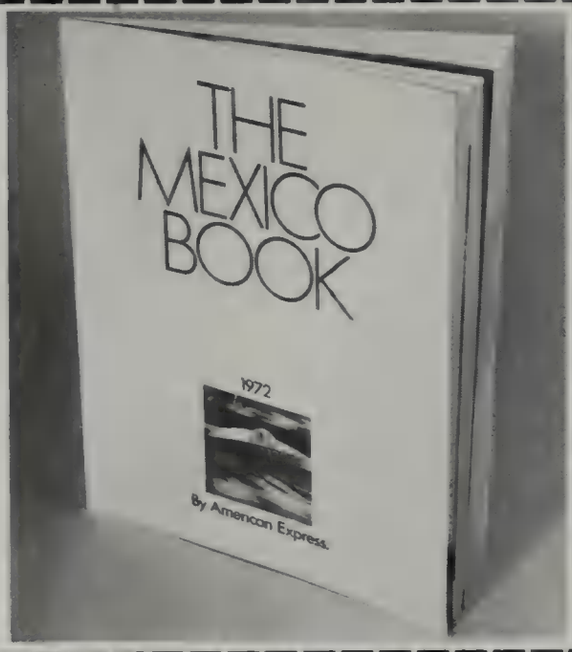

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DARROW M. WATT

For a sunny *afternoon this lunch features fancy frankfurters*

MARCH MENUS

A frankfurter lunch, a shrimp dinner, a soup supper... and the first menu is just right for a youthful cook

The first meal in our March menu se tion was suggested to us by two yo beginner cooks who, by questioning way frozen patty shells behave w they bake, came up with yet another to serve plump frankfurters.

The second menu is an easily prepa dinner, notable for its attractive prese tion and suitable for a small party.

The third is a supper, based totally a slowly simmered, old-fashioned meal soup.

A perfectly fine lunch—eve if you're learning to cook

An aspiring young hostess or host manage this meal pretty much alone serve to several friends. The menu four is also sophisticated enough fo weekend family lunch.

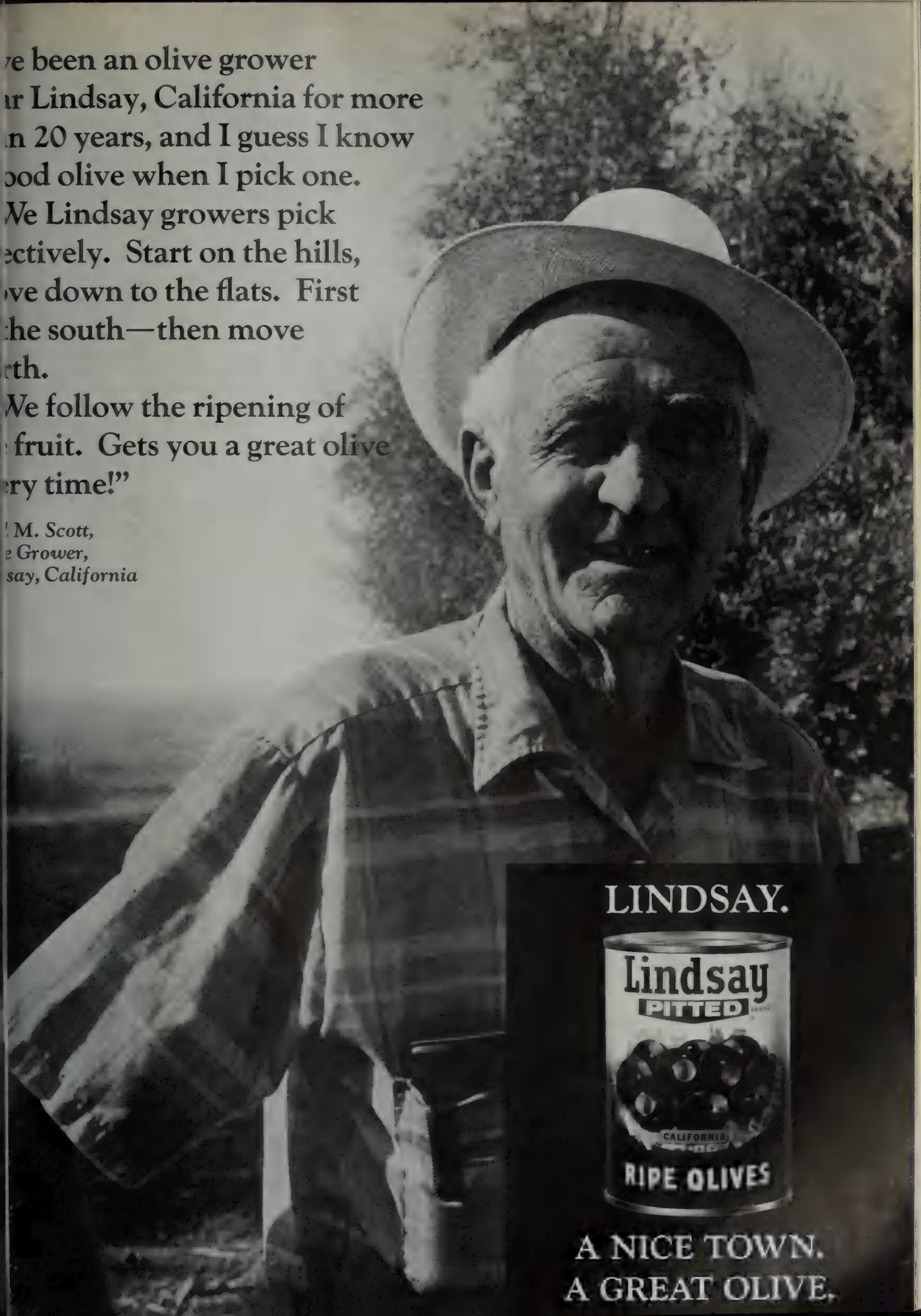
Flaky Pastry Frankfurters
Cottage Cheese with Dill Weed
Crisp Carrots **Catsup and Pickl**
Apples **Fruit Juice**

Let patty shells (puff pastry) thaw, t roll out until thin and wrap aro frankfurters or Polish sausages. W they bake there is time to dish up pint cottage cheese and brighten it wi dash of dill weed. Also peel at least carrots, get out the catsup and pick polish four apples, and open some fruit juice. If it is a nice day, you c carry everything on a tray outside an early spring picnic.

Flaky Pastry Frankfurters. Open 1 p age (10 oz.) frozen patty shells and out 4 patties; return the rest of the p age to the freezer.

Let the patty shells stand out at r

Wrap *sausages in flaky pastry, then bake in hot oven*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temperature for about 15 minutes or until they are thawed and flexible.

Also set out 4 large frankfurters.

Roll patties out on a floured board or pastry cloth, one at a time; turn frequently to prevent sticking and sprinkle flour onto board as needed. Roll until patty is a little bit longer and a little bit wider than the length of a frankfurter. Loosely wrap each patty shell around a frankfurter and set down on the open edge on a rimmed baking sheet. Bake in a 400° oven for 25 minutes or until pastry is well browned.

Transfer frankfurters to a serving dish with a wide spatula. Eat with a knife and fork, catsup, and pickles. Or let frankfurters cool a little and pick up to eat, but hold over a plate for they are flaky. Makes 4 servings.—*E.B. and A.D.V., Menlo Park, Calif.*

Skewered shrimp dinner

Dramatically skewered shrimp, broiled pink and juicy, go with hot artichokes to make a handsome main course. Both are dipped into garlic butter as you eat.

Skewered Shrimp Hot Cooked Artichokes
Garlic Butter Sauce
Pearl Rice and Green Pea Salad
with Parmesan Cheese
Orange Cake with Fresh Orange Slices

Skewered shrimp, as served in Italy, France, Spain, and Mexico, are typically cooked in their shells. Many feel that the flavor is the sweetest when prepared in this manner, but the shrimp are messy to eat, so you may prefer to shell them before cooking. Our recipe gives both alternatives.

Cook the rice for the salad a few hours before mealtime and allow it to cool to room temperature. You can also clean and skewer the shrimp early and keep them cold.

While the artichokes cook, make the garlic butter sauce, then broil the shrim

Buy a frozen orange cake or bake o for dessert; serve with fresh orange slice

Skewered Shrimp with Garlic Butt Sauce. Peel and devein about 2 poun shrimp (30 to 40 to the lb.); to deve shrimp without cutting, slip a thin woo en skewer through the back of ea shrimp, then pull gently up through t back, lifting and pulling out the vein present, it can be seen). Repeat along t back in several spots if the vein breal If you want to cook the shrimp in th shells, use this same deveining techniq penetrating the back through the shell.

Impale 8 to 10 shrimp close togeth one on top of another, on 2 thin wood skewers placed parallel: put one skew through the thick section of the shrim the other through the tail section to h shrimp flat (see photograph below).

Melt ½ cup (¼ lb.) butter and add cup olive oil, 3 cloves crushed garl and 3 tablespoons minced parsley; he just until bubbling, then remove sau from heat.

Place skewered shrimp on a rack in pan; brush generously with garlic sau Broil shrimp 4 inches from heat f about 4 minutes or until they turn brig pink. Baste at least once with gar sauce. Turn and broil about 3 minut on the remaining side or until shrin feel firm when pinched; baste once.

Arrange shrimp on a serving tray. once heat garlic sauce to bubbling, a 2 tablespoons lemon juice, and pour in 4 to 6 small individual bowls. Acco pany shrimp with 4 to 6 large, h cooked, drained artichokes. Dip ar choke bracts and shrimps into gar sauce to eat. Makes 4 to 6 servings.

Pearl Rice and Green Pea Salad. In cup olive oil cook 1 cup short grain ri (such as California pearl) until grains a opaque; add 2½ cups water and 3 chic en bouillon cubes, blending. Bring

DARROW M. W

Party *dinner tray: Skewered shrimp, artichoke to go with garlic sauce, rice salad*

WINE GETS BETTER THE OLDER IT GETS. RIGHT OR WRONG?

Probably the most misunderstood thing about wine today is the vintage (the date on the bottle).

People think if they get a real old date, they'll have a real good wine. It's true in some cases, and not true in others. The trick is in finding out which case is which.

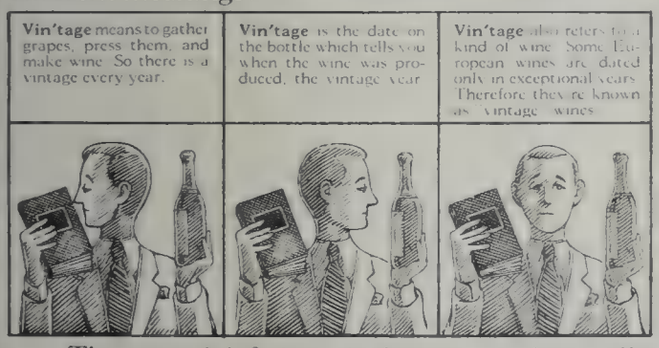
If you read what the wine experts have to say, you'll find that no two vintage charts agree. If you read all the wine advertising, you'll find everybody's trying to sell their wine regardless of the year in which it was produced.

Nobody has really taken the time or the effort to explain the significance of vintage to the public. We at Inglenook Vineyards are doing it because it's in our best interest for you to know as much about fine wine as possible.

After all, that's what we have to sell.

VINTAGE EXPLAINED.

Strongly contributing to the confusion about vintage is the word "vintage" itself. It has three different meanings:



The second definition is the one people usually mean when they refer to vintage. So let's talk about that.

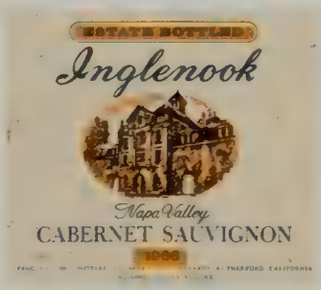
In order for a vineyard to put a vintage date on a bottle, they have to prove that every single grape used in the making of that wine was produced during the year specified.

In Europe, the vintage date has come to be an index of the quality of the wine, since their weather is relatively sporadic from year to year.

And the sugar content of the grapes is largely dependent upon the amount of rainfall and sunshine they get.

In California, and especially the Napa Valley, the weather is amazingly constant from year to year. So vintage here has come to mean something entirely different than it does in Europe.

A date on a bottle of California wine is an indication of youth or maturity.



WINES ARE LIKE WOMEN.

Some wines are in their prime when young. They're lively, raucous, fresh, and a little risqué. Others are best enjoyed in their mature years. They're warm, sensitive, full-bodied, and mellowed by the years. What follows now is a chart to tell you, in our opinion, which is which. There's no easy way to remember it, so tear it out and save it.

Each [illegible] something to offer.
It's the same with wine.

It may seem like a lot of trouble to carry this chart around with you to the store, or try to sneak a peek at it in a restaurant without the waiter seeing you. But we assure you the results will be worthwhile.

WINES BEST WHEN THEY'RE YOUNG			
Reds	**Age**	**Whites**	**Age**
Zinfandel	2–4 years	Johannisberg Riesling	2–4 years
Gamay Beaujolais	2–4 years	Chenin Blanc	2–4 years
		Chablis	2–4 years
WINES BEST WHEN THEY'RE MATURE			
Reds	**Age**	**Whites**	**Age**
Charbono	3–15 years	Pinot Chardonnay	2–6 years
Cabernet Sauvignon	5–20 years	Dry Semillon	2–6 years
Pinot Noir	5–15 years	White Pinot	2–6 years

Also, if you have trouble finding the right year for the right wine, keep at it. Fine wines are like antiques. They're available, but you may have to look around a bit to find them.

19??

Before we finish, you should know that most American wines are not vintaged.

Because, as we said before, in order to date a bottle of wine, a vintner must be able to prove that all the grapes he used to make that wine were grown in the same year.

This is a costly process, but we think it makes for a better wine. Because the winemaster has more control over the finished product when all the grapes are exactly the same. Most vineyards produce some vintage wine.

At Inglenook, that's about all we make.

Which is just one of the reasons why Inglenook is the most expensive wine made in America.

So if you want to get any use out of the above chart, buy Inglenook.

And you'll learn something from every bottle.

INGLENOOK

We make the most expensive wine in America.

This ad is one of a series. If you'd like copies of the other ads, send your name and address to The Winemaster, Inglenook Vineyards, Rutherford, California 94573

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Serve your family delicious GOLDEN PEARL RICE with tender Spring Lamb for Easter Dinner. Make it an extra special meal and top it off with a luscious rice dessert. Versatile GOLDEN PEARL RICE is delicious served so many ways.

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Nobody but Ekco has cutlery with a 15-year guarantee.* And it starts at $1.75.

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6-piece set shown: paring knife, utility knife, sandwich knife, French cook's knife, roast slicer and bread knife. Available in Mediterranean or Americana style holdsters. Gift boxed . . . a most-welcomed gift item. Priced from approximately $24.95. 27 different knives available.

*EKCO FLINT CUTLERY GUARANTEE: If this product fails due to defects in workmanship or material within 15 years, Ekco will replace or provide equivalent substitute at no charge.

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Send for Ekco's free booklet *"The use and care of fine cookware."* Write Dept. S1203, Ekco Housewares, Franklin Park, Ill. 60131.

boil, cover, and simmer 15 minutes; st occasionally, until liquid is absorbed an rice is tender. Remove from heat, u cover, and let stand until room temper ture. Just before serving stir in 2 tabl spoons minced parsley, 1 package (1 oz.) completely thawed frozen tiny pea 10 to 12 minced green onions (includin part of the tops), and 4 tablespoo freshly squeezed lemon juice. Pass shre ded Parmesan cheese to sprinkle over i dividual portions. Makes 4 to 6 serving

Whole meal soup supper

Menu planning couldn't be simpler wh the meat and several vegetables are co bined in one hearty soup. Just add bre and butter. Dessert might be a treat su as popcorn.

Beef Shank Supper Soup
Warm Corn-Rye Bread **Butter**

If you want to remove all extra fat fro the soup, start cooking the day before early in the morning in order to ha time to chill it.

Any bread your family likes could be alternative choice for the corn-rye.

Beef Shank Supper Soup

- 4 pounds meaty beef shanks, cut about 1½ inches thick
- 1 large onion, chopped fine
- 2 stalks celery, chopped fine
- 1 large can (1 lb. 12 oz.) whole tomatoes
- 1 teaspoon whole thyme
- ¼ teaspoon ground cloves
- 1 tablespoon crumbled oregano
- 1 whole bay leaf
- About 1½ teaspoons salt
- 6 cups water
- ½ cup pearl barley
- 4 large carrots, cut in 1-inch chunks
- 1 package (10 oz.) frozen cut green beans
- 1 cup finely chopped parsley

In a large kettle (about 8-qt. size) bro shanks in their own fat over medi heat; transfer to a bowl. Add onion a celery to drippings in kettle; cook a stir over medium heat until onions a limp. Add tomatoes and liquid, breaki into small pieces with a spoon. Stir thyme, cloves, oregano, bay, 1½ t spoons salt, and water. Return meat a any juices to kettle.

Cover kettle, bring to boil and simm gently for 1½ hours. At this point y can remove soup from heat, cool u you can handle meat, then pull off cut away and discard fat and connect tissue. Return meat and bones with m row to pan. Chill broth; when fat is ha lift it off and discard. Heat soup to si mering and continue.

Add barley to broth and simmer, c ered, for 50 minutes. Add carrots a cook, covered, 10 more minutes; a beans and cook, uncovered, for 7 minu or until beans are tender to pierce. A parsley and salt to taste. Makes 6 wh meal servings.—*A. H., San Diego, Cali*

Best Foods helps you scramble eggs a luscious new way.

Mayoneggs

Eggs taste lighter, smoother with Best Foods. It's Real Mayonnaise—so fresh and delicate it gives scrambled eggs a subtle new flavor, a creamy new texture. And Real Mayonnaise is the other name for Best Foods.

2 eggs
1 tablespoon BEST FOODS® Real Mayonnaise
Salt and pepper to taste

Beat eggs, Real Mayonnaise, salt and pepper until well blended. Melt 2 teaspoons margarine in small skillet over medium heat. Add egg mixture and cook, stirring occasionally, until eggs are set. Makes 1 serving.

BRING OUT THE BEST FOODS AND BRING OUT THE BEST

Foods, a Division of CPC International Inc. cpc international

The tuna with the Mermaid's touch.

Chicken of the Sea, the tuna with the Mermaid's touch. From Ralston Purina Company.

© 1972 RALSTON PURINA CO

Chef Colby brought the chrysanthemum salad idea back from Japan

"We don't make use of half our available flavor resources!" cried one man as he tasted *Chef* Ed Colby's Chrysanthemum Salad Dressing.

A tenth might be nearer the mark; many good things are languishing in our own flower beds while we haunt the shelves of the supermarket gourmet display.

Chef Colby brought this idea back with him from Japan, where the chrysanthemum comes into its own. The Japanese use it for everything from an embroidery motif to a bug spray. The bug spray, pyrethrin, is in common use here, too, an admirable substance so complex that the bugs never learn to tolerate it even though it leaves warm-blooded creatures unbothered.

You use only young unsprayed leaves and shoots for this dressing, so as soon as your plants (or your neighbor's) are tall enough for their first tip pinching, rush back to the kitchen with the tender fragments. You'll have to wait until later for the fresh basil, but in the interim the dry will do.

Chrysanthemum Salad Dressing

- ½ cup young chrysanthemum leaves or tips
- 2 green onions, including some of the tops, sliced
- ½ teaspoon crumbled dried basil or 2 tablespoons minced fresh basil
- ¼ teaspoon grated lemon peel
- ⅓ cup lemon juice
- 1 teaspoon *each* sugar and salt
- ¼ teaspoon freshly ground pepper
- 1 teaspoon capers, drained
- 2 medium-sized cloves garlic
- 1 egg
- 1½ cups salad oil

Place chrysanthemum leaves, green onion, basil, lemon peel and juice, sugar, salt, pepper, capers, garlic, and egg in the container of your blender. Blend until smooth, then slowly pour in oil while motor runs. Turn motor on and off to incorporate all the oil if mixture thickens excessively. Chill, covered, in refrigerator. Makes about 2½ cups dressing.

Edmund P. Colby

San Clemente, Calif.

Chef Herbert Landesman practices a productive little trick from which we all profit.

He says, "I let my students in chemistry know that my hobby is cooking, and those with like interests (or the idea that it might produce a good grade) exchange

Chefs of the West

The Art of Cooking . . . by men . . . for men

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Over the years, homeowners have paid little heed to bathroom decor. For most, it's become the "forgotten room" of the home.

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All these luxurious accouterments were specially designed to complement any home decor. At a cost that's only a bit more than you'd pay for an ordinary "blah" bathroom.

If you're remodeling, there's a building supply store in your area that features *Borg-Warner Bathrooms.* Or, a builder that will install one in your new home.

So why continue housing a tribute to mediocrity? A *Borg-Warner Bathroom* will give you a room you'll be proud to show off.

No matter who comes to dinner.

If you'd like more information on the *Borg-Warner Bathroom* concept, write: Borg-Warner Corporation, Plumbing Products Division, Dept. 3C, 201 East 5th Street, Mansfield, Ohio 44901.

The Borg-Warner bathroom

BORG WARNER

recipes with me."

Of the two recipes that follow, the first comes from a student named Doret from Honduras. *Chef* Landesman concocted the second to go with it. Since Doret's Dish takes much longer, start with it and prepare the shrimp just before serving.

Doret's Dish

- ¾ cup dried red kidney beans
- 3½ cups water
- 1 cup hot water
- ¼ cup shredded or flaked coconut
- 1 clove garlic, minced or mashed
- 1 tablespoon butter or margarine
- 1 cup long grain white rice
- ½ teaspoon salt
- ¼ teaspoon crumbled thyme
- Coconut cream shrimp (recipe follows)

Place beans and 2½ cups of the water in a saucepan and bring to a boil. Boil 2 minutes. Cover and set aside for 1 hour. Pour hot water over coconut and let stand 1 hour. Bring beans and soaking water to a boil, reduce heat, and simmer, covered, for 20 minutes. Then pour coconut mixture into beans. Add the remaining 1 cup of water, garlic, butter, rice, salt, and thyme; stir and bring to a boil. Reduce heat and simmer, covered, for 25 minutes, or until beans are tender. Serve with coconut cream shrimp. Makes about 4 servings.

Coconut Cream Shrimp. Heat 1½ cups light cream (half-and-half) to scalding and add ¼ cup shredded or flaked coconut. Allow to stand 20 minutes. Sauté 1 small minced onion and 1 clove minced garlic in 1 tablespoon butter or margarine. When onion is translucent, sprinkle in 1 tablespoon flour and blend in well. Add the cream mixture. Bring to a boil, stirring, and cook until slightly thickened and bubbly.

Blend in 1½ pounds small shelled and deveined shrimp, salt and pepper to taste, ⅛ teaspoon cinnamon, and 1 tablespoon Triple Sec or Grand Marnier. Simmer uncovered another minute or two to heat shrimp through, then serve alongside Doret's Dish. Offer lime wedges to squeeze over all.

Herbert Landesman

West Covina, Calif.

Within us all is a kind of Grandma's Attic of leftovers, put aside on our rise from primeval slime to atomic warheads. On our way to be born we try on all these oddments—the gills of a fish, a decorative little tail—one last time, then we put away childish things and emerge as men. But even as men we have a past.

Tom Medvetz recalls that past as he proposes ribs to this assemblage. Not so long ago we were hunters, and most of us still enjoy gnawing a meal from a bone held firm in the fist. You can't be dainty with a rib and still hope for enough to fill your stomach, so serve hot

"Gnawing a meal from a bone"

towels with the dinner and be thankful you didn't have to catch it yourself with your trusty atlatl.

Lazy Tom's Sweet-Sour Ribs

- 4 cloves garlic, minced or mashed
- ⅓ cup honey
- ¼ cup soy sauce
- ½ cup catsup
- 1 can (about 14 oz.) regular-strength beef broth
- 4 pounds lean pork spareribs or beef short ribs
- 4 teaspoons *each* cornstarch and water

In a small saucepan, mix the garlic, honey, soy, catsup, and broth. Bring to a boil and set aside. Cut the ribs apart and arrange in a single layer in a large, close-fitting baking dish. Pour on sauce, cover, and marinate for several hours or overnight in refrigerator. Turn occasionally. Bake, covered, in a 350° oven for 1½ hours; uncover and bake 30 to 60 minutes longer or until ribs are tender. Baste occasionally.

When the ribs are done, lift from the sauce and set aside in a warm place. Skim fat from pan juices; bring juices to a rapid boil and boil until reduced to about 1½ cups liquid. Blend cornstarch and water; stir into juices and cook, stirring, until mixture bubbles, turns clear, and thickens slightly. Serve with ribs. Makes 4 to 6 servings.

Thomas R. Medvetz

Alameda, Calif.

Daniel Coakley has a nice straightforward way of doing pork chops. You need the chops, a can of soup, and some mushrooms. The result looks and tastes like great effort went into it.

Sauced Pork Chops for Two

- 4 center cut pork loin chops, cut 1 inch thick
- Pepper
- ½ pound mushrooms, sliced
- 1 can (10½ oz.) condensed cream of mushroom soup

Trim fat from chops; add a piece or two to a frying pan with a lid. Cook over medium heat until pan is well greased; discard fat bits. Add pork chops and sprinkle with pepper. When chops are

Twigs is* here.

Twigs is tasty little breadsticks in two flavors sesame-cheese and new onion-poppy.

Twigs is good company for cheese.

Twigs is wonderful for adding flavor and crunchiness to salads.

Twigs is different with dips.

Twigs is fun eating with meals.

"Twigs is a collective term, which means you can say, 'Twigs is baked by Nabisco' or 'Twigs are baked by Nabisco.' They is. And they are.

Chicken and dumplings, one of many varieties.

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The time and trouble we save you are nice. But we think the nicest thing about our Buffet Supper entrees comes when you sit down at the table: generous chunks of plump, tender chicken in a rich, golden chicken-broth gravy. And light, undumpy dumplings. Family style. Family size. Family pleasing.

The two-pound Buffet Supper is the kind of old-time dish you'd least expect to find in your grocer's freezer: entrees like beef stew, spaghetti and meatballs, turkey and giblet gravy. And there are more than a half dozen others.

Expensive? Not a Buffet Supper. It just *tastes* expensive.

Thank goodness for Banquet buffet supper entrées

wned, move aside, add sliced mush-
ms, and cook, stirring until lightly
wned and liquid has evaporated. Stir
oup; arrange chops in sauce, lower
t, and cover. Simmer about 30 min-
, or until pork is tender. Makes 2
erous servings.

Daniel T. Loakley

Orange, Calif.

hard Milbrodt calls the following rec-
Eaffs ala French. The etymology is
r but complex. The "French" refers

"The bread base is French"

e bread base. By association he adds
" and "Eaffs," but his spelling indi-
s that these are not effete Parisian
ts à la something, but a sturdy Mil-
lt variation.

's ala French

Butter
4 slices French bread, cut about ½ inch thick
1 clove garlic, minced or mashed
4 eggs
Water
4 slices bacon, cooked and crumbled
1 teaspoon *each* chopped chives (fresh, frozen, or freeze-dried) and instant toasted onions
¼ cup shredded jack cheese
Salt and pepper to taste

er the bread and sprinkle each slice
a little garlic. Stack the slices, wrap
il, and heat in a 350° oven for about
ninutes. Poach the eggs in simmering
er for 3 to 4 minutes, or until whites
set and yolks are still runny.

before eggs are done, remove bread
oven and place, buttered side up,
a heatproof serving plate. Transfer
egg to each slice of bread with a
ed spoon and sprinkle each with
nbled bacon, chives, onion, and
se. Broil about 4 inches from heat
l cheese is bubbly. Serve immedi-
y, offering salt and pepper at the
e. Makes 4 servings of 1 egg each.

Richard Milbrodt

Beaverton, Ore.

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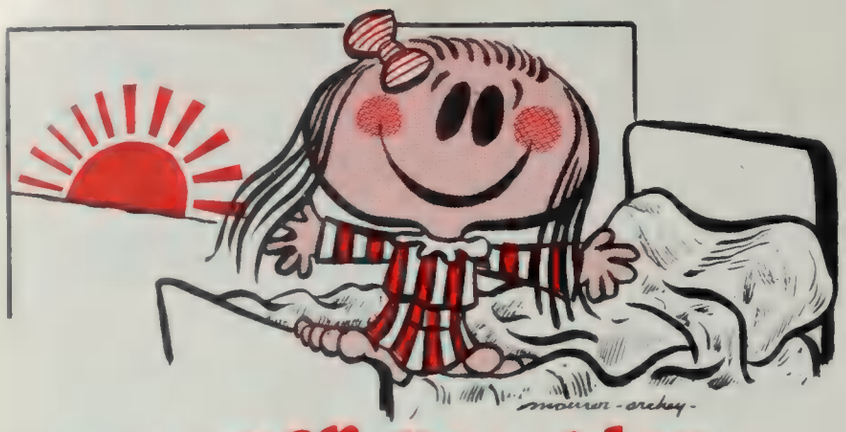


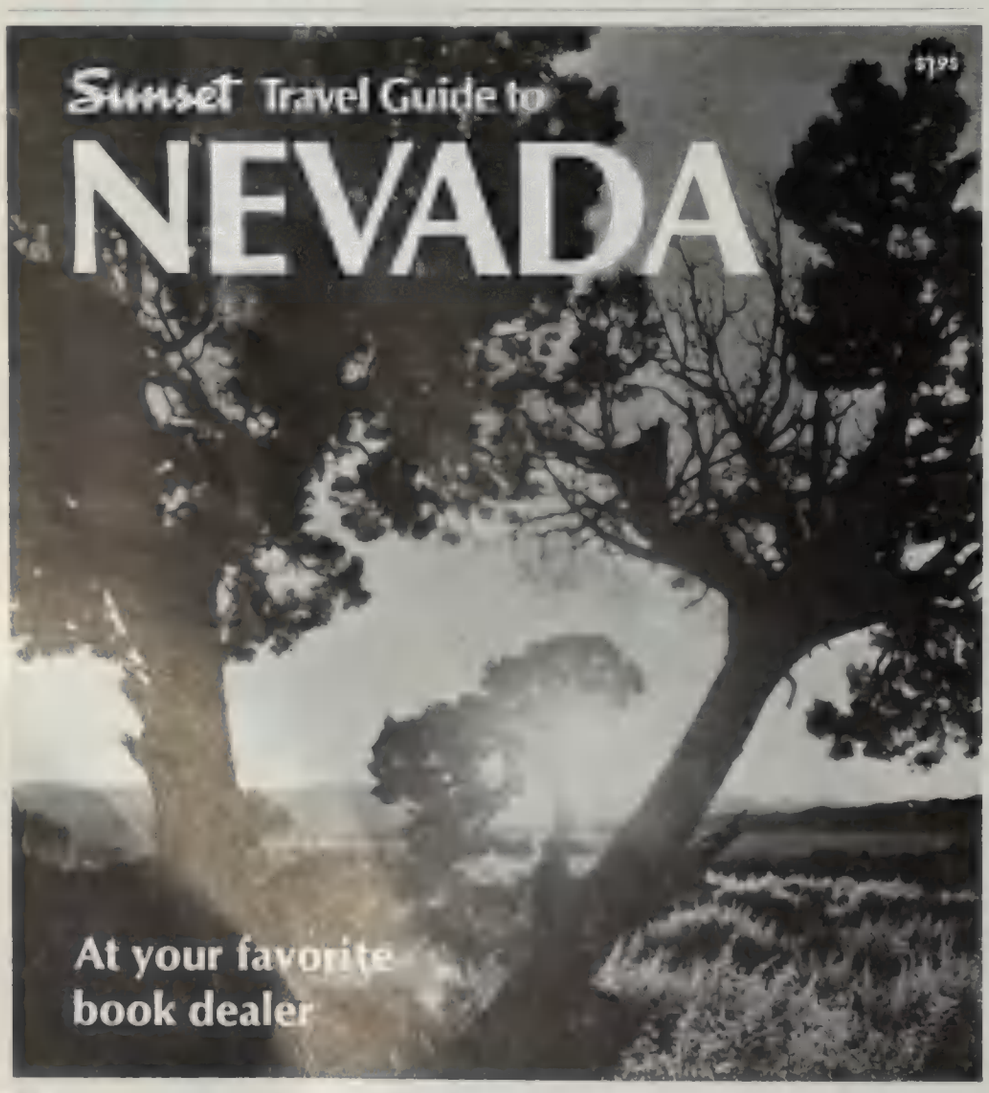
...a pep provider

Beef has a natural supply of thiamin, known as the "pep" vitamin. This B vitamin promotes appetite. Without it, a body cannot burn carbohydrates and release their energy.

GREAT FOR BRUNCH STEAKS: Sprinkle 4 thin beef sandwich steaks* with unseasoned meat tenderizer, following label directions. Brown steaks one minute per side in a tablespoon butter in hot skillet. Place on 4 buttered and toasted English muffin halves. Top each with poached egg. Cover with Hollandaise Sauce. Serves four.

*Beef cut about 1/3-inch thick from round or sirloin tip

CALIFORNIA BEEF COUNCIL 463 BREWSTER AVENUE REDWOOD CITY CA 94063



DARROW M. WA

Soufflé *top hides sole fillets*

A soufflé to serve pridefully

Some cooks hesitate to try a main dis soufflé, especially for a company dinne Here's one that may overcome some o the uncertainties.

Like any true soufflé, it calls for las minute effort and needs to be served a soon as it's baked, but this one goes to gether easily. While the fish bakes in th soufflé dish, you stir up the soufflé.

The dish comes out of the oven, th cooking liquid is poured off, and th soufflé is piled on top of the fish. The in the few minutes it takes for the souff to bake, you have time to make a sauc out of the cooking liquid.

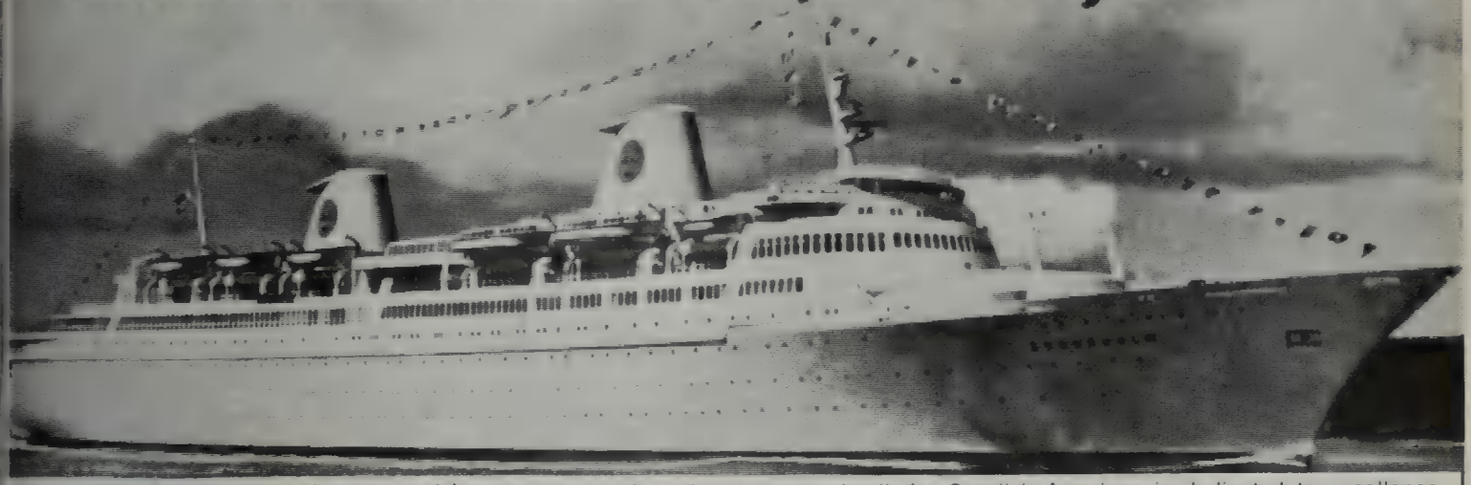
The whole process takes less than a hour, and when you're through there an entrée to serve with pride. All yo need to complete a simple menu is crisp salad, some bread, and perhaps fruit dessert.

Sole Fillet Soufflé

- 6 small sole fillets (about 1¼ lbs.)
- ½ cup dry white wine, dry Vermouth, or chicken broth
- Salt
- Pepper
- Freshly grated nutmeg
- 1 tablespoon chopped parsley
- 2 tablespoons finely chopped shallots or green onion
- 6 eggs
- 3 tablespoons *each* butter and flour
- ¾ cup milk
- ½ cup freshly shredded Parmesan cheese
- 2 tablespoons *each* butter and flour

Distribute the sole fillets over the botto of a 1½ or 2-quart soufflé dish or oth casserole with straight sides; overlap fis pieces to make an even layer. Pour th wine or broth over fish and sprink with about ½ teaspoon salt, ⅛ teaspoo pepper, a few grains of nutmeg, and th chopped parsley and shallots. Cover dis

Welcome aboard—*to a wonderful cruise!*



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e to the demand for accommodations on Swedish American's popular RTH CAPE CRUISE, *TWO* CRUISES WITH IDENTICAL ITINERARIES WILL OPERATED IN 1972. *Early reservations are advisable for both cruises.* 'll visit: Reykjavik, Iceland; Hammerfest, North Cape, Lyngenfjord, mso, Svartisen, Trondheim, Andalsnes, Geiranger, Hellesylt, Bergen and o, Norway; Gothenburg, Sweden; Copenhagen, Kerteminde and Gudhjem, of Bornholm, Denmark; Karlskrona, Visby and Stockholm, Sweden; Hel-ki, Finland; Leningrad, Russia; Kiel Canal and Hamburg, Germany; Am-rdam, Holland; Isle of Jersey; Dun Laoghaire and Glengarriff, Ireland.

SEPT. 6 1972 — IRELAND, SCOTLAND, SCANDINAVIA, EUROPE, MEDITERRANEAN KUNGSHOLM ▪ 48 DAYS ▪ 21 PORTS

hmullan (for County Donegal), Ireland; South Queensferry (for Edinburgh the Trossachs), Scotland; Oslo, Norway; Gothenburg, Sweden; Copen-en, Denmark; Hamburg, Germany; Amsterdam, Holland; Le Havre (for mandy), France; Isle of Jersey; Quelern (for Brittany), France; Villagarcia the shrine city Santiago de Compostela), Spain; Lisbon, Portugal; Cadiz Barcelona, Spain; Villefranche, France; Capri, Sorrento and Palermo, ly, Italy; Palma, Mallorca, Spain; Tangier, Morocco and Ponta Del-a, Azores. **RATES FROM $1,680 TO $4,320.**

SEPT. 15 1972 — PORTUGAL, SPAIN, AFRICA AND BERMUDA GRIPSHOLM ▪ 29 DAYS ▪ 11 PORTS

s "Sunshine Special" stays with the sun from the flower-bedecked Azores the Beaches of Bermuda. Ports of Call: Ponta Delgada, St. Michael's, res; Villagarcia, (for the shrine city Santiago de Compostela) Spain; to De Leixoes (for Oporto) and Lisbon, Portugal; Cadiz, Spain; Tangier, rocco; Motril, Spain; Casablanca, Morocco; Funchal, Madeira; Arrecife, zarote Island, Canary Islands; Hamilton, Bermuda. **RATES FROM $1,020 TO $2,775.**

OCT. 16 1972 — SOUTH SEAS CRUISE ADVENTURE GRIPSHOLM ▪ 63 DAYS ▪ 19 PORTS
(Also from Port Everglades, Fla., October 19)

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OCT. 25 1972 — SPAIN, PORTUGAL, THE MEDITERRANEAN, AFRICA, SOUTH AMERICA AND THE WEST INDIES KUNGSHOLM ▪ 49 DAYS ▪ 16 PORTS

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JAN. 12 1973 — THE CRUISE OF THE YEAR TO THE SOUTH SEAS, THE FAR EAST AND THE PACIFIC KUNGSHOLM ▪ 94 DAYS ▪ 30 PORTS
Also from Pt. Everglades, Fla., Jan. 15

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tightly with foil and put into a 375° ove for 15 to 20 minutes or until the fis turns opaque white.

Meanwhile separate 4 of the eggs; s aside. In a saucepan melt the 3 tabl spoons butter over medium heat. Stir i the 3 tablespoons flour and ¼ teaspoo salt; cook until bubbly. Remove fro heat and gradually stir in the milk; cool stirring, until thick and smooth. Remov from heat and beat in the 4 egg yolk and ¼ cup of the cheese. Beat the 4 eg whites until they hold short, distinc moist-looking peaks. Fold about half o the egg whites quite thoroughly into yol mixture, then gently fold in remainin egg whites.

When fish is cooked, remove from ove and carefully drain all the poaching li uid into a bowl or measuring cup. Redi tribute fish in the bottom of the dis sprinkle with about 3 tablespoons of th cheese, then mound soufflé mixtu evenly over top. Sprinkle top with r maining 1 tablespoon cheese. (If you us a 1½-quart dish, shape a collar of fo to extend sides about 1 inch.) Bak soufflé in the 375° oven until set in th center and lightly browned, about 2 minutes. (You can hold it in the ove with heat turned off up to about 5 mo minutes.)

While the soufflé bakes, melt the 2 tabl spoons butter in a small pan. Stir in th 2 tablespoons flour and cook until bu bly. Remove from heat and graduall stir in the fish poaching liquid (it shoul be about 1 cup). Cook, stirring, until boils and thickens. Beat the remaining eggs lightly with a fork, beat in some o the hot sauce, then stir all back into th pan and cook, stirring, for about 30 se onds (don't let it boil). Remove fro heat, taste, and add salt and pepper needed. If the sauce is ready before th soufflé finishes baking, set it over h water to keep warm. Serve soufflé in mediately and pass a bowl of the sauc Makes about 6 servings.

DARROW M. WATT

Drain *cooking liquid from fish to make a sauce while the soufflé bakes*

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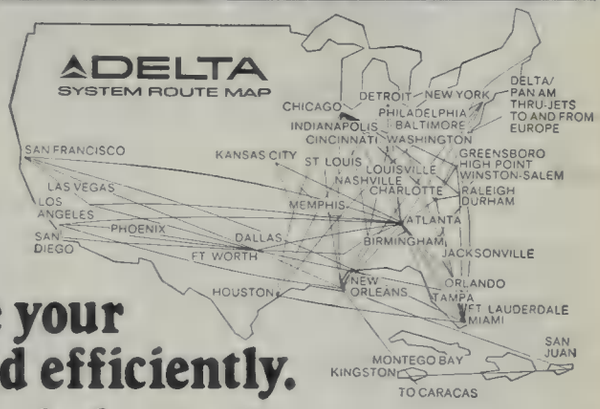

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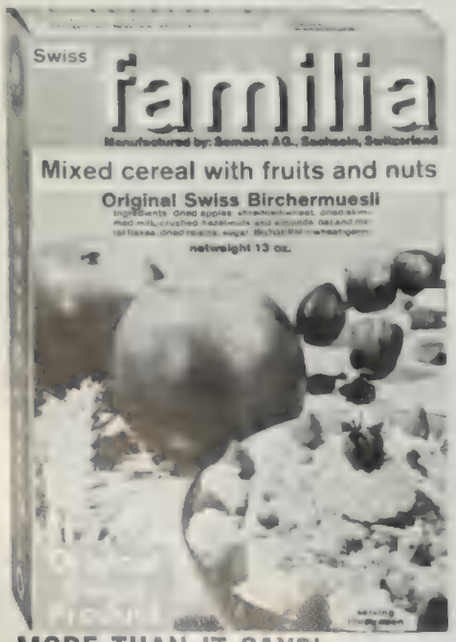

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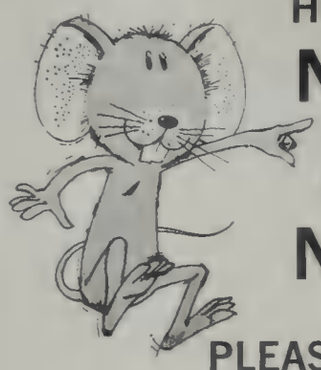

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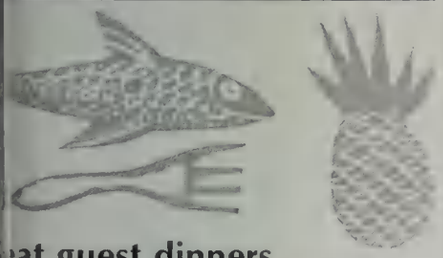

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Quick **Cheese Recipes** from **STELLA**

ITALIAN CHEESE 'BURGERS

2 tbsp. oil or margarine
½ cup chopped onion
1 lb. ground beef
¼ tsp. oregano
1 tsp. salt
⅛ tsp. pepper
6 rolls, hard or soft, split and toasted
6 tomato slices
4 oz. sliced STELLA PROVOLONE, FONTINELLA ITALIAN SHARP, KASSERI, MOZZARELLA or SCAMORZE cheese

Heat oil or margarine in skillet; sauté onions until tender but not brown. Add beef, oregano, salt and pepper. Cook over high heat about 5 minutes, stirring frequently. Spoon beef mixture on bottom halves of rolls. Top each with a slice of tomato, then the cheese. Place under broiler until cheese melts. Makes 6.

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This fondue can be last minute

Fondue suppers, with everyone a cook, are easy and informal but typically call for considerable early preparation. This one is different.

It begins with a stop at a market to select several packages of frozen, ready-to-heat seafood. The seafood needs only partial defrosting, so the fondue can be ready to serve in a few minutes. Make the accompanying sauce or buy prepared sauces.

As with any oil fondue you need a 1½ to 2-quart fondue pot or deep saucepan with a heat source and stable stand for each three to four diners. To keep the oil hot enough to cook well, use a denatured alcohol or butane burner, an electric hot plate, or electric fondue pot. Start by heating the oil on the range; if, during the cooking, the oil temperature drops, reheat on range.

Provide each diner with a fondue fork or bamboo skewer for cooking, a napkin or paper towel-lined plate for briefly draining cooked food, individual cups for sauce, and a dinner fork for eating.

On a tray arrange some of the following seafood and vegetables; garnish with lemon wedges. Serve one or more sauces.

Seafood: Choose from breaded shrimp, oysters, fish sticks, scallops, crab, and clams; and unbreaded fresh or frozen fish or shellfish. Thaw until pieces separate; cut large pieces into bite-sized chunks. Allow ⅓ pound for each person.

Vegetables: Choose from bite-sized pieces of seeded green pepper, sliced carrot or zucchini, quartered large mushrooms, and frozen potato puffs. Allow ½ cup vegetable for each person.

Sauces: Choose from seafood sauce (recipe follows), melted butter with lemon juice to taste, and prepared sauces such as tartar or red cocktail sauce, thousand island dressing. Allow ⅓ cup total for each person.

Seafood sauce. In a bowl stir together 1 cup mayonnaise, ¼ cup tomato-based chile sauce, 2 tablespoons chopped green onion, 1 tablespoon *each* minced parsley and white wine vinegar, ½ teaspoon *each* prepared horseradish and Worcestershire, and ⅛ teaspoon cayenne until blended. Makes about 1¼ cups.

Fill fondue pot with salad oil to depth of 3 to 4 inches (but no more than half full); heat to 375° (bread cubes brown in 60 seconds). Spear seafood and vegetables and cook in oil, a few pieces at a time, until golden, about 1 minute. □

UNCLE BEN'S Rice suggests a colorful "co-op" dinner.

Right now, crab is plentiful, so enjoy it in as many ways as you can. The dish described here is as dramatic as the crimson crab that crowns it—a bountiful Spanish paella. To save time, and increase the enjoyment, consider sharing the preparation with another family.

Versatile UNCLE BEN'S CONVERTED Brand Rice is the foundation for the dish. UNCLE BEN'S takes real natural rice and makes the grain firmer in a special way. You get a rice that won't get sticky or lumpy, and the grains stay fluffy and separate guaranteeing you a perfect paella. You can purchase Dungeness Crab cooked and perhaps persuade your dealer to clean and crack it. The meaty ingredients for the dish are chicken, boneless pork and chorizo (Mexican) sausages.

If you like, make the paella ahead. Prepare it up to the point of adding the crab, transfer it to a deep, ovenproof platter, cover and refrigerate it. Then add the crab, cover again, and reheat in a 350° oven for about 45 minutes.

This main dish needs few accompaniments. Just relishes or a salad, a light red wine, and fruit or ice cream.

Two Family Paella

3 whole chicken breasts, halved (2½ to 3 lbs.)
1 lb. lean, boneless pork, cubed
Salt
4 Tbsp. olive oil
2 medium-sized onions, chopped
2 mild chorizos (Mexican sausages, about 6 oz.), sliced
1¼ cups UNCLE BEN'S CONVERTED Brand Rice
1 can (14½ oz.) sliced tomatoes
2½ cups chicken broth
⅛ tsp. saffron
1 package (10 oz.) frozen peas, thawed
8 to 10 small hard shell clams, scrubbed
1 small jar (2 oz.) sliced pimiento
1 large (about 2 lbs.) cooked fresh DUNGENESS CRAB, cleaned and cracked

Cut each halved chicken breast crosswise into 2 pieces. Sprinkle chicken and pork with salt. In a very large frying pan or paella pan (12 to 14 inches in diameter) heat 3 Tbsp. of the oil. In it brown chicken, removing pieces as they brown. Add 1 Tbsp. more oil and in the same pan brown pork well; push it to side of pan. Reduce heat slightly and brown onions, chorizo slices, and rice lightly. Return chicken to pan. Stir in tomatoes, 1¾ cups of the broth, and saffron. Bring to a boil, then cook rapidly, stirring often, for 15 minutes. Add peas, clams, and ¾ cup more broth. Cook over medium heat, stirring occasionally, for about 15 minutes more, until rice is almost tender and most of the liquid absorbed. Stir in pimiento. Arrange crab legs and body (cut in 4 pieces) over top, cover pan with foil, and cook until crab is heated, about 10 minutes. Place top of crab shell in center. Makes 6 to 8 servings.

This recipe is included with "UNCLE BEN'S Golden West Recipes." For a free copy of all recipes, send your name, address, and zip code to: Golden West Recipes, Box 19480, Houston, Texas 77024.

Two Family Paella

Uncle Ben's® Rice and fresh Dungeness Crab get together in this neighborly feast.

Tantalizing blend of chicken, clams, pork and sausage simmers in paella pan. Crab will be added later.

Sun-swept deck overlooks Sausalito.

The crimson crab awaits its moment to glorify the finished dish.

UNCLE BEN'S Rice keeps the best company in the West.

An easy introduction to yogurt

As more Westerners become interested in making their own yogurt, we hear about new, innovative techniques for doing it more easily at home.

A *Sunset* reader from Livermore, California, evolved this recipe, which makes 2 quarts of exceptionally fresh-tasting yogurt from a combination of evaporated and nonfat dry milk.

If you've made yogurt before, you know that the only tricky part is keeping the milk culture at a fairly constant temperature—about 115°—for the 5 to 6 hours it takes to complete the process. There are electrical devices on the market that provide the right amount of heat. Also a variety of home methods for keeping the milk warm seem to work well for some people.

This technique uses warm water to insulate the developing yogurt, and the heat from an electric range element or gas oven to keep it warm. We found it exceptionally reliable. The only equipment you need is a large pot with a rack on the bottom, such as a canning kettle; a thermometer; canning jars (for about 2½ quarts); and extra wire racks.

Before you start to make yogurt, you should assemble your equipment and test it over your heat source to determine the arrangement that will maintain the required 110° to 115° temperature fairly steadily. Keep in mind that if the temperature goes above 120° the yogu culture will be killed, and if it drops be low 90° it becomes completely inactive Fill your kettle half full of hot (abou 115°) tap water. Fill the jars you will us for yogurt to within about an inch o their tops with 115° water and plac them in the kettle. Then fill the kettl with more hot water to the level of th liquid in the jars.

If you have an electric range, place th kettle with jars directly on an elemen set at lowest heat setting and start check ing the temperature of the water. If goes above 115°, use a rack to elevat the kettle slightly above the elemen Then, if necessary, you can raise it highe with jar rings or another rack. When yo find the arrangement that maintains th 110° to 115° temperature for at least a hour, you are ready to start your yogur

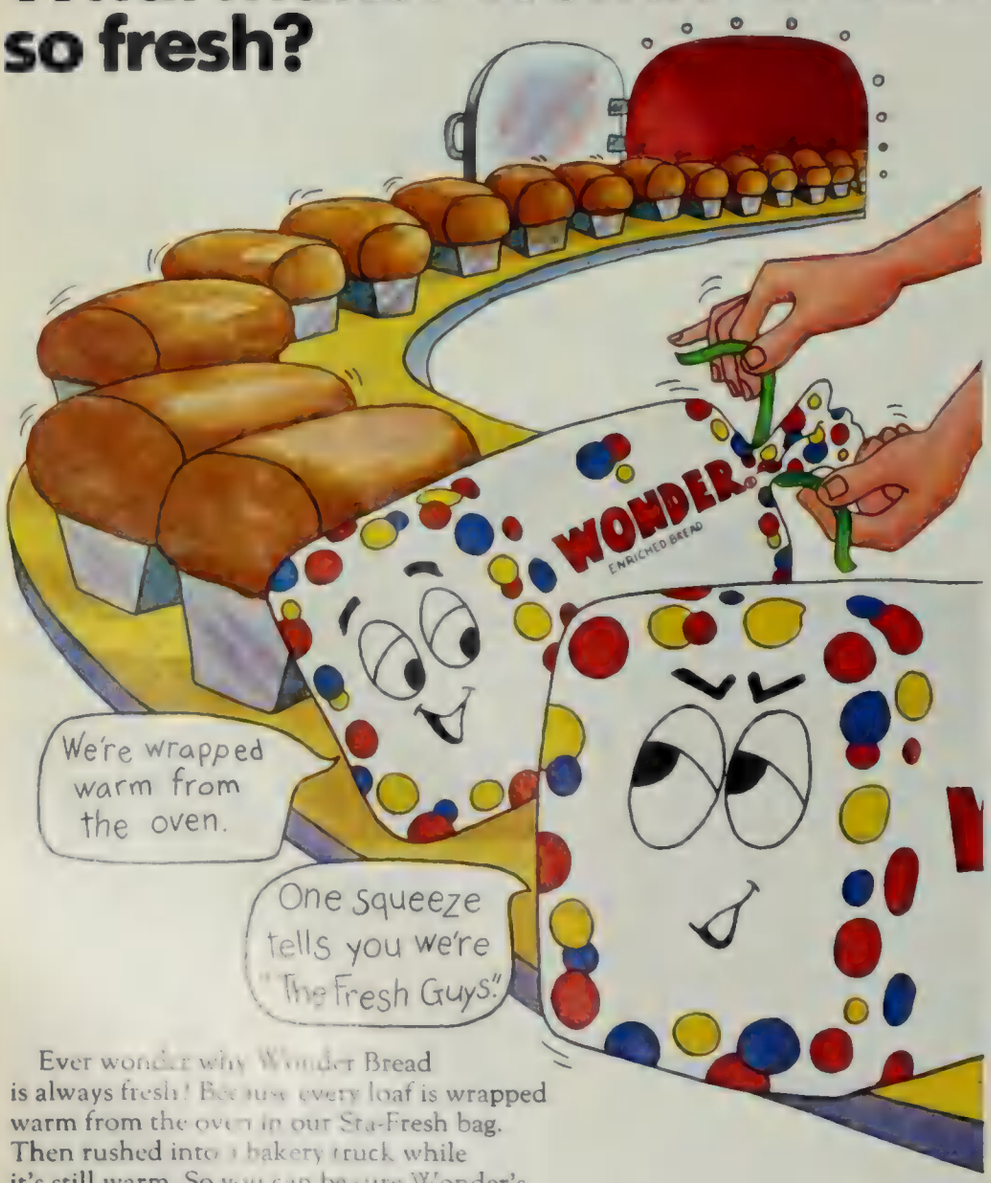
If you have a gas oven, set the kett of filled jars directly over the pilot ligh with the oven turned off and the doo closed. If that is too much heat, mov the kettle to an oven rack or lift th kettle slightly above the pilot by placin a wire rack underneath it. If the pilo light doesn't give enough heat, and you oven has a low (140°) setting, try turn ing the oven on low with the kettle insid on a rack. When the water in the kett holds the 110° to 115° temperature fo at least an hour, you can proceed.

Yogurt

In a 2-quart or larger container, combin 1 can (13 oz.) evaporated milk, 5 cu hot water, and 3 envelopes (or th amount for 3 quarts milk) of nonf dry milk. Heat or cool the mixture un it is 115°, then stir in ½ cup yogu (homemade or commercial); stir it with a spoon or beat it with a rota beater until well blended (skim off an foam). Pour into clean jars and put o lids. Arrange jars on the rack in th kettle of 115° water. (The level of th water should be about even with yogu inside jars.)

Place the kettle over your electric el ment or in your gas oven in exactly th position you have determined will kee the temperature at between 110° an 115°. Check the temperature from tim to time while allowing the yogurt stand undisturbed for 5 to 6 hours, until it is set and about the consisten of soft custard. (There may be some cle liquid floating on top of the yogurt, b most of it will be absorbed after chilling Store yogurt in refrigerator. Makes quarts.—*L. A., Livermore, Calif.*

What makes Wonder Bread so fresh?



Ever wonder why Wonder Bread is always fresh? Because every loaf is wrapped warm from the oven in our Sta-Fresh bag. Then rushed into a bakery truck while it's still warm. So you can be sure Wonder's always fresh in the store.
Wonder Enriched Bread — not just fresh and delicious...it's also good and nutritious.

Wonder helps build strong bodies 12 ways®

It started late at night in a desolate cove in Pine Point, Maine, where a small boy with a rake was working in dead earnest.

Accompanied only by his shadow, he scraped in the sand at low tide, remembering his father's last words to him: "Take care of your mother and sisters, son. And never settle for less than the best."

Digging clams was what young Fred Snow knew how to do best.

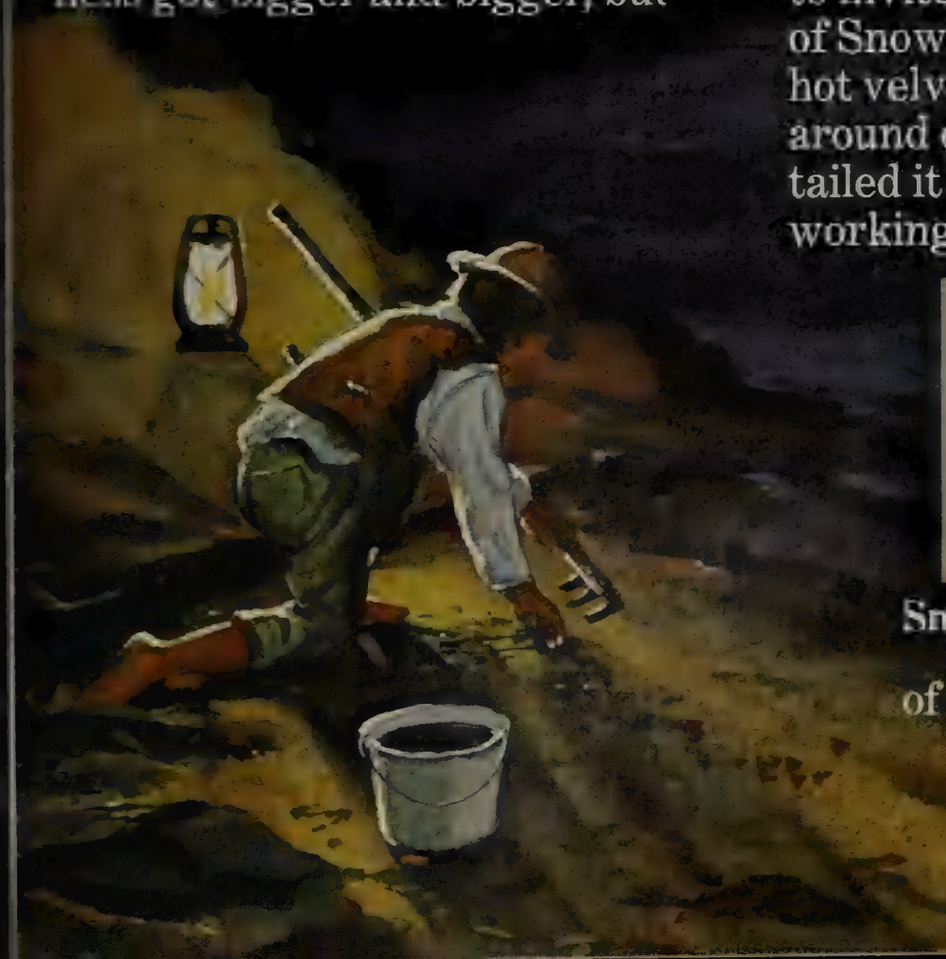
At first, he dug just enough for his kin. As he grew, he dug more than they could eat. So he sold them. Then he dug more than he could sell. So he made clam chowder and sold that.

The basic chowder recipe was inherited from Fred's father, Captain Enoch Snow. It was simple and honest and so good he couldn't make enough. The business got bigger and bigger, but we still can't make enough. After all, there are only so many clams, and we won't scrimp on them.

Today, the family's still in the business. And the business is still in Pine Point, where the sea-beaten dunes hold back the 20th century.

Here in New England, people buy more Snow's Clam Chowder than any other kind. Maybe that's because it's an honest value. (An exact awareness of even a one-cent difference is at the very basis of the New England mind.) Maybe it's all those clams (which make it hearty enough for a main course). Or that we've had over 50 years to earn people's trust.

Whatever the reason, we'd like to invite you to join us in a bowl of Snow's Clam Chowder. It's like hot velvet when winter is rattling around outside, and you've high-tailed it home late at night after working all day in dead earnest.



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Snow's Clam Chowder.
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Think of them as multiple vitamins with wrinkles.

We're not suggesting you give up vitamin pills and take up prunes. They're not really the same. All we're saying is prunes have many important vitamins.

And it's about time you knew the reason your mother gave you prunes isn't the only reason for eating them.

Sunsweet pitted prunes have a good bit of vitamin A. While it hasn't exactly worked miracles for the prune's complexion, enough vitamin A could help keep yours clear. And Sunsweet pitted prunes have more vitamin A than such popular fruits as oranges, pears, bananas, strawberries and pineapples.

In fact, it might surprise you to know that our misunderstood little dried fruit also has vitamin B-1, vitamin B-2 and niacin. As well as calcium. And that prunes have plenty of iron. More than many of your favorite fruits. Like apples, cherries, lemons, peaches and grapefruits.

More surprises. Sunsweet pitted prunes are rich in potassium. Yet they're low in sodium.

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Maybe after this, when you see a box of Sunsweet pitted prunes you'll pick it up.

Now that you know what's in it for you.

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Ground beef ideas for dinner tonight

und beef takes so well to such a va- of seasonings and additions that e's always some new way to serve it quickly assembled family meals.

he first of the recipes canned arti- ke bottoms are combined with meat- s in a spicy sour cream sauce; each ıent of the dish is done in sequence ıe same frying pan.

the second a creamy topping of age cheese, eggs, and Parmesan is ıded to pour over a well seasoned ıt loaf.

›und Beef and Artichokes

- 1 can or jar (about 7 oz. drained weight) artichoke bottoms, drained
- 1 pound ground beef chuck or lean ground beef
- 1 large onion, finely chopped
- ¼ cup minced parsley
- ⅓ cup fine dry bread crumbs
- 1 egg
- About 2 tablespoons butter or margarine
- 2 tablespoons pine nuts
- 1 tablespoon flour
- ½ teaspoon *each* sugar and ground allspice
- ½ cup sour cream
- 1 can (about 10 oz.) condensed beef bouillon

artichoke bottoms in quarters; rinse ı water and drain well. In a bowl ıbine the ground beef, onion, parsley, ıd crumbs, and egg. Mix with your ds until thoroughly blended. Shape ıt mixture in 1¼-inch balls.

lt 1 tablespoon of the butter in a e frying pan; add pine nuts and cook r medium heat, stirring, until golden. h a slotted spoon remove nuts from and set aside. Add 1 tablespoon more ter to the pan; put in artichokes and k, turning in butter to coat all sides, about 2 minutes. With a slotted spoon artichokes from pan and keep warm.

l meatballs to frying pan and cook r medium high heat until well browned all sides, about 15 minutes. Remove ı a slotted spoon and keep warm.

luce heat to medium. If necessary, butter to pan to measure 1 table- on fat. Stir flour, sugar, and allspice fat in the pan and cook until bub- Stir in sour cream until smooth; ı gradually stir in beef bouillon until ıded. Cook, stirring, until mixture ıes to simmering. Return meat balls artichokes to pan, stirring to coat ı sauce. Cover and simmer to heat ıugh, about 5 minutes. Transfer to rving dish and sprinkle with toasted nuts. Makes 4 servings.—*A. C., land.*

Cheese-Topped Meat Loaf

- 1½ pounds ground beef chuck or lean ground beef
- ⅓ cup rolled oats
- 2 tablespoons tomato-based chile sauce
- ¼ cup minced green pepper
- 1 medium-sized onion, minced
- 1 teaspoon salt
- 1 clove garlic, minced or mashed
- 3 eggs
- 2 cups (1 pint) cottage cheese
- 3 tablespoons chopped green onion
- ¼ cup grated Parmesan cheese

In a bowl combine the ground beef, oats, chile sauce, green pepper, onion, salt, garlic, and one of the eggs; mix with your hands until thoroughly blended. Pat mixture into a shallow 2-quart baking dish or casserole. Bake, uncovered, in a 350° oven for 40 minutes.

Meanwhile, place about half the cottage cheese in a blender jar and whirl until smooth; add remaining cottage cheese and whirl until smooth. Add eggs and whirl just until smooth. Add 2 tablespoons of the green onion and the Parmesan and whirl just until distributed.

Remove meat loaf from oven and discard accumulated fat. Pour cottage cheese mixture around and slightly over edge of meat, leaving the center without topping. Return pan to oven and bake 10 more minutes or until topping is softly set. Sprinkle with remaining tablespoon chopped green onion. Makes 6 servings.—*N. W., El Sobrante, Calif.* □

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French Gigot of Lamb (Makes 6 to 8 servings)

1 leg of lamb
Salt and pepper
¼ cup sweet butter
1 teaspoon fines herbes
1 clove garlic, halved

Sprinkle lamb with salt and pepper. Place on rack in shallow roasting pan. Roast in 325° (slow) oven 30 to 35 minutes per pound or until meat thermometer registers desired degree of doneness. Meanwhile, melt butter and add fines herbes and garlic; simmer 1 minute. Brush lamb with butter mixture frequently during roasting time.

Note: If center cut of leg is roasted, use 2 tablespoons butter, ½ teaspoon fines herbes and 1 small clove garlic. Brush on lamb last hour of roasting time. Fines herbes are available in most spice lines. If unobtainable, substitute your favorite seasonings—rosemary, thyme, etc.

For more free lamb recipes write:

american lamb council

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DARROW M. W

Sponge *cake has ground nuts and wine*

A Passover cake . . . wine-flavored

As part of the Seder meal of Passov Jewish families enjoy this wine-flavo sponge cake.

The classic recipe uses cake meal (fin ground matzo meal, available in Jew delicatessens) and Passover wine. T cake is equally delicious but slightly d ferent in texture when made with regu flour and sweet California Sherry.

Either way, it is a flavorful, light ca with a firmer texture than typical spo cakes. You might enjoy serving it a time with a dessert wine, coffee, or te

Wine Sponge Cake

- ¾ cup whole almonds
- 1¼ cups cake meal or regular, all-purpose flour (unsifted)
- ¼ teaspoon salt
- ½ teaspoon cinnamon
- 8 eggs, separated
- 1½ cups sugar
- ⅓ cup Passover wine or sweet Sherry
- ⅓ cup orange juice
- Powdered sugar (optional)

Whirl almonds in a blender until fin ground. Sift the cake meal or flour w the salt and cinnamon into a bowl. M in the ground nuts.

In the large bowl of an electric mix beat egg whites until they hold sh distinct, moist-looking peaks; set asi Using the same beaters, beat egg yo until thick, then gradually beat in sugar. Stir in wine and orange juice. A yolk mixture to the flour mixture, fo ing until well blended. Add beaten whi and fold together gently and thorough

Pour into an ungreased 9 or 10-i tube pan (with removable bottom). B in a 325° oven until the top springs b when touched lightly, about 1 hour. vert pan until completely cooled. move cake from pan and serve plain sprinkled with powdered sugar. Ma about 12 servings.—*L. S., Eugene, Or*

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1 lb. ground beef
½ cup mushroom soup
1 small diced onion
½ cup milk or water
Salt to taste

Fry ground beef, onion and salt. Drain. Add soup and milk or water. Simmer and add defrosted, heated vegetables. Turn into greased casserole. Heat through in 350° oven. Serves 4.

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Quick breads with whole grains

When you make quick breads using fruit and nuts with whole grain flours and cereals, you can achieve some interesting results in flavor and texture. The breads develop a richer, more full-bodied flavor and are coarser grained than other quick breads.

Enjoy these flavorful breads as soon as they have cooled, or set them aside to mellow and mature. Each is delicious anytime, whether thinly sliced and served plain, or with butter or cream cheese.

You can use either stone ground or regular flour in the first two recipes calling for whole wheat or graham. Breads made with stone ground flour will be a little coarser than those made with the regular whole wheat or graham flour.

Bits of fresh apple dot this molasses-flavored brown bread. This moist loaf slices easier after maturing a day.

Apple Brown Bread

- ½ cup (¼ lb.) butter or margarine
- ½ cup firmly packed brown sugar
- 1 egg
- ½ cup dark molasses
- 2 cups regular all-purpose flour (unsifted)
- 2 cups graham flour
- 2 teaspoons soda
- 1 teaspoon *each* baking powder and salt
- 2 cups buttermilk
- 2 cups finely chopped unpeeled tart apple
- 1 cup chopped walnuts

With an electric mixer or wooden spoon beat together the butter and sugar until light and creamy. Beat in the egg; then stir in the molasses until blended. In another bowl, stir together the all-purpose flour, graham flour, soda, baking powder, and salt. Add the dry ingredients alternately with the buttermilk to the creamed mixture and mix just until blended after each addition. Stir in the apple and nuts.

Pour batter into 2 greased and flour-dusted pans, each about 4½ by [illegible] inches (or in 3 pans, each about 3⅜ [illegible] 7⅜ inches). Bake in a 350° oven [illegible] about 1 hour and 30 minutes (or ab[illegible] 1 hour and 15 minutes for the sma[illegible] pans), until bread begins to pull a[illegible] from the sides of the pans. Let coo[illegible] pans 10 minutes; then turn out o[illegible] rack and cool thoroughly. Makes 2 [illegible] dium or 3 small loaves.

The fragrances of pumpkin and blen[illegible] spices dominate this bread that's m[illegible] with part whole wheat flour. For a [illegible] cial breakfast treat, try lightly toast[illegible] thick slices.

Pumpkin-Pecan Tea Loaf

- ⅔ cup shortening
- 2⅔ cups sugar
- 4 eggs
- 1 can (1 lb.) pumpkin
- ⅔ cup water
- 2½ cups regular all-purpose flour (unsifted)
- 1 cup whole wheat flour
- 2 teaspoons soda
- 1½ teaspoons salt
- ½ teaspoon *each* baking powder and ground cardamom (optional)
- 1 teaspoon *each* ground cloves and cinnamon
- 1 cup *each* raisins and chopped pecans

With an electric mixer or wooden sp[illegible] beat together the shortening and su[illegible] until well blended. Beat in the eggs. A[illegible]

pumpkin and water and stir until ıded. In another bowl, combine the ɔurpose flour, whole wheat flour, a, salt, baking powder, cardamom, 'es, and cinnamon; then add to the ıpkin mixture and stir just until l blended. Stir in the raisins and pped pecans.

ır batter into 2 greased and flour-ted pans each about 5 by 9 inches in 3 pans each about 3⅜ by 7⅜ ıes). Bake in a 350° oven for about ɔur and 15 minutes (or about 1 hour the smaller pans), until a wooden : inserted in the center comes out n. Let cool in pans 10 minutes; then ı out on a rack and cool thoroughly. ‹es 2 medium or 3 small loaves.—*I., San Jose.*

ole bran cereal enhances the nutty ana flavor of this fruit bread. You use any of the packaged whole bran ıkfast cereals available, but do not bran flakes.

ana Bran Loaf

st 1 cup of whole blanched raw cash- or almonds by spreading them in a le layer in a shallow baking pan and e in a 350° oven for 10 to 15 utes; shake pan occasionally. When tly browned, remove nuts from the oven, cool, and then chop. Set aside.

With an electric mixer or wooden spoon beat together ⅓ cup butter or margarine and ⅔ cup sugar until light and creamy. Beat in 2 eggs. Mix together 1 cup mashed ripe banana and ¼ cup buttermilk; set aside. In another bowl, stir together 1½ cups regular all-purpose flour (unsifted), 1 cup whole bran cereal, 1 teaspoon baking powder, and ½ teaspoon *each* soda and salt. Add the dry ingredients to the creamed mixture alternately with the banana-buttermilk mixture, stirring after each addition just until blended. Stir in the toasted nuts.

Pour batter into a greased and flour-dusted pan about 4½ by 8½ inches (or 2 pans each about 3⅜ by 7⅜ inches). Bake in a 350° oven for about 1 hour and 20 minutes (or about 1 hour for the smaller pans), until a wooden pick inserted in the center comes out clean. Let cool in pans 10 minutes; then turn out on a rack and cool thoroughly. Makes 1 medium or 2 small loaves.

Fresh tangerine peel and juice combine with rolled oats to flavor this moist fruit bread which is laden with sweet chopped dates. Wrap loaf tightly to keep fresh at room temperature for about a week, or freeze for longer storage.

Tangerine Oatmeal Loaf

- 1 cup boiling water
- 1 package (about 8 oz.) pitted dates, chopped
- ⅛ cup (⅛ lb.) butter or margarine
- 1½ tablespoons grated tangerine or orange peel
- 1 cup fresh tangerine *or* orange juice
- 2 eggs, lightly beaten
- 2 cups regular all-purpose flour (unsifted)
- 2 cups rolled oats (regular or quick-cooking)
- ⅔ cup sugar
- 2 teaspoons *each* soda and baking powder
- 1 teaspoon salt
- 1 cup chopped walnuts

Pour boiling water over dates and butter. Stir until butter is melted; set aside. When mixture has cooled to room temperature, stir in tangerine peel, juice, and eggs. In a large bowl, combine the flour, oats, sugar, soda, baking powder, salt, and nuts. Add the date mixture to the dry ingredients and stir just until moistened.

Pour batter into a greased and flour-dusted 9 by 5-inch loaf pan (or in 2 pans each about 3⅜ by 7⅜ inches). Bake in a 350° oven for about 1 hour and 20 minutes (or about 1 hour for the smaller pans), until a wooden pick inserted in the center comes out clean. Let cool in pans 10 minutes; then turn out on a rack and cool thoroughly. Makes 1 large or 2 small loaves. □

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g a lot of the flavor of fish, ribs, lamb, chicken, veal,
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Fish Worcestershire

2 pounds flounder or sole fillets

1 can (10½ oz.) Campbell's Golden Mushroom Soup

2 teaspoons Lea & Perrins Worcestershire Sauce

¼ teaspoon ground thyme

Roll fish fillets. Place in well buttered casserole. Combine soup, Lea & Perrins and thyme; pour over fish. Bake, uncovered, in a preheated hot oven (425 F.) for twenty minutes or until the fish flakes when you test it with a fork. Sprinkle with parsley and serve with lemon wedges, if desired. Serves six to eight.

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worcestershire a flounder tonight.

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Hotpot . . . chicken with coconut

In most tropical countries where coc
nut palms flourish, the coconut milk
used to flavor meat. It smooths the spi
curries of India and Thailand and
often tempers the hotness of peppers
Latin America, where its natural swe
ness may be balanced with lime juice

In the southeast African province of M
zambique, cooks often combine cocon
milk with chicken or seafood in dish
they call hotpots, spiced with a hot pe
per sauce called peri-peri.

Portuguese colonists in Mozambiq
brought home a taste for this flavor co
bination, and our recipe is from a co
in Portugal. It is especially easy to ma
with chicken legs and thighs and cann
coconut juice.

Canned (slightly sweetened) coconut ju
is becoming readily available in the We
Look for it in the gourmet foods or O
ental foods section of your market.
you could substitute 1 cup defroste
frozen coconut milk and 1 teaspo
sugar for the coconut juice in this reci

Chicken Mozambique-Style

Wash about 2½ pounds chicken legs a
thighs and pat dry. Heat 2 tablespoo
salad oil in a frying pan (one with
tight-fitting lid) over medium high he
Brown the chicken on all sides. Add
cloves garlic (minced or mashed), 1 c
(8 oz.) coconut juice, 1 teaspoon sa
and ¼ teaspoon *each* ground ginger a
liquid hot pepper seasoning. Bring to
boil, cover, and simmer for 30 minute

Stir in 1 pound zucchini, cut in ½-in
slices, and continue cooking (stir seve
times) until the zucchini is just tend
and the meat loses its pinkness in t
thickest part, about 15 minutes longe

With a slotted spoon transfer chick
and zucchini to a serving dish; ke
warm. Boil sauce rapidly until about
thick as heavy cream. Stir in ¼ t
spoon grated lime or lemon peel and
tablespoon lime juice or 1½ tablespoo
lemon juice; pour over chicken. Garni
with ¼ cup thinly sliced green onio
and lime or lemon wedges (optiona
Makes 4 or 5 servings.

Coconut Chicken with Carrots. Inste
of zucchini in the recipe above, you c
use 1 pound carrots, cut in ¼-inch slic
Add the carrots to chicken after it h
simmered for only 15 minutes; contin
cooking for about 30 minutes. Increa
lime juice to 4 teaspoons or lemon ju
to 2 tablespoons.

THE DESSERT LOVERS' HANDBOOK™ 25¢

32 pages of shortcut recipes for pies, cookies, candies, ice cream, custards. Some need no cooking. All save time and work.

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Eggs Benedict Toast muffin halves. Place a slice of broiled or fried ham on muffin, top ham with a poached egg and cover with hollandaise sauce.

Baby Pizzas On toasted muffin halves, spread one layer of tomato sauce, one of Mozzarella cheese, one or a combination of your choice of: canned mushrooms, pitted olives, anchovies, salami. Heat until bubbly.

Crab Sandwich Mix crabmeat with mayonnaise and sliced ripe olives and spread over toasted muffin halves. Sprinkle shredded Cheddar cheese over crab. Broil until cheese melts.

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OROWEAT
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GARY SHELDON

Whimsical *chocolate heads show artistry of chocolate maker*

Confection *cigars are used to celebrate arrival of a baby*

Chocolate arts in Brussels

ng the most delicious discoveries to ıade by a visitor to Brussels are the olate works of art called *pralinés* at all like the nut-and-sugar confec- we call pralines).

ılking tour of Brussels will undoubt- lure you into one of the confection ıs that are exquisite showcases for wares. Their elaborate window ings and gift wrappings change with new season or holiday, seeming to the chocolates themselves.

nt French and Flemish-speaking girls describe what each praliné s, whether it be Grand Marnier, ıboise Crème, hazelnut purée, or olate truffles. They will gladly sell ıs little as 125 grams (¼ lb.; between nd $2) of your hand-chosen selec- wrap it in pleated white paper, tie in gold cord, and send you happily our way. □

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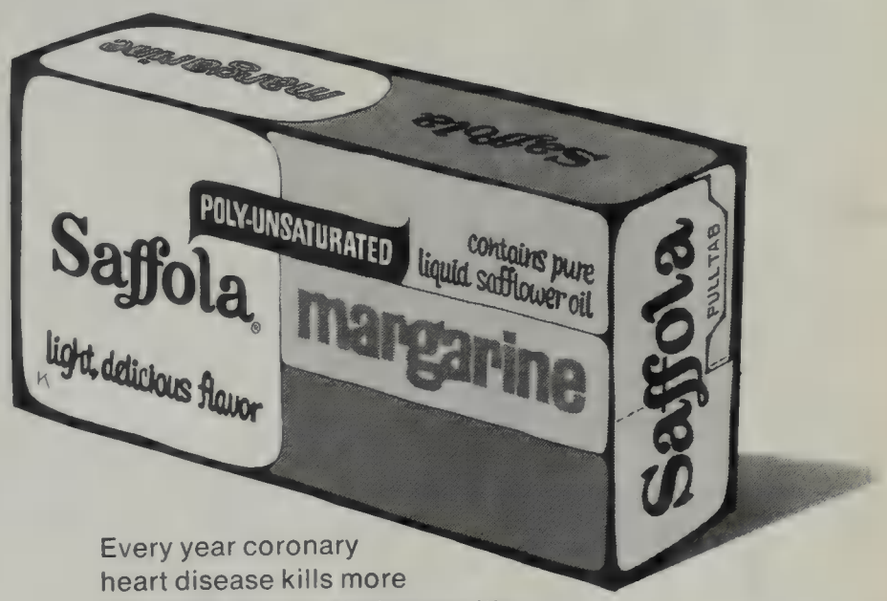

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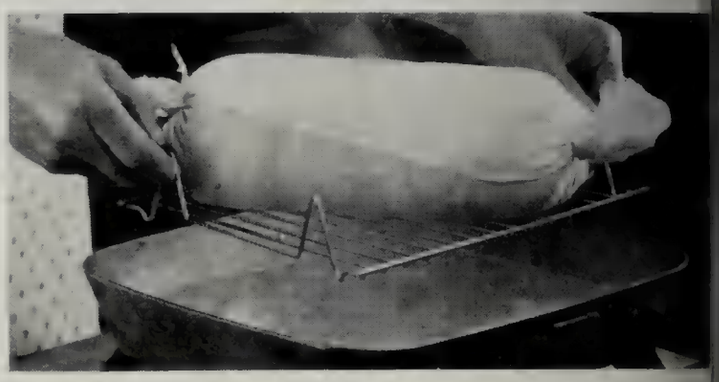
For a spring luncheon . . . this surprise-in-a-roll is chicken galantine

Lift *end of towel to roll up the layered meats, then encase in towel to make a compact roll*



Lower *the tied galantine into the bubbling stock, cover, and simmer in frying pan*

DARROW M. WA

Chilled galantine, *sliced thinly, shows off its layers of assorted meats*

A popular French delicatessen specialty is a cold meat roll called galantine. It's made in a variety of meat combinations and sizes as take-out entrées for parties, picnics, and family meals.

This compact meat roll can be tedious to make by traditional methods, but here is a simplified version. A cloth substitutes for the poultry skin as the casing for this oversize "sausage" of boned chicken, ham, tongue, and ground meats. It is simmered in chicken stock and served chilled.

Chicken galantine can be made ahead; refrigerated, it keeps fresh tasting about two days. You might serve it for a spring luncheon or supper with sour cream as a sauce and accompanied by vegetable relishes, such as cherry tomatoes, marinated artichoke hearts, and sliced fresh mushrooms. Accompany with rolls and butter and, if you wish, a dry white wine. A fruit and cheese tray would be appropriate for dessert.

Chicken Galantine

- 3 whole large chicken breasts or 6 split breasts (about 3 lbs.)
- 2 tablespoons brandy
- 1 pound lean ground beef or ground beef chuck
- 1½ pound *each* ground veal and ground pork
- ⅛ teaspoon nutmeg
- ¼ teaspoon salt
- 2 eggs
- 3 tablespoons chopped parsley
- 2 cloves garlic, minced
- ½ cup shredded Swiss cheese
- About 1 tablespoon butter
- 1 package (4 oz.) [illegible] sliced cooked ham and tongue
- Chicken stock (recipe follows)
- Bay leaves and whole black peppers

Remove skin and cut chicken breasts away from the bones (reserve bones and skin for stock, as follows). With a sharp knife, slice each breast piece in half horizontally and lay out butterfly-style to make it half as thick and twice as large. Arrange breasts in a single layer in a wide, shallow pan and sprinkle with brandy. Mix together the ground meats, nutmeg, salt, eggs, parsley, garlic, and cheese.

Cut a piece of clean cloth (such as worn dish towel) about 18 inches square, and lightly spread butter in a 10 by 12-inch center section. Lay the chicken breasts out in a single layer on the cloth, completely covering the 10 by 12-inch buttered area. Arrange a single layer of sliced ham over chicken. Pat the ground meat mixture evenly over the ham layer, and then arrange the sliced tongue in a single layer on top.

Working from a narrow end, roll up meat by lifting cloth, firmly patting into an even roll. Wrap cloth around loaf, twist ends as pictured above, and tie. Bring chicken stock (see below) to a b in large electric frying pan or sauce p (11-inch diameter). Lower galantine shallow rack, cover, and simmer 1 hou

Remove meat from stock, let cool, a chill. When cold, remove cloth, rewr in foil, and chill (up to 2 days). To ser place galantine on a serving board a garnish with 1 or 2 bay leaves and a f whole peppers. Serves 8 to 10.

Chicken Stock. Place 1½ cups water a large kettle; add the chicken trimmin 1 small onion (peeled and cut), 1 st celery (cut), 2 bay leaves, 6 whole bla peppers, and 2 tablespoons chicken sto base (or 6 chicken bouillon cubes). Co and simmer 15 minutes; remove chick bones before using.

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Why Mexican cooks prize black bean

Mexican and South American cooks prize black beans for their unique flavor and texture, but until recently they have been difficult to find in the West.

You may know the canned soup made from black beans or may have been served these beans in a Mexican restaurant. When cooked, they turn a deep mahogany color and taste exceptionally smooth and rich. In flavor they seem to have a natural affinity for sour cream, especially when accented with tart seasonings like lemon or wine.

Look for the black kidney beans in markets that stock a wide variety of Mexican foods; they are also in some health food and natural food stores now. These beans are about 3/8 inch long, with dull black skins. They most resemble our red kidney beans and are not like the round Oriental black beans.

Most of our supply is imported, although Idaho has a small production that has increased in recent years.

If you'd like to try black beans for yourself, we suggest these two simple recipes. The soup is generously laced with ham and makes a meal if accompanied by fresh vegetable relishes or salad and French bread.

The Spanish beans are a fine choice to serve with meats, especially ham, spareribs, or barbecued meats with spicy glazes. Either dish can be reheated.

Mexican Black Bean Soup

- 1 pound (2¼ cups) dried black kidney beans
- 2½ quarts water
- 1 pound ham
- 2 stalks celery, chopped
- 2 cloves garlic, minced or mashed
- 2 large onions, chopped
- Salt
- ½ teaspoon pepper
- ¼ teaspoon ground allspice
- 1 tablespoon beef stock base or 3 beef bouillon cubes
- 1 can (8 oz.) tomato sauce
- ½ cup dry red wine or 3 tablespoons lemon juice
- 1 lemon, thinly sliced
- About 2 cups sour cream

Rinse and sort the beans, discarding an foreign material. Combine the beans an water in a 5-quart Dutch oven or larg kettle. Bring to a boil, boil 2 minute cover; then set aside for 1 hour. Add th ham (in one or several pieces), celer garlic, onions, salt, pepper, allspice, an beef stock base. Cover and simmer fo 2 to 3 hours, or until beans are soft.

Remove the ham and set aside, then st the tomato sauce and wine into bean Whirl part of the soup at a time in blender until smooth (or press through food mill). Return beans to the cookin pan; dice the ham and return to th soup. Season with salt to taste. Rehe the soup to boiling and serve with th lemon slices on top. Pass the sour crea to spoon onto each serving. Makes 8 10 servings.

Spanish Beans with Sour Cream

- 1 pound (2¼ cups) dried black kidney beans
- About 3½ cups water
- 1 *each* large onion, green pepper, and carrot, finely chopped
- 1 tablespoon salt
- ½ teaspoon pepper
- ¼ cup rum (optional)
- 3 tablespoons butter or margarine
- About 2 cups sour cream
- ½ cup thinly sliced green onions

Rinse and sort the beans, discarding a foreign material. Combine beans w 3½ cups water in a Dutch oven. Bri to boiling, boil 2 minutes, cover, and stand for 1 hour. Add to the beans t onion, green pepper, carrot, salt, a pepper.

Cover and simmer gently for 2 to hours or until tender, adding more wat as needed to keep beans moist. Add t rum, if used, and the butter; stir un butter melts. Turn into a serving di and garnish with a mound of sour crea sprinkle with the green onions. Pass a ditional sour cream at the table. Serv 8 to 10.—*A. M., Palo Alto, Calif.*

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Crêpes, when the French make them, are thin, light and delicate. They get them that way by cooking them in peanut oil. And you should, too. In Planters Peanut Oil.® Because Planters adds a light, subtle flavor. Just enough to give your Crêpes au Saumon that special something. And Planters Oil is natural, with no chemicals added.

Peanut Oil isn't exactly a French secret. The Japanese, Indians, Chinese, Italians and Americans cook with it, too. Make Planters Oil your secret ingredient. Things will taste the way they were meant to.

In a small mixing bowl beat *2 eggs* and *⅔ c. milk*. Beat in *½ c. flour, 2 t. sugar* and *¼ t. salt*. For each crêpe, pour 2 T. batter into a hot 5 or 6-inch skillet lightly oiled with Planters Peanut Oil. Tilt quickly so that batter covers bottom of pan. Cook over medium heat until set and bottom is lightly browned. Set aside.

Press *2 cloves* into *1 peeled onion; mince another onion.* Combine *¼ c. Planters Oil, ¼ c. flour, ¾ t. salt* and *⅛ t. white pepper* in a saucepan; blend until smooth. Add whole and minced onion. Cook over medium heat, stirring constantly until thick and bubbly, about 2 minutes. Remove from heat.

Gradually blend in *1 c. cream* and *1 c. milk.* Bring to a boil, stirring constantly. Remove from heat; discard clove studded onion. Stir in *2 T. sherry;* set aside *1 c. sauce.* Blend small amount remaining sauce into *2 slightly beaten egg yolks;* return to saucepan, stirring vigorously. Bring to a boil, stirring constantly. Remove from heat; stir in *1¼ lb. salmon,* cooked, boned and flaked or *one 1-lb. can* drained, boned and flaked.

Spread equal amounts salmon mixture down center of crêpes. Fold sides toward center and overlap.

Arrange in large baking dish. Top with reserved sauce; sprinkle with *2 T. grated Parmesan cheese.*

Bake at 375° for 20 min., or till hot and bubbling. Garnish with parsley. Serves 4-6.

Planters Oil makes cooking...cuisine.

Liver and bacon? It all depends . . .

Liver and bacon with onions lingers differently in the memories of many. Those who have enjoyed these elements carefully prepared appreciate what exceptional qualities this plain dish has to offer. Anyone subjected to less careful preparation may wish to forget it.

Yet it takes no rare talent to do this dish well. Scheduling is about as important as the cooking. You can't expect satisfactory results if you rush the onions or bacon, or if you overcook the liver.

In this meal, based on liver, bacon, onions, and several complementary vegetables presented together, the cooking sequence begins with the onions cooking slowly in butter to emphasize their natural, mellow sweetness. Then in the same pan you brown the bacon.

As the water comes to a boil for the whole carrots and cauliflower, you get the liver strips ready. While the vegetables cook, you brown the liver in the bacon drippings. Then everything goes onto a large serving tray and you add flavorful, bright last-minute touches: parsley, cherry tomatoes, marinated ar choke hearts, and lemon wedges.

Liver and Bacon Supper Tray with Vegetables

- About 4 tablespoons butter
- 3 large onions, thinly sliced
- ½ pound bacon
- 3 quarts water
- 1½ pounds calves liver, baby beef liver, or beef liver, cut in ½-inch-thick slices
- Flour
- Salt
- 8 medium-sized carrots, peeled
- 1 small head (about 1¼ lbs.) cauliflower, leaves removed
- Pepper
- About 2 tablespoons minced parsley
- Cherry tomatoes
- 1 jar (6 oz.) marinated artichoke hearts, drained (optional)
- Lemon wedges

Melt 4 tablespoons of the butter in wide frying pan over medium-low he Add onions and cook, uncovered, st ring frequently, until they are lin golden, and slightly browned, about minutes. Pour into a bowl; keep war

Fill frying pan with bacon slices plac side by side; cook on medium low he uncovered, until brown and crisp. Dra cooked bacon on absorbent materi then transfer to a large, heatproof plat and keep warm in a low oven or on electric warming tray.

Set aside about 3 tablespoons of t bacon drippings in the frying pan; po out and save the remaining dripping

In a large kettle bring water to boilir

Trim membrane and tubes from liver a cut into strips about 1 inch wide; co with flour, shaking off excess. Pla pieces slightly apart on a sheet of wax paper or foil in a spot within easy rea of the range; sprinkle liver with salt.

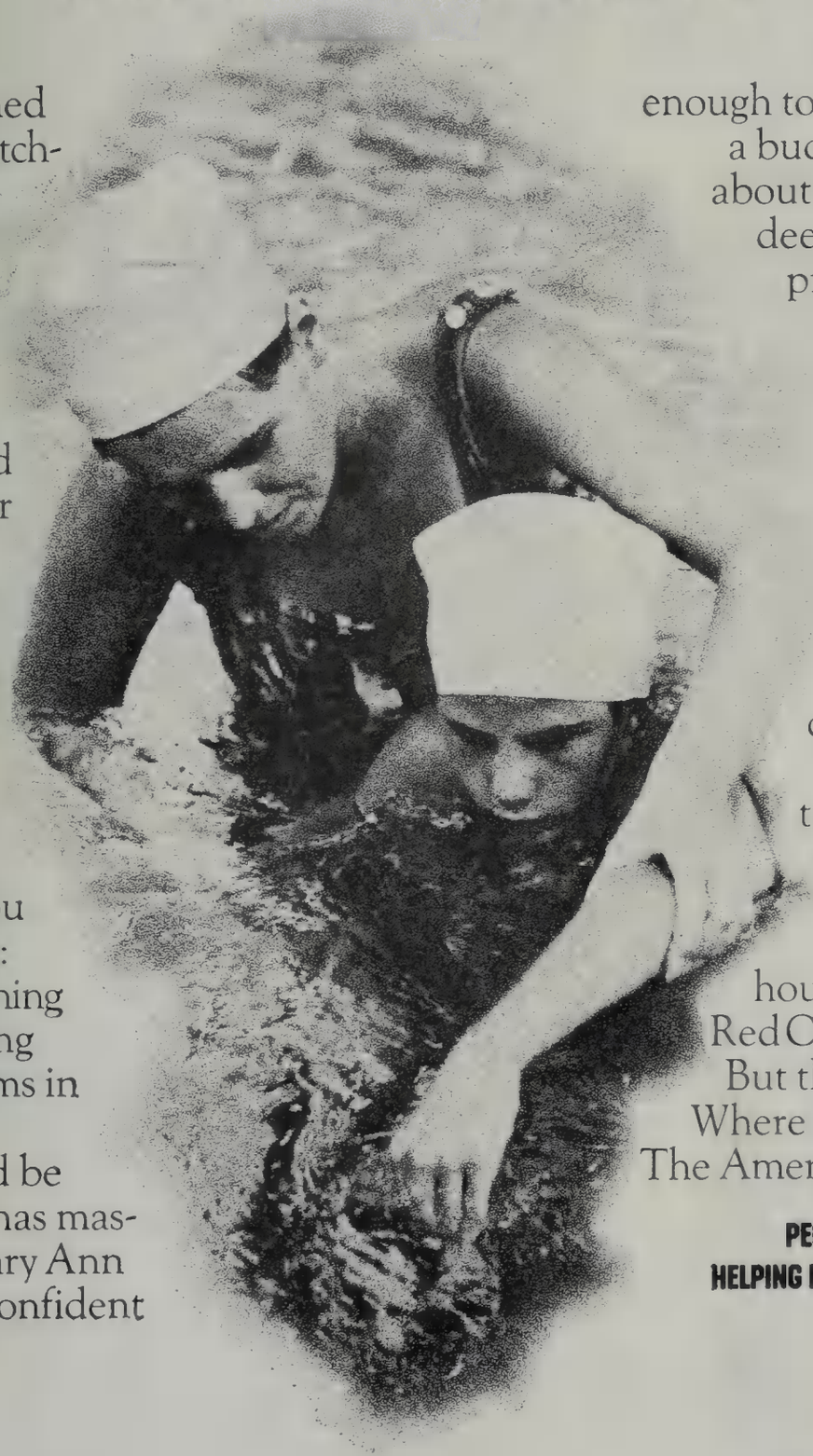
To the boiling water add 1 teaspoon s and the carrots; cover and return boiling on high heat and cook 3 minut Add cauliflower and cook, covered, boiling for about 10 minutes more, just until vegetables are easy to pier with the tip of a sharp knife.

While the vegetables cook, return fryi pan with bacon drippings to moderate high heat: Add strips of liver (witho crowding) and brown quickly on sides, cooking until no longer pink the center (cut a gash to test), about 1 minutes to a side. Add reserved bac drippings to pan as needed to preve sticking. As the liver is browned, transf it to absorbent material to drain brief then place on tray with bacon.

When vegetables are cooked, drain a arrange on tray with liver and bacc dot with butter and sprinkle with s and pepper. Spoon onions onto liver a sprinkle with parsley. Garnish with cher tomatoes, artichoke hearts, and accor pany with lemon wedges to squeeze ov individual portions. Makes 4 servings.

C. S., Atherton, Calif.

EVERY TUESDAY, IARY ANN RYAN IS UP TO HER NECK WITH BLIND KIDS.



Mary Ann learned ow to swim by watch- g her brother. But now she's arning what it's e for a kid who n't even see the ater.

Mary Ann—and ousands of other ed Cross volun- ers—are specially ined by the Red ross to teach ind kids how to im, and how to el safe around ater. One volun- er for one kid. You ould see them all: inning, and learning okes by following e instructors' arms in e water.

And you should be ere when a kid has mas- red the skills Mary Ann ught him. He's confident enough to swim with just a buddy. He's secure about diving into the deep end. He feels proud of himself. He feels loved.

Red Cross Volunteers—America's best neighbors—are the back- bone of ser- vices like these, all across the country. People who give their time. And them- selves.

Maybe you don't have the hours to give to the Red Cross this month. But think.

Where *do* you fit in?

The American Red Cross.

PEOPLE LIKE YOU HELPING PEOPLE LIKE YOU.

advertising contributed for the public good

ADVERTISING COUNCIL

THE

Western Kitchen

NEWS AND IDEAS

New silver cleaner

A silver cleaner that jewelers, metalsmiths, and antique dealers have used successfully is now being produced in small quantities for home use. The cleaner is a powder that's mixed with water. The silver piece is coated with the liquid, rinsed off in cold running water, and dried with a soft cloth. An 8-ounce bottle sells for about $2 in hardware and department stores.

Hidden trash container

Keeping a trash container under the kitchen sink is not always practical or efficient. Here it fits into a bank of drawers. The face of the drawer is finished like the others; when the drawer is closed its function is concealed. The deep drawer is topped with ½-inch plywood. A cutout in the top allows the container to move in and out easily. Janean designed this arrangement for the John Marshall Evans kitchen in Napa, California.

GLENN CHRISTIANSEN

DARROW M. W

Kitchen island gives illusion of space

When the Kenneth Slettens of Woodside, California, were building a kitchen for their new home, they wanted it to have an open feeling so it wouldn't isolate the cook. Designer Janean created a working island that divides an informal eating area (at right, not shown), from the rest of the kitchen. The island extends from one wall and has storage below for table accouterments on the dining side, room for cooking utensils on the other. A wall-hung storage module holds Mrs. Sletten's collection of cook books and a television set, and could hold a sound system at later time. The cooktop in the island specially manufactured and doesn't r quire an overhead vent; cooking odo are drawn downward into a self-co tained exhaust system.

Spice shelf idea

The spice shelves pictured at right appear to be free floating. They're actually supported by three ½-inch dowels plugged into the shelf and into the ¾-inch plywood side of the well insulated wall oven. Here the shelves are pulled slightly out; generally they fit close to the wall. Below the spice shelves is a working counter and cooktop. Owner-architect is George T. Johnson of Honolulu. □

A. SALBOSA

The Giant's frozen Le Sueur peas are a small sensation.

They're his special little baby peas, with a rare, delicate flavor. Frozen in a pouch with the Green Giant's specially seasoned butter sauce. You cook the peas in butter sauce, not water. And the taste is something special.

It takes someone tall to grow peas this small.

GREEN GIANT, LE SUEUR
and the Giant Figure are registered trademarks of Green Giant Company. © GGCo.

Something special about Kraft 100% Grated Parmesan makes it the ideal seasoning cheese. It's aged a full 14 months, then grated into large flecks that even look fuller and more flavorful. Here's how it flavors seafood:

1 lb. skinned fish fillets
1 cup chopped onion
1 clove garlic, minced
¼ cup margarine
2 cups chopped tomato
2 cans condensed beef broth
½ cup sherry
4 lemon slices
2 tsp. salt
3 whole allspice
1 bay leaf
1 lb. deveined shrimp
1 dozen clams
Kraft Grated Parmesan Cheese

Cut fish fillets into large pieces. Sauté onion and garlic in margarine. Add tomato, broth, sherry, lemon and seasonings; simmer uncovered 30 minutes. Add fish, shrimp and clams; simmer 15 to 20 minutes or until clams open. Top with Kraft Grated Parmesan. 4 to 6 servings.

KRAFT Division of Kraftco Corporation

DARROW M.

Spoon *mushroom sauce over veal and asparagus just before serving*

Showing off... vea with asparagus

A quaint St. Martin's Lane restauran London's theater district serves a d cately flavored entrée of sautéed bo less veal and fresh asparagus balan with a distinctive herb and mushro sauce. Now, with asparagus makin showy display in Western markets, is ideal time to feature this combinat for a spring dinner party.

Veal and Asparagus Platter

Trim any fat and membrane from pounds boneless veal cut in ½-inch-th slices. Sprinkle lightly with salt and p per and dust with flour, shaking off cess. In a frying pan, heat 1 tablesp *each* butter or margarine and salad over medium heat; add veal and c until well browned on both sides and inside is no longer pink, about 10 m utes (cut a gash to test). Transfer t serving platter; keep warm.

Meanwhile break off white fibrous e from 2 pounds asparagus; rinse. merse spears in 1½ inches of boil salted water. Cook, uncovered, until tender when pierced, 5 to 7 minu Drain; arrange on the platter with ve

Melt 2 tablespoons butter or margar in the frying pan; add ½ pound mu rooms (sliced) and sauté until lig browned. Stir in 1 tablespoon flour you wish, warm 2 tablespoons bran ignite, and pour over. When flames appear, add ½ teaspoon *each* tarra and dry mustard and ⅔ cup half-a half (light cream). Cook, stirring, u bubbly and thickened. Remove fr heat, stir in 1 tablespoon lemon ju then pour over veal and asparag Makes 6 servings.

The other soup

There are two kinds of canned soup.

First there's average canned soup, soup made for the average taste to sell at an average price. We all know which soup that is. It's good soup, and we have never tried to imitate it.

Then there's our soup. The Other Soup. Quite simply and altogether un-average, which is the way Crosse & Blackwell intends to keep it.

It's made full-strength, which means you don't add water or milk to it. (Our canned soup has better flavor and texture because it's made to serve as-is.)

In addition, our un-average soup is made with rare spices and herbs; with ingredients like rich cream and sherry; and with expensive things like lobster and crab meat used in extra-generous amounts.

The Other Soup, from Crosse & Blackwell. Nineteen Hearty, Seafood and Chilled varieties that are richly, dependably made. Un-average, for people with un-average taste. Try it.

The Crosse & Blackwell Company, Division of The Nestlé Co., Inc.

Crosse & Blackwell® Soup comes in these varieties. *Hearty:* Mushroom, Black Bean, Lentil, Cocido, Onion, Oxtail, Minestrone, Split Green Pea. *Seafood:* Lobster, Shrimp, New England Clam Chowder, Manhattan Clam Chowder, Crab, Langostino. *Chilled:* Senegalese, Vichyssoise, Gazpacho, Madrilene (Red), and Consommé (Clear).

Grand Opening. The Sunkist navel is a joy.
It's easier to peel. Easier to segment. And has no seeds.
That's why it's the world's great eating orange.
An easy opening package of what's good for you. Break into one. And come back to your senses.
Come back to your senses. Sunkist.

DARROW M. WATT

aisin loaf in slices or wedges

Rosemary, raisins in a plump loaf

plump round raisin bread is sea-
d with rosemary and olive oil in the
entine manner; it is delicious warm
butter for brunch, or to go with
ls or soups for lunch. You can make
ead to reheat, or toast cold slices.

mary Raisin Bread

large bowl blend 1 package dry
with ¼ cup warm water (about
); let stand about 5 minutes. Com-
½ cup milk, 3 tablespoons sugar,
aspoon *each* salt and whole rose-
; heat to warm. Beat in 1 whole
1 egg white (reserve yolk for glaze),
¼ cup olive oil, then add to yeast.
in 3 cups unsifted regular all-pur-
flour to blend thoroughly, then turn
nto a well floured board and knead
t 10 minutes or until smooth and
c. Flatten dough, top with ½ cup
ns, and knead lightly to work raisins
dough (some pop out, but just stick
back in).

e and dry the mixing bowl and coat
olive oil; place dough in bowl and
t so top surface is oiled. Cover
h and let rise in a warm place until
led; it takes 1 to 1½ hours.

d dough on floured board again to
l air bubbles, then place on an olive
oated baking sheet and pat into a
8½-inch-diameter round. Brush
rously with olive oil, cover lightly,
let rise in a warm place until puffy;
es about 30 minutes.

an X across the top of the loaf
a very sharp, floured knife. Beat
ved yolk with 1 tablespoon cold
r and brush over the loaf. Bake in
0° oven for about 35 minutes or
browned. Cool slightly on a wire
before cutting. (To reheat cold loaf,
in foil and place in a 350° oven for
inutes.) Makes 1 loaf. □

Get the vitamins you pay for. With Ekco Flint cookware.

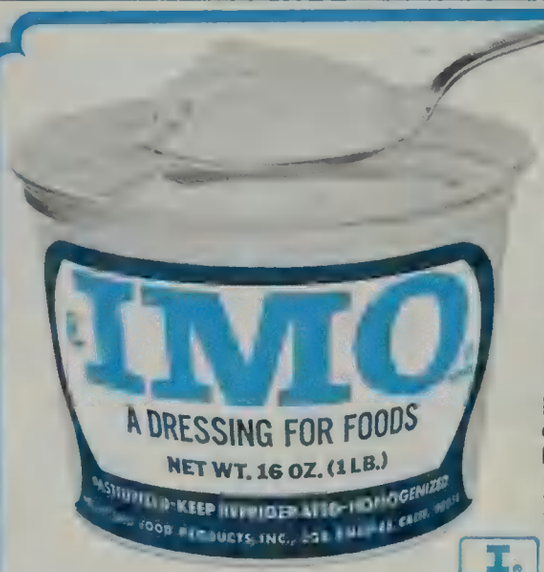
Flint cookware has a special sealed-in heat core sandwiched between two layers of gleaming stainless steel, to cook faster and more evenly. Flint covers are self-basting. And Flint's specially designed rims allow cooking vapors to form a vacuum seal between cover and pan that locks-in food flavor and nutrition. So you can cook with less water at lower heat. And get the vitamins you pay for.

Shown, 9-piece set: 1-, 2- and 3-qt. saucepans with covers, 6-qt. covered saucepot, 10-in. open skillet. A most welcome gift. Also available in 7-, 10- and 12-piece sets. 28 open stock items priced from approximately $8.95. All Ekco Flint cookware carries Ekco's exclusive 15-year guarantee.*

EKCO®

*Ekco Flint cookware guarantee: If this product fails due to defects in workmanship or material within 15 years, return postage prepaid and Ekco, at its option, will replace or provide equivalent substitute at no charge.

Send for Ekco's free booklet *"The use and care of fine cookware."* Write Dept. S1503, Ekco Housewares, Franklin Park, Ill. 60131.



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Offer expires: April 30, 1972

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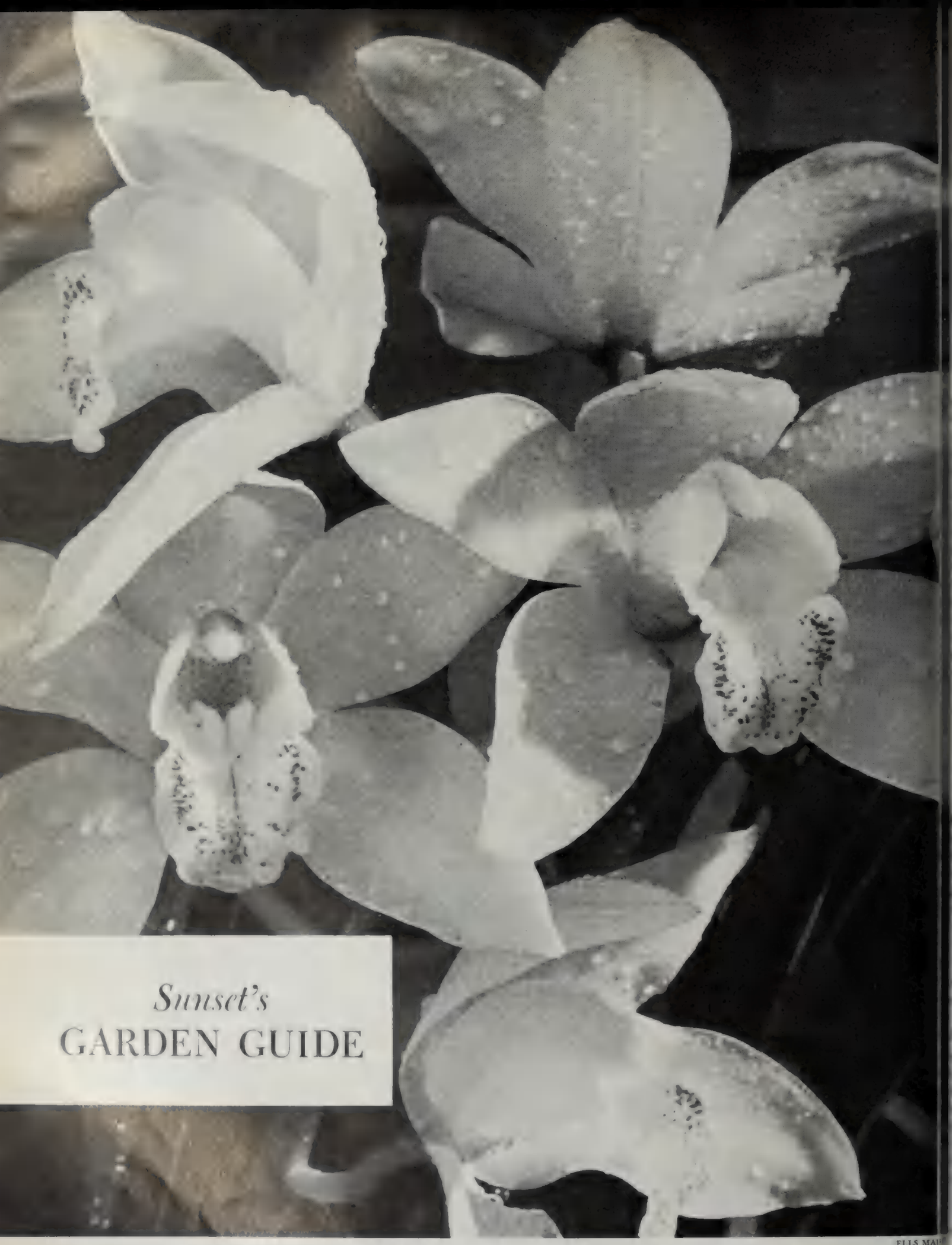

Sunset's GARDEN GUIDE

ELLS MA

Orchids outdoors in the rain

Last March rain sprinkled these cymbidium orchids. Hardy enough to grow outdoors in mild-winter areas, these are in a protected patio. Flowers are white, have red-spotted center petals; other varieties are red, yellow, green, brown

ARCH IN YOUR GARDEN:

It's a month to watch your chances, take some risks

ıng planting season usually arrives ard the end of this month but it is rdy, irresponsible traveler. Hope that ɔesn't miss connections and decide to south for a while longer.

ɔd gardeners know that they have to lexible to take advantage of the op- tunities that March offers. If the tem- ıtures stay low, they can finish dor- ıt pruning and spraying. They can start seeds indoors for transplanting ɜn the weather warms up. (Gardeners old-winter areas should wait until late ıe month to do this.)

the temperatures become warmer, t preparing the soil for planting, set- out plants, and pulling weeds. rmer weather also means that it's ɜ to start the annual ritual of fertiliz- and watering the lawn. Of course, rains may take care of the watering you.

ıpdragon time

pdragons have a name that conjures sion of fire-breathing beasts, but they ke a lie of it in your garden. They are ıally tame dragons, colorful and easy row. They range in size from 8 inches 3 feet tall, but they all grow best in ı soil in a sunny location. You can t them indoors from seeds this month old-winter areas, but in mild-winter as you should set them out from flats v. They don't do well in hot summer ıther, so get them off to an early start.

ɔng with old favorites, look for one standing variety that's new this year: per Pink.' It's a bellflower snapdragon he throat of the flower opens wide ead of the lower petals forming familiar jaws. It bears ruffled pink vers on 3-foot-tall spikes, resists wind t rain damage, and makes good-look- arrangements indoors.

chids outdoors?

t all orchids like a greenhouse. The ds called cymbidiums (shown at left) fer cool night temperatures in the ge of 45° to 50°. In many places, in fact, you can grow them outside. They'll probably thrive if you give them a protected garden spot, one that has partial shade, little wind, and hardly any frost.

Junipers like it high and dry

Junipers are popular shrubs, but they can have a lot of problems if they aren't planted right. Follow these suggestions at planting time and you'll have a lot less trouble:

Prune or straighten roots that are growing in circles or are kinked when you take the plant out of the nursery container. Take particular care with roots growing in circles around the trunk. If you let them grow that way for long, they might kill the plant.

Plant junipers in the driest and best drained places in your yard. Don't put them in depressions or on lower slopes where they'll catch the runoff from a heavily watered lawn. Plant high so that the water drains away from the main stem; that will prevent rotting caused by water molds. In the summer and fall give very little water, since roots are sensitive to rot at that time.

The saucer hangs . . . not the pot

Hanging saucers have two things going for them. They let you switch potted plants around easily. And they also make the job of watering potted plants around a patio less messy.

To change plants, all you do is lift one potted plant out of the saucer and replace with another. You'll appreciate that when you want to rearrange a patio's plants or alternate seasonal blooms.

Hanging saucers reduce the mess of watering because they catch surplus water from the pots instead of letting it run down and splash and muddy up furniture and paving below.

It's not hard to make a regular saucer into a hanging one. Use a masonry bit to drill three holes equally spaced around the sides of the saucer. To do the drilling, turn the saucer upside-down and set

DON NORMARK

Hanging saucer *lets you switch potted plants around quickly. Here, a maidenhair fern moves to a new location. Saucer hangs on chains with S hooks fitted through holes drilled under rim*

Sunset's GARDEN GUIDE

Seat *from stool makes turntable to prune branches of fuchsia in hanging pots. Cut branches back to rim of container. Final steps: Shake most old soil off root ball, put plant back in pot, add fresh potting mix*

ELLS MARI

it on a piece of scrap lumber. Drill the holes at an angle just beneath the rim. You may have to bend open the S hooks to get them in the holes. Attach three chains of equal length (one for each hook) to a chain hanging from some convenient spot.

As a precaution, put some pea gravel in the bottom of the saucer. That will keep the plant from standing in a pool of water if much moisture drains out of the pot.

Revitalize your fuchsias

Fuchsias that have been growing in the same containers for many years may not have bloomed last summer the way they once did. If that happened, they are ready for the drastic rejuvenation you see above and at right.

Wait until the danger of frost is past, then you can safely prune. Cut back all the branches to within an inch of the edge of the container. Flowers will bloom from new growth, so don't be afraid to cut back last year's growth. When you are finished trimming, the branches should look like the ones in the lower picture.

The next step is to remove the whole plant from the pot. Knock the sides of the pot to loosen the dirt. Lift the plant out with the dirt ball attached, then pry off as much loose soil with your fingers as you can. Try not to tear off the roots. The dirt ball should be a third to a half its original size. Put new soil mix in the pot to replace the dirt you scraped off. (A good mix consists of equal parts of garden soil, peat moss, and well-rotted manure.) Water well to finish.

All-America flowers and vegetables

Four flowers and three vegetables won All-America Selections for 1972. The winning flowers are these:

'Carved Ivory' zinnia. It bears large, double, ivory-colored flowers. These F_1 hybrid plants stand 2½ feet high with flowers up to 5 inches wide. Flowers are the cactus type, with petals that are soft and curled, not flat and stiff.

'Circus' petunia. It has large double flowers that bloom early. The overlapping petals are white with a deep salmon center. A compact plant less than 2 feet wide and 1 foot tall, it is good for planting in containers or for massing in beds.

'Gold Galore' marigold. This is a semi-dwarf, hedge-type F_1 hybrid. A single plant may have as many as 25 blooms at one time. Flowers are large, full, and gold colored. Plants grow vigorously and withstand strong winds and rain.

'Summer Carnival' hollyhock. Unlike old-fashioned hollyhocks, it flowers from seed the first year. And then it lasts through winter and blooms in following years. The flowers have a single row of guard petals around the double centers. Colors include pink, rose, scarlet, white, and yellow. Plants grow 5 to 6 feet tall.

These are the winning vegetables:

'Red Head' cabbage. This F_1 hybrid cabbage produces a dark red compact head with uniform leaves and good flavor. It's good for salads and for cooking.

'Ruby Ball' cabbage. This F_1 hybrid is an early red cabbage. Its features include tolerance of high temperatures and a ball-shaped, 5-pound head with a short, solid core and sweet flavor.

'Victory' cucumber. This one is noted for its resistance to the many diseases that plague cucumbers: powdery and downy mildew, scab, mosaic, leaf spot, and anthracnose. Its resistance gives it a wider range of use in different climates. It's hybrid cucumber that produces mai female flowers, which makes for a hea yield. It has excellent flavor, and is cri and firm with a dark green color—fi for slicing.

Head start for melons

March is a good time to start can loupes and other melons in mild-win areas of northern California. (Wait month to do this in cold-winter int mountain areas.) By starting now yo have transplants ready to go outsi when the weather gets warmer. (Melo need all the months of hot weather y can give them.)

Use pots made of pressed peat m rather than clay. Peat pots reduce t shock of transplanting. Roots from t seedlings will grow right through t side of the pots when you plant them the ground.

Fill the pots with a soil mix of eq parts sand, peat moss, and loam. S

Chiffon® lets you choose sides.

(Now it's easy to mix and match your bathroom decor.)

Each colorful box of soft, strong, Chiffon facial tissue gives you more than one color. The top, sides and end panels are different shades of blue, green, pink, yellow and orange. Which means you can match the decor of your bathroom — no matter what your basic colors happen to be. Thoughtful? Yes — and so is the easy-on-your-fingernails pre-opened top. The protective polywrap lets you see exactly what color tissue you're choosing. Next time you're shopping choose sides, choose Chiffon facial tissue.

three seeds in each peat pot. Cover the seeds with an inch of soil mix. Keep the soil moist, but don't let it get soggy. Put the peat pots in a flat and put the flat on a windowsill in a warm room.

When the first true leaves of the seedling form (the stage shown in the photograph), pinch off the weakest looking seedlings, leaving only one strong one in each pot. When the weather is warm and the danger of frost is past—mid-April to early May—you can move the seedlings outside. Plant them, pot included, in the ground; each one should go on top of an irrigation furrow.

If the nights are still cold when you put the pots outside, cover the seedlings with waxed paper plant caps. Remove the caps by tearing off little pieces of paper each day until they are gone (about a week). This helps the young plants get accustomed to the cold night air.

NORMAN A. PLATE

Starting melons indoors. *Plant three seeds per peat pot (above). At right, four weeks later, one, two, or three plants sprouted per pot. At this stage, remove all but one strong seedling in each pot*

Planting where brush fire's a danger

The months of late summer and ea autumn are hot and dry in northern C fornia. It's a time of severe fire dan in areas that get little summer rain, es cially in brushy country. Landscap around homes in such places calls careful planning. Sometimes it's wise to plant anything. But if you intend to some planting now, follow these gene rules for the most effective protectio

Plant thick hedges to serve as scree to keep the heat from a fire away fr buildings. Keep the hedges at least feet from the nearest building.

Plant lawns, succulent ground covers other low plants around all structur It's particularly important to do this high hazard areas, such as in canyo and in areas surrounded by thick fores Don't use California native plants t won't tolerate summer watering (such some ceanothus and manzanitas).

Plant trees and shrubs at least 6 f from buildings. This stops fires fr jumping from plants to buildings. It a makes litter less likely to clog gutte improves air circulation in the yard, a gives cooling shade to the walls duri the warm months.

Leave a big space between shrubs a trees. Maintaining a distinct break tween low-growing plants and tall tre helps to prevent the spread of fire to t tree tops.

Install a high pressure sprinkler syste if you can. Whether you do or not, ke all plants watered well. Unless plan have plenty of water, they cannot ser as a barrier to fire. All plants can igni but well watered ones resist burni longest. When the humidity is low a strong winds are blowing, it is very i portant to water regularly.

MARCH CHECK LIST: *Here is what needs doing*

☐ **Azaleas and rhododendrons.** Nurseries bring out the blooming plants this month. Feed your plants with an acid-type fertilizer when blooming ends.

☐ **Bulbs, corms, tubers.** Start begonias in flats filled with leaf mold now. Transplant the tubers to pots when first leaves open. Pot in mixture of equal parts peat moss, leaf mold, sand. Continue to plant gladiolus through this month. Also plant other summer-blooming bulbs such as cannas and tigridias.

☐ **Camellias.** Pick out late-flowering kinds this month. Apply an acid-type fertilizer to plants finished blooming. Remove faded flowers, and replace mulch around plants to prevent camellia petal blight.

☐ **Landscape planting.** This is one of the best months to plant ground covers and native shrubs. In fact, you can plant anything except tender plants that would be harmed by a light frost.

☐ **Lawns.** Start feeding and watering established lawns regularly. In March, April, and May cool-season grasses (bent, bluegrass, fescue, rye) reach their peak. Feed with a high-nitrogen fertilizer. Seed bare spots, but wait for heavy rains to end before seeding new lawns.

☐ **Pruning.** Finish pruning deciduous trees, shrubs, and roses. Wait to prune frost-damaged plants until after last frost. Don't discard plants that are apparently frozen; they may yet show new growth.

☐ **Roses.** Feed established plants now with a complete fertilizer; wait to feed new plants until next year. Renew mulch: Place a 2-inch layer around the base of each plant but keep it 4 to 6 inches away from the main stem.

☐ **Spraying.** Apply a dormant spray to deciduous plants if you didn't do it earlier. Don't spray if the buds have started to open.

☐ **Watering.** Remember to water containers and beds under overhangs. Keep soil around newly planted bare-root trees and shrubs moist. As rains end, don't let more than the top inch of soil dry out. □

No woman with an oven should be without this book.

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ELLS MAR

Flowers *of commonest tuberose variety, 'The Pearl,' are 2 inches wide*

The most fragran imaginable?

A generation ago any good garden would have recognized a tuberose; tod it is a rather scarce plant. It's hard to s why. Their flowers are still just about t most fragrant imaginable. Possibly t very strength of the fragrance has giv them a bad press.

The fragrance is powerful, but it's a mi take to call it sickly sweet, as some pe ple do. It could be oppressive in a stuf room, but in the garden or in an ai room, the fragrance is merely opuler something like gardenia but with musk rather than fruity overtones.

The flowers are white, fleshy, double the common variety 'The Pearl,' single. The spikes are 2 to 3 feet tall, ar the clumps of broad, grasslike leaves a grayish green.

Tuberose is easy enough to grow, b good bloom is more difficult to achiev It needs warm weather over a long p riod. It also needs fertile soil, preferabl slightly acid in reaction. While activel growing and blooming, it needs plent of water along with good drainage.

Light requirements vary. In the hotte desert climates, flowers last longer given some shade, and tuberose will to erate light shade almost anywhere. I cool summer climates give it warmth.

If you want to have tuberose in the fo belt, plant it in a sun trap—a warr corner out of the wind where it will ge sun plus reflected light and heat from

(Continued on page 212

New idea from Formica!

Don't just build a new home or remodel... renew your environment.

Formica introduces a new concept of indoor living. We call it the Formica Environment. Where smart design is practical too. Think of how great Formica® brand laminates are on kitchen work surfaces. . .then think of how great they would be throughout the home! Walls, doors, cabinets . . . you'll find dozens of places in your indoor environment for this remarkable surface that wipes clean in seconds, stays beautiful for years.
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But don't let its nice lemony smell fool you. Lemon Fresh Dow Oven Cleaner works so hard, it's the next best thing to a self-cleaning oven.

**Results of Consumer Panel tests available on request.*

"Lemon fresh Dow Oven Cleaner works so hard, it's the next best thing to a self-cleaning oven."

William L."Buzz"Nelson.
Head of Consumer Products,
Dow Chemical Company.

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west or south wall.

There's a reason for bringing up th heat-loving plant so early in the year. takes several months of warm weath to come into bloom, so start tubers no If soil and air are reasonably warm, they can be in the low desert and pa of Southern California, plant tubers ou side now where they are to grow. Be su the tubers you buy have healthy gre growing tips. Plant 1 to 2 inches dee 8 to 12 inches apart.

If you have a greenhouse or can mal room for a few pots in the house, pla tubers in pots (from 1 to 3 to a 6-inc pot) and set growing plants out whe the weather warms up. Or start tubers flats of peat moss or soil as you wou tuberous begonias, then set out. Wi good care and a break in the weathe these will bloom in about four month To prolong bloom, set some dormant t bers directly in the ground when you s out your growing plants.

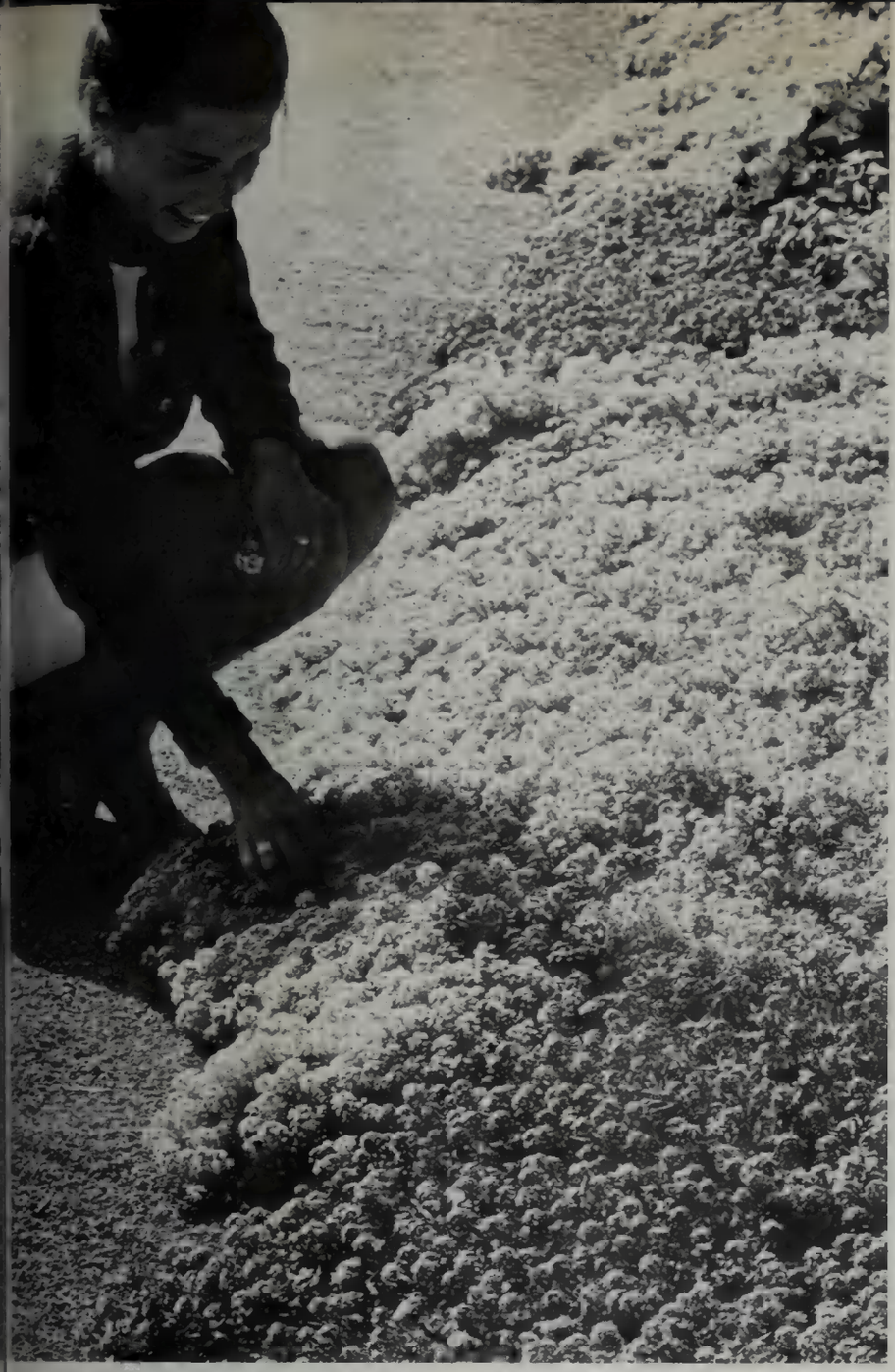
The plants in the accompanying pictur

ELLS MARI

Spikes *of white, fragrant tuberose flowers 3 feet tall in redwood box*

were grown in gallon cans. Tubers wer planted in April and plants bloomed a the end of July. The cans were set in th box when plants came into bloom an their tops masked with a layer of coars ground bark. Growing in this way make sense if you want to feature tuberose but don't want them to take up spac when they are not in flower. Remov cans after bloom and keep plants grow ing until leaves begin to wither.

In cold-winter climates, dig and stor tubers in a warm, dry place after th leaves have faded or been nipped b frost. Where winters are mild, plants car stay in the ground for three or four year before you dig and divide them.



White, *purple sweet alyssum planted in March (from flats) bloomed into fall*

Color plants with small faces ...here are ten

NORMAN A. PLATE

Ageratum *'Blue Mist,' 6 inches, blooms summer to frost. Other choice dwarfs available*

Signet marigold's *single, 1-inch, golden yellow flowers solidly cover 1-foot plant*

The increasing popularity of dwarf and semidwarf annuals is right in line with the trend toward smaller gardens. But these low-growing plants are by no means limited to small gardens; whatever the size of your garden, they're ideal for edgings, curb or parking strip plantings, temporary ground covers, rock gardens, raised beds, containers and carpets under large container plants.

Check the following partial list if you're in the market for dwarf, compact, free-flowering, summer-blooming annuals (several continue into fall). In milder areas some are already available in flats or packs at the nurseries; heat-loving kinds will come along in a month or two. If you live in a cold-winter climate, there is still time to sow seed (indoors) of several annuals listed below; or place your order for plants ready to set out when frosts are past and soil is warm.

Ageratum. It blooms in various shades of lavender-blue. At *Sunset,* the ageratum shown below still bloomed in pots in late January. Sun along coast, filtered shade in warm interior.

Sweet alyssum. Dwarfs come in lavender, purple, rose, white. Sow seed in place or set out plants. Full sun in coastal areas, light shade where warm.

Bedding begonia. Dwarf and intermediate varieties come in pink shades, rose, red, white; white or bronze foliage. Full sun near coast; partial shade inland.

Sweet William (Dianthus barbatus). 'Wee Willie,' 3-inch dwarf, has dense clusters of single flowers in mixed colors. Full sun.

Impatiens. Dwarf and semidwarf varieties are available in scarlet, crimson, rose, pink, orange, salmon, white. Unsurpassed for summer-fall color in shade.

Lobelia. Dwarf, compact varieties are sold in light, medium, and dark blue and white. Best in sun along the coast; filtered shade inland (takes sun if watered generously).

Marigold. Many dwarf and semidwarf varieties come in orange, yellow. 'Nugget' marigolds especially vigorous, blooming freely and continuously until frost. Signet marigold (*Tagetes tenuifolia*) (below, at left) is little known but very worthwhile. Full sun.

Petunia. Among lower-growing varieties, 'Popcorn,' with large white flowers, is a leading favorite. Full sun.

Phlox (P. drummondii). Dwarf forms, all in mixed colors, include Globe mixture; 'Twinkle,' small star-shaped flowers; 'Nana Compacta.' Full sun.

Snapdragon. 'Floral Carpet,' 6 to 8-inch dwarf; 'Little Darling,' 12 inches; and 'Promenade,' 12 inches, all come in mixed colors and are bushy and free flowering. Full sun. □

Sedums are great if you don't give them too much room

Mound *is covered with Sedum confusum in bloom (yellow flowers)*

WILLIAM APLIN

At far left, *a single plant of Sedum rubrotinctum ready for planting. It was planted in May. The other picture shows how big such plants become by the following winter*

All of the little succulent plants on these two pages are sedums—the kinds most often used as ground covers. They stay as low as an inch off the ground, and spread fairly rapidly. As the photographs show, they offer quite a variety of textures and shapes, from the fat, nearly round little leaves of *Sedum rubrotinctum*, to flat, wide leaves of *S. spurium*, to the skinny, needlelike leaves of *S. lineare*.

Some of these sedums put out clusters of tiny flowers in the spring and summer. But the best color is in the shiny leaves. They can be all tones of gray, green, and red. Some even change color, going from green in the summer to red in the winter.

Best in small areas

Unlike most plants used as ground covers, the sedums are best in a smaller area —something about the size of a living room rug, or smaller. They're just not reliable enough to completely cover a large area.

They can't take any walking on; even dogs crush or break the brittle stems and leaves. And, they're relatively slow to fill in, which creates trouble when they have to compete against quick weeds.

In a small-scale planting, sedums are less likely to develop their one major problem: the holes and dead patches that show up a few years after the plants have become established.

These holes in the ground cover are usually caused either by too much care or too little water. Sedum roots are very close to the surface, often growing above ground, and if these roots stay damp for long they become susceptible to a fungus and rot.

And sedums aren't cactus. They can't store moisture in their succulent leaves for long periods of time, so they need regular watering. Let the ground completely dry out between waterings. Sedums also need feeding, so every few months give them a good complete fertilizer.

If all else fails and patches of sedum die out, you can easily replant small areas. Cut off sprigs from established plants, stick them in flats or pots of soil mix, and transplant them when they form roots.

How to plant

Sometimes the reason sedum fails is that it was planted in the wrong spot. In a clayey, slow draining soil, water is going to stay there long enough to start root-rotting fungus. If you have kind of soil, you can solve the prob by adding a soil amendment to speed up drainage.

If soil improvement alone doesn't w you can plant sedum in a raised be on a mound. Sedums do especially on slight slopes. Don't make the s or mound too steep or you'll trouble watering in the summer.

You can plant this month and the se will get established before the weather comes. Plant individual sp of sedum (as in the photograph a at left) about a foot apart. It may as long as a year for the sedum to co so you'll have to do some hand wee in the meantime. Feeding will help h along the planting.

What sedum, where?

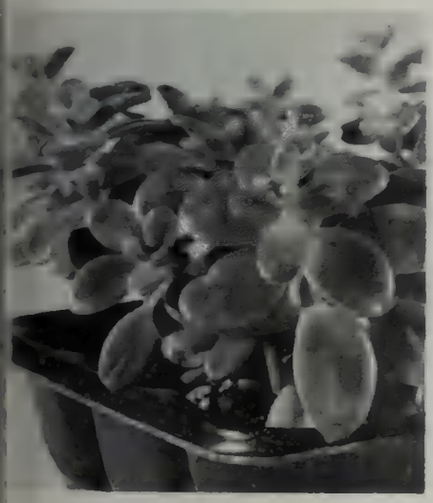
Sedums are some of the succulents concerned with temperature. There sedums that grow in the cold of Northwest and some that grow in heat of the desert. Sedums are som the succulents you're likely to find g ing wild in mountains as high as th erra Nevada, where they get buried der snow.

DARROW M. WATT

Sedum anglicum. *Small dark green leaves. Grows about 2 to 4 inches high. Has pink or yellow inconspicuous flowers in spring*

Sedum brevifolium. *Dark green with reddish tips. Very low growing. Flowers, pinkish to white. Shear them after bloom*

m confusum. *Taller than most, ıg up to a foot high. Large w flower clusters, light green s. This one is very popular*



Sedum dasyphyllum. *The smallest, with tiny blue-gray leaves closely packed on stems. Dense, makes one of the neatest ground covers*

Sedum lineare. *Quick spreading, although a little coarse. Dark green leaves and a profusion of yellow flowers in spring*

n moranense. *Greenish leaves, ıg to red in sun or cold ıer. Low growing, neat, has ? white flowers*

Sedum oaxacanum. *Takes poor soil, spreads slowly. Plump little reddish green leaves, yellow flowers in the spring*

Sedum spurium. *Barely peeping over top of pack, this one grows very low, with deep red, almost flat leaves*

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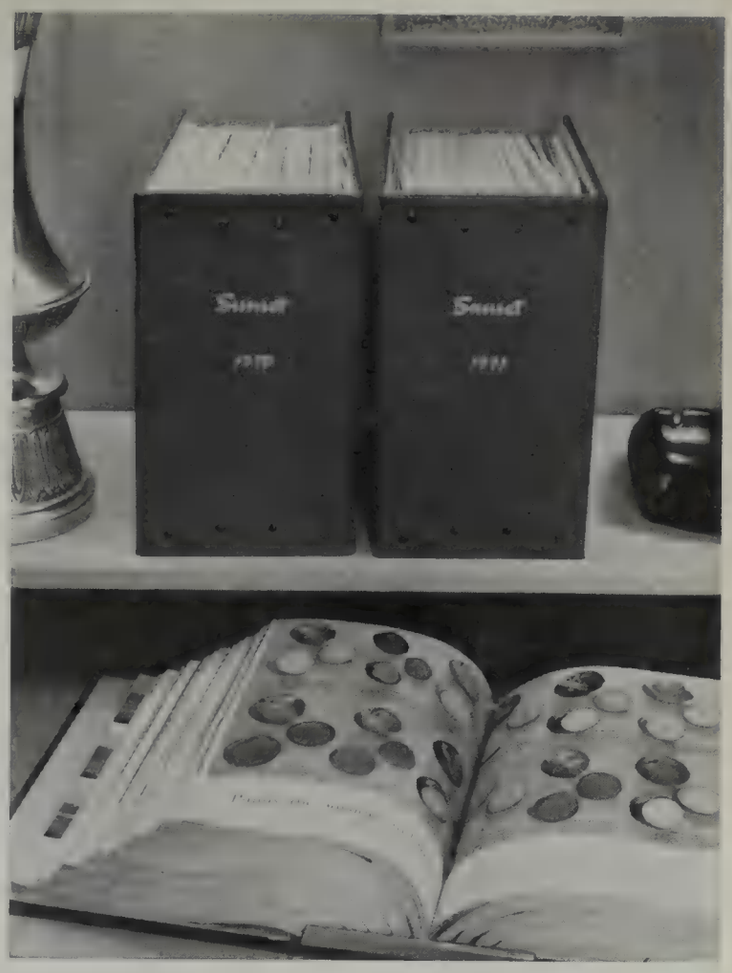

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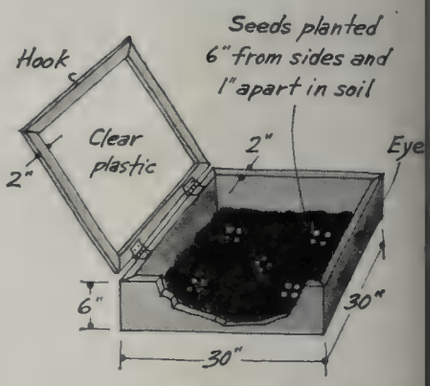

Small *coldframe let you sow melons early avoid transplanting*

Melon growers who garden in the N west, the interior states, and in elevations of California and Ar usually must try to crowd the c long growing season into the li time they have between spring's frost and fall's first. Here's a w lengthen the growing season for me

The individual coldframe gives protection and eliminates setback c when seedlings are started indoor later transplanted.

Make the frames and covers as sho the drawing above. Attach the c with hinges and a hook and eye to them in place and to retain heat.

Prepare beds about the size and sha the frames. Dig a hole about one sp depth. Fill the hole slightly higher the original ground level with a mi of the removed top soil, compost, and well rotted manure. Place frames over the beds and push about 1 inch down into the soil s they stay in place. Soil surface s be about 5 inches below top of the fr

Plant your seeds, 15 or 20 to each f by mid-March. Place them far er from the edges so they won't be sl by the sides. Thin out spindly seed

Keep the bed moist and covered, e on warm days, when you should pr cover up about 4 inches to permit a culation. Close it again before th becomes cold in the evening.

When all danger of frost is past, re the covers permanently. Mulch the with aged manure and compost an them plenty of water. As they s outside the frame, do your wateri side the frame to keep the ground the melons dry.

ıe Toyota Land Cruiser could probably sell ,elf sitting at a curb. It looks massive, most indestructible. The solid steel front ımper. The skid plates underneath. The ıamps that hold the hood secure. The nuts. ıe bolts. The cotter pins.

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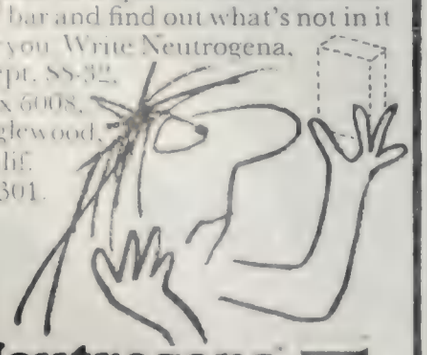

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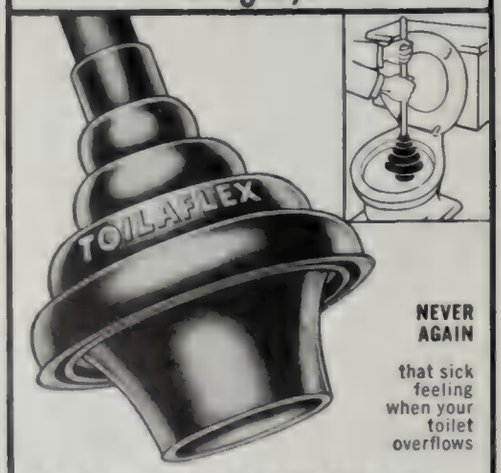

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Here are March garden events

San Francisco. March 2, 9, and 16. C cluding Thursday sessions of the do lecture series. Place: Hall of Flo Golden Gate Park, Ninth Ave. and coln Way. Hours: 10 A.M. to noon. mission: $3 a lecture. Subjects: Mar succulents; March 9, Compositae Leguminosae plant families; March 6 wildflowers of California.

Sacramento. March 3 through 12. E eenth annual Camellia Festival. Fo formation, write to Camellia Fes Assn., 927 10th St., Sacramento 95 Featured will be a show by Camellia ciety of Sacramento on March 4 an

San Rafael. March 8. Guest day prog on container gardening for color s sored by the Peacock Gap Garden C Place: Peacock Gap Country Club. T 11 A.M. Donation: $1.

Sacramento. March 17, 18, and 19. S presented by the Sacramento Orchid ciety. Place: Florin Center Mall, Florin Rd. Hours: 10 A.M. to 9 P.M. day; 10 A.M. to 6 P.M. Saturday; 11 to 5 P.M. Sunday. Free.

Oakland. March 18 and 19. Show s sored by the Northern California D dil Society. Place: Lakeside Park Ga Center, 666 Bellevue Ave. Hours: 5 P.M. Saturday; 10 A.M. to 5 P.M. day. Free.

Healdsburg. March 25 and 26. P Blossom Tour sponsored by the Cha of Commerce; map available at o 217 Healdsburg Ave. Free.

Redwood City. March 25 and 26. S sponsored by the San Mateo Co African Violet Society. Place: Ho Johnson's, Bayshore Freeway Whipple Ave. Hours: 2 to 9 P.M. S day; 10 A.M. to 5 P.M. Sunday. Free

Graton. March 28 and 29. Flower s presented by the Graton Commu Club. Place: Community Clubh Hours: 10 A.M. to 9 P.M. Tuesday A.M. to 4 P.M. Wednesday. Free.

Oakland. Late March or early April pending on the weather. Fifth an tulip display at the Mountain View C etery, 5000 Piedmont Ave. Hours: light hours every day. Free. For info tion, call the cemetery at (415) 658-2 A map of the grounds showing the beds, more than 40,000 tulips in bl and the varieties blooming in each is available to visitors.

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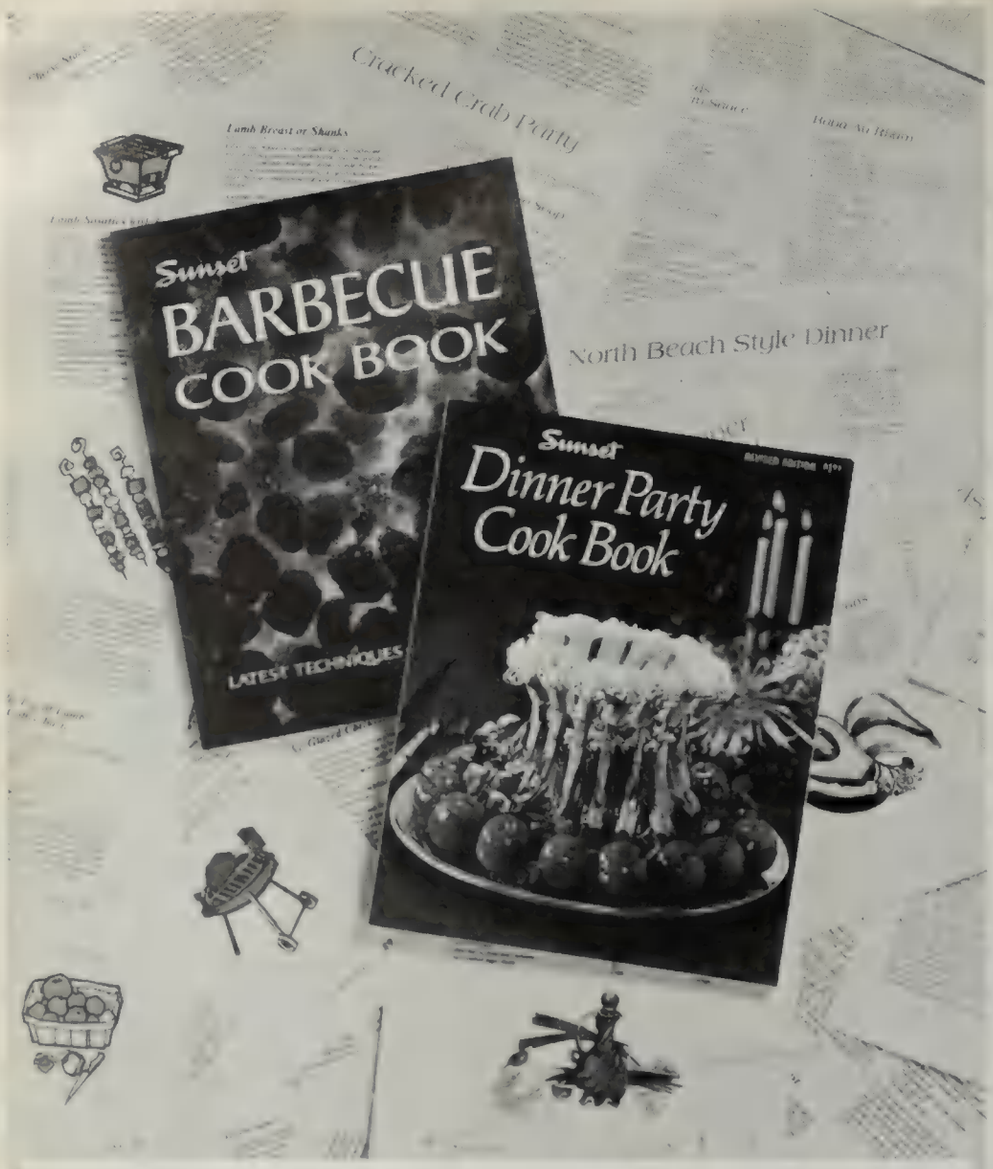
t discount available in most states. For the name and address of the dealer nearest you, call 800-243-6000. In Connecticut, call 1-800-882-6500.



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Newly revised to fit our $1.95 format, these two popular Sunset cook books are now available at your favorite book dealer. The Sunset Barbecue Cook Book is intended to provide the barbecue chef, both novice and expert, with the necessary technical information and tested recipes to make barbecuing easy and successful. The technical information includes tips on firemanship and the use of various types of barbecues and equipment. Included are recipes for beef, lamb, pork, variety meats, game, poultry, fish, sauces, marinades, and side dishes. The objective of the Sunset Dinner Party Cook Book is to make entertaining as enjoyable for those who are giving the party as it is for the guests. Preparation, serving techniques, and organization tips are suggested for each dinner. Many can be prepared partially or entirely in advance of the party. The menus fall into five central themes: serving large groups, creating special holiday menus, entertaining small intimate groups, putting on a buffet, and cooking with an international flair.

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NORMAN PI

Nine *little plants of chamomile grow in t trowel slice being lifted from nursery*

This ground cove brews a tonic

In a month or two (after peaches bloo it's going to be the favored time to pl ground covers. Meanwhile, here's o for you to get acquainted with at nu eries or in friends' gardens. Whene you get the chance, pet it, feel it, pin it, and smell it. The plant is chamom

If you like its sweet pungent smell, crisp mossy texture, and its grass gr color, find a place and plant it. The a legend that all plants in a garden k healthy if chamomile grows in it, so y might look extra hard for a plant place. Just a square foot or two wo be enough for a minimum planting— tween steppingstones, along a walk, at the base of a sunny wall.

Or you could give over any larger sur ground cover spot for it—on a slope flat. Plant the individual plants 9 to inches apart.

Chamomile grows matlike from 3 to inches high. You can mow it like a la if necessary in its later life to keep from getting rangy or to make it put fresh growth again.

When summer comes, chamomile gro little yellow buttonlike flower hea You can just leave them, or shear mow them off if they annoy you. harvest them and try your hand at herbal business. Chamomile tea is su posed to be a tonic. It's made from flowers. If an experienced chamomile brewer would care to write to *Sunse* Garden Editor before June and give tailed harvesting and brewing directio for first-class chamomile tea, we mi publish the directions this coming su mer when the flower heads are ready

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For '72... All new from the lawn up.

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Hose guide *atop retaining wall has plastic rollers to make it easy to drag hose around corner*

DON NORM

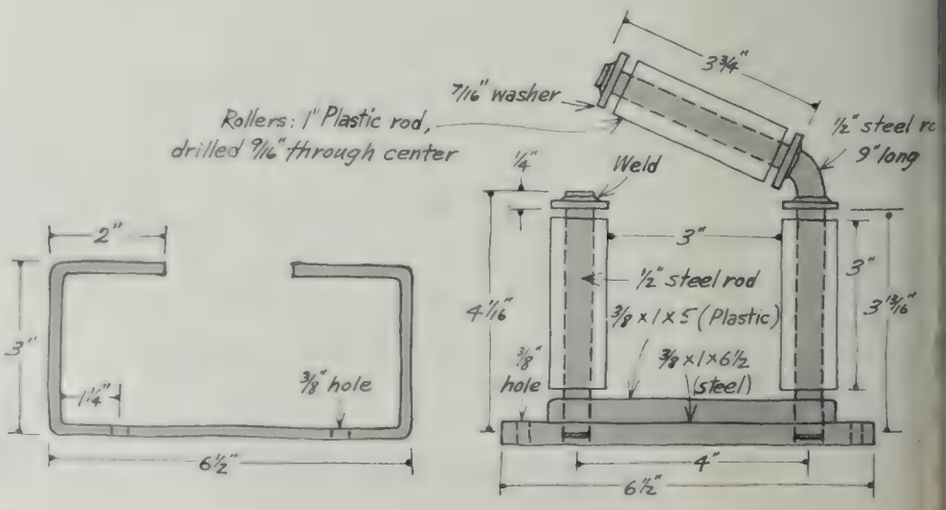
Hose steering system reduces plant damage, eases hose dragging

Simpler *guide steers hose to planti along rest of wall's len*

When you drag a watering hose through a garden you can knock down a lot of plants if you aren't careful. This system of guides protects plants by leading the hose around a corner, onto the cap of a raised bed, and then down its whole length. It's in the prizewinning garden of Laine J. Ainsworth (page 66).

The hose guide at the end of the retaining wall (large picture) is equipped with rollers, which allow you to pull the hose around a corner without scraping it. The rest of the hose guides along the retaining wall don't need rollers because you pull the hose straight through them.

The U-shaped guides are simple to make. Just bend half-oval steel bar into shape and drill two screw holes to hold it in place. The roller guides are made of steel rods, steel bars, and washers. The rollers themselves and the cushion are acetal plastic. You can have the washers welded at a shop. □



Photographed by Leon Kuzmanoff

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North and South, East and West, Young and Old, Rich and Poor,
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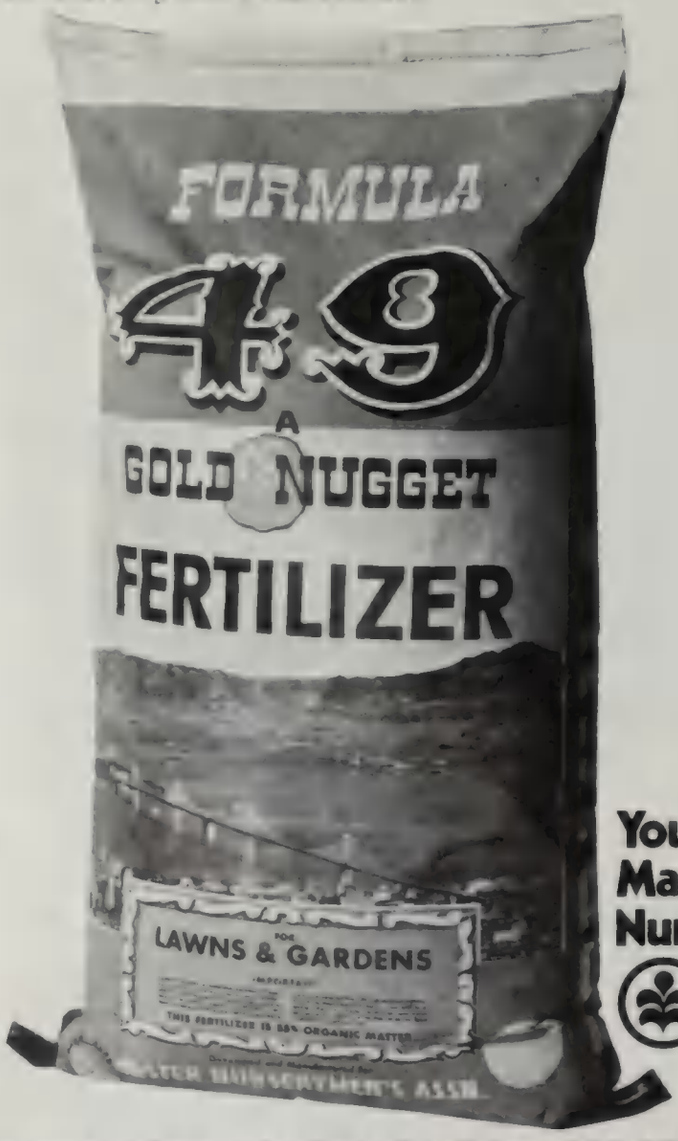

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Twenty-one crops in a 10-by-30 plot

Much of the fun in gardening is
new plants and different meth
growing them. Mr. and Mrs. Joh
gow of Lakeport, California, mar
do both in a small vegetable plot
methods and some of their
crops are shown and described h

Tricks to get more from a small

To produce as much as possible
10-by-30-foot vegetable plot, the
gows begin their spring sowing i
make rows close together, maint
plants with space conservation in
and make a second planting in fa

Mrs. Seregow starts the garde
by sowing Swiss chard, eggplant
garian and bell peppers, and r
yellow tomatoes indoors in the
After danger of frost has passe
transplants seedlings into the
and sows green and yellow bush
beets, three kinds of lettuce, onio
radishes outdoors.

Rows are about 8 inches apart f
compact plants, 10 to 15 inches
for bushier plants such as tomato
root crops and lettuce grow i
rows about 4 inches across and

Plant *small Jerusalem artichoke tuber now to produce an edible clump like this by next winter*

an open-ended box over rhubarb ce long, tender stalks

ly sown. She uses the strongest s as soon as they reach edible size, ng the smaller plants time and space ature.

keep unusually large bush beans and easier to pick, Mrs. Seregow a ladder on its side between the and ties them to it. To save ground , she stakes and ties her tomatoes idually and pinches off the lower s.

ave cultivated, fertilized land for crops, she plants cantaloupes, sh, and cucumbers—all big space- s—at the edge of her plot, then wire arches to direct their vines the grassy land next to it.

Seregow gets celery and chard to uce for two years. She twists off the de stalks to use, leaves the inside to maintain the roots, and removes r stalks and discolored leaves. A carton with the ends cut off placed celery blanches the stalks and

35 coughs a mile

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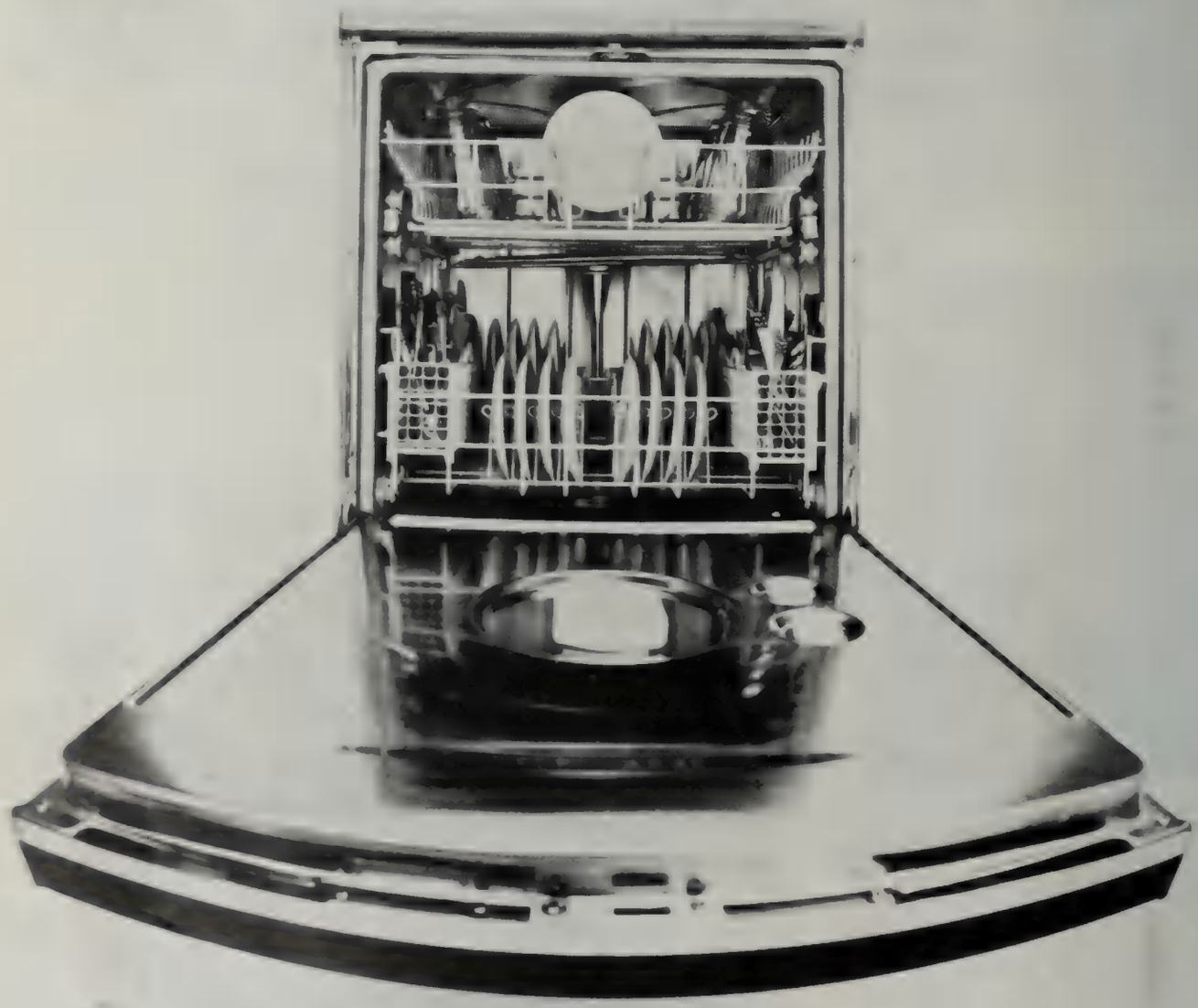

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Guide *cucumbers with wire rches to save space for other crops*

them less stringy. A few inches of ide holds the carton in place.

ends the harvest through the win- replacing consumed or spent with broccoli, turnips, and a sec- lanting of beans, carrots, and early in the fall.

bles used as perennials are l separately or to one side of the le plot, so that their roots aren't ed as annuals are replaced. Weed- usalem artichokes go into a sepa- ea where they won't choke out rops.

eregows converted their heavy, dirt into a rich, crumbly soil able ort all this productivity by bury- it and vegetable peels in the soil ging in several wheelbarrow loads f manure, wood ash, and com- kitchen and garden wastes.

om for unusual crops

regows add variety to traditional y growing Jerusalem artichokes, dish, and paprika peppers.

em artichokes are sweet, crunchy that grow in big clumps under- , with 8-foot yellow-flowered bove ground. They are delicious r cooked as you would water ts or turnips. You can order tu- late fall or early spring from Garden Nursery, 1190 North Highway, Albany, Ore. 97321, n Taylor's Garden, 2649 Stingle osemead, Calif. 91770.

obably won't be able to grow the eppers as the Seregows do, be- heir seeds came from Hungary, you are curious about different f peppers, try sweet pimentos, ngarian wax peppers, or one of ny other kinds listed by seed s and some nurseries. □

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ACE

PLANT COLLECTOR'S CORNER

Two interesting victims of mistaken identity

WILLIAM APLIN

White *2-inch flo*
Zephyranthes candida on 6 to
stems above grassy

Neither of this month's collector's plants is new, and neither is exactly rare, although you just don't bump into them in every nursery. Like all collector's plants, each has some very special feature that lifts it above the ordinary and makes it worthy of the connoisseur's attention.

One is a bulb that produces springlike flowers in the fall. The other is a tropical vine that has left the greenhouse and gone out into the cold—to some extent. By an odd coincidence, each plant has also been the victim of mistaken identity. To help you find them, we give both the real name and the alias.

Zephyranthes or Milla?

The plant in the photograph on this page is *Zephyranthes candida*. If you like common names, call it white zephyr lily or white fairy lily. Or you can call it white rain lily; in its native Argentina the flowers appear after rains, and in gardens it often recalls this habit, flowering soon after heavy watering follows a drying out.

But don't call it *Milla biflora*, even though it may be so labeled when you buy it. There is another plant that owns that name. The true *Milla biflora* has a cluster of three to five star-shaped flowers at the top of each stalk. Stalks are 1 to 1½ feet tall and each white petal of the 2½-inch-wide flower has a green stripe on the back. Its common name is Mexican star.

White zephyr lily has a single 2-inch-long white flower at the summit of each 4 to 8-inch stalk. White petals are often flushed with pink on the back. Flowers resemble long-stemmed crocuses and have the same springtime freshness. They bloom in the fall, though, usually reaching a peak in late August, September, and October.

But they don't invariably bloom in the fall. When planted as dry bulbs in late summer or fall they make foliage during the winter and bloom in spring. And clumps will make an occasional show of bloom at almost any time of year if they are dried out for a few weeks and then watered heavily.

Although dry bulbs are available from August through December, growing plants are available the year around in pots or cans. Grasslike foliage is evergreen and has value similar to that of mondo grass in association with paving materials, boulders, and garden gravel. The best bloom will come in a sunny spot, but plants will bloom respectably if you give them light shade.

Where to buy plants

Gardeners in Southern Californi buy plants at Burkard's Nurserie N. Orange Grove Ave., Pasadena; Hessellund, Inc., 1255 Coast V Rd., Santa Barbara; Merrihew Nu 1426 Montana Ave., Santa Moni

Northern California gardeners ca plants at Carman's Nursery, 1620 zart Ave., Los Gatos; West End sery, 1938 Fifth Ave., San Rafae Berkeley Horticultural Nursery, McGee Ave., Berkeley.

Mandevilla or Dipladenia?

A few years ago nursery shoppers startled by seeing a glossy-leafed that carried clusters of big flowers

(continued on pag

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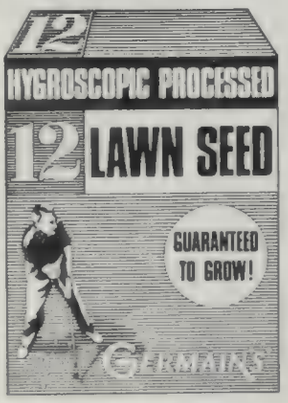

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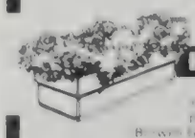

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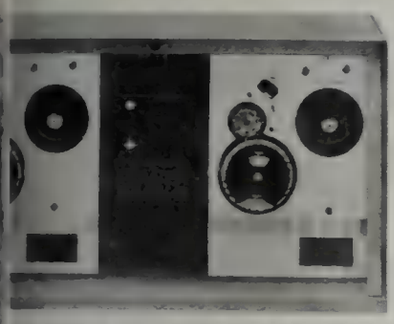

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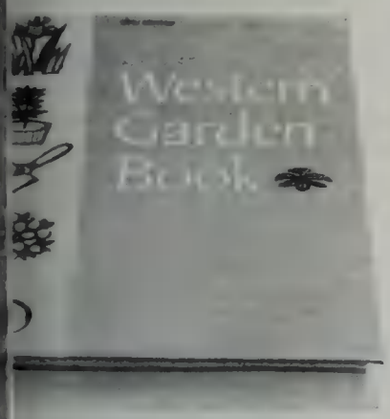

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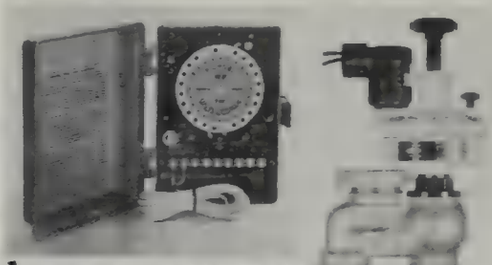

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A white, sweet corn single X hybrid, creates a sensation wherever it is served. Holds sugar long after most varieties. Approximately 90 days, 7½'-8' tall, 14-16 rows, snow white kernels, ears 8"-9" long, very sweet, extremely tender. Package plants 10-12 20' rows. 3 oz. packet postpaid $1.00, 2 for $1.90. Others: Golden Jubilee 87 days, Golden Earlipak 73 days. Priced as above.

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With a Kemp Shredder you can turn all your garden trash and other organic matter into superior mulch to protect plants and keep your garden neat, or make rich compost and humus, nature's fertilizer, to feed plants. There's a guaranteed Kemp Shredder for all gardens. Write for free folders, easy terms.

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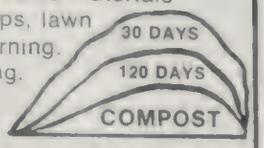

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purest possible pink, shading to cr
enhanced by a touch of yellow
throat. What was most surprisin
that even small plants in 4-inch po
fants less than a foot tall, were in b
What was it?

Some growers called it *Dipladenia*
dens, others *D. amoena.* After co
able study scientists at Longwood
dens in Delaware, where the pla
first grown (in a greenhouse), d
that it was a hybrid and named it
devilla 'Alice du Pont,' honorir
wife of the founder of these gre
dens, now open to the public.

Under greenhouse or tropical con
this vine could probably reach 25
feet, but, though of rapid growth,
likely to reach that size outdoors i
ifornia. It is sensitive to cold; 32°
very likely kill it, and temperatu
the middle and upper 30's cause
drop a number of its leaves.

If you grow it out-of-doors, pi
most frostfree warm wall and gi
vine extra protection in frosty w
—or grow it on a frame in a big
tub and bring it indoors in cold w

Give it rich soil with good draina
feed once or twice a month with s
plant food. It needs ample water b
likes soggy soil. Full sun is best n
coast, with partial shade desirab
land. Plants branch well whe
pinched, and can be grown as
bushes. Indoors it does best in
light but not in direct hot su
which fades the flowers to washy

Its best use for most people is as
plant, and small ones are both
available and inexpensive enough
expendable. But if you wish to ta
trouble to provide good care and s
or if you have the ideal location fo
you may find that it can be reas
permanent. In either case you
rewarded with a long display
purest of pinks.

WILLI

Flowers *of Man*
'Alice du Pont' are 2 to 4
wide, pure pink with red

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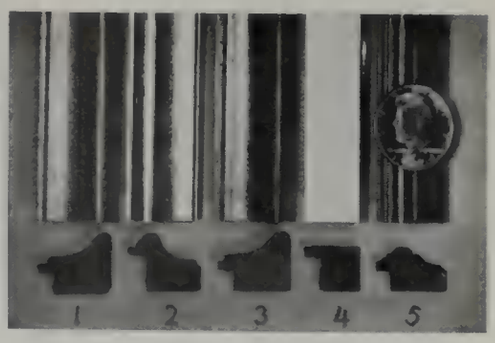

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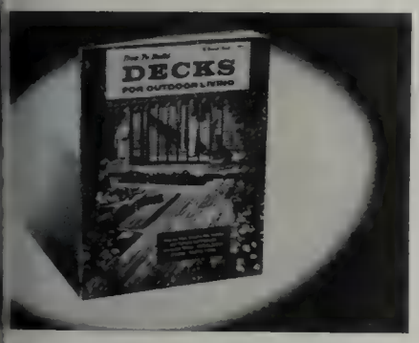

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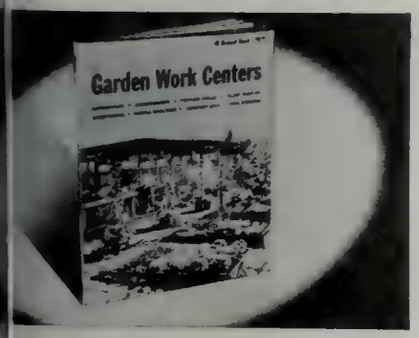

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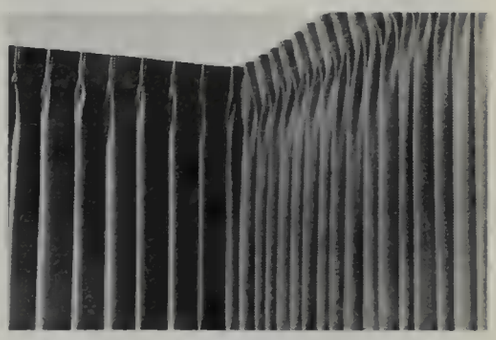

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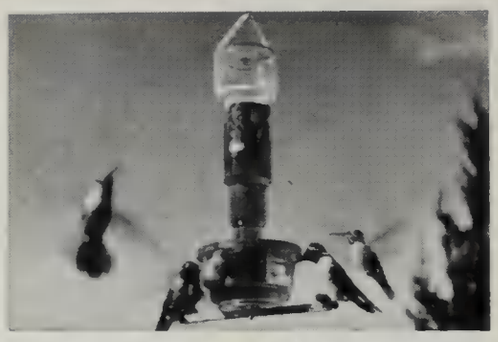

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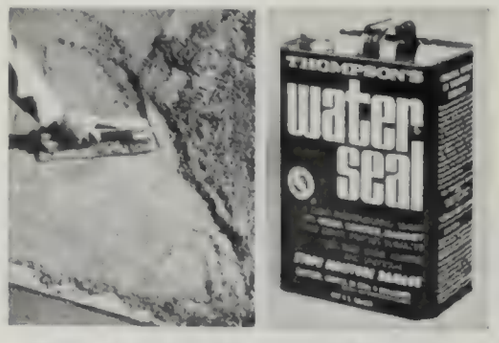

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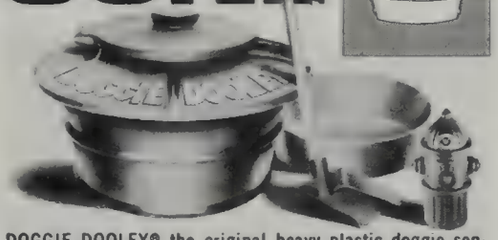

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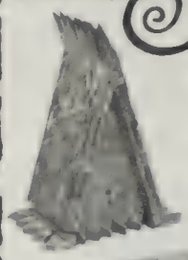

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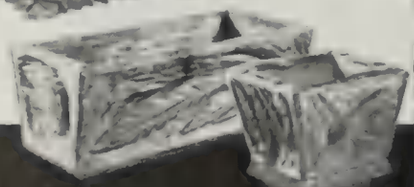

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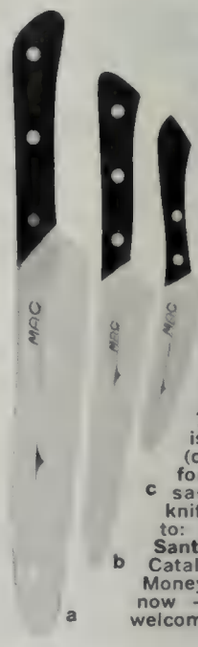

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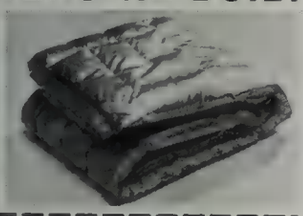

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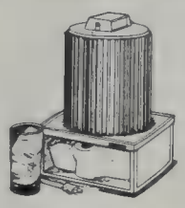

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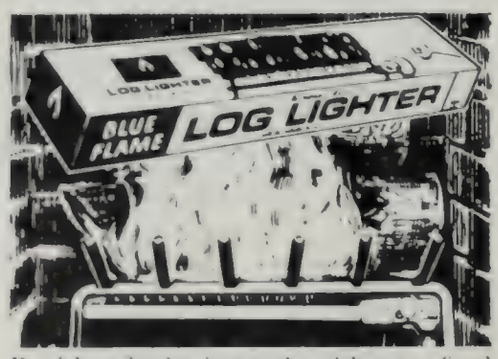

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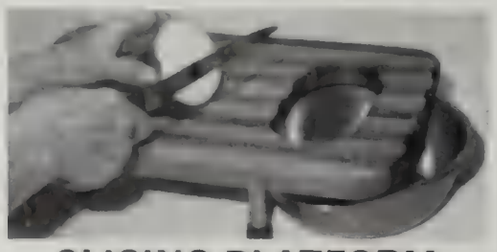

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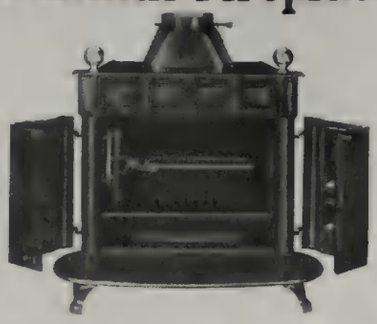

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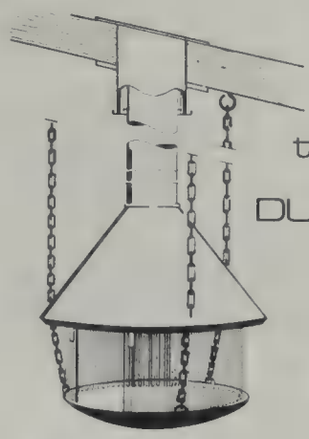

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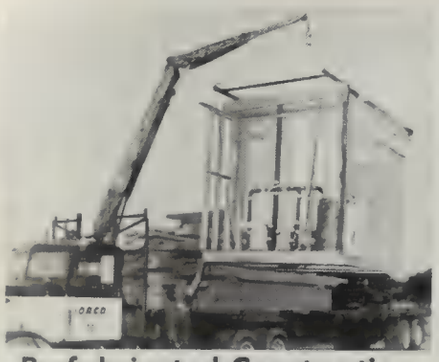

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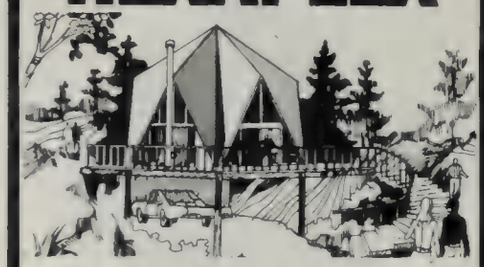

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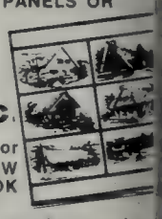

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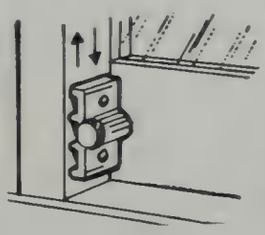

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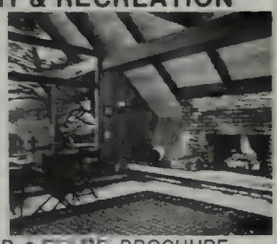

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Into the second park century

Between the March 1 anniversary date and the end of the year a w chain of celebrations will commemorate the centennial of our nati parks. "But we want to have a lot more than just a birthday pa commented George B. Hartzog, Jr., Director of the National Service, to the Centennial Commission, which is charged with plan the celebrations and also studying the national parks before ma recommendations to the President and Congress for the second century.

What Hartzog meant is that all concerned with the national parks to use this centennial as an opportunity to make the public more a of the parks, more identified with them, and more concerned about future. The National Park Service wants this to be a major yea acquiring new lands and for otherwise strengthening the park systen

On a recent visit to *Sunset* in Menlo Park, Nathaniel P. Reed, Assi Secretary of the Interior for Fish and Wildlife and Parks, singlec these important moves for 1972: Congress has authorized the De ment of the Interior to select and set aside 80 million acres of p land in Alaska for national parks, wildlife refuges, forests, and wilc scenic rivers. This year also, the Park Service is asking for its la appropriation ever: to add 547,000 acres of Big Cypress Swamp north of Everglades National Park in southern Florida; this w guarantee a water supply for a park whose lifeblood is water. Anc administration will ask for the creation of a Golden Gate National extending from Point Reyes National Seashore to the Golden Gate President officially requested it, as a "national recreation area," ju this issue of *Sunset* went to press).

You may notice that in 1971 and through 1972 *Sunset* has been g more attention than usual to the West's national parks. We are d so deliberately. In 1971 we published small articles on Yose National Park and on Pinnacles, Lehman Caves, Sunset Crater, Wupatki national monuments. And we gave major treatment—c and lead story—to Arches National Monument in May, predicting it "may soon become the West's newest national park." On March does indeed become a national park, along with nearby Capitol National Monument (see photograph at left), also in Utah.

This month we talk about snow fun in Sequoia and Kings Ca National Parks (page 46). And several more articles are plannec 1972, including one on horseback trips into our wilderness nat parks and another on an off-season visit to Yosemite. For we bel with Director Hartzog, that in terms of public awareness and sup of national parks, this centennial year should be a lot more th birthday party.

WINDOW ON THE WEST: *Capitol Reef*

One section of brand-new Capitol Reef National Park in the semi-arid country of south-central Utah is Cathedral Valley, so named because of its erosion-sculpted sandstone formations that resemble grand, fluted cathedrals. Pictured here is Temple of the Sun, rising to a height of nearly 350 feet. □

April 1972

50 cents

Sunset

The Magazine of Western Living

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Southwest Indian Art

Where to see
Where to buy

Meat-in-a-Pocket Picnic

Planting Color

Create a new Indoor World with the newest ideas

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's, ceilings, carpets, and furniture by Armstrong.

you'd rather collect wild flowers than wild outfits, this room is for you."

e totally natural room as interpreted by Armstrong Designer Louisa Cowan.

Louisa designs for people who love the colors, the textures ure. If you're interested in ecology, organic gardening, and old crafts, like macrame, Louisa's room is your room.

Armstrong Flower Garden wall-to-wall carpet brings an outsummer feeling indoors, all year long, and sets the tone for ntire room.

The [illegible]h-fashion Armstrong Chandelier® Ceiling is made [illegible] of texture, you can't believe you're looking at [illegible] probably can't believe you can install it yourself!

[illegible] by an Armstrong Chandelier Ceiling.

Louisa carries the natural look of her room right through to the furniture. The cabinet system lining the far wall is made from rock maple, with a pale, natural finish. Louisa has used the cabinets for display, for crafts, and as a home entertainment center. How would you use them?

The upholstered chrome chairs, like all the furniture in the room, are made by Founders which, by the way, is now part of Armstrong.

MORE of Armstrong's Indoor World is just a page away.

"If you're more at home popping corn than champagne corks, this room is for you."

The traditional room as interpreted by Armstrong Designer Cathy Erb.

Cathy designs for families who love the current trend back to the romantic, less complicated days when our country was young. If you'd like to curl up by the fire and work on your patchwork quilt, Cathy's room is your room.

The colonists would have loved an Armstrong Solarian™ floor just as much as you will. It shines without waxing. In fact, most waxes won't stick to its unique Mirabond™ wear surface. Neither will most spills and dirt. We've tested Solarian in busy kitchens of homes like yours for over two years. With no more than an occasional damp-mopping—and no waxing—these Solarian floors are still bright and shining.

Defining the two functional areas of the room . and relaxing . . . are two luxurious, deep, casual sha surprise is that they really aren't area rugs at all. Th from standard Armstrong carpet, custom cut to Cathy' tion. The name of the carpet is "Sublime"

Pine Manor is the name of the furniture colle chose. It's made by Thomasville (which is also part of We think it's a beautiful interpretation of colonial de that familiar, rough-hewn warmth of pine. Notice the tops. And we've given it an unusually rich color to pro lier, more interesting finish.

"If you want your very first room to be the very last word, this room is for you."

The futuristic room as interpreted by Armstrong Designer Suzy Taylor.

Suzy designs for the young, small family under thirty who o live surrounded by things other people won't discover w years. Sound like you? Maybe Suzy's your designer. Armstrong's sparkling white Excelon® Tile from the Craft-ollection covers the floor. It acts as the perfect foil for bright, bright colors, chrome, and Plexiglas accents. Under the table, Armstrong Solitaire carpet. But look again. e different shades . . . Peach Blossom, Maize, and Jas-hich Suzy had cut and assembled into an area rug. The brilliant lacquered storage cabinets are from the excit-itique" collection by Thomasville. Made in a delicious as-sortment of vivid colors, outlined in gleaming aluminum, even a single piece can be the accent that makes a room come alive. The chairs and tables are by Founders.

For a splendid free package of literature covering the Indoor World of Armstrong, write Armstrong, 7204 Ruth Ave., Lancaster, Pa. 17604.

Armstrong

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Photographed at Glacier Point,
Yosemite National Park.
Half Dome in background.

Ted Williams BRAND

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Even the design is different. Conventional tents have roofs that swoop down to the eaves. Not the "Cha Sears raised the roof at the e So you get lots of headroom space. And no water pockets.

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THE PACIFIC MONTHLY*

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The Cover Story

Indian youngsters learn history and legend from a storyteller. Cochiti artist Helen Cordero interprets his role in her "Storyteller" on our cover. There's more about contemporary Southwest Indian art beginning on page 86. Glenn Christiansen photograph.

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April travel . . . in and beyond the West

On inbounds *play, two teams (15 men each) struggle for control of bladder-shaped ball*

ıglish rugby . . . a brawl with rules

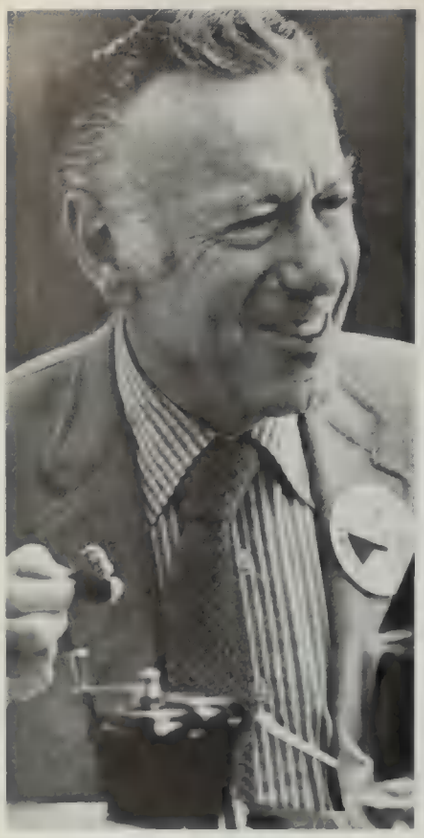
anyone who has watched a rugby ıtch can tell you. American football s its roots firmly fixed in the mud of English playing fields.

ɔu will be able to see for yourself April and 23 at the Golden Gate Rugby urnament on the sprawling polo field Golden Gate Park.

e football fan will quickly recognize ouple of things about rugby: the ball's long shape is like a football (though ger), and there's tackling all over the ıce (though without mountains of pad-ıg). Less familiar will be the scrum—ind of group face-off—prohibition of ɔcking, and the scoring. A "try"—car-ıng the ball over the goal and touching down—is worth 4 points, the con-rsion kick that follows is worth 2

Ouch! *Rugby tackling is rough and there's no padding used. Player tries to lateral before falling*

Player *gets ready to throw ball into the center of the scrum, where it will be maneuvered out to runners*



Camera *catches artist Harry Diamond between bites of strawberry at a recent Chefs of the West taste-testing*

Twenty years for Chef Harry

With this April issue *Sunset* passes an art milestone: 20 years, or 240 consecutive issues, carrying *Chefs of the West* drawings by Harry O. Diamond.

When artist Diamond first tackled Chefs in 1952, he was a successful advertising agency art director who had fled New York to teach art in Los Angeles and to free-lance.

Today Mr. Diamond is back in New York as art director for Standard Oil Company (N. J.), world's largest petroleum corporation, and no longer free-lances except for his monthly artistry for *Chefs of the West*.

Mr. Diamond has designed and illustrated many cook books, including several for the late Helen Evans Brown, for James Beard, and including one memorable *Sunset* book organized around *Chefs of the West* recipes: *Cooking Bold and Fearless* (Lane Books, 1957; revised edition 1967; both now out of print).

For what artist Diamond is doing this month, see page 228. □

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points, and penalty kicks and drop kic (over the goal posts) are worth 3 poin The ball is moved by running and kic ing; lateral passing is allowed, but fo ward passing is forbidden.

For anyone seriously interested in lea ing about rugby, this tournament is ide With three games always in progr and play running from 8 A.M. to 4: P.M. both days, you can learn by t total immersion method.

The championship game will be at 3 P. Sunday. A program will be availal that will explain rugby's rules in det There's no admission charge.

Mill Valley's stitchery show

"Stitchery," a term so new you wo find it in most dictionaries, covers so pretty ancient crafts: appliqué, crew work, crocheting, cross-stitching, e broidery, hand sewing, knitting, mac mé, needlepoint, and weaving.

On April 14, 15, and 16 between 10 A. and 4 P.M. you will be able to see so of the best examples of these techniq at the second annual Stitchery Fa sponsored by the Planned Parentho Association of Marin. It will be at t Outdoor Art Club, 1 W. Blithedale Av Mill Valley. Admission is $1 for adu and 50 cents for children. Along wi displays of contemporary stitchery, the will be an exhibit of antique needlewo such as samplers, quilts, coverlets, ghans, and handmade lace pieces. Boo on stitchery will be for sale.

Pasta masters in Occidental

Italian dinners are the principal indu try of Occidental, a former lumberi town tucked into a cool, quiet valley Sonoma County about 16 miles west Santa Rosa.

The tiny hamlet's three cavernous r taurants serve nearly 250,000 meals a nually, attracting diners from all ov northern California. They are clos grouped on Occidental's short M Street near the bright red, wood-fra Church of St. Philip. All three ser family-style, with a steaming tureen thick soup, bread, antipasto, salad, ra oli, vegetables, and potatoes accompan ing the entrée. A dinner costs abo $3.25 with chicken, $4.50 with ro duck, or $5.25 with steak.

You should call ahead for reservatio on Sundays and holidays, particula Easter (April 2) and Mother's Day (M 14) the two most popular days. Occide tal's area code is 707.

Fiori's (874-3504) is open from 4 to P.M. Wednesday through Friday a from noon Saturday, Sunday, and ho days; it's closed Monday and Tuesda The restaurant has a new, expand menu of specialty entrées.

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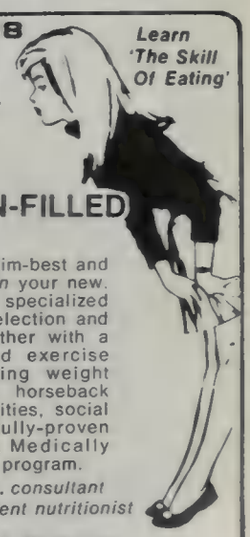

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CAMPS

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Est. 1943. There are three age groups. Each group is planned to meet the needs of individual boys and girls. ACA accredited.

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Write for brochure Jack and Claire Felson, Forest Farms, Forest Knolls, Marin Co., California 94933 Box S Tel: 415-454-4457

CAMP BEAVERBROOK

BOYS AND GIRLS, 7 to 15

On Cobb Mtn., Lake Co., Calif.

Fun of farm, forest, mountain, stream — where Pomo Indians camped. Sleep in tee-pee tents by stream — home of beaver, trout, turtles, frogs; **Western, English riding, tennis,** NRA riflery, archery, farm chores, building, drama, crafts, ecology, nature; swimming, fishing, sailing and canoeing in camp pond, stream or lake; **Water skiing, canoe, pack & nature trips available.** Trans. TO camp incl.

Special programs, ages 7–9, 10–11, 12–14.
Leadership training program (CILT) ages 15-17

Write Bob and Marian Brown, Box 306S, #7 Ardilla, Orinda, CA 94563; Phone (415) 254-5960. Member ACA and WAIC.

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7th Season—A summer adventure for 45 boys and girls, ages 8-15. Riding (Hunt Seat, Jumping, Stock Saddle), Swimming, Water Skiing, Basic Mountaineering including Rock Climbing and all usual camp activities, in a non-structured, family-like atmosphere. Located 100 miles N. of Lake Tahoe in the magnificent Feather River Country. Sessions June 25-Sept. 2. **Member of the American Camping Association.** Brochure. **Coppercreek Camp, P.O. Box 749-S, Greenville, Calif. 95947. Ph. 916-284-7617. Mr. John Lindskog, Director.**

SANTA CLARA COACHING CAMP

. . . On the Campus of University of Santa Clara . . . for all boys 9-14

Conducted by the University athletic staff. 3 sessions: June 18-July 1, July 2-15, July 16-29.

ALL SPORTS. Residence and Day plans available. Non-Denominational.

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For Boys and Girls 8 to 16

A Horse Ranch in the beautiful country of the Redwood Empire. Specializing in horsemanship for the beginners and advanced. Trail rides, pack trips, and horse shows. Lots of riding. Proper supervision. Limited Capacity. For Folder or Reservations write or call:

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Boys, Co-Ed, Family, Adults
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Boys and Girls 9-17

Located on Rancho San Carlos in beautiful Carmel Valley. 15 courts, playback T.V., 2 pools, modern dorms, 3 week sessions, June 25-August 26. Brochure. **Carmel Valley Tennis Camp, Rt. 2, Box 657, Carmel, CA. 93921. Phone (408) 624-2737.**

JOHN ARM

Chandelier-lit *Union Hotel features checkered tablecloths, old photographs on wall*

9 P.M. Monday through Friday, and until 10:30 P.M. Saturday and Sunday.

The *Union Hotel* (874-3662) serves lunch from 11:30 A.M. to 1 P.M. on weekdays; dinner from 1 to 9 P.M. Monday through Saturday and from noon to 8 P.M. Sunday and holidays.

Before or after dinner you might like a leisurely drive to see the purple wild iris that bloom in April along Coleman Valley Road. Running 10 miles from the town center west to the coast, the road crosses two flat ridges before dropping sharply to join State Highway 1 about 3 miles north of Bodega Bay.

Along Coleman Valley Road you'll pass an abandoned 1864 schoolhouse, and on the ridges you'll see sheep grazing near the edge of the pavement. Drive slowly, particularly if there's fog, to avoid an occasional lamb straying onto the road, and keep pets in the car.

For travel planners, an April check list

Cruise planning. A new book, *Harman's Official Guide to Cruise Ships,* by Jeanne and Harry Harman (Simon & Schuster, New York, 1971; $3.95), is a comprehensive report on individual ships and cruise lines. The book describes facilities on some of the world's major passenger vessels, gives tips on how to book passage, how much to pay, and what to expect in service.

Indian guides. Six-day tours for small groups through the Indian pueblos of New Mexico are available this year from May 6 to October 28. Pueblo Indians themselves will conduct visits to native dwellings, Spanish villages, and ghost towns. The tours are designed for people interested in history and culture and are not billed as conventional sightseeing excursions. The price is $240 per person in double accommodations, $260 for single. For more information write to The Northern Pueblos Enterprises, Inc., Pojoaque Pueblo Plaza, Route 1, Santa Fe 87501.

Wilderness trips. You can visit some of the earth's wild places threatened by human development on tours now being organized by Wilderness Expeditions, Inc. in association with Friends of the Earth. There are 20 trips ranging in price from $350 to $1,950. Areas covered are in Alaska, Washington, California, and the countries of Nepal and Ethiopia. Most of the trips involve hiking and backpacking. For details write to Wilderness Expeditions, Inc., 345 Park Ave., New York 10022.

European travel. Icelandic Airlines has announced cheaper fares to Europe effective April 1. All flights depart from New York, stop in Iceland, and terminate in Luxembourg. The new off-season fare is $152 one way, $255 round trip. On-season fares are $202 one way, $355 round trip. Icelandic also has a special $170 off-season round-trip fare for excursions of 22 to 45 days. For details see Icelandic or a travel agent.

Railway trips. Six tours in the West using the railroad "whenever possible" are available this spring and summer. Destinations include Yellowstone Park and the California redwoods. For information write to the Railway and Locomotive Historical Society, Inc., 3542 Jefferson Ave., Redwood City, Calif. 94062.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

Sunset School & Camp Directory

CAMPS

Ponderosa Lodge

SENIOR HIGH ACTION RESORT OF THE WEST

end ■ week this summer in the towering pines of nderosa Lodge, only minutes away from the ocean aches of Santa Cruz. Coed 9er, and Senior High eks. Surfing, sailing, scuba, music, athletics. nsider the relevance of Jesus Christ.

rite **MOUNT HERMON CHRISTIAN CONFERENCE NTER**, P.O. Box 413S, Mount Hermon, Calif. 95041 call (408) 335-4466.

CAMP PACIFIC

on the ocean — for boys 7-17

June 25–August 5, two to six weeks of fun, including ■ varied sports program to suit every boy. Individually planned academic study available in six-week program Write for catalog.

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Non-Profit, Intercultural, Co-Educational mer Camp and Boarding School (est. 1950)

iful mountain country. Five programs available for 6–18 including riding & a working farm program. ure, write: P.O. Box 150S Hyampom, Cal. 96046.

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RANCHO OSO

child's paradise of ranch living. Riding, swimming, e lore, crafts, animal-care for boys and girls 8 to 14. week sessions, June 18 to Aug. 26

ACA & WAIC member.
For brochure or reservations write:

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L-RANCHO ALEGRE

camp, southern Oregon mountains. Co-ed, ages 12-17. ienced leaders. Riding instruction (Western, English, and trail riding), animal care, fishing, exploration , overnites, swimming, area excursions. Write or phone

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A FORESTED PRIVATE ISLAND
Boys and Girls 10-14
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"Action" camp with a complete program of both r & outdoor activities. Special emphasis on g. Waterfront, Tennis, Trips & Mountaineering. ½-8 wks. Camper-staff/2½-1 **The Barnhartsl 1518, Boulder, Colo. 80302. 303 666-8103.**

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Sequoia Nat'l. Forest, Ca., Elev. 7,350 ft.
We Think Girls Are Something Special!
Give her a smog-free, pressure-free, problem-free summer of fun, learning and personal development in the beautiful **High Sierras. Private lake,** Heated pool. **Individual programming** for girls with many varied interests. Over 25 camp activities.

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No poison oak, no smog. Water skiing, swimming, lake & pool, speed boating, fishing, hiking, crafts, ice skating, lapidary, rock hunts, chapel, archery, riding, trips to: ghost towns, Indian reservations, old mines. Write: San Jose Rescue Mission, Dept. S, Box 143, San Jose, Ca. 95103. Phone (408) 297-8442.

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Montana complete outdoor program • Co-ed 12 to 19 • June to Sept. • Designed for conservation and forestry careers. A real confidence builder for boys and girls who have outgrown regular camps • Wilderness trail rides, mountaineering, dancing and houseboat parties. Salmon River floats. Tour Yellowstone. Character reference necessary. Personal interview in Vacationland in new Los Angeles Convention Center April 7–16. **Gerret S. Ouldhouse, Director, Rainbow Camp, Box 3633, Butte, Montana 59701**

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Cattle work, Roping, Branding, Pack trips, Horse games, Swimming, Fishing, etc. Bunkhouse quarters, Well supervised. Also year round program. Brochures. **Mr. & Mrs. Wm. Sanowski, P.O. Box 64, Lima, Montana 59739.**

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"Old ways to new experience"
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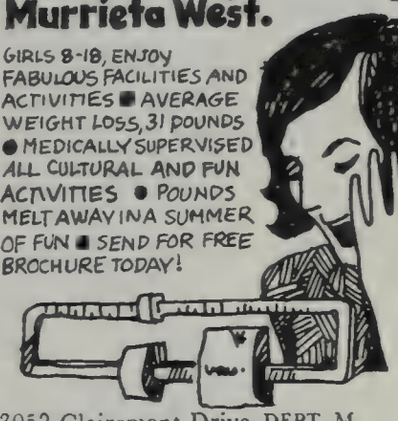

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A meeting ground for youth of all backgrounds with emphasis on social growth through healthy, harmonious group living. FLEXIBLE PROGRAMMING. Activities include WATERSKIING, HORSEMANSHIP, SAILING, swimming, crafts, HIGH SIERRA BACKPACKING, animal care, archery. Mature Staff. ACA Accredited. Special Riding Clinic: July 9-15. $125. Sessions July 16-Aug. 26. $265/3 wks. $590/7 wks. Write: Ray & Vicki Kalman, 235 Rome Road, Dept. S, Nevada City, Calif. 95959. 916-265-4439.

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For boys who seek a fun-packed adventuresome outdoor summer experience in self-discovery. Usual "in-camp" program activities and wilderness "out-camping" in Utah's High Rockies & Colorful Canyonlands. **• Horses and Outpost packing • Mountaineering and Mountain Climbing** • Lake Powell Water-skiing and Sports • Kayaking and River Running • Wilderness Survival Training. **• Conservation and Ranch Work.** • Varied, **individualized** program **with mature** counselors aimed at cultivating INITIATIVE and SELF-RELIANCE. Limited enrollment (40 boys). ACA & WAIC accredited. Supervised transportation arranged. For detailed information &/or schedule of film showings & personal interviews contact: **NAVAJO TRAILS, Don Sampson, Box 886, Los Altos, CA 94022 245-6789 M. Ellett, 4273 Miller, Scottsdale, AZ 85251 946-8682**

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Santa Cruz Mountains, near the ocean

Hi-Camp: Teenagers **Kennolyn:** Elementary Age. Separate Camps. Open June 25. **Specialty Camps:** July 23-Aug. 5. Golf Camp, Riding Camp, Skin & Scuba Camp, Tennis Camp, Surfing Camp, Sailing Camp, Theatre Arts, Pottery & Crafts, Backpacking. **Family Camp:** Aug. 29-Sept. 4. The Caldwells, 8205B Glen Haven Rd., Soquel, Ca 95073 (408) 475-1430.

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"Buzzard's Gulch" Ghost Town. 180 acre operating ranch. Emphasis on Horseback riding & horse shows. Swimming (lake & heated pool), riflery, fishing, boating, campouts, hayrides. 25th Year. **Mr. & Mrs. Larry Armstrong, 3890-C Old Redwood Hwy., CLOVERLEAF RANCH, Santa Rosa, CA 95401 (707) 545-5906.**

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Mature, trained staff. Emphasizing personal growth & worth; non-competitive; riding, arts, crafts, swimming, nature, backpacking in Mendicino's Redwood Country. Write for free brochure. **EDNA & IRVING NEWMAN, Winter address:** 957-A2 Phillips Ave., Petaluma, Ca. 707-763-1248

Western Association of Independent Camps

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Ages 10-17. On Pend Oreille River in Idaho-Wash. Lake Country. Camper selected base camp program plus wilderness experiences in Pac. NW Canada. Waterskiing - jumping & slalom, riflery, trap shooting, golf, horsemanship, sailing, tennis, sports, weight training, waterfront, crafts, photography. Fish for record trout! Survival training, horseback & back pack trips, white water kayak & lake canoe trips. **Brochure : C.A. Schulz, 578 Kelly Way, Palo Alto, Ca. (415) 493-0942.**

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525 acres of redwoods & farmland in Northern Sonc County. Outdoor living with farm chores, swimm tidepool trips (we are 1½ mi. from ocean) horseba canoeing, weaving, folk dancing, 60 campers, 8- multi-racial staff, 21st season. **Mr. & Mrs. David Crittenden at Plantation, Star Rte, Cazadero, CA 95**

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Combine camp activities with basic work in English, reading, math, and Spanish. Experienced teachers working with six or less. Trained counselors. 29th season. Member ACA.

JUNE 24 — AUGUST 6

Girls & Boys, Grades 2-9

Sports • Swimming • Archery

Pack Trips • Typing • Shop • Horseback Riding

Write or telephone for catalog (805) 646-142

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Western Association of Independent Camps

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Daily riding classes (English, Wester ring, trail), horse science course, hor vaulting, horse shows. Instructors c tified through Camp Horsemanship Ass Red Cross pool and lake swimming, sailin water skiing, fishing, crafts, archery, organ gardening, campfire programs, leadersh training. Visitors welcome. Brochure.

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SHADY LAWN FARM

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Camp (June 26-Sept. 2): **Girls Camp** (July 31-Sept Water skiing, riding, roping, pack trips, baseball struction, swimming, riflery, crafts, scenic trip excellent food. **Art Reichle, Director (Head Base Coach UCLA), P.O. Box 848, Newhall, Calif. 91**

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CAMPS

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Water Skiing — 10 speedboats, top instructors.
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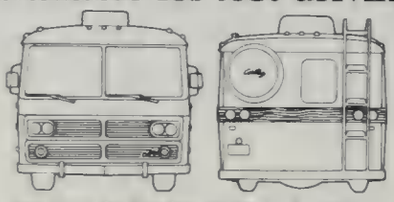

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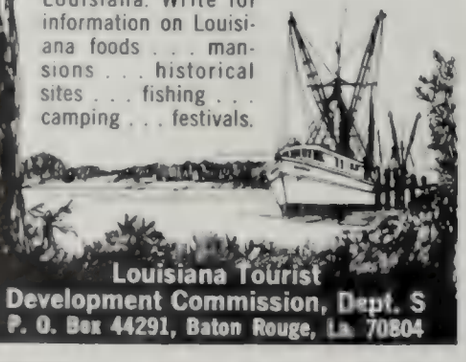

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TRAVEL DIRECTORY IS CONTINUED ON PAGE 25

Is a China visi now possible?

Interest in visiting the People's Rep of China is running high, but pure simple tourism seems unlikely in near future. Among those who shar conclusion is Robert E. Gomperts, a Francisco businessman who recentl turned from a trip to China as chairman of the United States Con tee for a New China Policy.

As far as our government is conce any citizen with a valid passport is to visit the People's Republic any he chooses. New passports bear n striction concerning travel to C Restrictions on old passports wi struck out at any state department port office.

Obtaining a visa from the People's public is the stumbling block. Se travel agents told us that it's next to possible for an American not on of government or trade business to visa; visits are strictly by invitatio

Chinese-Americans Getting In

One exception seems to be that Chinese-Americans have been gr visas, presumably to visit their fam

Mr. Gomperts, whose trip to China ceded President Nixon's and who sonally presented a copy of the *S* book *San Francisco* to Premier En-lai, believes your chances for ob ing a visa are improved if you a through one of the Sino-Ame friendship societies or through a t association, rather than if you appl dividually. He said that perhaps 20 visa applications have been subm by Americans, but that most have chance of being approved.

China's apparent lack of tourist f ties—hotels, translators, escorts— help explain why few visas are curr being issued.

Travel Companies Waiting

A few wholesale and retail travel c panies have announced plans for t to China subject to approval and issue, but most are waiting for Chi issue an official tourist policy.

If you choose to apply for a visa o individual basis, see your travel age write to one of the following: Emb People's Republic of China, J Apartments, 12th Floor, 100 Bro Ave., Ottawa, Ontario 4, Canada; C Travel Services Limited, Yu To S Building, Queens Road Central, H Kong; Ministry of Foreign Affairs, king, People's Republic of China.

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On one tour last summer, our fell cyclists were two American schooltea ers, a young French couple, a profes from Stockholm, two stylish young L doners, and four vigorous Germans w flew in from Berlin just for the tour. C tour leader was a charming young Du girl in official bicycle hostess unifo bright yellow knee socks, cycling sho cardigan, Jackie Coogan cap (you her at far left in the bottom picture)

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ew *Sunset* publication now available, *ere to Go Boating in California* 50), tells you nearly everything you l to know about the subject. It fills vacuum left when *Sunset's* earlier ating atlases" went out of print a few 's ago.

ere to Go Boating in California lists e than 900 ramps and marinas, de- oing each and locating it on a map. ng the Colorado River and in north- Baja California, it includes marinas ond the state line because these areas very popular with California boat ers. For example, if you're searching a place along the Colorado, you have choices. Here is a typical listing.

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rter sections in the back of the book er various other boat-related subjects as fishing, water skiing, and cook- afloat.

re are also directories of boat repair s, sources for nautical charts, offices port authorities, and locations of st Guard facilities. □

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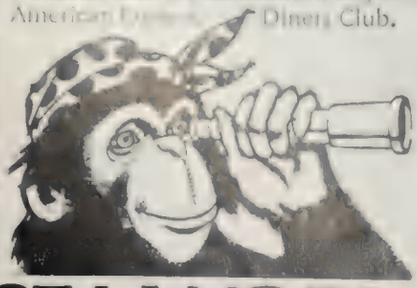

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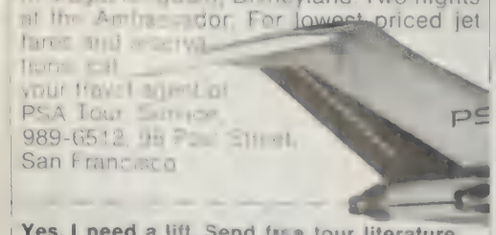

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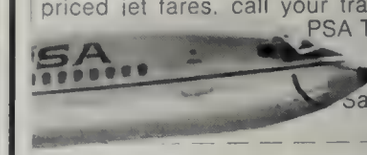

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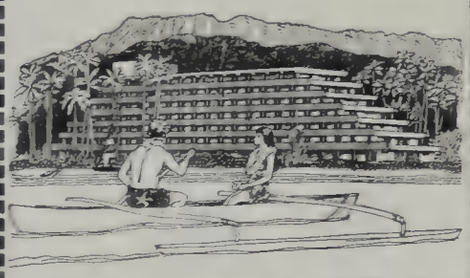

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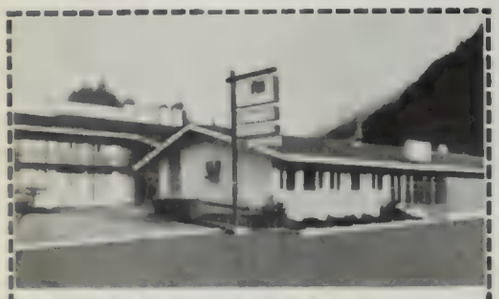

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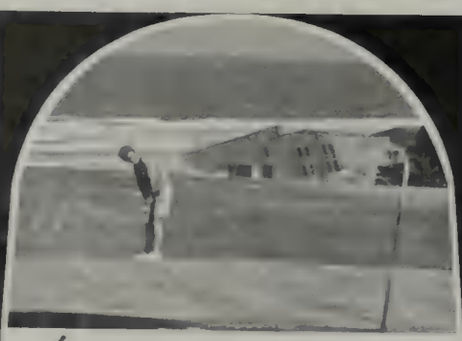

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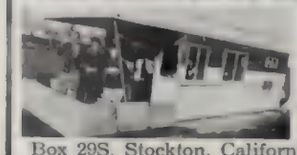

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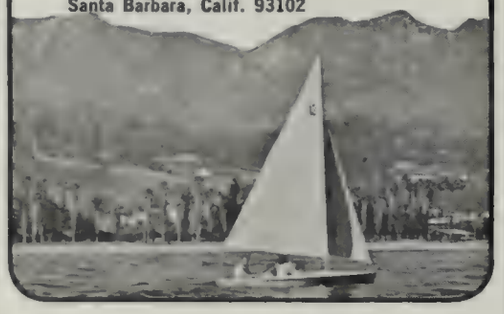

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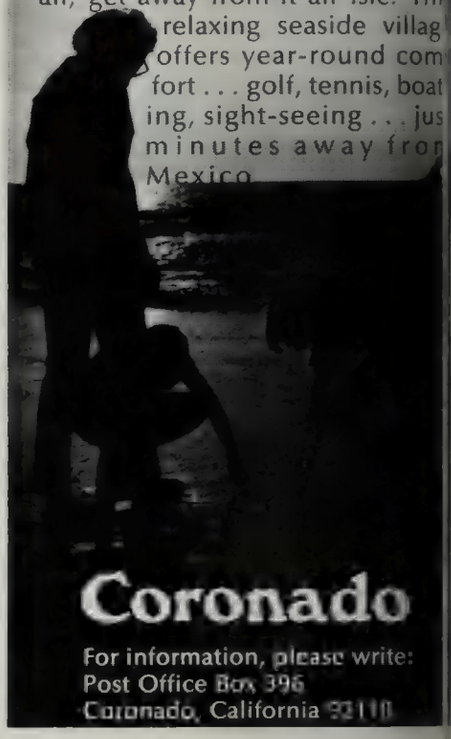

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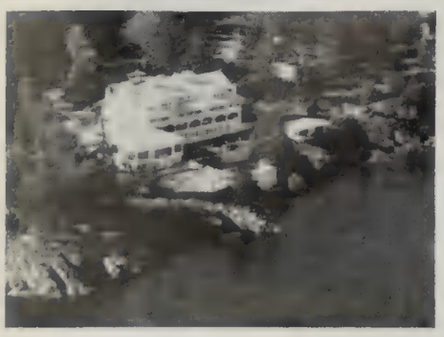

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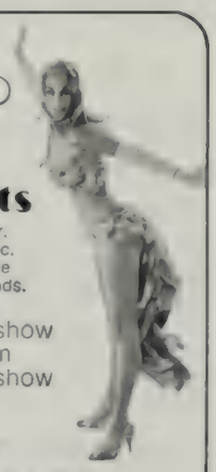

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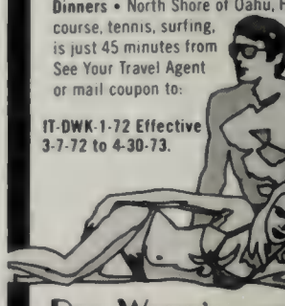

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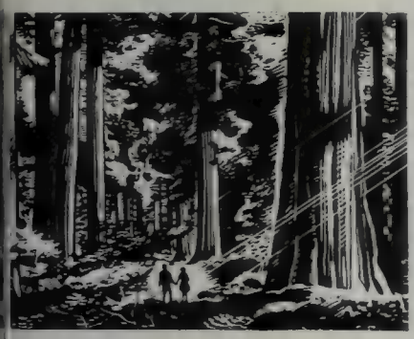

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With antiques, crafts, and interesting eating, Port Costa is making a turnaround

AUDREY

Former *shipping dock now houses antique shops*

Driving along Interstate Highway 80 between Sacramento and San Francisco it is easy to bypass Port Costa, a tiny village of 300 people tucked into the hillsides along the Carquinez Straits. But if you turn off the freeway at the Crockett exit, just south of the Carquinez Bridge, it is only a 3-mile drive.

Follow winding Pomona Road east toward Martinez. A marked turnoff to Port Costa takes you north to the edge of the straits, a narrow body of water that funnels the Sacramento and San Joaquin rivers into San Francisco Bay.

From the 1880's to the early 1930's Port Costa was one of the busiest grain shipping points in the West. Long piers stretched miles on either side of the present town, with berths for more than 30 ships. By 1940 most of the piers had been torn down or razed by fire, and new ports at Sacramento and Stockton finished off the grain business.

Port Costa was in steady decay until about eight years ago when a community rebuilding effort began. The job of refurbishing the Burlington Hotel, a major landmark dating from the 1880's, was finished this winter. A concrete stora warehouse has been converted into restaurant and antique and crafts m ket. A structure once part of a wh storage pier has been remodeled to hou other shops and stores.

Antiques are everywhere in the tow and though prices are rather high, it still possible to find a bargain. Most the 20 or so antique, craft, and ju shops are open Wednesday through Su day from about 11 A.M.

The two restaurants in Port Costa a unusually good for such a small tow The Bear Valley Inn offers haute cuisi in a setting combining Spanish stuc with Persian and French pottery a copper ware. The Warehouse Cafe us antique furnishings to create a G Nineties atmosphere. On Saturdays, addition to regular service, a guest ch (each week a different amateur coo prepares special meals for a fixed pr of $4.45. You must have a reservation

Ornate arch *frames old Burlington Hotel built in the 1880's*

NORMAN A. PLATE

Antiques *abound in this shop, one of a dozen on second floor of warehouse*

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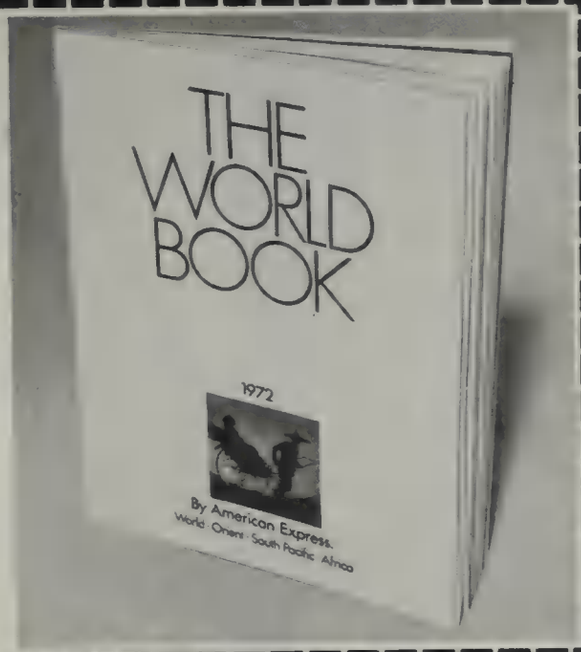

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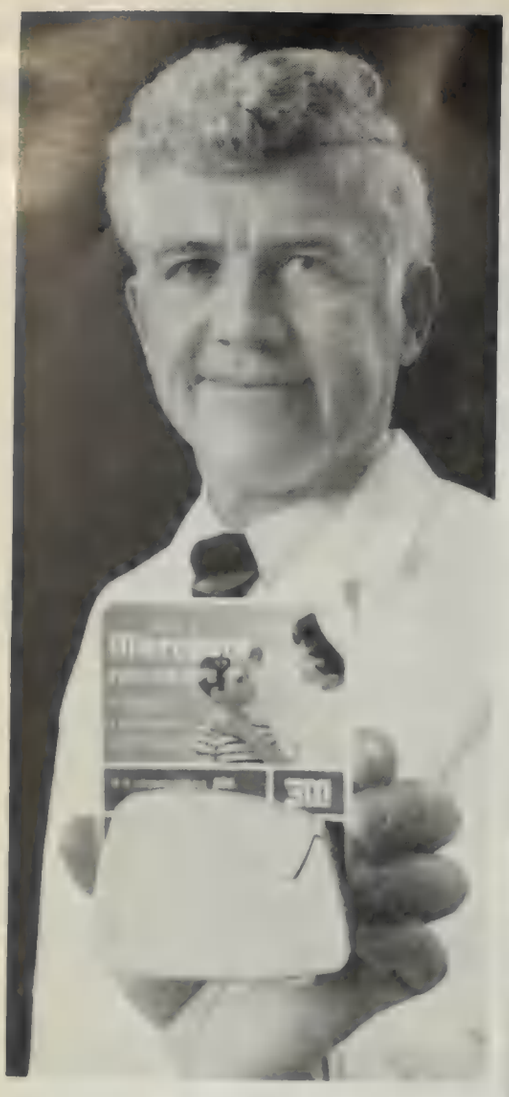

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FRANK JENSEN

White *expanse of salt fascinates visitors to new observation platform at Bonneville*

Concrete *structure with roof to intercept hot Utah sun offers good salt flat viewing*

Watching them zip at Bonneville

The Bonneville Salt Flats, 120 miles west of Salt Lake City, were formed 25,000 years ago when an ancient lake evaporated, leaving a crust of salt that in some places is several feet thick.

The best spot to see this desolate world is from two viewing platforms off Interstate Highway 80 about 19 miles east of Wendover, near the Utah-Nevada border. There is a marked freeway exit. The famed Bonneville world record automobile racing course can be reached by taking a marked exit 1 mile beyond the observation point. A paved road leads you 5 miles into the flats.

Today's racers have surpassed 600 mph in straightaway time trials. You may be lucky enough to see a record attempt, but to be certain of action you can attend the Bonneville National Races August 21 to 26. Racers include hot rods, motorcycles, and stock cars. □

Streaking *down flats, unusual racing cycle has canted design*

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If you've traveled to the usual places and have them out of your system, you're ready for the Pacific.

The Pacific is unlike any other place in this world.

The Pacific is New Zealand, at the

other end of the earth, where summer is winter and winter is summer. And even the moon is upside down. Where there are some of the loneliest beaches you'll ever walk and some of the friendliest people you'll ever meet.

The Pacific is Australia. Where you'll soon be able to hear Verdi by the sea in the new Sydney Opera House, a work of art in itself. Or travel the outback a world time hasn't touched. Where you can eat Carpetbag Steak stuffed with huge Australian oysters. And where, when the tide is right, you can see the Twelve Apostles (12 majestic rocks standing out to sea off the misty coast of Victoria).

The Pacific is also Bali, Fiji, Samoa and Tahiti. (Where people have a different idea of life. In Tahiti, they celebrate Bastille Day for a month.)

The Pacific is Singapore, Hong Kong and Thailand.

And, of course, the Pacific is Japan.

Where the old co-exists alongside the new. Where you can buy a 100-year-old bonsai tree in the same department store that sells electric slippers.

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Christ Church of Kealakekua, on the Big Island of Hawaii, was built in 1866.

Come see the great cathedrals of Hawaii.

Perhaps you've seen the cathedrals of Chartres or Cordoba or Milan. They're monumental, but then that's what Europe is there for.

Perhaps you didn't know you can see some remarkable churches in Hawaii as well. To be very frank with you, in terms of architectural splendor, ours offer no contest. But if it's soul you're after, come to Hawaii.

On the Big Island of Hawaii and on Maui and Kauai, you'll find interesting old churches by the dozen. The best Christian examples date from the early nineteenth century, when the missionaries set out to recreate their native New England structures here in "Owhyhee." Despite grave shortages of skilled labor and appropriate materials, moral fiber won the day.

The men of the cloth left Hawaii a mixed bag of blessings. For example, the muumuu, which you will certainly see and may even wear on your visit here. It was originally designed to conceal the charms of our Island girls for the spiritual betterment of our Island boys. In point of fact, it does no such thing: humanity has yet to create a more provocative garment. Again, you'll see.

While you're here, you ought to get Hawaii's complete religious picture. So visit some of our beautiful Buddhist temples. Our Shinto shrines. Our tabernacles. You'll be warmly welcomed in any of them.

You should also see the place where King Kamehameha the Great was born. And where Captain Cook was killed. And Iolani Palace, the only royal palace in the entire United States.

To say nothing of our State Capitol. You may have seen pictures of this imaginative structure in magazine articles. It's even more dramatic in real life.

Ask your travel agent about air fares, steamship passage and hotel rates. They're all a lot less expensive than you may have thought. Same goes for tours. There's one for just the amount of time and money you want to spend.

So come soon. And see the great everything of Hawaii.

Hawaii

IT'S MORE THAN A PRETTY PLACE.

On behalf of the Islands of Hawaii, Kauai, Lanai, Maui, Molokai and Oahu.

Restaurant *sign marks entry to Casa Margot. Street trees are new. Building is also new but doesn't look it*

Garden *court is crowded with new and antique pots, columns, sculptures, lights, trellises, fountain basins*

Lunch *is stylish at El Balcon, with hand-painted Taxco china, indoor plants, ladder-back Michoacan chairs*

Shopping and eating out in border town Nogales. It is changing

New this year in Nogales, Sonora (65 miles south of Tucson), is a good-looking small shopping complex called Casa Margot. When complete it will have six shops and a restaurant. It opened in January with two boutiques, a small leather shop, a combination furniture and garden shop with both new and antique pieces called *El Changarro*, and a housewares shop called *El Otro* (the other) *Changarro*, stocked with new pieces of folk art, new furniture, and a considerable selection of rugs.

Casa Margot introduces a new note in Nogales. The little border town has long been a lively and highly miscellaneous shoppers' bazaar. Most of the typical shops offer unselected merchandise very mixed in quality, the poor often crowding out or at least concealing the good. Only shoppers with patience and, if possible, knowledge, tend to find either the good buys or the occasional treasures. These are still available in the older shops in Nogales but effort is needed.

By contrast, Casa Margot offers highly selected pieces. Prices are not quite the bargains shoppers find deeper in Mexico, and they are higher than some prices *Sunset* checked elsewhere in Nogales. But they are low compared with similar material north of the border.

Oaxaca rugs 5 by 7 feet in size cost $45 up. The popular Mexican leather tub chair with criss-cross leg supports, painted white, was $18. Elsewhere in Nogales similar chairs, unpainted, were $10.50.

The upstairs *El Balcon* restaurant has several dining rooms, with live music in the evenings and on weekends. Its menu is Sonoran but also lists salad and steak for Americans who aren't ready to eat Mexican. The restaurant is bright and colorful—white plaster walls, paintings, beamed ceilings, stone fireplaces.

To find Casa Margot, make a sharp left turn after you pass Mexican customs and go up Elias Street, which hugs the foot of the hill. The Casa is on the hill side of the street, a few doors beyond the Cavern Cafe, the hill tunnel restaurant that is a Nogales landmark.

Casa Margot has what is probably the only off-street, your-car-is-watched parking in Nogales. You turn in just north of the Casa. If the lot is full the security guard will find parking for your car elsewhere. Tip him when you leave. □

Horse pair *in front pulls pottery "wagon" done in tree-of-life style. Price for whole unit, $35*

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S-6

A. SALBOSA

Rockhounds *explore quarry, once a reef, beneath Koolau cliffs*

Hawaii offers new experience for rockhounds

Aragonite *crystal masses are this boy's prize taken from Waimanalo Quarry above*

It's not just finding rocks, it's where you're finding them that makes rockhounding in Hawaii so appealing to some visitors. More than 60 kinds of rocks, minerals, and semiprecious gems are there for the finding.

Oahu alone has more than 40 known collecting sites, many of them quarries, areas along a roadside, or places where heavy equipment has laid open the land. You seldom have to climb high places or walk more than 50 yards to find beautiful specimens, so the experience can be a pleasant one for all ages.

One of the best ways to go rockhounding is with the Rock and Mineral Society of Hawaii, which has field trips on Oahu on the Sunday following the third Wednesday of each month. Society members know the best collecting sites and can obtain permission to enter private property. Trips to the neighbor islands are occasionally scheduled.

Island discoveries include aragonite, banded agate, calcite, chalcedony, feldspar crystals, gypsum, iron pyrite, jasper, obsidian, olivine, opal, doubly-terminated quartz (Hawaiian diamond), and other collector's specimens.

Zeolites—such as chabazite, heulandite,

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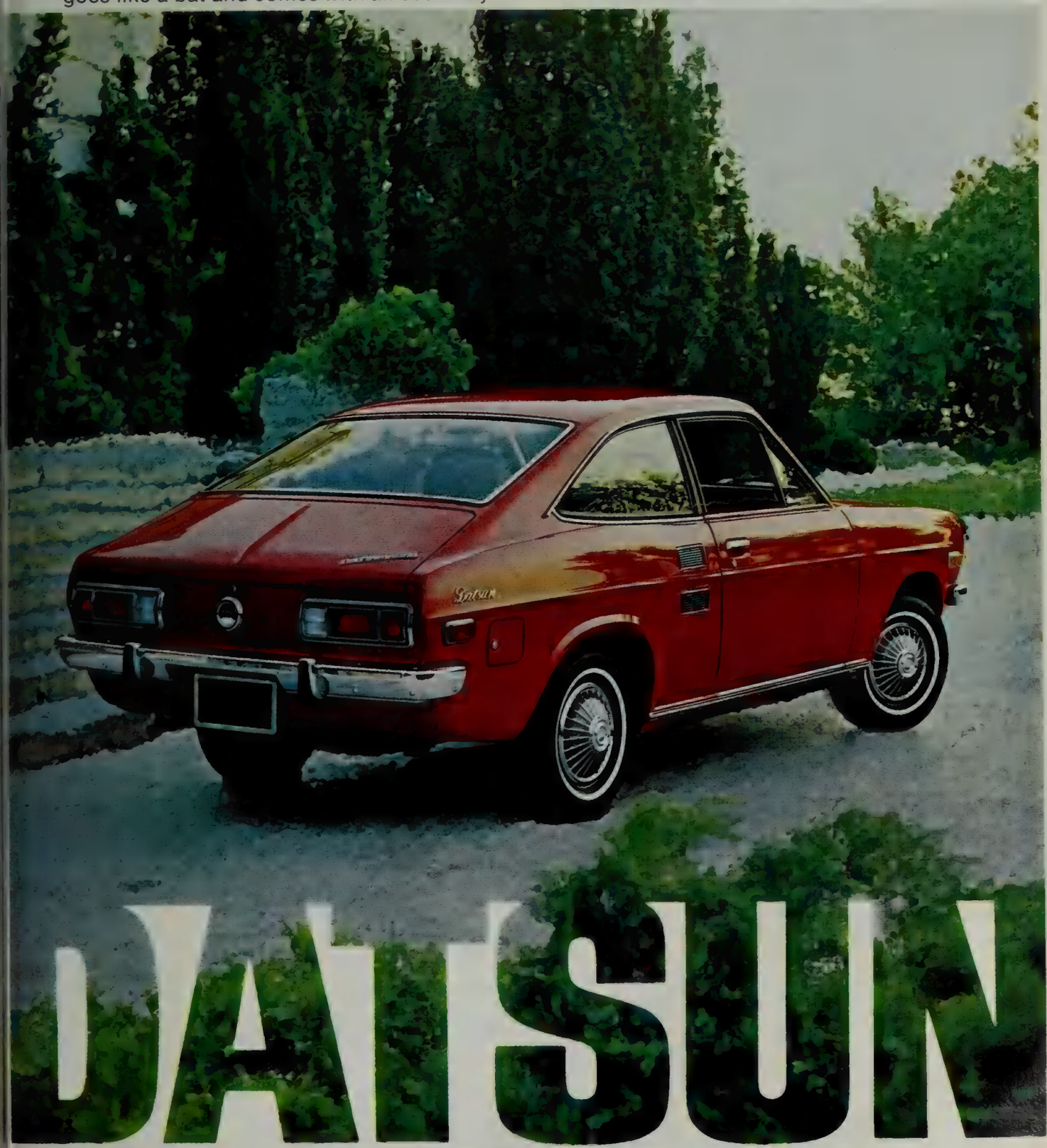

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Veteran *rockhound helps young "pebble pup" discover crystals in limestone*

laumontite, natrolite, scolecite—are fa vorites of micromounters (rockhound who mount tiny specimens).

The bulk of Hawaii's basaltic rock is lo in silicates, that is, those minerals tha give the rock the desired hardness to re sist wear when cut. Thus, on the whol they are less desirable than many con tinental varieties for making jewelry. Bu the great appeal of the Island minera is that they are Hawaiian and of com paratively limited quantity.

To join an organized field trip, get in formation, or attend any of the Roc and Mineral Society's monthly lecture demonstrations (third Wednesday), ca the society at 949-5505 or write to 261 S. King St., Room 2-E, Honolulu 96814

Visitors and first-timers may arrange t borrow tools from club members. A sea soned rockhound's tool kit includes a 10 power magnifying glass, a 4-pound crac hammer, a chisel, a geologist's pick, long screw driver, a wide-brimmed ha and a knapsack. It's also a good idea t take along a full canteen, although mos sites aren't far from some source o drinking water.

Excursion leaders gladly teach novice some of the basics in mineralogy an prospecting. They are knowledgeabl about the amount of rock and minera that can be taken from any one plac without spoiling it, but on each outing everyone goes home with some treasur in his knapsack.

If you are in Hawaii later this yea you might be on the lookout for a ne book, *The Rocks, Minerals and Gem stones of Hawaii*, by Milton Manhof president of the Rock and Mineral So ciety. The book will be published in th spring by Hawaiiana Publishing Com pany and will be sold by the society an the Vestibule Shop, Bishop Museum 1355 Kalihi St., Honolulu 96819. Th price has not been established yet. It wil include an extensive glossary, photo graphs of the minerals and the sites a which they are found, detailed maps and instructions on how to get there.

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"We said there warn't no home like a raft, after all. Other places do seem so cramped up and smothery, but a raft don't. You feel mighty free and easy and comfortable on a raft."

When Huckleberry Finn lit out on his own rude raft no one foresaw that today thousands of vacationers would take to the West's great rivers for exploring, camping, and white water adventuring. This year's list includes more than 600 river trips offered by Western tour operators who publish advance schedules.

While listed prices include food costs, they generally don't include transportation to and from departure points. There are usually reduced rates for children and large groups. In addition to scheduled trips, most operators can arrange private river expeditions.

Write directly to tour operators for detailed information.

American Guides Association, Inc.
Box B, Woodland, Calif. 95695

American River: 2-day trips at $45 per person—every Saturday April 1 through June 3.

Colorado River: Cataract Canyon: 5-day trip at $150 per person—June 12.

Green River, Dinosaur National Monument: 5-day trip at $125 per person—June 26.

Klamath River: 6-day trips at $125 per person—every Thursday in August. 3-day trips at $75 per person—August 6, 13, 20, 27; September 3.

Rogue River: 5-day trips at $150 per person—June 19, 26; July 3.

Sacramento River: 7-day teen-age trip at $60 per person—June 10. 6-day trip at $70 per person—August 23.

Salmon River, Main Fork: 6-day trips at $175 per person—July 17; August 7.

Salmon River, Middle Fork: 5-day trip at $250 per person—July 4, 12, 27; August 2.

Selway River: 5-day trip at $250 per person—June 26.

Snake River, Grand Teton Natio Park: 6-day trip at $150 per perso August 26. Hell's Canyon: 6-day at $250 per person—September 3.

Stanislaus River: 2-day trips at $45 person—every Saturday April through August 26.

Tuolumne River: 2-day trips at $50 person—May 6, 13, 20.

Yampa River, Dinosaur National M ument: 5-day trip at $125 per per —June 19.

American River Touring Association
1016 Jackson St., Oakland, Calif. 94

American River: 2-day trips at $48 person—every Saturday April through June 24. 2-day trips at $ per person—every Friday June through September 29.

Colorado River, Cataract Canyon: and 11-day trips at $200 and $350 person—July 18; August 1, 15, 7-day trips at $225 per person—J 24; August 7, 21; September 4.

Colorado River, Grand Canyon: 8- trips at $315 per person—every S urday April 1 through October 28 and 12-day trips (no motors) at $ and $395 per person—June 14, July 12, 26; August 9, 23; Septem 6, 20. 8-day trips (no motors) at $ per person—June 18; July 2, 16, August 13, 27; September 10, 24.

Copper River, Alaska: 6-day trips $250 per person—August 19, 29.

Fraser, Chilcotin, Chilko rivers, Brit Columbia: 10-day trips at $475 person—July 30; August 10.

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lamath River: 2-day trips at $55 per person—every other Saturday June 17 through October.

ogue River: 5-day camp trips at $165 per person—every Monday June 12 through August 28. 4-day lodge trips at $165 per person—every Tuesday July 4 through September 5.

almon River, Middle Fork: 6-day trips at $250 per person—every Tuesday July 4 through September 10.

elway River: 5-day trips at $250 per person—June 19, 26.

ake River, Yellowstone National Park: 6-day trips at $155 per person —July 30; August 9.

anislaus River: 2-day trips at $48 per person—every Saturday April 1 through October 28. 2-day trips at $44 per person—every Friday and Sunday March 31 through October 29.

anislaus/Tuolumne rivers: 5-day trips at $135 per person—July 10, 17, 24, 31; August 7, 14.

uolumne River: 2-day trips at $48 per person—every Saturday July 8 through August 26.

ampa/Green rivers: 5-day trips at $140 per person—every Monday June 5 through July 10.

rizona River Runners, Inc.
ox 2021, Marble Canyon, Ariz. 86036

olorado River, Grand Canyon: 4 and 8-day trips at $200 and $325 per person—April 1, 25; May 9, 27; June 6, 17, 20, 28; July 1, 11, 22, 31; August 8, 19, 29; September 2, 19; October 3, 9. 5-day trips at $225 per person—April 4, 28; May 12, 30; June 9, 20, 23; July 2, 4, 14, 25; August 3, 11, 22; September 1, 5, 22; October 6, 12.

Canyoneers, Inc.
Box 957, Flagstaff, Ariz. 86001

Colorado River, Grand Canyon: 12-day trips (no motors) at $475 per person—June 12; July 3, 17; August 7, 21. 7-day trips at $330 per person—Sundays, April 30 through September 24.

Colorado River and Trail Expeditions
1449 E. 30th South
Salt Lake City, Utah 84106

Colorado River, Cataract Canyon: 4-day trips at $125 per person—May 17; June 27; July 11; August 22.

Colorado River, Grand Canyon: 8-day trips at $275 per person—April 8, 22; May 6; June 3; July 1, 15, 29; August 12, 26; September 9. 10-day trips at $310 per person—April 20; June 1; July 13; August 10; September 7.

Fraser River, British Columbia: 5-day trip at $275 per person—September 5.

Yampa/Green rivers, Dinosaur National Monument: 4-day trips at $80 per person—July 22, 29. 3-day trips at $55 per person—September 29; October 7.

Conservation Travel
National Wildlife Federation
1412 16th St. N.W.
Washington, D.C. 20036

Colorado River, Grand Canyon: 11-day trips at $415 per person—June 24; August 2.

Fort Lee Company
Box 2103, Marble Canyon, Ariz. 86036

Colorado River, Grand Canyon: 3 and 8-day trips at $295 and $485 per person—every Friday May 5 through October 13. 6-day trips at $395 per person—every Sunday May 7 through October 15. 15-day trips (no motors) at $585 per person—May 19; July 7; August 11; September 8.

Georgie's Royal River Rats
Box 12489, Las Vegas, Nev. 89112

Colorado River, Grand Canyon: 10-day trips at $325 per person—May 8, 29; June 19; July 10, 31; August 21.

Grand Canyon/Canyonlands Expeditions
Box O, Kanab, Utah 84741

Colorado River, Cataract Canyon: 5-day river and 8-day river and land trips at $195 and $355 per person—May 1, 15, and every Monday May 29 through September 25.

Colorado River, Grand Canyon: 4 and 10-day trips at $185 and $389 per person—April 3, 17; May 1, 15; June 5, 19; July 3, 17, 31; August 14, 28; September 11, 25; October 9. 7-day trips at $255 per person—April 6, 20; May 4, 18; June 8, 22; July 6, 20; August 3, 17, 31; September 14, 28; October 12. 9-day trips at $379 per person—April 1, 15, 29; May 13; June 3, 17; July 1, 15, 29; August 12, 26; September 9, 23; October 7. 12-day trips (no motors) at $435 per person —May 17; June 7, 28; July 26; August 16; September 6.

Colorado River, Westwater Canyon: 2-day trips at $85 per person—Saturdays, May 6 through September 23.

Green River, Lodore Canyon: 4-day

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mpa/Green rivers: 4-day trips at $149 per person—May 27; June 8, 22.

and Canyon Dories
x 5585, Stanford, Calif. 94305

lorado River, Grand Canyon: 6 and 18-day trips (no motors) at $220 and $580 per person—May 11; June 1, 11, 22; July 2, 13, 23; August 3, 13, 24. 13-day trips (no motors) at $420 per person—May 17; June 7, 17, 28; July 8, 19, 29; August 9, 19, 30.

and Canyon Youth Expeditions
. 2, Box 755
agstaff, Ariz. 86001

lorado River, Grand Canyon: 22-day trips (no motors) at $425 per young man (age limit, 16 to 23)—June 1; July 1; August 1.

arris Boat Trips
0 N. 500 East, Box 766
nterville, Utah 84104

lorado River, Cataract Canyon: 6-day trips at $195 per person—April 11; May 19. 5-day trips at $175 per person—April 19; June 2; October 1. 4-day trips at $155 per person—July 15; August 19; September 1.

lorado River, Grand Canyon: 3 and 9-day trips at $140 and $360 per person—April 18; May 2, 15, 30; June 12, 26; July 10; August 1, 14, 28; September 11. 6-day trips at $225 per person—April 21; May 6, 18; June 3, 15, 29; July 13; August 4, 17; September 1, 15.

een River, Desolation Canyon: 5-day trips at $165 per person—May 26; June 2. 4-day trip at $150 per person —May 13.

atch River Expeditions
1 E. Second North
rnal, Utah 84078

olorado River, Grand Canyon: 4 and 10-day trips at $150 and $315 per person—April 10, 24; May 1, 8, 15, 22, 29; June 1, 12, 19, 26; July 3, 17, 24; August 7, 14, 21, 28; September 4, 11, 18; October 2, 16. 6-day trips at $175 per person—April 13, 27; May 4, 11, 18, 25; June 1, 4, 15, 21, 29; July 6, 20, 27; August 10, 17, 24, 30; September 7, 14, 22; October 5, 19.

lmon River, Middle Fork: 5-day trips at $285 per person—July 3, 10, 17, 24, 31; August 7, 14, 21.

mpa/Green rivers, Dinosaur National Monument: 1 to 6-day trips at $15 to $142 per person, including 4-day trips at $99 per person—Thursdays, May 4 through September 14.

issouri River Cruises
ox 1212, Fort Benton, Mont. 59442

issouri River Wilderness, Montana: 4-day trips at $140 per person—June 12; July 18; August 1. 2-day trips at $70 per person—July 1, 3.

oki Mac River Expeditions
29 Bella Vista Dr.
lt Lake City, Utah 84121

olorado River, Cataract Canyon: 4-day river and 7-day river and land trips at $150 and $262.50 per person —May 14, 28; June 11, 25; July 9, 23; August 6, 20; September 3, 17; October 1.

Colorado River, Grand Canyon: 4, 7, and 10-day trips at $130, $225, and $350 per person—April 12; May 3, 17, 31; June 14, 28; July 12, 26; August 9, 23; September 6; October 4.

Mountain Travel (USA)
6201 Medau Pl.
Oakland, Calif. 94611

Colorado River, Grand Canyon: 13-day trips (no motors) at $485 per person —July 2, 30; August 13.

Snake River, Hell's Canyon: 6-day trip at $275 per person—June 12.

OARS, Inc.
(formerly Gooch-Wendt Expeditions)
1310 20th St.
Santa Monica, Calif. 90404

American River: 2-day trip at $48 per person—May 28

Colorado River, Grand Canyon: 13-day trips (no motors) at $485 per person —June 4, 18; July 2, 16, 30; August 13, 27. 8½-day trips (no motors) at $295 per person—June 8, 22; July 20; August 31. 5-day trips (no motors) at $225 per person—June 4, 18; July 16; August 27.

Rogue River: 5-day trips at $150 per person—June 20, 26. 3-day trip at $100 per person—May 27.

San Juan River: 5-day trips at $150 per person—July 4, 10.

Stanislaus River: 2-day trips at $45 per person—April 29; May 6, 13, 20; June 3, 10, 17; August 5.

Tuolumne River: 2-day trips at $45 per person—August 1, 3.

Orange Torpedo Trips
Box 1111, Grants Pass, Ore. 97526

Deschutes River: 3-day trips at $150 per person—July 19; August 7, 22.

Klamath River: 3-day lodge/camp trips at $140 per person—June 26; July 4, 10, 15, 24, 28; August 1, 14, 29; September 5, 12, 19.

Rogue River: 3-day lodge trips at $140 per person—every Friday and Wednesday June 16 through August 30. 2-day lodge trips at $100 per person—July 1, 8, 15; August 5, 12, 19; September 2, 9, 16, 23. 1-day trips at $30 per person—daily June through September.

Outdoors Unlimited
2500 Fifth Ave.
Sacramento, Calif. 95818

American River: 2-day trips at $44 per person—each Saturday April 22 through June 10.

Colorado River, Grand Canyon: 5 and 12-day trips (no motors) at $190 and $360 per person—June 26; July 10; August 7, 21; September 4. 8-day trips (no motors) at $270 per person —June 20; July 14; August 11, 25; September 8.

Salmon River, Middle Fork: 6-day trips at $250 per person—July 18, 25.

Stanislaus River: 2-day trips at $44 per person—each Saturday April 15 through September 23.

Rogue River: 3-day lodge trips at $130 per person—July 3, 17, 31; August 14. 5-day camp trips at $150 per person—July 10, 24; August 7, 21.

Tuolumne River: 3-day trips at $75 per person—June 29; July 3, 6, 10, 13.

River Adventurers West
Box 801, Pacific Palisades, Calif. 90272

Salmon River, Middle Fork: 5½-day trips at $275 per person—July 2, 9,

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Tuolumne River: 2-day trips at $4 person—May 27; June 3, 10, 17 July 1, 8, 15, 22, 29.

Rogue River Raft Trips
Morrison's Lodge, Merlin, Ore. 97

Rogue River: 3-day lodge trips at per person—every Thursday Ju through August 31. 2-day lodge at $120 per person—every Thu April 27 through May 25.

Salmon River Boat Tours
Box 838, North Fork, Idaho 8346

Salmon River, Main Fork: 5-day at $375 per person—every Satu July 1 through September 30.

Salmon River, Middle Fork: 5-day at $375 per person—every Satu July 1 through September 30.

Sanderson River Expeditions, Inc.
Box 1535, Page, Ariz. 86040

Colorado River, Grand Canyon: 1 trips at $375 per person—May 1 24; September 11. 9-day trips at per person—April 17, 24; May 8 29; June 12, 19, 26; July 3, 10, 1 August 7, 14, 21, 28; September 4 6-day trips at $225 per person— 20, 27; May 11; June 1, 15, 22 July 13, 20; August 10, 17, 31; tember 7, 21. 4-day trips at $17 person—April 17, 24; May 8, 22 June 12, 19, 26; July 10, 17; A 7, 14, 28; September 4, 18.

Tag-A-Long Tours
452 N. Main St., Box 1206
Moab, Utah 84532

Colorado River, Canyonlands Nat Park: 4-day river trips and 7-day and land trips at $175 and $2 per person—May 14, 28; June 1 July 9, 23; August 6, 20; Septe 3, 17; October 1. 1-day trips a and $20 per person—daily Ap through October 31.

White Water River Expeditions
Box 1249, Turlock, Calif. 95380

Colorado River, Cataract Canyo day trips at $165 per person—M 28; June 5; July 3.

Colorado River, Grand Canyon: 3 9-day trips at $185 and $300 per son—April 5; May 1, 29; July August 21; September 18; Octobe 6-day trips at $225 per person— 8; May 4; June 1; July 27; Augus September 21; October 19. 7-day at $275 per person—April 17; 15; June 12, 26; July 10; Augu September 4; October 2.

Salmon River, Main Fork: 6-day at $175 per person—May 31; Ju 18; August 6, 15, 24; Sept. 2, 11

Salmon River, Middle Fork: 7-day at $260 per person—June 26; Ju 7, 17, 27.

Stanislaus River: 2-day trips at $4 person—every Saturday Apri through October 28.

Tuolumne River: 2-day trips at $5 person—July 9, 15, 22,29; Augus

Wilderness Society
4260 E. Evans Ave.,
Denver, Colo. 80222

Boundary Waters Canoe Area, M sota: 7-day trips at $215 per pers June 18; July 23.

Colorado River, Cataract Canyo

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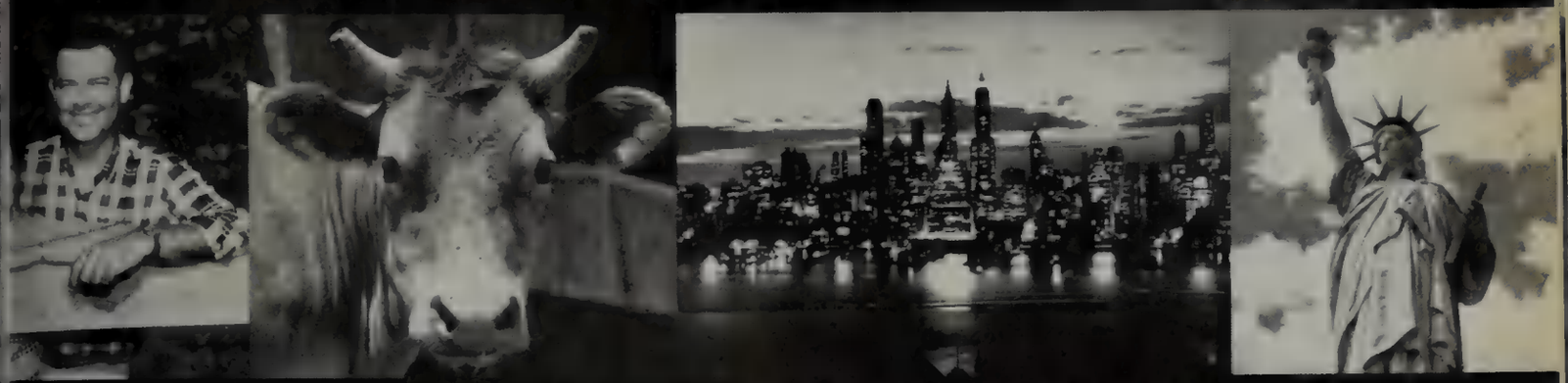
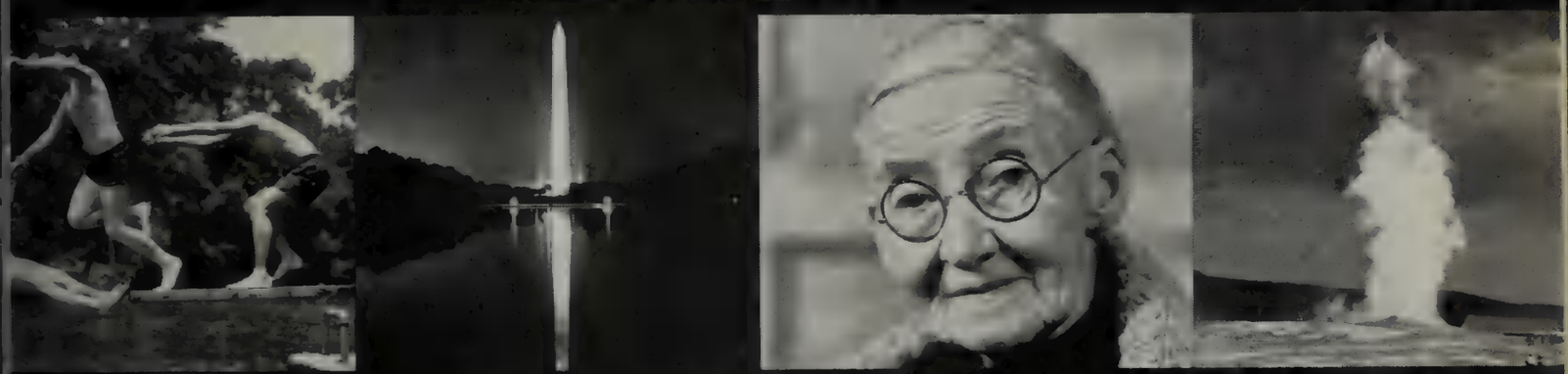


en was the last time you came face-to-face with eyes crinkle-lined from sharing days



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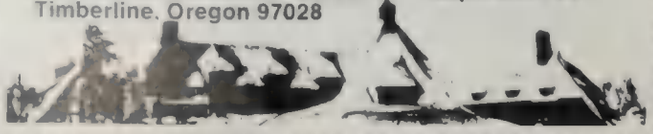

day trip at $245 per person—Jul

Colorado River, Grand Canyon: 1(trip, $345 per person—Septembe

Escalante Wilderness, Utah: 7-day at $265 per person—September

Missouri River Wilderness, Montar day trips at $325 per person— 14, 23, 25; July 23.

Quetico Provincial Park Wilde Canada: 10-day trip at $315 per son—July 12.

Snake River, Hell's Canyon: 6-day at $280 per person—September

Voyageurs National Park Wilde Minnesota: 7-day trips at $215 person—July 11; August 20.

Yukon River: 11-day trips at $47(person—June 21; July 26.

Wilderness Water Ways, Inc.
4 Live Oak Circle
El Sobrante, Calif. 94803

Rogue River: 3-day camp trips at per person—June 21; July 12, 1 29; August 2, 9, 16, 23. 3-day trips at $95 per person—June July 2, 8, 15, 22; August 5, 12, 1 September 2. 4-day lodge tri $125 per person—June 24; July

Stanislaus River: 2-day trips at $4 person—every Friday and Su May 5 through September 3. trips at $45 per person—every urday April 1 through Septembe

Tuolumne River: 3-day trips at $7 person—July 1, 11, 18, 25; Aug 8, 15, 22, 29; September 2. 2-day at $60 per person—April 8, 15 29; May 6, 13, 20, 27; July 8, 1 29; August 5, 12, 19, 26.

Wilderness World
1342 Jewell Ave.
Pacific Grove, Calif. 93950

American River: 2-day trips at $4 person—May 17, 23.

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Green River, Dinosaur National M ment: 5-day trips at $135 per p —every Monday in July.

Salmon River, Main Fork: 6-day at $255 per person—July 17, 31 gust 14, 28.

Salmon River, Middle Fork: 6-day at $240 per person—July 10, 24 gust 7, 21.

Stanislaus River: 2-day trips at $4 person—every Saturday Apri through October 14.

Rogue River: 5-day trips at $16 person—May 29; June 5, 12; Se ber 5.

Tuolumne River: 2-day trips at $4 person—July 11, 15, 18, 22, 25

Yampa/Green rivers, Dinosaur tional Monument: 5-day trips at per person—June 19, 26.

Wonderland Expeditions
Box 338, Green River, Utah 84525

Colorado River, Cataract Canyo day trips at $175 per person—M July 3, 17; September 11.

Colorado River, Grand Canyon: trips at $300 per person—June July 31; August 21.

San Juan River: 8-day trip at $15 person—May 21.

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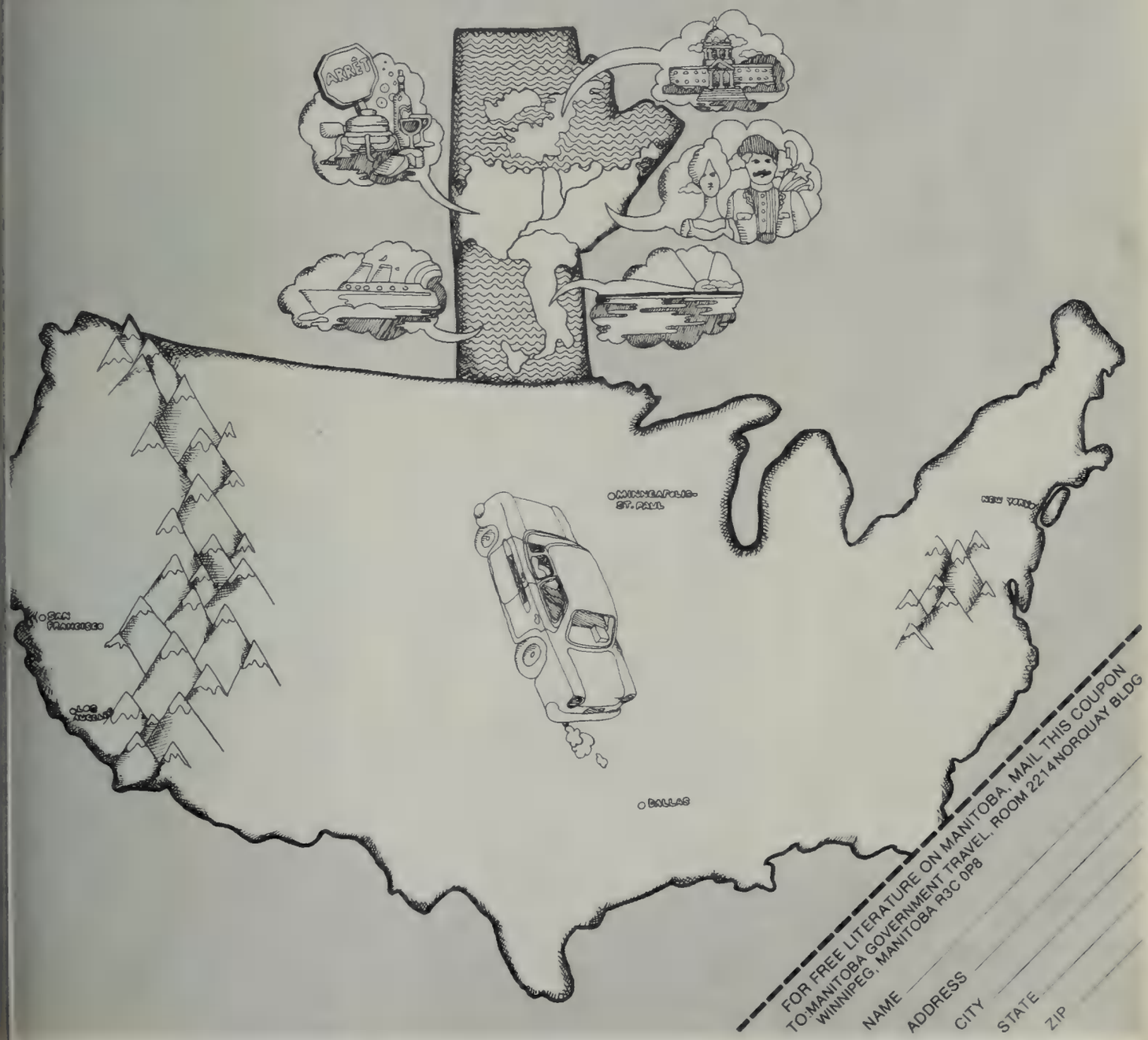

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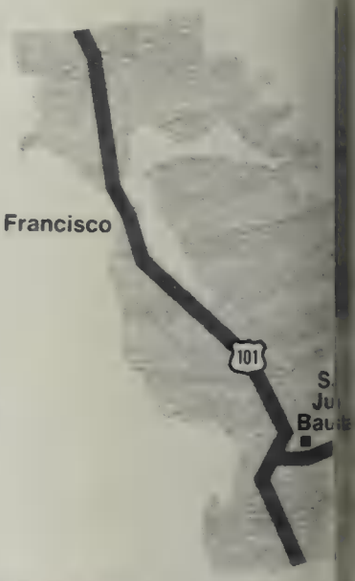
Visitors *stroll past old lodge hall (built in 1868) on Second Street. There's an antique shop on first floor*

A tense *moment in "Virgen de Guadalupe," a play presented last December in the La Calavera Theatre. New productions are planned for this spring*



A mixture of yesterday and today

The carefully restored buildings of the State Historic Park and the mission on San Juan Bautista's Mission Plaza still overlook San Juan Valley much as they did more than a century ago. But down in the town itself, new shops, galleries, and other attractions are moving into the old frame buildings that stand shoulder to shoulder along Third Street. San Juan Bautista is about 2 hours south of San Francisco between Gilroy and Salinas and only 3 miles off U.S. Highway 101.

A walk down Third Street will reveal a curious mixture of the past and the present. Sidewalk hitching rings from another era now tether only the shadows of parked automobiles in front of the more than half a dozen antique shops, several arts and crafts galleries, a theater, restaurants, and many other craft and specialty shops in a four-block area on or near Third Street.

At a small theater (La Calavera) on Washington Street, a resident acting group presents plays rich in the traditions and history of early California every Friday and Saturday at 8 P.M. Admission is usually $1.75. The theater had no firm schedule for April to give us at press time, but you can telephone (408) 623-4436 for information.

Up one block from Third Street is the Mission Plaza. The cool adobe mission, completed in 1812, is open every day from 9:30 A.M. to about 5:30 P.M. A contribution of 50 cents per person, or $1 per family, is requested.

Buildings in the State Historic Park are open all week from 8 A.M. to 4:30 P.M. The Plaza Hotel (which began as a Spanish barracks in 1814), the Castro House (1840), the Plaza Stable (1861), and the Plaza Hall-Zanetta House (1868) all have historic exhibits of antique furnishings, clothing, household articles, and other relics from the early days of the town. Only Castro House, where you can get information on the history of San Juan Bautista, has an admission charge (25 cents for adults, free for children under 18). □

Shoppers *look through Joe's Trading Post, one of many antique shops*

The fabric *wall hangings, ceramics, and paintings of several local artists are in the new Mariposa Gallery on Mariposa Street*

GERALD R. FRIDRICK

Plaza Hall, *built in 1868, was also a private residence. Many of the original furnishings are on exhibit inside as part of the State Historic Park*

Mission *San Juan Bautista, built between 1803 and 1812, is still an active parish church. You can picnic here or in gardens behind Plaza Hall or Castro House*

Cages *of colorful birds are moved into the Grand' Place of Brussels for the Sunday bird market*

On Sunday morning the stately Grand' Place of Brussels squawks and flaps to life as a one-day bird market. Entering the historic square you are immediately caught up in the excitement that begins when the vendors open for business at 7 A.M. And it seems that anyone able to make a home for a bird ends up purchasing one.

Prices are reasonable enough to appeal to foreign tourists as well as local shoppers. African "aviary" birds sell for as little as 50 cents. A small parrot, complete with carrying cage, several months'-worth of seed, vitamin cakes, and a guarantee that he would talk, went home for $9. The assortment includes cockatoos, lovebirds, as well as other exotic and domesticated fowl.

Most foreign visitors go to the bird market as sightseers, but if you're tempted enough to consider bringing a bird home the pamphlet *So You Want to Import a Pet* will tell you all about the various regulations concerning the importation of birds into the United States; for a free copy, write to Office of Information and Publications, Bureau of Customs, Washington, D.C. 20226. □

GARY SH

Small parrot *poises on shopper's hand*

The bird market in Brussels . . . it's open every Sunday morning

Unusual *rooster for sale. Rose comb, large wattles*

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CLEAN WATER: ***our future is riding on it*** **EVINRUDE** *first in outboards*

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With *a great, hissing splash, Skana, a 19-foot-long killer whale at Vancouver's Public Aquarium, leaps out of the water to touch trainer's staff*

Junglelike *foliage of tropical gallery elicits comments from young visitor. Another looks for crocodile in pool*

Killer whales leap on signal in Vancouver's Stanley Park

The great attraction of the renovated Vancouver Public Aquarium in British Columbia is a fascinating 20-minute performance offered hourly on the hour by two killer whales, Hyak and Skana. They're accompanied by two Pacific white-sided dolphins, Diana and Thetis.

They all cavort in a huge 18-foot-deep pool flanked by a semicircular, open-air grandstand. While an announcer explains what the whales are doing, trainers induce them to "vocalize" (make squeaking noises through their blowholes) and perform a series of acrobatics capped by three-ton Skana's straight-up leap out of the water. Unlike circus acts, the animals' performances are based as much as possible on natural behavior.

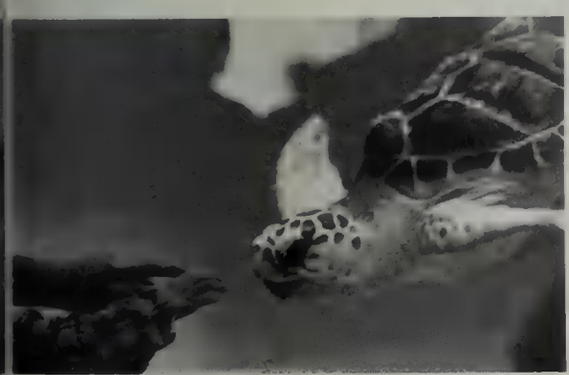
Beneath the grandstand in an underwater viewing area, visitors peer through 3-inch acrylic panels and watch the le- athans cruise by—only inches away. these facilities were opened last May

On the half hour, visitors gather arou a smaller outdoor pool where two luga, or white whales (Bella and Lugo and two Atlantic harp seals perform hand-fed rations of herring.

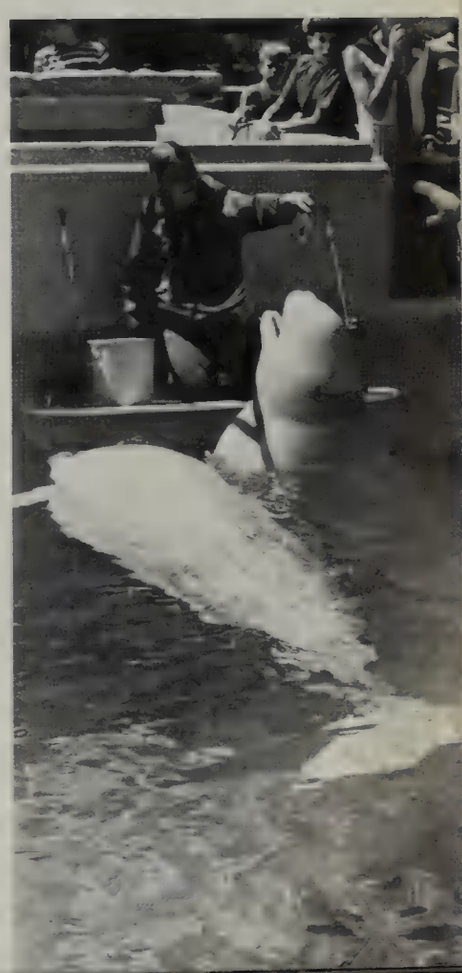
Inside exhibits display 8,300 specim representing 570 species of aquatic l including crocodiles, electric eels, oc puses, tropical sharks, and sturgeon. intertidal pools simulating natural er ronments, visitors can touch sea urchi shellfish, and starfish.

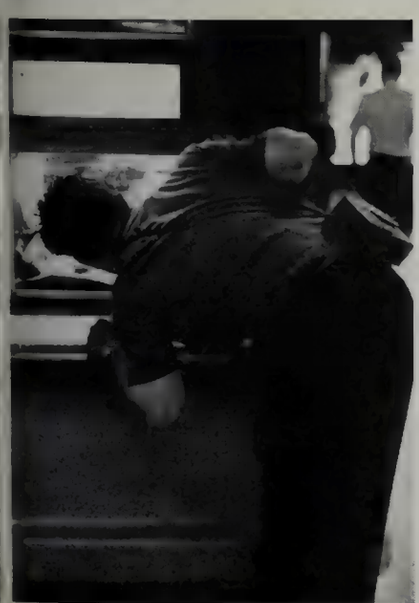
The aquarium, near the zoo in Stan Park, is open daily from 10 A.M. to du Adult admission is $2; children 16 under, students, and persons 65 and ov 25 cents.

Life-sized models *of killer whale and sharks hang from ceiling of aquarium gift shop, where visitors browse among natural history items, Indian crafts, Eskimo carvings*



Belugas *(white whales) are fed by attendant on the half hour; announcer explains that animals' noisiness belies their gentleness*

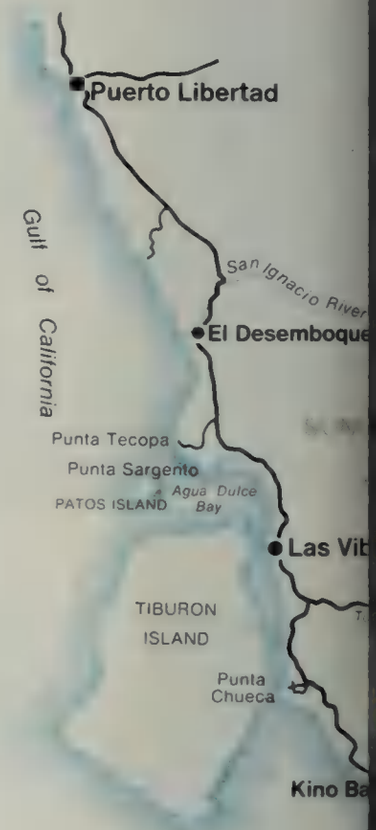




Each *of these three visitors is trying in his own way to get closer to the creatures behind glass*

WILLIAM APLIN

Driver *pauses to inspect imposing cardons lining road near San Ignacio River*



The fish road along the Sonora coast . . . just go slowly

Rambling lorries carrying the refrigerated catch of Puerto Libertad canoe fishermen to the markets of Hermosillo give this Mexican road its name: the Fish Truck Highway. It runs 107 miles along the central Sonora coast from Puerto Libertad to the growing resort village of Kino Bay.

Although not really a highway (not even paved) and on few maps, it is fairly smooth, and well graded in places as it skirts the Gulf of California along low hills and sand dunes, estuaries, and long, white beaches. You can manage it easily

Campers *relax on beach at Agua Dulce Bay. Punta Tecopa extends in background*

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nore a person strives for excellence in his life, the likely he is drawn inevitably to Cadillac. For this is r that stands for excellence itself. With styling that is classical and contemporary. With ever greater meas- of comfort and convenience. Yet, Cadillac's reputation se regards tends to overshadow other, equally significant factors. Excellence of engineering. Infinite care in manufacturing. The things that add up to driving peace of mind. It's also easy to forget that Cadillac is an excellent value—that Cadillac resale value is traditionally highest of any car built in the land. So why admire it from afar? An authorized Cadillac dealer is just a few iron shots away.

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CBS-TV, April 8, 9

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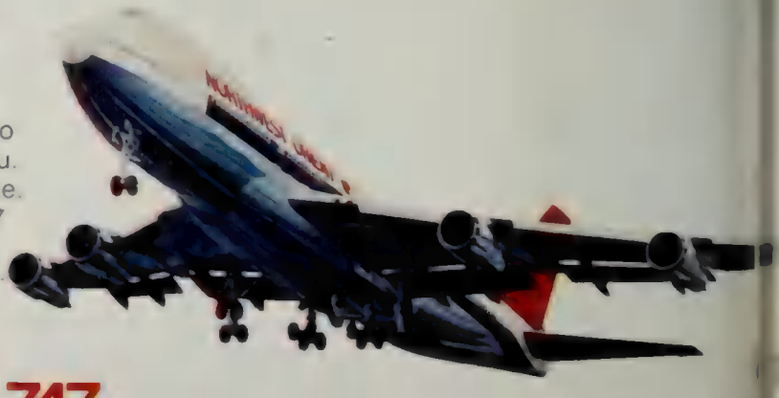

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NORTHWEST ORIENT 747

Photographer *kneels for better shot of yellow-blossomed cholla cactus*

WILLIAM APLIN

in a light truck or a carefully-driven passenger car. The fish trucks make the run in 3 hours but you can go more slowly, fishing in the gulf, visiting small Seri Indian pueblos, or relaxing on the beach.

Camper trucks are common along some stretches and there's plenty of room to camp in privacy. April and May are attractive months: The surf is gentle, the temperatures are mild, and many Sonoran desert plants are in bloom.

A small rubber boat will make fishing and exploring easier. You should drive with a full gas tank, and carry an emergency can.

The first 40 miles of road curves southeast from Puerto Libertad away from the coast, behind a low mountain range and red lava slopes, before crossing the San Ignacio River and following it back to the gulf at El Desemboque, the principal Seri village. You'll pass several kinds of desert growth, including the common saguaro and cardon cactus, purple-blossomed ironwood, elephant trees, yellow cholla, and ocotillo sprouting red flowers from tall, leafless branches. You may see osprey nests in some of the cardons.

Eighteen miles south of Puerto Libertad a well traveled side road branches southwest for 6 winding miles over a low summit to the water; you can camp here among stands of sunflowerlike brittlebush. Your occasional neighbors might include diving pelicans, porpoises huffing along offshore, a distant coyote at night, and—on some still mornings—thousands of small, multicolored snails crossing the mossy rocks of the shallow beach with a slight rustling sound.

You can fish for bass or triggerfish. Wait for high tide and use floats to keep your

Seri *Indian woman polishes carved ironwood figure offered for sale*

then wheel into the exciting heart of British Columbia!

The MV "Queen of Prince Rupert" is an extension of British Columbia's fine highway system, bridging 330 miles of the fjord-like, coastal Inside Passage. Board with your vehicle at either Prince Rupert or Kelsey Bay on Vancouver Island to complete the Totem Circle tour. Enjoy unparalleled service on this cruise-like ship, then 20 hours later arrive refreshed at your destination to continue your motoring adventure. Drive by the finest native totem poles along the Skeena River. Visit the Cariboo country with its lakes, ranches and goldrush Barkerville, then be awe-struck with the grandeur of the Fraser Canyon. Vancouver and Victoria await you. See your travel agent, auto club, or send for our Totem Circle kit — in any season.

"Camp" along the Inside Passage . . . anytime!

Wheel your recreational vehicle right onto the car deck of the Queen of Prince Rupert. Bring your fishing tackle and camera. British Columbia has something for the outdoors lover all year 'round and there are good camp sites everywhere!

SUMMER (May 8 - Sept. 21) Sailings northbound and southbound on alternate days.
AUTUMN TO SPRING (Sept. 23 - May) Northbound leave Kelsey Bay Tuesdays and Thursdays. Southbound leave Prince Rupert Wednesdays and Saturdays. Off season, save 25% on fares (car, camper, trailer, passenger) and staterooms too! MOTOR COACH connections for all points at both terminals.

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WILLIAM AP

Beachcombers *and bo*
line shore in fr
of Kino Bay bathho

line off the bottom; or you can cast wi light lures or with cut bait from t rocks or beaches.

Fourteen miles farther south, the ma road crosses the dry, silty San Ignac River bed and then parallels the river f 9 miles to the stick-and-mud houses El Desemboque. The town's Seri re dents are a dwindling fishing tribe no known for their smooth, hard ironwo carvings. You can buy animal, bird, a fish figures from their long-robed wom for about $5; they'll abandon the S tongue to discuss the deal a little Spanish, but don't expect the price change. They also sell delicate shell nec laces for about 50 cents.

The road continues south for about miles across fast, dry lake beds to t Punta Tecopa turnoff, a 2½-mile si road that curves around a mangro swamp before dwindling away along rocky shore beneath the high point. Y can look across the water to tiny Pat Island and looming Tiburon Island, t original Seri home now closed to visit and reportedly being developed as a n tional park. At low tide you can wa south along a shallow sand spit to Pun Sargento.

South of Punta Tecopa the main ro hugs the white beach of Agua Dulce B for about 19 miles to Las Viboras, th curves away for another 15 miles Punta Chueca; both are Seri settlemen You can camp among the bay's l dunes; occasionally schools of small, s sting rays will glide within inches of t beach before scooting away.

About 2½ miles south of Punta Chue you can take either of two divergi turnoffs to the beach; they meet aga near a small estuary where you c camp. From this junction, the ro moves away from the gulf for 13 mil to the motels, restaurants, and trail park of Kino Bay. From here Herm sillo is 68 quick miles inland alo paved Sonora State Highway 16.

For information about the road in Puerto Libertad from the north, see pa 24 of the October 1971 *Sunset*.

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SUN 72

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Getting ready to clear customs

Americans returning from a trip abroad may be apprehensive about going through U.S. customs. In most cases inspectors will helpfully speed you on your way with little delay. Yet sometimes, like the occasional auditing of an income tax return, you may be asked to undergo a thorough inspection.

If this should happen to you, there is little to be concerned about if you have followed a few simple rules.

Make a full declaration. You must declare *all* foreign purchases you're bringing into the United States. If they add up to less than $100 you can make an oral declaration. However, the airlines provide all passengers with a simple declaration form, and it is a good idea to use it no matter how little shopping you did.

You can lump up to $50 in purchases into a miscellaneous declaration, but after that you must itemize. Your list must include garments you are wearing and even things that are used, along with the price you actually paid for them. Customs inspectors will make an adjustment in the value of used items.

Each individual gets a duty exemp of $100 if he's been out of the cou more than 48 hours. Mexico (witl minimum time) and some U.S. territ are exceptions. You must pay dut acquisitions that push you beyond $100 exemption. But inspectors usu charge on items with lowest duty ra

Don't submit an incomplete cust form. If it is noted, your foreign chase may be confiscated and you be charged a penalty equal to the retail value of the undeclared articl

Register foreign-made property. toms officers report that one of the gest irritants to returning travele having to pay duty on something of eign manufacture they took abroac you want to be on the safe side, the lution is simple, although it calls foresight and maybe a little special e to arrange:

Well before departure time, take articles as foreign-made came watches, and handbags to a customs fice—in an airport, for example. officer will certify on a form that possessed the items before depart When you return, merely show the der inspector the form.

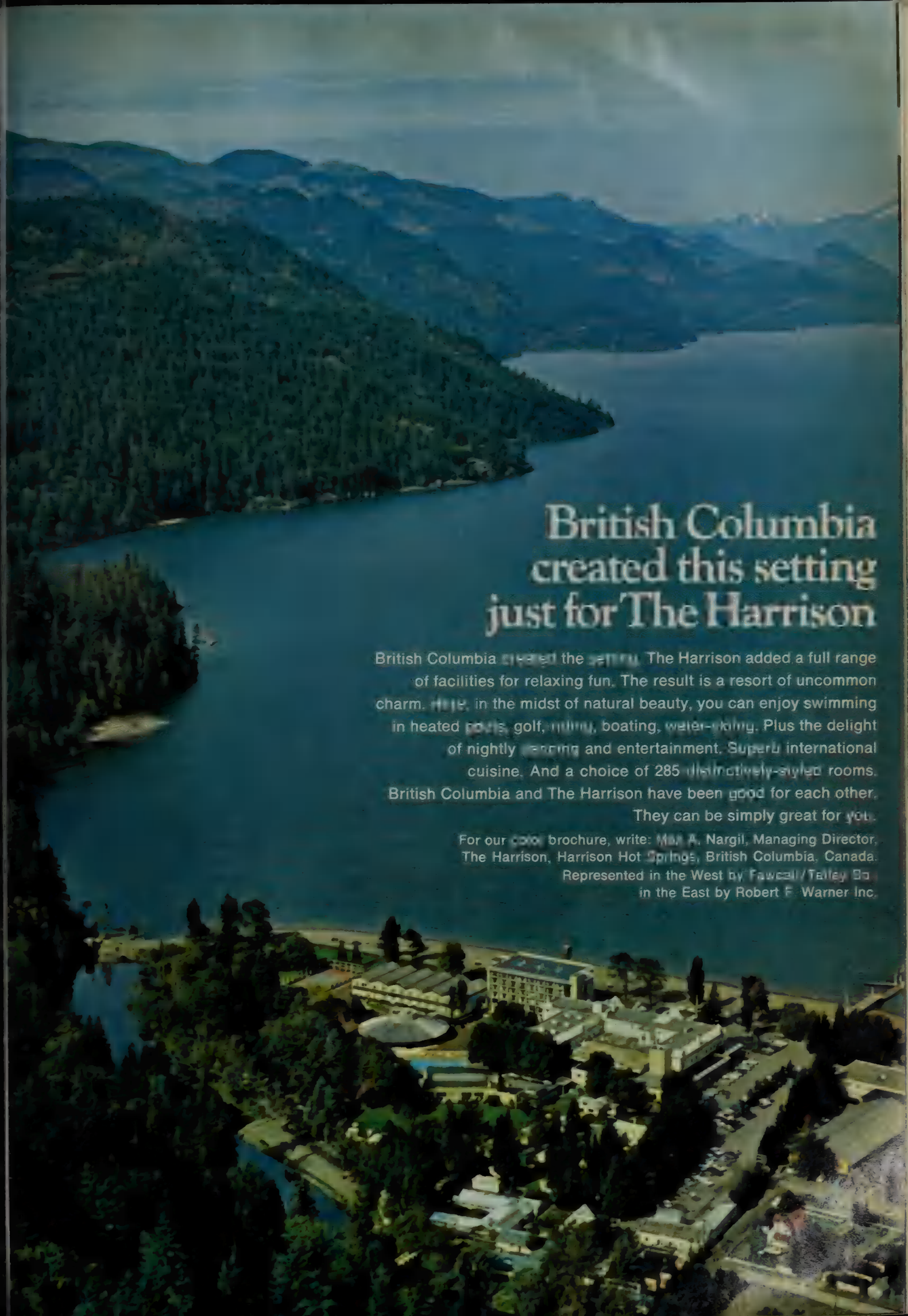
To speed inspections. Heavy inte tional airline traffic makes delays in toms inevitable. But you can do things to help speed your way thro the inspection:

Most important is to pack all fore acquisitions in one suitcase so the spector can examine them easily.

The other is to keep receipts for it purchased abroad. They will help to tablish the exact amount you paid. a warning is in order about foreign n chants who suggest writing "deflat sales slips so your duty will be Don't accept them. Customs inspect are knowledgeable about prices abr and can spot incorrect receipts.

Packages for others. Another word advice may help you avoid seri trouble: Don't carry packages or b into the United States for other peo unless you are certain of the conte You are responsible for any contrab found in such packages even if didn't know it was there. You are responsible for any duty that may charged.

Most customs regulations, includ those about prohibited imports, are fa easy to understand. Confusion is m likely to result from listening to mis formed friends or foreign "experts" (u ally merchants with a sale in mind). only completely qualified advisers people in the customs service. The reau of Customs also publishes a help free pamphlet, *Know Before You* available from any customs office.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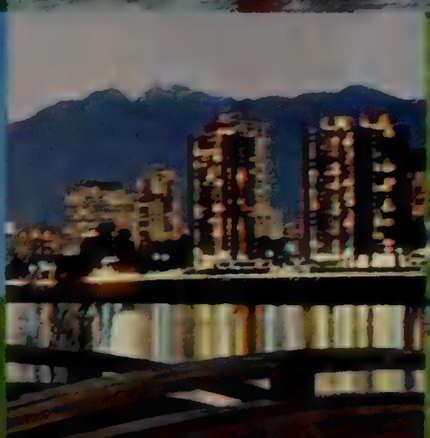

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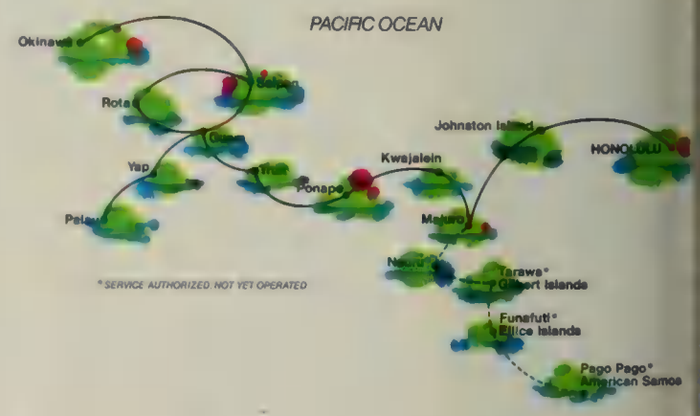

CONTINENTAL AIRLINES
THE PROUD BIRD WITH THE GOLDEN TAIL

Desert wildflowers .the 1972 prospects

ring wildflowers are blooming across Mojave and Colorado deserts of ıtheastern California this month, but this issue of *Sunset* goes to press, the ecast for a peak bloom in 1972 are too optimistic.

ɔaucity of rain across the desert areas fall has caused some forecasters to dict an unusually sparse bloom this ing (substantial rainfall is required in early season to wash away the nat- ıl inhibitors that keep wildflower seeds m prematurely germinating during nmer showers. Here are last-minute orts on where and when the best of bloom will occur in three of the Cal- rnia desert's prime wildflower areas:

telope Valley. State Highway 138 be- ɜen Antelope Valley and Gorman will ıin provide the most spectacular views wildflowers in this westernmost cor- of the Mojave Desert.

r resident correspondent in the poppy ds tells us that winter rains have been ırdly enough to wet the ground," but mbers of the local chamber of com- rce will man the wildflower informa- n center in Lancaster (155 East Ave- ɜ I) each Thursday through Sunday, m 10 A.M. until 4 P.M., March 23 ough April 29, to help visitors find best of the bloom.

ath Valley. Our correspondent in ath Valley tells us that the spring dflower bloom there this year will be ss than spectacular." November rains re late and light, and rainfall during cember was less than ½ inch. The dness of the winter may bring about early bloom below 2,000 feet, but bloom above 2,000 feet should be ayed until the last week of March ough the first two weeks of April. ıong the scenic drives offering the t high-elevation wildflowers are the ylight Pass Highway into the valley m Beatty, the Wildrose Station loop ve through the Panamint Mountains, d the drive to Scotty's Castle.

za-Borrego Desert. Although 1972 n't be a year of spectacular wild- wer vistas, ocotillo are already in ɔm and desert asters have started to furl in the Coyote Creek section of park. The Montezuma Road through lp Valley should prove a good wild- wer drive through the first weeks of ril, and the cactus blossoming will ıtinue—and improve—through April d into May. □

It's just a 45 minute drive from Honolulu. But it's like being on an Outer Island.

A lot of people
step off the plane at Honolulu and do a double take.
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To the North Shore. Where steep green mountains stand with
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①Kuilima ②Sunset Beach, just 5 minutes away. ③Polynesian Cultural Center, just 10 minutes away. ④Sea Life Park, 50 minutes away. ⑤Waikiki, 55 minutes away. ⑥Pearl Harbor, 40 minutes away. ⑦Honolulu, 45 minutes away.

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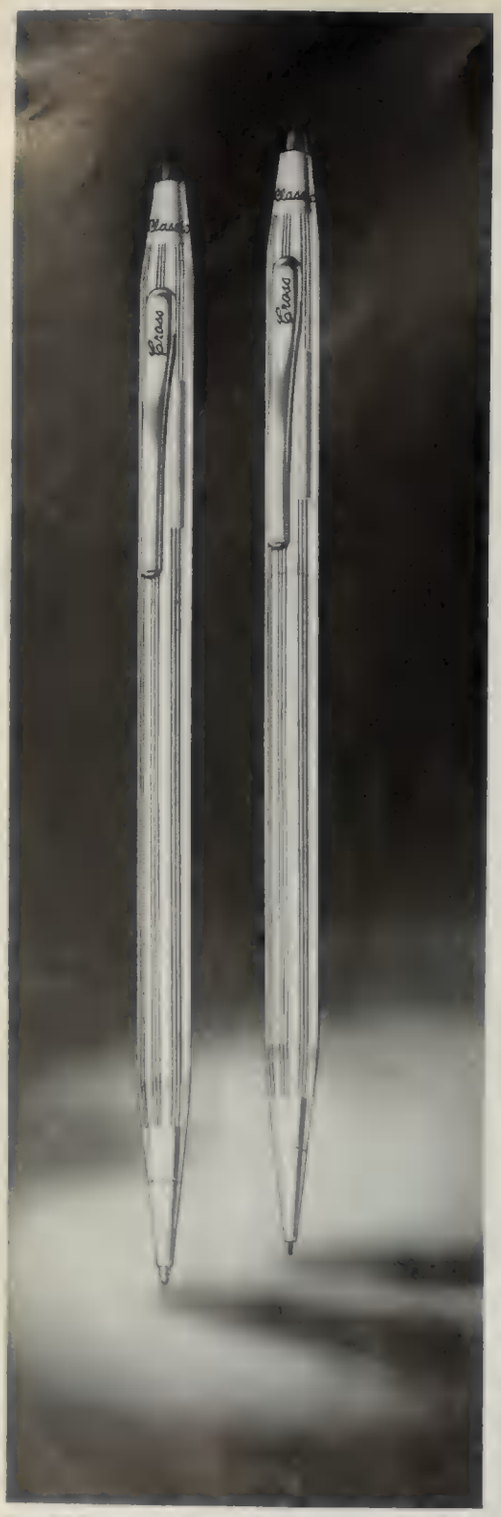

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After a visit *to Dog Island, couple returns on new wood brid*

There's a new bridge across to Red Bluff's Dog Island

Thick with trees and undergrowth like one of Tom Sawyer's favorite Mississippi River haunts, Dog Island has long caught the imagination of youngsters around Red Bluff.

But now young explorers, fishermen, and travelers through Northern California no longer must swim or cross a fallen log to the island because a graceful laminated wood footbridge connects it with th mainland.

The island, located in the Sacrament River just north of the town's busine district, has been consigned to the ro of nature preserve and "downtown wi derness." Its 13 acres were officially de ignated for public use last year throug a joint effort by the city of Red Bluff, th California Wildlife Conservation Boar and the U.S. Bureau of Reclamation. I wilderness character will not be altere (there is already a network of trails).

Visitors can wander through the fores of cottonwood and willows or hike th mile around the island. Otters and othe wildlife are frequently visible. The are is a good one for bird watching an nature photography. Fishing is permit ted along the banks, with many castin spots unhindered by brush.

If you are traveling on Interstate High way 5, Dog Island is a convenient plac to stop for a stretch or picnic. A ne parking area and access road were buil at the same time as the bridge. There ar no picnic facilities or drinking water o the island, however.

Visitors *enjoy forest and water views above narrow arm of Sacramento River*

If you don't slim down fast with Slender, you're cheating!

You, too, may lose 4 pounds the first week with Slender. Why not? Just don't backslide. Stick with 900 Slender calories a day and you'll get a thrill when you step on the scale.

Clinical study works for problem dieters

We put people, who were at least 20% overweight, on Slender for three weeks. That's four Slender meals a day, totaling 900 calories. At the end of the first week, dieters had lost an average of more than 4 pounds. During the next two weeks, losses averaged 3½ pounds a week. Many of the dieters on the program told us they were not unduly hungry and found Slender "surprisingly filling".

Low in calories, high in nutrition

Many 900 calorie diets are fad diets which emphasize one nutrient over others. But a Slender meal is nutritionally balanced. Whether it's instant Slender, mixed with the substantial nutrition of milk, or Slender chilled from the can —every glass supplies ¼ of your daily recommended adult dietary allowance of protein. Plus the regular vitamins and minerals you need, including vitamins C and B-complex.

Slender counts calories for you

With Slender, you don't have to get involved with measuring out tiny portions of this and that. And you avoid costly calorie mistakes which may undo your diet. Slender counts the calories, so you always know where you stand in the calorie battle.

How to slim down sensibly with Slender

If you want fast results to get your incentive up, go strictly Slender for a week. Then go back to other foods in diet proportions, but have your Slender for at least one meal. Whether you go strictly Slender again for another week later on depends on how much you want to lose. But you should ask your doctor before starting any program aimed at weight loss.

One thing's certain, you'll find Slender wears well in your diet. It's so rich and satisfying. Slender from Carnation. Dieting without nonsense.

Above. *It's pleasant to walk between classes on Banff Centre's 44-acre campus.* **Right.** *Ballet and drama students practice yoga positions on lawn against backdrop of rearing Massive Mountain Range*

Girl stitching *tulle tutu is theatre crafts student specializing in costume design*

DON NORMARK

Starting in May and July . . . art school in Banff

Courses *in musical performance, like this one in piano, include master classes, lectures, and small workshops*

High in the Canadian Rockies, Banff Centre's School of Fine Arts attracts a good many serious students from the Western United States. Summer visitors to Banff National Park are also welcome to look in on the scenic campus and attend student performances.

Banff Centre consists of three major buildings grouped on a sloping, wooded, 44-acre campus. Especially impressive is the new theater complex, fully professional in its equipment, with an attractive foyer-gallery for art shows.

The school celebrates its 40th anniversary this year. For the first time it offers not one but two six-week sessions—May 22 through June 30, and July 3 through August 11.

Introductory courses are taught but most classes are for intermediate or advanced students in: ballet, figure skating, French, music, painting, photography, pottery, theater, weaving, and writing.

The school provides tour guides weekdays from 9 A.M. to 5 P.M. for anyone wishing to watch rehearsals or classes.

Art shows and craft exhibits will be open to the public during both sessions. And every week there will be so-called "showcase performances" by the classes in the performing arts. These follow no set schedule, but there's almost always something going on. Tickets are $2.50 for adults, $1 for students, free for children under 12.

The major showcase of student work will be the Festival of the Arts the week of August 13 through 19. It will include an opera, musical, and ballet.

Tuition varies by subject—average $150 to $200 a session. There are on-campus living facilities.

Write to Banff Centre, School of Fine Arts, Banff, Alberta, Canada for a schedule of classes and a registration form. The registration deadline is May 1. ▫

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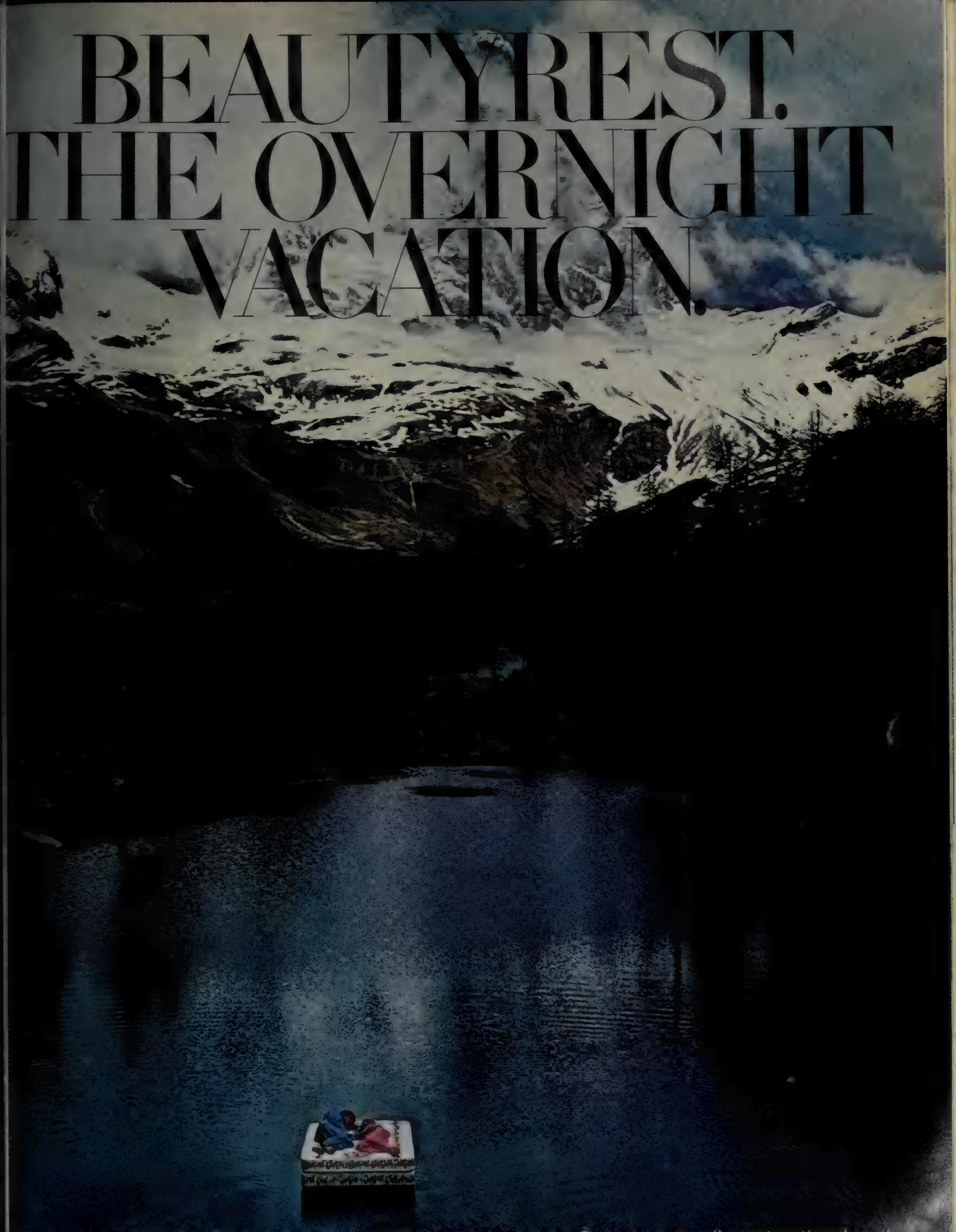

Beautyrest people get a sleep so deep it's like an overnight vacation. Our separate coil construction does it. It supports you at night like your muscles do all day. Firmly. Separately. As a result, you sleep effortlessly and wake up feeling like you've had a vacation. And since any of our four firmnesses can give you this feeling, why spend the night anywhere else?

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Sunset THE MAGAZINE OF WESTERN LIVING APRIL 1972

Shopper *at Ind art show displ Cochiti fig by Helen Corde who did simi "Storyteller" pictu on Sunset's co*

Southwest Indian art in 1972

In Arizona, New Mexico, California . . . where to see it, where to buy it, what it costs

Nine prize-winners *photographed last December at the Heard Museum Indian Arts and Crafts Exhibit in Phoenix. These pieces represent today's best work by Southwest Indian potters*

DARROW M. W

he **pottery and baskets** assembled in the two large photo-aphs on these pages are recent work by some of the finest ıdian potters and basketmakers in the Southwest today. Storyteller," the figure on *Sunset's* cover, and the similar gure in the small photograph above are also contemporary. he ceramic figure and bowl in the small photograph below e both pre-Columbian artifacts. All reflect common design ements.

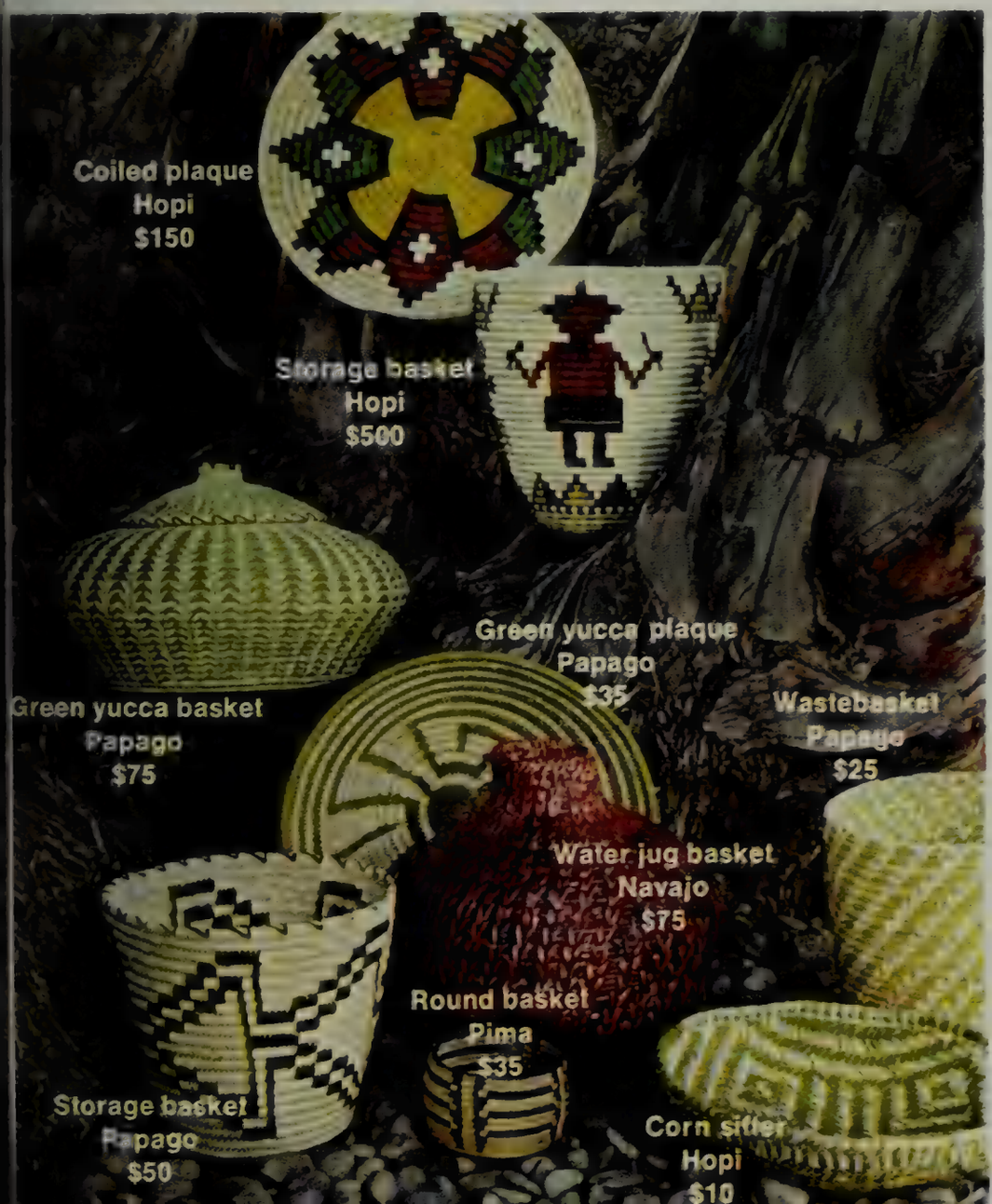
Collectors treasure the traditional aspects of Indian art. In fact, Indian artists have always been innovative, highly receptive to new techniques, and both sensitive and responsive to alien influences.

The prehistoric trade routes across the Southwest brought the ancient craftsman seashells from oceans he had never seen and exotic bird feathers from the faraway lands of the Aztec and Maya. In the sixteenth century Spaniards brought metalworking and the weaving of wool.

Late in the nineteenth century Indian traders began to develop a market for Indian art, and in so doing greatly influenced the direction of the art. Lorenzo Hubbell, an early trader in northern Arizona, was instrumental in getting weavers to switch from almost unmarketable Navajo blankets to the Navajo rugs still highly prized today. Fred Harvey, the pioneer railroad restaurateur in the Southwest, was one early businessman to recognize and promote Indian art.

Today Indian traders still influence the direction and marketing of Indian art. Another recent influence has been the government-sponsored Indian schools. Recognizable trends in Indian jewelry and painting can be traced directly to a single school instructor.

One modern development of artistic controversy is the emergence of the "studio" artist. He is an artist who happens to be an Indian rather than an Indian who happens to be an



Basket *collection includes blue-ribbon award Hopi basket (second from top) with kachina design*

NORMAN A. PLATE

Nyarit figure *and Hohokam bowl are pre-Columbian treatments of human figure, perhaps 1,500 years old*

Small Hopi pot, *a Second Mesa revival modestly priced at $12, invites young finger to explore surface textures*

DARROW M. WATT

Award-winning *San Ildefonso pot, about 14 inches high, priced at $1,500, is work of Margaret and Luther*

artist. He frequently leaves the reservation or ancestral village to practice his art in a metropolitan center. He continues to work with traditional designs, themes, and concepts; but free from familial, guild, or tribal supervision he can experiment with media and techniques. His new-found artistic freedom sometimes generates radical new approaches.

During the past year *Sunset's* reporters have talked with many prominent Indian artists, Indian traders, and art dealers. We have shopped most of the tribal art centers and craft guilds, attended almost all of the major Indian arts and crafts shows across the Southwest. Here is our brief summation of the state of Southwest Indian arts and crafts in 1972:

Pottery: The ceramic arts are flourishing across the Southwest. Prices of traditional pots, bowls, jugs, and vases of good quality start at about $25 and range higher than what even some serious collectors are probably willing to pay. The price reflects size and quality and also the reputation of the artist. The large San Ildefonso pot on this page (a blue-ribbon winner at the Heard Museum in Phoenix last December) was priced at $1,500. The small Hopi pot on this same page was

Turtle *by artist Tony Da is contemporar approach to traditional subjec That's a bear on turtle back. Price is $3,8*

›destly priced at only $12.

ıality pottery from San Ildefonso, Santa Clara, Acoma, and : Hopi villages has long dominated the field, but pottery ivity all over the Southwest is bringing much other good rk on the scene. Facsimiles of old Zuni fetish bowls, dec-ıted with stone or bone animal effigies, have been a popular ·ival this season, but the supply is limited. Navajo cooking ts, prized for their rustic simplicity, seem to be more widely ıilable than in recent years. Humorous small Cochiti fig-:s are also quite widely available.

›st pottery is still earth-fired, but a few Indian potters have ›pted the gas-fired kiln. Connoisseurs say a kiln-fired pot ks the quality of one fired in the traditional way, but as far we know, only a few dealers have rejected good pottery on : basis of this one break with tradition.

Ceramic figures like the one on our cover are perhaps the hottest item in the pottery field this year, at prices ranging from about $15 to about $150. Small animal figures are popular and modestly priced from $10. Larger owls, turtles, and bears sell for about $25. The turtle on page 88 was priced at $3,800; that price reflects the adornment of the piece (inlaid with turquoise and other semiprecious stones) as well as the reputation of artist Tony Da, a grandson of Maria Martinez, the famous potter of San Ildefonso.

Baskets: The Hopi are today the undisputed masters of Southwest Indian basketry, but Hopi baskets, brightly colored coiled work from Second Mesa, are scarce this year and very expensive. Coiled plaques start at about $25 and baskets sell from $100 up to $500, depending on the quality of the weaving and the complexity of the design. Good quality

The price range is wild . . . pots for $12 (or $1,500), rugs for $18 (or $3,000)

GLENN CHRISTIANSEN

Chief rug *in the right hand—Yei in the left—shopper ponders her choices. Behind is a Crystal (left) and a Coal Mine Mesa (right)*

NORMAN A. PLATE

rtle *by young Hopi artist straightforward, cheerful, in ›re traditional manner. Piece is out 4 inches high. Price is $15*

R. WENKAM

Hopi basketmaker *sews coils of dried grass with narrow strips of dyed yucca fiber, working out complicated patterns in her head*

Navajo weaver *tamps down weft threads with wooden batten inserted between the warp threads of upright loom. Many weavers shear their own sheep, card their own wool, spin the wool into thread, and mix their own dyes*

Papago baskets—some coiled, some split-stitch, some plaited—are more plentiful and range from about $10 to $100.

Apache water baskets, of coarsely woven willow and lacquered with a richly colored patina of waterproof resins, are gaining in popularity. Prices run from about $25 to $75. The Navajo make a few water baskets in the Apache style, but Navajo basketry technique more commonly resembles the Papago.

Pima baskets, at one time the finest made, are still of good quality but scarce. The few small baskets we've seen were selling for about $25. Havasupai baskets, so tightly woven that some will hold water, have almost completely disappeared. A few tall, tightly woven Seri Indian baskets come up from Mexico's border state of Sonora, but most of these are brought in by private collectors.

Weaving: The popularity of Navajo rugs continues even though prices soar and fewer quality rugs are coming on the market. The most expensive rugs are tightly woven, with good design, using vegetable dyes or natural wool colors.

Small 3 by 5-foot Navajo rugs are plentiful. They range fr about $75 for a loosely woven rug of simple design up about $300 for a tightly woven and well designed rug. R designs (Two Gray Hills, Crystal, Coal Mine Mesa) named for the place the design originated. The small Yei ceremonial) rugs, which usually display several highly styliz figures standing upright in a ceremonial group, are wid available. Prices start under $50 and go up to $500. A quality Yei will exceed $150. Larger "quality" rugs run fr less than $20 to more than $35 per square foot. Good qua Two Gray Hills rugs, available in small numbers, are e more expensive. So are some elegant Coal Mine Mesa rug

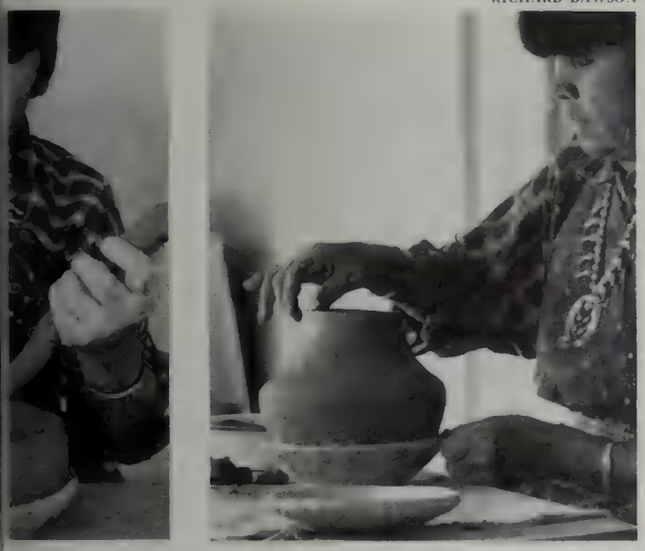
Imitation Navajo rugs, made in Mexico, Czechoslovakia, a Japan, are beginning to appear in limited numbers. Some gaudy and poorly made; others are good looking and at f glance appear authentic.

How do they do it? You see for yourself at the art shows . . . potters, basket makers, kachina makers, rug weavers

Squash blossom *necklace, set with polished turquoise at each blossom, is typically Navajo*

GLENN CHRISTIANSEN

RICHARD DAWSON



Rio Grande potter *coils long rolls of clay into desired shape without the use of a potter's wheel. Then she smooths and polishes it by hand before firing*

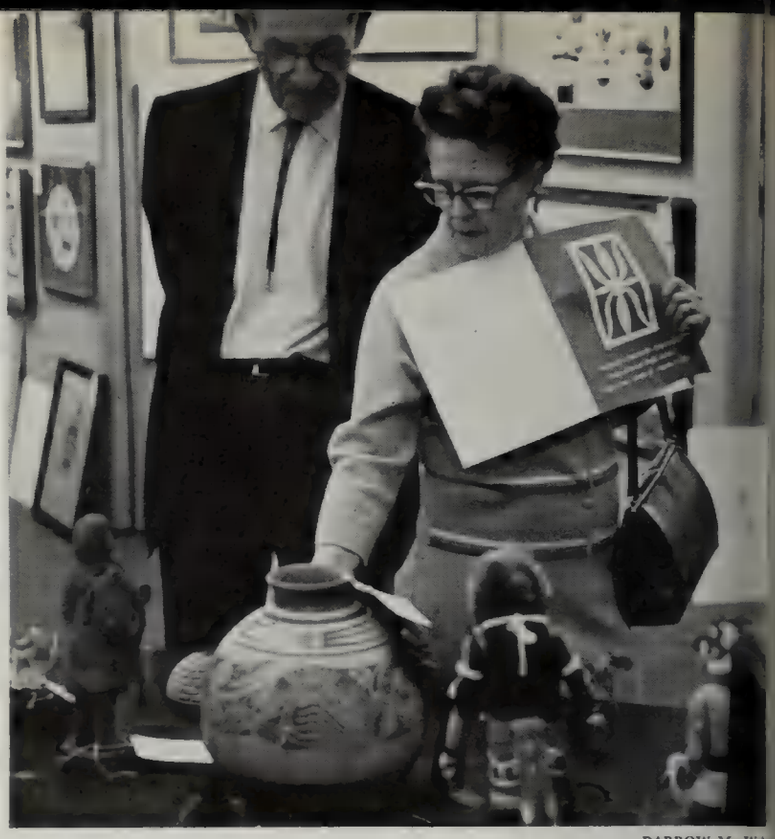
Hopi carver *carefully paints features on a small owl kachina doll carved from cottonwood root*

erwork: Some Indian silversmiths have expanded their t to include goblets, hollowware and flatware, flasks, con- ent dispensers, ornamented boxes, and small silver sculp- s. We even saw a solid silver kachina figure in Scottsdale winter priced at $975.

tribal differences in silverwork and jewelry are harder to ern today. Navajo silverwork is usually massive but not essarily so, the Zuni are still masters of the multiple-stone y but not exclusively so, and Hopi silvercraft is most often ly drawn overlay but not always so.

ple, delicately styled necklaces of polished stone or shell, ticularly the excellent work being done at Santo Do- go, seem to be gaining in popularity. Quality, the number necklace strands, the artist's reputation—all these influ- e price. A first-quality, single-strand Santo Domingo klace of matched beads sells for about $100.

ple silver Navajo bracelets start just under $10 and run



Shoppers *at Heard Museum's Indian Arts and Crafts Exhibit compare prices and quality of award winners described in printed guide to show*

DARROW M. WA

NORMAN A. PLATE

Scottsdale's *Indian Arts Exhibition presents award-winning work; the baskets and plaques here are Hopi, Pima*

Mapping the art shows . . . they g

Shopping map *of Southwest includes dates of Indian art shows that offer excellent shopping, also cities that have one or more reputable Indian art shops, and towns that have a tribal guild, artists' cooperative, or tribal store*

high as $350. Silver necklaces start at about $25 and may as high as $500, but you can still buy a very nice silver cklace for about $75. Brooches, earrings, tie clasps, rings, ff links, and other silver jewelry start at about $10 and up, up, up.

achinas: The quality of kachina dolls (hand-carved repre-ntations of Kachina spirits) is excellent today, but the num-r of dolls being carved is decreasing. A well executed doll out 8 inches tall still sells for about $30; elaborate detail in carving or costume design may push the price as high as 0. Considering the hours of handwork and years of expe-nce that go into the carving of a kachina, these prices today ve a bargain ring.

fairly recent development is the carving of "action" ka-ina figures. These are extremely realistic woodcarvings of china dancers in action poses, appropriately dressed in china costumes. The woodcarving skill of the few Indian ists who dominate this new field has served to frighten ay most would-be imitators. The price of a small dancer rts at about $50. Larger dancers or groups of dancers nge all the way up to $500.

intings: The largest, most dynamic, and certainly the most erse field of Southwest Indian art today is painting.

The highly stylized, almost Oriental watercolors, which most collectors immediately identify with Southwest Indian painters, still survive. But there is a new trend toward straightforward treatment of ethnically pure subject material such as old pottery design, tribal mythology, and ancient petroglyphs in watercolor, oils, and acrylics.

Hang-on-the-wall Navajo sand "paintings" are gaining in popularity. These echo but do not duplicate the traditional on-the-ground sand paintings that were destroyed at nightfall. The new paintings are bonded with resins so they may be hung like ordinary oils and watercolors. Prices run from $15 to $100.

Shopping for Indian art

Our map lists cities and towns across the Southwest where one or more shops sell quality Indian arts and crafts. We also list the names, dates, and locations of 12 major Indian art shows in the Southwest. All offer outstanding shopping possibilities.

To find an Indian art shop in one of the West's metropolitan areas, look in the yellow pages of the telephone directory under "Indian Goods" or "Indian Handcraft." That listing usually excludes the dubious souvenir shop and roadside curio stand, but the shopper must still exercise discretion.

Regulations prohibiting the labeling of fraudulent material as "Indian made" are easily circumvented, and your best protection against bogus or misrepresented arts and crafts is to buy from an established dealer with a reputation for integrity.

Gift shops in Southwest museums are first-rate sources of Indian art. The Heard Museum gift shop in Phoenix and the shop at the Museum of Northern Arizona in Flagstaff have

from now to December

San Diego

Acoma pottery gets close look at Tanner's Indian Art shop in Rancho Bernardo's El Mercado

Santa Fe

Intriguing display of Indian art lines walls, ceiling at Rex Arrowsmith's shop

R. WENK

Cortez

Dealer shows Two Gray Hills rugs to prospective buyers at Don Woodard's Trading Post

DARROW M. W

Scottsdale

Girls admire beaded necklaces from White Mountain Apaches at House of Six Directions

Gallup

Silver jewelry attracts shoppers at Tom Woodard's Trading Post

Decision making in Colorado, New Mexico, Arizona, California

outstanding selections.

In rural areas our map lists towns and settlements that have an Indian arts and crafts guild, a tribal cooperative, or in some cases, the studio of an individual artist.

The Navajo tribe operates arts and crafts guilds at Cameron, Chinle, Kayenta, Shiprock, and Window Rock. The Hopi have an arts and crafts cooperative at Second Mesa. The White Mountain Apache have a craft store at Whiteriver. The Gila River Indians have a crafts outlet at Sacaton, and the Papago have a tribal store at Sells. Pueblo cooperatives and studios are located at Zuni, Taos, and San Ildefonso.

The gift shops at national parks, monuments, and historic sites are often reliable sources of Indian art. Bryce Canyon, Grand Canyon, Petrified Forest, Yosemite, and Zion national parks; and Canyon de Chelly, Death Valley, and Navajo national monuments—all have concessionaire shops th carry good inventories of Indian art. Hubbell Trading Po National Historic Site at Ganado, Arizona, is still a goo source of Navajo rugs.

Indian art shows offer both good shopping and the chance meet Indian artists. Of the 12 major shows we've listed, have juried selections of award-winning arts and crafts; t crafts sales area (Indian Encampment) at the All-Indian Po Wow in Flagstaff and the street stalls at the Santa Fe Cra Market are not juried shows, but you will see a broad ran of Southwest arts and crafts. In addition to the shows we listed, you'll find many Indian artists displaying and selli their work at state, county, and tribal fairs across the Sout west. Galleries, museums, and large commercial shops al put on shows of individual Indian artists' work all year.

NORMARK

Tucson

Original watercolors on wall stop two browsers in Tom Bahti's Indian Arts

Flagstaff

Pot shopper examines signature at bottom of Hopi bowl at Museum of Northern Arizona

San Francisco

Group of Koyemsi or mudhead clown kachinas captivates the attention of art collector at Marion Davidson's Indian Art on Union Street

NORMAN A. PLATE

The nomad picnic

You serve meat, yogurt, and other good things in Arab pocket bread (much easier to find in 1972). It's delicious eating out of hand. Expect your guests to cheer

Broth *is drained from pan into tea kettle; meatballs are returned to fire; add pilaf for main dish*

Pour *hot broth into cups, add lemon juice, and sip. For the entrée combine meatball-pilaf mixture with lettuce, tomato, green pepper, yogurt sauce in Arab bread. Dessert is fruit, baklava*

A nomadic Arab draped in trailing robes would undoubtedly be amused by the way we regard an outdoor meal as a treat. But this particular menu, at least, should not seem too unusual.

The flavors would all be familiar to him: spiced lamb or beef, pine nuts, pilaf, yogurt, Arab bread, dates, and citrus.

For this picnic, planned for a group of eight or nine persons, there are no eating utensils. The bread, variously known as Arab, Arabic, Armenian, pita, peta, or peeta, is hollow. When torn in half, each portion creates a pocket that holds the makings for a whole-meal sandwich. You can find these flat rounds of bread, sold fresh (sometimes frozen) in packages of 6 or 12, with growing frequency in supermarkets in major metropolitan areas of the West; or perhaps your grocer will order the bread for you. Another source is delicatessens catering to Middle Eastern clientele (or make your own bread; see page 138 of the June 1970 *Sunset*). While shopping you might like to select a Mideastern pastry such as baklava for dessert, too.

Employing the same economy as a wandering tribesman, you use a small fire and one pan to heat the whole meal in a series of steps. First you heat broth, then warm the meat in it. The broth, which absorbs flavors from the meat, is drained off for sipping. Add pilaf to the meat, heat through, then spoon into the pocket bread.

Hot Broth with Lemon
Arab Pocket Bread Sandwiches of:
Spiced Meatballs and Pilaf
Romaine Leaves **Tomato Wedges**
Green Pepper Strips
Green Onion Yogurt Sauce
Dessert Tray: Tangerines
Fresh Dates **Baklava**

Each round of Arab bread makes two sandwiches; allow 1 to 1½ bread rounds for each person. Cook meat and pilaf at home; transport chilled along with vegetables and sauce. You will need 1 head romaine, 3 or 4 tomatoes, and 2 or 3 green peppers. Also bring canned broth.

To serve the picnic, pour 1 large can (1 lb. 15 oz. or 6 cups) chicken broth in a kettle at least 5 to 6-quart size and bring to boiling. Add chilled spiced meatballs and return to simmer. Holding the meat back with a spoon, pour the hot broth into a pitcher or kettle with a spout. Serve broth in mugs, add a squeeze of fresh lemon juice, and sip.

To the meatballs, add the chilled pilaf and stir over direct heat until warmed. Tear each round of Arab bread in half crosswise to make half-moon portions; spoon meat and rice mixture into the pocket of each, adding lettuce, tomatoes, green pepper, and green onion yogurt sauce, to your taste.

Prepare at home the day before:

Spiced Meatballs. Mince 3 medium-sized onions and cook in 4 tablespoons but or olive oil, stirring until soft. Pour i a large bowl and add 3 pounds le ground lamb or beef, 1½ teaspo ground cumin, ¾ teaspoon ground c namon, 2 teaspoons salt, ½ teaspo pepper, ½ cup fine dry bread crum ½ cup milk, and 2 eggs. Mix very w

Shape meat into 1-inch-diameter b and place just slightly apart on rimm baking sheets. Bake in a 450° oven 20 minutes or until browned; if you ba two pans at once, alternate their ra positions about halfway through the b ing. Cool meat thoroughly and k cold, covered, until ready to reheat broth at the picnic.

Pilaf. Melt ⅓ cup butter or olive oil a wide frying pan and add ⅓ cup p nuts or slivered blanched almonds a cook on moderate heat, stirring, j until golden; remove at once from p with a slotted spoon and set aside

Outdoor meal *centers around a small fire and one pan in which some of the foods reheat; all cooking was done before at home. Since food is hand-held, you need only cups—for broth, wine, coffee*

GLENN CHRISTIANSEN

Pocket shape *of Arab bread neatly holds whole main dish*

l. Cover and carry to the picnic.

the butter in the frying pan add 2 dium-sized onions, finely chopped. cook, stirring, over medium heat l soft but not browned. Add 1 cup rt grain rice (such as California pearl) continue to cook on moderate heat, ing, until rice turns opaque. Pour cups regular-strength chicken broth add a 1-inch cinnamon stick, ¼ poon whole coriander seed, 2 whole es, and 1 teaspoon mustard seed. g to a boil, cover, reduce heat to mer, and cook 15 minutes, stirring asionally until liquid is absorbed and is tender. Cool, then chill, covered.

he picnic, reheat with the meatballs, stir in the sautéed nuts.

en Onion Yogurt Sauce. Blend 1 cup ced green onions (including 2 or 3 es of the tops), 2 cups unflavored urt, and salt to taste. Cover and chill l ready to serve. Makes 3 cups. □

Muddy-handed *fourth-grader has just finished planting ranunculus*

Other students *at DeLaveaga School, Santa Cruz, Calif., two months later. Marigolds and Virginian stock, foreground; tomatoes where boys are raking*

Gardening at school? It's a kick

Here we consider a branch of gardening almost totally ignored in the literature: schoolyard horticulture. At this time of year students and teachers get the urge to plant and grow a garden. In the few schools where gardening is part of the curriculum, logistics and experience for this kind of pursuit are built in.

In many schools, however, teachers and students have only two major strengths —enthusiasm and tillable land. For them, we offer the experience of 17 garden-keeping schools we visited last year.

Preparing soil. If the school district has a gardener and cultivating equipment, that's how to get the ground cultivated. Next best is to rent or borrow a rotary tiller and have an adult (teacher or parent) run it. Or pay a local farmer to cultivate with a tractor. Spading large areas is slow, tedious, and inefficient.

If you are a novice, don't be deceived by the initial cultivating. It may make a hard clay soil airy and fluffy, but the softness won't last. In a few weeks, the soil will become hard again. It won't if you mix in a soil conditioner when you cultivate. Put it on 3 inches deep and blend it in well.

Vegetables are high-production plants

Here, *at Woodrow Wilson School, San Leandro, Calif., vegetables grew in front of shrub planting. Would-be vandals didn't notice them. Students are picking fava bea*

BARBARA SCHULTZ

DARROW M. WATT

Teacher and students *picking February-planted sweet peas in May at Henry Clay Junior High School, Los Angeles*

WILLIAM APLIN

ebruary, *DeLaveaga School's fourth to sixth s started seeds in classrooms for n shown directly above. Here are their flats a few days after sowing*

Students *wash off their tools at Henry Clay. Teacher says, "it's the only way to keep a neat tool rack"*

She's running *a high-wheel cultivator down a bed of vegetables, University of California, Davis*

and, almost without exception, they will need some kind of fertilizer at some time between planting and harvest.

The plants to plant. The fact that you have only from now until mid-June to bring your crops to maturity is very important. Schools that could and did start early (February and March) can grow more kinds of crops than those that start in April. But April is not too late.

In flowers, choose anything that the seed packet or the nurseryman says grows and blooms fast. The flowering or not-flowering of an annual or a bulb seems not to be as important to a child as the eating or not-eating of a vegetable that he grew.

For the April-to-mid-June school vegetable garden, our best source of data was Professor William J. Flocker of the University of California, Davis. His Plant Sciences 2 course is illustrated on these two pages. In that course, planting always takes place in early April and disking-in in late June. Years of experience have shown exactly what can and can't be counted upon.

The next paragraph is the U.C. list of vegetables that will mature in the spring quarter. It was seconded by teachers elsewhere in Northern and Southern California. In the Northwest, a comparatively clammy April reduces the choice. Crops on the list that can make it by mid-June in Seattle are marked *. The Willamette Valley can compromise between the Seattle and the California lists.

Bush beans, beets*, broccoli, carrots (they'll get to fingerling size)*, kohlrabi, looseleaf lettuce*, mustard greens*, green onions (from sets)*, parsley*, peas*, potatoes (small new ones), radishes* (two crops in the spring quarter in California), spinach*, strawberries, Swiss chard*, turnips*, turnip greens*.

If your school has summer sessions or if for any other reason there will be willing people around to maintain the garden after mid-June, you can go the whole route—corn, tomatoes, squash, melons, pole beans, peppers.

Watering and weeding. Teachers know more than we about getting work out of children. Watering and weeding will be the routine tasks that will need such assignments. Some tell us that it's surprising how the worst little indoor rascal often works best out in the garden.

Weekends will be the big problem—especially hot or windy ones. Your garden could parch. Some ways around it: Water heavily on Friday; have a teacher or student who lives nearby check the garden on hot or windy weekends; use heavy mulches to conserve moisture.

Damaging organisms. Today's children seem to have come equipped both with an aversion to manufactured pesticides and a desire to garden like peasants. Their spring crops won't suffer much because of these attitudes.

Regardless of the currently popular student-teacher legends, however, neither ashes nor beer is really very effective on slugs and snails (the West Coast's most damaging garden organisms). To guard newly planted crops from these creatures, scatter metaldehyde bait around them and continue to put it out as long as you find dead snail or slug bodies. Metaldehyde doesn't persist in soil and man has been using it effectively for generations.

To stop the work of other damaging organisms, use water, your wits, or anything the consensus will allow. □

Time is short. Action must start now for results by mid-June

In one student's *bed, teacher talks about broccoli leaves. The course is Plant Science 2*

DARROW M. WATT

Parallel, *225-foot beds, each the work of one student in the course at Davis. Here, you can see mostly strawberries (right), carrots (left). Lad in foreground had a poor crop*

Below. *A day's picking from one student's row on June 3. You can see chard, onions, strawberries, peas. All planted in April*

GLENN CHRISTIANSEN

GLENN CHRISTIAN

Canvas packs *can hold a small picnic for a short bicycle trip. They'll take about 2 hours to make, cost less than $3*

For bikers and walkers to carry a book or their lunch

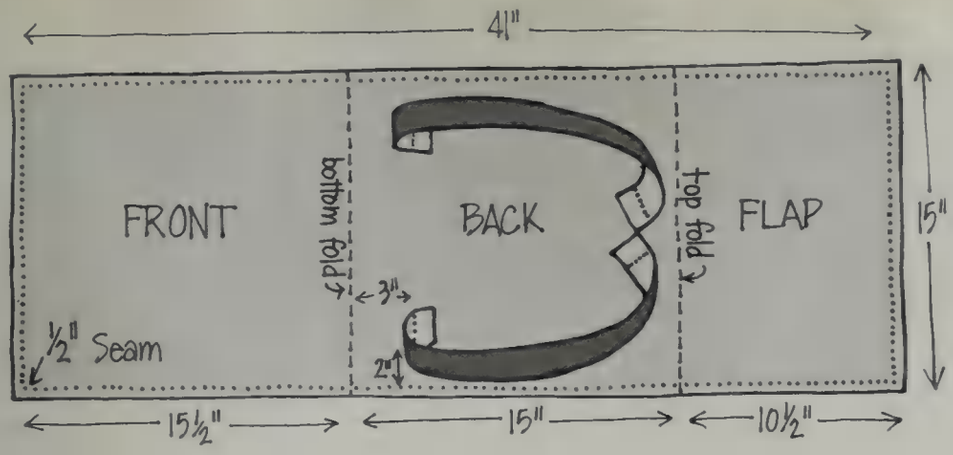
You can turn a cheerful back to the world when you put on one of these simply made canvas packs with bright, whimsical appliqués sewn to the flaps. The packs are large enough to carry a small picnic or a load of books, but small enough so they're not cumbersome when you're walking or biking.

To make each pack, you'll need half a yard of 12-ounce untreated canvas (cut from a roll at least 4 feet wide), two 30-inch lengths of 2-inch-wide canvas webbing for the straps, one white shoelace at least 16 inches long, white dual-duty thread, and heavy-duty needles for your sewing machine. Look in the yellow pages of the telephone book under "awnings" or "canvas products" to find the canvas materials.

Cut out the canvas. Fold flap and front sections toward center on fold lines and press. Attach the straps to right side of canvas 3 inches from bottom fold and 2 inches from sides; leave the top ends of straps loose. To attach straps, use zigzag stitch to sew a rectangle about 1½ inches wide by inches long at the bottom ends of the straps. If you use straight stitch, go over it several times. For added strengt sew diagonally to form an "X".

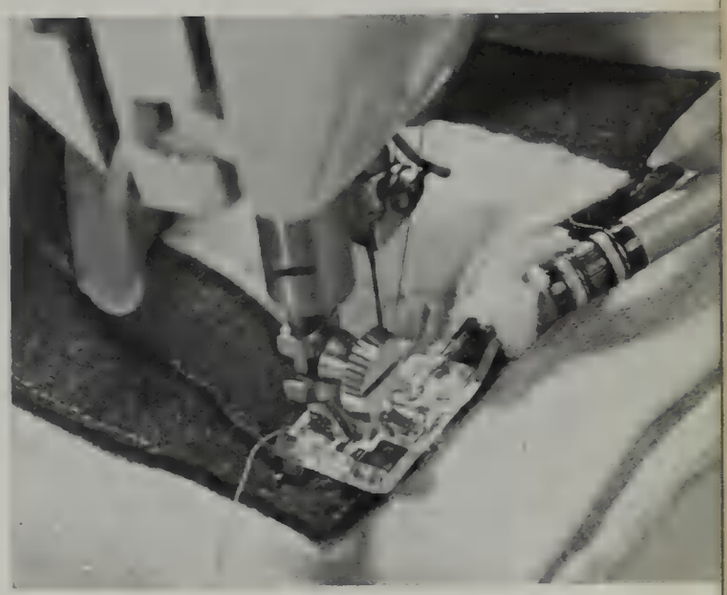
Next, fold over top edge of pack front ½ inch and hem. Wi right sides of the front and back together, stitch up the sid Turn the pack right side out. Sew in the shoelace closures shown in the photograph at the right. Then hem the thr edges of the flap. Pin strap tops in position and try the pa on. Mark a comfortable length, attach straps, and cut any excess.

The appliqués shown are simple felt designs (any fabric scra will do) sewn around the edges and stuffed with shredd foam (available in large fabric stores).



Left *edge of front section will be top of bag. Dotted lines indicate hems and side stitches*

You can stuff *appliqués with foam or cotton. Leave opening in stitch, poke in stuffing with eraser end of pencil, then close stitch. Spray design and pack with fabric protector for water and stain resistance*



Shoelace *closures (each 8 inches long) are sewn to top center of front section and center of flap fold. Hook and pile strips can be used to keep flap down*

NORMAN A. PLATE

If you ride *at night, you might attach reflectors and safety lights to pack. Both are available at bicycle shops*

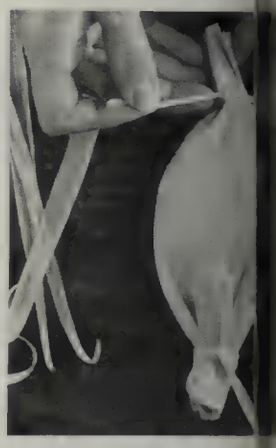
Introducing the plump tamale

There's chicken inside. Two make a meal. If you follow our steps, the making is easy

1· *Join two wide husks with masa dough*

2· *Spread a masa rectangle in the center of husks; make dough flush with one edge*

3· *Lift masa over filling, matching at edges; wrap husk on around*



4· *Tie ends of the tamale with strip of corn husk*

Taken step by step, as above, tamale making is a simple process, and in this instance an unusually rewarding one. These large tamales are well filled with chunks of mildly flavored chicken. Two tamales will make a meal when accompanied by a salad and a dessert.

There are several elements that you can prepare at your leisure. Corn husks can soak and soften overnight; tamale dough from a mix can stand overnight; and the chicken for the filling can be cooked the day before. Or, of course, you can do everything a few hours before the meal.

You may have to make a special shopping trip for the dried corn husks; they are available in grocery stores that carry Mexican foods (they last indefinitely). If you cannot get dried husks, fresh, unsoaked corn husks can be used instead, but they are not as pliable and easy to handle.

Plump Chicken Tamales

Soaked dried corn husks (directions follow)
Tamale masa dough (directions follow)
Chicken filling and chicken broth (directions follow)
1 tablespoon cornstarch blended with 1 tablespoon water
[illegible] or [illegible] tablespoons prepared green taco sauce
Sour cream

For each of the 12 tamales select 2 wide (or 3 smaller) soaked dried corn husks and arrange them in a rectangle at least 10 inches wide. To do so, place husks side by side with the tip of each husk positioned by the base of the one next to it. Spread a little masa where husks overlap to seal (step 1); also use masa to mend tears. Place ⅓ cup masa in the center of the husk rectangle; spread masa in a 5 by 7-inch rectangle, making one edge of the masa flush with one side of the husks (step 2).

Divide chicken filling in 12 equal p tions and place one portion in the cen of each masa rectangle. Enclose filling masa coated section, matching masa edges; then continue wrapping uncoat portion of husk around the outside of t tamale (step 3).

Tear another husk in thin strips and u strips to tie the ends of the tamale sh (step 4). Repeat to make each tamale.

Arrange tamales in a steamer (or in large pan on a rack over at least 1 in of water), stacking so steam can circula around them (step 5). Cover and co over boiling water for about 1 hour a 20 minutes (add hot water as needed) until masa is firm and peels readily fro corn husks; lift out a tamale from the t layer to test.

Meanwhile, blend cornstarch paste wi 1¼ cups of the chicken broth (reserv from chicken filling). Bring to a boil, st

6 • *Serve plump chicken tamales on their corn husk wrapper. Toppings are sour cream and a green taco-sauce-flavored gravy, which you can make as mild or as hot as you wish. Serve with green salad, sliced mato, and avocado slices or guacamole*

• *Stack tamales on a rack so steam can circulate; cook over boiling water*

DARROW M. WATT

g. Add green taco sauce to taste.

ve tamales hot; peel back husk and on some of the green taco sauce vy onto each tamale and accompany h sour cream (step 6). Makes 12 tales or 6 servings of 2 each.—*R. S., Francisco.*

ked Dried Corn Husks. You will need out 3 ounces of the dried corn husks, you may have to purchase in a larger ntity; seal remainder in a plastic bag. ntly separate the husks and discard s and any other particles. Cover ks with warm water and let soak at st 2 hours or overnight; keep damp il used, then pat each husk on a towel dry slightly.

nale Masa Dough. With an electric er whip 1 cup (½ lb.) soft butter or rgarine until fluffy; blend in 3 cups ydrated masa flour (corn tortilla ur), 1 teaspoon salt, and 1¾ cups chicken broth (reserved from the chicken filling). Beat mixture until dough holds together well; use at once or cover and keep cool; return to room temperature to use. Makes about 4½ cups.

Chicken Filling and Chicken Broth. Select 2 broiler-fryer chickens (about 3 lbs. *each*), cut in pieces. Or buy 6 whole chicken legs and thighs and 2 whole large chicken breasts (about 4 lbs. total).

Place all the chicken but the breasts (reserve giblets for other uses) in a deep kettle. Add 1 large, sliced onion, 3 whole cloves garlic, and 1 can (about 14 oz.) regular strength chicken broth. Bring to a boil; cover and simmer for 25 minutes. Cut each breast in half and add to pan; continue to simmer, covered, for 20 minutes or until breasts have lost all pink color in the thickest portions (cut a gash to test).

Lift chicken from broth and set aside to cool slightly, then pull off and discard skin and bones. Cut each breast section into 3 pieces; cut any other larger pieces of chicken into portions about the size of the breast meat. (Cover and chill if cooked ahead.)

Pour chicken broth through wire strainer and reserve; discard vegetables. Measure broth; if you have less than 3 cups add water to make this total: if you have more than 3 cups, boil to reduce to this total. Cover and chill until ready to use.

Finely chop 1 large onion and cook until soft in 2 tablespoons salad oil in a wide frying pan; add 1 large, seeded and slivered green pepper and 1 tablespoon chile powder. Cook, stirring, over medium heat just until pepper is slightly limp but still bright green. Remove from heat and mix warm or cold chicken with cooked mixture and season with salt and pepper to taste. □

The happy season begins. It's time to plant color

In April, we enter the season for planting summer and fall flower gardens. The happy season will continue for about two and a half months—until about the time school is out. Then, in all but the most [illegible] Western climates, planting season ends and weeding and watering season takes over.

On the assumption that you might like some inspiration and counsel as planting time begins, we present the experiences of a number of Western gardeners who grew flower gardens last spring and summer. All were contestants in *Sunset's* Garden Contest last year.

The garden at the top of this page was the work of Mrs. Madeline Stender of Salem, Oregon. She's lucky in that (1) she gardens in a kindly climate for summer flower garden (2) she has unusually rich soil; (3) she has plenty of sprin water available for irrigating.

Mrs. Stender rotary-tilled the area in April. Then she plante two 30-foot rows of cosmos seeds and two 30-foot rows marigold seeds. She intentionally mixed a few zinnia seeds with the marigolds. Look hard and you'll see them in the b photograph—they are rose colored. Because she used see saved from the previous year, she couldn't tell us variet names of either flower. She sowed the seeds thick in the row and didn't thin them at all. She just let the devil take th hindmost, and as you can see, her method worked, with thes

She's picking *orange cosmos and marigolds on August 16. Seeds were planted in late April. A few rose zinnias grow among the marigolds. The dahlias grow here permanently*

DON NORMARK

In circular beds *(below), marigolds were planted in spring as seedlings. Pink, rose cosmos (center of left bed) were sown. White nicotianas, far left, volunteered*

An unusual *and pretty combination: Burnt orange Siberian wallflowers, violet Lobelia 'Crystal Palace'*

NORMAN A. PLATE

flower seeds.

In Oregon, it rains fairly frequently in May and early June, so about all that Mrs. Stender had to do for the first six weeks was pull and hoe weeds. She began pulling weeds in and alongside the seed rows and then commenced to hoe in the big between-row spaces. Little seedlings need the closest weed competition removed first.

About the middle of June, she had to begin putting the sprinklers on the young cosmos and marigolds. By that time, California gardeners had already run up six weeks of extra water bills to water their flowers.

Because the soil in her garden is deep, rich, and almost virgin, she didn't have to feed her annuals at all last year. This good

This garden *was prepared from April through June for an August 28 wedding reception. Left, a big border of marigolds, Shasta daisies, cleome, snapdragons. Right, pink and white Cascade petunias fill two 15-foot-long poolside planter boxes*

fortune brings envy to the hearts of gardeners who work with mediocre to weak soils. Some people would have to apply $5 to $10 worth of fertilizer to get cosmos and marigolds elbow-high like Mrs. Stender's.

The wallflowers and lobelias as well as the graceful marigold and hedge landscape shown in color at the bottom of page 107 were photographed in the garden of Thomas J. Manning, Ferndale, California. He's also favored with an excellent climate for flowers. Ferndale is very near the ocean (in the marine climate called Zone 17 in the *Sunset Western Garden Book*). Summer there is about as harsh as a fine spring day in more interior climates.

This mild climate enabled Mr. Manning to plant some of his flowers as late as late June and early July—a bad idea in hot-summer climates, but perfectly okay in Zone 17, which also includes San Francisco and Carmel.

Do you see that gap in Mr. Manning's California privet hedge? It wasn't an accident. He intentionally cut back into the thick hedge because he felt the 12-foot-high hedge, which hides a neighbor's house, was too boring. Then he planted native plants in the gap, built the brick walk up to it, and installed the statue.

The big-leafed plant at the back of the lefthand bed is *Echium pininana*. It hadn't bloomed at the time of the photograph. It gets to be 12 feet high and has blue flowers in long, heavy spikes.

Almost every year, it seems, one or more of the Garden Contest winners is a wedding garden. In 1971 there were two, and they are shown above and on the opposite page.

Definition of a wedding garden: a garden that the family, the bride-to-be, and perhaps their friends, work at diligently from the first crack of spring until just before the ceremony. It can be for the wedding, the reception, or both. Wedding gardens usually abound with summer flowers.

Mrs. Dawne Fox of Grants Pass, Oregon, mother of a 19 bride, tells how the wedding garden shown at left was prepared.

"Since we had only been living in this house for eight month there was very little lawn, much less a garden! It was a challenge to think of building a garden in our woods. The soil was very acid and some parts were full of rocks, other parts were full of clay, and others had plenty of humus. So the first problem was to make all of it fit to grow plants.

"While I was mentally working on this, I saw that dogs used this area as a playground and a shortcut. Also deer and rabbits came in to nibble on young plants. So the area had to be fenced in.

"Next I tackled the job of clearing and burning the manzanita, wild lilacs, and weeds. And then the soil—I bought a small rotary tiller that I could handle easily. I tilled, raked and hauled rocks and debris, and then repeated the whole process. I bought 15 yards of new sawdust to furnish humus and put 2 inches of this on, then nitrogen fertilizer to help break it down, then manure, a complete fertilizer, lime, and superphosphate. I tilled this all into the soil very thoroughly and then gave it a topdressing of very rotten sawdust to keep the weeds down and hold the moisture. I used 15 yards of the sawdust, bringing my sawdust consumption to 30 yards. The job took three weeks. Suddenly April was over.

"Then came the fun part—planting. First I planted the flowering shrubs—althaea, beauty bush, forsythia, lilac, mock orange, quince, snowball, spiraea, and weigela—inside the fence. Then came the flower beds. Early in the spring I had started seeds indoors of columbine, delphinium, liatris, penstemon, and Oriental poppies. I began planting them in early June. At the same time I planted seed of annuals that germinate easily—amaranthus, asters, cleome, cosmos, annual dahlias, godetia, marigolds, Flanders Field poppies, salpiglossis, and zinnias.

"On June 15 I bought pink, red, and white petunias and used them to border the lawn, to fill in blank spots between shrubs and to put in planter boxes by the swimming pool.

She tilled, raked, hauled rocks, then manure, sawdust, and fertilizers. "Then the fun part..."

"I planted 'Crystal Palace' lobelia along the sidewalks backed by my favorite kind of marigold, signet, which is a lovely 12-inch bush covered with tiny, bright orange starlike marigold flowers.

"All the plants were happy with the soil . . . in fact, I had zinnias almost 6 feet tall, gloriosa daisies as large as saucers and everything seemed to outdo itself, as if knowing that a wedding was at hand."

Across the page you see another wedding garden, this one the work of Mr. and Mrs. Jack Martin of Reedley, California. The wedding date was exactly the same and the planting timetable was very similar; the notable difference was the palette of plants Mrs. Martin used. Hers were the kind that people

e for summer flowers in the San Joaquin Valley, where she es, and in the valleys of Southern California.

Old-timers will be refreshed by his "ecumenical mixing of flowers and vegetables"

addition to the white vinca and 'Petite Yellow' marigolds the photograph, Mrs. Martin also planted and got a bright dding reception show from orange impatiens and white gonias in the shade, and from orange tithonia 'Torch' and ite petunias in the sun.

in other years, the 1971 Garden Contest brought out : married college students who make flowers grow abun- ntly in unlikely places. This time it was Don and Leanne / of Stanford University. They grew annuals in boxes made m scraps of 1 by 4's that the carpenters left when they ced in the tiny cement courtyards at Escondido Village, ere the Blys live. Mr. and Mrs. Bly filled the boxes with dy-made container mix and planted the seeds and the nts in early April. The results described here were as we v them on July 22.

their sunny south-facing patio, the Blys grew a very at- ctive long box of 'Royal Carpet' sweet alyssum (from seed), dium-sized mixed marigolds (from seed), and mixed salpi- ssis (from plants). The salpiglossis came up mostly violet- rple, which matched the sweet alyssum, and yellowish ange, which matched the marigolds.

their shady, north-facing patio they grew pink-flowered panese anemones and red and white impatiens.

ey kept both plantings bountiful and flowery all summer th feedings every two weeks of liquid 12-6-6 fertilizer.

re's another keeper of a small garden (15 by 32 feet, alto- her) speaking of how he put leaves and flowers into his ce. He is William M. Gifford of Portland. To begin with, . Gifford had a patio, a hedge, and some potential plant- area. He built a fence where needed for privacy. Then he gan to transform the enclosed space. Old-timers, accus- ned to categorical gardening, will be refreshed by Mr. fford's ecumenical mixing of flowers and vegetables:

efore planting anything, I dug all the rocks out of the a and worked plenty of bark dust, peat moss, manure, ne meal, and blood meal into the soil. In early May I nted several varieties of dahlias, with a spoonful of bone al under each tuber. On May 18 I planted two cherry natoes next to the house and trailing fuchsias at the top of etaining wall on the side of the patio.

ater in May I planted geraniums, lobelia, and petunias in boxes. On May 23 I set out fibrous begonias, chives, up- ht fuchsias, impatiens, lobelias, onion plants, and parsley in strip between the hedge and the patio. Planted scarlet ner beans by the fence on May 26, and dwarf marigolds l yellow petunias along the path. Lettuce seeds along the ge of the patio.

he begonias and marigolds were already blooming when I nted them. On June 5 the first petunias started to bloom l the scarlet runner beans and dahlias had sprouted. The hsias began to bloom about June 10, and the lobelia about 15th.

July some aphids moved in. Since I don't believe in spray- I moved in some praying mantises and ladybugs to coun- them. (He didn't say how successful they were.)

ll the plants were fertilized every few weeks with fish tilizer. The first dahlia to bloom was 'Lemon Gem' on July 16, followed by 'Duet' on the 24th. By the end of July the scarlet runner beans had covered the fence and were blooming well. Picked the first tomato on August 5. On August 10 I started picking lettuce regularly.

"The garden reached its peak during August and early September, with the annuals, dahlias, and fuchsias all in bloom and the vegetables producing heavily. On September 4 I picked six dozen cherry tomatoes, all from one plant. By the end of September, cooler weather and rain had knocked out some of the plants, but the dahlias, fuchsias, and zinnias were blooming strongly. We were able to sunbathe among flowers as late as the first week of October."

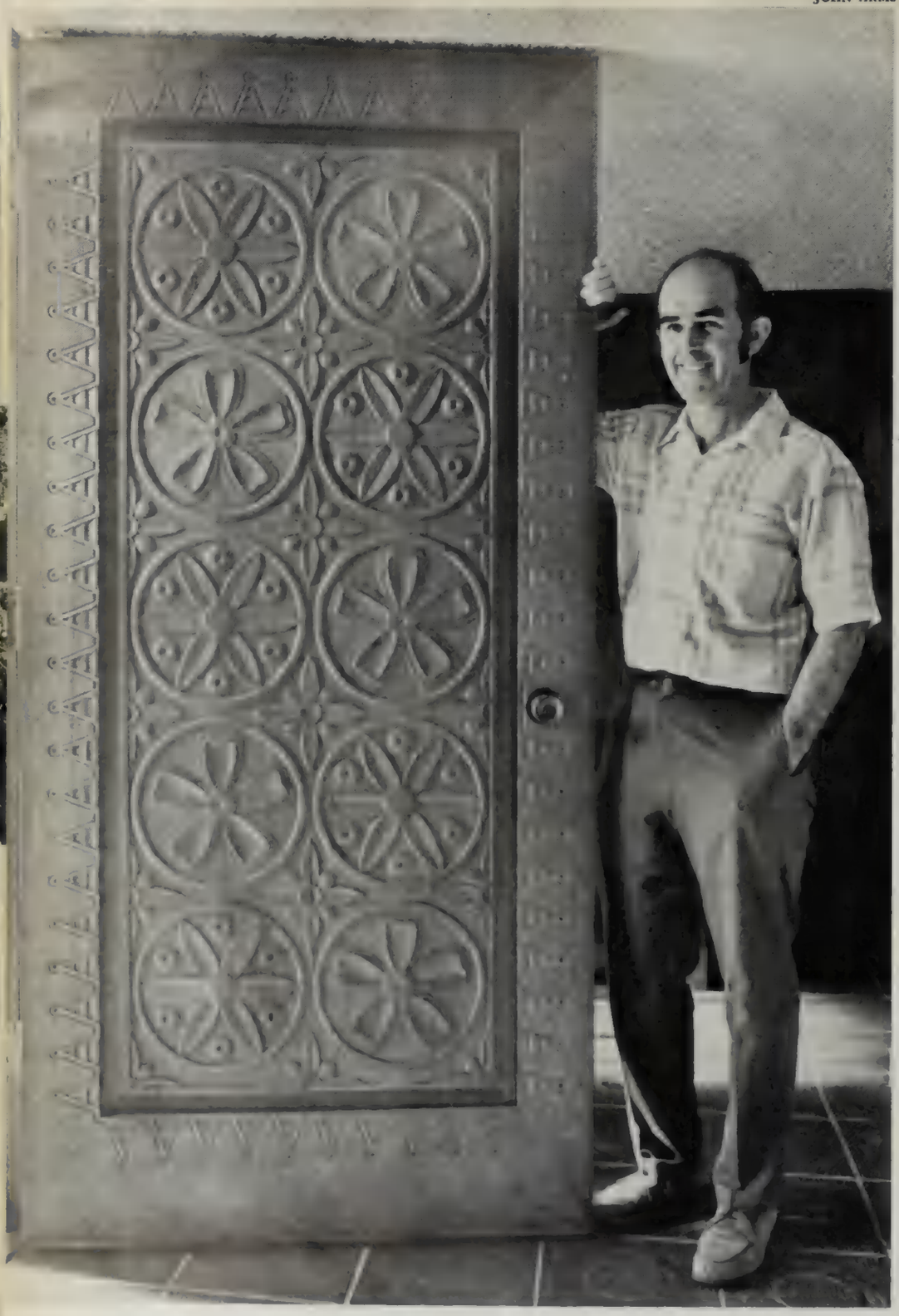
If you would like to enter *Sunset's* 1972 Garden Contest

In last month's *Sunset*, the Garden Contest winners for 1971 appeared on pages 66 to 73. This month there are the ones you've just been reading about and some vegetable winners on page 246. In issues to come there will be more.

If you would like to enter any part of your garden in our contest this year, please do so. Just send your name and address (and age if 16 or under) to 1972 Garden Contest, *Sunset Magazine*, Menlo Park, Calif. 94025. We'll send you the rules (simple). The main things that happen will be: (1) If possible, a *Sunset* representative will visit your garden this spring or summer; (2) in October you will send us a report of the garden's performance; and (3) in December or January, you will get a certificate, a gift plant (a special rose), and —if your garden is a winner—a cash prize or a new *Sunset* book (one of the pictorials). □

Here, 450 miles *southeast, is another garden made for a wedding reception on August 28 (it must have been a good day for weddings). Blooming: white vinca and 'Petite Yellow' marigolds*

JOHN ARMS



Scraps *of walnut, teak, and rosewoo glued on plywood and mounted on standard door make dramatic entry to the Robert W. Finney home in Orange, California*

"I carved it myself," *boasts architect Tom Tomasi, Santa Rosa, California. He completed it, his first woodcarving project, using Scandinavian designs, all-heart redwood, chisels, pocket knife, and six months' spare time. Door, which was professionally splined together, measures 40 by 84 by 2¼ inches, cost $170*

The front door is a good place for self-expression

Over 150 Sunset readers have just minded us that the front door is as go a place as there is around the house some self-expression.

They invited us to see their special do in response to a query in our Octo 1971 issue. Shown on these four pa are some of the many good ones we s —hand-carved doors, doors embellisl with surprising materials, doors of usual sizes or shapes, old doors carefu restored. You'll see a few more in iss to come.

Carved wooden doors continue to popular, and a favorite medium for amateur whittler. Almost any door be enhanced by the addition of carv panels, or carving directly on a sc door. Some home owners we visited h an artist do custom carving for the Fully carved doors are available co mercially through large lumber deal

eator *of door at left, Capistrano ach artist Mabel Hutchinson, plies final pieces of driftwood to other door. It will get oil finish*

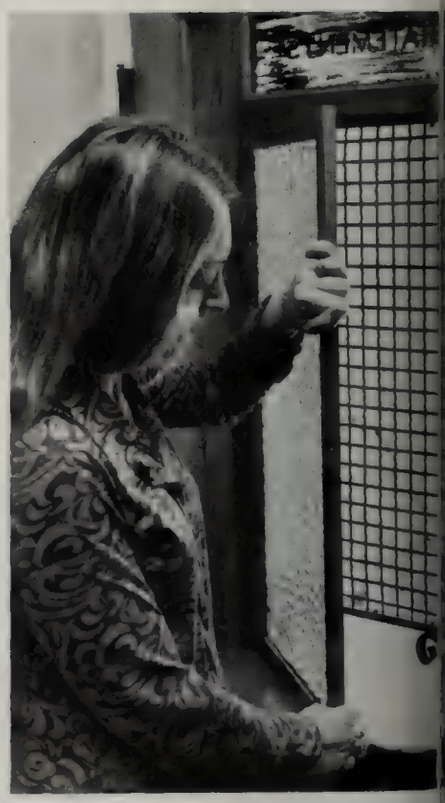
NORMAN A. PLATE

Railroad buffs *Mr. and Mrs. John M. Cranston of Solano Beach, California, commissioned local artists Ira and Suzi Spector to do these redwood panels mounted on a standard door. Carving done with router*

Paper pattern *guides Steven L. Aced as he applies design of 4-penny nails to the solid door of his Menlo Park home*

A. SALBOSA

Vertical entry *of the James Wall home in Honolulu called for a tall door, so owners put in this 12½-foot giant. Facing of 1 by 8's near top and bottom and assemblage of 4 by 4 slices, dowels, and glass windows is mounted on a plywood backing. Closeup photograph above shows detail of decoration*



Teller's window *was part of full-sized door in a bank in Colton. The John C. Grays found it in Cucamonga and pu it in their Whittier, California, home. Glass window was added to allow partia opening. Ledge acts as package rest*

oor companies.

dard doors can also be dressed up wood, metal, ceramics, glass, paper, rative metal, or even nails. An as-ɔlage using some of these materials be an inexpensive and easy way of ɔnalizing your door. Work can usu-be done on a plywood backing and mounted when done.

rs with unusual sizes or shapes can be very effective in enhancing the architectural lines of a house, but special hanging problems, building code limitations, and additional costs are things to check on when you are considering an odd sized door.

Glass doors, old and new, can brighten an entry, but they do pose special problems. They limit privacy, and may be vulnerable to vandalism. To prevent breaking from slamming, you can add weatherstripping or cushion-closing bars or hinges.

You may be able to find an inexpensive old door at a salvage yard or antique shop. Such doors are often as strong as contemporary doors, and with an updating of the locking system and some refinishing they can give many more years of good service. □

Yesterday's doors are interesting . . . etched glass, iron grills, wood sunbursts, leaded glass

NORMAN A. PLATE

Beveled *and leaded glass door, 60 years old, complements this house filled with antiques and treasures. Owners, Mr. and Mrs. Charles B. Walker of San Diego, installed it themselves*

old pair *of 8-foot-high doors was ıged from a mansion in Santa Rosa, ɔed, refinished, and installed in 'red Derichs home, Jenner, California*

JOHN ARMS

DON NORMARK

This *turn-of-the-century etched glass door pleased the James H. Haftersons of Seattle so much that they bought the house. Door is left as found except for wood preservation. Light through glass projects ship image on wall*

DARROW M. W

Ted Alway, *Portola Valley, California, proudly holds up two huge sunflowers, part of his harvest*

Larger than life

Twenty successful sunflower growers make their reports

Sunflowers are great plants for the youngest gardeners because they grow big and fast and have huge flowers and you can eat the seeds. These reports of young experts who entered the 1971 Garden Contest tell how they grew their champion sunflowers. Here they are from the oldest to the youngest.

Robin, Annabel, and Sally Ross, ages 16, 15, and 12, Danville, California. Working together, they harvested 45 sunflowers and used the seeds to feed birds.

Carolyn Pugh, age 15, Palo Alto, California. Carolyn experimented by planting some seeds from the commercial food she uses to feed her pet rat. What came up were five large sunflowers. They gave her almost 3 pounds of seeds.

John Camacho, age 15, Danville, California. In May, John planted sunflower seeds in eight hills along a fence. By mid-October he harvested "five pounds of seeds from eight mammoth sunflowers." The biggest one was 11 feet tall.

Ted Alway, age 13, Portola Valley, California. By digging a large amount of compost into the soil at planting time, Ted got the huge sunflowers you see in the picture above.

David Crook, age 13, Hemet, California. David grew seve sunflowers in his garden. He dug deep irrigation furrows he wouldn't have to keep dragging a watering hose arou His plants grew up to 10 feet tall.

Erik Goetze, age 13, Glendale, California. "This time planted 43 sunflowers but only 37 came up. There were up 20 flowers on one plant. The plants were topheavy. So fell over even with a support. One grew 14 feet 8 inches!"

Jane Hicks, age 13, Weaverville, California. "I started garden in April when I painted and wallpapered our pl house, which is an electric cable spool. A few days after t I planted sunflowers. I have three large ones."

Barbara McMichael, age 13, Seattle, Washington. Barb planted two seedling sunflowers. Four more came up un pectedly in the potato patch. They grew over 8 feet tall.

Jill and Mary Ann Van Etten, ages 12 and 13, Puyall Washington. Mary Ann said, "First I dug deep holes for sunflowers, about 2 feet deep. I filled these half full of nure, added a little bone meal, then covered the rest up w

Mary Ann Van Etten, *Puyallup, Washington, put her brother beside her sunflowers to show how big they had grown*

I harvested my sunflowers on October 26. Or rather I chopped them down. The stalks were so big and tall.
← This is a picture of my brother standing next to them. They're not even full grown

Jayne Travis, *Mercer Island, Washington, admires her surprise sunflowers*

rt. I let these places sit for about a week to let them settle age or something." Then she planted the seeds. Jill adds, Ay sunflower was 16 inches in diameter."

yne Travis, age 10, Mercer Island, Washington. Jayne said r brother helped her plant a garden beside her playhouse t didn't help her take care of it later. Three sunflowers pped up in her garden.

mberly and Chris Hostetter, ages 6 and 8, Danville, Cali- rnia. Their sunflowers, planted in April, bloomed at the d of July. From 27 sunflowers they got more than a gallon seeds for salting, plus a lot left over for the birds.

ura Magee, age 7, Springfield, Oregon. Laura planted her rden around a bare area which she wanted for a place just play in the dirt. Her plants grew so large that she had ry little play room left. One measured 18 inches across.

th and Portia Starrett, ages 4 and 7, Herlong, California. sters Beth and Portia planted sunflowers beside the house. rtia said, "Before I started my garden I had to pull weeds d make the dirt soft for my plants. I planted sunflowers d they're all growing real real good. I love my sunflower." e of hers grew 9 feet tall.

el Swett, age 5, Portland, Oregon. "We pushed the soil ck and forth with steel rakes. It was raining the day we d it. We took out all the rocks. We made it level. We had n. We had to tie the sunflowers with sheets. The sunflowers e droopy."

ian McEwen, age 4, Bellingham, Washington. Brian anted a whole package of seeds and worried about thinning em. Eight grew well. His mother said, "I don't think he dug the seeds to look at them, as he did last year." □

Beth Starrett, *Herlong, California, stretches for her sunflower*

The Changing Western Home

DON NORMARK

Slat panels

The handsome railing in the Loyal D. Moore's Mercer Island, Washington, home is made from a product called Ventwood. This is one of 22 patterns of vented wood panels available for such uses as decks, benches, and screens. The panels are made of western hemlock or red cedar and are available in 1-foot-wide interlocking panels up to 14 feet long. For information write to Howard Manufacturing Co., Box 69, Kent, Wash. 98031; or 6329 Maywood Ave., Huntington Park, Calif. 90255.

Roller cleaner

While painting with a roller makes many painting jobs easier, cleaning it is not easy. "Rinspin," a new gadget for cleaning rollers without any mess, is now available at paint stores for about $3. It's a plastic tube that attaches to a hose connection and spins the roller clean using a spray of water. Latex paints come off in 2 minutes. Oil base paints can be spun clean, too, but require a special cleaning solution.

Precut horsebarn

Four models of a precut redwood ho barn package are now available for site assembly by the horseman-han man. The units come in one-horse m els and two-horse models—two of e —all with tackroom and two feed roo The basic prices range from $2,500 $3,500 plus shipping. They are availa through Pacific Frontier Homes, F Bragg, Calif. 95437.

Query: House numbers

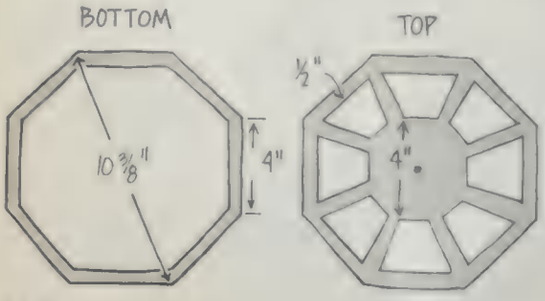
On page 162 of this month's issue y see a house number made from concr It's bold and unusual, and it stands in arresting contrast to the house t it marks.

We're looking for other house numl ideas that our readers might enjoy. you've built a number that's distinct in design, materials, or construction— one that's just fun—please send a sn shot and construction details to Ho Number Editor, *Sunset Magazine*, Me Park, Calif. 94025.

Recycling egg cartons

Gary Fitschen of Berkeley has found a way to recycle the polystyrene cartons in which eggs are sold. The lamp shown at right is made by gluing together eight carton bottoms and two cardboard octagons (see sketch below). Straight pins can be used to hold the parts together while glue sets.

The lamp is hung by its own cord. A 60-watt bulb gives a bright, even light.



NORMAN A. PLATE

Each one offers styling, economy and something the other three can't.

Let's start with the Corolla fastback. The yellow one in back. It's got a beautiful point of difference. It costs the least.

In front of it is a bronze Corona hardtop. Flip down the back seat, open a partition to the trunk, and suddenly you have 6 feet of continuous carrying room. So, unlike the others, the Corona can sub as a mini station wagon.

Moving to the left you find a silver Mark II hardtop. Our luxury economy model. It comes loaded with all sorts of impressive features. Like power brakes with front discs, electric rear window defroster and double-stitched brocaded fabric.

Then, there's the red Celica ST. Here you get tachometer, radial tires, rally stripes, hood vents, simulated woodgrain trim, AM radio and so on. All standard. When you're driving this one, it's pretty easy to think you're in a sports car.

There you have them. Four different sporty models from Toyota.

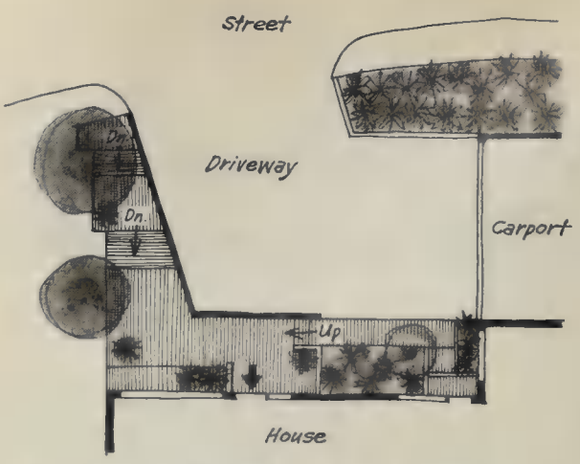
If you're looking for an economy car that doesn't have economy written all over it, see your nearby Toyota dealer.

He has more than his share.

For your nearest Toyota dealer, dial this free long-distance number: 800-243-6000. (In Connecticut, 1-800-882-6500.)

TOYOTA

See how much car your money can buy.



Deck walls *are 2 by 4's and can take some bumper-knocking. Any severely damaged sections can be easily replaced*

Now there's a separate way in for walkers

Hillside driveways, no matter how precarious and barely adequate, somehow manage to accommodate cars. But often there's no good provision for the family members and guests who arrive or depart by foot.

Before this entry was redesigned and relandscaped, the sloping driveway had to serve also as the entry walk.

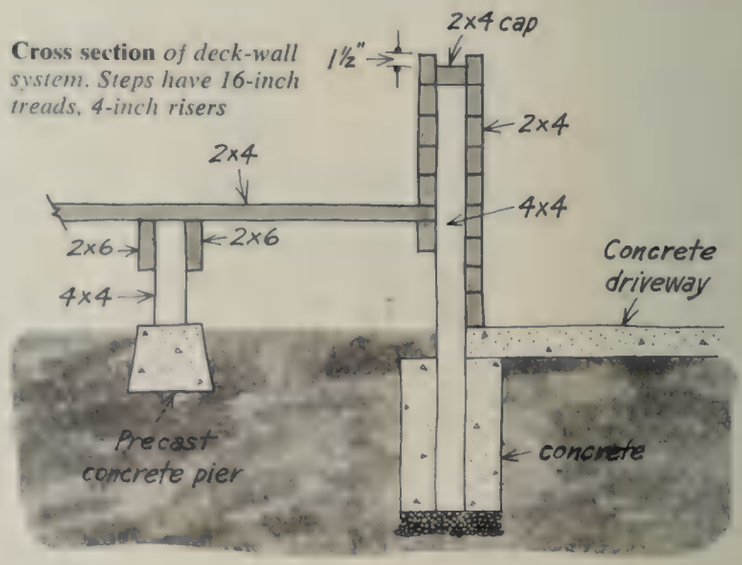
Now walkers have an easy and inviting separate way to and from the house, and it takes nothing from the driveway's much needed space. Steps connect to a deck system that extends across the front of the house and creates a generous, floor-level entry with space for container plants.

Landscape architects were Kenneth Wormhoudt and Associates for Mr. and Mrs. Donald Avant, Pasadena □

RICHARD FIS

Steps *eliminate slope; deck brings you to front door at floor level*

Cross section *of deck-wall system. Steps have 16-inch treads, 4-inch risers*



This is Superior construction.

Notice how we've got you surrounded... with steel.

you take a good hard look at how a motor home is built, you'd quickly e why Superior is your best buy.

Notice the rugged steel framing members bottom, top and sides— assembled and welded into a firm envelope of protection. Think about e fact that Superior uses rust resistant, zinc-coated steel for the frame nd for body panels too. Then add it up and you'll agree—Superior is e one motor home that's really built for the road.

Of course, a Superior is much more than a vehicle. It's home. With l the conveniences beautifully arranged for efficiency and a feeling of terior spaciousness. And a choice of floor plans in 20, 22 and 25-ot models.

There are a lot more good reasons why Superior is . . . what it says is. Write for colorful brochure and the name of your nearest dealer.

An umbrella of steel, jig-assembled, cross braced and welded at every joint, becomes the roof in a new Superior motor home.

SUPERIOR MOTOR HOMES

PERIOR COACH DIVISION
SHELLER-GLOBE CORPORATION • LIMA, OHIO 45802

A—**Mesa:** Robert Crist Company • **Tucson:** O'Rielly Motor Company, Inc. • CALIFORNIA—**Chico:** Frankie's Sport Shop • **Claremont:** Caswell Trailer Sales • El Cerrito: o Travel Center • **Fresno:** Frank T. Sanders Motor Home Center • **Inglewood:** Johnny Dobbs Motor Home Center • **Lemon Grove:** Camperland, Inc. • **Oakdale:** Haidlen 'cury • **Sacramento:** Cost Plus Trailer Sales • **San Bernardino:** Holiday Trailer Sales • **San Jose:** Central Traveland • **San Marcos:** Camperland, Inc. • **Santa Ana:** The King's Sepulveda: Vacationland • **Ventura:** Holiday Wheels • COLORADO—**Colorado Springs:** Bart's Camper & Marine Sales • **Denver:** Dodge Motor Homes, Inc. • IDAHO— alls: Ellsworth Brothers, Inc. • **Moscow:** 7 Cees Trailer Sales • **Nampa:** Honstead Motor Co., Inc. • NEVADA—**Las Vegas:** McCandless International Trucks, Inc., Ron on's-Ballerina • **Reno:** Webb's Travel Trailer • NEW MEXICO—**Belen:** Auge Sales & Service • **Roswell:** Main Trailer Sales, Inc. • OREGON—**Grants Pass:** Quonset Auto Lake Oswego: Engstrom's Motor Home Center • **Medford:** Marrs for Cars & R.V.'s • UTAH—**Salt Lake City:** MacKay Motor Home Sales • WASHINGTON—**Burlington:** Wheel ıles • **Seattle:** Northwest Cortez • **Spokane:** University City Trading Post

Aristotle Onassis, you have just won a free trip to Bend, Oregon.

This is not a trick, Mr. Onassis.

If you will write us at the address below, and e can verify it's really you, we will fly you here to end, Oregon, absolutely free of charge. From wher-er you are in the world.

Why should you take us up on our offer?

That's a fair question. And we admit, our part of e world certainly doesn't offer you the raucous night e of, say, Paris or London.

But we do have soul-expanding mountain vistas at can make even a multibillionaire stand in awe.

And while we may not have the glistening white aches of Majorca, the air never gets humid here e it does there.

In fact, the air in Bend is so clear and pure that just eathing seems to clean out your entire system.

Another pleasant surprise. The Bend area has quite few ultra-posh resorts that can provide you with me of the little luxuries you've gotten used to, ing one of the Very Rich.

For instance, you'll find natural hot spring mineral ater baths that are probably better than the ones Baden-Baden on the Rhine. Better because they're pt at a perfect 145°. Very good to sink into after hard day on the Mediterranean.

You'll also find horse-drawn sleigh rides, just like e ones at St. Moritz. And you'll be glad to know the i season is quite a bit longer here than it is there.

What's more, the snowy terrain at nearby Mt. Bach-or is so varied and challenging the U. S. Olympic i Team comes here to practice every year.

The golf courses here are far better than most of ose in Europe. And we have dazzling sunshine about 5 days a year.

If all this is beginning to appeal to you, Mr. Onas-, you may be wondering why we're making you ch an offer.

It isn't that we want a flock of tourists in here. e've always been a pretty small town and we want keep it that way.

But we know the kind of people who love this area the way we do, and we think you're one of them.

We know if you come here and find what we say is true, you'll get the word around to the Right Ears.

Perhaps some of the rest of you feel you could appreciate the beauty of Bend. If so, we have an unusual little booklet we can send you. We won't tell you what's in it, but we will tell you it's the world's most invigorating travel brochure.

We have a deliberately limited number of these booklets, and we'll send you one for a dollar if you'll fill out the application below.

And, Mr. Onassis, we want you to understand that, while we're sincerely looking forward to having you visit us, you will have to pay for your own accommodations once you're here.

But don't worry. Your credit is good with us.

Central Oregon Recreation Association
114 Minnesota Avenue, Bend, Oregon 97701

Please send me the world's most invigorating travel brochure, the story of Bend, Oregon.

Check one:

☐ I am Aristotle Onassis and I want more information before accepting your offer. My dollar is enclosed.

☐ I am not Aristotle Onassis but I would like more information. And I guess if Aristotle has to pay a dollar, I will too.

Name_____

Address_____

City_____ State_____ Zip_____

Country_____

We'd like to make it clear that the offer of a free trip to Bend, Oregon is made only to *the* Aristotle Onassis, the world famous shipping magnate. You're welcome to bring your Beautiful Friends, Mr. Onassis, but they'll have to pay their own way.

Think of this Ionian vinyl strap chair in Pineapple, Mandarin Red, Chalk or any one of a cluster of glamorous decorator colors. And think of it in company with Ionian ottomans, coffee tables, lounge chairs and so forth on your patio.

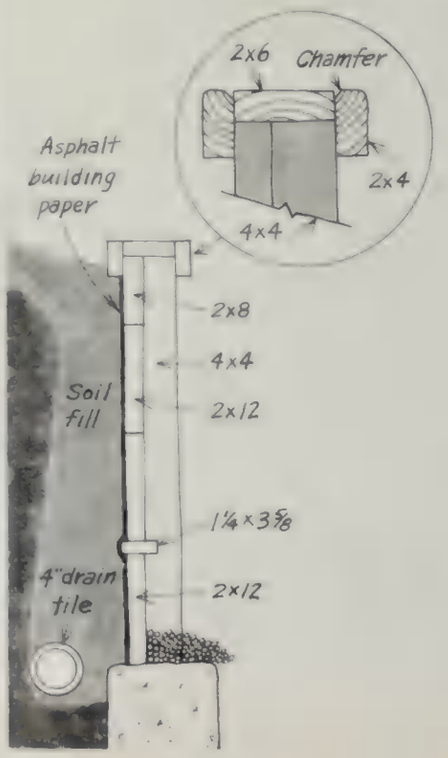
Send $1.00 for Woodard's complete Outdoor Brochure. For Interior Decorating Ideas, send $1.00 additional. Write Woodard, Dept. MO, Grand Rapids, Michigan 49504.

Woodard

DON NORMARK

Trim strip *set in just above lowest board makes wall seem less massive. Cap (at right) is wide enough for sitting, designed to minimize board's warping*

Design for a sturdy retaining wall



Retaining walls have to be fairly rugg if they're to do the job. But there a ways to make the structure at least a pear lighter and less like something d signed to hold back a small mountain

Seattle landscape architect Lloyd Th son designed the one you see here f Mr. and Mrs. Robert E. Bender of Bel vue, Washington. It's easy for the wee end landscaper to build, there are special cuts to make, and yet the finish product has a highly detailed look.

The biggest job is to set the posts. Th are hemlock 4 by 4's cut to length, pr sure treated, then set in concrete. T rough 2 by 8's and 2 by 12's were simp slipped behind the posts and toenailed them. The weight of the soil fill ho them in place against the posts. T sketches at left show how the wall a the decorative cap were made.

Since permanence is as important strength and appearance, only pressu treated wood was used; it has a res tance to decay many times that of wo treated with only a painted-on or soak in preservative. As an alternate, y might use decay-resistant redwood cedar heartwood.

Beware of good looking stereos.

The showrooms are full of them.

Which only goes to prove that anybody can make a stereo system that looks good.

Fine oiled hardwoods. Impressive rows of dials and levers. Fancy indicator lights. They're all part of the show.

But if you're proud to show it off, will you be as proud to turn it on?

We can talk this way because we're very definitely a part of that show.

We make Sony compact stereo systems.

And we'll admit they're as beautiful to look at as the handsomest stereo systems around.

But that's no reason to buy one.

What happens when you listen to one is.

That's the time to choose.

What you'll be listening to is a Sony amplifier, with an FM-AM Sony stereo tuner and a Dual, Garrard or BSR record changer built in.
And in some cases a Sony 8-track player or cassette player/recorder built in, too.

Connected, of course, to two separate Sony speaker systems.

There are ten Sony all solid state compact stereo systems to listen to priced from about $150 to about $400.

Years of making separate stereo components have taught us the right way to make compact all-in-one stereo components.

Years of making even our own transistors have taught us the right way to handle solid state.

After you've given all the good looking stereos in the showroom a good look, give them a good listen, too.

The least your compact stereo system should do is look good.

Take care that's not also the most it does.

SONY®

We don't just look good.

© 1972 Sony Corp. of America, 47-47 Van Dam St., L. I. C., N. Y. 11101.

NORMAN A. PLATE

Woven belt *from suede strips makes a handsome gift for a man*

Gift to weave . . . a belt in jute or in strips of suede

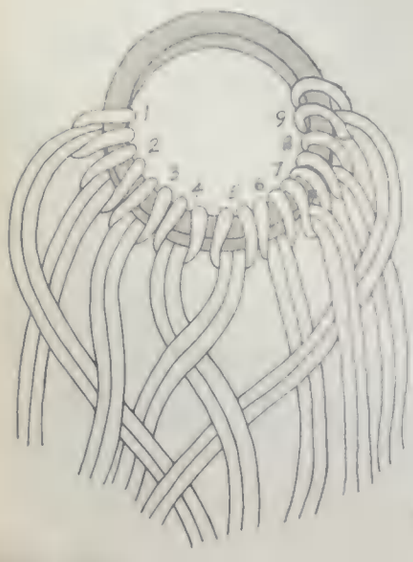
This belt can be woven with several types of materials. For one belt we used jute strands equivalent to 60-gauge seine twine; for another, suede strips. For a 2-inch-wide belt you will need nine 10-foot strands of jute or seven lengths of suede (wider than the jute), and two metal rings 2½ inches in diameter. This makes a 50-inch-long belt that you can cut to fit later.

Double each of the strands and tie on the rings with half-hitch knots. Consider each pair as one unit when weaving. Numbering from the left, cross pair 5 over 4. Then, following the drawing, weave 1 over 2, under 3, and over 5 (which already has been crossed over 4). Then cross 9 over 8, under 7, over 6, under 4 (which is still crossed under 5), and finally 9 over 1. Take the outermost strand on the right and weave it over and under four strands down to the middle. Continue weaving alternately from either side, making sure strands lie flat.

If you use suede strips, tie seven strips on rings with half-hitches. Numbering from left, weave strand 4 over 3. Then alternately weave the outermost strand from the left and then the right, over and under three strands down to center.

When weaving with right and wrong-sided material, such as suede, you'll need to half-twist each strand about 6 inches from the end and weave this last section with the wrong side up so the right side will be up when worn. If you use a standard belt buckle with the right and wrong-sided material, you can weave the belt without the twisting step.

To finish, taper the end of the belt by combining strands to form three sections and braid the belt a couple of inches. To secure, machine stitch across the ends several times or tie the ends to form a tassel. □



Jute strands *are tied to rings with half-hitches; ends woven in pairs*

Toughest 4-letter word on whe

Jeep

CALIFORNIA

ALTURAS—Carstens Chevrolet 'Jeep'
ANTIOCH—Triangle Auto Sales, Inc.
AUBURN—McLaughlin Ford Sales
BISHOP—Economy Motor Parts, Inc.
CHICO—Wayne's Rambler of Chico, Inc.
CLOVERDALE—Joe Torvick Chevrolet Co.
CONCORD—Lehmer's
DUNSMUIR—Rodley Motors
EUREKA—Anderson-Alford Pontiac, Buick, GMC, Inc
FAIRFIELD—Stan Motors
FERNDALE—Jack Tipple Motors
FORTUNA—B - E Garage
FREMONT—Pierotti Motors 'Jeep' Division
FRESNO—Slavich Bros., Inc.
GILROY—Marx Chevrolet-Buick
GRASS VALLEY—Hockett Auto Sales
GRIDLEY—Tucker Chevrolet Co., Inc.
HANFORD—Stewart Motors, Inc.
LOS GATOS—West Valley Dodge-Rambler Sales, Inc
MADERA—Forehand-Sutton Motors, Inc.
MODESTO—Mistlin Buick
MONTEREY—Cypress Motors, Inc.
NAPA—Biava Motors
OAKHURST—Bob Von Motors, Inc.
OAKLAND—Cochran & Celli 'Jeep' Division
OROVILLE—Pahl-Goodhue Ford
PETALUMA—Jim Rose
PLACERVILLE—Ken Collins
QUINCY—Quincy Motor Sales, Inc.
REDDING—Colby G. Smith Motor Co.
REDWOOD CITY—Moyer Chrysler-Plymouth
ROSEVILLE—Diener Motors
SACRAMENTO—American City
SALINAS—V.I.P. Chrysler-Plymouth
SAN FRANCISCO—Albera Bros., Gene Baker Motors
SANGER—Dutch Chandler 'Jeep' Division
SAN JOSE—Normandin Chrysler-Plymouth
SAN LEANDRO—East Bay Rambler
SANTA CLARA—Friendly Motors, Inc.
SANTA CRUZ—Marina Pontiac-Cadillac, Inc.
SANTA ROSA—G. K. Hardt, Inc.
SONOMA—St. Laurent Chevrolet
SONORA—Sonora Motors
STOCKTON—Stockton 'Jeep' Center, Inc.
SUNNYVALE—True American
TRES PINOS—Pinnacles Garage
TULARE—O. F. Mefford & Son
TURLOCK—Snider Motors
VISALIA—Arnold Wiebe Buick-Pontiac GMC, Inc.
WATSONVILLE—Hansen Pontiac
WILLOWS—Johnson & Sons Motor Sales
WOODLAND—Central Motor Co.
YREKA—Jim Wilson Ford, Inc.
YUBA CITY—Olson Pontiac, Inc.

NEVADA

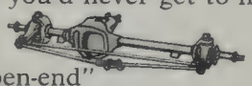
CARSON CITY—Dan Flammer, Inc
LOVELOCK—McKinnon Ford Sales
MINDEN—C.O.D. Garage Company
RENO—Cal-Vada Auto Company

Jeep® Commando. Escape artist.

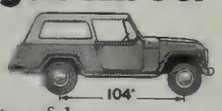
Jeep guts make it as adventurous as any sport wagon can be.

When you want to make the perfect get-away, climb into a vehicle that's got the guts for it. The Jeep Commando.

The Commando's world-famous 4-wheel drive, powered by a standard 232 CID 6-cylinder engine, can take you places where fish are biting and the deer outnumber the people. Places where you'd never get to in an ordinary vehicle.



Because of the Commando's new "open-end" front axle, it can maneuver even better in those tight spots. And you can get away in comfort, too. The Jeep Commando's increased length gives you a smoother ride and plenty of leg room.



Last but not least, with a Commando you take off in style. Nine lively exterior colors, handsome interiors, and great lines add up to the sportiest Commando ever made.

So test drive a Commando at your Jeep dealer. Check it out. You can get away for a lot less than you think.

Toughest 4-letter word on wheels.

Jeep

Drive your Jeep vehicle with care and keep America the Beautiful.

Bath Safety with style...

choose from a complete line, by SLIP-X

The SLIP-X line offers a wide choice of eye-pleasing patterns and exciting new colors that are compatible with today's fashionable bathroom trends.

Treads are soft, textured-rubber, adhesive backed for easy installation. Odorless, will not mildew, no special cleaning required. At department, hardware, housewares or variety stores . . . or shipped post-paid if not stocked by your store.

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SAFETY TREADS, INC.
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Springfield, Ill. 62705

GUARANTEED

New Formula
SHINE BRASS and STAINLESS STEEL
Faster! Easier! Brighter!

Enduring lustre for
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INSTANT-ACTING
'TARNITE'
High-Gloss Polish

Dissolves Tarnish on Contact!

The instant Tarnite is applied, tarnish, streaks, smears, heat and water stains start to disappear. No tedious rubbing; dirt and dullness vanish and your grimiest metals get an enduring, lustrous gleam. Pick up a package. Try it. Once you use it, you'll never be without Tarnite again.

- RESTORES ORIGINAL LUSTRE
- ADDS TARNISH-RESISTANT FINISH
- REDUCES FREQUENT RE-POLISHING

98¢ AT MOST HARDWARE STORES

GLENN CHRISTIANSEN

Japanese *paper shade gives bright but even light*

Lamp will tilt any which way

A leather bag filled with lead shot forms the bottom of this graceful 6-foot floor lamp. The shot keeps the lamp upright but allows it to tilt in any direction.

The 5-foot-long bamboo pole can be found at a hardware store, nursery, or sports shop; it should be about 1 inch thick at its thickest point. To feed an electrical cord through it, you'll need to drill out the joints. To do this, buy a 3-foot length of ¼-inch steel rod, grind one end to a spadelike point, and fit the other into an electric drill. Use this "bit" to drill into the bamboo from each end.

Ream open the top of the pole with knife or file so that the threaded end a standard pullchain lamp fixture will snugly into it. Attach lamp cord to f ture terminals, thread cord through t pole, and mount the fixture in the top the pole. Use glue, tape, or wire to h secure it.

Drill a hole in a 4-inch plywood disk fit tightly around the pole. Attach d to bottom of pole with finishing na through predrilled holes. Take care n to pierce the cord.

The leather bag is actually a tu

There's only one time World Champion Jackie Stewart takes off his Rolex.

When he puts on his fireproof underwear.

This only happens when the world's premier auto racer dons his famous Nomex helmet and climbs into the cockpit of his Tyrrell-Ford.

No matter, though. There's scant time to take his eyes off the track when glistering down the straightaways at speeds exceeding 160 mph.

The race over, Jackie Stewart's Rolex is right back on his wrist.

Our craftsmen are honored that a man whose life often hangs on split-second timing picks Rolex for his personal timepiece.

Such confidence is not misplaced.

Everything about a Rolex brings it to the pinnacle of the watchmaker's art.

The Oyster case is hewn from a solid block of gold or stainless steel.

The patented Twinlock winding crown screws down onto the case (similar to a submarine hatch) to provide an utterly secure barrier against water and dirt.

The Rolex crystal is meticulously diamond-cut for a microperfect match with its case.

And ingeniously designed so that it actually seals tighter under pressure. (Deep underwater, for instance.)

Into this practically impregnable case goes the peerless perpetual movement.

Each is made the old World way. With pride. And patience. By dedicated Swiss watchmakers, heirs to a tradition of excellence.

One at a time, the movements are hand-tuned to exceptional accuracy.

A gravity-powered rotor (invented by Rolex) means that wrist movement does the winding, the wearer never needs to give it a thought.

Every single Rolex movement is submitted to one of the impartial Swiss Institutes for Chronometer Tests for 15 full days of rigid trials. Only on passing does it win the coveted "Chronometer" rating. (Although Rolex accounts for only a tiny fraction of all Swiss watch production, nearly half of all the chronometer certificates ever awarded have gone to Rolex.)

Even so, Rolex' own inspectors then put each one through final tests before giving it their stamp of approval.

A lot of work? Yes. But that's what makes a Rolex a Rolex.

That's why Jackie Stewart prizes his. And why sportsmen and adventurers are invariably Rolex men. And why Rolex is the official timepiece of Pan American World Airways. And why most of the world's heads of state, men who have scaled the heights, proudly pick Rolex over all others.

Rolex. A sign of a special kind of man.

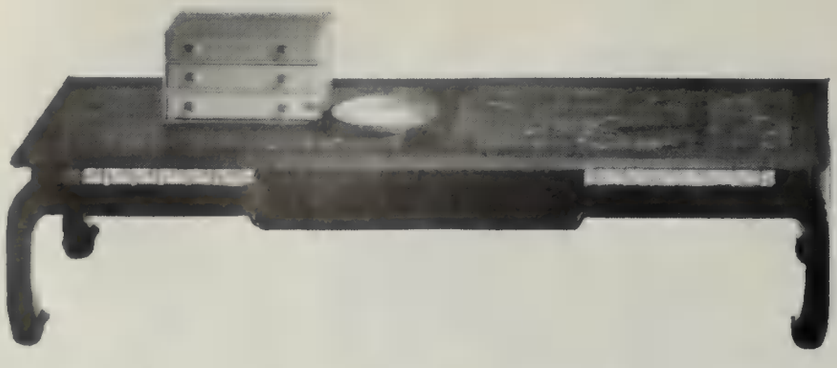
You'll feel it the minute you wear a Rolex of your own.

Each Rolex earns the recognition it enjoys. You know the feeling.

ROLEX

The Rolex Oyster Day-Date: a 30-jewel, self-winding chronometer (with day available in 18 languages) in 18 kt. gold, $1300 with bracelet #7286. Also in 18 kt. white gold or platinum.

American Rolex Watch Corporation, 580 Fifth Ave., N. Y., N. Y. 10036. Write for free color brochure. Also available in Canada.



Achieve a look of serene sophistication with Gordon's Oriental Group, including a variety of stunning tables. Sleek Far Eastern styling laced with delicate brass filigree. Lustrously finished with Satin Cherry tops and Satin Black bases. Tops of matched cherry veneers or rich black marble. To see Gordon's complete line, send one dollar for a brochure.

GORDON'S INC
MARKET STREET, SAN FRANCISCO, CALIFORNIA 94103

DISCOVER AMERICA
ON THE MONDAY HOLIDAYS ®

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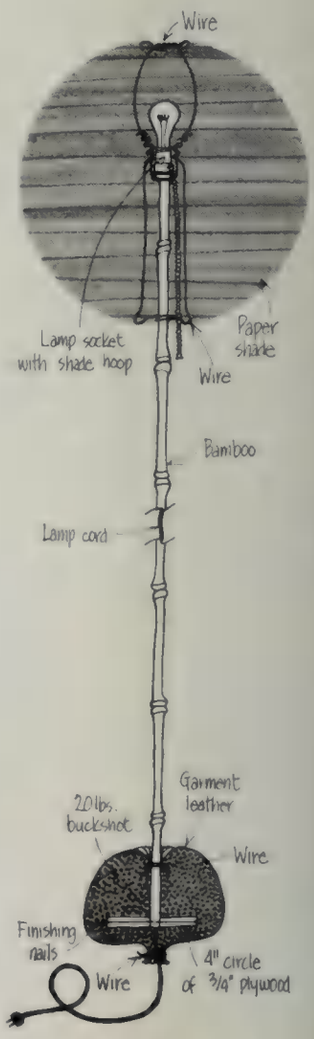
pinched at both ends. Stitch oppo sides of an 18-inch square together form a tube. (Garment leather can stitched on most sewing machines.) Sl the tube up the pole until its bottom is about 3 inches above the plywo disk. Pinch the bottom end closed w wire. Pull the top of the tube down o the disk.

Now turn the lamp upside-down and the bag with 20 to 25 pounds of #6 #8 buckshot purchased at a sports sh Distribute the shot around the plywo disk so most of it will rest on the d when you turn the lamp back uprig Pinch the leather bag closed with other piece of wire. The lamp will on this closed end and conceal it.

Fit the lamp fixture with a stand shade hoop. Since paper shades ($3 $18 at import shops and some decora shops) come in many sizes and shap purchase the shade first, then form w supporting loops to keep the shade o and away from the bulb. These sho be of fairly rigid wire, about 14 gau bent as suggested in the drawing.

A completed lamp will cost between $ and $35, depending largely on the c of the shade.



Weighted *leather bag holds 5-foot pole and your choice of paper shade*

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ch, end table about $80,
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HOWARD
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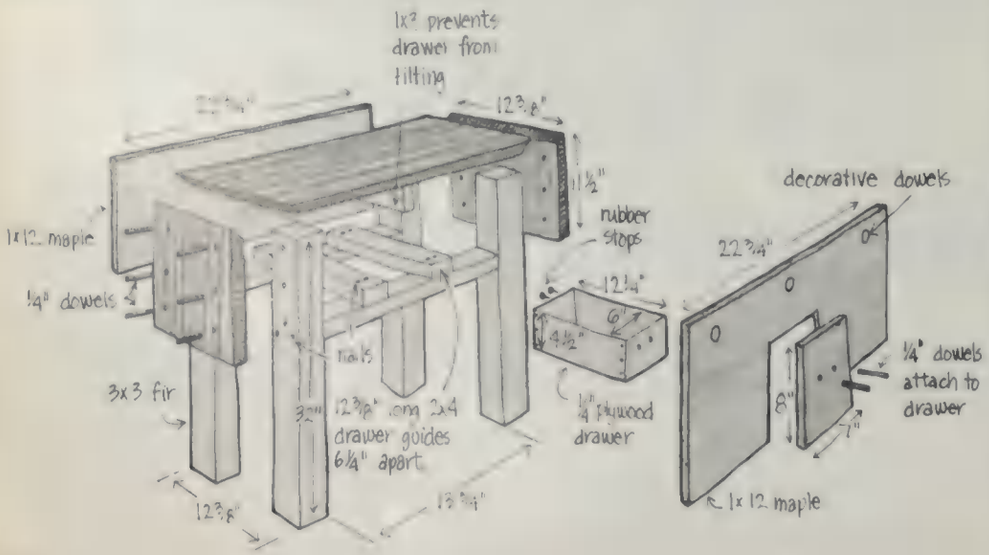
Small *chopping block appears solid but is actually hollow, leaving room for a storage drawer. Legs rest on furniture skids*

Chopping block kitchen table that you can make yourself

A freestanding chopping block table is a useful and attractive addition to almost any kitchen. Materials for this one cost about $35. You could make a similar one any size you need, adapting the basic design to suit a wider or longer chopping block.

The compact table we built has three main parts: the top section, the drawer, and the leg unit. We used a table saw with a sharp blade; a radial-arm saw would work equally well.

Top section. This is actually a hollow box made from two pieces of 1 by 12 maple and a 24 by 25-inch ready-made chopping board (about $18). Saw the chopping board in half, cutting with the grain. Use one piece for the top of the box. Cut the other piece in half,



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But the best way to tell the difference between the two cars built in Sweden is to find a road that is really "slippery when wet" and drive both cars over it.

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DEL MONTE LODGE

At Pebble Beach/California

across the grain at a 45° angle, for t two ends. Also cut both ends of the t at 45° (see drawing) so that it will 22¾ inches long. Trim the two en to 11½-inch length (keep a 45° bevel the top), and cut the 1 by 12's to 22¾ inch length to match the top.

The drawer. To make the top cut for t drawer slot, clamp one of the 1 by 1 over the lowered blade of a table s and raise the blade until it cuts throu the wood from below. (When using radial-arm saw, you would lower t blade.) Complete the top cut by ha and then make the side cuts. Sand t rough edges.

Build the drawer box from ¼-inch p wood; use clamps to keep the box square as possible while the glue sets.

Leg unit. Use fir 4 by 4's ripped to 3 b inches for the legs, and 2 by 4's for cr braces. Join the legs in pairs (front a

CRAIG ZWI

Drawer *with continuous-grain front stores recipes or knives*

back) with a 2 by 4 cross brace so t they will fit inside the length of the box. Then join these two sections w two parallel 2 by 4's as long as the ins width of the box. The 2 by 4's, cente 6¼ inches apart, serve as both cr braces and drawer guides. Glue and r all joints in the leg section.

Wipe or sand off all excess glue. Ap glue to the top and sides of the legs drop the box over the legs. Drill ¼-i holes and insert dowels as shown in drawing. Use glue and short lengths ¼-inch doweling to join the drawer the precut front piece.

Decorative ¾-inch dowels can be ad to the sides as shown in the drawi After a thorough sanding, the ta should be coated with mineral oil.

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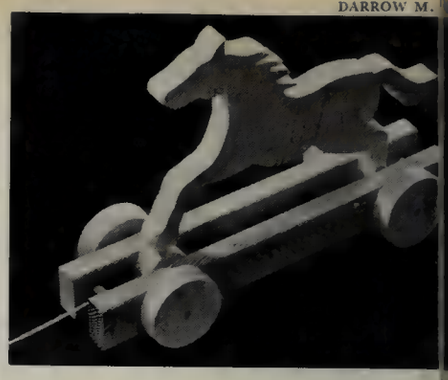
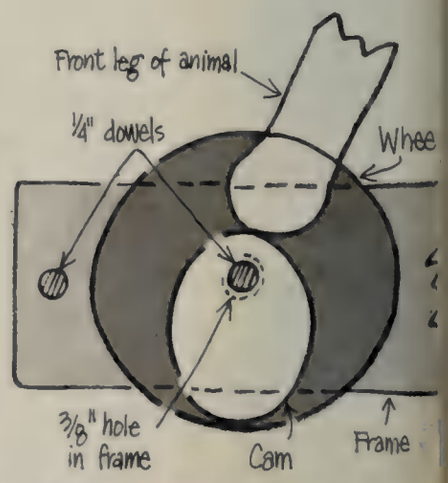


Horses and birds *bob when pulled. Triple-exposure shows bird's motion*

"Cam critters" bo up and down

Compared to today's technologic sophisticated playthings, wooden toys that bob up and down appear ively simple, yet they continue to am young children.

The ones shown here can be cut out th a jigsaw from 1-inch softwood and inch dowels. The dowels serve as a and cross braces at each end of frame. The bobbing motion is due to elliptical cam, fixed off center on front axle. The animal's front port rests on the cam and moves up d down as the wheels turn. The rear a passes through ⅜-inch holes in frame and in the rear part of the anin the animal pivots on the rear axle.



Front section *cut-away shows front leg in down position*

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The menu that dates back 500 years before Marco Polo.
There are certain scholars who claim the Orient taught Europe how to cook. Perhaps the answer makes little difference. After all, the name of a famous Japanese dish, tempura, is actually a bit of Latin passed on to us by a Portuguese sailor long ago.
Our only point here is that, on Japan Air Lines, you can savor the delights of both familiar cuisine and our own ancient Japanese recipes.
One suggestion. An old Japanese maxim recommends that each time you try a new dish, you will live 75 days longer. At that rate, you could fly Japan Air Lines around the world indefinitely. With a lifetime to spare.
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DON NORMARK

Formica *covers 3 by 4-foot top. Piano hinge joins table and support*

Handles *help in lowering. Slide bolts (in corners) hold table flush to wall*

A big table that's always temporary

is wall-hung table is designed for tem-ary uses such as gift wrapping, fold- laundry, or eating lunch. It works l in an area where a permanent coun- would be in the way.

ien Mr. and Mrs. John M. Peterson neled their utility room, they furred one wall with strips of wood to allow -inch-deep space to receive this table. e exposed studs were covered with a n veneer panel. The table and support are ¾-inch plywood; the exposed face is covered with birch veneer to tch the wall.

e table stands 3 feet high. □

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Escaping a fire . . . you need a plan

More than two-thirds of house fires occur at night, often leaping out of control before their presence is known. Their very suddenness tends to make people forget that the family's first need is to escape, not to fight back the flames or to rescue pets or valuables.

Each family has to decide what degree of readiness is possible for them. It will help you make that decision if you try to visualize, step by step, just what happens in such an emergency. In this article we have suggested appropriate steps to take if you decide to work out—formally or informally—a family escape plan. Reasonably well rehearsed, it could provide the knowledge and discipline necessary for a prompt exit by safe, pretested routes.

Even young children should be drilled in escape procedures; often, their instinctive reaction is to hide where they'll be trapped or to run through the flames. The plan should include specific exits, escape procedures, means of summoning help and, only when you're safely out, firefighting techniques. Make careful provision for infants and infirm or disabled family members; houseg and babysitters should know of the p

Have two ways out

Each bedroom should have two e one directly to the outside of the ho If you don't have an exterior door, should have a window that's l enough to climb through, low enc for a child to reach, and easy to c without risk of injury.

Window exits shouldn't be blocked air conditioners or burglar-resis metal grids, and screens or storm w dows should be easily removable f the inside. You shouldn't have to br a window to get out; you'll be risk serious injury from broken glass, ticularly if you're escaping in the da

Keep thick bushes and sharp branc away from the escape window; branches and other sharp or hard obj are particularly hazardous under a ond-floor escape if you're forced to d onto them. You should avoid l drops; if an upper-story window doe open onto an intermediate landing, s as a garage or porch roof, consi keeping a ladder in the closet or hav a rope ladder handy to tie to a str support inside the window.

Whatever the means of escape, it sho be direct, quick, and thoroughly test One way is to walk each family mem through his interior and exterior esc routes, pointing out any hazards or s cial problems. Some practice at ni may prevent fear and hesitation dur a nighttime escape.

You might draw a simple house pl with alternate exits clearly marked, post in your kitchen or family room a reminder. And a flashlight kept in ea bedroom could aid in the escape.

Which way out?

It's wise to sleep with your bedro door closed as a flame barrier. It ta up to 15 minutes for a fire to bu through a tightly closed, solid-core wo door. For added protection close t doors at far end of hallways leading your bedrooms, but keep exterior wi dows open at least a crack for fresh a

If you strongly suspect a fire, don't op the door; smoke or toxic gases co rush in under intense pressure, ov powering you in seconds. Smoke a gas can accumulate in lethal amou before the flames themselves become immediate threat, particularly if the fi is on a lower floor.

First, carefully feel the door; if i warm, particularly near the top, keep closed. Stuff rags or bedding—prefe ably wet—into the cracks around t door to prevent oxygen loss and to ke out smoke and gas, and plan to use yo exterior exit.

If the door feels completely cool, yo

Chiffon. A towel for all reasons.

try opening it a crack, bracing your- against the possible surge of a fire's ssure. Shield yourself with the door, d your breath, and face away from opening. If the fire is remote and the is fairly clear, you can rouse your ily and escape through the house. If e's pressure on the door or the air ns thick, close the door and seal it. d at this point it would be good to e a whistle, horn, or other noise- ker handy so you could alert your ily without leaving the room.

de escape routes

you leave through the house, move ckly: A fire can outrun you. Head ctly for the preplanned exit without wing the fire to cut off your retreat; ou can't make it, backtrack to the er exit. Don't deviate from your es- e plan to grope around for another out. Your instincts can deceive you he confusion of smoke and fire, and can be trapped and overcome by oke before you're aware of the ger.

air is better near the floor, so crouch and crawl if you must, taking short aths of the thin layer of good air ve the floor. If you must lift your d, hold your breath; it helps to cover ir mouth and nose with a damp cloth.

our clothing catches fire, wrap your- in a coat or blanket or roll over wly on the ground to smother the nes. Don't run; this will only fan the nes while you lose valuable time in inguishing the flames on your clothes.

terior escape routes

your exit to the outside is on the und floor, unobstructed and easy to n, you should be able to escape read- without wasting time. But if the exit higher up and you don't have a safe d tested way to climb down, avoid pping to the ground until it's abso- ely necessary; straddle the window ge and try to signal for help. Fire horities cite numerous injuries from mature jumps made when help was t moments away.

ver leap forward from the window. ck out slowly and lower yourself as as you can, holding onto the ledge. en let yourself fall the remaining dis- ce, pushing gently away from the ll and keeping your body relaxed with ur arms close to your sides. When you the ground let your thighs and nded knees absorb the impact; stay axed and let yourself roll over.

ep a long ladder handy in an un- ked storage area so people on the ound can find it easily and reach it to u. Disabled or elderly people should ep on the ground floor with walk- rough exits; an infant's bedroom ould adjoin your own, so you don't ve to run through a fire to reach it.

After you get out

Your family should have an agreed-upon meeting place, a safe distance from the house, to go to immediately. Tragic and unnecessary fatalities often occur when parents, once safely outside, re-enter a burning home to search for a child who has already escaped and run off in confusion. After everyone is accounted for, send one person to summon help; all family members should be taught the location of the nearest telephone or fire department call box.

You should try to fight the fire only when your family is safe and help is on the way. Even then, be cautious; work from a safe distance and never go back inside. Once a fire has taken hold, it will probably spread beyond your control, and your time may be better spent finding shelter for your family and warning neighbors of possible danger.

If the fire is small you can fight it with a garden hose or try to smother it with dirt or sand; keep a long hose coiled near the house and have a pick, shovel, and bucket handy. Never spray water on burning grease and liquids, or on a live electrical wire. A conveniently located dry-chemical fire extinguisher can be extremely useful in fighting an isolated blaze, if you know in advance how to use it. (For help in selecting and using a home fire extinguisher, see page 70 of the January 1972 *Sunset*.)

Better yet, eliminate possible fire hazards; authorities warn repeatedly that 90 per cent of all house fires can easily be prevented. Ask your fire department for a list of precautions; they may be willing to inspect your house and point out unsuspected hazards. □

Chiffon. A towel for all reasons.

For more pleasure with knitting

When Madame Defarge worked on her knitting, her purpose was more political than pleasurable, and she probably relied on designs learned from her mother. But today there are many books that can help you combine the pleasures of knitting with a greater understanding of design and technique.

Why turn to such a book rather than simply follow a manufacturer's garment pattern? The main reason is that these patterns don't tell you why you are doing a particular stitch: You make a "psso" decrease instead of simply knitting two together to cause a different effect in the design of a garment. By learning new techniques, you can apply them to achieve a particular look or to give your work a better finish.

You should read these books with knitting needles and light-colored yarn in hand; the directions will make the most sense to you if you can try them out right away. (You'll find that stitch patterns and other details show up best on light-colored yarn.)

These books can help you, whether you are a beginning or experienced knitter, if only by confirming ideas that you h e discovered on your own. This list r resents some brand-new hardbound a d paperback books that can be found t bookstores and at some knitting sho s. All try to help you become more kno l edgeable and inventive in your knittin

Knitting Made Easy, by Barbara Ay s (Pocket Books, New York, 1971; 5 cents, paper), is a good book for beg ners. After describing the basic knitt g procedures, it gives a number of patte for such items as tote bags, decora r pillows, coverlets, sweaters, and slee less shells.

The author's special creation is woman's cap-sleeve sweater; it is ma with a minimum of shaping and ada s well to both short and long-sleeved styl

Another feature is a section on surf weaving, a technique something like e broidery that uses a larger, geomet stitch. It is a way of decorating ite without having to knit with more th one color.

Miss Aytes also gives directions for ma ing yarn flowers and leaves and has large section of lace patterns.

The Complete Book of Progressive Kn ting, by Ida Riley Duncan (Liverigl New York, 1971; $2.75, paper), is a other basic guide. Before going into t specifics of knitting garments, Mrs. Du can gives a history of wool; she discuss the finished yarns and suggests garmen that complement their weight and cor position.

After describing the basic stitches, sl explains how to design a garment by di gramming it, using your stitch gauge ar the measurements you want in the fi ished work. With the formulas give here, you can diagram many garmen —sweaters, skirts, gloves, and pants.

The chapters on sweaters are particula ly complete, showing you how to di gram for V, round, and boat necks well as for long and short sleeves wit varying degrees of fullness. Raglan swea ers that are knitted from the neck dow are also discussed and diagrammed i several ways.

The Complete Book of Knitting, b Barbara Abbey (The Viking Press, Ne York, 1971; $12.95), begins with a di cussion of the knitter's tools: needle crochet hooks, cable-stitch holders, yar bobbins.

It then describes the basic steps of knit ting, with casting on, binding off, increas ing, and decreasing all illustrated in variety of ways. The most appropriat uses for each method are suggeste where applicable.

A large section is devoted to assemblin the finished knit. It covers such detail as sweater borders, zippers, blocking, an how to make linings.

Chiffon. A towel for all reasons.

ally. Miss Abbey discusses stitch pat-
s; about 200 are illustrated and de-
bed row by row. She tells you what
hink about when choosing a stitch
ern: Do you want a fabric that is
tic, lacy, or quite firm? This is de-
ined by your choice of stitch, yarn,
needle size.

tting Without Tears, by Elizabeth
mermann (Scribner's, New York,
1; $7.95), is especially valuable if
are interested in circular or seamless
ting. It is both a practical manual
an intelligent, common-sense treatise
a philosophy of knitting. Mrs. Zim-
mann's main objective is to help you
ome the master of your knitting so
you can create any effect you want
out being bound to a printed pattern.

this end, she describes a number of
s to do such procedures as casting
and off and increasing and decreas-
For instance, you can knit a saddle-
ulder sweater on round needles by
cing decreases in a certain way. Ad-
onal techniques are described that
may adopt as one or another prob-
arises in your work.

umber of basic patterns are given for
mless sweaters, jackets, scarves, hats,
tens, and socks. Of special interest
section that explains how to make
weater in the traditional Norwegian
nner: After a tube of proper length
the sleeves are completed, the tube
nachine-stitched and then cut in the
per places so the tops of the sleeves
fit in exactly. The front of the
ater is then machine-stitched and cut
cardigan is desired.

Knitting Dictionary: 900 Stitches
Patterns (Crown Publishers, New
k, 1971; $1.98, paper) describes many
niques (particularly well illustrated)
t will interest the creative knitter. The
tions on selvedges and turned and
ered corners should be especially
ed, for they are not usually covered
basic books.

e largest section of the book has many
erent stitch patterns, with row-by-row
tructions next to each illustration.
ck Tunisian knitting is a special fea-
e here. Also included is a group of
quard patterns and illustrations sug-
ting different ways to work with sev-
l colors at once.

sic crochet stitches and patterns are
cribed, with a section on woven and
k crochet.

e Craft of Lace Knitting and **The**
aft of Cable-Stitch Knitting, both by
rbara G. Walker (Scribner's, New
rk, 1971; $2.95 each), are new paper-
und books of stitch patterns. Each
cribes more than 200 lace and 200
le patterns, each with an accompany-
illustration. Some are preceded by a
tence or two suggesting appropriate
applications or giving special instructions if an unusual stitch or technique is needed to work the pattern.

A section in the cable-stitch book gives guidelines for designing your own Aran-style fisherman sweater. Some of the illustrations show combinations of patterns to give you an idea of how they look together.

A Treasury of Knitting Patterns and **A Second Treasury of Knitting Patterns,** also by Barbara G. Walker (Scribner's, New York, 1968 and 1971; $10 and $15), are larger, hardbound books from which the two previously mentioned paperbound books were taken. Both of these books contain many knit-purl, ribbing, mosaic, color-change, slip-stitch, twist stitch, yarn-over, and fancy texture patterns in addition to lace and cable-stitch.

Patterns for Guernseys, Jerseys and Arans, by Gladys Thompson (Dover Publications, New York, 1971; $3, paper), details a variety of stitch patterns that will appeal especially to designers of Aran-style fisherman sweaters.

Mrs. Thompson has studied traditional English, Scottish, and Irish patterns by examining old sweaters that the fishermen have worn for many years. She breaks down each sweater into its composite stitch patterns to describe them in detail.

Her book includes complete directions for putting together a sweater in the traditional manner and for making a child's stocking cap.

This book is best for the somewhat experienced knitter who is familiar with basic garment styles and who can adapt new stitch patterns easily. □

Chiffon. A towel for all reasons.

Sunset

4th Annual

Travel Film Festival Finals

Los Angeles, California · April 7-16, 1972

Finalists in the *Sunset* Travel Film Festival will be shown to the public at the Los Angeles Sportsmen's Show.

Fifteen outstanding films were selected for Honor Awards in the preliminary judging of the *Sunset* Magazine Travel Film Festival in January.

They will be shown to the public during the Los Angeles Sportsmen's Show at the Los Angeles Convention Exhibition Center, April 7–16. Judging for the Grand Prize–*Sunset* Trophy will also take place at that time.

Honor Award winners, by category, and the approximate daily starting time during the show are:

Best Film by Government Agency in U.S.

"Montana—Land of the Big Sky" ..... 9:30 p.m.
Submitted by State of Montana

"Destination: The Beach" ..... 4:15 p.m.
Submitted by Daytona Beach Resort Area

"The Possible Dream" ..... 4:45 p.m.
Submitted by Grey Advertising

Best Film by Government Agency on Foreign Destination

"Handicrafts of Japan" ..... 2:00 p.m.
Submitted by Japan National Tourist Organization

"The Scandinavian Experience" ..... 6:00 p.m.
Submitted by Scandinavian National Tourist Office

"Fishing" ..... 8:30 p.m
Submitted by Polish Travel Office

Best Film on U.S. Travel by a Commercial Company

"Ski America" ..... 9:00 p.m.
Submitted by Summit Films

"In Search of the Sun" ..... 10:30 p.m.
Submitted by Ran Manley Film Productions

"Americans on the Move" ..... 2:45 p.m.
Submitted by American Hotel & Motel Assn.

Best Film on Foreign Travel by a Commercial Company

"East Africa" ..... 5:00 p.m.
Submitted by Alitalia Airlines

"Journey to the Sun" ..... 7:30 p.m.
Submitted by Association Sterling Films

"South America" ..... 10:00 p.m.
Submitted by Pan American World Airways

Best Sports Film

"The Performers" ..... 8:00 p.m.
Submitted by Barrymore Films

"Catch the Joy" ..... 4:00 p.m.
Submitted by Pyramid Films

"Believe in Yourself" ..... 2:30 p.m.
Submitted by Warren Miller Productions

An added feature will be a new film on America's National Parks, produced by *Sunset* Films for Chevrolet. It will be shown daily at 3:30 p.m. Several other films that received Certificate of Excellence awards will also be on the daily program.

The Exhibition Convention Center is located at 1201 So. Figueroa Street in Los Angeles. Admission to the Sportsmen's Show—adults, $1.95, children, $1.00—includes entrance to the *Sunset* Film Festival Theater.

For information on availability of these films for group and club showings, write *Sunset* Films, Lane Magazine & Book Company, Menlo Park, California 94025.

NORMAN A. PI

Teak *rubbed with mineral oil adds texture and color to the kitchen*

A teak counter in the kitchen

The most popular kitchen counter co erings are still ceramic tile and plast laminate. A third choice, worth keepi in mind if you're considering replacir a worn or badly marked top, is teak til

Teak tiles are sold by hardwood floori shops and by some building supp dealers. They come in 12 and 19-inc squares, 5/16-inch thick, in herringbo and other patterns. Cost is about $1.- a square foot.

Hot pans and steam-filled lids may bu or scorch the surface and cutting chopping may scratch or crack the tile But this material is repairable. Lig scorches can be removed immediatel using 0000 steel wool and mineral o heavy burns must be sanded out.

Installing the tile is a challenging but n unduly difficult task for the home craft man. If the present covering doesn't r move easily, leaving a clean, smoot surface (it usually won't), you'll have t remove the entire countertop. Look fo fastening screws and nails underneat the counter at the front and back.

Cut a new piece of ¾-inch plywood t

Centura is a registered trademark of Corning Glass Works, Corning, N.Y.

Once, the more beautiful a dish was, the more breakable it was. Then we made Centura® Dinnerware.

Centura® Dinnerware is beautiful.

It has the pure whiteness and the rich lustre of fine china. It even has the resonant ring of china.

In fact, you can use Centura any time you would use fine china.

The difference is, you can also use Centura all those times you wouldn't use fine china.

Every day.

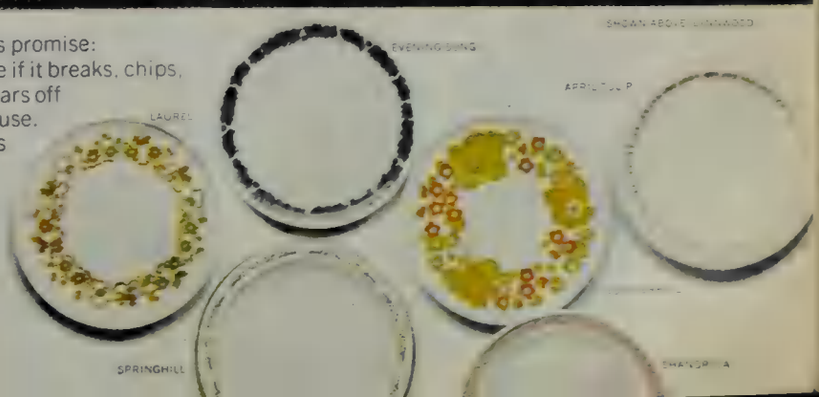
It's made of a remarkable new material that, beautiful as it may be, is so strong that Corning can make this promise:

We'll replace any Centura piece if it breaks, chips, cracks, crazes or if its decoration wears off within 3 years of normal household use.

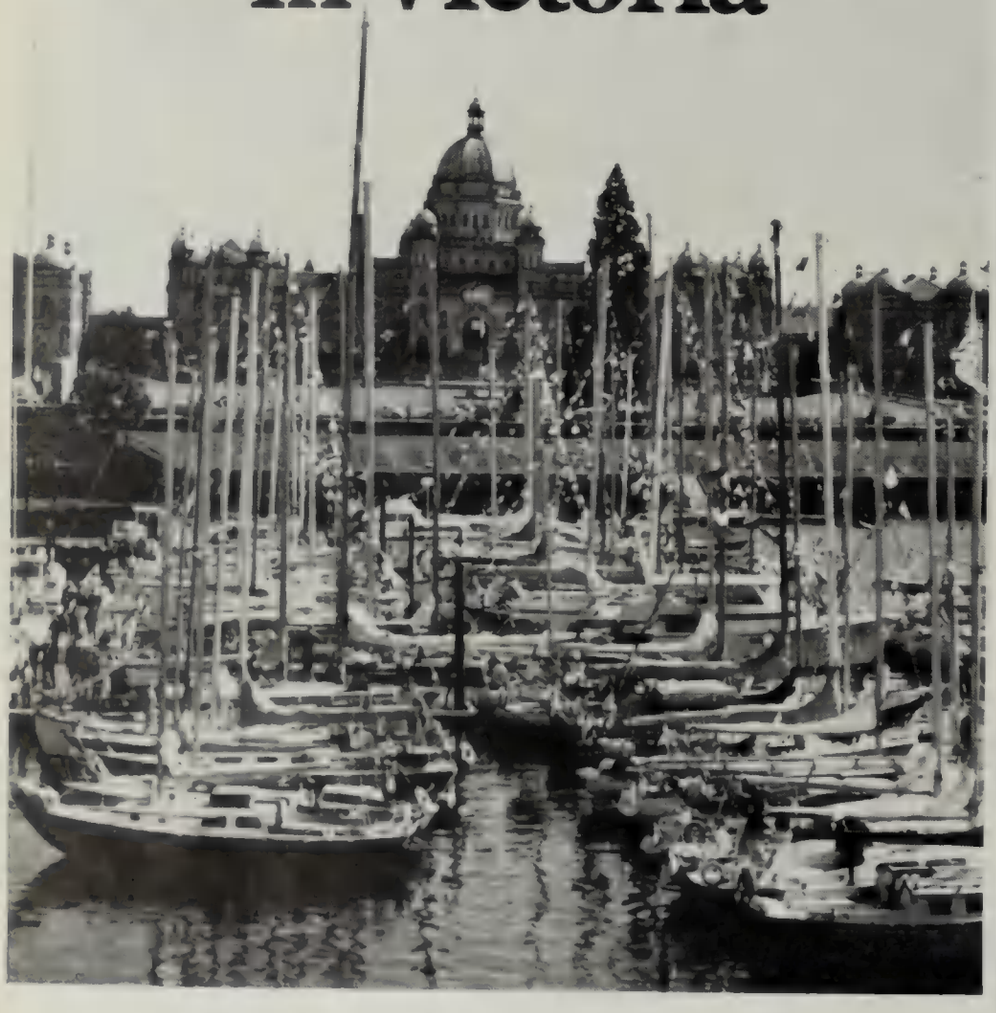
Of course, elegance always has its price. Centura Dinnerware patterns start at $10.50 for a 5-piece place setting.

But at least now you can have everyday dinnerware as beautiful as the dinnerware you've been afraid to use every day.

Centura Dinnerware by Corning.



Lose the world... find yourself in Victoria



Set sail for a city that's unique in all the world. A city of magnificent gardens, stately homes and charming Old English shops. A city where people still remember how to slow down and enjoy life. A city set like a jewel on a vast, green island that offers abundant scenic variety. Victoria on Vancouver Island — Canada's incredible island in the Pacific. It's a wonderful place to lose the world. And find yourself. Mail the coupon and we'll prove it.

Vancouver Island Publicity Bureau
and Victoria Visitors Bureau,
786 Government Street,
Victoria, British Columbia, Canada

Please rush me colorful brochures on Vancouver Island, Victoria and the Gulf Islands.

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City_____ State_____ Zip_____

S2-72

the desired size, with openings as nee for sink, faucet, and range. Install u wood screws.

To lay the tile, spread a layer of re cinol (a water and heat-resistant g close to the color of teak) over an a of the plywood and place the tiles position. Covering too large an area one time will result in the glue dry before the tiles can be set. Apply a s of 1 by 2-inch hardwood or other m ing along the front of the counter fl with the top of the tile; then thin resorcinol with water so that it will p into the cracks between the tiles.

After cracks are filled and glue has dri use a belt or straight-line sander to move all the ridges and excess gl Then set the backsplash in place.

For the backsplash you can use the t floor tile, ceramic tile, or a complem tary wood strip. It should fit flush w the top of the counter. To make joint tight, use a water-resistant glue wood or mastic for ceramic tile.

Oiling the surface helps preserve wood, enriches its color, highlights grain, and prevents the wood from sorbing juices and food flavor. Hand-r warm mineral oil into the tiles usin rag. At first this oiling may have to repeated two or three times until t wood is saturated. When the oil dr out, sponge the top clean with water a a mild detergent and then reoil. F all applications, warming the oil helps spread evenly and soak in quickly.

New helpful book on landscaping

The basic primer in *Sunset's* series of landscaping books has a new revision. *Ideas for Landscaping* (Lane Books, Menlo Park, Calif., 1972; $1.95) replaces the earlier *Landscaping for Western Living* with almost all new photographs, drawings, and plans.

The book begins with the principles of planning a garden: controlling climate, making efficient use of space, and putting the plan on paper. Next come sections on such garden structures as paving, fencing, overheads, and lighting. There are lists of plants for special landscape jobs.

Finally you see how these ingredients come together in three-dozen individual gardens, chosen to illustrate a variety of purposes and solutions. □

Coach House Cedar Paneling —4'x 8'—Also in white, red and green. Notice the depth between planks, the realistic knots and nail heads, the authentic detail and charm of old barn wood.

BEAUTIFUL AS ALL OUTDOORS

New Coach House Cedar panels by Masonite Corporation

Here's a wonderful new way to add beauty and warmth to your walls. Panel them with new *Coach House Cedar*—carefully crafted to savor the texture of old rustic, weathered barn wood. Horizontal and vertical planks, chair rail and baseboard. By Masonite Corporation, of course. Foremost creator of hardboard panels for every taste, every period, every room—every pocketbook. See these durable, washable panels—beautiful as all outdoors—at your lumber dealer. Listed in the Yellow Pages under "paneling." Or write Masonite Corporation, Dept. S4, Box 777, Chicago, Illinois 60690.

THE MARK OF INTEGRITY

MASONITE CORPORATION

Masonite is a registered trademark of Masonite Corporation.

After-winter checkup for cabins

The relaxed atmospere of a vacation cabin or second home often allows serious maintenance and safety problems to go overlooked. This spring is a good time to take stock of the condition of your place after its long exposure to winter elements.

What happened last winter?

Crawl under any decks or stairways to see if a heavy load of snow did any structural damage. Look closely at stress and load bearing points for evidence of splitting or weakness (similar checks should be made in the attic of a snow country cabin). See that heavy rains haven't eroded the ground away from concrete piers supporting a deck or stairs.

Check deck and stair railings to see that they are still sturdy. Poke the blade of a knife into any wood you suspect of rot. If the blade encounters a soft or 'punky' spot, the wood should be braced and replaced as soon as possible.

Examine the outside walls of the cabin for winter damage. Boards may have warped or split and knotholes may have popped out. Often only a simple repa may be in order.

You can pull a warped board back in line with nails or, better yet, with screw Drill guide holes for the screws, tryin for a stud if possible. Countersink th screw heads and cover them with putt before painting or staining.

Fill the cracks with outdoor caulkin (latex or butyl). Any small knotholes ca also be filled with caulking. For a large hole, plug with oakum, then caulk. Othe caulked areas on the outside walls an roof should also be checked for winte deterioration.

Opening up a cabin

When returning to a cabin after any ab sence, turn all faucets on and leave then running for about a minute to clean ou any possible corrosion or contaminate water left in the pipes. Throw out an cans of food that have swelled or dis colored or show other evidence of spoil age. Don't taste the contents.

While you were gone, did birds nest i any pipes or vents? Has a rodent, a rep tile, or an insect problem developed tha might make it necessary to contact a exterminator?

Vacuum any dust from the floor or wal heating units and central furnaces. Al ways turn off the thermostats and manua controls before any cleaning. The burne and pilot control knobs should also b turned to an 'off' position before vacuum ing or brushing dust from combustion areas. Replace filters if necessary. Re light pilots according to instructions posted on the unit, or phone your utility company for instructions or assistance.

Recheck fire safety

If the cabin is in a region occasionally beset by grass fires, clear an area of 30 feet or more around the cabin of all dead brush and grass. (If you're bothered by poison oak or ivy, spring—as soon as growth is active—is also the best time to spray with weed killer.)

Make sure that no tree limbs have grown within 10 feet of a chimney or stove pipe (which should be fitted with ½-inch-grid wire mesh spark arrestors). Remove any dead limbs or trees near the house.

Inside, check all windows and exits to see that they open easily and make sure that all rooms and sleeping lofts have at least two exits, particularly if you are renting an unfamiliar cabin. Review a fire escape plan with your family and post emergency numbers near the telephone, or know how to get to the nearest phone in an emergency. (It might be wise to refresh the children's memory on all safety rules governing the cabin and its surroundings.)

Make sure that any fire extinguishers or hoses stored over the winter are still in good working order. □

Whatever your taste, there's a Libbey glass for the wine.

Libbey offers the widest selection in casual and formal glassware. For dramatic service, choose Libbey's BIG, new Vino Grande. Equally attractive are traditional Golden Foliage and textured Prado.

And, there are many more.

Libbey has *new* wine glass caddies, too . . . great for serving and storing.

Make your next toast with fresh, new Libbey wine glasses.

THE BEST BRAND NAME IN TABLE GLASSWARE

Libbey
GLASSWARE by OWENS-ILLINOIS

gh in the Colorado Rockies sits
npty log cabin.
e nearest fire department? Miles
in the next county.
nter before last, the wind got so
g up here it blew down a near-
arn!
viously, this is the
ct place to demon-
e Johns-Manville's
raordinary new
IPART™ shingle.
ter all, Underwriters' Laborato-
gave **RAMPART** the highest fire
wind resistance ratings attain-
—Class A.
AMPART shingles have a tough,
ble fiber glass base saturated with 50% more weatherproofing asphalt than conventional shingles. That means longer roof life.

You'd expect to pay a lot of money for **RAMPART** but you don't. It's the lowest-priced Class A fire resistant shingle you can buy.

Seal-O-Matic® stripe bonds shingles together against wind.

No-cut-out styling and random edge adds strong horizontal accent.

Another nice thing about **RAMPART** shingles is the way they look. **RAMPART's** unique random-cut edge sweeps boldly across your roof, makes your house look longer, lower, more contemporary.

(Even makes an old log cabin look pretty darn good!)

Whether you're buying a new home or reroofing your present home, you ought to know more about J-M's **RAMPART** fiber glass shingles.

Send for complete information—including color selection chart and our interesting new booklet, "How to Buy a Roof."

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Address _____

City _____ State _____ Zip _____

Johns-Manville JM

J-M Service Center (Dept. ST-1)
2393 S. Delaware St., Denver, Colorado 80223

Johns-Manville just put a new kind of fiberglass roof on this old log cabin to make a point about fire about wind about beauty about value.

Chevrolet. Building a bette

Just what you need to get away to it all.

There are special places out there. Out beyond the cities. Out where a person can get away, from time to time.

At Chevrolet, we're building some very special ways of getting there.

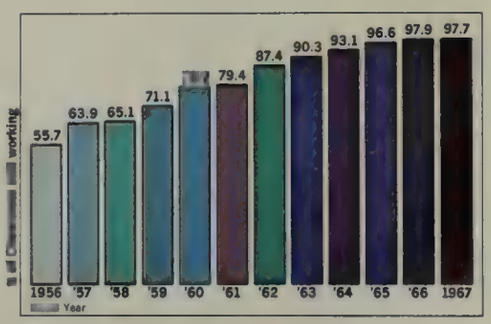
You could call them our getaway trucks. They range all the way from our trim Sportvan with the sliding side door, right up to our special chassis for the big Motor Homes. Blazers. Suburbans. Pickups built expressly for Campers. They add up to the widest selection of recreational trucks available anywhere. An we think, the best.

Whichever Chevy yo choose to get away in, want it to outlast any truck you've ever owne Going back as far as 19

ay to see the U.S.A.

On the South Rim of the Grand Canyon, (clockwise) our Sportvan conversion, Suburban, Motor Home, Blazer and Fleetside Pickup.

al R. L. Polk figures
e chart at right show
over 55% of the Chevy
s of that model year
ill on the job. No
make has as many
lf of its 1956 models
going. The fact is,
y trucks last longer.



Chevy trucks

1740 New Western Colors

Introducing Totalcolor by Boysen—the broadest spectrum of paint colors ever developed! Now your Boysen dealer can mix any shade of any color—pure hues, whites, pastels, neutrals and super deeptones. Oil-base and synthetics—latex, acrylics and alkyds—exterior and interior, gloss and non-gloss. Nobody can match Boysen's deeptones—or range of colors! Next time you paint, come to the dealer with the colors—1740 Boysen Totalcolors. Your Boysen dealer has the paint you want—*and during April we're having our famous 1¢ sale!*

Spring 1¢ Sale

DON NORM

Family *coat closet uses space under stairway in entrance hall*

NORMAN A. PI

Doors *with magnetic latches give access to generous shelf space*

Storage is where you find it

Opening up space under a stairway almost like discovering gold—stora room is precious wherever you find i Both photographs above show remode in which space under the stairs was co verted to needed storage.

The closet in the top photograph has b fold doors, which give easy access to th entire area. On the right is a stack c open shelves, one for each member c the family to use for his books, ha purse, or other everyday items that can be hung up.

The storage area in the lower photo graph has even more space. Interio designer William Thele of San Francisc increased its attractiveness by usin molding to trim the doors on the stai wall; the molding also provides finge holds for opening the doors. Hidde hinges and magnetic latches conceal th fact that it is, indeed, a closet.

BLACK BLACK.
GREAT COLOR IDEAS BEGIN WITH KOHLER.

Introducing Black Black. Stunningly neutral. Totally elegant. Compatible with everything. Lets you live with tomorrow's decorating changes. Center: The Bath, 5½′ x 7′ of bathing luxury. At right: Lady Vanity, the shampoo center that's also a baby bath. At left: Rochelle toilet, new Caravelle bidet, and new Man's Lav shampoo/grooming center. Faucets and fittings are Kohler's Alterna in brushed gold electroplate. Black Black is available in top-of-the-line products. For more great bathroom ideas, see your Kohler plumber or send 50¢ to Dept. B, Kohler Co., Kohler, Wis. 53044.

KOHLER CO., KOHLER, WIS.

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The sterling silver Parker 75 Classic Ball Pen. Give it to someone who's economy-minded.

The Parker 75 Classic Ball Pen sometimes overwhelms people who get it as a gift. It looks a good deal more expensive than the $12 it costs. People tend to say "But you *shouldn't* have."

So, calmly point out the economy features of this obviously extravagant pen.

Tell the person who gets it that he'll never have to buy another ball pen ever. Because we guarantee this one against defects for the owner's lifetime, or we'll repair or replace it—free.

Tell him that the 75 Classic writes better months longer than the ordinary ballpoint—three times longer—and then refills with a cartridge for months more writing.

Most important, ask him what price he puts on exasperation. In this area, the 75 Classic costs nothing. It starts writing instantly, and puts down a crisp track at less than four ounces of pressure. That's because the ball in the tip is microscopically textured to glide effortlessly.

What price does he put on pleasure? Here's where this pen really delivers. That slim, solid sterling silver case isn't just for show. It gives the pen the proper heft and balance in the hand. He'll write comfortably with it for hours.

After you've convinced him what an economical gift you've given him, why not go back to the store and buy another for yourself? After all, you're economy-minded too.

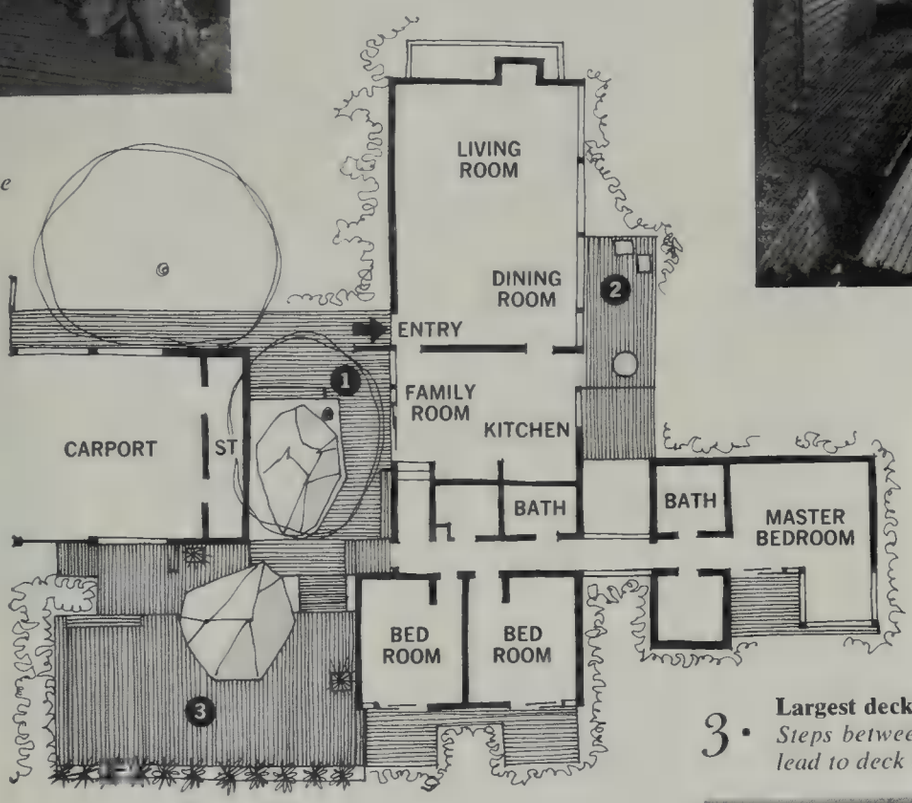
PARKER
Maker of the world's most wanted pens

The sterling silver Parker 75 Classic Ball Pen is $12. With matching Cartridge Pencil, $24. A memorable gift for personal or business friends. Other fine Parker pens to own or give from the $1.98 Jotter Ball Pen to the $150 Parker 75 Presidential Pen.

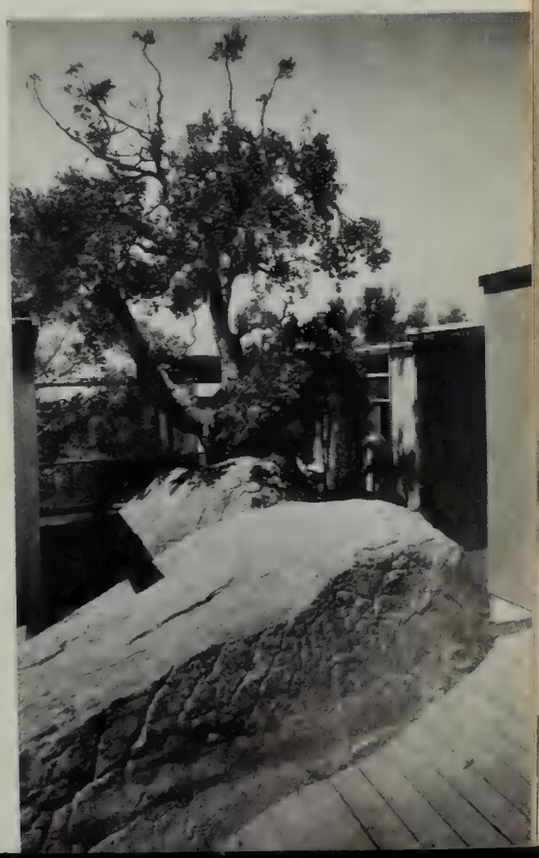
1 • **Family room** *opens to this deck area built around an existing oak tree. Behind the screen in background is entry to bedroom wing*

2 • **Pass-through:** *two sliding lockable glass panels open like a store showcase. View at right from outside shows deck, overhead trellis*

RICHARD FISH



3 • **Largest deck** *hugs large boulder. Steps between boulder and house lead to deck area shown above*



A house surrounded by decks with boulders coming through

The generous decks around this house have two-thirds the floor area of the house. They provide outdoor walkways and outdoor living, eating, entertaining, and play area. Some even have their own tree or boulder coming through.

Some like the Japanese engawa: combination passageway and sitting space. Others are broader areas—open or intimate. All three bedrooms and kitchen, family, and dining rooms have their own decks. The living room has access to two side decks but has none of its own: A deck there would have cut off the view.

Trellises are used as sunscreens, railing, and space dividers. There's a kitchen-to-deck pass-through for outdoor eating, and a great boulder in the big deck off the children's bedrooms for climbing.

The large deck is made of Douglas fir 2 by 6's. All others are of 2 by 2-inch hemlock that comes prefabricated in 1 by 8-foot units. Trelliswork screens and deck railing are of hemlock 1 by 2's, also sold in 1 by 8-foot prefab units.

Owner is Robert Buzard, of the architectural firm of Buzard and Phillips, Santa Barbara. □

SPEED QUEEN®

SUPERTWIN®

PORTABLE WASHER & DRYER

Enjoy the convenience of your own laundry appliances, even if you live in an apartment, mobile home or other home where space is a problem.

Speed Queen's compact washer and dryer require only a small amount of floor area and are portable for easy moving and storage. The washer requires no special plumbing, hooks up to almost any faucet for filling. Wash with Speed Queen agitator action in one tub and damp dry your laundry in the separate spin tub.

The electric dryer requires no special wiring, just plug it into any adequately wired 115 volt outlet. And, like the washer, the dryer has easy rolling casters. It can also be mounted on the wall or on an optional chrome stand with room beneath for storing the washer.

Supertwin portable washer and dryer — two new quality products from Speed Queen . . . manufacturers of dependable home laundry equipment since 1908.

THE LAUNDRY EQUIPMENT FOR HOMES WHERE SPACE IS A PROBLEM

SPEED QUEEN

Check the Yellow pages for the nearest dealer or for information write to Department DD-26, Speed Queen, Ripon, Wisconsin 54971

DON NORM

Waterfall *from the roof collected here, then pumped aw*

System *ends at curbside. Trough takes flow to street*

The water's path from roof to curb

Here's an efficient and decorative way to handle drain water from the roof.

The house wraps around three sides of an entry garden on the uphill side. Roof gutters collect rainwater from the roof slopes on the garden side and direct it to a single, projecting trough. It splashes down over smooth river rocks set in a concrete catchment, is pumped through an underground pipe, and spills out into the street gutter under a garden light.

Landscape architects were Talley & Associates and architects were Richard Bouillon & Company for the J. M. Hanseths of Seattle. □

GIVE US WO HOURS AND WE'LL IVE YOU A EW FLOOR.

All we ask of you is less than an afternoon's time for a 10′ x 12′ room. And all you need are scissors, a pencil and enough GAF Sure-Stik® self-adhesive tile for your room.

We guarantee you'll have the most beautiful do-it-yourself floor you've ever seen.

No one will believe you did it on your own.

Sure-Stik comes in a full variety of beautiful patterns and colors. There's got to be one that's perfect for you.

For your GAF dealer's name, see the Yellow Pages. Or for further information, write GAF Flooring Division, Dept. S-42, 140 West 51 Street, New York, New York 10020.

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A Loaf of Paté, a Label of Wine and Thou.

B&G. It's all the French you'll ever need. B&G. Two eloquent letters the French have used since 1725 to describe their best—from Beaujolais to Pouilly Fuisse, from Pommard to Chablis—B&G. Could anything be more romantic?

B&G. Love letters from France.

BARTON & GUESTIER. 36 FINE WINES IN ONE FINE FAMILY

IMPORTED BY BROWNE-VINTNERS COMPANY, NEW YORK, N.Y. AND SAN FRANCISCO, CA

DARROW M. WATT

With a mighty pounce *Mark crushes an eggshell*

Smashing eggshells and using the chips to make mosaics

Some quiet day when your youngsters are in the mood for a lively little craft project, have them try eggshell mosaics. Here the fun of the doing is really more important than the results.

An interest in eggshell mosaics starts when the 3-year-old is able to crush and glue, and it continues right up to adult levels, when the intricacy of mosaic fitting keeps the imagination stimulated. All you need is a supply of rinsed eggshells, two or three colors of crepe paper, white glue, and some kind of backing paper. Construction paper is fine for experimenting, but for a lasting mosaic use a heavier paper or cardboard. We suggest using crepe paper for the

A finished piece *by an 8-year-old*

think m-d ladders

Next time you get off the ground, be sure it's on a sturdy M-D extruded aluminum ladder. They're tough, rugged with plenty of bracing for maximum rigidity. Anodized too . . . no black rub-off. And they come in all sizes and shapes. Regular M-D ladders are available from four to eight feet in height — with 3" steps, no-skid feet and embossed pail shelf. The popular 27" Little Stepper and the 43" platform ladders come in natural or Albrgs (gold) anodized aluminum. Also available are four sizes of M-D extension ladders. Look for the quality M-D "house" label when you buy a ladder. They are at your nearby building supply or hardware store along with many other quality M-D building products. More information? Write direct!

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m-d

AFTER A HARD SUMMER'S COOKING YOU DON'T HAVE TO WORRY ABOUT YOUR SUPPER FALLING ON THE GROUND. Not with a Char-Broil, you don't. Not for years and years and years.

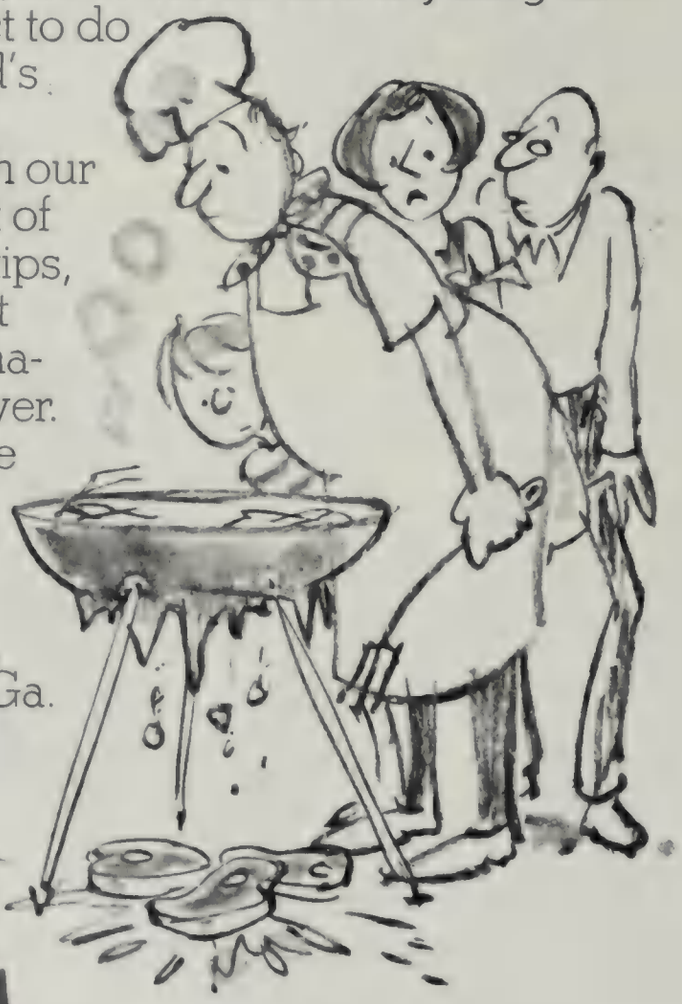
Listen. Char-Broil grills are made by the company that made gunboats for the Confederate Navy. We know a little something about standing up under fire.

We make Char-Broil's cooking parts of rugged cast iron. Its cutting boards of beautiful hand-rubbed oak.

With a Char-Broil, you can spit roast, smoke cook, shish kabob and anything else you'd expect to do on the world's finest grill.

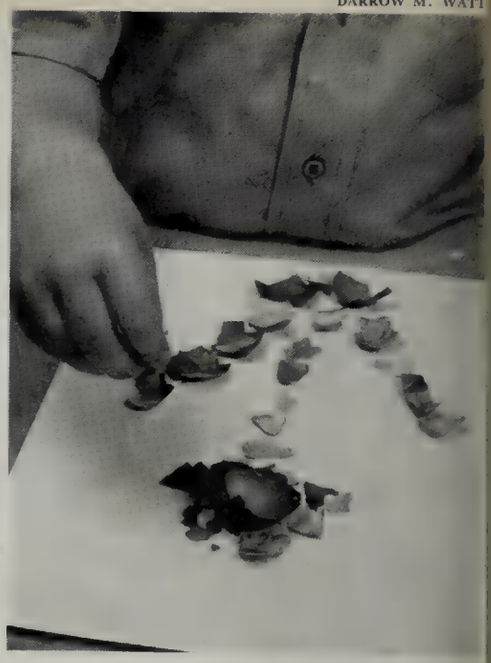
And with our new booklet of recipes and tips, you can do it more imaginatively than ever.

Just write Jim Bradley, Department S-5, W. C. Bradley Co., Columbus, Ga. 31902 for your free copy.



CHAR-BROIL.®
THE END OF FOOLING AROUND.

DARROW M. WATT



Young artist *carefully arranges large shell fragments to make a flower design*

dyes for its particularly brilliant hues.

To prepare for dyeing, fill several bowls or cups with hot water (choose glass, enamel, or stainless steel containers that won't stain). Add a teaspoon of vinegar for each cup of liquid. Cut a length of crepe paper and add to the water; continue to add crepe paper until you have the color intensity you want.

Stir several eggshells around in the dye. Use rubber gloves, if you wish, as the dye will stain fingers (if you don't like wearing gloves, normal washing will remove the stains within a day). Keep the shells in the dye until they reach a pleasing shade; the longer they soak the stronger the color will be.

Remove the shells from the bowls and place on a broiler tray or cooky sheet (lined with paper towels to absorb extra water). Bake for at least 30 minutes at 300° or until the eggshells are dry and crisp. Assemble the background paper, white glue, and eggshells.

Now comes the part that's fun. Turn each eggshell so that the round end is up and use the palm of the hand to squash it. Or, if you want tiny pieces, use a rolling pin as a smasher.

Some children will want to design as they go along. Others will prefer to sketch out a design in advance using a crayon the same color as the background. If you have several children working at once you'll probably find they create a variety of abstract and recognizable patterns.

A technique that works well with very small children is for you to sketch out the design with glue first. Then have the youngsters mash the eggshells into fine pieces with a rolling pin, sprinkle them on the paper or cardboard, and shake it. The shells will stick to the design lines. □

72 Pinto Wagon, shown at top with Squire option, optional whitewall tires, and luggage rack, shown at bottom, with optional whitewall tires and Base Accent Group.

The Pinto Wagon.
For people who'd like an economy car if it carried more. Or a wagon if it cost less.

It's a solid Ford Pinto.

Under the hood, you'll find a tough little 2000cc overhead cam engine as standard equipment.

The body is welded solid. Then electrocoated against corrosion. Then painted five more times.

There's rack and pinion steering like on some expensive sports cars.

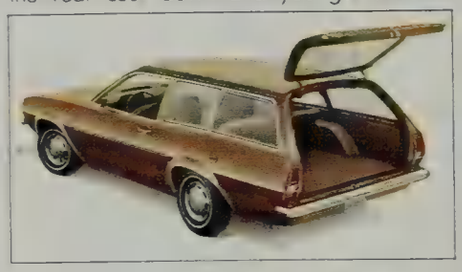
In normal use, recommended maintenance is only every six thousand miles or every six months.

So if it's economy you're after, you'll find plenty in this new Pinto.

It's a convenient Ford Wagon.

You can get it as a basic wagon (below), or with the Squire option (above).

It's only 10 inches or so longer than our Pinto Sedan: easy to handle and park. But put the rear seat down and you get over 60 cubic feet of cargo space. VW Squareback and Vega Kammback both give you about 50 cubic feet.



The lift gate swings up out of the way. The spare tire has its own well under the floor. The rear seat passenger windows flip open for ventilation.

In short, the Pinto Wagon gives you the kind of convenience and usefulness you'd expect from any Ford Wagon. Only it gives it to you in a basic little Pinto size.

When you get back to basics, you get back to Ford.

FORD PINTO

FORD DIVISION

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Dry Sack on-the-rocks is a great drink before lunch or dinner. No wonder Dry Sack, the man's sherry, is so popular.

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NORMAN A. PLATE

Ladder *gives access to giant bookcase*

One answer for high bookcases

A 14-foot-high bookcase is not a common need, but some of the innovative features of this giant could also be used on more conventional sized cases.

Situated on the landing of an open stairwell, the 80-inch-wide case is divided into three sections: two 30-inch-wide shelf sections, and a 13½-inch-wide center section used as a ladder.

The vertical members of the case are 2 by 12 vertical grain Douglas fir. The shelves are 1 by 12's spaced about 16 inches apart. The first two shelves are about 20 inches apart, enough room to display large items.

The shelves are supported on the outer verticals by 1¼ by 5-inch dowels plugged into 1-inch-deep holes. On the inner verticals the 1¼-inch holes are drilled all the way through; 25-inch-long dowels are pounded through the holes leaving the ends extending 4 inches into the shelf sections. These ends then act as supports for the shelves, while the inner spans form the ladder.

The case was designed and built by Mr. and Mrs. Stephenson Parker for their townhouse in Foster City, California. □

It isn't every girl who can work and run a home. And, luckily, you've got an understanding husband. Tonight, you're going to thank him for all the times he could've grumped and didn't.

It's a good day for Stouffer's.

Lasagna. One of 35 Stouffer's Frozen Prepared Foods.

Stouffer's

The Broadmoor Elegante Development in Tustin, Cal.; Developer: Richard B. Smith; Architects: Thomas & Richardson, Costa Mesa, Cal. Cabot's Ranch House Hues on exterior and interior wood surfaces.

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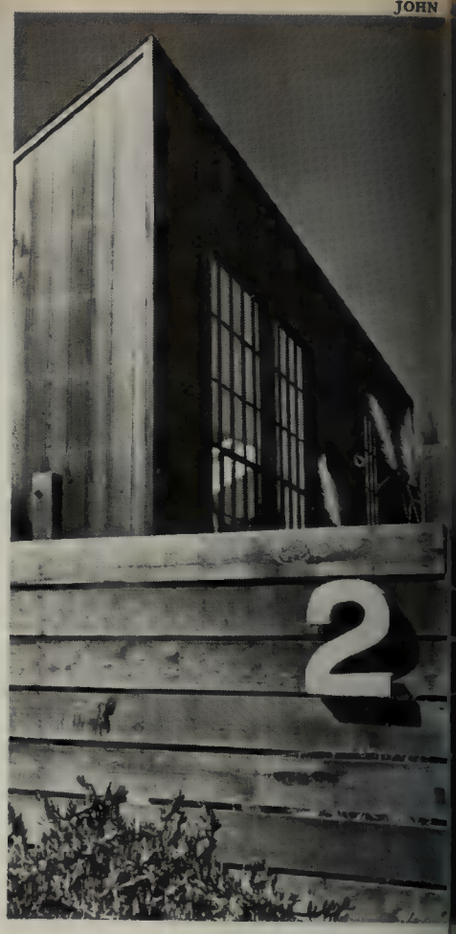
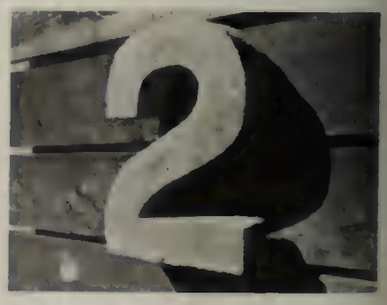


Concrete number *contrasts boldly with wood fence, house siding*

Raised cement house numbers

You probably wouldn't have trou identifying designer Lawrence Gree house in frequently fog-shrouded St son Beach, California. It's marked a large concrete house number that co trasts dramatically with the soft textu of the redwood fence behind it.

Concrete numbers are heavy and i posing, but they're not very expensive difficult to make. This one is 18 inch high, 13 inches wide, 3 inches thick, a weighs about 50 pounds. It's hung fro two 1-inch-thick redwood fence boar with three bolts of ½-inch diameter w



High relief *is caused by number's shadow; it stands away from fence*

New "Sunny Side Up"

by Ozite®

Now, lively, colorful stripes in synthetic turf to brighten the great Outdoor/Indoor Carpet Revolution!

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te's grass-green Polyloom II® synthetic
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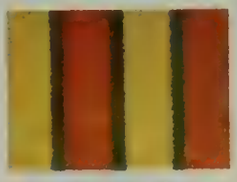
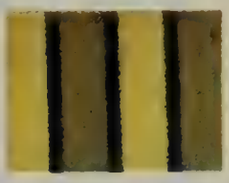
Play, Recreation Areas



Gold/Orange Stripes



Gold/Green Stripes

Now, synthetic turf comes in bold, beautiful decorator stripes. Sunny Side Up is designed for patio, porch, family room, boat dock, anywhere indoors or out. Polyloom yarn face resists sunshine, weather, salt water beautifully. Beautiful price, too.

See them all at your Ozite Dealer's today.

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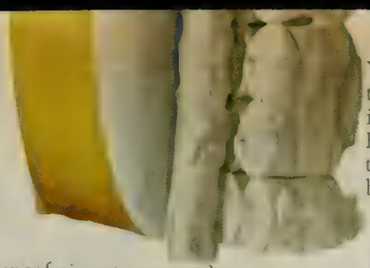
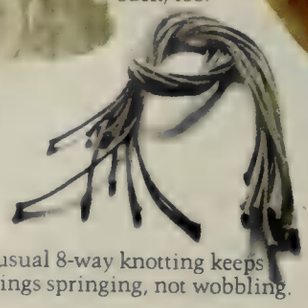
Our curves are based on a shaped frame, not padded into shape like some other people's.



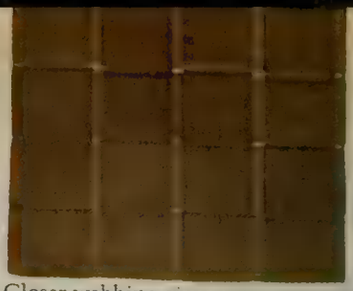
Our sofa is extravagantly filled in layers, each tautly secured with fabric, to inhibit lumping, sagging.

You expect to get springs in the seat. But we put them in the back, too.



Unusual 8-way knotting keeps the springs springing, not wobbling.

Even when they don't show, legs are given a smooth finish.



Closer webbing gives extra support.

Only an ex
cut o
tailors t
we

It takes a lot more time to make a sofa that lasts longe

When you choose a sofa with our
tucked under its cushions, you'll kn
soothing softness is based on extra
and extra ingredients. This
cost a little more at the
But it will repay you many years

Our curved sofa costs from $835 accor
to fabric. (The carpet is Drexel's Adm
in Terra Cotta.) For a catalog of all
upholstered pieces, also some
Heritage collections, plus a useful
planning kit, send $2 to Heritage Furni
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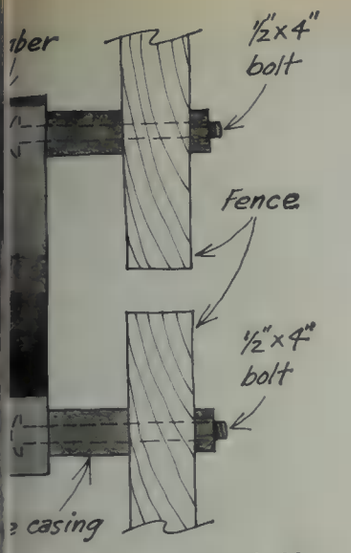
HERITAG

Furnishings Company/U.S. Plywood-Champion Pape
Furniture by Drexel, Heritage, Meadow
Carpet by Trend, Drexel/Lamps and Accessories by D



embedded in concrete hold er to fence boards, with sleeves of pipe between

heads embedded in the concrete.

orm for the number was cut into a h-thick piece of polystyrene foam, to cut with a sharp knife or single-l razor blade. A 2 by 8-foot piece enough for four numbers this size about $8.25; for a supplier look r "Plastics-Foam" or "Plastics-Sup-enters" in the yellow pages of your hone book. Some building supply s stock 1-inch-thick pieces that you l glue together to make a form.

can draw the number patterns onto urface of the foam freehand. Or, to e uniformity, start with 2-inch-high fer numbers from an art supply and enlarge them on a grid.

o this, attach the numbers to a piece id paper with ¼ or ½-inch squares. draw a new grid on a large piece utcher paper or cardboard, enlarg-he squares in proportion to the de-l increase in number size. Sketch ch number on the new grid, square quare, following the contours of the nal number on the small grid.

out the number and trace around it the foam; then cut completely ugh the foam, remove the number, place the remainder of the foam e face down on a flat board. Fill the ty number space with ready-mix crete strengthened with a thin piece teel reinforcing rod; then push the ls of three 4-inch-long bolts halfway the concrete, and allow the mix to len. Pull away the plastic form, and the concrete by wrapping it in p rags for a week.

unt the numbers by drilling bolt holes fence boards; use short nipples of ch pipe as sleeves to brace the num-away from the wood. If you have eral numbers, weak fence boards, or d more security, bolt the numbers to orizontal fence support or vertically o a post, using longer bolts. □

white on white

What a way to dramatize a bedroom! A plush white setting furnished with pieces from White's Lorraine IV Collection. A choice of 14 different finish combinations, including the most stunning color finishes you've ever seen. For a complete showing of the Lorraine IV Collection, send fifty cents to White of Mebane, Dept. SM-04, 1355 Market St., San Francisco, Calif. 94103. And start coloring up your decorating with White.

White of Mebane

Handcrafted for the long run.

It runs and runs and runs. Because, like every Zenith black and white portable, it's Handcrafted. To give you a brighter, sharper picture year after year. See *The Shreveport,* model C2009W. Grained Kashmir Walnut color finish. 19" diagonal screen. Built to last.

At Zenith, *the quality goes in before the name goes on.*®

ZENITH®

Simulated TV Picture

Pinot Saint George

An exclusive bottling of a rare red varietal from the cellars of The Christian Brothers

One of the vineyards in the gently carved hillside around our Mont La Salle Monastery is planted with the distinguished Pinot Saint George grape. This rare vine originated in the Nuits-Saint-Georges district of Burgundy. It is not widely grown in California, but here in the Napa Valley, the climate and soil proved ideal. The crops, though small, have been highly rewarding in quality.

Because the wines made from these grapes showed exceptional promise, we decided to produce a special bottling. I followed their progress carefully through the oaken casks where they were allowed to develop at leisure. Now, after an additional bottle aging, we can offer a limited amount of Pinot Saint George.

I believe you will especially enjoy its bouquet. It truly reflects the fine fragrance of the grape. The color is ruby-red, and its taste is pleasantly dry with a smooth finish. The flavor complements steaks, chops, or cheeses.

The cask number appears on each bottle, as does "Estate-Bottled," indicating that the grapes come solely from our home vineyards. Priced at about $3.00.

The supply of Pinot Saint George is necessarily limited. Should your wine merchant fail to have it, you may write to me.

Brother Timothy F.S.C.

Brother Timothy, F.S.C., Cellarmaster
The Christian Brothers Winery
Napa Valley, California

Worldwide Distributors: Fromm and Sichel, Inc., San Francisco, California

Decorative *6-foot fence with border of nandina and star jasmine enhances entry w*

Screen fence sets off a play yard

The fence above, with its random-pattern inserts, separates a busy play yard from this main entry on the street side.

It extends along an exposed aggregate concrete walk from a carport (at left) to the house, and is bolted to three 4 by 4-inch posts imbedded in concrete.

An interesting aspect is the ever changing pattern of shadows cast by the short pieces of wood. These are leftover 1 4-inch scraps inserted here and there b tween the vertical 2 by 2's spaced 1 in apart. The 2 by 2's are nailed to 2 by stringers attached to the posts. The fen was finished with two shades of brov wood stain, then coated with clear seal

Architect-owner is Randall Schlientz Livermore, California.

On the other side, *play yard activities are shielded from the view of arriving guests*

Looks, ride, and roominess increased Dodge pickup sales 60%*.

Now we're offering a FREE automatic transmission.

2 Custom Sweptline.

in the stampede.

keep the sales momentum going, your Dodge ler can offer you a FREE automatic transmission. offer is good on any specially equipped D100 V8 eptline pickup with a 131-inch wheelbase.

ow about that for a deal? And the nice part about the fact you'd probably buy the equipment in the cial package anyway.

ere's what the package includes:

nper guards, front ▪ Bright bumper, rear ▪ Bright ocaps ▪ Two-tone paint ▪ Bright drip rail moulding ide Moulding Package ▪ Sliding rear window ▪ ted glass, all windows • Dual bright 5" x 7" outside rearview mirrors ▪ Electronic Ignition System ▪ Full-depth foam seat cushion • H78-15-B (4PR) white sidewall tires • Power drum brakes ▪ Dual horns.

Electronic Ignition System—a pickup exclusive from Dodge.

Included in this special package is the new, virtually maintenance-free Electronic Ignition System. This system gives 35 percent more voltage to each spark plug, which gives you more dependable starting. Tune-up costs are reduced because there are no points to wear out and no condenser to replace. The elimination of points and condenser also removes two of the major causes of engine misfiring.

*Based on Dodge pickup sales from Nov. 1 to Dec. 31, 1971.

WHO GIVES YOU TOUGHNESS THAT'S JUST YOUR STYLE?

DODGE. DEPEND ON IT.

Dodge
Dodge Trucks

DON NORMARK

Island work center *separates kitchen from dining area. Oven is below counter at rear*

The island is a work center, a storage place, a divider

The key to the success of this casual, open kitchen is a carefully planned island for cooking, preparation, and storage.

Cubbyholes behind the cooktop house appliances, paper towels, and other small items. Tile counters at both ends of the island can take hot pans. Indirect recessed lighting below the upper cabinets takes care of the whole island.

The cabinets above and below the island were treated with stain, sealer, and lightweight wood oil. The unglazed stoneware tile surfaces were sealed only with oil and withstand heat without harm.

An oven, a chopping block over the oven, and a refrigerator are on its left opposite the island.

Owner is Aurilla Doerner of Redmond, Washington; designer of the kitchen was Charles Young. □

Nooks *hold toaster, canisters, paper towels. Column over cabinets (in matching wood) conceals stove exhaust*

See these Hotpoint dea
now, for all the

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Hotpoint 67th ANNIVERSARY VALUES

During our 67th Anniversary event, we're celebrating by offering you appliances at outstanding values. See the Hotpoint dealers listed and join the celebration.

This No-Frost Hotpoint has the largest capacity of any top-mount refrigerator-freezer: 20.9 cubic feet in just 30½ inches of width. Almost 7 cubic feet of freezer storage. Other features are adjustable refrigerator shelves, 9 portable container-type door shelves, and it's equipped for an optional Automatic Icemaker (at extra cost). CTF21CM—

$399.95*

The Hotpoint 747 Range. Discover the magic world of jet-age oven cleaning: takes just 30 seconds to set the controls. Then the pyrolytic self-cleaning oven automatically cleans the oven interior, shelves, inner door, and window. And there are more features, too. RB 747—

$329.95*

ır Hotpoint dishwasher features Whisper Clean™ ›eration. It comes from extra sound-deadening ›ulation. It has 4 programmed cycles and 3 Sani-›cle options. Sani-Cycle automatically heats the ›ter for proper washing and rinsing results. The ›per rack adjusts so you can do big pans and tall ›asses all in one load. And there's a grooved ›errywood cutting board top. DB 860

$279.95*

Our Hotpoint automatic washer has 3 wash cycles including one that deep soaks clothes to loosen soil and ground-in dirt. Fountain-Filter® washing action tumbles fabrics for a thorough washing. And a porcelain enamel finish—inside and out—protects the washer from rust, scratches, and stains. WLW 2400

$199.95*

Customer care. Everywhere.

Fast, dependable service.

Hotpoint

A QUALITY PRODUCT OF GENERAL ELECTRIC COMPANY

*Manufacturers suggested retail price. See your Hotpoint Dealers listed on opposite page for his prices and terms.

Plantings *and fence screen out traffic and neighboring houses. Cedar rounds set in pea gravel lead from street to porch steps*

DON NORN

Lot line to lot line is just 40 feet . . . so they planted for privacy

Strategically placed shrubs, trees, and wood screens can c-ate a private garden with the illusion of space even on e smallest of lots. Here is how it was done on one only 40 110 feet, with garden space limited to street and alley si

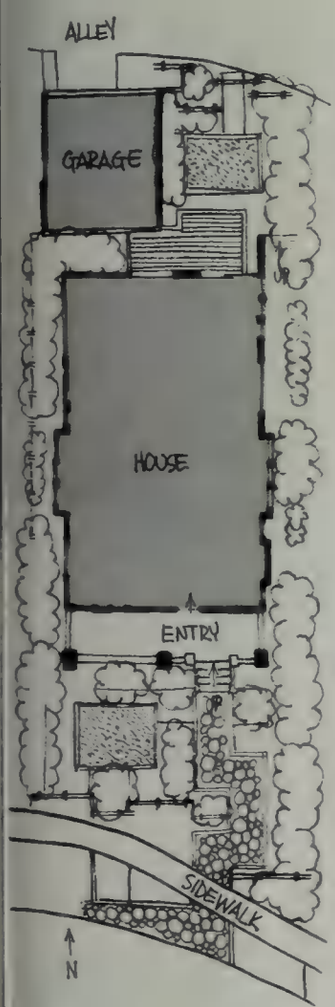
Narrow, upright-growing shrubs and trees, predominar golden bamboo and European birch, form leafy screens al the sides of the house. Wood screens, staggered across e front, give privacy for a porch and a grassy outdoor sitt area. Similar screens facing the alley help hide a rear de in time this area will be shielded by cedars, firs, and pine

Pachysandra, happy here in sun or shade, is also used a ground cover throughout the garden and in the parking st to extend the woodsy feeling out to the street.

The landscaping was done by Seattle architect James A. J nings, as part of the remodeling of his own house.

ut plantings *and screen, front porch*
l be exposed to street

Owner nailed *cedar 1 by 2's to garage door after original aluminum was removed. Six-foot-tall privacy screens along alley are also 1 by 2's, supported by pairs of 2 by 3 cedar posts*



n 27 feet *from sidewalk*
entry: a private
rassy plot, entry path,
nd sunny south porch

Retaining wall *at sidewalk was removed. Pachysandra-covered earth mound and four entry path risers climb the gentle slope. Front screens, 4 feet tall and costing about $150, provide privacy until plants mature*

Fence with a trellis top wipes out the sight of cars. Vegetables have their place as do flowers for cutting. Guests enter over a plank pathway called an *engawa*

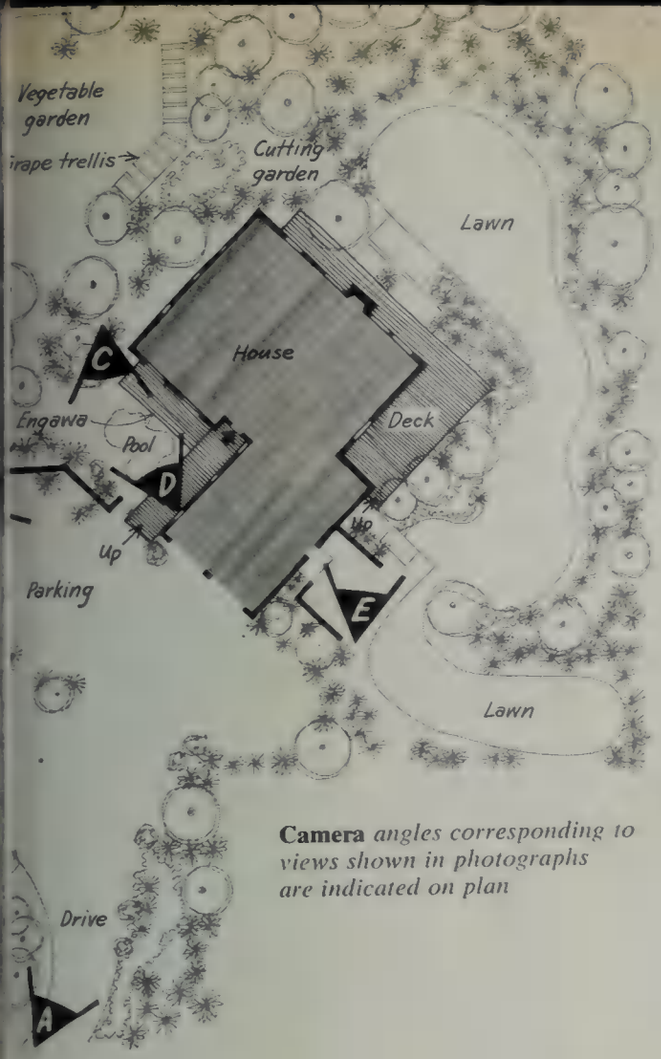
View A: *For a more interesting approach, roadbed was cu down, earth mounded along sides; banks were heavily plan*

A lesson in garden space planning

When both husband and wife love pla they're likely to have an impressive g den. But even so, they may want the h of a landscape architect, not so mu for his plant knowledge as for his des ability. His function is to provide t measure of discipline frequently nee to prevent a horticultural hodgepodg Such was the case here. In the plan t worked out with landscape architect Jo Herbst, Jr., the Clive Kienles of Portla have all of their favorite plants, and t some. Areas are set aside for vegetab and cut flowers. Sitting areas have p vacy from the driveway and neighbo Structure is minimal; color, texture, a shape are provided as much as possi by plants and by ground contour.

View B: *Screen topped by wisteria-draped trellis gives entry garden privacy from graveled parking area at end of driveway*

View C: *From entry garden you can barely see cars in parking area. But screen is airy enough so you don't feel too enclosed*



Camera *angles corresponding to views shown in photographs are indicated on plan*

View E: *Roof overhang protects side, back deck from weather. Side deck is place for outdoor eating, entertaining. It has a view across lower back garden*

DON NORMARK

View D: *ool bordered wo sides by va, which is ry walk and extends the terior floors*

Going boating?

You wouldn't forget the lifejackets. Don't forget to pack the Medi-Quik.

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Burlap ceiling *and windowed gable ends transform attic into play*

A gay and lively new life for a once gloomy old attic

Before remodeling, this room wa dark, unfinished, third floor attic handsome old house in Portland. light floods in through new windo four gabled alcoves, and a multico burlap ceiling makes the large sp gay and lively as a circus tent. I

Planned *for teen-agers, attic is enjoyed for slide shows, craft projects, slumber parties*

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DON NOR

Burlap, *laced to ra with nylon line, co insulation*

Nylon lacing *goes thro metal gromm in burlap and attache screw eyes on raf*

playroom, workshop, and hide-out two teen-aged girls, but adults enjoy too. It also doubles as a guest room.

The burlap ceiling covers fiberglass sulation between the rafters, wh keeps the attic cool in summer and he hold in heat from the open, gas fire winter.

For the ceiling, standard-width burlap pink, red, yellow, and natural was fi fireproofed and then sewn like sails a laced to the rafters. Each of 10 sails metal grommets set at 6-inch interv along the hem. These match stainl steel screw eyes on the rafters. The s lace to the screw eyes with stout nyl pull drapery cord.

The new windows in the four br gables provide a wide view. Since e section has one pane that opens up, windows also permit cross ventilation

Sidewalls in the alcoves are shallow st age closets for out-of-season cloth games, a slide projector, screen, slid and recordings.

Jerry Lamb designed the remodel.

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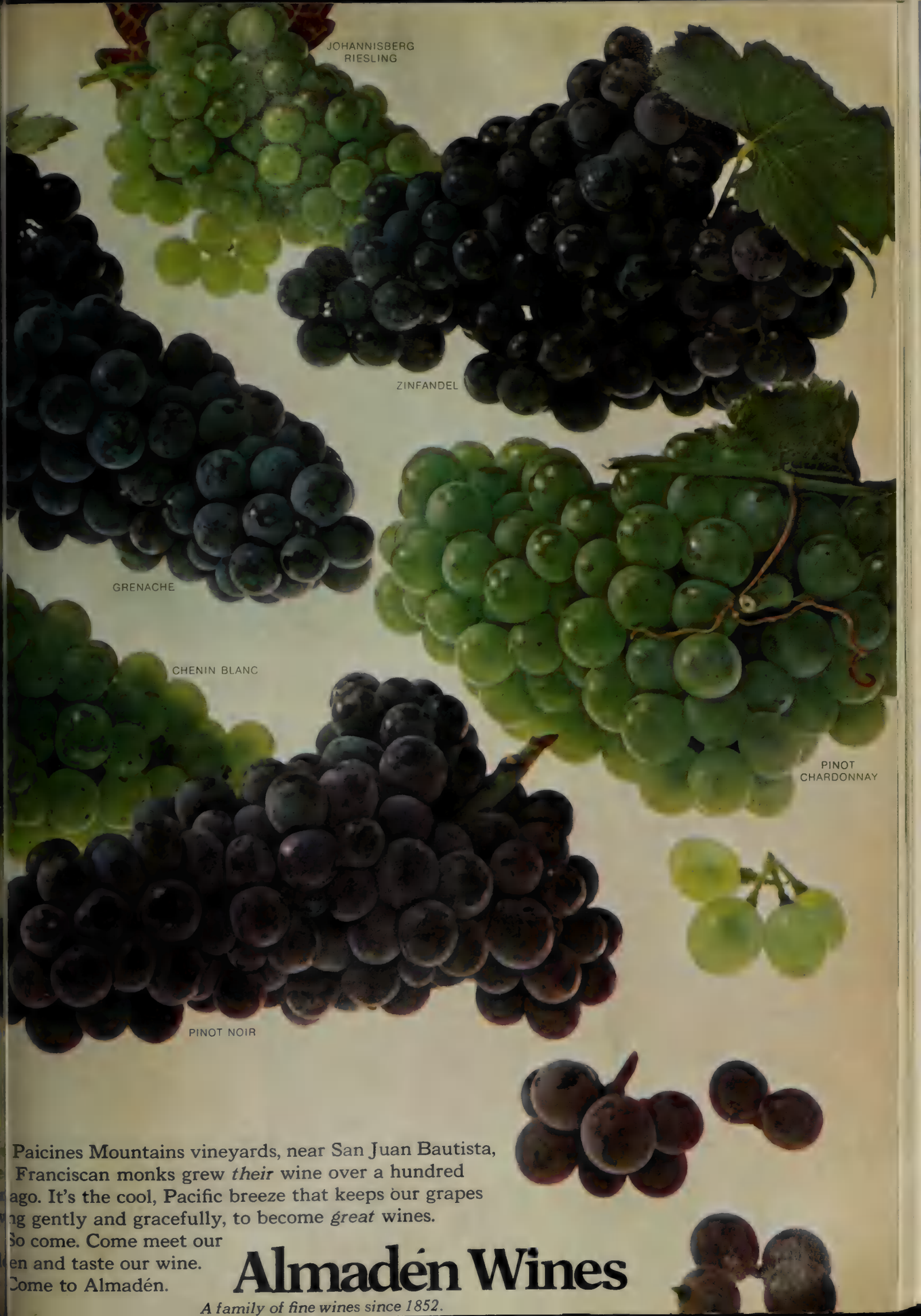

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en and taste our wine.
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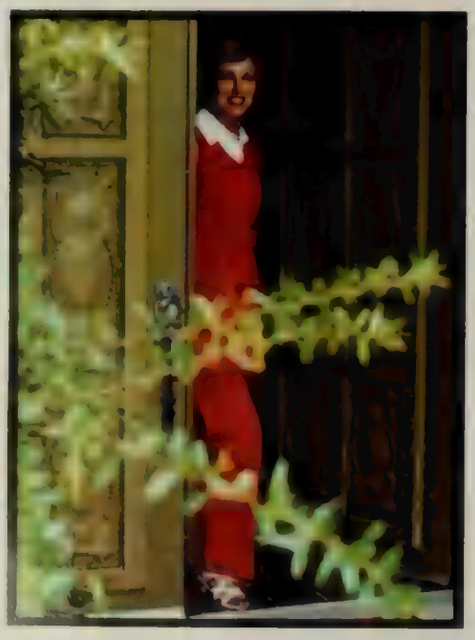

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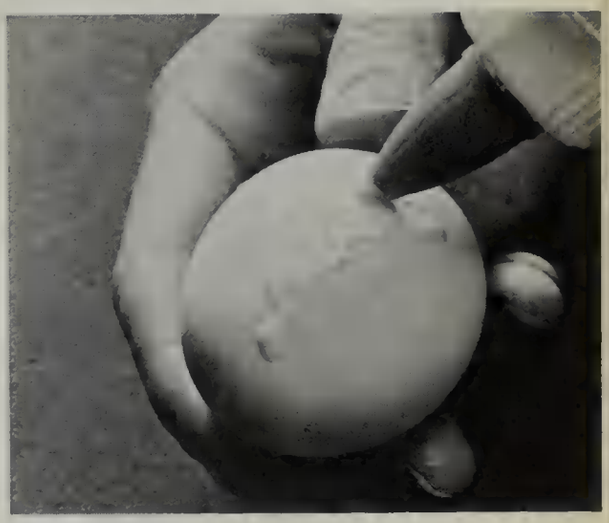
NORMAN A. PLATE

On center egg *green split peas surround sesame seeds. On others, from top clockwise: flax swirl; orange lentils; sesame seed, split pea band, and mustard seed; alfalfa bands; sesame stripes*

Right: *Apply white glue to the egg, covering only the areas where the seeds will go.* **Below:** *Roll egg lightly over the seeds*



Seeds, grains, white glue make textured eggs for Easter

ting Easter eggs in this fashion ake them too attractive to hide. case, you might give them a place or in a centerpiece or on a side-

any seeds and grains available at food shops and grocery stores of- otpourri of shapes and colors to lect small-scale seeds so they will easily to the egg.

grains come in natural shades of brown, and grey. They give an at- e and subtle contrast to a white r you can add color by dyeing the st. The colored background will hrough the texture of the seeds. mmercial egg dyes for pale colors; for vivid shades, try dyeing with crêpe paper as described on page 157.

Use either hard-cooked eggs or eggs with the center blown out. You will need to use a lighter hand while working with the latter, but the results are more permanent. Let the eggs cool after dyeing. Arrange the various seeds in small bowls and plan your design.

The simpler the shapes that make up the design, the more success you will have. Apply white glue on the egg to the shape you want and roll the egg in seeds. You may want to roll the egg again lightly on a hard surface just after the seeds are glued, to achieve a smooth seed surface. Put the eggs aside to let the glue dry. □

Sunset's Kitchen Cabinet®

As family meal planner, your duties may include a company dinner menu to serve for Easter or other occasions this month. Or should balmy spring weather call for an outing, you'll need foods that pack and transport easily. The tangy mustard sauce enha baked ham and the crisp spinach ad is an especially good companic leg of lamb. The cheese cake wou a nice dessert for any special occa For your first picnic of the year,

Serve this cool and creamy sauce with festive baked ham or cold ham slices

Mustard Sauce

Whipped egg and cream smooth the tangy flavors in this fluffy sauce for ham; try it also with smoked tongue, corned beef, or cold cuts.

- 1 tablespoon sugar
- 3 tablespoons Dijon-style mustard
- 2 tablespoons cider vinegar
- 1 tablespoon water
- ¾ teaspoon salt
- 2 egg yolks
- 1 tablespoon butter or margarine
- 1 tablespoon prepared horseradish
- ½ cup whipping cream

In the top of a double boiler combine the sugar, mustard, vinegar, water, salt; beat in egg yolks with a fork. Place over hot (not boiling) water and cook, stirring constantly until mixture thickens, about 5 minutes. Ren from heat and add the butter horseradish; stir until butter m Cool to room temperature.

Whip cream until it holds soft pe Fold in the cooled egg mixture. Tr into a serving bowl and chill serving time.

Pass sauce at the table to spoon individual servings. Makes about cups.—*G. H., Los Altos, Calif.*

If you have any sauce left over, c and refrigerate it to use later canapé or sandwich spread with cooked meats. It keeps well for a 4 or 5 days.

Crispy chicken and ribs hot from the oven for home or have cold for picnic

Oven-fried Chicken and Spareribs

Cornmeal in the coating gives oven-fried chicken and ribs a crisp crust.

- About 1½ pounds chicken legs and thighs
- About 1½ pounds country-style spareribs
- ½ cup biscuit mix (baking mix)
- 3 tablespoons cornmeal
- ¼ teaspoon garlic powder
- 1 teaspoon salt
- ½ teaspoon rosemary, crushed
- ½ teaspoon *each* pepper and paprika
- ¼ cup butter or margarine, melted

Rinse chicken; separate legs from thighs, if desired; pat dry. Cut between each rib to separate into individual portions. In a small bag combine the biscuit mix, cornmeal, garlic powder, salt, rosemary, pepper, and papr Dip ribs into the melted butter, d briefly, then shake a few pieces time in the bag. Shake off excess c ing and arrange on the rack broiler pan. Bake uncovered in a 4 oven for 15 minutes.

Meanwhile dip chicken pieces in ter, drain briefly, then shake in of cornmeal mixture to coat eve Arrange chicken next to pork on rack; bake about 1 hour longer until pork has lost its pink colo thickest portion and both pork chicken are browned and crisp. M about 4 servings.—*N. H., Tacom*

For a change try baked lentils to accompany barbecued steak, lamb, or pork

Spicy Baked Lentils

Lentils don't require presoaking and cook more quickly than dried beans. These are baked to serve with meats. There is also a variation with sausages to serve as a main dish.

- 1 package (12 oz.) lentils
- 1 teaspoon salt
- About 3 cups water
- 4 slices bacon, finely diced
- 2 cans (8 oz. *each*) tomato sauce
- 1 medium-sized onion, finely chopped
- ¼ cup brown sugar, firmly packed
- 2 tablespoons prepared mustard
- ⅓ cup molasses

Sort through lentils, rinse, and drain. Place lentils in a casserole with a lid (2½ or 3-qt. size). Add the salt, 3 cups of the water, bacon (uncook tomato sauce, onion, brown su mustard, and molasses. Stir well.

Cover dish and bake in a 350° until lentils are soft and the liqui bubbly and thickened, about 2 h Stir about every 30 minutes, ad a little more water if sauce beco too thick. Makes about 8 serving *B. S., Colfax, Wash.*

For a hearty one-dish meal, bake ils in a 3-quart casserole. Cut 1 po frankfurters, kielbasa, or garlic fr furters in 1-inch slices. Stir into casserole about ½ hour before lentils are done.

oven-fried chicken and ribs or a
of baked lentils.
welcome your own recipe crea-
. Mail them to *Sunset Magazine,*
lo Park, Calif. 94025. We pay
for each recipe published.

Chicken and ribs from the oven or baked fish with a sauce

en and White Salad

fresh salad is good for a buffet
er for it doesn't wilt readily.

About ½ medium-sized cauliflower
½ pound fresh spinach
6 tablespoons salad oil
3 tablespoons white wine vinegar
1 large clove garlic, minced or mashed
½ teaspoon *each* salt, dry mustard, and basil
¼ teaspoon pepper
Dash nutmeg
½ cup pine nuts or slivered almonds
1 firm ripe avocado, peeled, pitted, and sliced

e and drain cauliflower and
sely chop (you should have 3
). Remove tough stems from spinach; wash leaves well and pat dry. Stack leaves and slice crosswise into ¼-inch-wide strips. Place in salad bowl with the cauliflower, cover, and refrigerate if made ahead.

In a small bowl or jar, combine the oil, vinegar, garlic, salt, mustard, basil, pepper, and nutmeg. Stir or shake to blend well. Refrigerate if made ahead. Place nuts in a shallow pan; place in a 350° oven for about 7 minutes or until lightly browned.

Just before serving, pour dressing over vegetables; add nuts and mix gently but thoroughly. Garnish with avocado slices. Serves 6.—*E. M., Los Angeles.*

Fresh green spinach and avocado slices harmonize with crisp white cauliflower

ed Fish with Vegetable Sauce

fillets or steaks of Greenland tur-
rockfish, or halibut for this dish.

2 pounds fish fillets or steaks, about ½ inch thick (thaw if frozen)
¼ cup butter or margarine
¼ pound mushrooms, sliced
½ cup finely chopped green pepper
¼ cup regular all-purpose flour
½ teaspoon salt
¼ teaspoon pepper
Milk
1 package (10 oz.) frozen peas, thawed
1 tablespoon lemon juice
¼ cup grated Parmesan cheese

ange fish in a greased shallow bak-
dish (about 7 by 11 inches). Cover
foil and bake in a 425° oven for 20 minutes. Remove from oven and let stand about 5 minutes.

Melt butter in a frying pan and sauté mushrooms and green pepper. Stir in flour, salt, and pepper; cook until bubbly; remove from heat. Drain the cooking liquid from pan with fish into a pint measure; add milk to make 1½ cups liquid. Gradually stir liquid into mixture in frying pan and cook, stirring, until it boils and thickens. Stir in peas and lemon juice; spoon over fish, and sprinkle with cheese. Broil about 4 inches from heat until top is golden. Makes about 6 servings.—*L. R., West Covina, Calif.*

Choose a pan or dish that can go from the oven to table to bake the fish

ocolate Marshmallow Cheese Cake

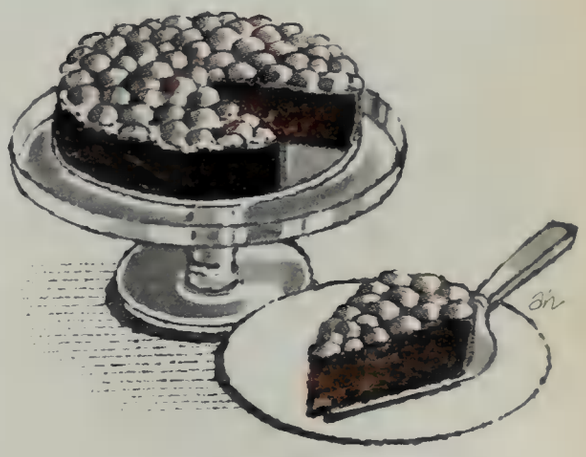
s cheese cake is topped with nuts
marshmallows and there are
e nuts in the crumb crust.

About 25 chocolate cooky wafers
⅓ cup melted butter or margarine
½ cup chopped walnuts
2 large packages (8 oz. *each*) cream cheese, at room temperature
½ cup sugar
3 tablespoons cocoa
4 eggs
1 teaspoon vanilla
1 cup miniature marshmallows

a blender, whirl cookies into fine
mbs (you should have 1¼ cups).
nbine crumbs, butter, and ¼ cup
he nuts. Press mixture on bottom
partway up the sides of a greased 9-inch cheese cake pan (one with a removable bottom or spring-released sides); set aside.

Using an electric mixer, beat the cheese until fluffy. Beat in the sugar, cocoa, eggs, and vanilla. Pour mixture into crust and bake in a 350° oven for 30 minutes.

Remove from oven and sprinkle top with remaining nuts and marshmallows; bake 10 minutes longer or until set around the edges and the center 2 inches jiggle slightly when pan is gently shaken. Serve the cake at room temperature or chilled. Makes 10 to 12 servings.—*D. S., Sacramento.*



Serve small wedges of this rich cake; its flavor resembles rocky road candy

Creamy mousse *frozen atop cake layer; cut between puffs and serve with berries*

DARROW M. WATT

Showing off

If you want to bring down the house, Gateau St. Honoré should do it

Chiffon gateau *has chocolate and rum layers on pastry base*

ans have never quite established Honoratus of Amiens did to de- he honor, but to this day the pas- ks and bakers of France consider eir patron saint. One of the more ite classic French desserts, *Gateau noré*, bears his name.

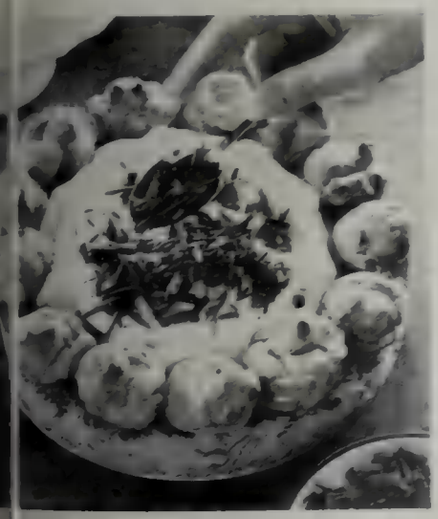
aditional recipe for Gateau St. é makes a towering edifice from a f sweet flaky pastry and a high f chou paste topped with chou puffs, all held together with cara- d sugar, then filled with a rum- d, creamy custard.

astry that the French call chou we know as cream puff pastry. g with some small cream puffs. n easily create a simplified Gateau noré that retains the essential ap- ce and flavors of the original. Es- y in Italy, we have seen numerous visations of the classic recipe, in- g some quite similar to the three here. Any one makes a spectac- essert you can make ahead.

ach gateau, start by making the puffs. The recipe makes enough ure puffs for you to select the best l ones for the dessert. Determine mber you need by arranging the n the pan you select.

to make cream puffs. In a pan 2-quart size, combine ½ cup wa- tablespoons butter, ⅛ teaspoon nd 1 tablespoon sugar. Heat mix- until butter melts. Meanwhile, re 1 cup regular all-purpose flour ted) and set aside; have 2 eggs at hand. Bring butter mixture to boiling. Add flour all at once and e pan from heat. With a wooden , beat mixture vigorously until it is oth paste that pulls away from pan Beat in eggs, one at a time, until thoroughly blended and paste is smooth and glossy. Let rest 15 minutes.

For each puff, spoon 1 tablespoon of dough on a lightly greased cooky sheet; place balls about 1½ inches apart. Bake in a 375° oven for about 30 minutes or until firm and dry to the touch. Cut a 2-inch slit around base of each puff. Cool on a rack. Makes about 16.



Sprinkle *chocolate curls on ice cream gateau just before serving*

This mousse-like filling tops a homemade or purchased sponge cake layer.

Freezer Gateau St. Honoré

- 9-inch-round sponge cake layer, about 1-inch thick
- 5 tablespoons rum (or ½ teaspoon rum flavoring)
- 3 egg yolks
- 3 tablespoons water
- ½ cup sugar
- 1 cup heavy cream, whipped
- About 10 miniature cream puffs (see recipe at left)

Place sponge cake layer in a 9-inch cheesecake pan (one with a removable bottom or spring released sides). With a fork prick cake all over surface; drizzle with 2 tablespoons of the rum (omit this step if using rum flavoring).

Using an electric mixer, beat egg yolks at high speed until very thick. Combine the water and sugar in a small pan; bring to boiling over high heat, stirring. Boil until it registers 230° on a candy thermometer (syrup spins a 2-inch thread when dripped from a spoon). While continuing to beat yolks, slowly pour hot syrup into yolks without pouring it into the beaters. Continue beating until mixture is very thick, about 5 minutes more; chill until cold (to cool quickly, set bowl in ice water).

Fold whipped cream into cooled egg mixture; stir in remaining 3 tablespoons rum or rum flavoring. After determining necessary number of cream puffs, fill each with about 1 tablespoon of the mixture. Spoon remaining mixture over the cake. Set cream puffs in a ring around the edge. Cover and freeze until firm, at least 6 hours. Before serving, remove pan sides and allow to soften about 5 minutes. Makes about 10 servings.

Part of the airy chiffon filling in this dessert is flavored with chocolate.

Chiffon Gateau St. Honoré

- Press-in pastry (recipe follows)
- 1 envelope unflavored gelatin
- ¼ cup cold water
- 4 eggs, separated
- ½ cup sugar
- ¼ cup rum or ½ teaspoon rum flavoring
- 1 teaspoon vanilla
- 1 cup heavy cream, whipped
- 1½ tablespoons *each* cocoa and water
- About 14 miniature cream puffs (see recipe at left)

Prepare the pastry; press it in a firm even layer over the bottom of a 9 or 10-inch cheesecake pan (one with removable bottom or spring-released sides). Bake in a 325° oven for 30 minutes or until light golden brown; cool.

In a small pan soften gelatin in the ¼ cup cold water for 5 minutes; set over hot water and stir to dissolve completely.

With an electric mixer, beat egg whites at high speed until foamy, then gradually beat in ¼ cup of the sugar; beat until it forms soft shiny peaks that just bend over when beaters are lifted.

Without washing beaters, beat egg yolks with the remaining ¼ cup sugar until thick; beat in the gelatin, rum, and vanilla. Fold in the whipped cream and the beaten egg whites until blended. In a small bowl stir together the cocoa and water. Measure 1½ cups of the chiffon and blend it into the chocolate.

After determining how many cream puffs you need, fill each with about 1 tablespoon of the light chiffon mixture. Spoon remaining light chiffon evenly over pastry crust. Set filled puffs on filling in a ring around the outside edge. Spoon chocolate chiffon in the center. Cover and refrigerate until firm, about 3 hours. Makes about 14 servings.

Press-in Pastry. In a bowl combine 1 cup regular all-purpose flour (unsifted), 2 tablespoons sugar, and 6 tablespoons butter or margarine. With your fingers, rub mixture together until butter lumps are no longer distinguishable. Stir in 1 beaten egg yolk with a fork. With your hands, work dough until it forms a noncrumbly ball.

You layer chocolate ice cream over crumb crust for this quick dessert.

Ice Cream Gateau St. Honoré

- 1 cup finely crushed vanilla wafers
- 2 tablespoons melted butter or margarine
- About 14 miniature cream puffs (see recipe at left)
- 2 quarts chocolate ice cream, slightly softened
- 2 tablespoons *each* powdered sugar and rum (or ½ teaspoon rum flavoring)
- 1 cup heavy cream, whipped
- 1 ounce semisweet chocolate bar

In a 9 or 10-inch cheesecake pan (one with removable bottom or spring-released sides) combine the wafer crumbs and butter; stir to blend. Pat mixture in an even layer over the bottom. Bake in a 325° oven for 5 minutes; cool.

After determining how many cream puffs you'll need, fill each with about 1 tablespoon ice cream. Pack remaining ice cream in an even layer over crumb crust. Arrange puffs in a ring around edge of ice cream. Fold powdered sugar and rum into whipped cream; mound in center of ring of cream puffs. Cover and freeze until firm, at least 5 hours. Before serving, remove pan sides and allow to soften about 10 minutes.

Garnish with chocolate curls made by shaving chocolate bar with a vegetable peeler. Makes about 14 servings.

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Handsome cake dates on top

Sun-ripened fresh California dates chopped pecans settle in this fine-gra cake as it bakes. When the cake is tu out of the pan, the dates and nuts a decorative top layer. The cake well (with or without the rum baste) for several days and is deli served in thin slices with tea or co or Port or Madeira.

Fresh California Date Cake

- 1¼ cups butter or margarine
- 2½ cups sugar
- 5 eggs
- 1 teaspoon baking powder
- ½ teaspoon salt
- 3¼ cups cake flour
- ⅔ cup milk
- 1 cup firmly packed, coarsely chopped pitted fresh dates (about 12 oz., unpitted)
- 1 cup coarsely chopped pecans
- Rum butter baste (directions follow), optional

With an electric mixer beat butter sugar until smooth and creamy. eggs, one at a time, blending well each addition. Mix in baking po and salt. Sift flour, then measure aside 3 tablespoons of flour, addin rest to the creamed mixture and g mix. Add milk and beat until batt smooth.

Mix the dates and pecans with res 3 tablespoons flour. Then with a sp stir into batter. Butter a 10-inch pan heavily and dust with flour; po batter and smooth surface. Bake 325° oven for 1 hour and 30 minut until cake springs back when pr lightly in the center and begins to from pan sides. Cool in pan for 10 utes; run a knife around edge to then invert onto a flat plate to free If you use rum butter baste, leave on top of cake and immediately su plate and tip cake back into pan.

Pour the heated rum butter baste cake; let it stand about 10 minutes vert the cake onto a serving plate an it cool before slicing. When cold, it covered and airtight. The cake moist and fresh at room temperatur about 5 days. Slice in about ½-i thick pieces. Makes 12 to 16 servin

Rum Butter Baste. Boil 2 tablesp *each* water, sugar, and butter until ter melts; remove from heat and ad cup light rum. Use hot. (Or inc water and butter to 4 tablespoons and use 1 bottle—1 ounce—rum fl ing in place of the rum.)

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GARY SHELDON

Automats *provide round-the-clock shopping, here beneath Zürich's train station (Bahnhof)*

Automatic shopping, new in Europe. You insert coins, dial a number

Dial *the number of the item you want to start the machine working*

A boon to travelers is the new "shopping automat" now appearing in many European cities. Installed mainly in underground shopping malls in such cities as Zürich and Frankfurt (where it's under the Hauptwache), it offers the traveler the convenience of being able to buy needed items at any hour, and especially when all other stores are closed.

Huge glassed-in showcases display hundreds of items. One case is refrigerated and contains chilled wines and spirits, dairy products, cheeses, and meats; another offers breads, canned goods, pet foods, sweets, instant coffee, and a wide range of toilet articles.

Selection is completely automated: After you insert a coin and dial a number, your article is mechanically brought to an opened hatch. Instructions are often given in several languages. □

UNCLE BEN'S Ric makes beach picni differen

Easter week in the West is often livened by outdoor festivities and promptu barbecues. A carefree cho for a family supper on the beach is appetizing ham en brochette.

The brochettes are easily made ham cubes, mushrooms and juicy D Pineapple Chunks. You need firm, so pineapple morsels for stringing on ske ers, and Dole Chunks are all "prime c

To accompany the brochettes, se flavorful UNCLE BEN'S Long Grain & W Rice, a mixture of CONVERTED Bro rice and pure wild rice blended w herbs and spices. It stays moist a separate in cooking, and has a unic flavor appeal. Prepare the rice mixt at home, using the syrup drained fr the pineapple as part of the cook liquid. Transfer the rice to a heavy c ered casserole, and it will stay warm a fluffy on the way to the beach.

If the weather fails to cooperate, y can broil the brochettes indoors w delicious results.

For traditionalists who are cooking large ham for the holiday dinner, recipe also makes a perfect post-Eas meal.

Sundowner Grill

1 can (20 oz.) DOLE BLUE LABEL PINEAPPLE CHUNKS
Water
Pineapple-Soy Marinade (recipe follows)
1½ lbs. cooked ham, cut into 1-inch cubes
1 Tbsp. butter or margarine
2 tsp. lemon juice
1 package (6 oz.) UNCLE BEN'S Long Grain & Wild Rice
12 small whole mushrooms (about 6 oz.)

Drain pineapple, reserving liquid. Measure cup of the pineapple liquid for the marinade. A water to the remainder to make 2½ cups liq Pour marinade over ham in a bowl, and let st for 15 minutes. In a saucepan add butter, le juice, and contents of both packets in the package to the 2½ cups liquid. Bring to boil Cover tightly and cook over low heat until all liquid is absorbed, about 25 minutes.

Meanwhile, on each of 6 long skewers altern drained ham cubes, pineapple chunks, and m rooms. Reserve any remaining pineapple chu and stir them into the rice during the last 5 min of cooking. Broil or barbecue brochettes for ab 3 to 5 minutes on each side, brushing occasion with the marinade, until ham is browned and m rooms tender. Arrange brochettes atop rice. Ma 6 servings.

Pineapple-Soy Marinade: Mix the reserved ¼ pineapple liquid, 2 Tbsp. each soy sauce and so oil, ¼ cup dry Sherry, and a dash ground gin

This recipe is included with "UNCLE BEN'S Golden W Recipes." For a free copy of all recipes, send y name, address, and zip code to Golden West Rec Box 19487, Houston, Texas 77024.

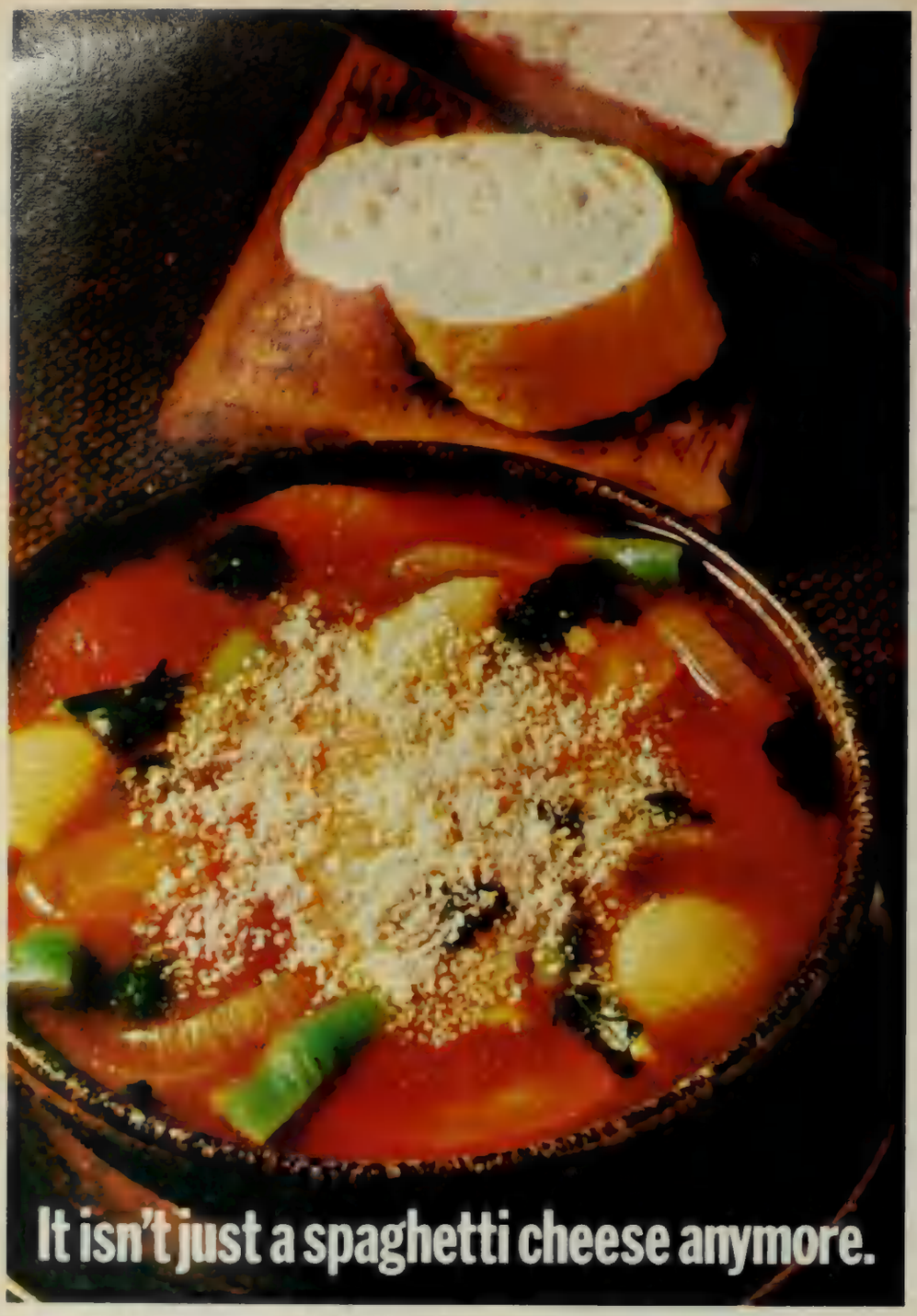
[illegible] site [illegible] in the Dunes.

Uncle Ben's® Long Grain & Wild Rice and Dole Pineapple add real Western flair to brochette cookery.

Brochettes, with pineapple [illegible] sauce [illegible], nestle temptingly on bed of Long Grain & Wild Rice.

Children adore this adventurous meal-on-a-stick—a great way to use up that leftover Easter ham.

[illegible]CLE BEN'S Rice keeps the best company in the West.



Parmesan cheese, correctly aged and grated, makes the perfect seasoning for a wide range of dishes. Kraft 100% Grated Parmesan, aged 14 months and coarsely grated into large flecks, adds a mellow, rich flavor to soup.

1 10½ oz. can condensed beef broth
1 1-lb. can whole tomatoes, crushed
1½ cups water
1 tbsp. cornstarch
1 9-oz. pkg. frozen green beans, cooked and drained
1 cup sliced cooked carrots
1 cup large shell macaroni, cooked and drained
½ cup coarsely chopped cooked spinach
½ cup onion slices
¼ cup Kraft Grated Parmesan Cheese
⅛ tsp. garlic powder

Combine broth, tomatoes and water combined with cornstarch, cook until thickened. Add beans, carrots, macaroni, spinach, onion, Grated Cheese and garlic powder; heat. Serve with additional cheese. 6 servings.

KRAFT Division of Kraftco Corporation

DARROW M. W

When *the candy eggs inside are gone, you can eat the almond brittle shell*

Party eggshells you can eat

These little eggshells, made of a sim nut brittle, are good party favors to with Easter candy.

To mold the shells, press the warm r brittle into 3-inch hollow plastic eg the kind that come apart in the mid with a lengthwise split. Look for th in party goods, stationery, and vari stores. You'll need only two eggs four molds; the candy firms quickly you can reuse the molds.

Our recipe makes 10 half shells of t size shown above. Or you can ma larger shells using any plastic or me egg-shaped molds; use them in a cent piece or as gifts.

In addition to the mold, you'll need instrument with a blunt, round end shape the brittle to the mold. A wood or ceramic pestle, or the handle of wooden spoon, spatula, or knife will

Almond Brittle Eggshells

In the top of a double boiler, combine cup sugar, ½ cup water, and ½ te spoon lemon juice. Place directly o medium high heat and bring to boilin stirring until sugar dissolves. Boil, ti ping pan often, until it turns a lig amber color, about 10 minutes. Add cups (about 7 oz.) sliced almonds; s in quickly; remove from heat. Let sta 10 minutes, then set over boiling wat while you mold.

Butter the insides of clean plastic metal egg molds. Fill one shell at a tin about half full with the candy mixtu Dip the pestle or wooden handle in h water; press it firmly into the center the candy. Continue to press, turning t egg to make a thin layer to about inch above the rim of the shell. L candy from mold in about 10 minut or as soon as it is cool enough to hold shape. (Butter molds to reuse.) Sto airtight. Makes 10 3-inch shells.

This year's most exciting pancakes don't come from a pancake mix.

They come from Bisquick®—the mix that's always made pancakes (and over 100 other great things) taste better. Bisquick combines all-wheat flour and a special leavening process to make pancakes wonderfully light and fluffy. For great tasting pancakes, it's Bisquick. This or any other year.

PINEAPPLE-RUM CRÊPES

- 1 cup Bisquick baking mix
- 1 egg
- 1 cup milk
- 1 can (20 ounces) pineapple chunks, drained
- ¼ cup butter or margarine
- 1 to 2 tablespoons rum flavoring
- Orange marmalade or apricot preserves

1. Beat baking mix, egg and milk with rotary beater until smooth.
2. Spoon 2 tablespoons batter into hot lightly greased 6- or 7-inch skillet. Rotate pan until batter covers bottom.
3. Bake until bubbles appear. Gently loosen edge; turn and bake other side. Stack crêpes between layers of waxed paper.
4. Brown pineapple in butter; add rum flavoring.
5. Spread crêpes with preserves; fold into quarters and place on one side in large chafing dish. Place pineapple in chafing dish next to crêpes. Pour butter-rum mixture over crêpes and heat gently. *12 to 15 crêpes.*

CHOCOLATE CHIP PANCAKES

- 2 cups Bisquick baking mix
- 2 eggs
- 1⅓ cups milk
- 2 squares (1 ounce each) semisweet chocolate, melted
- ½ cup regular or miniature semisweet chocolate pieces
- Sweetened whipped cream
- Chocolate pieces

1. Beat baking mix, eggs and milk with rotary beater until smooth. Stir in melted chocolate and ½ cup chocolate pieces.
2. Pour batter from ¼-cup measuring cup onto hot griddle. (Grease griddle if necessary.)
3. Bake until bubbles appear. Turn and bake other side. Top with whipped cream and sprinkle with chocolate pieces. *About 18.*

SOUR CREAM PANCAKES

- 2 cups Bisquick baking mix
- 1 egg
- ¾ cup cold water
- ⅔ cup dairy sour cream
- Canned sliced peaches, drained
- Maple-flavored syrup

1. Beat baking mix, egg, water and sour cream with rotary beater until smooth.
2. Spoon and spread batter onto hot griddle. (Grease griddle if necessary.)
3. Bake until bubbles appear. Turn and bake other side until golden brown. Top with peaches and syrup. *About 18.*

For more pancake [illegible] 200 other [illegible] ideas in baking, send for the new [illegible] Bisquick Cookbook. Mail $1.50 to Box 259D, Minneapolis, Minn. 55460

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Hot cross and other buns for Easter morning

DARROW M. WATT

Warm, fragrant *hot cross buns—quickly made by starting with hot roll mix*

needn't spend long hours in the n to delight your family on Easter basketful of hot, homemade buns.

buns begin with a package of hot ix with such additions as raisins or its, grated citrus peel, and spices. you can shape the dough in any ee ways. Form plain balls for hot buns (see at right), or snip the to make orange petal rolls (shown). For cinnamon pinwheels you ropes of dough in a spiral pattern.

out 2 hours you can have a batch buns ready to serve. You can also the buns ahead; then to reheat, buns in foil and place in a 350° for about 15 minutes. Decorate cing after reheating.

Cross Buns

- package (about 14 oz.) hot roll mix plus egg and water specified on box
- tablespoon melted butter or margarine
- cup sugar
- cup currants
- teaspoons ground cinnamon
- teaspoon *each* ground nutmeg and cloves
- teaspoon salt
- egg yolk beaten with 1 teaspoon water
- Sugar icing (recipe follows)

re hot roll mix following package ions: Add the butter, sugar, cur- cinnamon, nutmeg, cloves, and when you add the flour mixture. r bowl; let rise in a warm place almost doubled (about 1 hour).

or knead dough as package directs, shape it into a 16-inch log and cut 16 equal pieces. Form each piece a smooth ball by gently pulling underneath; pinch to seal. Place 2 inches apart on greased baking s. Let rise as package directs.

each bun with the egg yolk mixture. Bake in a 350° oven for about 15 minutes or until richly browned. Cool buns about 5 minutes while preparing this *Sugar Icing:* Beat until smooth 1 cup unsifted powdered sugar, 2 teaspoons milk, and ¼ teaspoon vanilla. Drizzle on buns to form a small cross. Serve warm. Makes 16 buns.

cissors to cut balls of dough. s spread apart as dough rises

Orange Petal Rolls

Prepare hot roll mix as directed for hot cross buns with these changes: Use raisins instead of currants and omit the cinnamon, nutmeg, and cloves. Add instead 2 teaspoons grated orange peel and 1 teaspoon ground cardamom; mix well. Let rise, and shape into balls as directed.

Place balls on baking sheets; make 4 equally spaced cuts halfway to the center of each. Let rise as directed. Omit the egg yolk glaze; otherwise bake and cool as directed. Instead of sugar icing, prepare this *Orange Frosting:* Beat until smooth ½ cup unsifted powdered sugar, ½ teaspoon grated orange peel, and 1 tablespoon orange juice. Spread frosting over top of each roll.

Cinnamon Pinwheels

Prepare sugar-nut mixture by combining ¼ cup *each* sugar and finely chopped walnuts; and 2 teaspoons cinnamon.

Prepare hot roll mix as directed for hot cross buns with these changes: Omit the currants, cinnamon, nutmeg, and cloves. Add instead ½ teaspoon *each* grated lemon peel and vanilla, and ¼ cup of the sugar-nut mixture; mix well. Sprinkle remaining sugar-nut mixture on a piece of waxed paper. After dough has been divided, roll each piece into a 12-inch-long rope; then roll in the sugar-nut mixture, pressing slightly. Starting at one end of the rope, wind the strip around and around to form a spiral; tuck end underneath and pinch to seal. Place 2 inches apart on greased baking sheets and let rise as directed.

Omit the egg yolk glaze; otherwise bake and cool as directed. Drizzle sugar icing on top of each roll following the spiral pattern. □

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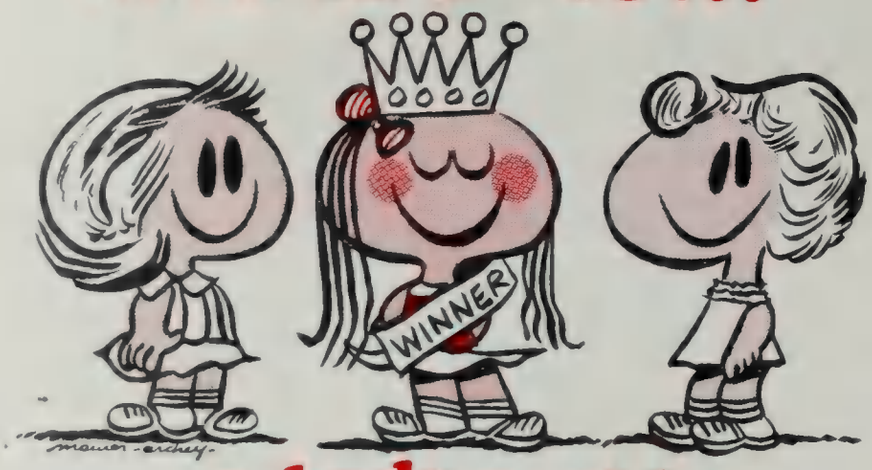

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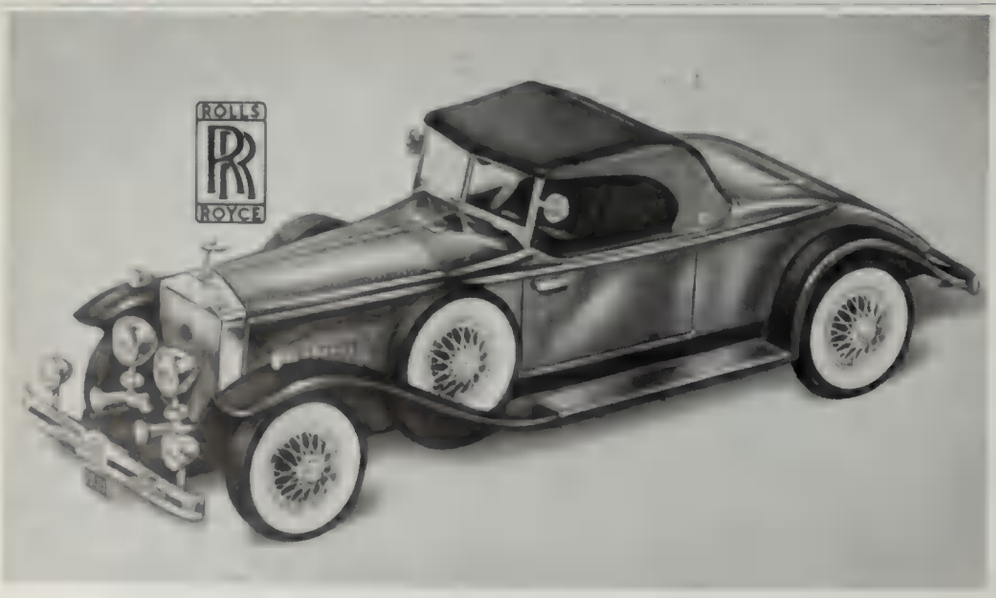

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Rhubarb cobbler a rhubarb crisp

Just by changing the topping on tangy sweet rhubarb pudding, you make two different family-style dess

To make it a rhubarb crisp, crunch top, you crumble a buttery streusel ture over the sliced and sugared before baking. If you would prefe serve a rhubarb cobbler, spoon light batter on the bright pink fruit layer.

Both of these quickly made rhubarb serts are good served warm or ch in bowls. You might top either de with whipped cream or vanilla ice c

Two-Way Rhubarb Pudding

About 2½ pounds rhubarb, washed and trimmed
1¼ cups sugar
2 tablespoons flour
1 teaspoon grated lemon peel
½ teaspoon ground nutmeg
Dash of salt
Streusel or cake topping (directions follow)

Slice rhubarb crosswise in ¾-inch-t slices (you should have about 8 c Turn fruit into a 9-inch-square ba dish or other shallow dish of at lea quart size. Sprinkle sugar, flour, le peel, nutmeg, and salt over fruit; gently. Top with either the streuse cake mixtures and bake each as direc

Cool on a wire rack and serve warn chilled. Makes 4 to 6 servings.

Streusel Topping. In a bowl combine cups regular all-purpose flour (unsift ⅔ cup firmly packed brown sugar, ¼ teaspoon salt. Add ½ cup (¼ butter or margarine and rub with fingers until butter lumps are no lo distinguishable. Squeeze small hand of crumb mixture together firmly, crumble evenly over rhubarb mix into coarse chunks. Bake in a 350° until topping is browned and juices clear, about 50 minutes.

Cake Topping. Beat together ¼ cup lb.) soft butter or margarine and ½ sugar until light and creamy. Add 1 and beat until blended. In ano bowl, stir together 1⅓ cups regular purpose flour (unsifted), 1½ teaspo baking powder, and ¼ teaspoon Add flour mixture and ¼ cup mil butter mixture, blending well. D spoonfuls of batter over rhubarb ture, spreading batter slightly but no completely cover the fruit. Bake i 350° oven until a pick inserted into cake comes out clean and juices clear, about 1 hour.

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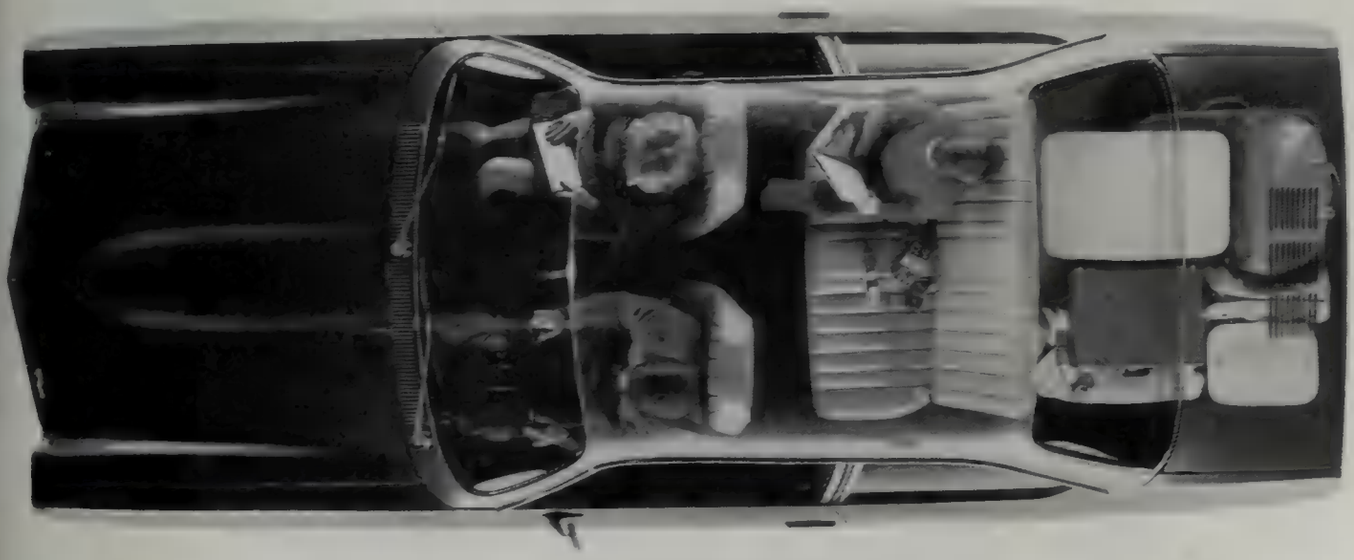

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Meatman cuts *across whole leg to make full-cut round steaks*

Some handy truths about the round

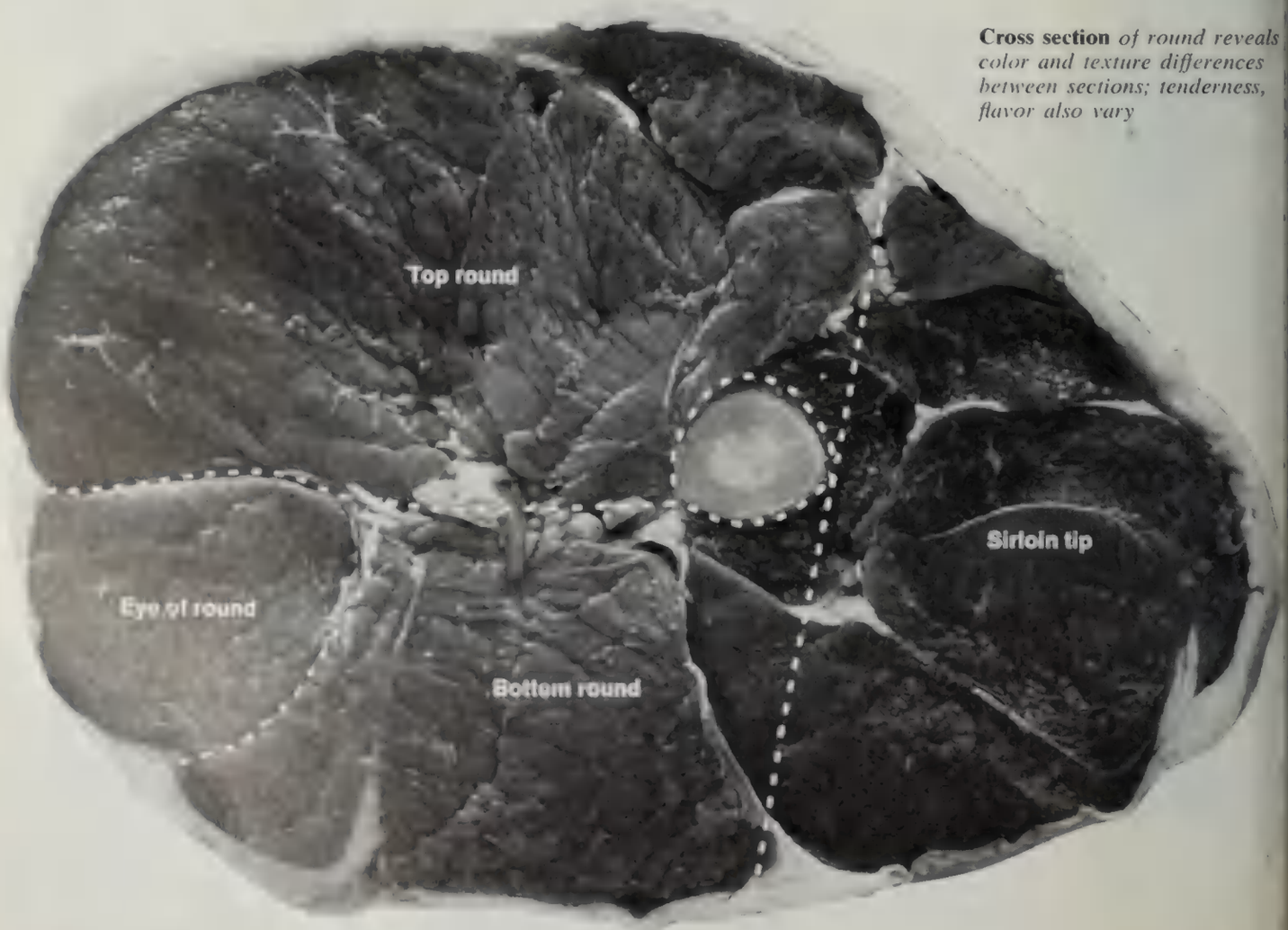
Looks, tenderness, flavor, and price are not necessarily related

When the meatman cuts completely across a whole beef round, the slice of meat looks like the one in our photograph below. Notice how little fat is streaked through this meat. Round is lean, and since fat gives meat much of its flavor, it is also relatively mild. Compared with other beef, round is firmer, more compact in texture.

A close look reveals variations in texture and color between the sections marked off with dotted lines. These sections, each a separate muscle within the round, are also quite different in tenderness and flavor. So it is no wonder that many shoppers don't know quite what they're getting when they buy beef round, and are sometimes disappointed with the results when they cook it.

Because parts of the round are so different, meat markets usually divide it and price the parts differently. The bottom round is usually the lowest price per pound. The top round and sirloin tip, the most tender parts, are typically between 20 to 50 cents per pound higher, and the first one or two cuts of the top round, nearest the sirloin and the most tender of all, may be priced even higher. A little surprisingly, the eye, from the least tender part of the round, ma priced as high or higher than top ro This can be explained only by the that pricing is usually based on su and demand.

You may find *full-cut* round steak p aged in the meat case, and it will us be a piece resembling the one sh below, except with the sirloin tip cu —just to the right of the round bor the photograph. Meats of varying tures, tenderness, and flavor are c bined in such a steak. But you'll get ter results from round steaks if you only one kind for any given meal.



Cross section *of round reveals color and texture differences between sections; tenderness, flavor also vary*

DARROW M. WATT

›p round... it's the most nder, the most flavorful

can recognize this steak by its large shape. The most tender and flavor- art of the round, it is the best choice roiling or barbecuing when cut into ick steak. Being lean and firm—a acteristic of all round—it will be est and most tender if broiled to or medium-rare stage.

ut the first 3 inches of choice-grade ound is tender enough to be broiled arbecued without first being tender- Some markets call it *London broil,* you can't depend on this, for the is also applied to other cuts.

ss you know for sure that the top d steak is from the first 3 inches, erize it first. You might use a com- cial meat tenderizer, or try this e that includes a piquant marinade nderize and flavor the steak.

led or Grilled Top Round. Buy a top d steak, cut about 1½ inches thick vill weigh 2½ to 3 pounds). Score meat diagonally, making the cuts t ¼ inch deep and about 1 inch t; place in a shallow pan. Combine up salad oil, ¼ cup white wine vine- ½ cup chopped onion, ½ teaspoon dash pepper, and 1 teaspoon oreg- leaves, crushed; pour over meat. er and refrigerate several hours, ing meat occasionally.

before cooking steak, sauté about 1 sliced mushrooms in 2 tablespoons er or margarine; keep warm. Have ly ½ cup halved cherry tomatoes 2 tablespoons chopped green onions.

nove steak from marinade and place broiler pan or grill about 4 inches n heat. For rare to medium-rare t, broil or grill about 8 minutes on h side, basting often with marinade. serve, top steak with mushrooms; nish with tomatoes and green onions. : meat in thin slanting slices diag- lly across the grain of the meat. kes 4 to 6 servings.

Sirloin tip... smaller, rounder, also tender

Although sirloin tip is smaller and darker red in color than top round, the two steaks are similar in tenderness, texture, and flavor. Sirloin tip should not be confused with top sirloin, which is part of the loin and more tender than any part of the round.

A 1½-inch-thick sirloin tip steak (weighing about 2 to 2½ lbs.) might be tenderized and broiled as directed for top round. However, you will most often see it cut ⅜ to ½ inch thick. Sometimes it is machine-tenderized.

The following recipe uses thinly sliced sirloin tip steaks, which should be treated with commercial meat tenderizer (unless machine tenderized). Here they are broiled quickly, then topped with a lively Mexican-style sauce.

Mexican-Style Sirloin Tip Steaks. Buy 2 pounds sirloin tip steaks, cut about ½ inch thick. Unless already machine tenderized, use a commercial meat tenderizer as directed on the label.

In a frying pan, heat 2 tablespoons butter or margarine. Add ½ cup chopped onion and 1 canned California green chile (seeded and chopped). Cook, stirring, until onion is tender. Stir in ⅛ teaspoon *each* salt and ground cumin. Add 1½ cups chopped, peeled tomatoes; cook on medium heat about 2 minutes, or until most of the liquid evaporates.

Place steaks on a broiler pan and set in preheated broiler 2 to 3 inches from heat until browned, 2 to 3 minutes. Turn and quickly brown on other side. Spoon part of the vegetable mixture on each steak. Top each with a thin slice of jack cheese, using about 2 ounces in all. Return to broiler briefly to melt cheese and reheat vegetables. Serve with remaining vegetables. Makes 4 servings.

Eye of the round... leanest, less tender, more expensive

This round, compact muscle is usually sliced into small thin steaks when not sold whole as a small roast. It is the leanest and finest grained of all round steaks, and is usually considered the least tender. Sometimes these small steaks, cut about ⅜ inch thick, are labeled minute or breakfast steaks; when machine tenderized, they may be called cubed steak. But all these terms may be applied to any small, thin steak.

For consistent results in the following recipe, we suggest that you buy thin sliced eye of round and pound it gently with a meat mallet to tenderize it. Dusting with flour aids browning of this lean meat, and sautéing it quickly gives maximum flavor and tenderness. You could use machine-tenderized steaks and omit the pounding in this recipe.

Eye of Round in Caper Sauce. Buy four eye of round steaks cut about ⅜ inch thick (¾ to 1 lb.). Cut any fat from edges of each steak. With the steak between sheets of waxed paper, pound evenly and gently with a wooden mallet until about ¼ inch thick. Dust meat with flour, then shake off the excess.

Heat 1 tablespoon salad oil in a frying pan over medium-high heat. Put in the steaks and brown quickly, about 1 minute on each side. Remove meat to a heated plate.

Wipe the frying pan clean with paper towels and return to heat; add 2 tablespoons butter. When butter is melted, stir in 1 teaspoon drained, chopped capers, 2 teaspoons lemon juice, and 1 teaspoon Dijon-style mustard. Pour this sauce over the cooked steaks, sprinkle with 1 tablespoon chopped chives or green onions, and serve at once. Makes 2 servings of 2 small steaks each.

Bottom round... coarser, squarish, flavorful

This part of the round is most similar to eye of round in tenderness, but is quite different in texture and has more flavor. You can recognize it by the squarish shape and coarse grain. The eye and bottom round are sometimes left as one piece and sold as bottom round, but this only confuses the cook, for each should be cooked differently for best results.

Bottom round is best cooked slowly in a flavorful liquid (some markets label it Swiss steak—reflecting that braising is one good way to cook it).

Rich Brown Braised Beef. Buy 2 pounds bottom round steak cut ¾ to 1 inch thick. Combine 4 tablespoons flour with ½ teaspoon garlic salt. Dredge the steak in flour and shake off the excess (save the remaining flour).

Heat 2 tablespoons salad oil in a Dutch oven or heavy frying pan. Using medium heat, brown meat on both sides. Add 1 cup water; 2 tablespoons *each* soy sauce, red wine vinegar, and grape jelly; ⅛ teaspoon *each* pepper, paprika, and oregano leaves; and 4 drops liquid hot pepper seasoning. Cover and simmer gently for 45 minutes, or until tender.

Blend the reserved flour mixture to a smooth paste with 2 tablespoons cold water. Gradually stir into juices in pan and cook, stirring until thickened. Serve, sprinkled with parsley, if you wish. You might serve it with hot buttered noodles or mashed potatoes. Makes 4 to 6 servings.—*D. S., San Francisco.* □

DARROW M. WATT

When the last *hidden eggs reach the table, buffet brunch with smoked fish begins*

APRIL MENUS

An Easter brunch, a dinner for the family, a dinner for friends

In our menus for April we have p special attention to shopping suggestic that make meal planning easier.

Our first menu, a brunch, could foll an Easter egg hunt; the decorated e can then serve a dual purpose as a ta centerpiece and an integral part of t meal. The chicken dinner is designed the family and provides leftover cook chicken for another meal. For compa we suggest a roast beef dinner in whi the main part of the meal is all cook in the oven.

Easter brunch

The smoked fish and toasted pump nickel bread can stay hot on an elect warming tray while children search f colored eggs. You can assemble ope faced sandwiches from the buffet prese tation of the fish, sliced hard-cook eggs, watercress, and cream cheese sauc or serve them to eat with toast.

Basket of Strawberries
Hot Smoked Alaska Cod
Toasted Pumpernickel Bread **Easter E**
Watercress **Cream Cheese Sauc**
Coffee **Milk**

Although smoked Alaska cod is plenti and relatively inexpensive, you may ne to look around for it. The official nar is sablefish, but you will generally see labeled smoked or barbecued Alaska c or black cod; it's similar to kippered s mon in flavor and texture. Look for in the delicatessen section of your ma ket. Or use kippered salmon.

While the fish heats, toast a small lo of pumpernickel bread. Present wate cress as a small bouquet from which snip sprigs. Make the cream chee sauce. Allow about one hard-cooked e for each person.

Hot Smoked Alaska Cod. Prepare abo ¼ pound smoked or barbecued Alas cod for each serving. To heat and softe place fish in the top of a double boil over boiling water and heat, covered, f about 20 minutes, or wrap in foil a heat in a 325° oven for about 20 mi utes. To serve, arrange fish in a he proof serving container and keep war

Cream Cheese Sauce. In a bowl stir t gether until blended 1 package (3 o cream cheese (softened), ¼ cup so cream, ½ cup minced green onion, tablespoon milk, ½ teaspoon *each* d mustard and Worcestershire. Mak about 1 cup, enough for 6 servings.

Family dinner

Two chickens are just about as easy roast as one and leave cooked chick for sandwiches or salads. Here we u

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ıdily available broiler-fryer chick- · oven roasting.

:oasted Broiler-Fryer Chickens
Wheat Chard Pilaf
Marinated Green Beans
Hot Apple Dumplings

:he green beans and chill; add the ıde to them shortly before serving. he pilaf on the top of the range; hes cooking in the oven with the ns. Then put in a package (about ı frozen ready-to-bake apple dump- or dessert.

:d Broiler-Fryer Chickens

and pat dry 1 or 2 broiler-fryer ns (about 3½ lb. *each*). Lightly le cavities with salt and place side up on a rack in a shallow ıg pan. Roast in a 375° oven ɔout 1½ hours or until golden and the leg joint moves easily jiggled. Remove from oven and ɜr one or both chickens to a serv- latter. Skim off and discard fat drippings; save drippings to add ɜat chard pilaf (recipe follows).

:rve, use poultry scissors to cut :ns in quarters or cut into serving . Each chicken will serve about 4.

t Chard Pilaf

tablespoons (⅛ lb.) butter or margarine
cup quick-cooking cracked wheat (bulgur)
large onion, chopped
can (14 oz.) regular-strength chicken broth
teaspoon *each* basil and oregano leaves, crumbled
package (about 12 oz.) frozen Swiss chard, thawed and drained
cup grated Parmesan cheese
Reserved drippings (see recipe above)

shallow 2-quart baking dish (preferably one that can be used on the range as well as in the oven) melt the butter; add the wheat and onion and cook, stirring, over medium heat until onion is soft, about 5 minutes. Add the chicken broth, basil, and oregano to the pan; cover and bring mixture to simmering and simmer for 5 minutes. Cover and put into a 375° oven (or transfer to a casserole) and bake for 45 minutes. Remove from oven and stir in the Swiss chard, Parmesan cheese, and the reserved drippings until blended and cheese is melted. Makes 4 to 6 servings.

Marinated Green Beans

Wash 1 pound green beans and break off ends. In a large quantity of boiling, salted water cook beans, uncovered, for 5 minutes; start timing after boiling resumes. Immediately drain, rinse beans under cold running water, and drain well. Cover and refrigerate until about 30 minutes before time to serve.

Place beans in a bowl. In a small jar, combine ¼ cup *each* white wine vinegar and olive oil or salad oil, ¼ teaspoon salt, ⅛ teaspoon pepper, and ½ teaspoon tarragon leaves, crumbled. Cover and shake well; pour over beans. Cover and refrigerate for 30 minutes. Drain beans, reserving marinade, and place in a shallow serving bowl; drizzle beans with about 3 tablespoons of the marinade. Makes 4 servings.—*R. M., Redwood City, Calif.*

Dinner for company

The roast and vegetables for this dinner cook in the same pan, and once they are all in the oven, the cook's work is practically finished. The roasts we describe are tender when they're cooked to rare stage; it takes about 2 hours. Even the

DARROW M. WATT

erve, slice through chicken's crisp skin and cut into pieces

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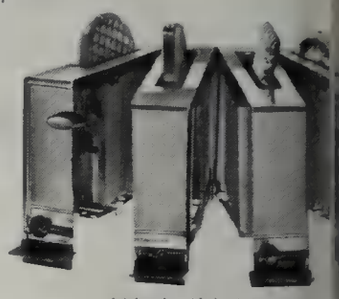

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can be partially prepared ahead, embled before serving.

Green Salad
Beef Chuck Oven Roast
with
Italian Roasted Vegetables
Fresh Pineapple Sundaes

nu begins with shopping for one boneless chuck roasts that are enough for oven roasting. These re sold under several different You need a 5 to 6-pound beef oast such as a crossrib (rolled r) roast, or a boneless rolled oast.

ops of toasted almond or vanilla m and freeze them, covered, on d pan. Serve with spears of fresh le.

uck Oven Roast with Roasted Vegetables

sting pan (about 10 by 15 inches) cup olive oil or salad oil.

pounds (about 6) red new pond cut away a ½-inch-wide band from the center of each potato. medium-sized onions and cut to eighths; add onions and po- o pan. Stir to coat with oil and getables to one end. In the other the pan, place a 5 to 6-pound ossrib roast (or other roast as de- above), fat side up. Insert a meat meter in the center of the roast oesn't touch the fat. Cook in a ven until the thermometer regis- 5° for rare, about 1¾ to 2 hours.

oast has cooked 1 hour, stir 1 large mushrooms into other vege- in the pan; return to oven and e cooking. If pan juices evap- add about ½ cup water at a time.

ast from pan, place on a serving and cover. With a slotted spoon, r vegetables to the serving platter rving bowl. Skim fat from drip- add ½ cup water, then stir to browned bits. Serve drippings ast. Makes 6 to 8 servings. □

Going musseling?

he article on musseling on page of the March 1972 *Sunset*, we not report the bag limits for coastal states; they vary con- rably. California allows you 25 nds in the shell; Washington, pounds in the shell, or 3 pounds lled; Oregon, 72 mussels.

u need no license in Washing- or Oregon. In California you d the basic $4 sport fishing li- se; it's good for the calendar r, and is available in sporting ds stores. □

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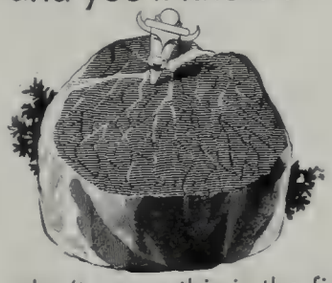

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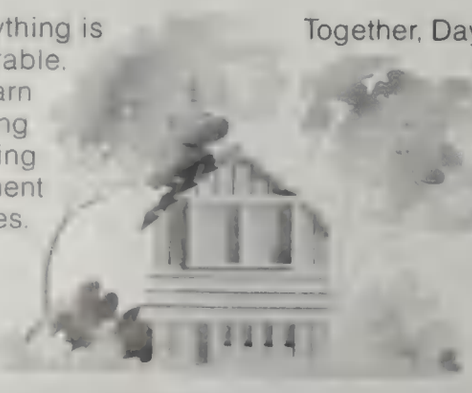

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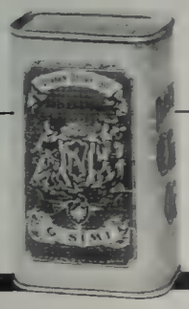

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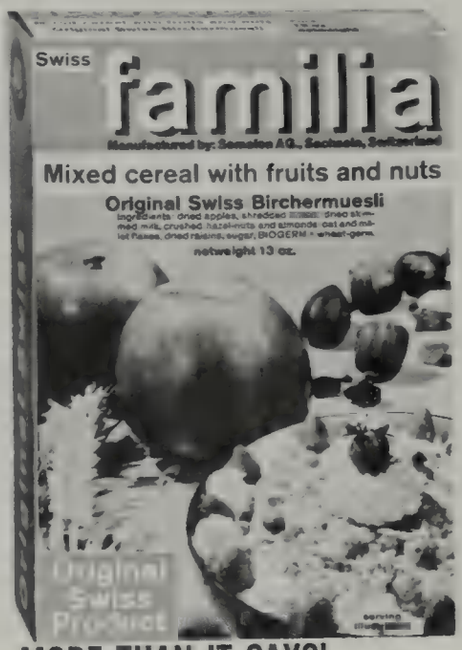

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DARROW M. WATT

Serve *small portion of kanten for dessert; this has bright green lime-flavored base w lime-snow top layer*

Winding up an Oriental meal

It is sometimes difficult to know what to serve for dessert after an Oriental dinner. Classic Chinese and Japanese menus don't call for sweet endings to meals, but Western cooks often like to serve a little something anyway.

One solution is Japanese kanten (or agar-agar), a gelatinlike substance that is sold in Oriental markets.

Kanten has some properties that are quite different from gelatin. Both soaking and then simmering are required to dissolve it, but then it sets up very quickly, so you can serve it shortly after making it. A firm yet tender gel, it slices with clean, sharp edges.

The flavorless kanten takes well to tart-sweet fruit flavors. These desserts, each based on a can of frozen juice concentrate, will set up particularly fast, enabling you to obtain an interesting two-layer effect by beating part of the mixture with egg white into a gelatin snow.

For the presentation shown above, cut a 2 to 2½-inch strip of kanten and use a wide spatula to remove it from the dish. Then cut the strip crosswise into ½-inch-wide strips. Flip strips onto their sides on individual plates or a tray.

Pink Grapefruit Kanten

- 2 sticks (¼ oz. *each*) red kanten (agar-agar)
- 4¼ cups water
- 1½ cups sugar
- 1 can (6 oz.) frozen grapefruit juice concentrate, partially thawed
- 1 egg white

Break kanten sticks into a pan with 2 cups of the water. Stir to moisten, then soak for about 30 minutes. Place medium heat and stir until kante solves. Add sugar and simmer, u ered, for 15 minutes, stirring ofte

In a bowl combine the juice conce with remaining 2 ¼ cups water.

Remove kanten from heat, pour th a wire strainer into the fruit juice well. Set aside 1 cup of the kanten mixture; pour the remainder into by 12 or 9 by 13-inch dish and let at room temperature.

Using the small bowl of an electric er, immediately beat egg white u forms soft peaks. Gradually beat 1 cup kanten mixture, about 2 spoons at a time. Continue beating it forms firm peaks. Spread over k in dish, which should be firm enou support it, but not set. (If kante set, run dish under broiler for seconds to soften top layer before ing over kanten snow.) Cover and it's best made and served the same Makes 20 small or 12 regular ser

Tangerine Kanten. Prepare as for g fruit kanten, substituting a 6-ounc of frozen tangerine juice concentra the grapefruit; use 1 stick *each* re white kanten, and reduce sugar to

Lime Kanten. Prepare as for grap kanten, substituting a 6-ounce c frozen daiquiri mix or limeade co trate for the grapefruit; use 2 white kanten instead of the red. setting aside 1 cup kanten-juice mi tint the remaining kanten with drops of green food coloring.

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In medium bowl, combine
- 1 pound ground beef
- ¼ cup soft bread crumbs
- ¼ cup Wish-Bone Dressing (Italian, California Onion or Russian)

Shape into 6 patties and grill.
Makes 6 servings.

Wine and herb-flavored rabbit

Often overlooked for family or company meals, young frying rabbits deserve more frequent appearances on menus. Their moist, all-white meat lends itself admirably to slow simmering in wine and herb-flavored sauces, as in these two recipes, both of European origin.

Both recipes are similar in technique, yet each results in a distinctively different dish. The first is typically Italian with a robust tomato, red wine, and herb sauce. Mushrooms, chopped ham, and just a hint of tomato flavor the second, a French dish; it has sour cream stirred into the sauce before serving.

You may find cut and packaged frying rabbit in the frozen food section of your market. Whole, dressed fresh rabbit is available in some meat markets and most poultry stores. Ask the meatman to cut whole rabbits into serving pieces for you.

Rabbit, Hunter's Style
(Coniglio alla Cacciatora)

Rinse a 2½ to 3-pound rabbit (cut into serving pieces) or defrost frozen rabbit; pat dry. Sprinkle with salt and pepper; then coat with flour, shaking off e
In a Dutch oven, heat about 4
spoons salad oil. Brown meat well
sides over medium heat, adding
oil as needed. Remove meat from p
browned; set aside. To the pan a
tablespoons butter or margarin
onion (chopped), 1 clove garlic (m
or mashed), 1 stalk celery (
chopped), 1 carrot (coarsely shrec
and ¼ pound mushrooms (quarte

Cook, stirring occasionally, until o
are lightly browned, about 10 mi
Return rabbit to pan and add 1 c
lb.) tomato wedges with their liqui
cup dry red wine (or water), ¼
chopped parsley, ½ teaspoon rose
and ¼ teaspoon *each* basil and or
leaves; stir to blend. Cover and si
gently for about 1 hour or until
is tender.

With a slotted spoon, transfer mea
mushrooms to a serving dish;
warm. Over high heat cook sauce
covered, until slightly thickened.
salt to taste. Spoon over rabbit
sprinkle with additional chopped
ley. Serve with hot buttered no
Makes 4 or 5 servings.—*C. S., East*
Alto, Calif.

Sautéed Rabbit Arlesienne
(Lapin Sâuté Arlesienne)

Rinse a 2½ to 3-pound rabbit (cu
serving pieces) or defrost frozen r
pat dry. Sprinkle with salt and pe
then coat with flour, shaking off e
In a Dutch oven, heat about 4
spoons salad oil. Brown meat well
sides over medium heat, adding mo
as needed. Remove meat from p
browned; set aside. To the pan a
tablespoons butter or margarin
onion (chopped), 1 clove garlic (m
or mashed), and ½ pound mushr
(sliced). Sauté, stirring, until onion
(about 4 minutes).

Return rabbit to pan and add 1
(about 4 oz.) chopped cooked ha
medium tomato (peeled, seeded,
chopped), 2 tablespoons chopped
ley, ¾ teaspoon paprika, ½ teas
each sugar, basil leaves, and co
crushed juniper berries (optional
teaspoon thyme leaves, and ½ cu
white wine (or water); stir to
Cover and simmer gently for abo
minutes or until rabbit is tender.

With a slotted spoon, transfer mea
serving dish; keep warm. Over high
cook pan juices, uncovered, until sl
thickened. Meanwhile, mix 1½
spoons cornstarch with 1 teaspoon
until smooth; add to pan and cook
ring, until thickened. Remove pan
heat and add salt to taste. Stir in ¾
sour cream just until blended
smooth; then spoon over meat. Sp
with chopped parsley. Serve wit
cooked rice. Makes 4 or 5 servings

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For more information, see the yellow pages under "Ranges" for your nearest Corning dealer.

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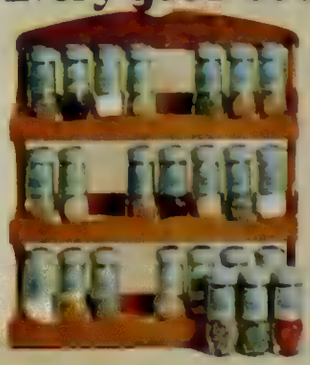
- ½ teaspoon Schilling Tarragon Leaves
- ½ teaspoon Schilling Ginger
- 1 teaspoon Schilling Dry Mustard
- 2 teaspoons Schilling Season-All
- ⅛ teaspoon Schilling Garlic Powder
- ¼ teaspoon Schilling MSG
- ¼ teaspoon Schilling Coarse Grind Black Pepper
- 3 tablespoons lemon juice
- ¼ cup brandy, heated

Shell and devein shrimp. Melt butter in large skillet: sauté mushrooms, tomatoes and celery 3 min. Push to one side of skillet. Add raw shrimp and sprinkle with seasonings which have been mixed together. Sauté the shrimp, stirring 2 min. Add lemon juice. Combine shrimp and vegetables. Cover and simmer 5 min. Transfer to chafing dish. Just before serving, flame with heated brandy. Nice over rice. Serves 4-6.

A good cook hangs up her medals for all to see. I upon row of Gourmet Herbs and Spices in show decanter bottles. Why don't you add something otic to your Schilling collection next time you sh

Every good cook has a hang u



Please send me mine—a beautiful, tr tional satin-finish wood spice rack, signed especially to show off Schil Gourmet Spices. 3 shelves (spices not cluded). 16" long x 2½" deep x 16½" h Enclosed find $5.75 (check or money der). Offer void where prohibited by

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Schilling flavor makes all the difference in the worl

One preliminary pea soup, two main event bean soups

lowly simmered, some of those ning little seeds that belong to and bean family make hearty or brisk spring days.

e three such soups, each with a personality. The first is split pea ed with traditional curry season- e second is red kidney beans ef and fresh vegetables, and the small white beans cooked with d garnished with bacon.

of the bean soups makes a good or dinner entrée to enjoy at home sport in a vacuum bottle to a pic- e split pea soup, because it is ighly spiced, is best served for r as an opening course.

Style Split Pea Soup

am hock (about 1 lb.), cracked
Water
ups green or yellow split peas
mall onion, chopped
easpoon *each* ground coriander and ground cumin
easpoon ground turmeric
easpoon lemon juice
easpoons sugar
Salt and pepper
ablespoons chopped fresh coriander (Chinese parsley) or parsley
Chopped, salted peanuts

am hock in a Dutch oven, cover ater, cover pan, and bring to a immer 10 minutes; drain.

and pick over split peas; add to n hock with 1½ quarts water and Cover and simmer for about 1½ or until peas mash readily. Re- ham hock; discard bone and fat; at into small pieces and return to dd the ground coriander, cumin, ic, lemon juice, sugar, and salt pper to taste. Simmer 10 minutes . Serve with fresh coriander and ed peanuts. Makes about 6 serv- -*P. V., Salt Lake City.*

ble Bean Soup

package (1 lb.) dried red kidney beans
quarts water
pound beef stew meat, in 1-inch cubes
cloves garlic, minced or mashed
medium-sized onions, chopped
Salt and pepper
small zucchini or yellow crookneck squash (about ½ lb.), chopped
pound green beans, in 1-inch pieces
cup finely shredded cabbage
can (1 lb.) Italian-style pear-shaped tomatoes
tablespoon chopped parsley
Freshly grated Parmesan cheese

and pick over beans; put into a oven or other large pan, add and allow to soak overnight. (Or bring to boiling, boil for 2 minutes, remove from heat, and soak 1 hour.)

To beans and soaking water add the beef, garlic, onions, 1 tablespoon salt, and ¼ teaspoon pepper. Cover and simmer 2 hours, or until beans are tender, stirring occasionally. Add the squash, green beans, cabbage, and tomatoes, breaking them up with a spoon. Cover and simmer 30 minutes longer. Season to taste with salt and pepper; serve with parsley and cheese. Serves 6 to 8.—*M. D., Morro Bay, Calif.*

Pork and Bean Soup

Wash and pick over 1 package (1 lb.) dried small white beans and put in a Dutch oven. Pour over 2½ quarts water and allow to soak overnight. (Or bring to boiling, boil for 2 minutes, remove from heat, and allow to soak 1 hour.)

To the beans and their soaking water add 1 tablespoon seasoned salt, ¼ teaspoon pepper, ½ cup catsup, ¼ pound salt pork (diced), 2 medium-sized onions (finely chopped), and ½ teaspoon garlic salt. Cover, bring to boiling, reduce heat, and simmer for about 3 hours until beans are tender and soup has thickened, stirring occasionally. As the soup starts to thicken, stir more often to prevent sticking. Pour into a soup tureen and garnish with 8 slices bacon, crisply fried and crumbled. Makes about 6 servings.—*T. S., El Cajon, Calif.* □

New Dole frozen-fresh Hawaiian pineapple chunks.

They thaw in one minute.

Serve plain or take 20 seconds to add your choice of Creme de Menthe, Cointreau, Curacao, Apricot Brandy. Add a cherry. Elegant. Gangbusters.

Dole Company, Honolulu, Hawaii · A Division of Castle & Cooke, Inc.

6 deliciously thrifty tuna dishe

TUNA AU GRATIN (about 40¢ a serving)
Best Foods won't separate even when baked like this.

2 (7-oz.) cans tuna, drained and flaked
2/3 cup chopped onion
1/4 cup chopped green pepper
1/4 cup chopped pimiento
2/3 cup BEST FOODS Real Mayonnaise
1/4 cup fine dry bread crumbs
1/4 cup grated Parmesan cheese

Combine first 5 ingredients. Spoon into small shallow baking dish. Sprinkle with bread crumbs and cheese. Bake in 350°F (moderate) oven 20 minutes or until thoroughly heated. Serves 4.

RICE-TUNA MOLD (about 21¢ a serving)
Whole-egg Best Foods helps this salad stay in shape.

3 cups cold cooked rice
1 1/2 cups finely chopped celery
1 (7-oz.) can tuna, drained and flaked
1/3 cup chopped pickle
2 Tbsp. chopped parsley
1/2 cup BEST FOODS® Real Mayonnaise
1/2 cup dairy sour crea
2 Tbsp. lemon juice
Salt and pepper to t
1/3 cup diced pimiento

Combine first 5 ingredi Combine remaining ingredi Blend both mixtures thoroughly. Pack in 1-quart mold; ch least 1 hour. Unmold and garnish. Serves 6.

TUNA COTTAGE CHEESE SANDWICH (about 25¢ serv
Delicate Best Foods won't overpower even the mildest che

1 cup creamed cottage cheese
1 (7-oz.) can tuna, drained and flaked
1/2 cup BEST FOODS Real Mayonnaise
1/4 cup chopped celery
1/4 cup minced green oni
5 radishes, diced
Salt and pepper to tas
1/2 cup toasted slivered almonds
6 English muffins, split and toasted

Combine first 9 ingredients. Spread on 6 muffin halves. S with remaining halves. Serves 6.

HOT TUNA HERO (about 33¢ a serving)
Best Foods won't separate even when baked like this.

2 (7-oz.) cans tuna, drained and flaked
1/2 cup BEST FOODS Real Mayonnaise
1/4 cup dairy sour cream
1/4 cup chopped parsley
1 Tbsp. lemon juice
1/2 tsp. garlic salt
1 long loaf French bread
3 Tbsp. Nucoa margarine
1/4 lb. Swiss cheese, thinly sliced

Combine first ingredients. Slice bread lengthwise. Sprea with margarine. Place cheese and tuna mixture between bre halves. Bake in 350°F. (moderate) oven about 25 minutes. C into servings.

at start with Real Mayonnaise.

and that's the other name for Best Foods.

akes fresh, delicate Real Mayonnaise to turn gh-protein tuna into so many luscious dishes. eat it or chill it. Thin it or thicken it. If it's amy enough to hold up in recipes like these, Real Mayonnaise. And that means whole-egg st Foods.

TUNA VEGETABLE SOUFFLE (about 27¢ a serving)
Best Foods makes this souffle deliciously light.

1 (10-oz.) package frozen mixed vegetables, cooked and drained
1/4 cup chopped green pepper
2 Tbsp. chopped pimiento
1 Tbsp. minced onion
2 (7-oz.) cans tuna, drained and flaked
Instant mashed potatoes
1/2 cup BEST FOODS Real Mayonnaise
4 eggs, separated

Combine first 5 ingredients in large bowl. Prepare 4 servings potatoes, omitting butter. Fold in Real Mayonnaise. Add egg yolks, one at a time; beat until fluffy. Stir into vegetable mixture. Beat egg whites until stiff and fold in. Pour into greased 1 1/2-quart casserole. Bake in 350°F. (moderate) oven 1 hour or until knife inserted in center comes out clean. Serve at once. Serves 6.

TUNA MOUSSE (about 18¢ a serving)
y, fresh Best Foods makes this mousse velvety smooth.

e unflavored gelatin
emon juice
ling chicken broth
ST FOODS
Mayonnaise
k
hopped parsley
1 Tbsp. minced green onion
1 tsp. prepared mustard
1 tsp. dried dill weed
1/4 tsp. pepper
1 (7-oz.) can tuna, drained and flaked
1/2 cup shredded cucumber

tin in lemon juice in large mixer bowl. Add broth. Stir to dis- n. Add next 7 ingredients. Beat until well mixed. Chill 30 until slightly thickened. Beat until frothy. Fold in tuna and Turn into 2-cup mold. Chill 3 hours or until firm. Serves 4.

Best Foods, a Division of CPC International Inc. cpc

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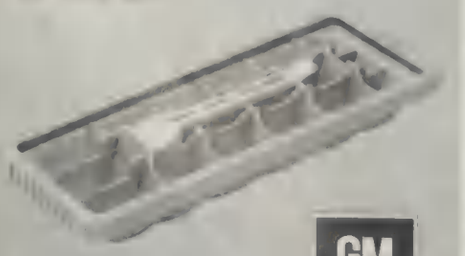

Inland Division GM
General Motors Corp., Dayton, Ohio 45401

Zucchini or asparagus as a fresh spring appetizer

DARROW M. WATT

Start *dinner with marinated zucchini topped with olives, anchovies, tomatoes*

A first course often served in Continental restaurants is a lightly cooked vegetable bathed in a gently seasoned vinaigrette sauce. You can easily do the same at home with tender spring vegetables such as zucchini and asparagus. They are best served at room temperature.

Zucchini Appetizer

- 1¼ pounds zucchini, each about 5 inches long
- 1 can (about 14 oz.) regular-strength beef broth
- 8 tablespoons olive oil or salad oil
- 4 tablespoons tarragon-flavored wine vinegar
- 2 tablespoons chopped green onion
- 1 tablespoon *each* finely chopped green pepper and parsley
- 2 teaspoons Dijon-style mustard
- ½ teaspoon salt
- ⅛ teaspoon pepper
- 1 can (2 oz.) flat anchovy fillets
- Cherry tomato halves
- Sliced ripe olives

Rinse zucchini and cut off ends. Bring broth to boiling, add zucchini, and simmer (covered) until just tender when pierced, 6 to 8 minutes. Drain (save broth for other uses). Cut zucchini lengthwise into quarters and put into a bowl. Combine oil, vinegar, onion, green pepper, parsley, mustard, salt, and pepper; pour over zucchini, cover, and aside for 2 hours.

To serve, arrange 3 or 4 zucchini str in each of 6 shallow dishes; garnish ea with anchovy fillets, cherry tomato and olives. Pour remaining dressi evenly over each. Makes 6 servings. *H. N., San Francisco.*

Asparagus Vinaigrette

- 2½ pounds asparagus
- 1 can (about 14 oz.) regular-strength chicken broth
- 2 tablespoons *each* white wine vinegar and lemon juice
- ¼ teaspoon salt
- ½ teaspoon dry mustard
- ¾ cup olive oil or salad oil
- ⅛ teaspoon *each* pepper and tarragon
- 1 hard-cooked egg, finely chopped

Break off white fibrous ends from asp agus; wash spears well. In a frying p heat broth to boiling; add asparagus a cook (uncovered) until just tender wh pierced, 5 to 7 minutes. Drain (sa broth for other uses).

Combine the vinegar, lemon juice, s mustard, oil, pepper, and tarragon.

Arrange several asparagus spears in ea of 6 shallow dishes; spoon sauce ever over each; garnish with egg. Serves 6.

How do you know this ham is lean?

we give you our word.

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Our E.X.L. ham is patiently boned and trimmed by hand into one lean, solid piece of meat. Then we cure it and cook it carefully in its own natural juices.

E.X.L. is the leanest ham we've ever sealed in a can. Still, if you're not satisfied that it *is* extra lean (with just a minimum of fat for best flavor), mail the Curemaster's Note inside the can to Hormel, Austin, Minn. We'll promptly refund every penny you've paid.

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The look and taste don't matc

These Indonesian peanut appetizers surprise your guests. They look so thing like peanut brittle, but when bite into them they're crisp and sa instead of hard and sweet.

To make this peanut crunch, mix S ish peanuts into a batter of rice flour coconut juice mildly flavored with cu Then you fry spoonfuls of the b until lacy, crisp, and browned. A they're fried they stay fresh for up week. To recrisp them, place uncov in a 350° oven for 5 to 10 minutes.

The white rice flour called for in recipe is available in Oriental mar and most health food stores. Make tain that you don't buy a similar-loo product called sweet rice flour. Car coconut juice can be found in most permarkets as well as Oriental mark

Indonesian Peanut Crunch *(Rempe*

- ½ small onion, minced
- 2 cloves garlic, minced or mashed
- 1 can (8 oz.) coconut juice
- 1 teaspoon ground coriander
- ½ teaspoon *each* ground turmeric and curry powder
- 1 jar (8 oz.) dry roasted Spanish peanuts
- About 4 tablespoons white rice flour
- About 3 cups salad oil

Mix together the onion, garlic, coco juice, coriander, turmeric, curry, peanuts. Stir in 4 tablespoons rice fl Pour oil 1½ to 2 inches deep into a set on its ring or a deep saucepan. H to 350° on a deep-fat frying therm eter (or test with cube of bread; it sh brown in 60 seconds).

Fry one appetizer to test the consiste of the batter: Take a tablespoonfu batter and gently slide from the sp in a thin sheet into the hot oil. C about 2 minutes until golden bro turning once. Remove with a wire sl mer or slotted spoon and drain on sorbent material. It should be thin crisp throughout. If it is thick and m inside, thin the batter slightly by stir in water, a teaspoon at a time. If it is thin and breaks into many small pi in the oil (it is normal if a few pea fall out and a few pieces break off frying batter), add more rice flou teaspoon at a time.

Once the right consistency is obtai continue frying the remaining batte few spoonfuls at a time, without cro ing the pan. When cool, serve or airtight. Makes 2 to 3 dozen piece

F. L., Redwood City, Calif.

Remember when a 'place at Tahoe' meant a house, dock, tennis courts and private beach?

Those days, the drive up to Tahoe took all day. So ople stayed all summer. Families with foresight could y entire beaches; and often did. They built elaborate las, docks and boathouses. And spent their days just nning. Or skiing across the lake off the transom of a ng, powerful speedboat.

These same families have owned Tahoe's prime aterfront property for generations.

But, recently, one of the larger old tates was purchased, for the purpose of eating a private village; and recreating e original Tahoe life-style.

Lakeland Village has been called the imate waterfront retreat in the West. the foot of Heavenly Valley, in the nter of the nightlife. Yet, tucked away the trees, secluded from the glitter of e South Shore. A very civilized private sort.

And, in this day and age, possibly the st waterfront offering at Tahoe with such a wealth of enities: swimming pool, sauna, clubhouse, tennis urts, pier, dockage for boats to forty feet, and a refreshingly long stretch of sandy beach between your villa and the lake.

The condominiums, designed by one of America's leading architects, look out on the lake and snow-capped Sierra.

Move into yours this Spring, and spend the Summer. Come next Winter, you can lease your villa to skiers. Or just lay in a good supply of logs and stay till the mountains turn green again.

For full particulars, return the coupon Or telephone collect (916) 544-4353.

It still can. S-4

Mail to: Mr. David Gay, Manager
Lakeland Village, Drawer A
South Lake Tahoe, California 94705

I would like full particulars on Lakeland Village, and the 1, 2, 3, 4 and 5 bedroom villas.

Name

Address City

State Zip Phone

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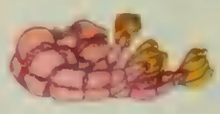
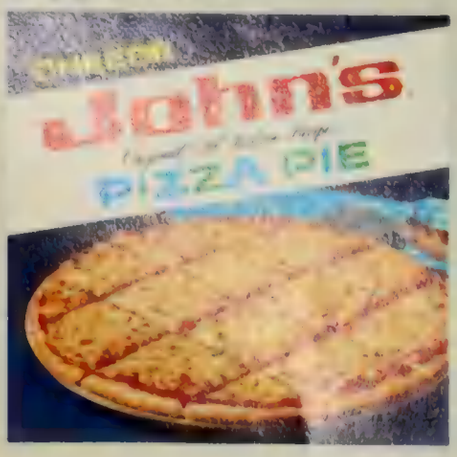
CAN YOU TOP THIS?

We at John's are rightfully proud of our basic cheese pizza, as a pure and simple statement of the pizza-maker's art. But please don't think we'd take offense if you fooled around with it a little. Like maybe putting a few anchovy fillets on top before cooking.



Or even some leftover shrimp. As if there were any such thing as "leftover" shrimp.

Green pepper goes good with pizza. Be sure to saute your peppers in a little olive oil before they go in the oven.



How about some salami on your pizza? Or even a knockwurst or Polish sausage for a little International flavor.

John's *Original* **FROZEN PIZZA**

3 kinds: Cheese, Sausage, Pepperoni.

DARROW M

Cut *Greenland turbot fillet in chunks to go with crab in stew*

Crab and turbo pair up for stew

Dungeness crab and Greenland t share similar flavor and texture, wh emphasized deliciously when they cooked together, as in this stew.

Modestly priced Greenland turbot c to the West as frozen, thin, white (often inaccurately labeled halibut is generally available in superma either frozen or thawed. (When is out of season, you can make this entirely of turbot, using about 3 po serve with sour cream.)

As a meal offer the stew with a green salad and buttered French br

Dungeness Crab and Greenland Turbot Stew

- 2 large onions, finely chopped
- 2 tablespoons olive oil or salad oil
- ¾ cup catsup
- 2¼ cups regular-strength chicken broth
- 1-inch piece cinnamon stick
- ½ teaspoon thyme leaves
- 1 tablespoon Worcestershire
- 3 or 4 thin lemon slices
- 2 pounds Greenland turbot fillets (thawed if frozen), cut in about 1½ inch chunks
- 1 large (about 2 lbs.) cooked Dungeness crab, cleaned and cracked
- Lemon wedges
- Salt

In a kettle (at least 4-qt. size) cook o in oil until soft, stirring. Add ca broth, cinnamon, thyme, Worcester and lemon slices and bring to a Cover and simmer for 15 minutes move cinnamon and lemon slices discard. Place turbot chunks in s then lay crab on top. Bring to a sim cover pan and cook 10 to 15 minut until turbot pieces flake readily prodded. Ladle into wide, deep b squeeze over the lemon wedges an salt to taste. Makes 5 to 6 servings.

Mrs. Karen Galloway's one-of-a-kind collection.

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Karen went into her nearest Drexel store one morning—and a few hours later, came out with a family room. Her own, "Looks just like you, Karen" family room.

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And so, with conversation sofas from our Upholstery Collection; and autumn warmth underfoot from our Carpet Collection; and candlestick lamps from our Accessory Collection; and other favorites from other collections; she soon put together her own personal style. And she was able to concentrate solely on creating her "look" because Drexel takes care of the workmanship.

This was Karen's dream, but of course you don't have to mix your styles the way Karen wanted to. You can do a whole home from just one of our collections if you'd rather. Either way, you can start thinking about it now if you send $1.00 for a set of our style booklets and room planning kit to Drexel Furniture, Dept. S-4-72, Drexel, N.C. 28619. For the name of the Drexel dealer nearest you, call free 800-243-6000. In Conn. call 1-800-882-6500.

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ompany/U.S. Plywood-Champion Papers Inc. Furniture by Drexel, Heritage, Meadowcraft / Carpet by Trend, Drexel / Lamps and Accessories by Drexel

Using new film from the market, roll your own sausages

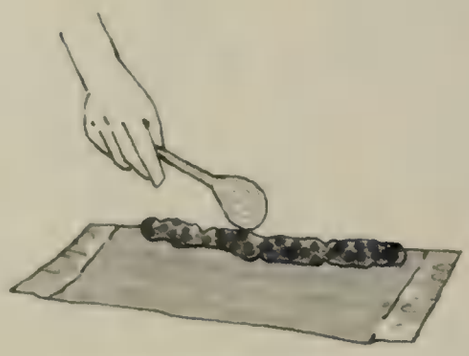
Using the new clear roasting film that comes in 18-inch rolls, there's an easy way to shape homemade sausages. You can make your own sausages without the bother of searching for, and then preparing, the fresh casings.

Start with meats ground by your meatman for either of our two sausages. The first is a robustly seasoned mixture of beef and pork. The second, a combination of veal and pork, is milder; it tastes something like bockwurst.

These sausages are shaped as you wrap them in the roasting film. They can be either chunky 6-inch-long sausages, big enough for a generous serving, or smaller sausage links. As an extra convenience, you cook the sausages in the oven, still in their roasting-film wrappers, and they turn out juicy and browned.

Once you've wrapped and shaped the sausages, you can keep them for a day or so in your refrigerator or freeze them for as long as two weeks—then thaw them before baking.

To shape big sausages (about 6 inches long and 1 inch thick) tear from an 18-inch-wide roll of clear roasting film four pieces that are each 8 inches long; place on a flat surface. Divide one recipe's worth of sausage mixture (recipes fo in four equal portions. Spoon one po of the sausage in a 14-inch-long ban to each piece of the roasting film, di uting evenly along one long side.



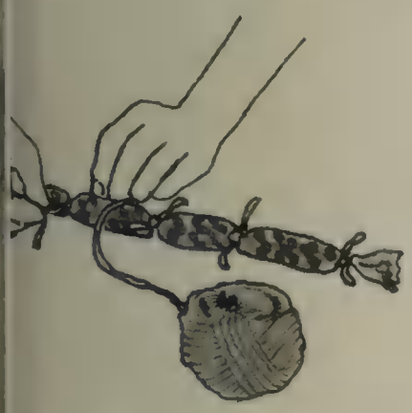
Roll meat up tightly in the film, sm ing it with your hands as you go to an even, compact roll. Counter-

ends, turning one in the direction posite of the other until a firm r formed; tie ends with string to clos curely. Repeat to make three more Tie each sausage roll with string i center to form two big sausages.

To shape small link sausages (about inches long and ½ inch thick) tear an 18-inch-wide roll of clear roa film eight pieces that are each 4 i long; place on a flat surface. Divide

worth of sausage mixture (recipes in eight equal portions. Spoon one of the sausage in a 14-inch-long nto each piece of the clear roast-ı, distributing it evenly along one le.

eat up tightly in the film, smooth-ith your hands as you go to make n, compact roll. Counter-twist urning one in the direction op-of the other until a firm roll is ; tie ends with string to close se-



Repeat to make seven more rolls. ch sausage roll with string in three stant places to form four links.

ke these sausages, place wrapped es in a single layer, slightly apart, on a rack in a rimmed baking pan. With a sharp, pointed knife prick small holes through the film at 1-inch intervals on top halves of the sausages. Bake in a 325° oven until well browned; allow 1 hour and 10 minutes for the 6-inch sausages, 55 minutes for the 2½-inch sausages. (For refrigerated or thawed frozen sausages allow 1 hour and 20 minutes for the 6-inch sausages and 65 minutes for the 2½-inch sausages.)

Either of these sausage mixtures is delicious served hot with vegetables or salad for supper or with eggs and toast for breakfast. For a hearty sandwich lunch, wrap them in toasted rolls and pass the mustard or relish. To serve, snip film from sausages with scissors.

Beef and Pork Sausage

- 1 tablespoon butter or margarine
- ½ cup finely chopped green onion with some of the tops
- 1 clove garlic, minced or mashed
- ½ teaspoon *each* rosemary and thyme leaves, crushed
- ¼ teaspoon ground cloves
- 1 pound *each* ground beef and lightly seasoned bulk pork sausage
- 1 teaspoon *each* salt and sugar
- ½ teaspoon pepper
- ¼ cup *each* flour and nonfat dry milk
- ½ cup water

Melt the butter in a small frying pan over medium high heat. Put in the onion, garlic, rosemary, thyme, and cloves and sauté for 5 minutes or until onion is soft. In a large bowl combine the onion mixture with the beef, sausage, salt, sugar, pepper, flour, nonfat dry milk, and water and mix well. Wrap and shape as directed at left. Makes 8 large or 32 small sausages, about 6 to 8 servings.—*J. T., Los Altos Hills, Calif.*

Veal and Pork Sausage

- 1 tablespoon butter or margarine
- ¼ cup *each* finely chopped parsley and green onion with some of the tops
- ¼ teaspoon rubbed sage
- ¼ teaspoon *each* ground cloves and mace or nutmeg
- 1 pound *each* ground veal and lightly seasoned bulk pork sausage
- 1 teaspoon *each* salt and sugar
- ¼ teaspoon white pepper or regular pepper
- ¼ cup *each* flour and nonfat dry milk
- ½ cup water
- 2 eggs, lightly beaten

Melt the butter in a small frying pan over medium high heat. Put in the parsley, onion, sage, cloves, and mace and sauté for 5 minutes or until onion is soft. In a large bowl combine the onion mixture with the veal, sausage, salt, sugar, white pepper, flour, nonfat dry milk, water, and eggs and mix thoroughly. Wrap and shape as directed at left. Makes 8 large or 32 small sausages, about 6 to 8 servings. □

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Watch for Stuckey's new Camparks on Interstates across the nation—the perfect overnight stop for recreational vehicle travelers!

DARROW M.

Make these *egg packets by folding in the sides of the pancakes, overlapping them in the center over the filling*

A rediscovery of eggs . . . in Thailan

Western travelers who venture to Th land discover that eggs appear on Th menus in many unfamiliar forms.

For example, they may be thin egg p cake wrappers enclosing meat fillin in the typical Thai dish shown above breakfast or brunch these egg pac are an interesting change from the u ham and eggs. Or you might serve th make-ahead packets with a crunchy etable such as asparagus stir-fried in Chinese manner, a broth soup, and for a simple Thai lunch or dinner.

In our second recipe, whole hard-coo eggs are put into a pork stew, and eggs absorb some color and flavor fr the dark, spicy sauce. For dinner, se this stew with rice, a crisp green sa and fruit for dessert.

The authentic versions of these rec call for bottled fish soy, Chinese spice, and fresh coriander (someti called Chinese parsley or cilantro)— available in Oriental grocery stores.

(If you can't get these ingredients, r the alternatives given in each recipe.)

Thai Egg Packets *(Kai Yad Sai)*

Beat together 6 eggs and ½ teasp salt. Have ready a 6 or 7-inch crêpe or frying pan (don't use one with smo non-stick fluorocarbon finish) and a sm bowl of salad oil. Place the pan o medium heat; when the pan is hot pu

Scenes in and about the town of Bodega Bay, site of Bodega Harbour

Bodega Harbour is...

The ever-changing sea from one window of your home, wildflowers on a hillside from another.

Beach-combing after a storm, tennis at the Club before dinner.

Make up your own list. Clam digging at nearby beaches . . . browsing for antiques in the picturesque village of Bodega Bay... sailing on a sun-bright bay...a party with your neighbors at The Beach and Country Club.

The sea is here, with a mile and a half of sheltered beach. So are the hillsides covered with wildflowers in Spring.

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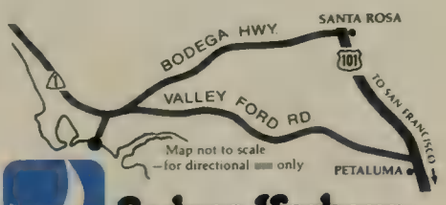

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LAMB CHOPS with Spanish Olive Relish (makes 6 servings)

- 3 tablespoons olive or salad oil
- 1 small clove garlic, crushed
- 1 medium onion, finely chopped
- 1 medium green pepper, chopped
- 1 medium red pepper, chopped
- 2 medium ripe tomatoes, peeled, seeded and cubed
- ¾ teaspoon paprika Salt and pepper
- ¾ cup small pimiento-stuffed Spanish green olives
- 6 lamb loin chops, 1 to 1¼ inches thick

Heat 2 tablespoons of the oil in large skillet over medium heat; add garlic, vegetables, paprika, 1 teaspoon salt, dash pepper and olives. Cook uncovered, stirring frequently until vegetables are tender. Spoon olive relish in center of heated platter and keep warm. Pour drippings from skillet. Season chops with salt and pepper. Heat remaining oil in skillet; add chops and sauté 5 to 6 minutes per side, or until lamb is as done as you like it. Arrange chops around olive relish.

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½ teaspoon salad oil; tilt pan so oi ers bottom. Using a ¼-cup measur out about 2 tablespoons of the eg pour into pan. Quickly tilt the pan the egg evenly covers the bottom. the egg until the bottom is l browned; slide from pan. Repeat remaining egg to make 12 pancak

Crumble 1 pound ground fresh porl a frying pan, start cooking over me high heat. Mix in 1 medium-sized o minced, 1 small carrot, shredded, a cloves of garlic, minced or mashed; stirring frequently, for about 5 mir Skim off and discard any fat. Mi gether 1 tablespoon fish soy or soy s 1 tablespoon water, 4 teaspoons ca ½ teaspoon cornstarch, 1 teas ground coriander or 1 tables chopped fresh coriander, and ¼ spoon pepper and stir into pork mix Cook about 1 minute longer.

Place about ¼ cup of the filling i center of each pancake. Fold in of pancakes, overlapping in center wrapping a package. Arrange the packets on a heatproof platter or 7½ by 11½-inch baking dish. C with foil and refrigerate if made ah

To serve, place the covered dish 350° oven for about 15 minutes, or heated through. (About 25 minutes frigerated.) Garnish with sprigs of coriander or parsley. Twelve pa make 3 or 4 servings.

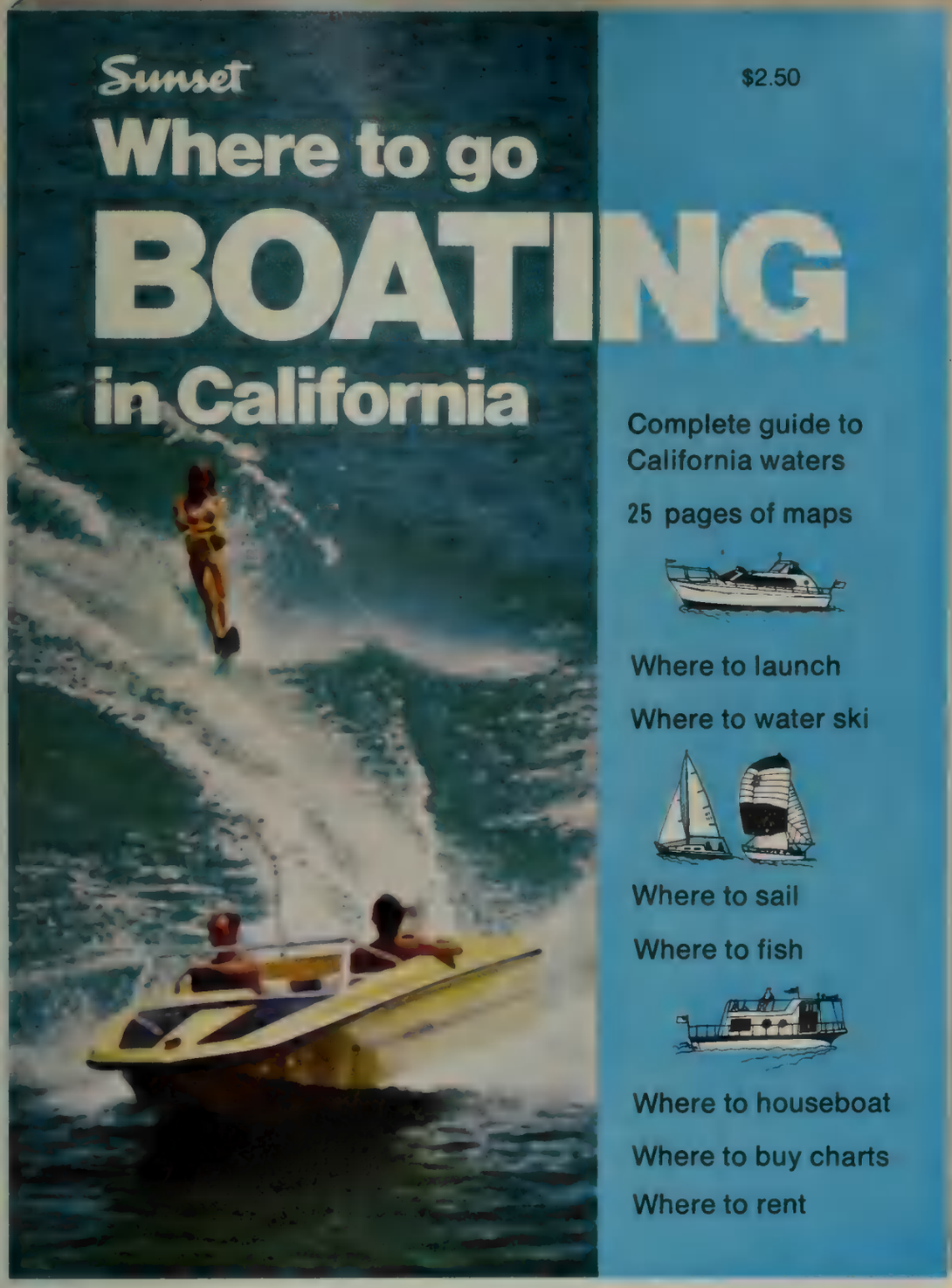
Simmered Pork and Eggs, Thai Style
(Guy Palow)

- About 2½ pounds lean boneless pork (such as Boston butt or fresh picnic roast)
- 6 tablespoons soy sauce
- 2 tablespoons sugar
- 2 teaspoons Chinese five spice (or ¾ teaspoon ground ginger, ½ teaspo cinnamon, ¼ teaspoon *each* allspice and crushed anise seeds, and ⅛ teaspoon cloves)
- 4 cloves garlic, minced or mashed
- About 2 tablespoons salad oil
- ¾ cup water
- 6 hard-cooked eggs (shells removed)
- Sprigs of fresh coriander or parsley

Cut the pork into 1-inch cubes and p in bowl. Combine 2 tablespoons of soy sauce, sugar, Chinese five spice, garlic; pour over and mix with the p

Heat the oil in a Dutch oven over heat. Add meat mixture; cook, tur until lightly browned, about 7 min Add water and remaining soy sa Lower the eggs into the liquid, co and simmer gently for about 25 min Turn eggs over in the sauce. Cont cooking another 20 minutes or until is tender when pierced. With a slo spoon, lift eggs from sauce, and set a Then remove meat to serving pla slice eggs in half and arrange aro meat. Skim off fat from cooking liq discard. Pour sauce over meat. Gar with fresh coriander or parsley. Serv

—*T. P., San Carlos, Calif.*



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You can use "Size One" to fill crevices or to fill college freshmen

Zephyr, the April breeze, inspired the following from *Chef* Hugh Paradise:

"In the purlieus of San Diego they used to serve up something called a 'size,' which was simply hamburger covered with chili con carne. I haven't heard the word in Seattle, and it's quite a while since I went purlieu crawling in San Diego but my dictionary assigns 'a glutinous wash for filling crevices' as the first definition of the word size, so it is obviously an important substance, taking precedence over mere magnitude, which is the second meaning."

Our own dictionary offers an obsolete definition of size: a fixed portion of food or drink allowed especially to a university student.

However, whether for filling crevices or freshmen, this is good simple stuff. Its looks don't recommend it for company —it's sort of a brown mound—but it has real substance.

Size One

- 1 pound lamb kidneys
- 2 tablespoons butter or margarine
- [illegible] cans (about 1 lb. *each*) chile with beans
- 2 pounds lean ground beef
- Salt and pepper
- 18 celery sticks, about 4 inches long
- 2 green onions, thinly sliced
- Tomato-based chile sauce or green chile salsa

Trim fat and membrane from kidneys and discard; cut kidneys in ¼-inch slices. Melt butter in a frying pan over medium heat; add kidneys and sauté until kidney loses its pinkness, about 7 minutes. Stir in chile with beans (including liquid), reduce heat to low, cover and heat through, stirring several times.

Meanwhile shape beef into 6 patties. Broil, about 4 inches from heat, for 5 minutes; turn and broil other side 3 to 5 minutes for rare or until done to your liking. Season with salt and pepper. Serve patties topped with a generous serving of the chile mixture. Ga each serving with celery sticks and onions. Serve with chile sauce or Serves 6.

Sea

The following, from A. D. Slane quires several months' preparation prisingly enough, you get not only but shade and flowers as you work This is because the main ingredie scarlet runner beans and you will to plant them. The lush vines an

Chefs of the Wes

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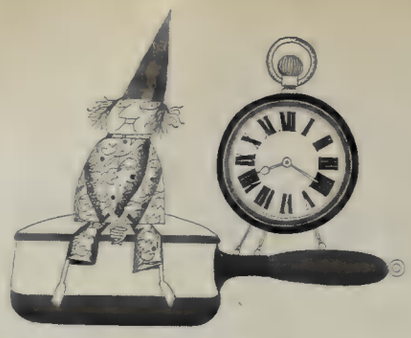


"Let beans soak in water overnight"

flowers are worth it. The beans are a common item on the seed racks, but beware. The plants are big—give them room. You can plant them as soon as the soil warms up.

If you use fully mature beans for Mr. Slaney's soup, you will have to soak them as the recipe directs, but the young and tender bean works, too, and requires no soaking.

Scarlet Runner Soup

- 1 pound shelled scarlet runner beans (about 2 cups)
- 6 cups water
- 2 strips bacon, diced
- 1 large onion, diced
- 2 stalks celery, diced
- 1 cup chopped parsley
- 3 shallots, chopped
- ½ teaspoon fines herbes
- 3 bay leaves
- ¼ cup olive oil
- 1 can (about 14 oz.) regular-strength chicken broth
- ½ cup dry red wine
- 1 tablespoon butter
- 1 tablespoon lemon juice
- Salt and pepper to taste
- Lemon slices or wedges

In a 5-quart Dutch oven with cover, combine the mature beans and water. Soak overnight.

In a frying pan, cook the bacon over medium heat until some fat is rendered; then add the onion, celery, parsley, shallots, and fines herbes and sauté until vegetables are limp. Add to the beans together with the bay, oil, broth, and wine. Bring to a boil, reduce heat, and simmer, covered, for 3 to 4 hours. (Young beans will require less cooking time, so stir and test for tenderness about every ½ hour—they should mash readily when done.)

Run mixture through a blender (a portion at a time) or food mill and add butter, lemon juice, and salt and pepper to taste. Garnish each serving with a lemon slice or wedge.

A Donald Slaney

Sacramento

Chef Don Keebler of Richmond, California, stopped off at a restaurant on the Columbia River one day. It was just east of The Dalles.

He looked over the menu, and among other things ordered cole slaw. delicious. He asked the waiter wh in it. The waiter spoke to the owne owner spoke to the cook. The co clined to give the recipe.

Now, after many tries and sever loads of cabbage, *Chef* Keebler h it. Here it is.

Cole Slaw Columbia

- 6 tablespoons mayonnaise
- 2 tablespoons prepared mustard
- 2 tablespoons sugar
- 2 tablespoons honey
- 2 tablespoons cider vinegar
- 4 tablespoons whipping cream
- 4 tablespoons caraway seed
- ½ teaspoon prepared horseradish
- 1 small head (about 1 lb.) cabbage

Blend the mayonnaise, mustard, honey, vinegar, cream, caraway horseradish and hold in the refrig an hour or more to blend flavors before serving, core and finely cabbage to make 6 cups. Pour on ing and mix to coat cabbage e Makes 6 to 8 servings.

Don Keebler

Richmond, Cal.

Robert H. Middough was disco hiding Swiss steak behind a recipe He pleads the following argument

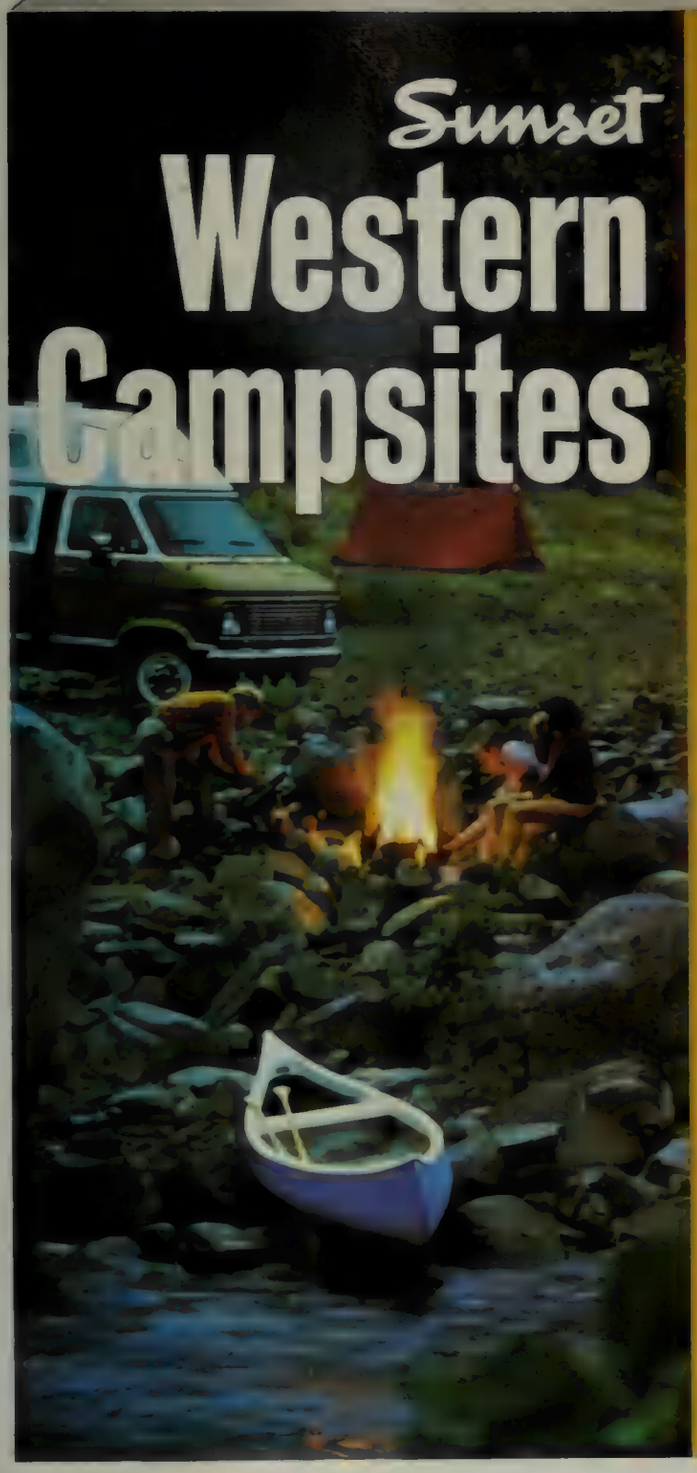
"Swiss steak has a fancy title"

A fancy title inveigles people into ing. What they taste is good. And way, *this* Swiss steak resembles st noff, thus: Steak Igor.

Steak Igor

- 3 pounds top or bottom round steak, cut ¾ inch thick
- ¼ cup whole wheat flour
- ½ teaspoon salt
- 2 tablespoons salad oil
- 2 tablespoons prepared horseradish
- 2 teaspoons honey
- 1 can (10½ oz.) condensed cream of mushroom soup
- 1 small can (5½ oz.) evaporated milk
- 1 can (4 oz.) mushroom stems and piec

Trim fat from steak and cut into ing-sized pieces. Coat the steak w mixture of flour and salt, saving the soned flour. Brown meat well on



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eservation information: acceptance of pets, or not, complete report on facilities, hookups, showers, es, time limits, sanitary dumps, ice, wood, etc., nearby attractions: trailheads, ghost towns, wilderess areas, hunting, nature trails, etc., nearby waters: lakes, streams, distance to boat ramps, rentals: orses, boats, trailers. Look for it at your book stores, camping and trailer supply dealers. Only $2.95.

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sides in oil in a wide frying pa medium high heat. Remove fro and arrange in a shallow 3-qua serole. Spread steak with horse and honey. Add any remaining fl frying pan and blend in soup, mil mushrooms including liquid; coo ring, until bubbly. Pour sauce over cover and bake in a 350° oven 1½ hours or until tender. Makes 6 servings.

Ojai, C

"Why not a one-bowl chocolate says Marshall Hunkapiller. This easy and good, and it keeps well.

"A shiny white frosting is attract

Use whatever frosting you pref shiny white boiled frosting is attr a vanilla or chocolate butter cre rich, and plain whipped cream sugar and vanilla is very good inde

Moist Chocolate Cake

- 4 tablespoons cocoa
- 1 cup water
- 2 cups regular all-purpose flour (unsifted)
- 2 cups sugar
- 1 teaspoon baking soda
- 1 cup butter (½ lb.), melted
- ½ cup buttermilk
- 2 eggs
- 1 teaspoon vanilla

In the large bowl of an electric blend cocoa and water. Sift flour, and soda into cocoa and blend. S melted butter, buttermilk, eggs, ar nilla; beat 2 minutes. Pour into tered and floured 8-inch cake pan bake in a 350° oven about 40 mi or until edges of cake begin to s away from pan sides. Let cool in pa minutes, then invert on wire rac cool completely. Makes two layers.

Marshall Hunkapil

Los Altos, Ca

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Saucy full-meal stews. Here are two

Dinner preparation is simplified when you can cook a full-meal dish in one big pan. For the following stews, you need a Dutch oven or a heavy frying pan with a tight-fitting lid for browning cubes of lamb or veal and simmering the meat in a sauce of broth and wine.

The first stew relies on potatoes to thicken the sauce very slightly. Serve it in wide bowls or rimmed plates. You might accompany it with a crisp green salad and crusty French rolls.

The second recipe combines veal or lamb with artichoke hearts; Swiss cheese and smoked beef help provide the seasoning. There's sufficient sauce to warrant serving this stew in bowls or deep plates. Or consider spooning it over hot buttered noodles. A first-course salad of marinated vegetables would be a fine beginning to this meal.

To make ahead, cook the lamb vegetable stew as directed, refrigerate, then reheat slowly to serve. Cook the veal stew meat until tender, then refrigerate; reheat the stew, then add the artichoke hearts, smoked beef, and cheese in sequence as directed in the recipe.

Lamb Vegetable Stew

- 2 pounds lean boneless lamb stew me cut in 1-inch cubes
- 3 tablespoons olive oil or salad oil
- 1 clove garlic, minced or mashed
- 1 can (14 oz.) regular-strength chicken broth
- ¾ cup dry white wine (or additional chicken broth)
- ½ teaspoon *each* rubbed sage and grat lemon peel
- ½ teaspoon *each* marjoram and savory leaves, crushed
- 4 medium-sized carrots
- ½ pound boiling onions
- Boiling water
- ¾ pound new potatoes, cut in ½-inch-th slices (about 3 cups)
- 2 tablespoons minced parsley

Trim excess fat and membrane o lamb. In a 12-inch frying pan or a D oven, heat oil; add lamb and sauté medium high heat until well browne all sides. Add garlic and cook, stir until lightly browned. Stir in the chi broth, wine, sage, lemon peel, marjo and savory. Cover and simmer g for 1 hour.

Meanwhile cut carrots diagonally i inch lengths. Plunge onions into bo water for about 1 minute; drain and When lamb has simmered 1 hour, carrots, onions, and potato slices t pan, cover, and simmer until vegeta are tender when pierced, about 35 utes more. With a slotted spoon, lift etables and meat from pan and p in a shallow serving dish or indivi bowls or deep plates. Turn heat to and boil to reduce sauce to about cups. Pour sauce over stew. Sprinkle minced parsley. Makes 4 to 6 servi —*M.H., San Francisco.*

Veal Stew with Artichokes

- 2 pounds lean boneless veal (or lamb) stew meat, cut in 1-inch cubes
- About ¼ cup flour
- 4 tablespoons olive oil or salad oil
- 1 large onion, chopped
- 1 can (14 oz.) regular-strength chicken broth
- ½ cup dry white wine (optional)
- 1 teaspoon basil leaves, crushed
- 1 package (8 or 9 oz.) frozen artichoke hearts, thawed
- 1 package (3 oz.) thin-sliced smoked be
- ⅓ cup shredded Swiss cheese
- About 3 cups hot, cooked, buttered noodles (optional)

Trim any excess fat or membrane f meat. Coat with flour and dust off cess. In a 12-inch frying pan or a D oven, heat oil; add veal and sauté medium high heat until well brow Add onion and sauté until limp. chicken broth, wine (if used), and b to pan, cover, and simmer until vea tender, about 1½ hours.

Add artichoke hearts to pan and co covered, 5 more minutes. With a sh knife, cut beef in thin slivers. Stir and shredded Swiss cheese into veal ture. If desired, spoon stew over a of hot, buttered noodles to serve. Ma 4 to 6 servings.—*H. P., San Francisco*

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Finding *this grassy picnic site was easy. Roadside was unfenced. Only traffic in hour was this farm cart*

The picnicking can be good behind the Curtain . . . and picnic shopping can be half the fun

Shopper *pays her bills at checkout in self-service government food store*

Picnicking is not as popular in eastern as it is in western Europe but it is certainly feasible.

American tourists are moving about in Czechoslovakia, Poland, Romania, and Hungary in greater and greater numbers. Many are renting cars in western Europe and then pushing eastward for a few days of adventure and curiosity-satisfying in the Communist world. What most travelers discover is that travel in the Communist countries today can be quite casual.

Roadside picnicking is an acceptable

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ts. assorted greens
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omato slices
C. chopped dill pickle
½ C. sliced green onion
6 slices crisply cooked bacon, crumbled
Kraft French Dressing

st choose ripe avocados, ones that yield gently to essure (green or black-skinned, the fruit is the same). be sure to choose Kraft French Dressing. Mild sa- y taste, subtly spiced and creamy smooth.
Tear greens in bite-size pieces on to large lettuce- ed platter. Arrange avocado and tomato slices in pin- heel on greens. Top with pickles, onions and bacon. rve with dressing. 6 to 8 servings.

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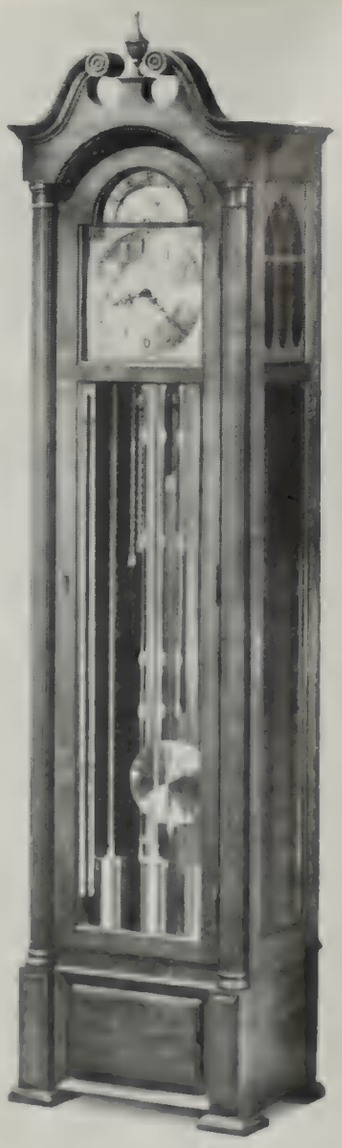

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American *in Romanian market holds up six fingers to order apples. Fruits were very small, not too firm, but good tasting, resembled winesaps*

way to have lunch, and it offers some new experiences. For one thing, you cannot shop for your picnic at one stop; you must mount a shopping expedition. And on such an expedition you meet and deal with many people.

The picnic pictured here took place near Cluj, a city of about 200,000 in Transylvania, a province of Romania 300 miles northwest of Bucharest.

The principal language spoken in Transylvania is Romanian, but a few people in Cluj also speak Hungarian. Our picnic shoppers knew not a word of either. They were directed from their hotel to the early-morning market. Here were dozens of stalls selling fruit, vegetables, cheeses, eggs, sausages, and flowers. Nearby was a bakery, and close to that a small self-service grocery.

The city market was big, crowded, noisy, and cheerful. Only in the open markets in Romania can people do business on their own, selling food they have grown or processed themselves. All shops, even very small ones, are government owned and operated.

American tourists last year were still a

Fresh dill, *radishes, green onions were last purchases in market*

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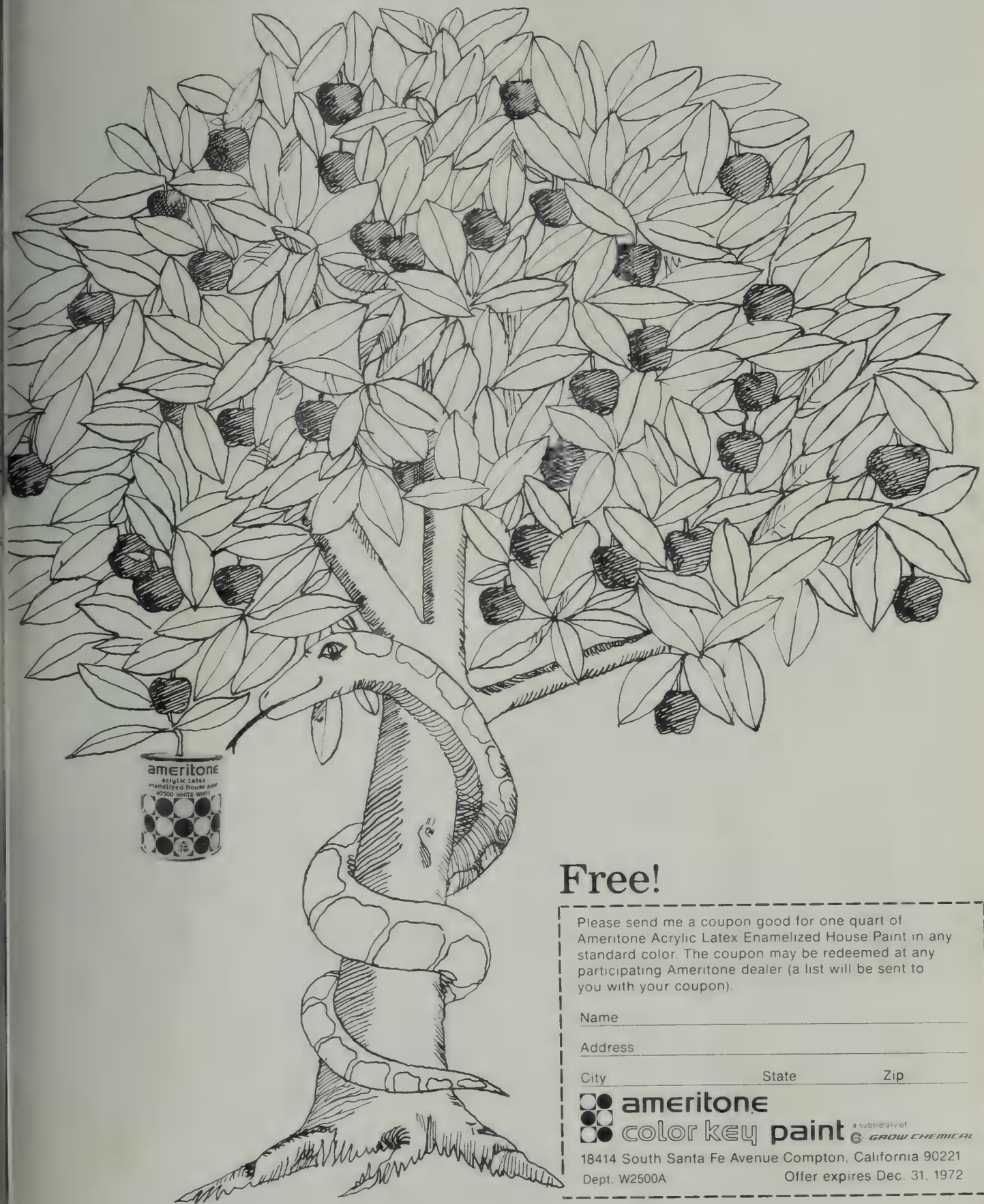

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l seller *was willing*
' *partial loaves*

nusual in Transylvania, especially e morning market in Cluj. Our ers were watched with great inter- nd treated with courtesy.

e market they bought apples, fresh green onions, radishes, and two es, one resembling jack, one feta. se vendors would slice off and offer les of any of their cheeses. Sign age was quite adequate; money was d and change made carefully with amusement.

our shoppers went to the bakery artial loaves of two kinds of bread, coarse and delicious. In the self- e grocery they bought tinned , a pâté and sardines, Romanian wine and mineral water. This pic- or four cost less than $3 and there leftovers.

of the foods were good. The best bly was the feta-style cheese and coarse breads. Everything was ed down with spritz, the half-and- nixture of mineral water and white that is a great Romanian favorite.)

ing along minimal picnic supplies . The supplies carried from home by these picnickers were nested plates, nested plastic cups, a 36- square cloth, a corkscrew, a can er, a small cutting board and a knife, all packed in the bottom of rline shoulder bag.

ng good picnic sites in Transyl- isn't the problem it often is in rn Europe. Much of Romania's land is left unfenced, as is all of the veloped land. □

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[illegible]	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
[illegible]	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
28	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
29	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
30	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
31	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
32	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
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34	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

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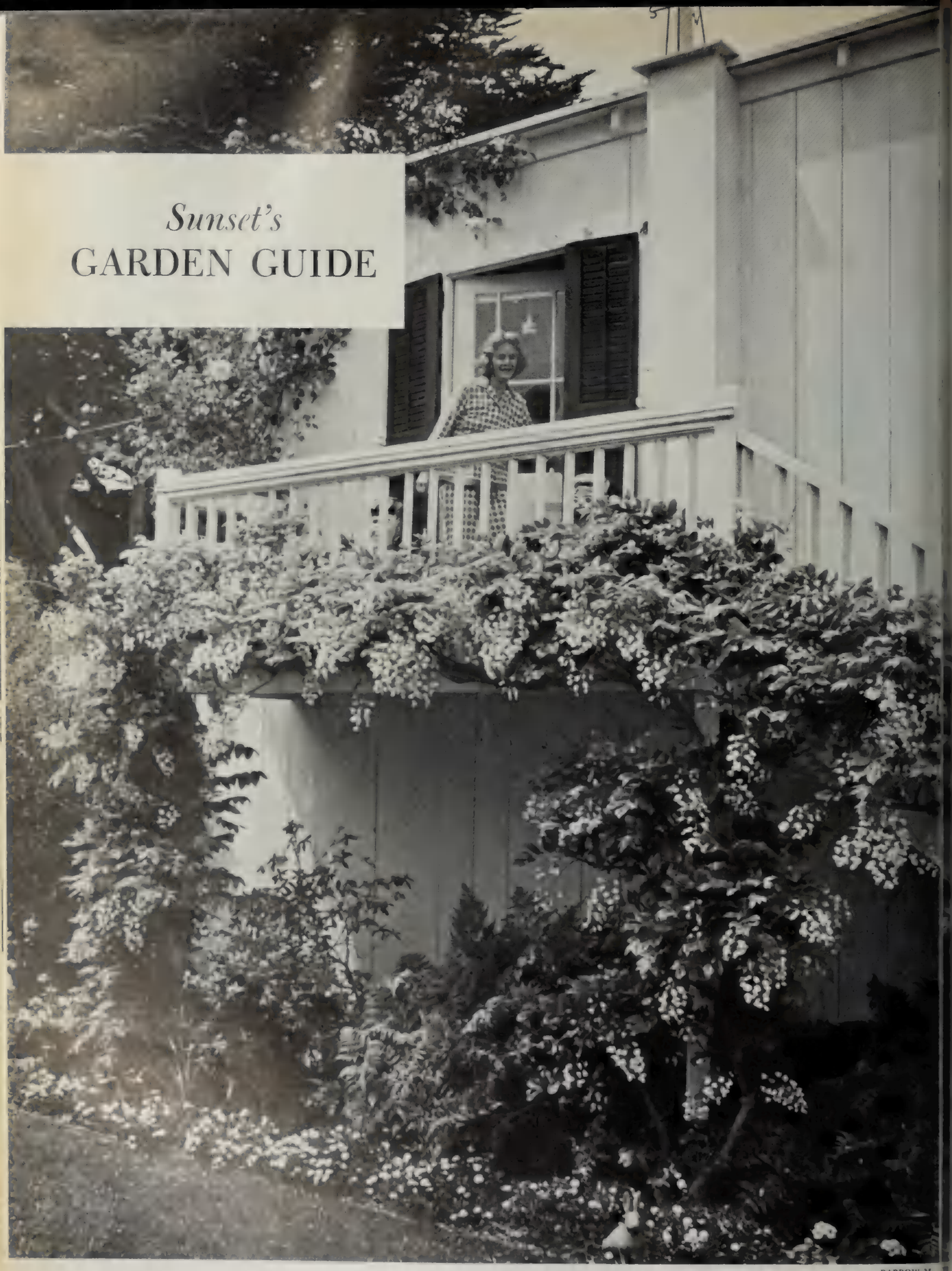

Sunset's GARDEN GUIDE

DARROW M.

It's spring in Monterey

In April white flowers of silky wisteria drape the balcony of this cottage in Monterey. Border below contains evergreen candytuft, ferns, and an azalea. Owner is Francis Palms

'RIL IN YOUR GARDEN:

The busy month. And maybe the most satisfying

n the weather cooperates, April can e busiest and most satisfying garden th of the year along the coast and in 'ornia's interior valleys. Getting veg- es and annuals started is your major uit. Grubbing out weeds is impor- too. And don't neglect the lawn; it s regular mowing as well as watering.

ple living in colder climates may be to get much done if warm weather arrived. Get to work on the soil as as possible. Start seeds indoors in for planting outside when the dan- of frost is past.

n the work gets tiresome, as it prob- will, take inspiration from the ls of this 13-year-old participant in *Sunset* 1971 Garden Contest: "Plant- weeding, and watering a garden is work and sometimes a bother. Es- ally when you want to go somewhere you have to go and weed your gar- YUCCH! But it's all worth it when finally harvest. It makes you feel you've really done something."

ling pools turned into gardens

h vegetables may seem to be an im- ible luxury to people who have little e available for gardening. But look : Arlene Knott of San Leandro, Cal- nia, did. She lives in a home with a l backyard that is mostly filled by decks. Her innovation was to use 6-foot-wide diameter children's wad- pools as containers for growing veg- les.

wading pools, made of rigid plastic self-supporting, are not expensive, lly about $5. They come in a variety zes—most are 12 to 15 inches deep d you can get them at all sorts of s.

grow plants in a pool, you must first drainage holes in the bottom. A l soil mixture for it consists of equal s of sand, peat moss, redwood com- and decent soil. It takes about 9 c feet of mix to fill a 6-foot pool. t much mix is heavy so put the pool re you want it before you add the mix.

can try planting vegetables such as carrots, lettuce, onions, bush peas, radishes, and spinach. Herbs also work. For continuous production, keep reseeding as you harvest.

Oleanders in danger

As if to prove that no plant is totally safe from all other organisms, here and there in California our tough oleanders have been getting sick. Caused by the bacterium *Pseudomonas syringiae*, the disease has been around on other plants for a long time; it causes citrus blast, lilac blight, and bacterial canker on stone fruits. Recently, it's been causing trouble on oleanders.

The disease attacks oleanders in the spring and mainly affects new growth. It reduces the number of flowers and also turns the leaves brown around the veins and midribs. It seems to become active when the weather is cool and particularly during rainy spells. Damage will be the most severe if the spring is very cool and rainy. When the weather turns warm and dry the disease becomes inactive.

No cure or preventive is available now. If you have oleanders that show signs of this disease, the only thing to do is to wait for warm weather. When it arrives, try to stimulate growth to help recovery by applying complete fertilizer.

About Susan's black eyes

Gloriosa daisies are big, bright, colorful, easy-to-grow summer flowers. Often called black-eyed Susans, they thrive on hot weather. Although usually grown as annuals, they are actually short-lived perennials hardy enough to survive winter temperatures down to 0°. Scientifically named *Rudbeckia hirta*, the garden varieties are descendants of wildflowers from the eastern states.

Normally the plants grow from 3 to 4 feet high and bear flowers that are 5 to 7 inches wide. The blooms are good both for cutting and for border display.

These plants do well in any well drained soil. (The ones seen in the picture grew in a 10-foot-wide circular raised bed.) Buy seeds from mail-order firms or bedding plants from nurseries, and plant them in prepared beds as soon as possible. Seeds need an early start if you want flowers the first summer.

Gloriosa daisies are available in several varieties, although the color of all varieties is predominantly yellow. Ordinary kinds have dark brown centers. The variety 'Irish Eyes' has an unusual green center. 'Pinwheel' has a dark center but outer rays are yellow streaked with mahagony. A double flowered variety, 'Gloriosa Double Daisy,' has a double set of outer golden rays that normally cover up the dark center.

Take a machete to those dead flowers

Gardeners who do much composting know that chopping up plant material not only reduces its volume, but also hastens its decomposition. However, not

Gloriosa daisies *have 5-inch-wide flowers with yellow outer rays and dark brown centers*

Sunset's GARDEN GUIDE

DARROW M.

Machete *is inexpensive, handy tool for chopping up tough-stemmed annuals like these marguerites. Small pieces (right) have been chopped into good size for composting*

everyone who wants to make a compost pile has enough plant material to make the purchase of a power shredder worthwhile. For them a machete makes a useful, inexpensive tool for chopping up small quantities of dead plants and clippings and other woody debris.

All you need is a machete (available at war surplus stores for $4) and something to use as a chopping block. In the picture at right, an 8 by 8 serves as the block. You can make a sturdy block by fastening a piece of scrap lumber to a firm base such as a sawhorse. Take a handful of faded flowers or trimmings and hold the bundle on the block while you chop it with the machete. In a few minutes you'll have a pile of shredded plants that are ready to compost. A machete is sharp, so pay attention to what you're doing.

Weeds: Get them before they multiply

If you dislike the endless task of pulling weeds, you may get a little comfort from the results of a recently completed study by the California Department of Agriculture.

The experiment started 40 years ago when seed specialists buried fresh seeds of a dozen kinds of noxious weeds in test plots. The seeds were mixed with soil and put in clay pots that were turned upside down over clay saucers and then buried. Periodically the clay pots were dug up and the seeds were tested for viability. Seeds of wild morning glory and alkali mallow sprouted after being buried for 37 years! Other weed seeds survived for between 6 and 21 years.

One important conclusion is that burying will not destroy most weed seeds for a long time. This reinforces a practice that most good gardeners already follow: Remove weeds before they produce seeds. Weed seeds that you turn over into the ground may come back to haunt you much later on.

So when you're on your hands and knees pulling out weeds, try to be satisfied with the far-reaching significance of your work. By pulling an immature weed now, you could prevent its progeny from appearing anytime from next spring to perhaps the year 2009.

Capitol tree tour

The grounds of the State capitol in Sacramento contain a large collection of trees and shrubs, both native and introduced to the West. Visitors to the capitol will appreciate a leaflet that takes you on a tour of them.

The tree tour comprises three sepa guided walks through different part the 40-acre grounds. The trees are i tified by numbers on the tree keye numbers on the map. The leaflet gives some historical information a the capitol itself.

Among the common trees and sh are incense cedar, crape myrtle, va oak, fan palm, and giant sequoia. and unusual ones include Algerian Chilean wine palm, Japanese torr Montezuma cypress, tung oil tree,

ak, and umbrella pine.

can get a single copy of the pam- (called "Capitol Park Tree Tour") y by asking for it at the State Po-)ffice in the capitol, which is open days a week. If you want a large ıer of copies, you can buy them for ·nts each by writing to the Docu- Section, Department of General ;es, 8141 Elder Creek Rd., Sacra- ɔ 95820.

growing annuals as cover plants

ing low, fast-blooming annuals can two purposes: to cover bare ·d and to provide color until larger, r-growing annuals bloom.

low-growing annuals include sweet ım, portulaca, violas, and compact ies of verbena. After the low an- are well established, you can inter- : seedlings of larger plants among : some of these are asters, dahlias, ;olds, petunias, snapdragons, and ıs.

get a bonus in mild winter areas if :hoose sweet alyssum as a low an- It self-seeds readily, so a new gen- ›n of plants will start growing as the older ones die. When the larger annuals fade in the autumn, the sweet alyssum will continue to provide color. In addition to the white-flowered kind shown at right, varieties with lavender or purple flowers are available.

Some changes in a January list

The bulb, plant, and seed business changes continually as do other fields of selling. New firms come into being, old ones close up shop, move, or switch to other kinds of merchandise.

An article in the January 1972 *Sunset* about catalogs offered by certain nurseries and seed houses is no longer up to date. The following changes need to be made under the heading, *Specialty catalogs:*

Siskiyou Rare Plant Nursery charges 50 cents for its catalog.

Fruit Valley Nursery, Vancouver, Washington, does not mail catalogs and does not ship plants.

Rhodoland Nursery and Garden temporarily ran out of catalogs so some *Sunset* readers had to wait.

Irving B. Lincoln and the R. N. Whalley Nursery are no longer in business.

GLENN CHRISTIANSEN

Young zinnia *pokes up through carpet of white-flowered sweet alyssum. Alyssum covers soil while zinnia gets established*

APRIL CHECK LIST: *Here is what needs doing*

☐ **Annuals.** This is a good month to plant summer annuals from either seed or flats. Put a light mulch on the ground around plants set out from flats; it will save water and keep down weeds. Wait for hot weather late this month or next before planting celosia, dwarf dahlias, zinnias.

☐ **Azaleas, camellias, rhododendrons.** After plants are through blooming, feed them with an acid fertilizer. A 2-inch mulch of organic material will keep the soil around the roots cool and moist.

☐ **Bulbs.** Cut faded flowers off spring bulbs to keep them from wasting energy on setting seed. Don't dig up the bulbs until all the foliage has turned brown. Plant summer-flowering bulbs such as agapanthus, canna, dahlias, and gladiolus now.

☐ **Citrus.** If you didn't feed trees this winter, give them high-nitrogen fertilizer now. You should start to water, too. Remember that roots may extend twice as far out as the branches, so try to cover that much area with both fertilizer and water. You can also plant citrus now. Put them in a sunny place that has fast-draining soil and protection from strong spring winds.

☐ **Fruit trees.** Control codling moth by spraying apples and pears one or two weeks after petals fall off the trees. That way you'll kill young larvae before they enter the young fruit. Remove excess green fruit from stone fruit trees.

☐ **Lawns.** April is a good month for planting dichondra. Established lawns grow fast as the weather gets warm, so begin to water and feed them regularly.

☐ **Perennials.** You'll find perennials now in flats, gallon cans, and small pots. Plant alyssum, candytuft, columbine, delphinium, gerberas, penstemon. Feed established plants.

☐ **Pest control.** Slugs, snails, aphids, and whiteflies are likely to give trouble this month. Put out bait for slugs and snails. Try washing aphids and whiteflies off plants with a hose. Spray them only if they come back.

☐ **Propagating.** This is a good time to make softwood cuttings of plants such as azaleas, carnations, chrysanthemums, fuchsias, geraniums, pelargoniums, sedum.

☐ **Pruning.** Cut back deciduous flowering trees and shrubs after they have stopped blooming. By now it should be safe to prune off frost-damaged portions of plants. Carefully snip off short sections of dead wood. Stop when you reach green, healthy wood. Don't pull out plants that seem to be frost-killed yet. Prune back to a few short stubs and wait to see if any dormant buds sprout.

☐ **Roses.** Build watering basins around plants. Water deeply but keep foliage dry. Feed and apply a mulch, but be careful not to cover the bud union. Sturdy new growth is more likely to sprout from a bud union exposed to sunlight.

☐ **Vegetables.** Get started on a summer vegetable garden now. Plant warm-season crops: beans, beets, carrots, chard, cucumbers, eggplant, peppers, squash, and tomatoes. Stagger the plantings of any single kind so the harvest won't come all at once.

☐ **Watering.** Start a regular watering schedule now unless there are still showers. Rebuild irrigation basins. Heavy soaking makes roots grow deep. □

This was *a downslope backyard. Owners built terraced boxes to grow flowers and vegetables*

DON NORMARK

DARROW M. WATT

Purple-pod *pole beans grow 6 inches long, are really purple, turn green when cooked*

Some vegetable gardeners we've met like to use their wits

you see and read what some of the egetable gardeners we met in 1971 up to. Some of these resourceful grew new and unusual crops. s used unorthodox methods to common problems. Their variety periences may help you with your vegetable garden.

with a regal color

picture at left shows a variety of that's not grown extensively in the purple-pod pole bean. It's a good ed stringless variety with thick and small seeds. Like the more ion purple-pod bush bean, the pole y is purple on the vine but turns with cooking.

beans bear more heavily and longer bush beans, but are slower to start ng. They need long warm summers. reas with short or cool summers, beans probably have an advan- Get seeds of the pole kind from Field's Seed & Nursery Company, ndoah, Iowa 51601. A packet of costs 38 cents, ½ pound costs 85 a pound is $1.35.

ced vegetables

planter boxes in the big photograph solve two problems at once. After dslide washed out half the slope in backyard the William Derricks of Cruz, California, built retaining to make four terraces. Then they vided the four terraces into 20 ers. They planted celery, corn, let- squash, and tomatoes. So while stabilized their slope, the Derricks got fresh vegetables.

s that help each other

picture at right on this page shows ample of companion planting, an- idea that gardeners seem to be more often. Here, David L. Dion kland planted a mix of vegetables herbs: squash, tomatoes, parsley, feverfew. According to Mr. Dion thers, using marigolds and feverfew to vegetables helps keep insects . (For more information on fever- see the article on page 248; for about the concept of companion ing, see page 278.)

ng out soil improvers

do the more clever gardeners get zers and soil improvers for their ns? They look for local sources. Derricks used mushroom compost n they get from nearby Santa Cruz room farms. Since their soil had been used for gardening, they d equal parts of mushroom com- and soil to put in the terrace plant- oxes.

and Jean Hoeft of Sacramento d that turkey and chicken droppings d with wood shavings from nearby s were a good addition to their adobe soil. L. Keith Chase of Provo, Utah, plowed under barnyard manure from stockyards, along with dead plants and unused vegetables from the previous year.

Storing vegetables

Keeping all his produce isn't a problem for Mr. Chase. For the winter he puts carrots and potatoes in burlap sacks in a 3 by 4 foot roofed pit dug 4 feet in the ground.

Some mulching surprises

Many of the best vegetable gardeners mulched their gardens with several different materials. Mr. Chase used black plastic sheets as a mulch under melons, pumpkins, squash, and tomatoes. It kept vegetables from rotting by keeping them off the wet ground near the irrigation ditches.

Albert Craig of Morgan Hill, California, used black plastic to line the irrigation furrows in his tomato patch. The irrigation water runs down the plastic-lined channels to holes in the plastic at the base of each tomato plant. That way most of the water goes directly to the roots, a considerable saving of water.

Sue Lasswell of Edmonds, Washington, covered the freshly plowed ground of a 30-by-40-foot former pasture with black plastic last March. It helped the ground to warm up faster and the warmth helped the plowed-under pasture grass to start decaying. To conserve heat for her vegetables during the unusually cool summer, she left the mulch in place during the growing season.

Plastic sheets weren't the only material used for mulching. Kathy Bangs of Sacramento used newspapers. Between the rows of plants in her garden she used six to eight layers of papers covered with a thin layer of soil to hold them in place. After about two months, she found that the papers had rotted away and she had to replace them. This time she put grass clippings on top of the papers and said the results were better.

Outsmarting deer

As usual, outsmarting deer brought forth some of the most startling (and unbelievable) remarks.

One man said that after deer discovered his melons, he covered the remaining ones with dried cornstalks to keep them away. Similarly, three neighbors said that deer did not bother beans that were climbing up live cornstalks although the deer ate bean plants growing by themselves in another part of the same garden. For people without deer-proof fences, maybe a living barrier of cornstalks will help keep deer away from vegetables. □

A pretty trio *of mutual friends: top, squash (cherry tomatoes peeking through at left); center, feverfew to keep insects away; bottom, parsley*

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about these colorful new favorites, the Imperial Family of Azaleas?

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DAVID W. CAV

White, *yellow-centered daisies of fever are ¾ inch across. Leaves are light gree*

Feverfew . . . it's like a small dais

Nearly any sunny garden can af space for some plants of feverfe pleasant small relative of the chry themum.

This tiny-flowered perennial herl often used as a low border plant. H and easy to grow, it thrives in full or partial shade and tolerates almost well drained soil. A biweekly wate during the dry season keeps the green, cut-edge foliage fresh.

The blossoms resemble delicate daisies. Once established, a plant bloom freely (mostly during sum months) year after year, with only s attention from you. Cut the plant after blooming to keep them neat get some repeat bloom.

The old-fashioned single variety of fe few is pictured on this page. Becaus special bitter-spicy fragrance was lieved to purify the atmosphere ward off disease, it was once pla outside dwellings and bunches were in the streets of London to be used medicinal herb.

Modern-day users of the herb cons it chiefly as an insect repellent. A ture made from feverfew is said to w off insects and a wash of it applied cally can sometimes relieve the pain swelling caused by insect bites.

Toward the end of April is a good t to plant. You can buy seeds of com feverfew (*Chrysanthemum partheni* and the varieties 'Golden Ball' (all yel flowers) and 'Ball Double White.'

A variety with chartreuse foliage ca 'Aureum' or 'Golden Feather' is available; sometimes you can buy i the spring at nurseries that specializ perennials, perhaps under the na *Matricaria.*

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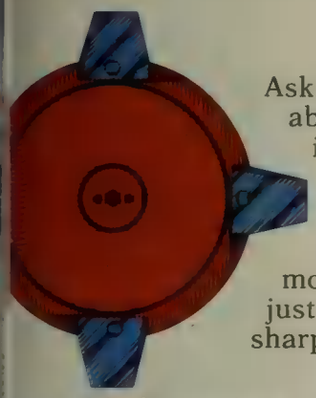

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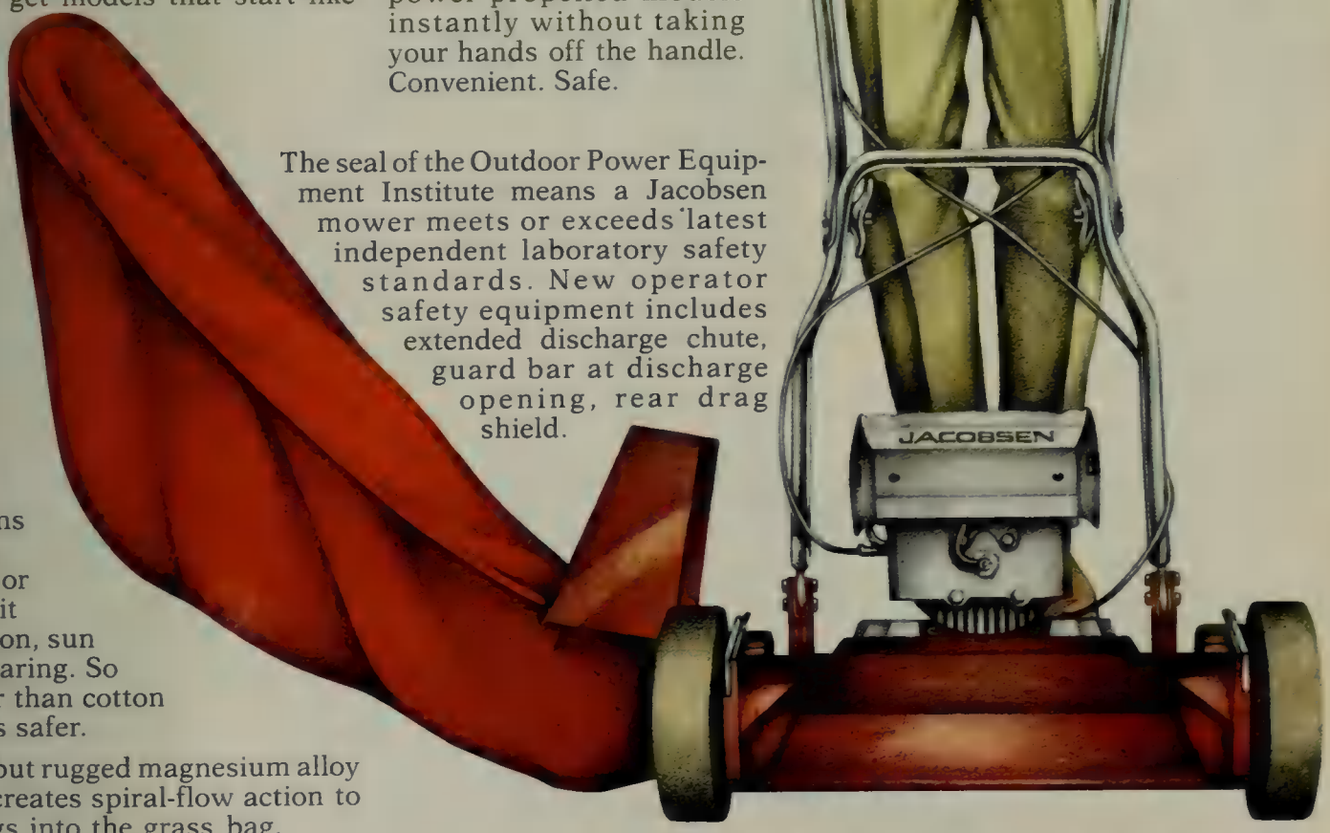

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For where to buy, call toll free 800 631-1972.

For a potpour of summer col

The three annuals listed below special appeal for gardeners wh a potpourri of color in borders to pick their own flowers for bouquets. In mild areas, you ca them from seed broadcast in th ground this month; wait until aft in colder climates.

Gypsophila (*G. elegans*) is the ai with single, white, ½-inch-wide commonly sold in florist shops as with other cut flowers. It comes a fast—bloom lasts about six wee cept in the low desert, where it's now, make two or three successi ings between now and June.

Bells of Ireland (*Molucella lae* 2-foot stems encircled with ligh bells, each a shell-like calyx with white flower in the center. After placed in water, the cut stems gracefully, and remain fresh an for several weeks. The flowers tremely attractive when dried; the leaves, which do not impro age. In warm areas, seed will ge better if you keep it in the refrige week before sowing.

Love-in-a-mist (*Nigella damascen* old-time favorite with blue, r white flowers. You usually find th flowered one on seed racks; blu gella's best color—and the best va the semidouble cornflower blue Jekyll.' The 1½-inch-wide blossc surrounded with a filmy collar green, finely divided leaves (common name used in some cour virgin-in-the-green).

After the weather gets hot, nigella papery, inflated, horned capsul are interesting in dried arrange Plants self-sow but not to such a that they become a pest.

Sow seeds of these annuals in w pared soil moistened thoroughly days before planting. Rake smoo fore sowing. For more even distri mix the seeds with several time own bulk of fine sand. After s rake in the seed gently (as fo seed); to prevent soil from crustin apply a very light mulch (about ½ inch, depending on the size of th of sand, finely ground bark, or mix. Moisten the seedbed with sprinkler, taking care not to unco dislodge the seeds. Keep the planted area moist until seeds ger and seedlings are well established.

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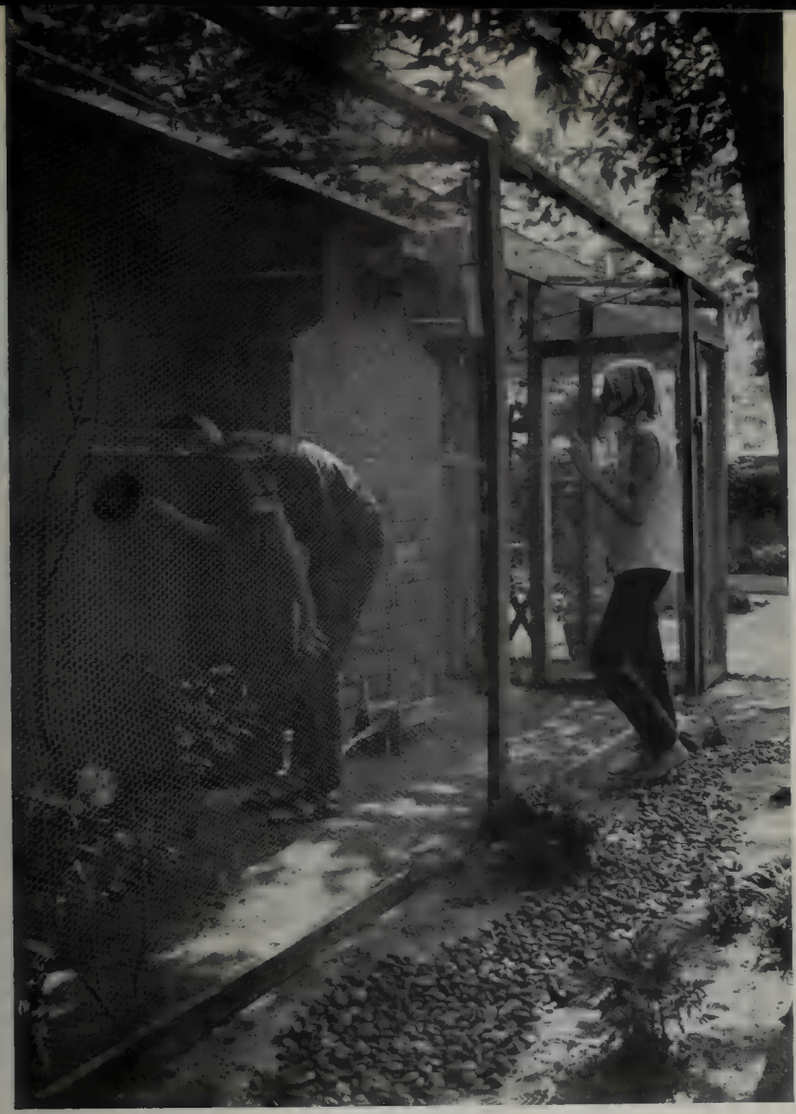

The two *sides of a side yard garden. Aviary against house wall, left. Pond and waterfall against property line wall, below*

WILLIAM APLIN

Their old side yard is now a bird and water garden

nut shell, *cut open end and emptied, s nest for a pair ra finches*

Two brothers and their sister made this side yard garden in one summer. That much cooperation between siblings of 12, 14, and 16 is in itself remarkable. As you see, they made an attractive garden: well built structures, attractive plants, good workmanship.

The young landscapers were Bob, Ann, and Chris Backstrand of Riverside, California. This is how their project developed from spring through the summer:

In the spring Chris, the 16-year-old, built the aviary. It's a big one, 8 feet high, 5 feet deep, and 26 feet long (along the side of the house). Notice in the photograph above that it has a double-door entry chamber—one sign of a first-class aviary In it they planted shrubs that were big and inexpensive.

They released nine kinds of birds in the aviary, including finches, quail, weavers, and whydahs.

About that time they determined to do over the whole side yard (it had been a play yard when they were smaller) in order to have a nice place to sit and watch the birds. They looked through books for ideas, and finally decided on a pond with a waterfall, a stream made from beach pebbles, and a sprinkling system.

Just before school let out, they installed the sprinkling system: two plastic heads connected with plastic pipe and attached to a faucet by a hose connection.

Next came the waterfall. They bought the submersible pump and extension cord, and as soon as summer vacation began they started taking trips to the hills to look for dish-shaped stones.

Over the first weekend of vacation, they dug the pond. Resourceful adapters, they used the scraps of screen from the aviary construction to reinforce the pool concrete. And then came many hours spent arranging the rocks to make what they call the perfect waterfall.

Most of July was spent in the hills again, searching out about 20 steppingstones. And during that time they also put in the ditch filled with stream pebbles to carry water away from the aviary.

In August they planted the garden: a Japanese maple, black pine, azaleas, camellias, four kinds of ferns, and several kinds of low shade plants. By the second summer after planting, the plants spread to the point where the garden was quite green and attractive.

The total expenditure for plants, aviary, and pool was about $125. As Ann said in her report, "Mom and Dad footed the bill and considered it a bargain." □

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Nemesia *in summer bloom*

That flower? It's nemesia

Nemesia brings lots of inquiries w blooms in *Sunset's* garden and pa late spring and early summer.

The tubular, two-lipped, inch-wide soms resemble those of linaria, p mon, and snapdragon (all in the plant family), but nemesia's are open. In clusters on 12 to 18-inch they make a dazzling display in a doscopic color range that include scarlet, orange, apricot, rose, pink blue; some flowers are bicolor mottled.

Plants and seeds are generally sold in mixed colors, but a few mail seed catalogs list separate colo dwarf form, 'Nana Compacta' (times listed as 'Blue Gem'), grow inches high, and is a charmer.

Nurseries along the California coa in coastal valleys have nemesias ava in flats this month. In the northern fornia fog belt, you can buy plants early spring through summer. In winter climates like Southern Ca nia's, plant nemesia in fall for blo winter or spring before the weathe hot. Where winters are cold, sow ne seeds this month for plants ready out in May or early June.

Plant nemesia in sun and in rich, p soil. For a full, abundant effect, the transplants about 8 inches Pinch the stems to encourage b compact growth. Keep the soil moi not soggy; feed lightly with con fertilizer in liquid form every two until flowers start to bloom.

Nemesias combine beautifully—in ders or containers—with blue lo 'Carpet of Snow' sweet alyssum, or sies or violas in separate colors. Pl among fading bulbs, to cover unsi foliage.

The green thumbs.

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Spectracide is available in liquid concentrate, granular or pressurized spray at your local garden supply store. **Spectracide.**

NORMAN

Tomatoes *grow on frame made of gr stakes. Note metal corner braces*

Systems approa to vegetables

A talented Napa Valley gardener d the systems you see pictured h help him grow top-quality cucu melons, string beans, and tomatoe objectives: protect the plants fro phers and simplify routine care.

The raised beds are set on wire barriers that keep gophers from g to the main roots. They also afford drainage for roots and save a stooping at weeding and harvest The beds also effect a saving in costs and working time because productive areas get water; garden and paths remain dry and wee They also support the irrigation s

Detail *of raised bed, corner brace, polyethylene pipe fittings*

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(see details below and on page 25

Beds are of 2 by 12-inch rough redwood boards fastened together corners by nails driven through metal corner braces. The structu easily be taken apart and moved.

The watering system

Each of the raised beds in the g gets water from an ingenious tric rigation system made from polyet plastic water pipe. Courses of ¾ inch pipe are laid a foot apart alo beds and supported a few inches the soil by pieces of lath or scrap lu Courses are hooked up by a ser tees, ells, and stainless steel clamps page 112 of the March 1972 *Suns* information on plastic pipe.)

The trickle mechanisms are made short lengths of scrap cut from th with a hacksaw. The first step is to pinholes a foot apart on the top s the pipe. Use a stout needle or ic and heat it until it will just pierc wall of the pipe. A hole this size send a fine jet of water into the air pressure; much of this water wou blown away in a wind or evaporate hot, dry day.

To direct water downward to the cut two rings ½ inch wide and on 2 or 3 inches wide from a scrap pi plastic pipe (exact measurements a important) for each opening. Cut th one side of each ring so that it c spread open. Place the two smaller on either side of the hole and the the larger over the two smaller on

The two smaller rings give the one just enough clearance from the pipe so that the water jet can start be deflected downward as a trickle ter goes right to the soil and is wasted; and foliage stays dry, lessens chances of mildew and other gus diseases.

NORMAN A. PL

Split *ring slips over smaller spacer rings to change spray to trickle*

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Old lamps for sale.

The lamp in the center is, sense, several hundred years ol was inspired by the stately ca sticks of the early Renaissance. ished in distressed old brass, it is inches tall and costs $102.

At left, Stiffel's interpretation classical Georgian urn. This end design, rich in detail and accent black enamel, is 39½ inches tall costs about $106.

Late Renaissance Italian art created oil lamps in the style o lamp on the right. Using brigh brass finish and electricity, Stiffe updated this classic which stan inches high and costs about $10

Three perfect examples of the Stiffel makes old lamps young a Their prices may be higher i South and West.

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For a brochure showing selec from The Stiffel Collection, send 2 The Stiffel Company, Dept. S, Chi Illinois 60610.

WILLIAM APLIN

vith Sedum spurium, dwarf barberry, and lavender in Ogden garden entry steps

cks and plants . . . good companions

and plants would seem to enjoy other's company. You find them associated in all sorts of strange it-of-the-way places. For instance, grow out of fissures and among crags in high mountains; volun-edlings pop up between bricks and stones and in tiny chinks in ma-walls; and, in a slightly different lated context, plants emerge and amazingly in cracks in concrete lks and other paved surfaces, and o relish a foothold in gravel or nulches.

ve're concerned with the associa-etween rocks and plants in gar-uations.

can provide jewel-like settings for plants and add a glamour and im-ce to ordinary ones. They shelter plants from heat and cold, and oots cool in summer and warm in

group above, landscape architects nd Grassli have used rocks native mountainous Ogden, Utah, area k the corner of steps leading to try. *Sedum spurium* grows in miniature *Berberis thunbergii*

ELLS MARUGG

Lichen-covered *rock and Japanese black pine highlighted by fluffy 'Carpet of Snow' sweet alyssum*

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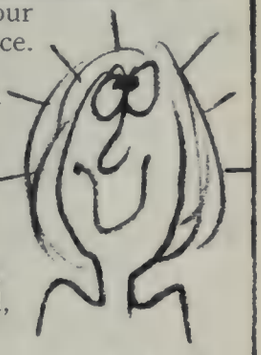

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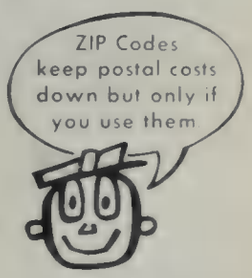

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WILLIAM APLIN

Native rocks, *low perennials, dwarf shrubs in Salt Lake City garden*

Hypericum calycinum *blankets the ground around rock companions*

'Crimson Pygmy' occupies the upper left corner; dwarf English lavender 'Hidcote' is behind the lamp.

On preceding page, bottom, a simple combination of one rock, a picturesque Japanese black pine, and a carpet of dwarf white sweet alyssum delights visitors to the Strybing Arboretum - *Sunset Magazine* Demonstration Home Gardens in San Francisco's Golden Gate Park. This charming detail, part of the small East-meets-West garden, was planned and installed by Frank C. Shinoda, landscape contractor and designer.

In a Salt Lake City garden designed by landscape architect Leon Frehner (see top of this page), rocks and plants are enhanced by magnificent Mount pus in the background. Low-gr plants between the rocks, from l right, are *Cerastium tomentosu* white bloom, *Cotoneaster horizo* *Euonymus fortunei* 'Colorata,' an *honia repens,* native to the inter tain area. Behind the rocky ban native oaks *(Quercus utahensis).*

Hypericum calycinum relates nic rocks. In the Ogden garden whe photograph directly above was tak also makes a dense cover under a of native oaks. This foot-high h cum is a hardy evergreen, bec partly deciduous in very cold wi Yellow flowers blooom all summe

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Inch-wide *daisies of this florist's cineraria are white, edged cherry red*

Cantankerous, b a great perform

Cineraria or florist's cineraria (*Se cruentus*) is one of California's cra annuals. It cannot tolerate hard fro hot, dry weather, drought, or soggy snails and slugs love it; mites and miners sometimes attack it. So would anyone plant it?

Performance is the answer; in s flower beds or in pots plants are green domes topped by sheets of flowers in shades of pink, red, pu and some of the most electrifying imaginable. For contrast there are w and banded colors.

In the mildest fog-belt gardens cine blooms in midwinter and early s from fall plantings—and fall plan may survive in coastal valley garde plants are sheltered from frost by hangs or special protection. In places it's safer to plant now, th when the danger of frost is over. immediately for bloom before weather comes.

Set plants out in rich, porous soil plenty of organic matter in it. They shade, but not dense, dark shade. plants moist at the roots, but not s Feed with very weak liquid fert often enough to keep plants in vig growth. Bait for snails and slugs.

The kinds most often sold in nurs are the large-flowering dwarf kinds names like Hybrida Grandiflora or tiflora Nana; these grow 12 to 15 in tall and as broad. Occasionally y find plants labeled *Cineraria ste* these grow 2½ to 3 feet tall and loose clusters of smaller, starrier da These are considered easier to grow may, in fact, naturalize themselves.

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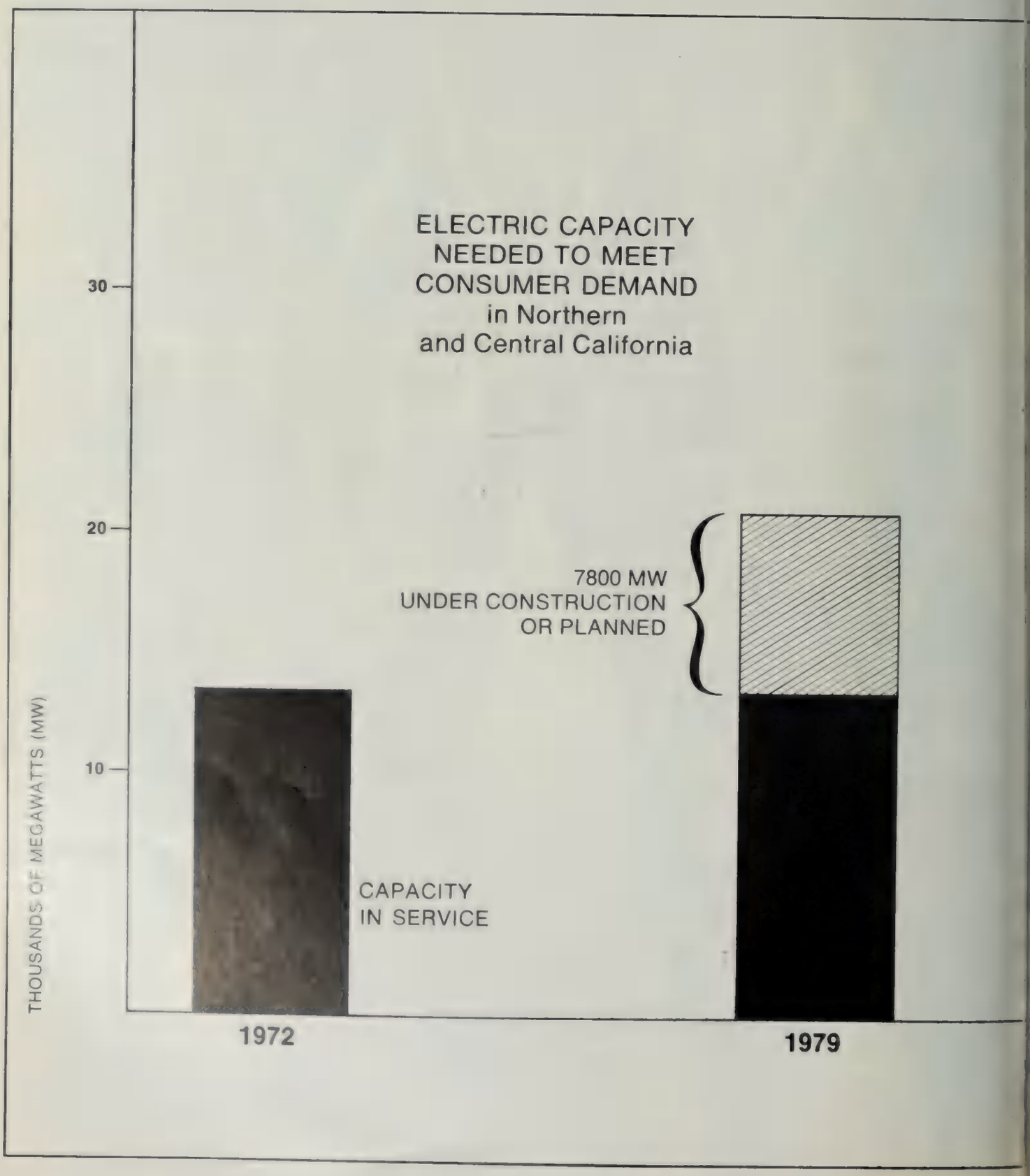

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People *of all ages come— to weed early radishes, to enjoy winter broccoli, or just to see what others are doing*

Wheelbarrows, *courtesy of the city of Palo Alto, carry loads of organic matter to condition heavy soil*

NORMAN A. PI

ELLS MARUGG

This group *designed and built its own greenhouse using plastic over a riveted spring steel frame*

Water pipes *are in. Children help plant herbs and prepare beds (marked by stakes)*

COMMUNITY ACTION:

Having a try at organic gardening on city land, with city help

People interested in organic gardening received a boost when the city of Palo Alto, California, decided to develop about an acre of unused municipal land into an organic community garden last April. Over the past year, the project has been so successful that this spring the city is doubling the original garden to fill the entire lot, and allocating additional lots for still further expansion.

The city leveled and tilled the soil, installed water, demonstrated sowing methods, loaned garden equipment and greenhouse space for seedlings, and supplied bibliographies and educational handouts on organic gardening. The city continues to provide water, fencing, an organic soil conditioner, and some seeds and plants (fava beans to add nitrogen to the soil; herbs that are supposed to repel insects).

The Department of Community Service administers the land and assigns plots to groups of 8 to 12 people on a first come, first served basis. Groups consist of people of all types and ages, including families, friends, clubs, school groups and some whose only relationship is a desire to garden.

Groups are given an area about 30 by

Box *holds messages, watering and maintenance schedules, sprinklers*

:et to plant as they wish within these elines: Only organic fertilizers and ıods of pest control may be used. ıtenance of the area must not offend :ity or fellow gardeners.

dening methods are modeled on : used at the Garden Project at the /ersity of California at Santa Cruz. improve drainage and aerate soil, are mounded and large quantities rganic matter are added. Plants are ed so they'll touch each other as mature, thus reducing weed growth moderating soil temperature and oration.

deners grow both flowers and vege-:s, in the belief that a diversity of s is less susceptible to diseases and ıful insects. Herbs, odoriferous flow- and members of the onion family ısed throughout the garden and bor-ıg the fence in an attempt to dis-'age insect pests.

ups vary in organization—some pur-e and care for their plants as a unit; rs divide their area into beds main-:d and harvested by specific individ-. Some dig their beds in parallel ;; others try unusual geometric de-s. Several have built plastic green-ses and "mail" boxes as shown in the tographs here. The freedom of each ıp to determine its own scheduling structure is highly prized.

ng and summer crops, such as corn, ısh, and tomatoes, are old standbys; many of the newer gardeners were zed to learn the number of plants could grow through the winter: 's, broccoli, Brussels sprouts, cabbage, ndulas, carrots, cauliflower, lettuce, tard, onions, radishes, rutabagas, lions, shallots, and sugar peas.

ıough not all had complete success, and old gardeners speak happily of r crops and the pleasure of working he land and with other people. □

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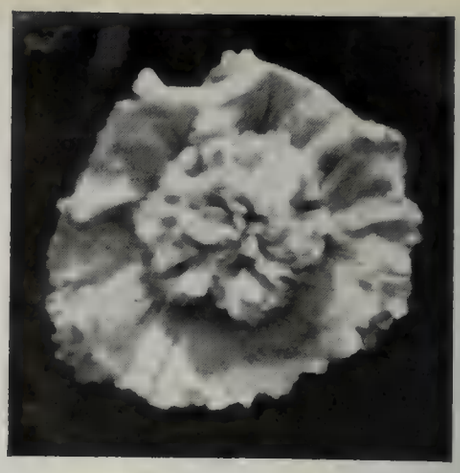
Left: *'Gold Galore' marigold, frilly, fully double.* **Below:** *'7-Star Gold' marigold, also fully double, but looser*



'Summer Carnival' *hollyhock has a double center, single petals outside*

'Circus' petunia, *large, fully double, salmon red and white blooms*

Report on five new annuals, four of them All-Americas

New annuals, like new fashions, appear every year. Some become longtime favorites—others may drop out after a few years. But whatever their future status, it's always fun to try something different. And who knows but that the recent arrivals blooming in your garden this summer will one day be classic standbys?

Following are five new annuals that will be available as bedding plants in nurseries this spring. Four are 1972 All-America Selections (designated below as AA) that were previously described on page 204 of the March 1972 *Sunset;* three are shown above. The fifth newcomer, also illustrated above, is a marigold called '7-Star Gold.'

'Carved Ivory' zinnia (AA) is an F_1 hybrid that was designed for cutting. On fully grown plants, each stem is long enough to cut without removing laterals that will bear future blooms. The soft ivory color of the large cactus-type flowers combines with all other colors, and is especially welcome in arrangements during the hot summer months.

'Circus' petunia (AA) makes a splashy display with its big, double, wavy-petaled, salmon red and white blooms. These compact, base-branching plants form a solid cover in borders and containers. Set them out in April or May; feed at planting time, and once again in about a month. To encourage new growth and more flowers, cut back plants occasionally—you'll get another crop of bloom in about three weeks. Water petunias growing in the ground every week or 10 days, depending on texture of the soil; plants in containers need more frequent watering.

'Gold Galore' marigold (AA) is prodigiously free blooming. The first flower blooms in about 60 days when plants are less than a foot high. From then on, laterals elongate and produce flowers such profusion that they cover up t older faded ones. By the end of the se son, plants will have grown to about feet high.

The '7-Star Gold' marigold is the large flowered triploid hybrid marigold—ou standing for its continuous bloom fro June until frost. Double, rich gold flowe 3½ inches across start blooming s weeks from seed. The bushy plants gro 18 inches high.

'Summer Carnival' hollyhock (AA), u like most other hollyhocks, blooms tl first year from seed. Plants set out th month will bloom in summer. In fa after they've finished blooming, cut ba plants to the ground. New growth w appear in the spring. 'Summer Carniva isn't completely immune to rust, but it more resistant than other hollyhocks. T help control spread of this disease, pic off affected leaves as soon as possible.

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If you grow tarragon, make sure it's the French kind

Herbs are supposed to come wrapped in mystery and folklore. One that certainly has its share of both is tarragon, which is alleged to confer fabulous flavor on all sorts of dishes but which sometimes turns out to be less exciting than alfalfa. Why the inconsistency? The reason, simply stated, is that there are two tarragons, and you need the right one in order to have the flavor.

The two tarragons

To the botanist, tarragon is *Artemisia dracunculus* (loosely translatable as little dragon sagewort), a perennial plant 1½ to 4½ feet tall with smooth, narrow leaves 1 to 3 inches long and nondescript whitish flowers. It grows from Russia across Siberia and in dry regions in and east of the mountains from the Yukon down to Baja California. It is occasionally sold as seeds or as seedlings.

It grows in the same kind of country its cousins the sagebrushes inhabit and is generally unnoticed, being inconspicuous in appearance and usually without aroma, although some plants may have some scent. These wild plants do set seed which will sprout and grow, yielding the so-called Russian tarragon, an inferior or tasteless herb.

To the horticulturist, tarragon is one particular variety of *A. dracunculus* known as French tarragon. Smaller and less vigorous than wild or Russian tarragon, the French kind grows 1 to 2 feet tall and makes a slowly spreading clump to about 3 feet across. Its leaves are smaller than those of the Russian, smoother, and a lighter green.

The big differences are two: French tarragon has a marvelous flavor, a grows only from cutting or divi Plants make some bloom in sur but fertile seeds do not follow. you buy tarragon plants, ascertain your nurseryman that they are the ine, flavorful, vegetatively-propa French kind. He can find out fro grower or sample a leaf to test it distinctive anise or licorice taste.

How to grow tarragon

French tarragon is not as hardy to as Russian, but it can endure eve coldest Western winters with ju mulch over the winter-dormant Even this protection is unnecessa temperatures do not drop below –1

April is a good month to plant. W long, warm summer's growth, a plant will make a fair-sized clump will yield some fresh tarragon in mer and a good crop next year.

Set out plants in a sunny or very li shaded place in reasonably good ga soil. Commercial growers prefer s loam, but plants will thrive in clay that is well drained. Roots will r constantly wet soil. Soil need not be tile and rich in humus, and heavy ing is not desirable; it makes for growth that lacks flavor and aroma.

When tarragon digs its roots in

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ɔ grow, it is a tough, persistent Young plants are slow to start, ne losses occur when impatient :rs try to push young plants along tra water and plant food.

ɔung tarragon plant will be grow- : small pot or band. Before plac- ı the ground, make sure that its ıss is moist. Then loosen the soil planting site, place the tarragon ısh with the surface, and water it on't leave air pockets and don't little plant in a well in hard, un- ; clay; you want the roots to ıut into the surrounding soil.

ıe plant is actively growing, water ly.

stems are brittle; avoid rough g which would break them off. plants grow larger, stems become 'iry.

ɔegin harvesting too soon. Let the keep plenty of leaf surface to its growth and increase clump fter the plant has made several ıg stems, you can start pinching for use. Next year you will have :arragon you can use.

hree or four years the clump will tangled system of rhizomes and : in danger of choking itself out austing the soil. Divide and replant in fresh soil in early spring when new growth appears at the soil line.

Plants die down in late fall. Don't disturb clumps over the winter; mark their location so you won't dig them up accidentally. Dry, dead stems could serve as markers, but are untidy-looking.

Propagating and harvesting

Dividing time is a good time to start new plants. (By now, your friends will have sampled your fresh tarragon and will want plants of their own.) After lifting the clump with a spade, pull out pieces of the stringy, somewhat woody rhizomes. These will have little green sprouts at the ends. Plant rhizome with buds at the soil level in flats, pots, or a carefully prepared ground bed. In effect, these pieces are something between root cuttings and divisions.

If you are good with cuttings, you can root soft tip cuttings taken from the stems just about the time when their growth starts to slow down in spring or summer. Don't overwater or handle roughly when transplanting.

For occasional use, pinch out tips from well established plants whenever you need them. To harvest large quantities for drying, cut plants back by as much as two thirds, once as soon as plants have reached maximum growth in early summer, and again when new regrowth has stopped. Cut or pinch, but don't tear; stems are brittle and can easily be broken off near the soil line.

Some herb fanciers feel that tarragon cannot be dried satisfactorily. Nevertheless, much is dried and sold. The secret seems to lie in drying leaves quickly and then storing them in airtight jars. The essential oil evaporates from dry leaves kept in the open air, and with it goes the fragrance. Sprigs of fresh tarragon can be frozen between layers of clear plastic film or waxed paper and thawed out for winter use.

Using tarragon

Use sprigs of fresh tarragon to give a delicate scent and flavor to vinegar. Chopped fresh tarragon is an essential ingredient of a classic Béarnaise sauce and is delightful with eggs and omelets, chicken, fish, and salads. Tarragon is used in preparing a blend of fresh or dried herbs known as *fines herbes*.

Tarragon's basic flavor resembles that of anise, but don't be put off if you don't like anise. In foods, the flavor is so delicate yet distinctive that the effect is to enhance and refine the basic food flavor; in cookery, unlike mathematics, the whole is often greater than the sum of the parts. □

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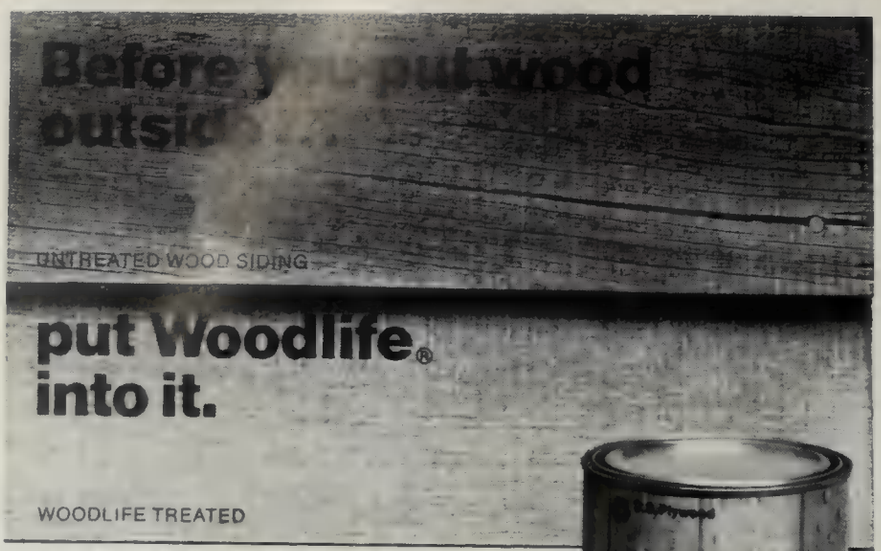

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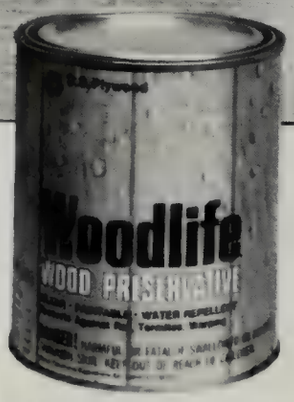

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NORMAN A.

Gourd *peels easily after soakin hot water. Fiber inside is the spo*

Eat it or use it as a sponge

The dishcloth gourd, or luffa (sometir loofa), produces an unusual crop. Y can eat the very young fruits like su mer squash or harvest mature gourds use their tightly-woven inner fiber sponges or scrubbing pads.

The vines grow up to 25 feet long. a will bear 25 to 30 fruits from 8 to inches long.

How to grow: Sow the seeds this mo —an inch deep, 2 feet apart, outdoor the ground is warm. If it's still cold o side, start seeds indoors in small p pots, in a fast-draining potting mixtu transplant when the weather warms u

Luffas need well drained fertile soil, f sun, and plenty of water. You can p vent gourds from rotting or becom misshapen by providing a sturdy supp for the vines to climb on. Don't wet t flowers or overwater while they're bloom, or the fruit may drop.

How to harvest: To get an attract white sponge, harvest the gourds wh the skin begins to turn yellow, and ha them by the stems in a cool, airy place dry. Don't rush them by oven-baking hanging in the sun.

To get the sponge out of a luffa, soak t dried gourd in very hot water a fe minutes, peel the skin off, push out t seeds, and wash the fiber until clean.

You can order luffa seeds from Nich Garden Nursery, 1190 North Paci Highway, Albany, Ore. 97321, or Geor W. Park Seed Company, Inc., Gree wood, S.C. 29646.

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Here are April garden events

Yuba City. April 4 Flower show sponsored by the Garden Section, Women's Club. Place: Clubhouse, 835 Plumas St. Hours: 2 to 5 P.M. Free.

Inverness. April 5. Inverness Garden Club Primrose Tea. Place: Yacht Club. Hours: 1 to 4 P.M. Donation: 75 cents.

San Jose. April 6 and 7. Exhibit by the Santa Clara Valley Orchid Society. Place: Wells Fargo Bank, 121 S. Market St. Hours: 10 A.M. to 9 P.M. Thursday; 10 A.M. to 6 P.M. Friday. Free.

Mountain View. April 7 and 8. Flower arrangement show by the Las Flores Club of Los Altos. Place: Mayfield Mall, Alma St. and San Antonio Rd. Hours: 1 to 9 P.M. Friday; 10 A.M. to 5 P.M. Saturday. Free.

Walnut Creek. April 7, 8, and 9. Flower show school, Course I, presented by Heather Farm Garden Center Association, member of California Garden Clubs, in cooperation with the Park and Recreation Department. Place: Heather Farm Recreation Center Building, 301 Sheppard Rd. Hours: 12:30 to 5 P.M. Friday; 10 A.M. to 5 P.M. Saturday; 9:30 A.M. to 12:30 P.M. Sunday. To register for one session or the complete course, write to Mrs. Melvin Jory, Jr., 170 Wooten Dr., Walnut Creek 94596.

Aptos. April 8. Plant exchange sponsored by the Aptos Garden Club. Place: American Legion Hall, next to Bay View Hotel. Hours: 10 to 11:30 A.M. Free.

Oakland. April 8 and 9. Annual dahlia root sale by the East Bay Dahlia Society. Place: Lakeside Park Garden Center, 666 Bellevue Ave. Hours: 9 A.M. to 4:30 P.M. Free.

Sacramento. April 8 and 9. Show by the American Bonsai Association of Sacramento. Place: Garden and Arts Center, 3330 McKinley Blvd. Hours: 10 A.M. to 6 P.M. Free.

San Mateo. April 14. Plant sale, flower arrangement show, and tea by the Beresford Garden Club. Place: Hillsdale Methodist Church, 36th and Hacienda streets. Hours: 1 to 8 P.M. Free.

Pacific Grove. April 14, 15, and 16. Eleventh annual wildflower exhibit at the Museum of Natural History, Forest and Central avenues. Hours: 10 A.M. to 5 P.M. Free.

San Francisco. April 15. Fifth annual plant sale by the Strybing Arboretum Society. Place: Hall of Flowers, Golden Gate Park, Ninth Ave. and Lincoln Way. Hours: 10 A.M. to 5 P.M. Free.

Santa Rosa. April 15. Table setting sh presented by the Santa Rosa Gar Club. Place: El Rancho Motel, 2 Santa Rosa Ave. Hours: 11 A.M. to 5 P Donation: $1.50.

Stockton. April 15. Stockton Gar Club flower show. Place: Weberstc mall, 4950 Pacific Ave. Hours: 9 A.M. to 5 P.M. Free.

Modesto. April 15 and 16. Fiftee annual iris show by the Central Va Iris Society. Place: McHenry Vill mall. Hours: 4 to 9 P.M. Saturday; A.M. to 6 P.M. Sunday. Free.

Vallejo. April 15 and 16. Show presen by the North Bay Bonsai Society. Pl Cultural Center, Dan Foley Park. Hou 1 to 6 P.M. Saturday; 11 A.M. to 5 P Sunday. Free. A demonstration and l ture on bonsai will be conducted Toshio Saburomaru of Palo Alto a P.M. on April 16.

Fresno. April 19 through 23. Flower rangement show by the Fresno chap of Ikebana International. Place: Fres Arts Center, 3033 E. Yale Ave. Hou 1 to 10 P.M. Wednesday; 1 to 4 P Thursday through Sunday. Admissi 50 cents. There will also be a display the Fresno Bonsai Society.

Exeter. April 22. Flower show sponso by the Exeter Garden Club. Place: M morial Building, 324 N. Kaweah Hours: 2:30 to 9 P.M. Free.

Las Vegas. April 22 and 23. Flo show sponsored by the Las Vegas Co cil of Garden Clubs in cooperation w the park department. Place: Lore Park. Hours: 2 to 8 P.M. Saturday; A.M. to 6 P.M. Sunday. Free.

San Francisco. April 22, 23, and 24. T 49th annual California Spring Blossc and Wild Flower Association sho Place: Hall of Flowers, Golden G Park. Hours: 1 to 5 P.M. Saturday; A.M. to 5 P.M. Sunday; 10 A.M. to 3 P.M. Monday. Free.

Fresno. April 23. Fresno Iris Socie show. Place: Fashion Fair mall, Sh Ave. at First St. Hours: noon to 5 P (registration 6 to 9:30 A.M.). Free.

Redding. April 23. Tall bearded i show by the Cascade Wonderland I Society. Place: United California Ban 1515 Pine St. Hours: 1:30 to 5 P.M. Fre

Stockton. April 29. Spring show of t Stockton Rose Society. Place: Weber town mall. Hours: 1 to 5 P.M. Free.

ord. April 29 and 30. Flower show ıted by the Concord Women's Gar- lub. Place: Auditorium, Sun Valley ›ing Center. Hours: 2 to 9 P.M. day; 11 A.M. to 4 P.M. Sunday. Free.

ton. April 29 and 30. Exhibit of tockton Bonsai Club at the San in County Spring Festival. Place: : Grove Park Memorial Building, icke Grove Road reached via Arm- ; Road off U.S. Highway 99 be- Stockton and Lodi. Hours: 1 to . Saturday; 10 A.M. to 5 P.M. Sun- Free.

nd. April 29 through May 7. The annual California Spring Garden Home Show. Place: Lakeside Park en Center, 666 Bellevue Ave. : 10 A.M. to 9 P.M. April 29 gh May 6; 10 A.M. to 2 P.M. on 7, closing day. Admission: adults, : youths 12 through 16, 50 cents; 12, free.

o. April 30. The 23rd annual show San Joaquin Valley Rose Society. Fresno District Fairgrounds cafe- Hours: 2 to 5:30 P.M. Free.

an Hill. April 30. Exhibit by the ci Bonsai Club. Place: Live Oak School auditorium. Hours: noon to . Free.

. April 30. Flower show by the Valley Garden Club. Place: Senior r Building, 1606 Second St. Hours: :30 P.M. Admission: 50 cents.

mento. April 30. Annual show by acramento Rose Society. Place: en and Arts Center, 3330 McKin- vd. Hours: 1 to 6 P.M. Free.

ville. April 30 and May 1. Annual ower show presented by the Gar- Section of the Anderson Valley Club. Place: Fairgrounds. Hours: M. to 5 P.M. Free. □

To announce your garden events

ould you like us to publicize a rden show or other special event be held by your garden club?

so, simply send us the following ormation: time of the event oth date and hours); location ilding, street address, city); es of exhibits; admission fee; d any other information that uld interest our readers.

ct sheets should reach us three onths in advance of the month u would like the event men- ned in *Sunset*. Mail all informa- n to Garden Events Editor, *nset Magazine*, Menlo Park, lif. 94025.

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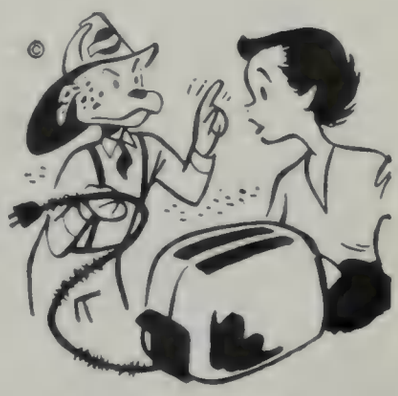

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Plants that mak good companion

Companion planting, the combinin certain plants that benefit each oth currently receiving much attention. belief is that marigolds, nasturti nicotiana, chives, garlic, basil, sa feverfew, and many other herbs pla throughout vegetable and flower bed in borders around them) will help t duce insect attacks.

Does that sound like an old wives' In many cases it may be. There is scientific information on how or companion planting works, but mo our readers who have tried it ar pleased with their results that they to introduce more strong-smelling flavorful plants into their gardens season.

Marigolds are the most frequently companion plant. They have been entifically proved to repel nematode the soil, and they're also reported t pel aphids, slugs, tomato worms, others above the ground.

Nasturtiums repel aphids accordin some gardeners. Yet other garder noting that nasturtiums are often b with aphids, use the plants to de aphids away from other crops. How one plant work both as a repellent an attractant to the same insect? V like to hear reports either way f readers who have experimented nasturtiums or who try them this yea

Nicotiana may or may not kill or r insects due to the nicotine it cont but if you examine the sticky leaves stalks, you'll find many tiny dead ins trapped there.

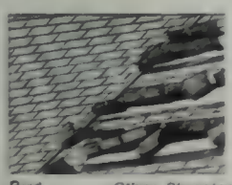
Garlic has been highly effective in tecting onions from larvae of the or fly, apparently due to a pesticidal se tion from the roots. A good system i plant alternate rows of onions garlic. Whether or not garlic cont insects among crops other than oni hasn't been definitely established, though some readers report good res Experiments with garlic concentr suggest that garlic may help to repe kill aphids, mosquito larvae, and s caterpillars and sucking bugs.

Whatever the pesticidal benefits may companion planting of flowers, v tables, and herbs has potential for cr ing prettier and more interesting p combinations. The photograph of fe few, squash, and parsley on page gives a hint of the possibilities.

Before you spend a couple of thousand for a new roof, spend a couple of minutes to learn about roofing.

cting your home from nd water damage

aky roof means rotting attic timber, d ceilings and walls – and in ■ bad – costly seepage that in furniture rnishings. Bird Wind line of t shingles protect you igh winds.

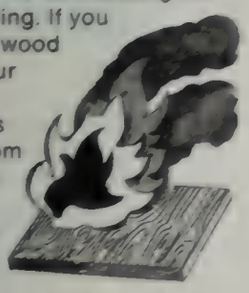


Bird Other Shingles

hingle is made with thermoplastic bout 19,000 on an average roof). n's heat melts these adhesive dots, g the shingles together in a grip hts against letting go – even in ane-force winds. (To get Under- s Laboratories approval for wind nce, shingles must be tested in 60 mph winds. We tested Bird Wind Seals in *120 mph winds.* In this test not a shingle ripped off, while those without the Wind Seal feature ose, allowing water to come in.)

cting your roof from fire

d shingles, or shakes, are attrac- ut can be dangerous. Flying embers sparks from a fireplace chimney – nite them. That's why they're out- in some areas. The Bird Firescreen® e rates Class "A" in resisting fire – 's highest rating. If you ■ the look of wood s, look into our rchitect® 70 e. It simulates auty of random shakes, com- with the fire tion of finest asphalt.



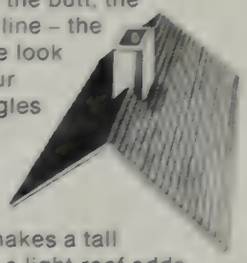
of labor vs. cost of shingle

u check out slate shingles, you'll ■ cost in materials and labor itive. Wood shingles, too, are costly to buy and apply. That's why today's sophisticated asphalt shingles are such a good buy. Whether you buy the low end of the line or the highest quality, you get excellent value and minimum, if any, upkeep.

Remember this – the costs are comparable for labor to apply the best asphalt shingle or the least expensive. Since the labor cost will be very much the same, you should think about paying a little extra for ■ top quality shingle with all its extra protection and beauty. What's more, the best shingles offer a 25-year materials guarantee, the less expensive ones 15 years.

Choosing the right shingle for your home

The architecture of your home and its surroundings dictate the style of shingle to buy. A roof should present a long, clean line. It should show deep shadow lines at the butt edges (the butt being the part that shows). The thicker the butt, the deeper the shadow line – the more impressive the look of your roof and your home. All Bird shingles with the important Wind Seal feature have thick butts.



Don't overlook color. A dark roof makes a tall house look shorter, a light roof adds height to a one-story house. A medium color blends nicely into wooded backgrounds. Greens are restful, white cooling and a bright roof adds its own "surroundings" in an area bare of trees.

Another aesthetic feature is *random-embossing.* Instead of conventional cutouts, many Bird shingles have vertical indentations. They add to your roof's long, clean line – no more broken-up, cluttered look that old-fashioned cutouts give.

The Bird Wind Seal JET® looks great on ranch-style and long contemporary roofs. And the Bird Architect 70, with its wood shake look, is ideal for gambrel, mansard and barn-type roofs. And stunning on colonial homes.

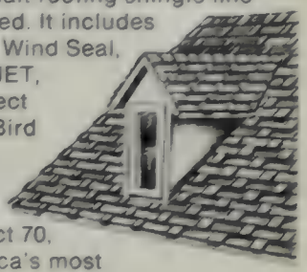
How shingles are sold

Shingles are sold by the square – ■ square being enough shingles to cover 100 square feet. You can buy them and arrange for application at a lumber dealer's, a home improvement company or a contract roofer.

Shingle weight determines its cost. The lower the weight, the lower the price. But the heavier the shingle, the better your roof. Since labor is ■ large cost factor, do not discount the heavyweights. The price spread between the Bird Wind Seal at 235 lbs. per sq. and the Bird Architect 70 at 345 lbs. per sq. isn't so great that it should discourage you from considering the finest protection and beauty for your home.

The Bird Shingle Line

The Bird asphalt roofing shingle line covers every need. It includes the famous Bird Wind Seal, The Wind Seal JET, The Bird Architect Mark 25®, The Bird Firescreen and the new bold, brawny, beautiful Bird Architect 70, probably America's most beautiful shingle.



To see Bird shingles first hand, mail coupon for an illustrated brochure, or see the Yellow Pages for the name and address of the Bird dealer nearest you.

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Sunset April 1972

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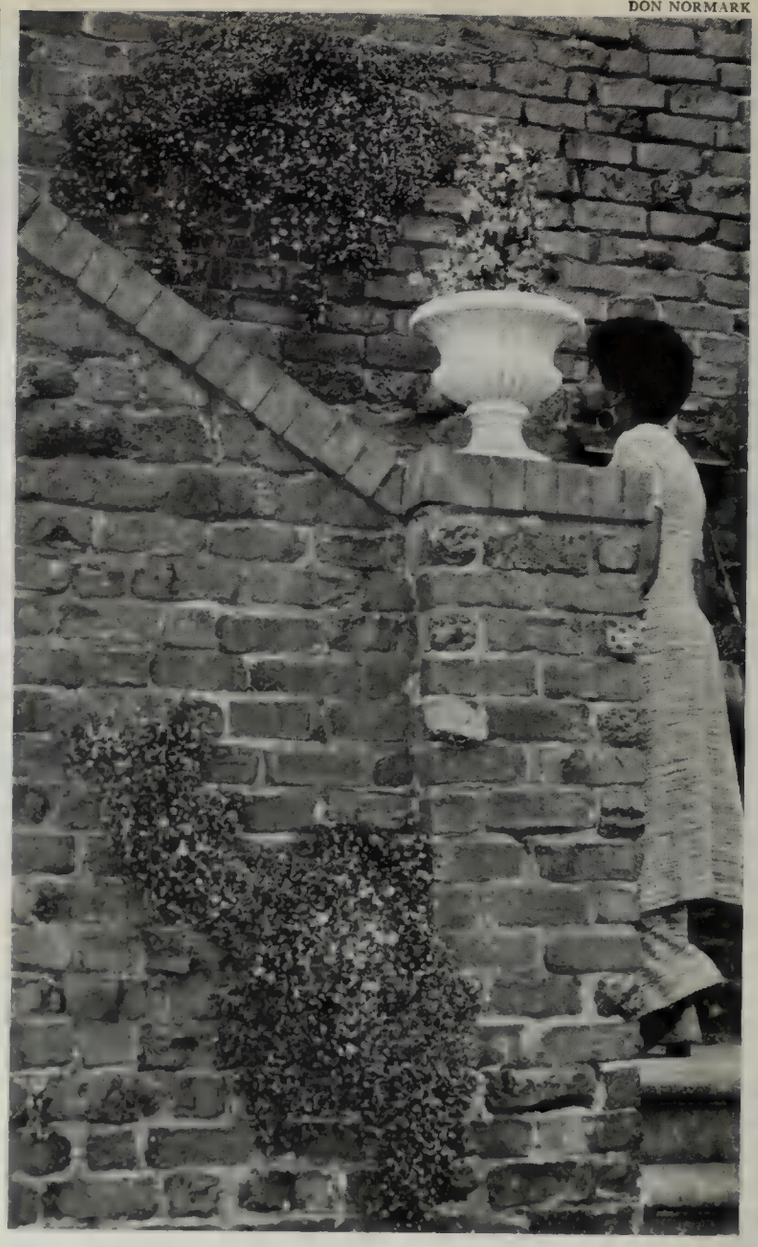

Two clumps *of Kenilworth ivy in cracks of old brick wall at the home of W. Hen San Francisco. Below, tiny flow are lilac blue*

The ivy that shows up uninvited

Kenilworth ivy may some day show up uninvited in a shady part of your garden. Don't be annoyed. Its ivylike leaves and small blue flowers will make it a pleasant guest, provided that you keep it under control.

This little plant—its scientific name is *Cymbalaria muralis*—thrives on moisture. In wet, foggy areas near the coast, it will grow in direct sunlight, but in drier, inland areas it needs shade. It needs only enough soil to keep the roots wet; bits of mortar in the old brick wall pictured above hold adequate moisture.

This flowering creeper grows from or cuttings. Start it by sticking a br piece of stem in moist ground.

Plant Kenilworth ivy where you w use baby's tears: in hanging basket rock walls, around steppingstones, ground cover. But, keep it away wooden structures; it invades the t cracks and gets into sidings and wa sulation. If you get tired of Kenilw ivy merely pull it out of the ground. shallow roots come out with little tance. Then carefully pick up *all* o pieces—each piece could take root.

Gaines·burgers don't become leftovers.

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Two *lotus buds about to open into pink flowers in July. Lotus leaves stand above water. Garden pool of George Lee, Walnut Creek, Calif.*

Colorful rival to the water lily

People who want colorful plants for garden pools usually think of water lilies first. Yet many other plants are just as good. Lotus is one, a large water plant that bears big cup-shaped flowers colored pink, rose, or white.

Lotus needs lots of growing room; its huge round leaves can grow 2 feet wide and 3 feet tall. It does well in large round tubs—at least 20 inches wide—and even better in pools. But don't plant lotus in a square box. According to popular legend, lotus roots will die if they grow into a corner.

To start lotus from seeds (available by mail order), cut or file the surfaces until you can see the white interiors. Put the seeds in a shallow dish containing sand and water. They'll sprout in about two weeks in a sunny window. When you transplant them, first put young seedlings in an inch of water; gradually increase it.

Or you can buy root cuttings from n order growers of water plants. Set roots in soil at the bottom of a poo tub, and cover with an inch of soil. P each root so that the growing tip st out of the soil (it will later grow b into the soil). You may have to put sc sand on top of the roots to help anc them. Finally, cover the soil with 8 12 inches of water.

At planting time, put some organic tilizer, such as cow manure or b meal, in the bottom few inches of s Cover the fertilizer with topsoil to k the roots from touching it directly.

Although lotus can stand more cold t water lilies, don't let the roots free Where freezing can occur, cover pond with boards or fill it with m water. Always plant after the danger frost is well past. Don't be surprised lotus doesn't bloom the first year.

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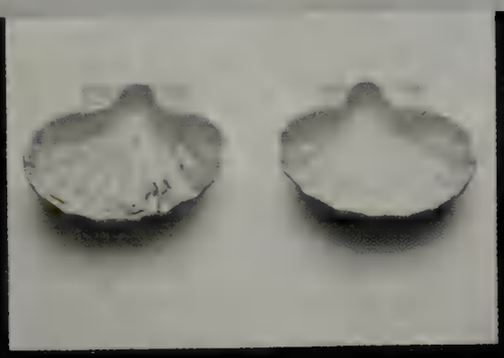
y-Hards are tough-to-clean foods—like seafood casseroles, eggs, tmeal, meat fats—that dry and cake and stick. And stick. nd stick. To plates. On forks. Filming glasses. Electrasol, fortified with)% more active cleaning ingredients than other leading dishwasher tergents, really removes Dry-Hards. Lets your dishwasher give u cleaner, brighter, film-free dishes.

proves fortified Electrasol's supe- y against Dry-Hards. Casserole with Dry-Hard mixture of seafood midor that was baked on for 30 utes at 325 °F, came out looking way when washed in another lead- dishwasher detergent.



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NORMAN A. [illegible]

Chartreuse *3-inch pod of goose plant*

For its unusual pods . . . goose plan

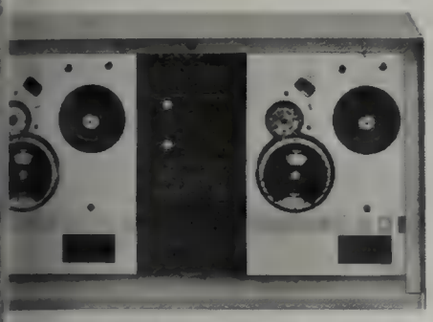
People seldom plant the shrubby pere nial that bears the seed pod you s above, yet it's not really rare. It po up here and there and seldom attrac attention until its pods form. Then con questions: What is it? What is it goo for? Local nurserymen and other gard sages seldom have the answers.

Its name is goose plant or swan pla (take your pick). The stalk that holds th pod to the stem shows a graceful curved neck; the pod itself is the bird body. In South Africa, where goos plant is a native, people cut stems, stri off the leaves (which would wither any way), and dry the "geese" for arrang ments either in their natural pale yellow green or touched with paint.

The plant is a narrowish grower wit stems that reach 5 feet. The narro leaves are gray-green. Summer flower are yellowish and insignificant. Pod form in summer and autumn. If pod ripen on the plant, they will split ope and release seeds, each of which has tiny silken parachute to carry it awa on the slightest breeze.

Pods and seeds resemble those of milk weed (*Asclepias*), and the plant has bee named *Asclepias fruticosa*. It has als been called *Gomphocarpus physocar pus*, but this name properly belongs t the very similar *A. physocarpa*.

Plants need only ordinary care and grow easily from seed. In fact, since nurseries rarely stock them, you may have to ge seed from a friend and grow your own. □



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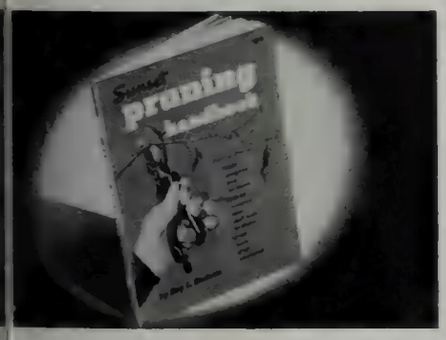

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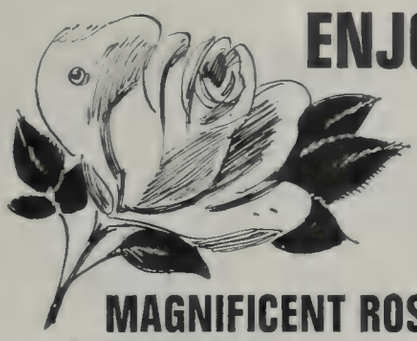

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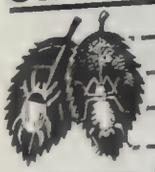

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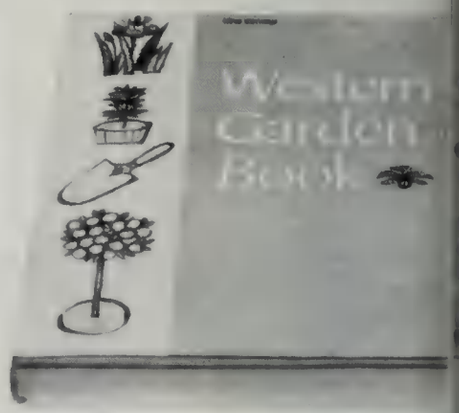

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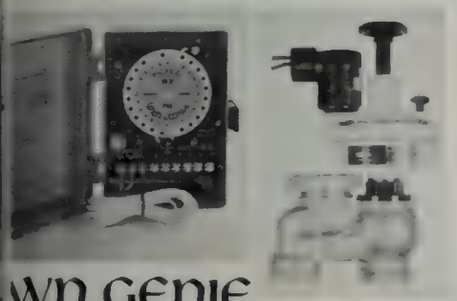

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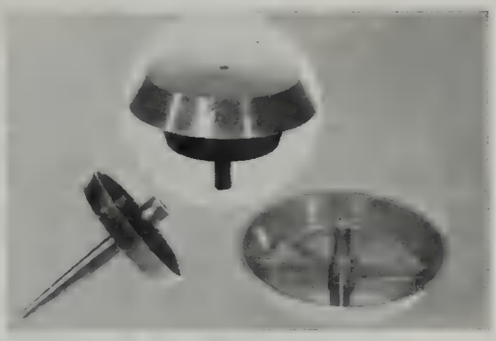

Be Rid of Snails and Slugs

A Trimmer trapper that won an English industrial design award, is the slug/snail bait holder pictured. This slugtrap holds the bait so that it is available to slugs/snails but keeps the bait free from rain and pets. Just push the bait holder into the ground, fill the little tray with the bait and then fit on the cover. Measures 3" in diameter 1½" high. 5 bait holders are $1.95 postpaid; 10 for only $3.50 ppd. Walt Nicke, Box 71S, Hudson, N.Y. 12534.

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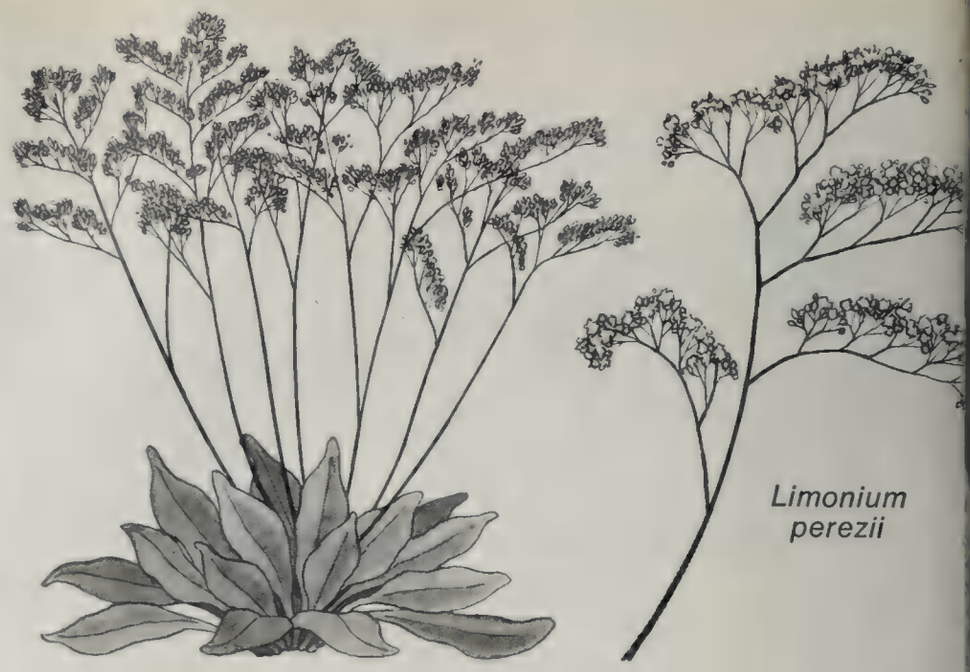


Statice . . . it lasts and lasts

If you are the kind of gardener that hates to see flowers wither and die, why don't you try statice? Its flowers, cut in their prime and dried carefully, will hold their form and color indefinitely. Dried flowers have an airy, informal quality that makes them good mixers, and the plants are pretty enough to be an asset in flower borders.

Specialists grow many kinds, but only three are likely to reach the attention of most gardeners: One is an annual you can grow from seed for first-year bloom. The other two are perennials, one tender but choice, the other quite hardy.

The annual is *Limonium sinuatum;* you may find it in seed packs labeled *Statice sinuata.* Two strains are available. Mixed Colors contains blue, rose, and white; Art Shades includes these and salmon, yellow, tan, red, and a dozen others in between. Stiff stems rise to 2 or 2½ feet and have odd wings—flat, papery outgrowths.

Limonium sinuatum

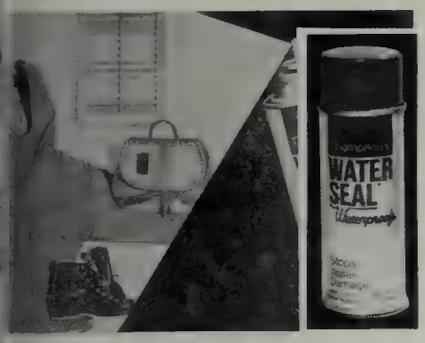
With the warm growing season just starting, you can sow the seeds directly in the ground. Choose a sunny, well drai place. After seedlings are up, thin th to stand several inches apart. W flowers open, cut stems and hang upsi down in a cool, airy place to dry. If try to dry them in an upright positi stems may wilt and take on odd curv

Best known in California is *L. pere* a rather frost-tender shrubby perenn from the Canary Islands. It has taken well to Southern California coastal c ditions that it has run wild along ocean cliffs. The farther inland it gr the more likely it is to freeze out. plants are easy to find in nurseries, a self-sown volunteers often appear.

Leathery dark green leaves may reac foot in length. Clumps have a substan look even out of bloom, and bloom la over a very long season, usually duri summer but sometimes starting as ea as March. Tiny flowers are purple a white, and stems may reach 3 feet height. Airy sprays of dried flowers ha something of the quality of baby's bre and are excellent blenders and fillers dry arrangements.

Similar to *L. perezii* but somewh smaller, much hardier, and only partia evergreen is *L. latifolium.* Plants a scarce, so you may have to raise yo from seed ordered from catalogs. Leat ery. 10-inch-long leaves form bro clumps in time; airy stems of pape flowers appear in summer. These a usually pale blue, rarely pink or whi Give plants sun and good drainage, a dry the flowers in the way described *L. sinuatum.*

THE *Sunset* SHOPPING CENTER



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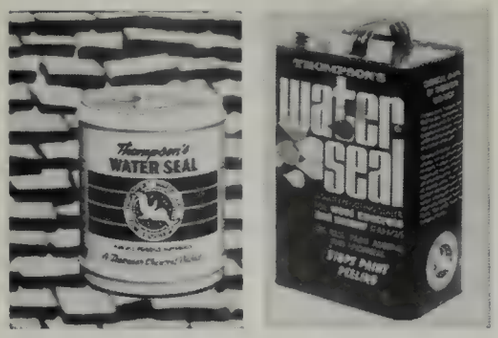

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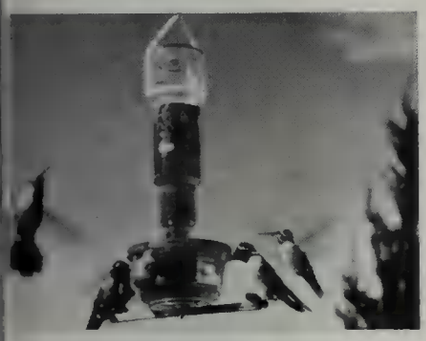

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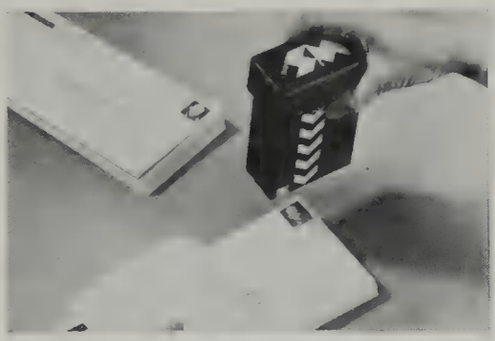

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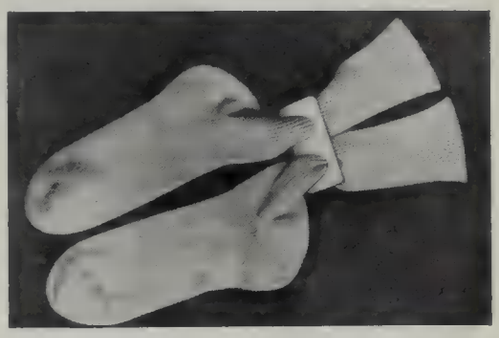

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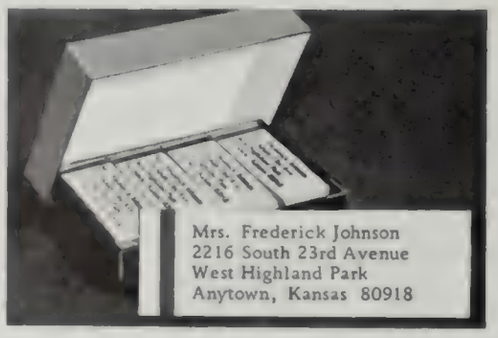

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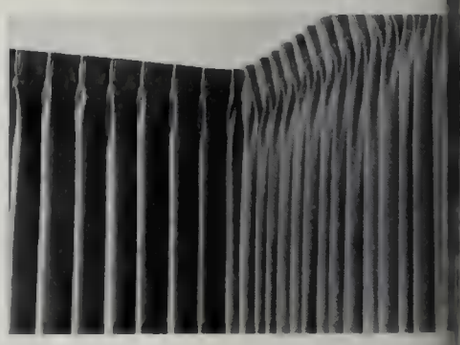

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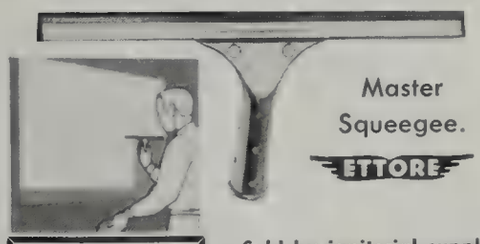

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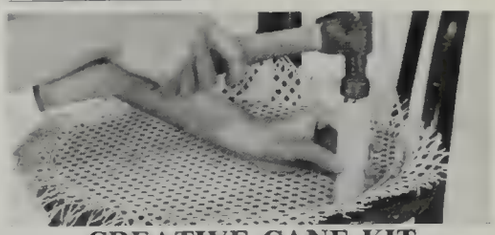

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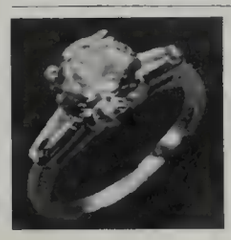

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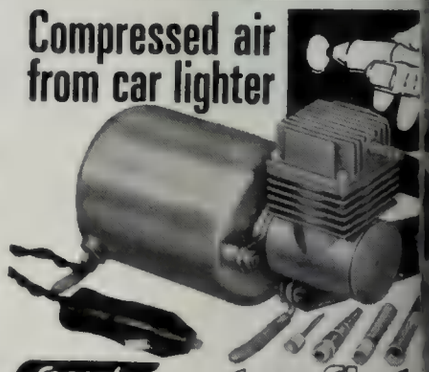

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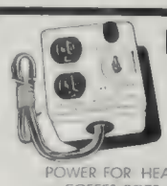

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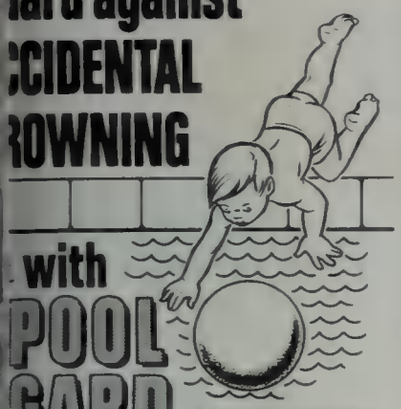

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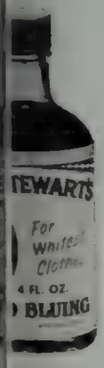

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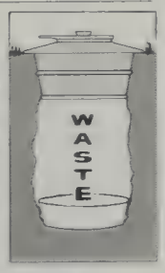

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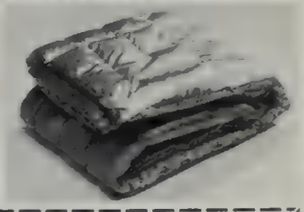

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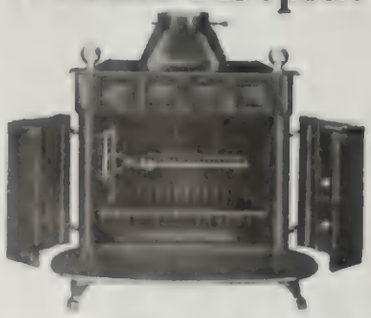

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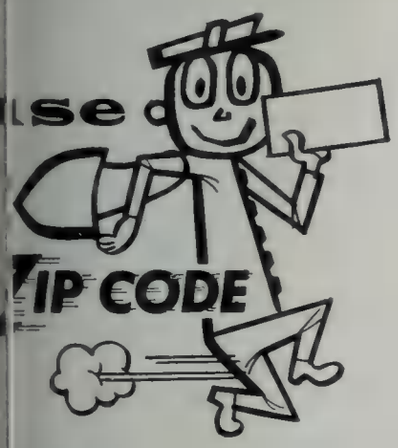

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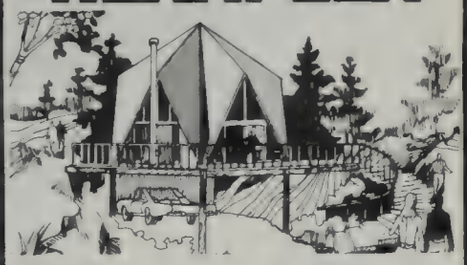

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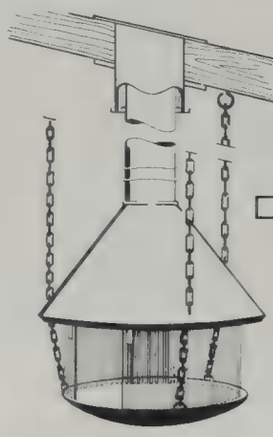

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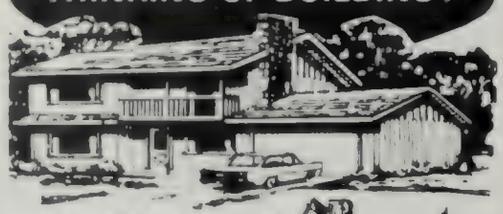

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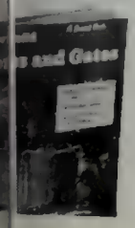

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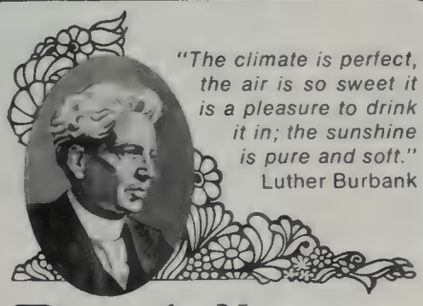

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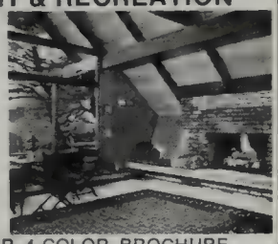

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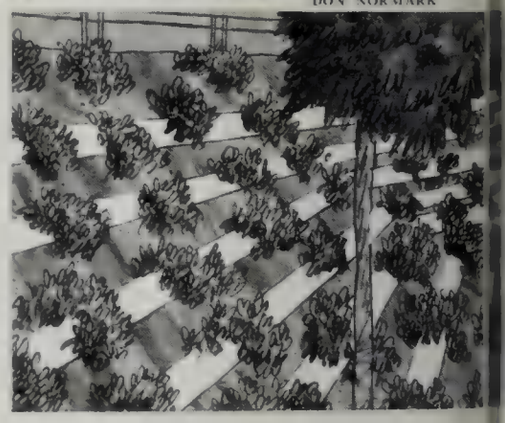
DON NORMARK

Lavender-flowered *lantana covers up retaining walls on steep hillside. Drawing shows how young plants were set about 2 feet apart so growth could hide walls*



Lantana simply hides what really holds the bank

When you stabilize a steep hillside, the necessary mechanical structures may be ugly. Here you see how a bank stabilized by retaining walls was softened with a mass of *Lantana montevidensis*. It hides the walls and helps anchor the soil. The owner is Laine J. Ainsworth, first-prize winner in *Sunset's* 1971 Garden Contest.

Several years ago, Mr. Ainsworth built the retaining walls and filled in between them with topsoil. Then, in the spring, he planted lantana from flats, spacing them about 2 feet apart along the walls. By the end of summer the lantana had taken over, and by now the walls have long since disappeared.

Maintenance is minimal. They water (by sprinkler system) twice weekly in the summer. Lantana doesn't need much fertilizer. On the sunny, west-facing slope, mildew isn't a problem. (Sometimes in a shady spot lantana is troubled by mildew.) In January the plants are pruned severely, leaving only 8 to 10-inch stubs of old wood. Warm weather brings rapid growth to cover the bank again.

Winter temperatures determine w or not you can use lantana as a g cover. It loses its leaves when th perature falls to 25°. When the te ature drops to 21°, it freezes bu grow back. Lower temperatures But in frost-free areas, lantana c come a noxious weed.

Besides the lavender-flowered kind are other varieties with red, oran yellow flowers. Other recommende eties are 'Spreading Sunset' and gerine.'

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DON NORMARK

Monumental *wall of broken concr supports paved terrace. Has poure concrete cap, railing along top. Landscape architect was Robert W Chittock for Dr. and Mrs. George Sutherland, Mercer Island, Washin*

Ladder *to play area, upper ga has legs cut at angle firmly against wall. Land architect was Elizabeth Brazee Peter D. Jarvis, Mercer Island,*

Broken concrete in the garden . . . old sidewalks are best

These former **concrete** sidewalks are now leading new and more exciting lives as garden walls. At one time considered simply rubble for a dump or fill site, broken concrete is now coveted by landscape architects, designers, contractors, and home landscapers who keep a constant lookout for street-widening or remodeling projects that will be sources of concrete.

Finding broken concrete isn't easy unless you have a sidewalk, patio, or drive you intend to remove. Broken concrete aficionados won't accept just any kind of concrete. They look for sidewalk concrete because it's of good quality and is a consistent thickness (about 4 inches; thicker pieces are too heavy to work with). Unlike many patio slabs and drives, it usually doesn't contain metal reinforcing rods or mesh. The metal makes it hard to break up into smaller pieces and tends to cause rust spots on the wall facing.

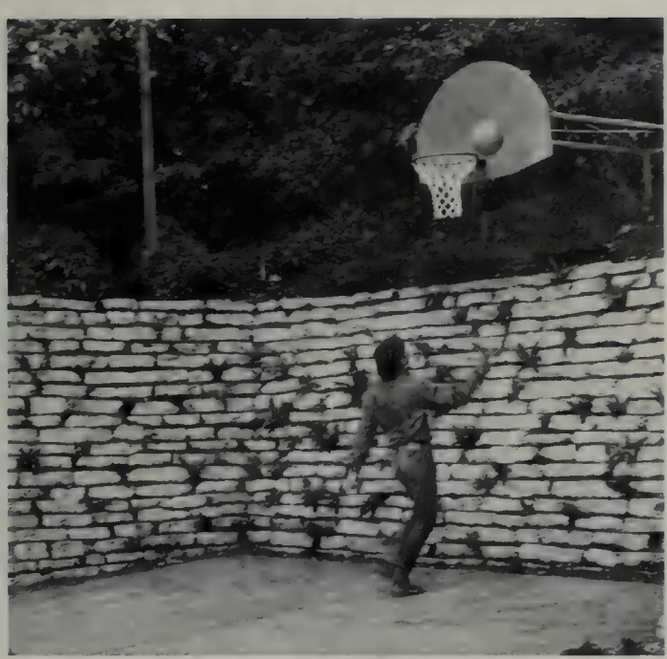
Construction isn't difficult if you keep these hints in mind: Use chunks of the same thickness. Smooth off the facing edge with a sledge hammer or chisel. Provide a firm base to build on. Make sure each course is level. Add fill, pack it, and level it off with each course. For added stability, give the wall a batter (inward slope) of about 1 inch for every foot of height. There may be restrictions on wall building in some communities, so check your local codes. □

RICHARD FISH

Several *3 to 4-foot walls used to terrace slope below house. Landscape designer was Walter Reutimann for Mr. and Mrs. William Hummel, Glendale, California*

wall *between patio levels in Los Angeles garden. e pieces here are set in mortar (all others pictured d up dry). Landscape architects: Armstrong & Sharfman*

Broken concrete *chunks form protective collar around oak—grade behind it was altered for steps. In the Los Angeles State & County Arboretum, Arcadia, Calif. Landscape architects were Lang & Wood*



Chunks *forming three-faced retaining wall (at left) came from former driveway. Small sword ferns (below) planted in cracks. Landscape architect was Robert W. Chittock for Dr. and Mrs. S. Ross Fox, Bellevue, Wash.*

LETTER FROM *Sunset*

Come see our Navajo rugs

Our buildings and the main garden at *Sunset* have been open to visitor every weekday for a long, long time. As each visitor comes through ou front door, he walks over hand-woven Navajo rugs.

This issue of *Sunset* features a 1972 report on Southwest Indian art including rugs and pottery, basketry, Kachina dolls, silver work, an painting. And this month we are putting on a modest Southwest India art show at *Sunset*. If you are in our neighborhood, you are cordiall invited to see the best of *Sunset's* Navajo rug collection displayed o our floors and on some of our walls. They will include several excellen Yei (ceremonial style) rugs.

Also on display will be "Storyteller," the pottery figure—really a grou of figures—pictured on our cover this month.

Our rug collection dates from 1951, the year we completed and opene our headquarters building. Some of the rugs on our floors 21 years ag are still there today, proving something about the quality of Navaj weaving. More than half a million people have walked back and fort across some of them, yet even the 1951 rugs show very little wear.

About 30 rugs are normally in use or on display, out of a total of 70 i the *Sunset* collection. Some are quite new, acquired as recently as 1971 Most are vegetable-dye rugs, soft and quiet in color, woven by gifte women in many different regions in the wide-ranging Navajo reserva tions of the Southwest. A few are "natural," with the off-white, brown and near-black colors of the wools and mixtures of wools. Some ar very large—enough to keep a weaver busy, off and on, for as long a two years.

Our guide and principal helper in building up this collection has bee E. P. "Husky" Hunt, long-time trader in Navajo country, our neighbo in Palo Alto, and an old friend.

Our special Navajo rug show will open Monday morning, March 27 and will continue through Friday afternoon, April 28. *Sunset* is in Menl Park, about 30 miles south of San Francisco. Turn off Bayshore Free way (U.S. 101) at Willow Road and go west. *Sunset* is on the corner a the first big intersection (Willow and Middlefield roads).

WINDOW ON THE WEST: *Rugs in Flagstaff*

Every year at the lively Museum of Northern Arizona in Flagstaff there is a Hopi show and a Navajo show. You'll find the 1972 dates on pages 92 and 93. This photograph was taken at last year's Navajo doings, where all the rugs were for sale. At the bottom in the foreground is a big Yei (ceremonial style) rug, really a wall hanging, from Shiprock, New Mexico.

May 1972 50 cents

Sunset

The Magazine of Western Living

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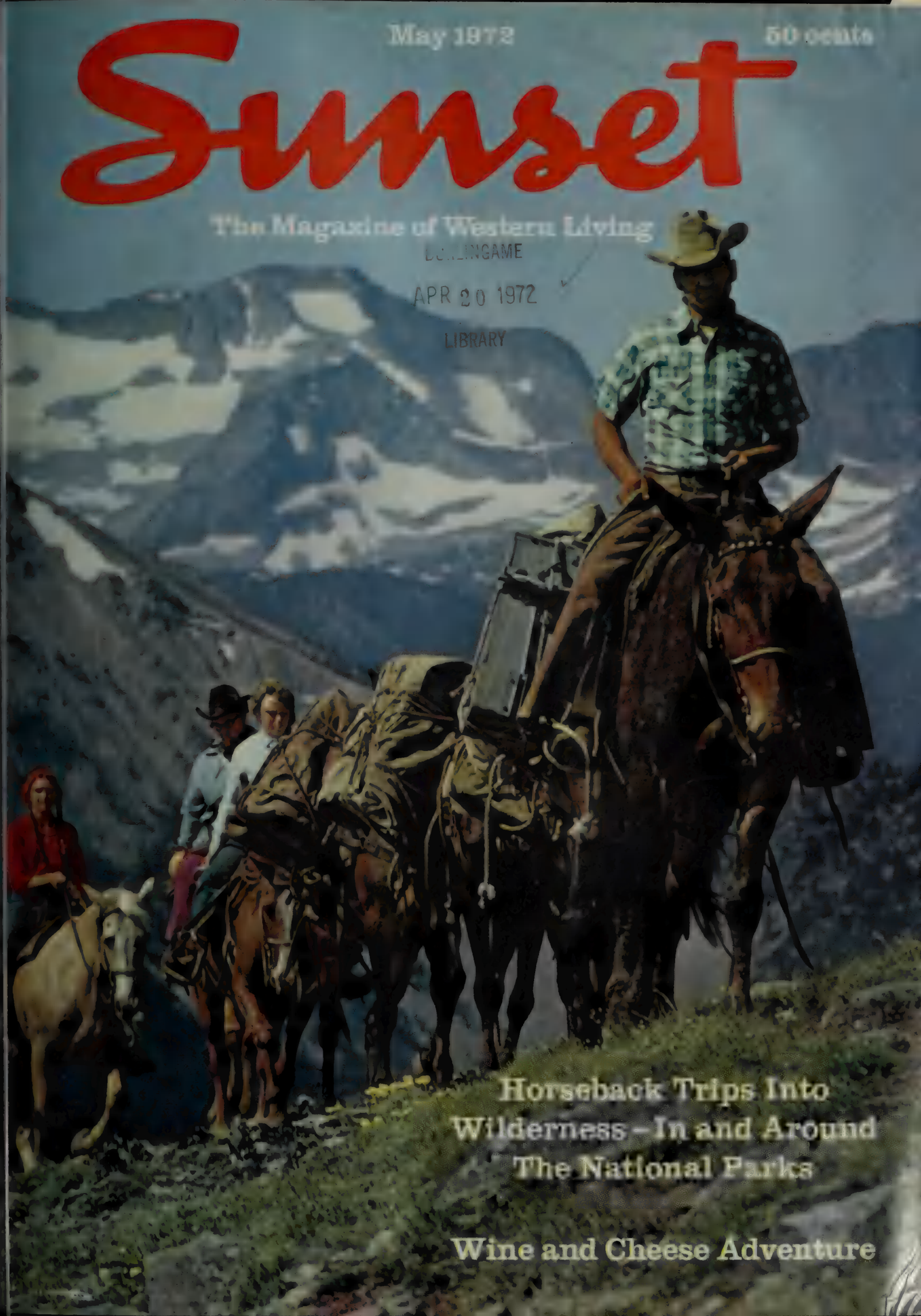

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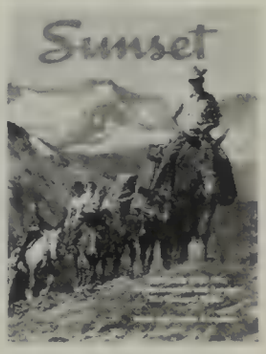

Behind pack horses and riders you see Two Point Mountain (center) and Dollar Mountain (far right) in Washington's North Cascades National Park. For a report on horseback trips in and around the West's national parks, see page 84. Photograph by Don Normark

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May travel . . . in and beyond the West

Visitors *return from Jack London's Wolf House. Now a state park, land once belonged to the writer*

NORMAN A. PLATE

Memorial *to Jack London, House of Happy Walls was built after his death, now is a museum for his personal articles*

Jack London's quiet country place

In a mere 17 years Jack London produced 50 books and seemingly countless shorter stories and articles. It was a furious existence, taking him on adventures to the Arctic and the South Seas. And at one point he followed his passion for socialism and the cause of the workingman to the slums of London to gather material for his book *The People of the Abyss* (1903).

But he had a plan to settle down, if that

Staffers *picked from labeled corn patches, then reported in to the editor in charge (foreground)*

Tested from corn patch to kitchen

August 19, 1971, was harvest day at *Sunset's* offices in Menlo Park, California. Members of the editorial department were invited out to test plantings of 21 kinds of corn. They could pick as much as they wanted, but they had to report how many ears of each variety they took (for a record of the yield) and tell later which they liked best.

Picking continued well into September. So did taste testings in our editorial kitchen, where home economists and just plain corn lovers sampled and evaluated.

For the test results, and what we learned from interviews with Western corn experts, see page 92. □

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was possible. He was building a mansi of stone and timber on a quiet hillside Sonoma County. However, in Augu 1913 before he could move into h Wolf House, it was swept by fire, leavi the high chimneys and the rock walls a somber Stonehenge. London died thr years later at the age of 40.

Today if you visit the London ranc which is now the Jack London Sta Historic Park, you could get some sen of the bundle of contradictions and o posing energies that produced such di parate books as *Abyss* and the *Call the Wild*. The park is located a mi northwest of Glen Ellen on its own a cess road, well marked in town. You ca take State Highway 12 north out of S noma to reach Glen Ellen.

When you first enter the park you w see a large stone house called Th House of Happy Walls, which was bu by London's widow as a memorial her husband. His collection of South Se artifacts, letters, and papers is displaye along with old writing desks, files, di tating equipment, and other tools of th writing trade.

A trail to the south takes you a litt more than half a mile through beautif stands of oak to the Wolf House ruin A sign along the trail directs you to knoll where London is buried.

Peaceful meadows and woods, views surrounding hills and valleys, and shade pathways make the walk to the ruins th most pleasant aspect of a visit to th park. However, you may want to spen a fair amount of time in the House Happy Walls looking at the Jack Lo don mementos, which include mar photographs of the author and his wif Park admission is 25 cents; hours a

NORMAN A. PLATE

Visitor *looks at ruins of London's Wolf House, burned in 1913 fire*

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Fun of farm, forest, mountain, stream — where Pomo Indians camped. Sleep in tee-pee tents by stream — home of beaver, trout, turtles, frogs; **Western, English riding, tennis,** NRA riflery, archery, farm chores, building, drama, crafts, ecology, nature; swimming, fishing, sailing and canoeing in camp pond, stream or lake; **Water skiing, canoe, pack & nature trips available.** Trans. TO camp incl.

Special programs, ages 7–9, 10–11, 12–14.
Leadership training program (CILT) ages 15-17

Write Bob and Marian Brown, Box 306S, #7 Ardilla, Orinda, CA 94563: Phone (415) 254-5960. Member ACA and WAIC.

CAMPS

Western Association of Independent Camps

Bob Mathias
SIERRA BOYS CAMP

Boys 8–16. Extensive indiv. program. Mature staff, 1:4 ratio. Xlnt. facilities. Private Lake, Riding, Indiv. & Team Sports, Pack Trips, Water Sports, Archery, Riflery, Trampoline, Track & Field, Baseball, Basketball, Crafts, Wrestling, Weight Lifting, Survival, Ecology, Specialties. **P.B. Slaton, Snowline, Kings Canyon Nat'l Park, Ca. 93633 (209) 336-2514.**

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ADVENTURE CAMPING for Boys 9–11 & 12–17

"Building Boys Better for a Brighter Future"

• Leadership • Challenge • Learning • Fellowship

For boys who seek a fun-packed adventuresome outdoor summer experience in self-discovery. Usual "in-camp" program activities and wilderness "out-camping" in Utah's High Rockies & Colorful Canyonlands. • **Horses and Outpost packing** • **Mountaineering and Mountain Climbing** • Lake Powell Water-skiing and Sports • Kayaking and River Running • Wilderness Survival Training. • **Conservation and Ranch Work.** • Varied, **individualized** program **with mature** counselors aimed at cultivating INITIATIVE and SELF-RELIANCE. Limited enrollment (40 boys). ACA & WAIC accredited. Supervised transportation arranged. For detailed information &/or schedule of film showings & **personal interviews contact: NAVAJO TRAILS, Don Sampson, Box 886, Los Altos, CA 94022 245-6789 M. Ellett, 4273 Miller, Scottsdale, AZ 85251 946-8682**

Fort Jones, Cal. Coed 7-14

SIS-Q RANCH

Share a summer with us in the warmth of a Western ranch. Try the scenic, uncrowded beauty of Scott Valley. Horseback riding, wilderness pack trips, swimming, fishing, survival, ecology, ranch activities. June 25 - Aug. 19. (1-8 weeks). Tom & Jan Ball, Rt. 1, Box 2561, Davis, CA 95616.

CAMP MENLO SUMMER TENNIS CAMP

TENNIS CAMP: For girls 9-14; two 2-week sessions, residence and day. Professional tennis instruction by Nancy Miller and qualified staff. Program includes swimming, diving, crafts. June 26 to July 21. **TENNIS DAY CAMP:** Boys and girls 9-12; 2-week session. July 24-August 4. Mrs. Miller & staff. **DIVERSIFIED DAY PROGRAM** for 3-8 year olds. Half day. Enrichment and skills programs, swimming, art. June 26 to July 21. Write to: **Camp Menlo, Convent of the Sacred Heart,** Menlo Park, Calif. 94025. Telephone (415) 322-1866

ARBUTUS CAMP — Boys 5 thru 14, Girls 5 thru 12 (one session only)

At Beautiful Lake Tahoe

38th Season, June 18th to August 27th

No poison oak, no smog. Water skiing, swimming, lake & pool, speed boating, fishing, hiking, crafts, ice skating, lapidary, rock hunts, chapel, archery, riding, trips to: ghost towns, Indian reservations, old mines. Write: San Jose Rescue Mission, Dept. S, Box 143, San Jose, Ca. 95103. Phone (408) 297-8442.

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Learn from the Pros!
Boys Grades 3-11

4 BIG ONE WEEK SESSIONS

For Free Brochure Write:
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C.B.C. Dept. A
3052 Clairemont
San Diego, Ca 92117
or call 714/276-6410

NEW PIONEER RANCH

Summer Camp

"Old ways to new experience"
56 Boys & Girls. Mr. & Mrs. Robert S. Hooper
P.O. Box 565, Weaverville, Calif. 96093

Parkville Ranch BOYS 6-14. Capacity 10 No. of S.F. 200 mi. $65/wk Working ranch—Horses—Chores—Swim & Fish—Conservation. Weekly campout in Lassen Park & Girls week Aug. 13. Special: Trinity Alps pack trip for boys 10-14, Aug. 13, $75. Dave DuBose, Rt. 1, Box 270, Cottonwood, Calif. 96022. **ACA Accredited.**

SCHOOL AND CAMP DIRECTORY

is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

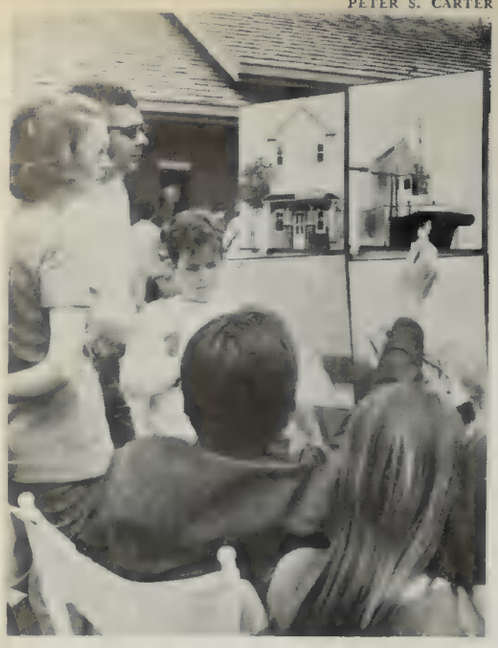
TRAVEL DIRECTORY beginning page 10

GARDEN CENTER beginning page 281

FINE FOODS CUPBOARD beginning page 200

SHOPPING CENTER beginning page 285

PETER S. CARTER



Painter *explains his techniques at Saratoga art festival. More than 100 artists display works*

from 10 A.M. to 5 P.M. daily.

Art in Saratoga

Backers say the Saratoga Arts and Crafts Festival is the biggest one-day art show in the Bay Area. It's at the Saratoga Village Shopping Center on Sunday, May 7, between 10 A.M. and 6 P.M.

The event touches just about every form of fine and handicraft art, and most items on display will be for sale.

Proceeds go to charitable organizations. The public is admitted free.

Saratoga is about 10 miles southwest of downtown San Jose and about 4 miles northwest of Los Gatos. You shouldn't have trouble finding the show once you're in town.

Oakland's Greek Week

May 1 through May 7 has been proclaimed Greek Week in Oakland to celebrate the 50th anniversary of the city's Greek Orthodox Church of the Ascension. The Oakland Museum will exhibit Byzantine art and Greek costumes, and Jack London Square will be redesignated Constitution Square for the week, with its restaurants serving various Greek delicacies.

A few major events include: April 30—Greek dancing, Oakland Museum courtyard, 2:30 P.M.; May 2—a concert of sacred music, Byzantine chants and Greek folk songs, Oakland Museum theater, 8 P.M.; May 6 and 7—Greek Festival, Oakland Auditorium, 10 A.M. to midnight, with Greek crafts, music, dancing, cooking, and full Greek dinners served from noon to 10 P.M.

Admission to the festival is $1 for adults and 50 cents for children; the week's other events are free. For a complete schedule call (415) 531-3400. □

For travel planners, a May check list

Railroad charge cards. You can now use American Express charge cards to buy rail passenger tickets in the West, and Master Charge cards may soon be accepted as well. However, Amtrak, the government's passenger rail service, is warning customers to buy only round-trip tickets because some stations are not yet equipped to handle credit card purchases. Eventually the entire passenger system will be using the credit card method and in the future you will also be able to buy food and drink aboard trains with the designated credit cards.

Europe by bicycle. A three-week tour through parts of Belgium, France, Switzerland, and Germany with emphasis on bicycling is now available for $475 per person. The price does not include air fare from the United States to Brussels, where the tour begins, but it does cover accommodations and bicycle rental.

Tour members will use 10-speed bicycles for sightseeing and travel, though a bus will be used sometimes. Destinations include Paris, the Loire and Rhine valleys, and Baden-Baden. The tours are scheduled for June 2 and 26, July 18, and September 1. For information write to Vagabond Cruises and Travel Service, Walston Building, 1112 Fourth Ave., Seattle 98101.

Western travel. Cooks Tours has announced seven guided tours that touch some of the West's most spectacular scenery. For example, the "Splendors of the Northwest" tour covers Yellowstone, the Grand Tetons, Glacier, and other parks and beauty spots. "Pacific Profiles" extends from the Oregon border through California to the Los Angeles area, visiting the Oregon Coast and California redwoods. Prices for the 14 to 21-day excursions begin at $625, which doesn't include air fare. For information write to Thos. Cook & Son, 587 Fifth Ave., New York 10017, or contact a local Cooks Tours office.

African views. Three-week field trips into Kenya, Uganda, and Tanzania are available now for $1,585 from New York (add $50 for June, July, and August). The price includes expert guides who will explain African zoology and ecology. Accommodations, air fare, and meals are included. For information write to National Parks and Conservation Assoc., Travel Division, 18 E. 41st St., New York 10017.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

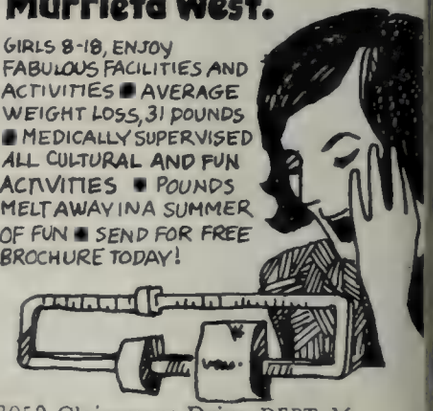
Sunset *School & Camp Directory*

CAMPS

OVERWEIGHT?

Become a new girl at **Camp Murrieta West.**

GIRLS 8-18, ENJOY FABULOUS FACILITIES AND ACTIVITIES ■ AVERAGE WEIGHT LOSS, 31 POUNDS ■ MEDICALLY SUPERVISED ALL CULTURAL AND FUN ACTIVITIES ■ POUNDS MELT AWAY IN A SUMMER OF FUN ■ SEND FOR FREE BROCHURE TODAY!



3052 Clairemont Drive DEPT. M
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Backpack trips for girls and boys 11-16 in the Olymp and Cascades. Trips are designed to provide an enjoya and challenging wilderness experience to each participa We cater to the novice with instruction tailored to in vidual needs to build self-reliance, confidence and to along with other people. Experienced adult leadersh Write:

Northwest Alpine Guide Service
P.O. Box 80041, Seattle, Washington 981

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A child's paradise of ranch living. Riding, swimming, nature lore, crafts, animal-care for boys and girls 8 to Two week sessions, June 18 to Aug. 26

ACA ■ WAIC member.
For brochure or reservations write:

R. G. Jamison, Dir.; Rancho Oso Summer Camp, Star Rte., Santa Barbara, Cal. 93105

Venture Valley ■ small summer ca Santa Cruz Mounta

Fun and adventure for girls and boys 6 to 15. Hors swimming, pioneer camping, ranch animals, beach tri campfires, sailing, art, fishing, cooking . . . and mu more! Want to build a raft for the Lake? Let's make bow and arrow . . . Want to pick wild berries and ma pies? Let's build a treehouse!

Write: Bonnie Wendt, Venture Valley, Box 5, Corralitos, California 95076. Phone (408) 724-9025.

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40,000 Acre Arizona Ranch Camp ▪ Coed 7–1

Challenging opportunities in horsemanship, creative ar environmental & ecological studies, sports, swimmin desert survival in ■ value oriented community. Extens southwestern travel. Optional academic work. Spanish La guage Inst. Nationwide enrollment. ACA Accredited. 43rd year. Catalog. **Also Winter College Prep School**
Charles H. Orme, Jr. Box S, Mayer, Arizona 86333

FAMILY CAMP near Yosemite Natl. Park. Come bring the family for a week of fun with water skiing, horseback riding, swimming, cano ing, sailing, snoozing at SKYLAKE YOSEMITE CAM on Bass Lake, starting August 27th—Fee one wee adults $60.00, children $43.50. Meals incl. Brochur **P.O. Box 11163, Palo Alto, Ca. 94306. (415) 493-407**

MEDICINE BOW RANCH Saratoga, Wyomi Ages 7 - 17, Bo

Camp (June 26-Sept. 2): **Girls Camp** (July 31-Sept. Water skiing, riding, roping, pack trips, baseball i struction, swimming, riflery, crafts, scenic trips excellent food. **Art Reichle, Director (Head Baseb Coach UCLA), P.O. Box 848, Newhall, Calif. 9132**

Sunset School & Camp Directory

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on the ocean — for boys 7-17

June 25–August 5, three to six weeks of fun, including a varied sports program to suit every boy. Individually planned academic study available in six-week program. Write for catalog.

W. C. Atkinson, Jr.
Camp Pacific
Box SU
Carlsbad, CA 92008
714-729-2385

SNOW MOUNTAIN CAMP

Exploration and adventure in the Historic Sierra Gold Country for Boys & Girls 8-16
meeting ground for youth of all backgrounds with phasis on social growth through healthy, harmonious oup living. FLEXIBLE PROGRAMMING. Activities lude WATERSKIING, HORSEMANSHIP, SAIL-G, swimming, crafts, HIGH SIERRA BACKPACK-G, animal care, archery. Mature Staff. ACA Ac-edited. Special Riding Clinic: July 9-15, $125. Ses-ns July 16-Aug. 26. $265/3 wks. $590/7 wks. Write: y & Vicki Kalman, 235 Rome Road, Dept. S, vada City, Calif. 95959. 916-265-4439.

SANTA CLARA COACHING CAMP

. . . On the Campus of University of Santa Clara . . . for all boys 9-14

Conducted by the University athletic staff. 3 sessions: **June 18-July 1, July 2-15, July 16-29.**

ALL SPORTS. Residence and Day plans available. Non-Denominational.

FOR OCHURE WRITE: **S. C. COACHING CAMP, Ath. Office**
Univ. Santa Clara, Santa Clara, Calif. 95053

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LEARN: camping-fishing-back packing-ecology live in the WILDERNESS — travel Mexico to ASKA — Boys 11 to 17 — ACA accredited.
ite: **Bob Stonoff, Trailmaster**
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WAGON TRAIN TRAVEL CAMP

WILDERNESS SURVIVAL SCHOOL

ntana complete outdoor program · Co-ed 12 to 19 · e to Sept. · Designed for conservation and forestry eers. A real confidence builder for boys and girls who e outgrown regular camps · Wilderness trail rides, untaineering, dancing and houseboat parties. Salmon er floats. Tour Yellowstone. College credit in biology ecology optional. A.C.A. accredited. Estab. 1964. Char-er reference necessary. **Gerret S. Ouldhouse, Director, nbow Camp, Box 3633, Butte, MO 59701 (406) 792-3057.**

ACK TRIPS FOR GIRLS

Horse Pack Trips into the rugged South arner Wilderness of Northern Calif. Expertly guided girls 12 & over. Each girl has own horse for an forgettable 2 week trip. Riding, fishing & swimming cool mountain lakes. **For info., schedules & rates ite: Don Collis Pack Trips, Alturas, Calif. 96101**

ARMEL VALLEY TENNIS CAMP

Boys and Girls 9-17

cated on Rancho San Carlos in beautiful Carmel lley. 15 courts, playback T.V., 2 pools, modern ms. 3 week sessions. June 25-August 26. Brochure: **rmel Valley Tennis Camp, [redacted]. 2. Box 657, Carmel, . 93921. Phone (408) 624-2737.**

orse Shoe Ranch

6000 acre working Horse and cow ranch for boys 8-17.

tle work, Roping, Branding, Pack trips, Horse games, mming, Fishing, etc. Bunkhouse quarters, Well super-ed. Also year round program. Brochures. **Mr. & Mrs. . Sanowski, P.O. Box 64, Lima, Montana 59739.**

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Wilderness Backpacking Camp
Boys, Co-Ed, Family, Adults
Member ACA
Box 503S, Hoopa, Calif. 95546

CAMPS

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7000' In High Sierra on beautiful Huntington Lake.
Boys July 1-31 — Girls August 1-31. Ages 7-16.
Mountain and Lake program including:

- **Water Skiing** — 10 speedboats, top instructors.
- **Sailing** — 24 sailboats. Finest sailing lake in West.
- **Boating** — Over 100 pieces waterfront equipment.
- **White Water Kayaking ● Crafts ■ Skits**
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- **Riflery** — Pistol and trap shooting. (Firearm and home and hunter safety courses by request. Qualified teacher.)
- **Archery** — Target range and roving course.
- **Trips** to magnificent high country. Unexcelled outposts!
- **Fishing ■ Rock Climbing ● Back Packing**

Staff and equipment unexcelled in quality and quantity. Write or call for free brochure or appointment to see our ½ hour color movie in your home.

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A Horse Ranch in the beautiful country of the Redwood Empire. Specializing in horsemanship for the beginners and advanced. Trail rides, pack trips, and horse shows. Lots of riding. Proper supervision. Limited Capacity. For Folder or Reservations write or call.

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BOYS - GIRLS 6–15
Near St. Helena just 65 miles north of S.F.
Napa Valley
Summer Fun and Adventure

. . . with a purpose. **Operating ranch** — 726 acres. Our own lake — **Riding! Water Skiing!** Sailing-Swimming-Archery-Fishing-Crafts-Campouts! $85.00 per week includes everything. Begin 6/11. College Counselors. "Groups all year." MEMBER ACA. Brochure — Ed Keith, 225 Kearny St., San Francisco, Calif. 94108 — phone 421-7585, eves. 342-5409.

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400 acre operating Sonoma Mountain cattle ranch and summer camp for boys and girls, 6–17. Horseback riding • horse shows ▪ rodeo • animal care ▪ swimming • boating • tote-gotes ▪ mini-bikes • fishing ▪ riflery ▪ archery • camp-outs ▪ hiking • dancing. **Owners, Mr. and Mrs. Reno Pronzini, 3268 OLD ADOBE ROAD, Dept. S, Petaluma, Cal. 94952, Phone 707-763-1011.** Write or call for brochure.

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Horse Corral Meadows **For boys & girls 8-16**

Unique horseback riding camp on ▪ pioneer working cattle ranch in the High Sierras. A horse for each camper to ride on daily trail rides over unfenced acres. Rustic family living with ▪ junior guest ranch atmosphere. Lots of riding, pack trips, good food, and plain mountain fun. Good horses. Small camp. 7th year. Write for free brochure or call:

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Live in Oregon on a working ranch teaching riding, training, horse-care, Livestock management, Counseling. Insured protection, great food. Two-week sessions begin June 18. Free brochure, write Grayback Mountain Ranch, 6576 Williams Highway, Grants Pass, Oregon 97526.

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A FORESTED PRIVATE ISLAND
Boys and Girls 10-14

Water skiing, sailing, exploring, first aid instruction, folk dancing. Write
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Luxury lodge living, outdoor international adventures, San Juan Islands of Puget Sound. Bi-lingual French staff. Institut Francile-Canoe Island Camps, Inc., c/o Warren R. Austin, M.D., 2549 Sycamore Canyon Rd., Santa Barbara, CA 93108. (805) 969-0606.

CAMPS

GIRLS 8 to 18 — Slim YOURSELF IN CALIFORNIA WITH A FUN-FILLED SUMMER!

Learn 'The Skill Of Eating'

Trim down to your slim-best and learn how to *maintain* your new, lower weight at our specialized camp. Proper food selection and portion control together with ▪ carefully supervised exercise program make losing weight EASY. Pool, tennis, horseback riding, cultural activities, social grooming, successfully-proven follow-up program. Medically supervised nutrition program.

Morton B. Glenn, M.D. *consultant*
Mrs. D. Mostad *resident nutritionist*

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(714) 755-9389 Box 900, Del Mar, California 92014

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A well-chaperoned tour for young people 12-18. 13th annual conversational Spanish holiday tour. Formal instruction. Ideal way to learn Spanish. Live in lovely Cuernavaca hacienda. Visit historical Cozumel, Isla Mujeres, Puerto Escondido; also Merida, Oaxaca, Mexico City, etc. Write Wm. G. Hayes, 1114 State St., Suite 237, Santa Barbara, Ca. 93101. Tel: (805) 963-7741.

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Separate camps. On Pecos River, in mtns. near Santa Fe. Boys—riflery, skeet, riding, swimming, fishing, tennis, pack trips, crafts. Girls—riding (English & Western), fencing, swimming, tennis, dance, art, music, drama, nature, pack trips. Two terms. Phone: 505/982-3991.
Newcomb S. Rice, Box 2450, Santa Fe, N.M. 87501

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Boys 8–16—Join **Merlin ▪ Phil Olsen (L.A. Rams),** Mike White (head football coach, UC. Berkeley), Barry McKay of tennis fame. June 18–24. A total sports experience on beautiful Utah State campus in the shadow of the Rockies. Emphasis on football, wrestling, soccer, tennis. Additional instruction in other sports. Hiking, barbeque, fun & recreation under tutelage of topnotch college coaches and professional athletes. Write: Terry Cole, All Sports Camp, P.O. Box 578, Lafayette, CA 94549.

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Dennis Van der Meer, Nat. Champions' coach, assisted by Billie J. King, 3 times World's Champ., provides right tennis camp for child. Boys, girls 10-17 (beg. to advanced). Camps in Lake Tahoe, Cal., Fla., Hawaii, Mont., Aspen & Mid-west. Also adult clinics. Bro. **TennisAmerica, Box 1123, Berkeley, CA 94701.**

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A mountain camp in Rogue River country. Boys 8-15, $65/wk. Enjoy ranch-family living and mountain fun. Horses, minibikes, river trips, cave exploring, campouts and ranch chores. Bunkhouse quarters, good food and fresh Oregon air. School-year program also. **Mr. and Mrs. Ronald C. Davison, P.O. Box 447, Selma, Or. 97538, (503)-Selma-4002.**

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Intensive riding course. Theory, dressage, jumping, instructing. 12 wk. resident for all riding levels. Next session: 6-20-72 & 9-26-72. College accredited. Approved A.H.S.A. For brochure write: Sheldon Grant Riding School, Box L, Elk Grove, Ca, 95624. (916) 682-2101.

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A Farm Summer Camp For Girls and Boys

525 acres of redwoods & farmland in Northern Sonoma County Outdoor living with farm chores, swimming, tidepool trips (we are 1½ mi. from ocean) horseback, canoeing, weaving, folk dancing, 60 campers, 8–14, multi-racial staff, 21st season. **Mr. & Mrs. David B. Crittenden at Plantation, Star Rte, Cazadero, CA 95421**

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Sports • Swimming • Archery

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NO EXTRA CHARGES
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Find yourself and begin a new way of life with free expression through our successful camp program developed by Dr. Lee based on proven psychological principles. Enjoy an exciting summer: ice skating, swimming, horseback riding, trimnastics and more — along with fun side trips in the natural surroundings of the Lake Tahoe area. Supervision by Expert Professional Staff. (Brochure includes address and phone for additional information and brochure.)

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CATALINA ISLAND GIRLS' CAMP

Private Coves—Located on the Lee Side of BEAUTIFUL CATALINA ISLAND

Dirs. Jos. C. Robinson & Geo. Taylor

Sailing-Surfing-Swimming-Tennis

Baseball-Boating-Crafts-Riflery and Fun!

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Write for information or free brochure.

CAMPS

Western Association of Independent Camps

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Walton's

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45th Season—Boys 7-15—HIGH SIERRA North of Lake Tahoe. Portola, CA. 3, 6, or 8 weeks: June 18-Aug. 19. 2 weeks: June 25-July 8. Individual Programming geared to the interest and ability of each boy. Daily **Horseback** riding exploring the trails of beautiful Plumas Nat'l Forest. Great adventures & excellent fishing on campouts and **Pack Trips** to nearby Sierra Lakes & streams. **Riflery, Archery, Crafts**—Ceramics, Lapidary, Photography, Fly-tying, Indian Lore, Nature Crafts at Frontier Village. **Sailing, Water Skiing,** Rowing, Swimming, Trout fishing on **our 14 acre lake.** For the sports enthusiast—Football, Softball, Track, Wrestling, Gymnastics. Mature counselors. Brochure & Interview: **Mr. J. S. Stein, Director, 688 S. Henry Ave., San Jose, Ca. 95117 (408) 243-1867**

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Camp for Girls 9-16 27th Season

Sequoia Nat'l. Forest, Ca., Elev. 7,350 ft.

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Give her a smog-free, pressure-free, problem-free summer of fun, learning and personal development in the beautiful **High Sierras. Private lake.** Heated pool. **Individual programming** for girls with many varied interests. Over 25 camp activities.

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Phone (415) 967-8612

RANCHO VERDE *Summer Camp* For Boys & Girls 6-16

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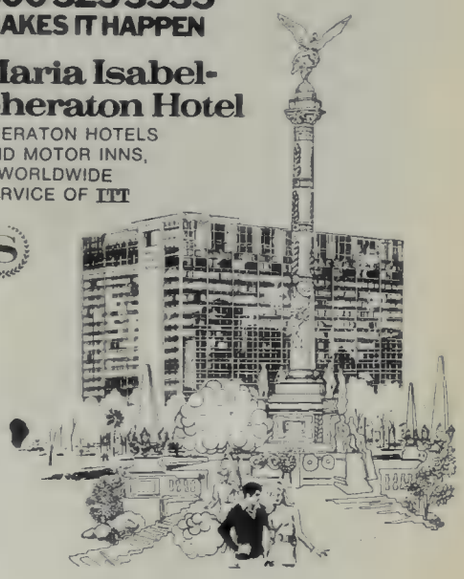

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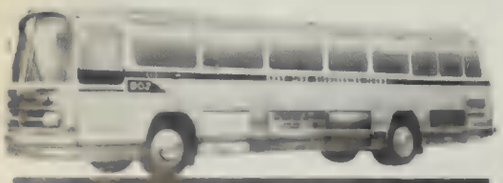

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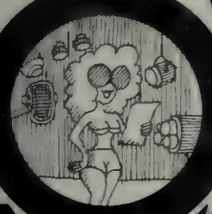

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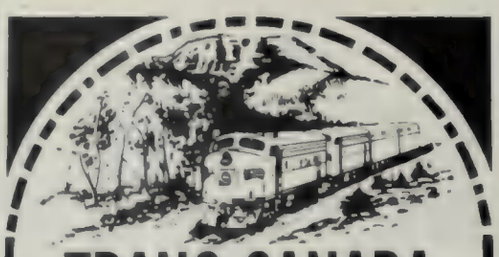

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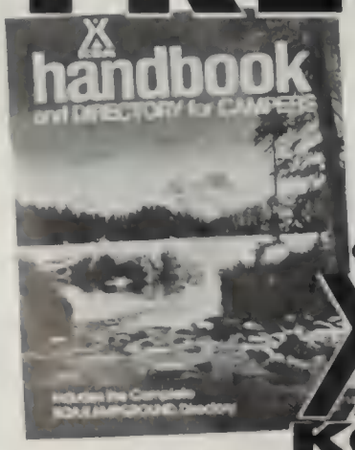

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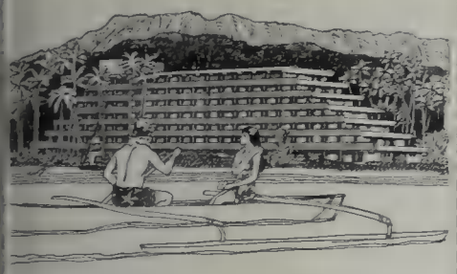

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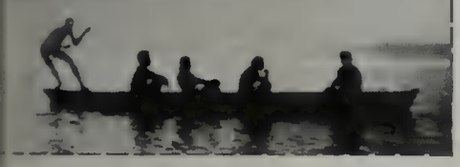

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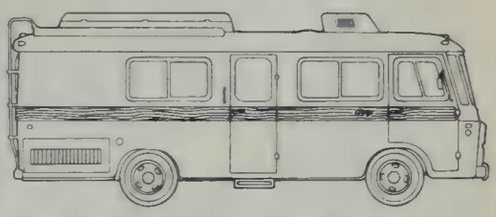

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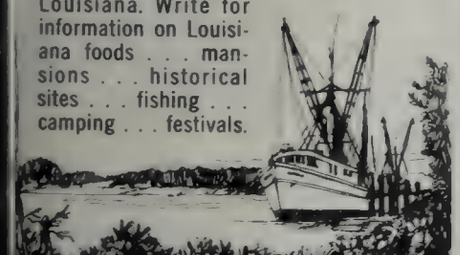

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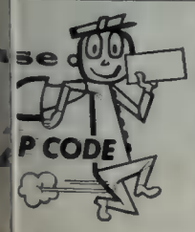

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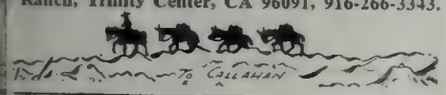

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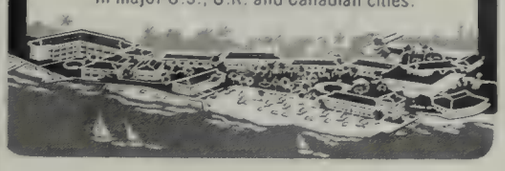

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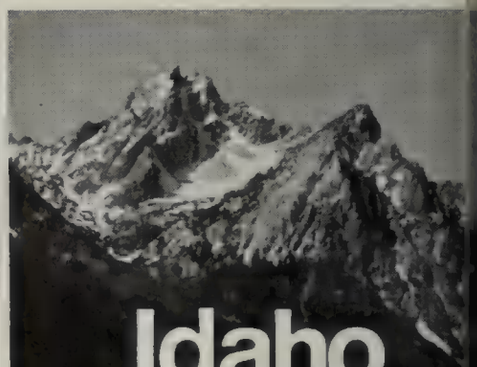

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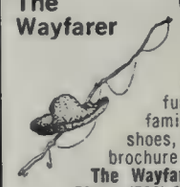

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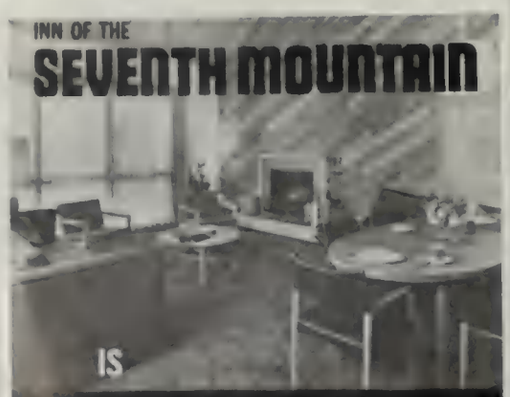

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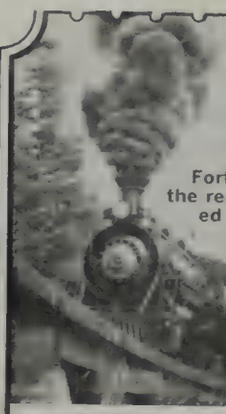

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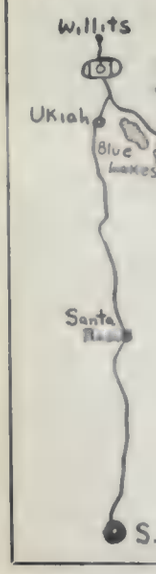

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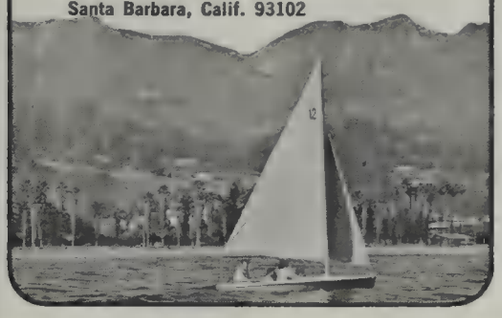

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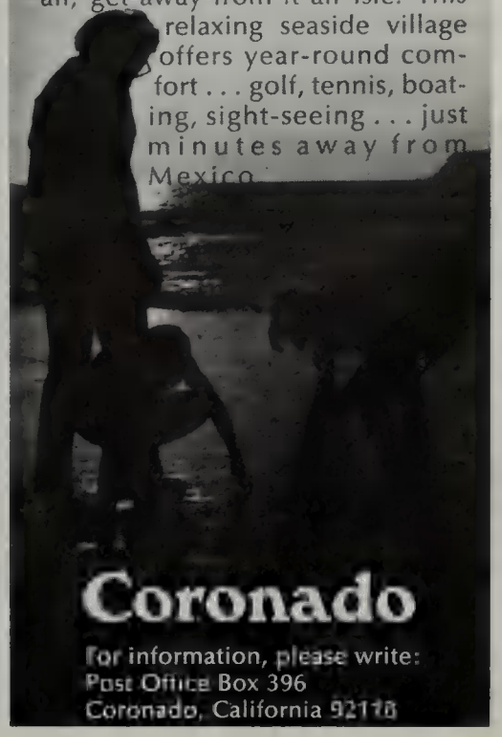

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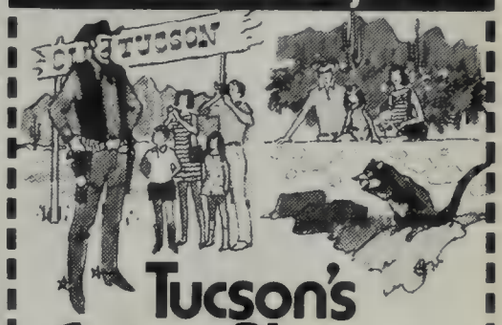

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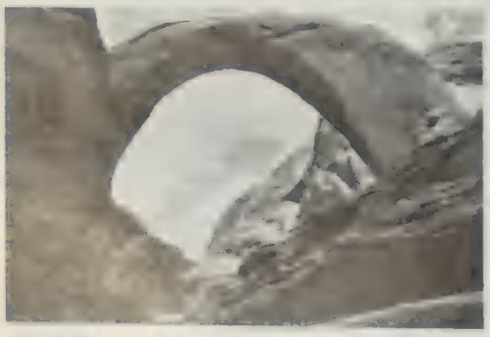

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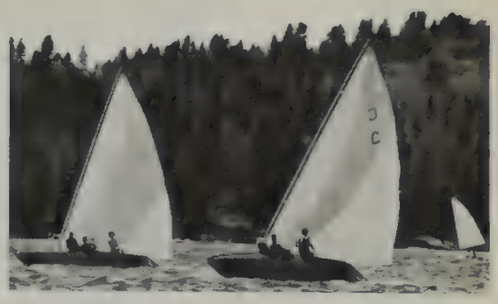
Mountains.



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WRITE US TODAY!

Train *steams under Embarcadero Freeway, with Ferry Building at left*

The Flying Scotsman on San Francisco's waterfront

Steam *pours from whistle as engine, with brakemen riding on front, passes Telegraph Hill, Coit Tower*

JOHN ARMS

Cleaning rag *in hand, engine-minder leans from window over crest on side of cab*

One of the most legendary locomotives of the steam railroad era is running again, but in a new location: the San Francisco waterfront.

The Flying Scotsman, the 96-ton engine that once powered the crack express between London and Edinburgh, Scotland, is carrying passengers on short round-trip hauls from Fisherman's Wharf under the Bay Bridge to Townsend Street. It's scheduled to run until May 21, but may be extended through June due to its popularity.

Passengers *enjoy fresh flowers in Winston Churchill's command car*

You can ride the train on weekends holidays as it chugs and steams on tracks of the San Francisco Belt R road past the Golden Gateway Ce the Embarcadero Plaza and fount and the Ferry Building.

The engine bears the glistening g livery of the London and North Eas Railway, where it began service in 1 It's designed in a 4-6-2 configura (four small wheels in front, six g drive wheels, two small ones in the r and was the first British engine ti at 100 miles an hour.

Besides its two tenders, the engine ries three passenger coaches: a stan British side-aisle, first and second-c compartment coach; an observation (which gives you the best view of engine in motion); and a luxuriously pointed parlor coach used by Win Churchill during World War II.

The Flying Scotsman leaves hourly f 10 A.M. to 4 P.M. from Powell St and the Embarcadero; the fare is $ for adults, $3 for students, $2 for yo 6 to 13 accompanied by adults, and for children 5 and under. Family counts are available.

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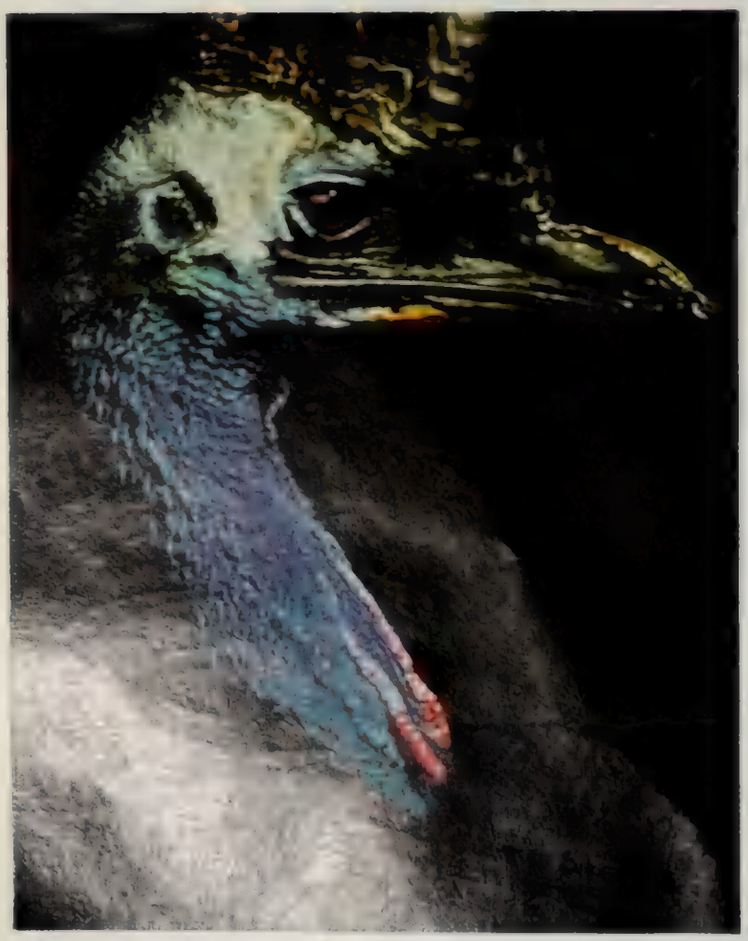

place on this earth.

The Pacific is Australia. Where winter is summer and summer is winter. Where you can stay in a modern hotel just a few hours away from an aborigine village where they still hunt with boo erangs. And where you can meet a cassowary, the bird that doesn't fly.

The Pacific is New Zealand. Where there are majestic fjords like Norway's, snow-topped mountains lik Switzerland's, and beaches like nothir you've ever seen in your life.

The Pacific is Bali, Samoa and F

And Tahiti. Where Gauguin we to paint and loved it so much he never came back. (Tahiti even has a sign at t airport that reads, "Please Refrain Fr Tipping." And they mean it.)

The Pacific is also Singapore. Hong Kong. And Thailand, where friendliness is a way of life. (Except at Thai boxing match, where a hard left foot to the back of an opponent's neck is perfectly okay with the referee.)

And, of course, the Pacific is Jap

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Kearns *Mansion has 28 rooms, 6 baths, and 9 fireplaces. House was built in 1902 for Senator Thomas Kearns. It later was a governor's mansion. Above, visitors stand in main hallway below ornate ceiling well*

Turn-of-the-century tour in downtown Salt Lake City

Keith Mansion's *Tuscan columns are 24 feet t*

Eagle Gate *(a replica) marks entry to Brigham Young's former estate*

Salt Lake City's grandest mansions were built around the turn of the century in a fashionable eight-block area of South Temple Street east of Brigham Young's two residences, the Beehive and Lion houses.

Today many of the mansions have been torn down or converted into office or apartment buildings. But enough of the stately old houses remain to recall another era when top-hatted millionaires drew rein before their new houses in clattering horse-drawn carriages.

You might like to begin a tour of the area at the Beehive House, next to Eagle Gate at the corner of State Street and South Temple. The house, built in 1854, gave the area a definite status, so that Salt Lake City's prominent businessmen after Utah's mining boom in the late 1800's naturally chose to build their houses along South Temple. The Beehive House is open to the public Monday through Saturday, 9:30 A.M. to 4:30 P.M.; admission is free.

From Eagle Gate, drive five block to the Kearns Mansion at 603 S. ple. The house is occupied by the State Historical Society and is weekdays, 8 A.M. to 5 P.M.

The mansion was completed in 19 a cost of $250,000, for Thomas K a United States Senator and partn the rich Silver King Mine in Park The interior is embellished with paneling, ornately carved by Eur craftsmen who were brought to Ut the house's construction. The third now serves as a gallery where conte rary artists display their works.

After touring the Kearns Mansion might stroll one block west to the Mansion at 529 S. Temple. It has restored and is now occupied by vate business. The cherry-wood pa foyer is open to the public from 8 to 5 P.M. on weekdays. There is n mission charge.

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Barn is surrounded *by corrals, duck pond, make-believe mountains (far left) for goats and people to climb on. Barn decorated not with Pennsylvania-Dutch hex sign but Hawaiian quilt design*

A. S

Zoo barnyard in Waikiki... it's Ohio in the tropics

What began as a petting zoo for island children unacquainted with farm animals has become a thriving barnyard in the heart of sophisticated Waikiki. It is the latest addition to the Honolulu Zoo in Kapiolani Park.

Corrals, a pool, and walkways surround the full-sized barn, which is painted tan and sports tinted windows and a bright trim. You can stroll through, looking at stalls of ranch equipment, small animals, and even hatching chickens. Or you can climb into the hayloft to watch bees working in their hive.

Outside the barn, goats, ponies, and other farm animals meander about an enclosure, often coming up to nuzzle an outstretched hand. There's a concrete mountain near the barn for climbing goats, and another outside the fence for agile children.

A windmill, a walk-in miniature silo, farm machinery, and weather-measuring equipment are nearby. You can fill the animals' water trough with an old-fashioned hand pump.

Admission to the main zoo and the barnyard is free; hours are 9 A.M. to 5 P.M. daily. The main entrance is at Kalakaua and Kapahulu avenues.

Honolulu Zoo is noted for its collection of large, rare Asian birds displayed in lush tropical settings; it's a peaceful retreat from the bustle of Waikiki. □

Little goats *slip through corral to get acquainted with girls on way. One licks palm, others f*

Mouse House *has openings at several heights so children and adults can watch colony of industrious mice*

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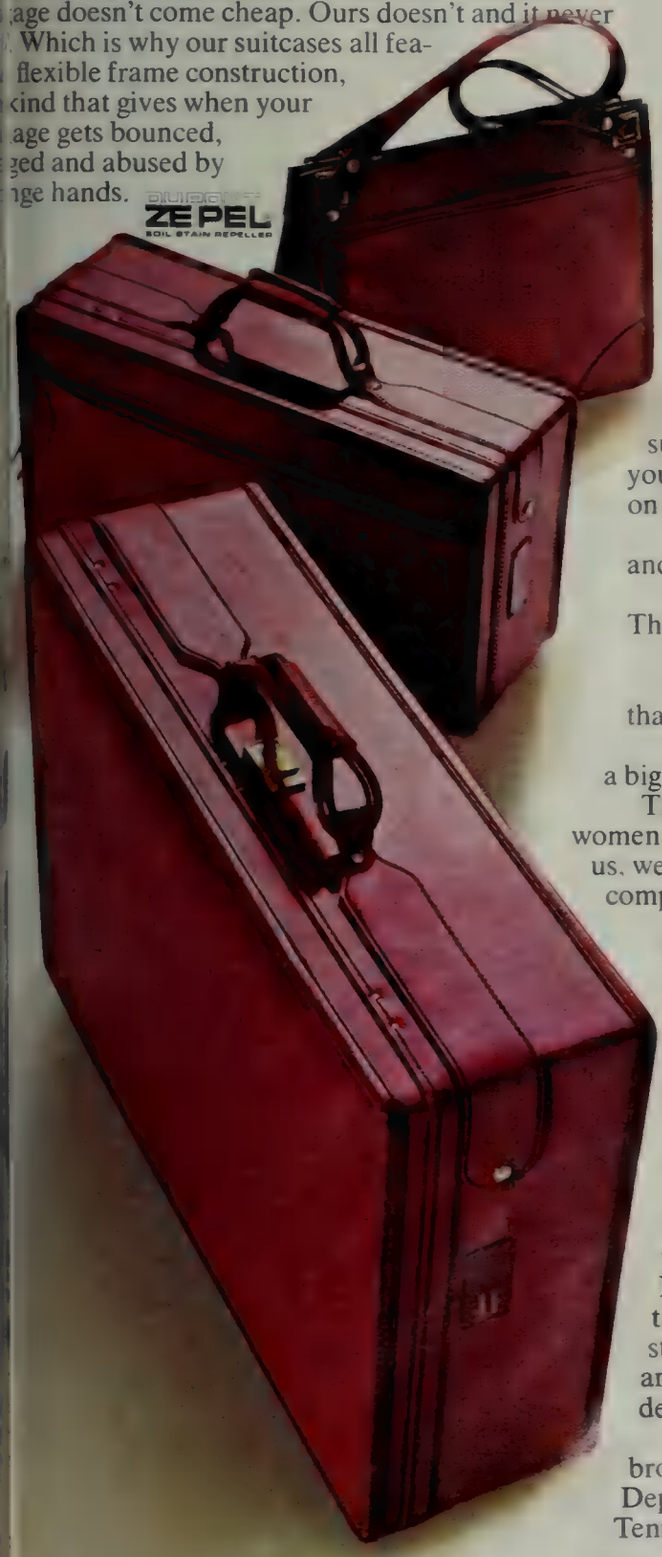

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And why our handles are hand-sewn to be softer, wider and with extra knuckle room.

Inside, all those extra pockets and other famous Hartmann conveniences are treated with Zepel stain repellent.

Even our Tote is roomier and more functional than others. Carry it by hand or on your shoulder.

It's a real piece of luggage, not just an old beach bag.

To lower prices on these goodies would require our lowering quality.

But now, to make it easier for you to own a basic Hartmann collection, we are squeezing ourselves just a bit in order to offer you something extra for a limited time.

From May 8th to May 20th, 1972 only.

If you invest in the Hartmann Fashion Tote, under seat Carry-On and 26" Pullman—[which have a manufacturer's suggested retail price of $170]—during this limited period you'll get the $50* Hartmann Hanger as a dividend on your investment.

The Hanger comes in 100% nylon Fisherman Pack Cloth and is trimmed in vinyl to match the other pieces.

It has a hook and a chain for hanging (that's why we call it The Hanger), but you can carry it folded or long.

Now don't think The Hanger's just a sack.

It's been ingeniously designed to let you carry lots more than just six dresses.

And there's a big flap pocket for loads of extras. All without a big bulge.

The pieces we've described are for women. But so we don't get Men's Lib after us, we're also making a similar offer on comparable luggage for men.

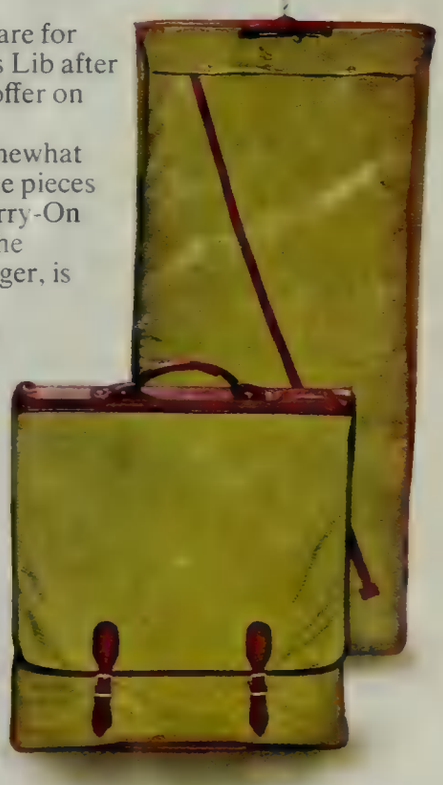
The men's prices are somewhat higher, $10* more for three pieces (Attache, under seat Carry-On and Two Suiter). But the dividend, a men's Hanger, is still a healthy 25%.

You don't find many companies paying dividends like that.

[Women's luggage in Champagne or Ruby vinyl; men's in Tiger Eye Brown or Black at participating department stores and luggage shops—and most Hartmann dealers are.]

P.S. For store names and brochure, write: Hartmann, Department S-5, Lebanon, Tenn. 37087.

*MANUFACTURER'S REGULAR SUGGESTED RETAIL PRICE



Your $170* investment.
(Tote, Under and 26-Inch Pullman)

Your $50* dividend.
(Hanger shown hanging and folded)

If you guessed yes, chances are you guessed wrong. Not all indoor subjects require flash. The light from the candles is probably sufficient.

But why guess at all? The Minolta Hi-matic E 35mm camera decides whether to flash or not, automatically, indoors or out.

Just leave the electronic flash on the Hi-matic E at all times. You get a flash when you need it. No flash when you don't.

And flash or no flash, you never have to worry about shutter speeds and lens openings. The camera adjusts itself automatically for a perfect picture every time. In any light. Even time exposures are automatic.

Think not, before you shoot. The electronic Minolta Hi-matic E is about $160 with flash and case (camera and case only, about $140). For information, see your dealer or write Minolta Corp., 200 Park Ave. So., New York N.Y. 10003. In Canada: Anglophoto Ltd., P.Q.

Minolta Hi-matic E
The automatic everything camera.

Shoppers *appraise paintings h fence at Honolulu's Saturday Ar*

Art on the fenc in Honolulu

Artists on the island of Oahu reg display their paintings and crafts promptu outdoor art shows. There be a masterpiece lurking amon pedestrian art.

Each Saturday from 8 A.M. until 4 the Honolulu Zoo fence along M rat Avenue is transformed into the ular and well established Saturda Mart. As many as 50 different show their work under the big mo pod trees that shade the avenue way, and almost twice as many are awaiting Saturday fence space. of the paintings, drawings, prints mixed-media compositions deal wit waiian subjects. Prices range fro to as much as $800.

Showings of oils, velvets, and acry products of the North Shore Guild—appear every Sunday painters set up along the Cannon Farm fence, on the Kahuku side o leiwa on State Highway 83.

Here you can buy still lifes, lands and seascapes. A sideline of one a to sketch or photograph you for trait on velvet.

Right beside the painters are ro craftsmen showing off handmade tery, glassware, macramé, croc items, and candles. Most work sale; some is produced as you wato

Similar outdoor art markets with ings are the Pearl City Art Corner displays on Sundays from 11 A.M P.M. in Pearl City at the corner o mehameha Highway and Lehua St GEM store fence in Honolulu, Su from 10 A.M. to 5 P.M., 333 Ward and the GEM wall in Waipahu, Su and Wednesdays from 9 A.M. to 5 94-144 Farrington Highway.

The great outdoors. Coleman lets you be a part of it.

Conveniently.

oleman understands the outdoors. s what Coleman has been a part of r over seventy years. Living it. Under-anding it. And developing products at give you a better feeling of what s all about.

Like Coleman's world-famous lanterns. Lanterns that roll the darkness back. The same lanterns that have been lighting the way for outdoorsmen for over three generations.

Like the comfort of Coleman sleeping bags. So soft you'll have trouble rolling out in the morning.

And catalytic heaters that fill your tent with safe, even-glowing warmth. Warmth you never have to worry about.

From stoves and lanterns to sleeping bags and tents, Coleman takes care of it all. You can depend on it.

Get closer to your country. Go with Coleman to the heart of it.

Coleman®

Greatest name in the great outdoors.

Oakland is all heart!

We make it easy for you to have a good time.

First, there's the nation's most complete sports and entertainment center—the Oakland/Alameda County Coliseum Complex. Here you'll see the A's, Raiders, Seals and Warriors. More major league sports teams than any other facility of its type in the nation. The Coliseum also hosts a continuous flow of top name entertainment. More than 3 million people took in the action at the Coliseum last year. So, for a good time in Oakland, the Coliseum is a great place to start.

Then, dine and shop in a historic setting at famous Jack London Square. Or relive California history at the most unique museum ever designed. Or set sail in the heart of the city on Lake Merritt with Children's Fairyland and rose gardens on the shore. You'll also enjoy selecting from a long list of fine restaurants and other interesting places to visit.

Staying in Oakland is easy, too. Many new and historic quality hotels and motels are conveniently located and reasonably priced.
We also make it easy for you to get here—by jet from all parts of the West to Oakland International Airport. And soon you'll be able to ride the West's most sophisticated public transit system, BART, to all Bay Area attractions, including San Francisco.

Oakland, the big league city, has something for everyone. Send for complete Visitor's Guide.

Mail this coupon now
for a complete Visitor's Guide to Oakland.

Oakland Chamber of Commerce
Convention and Tourism Bureau
1320 Webster Street · Suite 505
Oakland, CA 94612

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Address _____
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LEE I T

Pink *flamingos tes*
pool of new a

Walk-into aviar
in San Francisc

Blues, yellows, and pinks—colors r
seen on other creatures—make tro
birds among the most beautiful sp
cles in the animal world. A new v
through aviary at the San Francisco
now allows visitors to view these
in their natural setting.

The aviary is stocked with 80 sp
(150 individual birds), most of t
native to tropical rain forests or sa
nah. The building contains two w
falls, as well as plants like amar
bromeliads, silk oak trees, philoden
and water lilies.

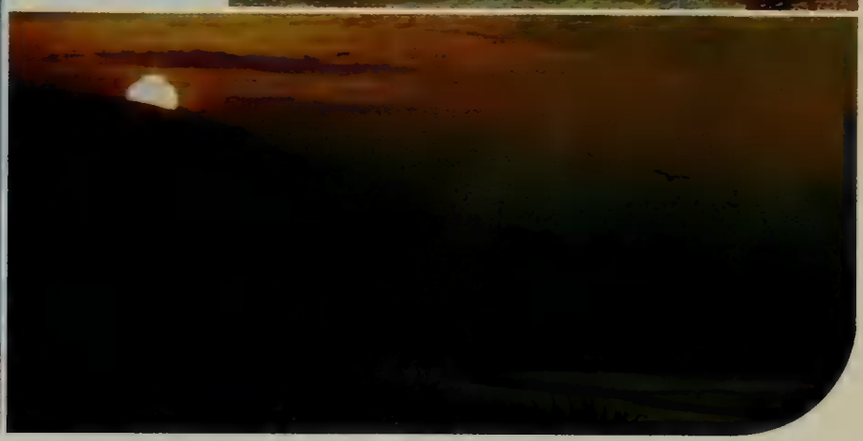
The birdhouse was originally built i
1930's and until recently housed it
cupants in cages. But under a $105
reconstruction program the old struc
was gutted and converted to an
area more nearly approximating a r
ral habitat, with controlled tempera
and humidity. Zoo officials hope t
conditions will encourage some bir
reproduce more often in captivity.

Among the rarer inhabitants are
mingos and mandarin ducks, in
pools; Brazilian red-crested cardi
ball mynahs, and fairy bluebirds, i
trees; golden pheasant and blue-cro
pigeons, on the ground. The Laysan
ducks, from Hawaii, were a nearly
tinct species at the turn of the cen

The aviary is open daily from 11
to 3 P.M. You pay only the zoo ad
sion: 50 cents for visitors 16 to 64 y
old, free to all others.

Bodega Harbour is...

the thunder of the sea crashing on its rocks,
a salt breeze filling your sails on a sunlit bay.
a floodtide of flaming color with every sunset,
waiting on the dock for the day's crab catch.



Scenes in and about the town of Bodega Bay, site of Bodega Harbour

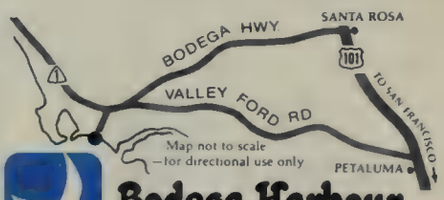
These are the built-in delights of a seasite at Bodega Harbour—these and a hundred more, whether you build your home here for weekend enjoyment or for the rest of your life.

Your children's children will still marvel at the natural beauty of Bodega Harbour because we've taken steps NOW to preserve it. And we've made sure that more than half of these beautiful acres will always remain open space.

Your family will enjoy a mile and a half of sheltered beach and sand dunes . . . walking the shore for driftwood and shells, learning about life in the tidepools, digging for clams, surfing and fishing. There's more, too—swimming in a heated private pool, tennis, golf, the luxurious facilities of The Beach and Country Club and The Boat Club, all bonded for completion in a specified time, as is complete development of the seasites.

Bodega Harbour is an invitation you won't want to resist. Buy land by the sea at Bodega Harbour.

Only 63 miles from San Francisco



Bodega Harbour

Transcentury Properties, Inc.,
a division of Brown & Kauffmann, Inc.

Free Full Color Brochure Packet!

Find out more about Bodega Harbour today. Send for full information with beautiful photography of area by Ernest Braun.

Write: Bodega Harbour, c/o Brown & Kauffmann, Inc., 935 East Meadow Drive, Palo Alto, Calif. 94303.
Phone (415) 327-4030

Name_____

Address_____

City_____ Zip_____

Introducing the Toyota Carina. It might be new to you but we've been living with it a long time

We froze, drenched, buffeted, skidded and crash-tested the Carina prototypes without mercy. So just in case you don't show yours much mercy, it'll be better prepared.

The inside of the Carina was designed to give your family the feeling that they're riding in one of the biggest small cars around. Or one of the smallest big ones.

The price puts it under our Corona and a little over our low-priced Corolla 1600. But that price includes an awful lot. Reclining bucket seats. Nylon carpeting. A locking glove box with a light. Even an electric rear window defroster. And that's just the inside.

Under the hood there's a spirited 1588 cc hemi-head engine that really performs.

Outside there are four headlights. Each set into a grille that gives the Carina a styling personality all its own.

The bumpers were built to take bumps. In fact, they're big enough to house the turn signals. And the large vertical rear lights give the driver behind you plenty of notice.

The Carina comes with power-assisted front disc brakes whitewalls, wheel covers and a more standard features.

Options include air cond tioning and a 3-speed automatic transmission.

All this and we still have mentioned Toyota quality. Beca we believe quality isn't somethi you just say. It's something you work on, sweat over, pound in, out, check and re-check. Until y get what you want.

Like the Toyota Carina.

For your nearest dealer call 800-243-6000 toll-free. In Connecticut, 1-800-882-6500.

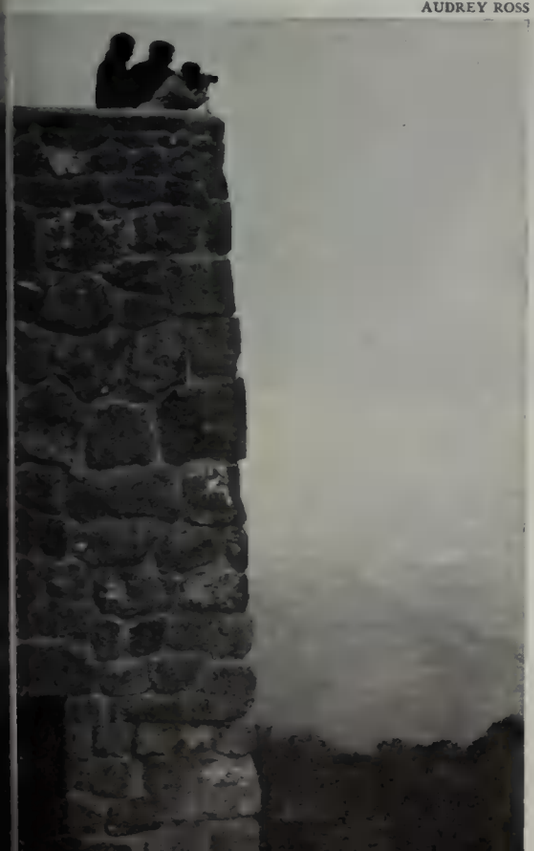
TOYOTA

See how much car your money can buy

Gleaming *in the distance is San Francisco Bay, seen from halfway up Mount Diablo*

Diablo in May... sunny but cool, fabulous view

AUDREY ROSS



Children *play in caves eroded in sandstone cliffs at Diablo's Rock City picnic area*

Visitors peer *eastward into foggy skies from observation tower at the summit*

The view from the 3,900-foot summit of Mount Diablo is worth the trip itself. On exceptionally clear days the panorama stretches from the Farallon Islands to Yosemite. But late spring and early summer are good times to make a visit for other reasons.

The mountain sits almost in the center of Contra Costa County and is only a scant 20 miles from downtown San Francisco. Yet it is part of a 7,000-acre state park, most of it untouched grassland dotted with stands of pine and oak. There are 80 overnight campsites, 250 picnic spots, and more than 20 miles of trails.

In May and June the weather is sunny, but fairly cool. The grass covering the slopes is usually still green, although it may not be after this spring's dry spell.

Many people hike rather than drive the winding road to the summit. Bicycling up, which would be punishing in the heat of midsummer, is more practical in May. And campgrounds (with full cooking and sanitary facilities) are uncrowded.

To get to Mount Diablo, turn east off Interstate 680 at Danville or at Treat Boulevard near Pleasant Hill.

There is a day-use fee of $1. You may need a camping reservation in the summer, which can be made through regular state park Ticketron outlets. □

Leahcim Reefesoj *studied piano and harpsichord at Juilliard prep school, Brandeis University. He plays miniature harpsichord Saturdays and Sundays on Beach Street between Wharfside and The Cannery*

Eve Otto *plucks harp downtown (here, on Grant Avenue in front of Saks Fifth Avenue); performs mostly original compositions*

GERALD R. FREDRICK

Baroque and classical street music...no

Francisco is the kind of city in ı an impromptu sidewalk carnival t to spring from the brow of any / day. Promenading and people- ıing have always been better than ge and now there is literally music ɜ streets. Some of the street mu- s play the predictable folk music ıitars, accordions, harmonicas, re- rs. Others, not so predictably, play n string trios, Telemann woodwind Bach harpsichord sonatas.

ıg from the quality of their play- :'s clear these young classical mu- s take their music seriously (we've : to some who have studied nearly ars). They've chosen to play on the ; for a variety of reasons ranging a shortage of jobs to a love of outdoors to the casual lifestyle ctivity allows.

They don't have schedules, so you really can't be sure of finding any one musician or group in any one place on any given day. But there are places and times that you'll almost certainly hear some.

There are two main centers for street music where you might stop and hear anything from baroque to bluegrass. One is downtown and includes Union Square and roughly the two blocks east of it, especially the corner of Post Street and Grant Avenue. The other area is around Aquatic Park, particularly at Ghirardelli Square and The Cannery, where musicians play in the courtyards through special arrangement with the managements, as well as along nearby sidewalks.

Weekdays, look for the musicians in either area between 11 A.M. and 2 P.M. Weekends, they're usually out all day. In good weather they're likely to appear on shopping evenings as well. You might also find them on Friday and Saturday nights along Grant Avenue in Chinatown, and in North Beach.

They play for pay, but how much is up to you. People typically drop a quarter, sometimes as much as a dollar bill, into a hat or open violin case. But many street listeners contribute nothing. □

Trio *at Ghirardelli Square favors Mozart, Schubert, Haydn. On viola, Linda Humperdink; cello, Julie Feldman; flute, Stewart Roaka*

st *Yvonne Bernklau, cellist Phillip Groody form irds of downtown string trio; here they p with flutist while waiting for viola player*

Neil Houghton *(left) and Joe Jackson play baroque woodwind duets on soprano saxophones at Ghirardelli Square*

San Francisco

In Idaho's *White Mountains pack train fords Slate Creek with gear of main party, which will follow*

Packers into wilderness and primitive areas in Oregon, Idaho

In our survey of pack trips into the West's national parks, we made the incidental discovery that both Oregon and Idaho have an unusually large number of packers into national forest wilderness and primitive areas.

The following list supplements the national park list on page 88. The majority of packers here usually provide food and do the cooking, but most will also take you in and return for you later, or furnish just stock and guide. It's best to write and ask the packer to send you a brochure and rate sheet.

For more information on pack trips, what they're like, and what to take, see the article on page 84.

Northeast Oregon

Blue Mountain Packers, Troy Rt., Wallowa 97885. Pack in the Wallowa-Whitman and Umatilla national forests; up Wenaha River into Blue Mountains.

Boulder Park Resort, Box 417, La Grande 97850. Pack up Minam River into Eagle Cap Wilderness.

Copia Pack Station, Box 877, Halfway 97834. Into Eagle Cap Wilderness with spot camps at Pine Lakes, Little Crater Lake, and south fork of Imnaha River. Also loop trip from Cornucopia to Frazier Lake.

Divide Camp Lodge, Box 49, Joseph 97846. Pack into remote areas and lake basin of Eagle Cap Wilderness in Wallowa-Whitman National Forest.

Eagle Cap Wilderness Pack Station, Rt. 1, Box 416, Joseph 97846. Snake River area of Hells Canyon, and high Wallowa Mountains.

Lapover Pack Camp, Wallowa 97885. Spot or extended pack trips from station on Lostine River into Eagle Cap Wilderness.

Minam River Lodge, Inc., Box 217, Cove 97824. Extended trips from lodge into lakes area of Eagle Cap Wilderness. Must fly in to lodge from La Grande or pack in on 8-mile trail.

Monument Ranch, Box 239, Enterprise 97828. From a 900-acre working cattle spread into Joseph Creek and on to Eagle Rock in Wallowa-Whitman National Forest.

Red's Wallowa Horse Ranch, Box 1, La Grande 97850. Pack up Minam River into Eagle Cap Wilderness.

Sharkey Ranch, Joseph 97846. Pack trips into Upper Imnaha River, the high lakes basin, and Hurricane Divide in Eagle Cap Wilderness.

Central Oregon

Cascade Packers, Rt. 1, Box 181, Stayton 97383. Mount Jefferson Primitive Area and Three Sisters Wilderness.

Elk Lake Pack Station, c/o Elk Lake Lodge, Bend 97701. From pack station at Elk Creek into high Cascades and Three Sisters Wilderness.

Will Klein, Rt. 4, Box 370, Bend 97701. Trips into central Oregon country.

Walker's Guide Service, Rm. 204, 861 Willamette St., Eugene 97401. Pack into high Cascades lakes of Odell, Triangle, and Lake of the Woods.

Southeast Oregon

Leroy Pruitt, Box 84, Vida 97488. Two pack trips into Steens Mountains and Blitzen Gorge: August 15 through 20; August 23 through 28.

Central Idaho

American Guides Association, Box E Woodland, Calif. 95695. Nez Perce T through Selway-Bitterroot Wilderne Idaho Primitive Area and Middle Sal River Trail.

Bitterroot Ranch, Kooskia, Idaho 83 Selway Crags in heart of Bitterroot Wilderness.

Bitterroot Wilderness Outfitters, Inc. Second St., Idaho Falls 83401. Into Bitterroot Wilderness.

Boulder Creek Pack Camp, 1526 Ri Lewiston 83501. Selway-Bitterroot Wilderness. Guests furnish food and cooking.

Coolwater Ranch, Potlatch 83855. I back country in Selway-Bitterroot mountains, Selway, and Lochsa are

Cool Water Ranch, 418 S. Van Bure Moscow 83843. Clearwater Nation Forest to Selway-Bitterroot Wilderr and Nezperce National Forest.

Cox Dude Ranch, Cascade 83611. Y Pines and Middle Fork of Salmon in Idaho Primitive Area. Can provide and tents, but prefer that guests brir

Leo Crane, Box H, Elk River 83827. Mallard-Larkin Pioneer Area of Nc Fork of Clearwater River country. Y furnish camping gear and food.

Devil's Bedstead Guest Ranch, Box Mackay 83251. To Alpine Lakes in Pioneer Mountains.

Dixie Outfitters, Lucile 83542. Into Salmon River Breaks and mining gh towns near Buffalo Hump.

Double M Company, Box 493, Han Mont. 59840. In mountain back country of Selway-Bitterroot Wilde

Elk Creek Ranch, Box 987, McCall 83638. From ranch up south fork o Salmon River.

Flying M Wilderness Outfitters, Gibbonsville 83463. Through Bitter Range, Salmon National Forest, Bi Horn Crags, and Idaho Primitive A Also along Continental Divide.

Garden Valley Ranch, Garden Vall 83622. Into middle fork of Salmon Deadwood River and middle fork o Payette River for fishing and photography.

H and M Recreation Safaris, Box 1 Lenore 83541. Lake and river coun Idaho Primitive Area.

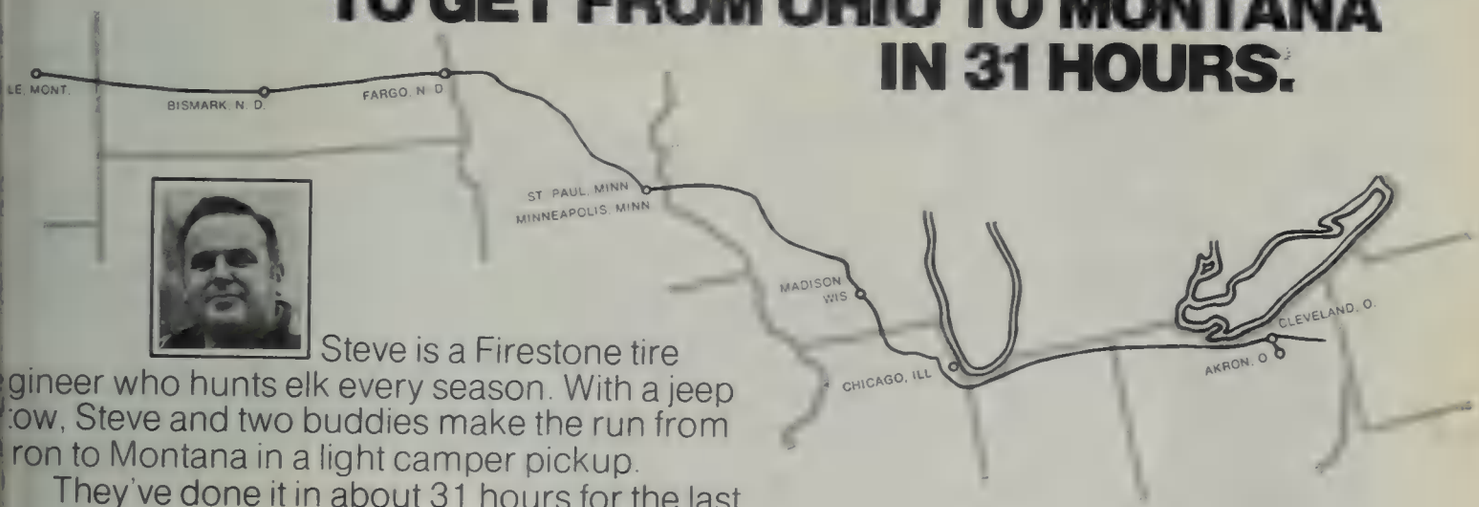
Happy Hollow Camps, Salmon 83 Into Bitterroot Wilderness.

Henderson's Packing, Rt. 1, New Meadows 83654. Seven Devils Mo Rapid River drainage area, and He Canyon. All gear furnished; guests bring food.

Ronald L. Horner, Rt. 3, Caldwell 8 Middle Fork of Salmon River and Idaho Primitive Area.

Indian Creek Guest Ranch, Inc., B 1089, Salmon 83467. From base at

STEVE PETRASEK HAS A SYSTEM TO GET FROM OHIO TO MONTANA IN 31 HOURS.



Steve is a Firestone tire gineer who hunts elk every season. With a jeep :ow, Steve and two buddies make the run from ron to Montana in a light camper pickup.

They've done it in about 31 hours for the last ıe years. Because they've systemized things wn to the last spare bolt: Two-hour driving shifts, l records, and food and gear allotments figured he final fresh egg.

The tires they'll be using next season are a ural part of this computer-like approach.

Firestone's Wide Oval Tire System campers. Here's how it works:

On the front, you put estone's Transport 500 Wide al® truck tires. They're the *ering* part of The System. They ve a wide, wide tread that ps the road to deliver more eage under normal nditions than the tires they laced in our line. (The nsport Wide Oval.)

On the rear, you put Firestone's Traction All Season™ Wide Oval™ truck tires. They're the *drive* part of The System. Their computer-designed tread lets you run along at turnpike speeds, then pull off the road (even into snow or mud or sand) and keep on going.

Two pairs of Firestone tires teamed together to provide your camper with stability, traction, and long tire life.

They work! Take it from Steve (write to him C/O Firestone, Akron, Ohio 44317 for more information). Or ask your local Firestone Dealer, the man with The System.

The Wide Oval Tire System for Campers.

Firestone

1972

Old Hawaii Is Alive and Living at Del Webb's Kuilima Hotel.

Just 45 minutes away from Honolulu, on the other side of the island, it's Old Hawaii.
With perfumed air. Warm, white beaches. Green mountains. This is the Hawaii they make movies about. And it's the Hawaii where you'll find Del Webb's Kuilima Resort Hotel and Country Club. KUILIMA (Koo-ee-lee-ma).
It sits out on a point overlooking the blue Pacific. Every room has an ocean view. And there isn't another hotel in sight. Kuilima is a complete resort with its *own* 18-hole championship golf course. Lighted tennis courts. Paddle tennis. Two swimming pools. A beautiful protected white sand cove to swim in. And miles of unexplored beach to roam.
Here, you're secluded; but not stranded. You're just a short drive to the Polynesian Cultural Center, Sea Life Park and many other points of interest. And scheduled transportation is available to and from Waikiki and Honolulu.
That's the beauty of staying at Kuilima. You get the quiet, unspoiled beauty of Outer Island atmosphere. But you're just minutes away from all the excitement.

Fill this out and mail it in. We'll send you free color brochures on Kuilima. We'll help you see the Hawaii so many people have missed.

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Address _____

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Mail to: Del Webb's Kuilima, Kahuku, Oahu, Hawaii 96731.

For reservations Call: **TOLL FREE 800-648-6802** (except Cal., Nev., Alaska, Hawaii); **TOLL FREE 800-648-6881** (Cal. only). In Hawaii: **(808) 293-8811.**

Or See Your Travel Agent

Opening May 10, 1972

Del Webb's KUILIMA (Koo-ee-lee-ma)

S

into Montana-Idaho Bitterroot Range

Indian Lake Outfitter, Darby, Mont. 95829. Selway-Bitterroot Wilderness.

Madsen Brothers, Box 15, Ellis 83235 Idaho Primitive Area and Big Horn Crags. Everything provided or you bring food.

Moose Creek Ranch, Lucile 83542. Selway-Bitterroot Wilderness and Sev Devils area.

Mystic Saddle Ranch, Obsidian 8325 Sawtooth Primitive Area and White Cloud Mountains. Specialty is spot pac trips into Alice or Toxaway Lake.

Dan O'Conner Outfitter & Guide, Box 215, Challis 83226. Idaho Primitive A Big Horn Crags, and Salmon National Forest.

Arnold Oswald, Box 354, Kamiah 835 Selway-Bitterroot Wilderness between Lochsa and Selway River.

Panther Creek Ranch, Challis 83226. From ranch into Idaho Primitive Are and Big Horn Crags.

Primitive Area Sportsman's Camps, 1 S. Owyhee, Boise 83705. White Cloud Sawtooth National Forest, and Idaho Primitive Area.

Proc & Sons, Box 1159, Nampa 8365 Pack into good fishing lakes in Payette National Forest.

Ramshorn Ranch, Meyers Cove, Cha 83226. From lodge into Salmon Natic Forest, Idaho Primitive Area, and Big Horn Crags.

Gerald Richie, Star Rt., Darby, Mont 59829. Into Selway-Bitterroot Wilder of Idaho and Montana. Two schedule trips: July 3 through 13; August 28 through September 5.

Rio Outfitters, Box 622, Post Falls 83 Mallard-Larkin Pioneer Area for fish

Robinson Bar Lodge, Clayton 83227 From ranch into White Clouds and Sawtooth Primitive Area for fishing a nature photography.

St. Joe Lodge Co., Box 444, Spirit La 83869. Into St. Joe and Clearwater national forests.

Salmon River Lodge, Box 58, Salmor 83467. Big Horn Crags and Idaho Primitive Area.

Sawtooth Lodge, Lowman 83637. Into the Sawtooth Range and the sou fork of Payette River. Guests usually provide own food.

Torrey's, U.S. Rt. 93, Clayton 83227 From resort facilities into Salmon Ri and White Clouds.

Triangle-C Ranch, Box 1187, North 83466. Into Salmon National Forest. Salmon River country, and Big Horn Crags near Idaho-Montana border.

Vista Bell Haven Ranch, Star Rt. Bo Kooskie 83539. Ride from ranch int Bitterroot Mountains and middle for the Clearwater River.

Wagonhammer Springs Outfitters, Box 1096, Salmon 83467. Wilderness

Buick Skylark 350. The roof is on us.

Buy a Skylark 350 specially equipped and we'll give you a sport vinyl top at no charge.

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It means great deals on any new Buick that strikes your fancy.

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If you see your dealer now, order your Skylark with some of the options you'd probably want anyway. Like a heavy-duty energizer for quick starts. A heavy-duty air cleaner. And special instrument gauges and clock.

You'll get the snappy sport vinyl top at no charge.

You'll also be getting a car that traditionally has had the highest resale value in its class. And that's saying a lot about its value right now.

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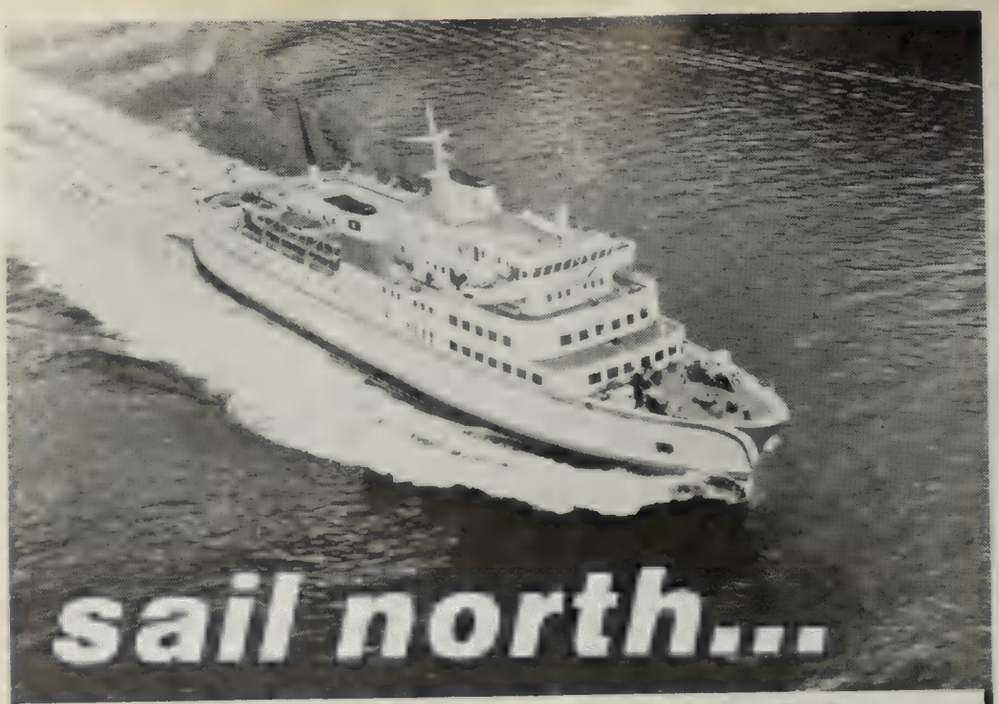
Buick Bargain Days.

It means it's time to see your Buick dealer.

GM

MARK OF EXCELLENCE



then wheel into the exciting heart of British Columbia!

The MV "Queen of Prince Rupert" is an extension of British Columbia's fine highway system, bridging 330 miles of the fjord-like, coastal Inside Passage. Board with your vehicle at either Prince Rupert or Kelsey Bay on Vancouver Island to complete the Totem Circle tour. Enjoy unparalleled service on this cruise-like ship, then 20 hours later arrive refreshed at your destination to continue your motoring adventure. Drive by the finest native totem poles along the Skeena River. Visit the Cariboo country with its lakes, ranches and goldrush Barkerville, then be awe-struck with the grandeur of the Fraser Canyon. Vancouver and Victoria await you. See your travel agent, auto club, or send for our Totem Circle kit — in any season.

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Salmon River Mountains.

White Water Guest Ranch, Rt. 2, Box Grangeville 83530. Main Salmon Rive Salmon River Breaks Primitive Area, and high mountain lakes.

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Vaughn Haderlie, Freedom, Wyo. (on Idaho border) 83120. Caribou and Targhee national forests.

Palisades Creek Ranch, Box 594, Palisades, Idaho 83437. Teton Nation Forest and Jackson Hole country.

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Twin Lakes Guest Ranch, Box 68, Cl 83228. Caribou National Forest, Oxf Mountains.

Idaho fly-in trips

Falconberry Looncreek Ranch, 1050 Memorial Dr., Idaho Falls 83401. Twenty-minute flight from Challis. F lodge into heart of Idaho Primitive A

Flying 'R' Outfitters, Rt. 1, Box 94D, Kamiah 83536. From base camp reac by plane from Grangeville, trips into Selway River and Moose Creek in Selway-Bitterroot Wilderness. Everyt furnished or handle own food and cooking.

Flying W Ranch, Rt. 2, Box 242, Em 83617. Take plane from Emmett. Ida Primitive Area.

MacKay Bar's Stonebreaker Ranch, Box 1099, Boise 83701. An hour fro Boise. From Chamberlain Basin into nearby lakes in Idaho Primitive Are

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Sleeping Deer Ranch, Box 212, Chal 83226. Fly in from Challis or pack i From ranch into drainage area of Sa River's middle fork.

Idaho trips with access by jet boat

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White Water Boatman, Box 705, Sa 83467. High lake country of Salmon River Breaks Primitive Area. Trip e with jet boat ride to base camp.

ltures past and present are woven together at a hoolaulea.

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JOHN REGISTER

Greek shop *features great variety—from dresses and pottery (above) to rugs, pillows, and wall hangings (right)*

Shopping for imported folk art in Manhattan

Larger cities in the West have many excellent folk art stores, but if you're in New York you will particularly enjoy exploring these shops. They're all in the midtown area, a short walking distance from most hotels.

So many Americans have become conscious of folk art, and fond of collecting it, that import stores have mushroomed. Since folk art is largely a one-of-a-kind selection, the piece you like can be absolutely anywhere you find it. And chances of finding what you want almost as good in this country as in country of origin. Importers, often fluent with the native language most tourists, scour the hinterland tinually to bring back the rare and charming.

We list four folk art stores in Manhat If you have a special interest in country, you may want to go straigh the store that features its work. Ot wise, try sampling several.

Greek Island Ltd., 215 E. 49th St. tween Third and Second avenues), 7547. It's well worth the jaunt cr town. Shopping has never been eas Greece but it is here. Started as a ho nine years ago, this shop has the bes Greek crafts and includes almost al them. Here you'll find handloomed r fabrics, Greek sailors' shirts, gl

Choosing *between two handcarved pieces may be time-consuming*

If you've an idea Ford's all-new Ranchero is a high-spirited sports car, you're right. If you think Ranchero is a handy, hard-working pickup, right again. For Ranchero is a beautiful blending of both. It offers a ride that's both smoother and quieter with a wheelbase that's four inches longer than last year. New strength and durability with a solid big-car frame. And clean responsive handling with a new link coil rear suspension. Front disc brakes are standard, and you can choose any of six spirited engines up to a 429 V8. Big new loadspace, too, with a new box that's longer at the rail and wider at the floor. 4-foot panels easily slide between wheelhousings. And campers or boaters will welcome a new towing capacity of up to 6,000 pounds. See a Ranchero 500, GT or Squire at your Ford Dealer's soon. With so much that's so right, you can't go wrong.

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At Sona, *sari-clad*
tells the story of the c

earthenware, and several counters
dangling necklaces and worry beads
The small shop is set in Amster Yar
group of converted nineteenth cen
buildings with a court behind. If
have the time, walk around to the
to see this unusual setting in the hea
Manhattan.

Sona the Golden One, 11 E. 55th St.
tween Fifth and Madison avenues),
4586. Handcrafts from India are
played in a crisp, contemporary b
ing. Bolts of silks, stoles, and saris
one wall. Silver filigree jewelry
enamelware fill the front cases.
might enjoy browsing through the m
and toys: terra cotta figures from
gal, gaily painted papier mâché and
birds, shadow puppets, and realistic
animals covered with fur.

Since Sona is run by a branch of
Ministry of Commerce of India, it t
considerable care to show the bes
Indian art.

Cepelia, 63 E. 57th St. (between M
ison and Park avenues), 751-0005.
handmade goods here are the prid
Poland. You'll see kilim rugs (a P
flat weave), some of which are
enough for the floor; others can be
on the wall. The primitive wooden
are especially appealing: nested d
tiny cart pull-toys with birds that po
and down as the cart rolls, and h
carved folk figurines. On a larger
are some very bold and handsome
sculptures.

Phoenix, 793 Lexington (at 61st
838-2522. With an emphasis on
women might like, this shop has aut
tic handwoven fabrics from Me
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or you can buy colorful cotton for a
$4 a yard. Take a look at the jew
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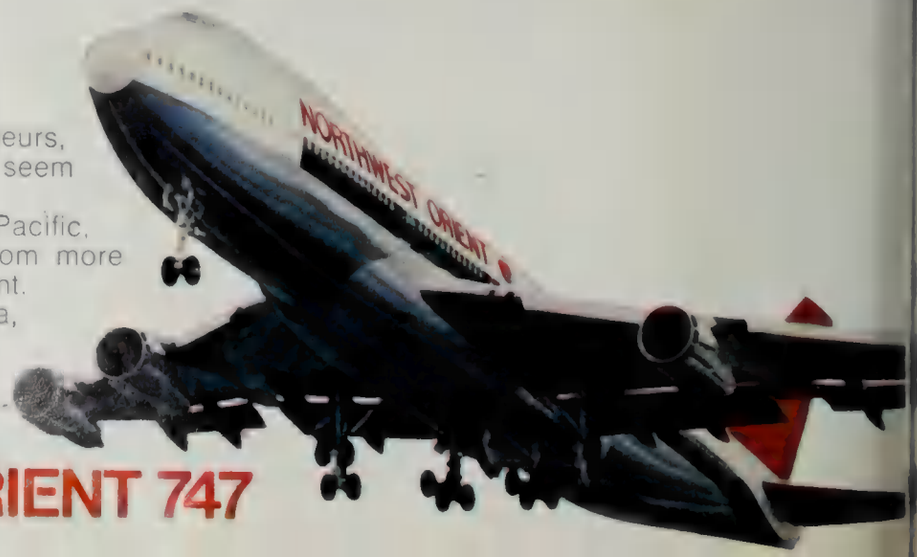

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1972

CECIL HELMS

Smiling camel *seems to like his work, and passengers enjoy their ride*

Zoo near Coarsegold lets you get close to its animals

A face-to-face encounter with animals usually seen only in a zoo lies ahead for visitors to Safari World. This compound in the Sierra foothills of central California has been developed into a reserve for lions, monkeys, and baboons, as well as 40 other species of wild animals.

You can take a narrated tour in specially built 16-passenger trams, and usually you are no more than 20 or 30 feet from roaming zebras, buffaloes, and ostriches. Monkeys often climb over the enclosed vehicle and occasionally a lion may challenge the tram.

The game ranch and baby zoo is a walk-through area where you can stay as long as you like. Children and adults enjoy feeding or petting young llamas, elephants, hippos, chimpanzees, and monkeys. Outside the gate of this enclosure you can ride a camel, elephant, or llama for an additional 75 cents.

Safari World is located near Coarsegold, 34 miles north of Fresno on State Highway 41. It is open daily from 9 A.M. to 5 P.M. during the summer and 9 A.M. to 4 P.M. in winter. Admission is adults, $2; senior citizens, $1; children 3 through 14, $1; and under 3, free. □

Cuddly cub *with over-sized feet listens attentively to attendant. Visitors can't get this close*

R. WENKAM

Visitors trace *Hawaiian quilt patterns from library collection, admire finished quilts*

When and where to see quilts in Hawaii

Quilter *appliqués pattern with tiny hand stitching*

Colorful Hawaiian quilts will be on display at the Hawaiian Quilt Festival on May 20. It's the first of several exhibits of the quilts this season, featuring both contemporary and heirloom patterns.

The annual festival takes place from 10 A.M. to 4 P.M. at Waianae Library, 85-625 Farrington Highway beyond Pearl Harbor, about 45 minutes driving time from downtown Honolulu.

Visitors will see bold-patterned coverlets and may trace selected quilt patterns from the library collection. Since Hawaiians have seldom shared their cherished patterns, it's an honor to have access to them.

"Hawaiian quilting" will also be the highlight of the Fancy Fair on June 12 on the grounds of the Mission Houses Museum, 553 S. King St., Honolulu. Large display quilts and small quilted items for sale will be among the Hawaiian handicrafts at the fair. Open free from 10 A.M. to 5 P.M., the fair is part of the day's celebration honoring King Kamehameha I.

Other examples of this indigenous folk art are usually exhibited at the "traditional Hawaiian quilt show" at the 50th State Fair (this year June 22 through July 4 at the Honolulu International Center), and the Queen Liliuokalani Quilt Show in autumn, sponsored by Kawaiahao Church Choir and commemorating the Queen.

You can visit permanent quilt collections at Ulu Mau Village in Heeia, Oahu; Kauai Museum in Lihue, Kauai; and the Mauna Kea Beach Hotel on the Big Island. □

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The lagoons south of Orick ...Freshwater, D Stone, and Big

Strung out along the extreme northern California coast between Eureka and the new Redwood National Park is a chain of four small lagoons that are as varied as their names imply: Big Lagoon, Dry Lagoon, Stone Lagoon, and Freshwater Lagoon.

If you head north on U.S. Highway 101 from Eureka, the first lagoon you reach is also the largest: Big Lagoon. The turn-off is about 8 miles north of Trinidad and is not well marked; if you get to the long

Angler *at Freshwater Lagoon for a nibble to move the tip pole. He's fishing fo*

Sand spit *separating Stone Lagoon from the sea may wash out in a storm*

Beautiful holidays bloom in British Columbia

Photo from Beautiful British Columbia magazine.

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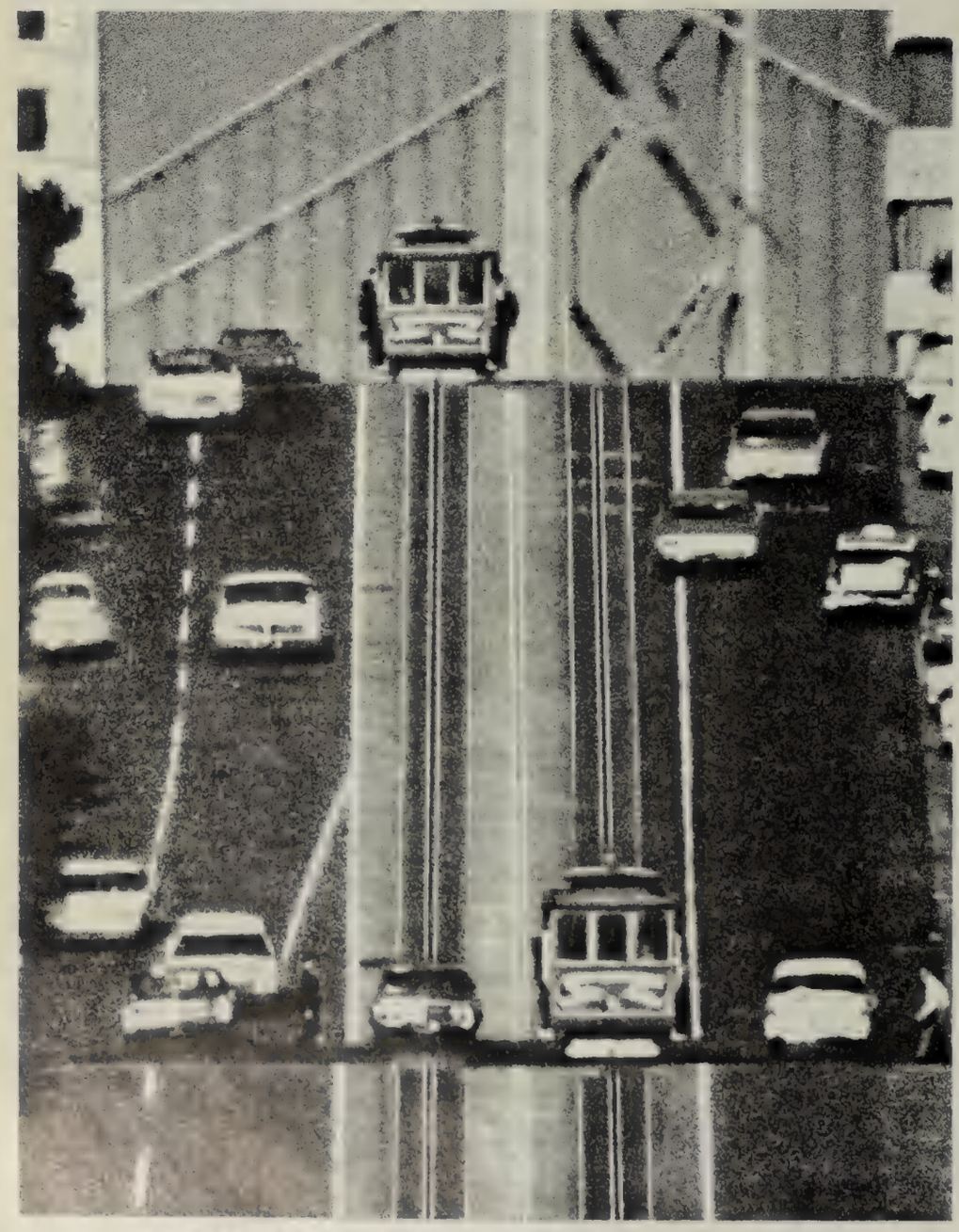

Ride the cable car to Fisherman's Wharf—25¢. Walk off with a great walk-away seafood cocktail—75¢. Explore an old sailing ship—$1.25 for adults, even less for offspring. Take a fancy ferry ride to sunny Sausalito—50¢. Stroll across the Golden Gate Bridge—on us. Let the fish watch you at the aquarium—just 25¢ if you're under 17 or over 64.

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GERALD R. FR

Driftwood *collectors find the sandy beaches between the sea and lagoon to be good hunting*

bridge over the lagoon, you are pa turnoff by half a mile.

Once on the turnoff, the road is signed to Big Lagoon County where you'll find picnic facilities a ramp to launch small boats.

Most of the year you can hike alon sand spit that separates the lagoon the ocean all the way to Dry La but occasionally storms may wash part of the spit and open the bas the sea.

Sandwiched between Big Lagoon Stone Lagoon, Dry Lagoon State provides an example of a dying p The sand bar that separates it fror sea has built up enough to prevent flooding except during the most s storms, and the small creeks that f don't supply enough water to fill i Toward the end of summer the dries up, leaving a field of brown r and cattails. The entrance to the Lagoon picnic area on U.S. 101 is marked, about 8 miles north of th Lagoon turnoff.

Just less than 2 miles past the ent to Dry Lagoon is the narrow, steep down to Stone Lagoon on the left of U.S. 101. Although this is the developed lagoon, it is also one o most ruggedly beautiful.

Freshwater Lagoon is the most a sible lagoon because U.S. 101 use sand spit across its mouth as a bed. Pull over anywhere to walk the beach or boat and fish on the est There is a launching ramp for p boats on the northern edge of the turn right off the highway onto a pa dirt track about halfway across lagoon. You can fish here for rai trout; cutthroat have also been caug

The parks have no overnight can facilities and there is no day use Keep children away from the sur most beaches have a steep drop-off dangerous undertow.

n December 2, the new Vikings discover winter in Cornwall.

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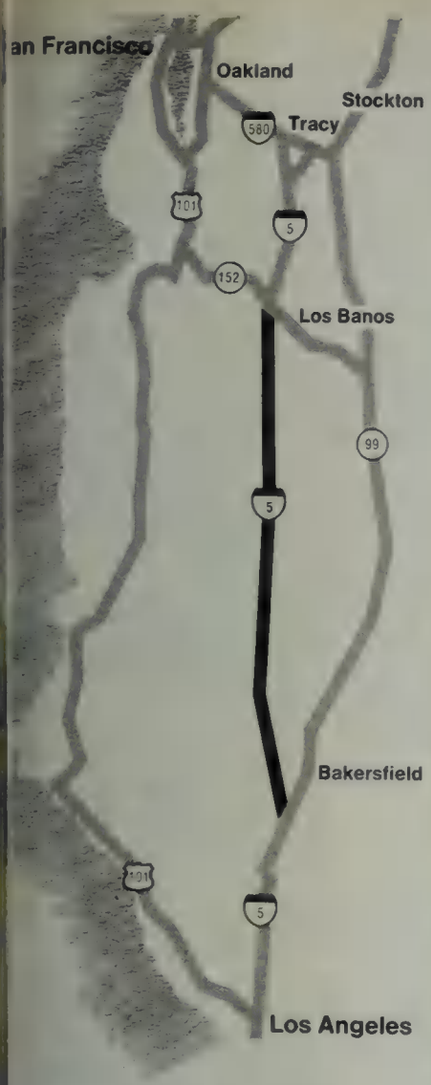

A new section *of Interstate 5 has opened but no travel facilities are available*

nterstate 5's new lonely link-up

rs who use the new section of In-te 5 while traveling between San isco and Los Angeles have learned ings about the route.

rily, it cuts about an hour off the g time between the two areas. The letion of 184 miles of road from Highway 152 to the junction with 99 south of Bakersfield makes In-e 5 the most direct route between rancisco and Los Angeles.

second point is one motorists ln't forget: This high-speed high-presents challenges. The lack of ade clutter is refreshing but can the drive monotonous. Speed limits forced so resist the temptation to At present there are no roadside gasoline stations, or other facilities or near the highway; it's impera-start the drive with a full tank of ake water, especially when driv-th children during the summer. □

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15¢

426-5

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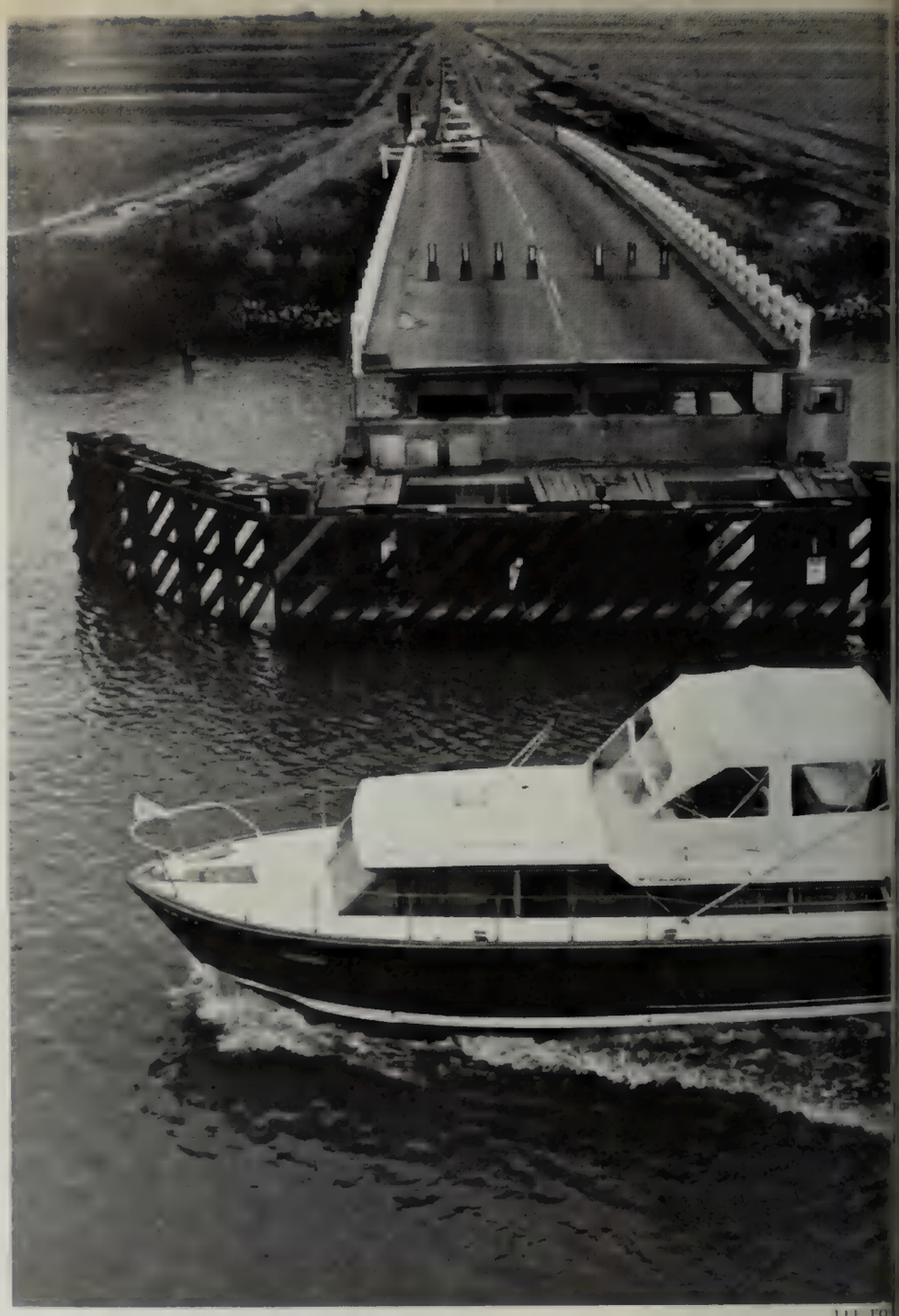
426-5

15¢

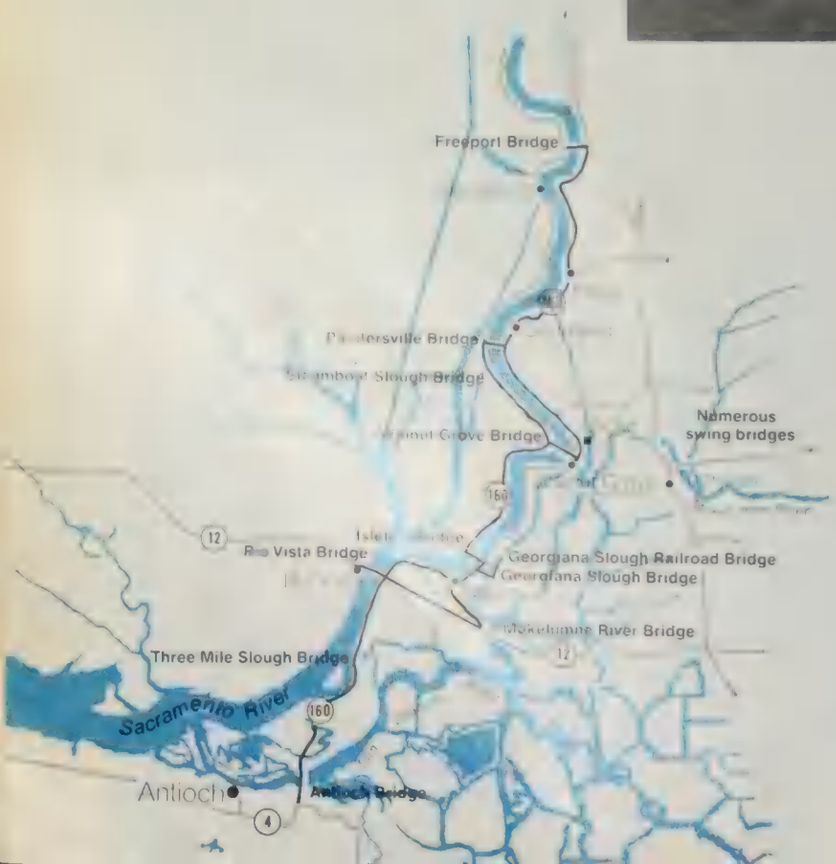
Pleasure *boat passes through opened Mokelumne River Bridge. Delta countryside spreads out in distance*

Main span *swings aside on Mokelumne River Bridge while cars wait behind barricades. Bridge is swing type*



LEE FO

The Delta offers some great bridge watching



Broken by miles of sloughs, rivers, and channels, the Sacramento Delta—the moist flatlands spreading out between Stockton and Sacramento—has been stitched together again by bridges. State Highway 160, a major route, passes over seven of them in little more than 25 miles. Some secondary roads seem to be crossing a bridge at every turn.

These spans aren't competitors in grace and beauty with the likes of San Francisco's Golden Gate Bridge, but a one-day drive through the Delta will initiate you to the joys of drawbridge watching —an activity that requires a fancy for noise and movement as well as an appreciative eye for arching metal.

Take State 160 north from Antioch or south from Sacramento to get to the heart of the bridge country. On or near

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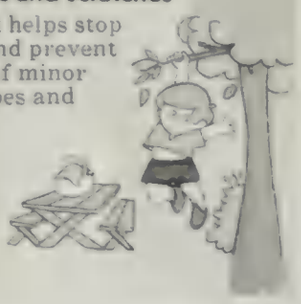
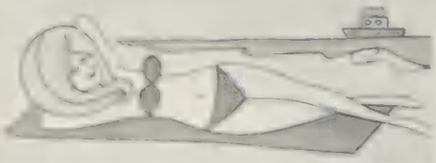


For sunburn
Medi-Quik takes the heat off sunburn, too.



Medi-Quik first aid spray has a pain killer for minor cuts, scrapes and scratches... plus two germ fighters to help prevent infection.

So take it along. You'll need it.

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LEE FOSTER

Double-bascule
Steamboat Slough Br lifts for yacht out of sight. Visitor gets goo view from below

this route are 11 of the Delta's most interesting spans, none with a toll.

Between 1930 and 1950 more than 40 of these structures were built, most designed to swivel or raise to allow boats and ships to pass. You will see three basic types: The bascule bridge swings upward like a huge arm with a heavy weight at its pivot point, the vertical-lift bridge raises its roadway like a giant elevator, and the swing bridge swings aside by pivoting on a central support.

All this movement occurs to a fanfare of bells and horns, and the strain and rattle of machinery and metal. An approaching boat signals with three horn blasts. The bridge tender echoes with three toots from his horn. Then he halts auto traffic with barricades, sets off warning bells, and throws a switch to activate powerful electric motors that move the span.

Starting at the south, where State 160 takes off from State 4, you will see Antioch Bridge, a large vertical-lift structure crossing the San Joaquin River. This is one of the busiest bridges; it won't be easy to stop close by. But drive across on State 160, and you will soon come to a smaller and more accessible vertical-lift span, the Three Mile S Bridge. To the right of the highway excellent viewing platform, forme loading dock. You can walk acros bridge on a walkway; watch for ca

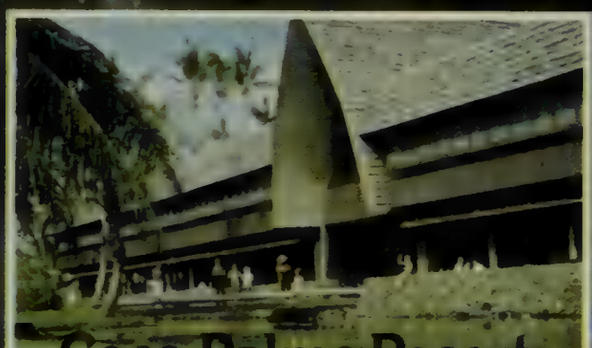
Next on State 160 is the Rio Bridge, the last of the three vertic types. You may see an ocean fre passing through.

From here go southeast on Stat to see the Mokelumne River B which is a swing bridge and pivots axis like a railroad turntable. You get a good look at this largest o

Tender *at the Isleton Bridge starts electric motors to lift span. Horn cord dangles by his forehead*

"Let me take you away to a green grove by a blue lagoon on Hawaii's loveliest golden isle. Let me take you to Coco Palms."

"Please do."



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Three Mile *Slough Bridge, vertic lift span, raises roadway like eleva*

Delta's swing structures from the do at Perry's Marina south of the bridge

Now head northwest again toward small community of Isleton. North town, turn right onto Tyler Island Ro and proceed to the Georgiana Slou Bridge, one of the smaller swing brid on the Delta. (Off the main road east Walnut Grove you can find numero other swing bridges of a similar scale

Immediately north of the Georgia Slough Bridge is the Georgiana Slou Railroad Bridge, a single-span basc structure. This bridge's single arm mains up until a train comes.

Retrace your route to the river abo Isleton and proceed north. All of remaining bridges on the main river be of double-bascule construction. Th tend to follow the pattern of the Islet Bridge (just north of Isleton). Instead one arm and one counterweight, th are two. The span parts in the mid and the two sections raise apart.

Cross the Isleton Bridge and drive the west side of the Sacramento Riv to the Walnut Grove Bridge. You c go upriver on either bank here, but you stay on the west side you will co to the Steamboat Slough Bridge. T small double-bascule has an accessi tender's cabin where you can view controls and chat with the tender.

Just to the north is another double-b cule, the Paintersville Bridge. Cross and head north on State 160 to the Fr port Bridge. This area is attractive, w large trees—oaks, poplars, willows— either bank of the river.

Bridges on the main channels manned for boat openings 24 hours day, but the bridges on the smal sloughs are usually open only 8 hou daily. Automobiles, of course, have trouble crossing at any hour.

Jet to Vancouver for the British Columbia Festival of Sports

itish Columbia's third annual Festival of Sports, May 18-ne 5, will be more exciting than ever with over 100,000 ıletes from all over Western Canada, the U.S. and from as away as Australia, New Zealand, Japan, England, Mexico d Germany competing in more than 300 events. aditional competitions range from archery to yachting, ile bocce ball, logger sports, lacrosse, cricket, car rallies, leos and sky diving provide more novel entertainment. The action takes place all over the province, but if u can't make it to the Festival, British Columbia is still at to visit all summer and into fall. Enjoy warm nadian hospitality as well as golf, hunting, fishing and the attractions of such cities as Vancouver and Victoria. Fly Western Airlines to Vancouver, gateway to all of itish Columbia, and enjoy Western's superb Royal nadian service: First Class legspace for every passenger every flight, plus delicious meals and champagne for all. Head north, just for the fun of it, on Western Airlines!

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spring garden event, and the wo
most famous garden show. The d
this year are May 23 through 26.

The show takes place in the spac
garden grounds of the Royal Hos
on the Chelsea Embankment on
Thames. Principal exhibits are c
pletely under a pavilion-style roof;
don can have rain in May.

The plant displays are awesome in r
ber and in quality; most of the disp
are by nursery firms. In addition to
garden standards as dahlias, fuch
hydrangeas, and roses, there are
usual exhibits of bulb miniatures,
caenas, dwarf conifers, and tree peo

California visitors will find familiar
culent and cactus displays, also bo
pelargoniums, and warm-climate pl

Highlight *of vegetable display is tower built up with eight circles of green onions. Basket holds lettuce. Behind is box of English cucumbers*

Visitor *photographs rose display beside big carnation exhibit*

For gardeners who will visit England late this May

Thousands *bring lunch, use chairs on lawn. Exhibit marquee behind is 8 acres under canvas*

Looking for yourself? Try looking in New Zealand.

ı might just find yourself in this ıd of the Long White Cloud. ıu might just discover the old ı standing in a forest of whis- ·ing fern; or in a fishing boat gling for trout and throwing k the minnows under 14 inches g. You can be beautifully alone New Zealand, but lonesome, ver; because the people are nething special, so easy and so rm. You could find the new you, , in a stroll across the fantastic man Glacier; or in uiet meadow filled h grazing sheep. e far-out you can very far out in land of rugged s and boiling lakes dancing Maoris forming their estral rituals.

In the sparkling cities and in the drowsy little towns, you'll find all the comforts of the flesh: superb food, fine lodgings and all the civilized pleasures. If you're searching for your senses, you'll find them, too, when you make New Zealand the major stop in your South Pacific tour. You'll find your sense of beauty and your sense of humor and your sense of peace—all intact, all here—in New Zealand.

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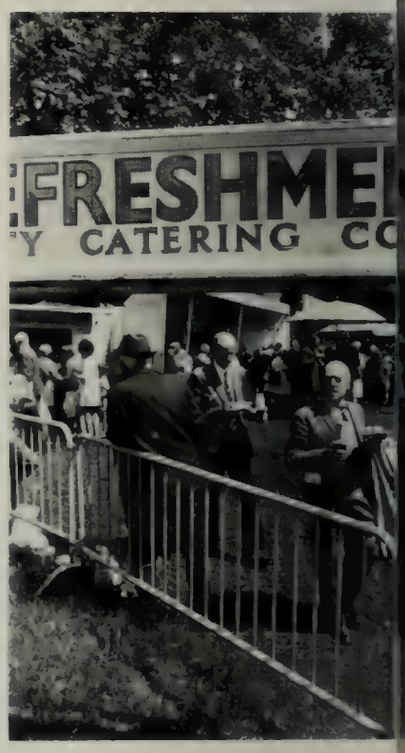
from South America and Africa
west visitors should look for t
garden displays and the grand p
tions of azaleas and rhododendr

Around the many-pavilioned ma
quee are garden equipment
Some signs are familiar: "patio t
California redwood." Some are
and new to Americans: "Fruit ca
lightweight, steel-framed nylon n
tures of almost any size (800 sq
costs about $90); they are birdp

Much else crowds the grounds.
a spacious outdoor rock garde
planting close to the Chelsea E
ment. One end of the main ma
restricted to science exhibits put
by universities and research
Here visitors learn about ne
strains, tree surgery technique

Noon crowd *at refreshment marqu*
Food stand is at left, the bar at righ



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bridize cabbages. Town and Cou
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freshment areas with food bars
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Hospital Road, then right to
trance.

The show is worth several hours
visits on different days. Alongs
main garden grounds of the hosp
the Ranelagh Gardens, a seve
riverside fragment of a famous p
garden of the eighteenth century
Londoners then visited for conce
afternoon refreshment.

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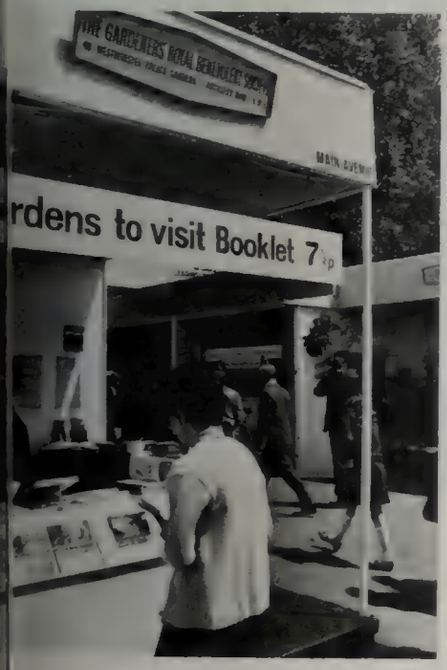
nelagh Gardens during the Chelsea ow. A regimental band will perform ly and late afternoon on May 23, 24, and early afternoon on May 26, the day. The programs will mix com- ers from Rossini to Gershwin. The ly concerts begin at 2:30 P.M. and concerts at 5.

esday, May 23, opening day, is Pri- View Day. You can go only if you a member of The Royal Horticul- l Society or know a member who can you a ticket. (Membership in the iety is open and not too expensive: or about $8 per year.) As a Fellow he Society you are entitled to receive tickets to this and other shows and ibscription to the society's monthly nal.

window shops booklet stall near ance. Titles are tempting, as "The Young Garden Lover and e Plants He Should Love"



nesday and Thursday (10 A.M. to 8) and Friday (10 A.M. to 5 P.M.) are for the public; the admission price s the later in the week you go: nesday £1 (about $2.60), Thursday ence (one pence is worth about 2½ rican cents), Friday 40 pence. Some loners warn you to go Wednesday bits later will wilt) and go early ds impossible by noon). *Sunset's* ters, who went at noon on Wednes- nd again on Friday last year, found now every bit as good on Friday as 'ednesday—the exhibits not wilting nuch, the crowds big but manage- and English good manners every- e evident.

show catalog is a 15 pence bargain. s where everything is and what it is. useful maps. It gives the program ich band concert. □

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Horseback trips into wilderness

Packing in and around the national parks in the Far West

Something happens to the spirit when you take off on horseback into what we still call wilderness.

You leave motors and man's sometimes strident noises far behind to enter a world of soft wind sounds, tree rustlings, bird song. This is also a world of welcome silence, especially at nighttime. (You can never quite escape the airplane, but there are far fewer flights after dark.)

The hiker with a pack on his back may feel even g
freedom. But even he would concede some of the adva
of the horse: greater range and carrying capacity. A
can take you and your gear far into wilderness coun
horseback, leave you there, then come back for you
agreed-upon time. Or he can supply what amounts
resort-cruise by horseback. You get transportation,

It's centennial year for the National Parks

One goal of the National Park Service in this centennial year is to encourage more people to visit the uncrowded areas of the parks. Least crowded of all are their more isolated, wilderness areas, and these are the areas served by the pack outfits mentioned in this article. □

Pack string *heading west toward Mount Rainier National Park crosses gravelly ridge, drops into scrubby lodgepole pine*

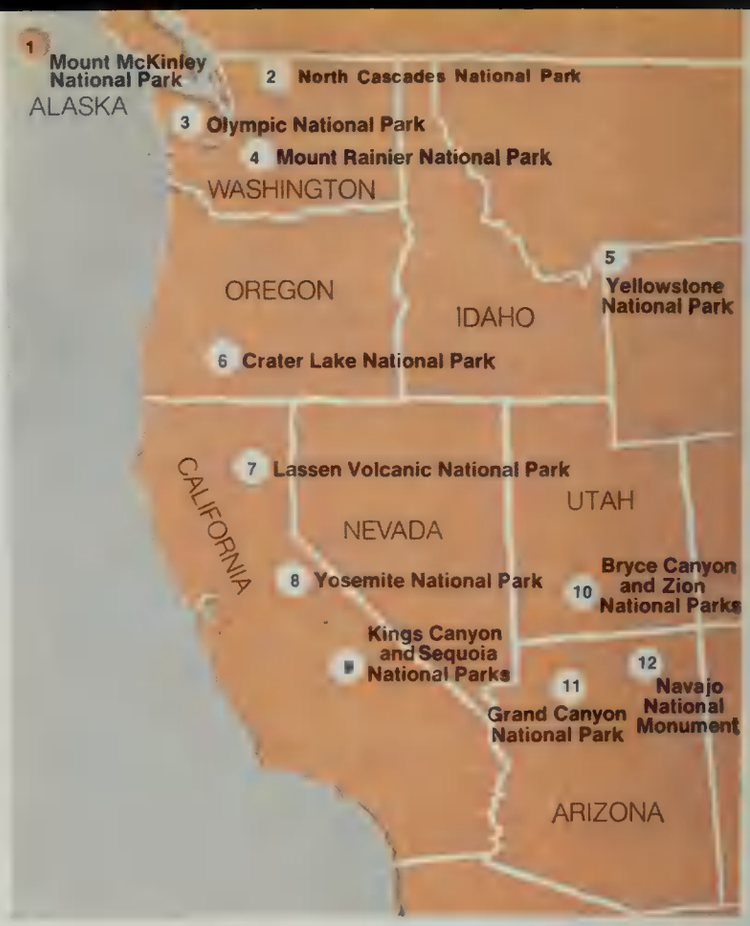
Paired *for a week-long pack trip, rider and horse get acquainted gingerly at first*

DON NORMARK

A dip *in high, icy Fryingpan Lake, in Mount Rainier National Park, calls for steady nerves, but this pack-tripper found it refreshing after a long, dusty day on horseback*

DON NORMARK

Water *for camp is dipped from catch basin in ice-cold stream trickling through the meadow*



You can *take a pack trip in 13 national parks and 1 national monument in Far West. Packers are listed below*

LINING UP A PACKER

Here are outfits in the Far West that go in and around the national parks

While preparing for this article, we made a survey of all the pack outfits known to national park and national forest authorities in the nine Western states where readers are served by *Sunset*. Then we sorted out all the packers on that assembled list who run horseback trips into one or more national parks, national monuments, or directly adjoining national forest areas. (There were none in Nevada, Utah, and Hawaii.)

This list and the facts contained in the individual listings are as complete as we could make them, working right up to press time. But it is extremely difficult to make sure that such a survey is both comprehensive and current. Pack outfits are relatively small business operations and are subject to unexpected last-minute change.

If you want to take a pack trip this summer, we suggest making inquiries and reservations as early as possible. Don't hesitate to ask specific questions on costs, what to take, route choices, size of party, children, fishing, weather.

1· *Mount McKinley National Park*

Brush Kanna Lodge, 104 Mile, Denali Highway, Cantwell, Alaska 99729. Furnishes guides, horses, food, and sleeping bags for trips ranging from 3 days to a week in and around the park.

Hart D Ranch, Gakona 99586. Plans several 6 to 10-day trips in the park and nearby Mentasta Mountains. Bring sleeping bags.

Mercer Ranch, Lignite 99790. Trips combine 6 days on trails with 2 days at the Mercer Ranch and 2 days at Camp Denali. Scheduled trips: July 2, 11, 28, and August 6. Everything provided.

2· *North Cascades National Park*

Cascade Corrals, Stehekin, Washington 98852. Pack trips from head of Lake Chelan into Lake Chelan Recreation Area and Glacier Peak Wilderness. All camp equipment, food, and cook furnished.

Jim Clark's Dude Ranch, Box 12, Marblemount 98267. Pack trips arranged into high Cascades and wilderness area. Everything provided.

Donald Dayment, Rt. 3, Box 259, Arlington 98223. Pack trips arranged into Glacier Peak Wilderness and Mount Baker National Forest after mid-July. Horse and guide service only.

Guy R. Imus, Stehekin 98852. Six-day trips into alpine country at north end of Lake Chelan. All except sleeping bags.

Les Leith, 6729 Frone Dr., Bremerton 98310. Extended trips into Cascades fr Goat Rocks Primitive Area to North Cascades National Park. All furnishe but sleeping bags.

Maverick Lodge, Star Route Box 88A, Leavenworth 98826. Trips for 7 days i Icicle and Glacier Peak areas, also al Pacific Crest Trail. Everything except sleeping bags.

McGregor Meadows Ranch, Stehekin 98852. Trips arranged into North Cascades National Park, Glacier Peak Wilderness. Also one-day trips from ranch. Spot trips, too. Everything furnished.

Claude Miller, Route 1, Twisp 98856. Packs into Pasayten Wilderness, Cathedral Rocks, Sheep Mountain, an North Cascades National Park. Everything except sleeping bags.

Standing Circle H, Route 3, Box 40, Arlington 98223. Ten-day trips on Pac Crest Trail from Glacier Peak Wildern

mping in comfort, all at a package price. This is the kind of p shown in the photographs in this article.

ou'll find some of the West's choicest wilderness country for rseback exploring in our national parks, away from access ads and campgrounds and visitor centers. Often, national rest areas designated as wilderness are adjacent—with no arker to tell you whether you're in one or the other. For at reason our article will ignore national park boundaries. ost of the packers we list who take trips in or around some tional park actually begin their trips outside it.

ow about the horse?

ountain trail horses tend to be surefooted, steady, quite ntle—strong and reliable rather than speedy. Usually a rse is assigned to you for the duration of the trip. You'll t to know him very well.

ere's quite a difference between renting a horse from a ling stable for an hour's ride and taking one from a pack tion for a trip of several days. Except for the physical ef- ts of spending hours in the saddle (a few hours in the ldle before your trip may prevent some soreness), moun- n trail riding is apt to be easier.

good deal of the time the trail itself slows your horse to a lk, especially when climbing or descending. You don't en- unter English saddles in the mountains. Here it's all right hang onto the saddle horn if you feel like it. Packers generally discourage people from running their horses or even doing much trotting. There is little temptation to reveal how good you are at such horsemanship as posting or galloping when you're out on the trail.

In other words, if you feel willing to give it a try, the chances are good that you can enjoy horseback riding in the mountains even if you have never done it before. People of all ages do make horseback trips into wilderness—couples in their 70's, children under 10—and have a marvelous time.

The trip itself

Wilderness is usually difficult country to penetrate—that's one of the reasons for taking a horse. Crossing turbulent streams, going up or down steep slopes, hugging a hillside on a narrow trail can be a bit frightening the first time out.

The key man, basically captain of the expedition, is the packer. He may have years of experience or you may be surprised at how young he is. Regardless of age, in order to hold his job he must know how to handle stock and lead a wilderness trip. You are in the packer's hands. Especially if new to such trips, it's wise to pay attention to him, listen carefully to his advice, and follow it.

The trip in should be an adventure and usually is. Ten miles is a good day's ride. Longer rides sometimes are necessary, and they can be tiring. *Sunset's* reporters who went on the trip pictured on our cover had to make 20 miles the first day;

› Suiattle River. Everything but eeping bags.

& S Outfitters, Route 1, Box 64A, roville 98844. Packs into high country ast of Cascades from Iron Gate to ndrews Creek. Good lake fishing, icture taking, and some wildlife. ook and food optional.

lyde A. Scott, Box 394, Twisp 98856. oop trips up the Chewack River into athedral Lakes and Remmel Lake. ither spot trip or everything furnished.

rapp's Pack Horses, Star Route Box 41A, Leavenworth 98826. Pack trips (for to 8 people) into Glacier Peak and icle areas. Can furnish everything, or st riding, pack horses, and guide rvice.

lympic National Park

iver Trails Ranch, Quilcene, Washington 376. Five trips into mountain back untry planned. Spot pack trips ailable. Everything furnished except eeping bags.

ash F. Ranch, Rt. 2, Box 101, Amanda ark 98526. Two-day or longer pack trips west side of Olympic National Park in cinity of Quinault River. Everything it sleeping bags; guests do own cooking.

lount Rainier National Park

lta Silva Corral, Star Route, Enumclaw, ashington 98022. Arranges pack trips in mote areas of national park on Pacific est and Wonderland trails. Everything rnished, or you provide food and do e cooking.

Double K Mountain Ranch, Goose Prairie 98929. Pack trips as requested. One scheduled from September 6 to 16 through proposed Cougar Lakes Wilderness Area into national park. Everything furnished.

5· Yellowstone National Park

A. W. Angell, Route 1, Box 202E, St. Anthony, Idaho 83445. Pack trips cover wilderness area of Yellowstone passing Dunandra Falls and Three Rivers Junction's extinct volcano. Can provide everything but sleeping bags and your personal gear.

Glen Longhurst, Box 175, Iona 83427. Several trips into Yellowstone, entering at Beckler Ranger Station and riding to Old Faithful; into Grand Targhee and Caribou national forests. Will guide and furnish stock or can put together everything-furnished trips.

Cliff Neumann, Box 571, Ashton 83420. Fishing pack trips in Yellowstone back country. You bring food, cooking, and personal gear. Horses, tents, guide provided. Will also put together a pack trip with everything but sleeping bags provided.

6· Crater Lake National Park

Diamond Lake Corrals, Diamond Lake, Oregon 97731. Guides, riding horses, and pack stock available for rides in and out of area around Crater Lake. You provide everything else.

Wilderness Pack Trips, Box 71, Rogue River 97537. Packers provide guide service, horses for trips into Rogue River, Siskiyou, and Umpqua national forests and adjacent Crater Lake National Park. Will also spot-pack parties in and out. Everything except sleeping bags.

7· Lassen Volcanic National Park

Mineral Stables, Mineral, California 96063. Pack trip on park trails with stock, tents, utensils furnished; bring food.

8· Yosemite National Park

Kennedy Meadows Resort, Star Route Box 1490, Sonora, California 95370. Four-day spot or extended pack trips arranged into Emigrant Basin Primitive Area and northern part of park over Bond Pass.

Little Antelope Pack Station, Box 105, Coleville 96107. Five-day pack trip into Carson River, Golden Canyon in Toiyabe National Forest, and Lake Golden Wilderness.

Reno Sardella's Stables, Box 1435, Pinecrest 95364. Pack trips arranged into Emigrant Basin and Yosemite National Forest.

Red's Meadow Resort and Pack Station, Mammoth Lakes Post Office 93546. Spot pack trips. Fish Creek and Minaret trips and loop trips through Yosemite National Park south on Muir Trail.

Yosemite Trails Pack Station, Fish Camp 93623. Spot and extended trips into southwestern section of Yosemite back country and along Merced River. Also week-long Packer's School and 5-day pack trips for boys, and two-week-long

at day's end all hands were bone weary.

After the first day, and a night in camp, things fall into a routine. You might lay over in camp for a day or two—fish, swim, read, rest, hike, take a short horseback ride, gather berries. Or you might be on the move.

On a moving day, breakfast comes early. Still in your sleeping bag, you hear the wrangler bring the horses into camp to feed and saddle up. Soon it's ham and eggs, maybe biscuits, or hot cakes, and coffee or tea, or even cocoa. Then it's strike tents, roll up sleeping bags, and get ready for the day's ride.

Your trail lunch goes in your saddle bag—probably bread, cheese, cold meat from the cook's table, along with fruit, cookies, a candy bar. Or the cook may ride out ahead leading a pack mule bearing the portable kitchen.

Along the trail, rest stops are frequent, necessary as much for horses as for you. Snacks are in order.

Evenings are not always too long; the sleeping bags seem awfully attractive. But first there's supper (maybe just-caught trout), an open fire, much talk, singing, a review of the day's adventures.

What should you take?

On many pack trips you must bring your own sleeping bag and air mattress or foam pad. Sometimes tents are provided; sometimes you bring your own rain protection.

Acres of lupine *bloom in July at 6,000 feet in Pasayten Wilderness east of North Cascades National Park*

Horsemanship School for girls with overnight pack trips at end of each week.

Yosemite Park and Curry Company, Yosemite National Park 95389. Pack trips from Tuolumne Meadows, Yosemite Valley, or Wawona to Merced Lake, Vogelsang, and other High Sierra camps. Everything provided.

9· *Kings Canyon and Sequoia National Parks*

Dean and Dave's Pack Train, Dinkey Creek, California 93617. Fishing in Crown Valley area. Everything furnished.

D & F Pack Station, Box 156, Lakeshore 93634. Spot and extended trips arranged for San Joaquin River, Bear Creek, and French Canyon.

De Cartaret Pack Trains, Box 61, Three Rivers 93271. Extended trips to Kaweah Gap, Black Rock Pass, Kern River. Everything except sleeping bags.

Golden Trout Pack Trains, Box 286, Camp Nelson 93208. Trips into Sequoia National Park, Golden Trout proposed wilderness, upper Kern River country. Spot, extended, and all-expense trips.

High Sierra Pack Station, Mono Hot Springs 93642. Saddle and pack stock and packers for High Sierra from Edison Lake, Mono Hot Springs, Florence Lake.

Kings Canyon Pack Train, Cedar Grove, Kings Canyon National Park 93633. Extended and spot pack trips from two stations: Cedar Grove in Kings Canyon and Horse Corral in Sequoia National Forest. Everything furnished.

Lost Valley Camp, Box 88, Lakeshore 93634. Week-long pack trips up south fork of San Joaquin River and north part of Kings Canyon. Also walking trips with burros.

Mt. Whitney Pack Trains, Lone Pine 93545. Trips from Whitney Portal to Wallace Lake, Crabtree Lake through great fishing country. Special trip to Mount Whitney. Spot and all-expense trips.

Muir Trail Ranch, Box 176, Lakeshore 93634. Pack trips to Evolution Valley, western edge of Kings Canyon, and also eastern edge of Sequoia. You reach ranch by boat from Florence Lake Boathouse. All is furnished.

Rainbow Pack Outfit, Box 64, Bishop 93514. Spot and extended trips into South Fork of Bishop Creek over Bishop Pass, into the Middle Fork of Kings River, to Simpson Meadows in Kings Canyon. Everything furnished.

Rock Creek Pack Station, Box 248, Bishop 93514. Pack trips into Kings Canyon National Park and Inyo and Sierra national forests. Everything furnished. Pack trips start June 23. (June 17 through 20 is semiannual Owens Valley Horse Drive and Trail Ride, herding horses and mules from winter range to summer headquarters.)

Sequoia-Kings High Sierra Pack Trains, Box 176, Independence 93526. Trips arranged into both national parks, including Kearsarge, Gardiner, and Rae lakes. Spot and loop trips. All provided.

Schober's Pack Station, Route 1, Box A4, Bishop 93514. Spot pack trips into Lake Sabrina Basin, Hutchinson Meadows, and French Canyon. Extended loop trip over Muir Pass, into Kings Canyon.

Wampler Tours, Box 45, Berkeley 947 Four summer pack trips between Tuolumne Meadows and Whitney Por over John Muir Trail. All is furnished.

Wicks Pack Trains, Star Route 2, Springville 93265. Trips from Aspen Meadow Pack Station and Balch Park Pack Station into watershed of Kern a Kaweah Rivers.

10· *Bryce Canyon and Zion National Parks*

Jack Church, Box 368, Fredonia, Ariz 86022. Day trips through Bryce and Zi and three-day pack trips into Zion wilderness area. All furnished except sleeping bags.

11· *Grand Canyon National Pa*

Jack Church, Box 368, Fredonia, Ariz 86022. Three to five-day pack trips to Thunder River at Grand Canyon. Trou fishing. All provided except sleeping b

Southwest Guides & Outfitters, 6944 E Portland, Scottsdale 85257. One or tw week trips into the north rim of the Grand Canyon. Everything but sleepin bags and personal gear.

12· *Navajo National Monumen*

Ed Austin, Navajo National Monume Tonalea, Arizona 86044. One or two-d trips to Keet Seel ruins, 8 miles by trai from monument headquarters at Betatakin. Reservations necessary one in advance. Horses and guide only.

Cooperative horse *doesn't mind being a diving platform for young riders taking a swim in Ramon Lake, in Pasayten Wilderness*

DON NORMARK

Another load *of dry brush goes on early morning fire—its warmth is welcome in the mountains*

"...Away from access roads, campgrounds, visitor centers..."

ost packers limit the weight of your personal gear to around pounds. For more you may pay an extra charge per extra und. Your gear goes best in a duffel bag.

ou'll be comfortable wearing jeans, a cotton shirt, a sweater. the mountains the weather can change frequently and unpectedly (especially in the Northwest), so have a rain jacket poncho along, also a warm jacket. You'll need good walkg shoes or boots—with enough heel so your foot won't slip ough the stirrup. Even if you take cowboy boots, you may nt moccasins or other footgear to wear around camp.

you wear thermals for your bottom half, they can prevent afing and they really don't make you too warm. Chafing rts knees and thighs; bring powder.

sun bothers you, bring long-sleeved shirts. You need a t with a broad brim—sun on the back of your neck can be urder. A kerchief or bandanna tied around your neck keeps t dust.

th a towel from your saddlebag you can refresh face, neck, nds at any rest stop by a stream or lake. A supply of toilet per is wise on the trail.

ke soap, towels, a wash cloth, tube shampoo, a stick for pped lips, insect repellent, facial tissues in small packages, irin, dark glasses, sun tan lotion. Take a flashlight with v batteries. Bring first aid for blisters and other minor blems. A pocket knife is indispensable. In some areas you uld carry a snake bite kit.

en you pack up your gear each morning, don't forget to p out what you'll need during the day's ride. Some women e a purse that fits onto their belt to tote personals; full pockets get uncomfortable.

You may not want to trust a good camera to your saddlebag. A separate camera bag is one solution. One man we met on the trail had made himself a camera vest with four big front pockets. A fishing vest might be fine.

If you bring fishing gear, be sure to get a license if it is required where you're going—miles from civilization a warden sometimes just appears.

The slow pace and the free time of the pack trip will open your eyes to things around you. Identification books help—wildflowers, birds, animals, edible plants. There is plenty of time for bird-watching, for reading, for games. Take a book or two. Take cards. Consider binoculars.

Trail manners

Don't crowd on the trail. Most pack horses don't kick but can be provoked if crowded constantly. If your horse has any tendency this way—the trail boss should know—one way to warn others can be a bright ribbon on the tail as a sort of trail Morse code. Some horses bite other horses. One good rule is to keep a horse's length between horses.

Don't lag. There are others behind you. Don't wander off. The idea is to stay together. But when going down and then up steep gullies, give the horse ahead of you time to start up; otherwise you can slide down and collide.

Approach snow patches with caution. You can't always know what's beneath—maybe holes, ice, logs, rocks. An injured horse on the trail is a near-disaster. On trail breaks, don't let your horse have more than a few swallows of water. The trail boss may caution you, but some people tend to forget and

Blueberries *ripen as leaves turn red from late August into September on Tumac Mountain near Mount Rainier National Park*

DON NORMARK

Starting the national parks' second century. You can lend a hand

The medallion pictured here, called the Keystone Medal, is the official symbol of the National Park Centennial Celebration, 1972. Its design symbolizes Yellowstone National Park. Thirty-five additional medals will be struck depicting other national parks. Medals for Glacier, Yosemite, and Everglades national parks are next.

Bronze medallions are $3.75 each (plus 25 cents postage). The series in silver, limited to 15,000 sets, costs $516.25, and all 36 must be ordered. The Keystone Medal featuring Yellowstone can be purchased singly in silver for $14.75. Part of your payment is a contribution to the National Park Centennial Commission to help extend the national park idea worldwide.

You can buy bronze medals at gift shops in most national parks or order any medals from National Park Service Medalist, Roche Jaune Inc., Kalispell, Mont. 59901.

will race in and let their horse guzzle.

The packer should check your cinch, but it's good to ha checked again after you have been out a few minutes.

Walk your horse through any marshy area; even at a suction can yank off a shoe. Running on rocky groun horse can stumble, bruise his feet, lose a shoe. In wilder shoe replacement is a problem. Some packers take alo cold shoe rig.

People who enjoy wilderness trips take great pains to l no litter. Garbage that won't burn should be taken bac the pack station or the nearest public garbage dump. M packers gladly cooperate with campers by taking load cans and bottles on their homebound trips.

Lining up a packer

Pack trip prices vary considerably but here is one 1972 p list (California) to give you a rough idea of the ran generally highest in Alaska, lowest in Idaho.

Spot packing (take you in, come back later to get you): pa of four or larger, $50 per person for the round trip if packer can handle each move within a single day, $95 person if the packer must stay out overnight. Prices somewhat higher for smaller parties.

Continuous stock hire (extended trip): You supply camp and provisions. Packer and cook are $35 per day each; sa and pack horses $9 per day each.

All-expense trip: $45 per day per person for party of t $40 per day per person for party of four or more. Pa supplies food, and your meals are prepared for you.

All packers on the list that accompanies this article ar quired to have official use permits or grazing permits f the national parks or national forests into which they pack trips.

fishermen happy with g of trout, lt of an 's work fly rods in Ramon in hington's yten lerness

ve on wave *mountains e ahead of and horses ading west ong trail in proposed ugar Lakes erness, east of Mount Rainier tional Park*

NORMARK

ıal size. *These varieties cover*
e of garden corn. Big white
ght is 'Silver Queen.' From top:
ntry Gentleman,' an oldtimer.
nbow,' decorative Indian corn.
ni Xtra Sweet,' modern-day yellow.
ec,' for grinding meal.
wberry,' for decoration or popping

Which corn for the West?

The West isn't Iowa. Here is a report on *Sunset's* 1971 test planting—kinds of corn, how to grow

corn in this color picture all came ı one garden 30 miles from San ıcisco and half a continent from the es where corn is supposed to grow . There's no reason why you can't do as well with these or certain other eties in nearly any part of the West. act, much of the West is great corn ıtry.

wing corn masterpieces like these is of all a matter of choosing varieties perform well in your area. You'll a list of those adapted to the West he next page.

ı is relatively easy to hybridize and companies offer dozens of varieties. ıding brand-new hybrids, as well as e from the 1800's and further back hites, yellows, blacks, bicolors, early , late ones, tall ones, short ones, corn, decorative corn. Last year at et's headquarters in Menlo Park, fornia, we grew 21 kinds that had recommended to us by corn people ıghout the West.

w eastern favorites flopped. Some ties produced memorable ears. Perıances in Menlo Park's climate (norsummer days between 75° and 90°) speak for every Western climate. some general observations from our riment apply wherever you are g to grow corn.

e is not much difference among the lard yellow varieties such as 'Golden s Bantam' and 'FM Cross.' They still good but some of the newer ties surpass them in sweetness, ing their sweetness, and quantity uced.

e of the oldest varieties are still well h growing. Consider 'Aztec' and ntry Gentleman.'

e of the best new varieties are white corns. In the first quarter of this century the whites were standard, and people suspected that the yellow varieties then being introduced might be overaged and tough. Nowadays, the whites seem to have an image of blandness. Some of them are far from bland.

The so-called midget varieties, promoted as space savers and novelties, are usually disappointing. The plants grow short (3 feet or so), but not really short enough to save much space. Seeds germinate erratically, and growth is on the sickly side. They taste good enough but ears ripen so irregularly that it's hard to pick enough for a meal at one time.

Of the varieties described on the next page, a few are sold just about everywhere on nursery and garden center seed racks. You can buy others by mail. Together, these Western mail-order seed companies offer nearly all of the varieties listed: W. Atlee Burpee Co., Riverside, Calif. 92502; Joseph Harris Co., Box 432, Gresham, Ore. 97030; Nichols Garden Nursery, 1190 N. Pacific Highway, Albany, Ore. 97321; Ramsey Seed Inc., Box 352, Manteca, Calif. 95336.

When choosing a variety, consider how many days it takes to reach harvest, a number determined by test plantings in ideal climates and printed in catalogs and on seed packets. In a warm area such as Southern California, a variety will usually ripen on schedule. In Menlo Park, varieties generally take about 10 per cent longer. In cooler Seattle, figure on at least 15 to 20 per cent longer.

Best quality comes from the main-season varieties—ripe in 80 days or longer. Early varieties (60 to 80 days) offer two advantages. They give ripe corn a week or two sooner than main-season varieties. And they can ripen in cool climates and short growing seasons that don't supply enough heat for later varieties; they are the only ones many Northwesterners can grow. As a rule, early varieties will produce smaller and tougher ears.

Extremes *in size: 'Silver Queen' in foreground is 10 feet tall. 'Butterfingers' behind is only 5 feet, better choice for small spaces*

Time to plant

The warm soil and air of May make this the best planting month in most parts of the West. By sowing seeds every two weeks between now and July, you can spread the harvest out over a longer period. (In Southern California where warm fall weather prolongs the growing season, you can continue planting until the end of July.) You can also stretch the season by planting varieties that mature at different times.

In the low and intermediate deserts of

Which corn for you? Here is a corn-buyer's guide for the West

The familiar yellows

These widely-grown, main-season varieties produce corn most like what you find at the store: 'FM Cross,' 'Golden Cross Bantam,' 'Golden Hummer' (a favorite in eastern Washington), 'Honeycross,' and 'Jubilee'. All take 80 to 90 days, and mature well except in the coolest climates.

Too sweet?

'Illini Xtra Sweet' (85 days) and 'Early Xtra Sweet' (71 days) are newer varieties bred for sweetness and to hold sweetness longer than other kinds. Our tasters reacted with superlatives: "super sweet and snappy crisp"; "so crunchy you have to wash your face after eating it." Negative comments went like this: "almost too sweet"; use plenty of salt." Ears lose some sweetness if pollinated by other varieties; keep them upwind and far from other plantings.

Two sweet and tender whites

The biggest favorite of all in our taste testing was 'Silver Queen'—sweet, with a crisp tenderness that's surprising for such big kernels. It produces ears as long as 9 inches on a big plant—some of ours grew 13 feet tall. But it takes a long time. Catalogs say it matures in 94 days. It was more like 102 days for us, 111 days in a Corvallis test planting. Available by mail order from Joseph Harris Co. and Ramsey Seed, Inc.

'Tokay White Hybrid' rated nearly as high in taste quality but didn't always fill kernels to tip of ears. It's much earlier—65 days by the catalog, 75 days for us, 90 in Corvallis. A good choice for the Northwest. Seeds available from Nichols Garden Nursery.

An antique white

Developed in the nineteenth century, 'Country Gentleman' (92 days) still looks and tastes like no other corn you're apt to grow. It has fat-based, conical ears crammed with tiny, narrow (shoe peg type) kernels in no particular pattern. Flavor is mild—"bland" or "delicate," take your choice. Kernels are crunchy, with not much inside, and you may not feel amply rewarded for your chewing.

The early ones (and Northwest specials)

These produce ears in 60 to 75 days under ideal conditions.

'Butterfingers' is a dependable producer of two ears (of fair eating quality) on compact, shoulder-height plants.

'Early Golden Giant' is one of the season's first to mature (78 days for us). It has good-sized ears—up to 8 inches—and good quality for an early; 75 per cent of our tasters liked it.

'Early Sunglow' is another of the earliest producers, and takes cool weather particularly well. A good one for the Northwest. It's a compact grower, not much more than 4 feet tall.

'Golden Beauty' has big ears, so-so quality, is valuable in cool climates.

'Puget Gold' ('Pot of Gold') is a Seattle specialty, still as dependable there as any.

'Spancross,' an old favorite, is on the small side.

The two-tones

Some varieties form ears with a random mixture of yellow and white kernels. They're int ing novelties and some ta pretty good: 'Butter and S 'Honey and Cream,' and 'Sprite.'

Odds and ends

These are not sweet corns are fun to grow and usefu their own ways.

'Aztec' is an ancient Mexi corn. When young, it is w and can be eaten fresh—c tasted spongy. Kernels tu glossy black as they matu handsome decoration. G dried kernels into meal fo tillas, other foods. Availa Nichols Garden Nursery

Ornamental corn has sev names—Indian corn, squ corn, 'Rainbow' (the vari the color picture). They a tall they may fall over, bu may develop only one ear stalk. They mature very l

'Strawberry' corn has a co shape, and size much like strawberry. Dry it and us decoration. Or pop it; one makes a cup of popcorn. slender plants can be spac close as 6 inches apart.

Arizona and California (below an elevation of 3,000 feet). May is already too hot for planting. You can plant in late July and early August for fall harvest or wait until next year and plant in late February and March.

A quick lesson in corn anatomy

Learning a little about the way corn pollinates will help you understand the time-honored growing methods.

Corn is a member of the grass family. The tassels that form atop the stalks contain the male flowers that produce pollen. The silks that emerge from the tops of the ears are the female parts, each connected to an embryo kernel attached to the cob. Pollen falls on the silks and each silk that receives pollen develops a mature kernel.

Before, during, and after planting

Westerners have worked out special ways to grow corn, mostly having to do with supplying water during our long dry summer.

Before planting, make sure the ground is thoroughly moist but not so wet you can squeeze water out of it. If the soil is moist enough when you put seeds in, you shouldn't have to water until seeds have sprouted and grown several inches. If the soil is too wet, seeds tend to rot. They come up poorly if you flood directly over them.

In the Northwest, you may have to postpone planting until the ground dries out somewhat. But in most parts of California, the soil may already have dried out too much, especially after this sp meager rainfall. If so, first soak planting area by running a sprinkl flooding until the ground is wet do at least the depth of a shovel's b Then let the ground dry out enough so that you can cultivate

To test *for maturity, first examine silks. They turn dry and brown as ear nears full ripeness*

Surest test: *Pick an e eat it. You can judge swe better raw than c*

Surer test: *kernel spurts milky juice when it's just right*

NORMAN A.

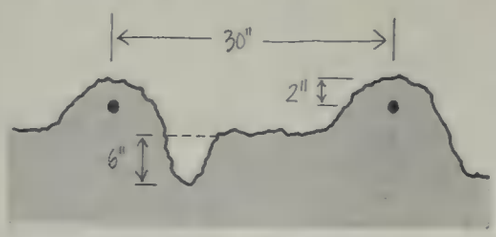
making a muddy mess—four or five in normal May weather, longer if soil has much clay in it. Then spade otary till. If you wish, mix in a of compost, manure, or other or- c matter; or work in complete fer- r in 2-foot-wide bands where you to put rows.

e are many ways to lay out a corn ting, mostly variations of venerable and hill systems. In most parts of West, rows are easier to water and space more efficiently than hills (ac- y flat-ground clusters of seeds). The method comes from the summer- Midwest and East and was de- d for a system of cross-cultivation hardly anyone uses anymore. Hills practical mainly when you want to just a few corn plants around a en or when you carve out a planting on a slope.

in blocks of at least three or four to make sure as much pollen as ble reaches the silks. In a single much of the pollen falls on empty nd or blows away in the wind. Keep ent varieties in separate blocks to ent them from intercrossing; if pol- rom white corn gets to silks of yel- corn, for instance, the ear will have xture of white and yellow kernels. s not much of a problem, but there problem when unchewable kernels pcorn intercross with sweet corn.

e Northwest, gardeners generally rows or hills on flat ground and care of watering with sprinklers. n California it's best to prepare for mer of heavy watering by building tion furrows at planting time. e are many furrow systems. The hown above is a basic type.

strings to line up straight rows in , spaded or tilled ground, scoop out a trench, and pile soil along the rim of the trench. Space rows 30 to 36 inches apart. Plant seeds 4 to 6 inches apart.



Use your fingers or a trowel to bury seeds 1 to 2 inches deep in the shoulder of the excavated soil. Make sure you place the seed well down into moist soil. The seeds should sprout, without watering, in four to seven days.

If you worry about the seeds' drying out before sprouting (have faith), probe down to their level and you'll probably find that the soil is still moist.

Unless it's very hot, seedlings usually won't need watering until they grow 3 or 4 inches tall. As soon as soil around the seeds begins to dry out to a depth of 2 or 3 inches, fill furrows with water. Don't let seedlings wilt.

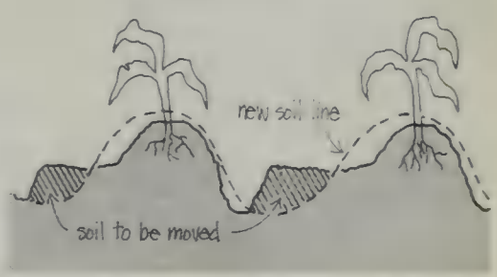
In the West, water is the most important part of growing. There's no hard and fast rule that covers every soil and climate. But after seedlings are up and growing vigorously, it's difficult to give them too much water, and dangerous to give them too little.

In cooler, moister parts of the Northwest and along the California coast, you may not have to water at all or only once or twice a season. (The Southwest Indians managed to grow corn without irrigation in hot climates. They planted the seeds as deep as necessary to find season-long moisture—sometimes 15 inches deep. In dry times they placed the seed in a mud ball.) In warm areas, you'll probably have to soak well once a week in midsummer.

The soil surface will dry out, but there's no need to water if a poke of your finger finds moisture down in the root zone. Don't worry if corn leaves wilt in the hot part of the day; the root system isn't efficient enough to send water (even if plenty is there) up to the top of the plant. However, you should worry and water right away if the plant has not recovered its freshness the next morning.

When seedlings grow about 6 inches tall, give them more room by thinning them to stand 8 to 12 inches apart (a compact variety can stand the closer spacing).

An optional step comes when seedlings are 12 to 15 inches tall. That's the time to hill—pile several inches of soil up around the base of the stalks. Hilling encourages the development of the nubby roots that would otherwise form above ground on the stalk's lower joints. These roots then buttress the plants against winds. In the planting system shown here, you hill with soil from be-



tween the rows—and you widen the watering furrows in the process.

Corn needs a good amount of fertilizer. Mixing in compost, manure, or fertilizer before planting may be enough, but in addition to, or in place of that, you generally should feed once during the season. Scatter complete fertilizer in furrows and water it in or apply liquid food in the furrows. Successful corn growers don't agree on the ideal time to feed; anytime between when the plants are 12 inches tall and when tassels form seems to work all right.

Weeds compete with young corn but generally get shaded out as the stalks grow tall. Shallowly hoe weeds every week at least for the first six or eight weeks. At the same time, scrape loose soil onto the hills around the plants.

Timing the harvest

This is your chance for the kind of corn you never find in the store. But there's not much room for error. The ears reach a peak of tenderness and sweetness, and hold it for only about two days in the hottest weather or up to five days in cooler weather, then start to turn starchy. (Sugar begins turning to starch as soon as you pick, too.)

To determine optimum time to pick, look for the clues shown at left.

If you want to make advance plans for inviting people over to eat corn, watch for silks to appear. After they fully emerge from an ear, figure that it will take about three weeks to ripen. □

DON NORMARK

You furrow, sow, hill, feed, water, then it's time to pick the best ears of corn you have ever eaten

Architect-owner jigsaws fanciful wood detailing . . .

Opposite pairs *of rafters are joined by bolts through ornamental spacer blocks*

The rafter tails *were cut with a jigsaw before installation*

Exposed beams *and rafters extend over the living room and studio*

DARROW M. WATT

Wood strips *flank double doors and arch around the stained-glass window, adding interest to the stucco entry façade*

Natural wood details and ample swashes of bright paint on contrasting backgrounds give this house in Novato, California, a special look of its own.

Architect-owner Bill Nilsen has left rafters, beams, and stanchions exposed. Cut spacer blocks heighten the rhythmic spacing of the rafters at the peak of the roof, while fancifully-cut rafter tails provide further interest on the exterior. Windows allow you to see both details at the same time.

The paint frames wood features, joins wall sections together, and creates a mantel motif. All of this contrasts effectively with the somewhat rustic feel of the wood.

Near the entry hall and in the kitchen, broad bands of color interlock opposing wall areas. Over the fireplace a painted tree grows out of a jar of hearts and a white square frames a small statue, emphasizing the fireplace as the focus of the living room.

The owner drew the curving strip on the all-white walls in the kitchen with the help of a pencil and straightedge. Then, using a string compass tacked into the ceiling, he drew the largest curve. He drew the small curves around a plate and coffee can, then filled in the outline with dark brown paint, which matches the color of the appliances.

On the exterior of this predominantly stucco house, the entry lights are set on a wood backing; all the corners are trimmed with wood strips, which help define the house's shape. Between the front door and the stained-glass window that lights the sewing room, wood strips run up and visually tie together the door and window. Another strip runs horizontally above the door between the light fixtures, serving as a base for the crowning stained-glass window; it pulls the whole entry motif together. □

The blank wall *above the fireplace seemed just right for a wall painting*

and brushes on brave panels of color

Brown strip *(lower left) joins two areas and turns kitchen utensils into art objects. A white band (lower right) comes down the wall and frames a turned dowel*

A white *rectangle on a beige wall frames a painting*

Begin *the afternoon of tasting with a light wine*

First course *is tiny ramekin filled with melted cheese dish. Continue with first wine*

Mix *salad greens with cheese, flavorful dressing; serve with white or red wine*

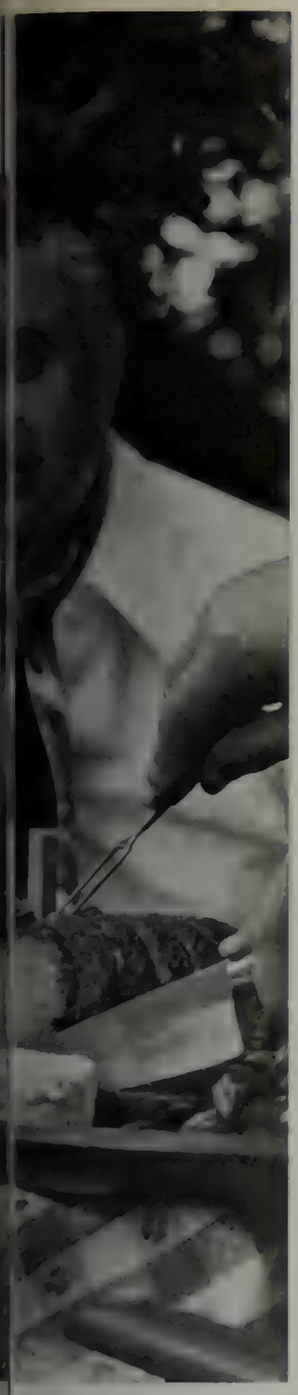
"Cheese makes any wine taste better"

Here's an unhurried afternoon meal that puts wines and cheeses together deliciously

Wine merchants have a saying: B bread, sell on cheese. They know bread makes the palate more ser to a wine's imperfections, but c makes wine taste better. When e taining, it makes good sense to tak seller's point of view.

Wine tastes particularly good all th the leisurely afternoon pictured a because cheese appears at every st the handsome meal. Each cheese tinctive, and the presence of s creates no more monotony than do continual companionship of wine.

The guides to planning such a win ing fete are soothingly simple and table well beyond this particular



Roast beef *and asparagus are complemented by herbed boursin, red wine*

DARROW M. WATT

End *with a bit of cheese and bread, go on to fruit*

d cheeses complement any wine; re robust cheeses need more robust es. The beauty of this scheme is that really can't go wrong if you choose wines accordingly.

re we propose a sampling of at least ee wines with an unhurried meal ded into four parts.

en guests arrive, greet them with a s of wine; sip this wine with the ele- t-seeming first course that is actually ted cheese on toast. The wine may a cool dry white or a dry red; just to serve lighter wines first, then ve on to more fully flavored ones.

: second course is a salad patterned r one served at Androuët in Paris. Continue with the first wine, or try a second; dry whites and dry reds both blend easily with this course.

Next comes a small beef roast (the meat can be hot, cooling, or cold) with a cold vegetable and a small creamy cheese that serves as sauce for both. Traditionalists would choose a dry red wine to go with this part of the menu.

Last, offer fresh fruit, and perhaps a small collection of cheeses. Finish off your last wine with these foods, or consider investigating the grand category of dessert wines: sweet white wine, medium dry or cream Sherry, Ports, Muscatel, sweet sparkling wines, or other sweet wines.

A Wine and Cheese Dinner

Each course suggests several alternate cheeses; the familiar ones will be available in supermarkets. The menu is scaled for six to eight persons; allow at least a half bottle of wine for each guest.

Cheese Ramekins with Radish Roses and Green Onions: Select bonbel, fontina, provolone, teleme, jack, or other mild-flavored cheese that melts smoothly.

Salad Androuët: Use Samsoe, Edam, Gruyère, or Swiss.

Roast Beef: Choose a 3½ to 4-pound boneless roast such as the filet, boneless rib eye, cross-rib, or sirloin tip.

Vegetable: Choose cold cooked asparagus, cold cooked regular or Italian green beans, or cold cooked broccoli.

Cheese for Meat and Vegetable: You need 3 or 4 ounces of plain or seasoned boursin, boursault, breakfast cheese, or chive-flavored cream cheese.

Crusty Bread: Cut loaf at the table.

Cheese Tray: Choose 3 or 4 pieces, each 3 or 4 ounces, of different character such as semisoft sanglier or Port Salut; hard jack, Asiago, or Parmesan; soft ripened Camembert or Brie; or veined Gorgonzola, Roquefort, or Stilton.

Fresh Fruit: Select whole strawberries, apples, pears.

Long before guests arrive you can assemble the cheese ramekins, prepare ingredients for the salad, have the beef ready to roast, cook and chill vegetables, wash fruit, and arrange cheese tray.

Cheese Ramekins. Select 6 to 8 small individual baking-serving dishes. Cut a piece of firm textured white bread to fit the bottom of each dish.

Place bread directly on oven rack and bake at 200° for 45 minutes. Turn off heat and leave in closed oven 1 hour. Melt 8 to 10 tablespoons butter in a wide frying pan and cook bread on low heat until golden brown on each side; place in individual dishes. Shred ¾ to 1 pound cheese (see above) and distribute evenly over toast. Cover until ready to bake. Bake, uncovered, in a 400° oven for 5 to 7 minutes or until cheese is bubbling and melted. Accompany with crisp radishes (cut fancifully) and green onions. Makes 6 to 8 servings.

Salad Androuët. Beat ½ cup sour cream to blend with 6 tablespoons milk or light cream, 1 tablespoon *each* Dijon-style mustard and lemon juice, ¼ teaspoon *each* basil leaves, cumin seed, tarragon leaves, and salt. Cover and chill until ready to use. Wash, drain, and chill 1 large head butter lettuce, hard cook and shell 2 eggs, and cut in matchstick-sized slivers ½ pound cheese (see above).

To serve, break lettuce in bite-sized pieces into a bowl, top with cheese and eggs (cut in quarters). Add dressing and mix. Makes 6 to 8 servings. □

DON NORMARK

Tidy *suburban house in Mountlake Terrace, Washington, was repainted, new roof added with Federal loan funds. Ample lots characterize this F.A.C.E. area*

Some old houses in the West are making a comeback with loans at an incredible 3%

Squeezed *next to ro Victorians, this small hou San Francisco's Bernal He was created from shell o shed. Deck, mansard roof built with Federal*

Thousands of home owners in more than 20 designated neighborhoods in the West are receiving low interest Federal loans for house remodeling projects that range from simple plumbing repairs to dramatic transformations of exteriors.

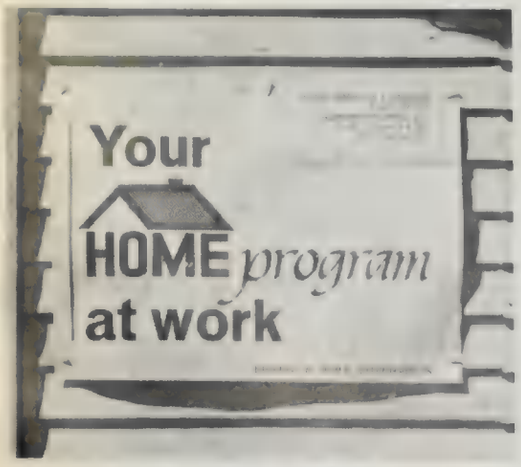
In 1971 a San Francisco woman was loaned $17,400 to fix up an 85-year-old place she purchased the same year for $13,000. She'll repay the money over 20 years at 3 per cent interest while living in a dwelling that since remodeling has recaptured its Victorian charm, meets all code standards—and is now worth more than $30,000.

Behind this and similar examples is a remarkably successful Federal effort—the Code Enforcement Grant Program. In many areas it is called F.A.C.E, for Federally Assisted Code Enforcement; in others, H.O.M.E., for Home Owners Modernization Effort. Everywhere, the goal is the same: to save neighborhoods before they become slums.

The Federal program not only includes house and apartment renovation, but also direct government financing of projects like sidewalk construction and tree planting, which pump new life into older suburban and central city areas.

Even if you don't live in such a community, the project may interest you—and one day you could become eligible. If you're looking for a reasonably inexpensive way to buy a house, or if you live in the suburbs and want to move closer to the city, a house in a project neighborhood could be a solution.

Many project communities, however, offer more than merely convenience and low cost. They include older houses that retain their sturdy "unmodern" dignity, along with poorly maintained but promising newer ones that are still sound. At the end of this article is a list of F.A.C.E. or H.O.M.E. offices that will tell you the location of the nearest project area.



Sign *marks house in East Los Angeles as code enforcement project site, one of more than 6,800 in the neighborhood*

How does the program work? City county officials pick a potential pr neighborhood and seek approval f the Department of Housing and U Development (H.U.D.). Guidelines recently tightened, making it toughe more run-down city neighborhood qualify; these should be covered other Federal programs. Districts ready made eligible, Federal offi say, should not be affected.

After the Federal government has proved a neighborhood, area prop owners are notified that their houses be examined for code defects. Inspe hunt for faulty gas appliances, outd electrical wiring, rotted structural n bers, and other dangerous violation city or county building codes.

Once the property owner knows w wrong with his building, he can g direct government loan—up to $17 —for "code work" to correct violati An outright grant of $3,500 is avail to retired people or other home ow whose economic situation may mak difficult to repay a loan.

Program officials in the West say there are often well maintained ho in F.A.C.E. or H.O.M.E neighborho where only a few hundred dollars needed for repairs. Then the h owner may decide to foot the bill h self—but in any case, once code v tions are detected they must be rected.

LEE FOSTER

Older house *in Salem, Oregon, project area was preserved intact. Simple touches like new paint, roof, and landscaping augment established charm*

Stucco *sides were repainted; interior remodeling provided special bathroom fixtures for invalid owner. House was first to be worked on in East Los Angeles project*

t as often, however, houses require stantial work, so large-scale remodel- becomes a practical option. Proper- owners living in the eligible house y apply for a code work loan, and an itional 40 per cent of that amount be borrowed for "remodel work"— nges not required by law. If the in- ctor says, for example, that code k will come to $10,000, you can get extra $4,000 to remodel your kitchen o paint and roof outside.

re is often a fine line, however, be- en remodeling and code enforcement. n if an older roof is now up to code shows signs of imminent deteriora- tion, it can still be replaced under the loan's code provision. The same may be true of other typically remodel items like worn or cracked siding and flooring.

A project loan officer can aid you with terms and contracts. And other officials help get building permits, find contractors, and assist in making simple remodeling designs.

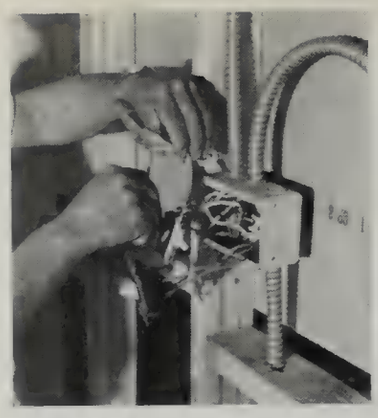
Any home owner living in a F.A.C.E. or H.O.M.E. area is eligible to apply for loans. Regulations vary somewhat for absentee landlords and multiple-dwelling buildings, and there are ways some occupants can refinance mortgages after the program's 20-year, 3-per-cent-per-annum plan begins. You can find out about these features by visiting a F.A.C.E. or H.O.M.E office.

Specific project houses—none valued over $25,000 before code work began—are shown in the photographs here.

This is what happened in some of the West's major project areas:

Mountlake Terrace, Washington, is a sprawling residential development 10 miles north of Seattle. Houses are 20 to 25 years old. With F.A.C.E. financing, home owners are replacing outdated wiring, heating systems, and roofs, and are renovating shabby exteriors.

Remodel designers, challenged by the



Left. *Federal loan money will allow owner to replace outdated fuse box.* **Above.** *Electrician fixes wiring*

New heating *ducts a water heater vent pi were installed in this San Francisco house*

New siding *(from hand down) blends in with sound existing wood (painted sections). Rotted material was cut away in this East Los Angeles project house*

Foundation *work is frequently needed in ola houses. Rotted wood is obvious on this one*

prevalent concrete block construction and rectangular architecture, are updating or replacing decrepit wooden doors, adding fireplaces and chimneys, putting up shutters, and covering exteriors with new siding or paint. The project has freshened many houses, which now take better advantage of neighborhood features like large stands of evergreen trees.

Seattle's Jefferson project began last October; consequently much of the code work may not yet be visible. Later painting and exterior remodeling could make this one of Seattle's most interesting neighborhoods. Many of the houses are sturdy post-Victorians.

Salem's Richmond project contains many houses 80 years old or more. In many cases, sound foundations and wood structures have allowed occupants a range of options from a complete change of style for an older residence to sympathetic retouching of existing architecture (see photographs on pages 101 and 103).

San Francisco's Bernal Heights (one of seven project neighborhoods in the city) is a hilly area south of downtown with good views and many sound but modest Victorian houses.

Home owners using F.A.C.E funds (and sometimes additional money of their own) have retained the original character of the architecture while substantially altering interiors. Rooms have been enlarged and interior beams and rafters exposed. An interesting technique used in several houses has been to reverse heavily painted wall panels and stripping to expose beautiful and sound redwood, dating from the late 1800's.

In East Los Angeles, the largest code enforcement project in the country, more than 6,800 houses from 25 to 100 years old have been rejuvenated. Much of the work is rudimentary code repair: foundations, wiring, and replacement of dangerous unvented gas heaters. Many home owners have chosen to add rooms and reface exteriors with stucco. Streets have been widened and trees planted.

For specific information about F.A. or H.O.M.E. projects in the West, tact one of the following:

Seattle area. Seattle Area Office, De ment of Housing and Urban Dev ment, Arcade Plaza Bldg., Seattle 98

Salem. Your Neighborhood Office, State St., Salem 97301.

Hawaii and northern California. projects in San Francisco, Berk Fresno, Menlo Park, Merced, Pitts Stockton, and Vallejo; and in Hon Kailua, and Keolu Hills: San Fran Area Office, Department of Housin Urban Development, 1 Embarc Center, San Francisco 94111.

Southern California, Arizona, and Mexico. For projects in Los An San Diego, Palm Springs, San Ga Pasadena, Compton, Indio, Ox Tucson, and Mescalero Indian Com ity, New Mexico: Area Director, De ment of Housing and Urban Dev ment, Los Angeles Region, 2500 shire Blvd., Los Angeles 90057.

The goal of F.A.C.E. and H.O.M.E. is to pump new life into older city and suburban neighborhoods

House *in Salem, Oregon, started life as modest frame structure. With F.A.C.E., owners added mansard roof, updated style*

Left. *Remodeling in 1950's deprived Victorian-era house of its special style.* **Below left.** *What present owner has done with help from F.A.C.E.*

LEE FOSTER

Modern *kitchen with touches of the old in Victorian house (exterior at left below). Redwood was exposed by turning painted side inward*

NORMAN A. PLATE

Bold *8-inch plastic numerals are mounted on ⅛-inch-thick smoked acrylic sheet. The clock is powered by a battery movement*

Wooden housings *are custom made to hold clock movements. Small clock at upper left is battery powered; pendulum movements drive the other two*

It's your clock and it works

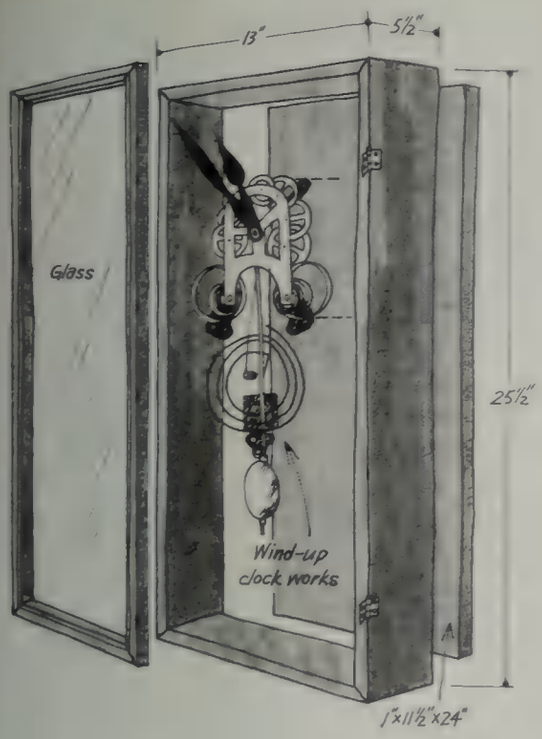
The secret is that you buy the insides

Many clock shops carry a variety of clock works and ac sories helpful in designing and building your own clock. may buy inexpensive battery-powered works for about $1 more expensive wind-up movements for $20 to $75. W properly adjusted, good battery movements—those wit least seven jewels—will operate accurately for two years single battery. Wind-up movements in the $35 to $75 r will give years of accurate service with occasional clea

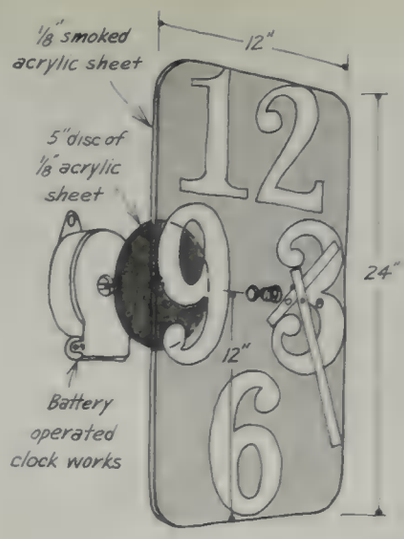
You should buy the movement before designing the cl because the size, shape, pendulum clearance, and metho mounting will influence design possibilities.

Once you have the works, you can use woods, plastics, als, ceramics, or other materials to create an unusual hou

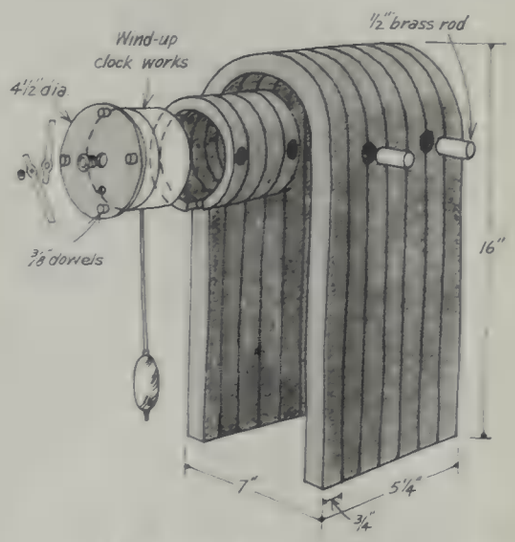
At well stocked clock shops you will find a variety of ha faces, and numerals for your clock. Stationery stores, shops, and craft shops are other sources for materials might make good clock accessories.



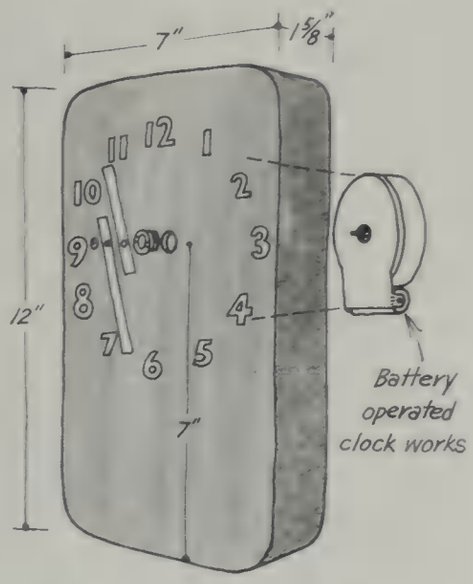
Glass-fronted *redwood box houses attractive 30-day chimed movement (about $35). Designer felt numerals weren't needed. Total cost about $40*



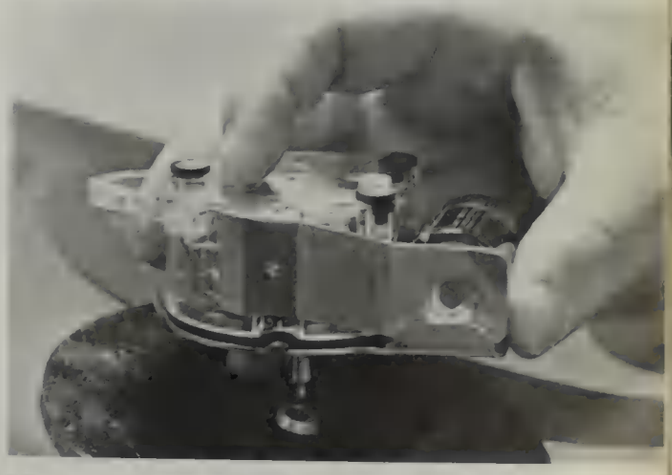
Numerals *are glued to acrylic backing on wall clock. With inexpensive battery movement, total cost is about $22*



This clock *requires a band saw and a fair amount of skill to build. The arch and the cylinder that cover the movement are cut from ¾-inch teak using a template. The movement is an 8-day wind-up (about $20). Brass rods hold cylinder. Wooden dowels are set into ⅜-inch faceplate. Total cost about $50*



Below. *Plastic numerals from clock shop are glued to rounded walnut block to create simple design.* **Right.** *Unit is powered by small electric movement (about $10). A 1⅜-inch-deep hole is chiseled out in back to receive works*



Movement *mounting sleeve must extend far enough through back of clock face, shown at bottom of picture, to thread securely into movement*

Mill town into art colony...Mendocin

NORMAN A. PLATE

Graceful *Victorian buildings, with church in center, face newly-preserved grassy headlands, steep bluffs, secluded coves at Big River mouth*

Almost startling in contrast to its time and its place, this small cluster of gleaming Victorian buildings stands on a windswept, grassy bluff on California's northern coast. It has withstood winter storms and deep summer fogs for well over a hundred years. Many of its stake fences are bent and moss-flecked. Its remaining redwood water towers have been bleached gray-white.

Yet Mendocino, celebrated as a relic of the past, is also bursting with life. Established in 1852 as a remote mill town, it has evolved into a prominent art colony. The artistic atmosphere isn't contrived; many of the artists and gallery owners are full-time residents, and their work is deeply intertwined with the town's heritage and surroundings.

Their persistent efforts to preserve Mendocino's architecture and view to the sea have just been given a strong boost by the State of California: The open headland between Main Street and Mendocino Bay has been acquired from private interests by the Department of Parks and Recreation and will be preserved in its natural state, free from development (the acquisition includes nearby Big River Beach).

In turn, local authorities are expected to form a Mendocino Historic Preservation Area this year, with protective zoning to maintain the town's unique Victorian legacy.

May is one of the best times to visit Mendocino for a short stopover or a more relaxed overnight stay. The summer tourist rush hasn't begun yet, and the weather is sunny and relatively calm. But bring some warm clothing—the evenings are chilly, and the fog can creep in unexpectedly.

The town is just west of State Highway 1 about 170 miles north of San Francisco, a 4-hour drive. For a somewhat quicker trip, take U.S. 101 to just beyond Cloverdale; drive west on State 128 for 57 miles, then north on State 1 for 10 miles to the Mendocino exit.

You might as well park your car quickly when you get to

Boardwalk *leads through courtyard to galleries, bookstore. There's a beauty parlor in base of water tower at rear*

the seventies

Colorful *banks of flowers surround diners in sunny, trellis-walled Village Square courtyard. It adjoins Mendocino Hotel and ice cream parlor. Metal sunburst hangs near entrance*

NORMAN A.

At Art Center, *instructor helps student craft gold pendant (left) while woman shapes moist clay bowl (right). Visiting and resident artists conduct week-long courses during summer*

Today's Mendocino is for walkers and for watchers

Mendocino's streets are short, narrow, and easily ed by vehicle traffic. You can get to the galleries, shops, architectural surprises with little trouble on foot. It's bicycle terrain but don't ride on State 1, a narrow and ng road used by large logging trucks.

most prominent landmark is the 104-year-old Presby- Church at the east end of Main Street; you can walk nd inside if the door's open. The closest concentration of and galleries is on the north side of Main Street. It des the Mendocino Hotel (100 years old this year), a yellow and white bank with curved corner windows, clock shop with hundreds of old clocks and music —visitors often gather in the crowded interior while roprietor demonstrates one of his treasures.

he second floor of Gallery Fair, Ukiah and Kasten s, you can visit the recently opened Mendocino Histor- Research Center, containing carefully-prepared exhibits e town's history and architecture. The center is open 11 A.M. to 4 P.M. every day except Tuesday; admission e. The gallery itself is the colorfully restored Odd ws Hall, built in 1878.

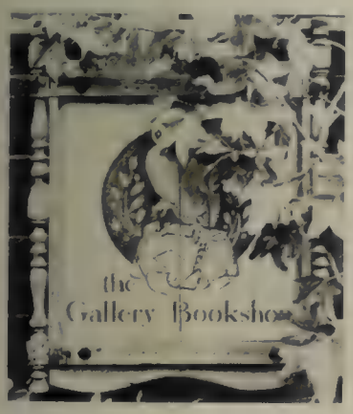
nonprofit Mendocino Art Center on Little Lake Street week-long courses; some carry credit from the Uni- y of California Extension Service, and there are special ams for children. For more information write to the at Box 36, Mendocino, Calif. 95460.

can enter the newly preserved headland meadow from d the Presbyterian Church or through a fence opening opposite end of Main Street. On the western point you ee a blowhole surrounded by the few remaining pilings e original mill and its ship-loading chutes. West and north of town you can climb down from Heeser Drive to fish for rock cod or explore tidepools, but use care near the water: The rocks can be slippery, the edges of the bluffs can crumble under your feet, and the tides are strong.

Besides the hotel, Mendocino's restaurants include the antique-crowded Sea Gull Inn on Lansing Street, the newer and more casual Uncommon Good on Kasten Street, and Cafe Beaujolais, an unusual country-style French restaurant in the parlor of an old house at the east end of Ukiah Street. Its menu includes homemade breads and, occasionally, soup made from watercress plucked from the shallows of a stream that runs outside.

The town's lodgings are augmented by inns and motels spaced along State 1 from Little River, 3 miles south of Mendocino, to Fort Bragg, 10 miles north. You can camp at three state parks on State 1—Van Damme (2 miles south of Mendocino), Russian Gulch (2 miles north), and MacKerricher (18 miles north)—and also at Dimmick State Recreation Area 9 miles inland on State 128 along the Navarro River. For information on reservations (essential in summer) at MacKerricher and Russian Gulch write to the Department of Parks and Recreation Reservation Office, Box 2390, Sacramento 95811.

Both Van Damme and Russian Gulch state parks have trails leading back from the beach through short canyons overgrown with towering trees and lush ferns. And just inside the entrance to Russian Gulch, you can follow another trail past a blowhole to the edge of the headland cliffs. During May the bluff is rich with wildflowers, and frequently deserted. You can look out toward some tiny, nearby islands cut away from the bluff by centuries of wave action, and be alone with the flowers, the shore birds, and the pounding surf. □



Shops, *galleries, and inns are marked by small wooden signs, carefully painted, elaborately carved, and fun to look for*

Customer *parks baby in stroller, pays Bill for cherry tomatoes. Signs show only one misspelling*

Curbside enterprise

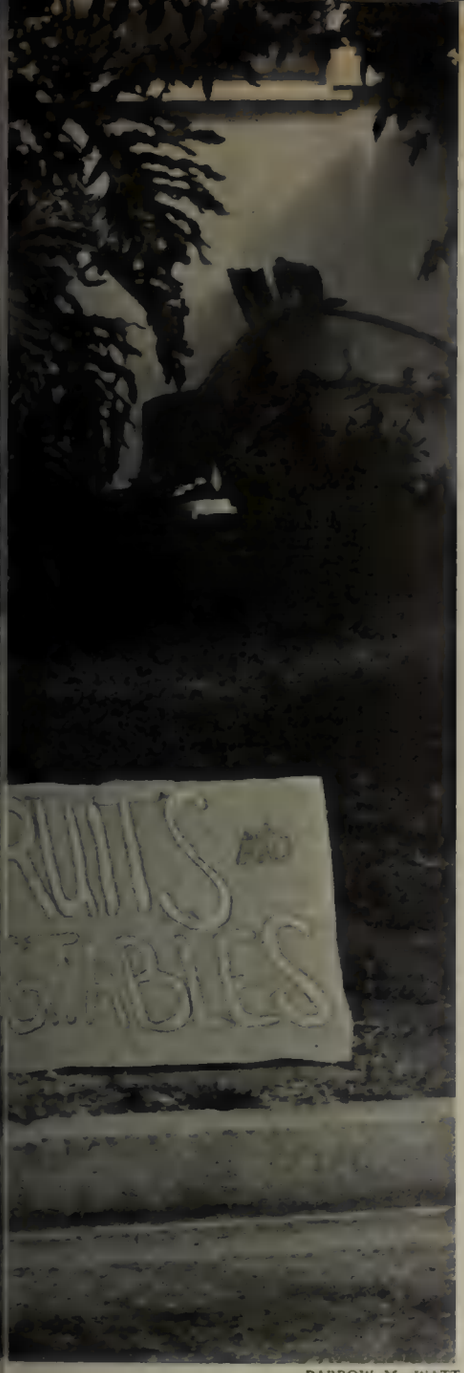
Bill and Kathi sell the family's home-grown organics July to Septembe

What you see here is one answer to a gardener's problem: When your crops get ripe, what do you do with the excess? These enterprising young produce sellers (Bill was 11 last year and Kathi was 8) set up their afternoon curbside shop from July into September. They were open four afternoons a week from 1 to 6.

The challenge was the munificent surplus of their mother's new backyard garden. It was Mrs. Clay Howard's first such garden. She wanted it to be organic, and she didn't spare effort: The soil was enriched with spaded-in steer manure, mulched with compost that was further enriched with duck and rabbit droppings. The compost came from a three-bin unit built to a design published in *Sunset*. With the babying it got, the new garden's crops were generous.

Mrs. Howard is a let's-try-anything gardener, so her Bi Kathi had interesting things to offer. They had carrot cucumbers to sell, but they also had sugar peas, pole l Jerusalem artichokes, two kinds of leaf lettuce, lots o chini (their best seller). There were a few disappointr The eggplant crop total was three. All sold.

Bill organized the curbside shop. He got boxes from a pliance dealer, a card table from his mother. He ma own signs with fluorescent paints. He chose confident —green, cerise, orange. He also published a handbil distributed it, mostly to nearby apartment people wouldn't have their own gardens). The handbill pro reasonable prices (Bill matched grocery store prices all s and daily specials. It worked. They sold out.



DARROW M. WATT

k garden *is production area. Kathi*
s carrots. Bill in distance
arvesting beans. That's
ss chard at right of carrots. Back
l is about 50 by 75 feet

Bill *weighs zucchini on postal scale. On counter are Swiss chard, two kinds of leaf lettuce, green peppers, cherry tomatoes (the day's special), carrots. Marigolds are sold in old soft drink cans with bright new contact paper wrappers. Cash box is egg carton*

Delicious attractions in Belgium are the deeply indented waffles that you can buy at sidewalk stands and carnival food booths like the one pictured below. Many *Sunset* readers will remember them as the snack hit of the Seattle World's Fair just 10 years ago.

Although Belgian waffles look much like our familiar breakfast waffles, they are not at all alike in flavor or texture. Best described as a cross between a cooky and a cake, this version of Belgian waffles has the fine-grained texture and flavor of an excellent pound cake.

You can make Belgian waffles in a standard electric waffle iron, but to achieve authentic thick Belgian waffles with the characteristic deep indentations, you'll need a special Belgian waffle iron like the one shown at right. (They are available in some specialty cookware shops for about $20.) These irons are placed over direct heat to bake the waffles on top of the range.

Before baking your first waffle, season a new Belgian waffle iron by heating it over medium heat until hot; open and brush grids generously with salad oil. Continue heating just until oil smokes; remove from heat and let cool in opened position. Wipe grids clean. Even if your electric waffle iron doesn't usually need greasing, we suggest brushing the grids with melted butter for the first couple of Belgian waffles. Then butter grids again only if waffles begin to stick.

Belgian Waffles

Stir together 1 cup (½ lb.) melted butter or margarine, ½ cup milk, and 2 teaspoons vanilla; set aside.

With an electric mixer, beat 4 eggs until foamy; gradually beat in 1½ cups sugar until dissolved and mixture is as thick as heavy cream. Stir together 3½ cups sifted regular all-purpose flour, 1 tablespoon baking powder, and ¼ teaspoon salt. Add flour and butter mixtures alternately to egg mixture; beat well after each addition.

Preheat an electric waffle iron as manufacturer directs, or place a seasoned Belgian waffle iron directly over medium heat, turning it over occasionally until water dripped inside sizzles. Open either

DARROW M. WATT

iron and brush grids lightly with melted butter. Spoon recommended amount of batter into electric iron (or about ⅔ cup batter into Belgian iron), spreading batter just to cover grids. Bake according to manufacturer's directions (or close and turn Belgian waffle iron over every 30 seconds until waffle is richly brown, about 4 to 5 minutes; open iron occasionally to check doneness).

Transfer waffles to a wire rack. Serve warm, cool completely, or wrap and freeze. To freshen, place waffles directly on the rack of a 400° oven until slightly crisp, about 5 to 7 minutes. Top waffles as desired. Makes 8 to 10 servings.

GARY SHELDON

Fairgoer *enjoys a Belgian waffle at traveling fair, a short drive from Brussels*

Brusselse wafels

They are best made in an imported iron, but you can make do with your own electric iron

se classic Belgian affle iron at home either a gas or ectric range. When hly browned, vert waffles onto ck. Serve warm; cool completely, en wrap and freeze

Your own *freshly baked Belgian waffles can be served as a snack or dessert. Top waffles with sweetened whipped cream and berries; or enjoy them with powdered sugar or ice cream and fruit*

GERALD R. FRI

Long, gleaming *1932 Chrysler Imperial Phaeton mounts winners' ramp before crowd at Pebble Beach, California, concours*

Concours

The great "meetings of elegance" begin in May, go on all summer. Our list includes shows close to home, shows to see on your travels

Concours d'élégance means "a meeting of elegance," an e description of the chariot promenades of European bo vardiers. In the West it also means a gathering of antique classic cars, some of the best examples of American and eign automotive craftsmanship brought together for pu display and competitive judging.

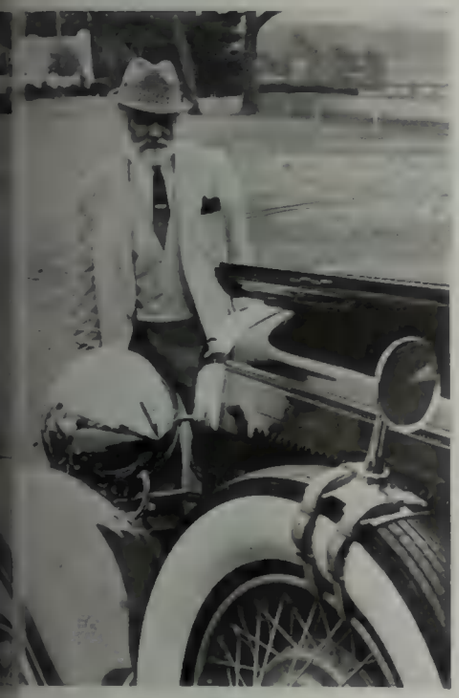
A concours visit can be an enjoyable and instructive fa experience. You can see fully restored entries (some of t one-of-a-kind) covering the span of automotive history— picnic on the grounds of outdoors shows while enjoying time band music or other attractions. Adult admissio usually $2 or less (frequently to benefit a charity) and chil are often admitted free.

At larger shows, announcers or printed programs describe entries. Many of the cars themselves bear detailed des tions with photographs showing steps in their restora Some of the more elegant entries may once have been junk, requiring thousands of hours of loving work.

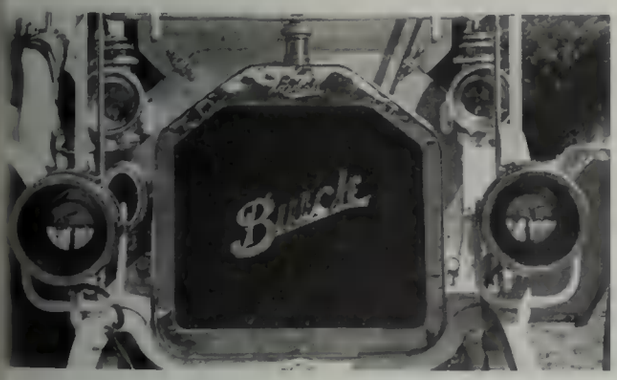
For better matched competition, similar cars are grou together into classifications based on age, value, and type get the most out of the concours, try judging the cars in categories used by official judges: interior and exte appearance, and engine and chassis condition.

The finish should be uniform, polished, and free of du even a slight flaw can cost valuable points. Check the en for grease and smudges; and when started up, it should

Owner *adjusts hood support of newly-restored 1939 Buick convertible*

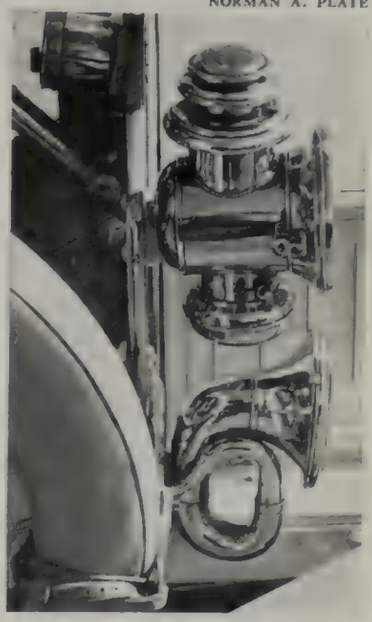


Rear-view *mirror is strapped to spare tire of Studebaker being inspected by judge*



Details *are functional and finely wrought. Clockwise from left: 1910 Buick features brass-trimmed radiator, array of acetylene lamps; side-mounted Auburn spare has wide, white wall, bright spokes; brass lamp, horn are polished and scratch-free*

NORMAN A. PLATE



Judges *look under hood, discuss engine condition of 1935 Auburn Phaeton. Intent spectator at left is owner of another car. Judges will also inspect chassis, interior, and exterior finish, and make sure running gear works as it should. Then they'll score it on a point system, for comparison with other cars in its class*

Dusting, *polishing are constant activities during shows. Woman (below) wipes Rolls-Royce trim while man (right) cleans spokes. Note Ford's circular "monocle" windshield (there's also one on the Marmon pictured below)*

GERALD R. FRIDRICK

smoothly. Lights and other running gear should work. Make sure the interior is immaculate, without worn, cracked, or poorly fitted upholstery.

Be careful not to touch the cars while inspecting them.

At some concours, you may be able to vote for the winner of an audience-choice trophy.

You can see the following concours during the 1972 season:

California

Hillsborough: Crocker School, Ralston and Eucalyptus avenues, May 21.

Palo Alto: El Camino Park, 100 El Camino Real, June 11.

Vacaville: The Nut Tree, Interstate 80 at Nut Tree Rd., June 25.

Lafayette: Stanley School, 3455 Sch St., July 16.

Pebble Beach: Del Monte Lodge, A gust 6.

San Francisco: Presidio, with antic plane fly-in at nearby Crissy Fie August 13.

Mill Valley: Strawberry Town a Country Village, U.S. Highway 1 at Belvedere Dr., August 27.

Napa: Silverado Country Club, 16 Atlas Peak Rd., September 24.

Nevada

Sparks: Swap Meet and Car Show Harrah's Automobile Collection, D mody Way, June 22 through 24.

Trees shade *cars, spectators. A 1953 British H.R.G. is at left; antique group at right includes 1912 Marmon Speedster in foregrou*

in the Colorado Rockies sits
ty log cabin.
earest fire department? Miles
the next county.
er before last, the wind got so
up here it blew down a near-
!
ously, this is the
place to demon-
Johns-Manville's
ordinary new
RT™ shingle.
all, Underwriters' Laborato-
ve **RAMPART** the highest fire
nd resistance ratings attain-
Class A.
PART shingles have a tough,
fiber glass base saturated
with 50% more weatherproofing asphalt than conventional shingles. That means longer roof life.

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Send for complete information—including color selection chart and our interesting new booklet, "How to Buy a Roof."

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Johns-Manville just put a new kind of fiber glass roof on this old log cabin to make a point about fire about wind about beauty about value.

Color.
Deep, intense color.
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Colors by Springmaid.

‹erate your bedroom with Springmaid's new Bed Lib Collection.

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Come enjoy the fun, the fashion and the freedom from care. It's all yours with the new Bed Lib Collection by Springmaid.

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How Varathane color looks on things that don't look so good.

Things like old chairs. Tables. Toys. Boats. Metal things. Ceramic or plaster things. Things that could stand a coat of paint.

But you don't have to paint them anymore. You can coat them in plastic. For protection.

That's what Varathane Colors in Plastic do. Just like Varathane clear.

They protect things against rust and corrosion. And against chipping, cracking or peeling. Inside the house or out.

What's more, these plastic colors are easy to apply. Because they're self-leveling and quick drying—about 4 to 6 hours.

And you won't have to worry about matching up one thing with another after a couple of months.

You see, all 16 colors are formulated individually. That means one can of, let's say, royal blue will be exactly the same as your next can of royal blue. No matter when you buy it.

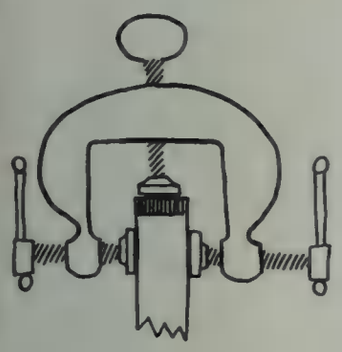
So, if you have some things that could stand a coat of paint, put on a coat of plastic Varathane instead.

It protects things so they look good longer.

FOR FURTHER INFORMATION WRITE: THE FLECTO CO., INC., P.O. [redacted] 12955, OAKLAND, CA. 94604

It protects things.

The Changing Western Home



Edge clamps

ıree-way clamps which are now avail-
le at most hardware stores enable you
apply right-angle clamping pressure
ıen gluing or welding. Two opposing
ew-down arms clamp onto lips or cor-
rs, while the third right-angle arm
lds trims or edges in place.

Hidden screen

tween the living room and dining
ɔm of his house in Belvedere, Califor-
ı, architect and amateur movie-maker
ıdney Friedman hung a 10-foot-wide
ɔvie screen between a pair of 2 by 10-
:h beams. Mounted 80 inches high, it
ı be pulled to the floor.

GLENN CHRISTIANSEN

Traveling storage

ıhtweight boxes keep things in place
this trailer kitchen.

e box under the stove has shelves for
ts and pans; when the trailer is mov-
, it can be laid on its back and stowed
under a bunk.

The other box, with a laminated plastic top, holds dishes below and utensils in a drawer above. It can sit on a counter or bed when in use, then be tucked out of the way while traveling. Tapered wooden posts hold cups and plates in position. Rubber tips on sides and bottom minimize shifting.

The sides and tops are ⅜-inch plywood. The bottoms, shelves, and drawers are made of ⅛-inch mahogany plywood backed with 1 by 1-inch pine. Slot handles keep the boxes compact. □

ELLS MARUGG

DON NORMARK

Cooking *and eating areas form an L-shaped island separated by dropped surface*

Chalkboard *is sheet of plastic laminate, matches kitchen countertops*

An L within a larger L . . . it is kitchen, family dining, office

Toaster *fits under the raised cooktop counter that joins the table*

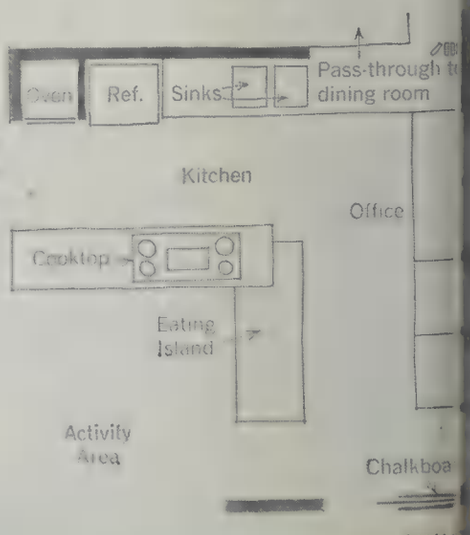
This cook wanted a kitchen that would keep her in the middle of family activities but away from the traffic. The arrangement shown here, designed by her architect husband Robert W. Champion, uses an L-shaped island to create meal preparation, eating, office, and living areas that are in a single room yet don't interfere with each other.

So the room won't look too much like a kitchen, most storage is below the island counter. Carefully arranged bins, shelves, and drawers hold all the pc pans, cooking utensils, canned goo and spices. Each cabinet slides forwa so every inch of storage space is eas reached. The eating area, slightly low than the cooktop, completes the L th separates kitchen and living areas.

Over to one side of the eating island, t Champions installed their home off along an outer wall. It has overhe cabinets, open shelves for records a correspondence, and large filing dra ers below the counter. Windows tween counter and overhead storage r the length of the office area, let in lig and open for fresh air.

Included in the plan below is an activ area where the Champions enjoy fam gatherings and informally entertain their Everett, Washington, home.

Pull-out *storage shelves run length of cooking island, hold pots, pans, canned goods*



Sketch *shows L within an L. Meal preparation is in kitchen area, leaves office and activity area free for rest of family*

STILL BLOOMING BOOM TOWN

Nestled among 11,000′ peaks of the Wasatch Range, the mines of Park City, Utah, once poured out half a billion in precious metals. Crowds greeted Heavyweight Champion John L. Sullivan at the U.P. station. And William Jennings Bryan orated on the virtues of silver from the balcony.

The old station still stands, a picturesque sight to the thousands of skiers on Park City's famed slopes. A reminder, too, of Union Pacific's role in helping to tame the Wild West.

Today, Union Pacific's pace-setting computerization, microwave communications and push-button classification yards provide an electronic age West with the finest in equipment, facilities and dedicated service. As for over a century, you can depend on it.

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personalized FREE

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Series 700 solid black

Series 700 black lid on gold box

Series 500 gold lid on black box

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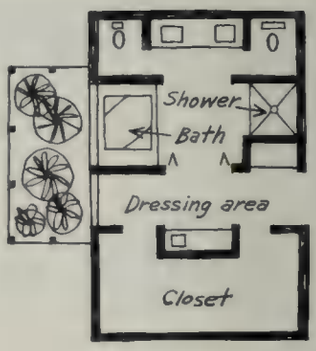
our 50th year

RICHARD F

Garden *seen through glass from bath. Lath provides privacy and shade.*
Left. *Brick path leads from dressing area to garden*



Bath garden . . . right by the tub

The view from the bath here is cool, green, and shady.

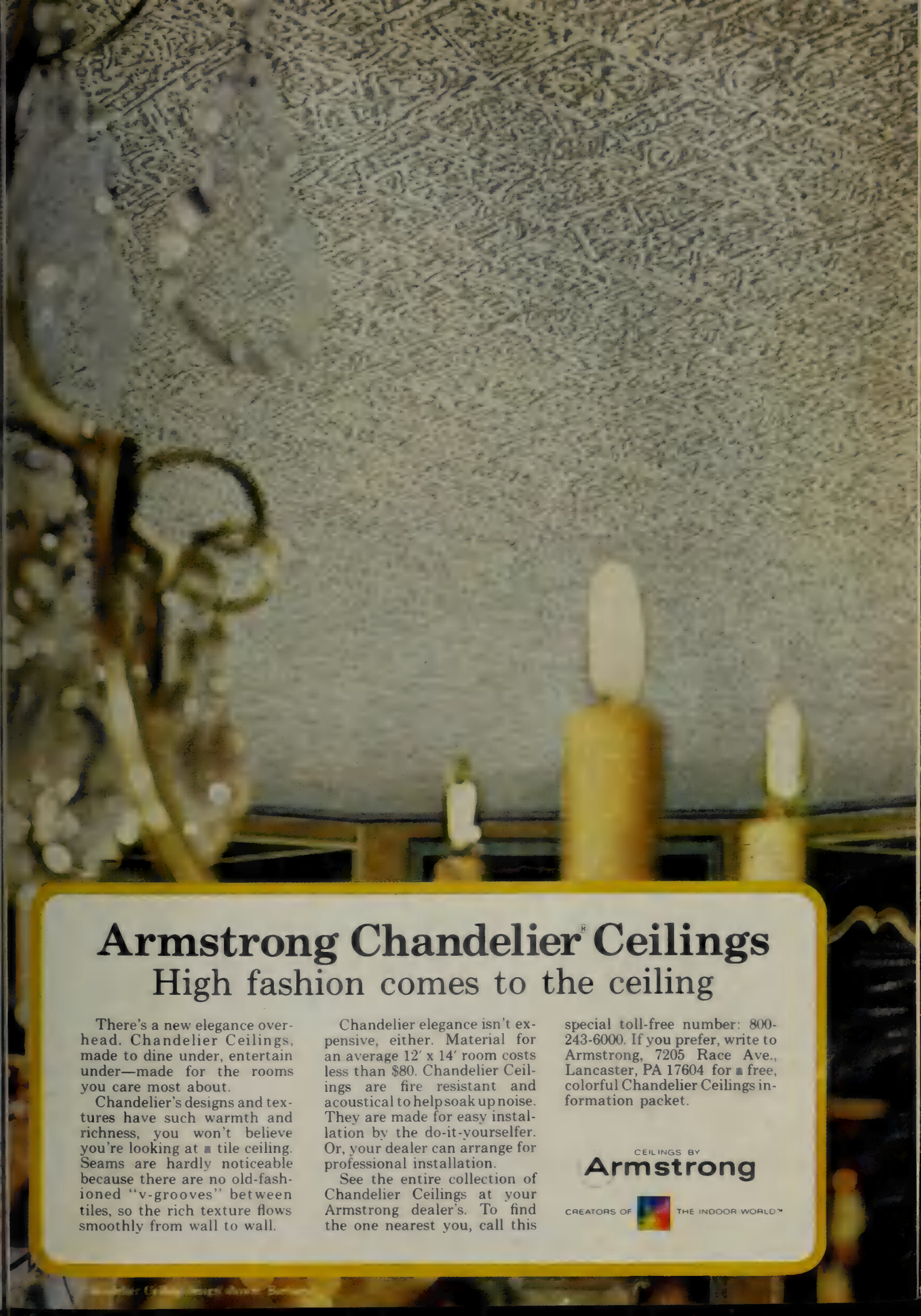
A floor-to-ceiling glass wall separates the bathroom from a small garden of clivias, ferns, fuchsias, and other shade-loving plants.

Just outside the bathroom, the lath roof and side walls provide privacy and keep the hot sun from the tender plants. At the same time spacing between the laths lets in enough light and air for good growth. Much of the light gets into bathroom.

The garden can also be seen through clear sliding doors of the shower.

To take care of the plants, the owr can enter the garden through a slic glass door in the dressing area, beh the bath and shower, and walk o brick path that runs next to the ho

The owner is architect Dan Dworsk Los Angeles.



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High fashion comes to the ceiling

There's a new elegance overhead. Chandelier Ceilings, made to dine under, entertain under—made for the rooms you care most about.

Chandelier's designs and textures have such warmth and richness, you won't believe you're looking at a tile ceiling. Seams are hardly noticeable because there are no old-fashioned "v-grooves" between tiles, so the rich texture flows smoothly from wall to wall.

Chandelier elegance isn't expensive, either. Material for an average 12′ x 14′ room costs less than $80. Chandelier Ceilings are fire resistant and acoustical to help soak up noise. They are made for easy installation by the do-it-yourselfer. Or, your dealer can arrange for professional installation.

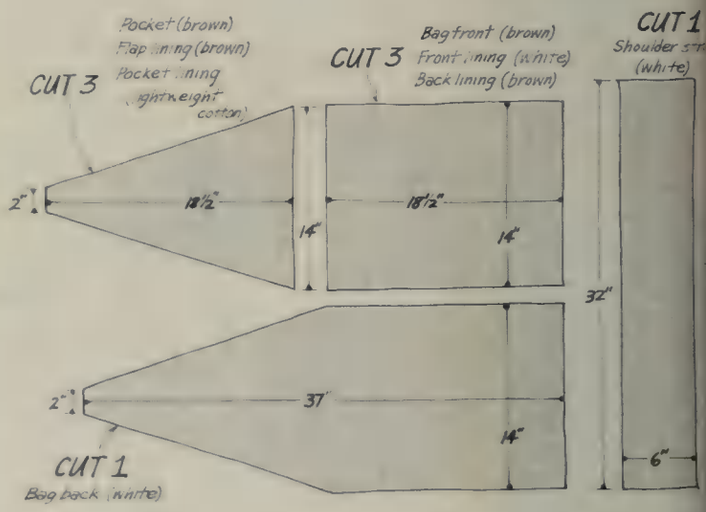
See the entire collection of Chandelier Ceilings at your Armstrong dealer's. To find the one nearest you, call this special toll-free number: 800-243-6000. If you prefer, write to Armstrong, 7205 Race Ave., Lancaster, PA 17604 for a free, colorful Chandelier Ceilings information packet.

CEILINGS BY
Armstrong

CREATORS OF THE INDOOR WORLD™

DARROW M. WATT

Left. *Canvas bag is large enough to carry nearly everything you need for a day at the beach.* **Above.** *Back pocket is handy for small articles*



Over the shoulder bag has a handy side pocket

An envelope inspired the design of this bag. Made of two thicknesses of lightweight canvas and put together by sections, it's really a bag within a bag, which makes it a sturdy tote for swim gear and lunches or almost anything you might want to carry on an outing.

To make one, you'll need lightweight (10 oz.) canvas, available in most awning shops for about $2.50 a yard; buy 4 feet each of two colors. (We used white with a brown front and back pocket. If you use other colors, simply substitute them for brown and white in the directions.) You'll also need a piece of lightweight cotton fabric (14 by 18½ inches) to line the pocket, and cotton thread for stitching. We recommend a heavy-duty sewing machine needle (size 16) for most machines; the needle you have in your machine is adequate if it will stitch through six thicknesses of the canvas.

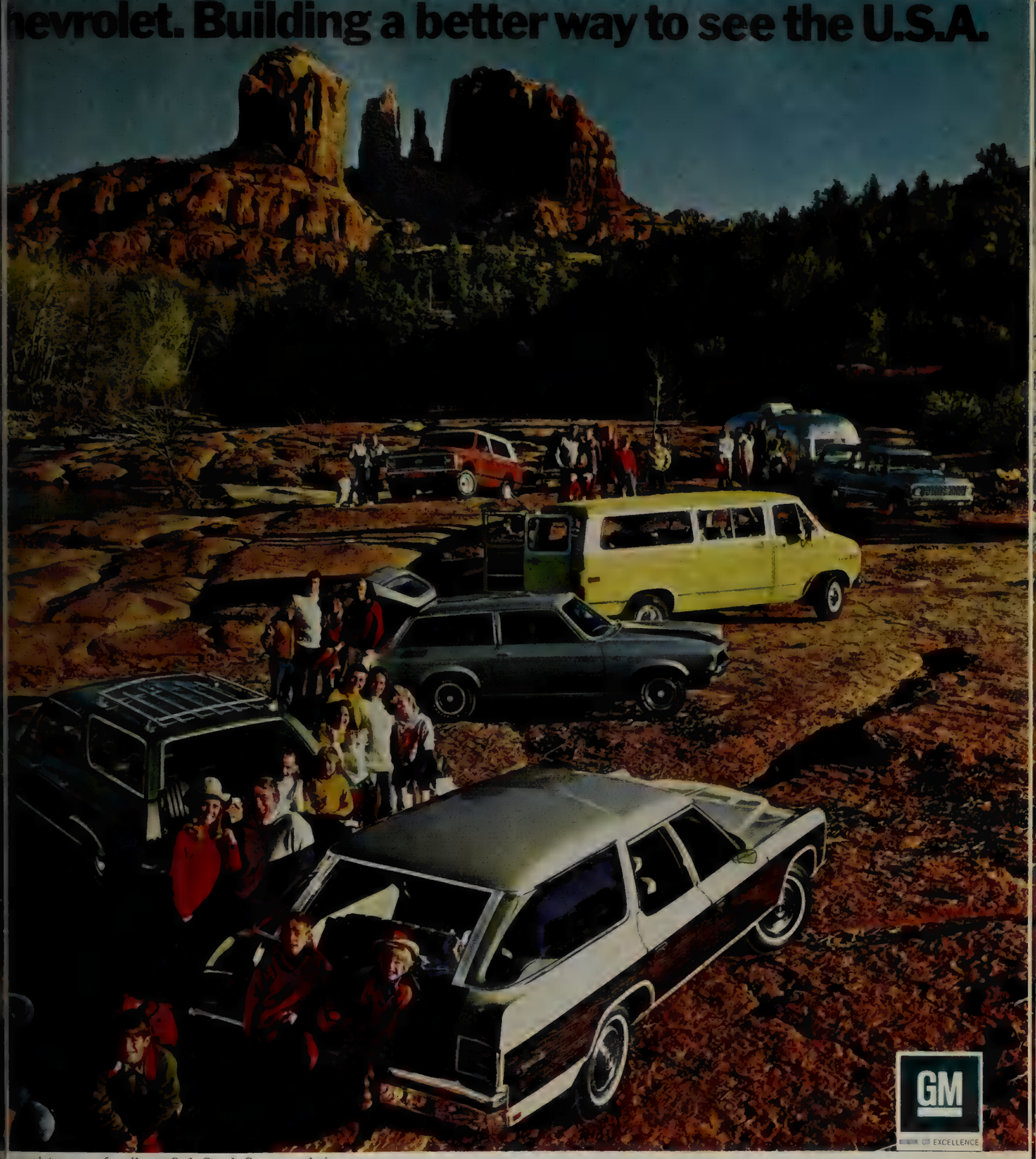
First, cut out a paper pattern (see drawing above for dimensions). Pin the pa tern to the canvas, and cut out thr rectangles (two brown and one whit three "cones" (two brown plus one the cotton), the bag back (white) a shoulder strap (white).

Pin pocket lining to pocket, right sid together. Starting ½ inch from pock top, stitch ½ inch from edge down o side, across bottom, and up the oth side, stopping ½ inch from top. Tri diagonally across bottom corners, inch from stitching. Turn right side o pushing out corners with point of sc sors. Press.

Tuck top raw edges of pocket a pocket lining ½ inch to inside so rig sides are together. Stitch across top inch from top edge.

Center pocket on right side of bag bac lining side down, ⅝ inch above botto edge of back. Pin pocket to bag bac then stitch ⅛ inch from top edge

hevrolet. Building a better way to see the U.S.A.



ievrolet wagon family at Oak Creek Canyon, Arizona.

You get more station wagon at your Chevy Dealer's Wagon Station.

Vhen you need gas, you go to a ation.

Vhen you need a wagon, you go to gon Station. Also known as "your ly neighborhood Chevrolet r's."

ecause that's where you'll find dest selection, for one thing. From 4-passenger Vega Kammbacks 12-passenger Sportvans.

ou'll find third seats that face ont and third seats that face the Tailgates that go up, down, sideways and even disappear.

There's so much, we can't begin to get it into one little ad. So we've put it into a 24-page brochure called "How to Pick and Plan a Wagon. For Town. For Travel. For Trailering."

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Chevrolet

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Mail to: Chevy Wagon Station. Dept. S, P.O. Box W, Detroit, Michigan 48202.

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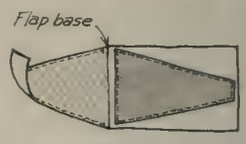
pocket down one side and up the other stopping at top stitching.

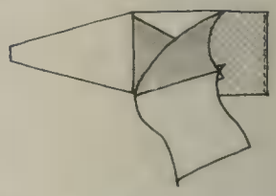
To line bag flap, pin right side of brown flap lining to outside of bag flap. Starting ½ inch from base of flap, stitch ½



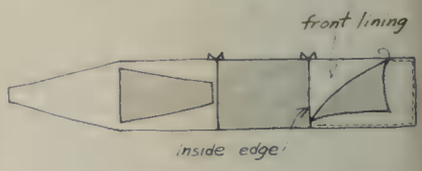
inch from edge down one side, across flap tip, and up the other side; stop ½ inch from base. Trim tip corners. Turn right sides out and press. Turn base edge of flap lining under ½ inch; press.

Pin top edge of bag front piece (brown) to top of front lining (white), right sides together. Stitch them together ½ inch from edge across top. Press seam open. Turn right sides out, press again.

Keeping lining free, pin bottom of bag front to bottom of back, right sides together. Stitch ¼ inch from edge across bottom; then press seam open.



Open bag sections out flat, right side up. Place remaining piece of lining (brown) right side down on front lining. Pin. Starting ½ inch from inside edge, stitch ½ inch from edge around three sides.



Fold the joined sections so the right sides of bag front and back meet.

Keeping lining free, pin, then stitch ½ inch from edge up both sides, stopping at top seam. Pull bag right side out, pushing out corners with scissors. Push lining into bag and press.

Press top edge of back lining under ½ inch. Slip-stitch lining to flap lining.

To make strap, turn to wrong side ½ inch at ends and press. Fold over 1½ inches from sides (wrong sides together) so that edges meet in the center. Press. Then fold again in half lengthwise. Press. Stitch ⅛ inch from edges across ends and down both sides.

Pin strap to outside of bag sides, about 2½ inches from top edge of bag. (You may want to try it over your shoulder and adjust strap length to your liking.) Stitch strap to bag ½ inch from edge across strap end, up one side about [illegible] inches, then across strap and down the other side, forming a square. Stitch again for extra strength. Repeat on other end of strap.

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Only Wamsutta offers you these Paris creation[illegible] for your bedroom and bath—in a collection [illegible] orations even an art critic would applaud.

And since the sheets are no-iron Ultracale, they can add extra hours to your days. Or your nigh[illegible]

"AVOINE" ON STAY-FRESH ULTRACALE®. 50% FORTREL® POLYESTER, 50% COMBED COTTON. BLUE, YELLOW, PINK, BEIGE. AVAILABLE [illegible] SHEETS, PILLOW [illegible] ELS, SHOWER [illegible] INS AND BATH ACCESSORIES. WAMSUTTA [illegible] (DIV. OF M. LOWENSTEIN & SONS, INC.) 111 WEST 40TH [illegible] 10018. WAMSUTTA® [illegible] BATH [illegible] ONS [illegible]

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A present from out of the past.

This authentic injection-molded plastic reproduction is now available with 10-foot-long brass chain and 12-foot extension wire plus General Electric Flair bulb. Size: 17" in diameter, 12" high. The price including packing and shipping is $24.95. Remove this ad and send with your name and address and a check or money order to Hartley & Reigler, Dept. D, 3 East 54 St., New York, N.Y. 10022.

Arrow
A division of Cluett, Peabody & Co. Inc.

DON NORMA

Either shade *can be rolled partway up and secured on two tasseled hooks*

For sun control, for privacy

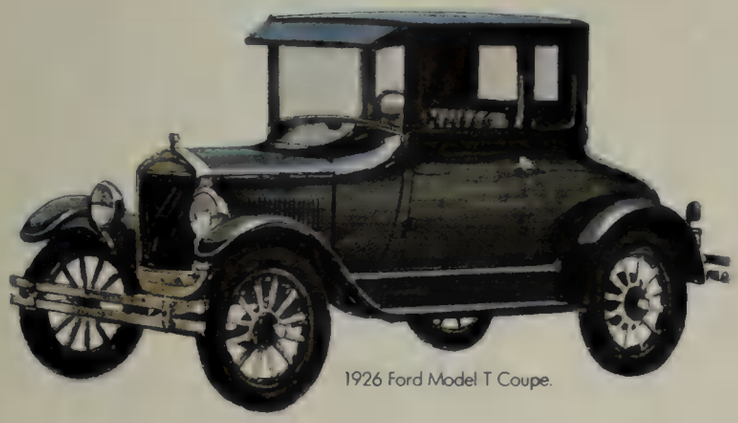
Shades may be better than draperies some situations.

The dining room pictured above neede occasional shading for sun control ar to soften the effect of so much glas Japanese temple shades were the inspir tion for the woven wood shades whic interior designer Jerry Lamb of Por land used here.

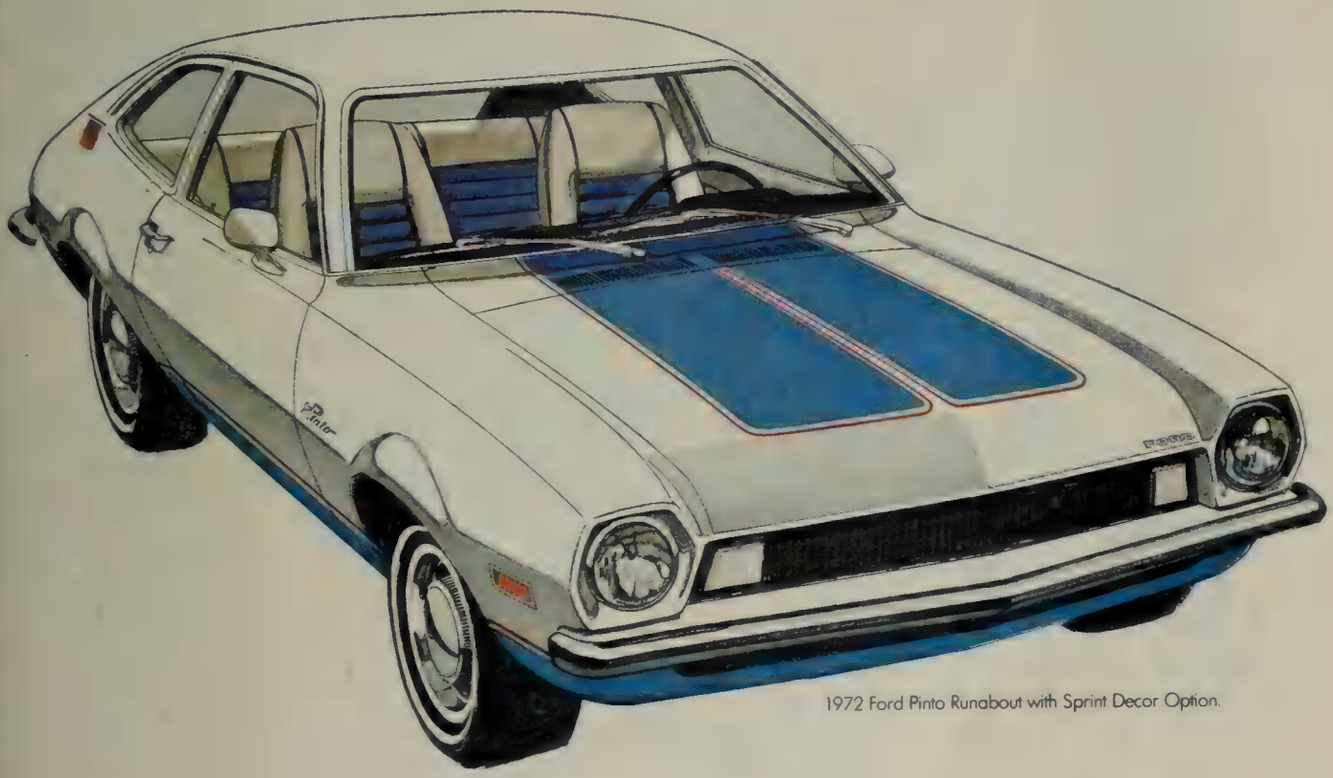
For a hall window (below) in the Fre Rosebraugh house in Portland, strips braid let in just enough light without lo of privacy. The braid is orange and ye low to harmonize with colors in adjace rooms. The strips were handsew around wooden dowels capped with fi ials and painted black.

Spaced strips *of braid were sewn around dowels—bottom one just hangs*

We've come a long way from basic black.



1926 Ford Model T Coupe.



1972 Ford Pinto Runabout with Sprint Decor Option.

The Ford Model T was a solid, dependable, sensible ar. But maybe a bit too sensible at times. Like, it came in ostly one color. Black.

Ford Pinto is the same kind of solid, dependable car. gives you well-engineered transportation at very little cost.

And, this being the year 1972, it also comes to you in ome very up-to-date colors and styles.

For instance: the Pinto Runabout with the Sprint Decor ption, shown above. Classic white, with bold panels of blue, red pin-striping, and a color-coordinated interior. Not to mention dual racing mirrors, white sidewall tires, and a red, white and blue shield on the rear fender.

Go to your Ford Dealer's. Pick a Pinto in almost any color or style you like. You'll be picking a car that's exciting to look at and fun to drive—but deep down, it's the same basic sensible idea as the old pitch-black Model T.

When you get back to basics, you get back to Ford.

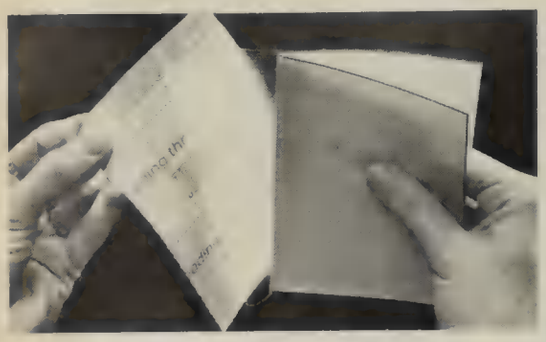
FORD PINTO

FORD DIVISION

etter idea for safety...buckle up!

Showing off *note paper made from pressed flowers and leaves*

DARROW M. WA



Above: *Clear vinyl is attached to back side of notepaper* **Right:** *Ask a friend to hold flowers down*

Cards *show (left to right) peacock feather, small blue marguerite, scarlet pimpernel*

Your own flower and leaf note paper

You can send a snippet from your garden to someone far away in the note paper these girls are making. Using clear, self-adhesive vinyl to seal in the flowers and leaves, you can turn out personalized one-of-a-kind stationery with a decorated cover and writing space inside.

You'll need light-colored note paper and clear self-adhesive vinyl (about 50 cents a yard, 18 inches wide, at paint and hardware stores). Choose the tiniest of flowers and leaves with lacy tendrils to create a delicate arrangement, or larger petals and leaves to make a bolder splash. You might also want to try dried grasses like wild oats, foxtail, and ripgut.

After collecting the flowers and leaves, place them between newspapers and cover with a scrap of plywood and some heavy books. It takes about two weel for small plants to dry thoroughly; may take a little longer for heavier peta and stems.

Cut the vinyl (with backing) a trifle larg than the note paper. Remove the prote tive paper from half of the vinyl and a tach it to the back half of the note pape

Arrange the plants on the front of th note paper. Hold the plants down an gradually remove the remaining prote tive coat from the vinyl; smooth it ov the plants, starting from the crease an moving across the paper. Trim the edg of the vinyl.

Sealing retains the color of the flowe and the leaves for a long time. You ma want to use the same technique for a arrangement that you frame.

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The Al, Rita, David and Ellie Hatfield Upholstery Collection.

The four assorted Hatfields wanted a comfortable room where they could follow their separate pleasures—together.

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Which meant that from our Upholstery Collection they had put together their own upholstery collection . . . their private one-of-a-kind, way-we-Hatfields-live collection.

And they'd had plenty to choose from. At family prices. In 375 striped, solid, plaid, patterned, velvet, corduroy fabrics, with a stain repellent finish to keep them fresh.

Now of course, the Hatfields couldn't tell from the outside what was going on inside. But then they didn't have to. They had the Drexel name tucked under the cushions as a promise that their collection was built to last.

If you'd like to think about starting a collection of your own, we'll send you some booklets of Drexel styles, along with a room-planning kit. Whether your dream like the Hatfield's, is to mix and match, or whether you would rather stick to one style . . . whichever look you like best, Drexel has plenty of the look you like best. Send $1 to Drexel Furniture, Dept. S 5-72, Drexel, N.C. 28619. For the name of the Drexel dealer near you, call free 800-243-6000. In Connecticut call 1-800-882-6500.

Signed Furn

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Furnishings Company/U.S. Plywood-Champion Papers Inc. Furniture by Drexel, Heritage, Meadowcraft / Carpet by Trend / Lamps and Accessories by Drexel

Offset pools, *one shallow, one deep, are spanned by 4-foot-wide bridge in garden of the Bryan Bachs, Beverly Hills, California. Landscape architect: Kenneth Wormhoudt*

R. WENKAM

Raised diving *platform on this bridge also serves as bench. Owners: the Warren Stones, Kaneohe, Oahu. Architects: Johnson and Reese*

Bridges to walk over, swim under, dive off, even roll off

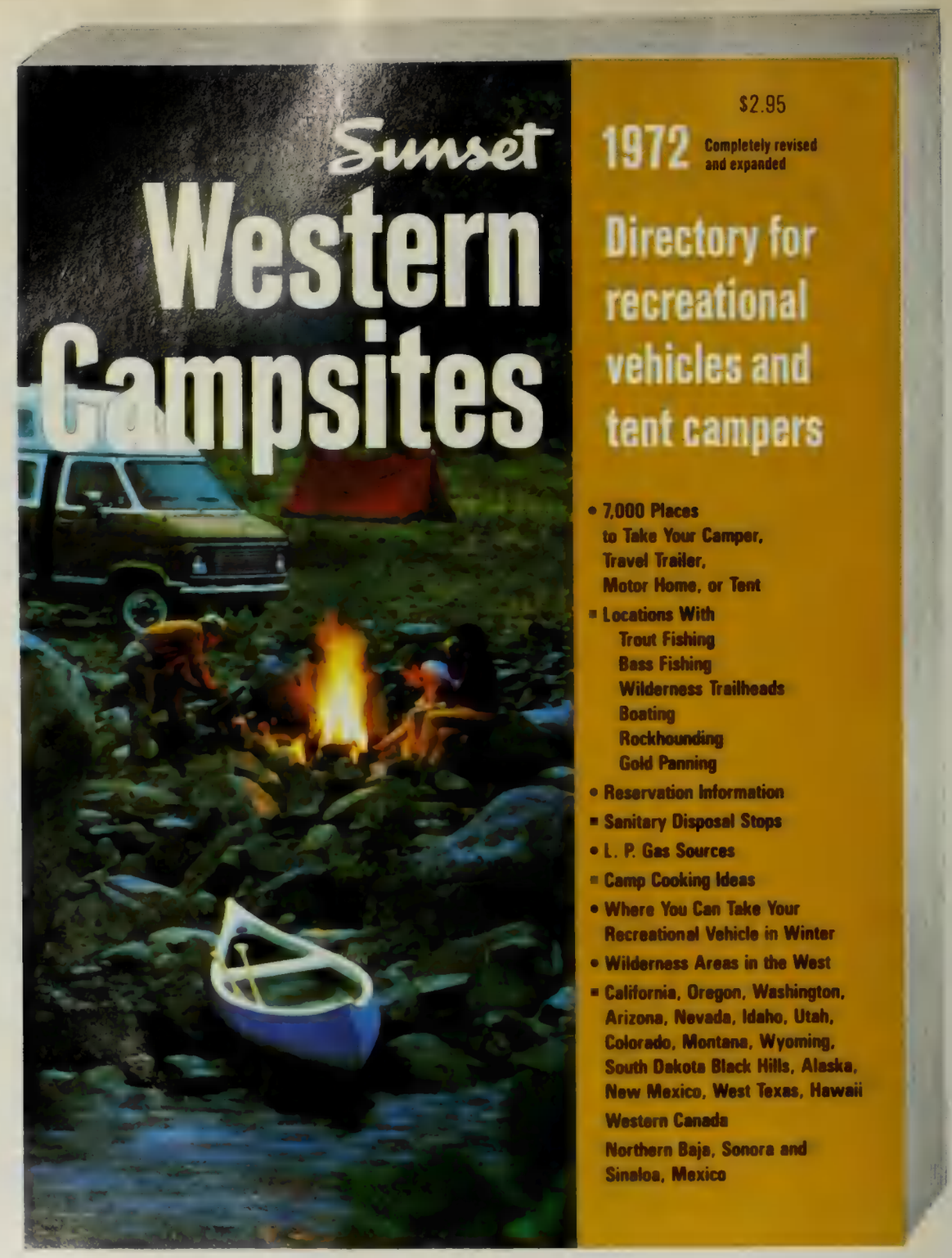
ɔridge makes a swimming pool more ɜresting.

a great diving platform; if it's con-ıcted like the one shown on the right ·ve, you get a higher dive or jump n possible from the pool edge itself. fun to swim under, to grab hold of, ı-up on, and to roll off when sunning ; too hot. A bridge also can make it er to cross the pool when you can't k around all sides because of shape ocation.

: bridges shown here were worked ; original pool designs. But it's not : difficult to add one to an existing l, providing it's engineered properly ıandle the span and load. In most ɜs, you'll find a short span more prac-l to build and in better scale with the ·age pool. Some useful bridge loca-s are across one end of an oval pool, ıe waist of a figure eight pool, or as a der between a narrower and shal-ɜr children's swim area and the adult ion. □

RICHARD FISH

Concrete bridge, *10 feet long, from house to outdoor living area. Architect-owner: Richard Bliss Nelson, Santa Barbara*

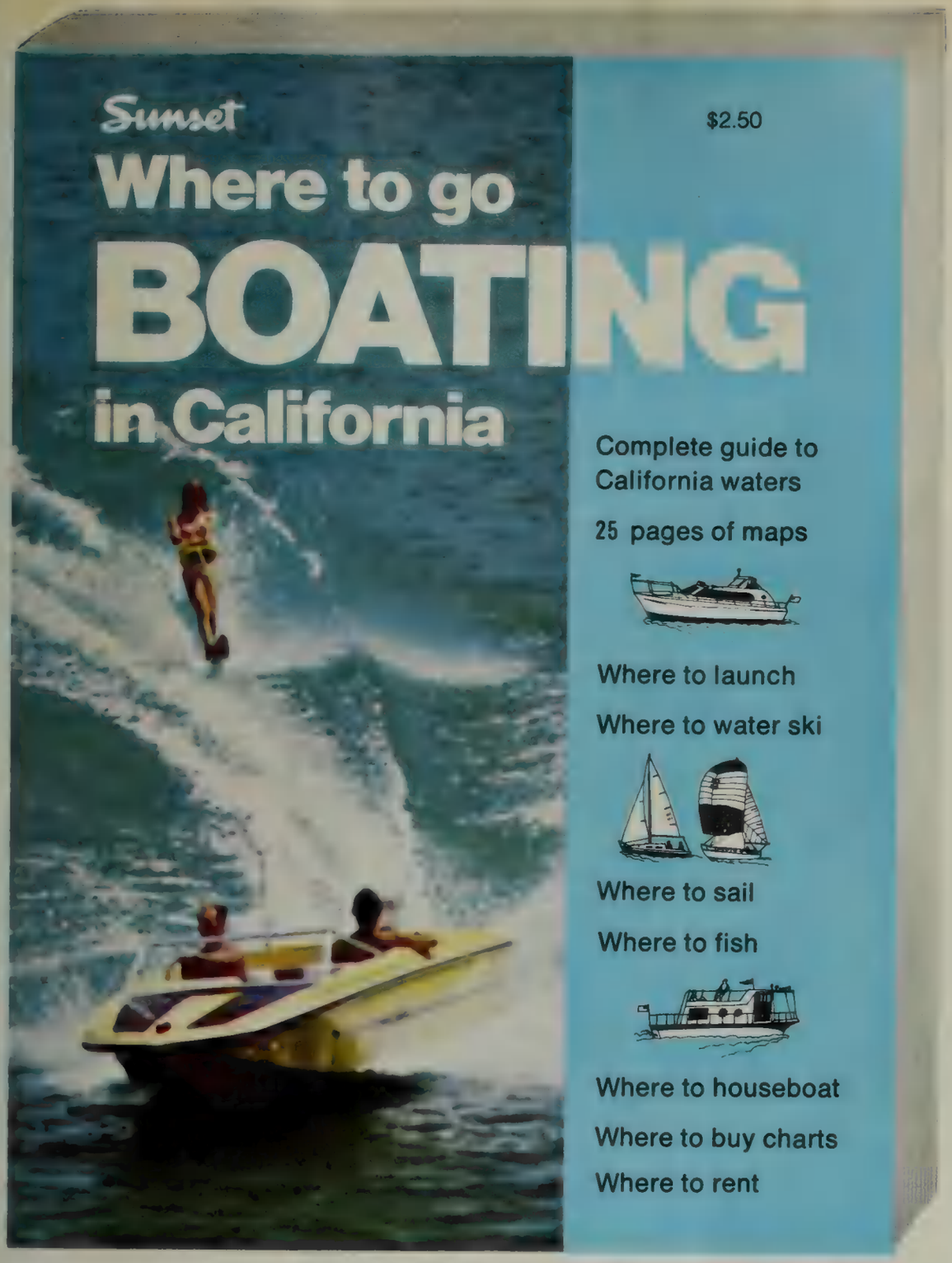


You'll have more fun...

fewer worries

Take along this new directory when you head for the outdoor West. It will help you pick the spots that offer the most, and the facilities you want. Take a look at the contents listed on the right side of the cover. Inside the directory's over 360 pages you'll find clear road directions, with all campgrounds located on maps, state by state.

Reservation information: acceptance of pets, or not, complete report on facilities, hookups, showers, fees, time limits, sanitary dumps, ice, wood, etc., nearby attractions: trailheads, ghost towns, wilderness areas, hunting, nature trails, etc., nearby waters: lakes, streams, distance to boat ramps, rentals: horses, boats, trailers. Look for it at your book stores, camping and trailer supply dealers. Only $2.95.



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s new publication shows more than 900, tells ere they are, how to get there, where the boat ps, marinas, and other facilities are.

lso provides special guides to water-skiing, fishing, houseboating, boat rentals, map sources, and boat repair facilities.

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ase send me the 1972 SUNSET here to go Boating in California" ectory. I enclose $2.50 plus 50¢ handling and mailing.

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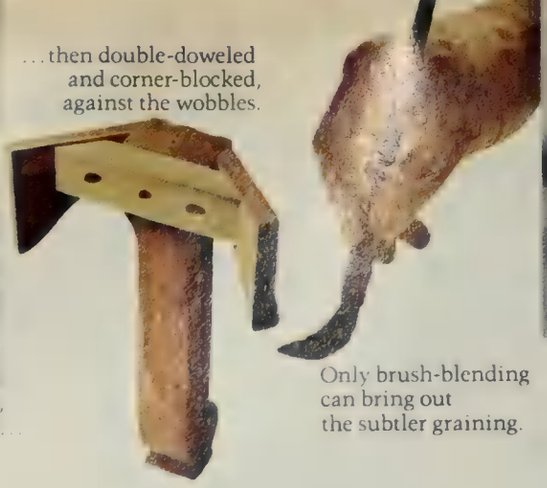
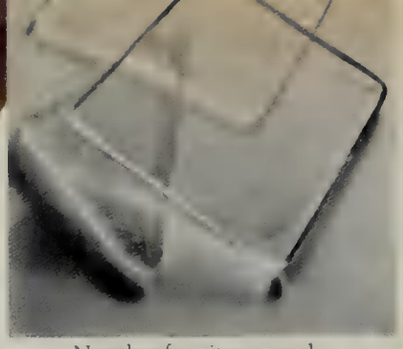
(72.5)

When we curve a leg, it's first carved by hand...



...then double-doweled and corner-blocked, against the wobbles.

Only brush-blending can bring out the subtler graining.



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Our flat-scroll design is carved in flush, just as it was done in the 17th century.

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It takes a lot of our extras to turn a little table into the center of attention.

When you're a great big armoire, you're bo be noticed. But when you're just a little tabl have to work harder. The usual straight lin short legs will get you nothing but coffee c takes extra style, extra handwork, plus surprises, to get you compli

Now, if you're a table with "Heritage" w under your top, then you've got all the extras yo for a long life of stardom. The one here costs abou and is from our Tour de France coll

For a catalog of this and other Heritage colle plus room-planning kit, send $2 to Heritage Fur Dept. ST-72, Drexel, N.C.

HERITA

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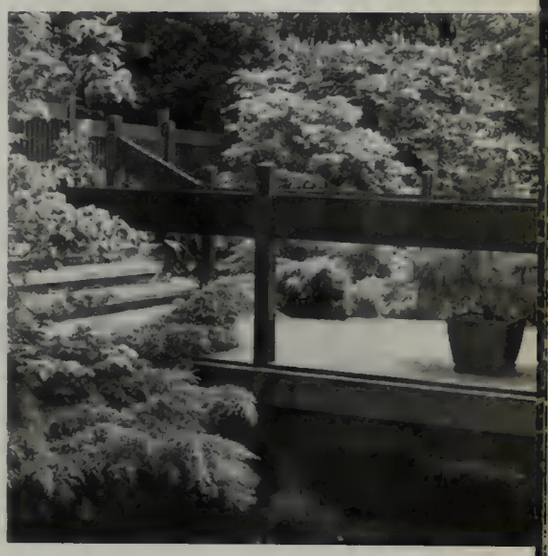
Fence *was designed to harmonize with house and is stained to match it. Its effect is to make house seem farther back from street*

DON NORMARK

New fence on the street side . . . and entry over a new footbridge



Entry steps, *bridge (at right) paved with concrete. Small steps (below) lead down to the garden level*

This house in Seattle, built on a slope below the street, was awkward to enter; you went down steps to the garden and lawn level, then up steps to the front door. A logical way to ease this situation was to put in a bridge. As designed by architect Anthony Callison for Mr. and Mrs. Charles R. Hartman, this one is wide enough so two people can walk comfortably side by side. You still go down three steps from the street, but from then on you are entering the house at floor level.

A 4-foot-high fence with a double gate was built across the front of the house. The tops of the posts were beveled and routed to give a finished look and to tie in more directly with the design of the old house. The same detailing is repeated on the posts supporting the step and bridge railing. Lights built into the risers make the steps safer at night and augment general illumination from a tall light standard nearby.

The bridge covers the old walk and steps. It is wide enough to accommodate a plant tub or two when flowers or shrubs deserve special display. Construction did not disturb the existing plantings on the bank or in front of the house. □

NORMAN A. PLATE

This handsome *workshop apron made of sheepskin suede, put together with hammer and hardware, is easily made*

Workshop sheepskin apron is easy. You use scissors, hammer, glue—that's all

Almost anyone who can handle a pair c scissors and a hammer can make th apron. Leather needs no edge finishin and heavy contact cement eliminates th need for sewing.

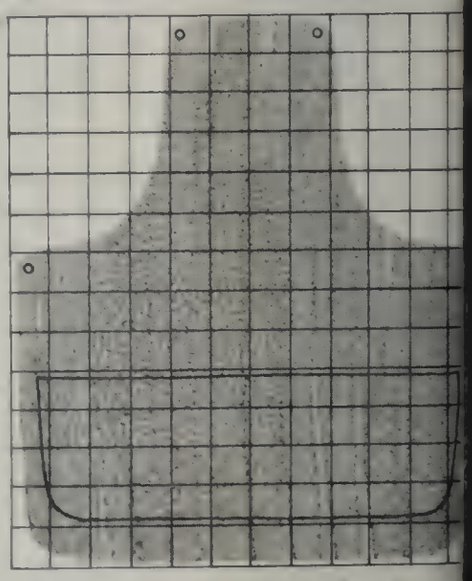
The drawing below shows how to mea ure off the pattern. The pocket is separate piece (shown superimposed o apron for size and finished placement).

Take the pattern along when you pu chase your sheepskin; you'll need a pie about 2 by 3 feet. Also purchase s small rivets, a package of large eyelet and an attaching tool (available at yar age stores).

Place patterns on skin, weight to hold place, and cut out with very sharp sci sors. Cut three ⅜-inch-wide, 24-incl long straps from the extra.

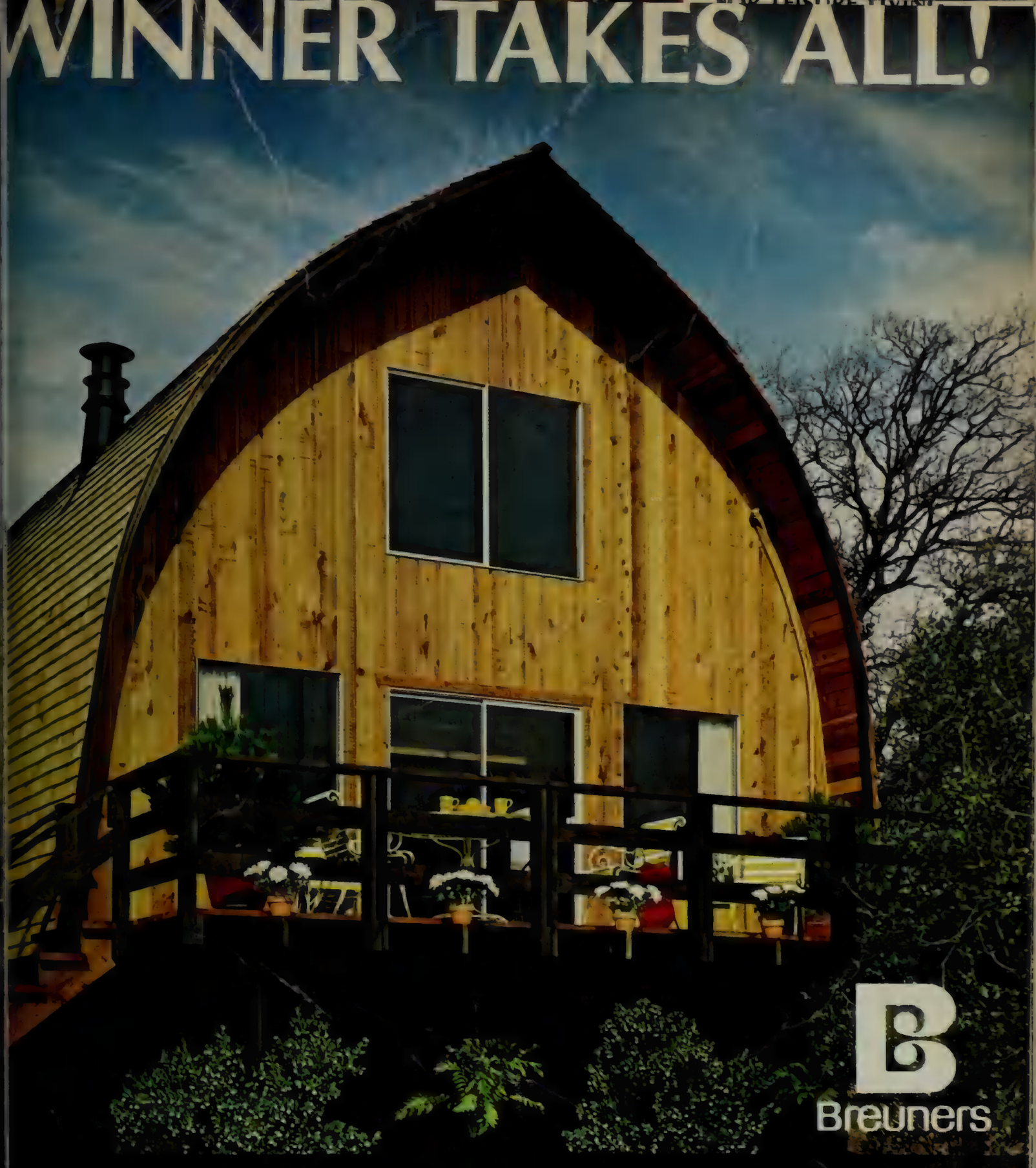
With hole punch or scissors, make sma holes at the top and sides as indicate on pattern and attach large eyelets a cording to package directions. Threa narrow straps through side eyelets, la behind 1½ inches, and punch hole ar rivet to secure. Thread remaining stra through one neck eyelet, rivet in plac adjust to proper length, and rivet t second end.

With contact cement, draw a ½-inc wide line on back side of pocket, begi ning at one side and continuing acro bottom and up opposite side. If desire draw a line down the center, to divi pocket in half. Place in finished positi on apron body, press lightly and remov This will leave a faint glue line on apro Draw cement along this line on apr body. Let glue set for about 15 minut (check package directions), then pla pocket on apron and press firmly. L dry for 24 hours.



Enlarge *pattern by following scale: One square equals 2 inches. Cut a separa pocket piece*

WINNER TAKES ALL!



VACATION HOUSE SWEEPSTAKES

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COMPLETELY FURNISHED BY BREUNERS

N VIEW SITE AT COPPER COVE, LAKE TULLOCH

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What's it all about? It's about a gorgeous A-frame gone Gothic! With a cathedral roof of cedar shingles, planted in a woodsy setting. Soaring laminated arch-beams make this a spacious structure with 3 bedrooms and 2 baths. The two-story living-room has a panoramic view. The 10x24-foot deck doubles your space for summer entertaining. Beautiful 2-inch thick t/g Canadian cedar walls provide insulation in winter, coolness in summer. Just a few CanCedra unique features, all part of the Sweepstakes that you may win!

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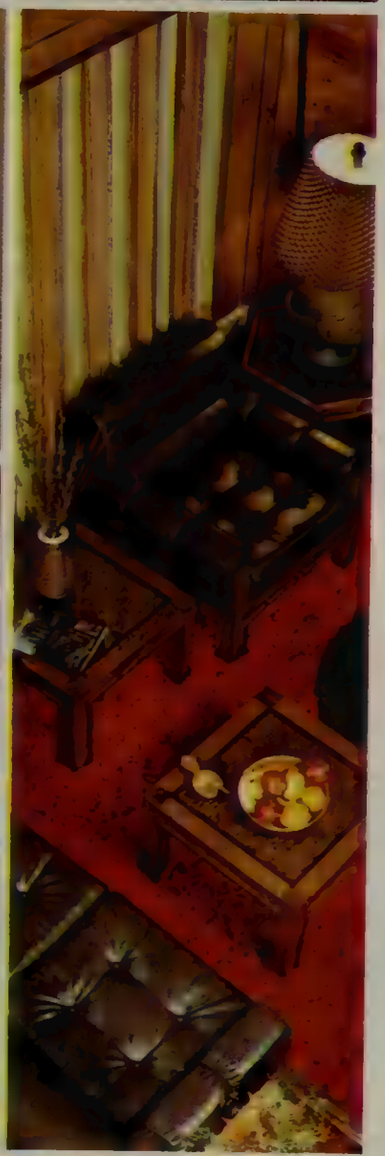
VACATION HOUSE SWEEPSTAKES

April 1 - May 31
at all Breuner Stores



FOR LEISURE LIVING ...naturally beautiful interiors by Breuners.

"Best in the West"...that's what we call this creative new way to live! Years of service to customers in mountain/lake country has made Breuners expert at furnishing second homes for retreat living on a full or part time basis. Our newest example is this exciting Sweepstakes CanCedra Home. The colorful furnishings add a special warmth that complements the natural cedar and rustic setting. Products from these fine manufacturers are starring in our hideaway: complete *General Electric* kitchen, including a "compactor"; *Blaze Inc.* award-winning "Firedrum" fireplace; *Coronet* nylon shag carpet throughout; *Fieldcrest* exciting bed and bath fashions; *Morris "Colormates"* contemporary furniture.

YOU MAY WIN IT ALL!

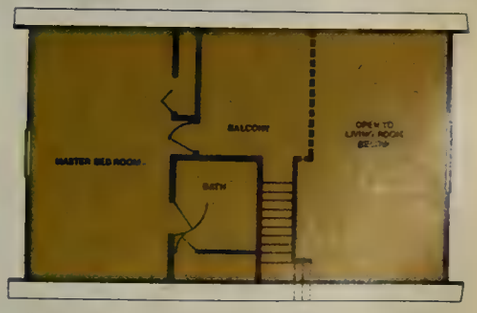
And remember, the Sweepstakes Prize includes *everything* from the furniture on the front deck to the towels in the second bath. *Nothing to buy, no obligation!*

1. Pick up an entry blank at any Breuners store between April 1 and May 31.
2. Fill out and deposit in the convenient Sweepstakes box.
3. Open to everyone 18 and over.
4. Drawing will be made at random from all entries.
5. Winner will be notified.
6. Void where prohibited by law.

At Breuners, see a Mini Vacation House on display. See a color slide show of Sweepstakes house.

Spacious in size, casual in arrangement! Approx. 1,300 sq. ft.

First Floor



Second Floor

THIS IS COPPER COVE ...it might be your dreams come true!

Longing for the good life? Clear skies and a sparkling lake, with a spectacular view to enjoy as you relax? Then Copper Cove is for you! For this is where you can really LIVE. All within the heart of the Mother Lode and only 50 to 65 miles from some of the West's best skiing. Year-round vacation, indeed. At Copper Cove there are scenic equestrian trails... huge oaks grow down to the water's edge... a private lake-front Kiva lodge is open to all Copper Cove property owners*. Facilities included in Unit 7, site of the Sweepstakes home, are: roads, electricity, water system and a modern sewage disposal system. Come take a jeep tour and a lake tour... see how easy it is to buy a piece of real Western living.

Come, see the Sweepstakes CanCedra Vacation/Retirement House yourself. Sit in the living room and enjoy the beautiful view. Find out how YOU might be the winner! It's easy to enter, nothing to buy. Entry blanks available at Copper Cove now and at all Breuners. To qualify you must deposit Official Entry at any Breuners store listed below.

*Information on use rates and privileges will be furnished upon request.

Distances from Copper Cove in statute miles to the following points: San Francisco - 135; Oakland - 116; San Jose - 122; Sacramento - 97; [illegible] - 60; Lake Tahoe - 134; Sonora - 17.

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DARROW M. WATT

t rains, *the party can move into all-purpose room (glass door at left). Bedroom at rear the house (right) was opened out to new deck, patio*

Off the new patio . . . a truly multipurpose addition

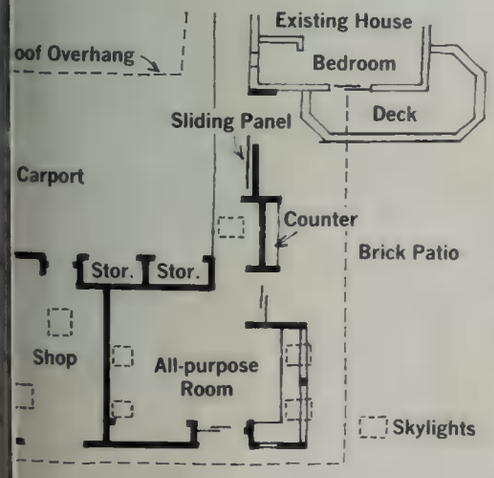
ter a fire destroyed his garage, Dr. Don we replaced it with the handsome ıcture shown here. It contains an all-pose room, workshop, and carport h two storage closets. A breezeway ıf that also shelters an outdoor enter-ıing patio joins it to the house.

e house itself was opened out to the io by a new sliding glass door in a k bedroom and a floor-level deck e plan below and photograph above).

e architect was George Cody for Dr. l Mrs. Don J. Lowe. □

Bay window *at left is in all-purpose room. A sliding door on the far side (see plan) opens room to back garden*

ELLS MARUGG



en *skylights pierce the l at spots indicated*

Built-in *seating under bay window also provides storage. Wall between this room and shop can be removed, space remodeled for guests*

An interesting way to wash skylights and high windows

Washing *skylights is simplified by the use of this adjustable hose attachment*

NORMAN A. PLATE

Hose *and aluminum washing apparatus are stored permanently on roof*

To eliminate many of the hazards a much of the labor involved in clean high windows and skylights, archit Rodney Friedman (whose house was f tured on the cover of the October 19 *Sunset*) devised this simple system ladder on the side of his house, an faucet bib on the roof.

The apparatus pictured here was b into a new house, but the idea can ea be applied to existing ones. First, a p tapped onto a water line runs up side of the house, with a bib nozzle tached. A hose (that may be kept on roof) screws into the nozzle and conn with the washing implement: a combi tion brush, squeegee, and detergent penser on an aluminum pole. This u which extends to 15-foot length, can purchased at a hardware store.

Before deciding if this would work you, you'll have to determine whet or not your roof is safe for walk Slanted roofs, of course, are not; older roofs are particularly danger A flat, tar and gravel roof in good c dition is usually safe, especially i walking plank is used to equalize we distribution. If there is any doubt at check with a roofing expert.

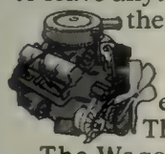
Cost for the materials you'll need—p bib, fittings, compound, and utility b —is about $22.

If there's a chance that the clean solution may fall on garden plants. certain that it is a type that won't d age them.

Jeep® Wagoneer hauls everything. Even the kitchen sink.

Jeep guts are so strong, they pull big trailers easily. On or off the road.

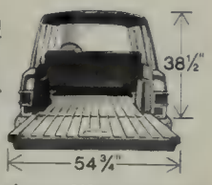
When you head for the hills, you don't have to leave anything behind. Not if you're behind the wheel of a Jeep Wagoneer.



You can't get a larger standard engine in its class. And you have even mightier V-8's as options. That's Jeep guts.

The Wagoneer has multi-leaf springs all around to give you greater stability. And world-famous Jeep 4-wheel drive to give you mountain-climbing, trailer-pulling traction. That's Jeep guts.

Inside, the Wagoneer has nearly 100 cubic feet of space for anything you couldn't fit in the trailer. Plenty of glass all around so you can see—and enjoy—where you're driving. Chair-high seats to keep you comfortable. Even after a day's drive.



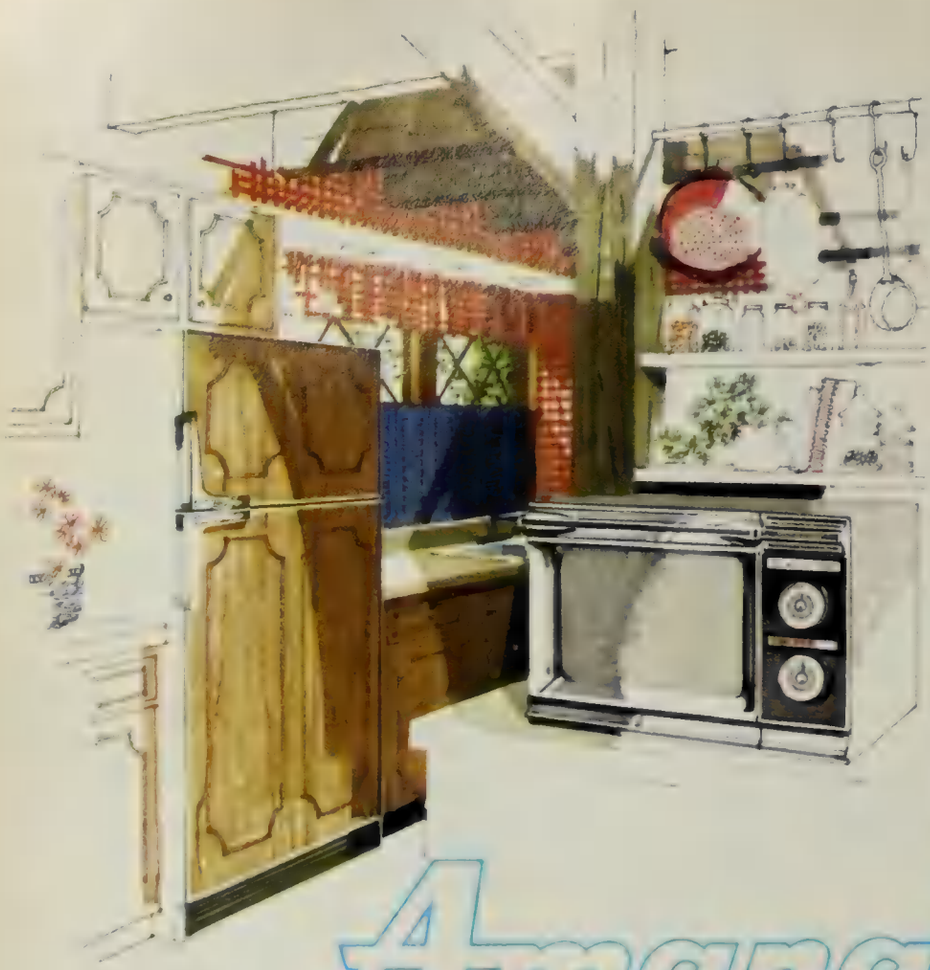
And the Wagoneer has options like air-conditioning, power steering, power brakes, and automatic transmission. That's Jeep plush.

No wonder the Jeep Wagoneer outsells all other 4-wheel drive family wagons combined. Test drive one today.

Toughest 4-letter word on wheels.

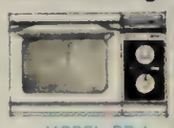
Jeep

Drive your Jeep vehicle with care and keep America the Beautiful.



Amana in your dream kitchen can cook, freeze, re
erate, make ice, cool, filter air, dehumidify, humidify
even compact trash. Everything you need to make co
ing easier, with or without a built-in look.

Make the *Greatest Cooking Discovery* since fire
our Radarange Microwave Oven.


MODEL RR-4

Fast electronic cooking from a full
of Radarange ovens. Pull down do
or side swing doors, they are portab
can be built in with a special kit
portables, you can take them from r
to room on a cart. Even out to the p

There is no heat build-up with the Radarange c
Only the food gets hot. The oven and your kitchen
cool. Cook a 5 lb. roast in 35 minutes; a hot dog i
seconds; frozen vegetables in 5 or 6 minutes wit
any thawing time; crisp bacon in 4 . . . perfect for
overs too. You save up to 75% of actual cooking
You prepare food just the way you do now and dra
cally reduce the cooking time. It's truly a miracle wo
And now there are 3 models to choose from priced
$349.00.

There's an Amana Refrigerator-Freezer that's pe
for your family.

Amana makes two styles of refrigerator-freezers . . . the STOR-MOR® freezer-at-the-top models and Side-by-Side models.

Both have two automatic Cold Controls. One for the freezer, one for the refrigerator. You can set the refrigerator independent of the freezer for the temperatures you want.

MODEL

Amana appliances belong in the kitchens people dream abou

There's also the Amana exclusive **"refrigerator w**
refrigerator" with its own control to keep meat
up to two times longer than the ordinary meat pan.

Stor-Mor® doors are a convenience you'll really like. There is tall bottle space (so you don't use up space in the refrigerator), removable egg trays, and the side-by-side models
a butter conditioner you can set for the spreading
sistency you want. Some models have adjustable
shelves. There is a Stor-Mor® door for both the fre
and refrigerator sections. Features may vary with
and model selected.

Add-on automatic Ice-Maker. Add it when you buy the Amana or any time you want. You will never be out of ice.

Amana Stor-Mor® refrigerator freezer. It is convertible to keep up with your family's changing needs. You can change from right t
hand doors on most models when you need to. S
models have cantilever adjustable shelves. They
family-sized, too: in 16, 18 and 20 cu. ft. models,
only 32" wide.

The Amana Side-by-Side refrigerator-freezer
you a choice of these special feat
Adjustable cantilevered shelves;
Humidity compartment with its
control to keep vegetables fresh
three weeks; glide-out Fresh Fruit
wide rollers with a brake. There is one just right for
family: 17, 19, 22 and 25 cu. ft. and in 32" and 3
widths, depending on size.

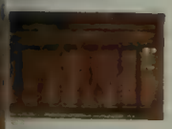
A built-in look, too. Every Amana side-by-side refrig-
ator-freezer can have the built-in look. Roll into place,
e the Amana picture frame moulding and it is a beau-
ul looking built-in. Or there are Add-on Decorator
nts to complement your dream kitchen. Choose from
9 different colors, designs or patterns of decorator
nts. Or, add on quarter-inch real wood to match your
binets. The Decorator panels can be removed or
anged anytime. Or choose from these four colors:
tumn Gold, Avocado, and Two-Tone Coppertone or
hite. Every Amana is completely Free-O'-Frost. A nice
nvenience.

t an Amana Upright Freezer in your chen to keep food fresher, safer, longer!

MODEL UF-16

eezes foods up to 2½ times faster than
er methods with Amana-matic contact
ezing. Foods freeze quicker, stay safe at
n zero degree. There is even one model
h an add-on automatic ice-maker. Sizes
15, 18 and 23 cu. ft. in White—16 cu. ft.
e-O'-Frost in Avocado, Two-Tone Cop-
tone and White. All 32" wide.

ol comfort in the kitchen with an Amana Room Air nditioner.


MODEL 218D-3J

Amana room air conditioners can be installed through the wall or set in a window. We call them the "Quiet Ones" because Amana has added vibration isolators. There's one to fit your kitchen from 5,000 32,000 BTU. Each with a beautiful woodgrain front. course, you might want the Amana room air condi-
ner in another room and still have your kitchen cool.

ana can cool and heat your whole house.

ep your entire house and family delightfully cool all
mer with an Amana central air conditioner. There
Amana furnaces (oil, gas and electric) for heating,
electronic air cleaner for odor and dust-free air and
n a humidifier for dry winter weather.

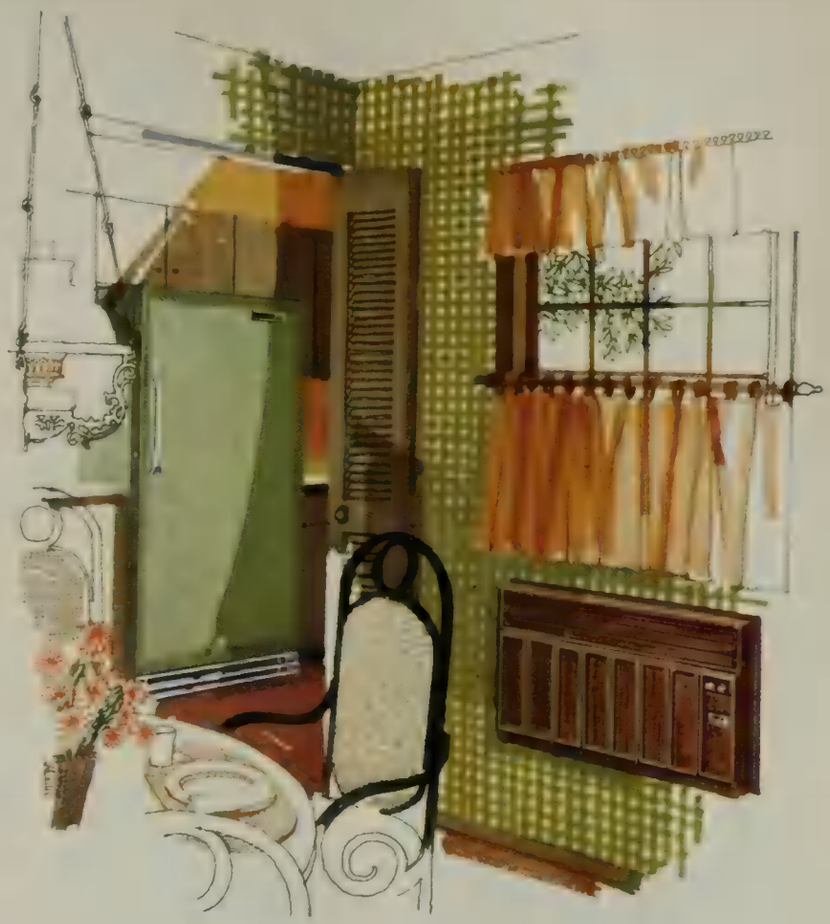
MODEL SMC

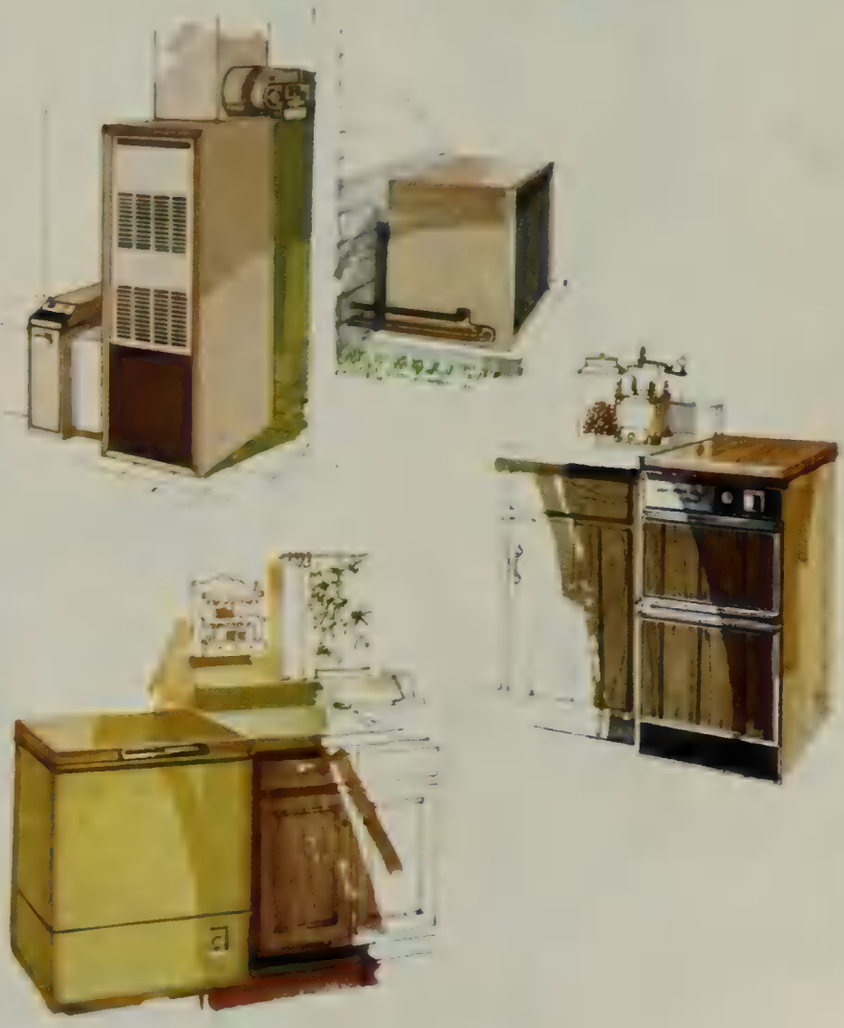
ana Stor-Mor® Compactor. Put the pres-
e on trash and reduce it to about one-
rth of its original size. So easy and inex-
sive to use: Simply put a low cost plastic
in the round steel bucket (or can be
d without a bag), put in the trash, push
start button. It's completely automatic.
s regular plastic bags you buy at the
ermarket. Optional decorator trim kit so your Amana
r-Mor® Compactor blends with your kitchen decor. A
pping block for the top is optional, too. In Autumn
d, Avocado, Coppertone and White.

l-on to your present freezer storage capacity with a pfreeze® Freezer, made only by Amana.

ilable in 7 (perfect for your kitchen), 9, 11, and 15
ft. sizes, in any one of four decorator colors . . . 19,
nd 28 cu. ft. sizes in White.

ana does belong in kitchens people dream about.
may be building your dream kitchen a little at a
e, so you can send for our 24 page, full color booklet
will help your planning. It's called "Kitchens People
am About." Please enclose 25¢. Write Dept. 188,
ana Refrigeration, Inc., Amana, Iowa 52203.





Amana®

Backed by a century-old tradition of fine craftsmanship.

ANA REFRIGERATION, INC., AMANA, IOWA 52203 • SUBSIDIARY OF RAYTHEON COMPANY

Making suspenders or belts with eye-catching braid

The jazzy colors and bold patterns of many new braids now sold for clothing trim or decoration make them naturals for eye-catching suspenders or belts. Some of the braids are stretchy (as on the bicyclist at left). All can be put to good use with the suspender hardware and belt buckles now available.

Suspenders take between 2⅓ and 3 yards of braid. Measure before you shop; then allow a little extra for making them adjustable. Braid prices range from $1 to $2.50 a yard.

Solid brass rings are about $1.50 for a pair of 2-inch rings; wooden buckles cost about $2.50 each. All are available at notion counters.

Preshrink braid in hot water. If the braid is lightweight, stitch it on grosgrain ribbon to give the belt more body. Machine stitch or hand stitch suspender clips to one end of the braid; insert the other end into the adjustable clips or fasteners. □

1 · *Suspenders*

Left: yellow and red suspenders of braid brighten this cyclist's costume. Above: clip-on fasteners with length adjusters are about $2 a set. Overall clips with sewn metal buttons start at about $2 a set

DARROW M.

2 · *Belts*

Buckles you might use: (from top) pine buckle on peace-sign braid, a rosewood buckle on woven braid, two brass rings on striped braid, brass clasp on Greek key-pattern braid

Why don't dog foods with cereal advertise that fact?

It is a fact.
Most dog foods do have cereal.
They call themselves "beefy" or "meaty" or "chunky."
But their labels tell a different story.
Barley isn't "beefy."
Wheat flour isn't "chunky."
Oats aren't "meaty."
And who knows how much of what is really in the can?

ALPO has nothing to hide.
ALPO is beef and meat by-products.
Plus the vitamins and minerals for a complete diet.
There's no cereal on the ALPO label, because there's no cereal in the can.
So why buy "meaty," "chunky" cereal, when you can get ALPO for the same price?
ALPO gives you all the meat you pay for.
And ALPO isn't afraid to advertise that fact.

Not a speck of cereal.

© 1972 Allen Products Co., Inc., Allentown, Pa.

With a purchase as big as carpeting, you owe it to yourself to read everything you can lay your hands on.

Wool is the fiber with bounce and buoyancy built in for life.

nside of each wool fiber is an uncopyable coiled ing structure that gives wool its lasting resiliency and ngth. The wool fiber can be stretched 30% of its gth or crumpled into a tight ball and still return to its original dimensions without damage.

It can be flexed and twisted thousands of times without breaking. That's why you've heard of wool carpets lasting beautifully for hundreds of years.

If man-made fibers could copy the structure of wool they wouldn't be man-made. They would be wool.

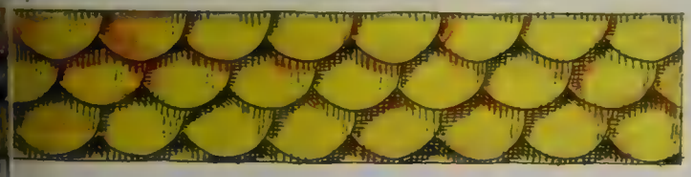
Wool cleans easily because it's the only fiber with a natural protective covering.

Wool stays cleaner longer and cleans beautifully en it needs it because the uncopyable inner structure he wool fiber is protected by an uncopyable outer ering.

f you look at the surface of a strand of wool under a verful microscope you will see that it has a covering hin scale-like cells that overlap each other like the gles on a roof. Just as a shingled roof protects your se, the shingled layer protects the heart of wool.

nd that isn't all. There's still another protective layer op of that... that's why wool carpets have a natural stance to spills and dirt and why they resist the build- of static electricity which attracts dirt.

hese are all part of the reason why wool cleans ily whether in small areas or wall-to-wall.



Wool is now well within your price range.

low you can have all the beauty and benefits of wool ar less than you'd expect.

low because of new and improved ways of process- wool, you can choose from a whole world of styles textures for less than $10.00 a square yard. From biggest names in carpeting.

ut even if you choose a higher priced wool carpeting till a better value than other carpet fibers. Less expen- fibers are more expensive in the long run.

Wool is the only fiber with a natural affinity for color.

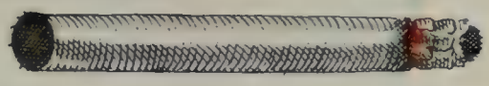
Because the wool fiber is protein, it soaks up dyes completely, permanently and beautifully. The reason wool holds color so well is because the color actually becomes part of the fiber. That's why wool carpeting gives you the choice of the richest colors possible.

And wool's unique, uncopyable natural structure is what makes it look and act and feel incredibly luxurious for years no matter what the style and texture—from plush velvets to wild uninhibited shags.

Wool is the carpet fiber that is naturally flame resistant.

Properly constructed wool carpets do not melt or support combustion. That's why safety experts recommend using a wool rug or blanket to smother flames.

Now, when you're covering an area as large as a floor, of course flame resistance is an important consideration.



And it's nice to know that a dropped cigarette or lighted match won't leave a permanent ugly black mark as it usually does on synthetic carpeting. With wool, the charred fibers can easily be brushed away leaving little or no change in appearance.

Wool is the only fiber with this mark of quality.

The Woolmark label on carpeting means it has passed a battery of tests in the Wool Bureau laboratories, for fiber content, pile weight per square yard, mothproofing, backing construction.

So look for the Woolmark label. It means you've got a quality-tested carpet made of pure wool pile.

PURE WOOL PILE ™

Wool. It's got life.

S

The Wool Bureau, Inc., Carpet Division
360 Lexington Avenue, New York, N.Y. 10017

Before I lay out the money for carpeting, send me a **FREE CARPET BUYING GUIDE** that compares the features and performance of all the leading carpet fibers.

Name _____

Address _____

City _____ **State** _____ **Zip** _____

Way-out weigh-ins,

what you see is what is new in bath scales by Counselor

Read 'em in signs: *Watch it!, What you see is what you got,* and *8-Ball.* They give you the facts, ma'am (your weight on the nose), punctuated with a lighthearted exclamation point.

Our "stars in stripes," *Keep America Beautiful,* is the red-white-and-blue way to go. All four are new to choose in the Counselor line of way-out weigh-ins. Look over the whole line of bright, cheery designs at your favorite department store bath shop. Remember for gifts.

The Brearley Com[illegible] Kansas 61105

GERALD R. FREDR[illegible]

"Secret door" *allows children outdo[illegible] access under ribbon of gl[illegible]*

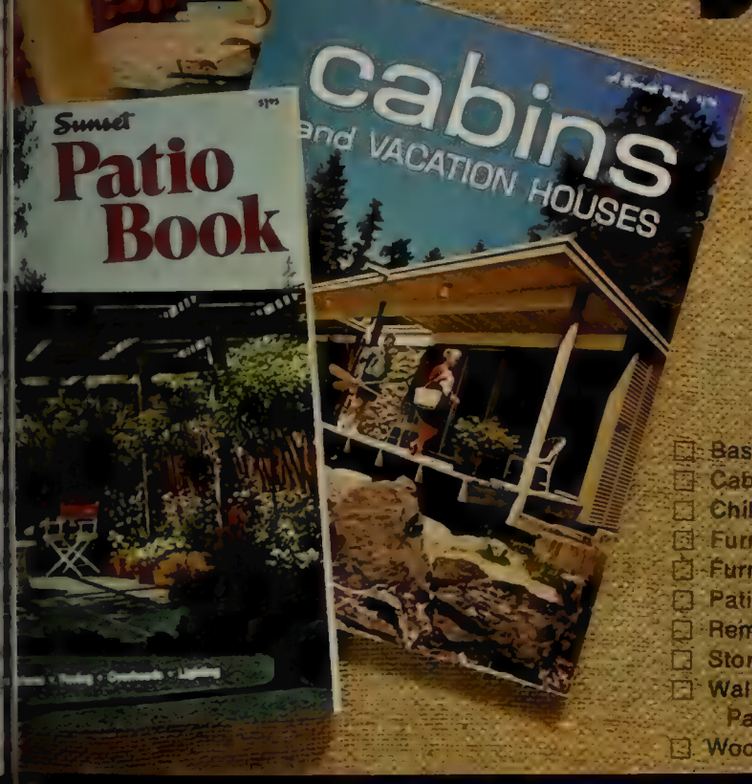
Beyond door *is domain of child[illegible] and their pets. Pare[illegible] must stoop to use passagew[illegible]*

A short door fo[illegible] his children

A short door was architect Mark M[illegible] solution to giving his children's roo[illegible] additional exit without disturbing [illegible] continuous eye-level windows aroun[illegible] Carmel, California, home. The do[illegible] only 5 feet tall, but it's a perfect h[illegible] for children.

The exterior and interior wood s[illegible] is continued across the door to help [illegible] ouflage the opening, giving it a [illegible] ing of being the children's own "s[illegible] door." But it's basically an emerg[illegible] exit for anyone who might need it.

Hire an expert... only $1.95



With each Sunset building book, you purchase the knowledge, experience, and research of a team of experts.

The staff of Sunset building editors works closely with authorities in every related field to produce accurate information in a well-illustrated, easy-to-use format.

Look for the complete line of twenty-seven Sunset building, remodeling, and home design books in fine stores throughout the West.

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Sunset Books

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Enclosed $_____
(Calif. residents add 5% tax)

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Brighten your life! Color does it, and nothing can do it faster than a new Magnolia bathroom seat! Select from Hot Colors that can turn you on and blink your eyes . . . or, choose from the delicate stillness of pastels. Magnolia offers them and they're all designed for comfort and longlasting beauty. You'll find Magnolia seats at better stores everywhere! It's a great way to add some color to your bathroom. Want a "SASSY"* look in your bathroom? . . . . . for 25¢ we'll send you the attractive eyes and mouth design of our Magnolia "SASSY" look as shown on the bowl. (Beads not included.) It's printed in bright colors on self-adhesive vinyl and die-cut for easy application anywhere. Be among the first . . . order today!

MAGNOLIA

the seat of the IN house

MAGNOLIA PRODUCTS, Division of Beneke Corporation, Columbus, Mississippi 39701

* "SASSY" is a [illegible] Copyright 1972 Magnolia Products

NORMAN A. PLATE

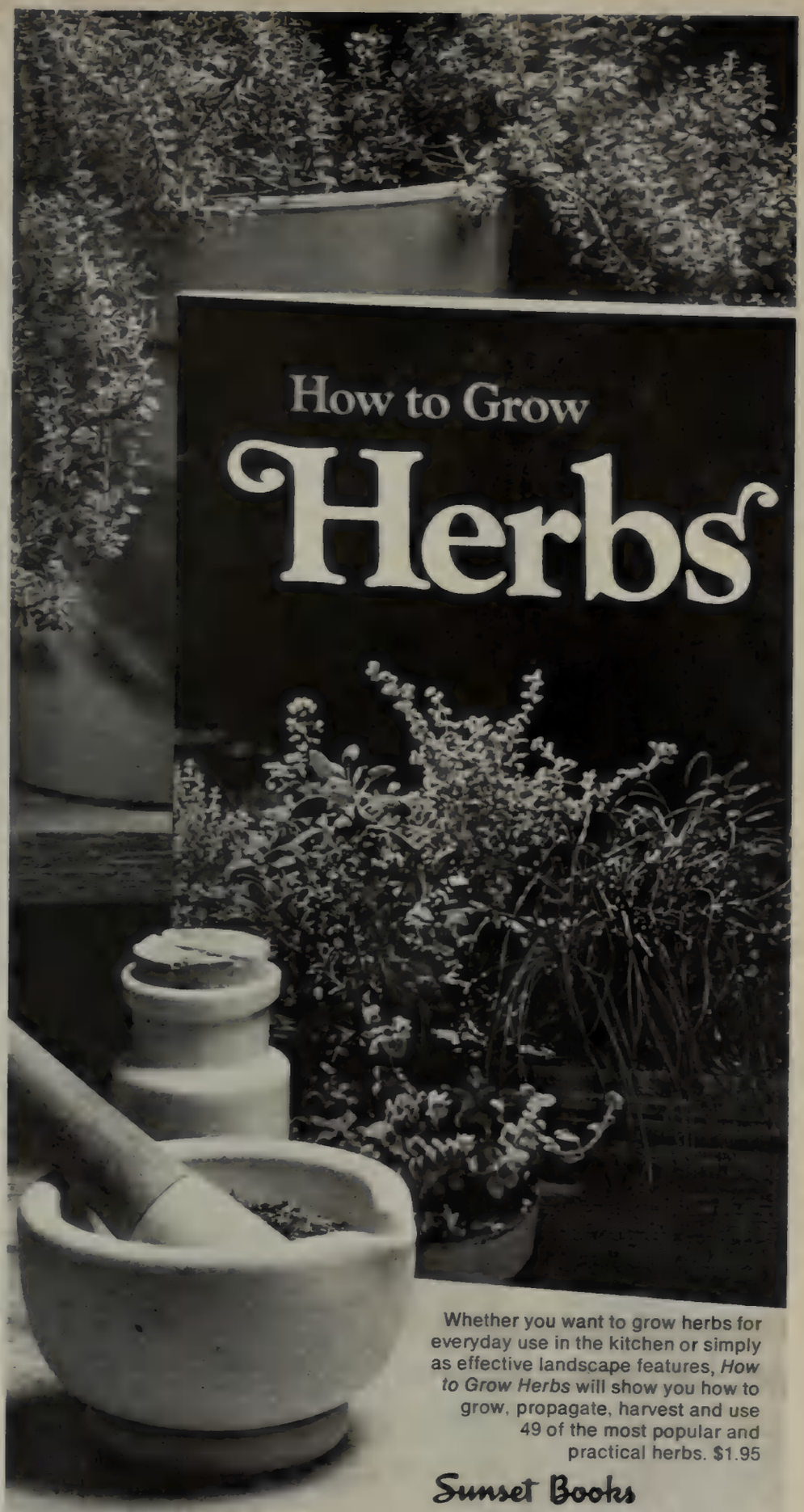
v fence *gives privacy, while redwood k covers old concrete patio*

ew floor, new wall for old patio

s **good-looking** redwood deck and its e were designed and built by J. G. ip" Law of Palo Alto, California, to e a couple of problems: A patio was ady there when he bought the house. it was a concrete slab that intensified sun's heat and glare in the summer. surrounding deciduous trees ex- ed the patio to an undesirable view the neighbor's dog run while they e leafless in winter.

Law built the deck on top of the ting slab patio and partially enclosed ith a rough-sawn redwood slat fence. the deck, 2 by 4's of a garden-grade vood are nailed horizontally over ical 2 by 4 redwood cross joists h are placed on 24-inch centers. The rete below is sloped for water run- so 4 by 4 redwood blocks are used rneath the joists to make the deck and bring it up to the floor level of house, turning it into a natural ex- on of the living room and bedroom. redwood, which is unstained and un- d, has weathered to a natural silver- color.

total cost of materials for the 400- re-foot deck and redwood screen about $450. □



Whether you want to grow herbs for everyday use in the kitchen or simply as effective landscape features, *How to Grow Herbs* will show you how to grow, propagate, harvest and use 49 of the most popular and practical herbs. $1.95

Sunset Books

Lane Magazine & Book Company
Menlo Park, California 94025

See your dealer or send this coupon.

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Enclosed $_____for books checked
(Calif. residents add 5% tax)

Name _____

Address _____

City _____

State _____ Zip _____

Handcrafted *paper gives a bold look to your presents*

Above: *run the brayer, loaded with tempera, over the block.* **Right:** *press block on paper, repeat*

An interesting way to block print your own gift wraps

This gift wrap is made with handcarved wood printing blocks from India, where they're used to handprint the distinctive cloth often used for bedspreads, scarves, and clothing.

When the blocks become a little worn, the Indian artisans sell them and many find their way to import shops here in the West. Ranging in price from $1 to $3, they have a variety of patterns; some are bold geometrics, others are free-flowing and twining. All are crudely carved and print with an uneven but attractively handcrafted look.

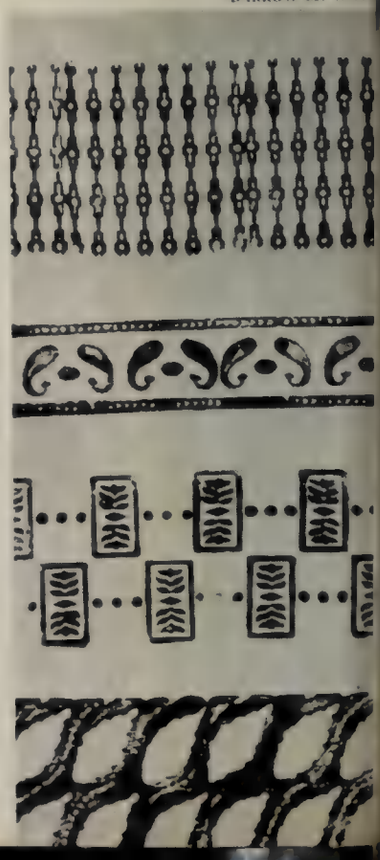
To print the gift wrap, you'll need a block or two, some tempera paint, a brayer, and several rolls of brown wrapping paper. Cover a table with newspapers and roll out a length of wrapping paper, weighting the ends to keep them from curling. Pour some tempera paint on a piece of foil (for easy clean-up) or a cooky sheet.

To get a heavy inking and bold print, roll the inked brayer directly on the wood block. Stamp the block on the wrapping paper and repeat until a length is finished. Wash the brayer and wood blocks with water when you are through.

If you have trouble locating the blocks, write to Block Print Editor, *Sunset Magazine*, Menlo Park, Calif. 94025, for a list of shops in your area. □

From blocks *above come these patterns: chainline stripes, paisley border, chunky geometrics, and ribbon swirls*

DARROW M. WATT



Every day,
ten thousand people
walk, run, spill,
drag suitcases
and push carts
on Tampa Airport's
Bigelow carpet.

It still looks great.

That kind of experience is built into every beautiful Bigelow.

Maybe the carpet in your home doesn't have to be as tough as the carpet in an airport, but it has to be more than just beautiful.

That's where Bigelow quality comes in.

You see when it comes to making quality carpet, experience really counts.

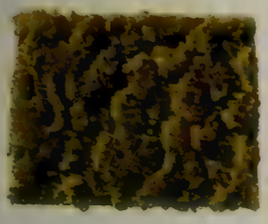
And Bigelow has over 145 years of experience making carpet...more than anybody else in the business.

One of the most important things we've learned is how to make beautiful, fashionable carpet that gives you real value for your money.

Bigelow's Cloudridge– a rich, bulky carpet of Bigelow Approved olefin by Herculon*-is a perfect example. It's durable. Easy to clean. Stain resistant. It comes in nine beautiful solids and five tweeds. And it sells for about $6.50 a square yard so it's perfect for young families.

Mail in the coupon and we'll send you a 3"x5" sample of Cloudridge, a complete color chart and Bigelow's decorating booklet "Great Beginnings." We'll try to get it to you in 2 weeks. Or go see the beautiful array of quality carpet from Bigelow at your dealer today.

*Registered Trademark of Hercules, Inc., for its olefin fiber.



N-5-2

Bigelow
Box 161, Whitestone, New York 11357

I've enclosed 50¢ to cover the cost of postage and handling. Please send me a 3"x 5" sample of Cloudridge and a copy of Bigelow's decorating booklet "Great Beginnings."

NAME _____
(PRINT CLEARLY)

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CITY _____ STATE _____ ZIP _____
(LIMIT ONE SAMPLE PER COUPON)

PEOPLE
WHO KNOW...
BUY
Bigelow®
RUGS & CARPETS SINCE 1825

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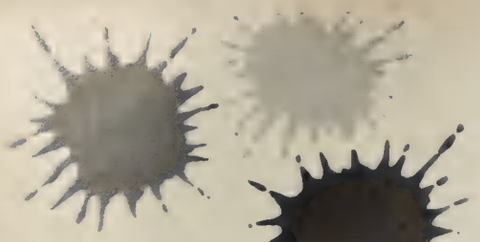
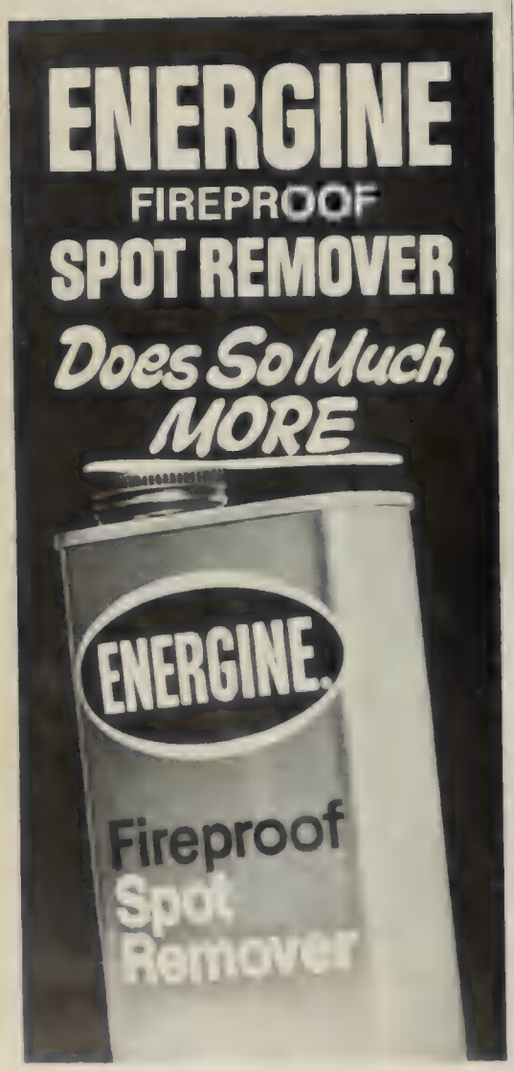


Why buy a spot remover that just removes spots?



Energine® removes just about any grease spot from practically every kind of fabric ...quickly, easily, surely. But that's just the beginning.

Energine also cleans car upholstery and whitewall tires, typewriter rollers. Cleans greasy lawn mowers, bicycles. Removes fresh paint, chewing gum, tar. Does dozens of other clean-up jobs.

FREE! New Energine Spot Removal Guide. Tells you how to remove details of different kinds of spots. To get your copy, just send 10¢ to cover cost of mailing with your name to: The d-CON Company, Inc., Box 169, White Plains, N.Y. 10602.

DON NORMARK

Above. *Storage rack is braced away from house to hold lightweight boat. Owner will tie boat to rope eyes*

Right. *Rack folds out of way when not in use*

Two simple ways to store a small boat

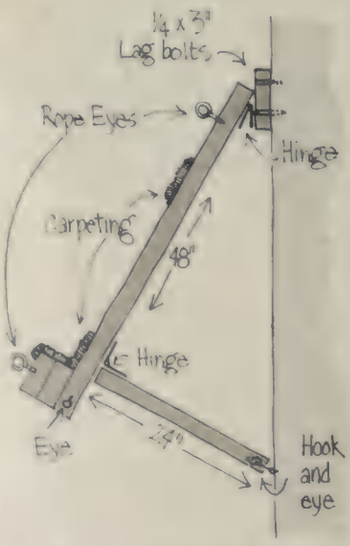
How can you store a small boat around the house? Two *Sunset* readers have provided simple and inexpensive answers.

John Johnson of Bellevue, Washington, keeps his 12-foot plastic sailboat on a rack attached to the side of his house under long, protective eaves. It's made in two parts from 2 by 4-inch lumber; they're placed close enough togeth hold the boat.

Each part consists of a 48-inch hinged at the top to a small bloc wood attached by ¼ by 3-inch-lon bolts to the house siding. A 24 brace, hinged near the bottom of the and held to the siding by a hook, the arm outward to prevent the from tipping. Two short blocks bolt the end of the arm brace the boat, v is tied down with ropes looped thr eyes near each end of the arm. Scra carpeting are attached to contact p to prot ct the boat's finish. The m stored in the angle beween the b and the house.

When it's not in use, the arm ca swung down against the house and tight by another eye near its lowe

In Pacific Palisades, California, M



Hinged brace *holds rack outward, is secured to house siding by hook*

Zee®.
A small price to pay for softness.

If you think Zee bathroom tissue is already a great value, you have a nice surprise in store. Because we've made some nice improvements in it. You'll find we've added new embossing for softness. And a new easy start feature on every roll. You just peel back the new "button down" dots for a no-muss, no-fuss start. And Zee bathroom tissue now comes in a handy 2-roll package as well as the familiar 4-roll package.

Quick-changer

Quick and easy . . . that's how room space can be changed to fit any function . . . with genuine wood veneers of American Walnut, Unselect Birch, Pine, Oak, Ash, Philippine Mahogany, Select Birch, Teak and Cherry. Factory finished, or ready to custom-finish. Patented spring hinging for quiet, fingertip operation. Warp-free, stable wood core. Ask for color pictures of wood grains. Available in Canada, too.

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Grows better plants, indoors or outdoors. Clean. Odorless & soluble. 10 oz.—$1.29. Makes 60 gals. 75 item catalog free. HYPONeX, COPLEY, OH. 44321

RICHARD F

Owner *lifts boat by hand, slips rope loop around bow. Other loop is for stern*

Stiles keeps his small sailing dinghy the carport right over his car: It's s pended from the top of the carport two loops of rope, one around each e of the boat.

Each loop runs through two pulleys tached to a rafter, and hangs a f inches above the car. The owner l the boat from the car into each lo The top of the rope is then pulled do under the boat, which lifts the b higher by pulley action and holds it n the roof by the doubled-under loop.

The mast is hung under a nearby eave

With car removed, *owner hoists boat to roof by pulling down upper part of rope, looping it under boat*

ut your foot down. Insist on Congoleum.

No-Wax Shinyl Vinyls.

hioned Floor. Soft & Quiet Underfoot.

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We've built a reputation you can stand on.

of Bath Industries, Inc.

3484 Champagne. About 3484. From the Golden Value Savings Collection. Most fabrics protected by ZEPEL Soil/Sto

What to look for in a sofa.

is one of the most important pieces of e you'll ever buy. It can cost you any- rom $200 to $2000.

at any price you can—and should—get Quality construction. Durable materials. · sofa won't sag or buckle or bulge or urn out to be a lemon.

vould you know a lemon if you saw one? people simply judge a sofa by its cover. ever stop to check any further. And t really know what to check further *for*. ions thinks you ought to know. What to when you buy a sofa.

Exactly the sofa you want.

start out making compromises? It's your And your living room. Simmons offers ll range of styles to choose from. And u get your choice of over 400 fabrics. en you get a choice of custom tailoring like quilting, deep tufting, contrast welt- l a choice of base and back treatments.

2. A choice of cushion filling.

Your sofa ought to *feel* right to you, too. That's why you should have a choice of cushions. Simmons offers you *four* choices, ranging from soft to springy. And made of superior materials. Our foam is NIMBUS, a high-density polyurethane foam made exclusively for us. We choose polyester fibers for their special softness and resilience. And only Simmons can offer you the Supreme Comfort Cushion—Beautyrest coils encased in Nimbus and wrapped with polyester fibers. All our cushion-cores are specially cut to fit the curve of the sofa, so they won't gap apart when someone sits down.

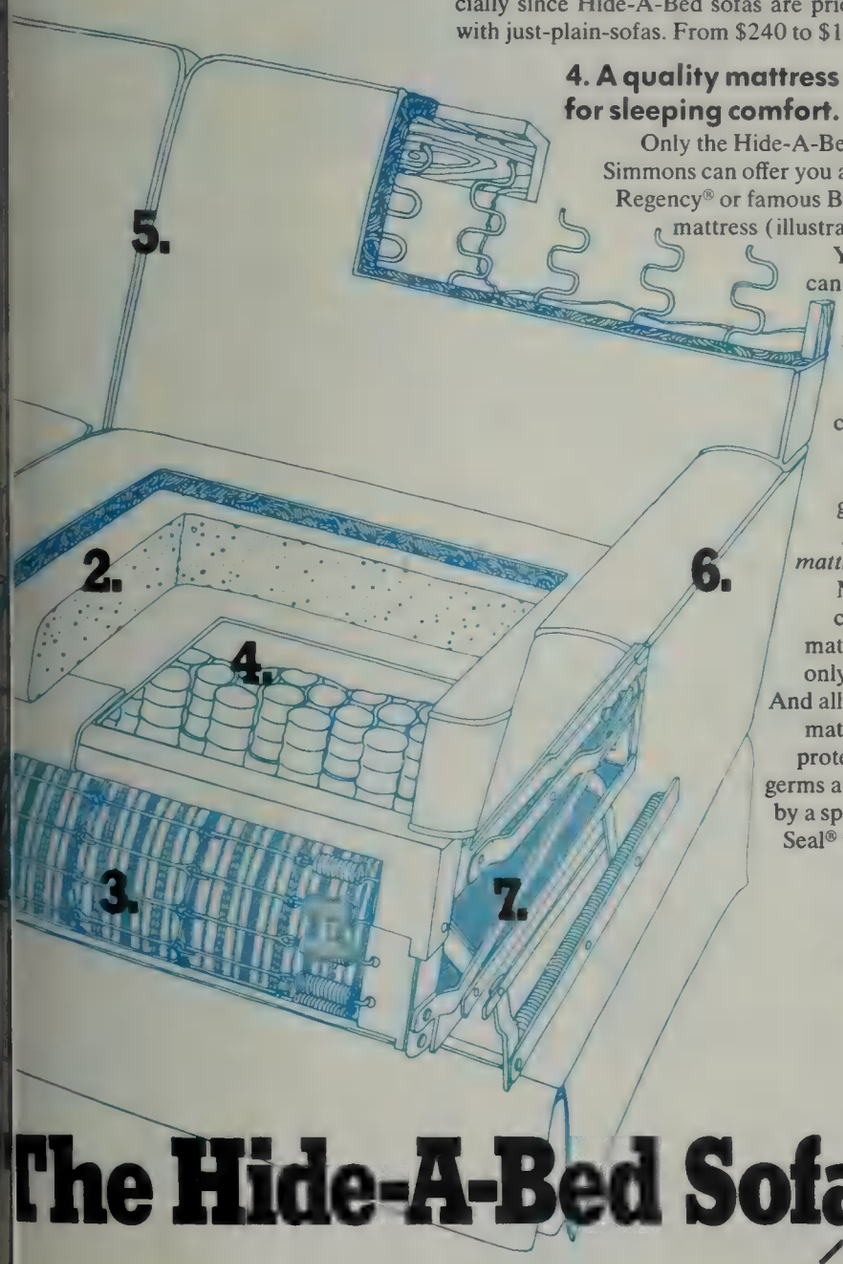
And, if you choose foam cushions, the inner core should be 4¾″ thick, so the foam will hold up (and hold *you* up) well. A Simmons cushion measures up. Many others are only 4″. Or less.

3. A hidden bed.

We think you aren't getting your money's worth if the sofa you buy doesn't also hide a bed. Especially since Hide-A-Bed sofas are priced in line with just-plain-sofas. From $240 to $1200.

4. A quality mattress for sleeping comfort.

Only the Hide-A-Bed® sofa by Simmons can offer you a Simmons Regency® or famous Beautyrest® mattress (illustrated here). You simply can't get these quality mattresses in any other convertible sofa. And Simmons gives you a *full-length mattress* (75″). Most other convertible mattresses are only 72″ long. And all Simmons' mattresses are protected from germs and mildew by a special Sani-Seal® treatment.



5. Seating comfort.

Simmons' hidden bed is set in so neatly, it won't interfere with seating comfort. And we keep the back comfortably angled to the seat at the normal slant. Others may give you no slant at all, which can feel like you're sitting in a straight-back chair.

6. Beautiful upholstery made to stay beautiful.

Because a convertible sofa opens, it puts an extra strain on the upholstery. So Simmons uses a special "Flexolator"® to provide the necessary extra "give" and keep the fabric neat and secure. Most other convertibles have nothing like it and the fabric can wrinkle or pucker and filling materials may work loose from the frame.

When you buy a Hide-A-Bed sofa by Simmons, you can also buy extra fabric for drapes. But we also *give* you some extra fabric. Free. Enough to make arm covers if you like. Or to patch up disasters, like cigarette burns. And most of our fabrics are stain-resistant to require only minimal care.

7. An easy opening mechanism designed for safety.

The Simmons mechanism is not only easy to open, but also quite effortless. It requires only 20 pounds of pull-effort, compared to 30 or 40 for most others. And Simmons has "Lock Stop" control as an extra safety measure. And doesn't have raised moving parts that can tear sheets, bump shins, or bruise fingers. Our mechanism is also designed so well it won't leave marks of wear on your rug.

8. A service guarantee.

Simmons guarantees the frame, mechanism, mattress and upholstery filling against defects in workmanship or materials. Each for a specified time period and of course within reasonable limitations as listed in our written guarantee. And because Simmons is a national company, our guarantee is good anywhere you move, all around the country.

If you think all these standards of quality we've listed simply add up to a sales pitch for Simmons, you're right. They do. But then think of it this way. Only the Hide-A-Bed sofa by Simmons could use those standards to make a sale.

SIMMONS

Simmons Company, Dept. L-5
2 Park Avenue, New York, N.Y. 10016
Now that I know what to look for in a sofa, I'd like to look at some Hide-A-Bed® sofas. Please send me your decorating booklet, "How to Buy a Sofa."
I am enclosing 50¢.

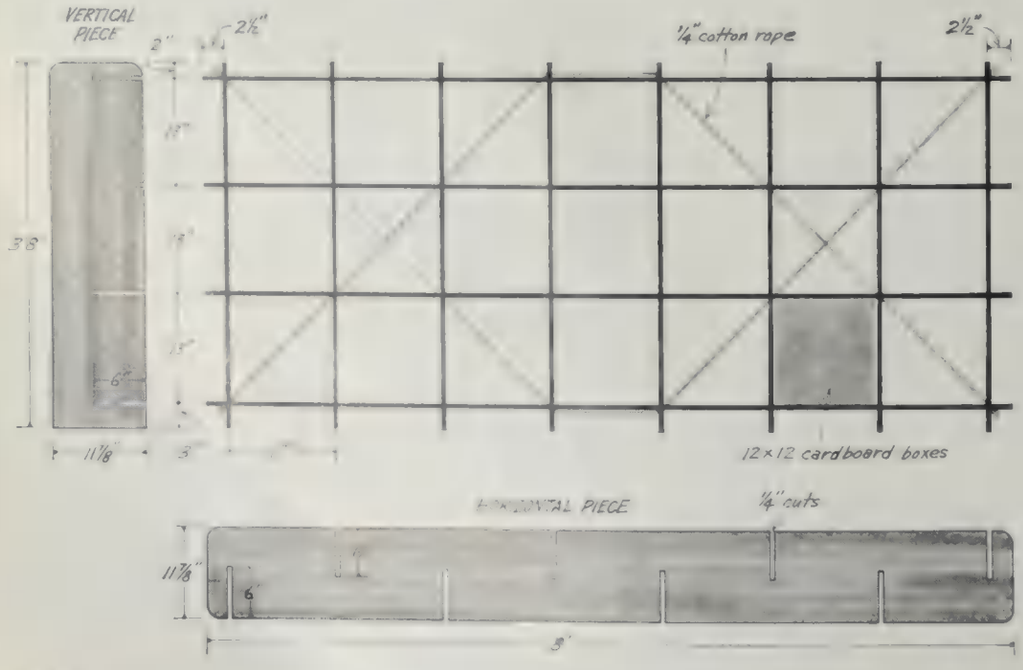
Name_____
Address_____
City_____ State_____ Zip_____

The Hide-A-Bed Sofa by Simmons.

Children's *clothes and toys occupy the bottom rows; adults use the top row*

NORMAN A. PLATE

Her good-looking storage wall is 21 boxes, each a cubic foot



As their second child arrived, the y
and still mobile Gary Fitschen fam
Berkeley found they needed plen
storage. So Mr. Fitschen designe
built this unit with two sheets of ¼
tempered hardboard, some cotton
and 21 cardboard boxes. Its capa
ample and it breaks down easil
moving.

The plain brown boxes used here
purchased from a carton factory
you could collect boxes from a st
supermarket and alter the design
them. You could paint or cover
with a contact paper (or you migh
to use 21 soup can boxes as they a

For the horizontal shelves, cut a
by 8-foot sheet of tempered hard
lengthwise into four pieces 11⅞ i
wide, and notch as shown in the
ing. From the second sheet of hardb
cut eight vertical pieces 44 inches
and 11⅞ inches wide, and not
shown. Round corners of all piece
sand edges smooth.

Put the unit together by alternately
ing verticals onto horizontals fro
front, then the back. Once it is
pletely assembled, lay it front dow
square the corners. Cotton rope p
through eight ¼-inch holes in the
and crosstied as shown in the dr
provides the bracing needed to ke
unit square.

Jnusual Offer

uring May only

ven if your trip is months away .whether overseas or in the U.S.A.– uy in May and save up to $48!

p to $5000 worth of First National City ravelers Checks for a fee of only $2. old at thousands of banks everywhere.

e how much you can save

normal fee for travelers checks is a penny per ar ($1 per $100). But now, just in time for sum- vacations, you can save as much as $48 (see rt below), because of this remarkable offer. s than $200 worth still costs you less than $2). lon't miss this May only opportunity!

ount of avelers hecks	Usual fee	May fee	YOU SAVE
300	$ 3.00	$2.00	$ 1.00
500	5.00	2.00	3.00
1,000	10.00	2.00	8.00
2,500	25.00	2.00	23.00
5,000	50.00	2.00	48.00

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over 67 years, First National City has been in the elers check business. Millions of places in erica and overseas honor First National City elers Checks. They are known as well in ouktu as in Toledo.

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To locate the nearest refund office anywhere abroad (plus Alaska and Hawaii) ask at any principal hotel. They're all regularly supplied with an updated list of all First National City Travelers Checks refund points in their area. In the Continental U.S.A., simply call, toll-free: 800-243-6000.

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Thousands more people each year realize that even when they're not traveling abroad, the safest, best way to carry money is to use First National City Travelers Checks. Whenever you have any sum of money on hand — for a weekend, on a short trip, right at home or in the office — protect your money — keep it in travelers checks instead of cash.

Buy Now. Travel Later

Take advantage of our Unusual Offer and buy First National City Travelers Checks during May. Then keep them on hand throughout the year either for vacation or against the time you may need cash for emergency.

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ist National City Travelers Checks **Ask for them at your bank.**

Noritake presents two crystal stemware collections for the bold, bright look of today's table. Wide choice of colors and patterns. **Send for free color brochures.**

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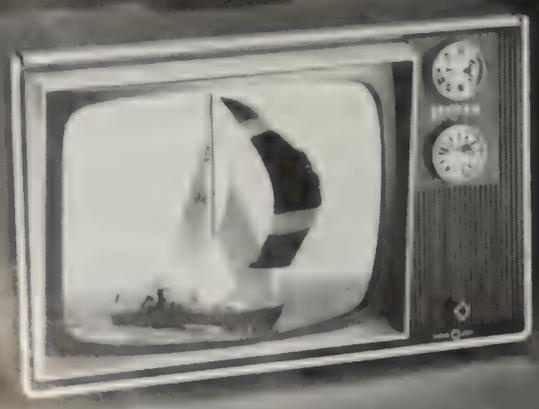
/CINCINNATI/CHICAGO/ATLANTA/DALLAS/LOS ANGELES/SEATTLE/TORONTO/MONTREAL

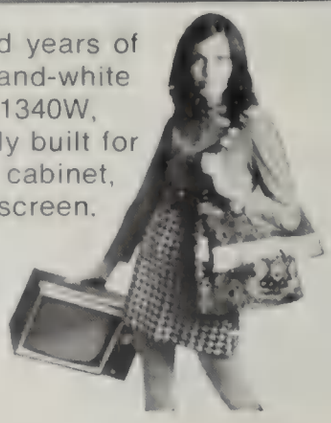
Handcrafted to take it. And take along.



Take it along . . . for years and years of enjoyment. Zenith's compact black-and-white portable TV, *The Urbanite*, model C1340W, has a Handcrafted chassis—ruggedly built for long-life dependability. Lightweight cabinet, less than a foot high. 12" diagonal screen.

At Zenith, *the quality goes in before the name goes on.*

ZENITH



Simulated TV Picture

Eight *west-facing windows have black and gray-striped canvas shades*

They keep sun off the glass

Where both sun and wind are a pro you might try these roll-up sh Made of fade and mildew-resistant vas, they're mounted on heavy-spring rollers above floor-to-ceiling windows and sliding doors. They the sun off the glass and are kept flapping by springlike shock cords are hooked to the house. They onto eye straps screwed to the shad the bottom.

Owner-designers are the Robert R nos, Medina, Washington.

Shock cords, *one on each side, hook into eye straps*

Springmaid invites you to lead the rich life with

The Great Estate Collection

crat is Springmaid's status towel. So elegant, so opulent, so rich in ture it inspired us to create a whole collection around it. The Great ollection.

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The Great Estate Collection by Springmaid

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Some people only worcestershire beef. So they're missing a lot of the flavor of ribs, fish, lamb, chicken, veal, soups, salads and dozens of other things. Lea & Perrins has been bringing out all that flavor for 135 years. And adding its own subtle difference to every dish.

Spareribs Worcestershire

3 pounds spareribs, cut into serving size pieces
6 tablespoons Lea & Perrins Worcestershire Sauce, divided
½ cup orange marmalade
3 tablespoons finely chopped onion
1½ teaspoons salt

Brush 3 tablespoons of the Lea & Perrins over both sides of ribs. Bake on rack in pan in 400° F. oven 45 minutes, turning occasionally. Pour off drippings. Reduce heat to 350° F. Combine remaining Lea & Perrins with remaining ingredients; mix well. Brush sauce over ribs. Bake 20 to 30 minutes, basting until nicely glazed. Serves 4.
For 77 other things to worcestershire, write for free recipe book: Lea & Perrins, Dept. S9, Fair Lawn, N.J. 07410.

worcestershire a spareribs tonight.

If you think Lea & Perrins is just for steak, you've got some great surprises coming.

GLENN CHRISTIAN

Recessed *area, backed by cork, provides room for lights, reading material*

The bed fits into a recess

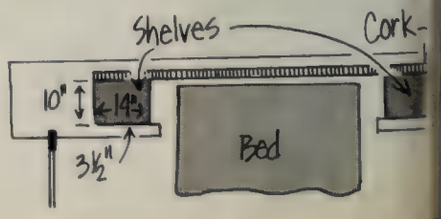
Many people find that a king-sized b takes up an inordinate amount of sp in a small bedroom. The Donald Gibb of Rolling Hills, California, had problem, and particularly did not w bedside clutter to interfere with spare, sculptural lines of their house (page 92 of the November 1971 *Suns*

Rather than using side tables, they cessed the back wall of the bedro about 14 inches to hide shelves and li ing from view (see diagram below). side shelves are attached to the wall w 1 by 1 wooden cleats. The wall is c ered with black cork, which doesn't s and which allows for nonpermanent d oration.

Bedside switches control two lights into the ceiling as well as outside li ing. Electrical outlets in the shelf a permit appliance use.

The plaster "archway" around the is 3½ inches thick; it might have b thinner, but this way it looks more an exterior wall as your eye moves ab the area.

This bedroom was designed as part house by architects Hugh Gibbs Donald Gibbs of Long Beach.



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Lancers® is having a picnic. Join the fun.

nd a special spot. Invite someone u care about. We'll supply The ncers® Picnic Pack. A fabulous ue for only $13.95. It includes a acious basket-weave hamper, ur wine cups modeled after the ncers crock, a twin-lever cork-rew, a special insulator to keep chill in your Lancers, and a ght red and white checked picnic th with 4 matching napkins. ck everything up with a bottle of ncers Rosé and a bottle of ncers new white wine, Viñho anco, and take off for the not-so-d-wilds to enjoy the good life.

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☐ The Complete Picnic Pack with 4 wine cups $13.95

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I have checked the number of items I want. Enclosed is my check for $_____ made out to Lancers Picnic Pack.

NAME_____

ADDRESS_____

CITY_____ STATE_____ ZIP_____

Make check or money order payable to LANCERS PICNIC PACK. No cash please. Act now. Offer good as long as supply lasts. Void in Kansas, Mississippi, Oklahoma, Tennessee and other states where prohibited. Allow 4 weeks for delivery.

1972

General Electric can show you this.
Because we have the dishwashers that will do this.

The pot on the left has the remains of an omelette.

The unretouched picture on the right is the same pot after it has been scrubbed with the brushless water action of one of our Potscrubber dishwashers with Power Scrub™ Cycle. Nothing else was done to this pot. No prescraping. No rinsing. We washed it along with a load of other dirty dishes, glasses and silverware. We just took its picture.

You'll get the same results as we have if you'll follow our simple loading diagrams for different sizes and types of loads. Instructions are provided with every Potscrubber we sell.

That's why we can give this guarantee:

"Buy any one of our Potscrubber dishwashers with a Power Scrub Cycle from a participating GE dealer before June 30, 1972.* If you're not fully satisfied with its performance (and you'll be the judge), notify the dealer within 30 days of your purchase. He'll take back the dishwasher and refund your money. No questions asked."

We also promise that you don't have to scrape or rinse a pot or plate with any of our Potscrubber models. In each Potscrubber there's a handy device: the soft-food disposer. It disposes of all the soft stuff. You just tip off large and hard scraps.

Next, a couple of fine points about our Potscrubber mode

In addition to pots and pans you can also safely wash fine china and crystal.

We make a line of Potscrubber models to fit into a lot of different kitchens. Built-ins. Front-load convert-ibles, portable now, can be built in late

We also came up with Tuff-Tub™ coating for the inside. It can't chip. And it's much more stain resistant tha our old interiors.

We have another quality feature as dependable as our Potscrubber.

Customer Care Service Everywhere. This is our pledg that wherever you are, or go, you'll find authorized GE serviceman nearby. Should you ever need him.

These are probably some of the reasons why more people use GE dishwashers than any others.

GENERAL ELECTRIC

*Our Potscrubber dishwashers with Power Scrub Cycle are models SC850N, SC460N, SD850N, SD460N. Also models SC660N and SD660N available after April 1,

ıs that are assembled ahead.

invite you to share your own orig- l recipes with other readers. Mail m to *Sunset Magazine,* Menlo k, Calif. 94025. We pay $10 for h recipe published.

Flank steak on the barbecue, make-ahead beef and cheese buns

ıted Tuna Salad

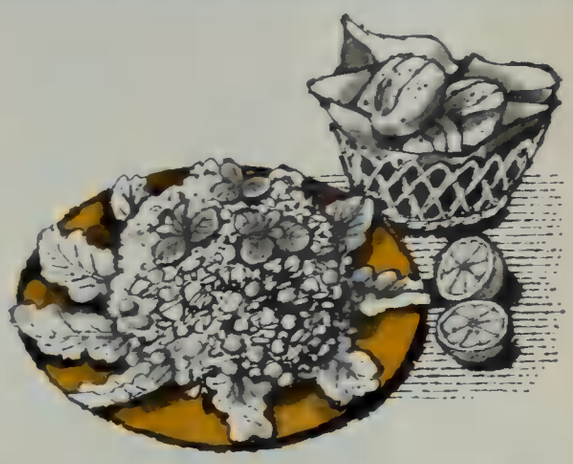
sh mint and limes give a refresh- flavor to this whole-meal salad.

½ teaspoon grated lime peel
3 tablespoons lime juice
2 tablespoons chopped fresh mint
2 cans (about 6 oz. *each*) chunk style tuna, drained
½ cups cold cooked rice
1 cup *each* thinly sliced celery and frozen peas, thawed
2 tablespoons *each* chopped green onion and parsley
Tangy dressing (recipe follows)
Salt and pepper
Crisp greens and mint sprigs

nbine the lime peel and juice, and t leaves; set aside. In a bowl com- e the tuna, rice, celery, peas, green onion, and parsley. Pour in the lime-mint mixture, stir well, cover, and refrigerate for 2 to 4 hours. Prepare dressing, cover, and refrigerate.

To serve, pour the dressing over the tuna mixture and mix gently. Season to taste with salt and pepper. Turn into a lettuce-lined salad bowl and garnish with mint sprigs. Makes 6 servings.—*H. N., San Francisco.*

Tangy Dressing. Combine 1 teaspoon Dijon-style mustard, 2 teaspoons sugar, and ½ teaspoon liquid hot pepper seasoning. Gradually add ½ cup mayonnaise and ¼ cup buttermilk. Stir until well blended.



Tuna and rice salad is topped with fresh mint sprigs. Serve with crusty rolls

f and Cheese Buns

assemble these hearty sandwiches ad, ready to heat and serve.

1 pound lean ground beef
1 tablespoon chopped green onion
¾ teaspoon salt
¼ teaspoon pepper
2 tablespoons catsup
Cheese topping (recipe follows)
4 round hamburger buns, split and lightly buttered

nbine the ground beef, onion, salt, per, and catsup; mix well and be into 4 patties. Place on the rack broiler pan; broil about 4 inches n heat until browned on both sides done to your liking (4 to 5 min- total for medium). Let cool while you prepare the cheese topping.

Place each meaty patty on a bun half; top with about ¼ of the cheese topping and remaining bun half. Wrap each bun tightly in foil; refrigerate as long as overnight.

To heat, place wrapped buns in a 350° oven for about 30 minutes or until meat is heated through. Serves 4.—*R. M., Roseburg, Ore.*

Cheese Topping. Combine 1 cup shredded sharp Cheddar cheese, 2 tablespoons soft butter, 1½ teaspoons catsup, ½ teaspoon prepared mustard, and 1 tablespoon finely chopped green onion.

You can easily multiply this recipe two or three times to feed a hungry crowd

ıwberry-Orange Refrigerator Dessert

aside a few whole berries to gar- this dessert before serving.

1 box (about 1 pint) strawberries
1 large orange
¼ pound (½ cup) butter or margarine
1 cup unsifted powdered sugar
2 eggs
About 28 vanilla wafers
3 tablespoons melted butter or margarine
1 cup (½ pt.) whipping cream

se and dry berries. Cut the peel all white membrane off orange; out sections and set aside.

ıg an electric mixer, beat the ¼ nd butter and sugar together until my. Add eggs, one at a time, and beat until fluffy.

Crush the vanilla wafers into fine crumbs (you should have 1 cup). Combine the crumbs and the melted butter; press into the bottom of a 9-inch-square baking dish. Spread the butter-egg mixture evenly over the crumb layer. Slice the berries (saving several whole berries for garnish) and mix gently with the orange sections; arrange over the butter mixture.

Whip the cream and spread over the fruit. Cover and refrigerate for at least 6 hours or overnight. Garnish with whole berries. Makes about 9 servings.—*M. V., Palo Alto, Calif.*

Layers of cooky crumbs, buttery filling, fresh fruits make this company dessert

Use these vegetables, *of Oriental origin, to give family and company meals new interest*

East meets West

Here are 5 Oriental vegetables easier to find today. They are great to try in non-Oriental ways

e Oriental vegetables found with in-asing regularity in the produce sec-ns of supermarkets and fancy green cer shops throughout the West are tured at left. Each is known by sev-l names and perhaps you've already d them when preparing Oriental hes. But have you considered serving se vegetables in a totally non-Oriental text?

ese vegetables all have flavor counter-ts in less exotic, everyday produce; similarities can guide you in learning make greater use of the Oriental etables, although the resulting dishes l differ subtly and interestingly.

ble-pod peas are sufficiently popular be available both fresh and frozen. u may have seen them as sugar, snow, Chinese pea pods, or *hoh laan doh* inese), or *saya endo* (Japanese). You ng the fresh peas as you would green ns. To preserve their sweet crispness brilliant color you must take care to overcook them; here they are led briefly, then served with a simple d-cooked egg-butter sauce. They go l with any simple meat entrée.

ble-Pod Peas with Egg-Butter. Finely sh or force through a wire strainer ard-cooked eggs. Blend with 4 table-ons soft butter, 1 tablespoon minced en onion (optional), and salt and per to taste; set aside.

Snap off tough ends and remove strings from 1 pound edible-pod peas. Bring 2 quarts salted water to boiling on high heat; add peas and continue to cook, uncovered, on high heat just until boil resumes. At once drain peas. Top each portion of the hot peas with the egg-butter. Makes 4 servings.

Chard cabbage, in heads with thick, white smooth stems topped by dark green leaves, looks and tastes much like Swiss chard and is good cooked in the same ways. The Japanese call it *shirona* and the Chinese call it *baak choy*. When it has flowers it also may be called *baak choy sum* or *choy sum*.

You cut up and cook the thick stems before adding the quick-cooking leaves. Here chard cabbage is richly seasoned by slowly cooked onions and sesame seed. The dish is excellent with fish such as salmon, or with chicken breasts.

Chard Cabbage with Onions. Melt 4 tablespoons butter in a wide frying pan. Add 2 thinly sliced large onions and cook, stirring, over medium to medium high heat until onions are limp and golden; it takes 15 to 20 minutes. Add 2 tablespoons sesame seed and stir for 2 or 3 minutes or until toasted lightly. Pour onions and butter into a small bowl and set aside.

Break apart 1 large or 2 small heads (about 2 lbs.) chard cabbage; wash and drain well. Thinly slice enough of the white stems to make about 4 cups; separately slice enough of the green tops to make about 4 cups.

Place the sliced chard cabbage stems in the frying pan and add 1 tablespoon water. Cover and cook on medium high

Butter sautéed *chard cabbage with onions and sesame seed complements salmon steak*

DARROW M. WATT

Crunchy *edible-pod peas and egg-butter sauce with broiled lamb chop for a quick dinner*

heat for 3 minutes; remove cover, stir in green leaves, and turn heat high. Cook, stirring, until greens wilt and liquid evaporates, about 2 minutes. Stir in the onion mixtures, salt to taste, and serve. Makes 4 to 6 servings.

The white Oriental radish is at least as big as a carrot and often larger, with a mild refreshing flavor and crisp texture that bears resemblance to both a radish and a turnip. The Japanese *daikon* is long and slender; the Chinese *loh baak* is shorter and wider. They can be used interchangeably.

Here the radish is served in a creamy dressing such as one you might mix with cucumbers; offer as a salad with hamburgers or hot dogs. It keeps well for several hours if chilled.

Oriental Radish Salad. Peel enough Oriental radish to make 2 cups very thinly sliced rounds. Blend ¼ cup *each* sour cream and mayonnaise with 1 teaspoon Dijon-style mustard, ½ teaspoon dill weed, and 1 tablespoon lemon juice. Blend with radish slices, adding salt to taste. At this point you can cover the radish mixture and chill as long as 3 or 4 hours; mix to blend before serving. Spoon salad into a bowl lined with lettuce leaves, or onto individual leaves for single servings; sprinkle lightly with paprika. Makes 4 servings.

DARROW M. WATT
Thin crsip *rounds of white Oriental radish in dill dressing go with a cheeseburg*

Oriental mustard greens are more mildly flavored than regular mustard greens, but still have a pleasant pungency, a generally have much larger and roun leaves. Do not confuse the loose-lea clusters of mustard greens with must cabbage that comes in heads with thi fleshy stems; however, the greens m

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by the same name as the cabbage—*i choy* or *gai choy toy* in Chinese, or *rashina* in Japanese.

asoned with bacon and mushrooms, ıstard greens are an excellent com-nion for beef, chicken, turkey, pork, scrambled eggs.

ustard Greens with Bacon and Mush-oms. Cook ¼ pound bacon slices until sp in a wide frying pan and set aside drain. Remove all but 1 tablespoon con drippings from pan and discard. inly slice ¼ to ½ pound mushrooms; d mushrooms and 2 tablespoons but-to bacon drippings and cook on me-ım high heat, stirring, until they are ıp and juices have evaporated.

arsely chop enough mustard greens make 8 cups (about 2 lbs. or 1 bunch). ld mustard greens and 1 tablespoon ter to mushrooms. Cover and cook er high heat just until wilted; stir as eded to prevent sticking and cook enly. Serve greens and mushrooms ped with broken bacon bits. Makes 4 5 servings.

lery cabbage, a stout cylinder of erlapping pale green, thick-stemmed ves, is called *wong nga bok* or *sui oy* by the Chinese, *hakusai* by the Japanese, and *nappa, napa,* or Chinese cabbage in many supermarkets.

You can serve the cabbage raw in salads, just as you would lettuce; the texture is crisp and tender and the flavor is a subtle medley of mild cabbage, iceberg lettuce, and celery.

When briefly cooked, celery cabbage wilts drastically and quickly, developing a delicate sweetness that is complemented by this easy sauce of warmed cream cheese. This dish would be an interesting alternate for regular cabbage with corned beef.

Celery Cabbage with Chive Cream Cheese Sauce. Slice 1 medium-sized head (about 2 lbs.) celery cabbage in 1-inch wide pieces (you should have about 12 cups). Melt 2 tablespoons butter in a wide frying pan; add cabbage, cover, and cook over high heat just until cabbage begins to wilt. Stir as needed to cook evenly. Remove pan from heat and push a small area clear in pan; place in it 1 small package (3 oz.) cream cheese with chives and quickly mash with a spoon until soft. Tilt pan to drain juices into the cheese, blending smoothly, then mix with cabbage; season with salt and pepper, and serve at once. Makes 4 to 5 servings.

To crisp celery cabbage for a refreshing green salad, rinse the leaves in cold water, drain well, then wrap in towels and place in a large plastic bag; refrigerate at least an hour or as long as overnight. Here we blend celery cabbage with the familiar flavors of dry onion soup mix and blue cheese in a rich, thick dressing. Another approach is to lightly moisten the cabbage with a tart homemade oil and vinegar dressing (sprinkle with garlic salt) or a bottled Italian-style dressing.

Celery Cabbage with Sour Cream and Cheese Dressing. Thinly slice enough well crisped celery cabbage to make 8 cups (about ⅔ of a 2-lb. head). Place in a salad bowl, cover, and chill while you prepare this dressing: Beat together to blend ½ cup sour cream (or sour cream chive dressing) with 1½ tablespoons dry onion soup mix, 1 ounce (about 1½ tablespoons) blue cheese, ½ cup mayonnaise, and 1 tablespoon minced parsley. Thin the dressing to a good mixing consistency with 2 to 3 tablespoons milk or light cream.

Pour the dressing over the cabbage in salad bowl and scatter 2 to 3 tablespoons finely chopped green onions onto the dressing. Mix well and serve. Makes 6 to 8 servings. □

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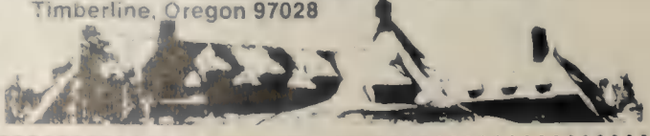

DARROW M.

Lamb ball *sliced to reveal whole egg inside. Serve with yogurt sauce*

Lamb eggs, keba

Rich in spices, this Indian ground mixture can be shaped into balls ar hard-cooked eggs or pressed into cylinders around skewers. Serve e version as an entrée for dinner with chutney, a green salad, and a rice pi

Indian Lamb Kebabs

- 1 pound ground lamb
- 1 medium-sized onion, finely chopped
- 2 cloves garlic, minced or mashed
- 2 tablespoons chopped parsley
- ¼ cup fine dry bread crumbs
- 1 egg
- ¼ teaspoon cayenne
- 2 teaspoons ground coriander
- ½ teaspoon *each* ground cumin seed, turmeric, and ginger
- 1 teaspoon salt

In a large bowl, mix together thoro the lamb, onion, garlic, parsley, crumbs, egg, spices, and salt.

Divide mixture into 12 equal por roll each into a cylinder 7 inches and string on a skewer. With your h press meat securely over each skev form a smooth sausage; place on b pan. Broil 4 inches from heat for 8 minutes, turning once, until m well browned. Makes 3 or 4 servin *I. W., Honolulu.*

Lamb-Covered Eggs. Hard-cook shell 6 eggs. Prepare the lamb mi as in recipe above. Divide it into 6 portions; flatten each into a p inches in diameter. Free patties spatula. With your hands wrap eac completely in meat, smoothing sur Place eggs slightly apart in a sh pan. Bake in a 400° oven for 25 mi or until meat is browned. Prese lamb balls whole or, if desired, sl half lengthwise. Serve with this. Blend 1 cup unflavored yogurt thinly sliced green onions (to cluded). Makes 3 to 6 servings.

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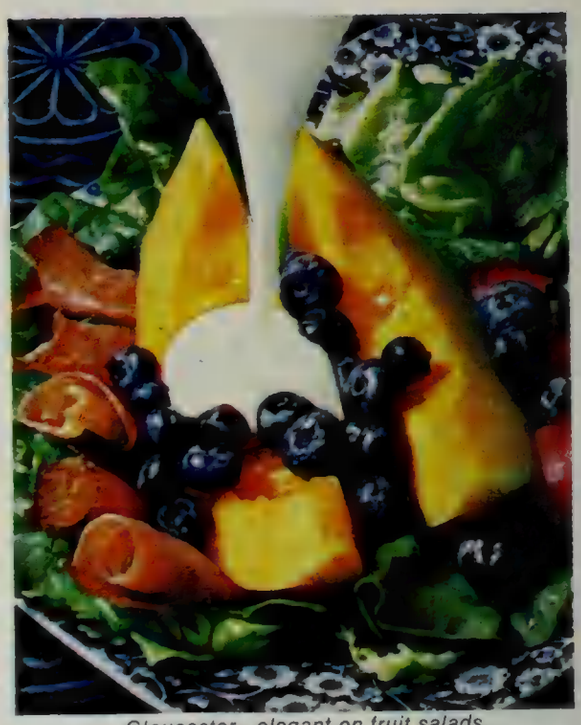
15 Gourmet®-inspired dressings

Green Goddess—dresses up the simplest salad.



Gloucester—elegant on fruit salads.

GREEN GODDESS SALAD DRESSING

3/4 cup BEST FOODS® Real Mayonnaise
3 tablespoons milk
2 anchovies, minced
1 tablespoon tarragon vinegar
1 1/2 teaspoons lemon juice
1 clove garlic, finely minced
2 tablespoons finely chopped chives

Mix ingredients. Serve on greens. Makes 1 cup.

MAYONNAISE RUSSE

1 cup BEST FOODS Real Mayonnaise
2 tablespoons chili sauce
2 teaspoons vinegar
1/2 teaspoon dried tarragon leaves, crushed
1/3 cup milk
2 tablespoons Mazola corn oil

Mix ingredients. Serve on greens. Makes 1 cup.

TANGY BUTTERMILK DRESSING

1 cup BEST FOODS Real Mayonnaise
1/2 cup buttermilk
1/4 cup finely minced onion
2 tablespoons very finely chopped parsley
1 clove garlic, finely minced
1/2 teaspoon paprika

Combine ingredients. Serve on greens. Makes about 1 1/2 cups.

RUSSIAN DRESSING

1/2 cup BEST FOODS Real Mayonnaise
1/3 cup chili sauce
2 tablespoons milk
1 tablespoon sweet pickle relish

Combine ingredients. Makes 1 cup.

MAYONNAISE GLOUCESTER

1/2 cup BEST FOODS Real Mayonnaise
1/4 cup dairy sour cream
1 teaspoon lemon juice
1/2 teaspoon fennel seed, crushed
1/2 teaspoon Worcestershire sauce
3 tablespoons water

Combine ingredients. Serve over lettuce wedges or fruit salad. Makes 1 cup.

CREAMY TART FRENCH DRESSING

1/4 cup Mazola corn oil
3/4 cup BEST FOODS Real Mayonnaise
1/4 cup red wine vinegar
1 1/2 tablespoons sugar
1 tablespoon paprika
1 tablespoon dry mustard
1/2 teaspoon salt
1/2 clove garlic, minced

Gradually stir corn oil into Real Mayonnaise; beat until smooth. Combine remaining ingredients. Add to Real Mayonnaise mixture. Makes about 1 cup.

Creamy Tart French—a favorite for chef's salad.

REMOULADE DRESSING

3/4 cup BEST FOODS Real Mayonnaise
2 teaspoons chopped sweet gherkin pickles
1/2 teaspoon prepared mustard
1/2 teaspoon capers, chopped
1/2 teaspoon chopped parsley
1/2 teaspoon dried chervil leaves
1/2 teaspoon dried tarragon leaves
1/4 teaspoon anchovy paste
1/3 cup milk
1 tablespoon Mazola corn oil

Combine ingredients. Serve on cold asparagus or greens. Makes about 1 1/4 cups.

CREAMY ROQUEFORT DRESSING

3/4 cup BEST FOODS Real Mayonnaise
1/4 cup crumbled Roquefort cheese
1/4 cup milk
1 teaspoon Worcestershire sauce
1/8 teaspoon salt
1/8 teaspoon garlic powder
1/8 teaspoon white pepper

Combine ingredients. Serve on tossed greens. Makes about 1 cup.

PARMESAN CHEESE DRESSING

2/3 cup BEST FOODS Real Mayonnaise
1/3 cup grated Parmesan cheese
1/3 cup milk
1 teaspoon white wine vinegar
1/4 teaspoon Worcestershire sauce

Mix ingredients. Serve on greens. Makes 1 cup.

RAVIGOTE DRESSING

1 1/2 cups BEST FOODS Real Mayonnaise
2 anchovy fillets, drained and chopped
3 tablespoons chopped dill pickle
2 tablespoons chopped shallots
1 tablespoon chopped capers
1 tablespoon chopped parsley
1 teaspoon dried tarragon leaves
1 teaspoon dried chervil leaves
1 teaspoon sugar
1 teaspoon prepared mustard
1/3 cup milk
3 tablespoons Mazola corn oil
1 teaspoon lemon juice

Combine ingredients. Serve over chilled meat. Makes 2 cups.

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ottage Cheese—
ing on citrus fruit.

Creamy Italian—luscious on tossed greens.

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IE COTTAGE CHEESE DRESSING

BEST FOODS Real Mayonnaise
small curd creamed cottage cheese
espoons milk
espoon sugar
spoon grated lime rind
espoon lime juice
e ingredients. Serve on citrus fruit salad.
cup.

MAYONNAISE ESPAGNOLE

BEST FOODS Real Mayonnaise
finely chopped cooked ham
poon prepared mustard
h red pepper or cayenne
h garlic powder
milk
espoon Mazola® corn oil
e ingredients. Makes 1 1/3 cups.

ESH STRAWBERRY DRESSING

sliced ripe strawberries
espoons Karo® light corn syrup
BEST FOODS Real Mayonnaise
trawberries in small bowl. Stir in corn
nashing berries slightly with fork. Add
ayonnaise, stirring until well blended.
out 1 hour to develop flavor and color.
ıth fruit salad. Makes about 1 1/4 cups.

CREAMY ITALIAN DRESSING

3/4 cup BEST FOODS Real Mayonnaise
1 tablespoon wine vinegar
1 tablespoon lemon juice
1 tablespoon Mazola corn oil
1 tablespoon water
1 teaspoon Worcestershire sauce
1/2 teaspoon dried oregano leaves
1 teaspoon sugar
1 small garlic clove, minced
Combine ingredients. Makes 1 cup.

DILL DRESSING

1/2 cup BEST FOODS Real Mayonnaise
1/2 cup dairy sour cream
1 tablespoon dried dill weed
1 teaspoon lime juice
1/3 cup milk
Combine ingredients. Serve on seafood or vegetable salads. Makes about 1 cup.

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GENERAL ELECTRIC

CRAIG ZWICKY

powdered sugar onto warm cake

A golden loaf from Florence

cafe and bakery near the bustling door market in Florence serves this den loaf called *amor polenta*. Corn al lends a pleasing crunch and nutlike or to this tender pound cake.

ditionally this cake is baked in a cial pan with a rounded, ridged bot- (shown above) called either a deer- k, saddle mold, or nutbread loaf pan. h pans sometimes can be found in es selling gourmet cookware. If this is unavailable, a 4½ by 8½-inch pan or a mold or tube pan with a acity of 3½ to 4 cups may be used.

entine Corn Meal Cake

⅔ cup (10⅔ tablespoons) soft butter
⅔ cups sifted powdered sugar
1 teaspoon vanilla
2 whole eggs plus 1 egg yolk
¼ cups cake flour
⅓ cup yellow corn meal
About 2 tablespoons powdered sugar

a large bowl of an electric mixer, butter until creamy. Gradually add 2⅔ cups powdered sugar, beating l fluffy. Beat in vanilla; add eggs and yolk, one at a time, beating well r each addition. Sift the flour before suring, then mix with corn meal. dually add flour mixture to creamed ture, beating well after each addition. erously grease and lightly flour ei- a 10-inch deerback loaf pan, an 8½ ½-inch loaf pan, or a 3½ to 4-cup l or tube pan. Spread batter in pan. e in a 325° oven for about 1 hour 15 minutes, until a wooden pick ted in center comes out clean and er springs back when touched light- ool cake in pan for 3 minutes, then it out on a rack. Sift the 2 table- ns powdered sugar over warm cake. before serving. Makes about 15 ngs.—*C. S., Palo Alto, Calif.* □

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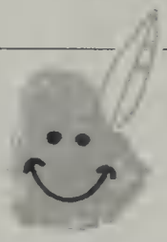

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Bonnie's happy household hints:

Keep your cookware bright!

(Unless you have a good dark hiding place to stash it.)

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Sinking goldfish and rusty sinks

The water in our town is so hard our goldfish have rusty scales. I cleaned one up and he died from exposure. After that I concentrated on the drip-patterns under my leaky faucets. Kleen King Rust Remover is a heavy-duty cleaner that takes rust and stains off sinks, tubs and stools, sports equipment, appliances, sporting goods and tools. You know where you're rusty. Try Kleen King.

Mix black beans and rice, add bananas and pork

When you serve this unusual meal, you spoon spicy black beans over hot rice on each plate, then top with green onion and a squeeze of lime. Each diner mixes the beans and rice together as he eats them. The combination may surprise you, but it's a delightful part of this Cuban menu.

In the Caribbean, plentiful bananalike fruit called plantains would be used. But plantains are often difficult to find here, so we substitute slightly green bananas for our menu.

You'll need dried black kidney beans, available in markets that stock Mexican foods and in some health food and natural food stores. Shaped like kidney beans, these smaller beans have dull black skins: don't confuse them with round Oriental black beans. You can make the bean dish ahead; then reheat, stirring occasionally, until hot. In addition you will need about 3 cups hot, cooked rice. If preferred, thick loin pork chops may be barbecued instead of the tenderloins.

Spicy Barbecued Pork Tenderloin

Place 2½ to 3 pounds pork tenderloin (or 4 to 6 large loin pork chops, each cut 1 inch thick) in a shallow dish. Combine ¼ cup *each* prepared mustard and honey with ¼ teaspoon *each* salt and chile powder; spread over meat. Cover and chill at least 4 hours, or overnight.

Lift meat from marinade; set marinade aside. Placing the thickest tenderloins on first, arrange meat on a barbecue grill about 6 inches over glowing coals. Grill tenderloins until meat is no longer pink in the thickest part (cut small gash to check), about 45 to 60 minutes (about 30 minutes for pork chops). Turn and baste with marinade several times. Place meat on a carving board; cover and keep warm. To serve, slice across tenderloins. Serves 4 to 6.

Cuban-Style Black Beans

Rinse and sort 1 pound dried black kidney beans. In a Dutch oven combine beans and 4 cups water. Bring to boiling and boil for 2 minutes. Remove from heat, cover, and let stand 1 hour. Without draining beans, add ⅓ pound al pork (diced), 3 cloves garlic (mince or mashed), 1 *each* medium-sized onion n green pepper (chopped), ½ cup cho celery, ¼ cup *each* honey and prep mustard, 2 teaspoons paprika, 1 teas *each* chile powder and oregano, an teaspoon pepper; stir to blend.

Cover and simmer for about 3 hou until tender, adding more water if ne ed to keep beans moist. Add sa taste. Serve hot with lime wedges a bowl of sliced green onions. Makes 10 servings.

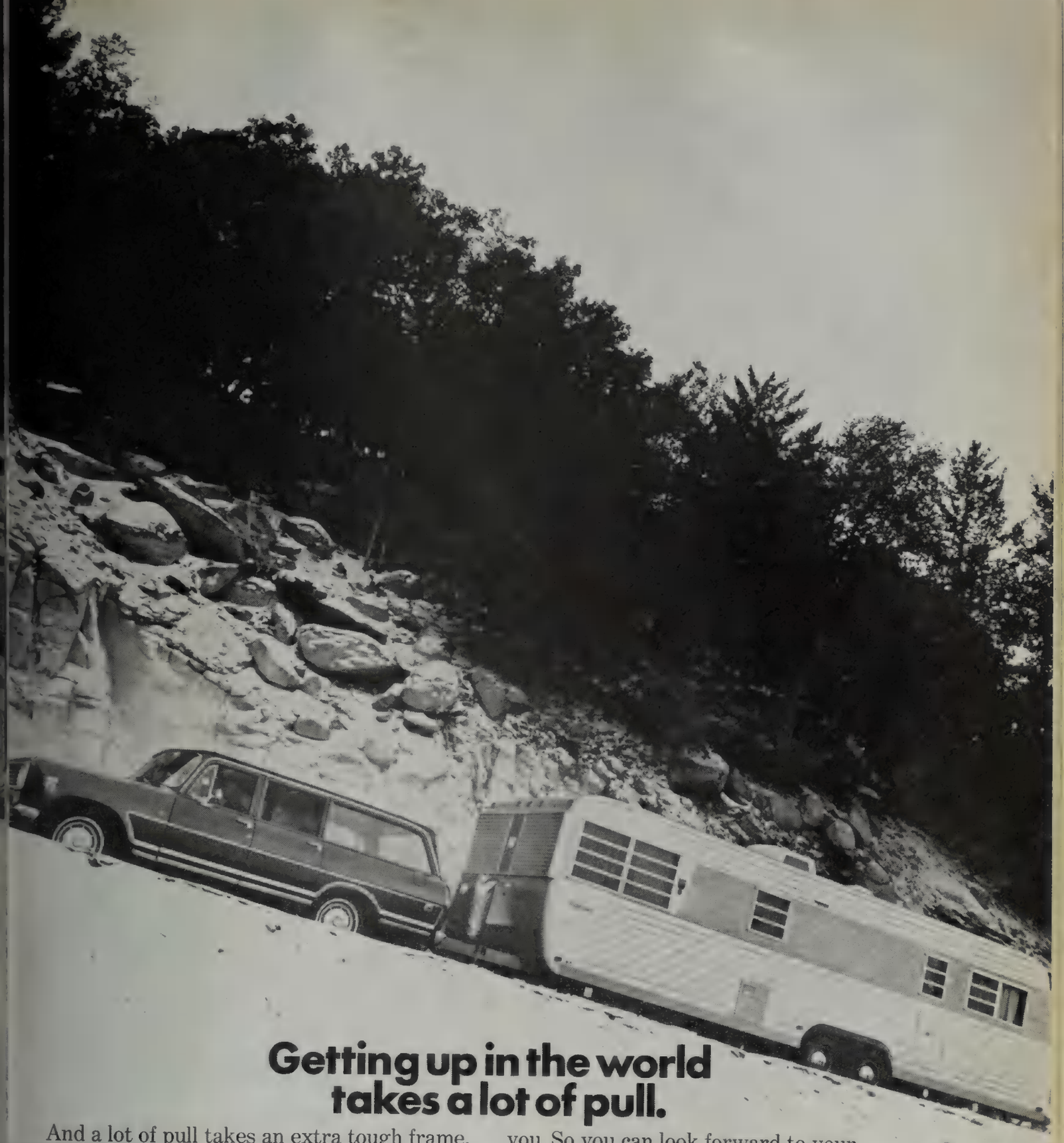
Cinnamon Crumb-Coated Bananas

Peel 3 to 4 slightly green large ban Cut each banana in half, then slice half lengthwise. Dip bananas in (you'll need about ⅓ cup); roll in a ture of ¼ cup fine dry bread cr and 1 teaspoon ground cinnamon.

Heat about 3 tablespoons salad oi frying pan over medium heat. A many banana slices as will fit wi crowding and fry until lightly bro about 1 minute on each side, tu carefully with a wide spatula. Add oil as needed. Serve hot. Makes ab to 6 servings.

DARROW M. W

Barbecued *pork tende fried bananas, and black beans o*



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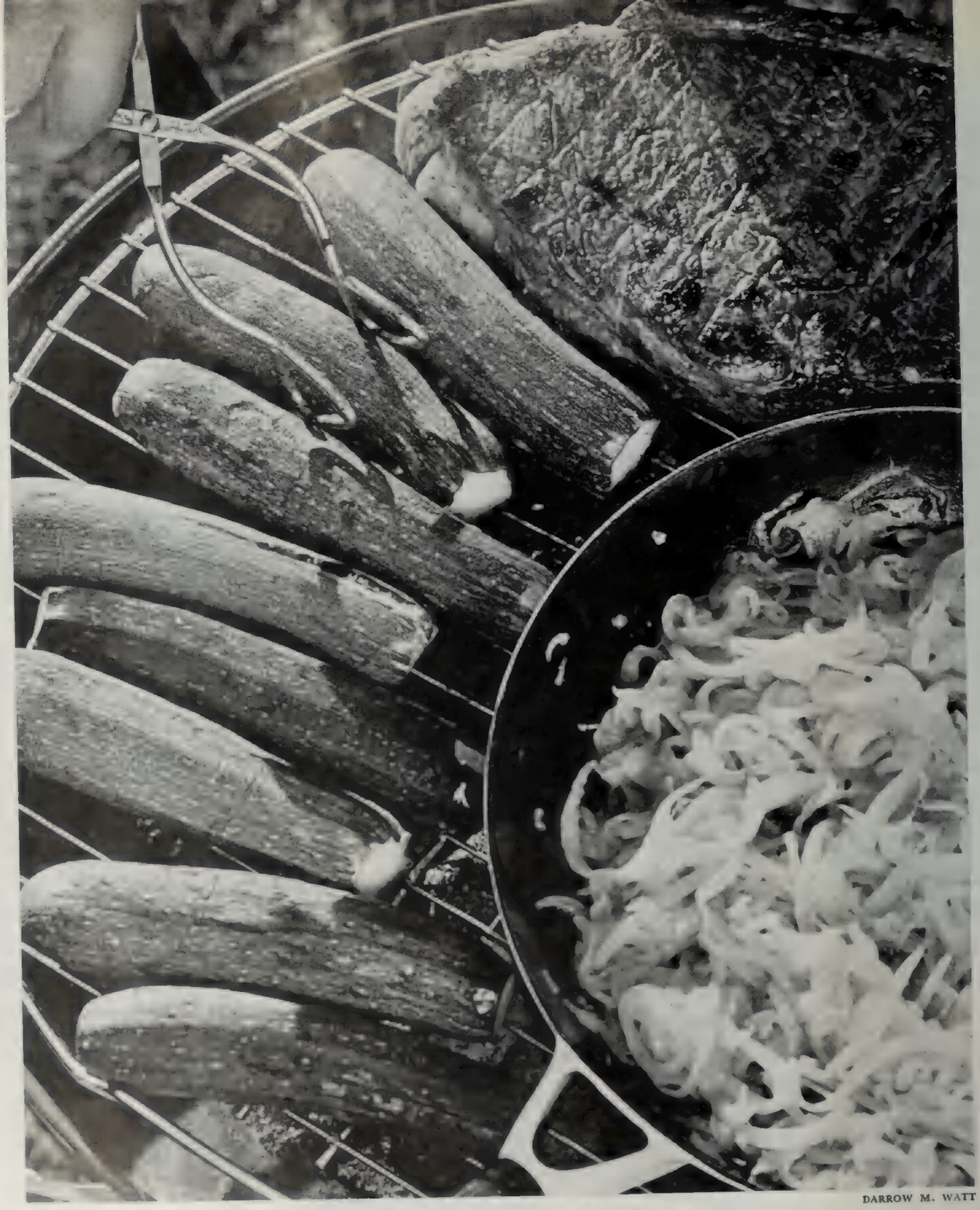


DARROW M. WATT

Thick steak *of top round shares barbecue grill with zucchini and pan of sliced onions*

MAY MENUS

Here's a barbecued steak dinner to serve out of doors . . . then a tortilla breakfast and a broiled fish dinner

These menus were planned to hel cook get out and enjoy the out-of-d For a leisurely evening there's a d that cooks principally on the barb The breakfast is easy enough for dren to prepare should they dec do the cooking on Mother's Day– 14 this year. The fish dinner tak vantage of some packaged and pre foods for its speedy preparation.

Barbecued steak dinner

The steak and both vegetables fo menu cook on the barbecue, all s

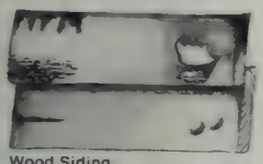
Before you spend a couple of thousand on new siding, spend a couple of minutes to learn about vinyl.

r maintenance for your lifetime

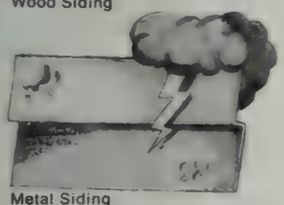
ıy siding for your lifetime. Siding you forget about once it's on your home. ıg you'll never have to paint. (Have had a painting estimate lately?)

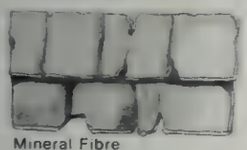
r choices in siding

ıu can buy a metal siding. A plywood ırdboard type with a plastic finish. A ıg of ganic ıral fibre pounds a surface ıing. . you can solid


Wood Siding

th the ption of vinyl, idings ioned require ep – the hing you want in ing. l sidings among


Metal Siding


Mineral Fibre

rst introduced. But they leave much desired. When scratched, the ches show because the paint is only face layer. They dent easily. Remem- ıny painted product will eventually ıe repainting.

t is Bird Solid Vinyl?

; one of the most inert forms of poly- chloride (PVC), one of the toughest ıng materials known to science. For st 30 years, it's been used in indus- nost difficult applications – piping to corrosive acids, insulation on high ıe underground cable and power etc. Through experimentation, Bird ıped its own process by which PVC is extruded as solid siding. It embodies the beauty of wood. But with none of the recurring headaches.

Bird solid vinyl never needs paint. An occasional hosing down keeps it clean, fresh, beautiful. Stubborn smudges are easily removed with a mild detergent.

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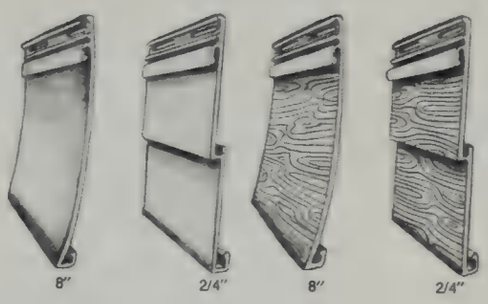
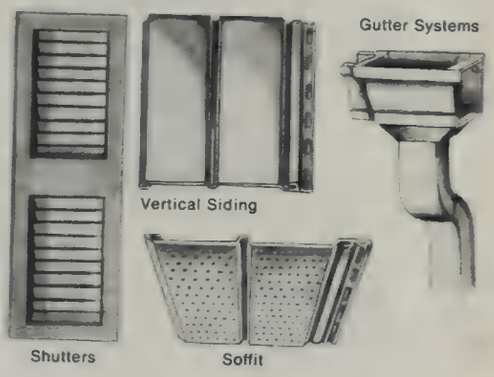
Some homeowners like smooth sidings. Others like grained types. Bird has both. Bird vinyl clapboard comes in an 8" width, in Double 4" for those who prefer the natural colonial look. They come in white, gray, green and yellow.



Bird vertical siding in V-groove style is highly popular for accent areas around doorways, for gables and special decorative effects.

Bird matching accessories

Bird also makes all necessary accessories – Bird Vinyl shutters in many sizes and wide range of custom colors; gutters and downspouts; soffit and fascia board systems. With color-coordinated accessories, your home will have a harmoniously-finished look.



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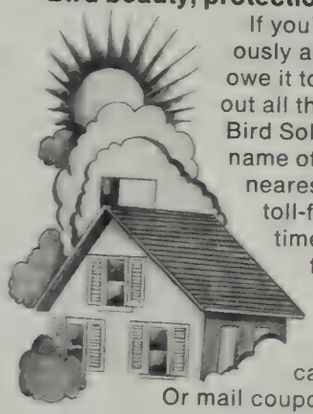

If you're thinking seriously about re-siding, you owe it to yourself to check out all the advantages of Bird Solid Vinyl. For the name of the Bird dealer nearest you, call this toll-free number, anytime, day or night, from anywhere in the U.S. 800-243-6000. (In Connecticut call 1-800-882-6500.) Or mail coupon for information.

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Sunset May 1972

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you to be outside with your guests. Even the rolls may be heated on the grill.

Barbecued Steak
with Onions and Zucchini
Heated Rolls
Artichoke-Green Salad
Ice Cream with Fresh Strawberries

The steak used here is the first or second cut of beef top round, the part nearest the sirloin. Some markets label this cut London broil, but check with your meatman to make sure you are buying the right cut. It is especially succulent when marinated and then cooked rare.

Before guests arrive slice and sugar the berries, prepare the salad ingredients and zucchini, and marinate the meat.

You'll need to start the barbecue fire about 1½ hours before you plan to serve in order to have glowing coals before starting to cook. The onions, steak, and zucchini are placed on the grill in that order. Set the rolls on a side of the grill to heat for about 5 minutes.

Artichoke-Green Salad

Slice the hearts of 1 jar (6 oz.) marinated artichoke hearts and put in the bottom of a salad bowl with the marinade. Arrange about 2 quarts torn greens on top; cover and refrigerate. Just before serving, mix with about 2 tablespoons lemon juice; salt to taste. Serves 6.

Barbecued Steak with Onions and Zucchini

- 2 tablespoons *each* lemon juice and Sherry (or apple juice)
- ¼ cup olive oil
- ½ teaspoon *each* oregano leaves and basil leaves, crushed
- About 2½ pounds first or second cut of top round, 2 inches thick
- 3 large onions, thinly sliced
- About 6 tablespoons butter or margarine
- About 2 pounds small zucchini
- Salt

In the kitchen, combine the lemon juice, Sherry, olive oil, oregano, and basil in a dish that approximately fits the steak. Turn the meat in the marinade 2 or 3 times, poking it with a fork at about 1-inch intervals. Arrange onions on top of steak; cover and let stand for about 2 hours. Put 4 tablespoons of butter in a shallow pan (such as a frying pan or large foil pie pan) to use later on the barbecue. Scrub and trim the zucchini and, if any are over 1 inch thick, cut them in half lengthwise. Melt remaining 2 tablespoons butter and brush on all sides of the zucchini.

About 1½ hours before you plan to serve, adjust your barbecue so the grill will be about 4 inches above the heat. Ignite a pile of about 3 dozen long-burning briquettes; let burn until all are gray colored, about 30 minutes. About 1 hour before you plan to serve, add 2 dozen more briquettes around the edges of the ignited pile to replenish the fire.

Set the frying pan with butter over the burning coals until the butter melts. Use a slotted spoon to transfer the onions from on top of the steak to the pan with the butter; recover the meat. Start cooking the onions, stirring occasionally; allow about 1 hour.

After the onions have cooked about 25 to 30 minutes, lift them off the grill. Spread the coals to a single layer. Return onions to grill. Lift the steak from the marinade (reserving marinade) and place over heat.

When steak is well browned on one side, about 15 minutes, turn it over and baste with reserved marinade. You might want to insert a meat thermometer into the center of the meat. Add the zucchini to the grill, making sure the area underneath is covered with a single layer of top-ignited coals. Cook, turning frequently, about 12 to 15 minutes.

When second side of meat has cooked about 15 minutes, the thermometer should read 135° (rare) or, when you cut a gash in the steak, it should be pink. The onions should be soft and the zucchini, tender-crisp. Transfer steak, onions, and zucchini to a platter. Cut the steak in thin slices across the grain to serve. Salt to taste. Makes 6 servings.—*J. C., Los Altos Hills, Calif.*

Mother's Day breakfast

This breakfast is easy to prepare, and most children who can read could do it by themselves. But if very young people prepare the meal for their mother, they might like to assemble the tortillas the night before.

Fresh Fruit with Lime
Sliced Ham
Cheese-Stuffed Tortillas

For four servings you'll need about 1 papaya, 1 avocado, 4 oranges, and limes, well chilled. Peel and slice the fruit and arrange some of each in lime wedges on each plate.

To serve four, have ready about 1 pound thinly sliced, fully cooked ham. If you prefer, wrap it in foil and put it into the oven when the tortillas bake.

Cheese-Stuffed Tortillas

- About 6 tablespoons butter or margarine
- 1 cup finely chopped onion
- ½ cup finely chopped parsley
- ⅛ teaspoon pepper
- ¾ pound jack cheese, coarsely shredded
- 12 small (about 6-inch) flour tortillas or 6 large (about 8-inch) flour tortillas
- 3 or 4 cherry tomatoes

In a 10-inch frying pan melt 4 tablespoons of the butter over medium heat and sauté the onions until about 15 minutes; remove from heat. Stir in the parsley, pepper, and cheese. Spoon ¼ cup of the cheese mixture firmly packed, in a line just off center on each tortilla. (Use about ½

5 questions to ask before you buy a dishwasher.

Getting the answers to these questions before you buy could save you a lot of grief later.

How powerful is the motor?

For maximum washing action and dishwasher life, KitchenAid dishwashers are equipped with a 1/2 horsepower motor, the most powerful in any home dishwasher. Other dishwashers have as little as 1/7 horsepower. And the KitchenAid motor is backed by a 5-year warranty. If the motor should fail, it will be replaced at no cost to you during the first year; you'd be charged only for labor during the next four years.

2. Is the wash water filtered?

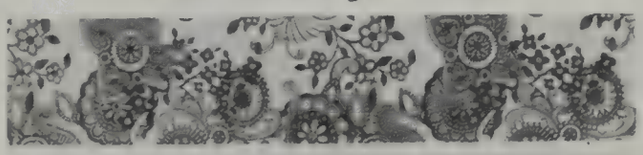
A surprising number of dishwashers don't filter the wash or rinse water. Lack of a filter means that food soil can be put right back on the plate it was washed from.

KitchenAid has a stainless steel filter, which filters water constantly during the wash and rinse cycles.

3. Will it handle everything I have to wash?

A number of factors determine this. First, the shape of the racks. Obviously, a square rack will hold more dishes than a round rack, because it utilizes corner space. KitchenAid has fully usable square racks. In some KitchenAid models, the top rack adjusts to 9 different positions. Lower it. Raise it. Or tilt it to make room for big things in both racks.

Adjustable dividers in the top rack hold glasses securely in place, fold flat for larger items.



4. How does it dry?

Cheaper dishwashers use only a heating coil at the bottom of the wash chamber and literally bake dishes. The drying is uneven, and there is always the risk of damaging fine dinnerware.

KitchenAid uses a heater and a fan located outside the wash chamber to circulate warmed air gently and evenly over the dishes for safe, thorough drying.

5. Who makes the dishwasher?

Some dishwashers aren't even made by the companies who sell them. But KitchenAid dishwashers are made and sold by The Hobart Manufacturing Company, the oldest (over 80 years) and largest maker of commercial dishwashers.

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cheese mixture for large tortillas.) Fill the tortillas firmly around the filling and lay open side down in a greased shallow baking pan that is about 8 by 15 inches. (At this point, you can cover and refrigerate.) Melt remaining 2 tablespoons butter and brush on all exposed tortillas. Bake in a 375° oven for about 15 minutes, or until tortillas are lightly browned. (Allow 20 to 25 minutes if refrigerated.) Cut large tortillas in half before serving. Garnish with cherry tomato halves and serve at once. Makes 4 servings.—*E. M., Los Angeles.*

Curried fish dinner

For this family meal, an Indian-style sauce goes over broiled fish. It's served with typical curry condiments.

Curried Lingcod
Chopped Hard-Cooked Eggs **Raisins**
Roasted Cashews **Chutney**
Sliced Cucumbers
Buttered Asparagus
Fruit or Berry Pie

Choose a pie from the freezer case, if you wish, and bake it ahead to free the oven for broiling the fish before dinner. For condiments to make about 4 servings, chop 3 eggs; put eggs, raisins, and about ⅔ cup *each* chopped cashews and Major Grey-type chutney in separate bowls. Also peel and slice 1 cucumber.

Curried Lingcod

- ½ cup (¼ lb.) butter or margarine
- 1 cup *each* finely chopped onion and green pepper
- 2 tablespoons curry powder
- ½ teaspoon ground ginger
- 2 tablespoons brown sugar, firmly packed
- 3 tablespoons lemon juice
- ¼ teaspoon liquid hot pepper seasoning
- 2 tablespoons water
- 4 lingcod or halibut steaks, cut about 1 inch thick (about 2 lbs.)
- 4 thin lemon slices
- 1 carton (8 oz.) yogurt

In a 10-inch frying pan melt the butter over medium high heat and sauté the onion and green pepper until onion is golden, about 20 minutes. Stir in the curry powder and ginger and cook 1 minute more. Stir in the brown sugar, lemon juice, hot pepper seasoning, and water and remove from heat.

Wipe the fish and pat dry. Push the onion and peppers to one side of the pan and use a pastry brush to coat all sides of the fish with the liquid in the curry mixture. Arrange fish on a rack in a broiling pan; broil 6 inches from the heat for 12 to 15 minutes or until it flakes readily with a fork. Transfer to a serving platter and garnish with lemon slices. Meanwhile turn yogurt into a saucepan; stir in remaining curry mixture; reheat, but do not boil. Pour into a bowl to serve with fish. Serves 4.

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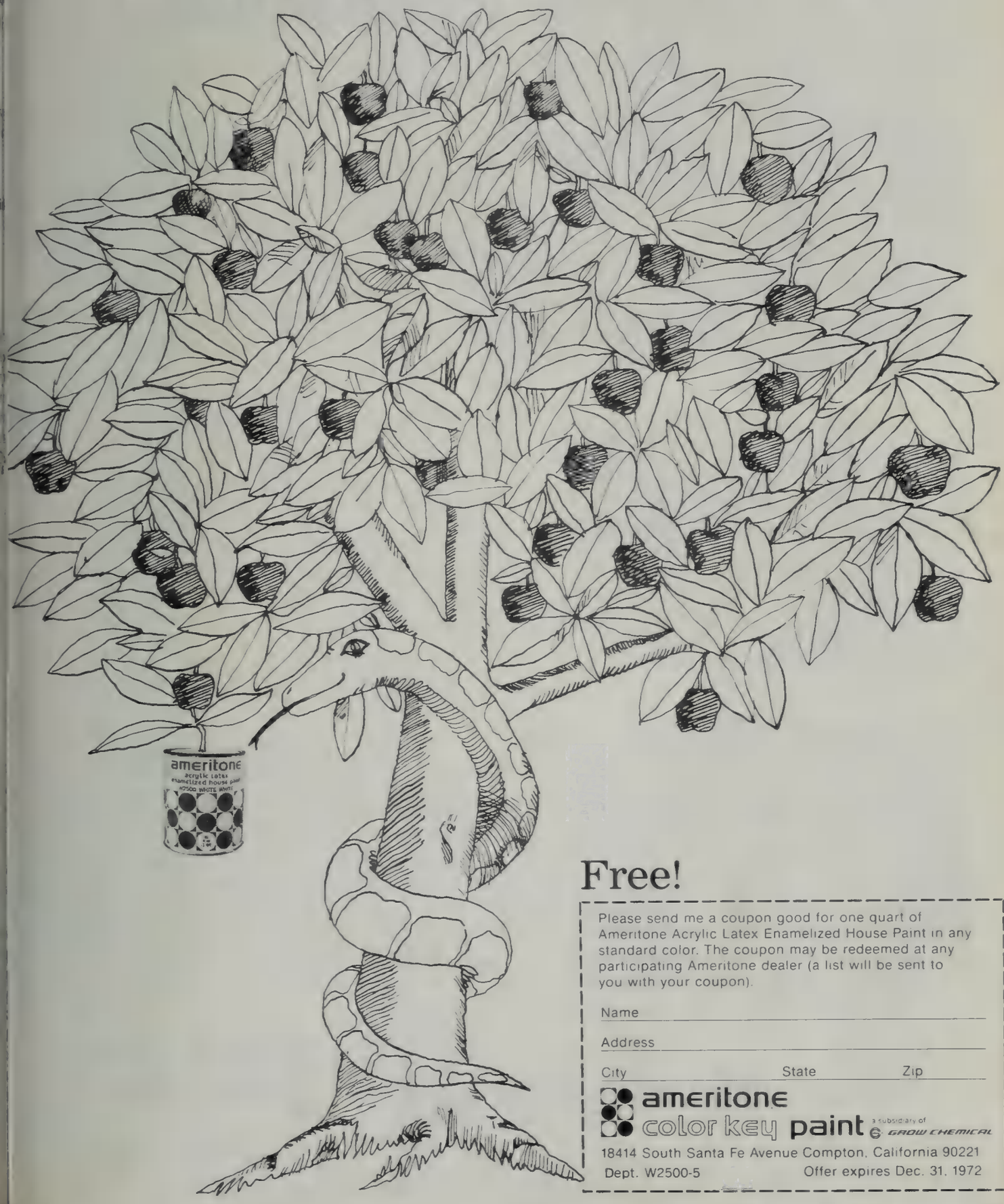

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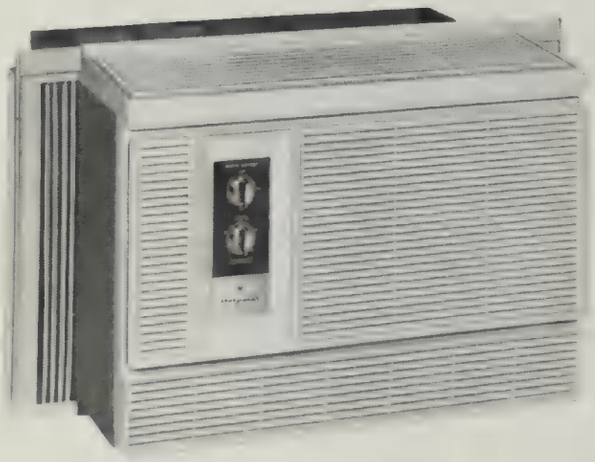

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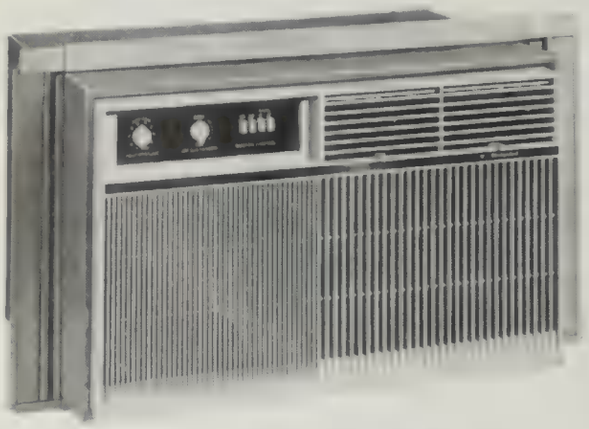

Model AHJQ 310AB **$208.00***
This Hotpoint Deluxe air conditioner provides 9,700 BTU's of cooling capacity. Its 10-position thermostat meets a wide range of cooling needs. And a special ventilation control opens to exhaust stale air; closes to recirculate clean, filtered room air. It also has Quick-Mount panels that make installation simple. Plus a washable, reusable air filter.

Model AHLR 418BA **$299.95***
This beauty is our Hotpoint Heritage. It comforts with big 18,000 BTU/HR cooling and it's styled with an off-white decorator design.

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DARROW M. WATT

Crisp *fried trout has tangy sauce that's laced with vegetables*

Chinese fried trout are crisp, sweet-sour

A Chinese way of cooking fish is delicious with Western trout. The fish is crisply fried and served with a vegetable-filled sweet-and-sour sauce.

Although not essential, a wok is a convenient utensil for cooking this dish; with this round bottomed pan, you'll need less oil for frying.

Sweet-and-Sour Trout

Prepare about 1½ pounds trout (6 small or 3 or 4 medium-sized). Cut 3 slanting gashes almost to the bone on each side of cleaned fish; rub all over and inside with soy sauce. Roll each fish in cornstarch to coat all over and inside the gashes; shake off excess starch and place the fish on a rack.

Make sweet-and-sour sauce. In a small pan blend 1 tablespoon cornstarch with 3 tablespoons sugar. Gradually stir in 3 tablespoons red wine vinegar until smooth. Then stir in 1 tablespoon *each* soy sauce and chile sauce (or catsup) and ½ cup chicken broth. Heat, stirring, until it boils and thickens; cover and keep warm.

For vegetables, grate 1 teaspoon fresh ginger root, coarsely shred 1 large carrot, cut ½ green pepper in thin slivers, and coarsely chop 1 small onion. Heat a wok or 10-inch frying pan directly over high heat. Put in 2 tablespoons salad oil; when it's hot enough to ripple when the pan is tipped, put in the ginger, carrot, green pepper, and onion. Stir and fry for 1 minute. Add ⅓ cup frozen peas, if you wish (bang the package to separate peas); stir and fry for 30 seconds. Add vegetables to the pan of sauce, then recover pan and continue to keep warm.

To fry fish, if you use the wok, clean it then cradle in a ring stand for safety; pour in salad oil to about 1 inch deep. Or fill a clean 10-inch frying pan with oil to about ½ inch deep. Heat either pan directly over high heat until temperature of the oil is about 360° on a deep fat frying thermometer (a piece of bread browns in about 40 seconds at that temperature).

Fry part of fish at a time, gently moving them in pan and turning as needed until evenly crisp and brown all over, about 3 to 5 minutes. As they finish cooking, remove fish to a warm serving plate; keep warm. Serve with the sweet-and-sour sauce. Makes 3 or 4 servings. □

DARROW M. WATT

Countertop *microwave oven is designed to fit neatly between upper and lower cabinets*

Top. *Four-pound rolled beef roast from refrigerator to table in about 45 minutes*
Bottom. *Frankfurters in buns—steaming hot in 1 to 2 minutes*

The new small microwave ovens ...what they will and won't do

Some Westerners watched the first amazing demonstrations of electronic cooking more than a score of years ago. But this year for the first time most manufacturers of major home appliances will offer a small portable microwave oven that sells for less than $450.

Because microwaves have not been widely used in homes, questions are sometimes asked about their safety. But there's nothing to fear from a microwave oven in normal use. One expert has said that being injured by a microwave oven is as likely as getting skin tan from moonlight.

Indications are that an increasing number of *Sunset* readers are considering adding this unique cooking device to their kitchens. To help you decide whether or not to buy a microwave oven, *Sunset's* home economists have been using them in their own homes. Here are some of their findings:

Some foods cooked with microwaves look or taste a little different than when cooked in the conventional manner. Vegetables retain brighter color and more intense flavor than when they are boiled in water. Beef-roasts brown less and have a slightly different texture. As the cook, you will need to think and proceed in some new ways to make maximum use of a microwave appliance.

Microwave cooking is fast. It's true that a bacon slice cooks crisp in a minute or two, and a potato bakes in four to six minutes. But these brief times needn't inhibit a relaxed, creative approach to cooking. You do retain control what you cook: Opening the door s off the unit; you can stir, turn, co and uncover food with ease. You readily watch the action through door, hear the sizzle, and sniff the miliar aromas.

Whether you cook for one or a do a microwave oven can save you tim thaws frozen foods fast, shortens co ing time, and reheats leftovers qui with little flavor loss—a boon to fam with erratic eating schedules.

To understand what a microwave can do, you need to know somet about how it works. The cooking p ciple is totally different from con tional methods that depend on exte heat. Microwave ovens have a ma tron tube that generates electromagr waves. These waves are either reflec transmitted, or absorbed. Metals re them. Glass, paper, and most pla transmit them. Food absorbs mi waves. Microwaves enter food cause its moisture molecules to vib rapidly; the friction created result heat energy, which cooks the food.

Since there is no external heat invol a microwave oven requires no preh ing. A timer is the only control you The time required to cook depends four factors: the temperature of the f when you put it in (frozen, refrigera or room temperature); its density;

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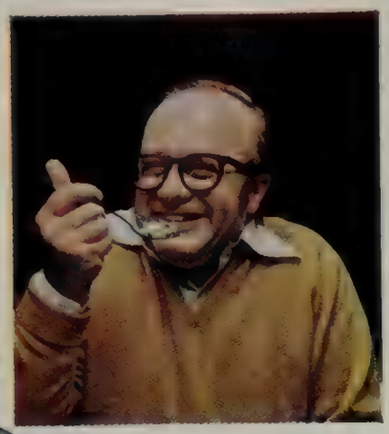

"Boy, do I love vegetables!"

"Open wide, Joey, here comes the ca-
oose!!
"ChooChooChooChoo ChooChooChooChoo."
Oh, the things mother had to go through to get your
nan to eat his vegetables when he was a boy.
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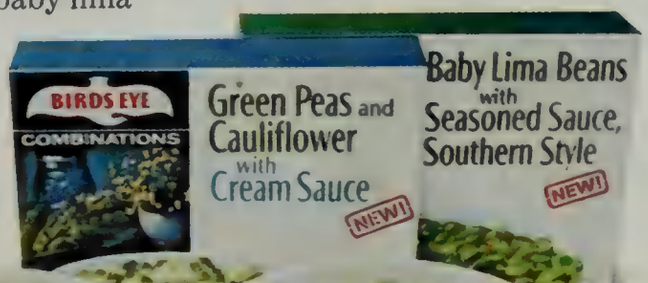

Two new vegetables mother never had.

GF
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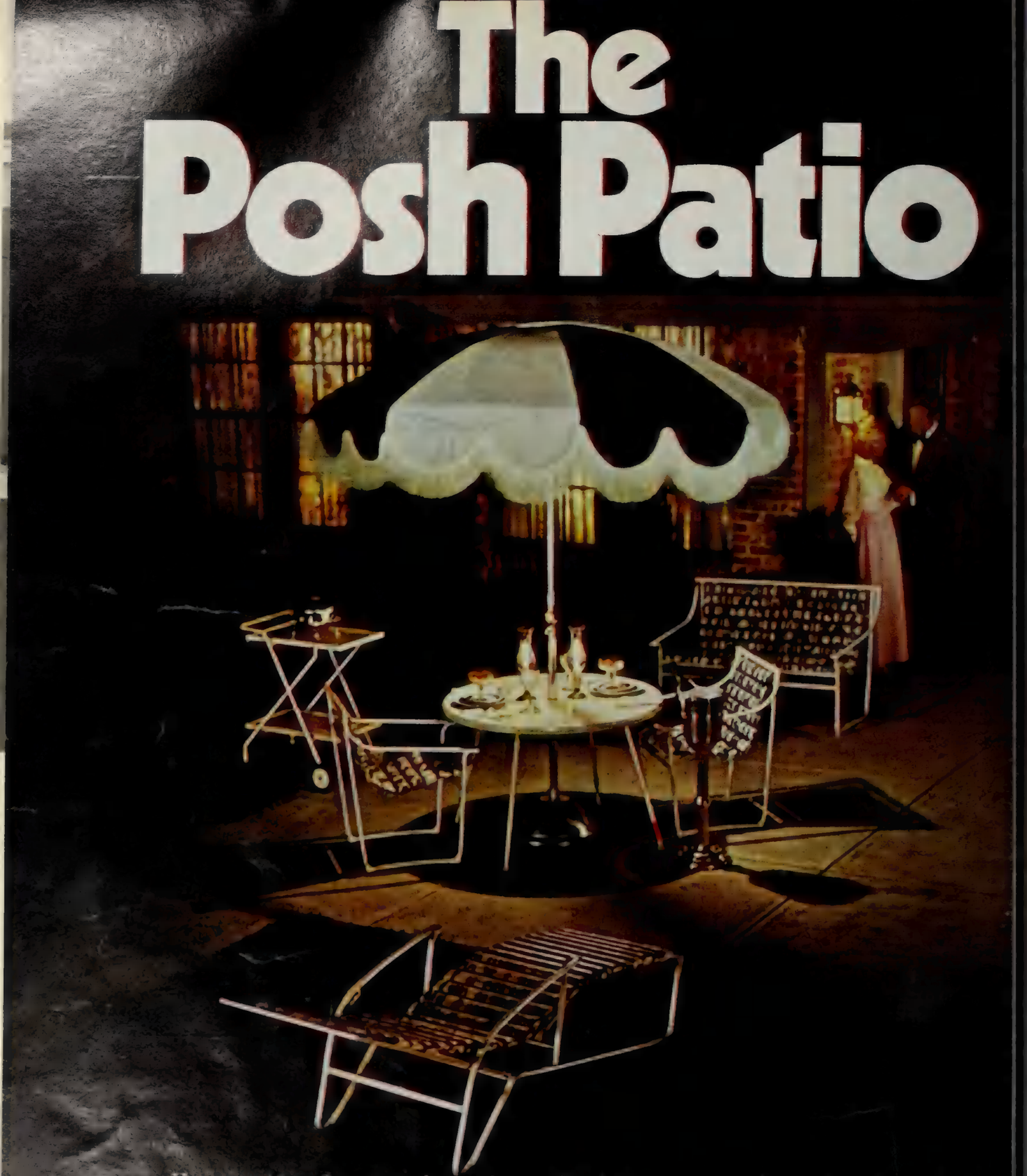
The Posh Patio



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ture content; and how much food put into the oven at one time (the e potatoes, for example, you bake nce the longer the cooking time).

ice of utensils for microwave cook- depends on whether or not they re- microwaves. Do not use metal uten- of any kind; food would not cook ly, and metal can damage the mag- on tube. Instead, use materials that smit microwaves, such as glass, a with no metal trim, or paper.

s lids, plastic film, paper, or plates used to cover food; string or rubber ls can be used as fasteners, but do use metal twists.

y foods can be heated directly in r serving dishes: soup in bowls or a en, coffee in cups, or a whole meal a dinner plate. Microwaves pass ugh materials like glass or paper out heating them, but when the food le becomes hot, some heat is con- ed back into the dish.

n you cook with microwaves, pres- builds up rapidly. Foods cooked in r own skins (such as potatoes) ld be pierced first to allow steam to pe. Eggs should not be cooked in r shells—they might explode.

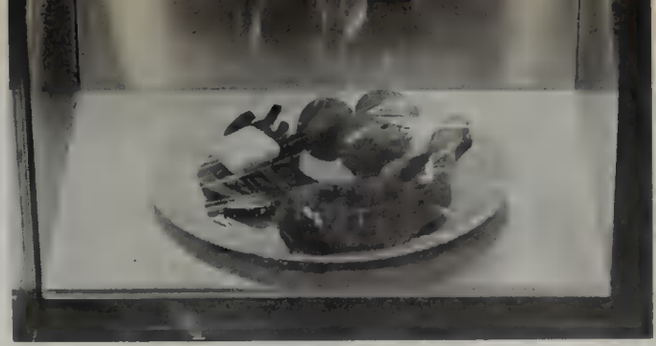
microwaves penetrate food, a small unt of power is lost to each suc- ive layer of molecules in the food; outside cooks somewhat more than inside of the food similar to con- tional cooking. Covering the food le cooking, rotating the cooking dish, ing, and allowing the food to stand re serving helps to distribute the t evenly.

most common type of microwave ns available today are the countertop dels resembling portable television in size and outside appearance.

hough some of their features vary (at t one model has a built-in browning nent), all are similarly designed and petitively priced. Usually weighing than 95 pounds, these compact units be moved from room to room or n out-of-doors; some have stands h wheels. Microwave ovens require special installation procedures, ex- t for the important proviso that they st be plugged into grounded 115 or)-volt electrical outlets.

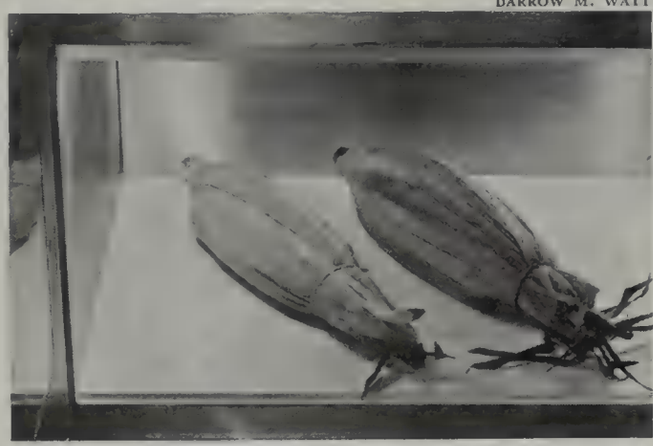
o available are built-in units and free- nding ranges. Some of the latter have ovens, one of which is microwave. least one major manufacturer makes ange with a single large oven that can used for either microwave or con- tional cooking.

microwave ovens now must meet ngent safety requirements that in- de at least two separate interlocks t shut off the energy whenever the r is opened. Special door construc- n reduces the potential for injury



Dinner for one. *Cooked chicken leg, potatoes, green beans will reheat on plate in 2 minutes*

DARROW M. WATT



Cook corn *on the cob in husks (secure with rubber bands) in 3 to 4 minutes*

from radiant energy leakage to a level considered negligible.

Most microwave ovens come with a helpful use and care guidebook, which includes basic cooking directions and recipes. Scanning these booklets will give you some idea of the wide variety of foods that can be cooked this way.

Although microwave ovens can't do every cooking job and may not do some others as well as your present appliance, it does thaw, heat, and cook a surprising variety of foods very well.

Meats. The microwave oven thaws frozen meats, fish, or poultry quickly; a pound of frozen ground beef can be ready to shape into patties or meat balls in 15 or 20 minutes. It does a good job cooking larger cuts of meat such as a 4 to 5-pound beef roast or a turkey; cooking times are long enough to achieve good browning with most units.

In a microwave oven you can't duplicate the good, flavorful browning on steaks and chops that can be done with a barbecue, broiler, or frying pan. But if you want cooked chicken or fish for a salad or sandwiches the microwave oven does it very well, neatly, and fast. And you can heat a chilled frankfurter tucked in a bun in about a minute, or reheat servings of any cooked meat or whole meals evenly and quickly.

Vegetables. Fresh vegetables cook right in their serving dish in little or no water, and retain all their bright color and fresh flavor. Corn on the cob, cooked right in the husk (see photo above), is a new taste experience. Whole vegetables such as potatoes, tomatoes, and small squash cook quickly, but their skins must first be pierced.

Thaw and cook frozen seasoned vegetables in their plastic pouches (pierced first). Or empty the package of frozen vegetables into a serving dish to thaw and cook with microwaves.

Baking. You can successfully bake the dark cooky and cake batters, such as those with chocolate, molasses, or spices, in a microwave oven, as well as upside-down cakes and other cakes you plan to frost. But you will still do most of your baking in a conventional oven to obtain good browning and to bake such things as angel food cake, popovers, and soufflés that depend on air for leavening.

Fresh herbs. Fresh herbs can be quickly dried in a microwave oven. Rinse sprigs well and place on a paper towel. Cover with another paper towel. Heat about 3 minutes. Let stand uncovered on a wire rack until completely dry. Discard stems and store leaves in a covered container.

Other Uses. You can quickly and neatly accomplish many small jobs with a microwave oven. You can melt butter in a custard cup or glass serving container, or chocolate in its own paper wrapper; dissolve softened gelatin in a glass measuring cup; scald milk for yeast breads and custards in the glass measuring container; soften ice cream in its paper or plastic carton to make it easy to scoop; heat or freshen breads.

Many foods can be quickly heated in their own glass containers (remove metal lids first). These include syrups, honey, molasses, ice cream toppings, baby foods —even baby bottles. □

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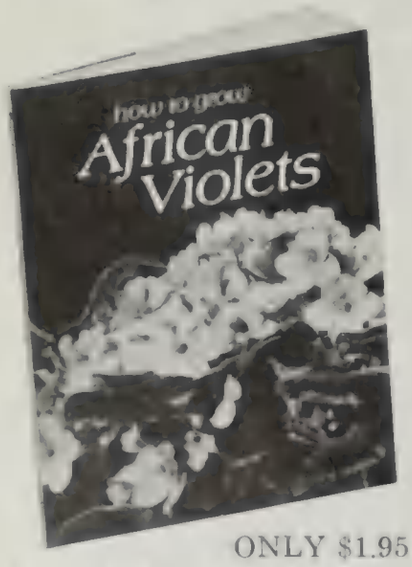

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DARROW M. WATT

Spread *raisin-studded wedges with butter, comb honey*

Stone-ground whole wheat, shredde carrot, and lots of raisins

Those who believe that bread should have the heft and flavor of whole grains will delight in this hearty loaf. It combines the nutlike quality of stone-ground whole wheat flour with the mild sweetness of honey. And the raisins and carrot make the bread pleasingly moist and interesting.

It takes more time to make this whole wheat bread than a bread made with all-purpose flour. Since the stone-ground whole wheat flour is coarser and heavier, you must knead the dough for 10 to 15 minutes to produce loaves with an even texture. Each rising also takes longer.

Carrot Wheat Bread

- 1 package active dry or compressed yeast
- ⅓ cup warm water (lukewarm for compressed yeast)
- 2 cups milk, at room temperature
- 5 tablespoons melted butter or margarine
- 2 teaspoons salt
- ½ cup honey
- About 6½ cups stone-ground whole wheat flour
- 1 cup finely shredded carrot
- 1 cup raisins

Dissolve the yeast in water in a large bowl. Add the milk, 3 tablespoons of the butter, salt, and honey. Gradually s 5 cups of the flour to make a soft d stir in the carrot and raisins. S about ¾ cup of the remaining flo a board, turn out the dough, and k until dough is elastic and not stick to 15 minutes; sprinkle additional on the board and your hands as n to prevent sticking. Place dough greased bowl, turn over to greas top, cover with a towel, and let ris warm place until almost doubled, 3 hours.

Punch down dough and squeeze release air bubbles; divide it in equal portions. Knead each for abo seconds on a lightly floured boar shape into a smooth, round loaf. each loaf on a greased cooky Cover and let rise until almost dou about 1 hour.

Brush tops with the remaining 2 spoons butter. Bake in a 350° ove about 30 minutes, or until browne the loaves sound hollow when ta Let cool on racks. Wrap airtight; at room temperature as long as 3 Freeze for longer storage. Mak loaves.—*J. V., Palo Alto, Calif.*

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Portuguese bread . . . lemony fragrant

The Portuguese make a golden, sweet yeast bread that is excellent to serve for a leisurely weekend breakfast or brunch. It's rich with eggs and has a delicious lemony fragrance.

Our Portuguese sweet bread recipe makes one impressive large loaf like the one shown above, generous enough to serve a dozen guests. The dough is soft so it conforms well to the planes of a decorative mold. You can bake it in any fancy baking pan that holds about 2½ to 3 quarts (such as a kugelhof or bundt pan), in a regular 10-inch tube pan, or even in a large salad mold.

If you prefer, make two smaller loaves; have one for the family right away and freeze the other. Or, use the recipe to make 24 buns.

Serve the bread warm, cooled, or reheated. To reheat the bread (thaw if frozen), wrap in foil and place in a 300° oven for 20 to 25 minutes (about 15 minutes for a dozen buns).

If you wish, dust the loaves with powdered sugar before serving; serve with or without butter.

Portuguese Sweet Bread

- 1 small baking potato, peeled and cut in thick slices
- About 1½ cups boiling water
- 1 tablespoon *each* milk and butter or margarine
- 1 package active dry yeast
- ⅓ cup sweetened, condensed milk
- ¾ cup sugar
- ¼ cup (⅛ lb.) melted butter or margarine, cooled to lukewarm
- 3 eggs, lightly beaten
- ½ teaspoon ground mace or nutmeg
- 1 teaspoon grated lemon peel
- About 8 cups regular all-purpose flour (unsifted)

Cook the potato in the boiling water until very soft, about 20 minutes. Drain potato, reserving ¾ cup of the cooking water; cool to 105°. Mash or beat potato until smooth, then measure ½ cup. To the ½ cup mashed potato add the one tablespoon *each* milk and butter.

In a large bowl soften the yeast in the ¾ cup cooled cooking water for 5 minutes. Stir in the condensed milk, sugar, the melted butter, eggs, mace, lemon peel, and the potato mixture.

With a wooden spoon, gradually beat in about 4½ cups of the flour. Spread maining ½ cup flour on a board turn out dough on it. With floured ha knead dough, adding flour as neces to keep from sticking, until it is smo Let rise, covered, in a greased bowl almost doubled, about 45 minutes.

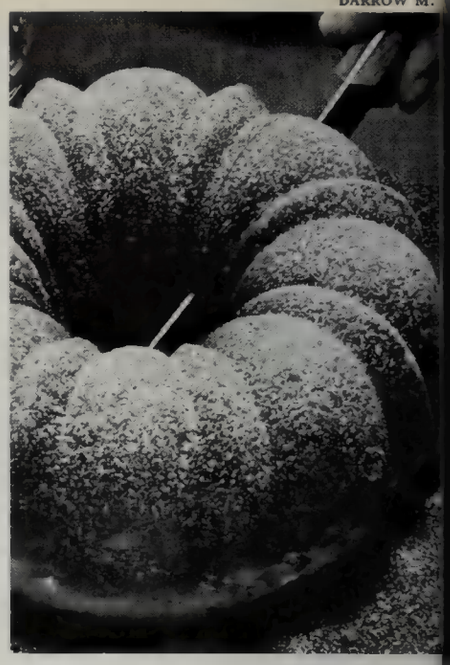
Turn dough out on a lightly flo board and knead two or three ti Shape and bake as directed be Makes 1 large or 2 smaller loaves o buns.—*F. M., Morgan Hill, Calif.*

For one large loaf, butter and dust flour a 10-inch tube pan or a 2½ t quart mold. For a tube pan, roll do into a 16-inch-long rope and win into the pan so that the ends meet; p ends to seal. For a tubeless pan, sl dough into a ball with a smooth rou top and set smooth side down in pan. Cover and let rise until almost bled, about 45 minutes. Bake in a oven until well browned and bread gins to pull away from pan sides, a 50 minutes for tube pans, 60 min for tubeless pans. Cool 10 minute the pans, then turn out on wire rac

For 2 small loaves, butter two 9 b inch loaf pans or 1½-quart molds dust with flour. Divide dough in and shape into loaves or balls; plac pans. Cover and let rise until al doubled, about 30 minutes. Bake 325° oven until well browned breads pull away from pan sides, al 40 minutes. Cool as for large loaf.

For sweet bread buns, divide dough 24 equal portions. Shape each por into a smooth ball. Place balls on a li ly greased cooky sheet about 3 in apart. Or place balls in buttered flour-dusted muffin pans. Cover an rise until almost doubled, about 20 utes. Bake in a 400° oven for 15 min or until browned.

DARROW M.



Portuguese *sweet bread cuts to serve 12*

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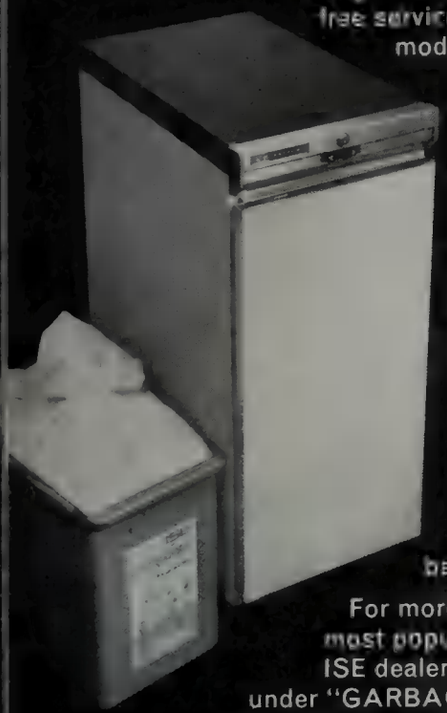

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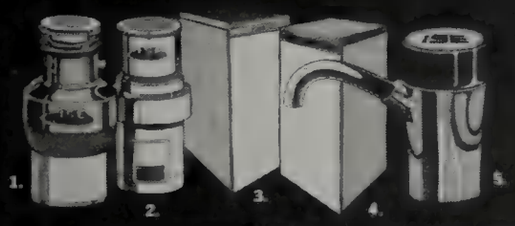

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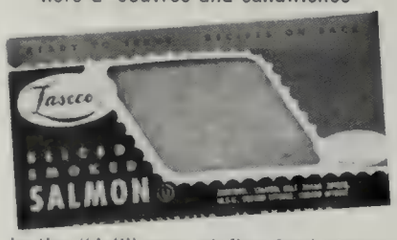

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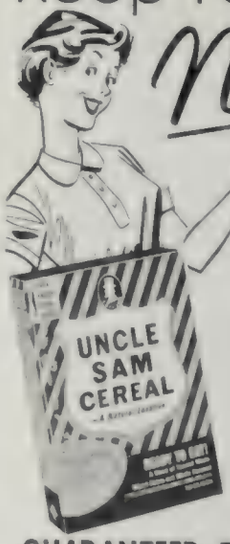

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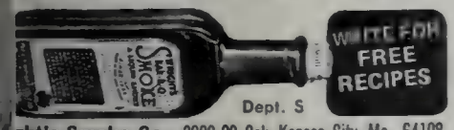

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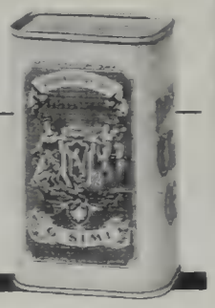

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FEATURED BY
Orsi Ristorante
375 Bush St., San Francisco

Quick **Cheese Recipes** from STELLA

POPPY-CHEESE BAKED SANDWICHES
(Makes 6)

- ½ cup soft butter or margarine
- ¼ cup minced onion
- 2 tbsp. prepared mustard
- 1 tbsp. poppy seeds
- 6 hamburger buns, split
- ½ lb. shredded STELLA FONTINELLA ITALIAN SHARP or KASSERI cheese
- ½ lb. (6 slices) boiled ham or salami

Mix butter with onion, mustard and seeds. Spread cut surfaces of buns with the butter-mixture. Put together with cheese and boiled ham slices. Wrap each sandwich in foil and place on a cooky sheet. Heat 15 minutes in preheated 350° (moderate) oven.

For more delicious Quick Cheese Recipes write:
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DARROW M. WATT

Dip *fresh whole strawberries in orange-scented creamy sauce for a light spring dessert or refreshing afternoon snack*

It's strawberry time. Here are dipping, nibbling, topping ideas

Celebrate the peak of the strawberry season by presenting berries in new ways. Here are some simple treatments that offer variety.

The sauce pictured above can be used as a dip or poured over whole or sliced strawberries or fresh raspberries in small bowls. Serve the cheese and strawberry tray when guests can conveniently help themselves, such as after a small dinner party. The combination of hard sauce and strawberries makes a fine topping for waffles or hot biscuits to offer for brunch or as a simple dessert.

Strawberries with Sour Cream Sauce

Mix until smooth 1 carton (8 oz.) sour cream and ½ cup sifted powdered sugar; stir in 2 tablespoons lemon juice and 3 tablespoons orange-flavored liqueur. Cover and chill. To present as a dip pour the sauce into a small bowl and surround with about 2 boxes unhulled strawberries. Or pour about 2 tablespoons of the sauce over each serving of whole or sliced berries. Serves about 8.—*K. K., San Diego.*

Strawberry and Cinnamon Cheese Tray

Mix 2 tablespoons firmly packed brown sugar and ½ teaspoon ground cinnamon on a plate. Just before serving, turn 1 large package (8 oz.) cream cheese at room temperature in the sugar mixture to coat all sides. Arrange on a tray with about 2 boxes unhulled strawberries and 2 dozen hard, mildly sweet cookies such as Petit Beurre (butter biscuits). To serve, spread cheese on cookies and eat with the whole berries. Serves about 8.

Strawberries with Hard Sauce

In a small bowl beat 6 tablespoons sweet (unsalted) butter until creamy. Gradually add 1 cup sifted powdered sugar; beat until smooth and fluffy. Stir in 2 tablespoons rum or ¼ teaspoon rum flavoring; refrigerate if made ahead. Serve at room temperature. Hull and slice 1 box strawberries; sweeten to taste with about 2 tablespoons sugar. Serve the sauce and berries each in a small bowl. Spread the sauce on hot waffles or biscuits, then top with berries. Makes about 4 servings. □

UNCLE BEN'S QUICK Ri will deligh your weeken gypsie

As the spring days grow warme longer, many Western families are ing into the car or camper for wee outings. Good food is always part fun, and while no one is likely to plain if you offer hamburgers or cuts, why not consider a salad supp a change?

This one combines UNCLE BEN'S Rice, canned Cling Peaches and ha creamy sweet-sour dressing. It's so fying all you need with it are b sliced tomatoes, and a frosty pitch iced tea.

You can cook the rice and pu salad together the night before, tote it along in the camper refrige or any well insulated container.

UNCLE BEN'S QUICK Rice is the fect rice for make-ahead dishes be it's real rice, not instant. It cooks up rate and fluffy in only five minutes retains all the flavor of regular grain rice.

Popular canned Cling Peaches your salad an authentic Western f The golden, firm-fleshed cling canned exclusively in California an one of the state's proudest crops.

Even though this salad travels w would be equally welcome for a rel evening meal on the deck or patio

Vagabond Supper

2 cans (16 oz. each) CLING PEACH HALVES
Water
4 cups UNCLE BEN'S QUICK Rice
1 tsp. salt
3 cups julienne strips of cooked ham
½ cup thinly sliced celery
¼ cup sliced green onions (use part of top
Sweet-Sour Dressing (recipe follows)
Salt optional
Lettuce

Drain peaches, reserving liquid. Dice all peach halves, reserving remaining halves. M peach liquid; add water to make 3 cups. S liquid and the 1 tsp. salt in a large sauce pa to a vigorous boil. Simmer, covered, a minutes.

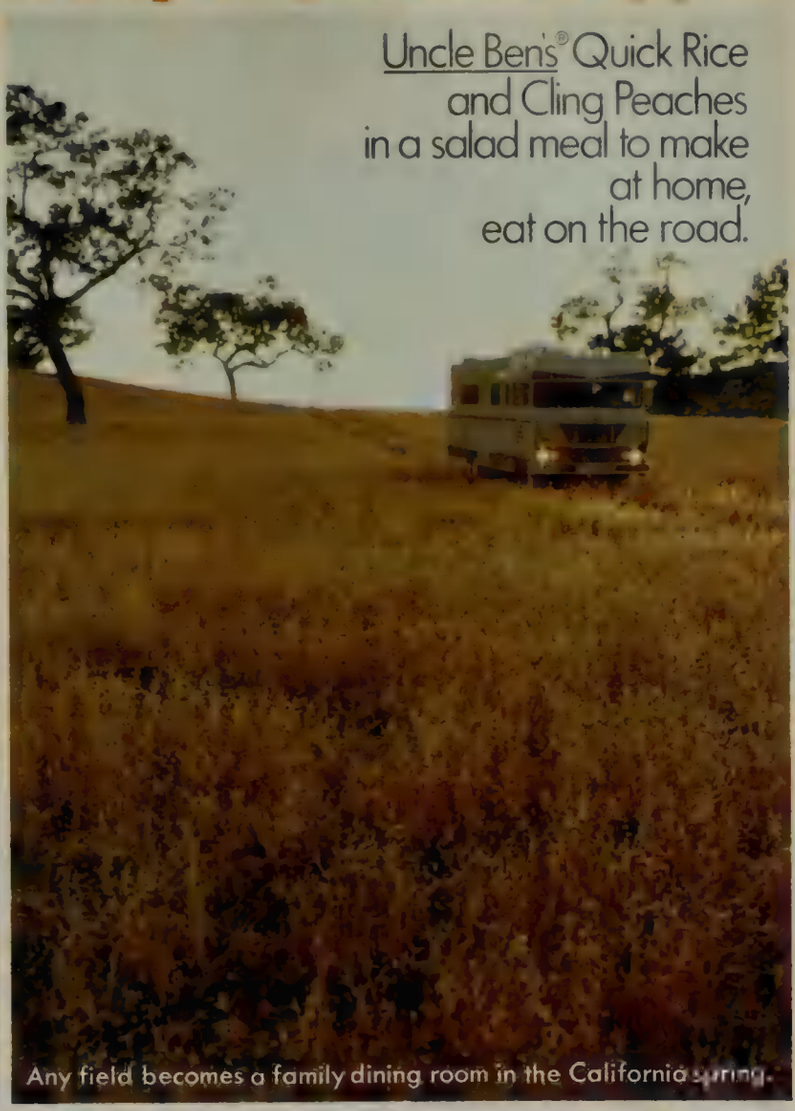
Chill rice, then fluff with a fork. In a larg lightly mix the chilled rice with about 2 cups ham, the diced peaches, celery, onions, and ing. Taste, and add salt, if needed. Cover a until ready to serve. Mound the salad on a plate lined with lettuce. Top with reserve strips and cling peach halves. Garnish with tional sliced green onions. Makes 6 serving

Sweet-Sour Dressing Mix until smooth ½ c mayonnaise and sour cream; ¼ cup coars chutney or orange marmalade (if marma used, add ¼ tsp. ground ginger); ½ tsp. e mustard and curry powder; and a dash ca

This recipe is included with "UNCLE BEN'S Gold Recipes." For a free copy of all recipes, se name, address, and zip code to Golden West Box 19480, Houston, Texas 77024

Saturday Vagabond Supper

Golden-fleshed peaches, ham slivers, complement the snowy rice.



Uncle Ben's® Quick Rice and Cling Peaches in a salad meal to make at home, eat on the road.

Any field becomes a family dining room in the California spring.

All the cooking was done at home, so Mom can relax and be a gypsy, too.

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Come back to your senses. Sunkist.

From soy beans comes miso for soup or salad or chicken

ese cooks have devised countless to use soybeans. It's a fact that is overlooked because some strik- different substances, made from ans, are widely used as recipe in- nts. Examples are soy sauce, tofu curd), and miso.

is a nondescript brown paste that butes distinctive maltlike flavor to Japanese dishes. Prepared by a ntation process of soy beans and t keeps almost indefinitely at room rature. It is a good source of pro- vitamins, and minerals.

Oriental grocery store, you'll prob- iscover half a dozen or more kinds so, ranging in color from almost to deep reddish brown. The flavors vary, particularly in saltiness and ness. Generally the more lightly d ones are milder in flavor. For recipes we suggest you buy a mild that's slightly sweet and lightly ; the market proprietor can prob- help you select it.

nost common way to serve miso is oth soups. This very simple soup good introduction to the flavor of It uses broccoli stems—you can the flowers for another vegetable Also you can substitute sliced car- or green beans for broccoli stems; in broth until just tender.

coli Stem Miso Soup

the tough outer layer off broccoli and discard; cut stems in thin . Combine in a saucepan 1 cup broccoli stems (or other vege- , 2 green onions (sliced), and t 2 cups regular-strength chicken . Heat to boiling and simmer until roccoli is just tender, about 5 min- Remove from heat and blend in 2 spoons light, mild miso and 1 tea- Sherry (optional). Return to heat until reheated, but do not boil. es about 4 servings as a first course. *I., San Francisco.*

makes an interesting low-calorie ing for crab salad.

Salad with Miso Dressing

the dressing, combine in a small 2 tablespoons light, mild miso, ½ oon sugar, ⅛ teaspoon dry mus- and 3 teaspoons rice wine vinegar hite wine vinegar). Stir over me- heat just until the sugar dissolves. ove from heat and blend in about 1 tablespoon water to make it about the consistency of thick French dressing.

For the salad, break 1 small head butter lettuce leaves into a salad bowl. Mix in ½ medium-sized cucumber, peeled and sliced, and 2 green onions, sliced (optional). Top with ¼ to ½ pound crab meat. Add dressing and mix lightly. Makes 4 to 6 servings.

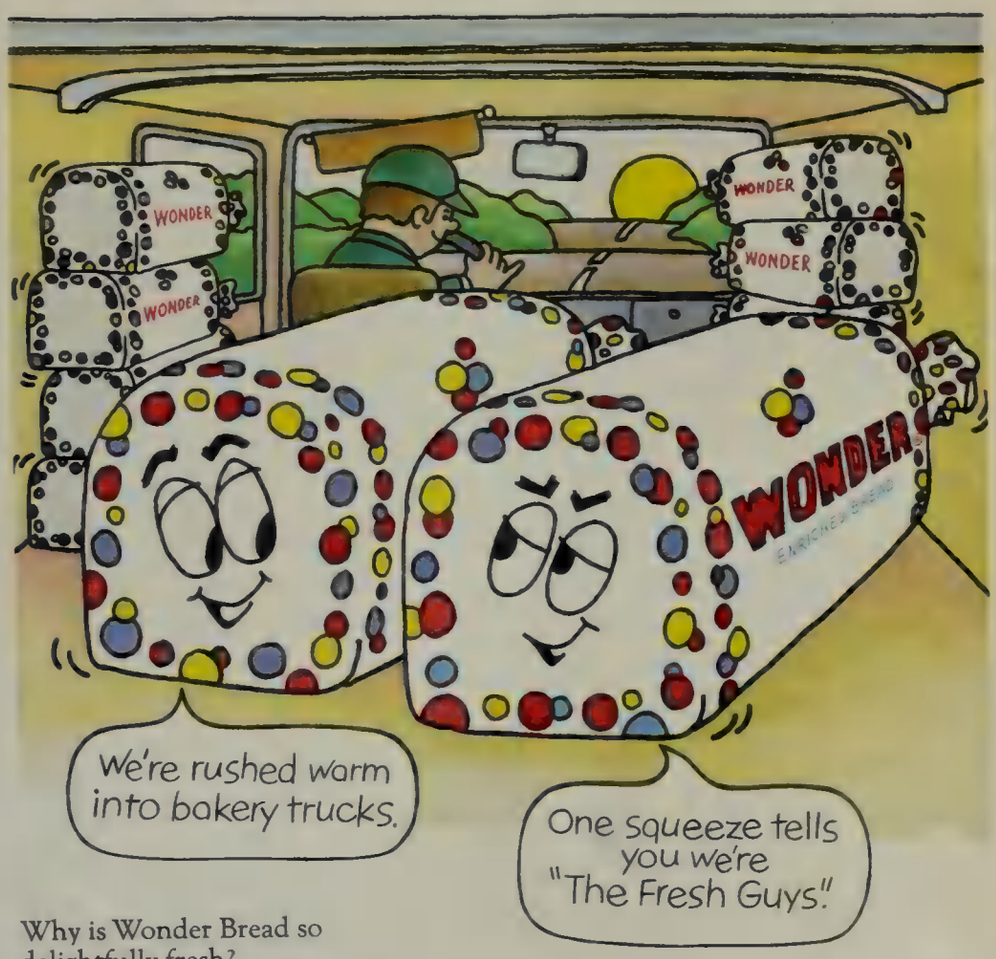
In this recipe a small amount of miso in the marinade adds subtle, but distinctive flavor to chicken.

Miso Chicken

In a bowl combine 1 tablespoon *each* light, mild miso and soy sauce with 2 tablespoons cider vinegar and ¼ cup dry Sherry or chicken broth; stir until blended. Put in 4 *each* chicken legs and thighs, turning until coated with the sauce; cover and marinate in the refrigerator several hours or overnight.

Remove chicken from marinade (save it); arrange chicken pieces in a shallow baking pan (about 9 inches square). Bake, uncovered, in a 425° oven for about 25 minutes. Remove from heat, turn chicken pieces over, pour over the marinade, and add ¼ cup sliced green onions (white part only). Continue baking, basting several times, until chicken is well browned and tender, about 20 minutes more. Serve sprinkled with some of the green onion tops, sliced. Makes 4 servings.—*A. J., Honolulu.* □

What makes Wonder Bread so fresh?



Why is Wonder Bread so delightfully fresh?
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Wonder helps build strong bodies 12 ways®

Geometry and sleight of hand with party sandwiches

A gracious way to entertain a small, casual group or a large, more formal gathering is to serve an afternoon tea.

Because preparing tea sandwiches can be tedious and time consuming, we offer a way to simplify the entire procedure. First you make assorted sandwich loaves, which you prepare and freeze up to a week in advance. Then, on the day of the tea, let the loaves partially thaw before slicing into individual sandwiches.

The success of these sandwich loaves depends on uniformly sliced bread. We found that best results are achieved with machine-sliced loaves and recommend that you order bread baked in square-ended (or Pullman) loaves from a bakery. You can have the bread sliced horizontally or vertically.

These recipes are designed for loaves about 15 inches long which, when cut about ¼ inch thick, yield about 40 vertical or 8 horizontal slices. To make the sandwiches easier to prepare, freeze the loaves of sliced bread first; then they can be neatly trimmed and are easier to spread. Package assembled loaves airtight, then freeze; the quality of the bread is unaffected by refreezing.

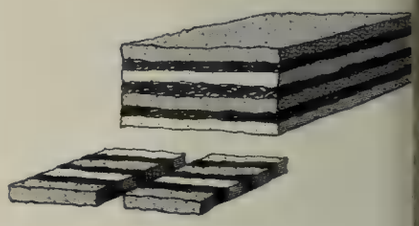
On tea day remove the sandwich loaves from the freezer. Unwrap completely and let them stand uncovered to partially thaw. (If the bread stands in the wrapper, it absorbs any moisture that forms, becoming soggy.) Then cut the loaves into individual sandwiches.

Arrange sandwiches attractively on serving trays and garnish with parsley or watercress; cover with clear plastic film and let thaw completely. You can refrigerate covered trays of sandwiches up to 3 hours before serving. Allow about four to six sandwiches for each guest.

Ribbon Sandwiches

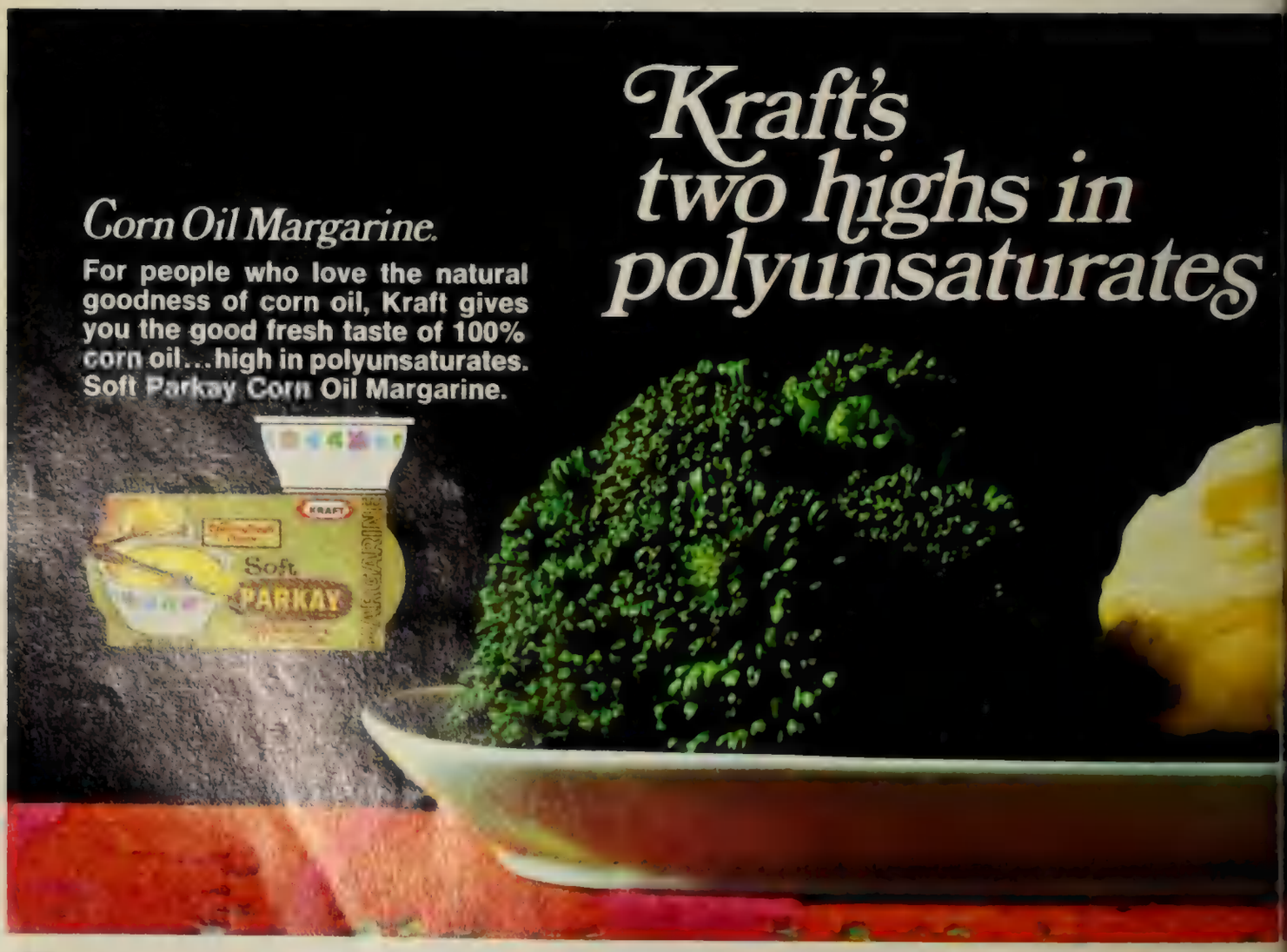
To make each four-layer ribbon loaf you will need 4 horizontally-cut slices of bread each about 15 inches long an inch thick. Use all white, all w wheat, or a combination of the Trim crusts from frozen slices, mal all identical in size.

While bread is still frozen, spread slice with about 4 teaspoons soft bu or margarine; then spread three of slices each with about ½ cup fil (recipes follow). You can use one fil or choose several, making colorful c



binations. Assemble loaf by stacking spread slices on top of each other; with the remaining slice of bread, tered side down. Wrap each loaf in package airtight and freeze.

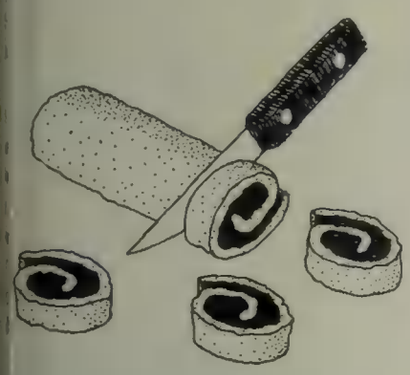
To serve, remove loaf from freezer. wrap and let stand until partially tha and just easy to cut, about 45 minu Cut vertically in ½-inch-thick sli then cut each section in half to m two sandwiches of 4 layers each. range on trays, cover, and let thaw c pletely, about 30 minutes. Makes at 60 small sandwiches.

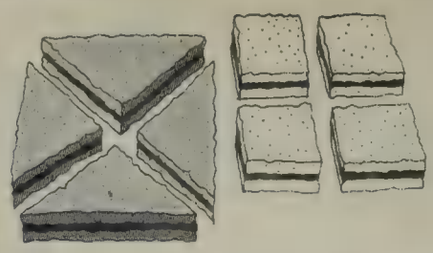


vheel Sandwiches

make two pinwheel rolls you'll l one horizontally cut slice of white vhole wheat bread about 15 inches , sliced ¼ inch thick. Trim crust ı frozen bread and spread slice with ıt 4 teaspoons soft butter or mar- ne; cover evenly with ½ cup any ıg (recipes follow). Cut the slice in crosswise and let stand until com- ely thawed, about 10 minutes. Roll ı section from one narrow end in a roll fashion. Wrap each roll in foil; kage airtight and freeze.

serve, remove rolls from freezer. vrap and let stand until partially ved and just easy to cut, about 40 utes. Place each roll seam side down, cut in ⅓-inch-thick slices. Arrange rays, cover, and let thaw completely, about 15 minutes. Makes 18 pinwheel sandwiches.





Triangular or Square Sandwiches

To make each large sandwich use two vertically cut slices of frozen white or whole wheat bread each ¼ inch thick. Trim crusts from frozen bread making slices uniform in size. Spread each with about 1 teaspoon soft butter or margarine; then spread 1 buttered slice with about 2 tablespoons any filling (recipes follow) and top with remaining bread slice, buttered side down. Wrap each in foil; package airtight and freeze.

To serve, remove sandwiches from freezer. Unwrap and let stand until partially thawed and just easy to cut, about 20 minutes. For triangular sandwiches, cut each large sandwich from opposite corners, making an X. For square sandwiches, cut a large sandwich in half, then in half again. Arrange on trays, cover, and let thaw completely, about 15 minutes. Makes 4 sandwiches.

Sandwich Fillings. All of these sandwich fillings freeze well. If made ahead, cover and chill; then let warm to room temperature before using.

Cheese and Chile. Blend 1 small package (3 oz.) softened cream cheese with 2 tablespoons mayonnaise. Stir in 1½ cups shredded sharp Cheddar cheese, 2 tablespoons chopped canned California green chiles (seeds and pith removed), and 2 tablespoons chopped green onion; blend well. Makes about 1½ cups.

Bacon and Chives. Cook 1 pound thinly sliced bacon until crisp; drain and crumble. In a bowl, blend 1 large package (8 oz.) softened cream cheese with ¼ cup milk, 3 teaspoons prepared horseradish, and 1 teaspoon Worcestershire; mix well. Stir in crumbled bacon and 2 tablespoons chopped chives until blended. Makes about 2 cups.

Shrimp and Green Pepper. Blend about 4 tablespoons (2 oz.) softened cream cheese with 1 tablespoon catsup and 1 teaspoon prepared mustard. Add ⅓ cup finely diced green pepper, 2 tablespoons finely chopped onion, and ⅛ teaspoon garlic powder; mix well. Drain 2 cans (4½ oz. *each*) small cooked and deveined shrimp; coarsely chop and gently stir into cheese mixture. Add salt to taste. Makes about 2 cups. □

Instant potatoes give you almost instant potato bread

This streamlined version of an old European recipe for potato bread makes two tender, even-textured loaves. Or you can make only one loaf and turn the other half of the dough into a moist coffee cake with a buttery sugar topping.

Using instant mashed potatoes simplifies the traditional recipe and assures a more uniform consistency to the dough.

An electric mixer lets you take advantage of a shortcut mixing method. Instead of dissolving the yeast in water, you combine it with some of the flour and the other dry ingredients, add the potatoes and liquid, then beat well. Once most of the flour has been beaten into the mixture, little kneading is required to develop a smooth, elastic dough that is easy to handle.

Although the potato contributes no readily detectable flavor, it does give a pleasant aroma and moistness to the bread and helps to keep it fresh tasting for several days. For longer storage, wrap the loaves or coffee cake airtight and freeze.

Quick Potato Bread

- 1 package active dry yeast
- About 4 cups regular all-purpose flour (unsifted)
- ¼ cup sugar
- 2 teaspoons salt
- Instant mashed potatoes (amount for 2 servings)
- ¾ cup milk
- ¼ cup melted butter or margarine
- 2 eggs

In a large bowl of an electric mix together the yeast, 1½ cups of the sugar, and salt. In a saucepan pre servings of instant mashed potato cording to package directions usi amounts of water, milk, butter, ar called for on the package. Then the ¾ cup milk, the ¼ cup melte ter, and eggs; stir until well blended potato mixture to the dry ingre and beat for 2 minutes at medium scraping the bowl occasionally. A more cup of the flour and beat a dium speed for 2 minutes longer. a spoon stir in 1 more cup of the to form a stiff dough. Sprinkle ¼ cup of the remaining flour board; turn out dough and knea about 4 minutes, until dough is sr and elastic, adding more flour if n to keep dough from sticking.

Place dough in a greased bowl, turn to grease top, cover, and let rise warm place until double in bulk, 1½ to 2 hours. Dust hands with and punch down dough; divide i equal parts.

To shape standard loaves, form portion of dough into an oval; lift smooth the top by pulling dough gently and pinching a lengthwise underneath. Tuck ends under; pin seal. Place each in a well greased pan (about 5 by 9 inches). Cove let rise in a warm place until a double, about 45 minutes.

Bake in a 350° oven for 35 minu until loaves are well browned and a inserted in the center comes out c Remove from pans; cool on wire r Makes 2 loaves.

Potato Bread Coffee Cake. After c ing the potato bread dough (above) i equal parts, instead of shaping lo stretch and pat each portion of c to fit into a greased 9 by 13-inch b pan. Cover and let rise until doub

Meanwhile, for each coffee cake, together ¼ cup soft butter, ½ brown sugar (firmly packed), a tablespoon cinnamon.

After dough has risen, press lightly your finger to make small indenta in dough about 1½ inches apart; off small amounts of the brown mixture and distribute evenly ove and into the indentations.

Bake in a 350° oven for 30 minut until a pick inserted in the center c out clean. Each coffee cake serves 1

"It's that old-fashioned pickle barrel flavor"

"The secret of making perfect pickles is patience," says Graeme Reid, Nalley's pickle fanatic. "First, we select the top cucumbers from cucumber crops grown specially for us. Then we age 'em in old-time wooden casks. Finally, we make sure they're slow-steeped in Nalley's own special blend of vinegars and seasonings. When we say old-fashioned pickle barrel flavor, we mean just that."

FREE RECIPE FOLDER. Send stamped, self-addressed envelope to Nalley's "Pickle Serving Ideas," P.O. Box 11046, Tacoma, Washington, 98411.

Nalley's: the good food fanatics.

KIKKOMAN *Glorifies Flavor*

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Delicious escape from the ordinary! *Creative cooks relish the "new idea" inspirations subtle, zesty Kikkoman Hawaiian teriyaki sauce brings their menus. A mere dash or two does it...* **Marvelous!**

Two punches a a Turkish cool

These fruit and wine punches a refreshment for warm afternoons

Two of our punches combine fru with wine. The fresh orange fl the white wine punch is emphas a little orange-flavored liqueur. T ond recipe, a blending of tropic juices and red wine, is similar to S sangría. For either punch you c inexpensive jug wines.

A smooth purée of watermelon i bined with fruit juices in the final Serve this watermelon cooler with of salt around each glass to bri the mild melon flavor.

White Wine Citrus Punch

In a large pitcher, combine 3½ freshly squeezed orange juice (ab large oranges), 2 cups dry whit (such as Chablis), and ½ cup Co or other orange-flavored liqueur; mix. Cover and refrigerate unt chilled. Just before serving, sti tablespoons lemon juice. Makes 1 ings of ½ cup each.

Tropical Fruit Wine Punch

Cut 2 or 3 thin slices from 1 orange and 1 whole lemon and p the bottom of a large pitcher. wooden spoon, crush fruit to br and release juice. Add 1 can thawed frozen tropical fruit punc centrate and 5 cups dry red wine as Zinfandel or Burgundy); stir to Cover and refrigerate until well c Makes about 10 servings of ½ cu

Turkish Watermelon Cooler

Prepare 8 glasses of at least 8-our pacity as follows: Beat 1 egg whi small bowl just until frothy. Pour ¼ cup coarse-ground or koshe salt in a shallow bowl. Dip rim o glass in egg white and then in s that salt frosts the rim to about ½ deep. Set glasses aside to dry.

Cut peel and white section from a 3½-pound piece of watermelo move and discard black seeds. C melon pulp into chunks and place jar of a blender. Whirl watermelc til it is a smooth purée; you shoulc about 3½ cups.

Pour purée into a large pitcher. Sti cans (12 oz. *each*) apricot necta cup lemon juice, and 1 tablespoon until blended and sugar is diss Chill until time to serve. To serve, several ice cubes in each salted then pour in punch. Makes 8 servir *K. A., Riverside, Calif.*

Read the face of the slice

You see how the fermenting sourdough has bubbled holes in the bread. There's that good moist look around the edges of the "craters." It has what the bakers call a "low-crumb" texture. You sense its springiness. If you tore off a piece and squeezed the bread gently, it would spring back to its original shape. Your eyes can measure its generous crustiness. But only by tasting will you find that it is true to the San Francisco sourdough tradition.

Francisco Sourdough French is made and baked in the traditional, old-country way—slowly to maintain its moistness and with hearth-oven heat to build its crustiness.

OROWEAT
WHOLE GRAIN BREADS

For your first try with ground turkey

Ground fresh turkey meat is now available in many Western markets. Look for it next to other ground meats where you shop.

You can use ground turkey in many of the same ways you cook other ground meats. It cooks quickly and will be most tender and juicy if not overcooked. This lean, mild meat takes well to a variety of seasoning combinations.

As an introduction to ground turkey, here are some simple and good ways to prepare it. In the first recipe, turkey is paired with mushrooms in a creamy sauce—a filling for turnovers using frozen puff pastry. In the second, turkey meat is shaped into a log and wrapped in bacon, then baked. The third recipe is a sausage-studded loaf, which is served cold like a French terrine.

Turkey Mushroom Turnovers

In a large frying pan, melt 2 tablespoons butter or margarine. Add ½ pound thinly sliced mushrooms and sauté, stirring occasionally, until liquid has evaporated. In a small dish stir together ½ cup sour cream, 2 tablespoons flour ½ teaspoon *each* salt and rubbed stir into mushrooms in the pan and stirring, until blended and bubbly. mixture out into a bowl.

Rinse frying pan. Over high heat, 1 pound ground turkey meat, stirri break up meat, until pink color is about 4 minutes. Stir meat and into mushroom mixture until ble Set aside to cool to room temper

Thaw 1 package (10 oz.) frozen shells. On a lightly floured boar each patty shell into a circle ab inches in diameter. Divide turkey ture into 6 equal portions. On h each circle place 1 portion turkey ture. Moisten edges, fold round dough in half, and seal edges tog by pressing with tines of a fork. Pla ungreased, rimmed baking sheets. in a 400° oven until pastry is browned, about 35 minutes. Serve w Makes 6 turnovers.

Turkey Bacon Logs

In a bowl combine 1 pound groun key meat, ¼ cup fine dry bread cru 1 egg, ¼ cup *each* minced parsley green onion, ¼ teaspoon *each* salt pepper; mix until blended. Divide ture into 8 equal portions and shape into a 2-inch-long log. Wrap each with one slice bacon (you need abo pound in all), securing end with a Place on a rack in a broiler pan. in a 425° oven until bacon is brown crisp, about 40 minutes. Serves 4.

Turkey Loaf

- 1 large onion, chopped
- 2 tablespoons butter or margarine
- 2 pounds ground turkey meat
- ½ cup whipping cream
- 2 eggs
- 1 teaspoon salt
- ¼ teaspoon pepper
- ⅔ cup fine dry bread crumbs
- ½ teaspoon ground nutmeg
- ½ pound Polish sausage

In a frying pan sauté the onion i butter until soft; set aside. In a bowl mix together the ground tu whipping cream, eggs, salt, pe bread crumbs, nutmeg, and the o Spoon half of meat mixture in an layer in a 1½-quart deep oval or r casserole. Arrange Polish sausag meat layer. (If casserole is round, direction that the sausage point.) C sausage with remaining meat mix patting it smoothly and compactl casserole. Cover and set inside a l pan with about 1½ inches hot wat Bake in a 350° oven for 2 hours. casserole from hot water and let co room temperature. Then refrigerate covered) until thoroughly chilled, at 6 hours or overnight. Pour off juices spoon over top of loaf. Cut in thin tical slices at right angles to the dire the sausage point in dish. Makes 6 servings.

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Apricot and Prune Stuffed Roast

(One of Richard Deacon's favorite recipes)

5 pound pork roast
½ cup diced apricots
¼ cup diced prunes
2 cups diced apples
2 tablespoons butter
⅔ cup wine
2 cups packaged bread stuffing

In a large bowl combine apples, bread stuffing, dried apricots and prunes. Heat butter with wine in microwave range until butter melts. Pour over stuffing, mix and toss to combine.

Cut large enough pocket in the roast to hold the stuffing. Stuff and secure pocket by sewing it with large needle and string.

Place fat side down on a trivet in a baking dish. Allow 8 minutes per pound. The last 20 minutes fat side is up. Use *Infra-red* for that golden brown.

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Celebration Sandwich Loaf

Fillings: Combine 1½ C. ground, cooked ham with ⅓ C. chopped pickle, 1 T. Kraft Prepared Mustard and ½ C. Kraft Mayonnaise.
Combine 7¾ oz. can salmon, drained, flaked; ⅓ C. sliced ripe olives, salt, pepper and ¼ C. Kraft Mayonnaise.
Combine 6 hard-cooked eggs, chopped; 1 T. chives, 2 T. chopped pimiento, salt, pepper and ¼ C. Kraft Mayonnaise.
Combine 1½ C. ground cooked chicken, ⅔ C. drained, crushed pineapple, ¼ C. chopped green pepper, salt, pepper and ⅓ C. Kraft Mayonnaise.
Sandwich Loaf: Remove crusts from 16-inch long loaf unsliced white bread, cut in 5 lengthwise slices. Spread each with margarine and a filling. Stack layers; chill.
Combine 3 8-oz. pkgs, softened Philadelphia Brand Cream Cheese, ½ C. Kraft Mayonnaise; mix well. Frost Sandwich Loaf, reserving ¾ C. mixture for decorating. Garnish. Chill. 12 servings.

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DARROW M. WATT

Skewers *hold barbecued shrimp, chicken thighs, legs*

Succulent chicken over charcoal

ken on the barbecue, for all its rus-
ertones, can assume an elegant air.
secret is in the seasonings and in
presentation of the finished dish.

are two unusual ways to feature
ucculent dark meat of chicken legs
thighs. The first combines richly
ned chicken parts and large pink shrimp (sometimes sold as jumbo prawns) impaled on skewers as shown above. Serve them with fluffy rice and a lightly cooked green vegetable. Pass the piquant sauce, quickly made from the herb-flavored wine marinade, to spoon over the meat and shellfish.

The second recipe uses the flavors of mustard, garlic, and herbs to coat chicken legs and thighs; when grilled they develop a crisp skin while the meat stays moist and juicy. Tiny butter-browned potatoes and broiled, crumb-topped tomatoes are appropriate accompaniments for this dish.

Chicken and Shrimp en Brochette

- 4 *each* chicken legs and thighs (about 2½ lbs.)
- 12 large raw shrimp (about ¾ lb.)
- ¾ cup dry white wine
- 2 tablespoons lemon juice
- 3 tablespoons olive oil
- 1 teaspoon Worcestershire
- 2 large cloves garlic, minced or mashed
- 1 teaspoon salt
- ⅛ teaspoon pepper
- ¼ teaspoon thyme leaves, crumbled
- ½ teaspoon rosemary leaves, crumbled
- Chopped parsley
- ¼ cup regular-strength chicken broth
- 1 teaspoon cornstarch

Cut chicken legs and thighs apart, if necessary; place in a bowl. Peel and devein shrimp and add to chicken. Combine the wine, lemon juice, oil, Worcestershire, garlic, salt, pepper, thyme, and rosemary; pour over chicken and shrimp. Cover and refrigerate 2 to 4 hours, turning several times.

Lift chicken pieces from marinade; arrange on a barbecue grill about 6 inches above glowing coals. Grill until well browned on all sides, and meat near bone is no longer pink, about 30 minutes. Turn and baste with marinade several times. Lift chicken from grill; cool slightly. When cool enough to handle, thread 1 leg and 1 thigh with 3 raw shrimp on each of 4 skewers.

Place skewers on grill and cook until shrimp are pink and tender, turning once and basting, a total of 8 to 10 minutes. Remove to a serving board; top with parsley and cover to keep warm.

Combine chicken broth and cornstarch; stir into remaining marinade and cook, stirring, until bubbly and slightly thickened. Pass in a bowl to spoon over skewers. Serves 4.

Barbecued Chicken Provençal

- 3 pounds broiler-fryer legs and thighs, joined
- 2 tablespoons Dijon-style mustard
- 2 teaspoons dry white wine or lemon juice
- 1 teaspoon Italian herb seasoning or ¼ teaspoon *each* basil, oregano, rosemary, and thyme
- 1 teaspoon instant minced onion
- 1 clove garlic, minced or mashed

Rinse chicken and pat dry. In a small bowl, mix mustard, wine, herb seasoning, onion, and garlic until smooth. Spread the mustard mixture evenly over all sides of chicken pieces. Cover lightly and refrigerate for 2 to 4 hours.

Arrange chicken on a barbecue grill about 6 inches above low glowing coals. Grill until well browned on all sides and meat near bone is no longer pink, about 45 minutes. Makes 4 servings. □

Cook's discovery: carob powder

The carob powder sold as a chocolate substitute in natural or health food stores is new to many people, but it's been around for a long time.

In the Mediterranean area, where the carob tree is native, carob pods have been a food source for centuries. Carobs also grow in California and Arizona. Their pods dry on the tree and the entire pod can be ground into a cream colored powder. This raw carob is mildly sweet but lacks distinguished flavor.

Roasted carob powder turns cocoa color and has an aroma and flavor that resembles light chocolate; it is sometimes described as maltlike or fruitlike.

If you would like to try the unique flavor of roasted carob, here are recipes for a quick-to-mix cake and bar cookies. The carob frosting can be used on the cake or cookies or on other cakes. Finally, there's a nut brittle using carob.

Quick Carob Cake

Combine 1½ cups regular all-purpose flour (unsifted), 1 cup sugar, ¼ cup roasted carob powder, 1 teaspoo and ½ teaspoon salt; sift into a Make a well in the flour and pou cup salad oil, 1 tablespoon vin teaspoon vanilla, and 1 cup cold Stir with a spoon just until blend

Spread the batter in a greased square baking pan. Bake in a 35(for about 25 minutes, or until a p serted in the center comes out Cool in the pan on a rack. Sprea carob frosting (recipe follows) on you wish. Makes about 9 servings

Fluffy Carob Frosting

In the small bowl of your electric or with a rotary beater, lightly bea white. Add to the bowl 3 table soft butter, a dash of salt, ¼ cup carob powder, and ¼ teaspoon beat until blended. Gradually add sifted powdered sugar; beat until and fluffy. Makes enough for an inch-square cake or batch of bro

Quick Carob Brownies

Melt 6 tablespoons butter or ma in an 8-inch-square baking pan. electric mixer or rotary beater, eggs, 1 cup sugar, and ½ teaspo nilla until thick and light colored in the butter and stir until blende the pan aside unwashed.) Comb cup regular all-purpose flour (un ½ cup roasted carob powder, 1 te baking powder and ½ teaspoon s into the egg mixture. Stir jus smoothly blended.

Spread the batter in the pan and a 325° oven for 25 minutes, or pick inserted in the center com clean. Let cool in the pan on Spread fluffy carob frosting above) on top, if you wish. Cut inch squares. Makes 16 brownie

Carob Honey Brittle

Coarsely chop 1¼ cups (about whole almonds and spread them by 15-inch jelly roll pan or larg Toast in a 350° oven until browned, about 8 minutes. Set asi

Mix 1 cup sugar and 3 table roasted carob powder in a heavy pan. Add ½ cup honey, 2 table water, and ¼ cup (⅛ lb.) butter garine. Bring to boiling, stirrin stantly. Continue cooking, stirring until syrup reaches 280° on a thermometer. (Syrup, when dropp very cold water, separates into which are hard, and somewhat Meanwhile, turn nuts into a bo butter the pan.

Remove the syrup from heat and stir in the nuts, 1½ teaspoons so 1 teaspoon vanilla. While still f pour mixture onto the pan; sprea it is about ⅓ inch thick. Let stan cool; then break into pieces. St tight. Makes 1¼ pounds candy.

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Serve plain or take 20 seconds to add your choice of Creme de Menthe, Cointreau, Curacao, Apricot Brandy. Add a cherry. Elegant. Gangbusters.

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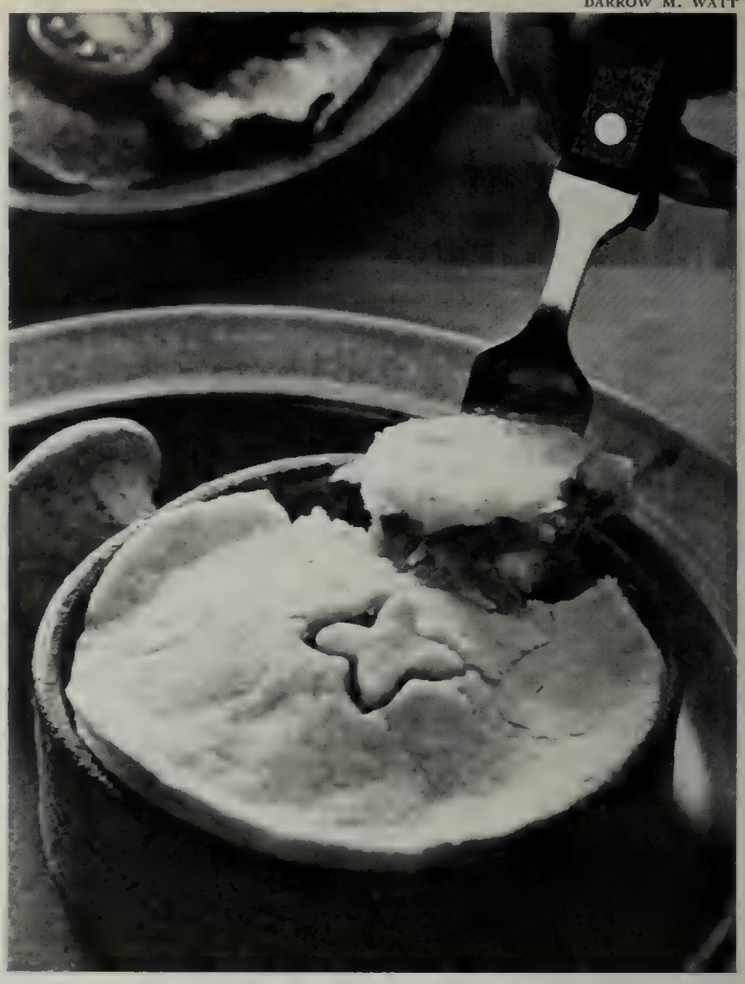

Supper for one; *deep-dish salmon pie with decorated pastry top*

Little meat pies, one to one . . . or a big pie for everybody

Individual meat pies make convenient all-in-one main dishes for informal meals. They are especially easy to serve, and you can have them ready ahead of time to bake just before serving.

With only a top crust, these deep-dish pies have the added advantage of fewer calories than meat pies with both top and bottom crusts. For the salmon pie, you bake a circle of pastry on top of the filling. The second recipe resembles Quiche Lorraine—ham and cheese bound in a savory custard. Its pastry is baked separately and set on top just before serving.

For the individual pies, you'll need small oven-proof casseroles or deep pie dishes that hold 1 to 1½ cups each; they should be at least an inch deep. We give directions with each recipe for baking it as one larger pie, if you prefer.

Both recipes take well to a range of chile pepper hotness. You can choose either mild waxed peppers or the spicier fornia green chiles, and use from 3 tablespoons to suit your taste.

Individual Salmon Pies

Pastry for a single-crust 9-inch pie
1 can (14 oz.) tomato slices
3 tablespoons butter or margarine
2 cups chopped onion
½ cup chopped green pepper
¾ cup whipping cream
1 to 3 tablespoons seeded and finely chopped canned medium hot wax peppers or California green chiles
1 can (1 lb.) salmon, drained
3 hard-cooked eggs, cut in quarters

Prepare the pastry using a pie crus or your own recipe; roll about ⅛ thick. Using one of the casserole verted, as a pattern, cut around o edge to make 4 pastry tops; cut 3 slashes in each or make cut-out de tion as shown above, leaving cu piece in place. Set aside and cover li Turn tomatoes into a wire strain

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drain thoroughly; save juices. M
butter in a 10-inch frying pan ove
um heat and sauté the onions an
peppers, stirring until vegetables
and liquid evaporated, about 10 m
Stir in tomato juice, cream, and h
pers. Bring to boiling; then boil,
until the mixture forms a thick
about 5 minutes.

Meanwhile break salmon apart
fork and discard bones. Distrib
mon, eggs, and tomato slices ev
the 4 individual casseroles, the
over the sauce. Top with pastry
(If you make them ahead, cover
roles and pastry tightly; refrigera
arately.) Bake in a 375° oven unt
is golden brown, about 20 minutes
30 minutes if refrigerated). M
servings.—*R. L., Los Altos, Calif*

Deep-dish Salmon Pie. Follow dir
above, except cut pastry to fit
shallow casserole or layer cak
(about 8 inches diameter). Fill di
with pastry, and allow 30 to 40 m
baking time.

Individual Ham and Cheese Pies

- Pastry for a single-crust 9-inch pie
- 2 tablespoons butter or margarine
- 1 cup chopped onion
- 1 cup (about 6 oz.) coarsely chopped cooked ham
- 2 cups (about 8 oz.) shredded jack cheese
- 4 eggs, lightly beaten
- 1 cup milk
- 1 to 3 tablespoons seeded and finely chopped canned medium hot wax peppers or California green chile

Prepare the pastry from a pie cru
or your own recipe; roll about ¼
thick. Using one of the casserol
verted, as a pattern, cut around
edge to make 4 pastry tops. Plac
baking sheet and cut 3 or 4 slas
each. Bake in a 450° oven until
brown, about 5 minutes. Set aside
and reset oven to 375°.

Meanwhile, melt the butter in a
pan over medium heat; sauté o
stirring occasionally, until golden,
10 minutes.

In the 4 individual casseroles dist
evenly the ham, cheese, and onio
ture. Combine the eggs, milk, an
pers; pour into casseroles. (Yo
cover and refrigerate the casser
this point.) Set casseroles inside a
hot water and bake in a 375° ove
custard appears set when gently s
about 25 minutes (about 35 min
refrigerated). Remove from ove
pastry top on each, and serve. M
servings.

Large Ham Pie. Follow dire
above, but cut pastry to fit top o
inch pie pan; prebake as above, all
about 7 minutes. Pour filling di
into pie pan, set inside larger pan
water, and allow about 30 minute
375° oven to bake until set.

e gas grill that cooks like two.

zzle a steak on one side.

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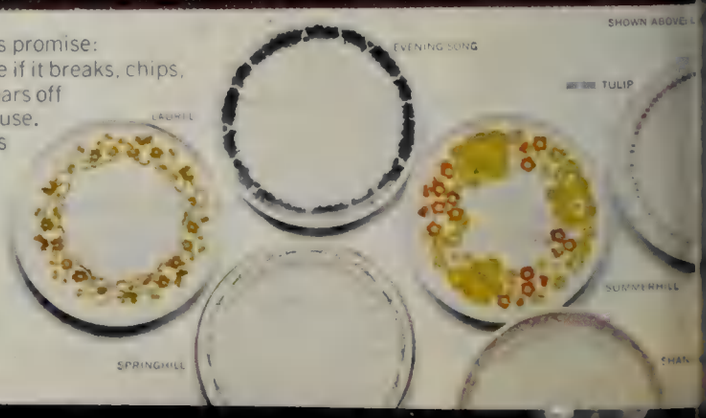

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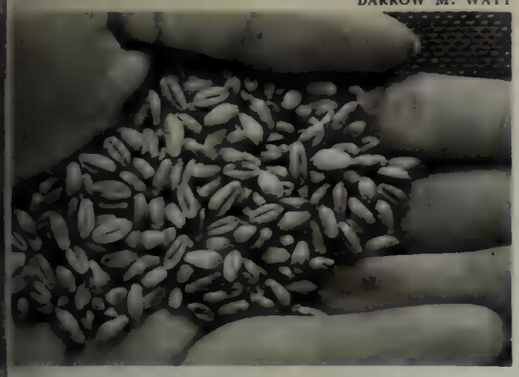


Above: *Handful of whole wheat kernels have not yet been cooked.* **Right:** *After long, slow cooking they swell to tender plumpness*

Cook's discovery: wheat berries, to make cereal, bread, pilaf

ick perusal of grocery shelves re- the many forms in which wheat is One of the most interesting is whole t kernels as they come naturally the field, with only the chaff ed off.

times called wheat berries, these e kernels need soaking, then long cooking to become tender. When ed they have a sweet, nutlike flavor lightly resilient texture.

ersatility of wheat berries is demon- d here in a cereal cooked with fruit, a quick-to-mix yeast bread, pilaf with vegetables and cheese. recipes call for cooked wheat ber- out this step can be done ahead and eady-to-use wheat may be stored ht in the refrigerator for up to two weeks.

to precook wheat berries: In a saucepan, combine 1 cup wheat s and 5 cups water. Cover and let at least 8 hours or overnight. (Or pan, bring to boiling over highest boil 2 minutes, remove from heat, overed, and let stand for 1 hour.)

out draining the wheat, bring to g over high heat. Reduce heat and er until tender, about 1½ hours. well (save the liquid if desired); Cover and store in the refrigerator or freeze (thaw before using). Makes about 3 cups.—*E. A., Vista, Calif.*

Wheat Berry Cereal

- ½ cup water (or liquid drained from wheat)
- 2 tablespoons honey
- ½ cup chopped dried apricots or raisins, or some of each (optional)
- 3 cups cooked drained wheat berries (directions at left)
- Light cream or milk
- Brown sugar (optional)

In a 3-quart pan, combine the water, honey, and dried fruit, if used; cover and bring to boiling. Add wheat; cover and bring to simmering; then simmer for 10 minutes or until cereal is heated through and water is absorbed. Serve with cream or milk to pour over cereal and brown sugar for additional sweetness, if desired. Makes 4 to 6 servings.

Wheat Berry Batter Bread

- 2¼ cups regular all-purpose flour (unsifted)
- 1 tablespoon sugar
- ½ teaspoon salt
- 1 package active dry yeast
- 1 cup warm (about 105°) water (or liquid drained from wheat)
- ½ cup cooked drained wheat berries
- Cornmeal
- 1 tablespoon melted butter or margarine

In the bowl of an electric mixer, combine 1½ cups of the flour, sugar, salt, and yeast; gradually beat in the warm water. Beat at medium speed for 3 minutes, or until dough is very elastic. Add wheat berries. With mixer at low speed, gradually beat in remaining ¾ cup flour; the dough should be very soft and elastic. Cover and let stand in a warm place until doubled, about 45 minutes.

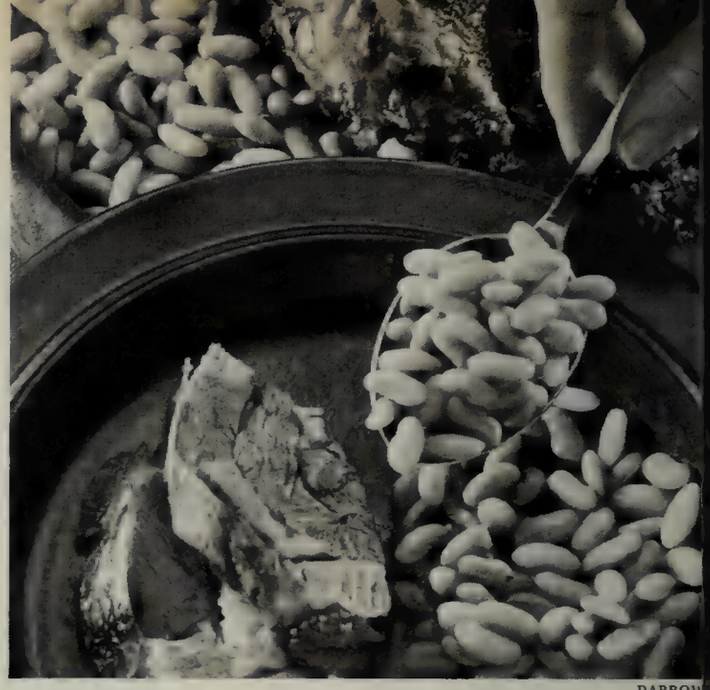
Stir dough down with a wooden spoon. Grease a 4 by 8-inch loaf pan and coat with cornmeal; tap pan to shake out excess. Spoon dough into pan. Bake in a 375° oven for about 1 hour or until a skewer inserted in the center of the loaf comes out clean and crust is well browned. Brush top with melted butter. Makes 1 loaf.—*P. D., Los Altos, Calif.*

Wheat Berry Pilaf

Heat ¼ cup salad oil (or use part butter) in a large frying pan over medium heat. Sauté 1 onion (chopped) and ½ pound mushrooms (thinly sliced) until limp and liquid has evaporated. In a small cup stir together 2 teaspoons beef stock base (or 2 beef bouillon cubes) and ½ cup hot water (or liquid drained from wheat). Add bouillon to the pan with ½ teaspoon basil leaves, ¼ teaspoon pepper, and 3 cups cooked drained wheat berries. Cover and bring to simmering. Thinly slice 2 medium-sized zucchini and add to pan. Cover and simmer until wheat is heated through and liquid is absorbed, about 10 minutes.

Season to taste with salt, then transfer mixture to a shallow 2-quart casserole that can go under the broiler. Sprinkle with 1 cup shredded Cheddar or jack cheese. Broil about 4 inches from the heat until cheese is melted, about 2 minutes. Sprinkle with about 2 tablespoons minced parsley for garnish. Makes about 6 servings.—*M. W., Berkeley.* □

We picked *all the flageolets at once. Bush-bean picking is slow and tedious*



Creamy *textured, mellow flavored flageolets complement lamb*

DARROW

ELLIS MARUGG

Split *flageolet pods to remove beans; store beans without rinsing*

Delicious variety for your table ... your own French flageolets

Last year, many Western gardens (*Sunset's* included) grew a bean called flageolet 'Vert Suma' for the first time. In France where this bean is popular, flageolet means little kidney bean (or small flute). The appeal of the French background and an easy mail-order source for the seed may explain the popularity. The seed is sold by Nichols Garden Nursery, 1190 N. Pacific Highway, Albany, Ore. 97321. Send 50 cents for a large packet.

Plant this month. The seed directions say to harvest in 65 days, but in Menlo Park, California, we harvested on the 93rd day (they could have been picked from about the 77th day on).

First, make level irrigation furrows in cultivated soil about a foot wide and 3 inches deep. Space the furrows so their center lines are about 2½ feet apart. About an inch in from one side of each between-furrow plateau, plant seeds an inch deep, spaced 3 inches apart. They probably won't need thinning. Strong ones will crowd out weak ones if all seedlings grow.

Flood the furrows to soak the soil beneath and around the seeds. Continue to water in those furrows for the life of the bean plants. Unless your soil is unusually rich, feed the plants a month after sowing.

By late July, something was eating leaves on our plants. An 11 P.M. flashlight examination revealed cabbage loopers (green inchworms). We destroyed 15 in one evening, ending the damage.

Four 11-foot rows yielded 8 gallons of whole bean pods. We harvested when beans had grown as big as they would get inside the pod, and when the earliest pods were just beginning to turn dry. That gave us a mixture of mostly immature (soft) beans with some nearly mature (rather firm) ones.

To determine how many flageolets you will need, figure that 10 well quarts of the beans in their pods about 5 pounds. Shelled, this about 7 cups (about 2½ pounds

The softer, younger beans in t ture will cook more quickly, need to cook all long enough to the older ones are also done.

You can refrigerate the shelled tightly covered, for as long as a w

Boiled Flageolets

Combine 4 cups shelled fresh fl with 6 cups water (may be part strength beef or chicken broth) and bring to boiling; simmer u firmest beans still retain their sh can be mashed readily; it take 1½ hours. Stir frequently; if th absorb most of the liquid (this with the maturity of the bean more hot water to keep them mo son with salt, pepper, and 1 or spoons butter. Serve hot with a that beans complement. Serves

Lamb with Flageolets, French-St

Spoon hot cooked flageolets (fo rections above, omitting butter) a roasted leg of lamb. Accompa ½ cup butter blended smoothly teaspoon grated lemon peel and minced parsley. Serves 6.

French Flageolet and Ham Stew

Combine in a 5-quart Dutch ov pound ham hocks, cut in large ch onions, chopped; 1 cup chopped packed parsley; 3 carrots, chop can (14½ oz.) sliced baby toma can (about 14 oz.) regular s chicken or beef broth; and 6 cups Bring to boiling, cover, and simm hour; add 4 cups shelled fresh fl and cook 1½ hours longer or un and beans are tender. Ladle int soup bowls or rimmed plates. M to 8 main dish servings.

Our flageolet *planting on its 59th day. We watered in furrows between the rows*

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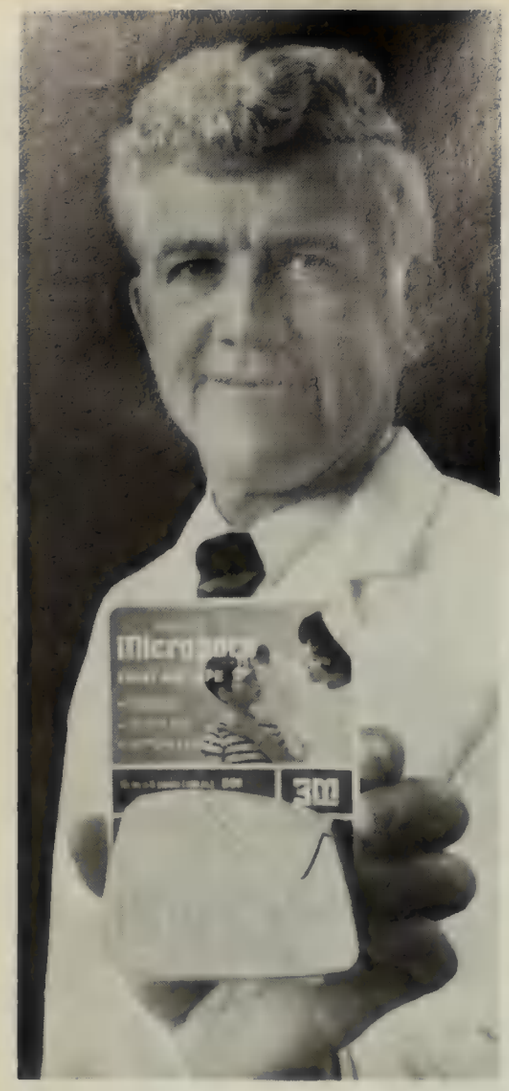

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NORMAN

Anchovies *and olives top Green Salade Niçoise*

Salade Niçoise? You never know

Salade Niçoise is one of the great classics of Provençal cuisine, and also one of the most consistently surprising dishes. It's on almost every menu, and although it's usually made of certain kinds of ingredients, you never know what you are going to get.

To illustrate the diverse forms of this appetizing salad, and the different ways in which it can be served, here are three that we encountered along the southern coast of France.

The salads have in common freshness, a piquant twist in flavor, lots of crisp textures, and dependence upon tomatoes, olives, onions, and other vegetables. Anchovies usually appear somewhere; we include them in the one dressing that is shared by these three salads.

The first salad is based on lettuce, and is light enough to accompany a meat course, or to begin a substantial meal. The second is relishlike, with the vegetables cut in tiny pieces; it can accompany a main dish, but we like it offered as part of an appetizer course to go with cold sliced meats and crusty bread. The third salad surrounds tuna, a frequent element of salade Niçoise, and is ideal for a warm-weather luncheon.

Green Salade Niçoise

Place in a salad bowl 1 large tomato, chopped; 6 green onions, chopped fine (including part of the tops); and 1 large head butter lettuce, broken in bite-sized pieces. Top lettuce decoratively with the whites and yolks of 3 hard-cooked eggs, each forced separately through a strainer; 6 to 8 whole, canned an fillets; and ½ cup pimiento-stuffed ish-style olives. At the table mix with 1 recipe's worth Niçoise dr (recipe follows). Makes 6 servings.

Antipasto-Style Salade Niçoise

Mix together 1 cup finely choppe ishes; 1 or 2 stalks celery, finely ch 6 to 8 green onions, finely choppe cluding part of the tops); ½ cup ripe olives; and 1 cup cherry tom quartered. Blend with 1 recipe's Niçoise dressing (recipe follows salt to taste. Spoon into a lettuce bowl; top with ½ cup pimiento-s Spanish-style olives. Serves 4 to 5.

Niçoise Luncheon Salad

Group each of these elements sepa on a rimmed platter: 1 large can oz.) chunk-style tuna; 2 hard-c eggs, quartered; 1 large tomato, wedges; 1 small green pepper, s and slivered; ½ medium-sized mi ion, slivered; 2 stalks celery, sliced; and ½ cup pitted green r pitted Spanish-style olives. Just serving, moisten evenly with 1 re worth Niçoise dressing (recipe fo or serve dressing in a separate b spoon onto servings. Serves 2 or main dish, 4 to 6 as first course.

Niçoise Dressing. Blend 2 teas *each* minced canned anchovies Dijon-style mustard with 3 tables wine vinegar and 5 tablespoons oli Makes about ½ cup.

antastic cooker you've d and read so much about. one with the crazy name he heart of stone that s all day while the cook's for less than 3¢!

-watt heating element cles fine stoneware, gently s at such a low tempera- you need never stir, tend, ime. Never lift a lid or a r.

out in the food, put on the lug in the Crock-Pot and forget it. Hours later, enjoy the tasty difference of slow-cooking. Everything comes out perfect and tender, with good nutrition left in.

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Try TOP RAMEN today! It's as old as Japan but full of new instant flavor, a delightful and economical dish ready to serve in just three minutes...but the taste took thousands of years to perfect.

Add noodles to 2 cups of boiling water in a saucepan. (If you like shorter noodles, cut in half before cooking). Cook for 3 minutes, stirring occasionally. Do not overcook. Stir in seasoning and add chopped green onions, ham, hard boiled eggs, boiled mushrooms and spinach. (Or use whatever vegetable is in Season). Remove from heat and serve immediately. Then you can enjoy "Ham & Egg Ramen."

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Pecan crisps a filbert disks

More like confections than these pecan lace crisps and cookies depend on finely chopp for their character. There's only dough in each to hold the nuts t They make fine additions to a te

You can roll or curl the lacy cookies while they're hot.

Pecan Lace Crisps

- ¼ cup *each* firmly packed brown sugar, melted butter, and light corn syrup
- ½ cup all-purpose flour (unsifted)
- ½ cup finely chopped pecans
- 1 teaspoon vanilla

In a 2-quart pan, combine the sugar, butter, and corn syrup high heat, stirring constantly, bri ture to boiling. Remove from h stir in the flour and nuts until b Stir in vanilla. Drop by level te fuls, placing about 3 inches ap foil-covered cooky sheets (or she nonstick fluorocarbon finish). Ba 350° oven for about 8 minutes cookies are rich golden brown.

For flat cookies, cool about 1 remove from pan and cool on r

For shaped cookies, work quickl cookies are still hot. Remove on at a time from pan, turn over, an roll into a tube or drape over a f ered broom stick. Cool. Makes dozen.—*M. F., Carmichael, Calif*

Spicy Filbert Cookies

- 4 ounces sweet chocolate
- ¼ cup (⅛ lb.) butter or margarine
- 2 cups (about 8 oz.) finely chopped filberts or blanched almonds
- About 1 cup powdered sugar (unsifted)
- ¼ teaspoon *each* salt and cinnamon
- 2 egg whites, beaten until stiff
- ⅓ cup all-purpose flour (unsifted)

Place chocolate and butter in the a double boiler and place over s ing water until melted. Remov heat and stir in the nuts. Stir t ⅔ cup of the powdered sugar, t and cinnamon; stir into chocola ture—it's quite stiff. Gently stir beaten egg whites until blended. the flour until smooth.

Roll level teaspoonfuls dough in and place them about 1 inch a lightly greased cooky sheets. Ba 325° oven for 8 minutes or until is no longer shiny. Transfer coo wire racks and dust with re powdered sugar while warm. about 3 dozen.—*M. C., Vallejo,*

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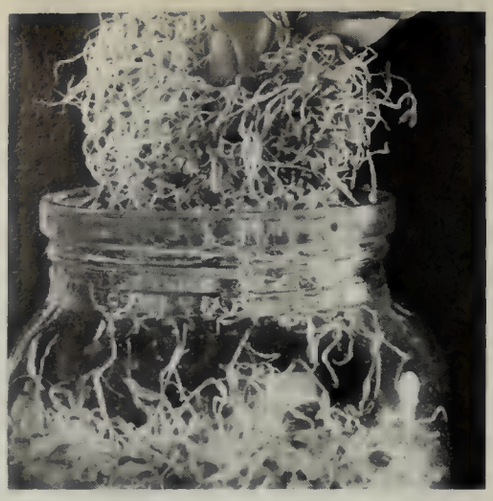

Kitchen garden: *alfalfa sprouts in a jar (left) and in a flat dish (right)*

Cook's discovery: alfalfa sprouts

Just a few days after sowing, you are harvesting dainty, tender-crisp alfalfa greens which complement any dish that can use a touch of bright color or a delicate crunchy texture. Alfalfa is an easily sprouted seed that produces fresh greenery so quickly you can almost see it grow. The taste is similar to watercress but much milder and sweeter.

Here are two ways to sprout alfalfa seed. The first uses a jar and requires rinsing the seed every so often, resulting in a lacy green and speckled tangle of sprouts (above left). The other uses a flat dish and the seed sprouts in a single layer on cloth; the leaves are greener and the stems are straight (above right). There is a slight flavor difference, so you might like to try both. You can buy alfalfa seed at health or natural food stores.

Alfalfa sprouts in a jar. You will need a 1 to 2-quart jar with a strainer top: Fit a jar ring with fine wire screening across the top opening, or use cheesecloth held securely in place with a jar ring.

Measure 1 teaspoon alfalfa seed into a 1-quart jar or 2 teaspoons alfalfa seed into a 2-quart jar. Soak seed overnight in jar (with strainer top) with just enough water to cover.

Next morning drain off unabsorbed water, shake the seed to the side of the jar, and lay jar on its side in filtered light.

Rinse the seed with cool water twice a day through the strainer top; drain well; keep jar on its side. Leave strainer top on throughout sprouting. Once leaves appear, give sprouts more light (not direct sun) to make leaves green.

When most sprouts have 2 fully opened green leaves they are ready to use; it takes 4 to 6 days. Cover sprouts airtight and refrigerate; use as desired. The crop fills the jar and keeps nicely up t a week.

Alfalfa sprouts in a dish. Cut a layers white terry cloth to fit a glass dish. Place in dish and ad warm water up to the top of the sow alfalfa seeds thickly in a layer. Add warm water once a da needed, to keep water level just the top of the cloth. Give spro same kind of light as directed for ing in a jar. When most of the have 2 leaves, pluck sprouts, rinse and store airtight in the refrigera

How to use alfalfa sprouts

Alfalfa sprouts are good raw or butter-sautéed to emphasize thei flavor. To butter-sauté *each* 1 cu falfa sprouts, heat 1½ teaspoons on high heat in a small frying pa sprouts and cook, stirring, jus wilted. Use at once. Makes about

With eggs. Fold 2 to 3 tablespoo ter-sautéed alfalfa sprouts (see di above) into a 2 to 3-egg omelet. ter about ⅓ cup butter-sautéed sprouts over 6 to 8 partially set you scramble them.

In salads. For each 4 cups brok tuce, add ½ cup (or more to tas alfalfa sprouts.

In soups. Chop raw alfalfa sprouts ly and sprinkle 1 to 2 tablespoo individual servings of hot soups potato, cheese, seafood bisques, split pea, or bean soups.

For sandwiches. Add a small clu raw alfalfa sprouts as you would of lettuce to a hamburger, cheese grilled cheese sandwich, or any ot or cold sandwich that improves you add a fresh green.

The gourmet cheese from this side of the ocean.

cker Barrel Brand from Kraft

Cracker Barrel Brand from Kraft is a casual cheddar, a nibbling cheese, one of the world's finest nat- y-aged cheeses. Some of the best of Cracker Barrel are quite simple. a cheese board with apple or pear s. Try it in salads, on crackers or ounds. It tastes great!

Many Americans think it takes tice to develop a taste for fine se. If that is so, the four varieties Cracker Barrel are perfect for ning. You can start with "Mellow," work up to the top, the excellent, ly-aged Cracker Barrel marked ra Sharp." In any degree of sharp- , shape or size, Cracker Barrel nd Cheddar rates with the finest ses this country has to offer.

COLONIAL CHEDDAR SOUP

2 cups (8 ozs.) shredded Cracker Barrel
⅓ cup shredded carrot
2 tbs. chopped onion
¼ cup Parkay Margarine
⅓ cup flour
1 tsp. salt
dash pepper
4 cups milk

Sauté carrot and onion in margarine. Stir in flour, salt and pepper. Gradually add milk and cook until thickened. Add shredded Cracker Barrel; stir until melted. Serve with a bowl of popcorn. Sprinkle into the soup.

The cheese lovers over here are getting fussier every day.

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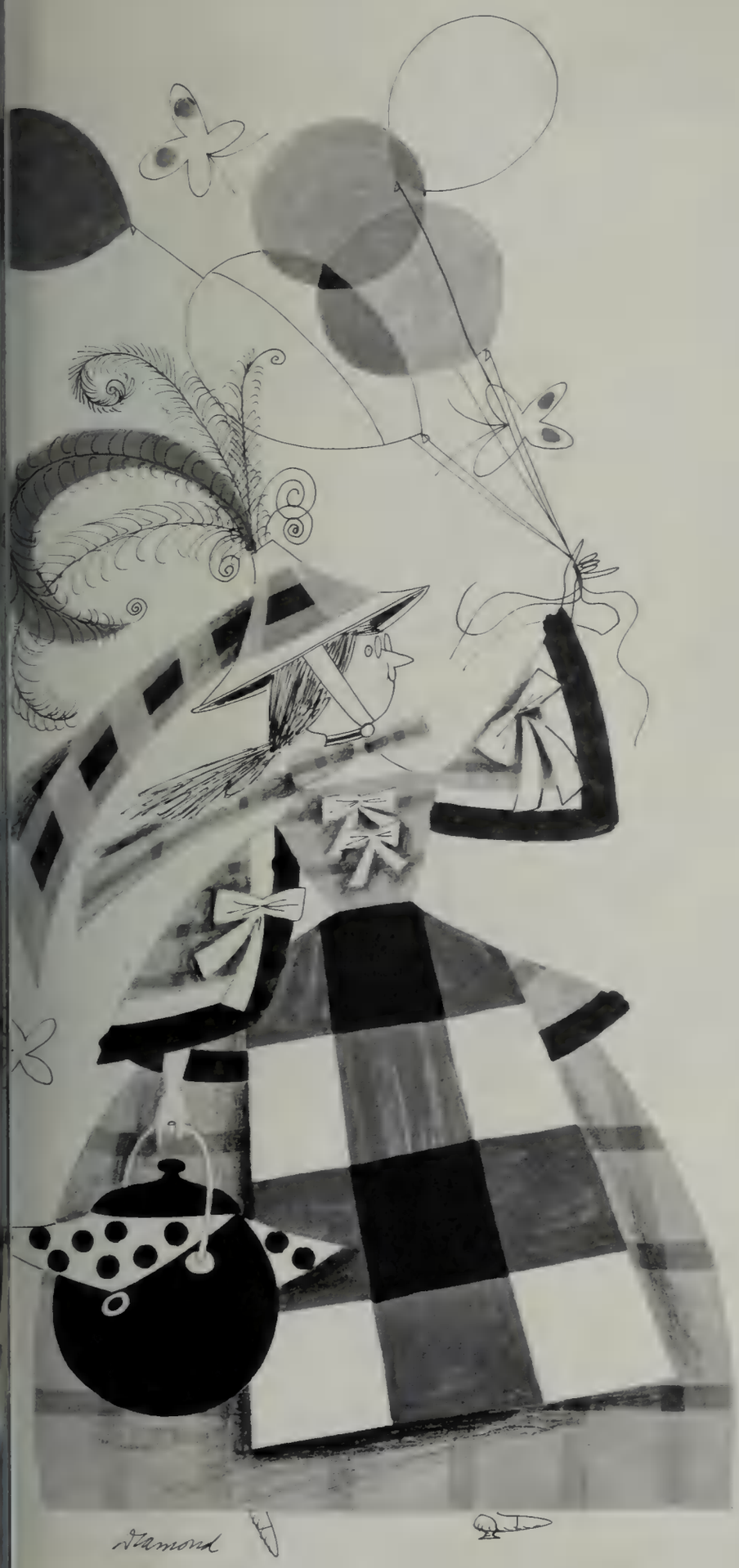

"One year our neighbor brought a pot of beans ... so good"

"Twenty years ago our small country grammar school in Isleton, California, always held a June picnic, with the parents furnishing the food. One year our neighbor brought a pot of beans that were so good I asked for the recipe. She told me that they were just 'good old Portuguese beans,' and we've been making them ever since. My son, who was 5 then, decided to call them Caportable Beans."

So goes the story from Henry Martin of Isleton, a story not very old, but already filled with nostalgia . . . the country school, the neighbors together, and good hearty beans under a June sun.

Our minds have a way of sorting out the past to put together these calm moments just as they should have been. They help when the unsortable present bears down a little too firmly. Make up a pot of Mr. Martin's beans, and share with him one pleasant afternoon in a schoolyard.

Caportable Beans

- 1 package (1 lb.) dried pink beans
- 5 cups water
- 5 strips bacon, cut in small pieces
- 1 large onion, chopped
- 1 clove garlic, minced or mashed
- ½ teaspoon cinnamon
- ¼ teaspoon *each* ground cloves and allspice
- 1 teaspoon cumin seed, crushed
- 2 tablespoons molasses
- 1 tablespoon salt
- ¼ teaspoon pepper
- 1 large can (1 lb. 12 oz.) Italian-style pear-shaped tomatoes

In a 5-quart kettle, cover beans with water and bring to a boil. Boil 2 minutes. Remove from heat and set aside for 1 hour.

In a frying pan, cook bacon until pieces begin to brown. Add onion and garlic

Chefs of the West

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ook over medium heat until onion translucent. Stir in the cinnamon, , allspice, cumin, molasses, salt, epper. Add tomatoes and their liq- onion and spices; break tomatoes nall pieces with a spoon.

beans to boil again and reduce Add sauce to beans and continue mer, covered, for 1¼ hours. Un- and continue cooking for about nutes longer or until beans are ten- d sauce has thickened. Makes 8 to vings.

Henry Martin

Isleton, Calif.

e N. Barton of Honolulu presents h steak and kidney pie with the ing commentary:

"I was raised English-style"

started with our Saturday Night r Gang. We all tried to outdo each and ended up each with his own lty. I was raised English-style and l mother's steak and kidney pie, she always called Kate and Sid- t pleases everyone, has an elegant can be done ahead of time, and, Mum used to say, 'It will put hair r chest.' "

nd Sidney

pounds top sirloin, 1 inch thick, trimmed of fat and cut in 1½-inch squares
tablespoons flour
Salt and pepper
tablespoons salad oil
small onions, chopped
can (10½ oz.) condensed consommé
large can (4 or 6 oz.) whole button mushrooms
tablespoon Worcestershire
lamb kidneys
Pastry for a single crust 9-inch pie

e steak cubes in flour (shake off) and sprinkle with salt and pep- Heat oil in a large frying pan or oven and brown steak well over m heat, stirring occasionally. Add , consommé, mushrooms and iquid, and Worcestershire. Cover and simmer until meat is tender when pierced, about 1¼ hours.

While steak cooks, cut kidneys in half lengthwise, remove and discard all white membrane and fat, and cut in half again to make quarters. When steak is tender, add kidneys, cover, and simmer about 20 minutes longer or until kidney pieces lose all pinkness. Pour into a shallow 2-quart casserole.

Roll out pastry on a floured board until slightly larger than casserole top. Place over filling, crimping dough to casserole rim. Slash pastry in a few places to allow steam to escape.

Bake in a 400° oven until pastry is brown, about 15 minutes. Serve immediately. Makes 4 to 6 servings.

George H. Barton

Honolulu

In Scottsdale, Arizona, and indeed everywhere else, nobody seems to make just enough mashed potato. As a general rule, out of the fear that there will not be enough, one makes too much, and there it is in the icebox the next day.

"Nobody seems to make just enough"

G. Truman Phillips manipulates the left-over mash, transforming it from its cold and heavy state into a puff lightly flavored with cheese. Here is how he does it:

Mashed Potato Puff

2 cups cold seasoned mashed potato
⅓ cup milk
1 egg
1 cup shredded sharp Cheddar cheese
1 tablespoon crumbled blue cheese
Dash celery seed
Dash seasoned salt

Put potato, milk, egg, and cheeses into a mixer bowl; beat until smooth and blended, scraping down sides. Pour into a greased, shallow, 1-quart casserole or an 8-inch baking pan and sprinkle with celery seed and seasoned salt. Bake in a 350° oven until puffed and browned

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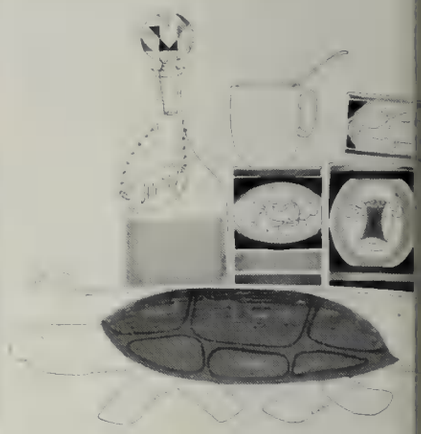
(about 40 minutes), and serve im
ately. Makes about 4 servings.

S. Truman Phill

Scottsdale, A

Chef Fred Cherry divides his
among many activities, so it is pl
to see him once again among the
bers at this first summer meeting.



"The turtle is so far away"

The interest closest to *Chef* C
heart is wine. It appears here as
in the soup. The Absent Turtle
recipe title is so far away that i
more good will than understanc
see where he might have been
Cherry says simply, "It's mocke
mock."

Absent Turtle Soup

- 1 can (10½ oz.) condensed black bean soup
- 1 can (about 14 oz.) regular-strength beef broth
- ½ can (2¼-oz. size) deviled ham (abo 2 tablespoons)
- ¼ cup pastina (tiny pasta bits)
- 2 tablespoons dry Sherry

Mix soup, broth, ham, and pas
saucepan. Simmer, uncovered,
occasionally until pasta is just
about 10 minutes. Add Sherry an
immediately. Makes 2 or 3 servi

Fred Che

San Fran

Beef, beans, wine, herbs

What are you concocting in
kitchen? We'd like the recipe an
story behind it, but men only, pl
(Not that wives can't do some u
when the men are too modest.)
the first published recipe we
membership in the *Chefs of the*
and a hat and card to prove it.
us hear about your specialty at
of the West, Sunset Magazine, M
Park, Calif. 94025.

people who can't leave well enough alone, k what you can do with a Banquet® Salisbury Steak.

lisbury steak. Great as it comes from the Banquet package and even greater when you fancy it up. All you need are a few minutes is easy recipe:

ke one Banquet Salisbury Steak Dinner from your freezer. Heat 25 s, then add ½ crushed garlic clove to gravy. Add orange juice to s, top with grated orange rind. Add a pinch of thyme to peas and , top with butter. Saute Salisbury Steak in Worcestershire sauce, and oregano, then heat dinner for additional 10 minutes. Banquet. you start with great food you end with a great meal.

Foods Corporation, St. Louis, Missouri 63101

THE

Western Kitchen

NEWS AND IDEAS

DON NORMARK

Indoor-outdoor kitchen arrangement

A tucked-away chopping board

When architect James Oliver designed a kitchen for his home, he didn't want an exposed chopping board to interfere with the otherwise clean lines of the bright orange, plastic laminate work counter (for a more complete view of the kitchen, see page 90 of the March 1972 *Sunset*).

His solution was to build a vertical-grained fir cabinet (pictured below) in the space next to the dishwasher. A 24-inch-square birch chopping board fits neatly into it. Near one end of the board's edge he cut out a finger hole to make it easier to remove.

To achieve easy access from the kitchen to the outside terrace, architect Jerry Gropp of Bellevue, Washington, installed this sliding window above the sink for Mr. and Mrs. Loyal D. Moore of Mercer Island. The sink area is a particularly comfortable place to work. Now the person standing there not only has access to the outside but can also control the telephone, television, and appliance center.

Another notable feature is the use of a luminous ceiling: White plastic pa l s placed below fluorescent lights a d supported by a 2 by 12 at the sid

Sliding base underneath si

A common problem in most kit how to get to all the items store the sink. And when the garbage c is in the way the problem is even One solution was designed by a

NORMAN A. H

Morgan Stedman for the Geor yama family of Palo Alto, Cal It's a sliding shelf, using pressed board with a white baked-on fini serves as the base of the cabin only caution is to stack items won't be caught by the dispo plumbing trap protruding downw

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DARROW M. WATT

ench *the shoulder lamb chops with spice-flecked marinade as they grill*

You soak your chops first, then drench them as they cook

er lamb chops can be excellent -becuing, especially if first soaked arinade that tenderizes and sea- hem.

er a recipe with a choice of simi- t different Portuguese-style mari- each based on red wine and oil. and cinnamon combine in the nixed pickling spice flavors the . Both result in exceptionally ender chops.

ate the chops overnight in either then use it generously for basting eat while it grills.

guese-Style
cued Lamb Chops

arge shallow baking dish, prepare cumin-cinnamon marinade or g spice marinade (recipes follow). or 6 shoulder lamb chops (about 3 s), each cut about ¾ inch thick, e marinade, turn to wet all sides, rrange in a single layer. Cover frigerate at least 8 hours or over- Turn chops over in the marinade onally.

hops from marinade and drain; e marinade. Arrange chops on a ue grill about 6 inches above a m hot fire of about 30 fully ig- coals.

chops about 15 minutes on each side or until meat is light pink inside (cut a gash in the meat to check); occasionally turn chops over and frequently baste both sides with marinade. Makes 5 to 6 servings.

Cumin-Cinnamon Marinade

- 1 cup dry red wine
- ¼ cup olive oil or salad oil
- 3 cloves garlic, minced or mashed
- 1 teaspoon *each* salt and ground cumin seed
- ¾ teaspoon ground cinnamon
- ⅓ cup finely chopped onion
- 1 tablespoon cumin seed

In a shallow baking pan combine the wine, olive oil, garlic, salt, ground cumin, cinnamon, onion, and cumin seed. Stir to mix, then use to marinate shoulder lamb chops as directed at left. —*S. M., Citrus Heights, Calif.*

Pickling Spice Marinade

- 1 cup dry red wine
- ¼ cup *each* salad oil and wine vinegar
- 2 cloves garlic, minced or mashed
- 1 teaspoon salt
- ½ cup chopped onion
- 1 tablespoon whole mixed pickling spice
- 8 whole cloves
- ¼ teaspoon ground cloves

In a large shallow baking dish combine the wine, oil, vinegar, garlic, salt, onion, pickling spice, whole cloves, and ground cloves. Stir to mix. Use as directed at left.—*A. J., Honolulu.* □

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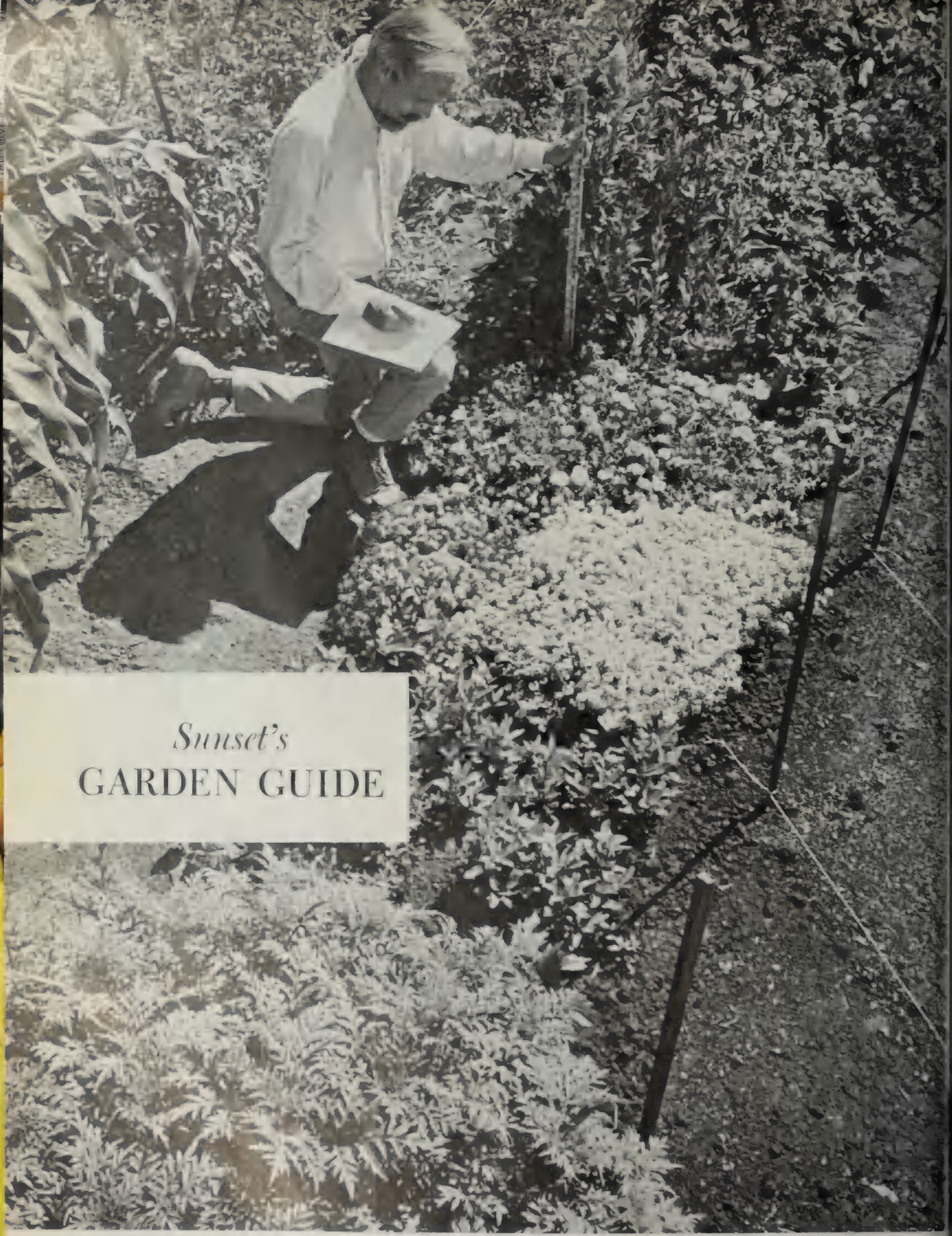


Sunset's GARDEN GUIDE

Plant in May, bloom in August

DARROW M

An editor checks the growth of annuals so
Sunset's garden last May 11. Blooming when this p
was taken August 6 are sweet alyssum, portulaca, in
of yardstick; behind yardstick are celosia, zinnias, mar

Y IN YOUR GARDEN:

It's a dry year. Good watering practices will help

, **dry weather** came early to Cali- this year. The warmth pushed ing times ahead, and plants that v perform in May could be fin- in April, making this an unusual Also, some growth that was forced arly by the March warmth was l by frosts in late March. Old-time rnians had reason to wonder what oing on.

rdeners have been concerned about usually dry weather in February larch. The watering season began t a month earlier than usual. And, the middle or last part of April ht lots of rain, you probably are ng at a midsummer pace already. ing will be a particularly serious rn for gardeners in Marin County hose elsewhere who depend on springs, and other ways of taking d water from the Coast Ranges e valleys. Some wells and springs un dry by the end of summer. Our future is pure conjecture, but it's o assume that this will be a sum- or gardeners to use water carefully.

r saving

plant care when water is limited depends on conserving soil moisture and making each watering go a long way. Mulching greatly helps to conserve soil moisture. You can use an impressive variety of materials for mulches, including ground bark, rocks, stones, grass clippings, plastic sheets, and newspapers.

Good watering practices can save water. Infrequent heavy watering makes plant roots grow deep. Deep roots prevent wilting when the upper few inches of soil dry out. If water is very scarce, you might consider transplanting water lovers like begonias and fuchsias out of containers and into the ground in shady places free of tree roots.

Prevent wasteful runoff when you water the lawn. In lawns with compacted soil or thatch buildup, runoff is a problem you can overcome by watering for a short time until the water begins to form pools. Then stop watering and wait for it to soak in before turning on the sprinkler again.

What you can expect from May seed sowing

The picture on the page at left shows the results of a test seed sowing in our garden at *Sunset* last May 11. Here's how different varieties performed:

Celosia. Varieties were 'Pampas Plume' and 'Fireglow.' Both began blooming by July 28 and finished by late September.

Cosmos. A variety called 'Sunset' bloomed from mid-August until early November.

Marigolds. Varieties 'Valencia' and 'First Lady' bloomed from August 2 until mid-October. 'Dwarf Butterscotch' bloomed from July 28 to mid-November.

Nasturtiums. Varieties 'Golden Gleam' and 'Scarlet Gleam' started flowering July 12 and continued until mid-October.

Portulaca. A double-flowered, variety bloomed from July 12 to mid-October.

Sweet alyssum. 'Royal Carpet' and 'Carpet of Snow' bloomed from early July to mid-November.

Vinca. Mixed and 'Little Bright Eyes' flowered from July 28 to early October.

Zinnias. Varieties were 'Old Mexico,' 'Red Buttons,' 'State Fair,' and 'Thumbelina.' 'State Fair' bloomed from August 2 until mid-October. The other three flowered from July 12 until late October.

Ratings on last year's fuchsia introductions

Each year an amazing number of new fuchsias are made available to gardeners. In 1971, for instance, there were 78 introductions. This year, 59 new ones have already been registered with the American Fuchsia Society. Not all new fuchsias are registered, so the total number of introductions is even larger.

To help find which of these many new introductions is outstanding, the society polls its members for opinions. Members are asked to grade new fuchsias A, B, C, or D on the basis of overall performance, number of flowers, and quality of plant and flowers. These three varieties introduced in 1971 were given an A rating by at least 20 members of the society. If you are in doubt about what

Orange *flower of 'Thumbelina' zinnia is just an inch wide; blooms on 6-inch-tall plant*

nch-wide *bloom of Mexico' zinnia has dark red with bright gold tips*

Sunset's GARDEN GUIDE

DON

Eight cucumber *plants supported by welded-wire fence surround Ben C. Finney of Palo Alto, California. Here, he gathers some for pickling. Entrance into circle is at right*

ELLS MARUGG

Cleome *has pale pink flowers with long stamens atop stem; hand holds long, narrow seed pods*

new fuchsias to try, you might want to plant these:

'Blue Boy' is a double-flowered upright plant. The sepals are white with a pink tint. The corolla is deep blue-violet with pink shading.

'Vienna Waltz' is a trailing plant with double flowers. The sepals are deep pink and the corolla is lavender with outer petals tinged rose.

'Yankee Clipper' is an upright plant with double flowers. Its short sepals are carmine; the corolla is variegated ruby red and carmine.

A leggy spider plant

The pink-flowered cleome shown above, sometimes called spider plant, is a big, heat-loving summer annual. Its size makes it a good background plant along fences and walls. Or plant it as a summer hedge or in large containers.

Cleome grows from 4 to 6 feet tall and up to 4 feet wide. It bears flowers with protruding stamens in late summer. The flowers turn into long, narrow seed capsules, which are good for making dried arrangements. In addition to the pink flowered kind, there is also a white flowered variety.

Sow the seeds in a sunny place. They'll sprout quickly with light watering. When the seedlings come up, thin them to about 2 feet apart. Don't give cleome too much water or the plants will look coarse.

Circle fence for cucumbers

The circular structure in the above is a good way to provide for growing cucumber vines. space economically, keeps the f the ground, and lets you get at th from two sides so you won't o many. The fencing is reusable.

To make a fence like the one you need a length of 4-foot-long wire fencing, some 5-foot-long and twine. To begin, draw a ci the ground in a sunny place wh want the fence to be. Make it big for you to work comfortably Don't forget to leave an entrance. ure the circumference of the circ a tape measure to find out how

fencing to get.

ırge-mesh fencing. For instance, by 4-inch mesh, large enough to ɔur hands through without diffi- Get enough stakes to put one every and at both ends. Drive stakes in ɔund around the circle and atttach ncing to them with twine. Plant ber seeds or seedlings a foot apart the outside of the fence. As they weave the vines through the fence. t, you may have to tie the vines fence for extra support.

for ailing ferns

ımon complaint from people who rouble with Boston ferns is that turn brown on plants kept in- Two problem causers are light ıter.

:s will turn from pale green to to brown on plants that receive tle light. So don't set your fern in rkest part of the house. Put it near low where it can get bright but not sunlight. Turn the plant occasion- that all sides get their share. This ep the fern from being dark green : side and pale green on the other.

er problem is watering. Boston can stand dry indoor air better nany other ferns. But they don't ll in dry soil. Boston ferns grow ı soil that is moist but not soggy.

How often should you water? At *Sunset*, for instance, one very healthy Boston fern in a plastic pot gets watered every weekday. Excess water runs out the drain hole.

Every month soak your Boston fern. Put its container in a sink with the water level up to the top of the soil. Leave it there until the water stops bubbling up through the soil. Drain off excess water before putting it back in place.

Nevada and Utah gardens

Some time toward the end of this month the last killing frost should occur in most of Nevada and Utah. (In the Salt Lake City vicinity the final hard frost should have occurred in April.) So it's time to get started planting annuals, summer-flowering bulbs, and vegetables.

Plant pansies, snapdragons, and violas soon after the last frost. When the weather warms you can plant ageratum, candytuft, daisies, lobelia, marigolds, petunias, phlox, and zinnias. After the frost you can plant summer-flowering bulbs such as begonias, dahlias, gladiolus, and day-lilies.

For a fast start set out plants (rather than sowing seeds) of melons, peppers, tomatoes. If you think that cool weather is still in store, try covering the seedlings with waxed paper caps for a few days. When the weather warms, you can plant beans, carrots, corn, lettuce, onions, peas, and squash. Irrigation furrows dug before the seeds are planted will save you a lot of watering time later.

New six-legged grief in the East Bay

The Cuban laurel thrips, an insect that attacks Indian laurel fig trees (*Ficus retusa* 'Nitida'), has been found in Hayward—the first time in the East Bay. This insect damages young leaves, reducing the attractiveness of the tree but not killing it. Thrips feed on the upper surfaces of new terminal leaves causing them to curl into tight ugly rolls. Sometimes all terminal leaves on a tree may be affected.

Adult thrips have ⅛ inch long, shiny black bodies with needle-like tubes at the rear. Eggs are laid in the rolled leaves, and you can find all developing stages in these leaves. The fact that the egg-to-adult-to-egg cycle takes only about a month, that adults are active fliers, and that freezing weather does not interrupt the breeding means that California may always have this kind of thrips.

If you have only one or two laurel fig trees to deal with, the best way to control thrips is to cut off and destroy any terminal leaves that are tightly rolled and contain evidence of their presence: whitish eggs, larvae, or, of course, the insect itself.

MAY CHECK LIST: *Here is what needs doing*

☐ **Aphids, slugs, and snails.** The major onslaught of aphids should begin this month. Look for them on tender new growth. Try washing them off with a hose. If they return, spray them with pyrethrum. Bait for snails and slugs.

☐ **Feeding.** During this time of active growth nearly every plant needs feeding. Fertilize annuals at three to four-week intervals. After blooming, feed azaleas, camellias, and rhododendrons with an acid fertilizer. To encourage a second bloom later in the summer, feed roses after the first flowers fade. Use a complete fertilizer now to feed fuchsias in the ground and feed again every four to six weeks. Fuchsias in containers need feeding every three to four weeks.

☐ **Grooming.** Prune, shape, or thin hedges, evergreens, and spring-flowering vines and shrubs this month. Stake delphiniums before flower stalks grow too big and start to curve. Remove faded iris flowers and stalks; don't cut back healthy leaves. Pinch top growth of fuchsias to force side branch growth and to increase summer flowers.

☐ **Lawns.** This is the best month to plant dichondra. Start it from seeds or with plugs from nursery flats. Two pounds of seeds cover a thousand square feet and give lawn in about five weeks. You can plant hybrid Bermuda lawns now. Remember to cut established Bermuda lawns with the mower set low.

☐ **Propagation.** Take cuttings of azaleas, carnations, ceanothus, chrysanthemums, daphne, fuchsias, geraniums, ivy, lavender, pelargoniums, and roses now. Cut or break off 2 to 3 inches of new growth. Trim end of stem at a slant, cut off several lower leaves, and dip in rooting hormone. Stick the lower part of the cutting in a pot filled with peat moss and sand. Cover with a plastic bag to keep moist. Put cuttings in their own pots when they've rooted.

☐ **Rhododendrons.** This is a good time to see rhododendrons in bloom at your nursery. Nurserymen try to get peak bloom for Mother's Day, but the peak usually comes a week or two earlier.

☐ **Summer-fall color.** Available this month at your nursery are a variety of summer and fall-blooming plants. You'll see flats of marigolds, petunias, portulaca, verbena. You can also plant perennials such as chrysanthemums, geraniums, Gloriosa daisies, marguerites and pelargoniums.

☐ **Trees.** Build watering basins around young trees that will need summer watering. Fill basins several times so water will soak in to encourage deep rooting. Feed trees now to help them during active growth period.

☐ **Vegetables.** In most of California, you can put in all summer crops now. Plant seedlings of eggplants, peppers, and tomatoes. Sow seeds of beans, beets, chard, corn, cucumbers, lettuce, melons, and pumpkins. For more information on the varieties of corn to plant see page 92. Page 255 has information on how to grow podcorn; page 224 discusses flageolet beans. □

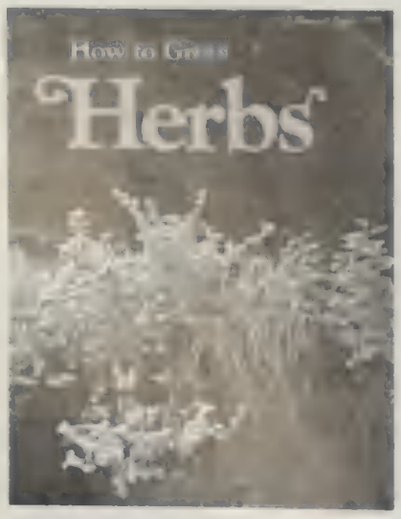
WILLIAM APLIN

DARROW

This photograph *is fr*
new herb book's section that te
how to make herbed v

Strawberry jar *with rosemary, scented geranium, and seasoning herbs. It's in section on herbs in containers*

Growing herbs in the ground, in boxes, or in convenient clay pots



Book's cover *shows silver thyme, sage, marjoram, chives, and spearmint in box. Dittany of Crete is the herb in the clay pot*

It's only natural that *Sunset Books* should publish a book about garden herbs in 1972. Although a small slice of the gardening public has always grown a few of the seasoning herbs for kitchen use, recently a new generation of gardeners has enthusiastically undertaken the growing of all the kinds of plants that can be called herbs.

The broad definition of herb includes seasoning plants, plants with medicinal value, plants grown for their lasting fragrance, and some lovable old plants that never did have much function but have a lot of myth or magic sewn into their histories.

Sunset's new paperback, *How to Grow Herbs* (Lane Books, Menlo Park, Calif., 1972; $1.95) will be useful whichever kind of herbs you grow, or however your interest in the subject moves. The number of pages of lore and general herb information just about match t number of pages of specific inform on individual herb plants.

The first eight pages tell why p started using and growing herbs.

The second chapter tells where to herbs. Fifty-three illustrations many kinds of herb gardens anc growing places, including a wide v of containers.

The third section tells in detail th eral techniques for propagating, ha ing, and drying herbs. It also in recipes for making herb teas, b jellies, vinegars, candied flowers leaves, and potpourris.

The last 22 pages make up an illus encyclopedia of the 49 most po herbs grown in the West with de garden culture, plus herbal uses fo (if there are any).

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DARROW

Rose-shaped, *1-inch-wide flowers and succulent leaves of portulaca*

It makes a color carpet

Brilliantly colored flowers of po
make a stunning ground cover. T
succulent stems with small
leaves are covered with flower
apricot, yellow, white, and subtle
in between; miniature-rose
doubles, or cup-shaped singles. Th
ers need full sunlight to open; the
in the afternoon or when it's over

Pamper these plants too much an
have fewer flowers, rangy grow
water mold. If you give the
drained soil that's not too rich
casional deep watering, you shou
compact plants with profuse blo
virtually no problems with ins
disease.

Use them in succulent and rock g
in gravel beds, or along curbs an
ways—any spot in full sun.

Portulaca is easy to grow from see
it in place after the weather and
warm. Dig, break up clods, and r
soil smooth. Mix the seed with fi
for more even distribution, sc
thinly over the prepared area, an
ly cover with soil. Keep the soi
until the plants are established.

They begin to bloom in four t
weeks, and continue until cold w

For even faster coverage and alm
mediate bloom, buy nursery pla
set them 8 inches apart. N
usually sell the double-flowered
mixed colors, from late spring
early summer.

Portulaca self-sows year after ye
you will have to resow or pla
year to keep the showier strains.

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3. **Right amount:** Squeeze handle, spray's on. Release, it's off. Spray just to the point of runoff. Coat the plant, don't drench it.

4. **Right pattern:** Just turn spray nozzle to get a fine or coarse spray. Or for close-up or long-range spraying.

5. **Most important, right place:** With a Hudson sprayer, you place spray right where the trouble is. With its long extension and adjustable nozzle, you easily reach all parts of plant. Especially under the leaves where many insects hide and most disease starts.

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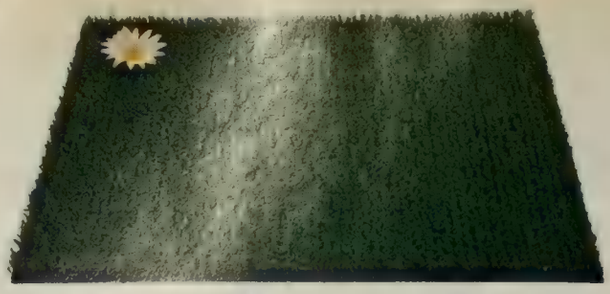

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AstroTurf
Door Mat by Monsanto.

These salpiglossis *flowers are yello red and blue veins, 2 inches wide*

Petunia? No. it's salpigloss

You made a mistake if you thou the colorful salpiglossis flower picture above came from a sp riety of petunia. However, you s feel chagrinned. Salpiglossis a nias look alike to many peop good reason. Both are member potato family.

Like the petunia, salpiglossis is nual that is sometimes hard to st seeds. But once established, it need much care. With occasiona ing, the plants grow 2 to 3 feet t bear flowers with a wide range o blue, lavender, orange, pink, pur yellow. The flower petals are with a pattern of netlike veini

If you can't get salpiglossis as plants from a nursery, start the self from seeds. Some people seeds directly in the ground a frost danger is past, but it's hard the tiny seeds from drying out. way to start them is in flats transplanting.

For flats, use a mix of equal sand, peat moss, and garden soil cast seeds over the soil mix and wash them in. Keep soil mo gentle spraying. Cover the flats transparent material such as plastic sheets until the seeds spr to 10 days. Keep them in a warm window. Thin crowded seedl stand 2 to 3 inches apart. When well established, plant them 1 apart in a sunny place in a rich taining leaf mold or compost.

Remember when a 'place at Tahoe' meant a house, dock, tennis courts and private beach?

Those days, the drive up to Tahoe took all day. So ople stayed all summer. Families with foresight could y entire beaches; and often did. They built elaborate las, docks and boathouses. And spent their days just nning. Or skiing across the lake off the transom of a ıg, powerful speedboat.

These same families have owned Tahoe's prime ıterfront property for generations.

But, recently, one of the larger old ates was purchased, for the purpose of ating a private village; and recreating e original Tahoe life-style.

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It still can. S-5

Mail to: Mr. David Gay, Manager
Lakeland Village, Drawer A
South Lake Tahoe, California 94705

I would like full particulars on Lakeland Village, and the 1, 2, 3, 4 and 5 bedroom villas.

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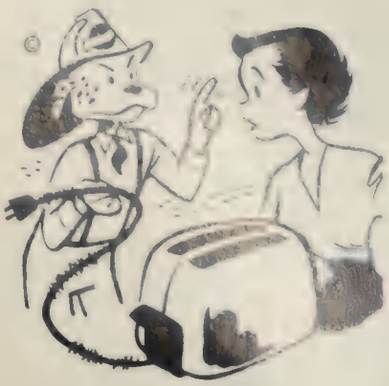

Don't Use Frayed Electric Cords!

. . . or the next home that burns may be your own!

9 out of 10 home fires are preventable! So . . .
Don't give fire a place to start!

Golden orange *flower heads of signe marigold are about an inch wide*

Marigolds tha are undemandi

Signet marigolds are easy, sturdy als that make few demands on t dener, but they are not easy to nurseries. If you want them, you grow them from seed you pla month. They are easy to raise a reward you with an incredible n of flowers over a long season.

Like the so-called African and marigolds, signet marigolds are M in origin. They constitute their ov cies, *Tagetes tenuifolia (T. signata)* differ from the better known ma in freer branching habit, finer, fernily-cut leaves, and smaller, s flower heads with fewer rays.

Some seed racks contain seed p The W. Atlee Burpee Company, side, Calif. 92502, is a mail-order that has two varieties, the golden 'Golden Gem' or 'Ursula,' and the yellow 'Lemon Gem.' Plants g inches to a foot tall and spread a a little more.

They should have full sun, althoug will tolerate very light shade for the day. Pulverize the soil thor where seed is to be sown, open a about ¼-inch deep, then sow seed and cover. In warm, moist soil se should appear in 4 or 5 days.

After the second pair of true leav appeared you can do any nec thinning and transplanting. (True are ferny and much divided; th undivided pair are seed-leaves, n leaves.) Space plants 9 to 12 inche for bedding or edging.

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What happens is t as the heat builds up, meat's fat drips down, orizes, and then sears meat, giving it a deep, , outdoor flavor.

Which is exactly the Electric ır-B-Que rks, too.

The big erence, and antage, is instead of ing to lug ıe heavy bags harcoal, ours ıe with some- ıg new. Per- ıent briquets. ere are no ashes to clean. No messy hands. Ever.

Another big difference is that because it's electric all you do is turn a dial and the "fire" starts.

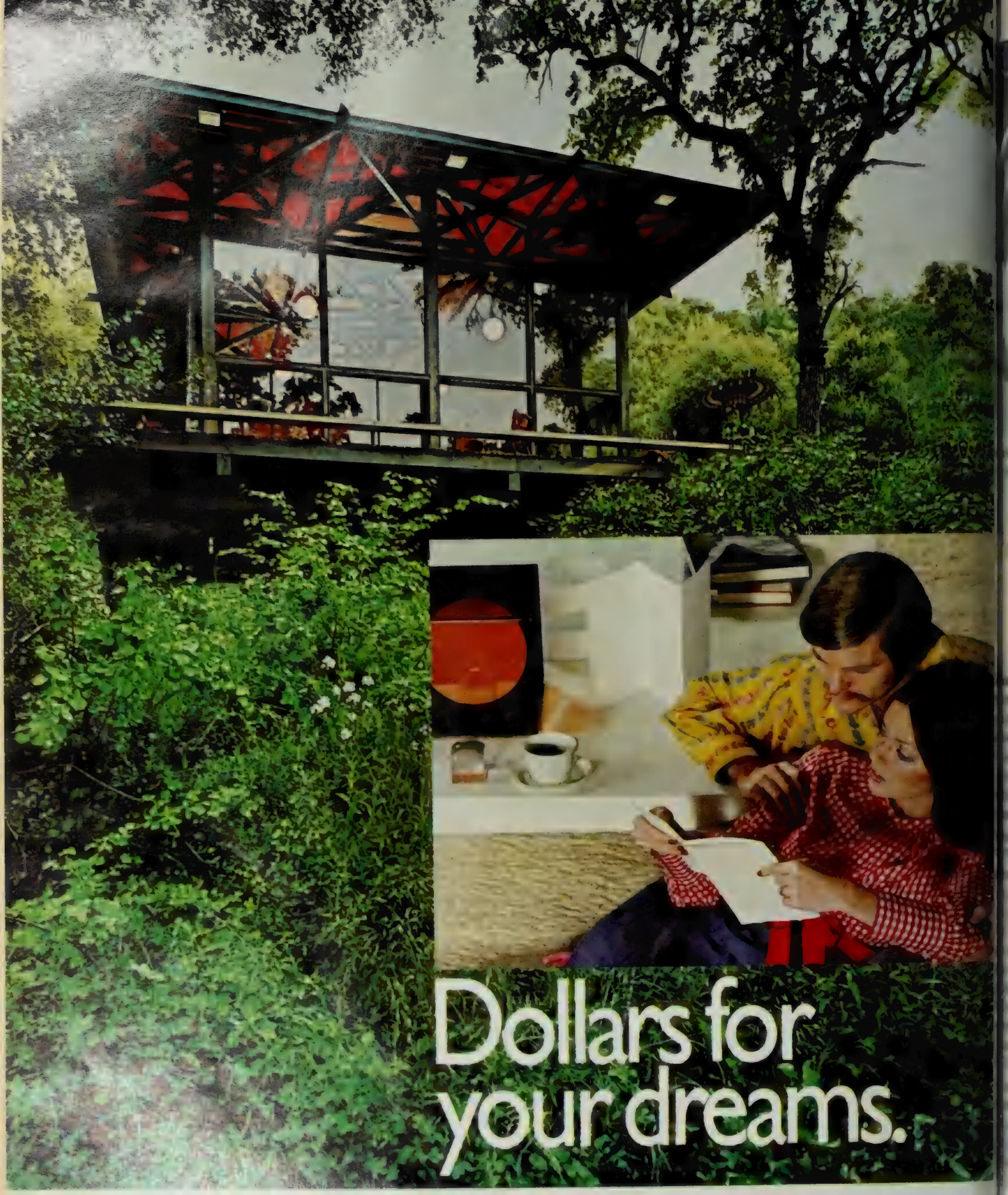
Turn the dial some more and the special control allows you to set the heat at the proper temperature. The heat stays even throughout. And because you can adjust the heat, there's no need to raise or lower the grill as with ordinary barbecues.

Along with all these advantages our Electric Char-B-Que (in orange, yellow, avocado and black) has a rust-proof aluminum casting, a large cooking area, lets you grill, bake, smoke, broil, roast, and since the cover provides reflected heat, no rotisserie is needed.

Also, unlike gas barbecues, there is no costly installation or propane tanks to worry about. The Electric Char-B-Que plugs into any ordinary outlet. Use it outdoors, on apartment terraces, or in the fireplace.

The Electric Char-B-Que. At about $60, it's really not expensive. Not when you think about what that myth has been costing you each year.

r the name of your nearest dealer call 800-631-1972. In New Jersey, 800-962-2803. We pay for the call.
Electric Char-B-Que Inc., Red Bank, New Jersey 07701.



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DON NORMARK

; **out** *podcorn kernels from capsules (glumes) they grow in*

odcorn . . . it's a relic cereal

oes not precisely know the botani- estors of the kinds of corn he cul- today—those shown on page 92. es know for sure that all the orig- ame from the New World. As a uess, podcorn (shown above) or ing like it was probably one of estors of modern corn.

norable Mention award in *Sun-* 71 Garden Contest went to Mrs. nith of Jacktown, near Hillsboro, , for growing podcorn, the relic and showing it to Western gar- You can't get seed of it from a rcial source. Mrs. Smith got her l seed from an acquaintance in stern United States many years her 1972 crop is big enough, she n some seed over to a seed-selling nd then you'll be able to grow it .

re two kinds: black (really purple ther decorative—the one shown and white. The ears, made up of glumes that contain the kernels, side regular corn husks.

e American natives did with this e corn was to pick the kernels e at a time and prepare them. y by grinding them into meal.

sels on podcorn grow thicker and ore than those of sweet corn. As mature, they hang down. Other at, podcorn looks like sweet corn.

re growing something unusual, dcorn, you could enter it in the ntest—details on page 256. □

There's an easier way.

Sure your garden is crawling with a great variety of insects. But you don't need a great variety of insecticides to control 'em. In fact, all you need is one . . . Spectracide®.

Spectracide (with Diazinon®) controls virtually every insect known to gardens. Mites, ants, chinch bugs, aphids, leaf miners are just a few examples.

Protect your lawn, shrubs, flowers, fruits and vegetables with Spectracide. Available in liquid concentrate, granular or pressurized spray, at your nursery or garden supply center.

Spectracide

Flowers or vegetables—it's time for *Sunset's* 1972 Garden Contest

DARROW M.

Reporter *discovered knowledgeable gard likes to grow amaran (foreground) with vegeta*

The picture at right was taken while a *Sunset* reporter was interviewing a participant in last year's garden contest. For the past several years, it has been standard practice to talk with as many of the contestants as possible.

It is still not too late for you to enter *Sunset's* 1972 Garden Contest. The contest gives you an opportunity to show off your gardening ability and perhaps to win a prize for outstanding gardening achievement.

In addition, the contest benefits all of our readers, because what we learn from the contestants is eventually passed along to *Sunset* readers. People from *Sunset* get to visit contest gardeners in many different parts of the West, and see and hear about their gardening lems and solutions. By compiling first-hand experiences, we keep date with gardening in the West. C contestants, past and future, we you for that.

How to enter. All you have to send a post card or letter with name and address to 1972 Garder test, *Sunset Magazine*, Menlo Calif., 94025. Please indicate yo if you are 16 or younger. The de for entering is June 1. In the retur you will receive a complete copy rules, your entry number, and a st participation card which you mus back before June 15.

Who may enter: Residents of Western states are eligible—Alask zona, California, Hawaii, Idaho, N Oregon, Utah, Washington.

Prizes: The judging in this con based solely on a written report sent to *Sunset* in October. Report include snapshots taken by cont of their gardens. The persons w four best gardens will get cash Those receiving honorable mentio get a copy of the new *Sunset* boo *Beautiful Southwest* to be publis September, 1972. Children w judged separately from adults acc to age groups.

All contestants who send in a final will receive a certificate of partic and a special rose bush. The ro be 'Sunset Jubilee,' named after *Magazine's* 75th anniversary, whi take place in 1973. It's a large Tea with double, pink and cream flowers. The flowers bloom on 15 inch-long stems, which makes ther for cutting; they keep well and slight fragrance.

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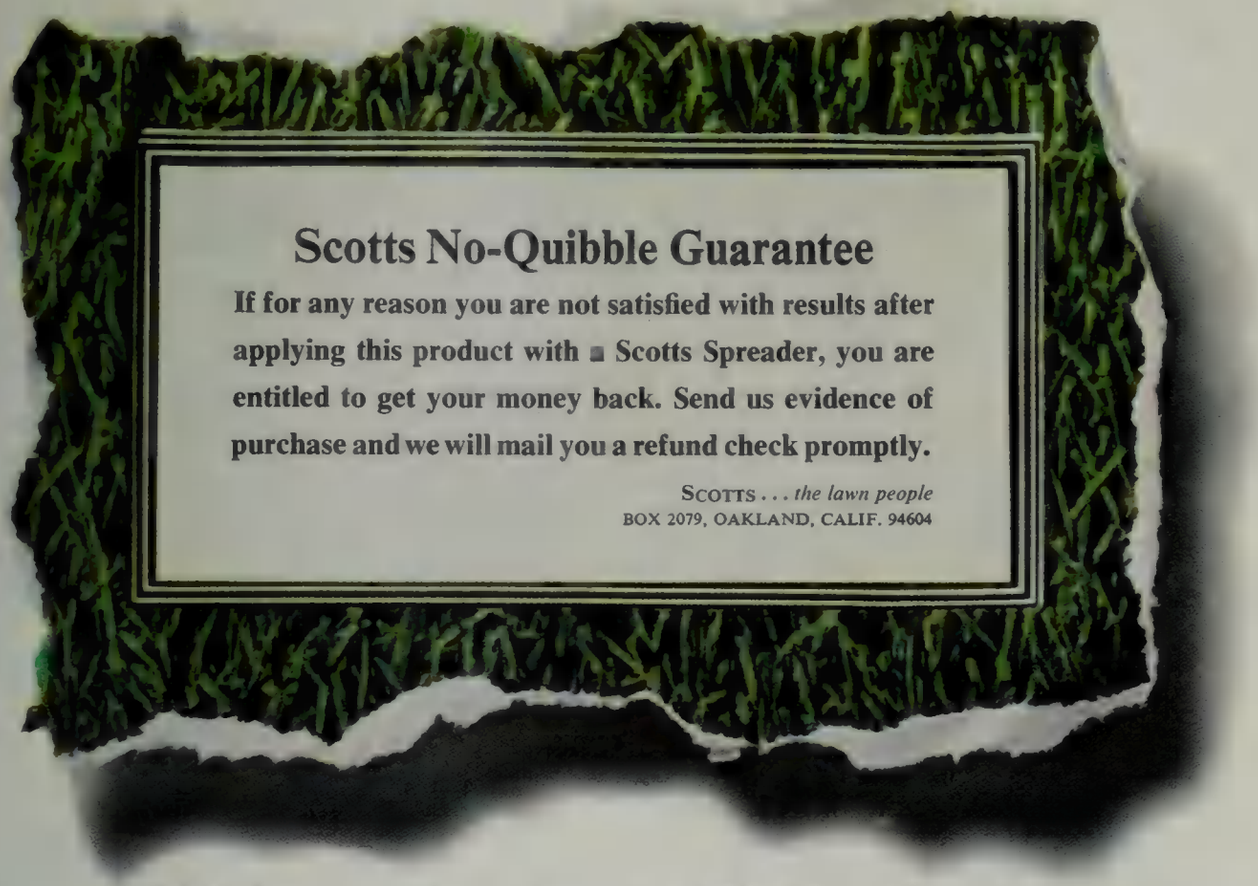

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Simple. We *know* how good our products are. And as far as we're concerned, that's a built-in protection right there.

But most of all, as a company whose only business is lawns, we can well afford to repay someone who's not satisfied with one of our products.

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The Lawn People

The Chief way

Remember how little you slept ıe night before your folks took ɔu to the lake?

You were too excited. Your was too full of visions of what ead. Yet, for all your impatience, ıst couldn't get that clock to any faster.

Today, times have changed. *ds haven't.* They still get just as d at the prospect of a trip to the ınd they have just as much fun they get there.

What's changed is that in ern California today it's far difficult to find the kind of place arents found for you.

Which is where we can We've four recreation commu- serving Northern California e perfect for families who want e to escape to. They offer their ers all sorts of family-style ac- —golf, tennis, swimming, boat- hing, hiking.

But more important, they oday's family a retreat. A quiet, ul, natural place, a world away from the pressures of the day, where time marches to your tune and neighbors are friends.

Hidden Valley Lake's location, 25 miles above Calistoga, 90 miles north of the Golden Gate Bridge, makes it an easy weekend retreat for Bay Area residents.

Lake Wildwood, 12 miles west of Grass Valley, is in historic Nevada County. It's in the heart of some of Northern California's finest hunting country.

Pine Mountain Lake is just 26 miles from Yosemite, where you can watch the seasons change and enjoy each to the fullest.

Incline Village nestles unobtrusively among the ageless pines of Nevada's north shore of Tahoe.

The choice is yours.

Regardless which you select, your family retreat starts with a lot. We'll sell you the lot. We'll help you plan your vacation home on any improved lot. And we'll help you find financing.

We'll also send you one, two, three or four rather unusual booklets that describe in great detail each of our four communities. They're long (12 pages). They're comprehensive (more facts and figures than pretty pictures).

But after you've read one, you'll know what you need to know to decide if the community it describes makes sense for your family. The coupon below gets you as many booklets as you want.

Send it along. Today.

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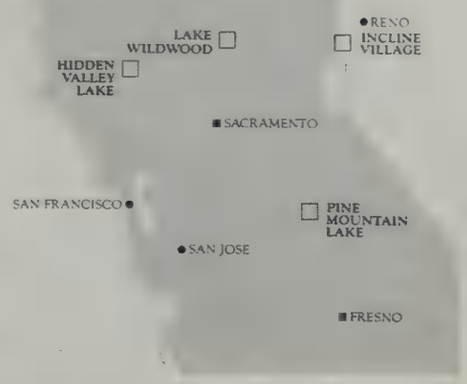

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Palo Alto, CA 94302

Please send me your comprehensive booklet on (check as many as you like).

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Address _____

City _____

Zip _____

☐ Check here if you'd also like one of our recreation representatives to contact you. No check. No contact.

72S5

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all over America

Terraced *Manoa Valley hillside, brown and eroded, is stark contrast to beauty of adjacent slopes of Koolau mountains*

Cuttings *go into grinder for compost. Grinder was provided by Trees of Hawaii, Inc. on four weekends*

Volunteers *line up in bucket brigade style, pass 1,200 vitex cuttings for planting on hill*

MUNITY ACTION IN HAWAII

Volunteers work 47 weekends to repair a bulldozed hill

ı land developer's bulldozers cut ush, 160-foot-high knoll in Hon-Manoa Valley a decade ago, few realized how difficult it would be e the hillside green again, and cut would remain an unsightly, scar.

Project 2, a massive community volving methodical planning and gardening, begun in April, 1970, v obliterated the damage to the be.

eloper terraced the hillside, leav-ıre of vegetation and topsoil, and plant anything. Over the years, 100 inches of annual rainfall eroded the bare surfaces. Later, his attempt to re-condition the land didn't fully take.

Various groups then expressed the desire to repair the damage but were faced with the problem of trespassing. In time, the scar became an accepted part of the scenery for most valley residents.

Spearheading Ecology Project 2 was University of Hawaii student Dennis Kull, who brought in conservationist and solid waste consultant Archie H. Eriksson. They arranged for the university (and thus the State of Hawaii) to assume the liability on the property for one year —an official period from Earth Day (April 22), 1970, to Earth Day, 1971.

Volunteers including professors, students, servicemen, scout troops, 4-H and Future Farmers of America members, Manoa Valley residents, and others put in more than 6,000 man-hours during 47 weekends to beautify the cut. The workers numbered 300 to 400 all told. Their project cost an estimated $1,500 for tools, fertilizer, plants, and workers' refreshments; all funds and supplies were donated.

Workers conditioned the hill's loose, dry soil for months with 2,500 bags of

You can no longer take fo granted what you've always taken for granted.

Touch a switch and the electricity goes on. You do it every day without even thinking about it because electricity is always there. And we want to keep it that way.

There have been no brownouts or blackouts here because PG&E has built new electric facilities on schedule as needed. And there's plenty of electricity here today and plenty in construction or planned to meet growing public needs and consumer demand through 1979.

But if our construction program is slowed down unduly or stopped, there definitely could be brownouts or blackouts here. We build ahead to prevent such problems. And we must continue building, because nowadays it takes about 10 years to acquire a suitable site, obtain regulatory approvals, construct and get a new power plant "on the line."

There are individuals and groups who are trying to slow down or stop construction of electric plants and transmission lines. Some even claim growth and progress are at an end or should be, and that therefore more electric power capacity is not necessary.

The fact is that power demands are going to continue to increase. And PG&E must meet these demands reliably and on time or there will be power short We are doing our job now and are ready, willing an able to keep on doing it. Moreover, qualified, com petent and responsible public agencies assure that in doing so we serve the best public interests, including environmental ecological considerations

To keep your electricity on tomorro we must build today. PG and E

ı material and planted pangola—a African pasture grass—as a ling ground cover. With a grinder y a private firm, they ground up ı waste and wood chips donated by residents. A clever pulley system gged to haul the compost up the ace of the cut, and on more than ccasion a city helicopter airlifted :er and plants.

itex, buffalo grass, centipede grass, grass, *koa-haole*, plumeria, and erry guava were added. The Garub of Honolulu donated *kukui* and rees for a "summit garden." As insurance, University of Hawaii ientist Dr. Goro Uehara and gradudents planted Spanish clover and two tons of lime and high-phos-

n plant milk cartons of vitex rted at home disintegrate later)

ertilizer bought with funds from iversity Environmental Center.

year since the project was comthe permanent plants have taken ı the hill and continue to grow althy pace. The new vegetation in so well that it's difficult to see ndaries of the original scar.

anoa Valley hillside scar, Haclassic example of land abuse, ed concern all over the island. ort of citizens in the greening of ll perhaps influenced the writing nolulu's new, stricter grading ce. □

Control garden pests organically.

Keep your shrubs, trees, flowers and vegetables free of insects and diseases with 49'er Bonanza. It's the one and only all year, all pest, all organic plant spray. Odorless, non-staining. Non-toxic. So safe it can be used on food crops within twenty-four hours of harvest. Added minerals keep leaves green, blossoms clean and fruit firm. Formulated just for California gardens, Bonanza is one of the 49'er Brand products sold only by members of the Master Nurserymen's Association.

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AT GARDEN CENTERS WHERE EVERYWHERE

How to get a nice red, white and blue feeling —and pocket a little green

UNITED STATES SAVINGS BONDS

Getting by with a single feeding

Plants grow fast this month, and fast growth means heavy demand for fertilizer. Nitrogen, seldom abundant in soils and quickly used up by plants, is the critical need; phosphorus and potash are often also necessary. And most good gardeners have learned that continued high plant performance means repeat feeding. Or does it?

Can you get by with just one annual feeding? Possibly so. There are controlled-release or slow-release fertilizers that will feed plants for an entire season —in some cases even longer. There are three kinds in use today. Each works in a different way toward the same end—a gradual release of nutrients tied in one way or another to the plant's demand for the nutrients.

Urea-formaldehyde resins

A number of fertilizers use urea as a nitrogen source. It exists in nature, but this kind is synthesized by manufacturers. It is a concentrated source of nitrogen and is quickly and easily soluble; it can give a quick growth boost. It can also burn plants in too high a concentration, and it is quickly used up or leached away.

Synthetic urea and formaldehyde blend to form a resinlike, insoluble material that releases its nitrogen very slowly as it breaks down under bacterial action. The process is similar to the slow release of nitrogen from natural organic matter as bacteria break down animal or vegetable refuse—manure or compost.

The bacteria operate fastest when soil moisture is adequate and temperatures are warm. Plants grow best under the same conditions. The result is a demand feeding schedule: Food becomes most available when demand is highest.

It is entirely possible that you may have been using fertilizers of this sort for years. Many lawn foods are based on urea-formaldehyde; usually phosphorus and potash are added ingredients. Sometimes packagers add pesticides to make the so-called double and triple-duty products.

Some fertilizers blend fast-acting, water-soluble nitrogen with urea-formaldehyde to give plants a quick pick-up. Others blend natural organic material with the synthetic-organic urea-formaldehyde.

Nursery plant growers often blend urea-formaldehyde into their growing mix to give long-continued feeding to their container plants.

Compressed tablets or pills of complete fertilizer with the nitrogen derived from urea-formaldehyde are easy to use. or more pills placed in a container a plant's root zone in a planting bed release its elements over a long pe Nurserymen often use container pi growing their plants for sale, but sumer-sized and consumer-priced ages seem to be available only in th Diego area. These are called Ferti-

Metal ammonium phosphates

A mixture of magnesium ammo phosphate and magnesium pota phosphate sold as MagAmp works different way from urea-formalde It has only a limited solubility in v The coarse white granules are mix with the soil in a container or pla hole; they dissolve in soil water only a very little at a time, and ore ily no faster than plant roots can u the dissolved plant food.

For perennials, rake the MagAmp the top 2 to 4 inches of soil. For sl trees, or vines, mix with the soil bottom of the planting hole. Feedin last a year or even much longer.

Coated fertilizer

Osmocote is an ingenious conce slow-release fertilizing. Granule plant food are given plastic mem jackets by repeated dipping and b Dry granules are little tan sphere somewhat resemble big mustard When the granules become thoro wet (as they will in moist soil), the absorbs water and becomes a satu droplet of liquid plant food.

The surrounding plastic membran ens, and at this stage the granule resembles a snail or slug egg (sometimes mistaken for one by observers). The dissolved materia fuse through the membrane into th rounding soil water. When this wat picked up a certain fertilizer conc tion, the diffusion stops; it will again when plant roots have us the fertilizer or it has leached awa

The rate of diffusion depends c amount of plant food taken up roots of the plants and by leachin this, of course, varies with tempe season, the rate of irrigation, a nature of the plant. The form most generally available (18-6-12 eight to nine months under mos ditions.

Nurserymen often use Osmocote i soil mix formulas, but it is not yet able in small packages for ov counter sales. A few mail-order sell it in 5-pound packages.

Detail

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153 AZ
154 AZ 481

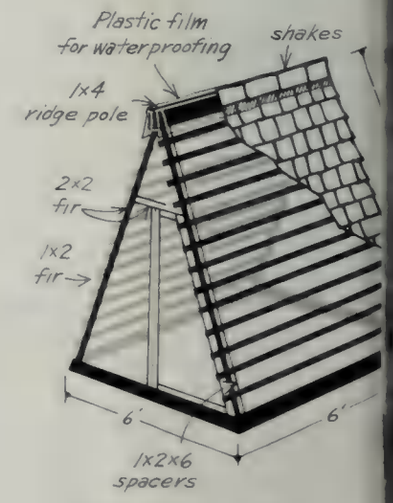
Zebra *finches perch on driftwood hung from center ridge board*

Water flows *through funnel and pipe to fill pond inside*

NORMAN

A-frame *aviary nestles between a gingko tree and flowering almond. Ferns, English ivy, ajuga, and begonias form small garden inside*

His A-frame house for birds has a garden inside



Lay lower *edges of plastic film between top two rows of shakes on each side*

This A-frame aviary, now occupied by zebra finches, was designed and built by 13-year-old Steve Ehlers of Fresno. It won a prize in the children's division of our 1971 Garden Contest.

The open ends and door frame are covered with ½-inch mesh chicken wire, sprayed with black paint to make it less conspicuous. The wooden framework is painted with redwood stain.

A feeder hangs from the ridge board behind the driftwood perch, and nest boxes are attached at the rear.

The birds bathe and drink in a shallow rock-lined concrete pool in one corner, also used for growing watercress and water hyacinths. Steve fills the pool through the exterior pipe as shown above. To empty it he just unscrews the same pipe and the water flows backwards into the shallow ditch along the front of the aviary.

The garden inside is watered by manent sprinkler head with a ho nection outside the aviary. Sm cages protect new plants until t tough enough to withstand a few and scratches from the finches.

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Not just a central air conditioning unit.
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ce. Both Carrier.

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Garden events in May . . . it's the busiest month of the year

Fort Bragg. Through May 31. Rhododendron show at the Mendocino Coast Botanical Gardens, about 2 miles south of town on State Highway 1. Hours: 8:30 A.M. to 5 P.M. Admission: adults, $1; children 6 to 12, 50 cents.

San Francisco. May 3. Plant sale by the auxiliary of Edgewood Children's Home. Place: Hall of Flowers, Golden Gate Park, Ninth Ave. and Lincoln Way. Hours: 10 A.M. to 3 P.M. Donation: $1.

San Rafael. May 4. Flower show presented by the Peacock Gap Garden Club. Place: Peacock Gap Country Club. Hours: 1 to 7 P.M. Free.

Mountain View. May 4, 5, and 6. Show sponsored by the South Bay African Violet Society. Place: Mayfield Mall, Alma St. and San Antonio Rd. Hours: noon to 9:30 P.M. Thursday; 10 A.M. to 9:30 P.M. Friday; 9:30 A.M. to 5:30 P.M. Saturday. Free.

Santa Clara. May 5 and 6. Show of African violets and other gesneriads by the Santa Clara Valley African Violet Club. Place: Sainte Claire Room of the Emporium, 3051 Stevens Creek Blvd. Hours: 1:30 to 9 P.M. Friday; 9:30 A.M. to 4 P.M. Saturday. Free.

San Francisco. May 6. Display by the Bromeliad Society of San Francisco in cooperation with the Emporium. Place: Stonestown Emporium. Hours: 9 A.M. to 5 P.M. Free.

San Rafael. May 6. Marin Bonsai Club show. Place: Marinwood Community Center, 775 Miller Creek Rd. Hours: 10 A.M. to 5 P.M. Admission: 50 cents.

Soledad. May 6. Flower show presented by the Hoe and Show Garden Club. Place: Soledad Mission. Hours: 11 A.M. to 5 P.M. Free.

Rohnert Park. May 6 and 7. Fifth annual flower show by the Rohnert Park Garden Club. Place: Community Recreation Center, 7421 Burton Ave. Hours: 1 to 5 P.M. Saturday; 10 A.M. to 4 P.M. Sunday. Free.

Sacramento. May 6 and 7. Twelfth annual show of the Sacramento Cactus and Succulent Society. Place: Garden and Art Center, 3330 McKinley Blvd. Hours: 2 to 8 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Free.

San Jose. May 6 and 7. Santa Clara County Rose Society show. Place: Public Library, 180 W. San Carlos St. Hours: 3 to 9 P.M. Saturday; 1 5 P.M. Sunday. Free.

San Mateo. May 6 and 7. The nual show of the San Mateo Rose Society. Place: Security National Bank, Fifth Ave. an mino Real. Hours: 3 to 9 P.M. S 10 A.M. to 5 P.M. Sunday. Free

Stinson Beach. May 6 and 7 Beach Wildflower Show. Plac munity Center, State Highwa Belvedere Ave. Hours: 10 A.M. Admission: adults, $1; youths over, 25 cents; children under

Watsonville. May 6 and 7. Mon floral and garden show. Place: tural Building, Santa Cruz Cou grounds. Hours: 10 A.M. to 9 urday; 10 A.M. to 5 P.M. Sund

Carmel. May 10. Monterey Volunteer Services garden tou 10 A.M. to 5 P.M. For tour tic write to M.P.V.S., Box 2004 93921. Make check or money o able to Monterey Peninsula Services. (Seventeen-Mile Drive will be waived for ticket holde

Paradise. May 10. Flower sh sented by the Paradise Gard Place: Elks Club, 6309 Clark R 1:30 to 8 P.M. Free.

Pinole. May 13 and 14. Flow presented by the Pinole Gard Place: Margaret Collins El School, Tennant Ave. and Pino Rd. Hours: 4 to 9:30 P.M. S noon to 5:30 P.M. Sunday. Fre

Sacramento. May 13 and 1 mento Bonsai Club exhibit. Pl dhist Temple, 2401 Riversi Hours: noon to 8 P.M. Saturday to 6 P.M. Sunday. Free. Demo will be given each day at 2 P.M

San Francisco. May 14. Exhi rangements and plants by the S cisco Carnation Society. Place Flowers, Golden Gate Park. noon to 5 P.M. Free.

San Francisco. May 14. The 31 show of the San Francisco Rose Place: Hall of Flowers, Gold Park. Hours: 1 to 6 P.M. Free.

San Leandro. May 19, 20, Flower show sponsored by the renzo Village Garden Club. Pl fair Shopping Center, 15555 E. Hours: noon to 9:30 P.M. Fr

ru-Test Supreme Vitatone Stain flows on like paint—fast, mooth, easy. Yet penetrates deep for long-lasting, weather-esistant protection. Excellent hiding power; covers bare ood surfaces and most colors in just one coat. Makes hingles, shakes and siding come alive with rich, natural istinction. Won't drip and spatter—so your work is quicker, asier, less messy. Choose from wide array of colors. Gallon, **6.49***

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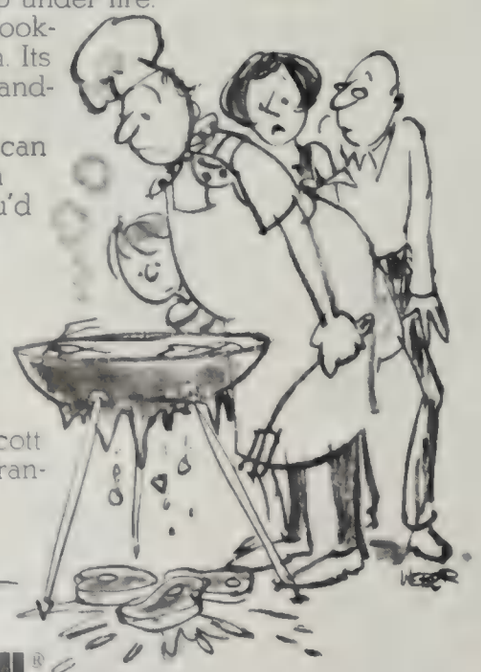

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rin. Place: in front of Crocker
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until sold out. Free.

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show by the Redwood Empire
ciety. Place: Luther Burbank
Garden Center, 2050 Yulu
Hours: 1 to 5 P.M. Free.

Walnut Creek. May 20. Annua
rooted cuttings by the Northern
nia Chrysanthemum Society
Bank of America parking lot,
and Mt. Diablo Blvd. Hours: 1
2 P.M. Free.

El Cerrito. May 20 and 21. Flo
presented by the Sea View Spac
den Club. Place: Casa Cerrito, 9
tola Dr. Hours: 2 to 5 P.M.
11:30 A.M. to 4 P.M. Sunday. F

Grass Valley. May 20 and 21
show of Chicago Park Garden
the Nevada County Flower A
Place: Floriculture Building,
County District Fairgrounds. H
A.M. to 5 P.M. both days. Free.

Palo Alto. May 20 and 21. A
hibit by the Peninsula Bons
Place: Palo Alto Buddhist Chu
Louis Rd. Hours: noon to 9
Saturday; 9 A.M. to 8 P.M. Sun

Redwood City. May 20 and
wood City flower and art sho
Veterans Memorial Building, 1
ison Ave. Hours: 3 to 9 P.M.
10 A.M. to 5 P.M. Sunday. Fre

Sacramento. May 20 and 21
show by the Sacramento
Club. Place: Garden and Ar
Hours: 2 to 8 P.M. Saturday; 1
6 P.M. Sunday. Free.

San Francisco. May 20 and
and plant sale by the Africa
Society of San Francisco. Plac
Flowers, Golden Gate Park.
to 6 P.M. Saturday; 10 A.M. 1
Sunday. Free.

Hillsborough. May 21. Annual
horticulture show of the Gard
Club of the Peninsula. Plac
Hillsborough School, Ralston
Eucalyptus Dr. Hours: 10 A.M.
Admission: adults, $2; high s
and below, 50 cents.

Weott. May 21. Flower show s
by the Southern Humboldt Gar
Place: Agnes J. Johnson El
School. Hours: 2 to 6:30 P.M.

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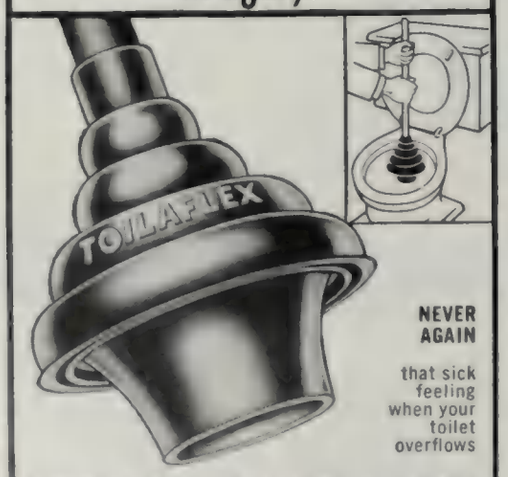

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Tiny flowers *of cigar plant (seen here twice life size) are ¾ inch long, red with dark fringe*

Sprawling plan tiny red flowe

Whether or not the flowers y above look like lighted cigars depends on how you look at th some people the blooms of th plant *(Cuphea ignea)* resemble donna or a folded Japanese when held up by the dark-color

Although people may differ in wl call this flower, there is no doub this unusual plant's usefulness in winter gardens. It forms an ev low-growing shrub or ground co produces its orange-red flowers the year, heaviest in summer an

Hardy to 27°, cigar plant recov from mild frosts, but it won't hard frosts. In cold-winter areas, in a container and bring it indo ing the winter months. Since th stays small, it makes a good hou at any time of year.

Plant in any good, well drained soil in sun or part shade. Ke watered, especially if planted in tainer. Pinch back severely if yo it to stay compact; otherwise let i naturally to 1½ feet across. Y take cuttings in spring that shou quickly enough to give you fl plants in summer.

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This is the month to look at iris and make up your mind about iris. Planting time comes later in the yea

Japanese

Bearded

The year really begins this month for Western devotees of iris. It is the time to enjoy the flowers, order and read catalogs, and reserve plants for summer and fall planting.

Tall bearded iris are the ones most people see and know, but they are just the highly visible and attractive tip of a big iceberg. There are about 200 species of iris and countless named varieties and hybrids. This complexity, along with their pretty colors and unusual forms, makes them a fine group for plant hobbyist and home gardener alike.

An iris flower is complicated in appearance, having three outer segments, which are characteristically broad and spreading or drooping. These are called falls. Three inner segments are usually narrower and spreading or upright. These are the standards. Color range is immense; after all, the ancient Greeks considered Iris the rainbow goddess.

Bearded iris

These take their name from the beard-like tufts of hair at the base of the falls. Garden kinds are practically all hybrid descendants of species that grow wild in Europe, some of which are still used to develop new varieties but few of which are available here. Three kinds of bearded iris differ principally in size—the tall, intermediate, and dwarf. Three other kinds—oncocyclus, regelia, and oncogelia—are much unlike the others.

The first three kinds are easy to grow if their simple requirements are met. They need good drainage; give them full sun in most climates, light shade in the hottest. Plant from July 1 to the middle of September; early planting is best where winters are severe, later dates in warm climates.

The plants you can buy will consist of a plump rhizome, a fan of leaves, some thonglike roots, and perhaps a plump bud or two where new growth is beginning. Set plants a foot or two apart, with the top of the rhizome just under the soil level. Spread roots out well. Point the rhizome's leafy end in the direction you want growth to take place.

All-out iris collectors plant their iris in rows like corn, a single rhizome of each kind. You can get a more impressive landscape effect by growing big clumps and spacing them out in borders. To make an effective clump in a hurry, plant three rhizomes of one variety 8 inches apart, aiming the leafy ends of the rhizomes outward.

On slopes or hillsides, plant with leafy ends upward. (Incidentally, bearded iris make good erosion control plants.)

Water plants thoroughly to be certain roots are well settled in the soil, then sparingly until plants are well established—perhaps every two weeks in warm areas. Established clumps need little water in cool, moist climates; two or three deep soakings each usually suffice where it's hot.

Reticulata

Crowded, unkempt patches of colored varieties have done ir service. Make an effort to loc varieties, and then keep healthy and fresh-looking by crowded clumps after they blo division every three years shoul ten enough. Groom by removi flowers and cutting out old flow Remove old and withered leave

DARROW M. WATT

The classes *of bearded iris and the heights to which they grow. The drawings at left compare flowers of the bearded type to those of three beardless types*

Spuria

kinds of bearded iris, shown
mble the familiar tall bearded
s literature, sizes from border
andard dwarf are called me-

dwarf bearded iris have com-
big flowers for their height.
to bloom earlier than the
s and serve well in borders,
ns, and edgings.

taller are the standard dwarf bearded iris, sometimes called Lilliputs. These also have big flowers for their height and are good plants for massing or for foregrounds in perennial borders. Intermediate and border iris range between standard dwarf and tall in height. Miniature tall bearded or table iris have the same height range as intermediate and border but are more slender and graceful plants with smaller flowers.

Beardless iris

This big catch-all group includes many great and small iris species and classes. Some are tiny rock garden plants, others are stately border or waterside plants. Some are native to the West. The first group contains clumping plants that spread slowly by rhizomes; plants in the second group grow from true bulbs.

Iris douglasiana. This native of the California coast grows easily in gardens either in full sun or partial shade, with summer water or (when established) without it. Evergreen leaves are 1 to 1½ feet long. Flower stems 1½ to 2 feet tall carry flowers that range from lavender-blue or purple-blue—the typical color—to white, cream, yellow, or pinkish.

I. fulva. See Louisiana iris on page 276.

I. innominata. This evergreen iris is native to northern California and southwestern Oregon. Leaf clumps are up to 15 inches tall. Flowers may be yellow, orange, lavender, or purple, usually strongly lined with a contrasting color. Use it in the woodland or large rock garden.

I. kaempferi. Japanese iris. These are among the most spectacular of iris. The big, flat flowers may be a foot across, and are often 6 to 9 inches broad. Stems are 4 feet tall and spring from tight clumps of narrowish sword-shaped foliage. Blooms come in June or July and are white, pink, lavender, violet, or purple, often stippled and penciled.

Japanese iris need acid soil. If soil or water is alkaline, treat plants with iron

The iris calendar from spring to fall

	April	May	June	July	August	Septem
California Bearded	Various medians flower in early April; talls start midmonth.	Peak tall bearded bloom around May 1. Catalogs due out now—place orders.	Select and order varieties for summer delivery.	Shipping season begins July 1. Planting begins.	Planting.	Plantin Some f bloom.
Northwest Bearded	Dwarfs and other medians begin to bloom.	Tall bearded season in mid-month. Catalogs are out—place orders.	Select and order varieties for summer delivery.	Shipping season begins July 1. Planting begins.	Planting.	Plantin Some f bloom.
California Beardless	Natives and Louisianas blooming.	Spurias, early Japanese flowering. Select in bloom, order varieties.	Japanese in bloom; select and order varieties.		Prepare acid beds for Japanese, Louisianas.	Shippin begins month. time to natives begin p
Northwest Beardless	Natives blooming and some bulbous sorts.	Spurias, early Japanese, natives, and Louisianas in bloom.	Japanese in bloom; select and order varieties.			Shippin begins. Also tir move n begin p

May is a month to place orders

sulfate or aluminum sulfate in solution (1 ounce to 2 gallons of water) several times during the growing season. They do not thrive in very hot, dry climates.

Plants need much water during growth and bloom. If potted or tubbed, they may grow in ponds; remove pots or tubs in winter and plunge them in soil. Japanese iris do not like being submerged in water during their winter dormancy.

Plant or divide in late summer or fall. Be sure that crowns of plants are covered by an inch or two of soil. Give plants full sun or light shade and shelter from strong winds.

Louisiana iris. This group consists of three or more wild species native to the southern United States and a number of natural and manmade hybrids. They somewhat resemble Japanese iris in appearance and culture. *I. fulva*, one of the parent species, has smallish flowers of an unusual coppery red. *I. giganticaerulea* has very large blue flowers. These two species are less common than the hybrids, but are sometimes sold.

I. monnieri. See Spuria iris.

I. ochroleuca. See Spuria iris.

I. sibirica. See Siberian iris.

Siberian iris. These graceful plants, hybrids of *I. sibirica*, have flower stems that rise 2 to 3 feet from clumps of narrowish, sword-shaped leaves. Flowers range from white through pinkish and reddish purple to blue and violet. Give them neutral or somewhat acid soil, sun, and ample summer water. Divide and replant old clumps in September or October.

Spuria iris. These include several species and a large number of hybrids. Species sometimes sold are *I. monnieri* (1 to 2 feet tall with yellow flowers) and *I. ochroleuca* (3 to 5 feet tall with yellow and white flowers). Trend today is toward the hybrids, which have shapelier flowers in many shades of yellow, buff, bronze, lavender, and blue. Plants make stiff clumps of narrow leaves; flower stalks are from 2 to 6 feet tall.

Give them rich soil in sun or light shade and ample water during growth and bloom. They should be transplanted and divided as little as possible.

Beardless iris from bulbs

Iris in this group make true bul them in the fall for late winte or early summer bloom.

I. reticulata. Violet-scented i inch violet-purple flowers w markings appear in late winte liest spring on 6 to 8-inch sten ers have a faint scent of viole named varieties are deeper lighter blue. Use in pots or rock

Wedgwood iris. These are r Dutch iris and have similar b flowers in lavender-blue wit markings. They bloom earlier Dutch and are more tender to

I. xiphioides. English iris. Fl on 18-inch stems and come i wine, maroon, blue, mauve, a They're the hardiest of the bi bous iris in cold-winter climate

I. xiphium. Spanish iris, Dutch related kinds are similar; Dutch a wider color range and bloom and April (in warm climates), and June (cold-winter climates include white, blue, yellow, purple, mauve, and bicolors. iris are somewhat smaller a two weeks later than the Du in October or November a where winters are cold.

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ELLS MARUGG

Pink *winter currant 10 feet tall overhangs path. Countless pink and white flower clusters*

PLANT COLLECTOR'S CORNER:

The Catalina perfum the pink winter curra the fuchsia-flowering gooseberry

Drooping *blooms of fuchsia-flowering gooseberry are deep scarlet, nearly an inch long*

Tiny *dull red blooms of Catalina perfume are less engaging than shiny leaves*

Currants and gooseberries are well represented in the California flora. Of the many species, a few are quite handsome and three are outstanding enough to use in the garden.

Pink winter currant or red flowering currant *(Ribes sanguineum)* grows wild from Santa Barbara north to British Columbia. Northern plants tend to have redder flowers in more upright clusters than the southerly form. The latter (pictured above) has drooping clusters of deep rose and white; it is usually called *R. s. glutinosum.*

It is a deciduous shrub 3 to 12 feet tall. In the wild it loses its leaves during late summer drought, but in gardens under irrigation it will hold them quite late. It is one of the first plants to leaf out and bloom in winter and spring. At this season the whole plant has a distinct aroma that most people find pleasant, though some think it "foxy."

It will grow in sun or quite deep shade and will take a great deal of water or (if well established) very little. Plants are obtainable at these California nurseries: Berkeley Horticultural Nursery, 1310 McGee Ave., Berkeley; Burton's Oak Grove Nursery, 2190 Oak Grove Rd., Walnut Creek; Christensen Nursery, 935 Old County Rd., Belmont; Henderson's Gardens, 4180 N. Fowler Ave., Clovis; Wedekind's Garden Center, 21095 Broadway, Sonoma; and West End Nursery, 1938 Fifth Ave., San Rafael.

Fuchsia-flowering gooseberry is a chaparral plant that grows from Santa Clara County south into Baja California. Plants grow 3 to 6 feet tall and are rather upright, with spreading, arching side branches. Stems are spiny tly, leaves thick and dark greer drop off in late summer and pla to leaf out at bloom period, wl be as early as January or as late

Flowers are deep crimson and with long, spidery projecting They hang below the branches very conspicuous. The berries low are dry and bristly. Plants in well drained soil and parti they tolerate a wide range of co but not wet adobe.

Look for plants at Wedekind' Leonard Coates, 2201 The San Jose.

Catalina perfume or evergreen *(R. viburnifolium)* has small, flowers but good-looking leathe green leaves and an attractive s habit. Plants can grow to 3 fee much broader. The dark red s well clad with roundish, ½ t wide, soft-skinned, dark gree that have a delightful fragran wet with rain or dew or whe in the fingers. Some liken the to pine, others to apples, inc something minty.

Catalina perfume is a splendid ground cover, and will take con drought when established. Giv sun near the coast and parti where summers are very hot. kept low by cutting out the o upright branch.

Plants are obtainable at Berkel cultural; Christensen; Leonard Monte Bello Nursery, 1325 Ave., Los Altos, Calif.; Wedeki West End.

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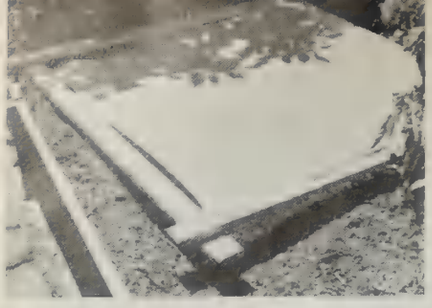


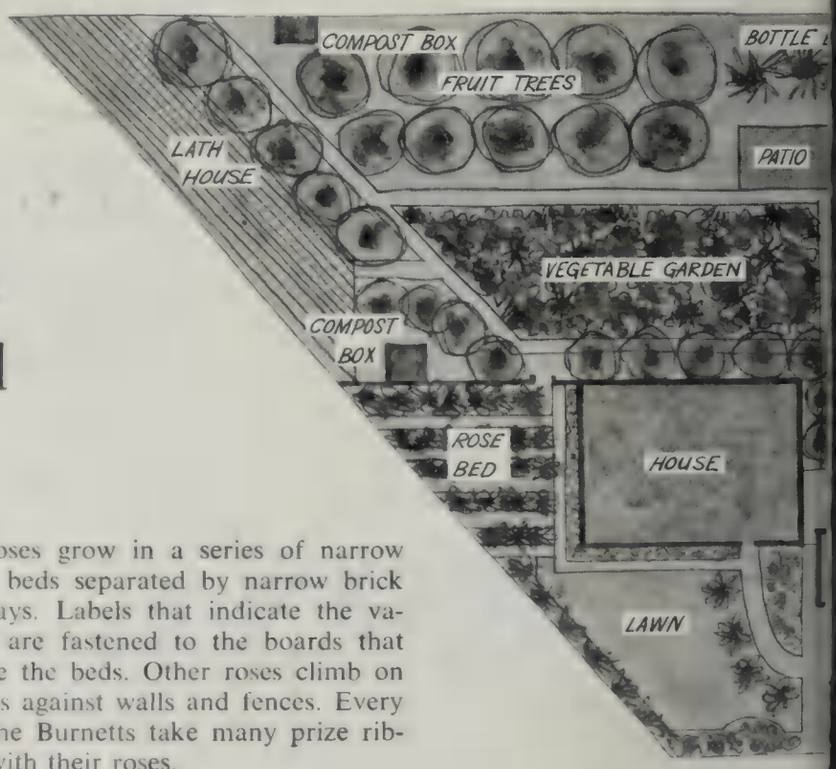
Frame *of wood and cloth keeps birds from seedlings, prevents soil's crusting*

FELS MARUGG

Zinnias *and Shasta daisies occupy left foreground; trellis (right) holds back Gloriosa daisies. To the rear: squash, tomatoes*

Narrow, *raised beds give good air circulation, easy access to the rose collection*

This garden isn't easy . . . and its owner doesn't mind



Fence *behind rose be garden. Area grows fruit, vegetables. Outdoor living a*

People commit themselves to gardening in many ways. Some specialize; others try everything. Some content themselves with basic landscaping; others, like the Fulton Burnetts of San Mateo, California, like to get maximum performance out of their land. Their garden might be described as a fence-to-fence, 365-day-a-year garden.

By avoiding space-consuming low-maintenance elements such as hedges, screens, ground covers, and large expanses of lawn, Mr. Burnett manages to have 22 dwarf fruit trees, 65 rose bushes, a large vegetable garden that produces throughout the year, a lath house, two patios, and a pool with a waterfall. All these—plus a small front lawn and flower borders—occupy a lot that measures just 146 feet in its largest dimension (see sketch at right, above).

The roses grow in a series of narrow raised beds separated by narrow brick pathways. Labels that indicate the varieties are fastened to the boards that enclose the beds. Other roses climb on trellises against walls and fences. Every year the Burnetts take many prize ribbons with their roses.

Vegetables and herbs grow in raised beds in the rear garden. As in the rose garden, narrow brick paths separate the beds, giving easy access for weeding, planting, and harvesting. As soon as one crop is harvested, another goes in. Wood and muslin frames like the one shown above protect seeds and young seedlings from birds.

A garden that yields heavy crops also yields a lot of vegetable trash. The Burnetts dispose of most of this by composting it in bins under the fruit trees. □

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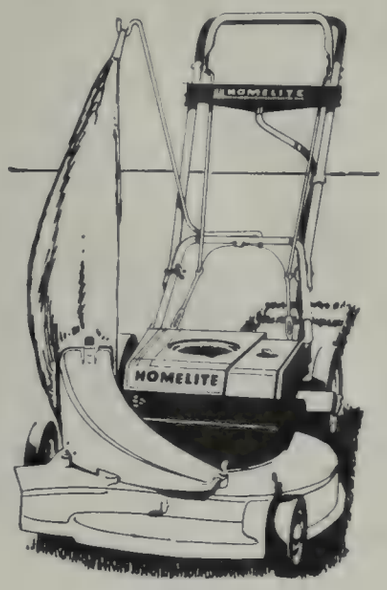

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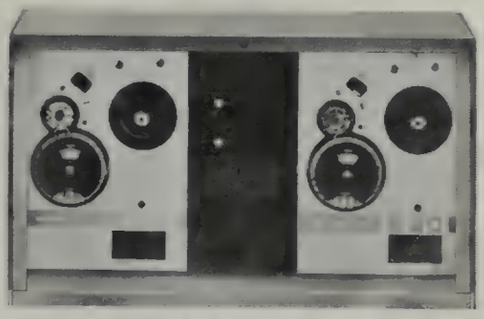

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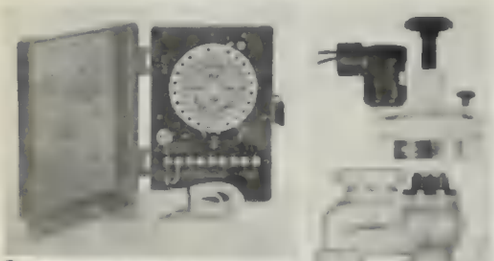

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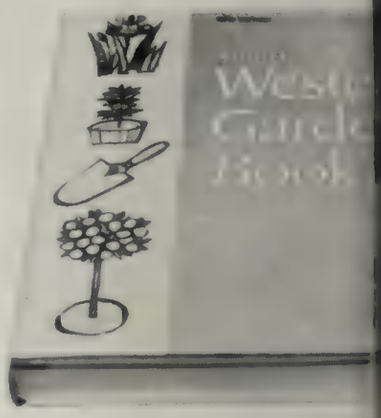

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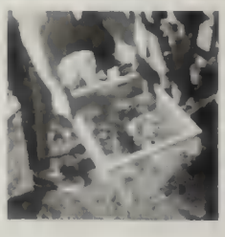

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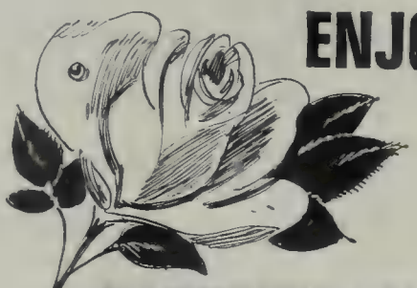

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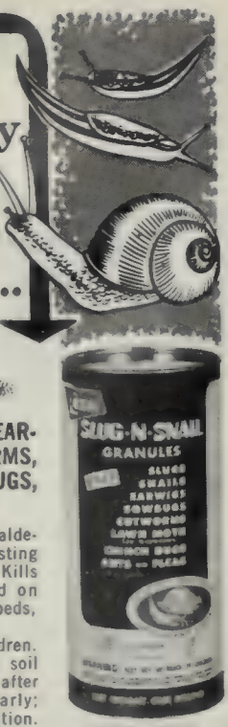

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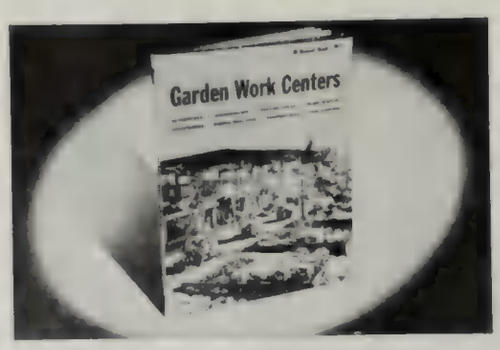

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What to look for. Readers who in infested areas of the East mer in particular should be on out. Examine vehicles for thin tan-colored egg clusters. If you report them to your county ag commissioner.

The caterpillars usually hatch April to early May, then fe ciously until they pupate in late

Apple, oak, and maple leaves among their favorite foods, but strip fir, pine, and other trees the West, where the larvae w a much richer menu to choose hard to tell what they'd eat.

Many of the moth's tree vic survive two or three successive defoliation, but evergreens after only one year's sever Gypsy moths could be more here, because our long sumn allow more than one generatio

In areas plagued by gypsy mot continues over whether wides of chemicals for control ha more ecological damage than itself. Here in the West, if we we will have a chance to check tation early and avoid that arg

How to curb it. The female g can't fly, so it sends out a pow to attract a mate. Entomol using traps containing a synthe sion of this lure to detect gy in areas that are uninfested so con, a company in Palo Alto, plans to offer soon a trap p the public for about $3.

If any moths are trapped, sta ments of agriculture will clos for larvae the next spring and ever control methods are nece

Hopefully, no adult moths trapped or found in the Wes more widely distributed the the more certain it is that g hatching in a new area will be discovered.

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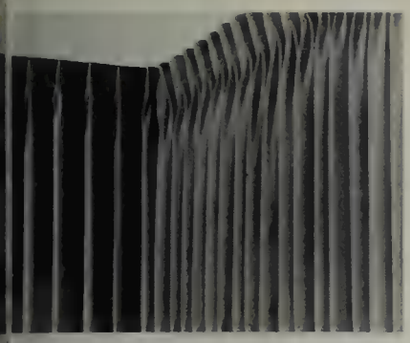

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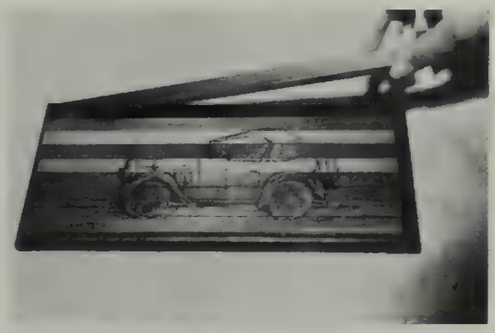

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Now new and safe Easi-Clean™ Beaters that give you open ends for easy cleaning and better mixing because they are better than any metal beaters. These Dupont Nylon unbreakable beaters mix faster and more thoroughly. Their flexible tines conform to bowl sides for complete mixing and quiet operation. And, more important, they leave no metal aftertaste. One size fits all portable model food mixers. Send $3 to The Patio, P.O. Box 1310, Yuma, Ariz. 85364.

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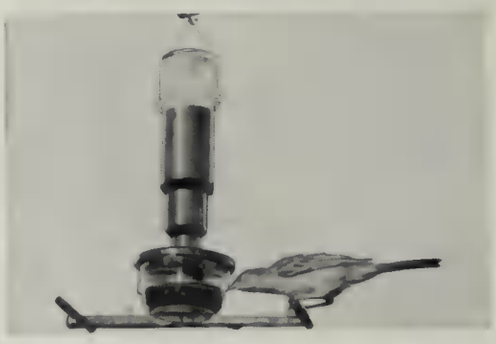
Hand painted in Europe, these finely detailed models of actual European decoys deserve a prominent place in the home or office of any sportsman or collector. Your choice of . . . gift boxed marsh and shore birds, gracefully life sized, or realistic miniature duck decoys. From right: Godwit, $5.98 ea.; Snipe, $4.75 ea.; from top: Woodduck, Mallard, and Pintail: $4.98 Pr. (drake & hen). 3 prs., $12.95. Postage Prepaid. Many more for home & garden, free cat. D-Koys Int., 2107 Ebbesen, San Jose, CA 95124.

Address Labels with Nice De

Any Initial, American Flag, Pine, G Roadrunner, Saguaro, Rose. (Also are Texas Flag, Maple Tree, Treble ette.) Up to 20 letters per line, 4 line in black on White or Gold gummed x ½". Packed in plastic box 500 o 250 on gold for $2 postpaid. Or on D 1¾ x ⅝" for $3. Specify Initial desired Air mail, add 33¢. Bruce Bolind Building, Boulder, Colora Thank you kindly!

Renew your Danish Chair or Sofa

to the original comfort and good looks! Replace those sagging or broken straps. 3 styles of rubber straps: metal clip end, metal peg end, or loop end to use with dowels. Just $1.35 each, ppd. Or nail rubber webbing, 50¢ a ft., ppd. Calif. residents add tax. Specify style and slot-to-slot distance on frame. Need new covers, cushions? We make our own in fine fabrics, use only 100% latex foam. Send 25¢ in coin for *new* catalog: *E. J. Evans*, 630 N. Western, Dept. Y, Los Angeles, Ca. 90004.



Oriole "Fun-Bar"

This exclusive Feeder will attract Fun-Loving Golden Orioles to your garden or patio (actual photo). Hang anywhere, then watch the fun. Orioles are not only beautiful, but "characters" as well. An unusual gift any time. No rust, easy to clean. Guaranteed. Instructions. $4.95 plus 40¢ handling. In California add 25¢ tax. No COD's. Hummingbird Heaven, 10726-S Samoa Ave., Tujunga, CA 91042. Our 17th Year! (Makers of the famous "Hummy-Bird Bar."®)

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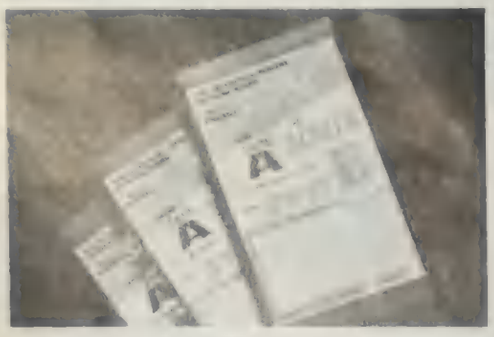
Luxuriant Western Lambskin Rug colorfast dyed to mix or match in quoise, Avocado, Purple, Hotpin Forestgreen, Gold, Smoke, Rust, Natural. Fullskin Lamb Rug, $14 Pillow, $12.95. Special for Mom or both $25.95 with special Mother's Day card. 7 day delivery pstpd in M.O., Check, Bank-Americard, Mas *Harry W. Jackson Wool Co.*, 50 yea land, Ore. P.O. Box 17097, Portlan



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No frame or screws needed. Contains 36" x 84" strong fiberglass screen cloth, 25 lin. ft. of super sensitive double-faced tape. Screens 3 windows or 1 door. Simply apply tape around perimeter to be screened, stick screen cloth on exposed side of tape, trim off excess screen. Send check or money order for $3.98 ppd., (Washington residents add 20¢ sales tax) to *Al-Dor-Win Manufacturing Company, Inc.*, 2502 South "C" Street, Tacoma, Washington 98402.

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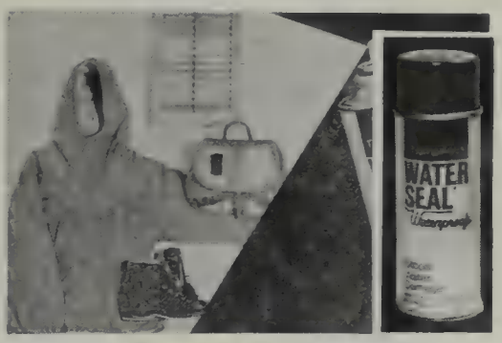
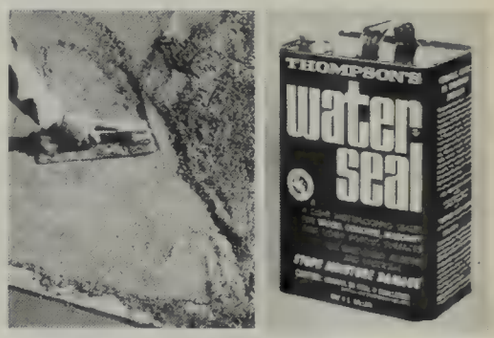


Positive Waterproofing

Colorless Thompson's Water Seal protects, preserves, waterproofs: Leather boots, shoes; golf bags, sleeping bags, ski & fishing gear; canvas furniture; clothing; tents, tarps, awnings; gun cases; tennis nets, boats, door and window frames, screens. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. Aerosol spray $1.89; Qt. $1.95; Gal. $5.95; 5-Gal. $28.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA 94109.



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You get better looking walkways, walls, patio slabs, etc., when you brush, roll or spray Thompson's Water Seal on concrete just before final troweling. It controls moisture loss; concrete dries from within so you get a uniformly cured surface that's stronger, smoother, less liable to check or crack. A second penetration waterproofs concrete. At dealers or write direct. Spray $1.89; Qt. $1.95; Gal. $5.95; 5 Gals. $28.25 ppd. E. A. Thompson Co. Inc., 1333 Gough St., San Francisco, CA 94109.

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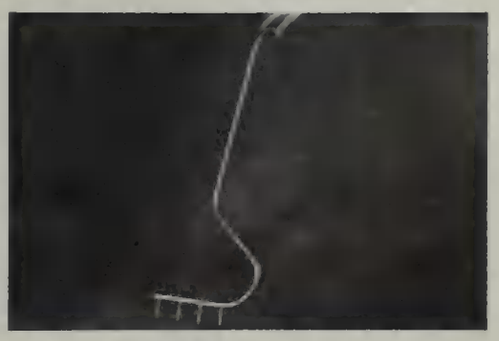

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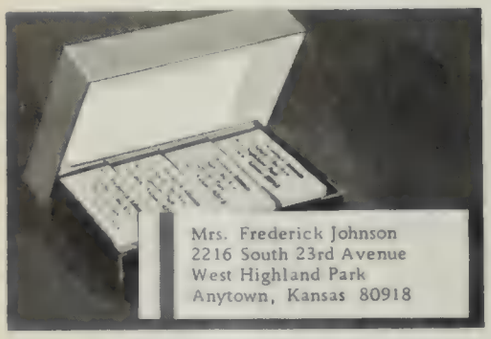

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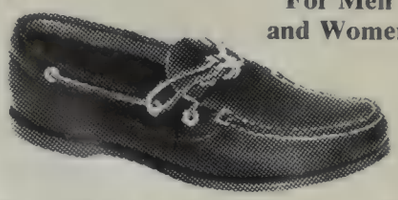

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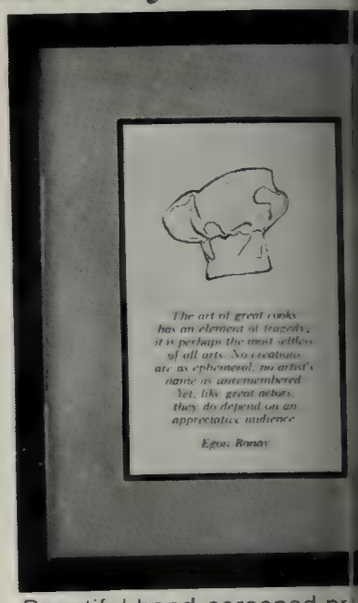

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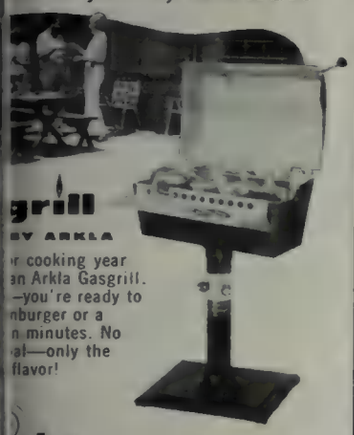

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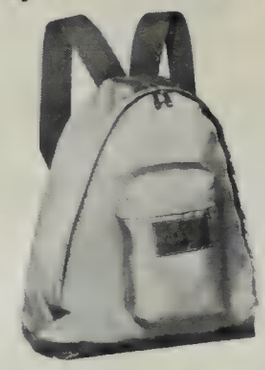

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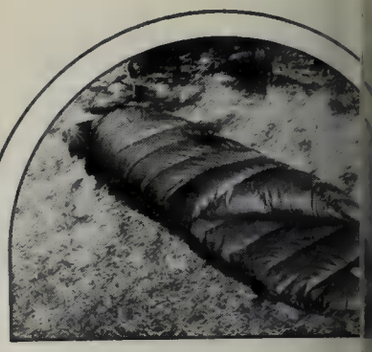

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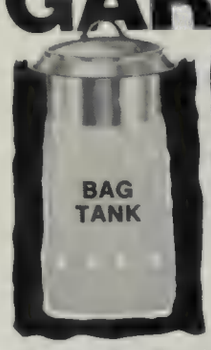

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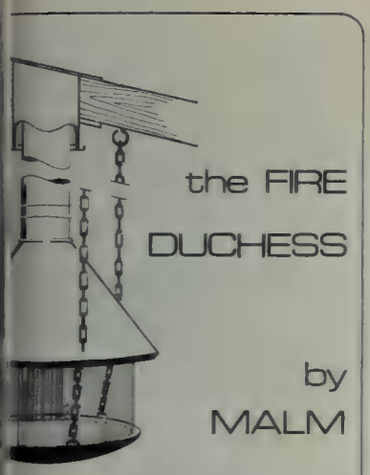

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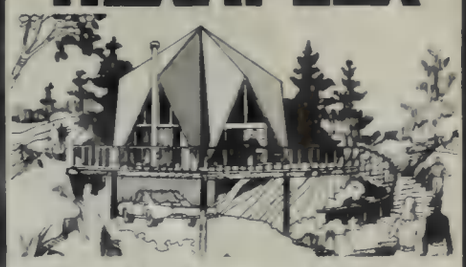

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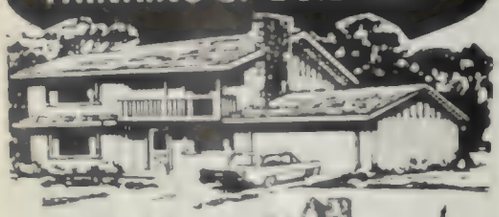

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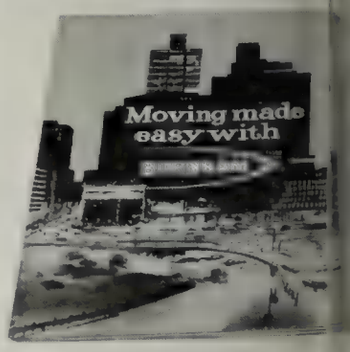

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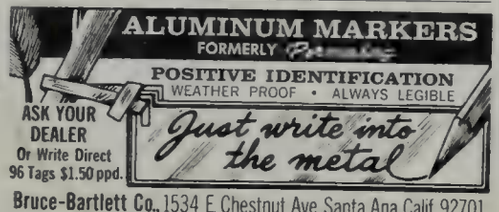

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LETTER FROM *Sunset*

The vegetable comeback

In the April 1961 *Sunset* we commented: "The great majority of ern gardeners have all but forgotten vegetables, and the fun and faction that comes with growing them successfully."

In 1972—only 11 years later—we couldn't possibly make such a ment. For vegetable gardening in the West is enjoying unpreced popularity.

How can we tell? Our information comes from several sources.

We see great vegetable interest in the many home gardens we more than 500 last year alone. Our surveys tell us that nearly 5 cent of our readers grow vegetables. Nurserymen throughout the tell us about astonishing increases in the sale of vegetable seed plants. And the *Sunset* book *Vegetable Gardening* sold nearly 15 as many copies last year as it did in 1963.

Whatever the causes for the renewed interest in vegetables, couldn't be a better place for the vegetable gardener than here Western United States.

Of the 24 climates mapped in the *Sunset Western Garden Book*, suitable for year-around vegetable gardening. That means the Wes doesn't have to be contented with a short summer of activity, an a long dreary winter of living on past glories or brooding ove mistakes. After the summer harvest of corn, melons, tomatoe such, in the West it's time to plant broccoli, peas, spinach, and crops that will supply fresh vegetables in the middle of winter.

The pages of *Sunset* reflect the comeback of the vegetable gard far this spring, 30 articles about vegetables have been published four zoned editions. In this issue you'll find vegetable articles on 92, 110, and 224.

Of course, these kinds of articles are nothing new in *Sunset*. Veg gardening is one of the activities that have been standard *Suns* terial over the years. Like making your own bread for instance, ing vegetables is not only fun and a challenge but also gives worthwhile end product. It's the kind of activity that appeals to p pators not spectators, to people who want to get involved. *Su* written for such people.

WINDOW ON THE WEST: *Seattle Center*

The Space Needle and International Fountain were highlights of the Seattle World's Fair, which opened 10 years ago this spring. Now they're landmarks in the Seattle Center—the great downtown park created from the old fairgrounds (the subject of *Sunset's* cover story for August, 1968). The Space Needle is about 600 feet tall, has a revolving restaurant and observation deck on top. The fountain is orchestrated; music, water action, and lights are programmed together. □

June 1972

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Sunset

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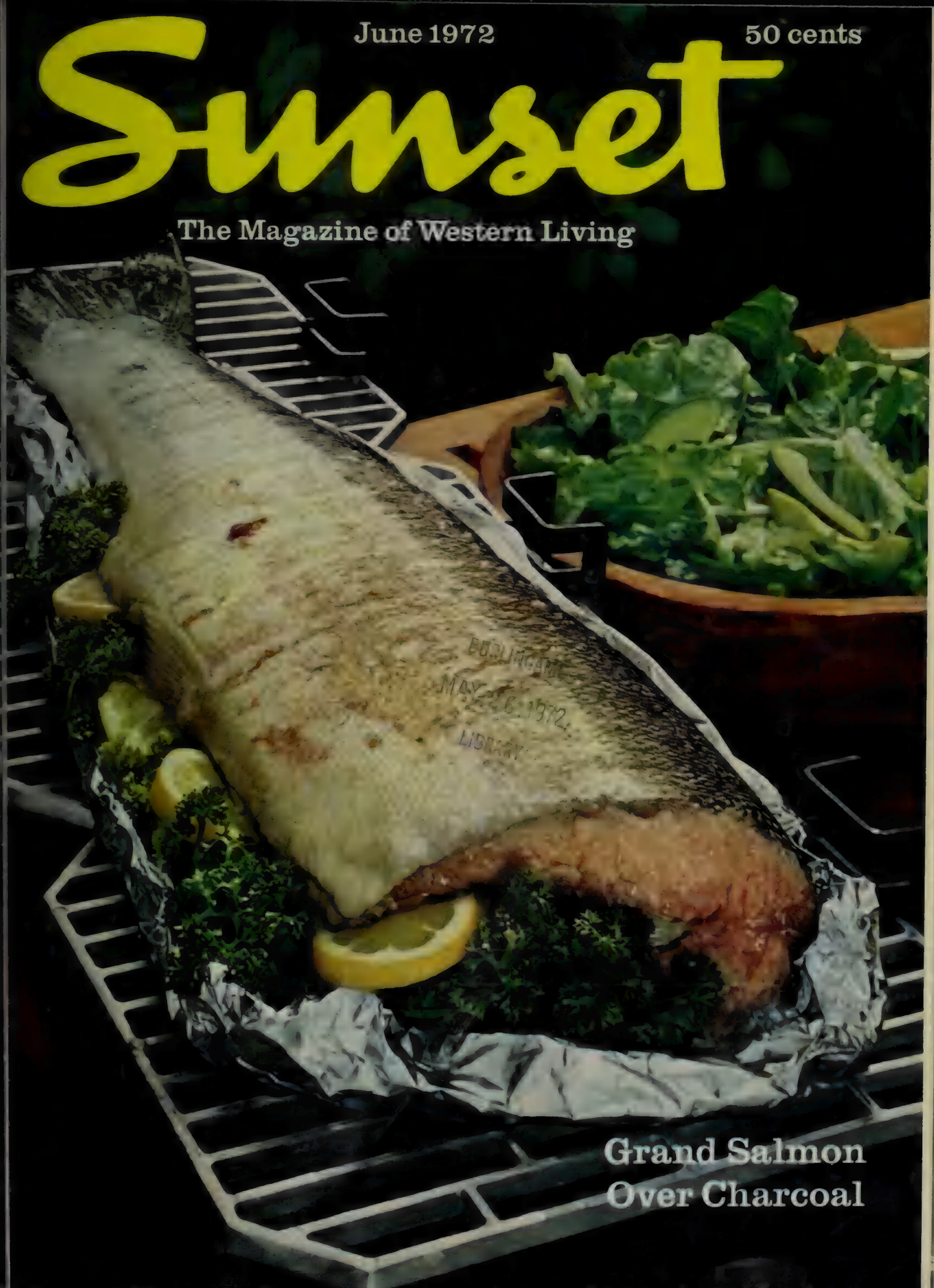

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Sunset · The Magazine of Western Living*

THE PACIFIC MONTHLY *

Central Edition
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The Cover Story

This 8-pound salmon was completely enclosed in foil while it cooked, then the foil folded back for serving from the grill. For more on cooking salmon over charcoal, turn to page 92. Photograph by Norman A. Plate

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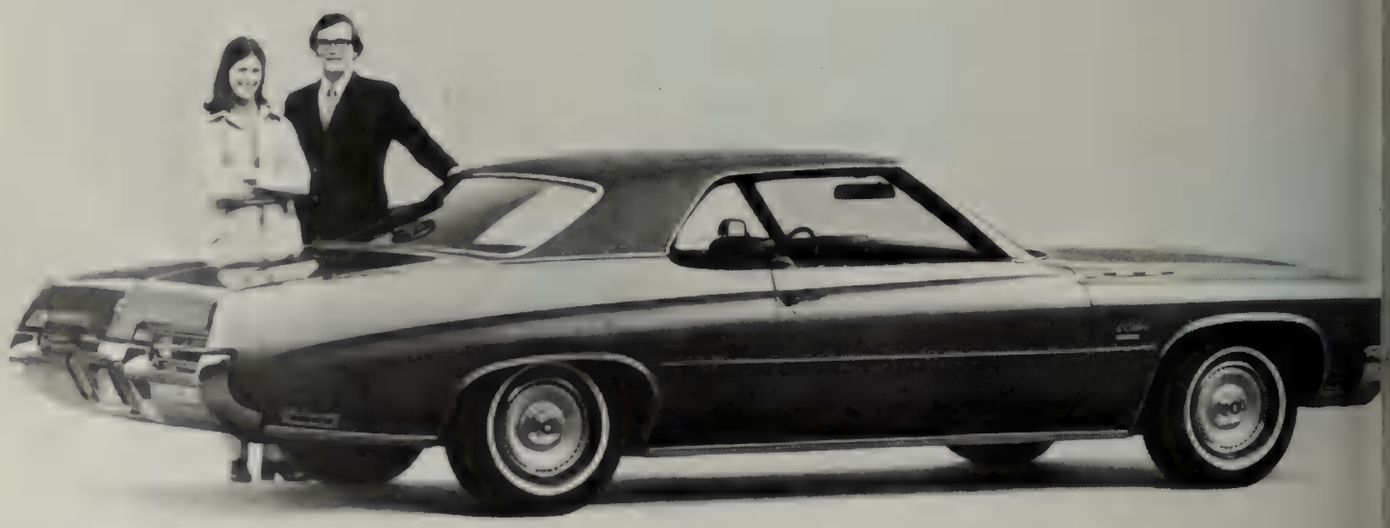
Buick Bargain Days

are going, going...



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ne travel . . . in and beyond the West

RICHARD C. DAWSON

Tour guide, *left, points to detail in "Buffalo Hunt," by Alfred Miller. "Yosemite Valley," by Thomas Hill, viewed by woman, child below*

er art and artifice

the West's early settlers coura- and self-sufficient individuals g doggedly into the unknown, or hey ordinary men and women the best of a hard life? This kind ertainty about myth and reality eated, and then left largely unre- by the artists who painted the n frontier. They romanticized the ape and ennobled the Indians, ys, and fortune seekers. Yet they only visual record of a vast land s now been permanently altered.

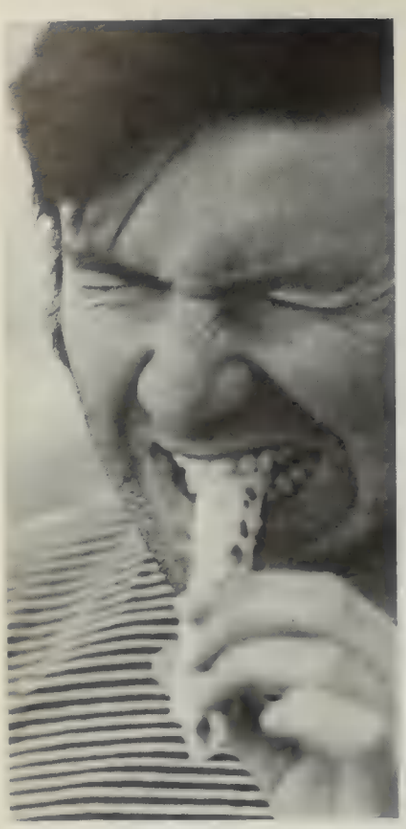
June 9 through September 17, the ung Museum in San Francisco's Gate Park will host one of the xtensive showings of works from r America ever assembled. There 135 paintings, sculptured figures, awings from 24 artists, dating e 1820's to 1900. Admission is $1 lts, 50 cents for students.

ars American art enthusiasts dis- their own frontier and Western ng with just about all nineteenth American painting), preferring ct European work. But now there urgence of interest, with Western- particular beginning to value their heritage.

of the images you will see in this re so familiar, having been re- ed endlessly in the movies and on on, that their artistic merit goes gnized much of the time. For appreciation one must often go the subject to the artist's work- p and vision. (This is especially ry in the cowboy paintings.)

s in this exhibition like George Karl Bodmer, and George Caleb m pursued the subject of the with artistic energy and mastery often with physical courage. Bod- veled the perilous Missouri River s probably the first trained artist k on the frontier. His romanti- ictures of Indian encampments gged landscapes, made between

Sunset *The Magazine of Western Living* • *June 1972*



Stick bread *is chewy—but done*

On the trail in Alaska . . . stick bread

The Sunset editor and photographer who traveled to Alaska's Kenai Peninsula last June made at least one culinary discovery. On the Kenai Canoe Trails in the Kenai National Moose Range, they met an Alaskan couple who were preparing a lunch of freshly caught trout and "stick bread" —the kind that the old-timers prepared on their way to the gold fields.

Just wrap a thin layer of sourdough around a green stick, hold it over the coals until brown, and when you can easily pull it off the stick, it's cooked enough. Travel writer Jeff Phillips, at left, declared it a substantial snack.

To read about other discoveries on the Kenai Peninsula, turn to page 70. □

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1832 and 1834, are a vivid record wilderness as well as impressive of art.

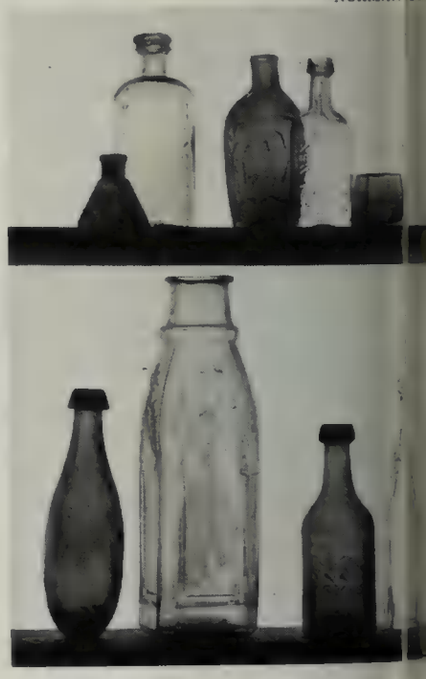
Return of the bottle

The nonreturnable bottle mass-pro these days has about as much in mon with the elegant containers 1800's as the cheapest modern car have with an old Pierce Arrow.

Example: the soda bottle in the left of the picture below. Its gl blue glass and pleasing shape have it a valued collector's item, altho may have been as common as a be when it was manufactured in the 1

You will be able to see similar ex of the bottlemaker's craft at the C Gate Historical Bottle Society's show, Saturday and Sunday, June 25, at the Aahmes Temple, 3291 Street, Oakland. Forty displays w sent bottles of all types excavated Francisco and other Bay Are Northern California locations. Sor be for sale. Hours of the show

NORMAN



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It's a lusty approach to Shakes comedies, leaving the impressic this is what the plays were like Old Globe when audience and

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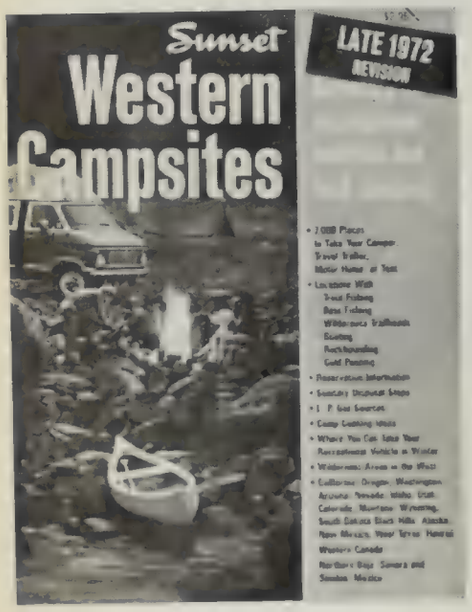

New edition can be distinguished by the "Late 1972 Revision" in the upper right-hand corner.

Due to an errant computer, the early '72 edition carried incorrect details in listings for some of the campgrounds in U.S. National Forests. (Primarily "boat ramps," "firewood," and in a few cases, time limits.)

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Actors perform *scene from "As You Like It" on lawn at Golden Gate Park. Props are minimal*

shared exchanges of wit and rowdiness.

You'll be able to see for yourself as this professional company brings two of its favorite plays, *A Midsummer Night's Dream* and *As You Like It*, to Golden Gate Park the last three weekends in June. The performances start at 2 P.M. (both Saturday and Sunday) on the lawn at the north side of the de Young Museum. A crescent of trees provides a backdrop. There's no admission charge, but a hat may be passed after the play.

Though there is no fixed schedule, *Midsummer* is usually played on Saturday and *As You Like It* on Sunday.

The New Shakespeare Company a
won a national reputation in tour o
California and other parts of the Ur e
States. A reviewer in Los Angeles c
it "a young, terribly vital, talented, n
nutty group of touring actors."

Other plays in the troupe's repertor n
clude *Romeo and Juliet* and *Ha e*
These are not staged outdoors, how er

In July the company will be perfor n
in San Luis Obispo and at Redd g
100th anniversary celebration. F
complete schedule, write to the
Shakespeare Company, 1668 Bus t
San Francisco 94109.

For travel planners, a June check list

Cars in Europe. A booklet that should be invaluable to anyone planning extended auto travel in Europe has just been published and is available for $1.50. It is called *How to Buy and Sell a Used Car in Europe*, by Gil Friedman (Yara Press, San Francisco, 1972).

The book helps untangle some of the most confusing problems American auto purchasers face: how to find the car you want, how to get the registration changed to your name, and how to sell the car legally when you're ready to come home. It offers explicit tips on dealing with the implacable bureaucrats who haunt many European car registry offices. The booklet is available in some bookstores, or you can write for a copy to Yara Press, Box 99113, San Francisco 94109.

Mountain climbers. Mount Adams, a 12,326-foot peak in south central Washington, is the site of the Mount Adams Wilderness Institute, an intensive school for people interested in mountain climbing, backpacking, and high country geology and ecology. There will be four two-week sessions this summer. The first begins June 28, and the last August 19. Cost for the institute is $250, which includes food and mountaineering equipment. Each session features a 70-mile expedition into the Mount Adams Wilderness. For a brochure, write to Mount Adams Wilderness Institute, Flying Ranch, Glenwood, Wash. 98619.

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is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY beginning page 10

GARDEN CENTER beginning page 241

FINE FOODS CUPBOARD beginning page 164

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Sunset School & Camp Directory

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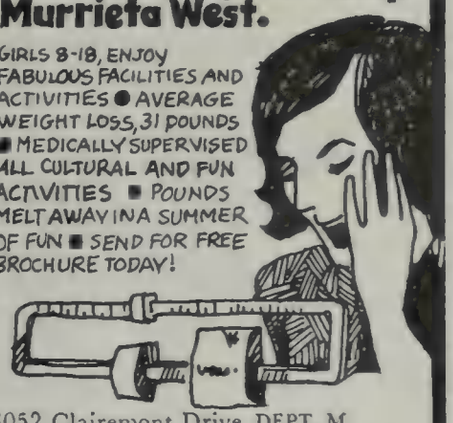

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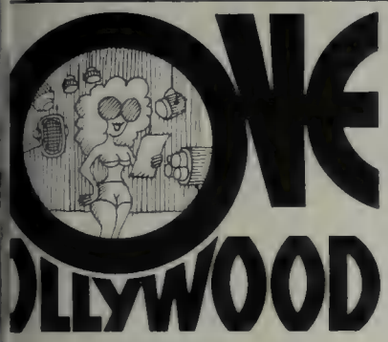

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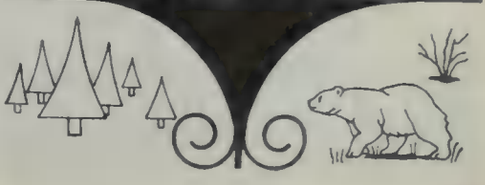

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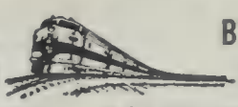
SET SAIL Escorted  **BY RAIL** Tours

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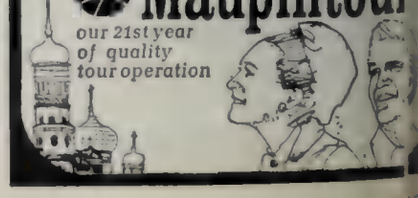

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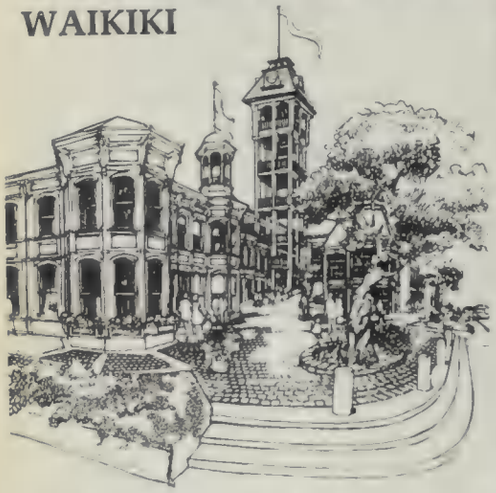

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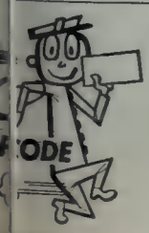

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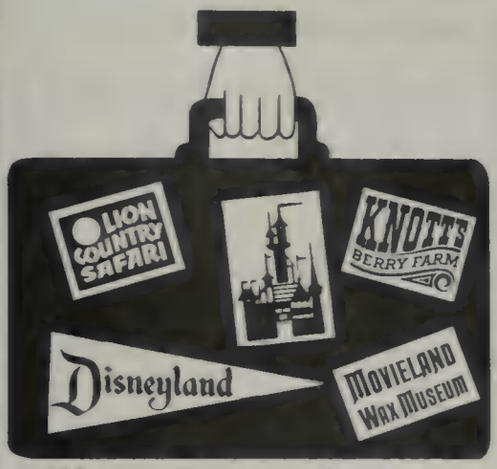

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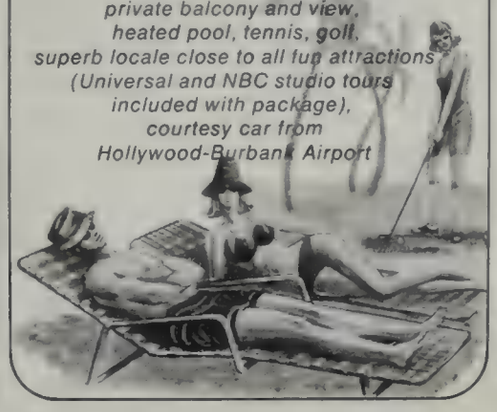

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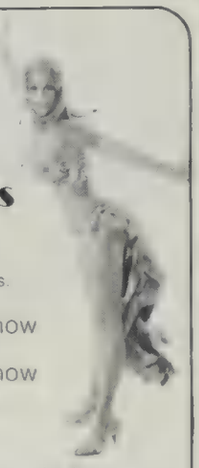

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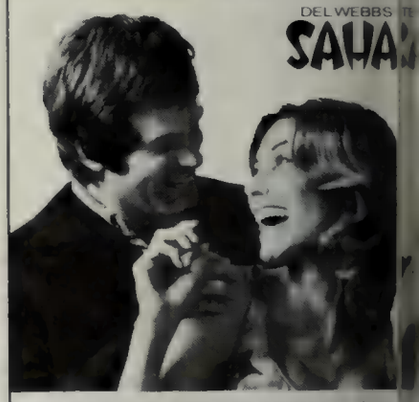

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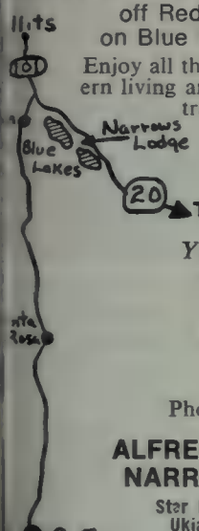

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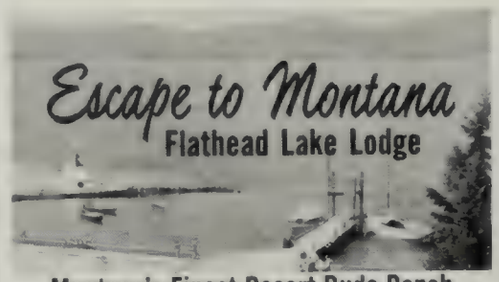

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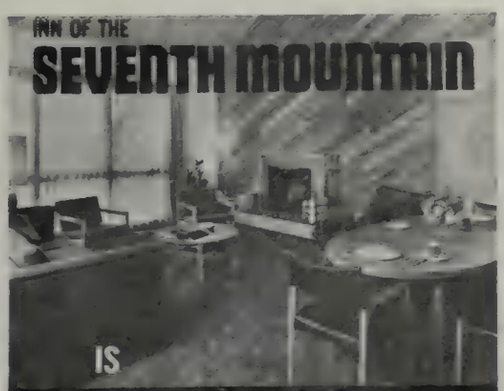

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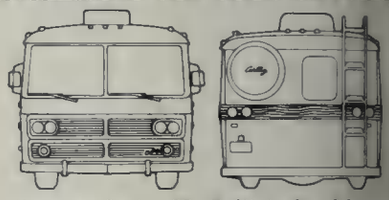

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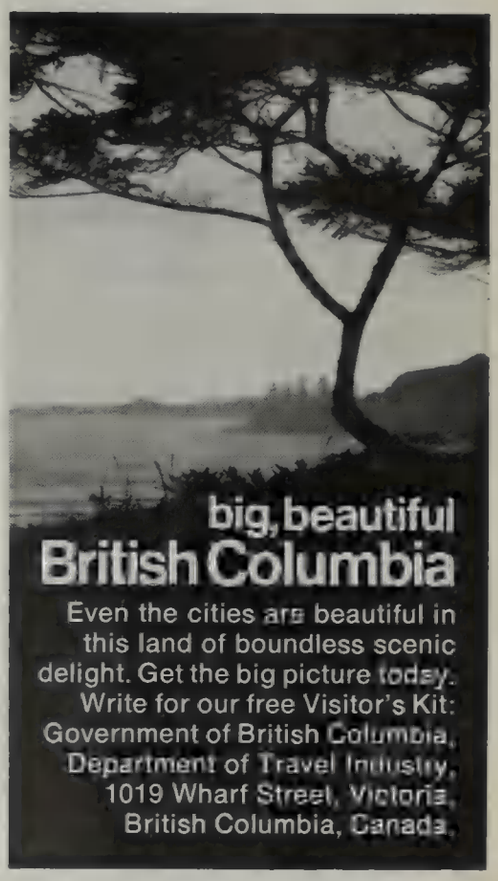

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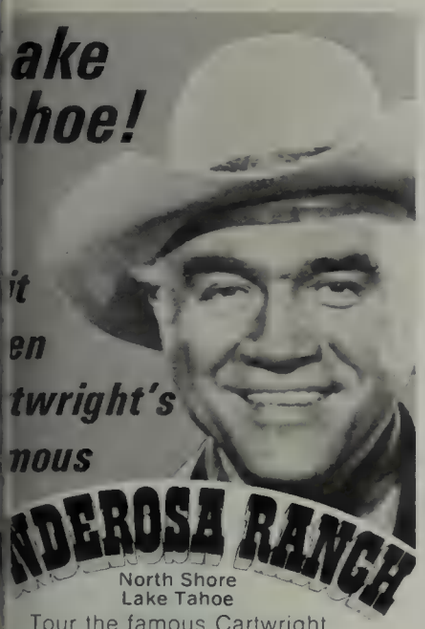

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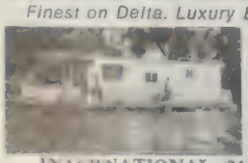

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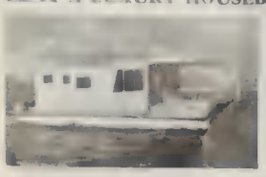

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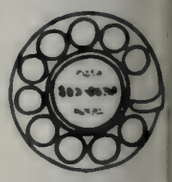

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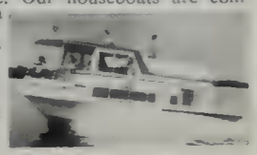

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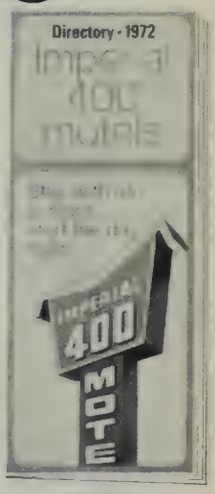

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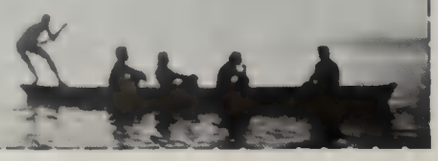

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An especially interesting part of the drive, which parallels the Snake River most of the way, is the area known as Thousand Springs. A series of streams emerge suddenly, without obvious reason, from the middle of the crumbling basalt wall along 2 miles of the east side of the Snake River Canyon.

Historical markers along the highway explain that past volcanic activity repeatedly pushed the Snake River to the south, filling earlier channels with porous lava. The former river beds have become both reservoirs and conduits, gathering water from areas far to the northeast and carrying it back to the Snake River where it bursts from canyon walls in the Hagerman Valley. Eastern Idaho's Lost River, so-called because the river is "lost" in a series of lava depressions or sinks, is believed to be among the streams that reappear at Thousand Springs.

The best view of the springs is at Thousand Springs Resort, about 17 miles from Bliss on U.S. 30. A free picnic area has tables, cooking facilities, and shade trees.

From the springs, it's another 10 miles to the end of the valley, near Buhl, and from there 17 miles to Twin Falls. □

Sheep graze *in a pastoral setting just off the road in the quiet Hagerman Valley*

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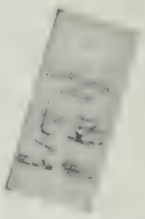

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Another look at gold country

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The 128-page book discusses each along State Highway 49 in the order might encounter it on a motor trip ing south to north. Included for the time is coverage of mining towns in dera County — Oakhurst, Coarse and others. The text contains more of the colorful characters of the er more history of Gold Rush days earlier editions. There are short info tive sidebars on the chronology o gold rush, mining terms and prac and architecture of the area.

Gold Rush Country is especially for those who want to know abou tivities they can enjoy today. It inc information on summer oldtime dramas, steam excursion trains th the foothills, and where to pan for A calendar of events lists annual brations, fairs, and happenings and addresses to write to for informatic

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This year, visitors will watch a three- melodrama by Robert Fulton Kenne *Alaska,* or *The Secret of Yonder Mo tain.* The play is set in the Yukon Te tory during Gold Rush days, and co with hero, heroine, villain, and danc girls. Earl Kelly directs the cast of proximately 50 performers, which cludes many actors from the Seattle a Six performances are scheduled: Ma and 29 (Memorial Day), June 3 an and June 10 and 11.

The short trail to the amphithea which winds through rhododendron plays, opens to the public at 1 P.M. e day. Rain or shine, all performances gin at 2 P.M. and conclude about 2 h later. Early arrivals can picnic in o areas near the trailhead; hot dogs soft drinks will be sold.

Playgoers should dress casually (v rain gear handy), and bring robes cushions for the terraced earthen s in the amphitheater.

The theater is situated on a 160- wild rhododendron preserve owned The Mountaineers, a well known wes Washington outdoor group. It's loc 7 miles west of Bremerton just off S Highway 3, near Chico on the Seab Holly Road.

Tickets are $1.50 for adults and 75 c for children 11 and under. Persons p ning to take the Bremerton ferry f Seattle might be interested in a pack plan. Play tickets, round-trip ferry, bus transportation cost $4.25 for ad $2.25 for children. For details, co The Mountaineers, Box 122, Se 98111; 1-(206)-MAin 3-2314.

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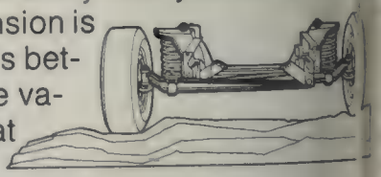

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ıdset *pipes in wheelhouse narrative*

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ew narration system now serves up e and other tidbits about the West's itime past. Visitors to the pier are d with wireless earphones, included ı the admission price. A device in the lset picks up a different transmission ı time you approach one of more ı a hundred key points along the or on the ships.

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The Pacific is Fiji, where the people are as friendly as they are beautiful, where turtles come

out of the sea when they are sung to, and where you can see a fish that climbs trees.

The Pacific is Bali and Samoa. And Tahiti, where people would rather make friends than make money.

The Pacific is exotic Hong Kong, Thailand and Singapore.

And, of course, the Pacific is Japan. Where the trains go 100 miles an hour, but the people stil take the time to live graciously. (They even wash u before they take a bath because a bath is considere a pleasant way to relax rather than just a way to get clean.)

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DON NORMARK

Boats *of every description, from fishing boats (left) to comical "houseboats" (below), enliven Gig Harbor near Tacoma*

Gig Harbor will celebrate the beginning of summer

Harbor, a Slavonian fishing village Tacoma with a growing art colony, s a gala weekend celebration every to mark the beginning of the fish- eason. This year, if you'd like to see of the friendliest and most informal ner festivals in the Northwest, re- June 10 and 11.

e prepared to walk, for the town vls halfway around the bay. Boaters ind limited free moorage at marinas floats around the bay.

Harbor has been a fishing and boat- ing port for more than 100 years, ts art colony is more recent. A rash alleries, studios, and craftsmen's s have opened within the past five , adding their charm to the town.

festival weekend, street-side booths stalls sell everything from hot dogs cotton candy to hand-thrown pots macramé necklaces. Much that goes free: You can hear strolling street cians, see sidewalk theater, watch les take place on both land and , picnic, and visit shipyards.

Sunday afternoon, the fishing fleet l netters, purse seiners, and trollers up to pass a reviewing stand and to ve a religious blessing for the com- shing season. Boats then proceed Puget Sound, followed by a contingent of pleasure craft, to float a memorial wreath on the water in honor of fishermen lost at sea.

Gig Harbor is about 3 miles from the west end of the Tacoma Narrows Bridge off State Highway 16. □

Sidewalk *melodrama so enthralls tiny spectator that she becomes part of show*

Ride free *from one end of Gig Harbor to the other aboard converted, rubber-tired cable car that runs continuously during festival days*

GERALD R. FREDRICK

OSMER O. MAI

A warm spring *or summer day brings out the best in Chico's Bidwell Park. Here tandem bicycle riders t a wooded drive in the lower park, children splash in Big Chico Creek, an rock climber practices in Devil's Kitchen, a deeply fissured basalt formation in the upper park can*

A stop in Chico to use the great park or just to have a look

Picnic areas *al Big Chico Creek near t have tables, barbecue s*

mer glides *through p hole in Bare Hole ming area in the park canyon*

A stop in Chico may yield a surprise for some travelers in Northern California. Bidwell Park, one of the nation's largest municipal parks, sprawls for 10 miles through low foothills and into town along the banks of meandering Big Chico Creek.

Visitors can picnic, swim, and bicycle near town beneath valley oaks and sycamores crowding the creek. In the upper park you can go horseback riding, hiking, or swimming in the creek's deep, scenic canyon.

The park is just off State Highway 99 (about 20 miles east of Interstate 5). Take the Chester-Orland, Central Chico exit and follow State 32 west into town. Turn north on Cypress Street and go four blocks to the park's entrance. Or if you're coming from Interstate 5 and Orland, follow State 32 through Chico to Cypress Street. Once you're in the park, the drives are clearly marked with signs that list distances to park areas.

Numerous picnic sites, a children's playground, and a nature trail are along the drives bordering Big Chico Creek near town. The creek, usually only a step from the picnic areas, is shallow with a gravel bed and is perfect for small children to wade and splash in. For more serious swimming, you can go to Sycamore Pool or Hooker Oak Pool, both concrete dammed swimming holes, or you can swim in the upper park.

Bicycling is popular and you can rent from a firm on East First Avenue, just off the East First Avenue exit from State 99, ½ mile north of the Central Chico exit. Ask for directions on how to ride the few blocks to the park.

The upper park, reached by following Manzanita Avenue past Hooker Oak to Wildwood Avenue, encompasses the deeply cut canyon of Big Chico Creek as it flows down through levels of volcanic rock formations to the valley. Horses can be ridden throughout the park and rent for $2.50 an hour at a riding stable just off Manzanita Avenue near Wildwood Avenue.

An 18-hole municipal golf course on Wildwood Avenue is open every day except Monday. Greens fees are $2.50 on weekdays and $3 on weekends.

Beyond the golf course, a graded dirt road that is passable to passenger cars (expect to get a little dusty) continues through the upper 4.6 miles of the park. Swimming is allowed in several spectacular areas: Alligator, Bare, and Salmon holes. The Yahi Trail, a hiking trail named after the Yahi Indians who once lived in the Butte County area, begins near the end of the paved road and follows the creek 5 miles to the park's eastern boundary.

The park closes at 10 P.M. and overnight camping is not allowed. A map of the park can be picked up on weekdays at the Park Department office, 196 E. Fifth St. from 8:30 A.M. to 5 P.M. □

GERALD R. FREDRICK

Venerable *Hooker Oak, said to be the largest valley oak in existence, is 9 feet thick, has a spread of 153 feet, and is more than a thousand years old*

Going on vacation?

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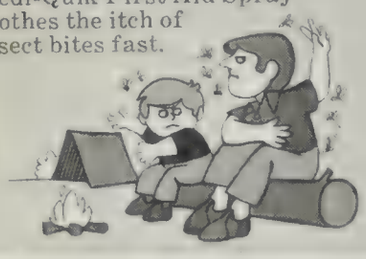
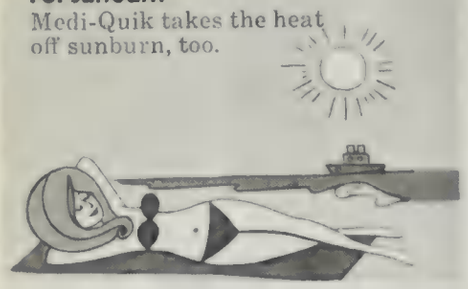
For insect bites
Medi-Quik First Aid Spray soothes the itch of insect bites fast.



For sunburn
Medi-Quik takes the heat off sunburn, too.



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So take it along. You'll need it.

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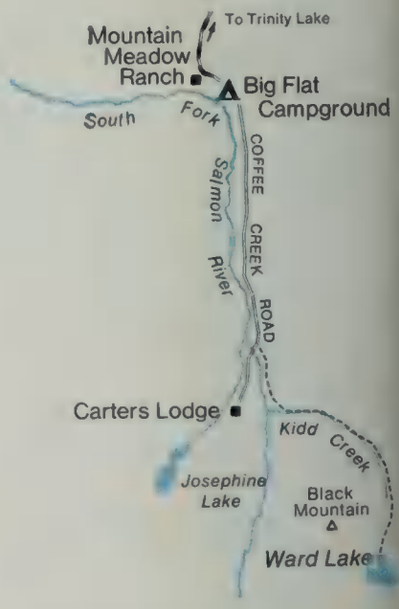
Angler casts *trout fly out on ruffled surface of Ward Lake, 4 steep miles from road*

Fisherman's hike in the Trinity Alps



The Trinity Alps are neither particularly high nor extensive compared to the Sierra Nevada. But their jumbled granite peaks, alpine meadows, and free flowing streams make this wild pocket of northern California one of the finest natural areas left in the state.

Although overnight pack trips are the best way to experience this country, one destination suitable for both backpackers and day hikers is Ward Lake.

The walk starts about 20 miles west of the north arm of Trinity Lake (designated on most maps as Clair Engle Lake), near the end of the improved road that first meanders along the banks of Coffee Creek, then parallels the South Fork of the Salmon River. Not well marked, this road begins on the west side of State Highway 3 about 8 miles north of Trinity Center. Follow the signs to Coffee Creek Ranch and you'll be on the right road.

The dusty gravel road gradually climbs to about 5,000 feet by the time it reaches Mountain Meadow Ranch. Just past thi resort is a small Forest Service camp ground, and about 2 miles past th campground (near the entrance to Car ters Lodge) is the head of the South For Trail to Kidd Creek and Ward Lake.

At first the path is gentle, rolling ove spongy ground and turning throug shady stands of pine. After about a mile at Kidd Creek, the trail begins to clim in earnest—the next 2½ miles to th crest of the ridge gains almost 2,000 fee in elevation. The course stays close t the creek as it tumbles down the moun tain into the Salmon River.

About 3 miles from the trailhead, afte

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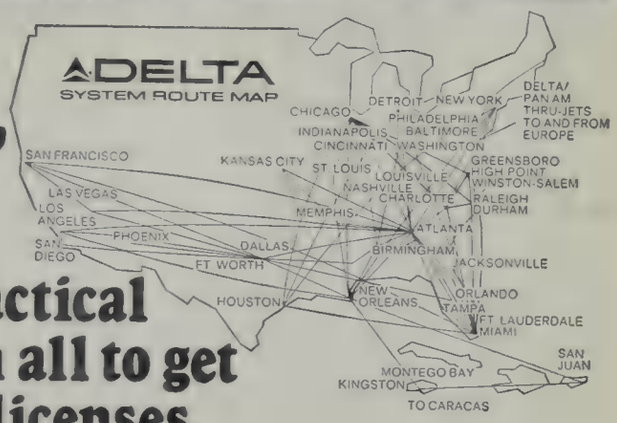

ta's mammoth $23 million 747. Seats 370 in a in built for 490. Upper deck lounge area and ate penthouse. More than a dozen stewardesses.

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See the Pocket 60 at your photo dealer's. It's less than $128.

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Kodak

Easiest part *of trail is through this alpine valley. Ridge hides Ward Lake*

passing through the cool forests bordering the creek, the trail opens into a grass-covered valley caught between two jagged glaciated ridges. This is a pleasant spot to rest and have a picnic. Colorful wildflowers bloom all summer long, sprinkled among the meadow grasses and sprouting in cracks in the rock. Kidd Creek wanders through the valley and in places is overgrown with ferns.

The far end of the valley is the beginning of the most difficult part of the trail. Climbing, the pathway gets steeper and gradually turns into a morainelike slope of loose rubble. After about ¼ mile of this terrain, hikers reach the crest of a saddle-shaped ridge where they can rest and enjoy the view before completing the final ½ mile to Ward Lake.

It is a quick walk downhill to the placid tarn nestled in a semicircle of hills at an elevation of about 7,200 feet. Pine and fir fringe its banks on all sides but the west. There you will find a boggy area inhabited by frogs and polliwogs.

A few brook trout can be pulled from the icy waters of Ward Lake. Anglers using flashbait or salmon eggs will have best luck morning and afternoon. Late in the afternoon, trout may rise to flies.

The Ward Lake trail is for experienced hikers who bring their lunch and water. The U.S. Geological Survey's 15-minute Coffee Creek quadrangle (50 cents) shows this and other trails.

For information on accommodations near Ward Lake, write to the Shasta-Cascade Wonderland Association, Box 1988, Redding, Calif. 96001.

There are a thousand places you haven't seen. And they're all in India. Come now.

Southern India

hange, that's what you need. eplace really different. And 's India, particularly Southern a, where the ancient past ives in its purest form. ummer is there now. But joyous g weather greets you in hill stations" with their kling streams, alpine sts and modern forts. Golf, tennis, one?

Classical Dance

Iadras, the least-ternized of the largest cities in a, is the cultural t of the south and dia's classical dance, at Natyam. Im a young dancer as noves her neck while ing her head absolutely onless. (You won't believe less you can see it and again.)

utside Madras, visit Ma-lipuram. See the world's st stone frieze and play e of the world's longest most beautiful beaches.

City of Festivals

adurai is a must; city of als, site of the Meenakshi le and continuous, ant pandemonium. arnations of several red deities from the u pantheon look back at rom the temple walls.

In the month of Chaitra (April-May) there is a ten-day festival here that is perhaps more colorful and elaborate than any you've seen: Meenakshi Kalyanam (the wedding of the Goddess Meenakshi), the deities parading to trumpet and drum.

Lazy Safari

In Kerala, on the southwest coast, you can take what is probably the world's laziest safari. The Periyar Game Sanctuary encircles a long lake, allowing you to lounge in a motor launch as it drifts around bends revealing elephant families bathing, and deer, bison, taking a refreshing drink. You may even catch a glimpse of a tiger.

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This friendliness of the Indian people is what you are most likely to remember. In a survey taken about the Indian character, the one trait which polled the highest votes was hospitality.

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167

1972

The Teton Range *forms a majestic backdrop as canoeist paddle along the west shore of wind-rippled Jackson Lak*

From Yellowstone to Grand Teton by canoe ...you go 75 miles in 6 days

One way to take an active part in the National Park Centennial this summer is to join the Yellowstone Centennial River Expedition, a six-day, 75-mile canoe trek down the upper Snake River from just below the southern boundary of Yellowstone into the southern reaches of Grand Teton National Park.

It's a bring-your-own-sleeping bag, paddle-your-own-canoe kind of river trip, guided by expedition leaders well versed in the geology, history, and wildlife of the region. In keeping with the spirit of the centennial, the expedition is envisioned as a floating symposium focusing on ways of preserving the character of the park and wilderness experience.

The expedition will enter the river at Huckleberry Hot Springs Campground on July 30, with a repeat expedition scheduled for August 6. Participation is limited to about 30 persons for each trip, but additional trips may be scheduled through August and into September if enough people are interested.

Cost of the expedition is $135 per person if you bring along your own canoe, $155 per person if the expedition provides one. The cost includes all meal Tour leaders will double as cooks, a though expedition members are invite to participate in camp chores. Car shu tle service between the put-in and tak out points can be arranged for abo $15 per car. Transportation to and fro the Jackson Hole Airport is availab at $20 per person.

A *Sunset* reporter was among the canoeists who took the prototype ce tennial trek last summer. The young member of the group was 7, the old 74. Most were inexperienced canoeis but all were able to develop adequa paddling skills during the easy, ea days of the expedition.

For reservations, suggested equipme lists, and itinerary, write to the Ame can River Touring Association, 10 Jackson St., Oakland, Calif. 94607.

JOHN S. YOUNG

Canoeists *relaunch at Pacific Creek after 4-mile portage around lake dam, will head down Snake River for 22 miles*

Tempo *of river picks on final run to Mo*

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along this new directory when you head for the outdoor It will help you pick the spots that offer the most, and cilities you want. Take a look at the contents listed on ght side of the cover. Inside the directory's 364 pages find road directions, with all campgrounds, located on state by state.

includes reservation information, acceptance of pets, complete report on hookups, showers, fees, time limits, sanitary dumps, ice, wood, etc.; nearby attractions, trailheads, ghost towns, wilderness areas, hunting, nature trails, etc.; nearby waters, lakes, streams, distance to boat launch, rentals, horses, boats, trailers. Look for it at your book stores, camping and trailer supply dealers, or send check with coupon.

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(6.72)

**If you have already bought a copy of the '72 edition, see important message on page 6 of this issue.*

The snake dance, the buffalo dance, and many, many more . . . in Portland June 7 to 11

Tepees *transform Portland pa into Indian villa during annual encampme*

This month more than 400 Indian dancers from 25 states and 50 tribes across the nation will gather at Portland's East Delta Park to perform traditional Indian dances and to sell Indian food and arts and crafts.

The annual event, which this year is planned for June 7 through 11 at the park just off Interstate 5 at the Union Avenue exit, will draw performers from Alaska to Florida. You'll see members of the Blackfoot, Cheyenne, Colville, Klamath, Navajo, Seminole, Sioux, Umatilla, and many other tribes.

Indian medicine and war dances, fam iar to cowboy movie fans, were actua only minor pieces of a more sweepi repertoire of Indian dance that touch on almost every important aspect of I dian life. Some of these other dances w also be performed, including the buffa snake, and friendship dances. Perfor ers will also compete in dance contes During the first three days of the e campment, they'll dance from 7 A.M. 11 P.M. No dancing is scheduled Saturday or Sunday, but the encam ment grounds will be open to the pub and impromptu performances may held on these days.

Indians will sell examples of their a and crafts: silver and turquoise jewe (bracelets, rings, necklaces) from Sou west tribes; carved ivory from Alas reed baskets and woven goods from Northwest; and wool jackets, beac medallions, shawls, and blankets.

You'll have a chance to try some t ditional Indian foods. Baked salm barbecued venison, bear, buffalo me and fried corn and wheat bread will sold at food booths.

The encampment grounds will be o free to the public. Admission to danc performances is $1 for adults, 50 ce for children 12 and under.

Indian dancing *is main feature of encampment. This young man, Kenny Sweetwater, is a past winner of war dance contest*

LESTER G

Visitors *choose from a of Indian beadwork, other cr*

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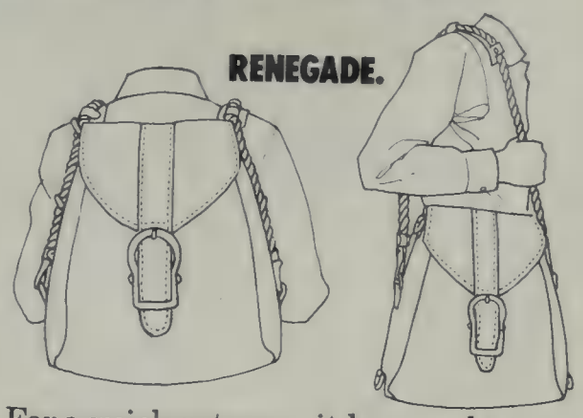
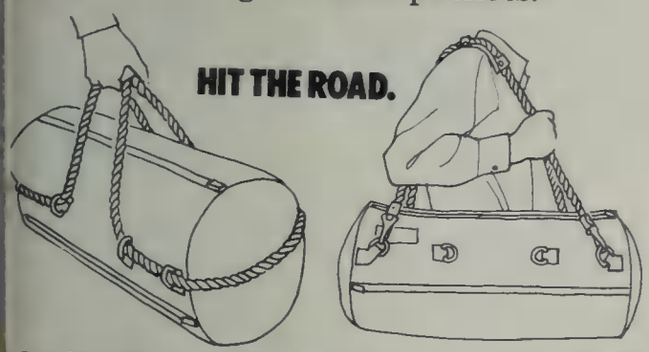
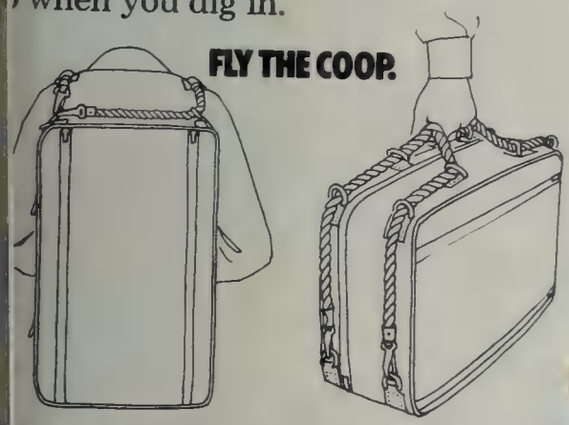


For a quick getaway, it keeps what you need the most right at your side. Lots of what you need the most. Cameras. Suits. Underwear. Dresses. Tickets. Letters. Harmonicas. Food. Champagne. And plenty more. But don't look back.



: looks like a duffle bag because it is a duffle Except more fashionable. Just jam every- g into it you can think of. Your body does work while you feel like you're doing noth- And since the entire bag is really 3-in-one ree specially designed, individually zip- d compartments—you don't have to dig when you dig in.



lling it a suitcase is an insult. It gives gives and gives no matter what you stuff it. What more can we say? When you're y to take off, just fill 'er up.

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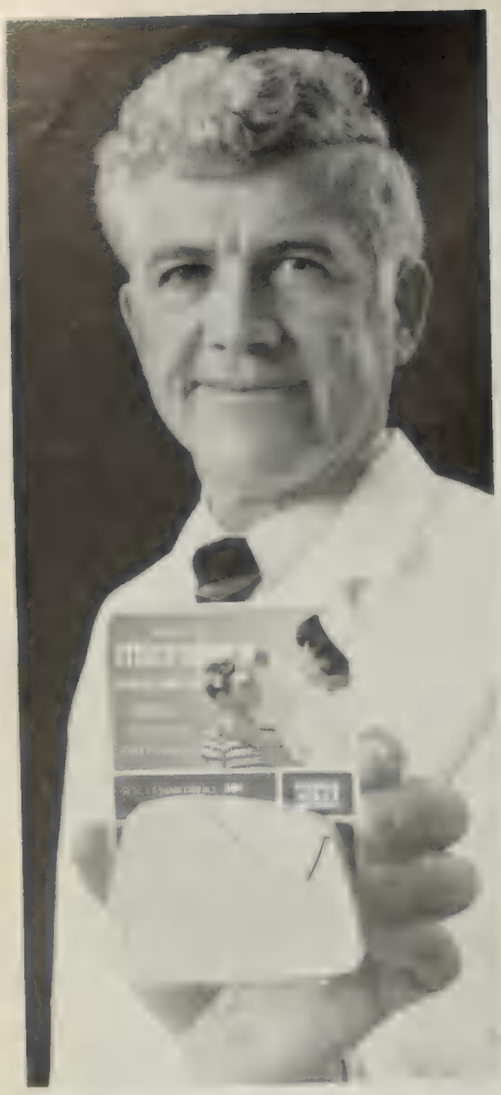

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CECIL HELM

Engine number five *waits in piney setting while passenger takes a closer look*

The Tahoe, Trout Creek, and Pacific starts up on June 14

Plaintive whistles and billowing steam and smoke are no longer a part of long-distance rail travel. But many old steam locomotives are being carefully restored for the pleasure of people who may enjoy a nostalgic journey.

At South Lake Tahoe you can now ride a narrow-gauge steam line—the Tahoe, Trout Creek, and Pacific Railroad. The train puffs through beautiful pine forests and level meadow country along Trout Creek, not far from Heavenly Valley ski resort.

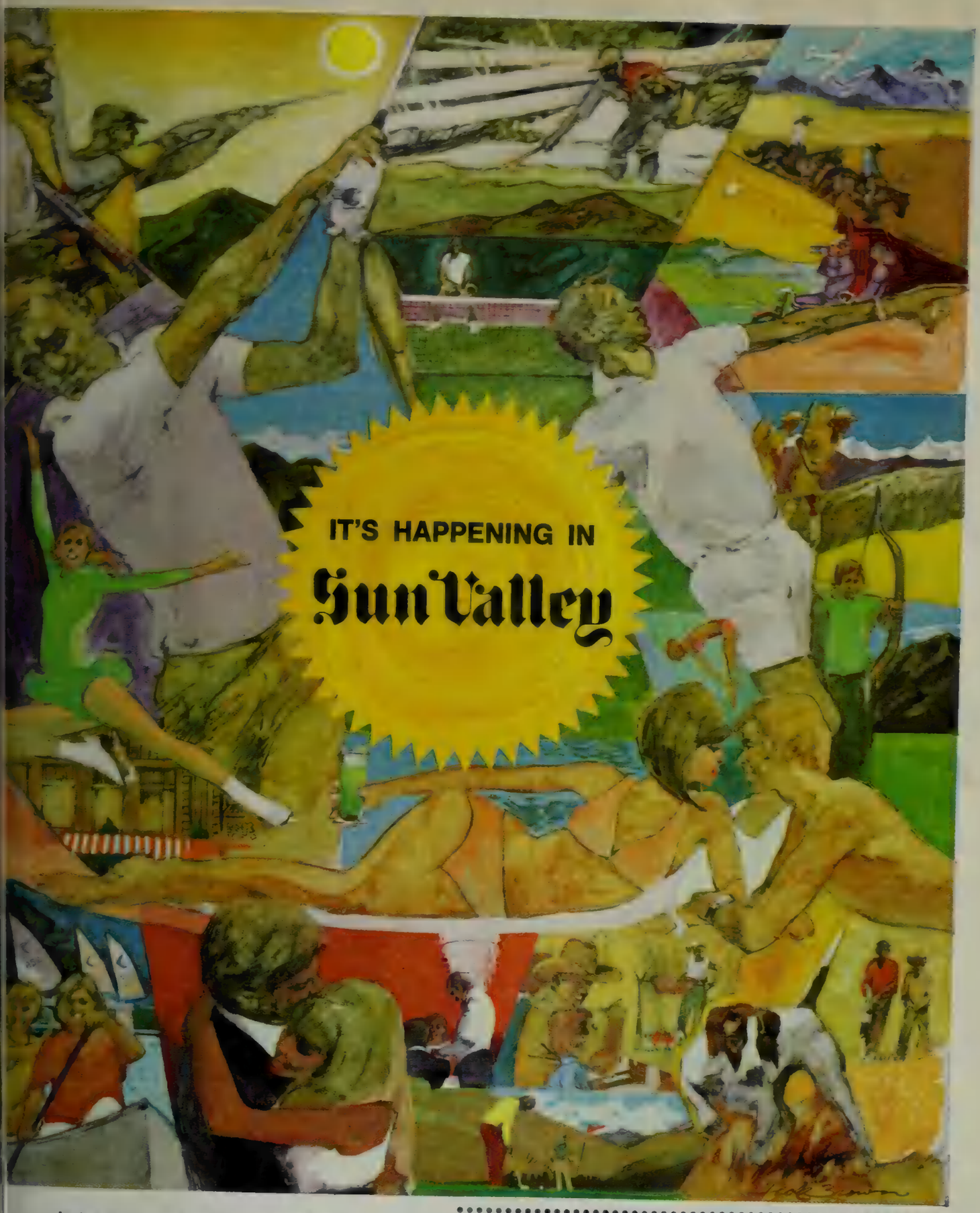
You'll pass pock-marked Indian Rock where Indians used to grind pine nuts into meal flour, and the road bed of the Lake Valley Railroad, one of the logging lines that operated at the turn of the century. At that time there were many narrow-gauge steam and logging trains in service in the heavily forested land around Lake Tahoe.

The railroad's 2-4-2 "Columbia" type locomotive originally operated on a sugar plantation in Hawaii. The colorful gr engine with gold stripes has been c pletely restored and now pulls large o excursion cars with bench seats.

Children will be glad to see engin dressed in traditional bib overalls. conductor takes your tickets, expl points of interest along the way, and swers questions.

Every five or six runs, passengers treated to an awesome display of and steam during a blowdown, w sediment is blown out of the boiler.

The 20-minute ride, over 1½ mile completed track, costs $1.50 for a and 75 cents for children 12 and ur The ticket stand for the little train is jacent to the Al Tahoe Post Offic U.S. Highway 50, just west of Al T Boulevard. There is ample parking. train operates daily from June through September 6 with frequen partures from 10 A.M. until 4:30 Sunday the hours are 10 A.M. to 2 P.



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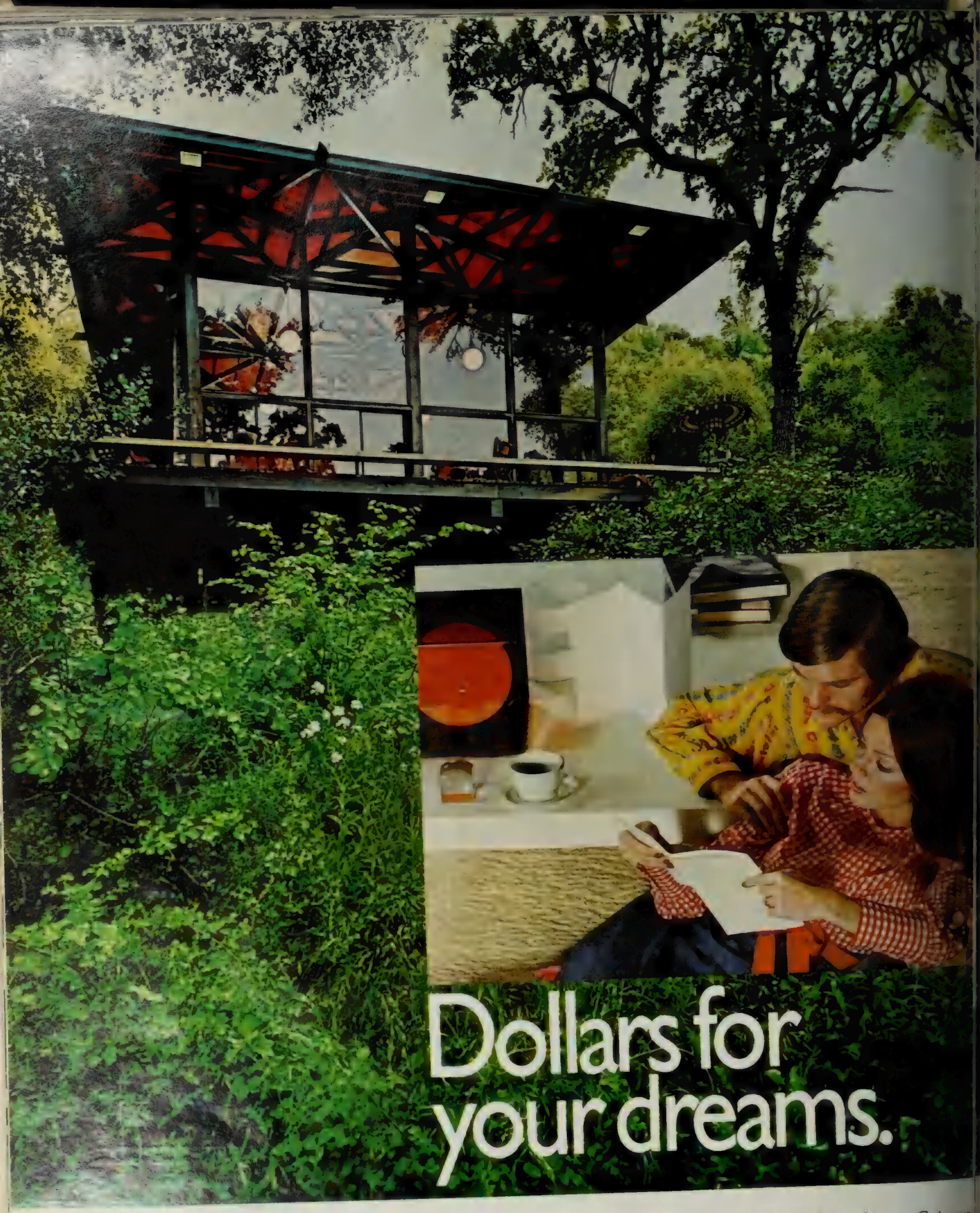

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BARRY ANDERSON

Fishermen *are ready to push off for a day's angling on Conconully Reservoir near Omak*

A promising area to discover the joys of trout fishing

ıut fishing can be a discouraging ex- ience for the first timer. Unless you 'e a knowledgeable friend to show : where to go for the best fishing, ıt gear to use, and how to use it, you y decide that trout fishing is not a rt for you.

e lakes in Okanogan County, in north tral Washington, stack the odds in ɔr of the beginner. All are stocked ually with hatchery rainbow trout consistently rank high in statewide dings for the number of fish caught. y are good early-season producers ril through June) and have the added ıntage of getting you away from the ng pressure common on lakes close ıe Puget Sound metropolitan areas.

ı of these lakes has overnight ac- mmodations and boat rental facilities 'by, and all have boat launching ps. Tackle required is simple, but at the tackle shop for advice on how se it.

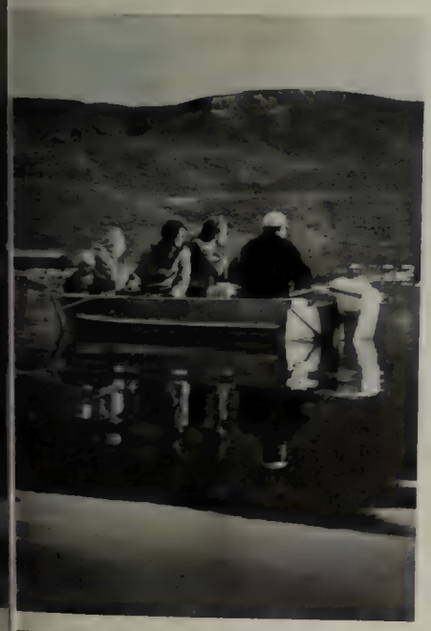
lakes

lakes listed here are all west of U.S. ıway 97, and north of Chelan. Alta, nost southerly, is about 205 miles Seattle.

is about 3 miles from Pateros off Methow River road (State 153). This ıcre lake is likely to be crowded 'eekends.

'onully is a 450-acre reservoir on on Creek about 17 miles northwest nak.

'ygin is one of the most popular in the county and is heavily fished.



Trollers *glide through calm waters of 'le Lake, noted for its rainbow trout*

It covers 212 acres.

From Winthrop, on State 20, the lake is about a 2½-mile drive northeast over a county road.

Spectacle, 12 miles west of Tonasket on the road to Palmer Lake, is a 300-acre lake rated as one of the top rainbow producers in the state.

Twin Lakes (75 and 25 acres) are located 4 miles southwest of Winthrop just off State 20.

How to fish them

Fishing is usually best between dawn and noon; an occasional breeze springs up in the early afternoon hours to stir up the water.

Most fishermen troll or still-fish these lakes from boats, using spinning gear. The simplest, least expensive rod and reel are adequate. (We know a 3-year-old who caught rainbows on a 98-cent bamboo outfit at Spectacle Lake last year.) For trolling, a variety of small spinners (such as the Meps) or F2 and F3 orange or green flatfish are good choices. Still-fishing advocates use salmon eggs or worms or a collection of large flashing spoons, popular in this region, called Ford Fenders.

If you're a beginner and prefer not to invest in gear, most resorts rent tackle for about $2 a day.

Accommodations

All of these lakes have resorts; most have housekeeping accommodations that average about $15 for a double. Reservations are recommended for weekends during the trout season. Boats without motors rent for approximately $3 a day.

If you intend to camp, you'll find state parks at Alta (247 tent sites, 16 trailer hookups), Conconully (81 tent sites), and Pearrygin (100 tent sites, 50 trailer hookups). Conconully and Pearrygin both have Forest Service campgrounds nearby. Be prepared for cold nights; night temperatures in the Okanogan country may drop to freezing in early June.

Washington trout season opened this year in mid-April. An annual resident license costs $7.50; a seven-day nonresident license is $6. Youngsters 15 and under can fish free.

The major Seattle newspapers carry weekly reports on fishing at most of these lakes. Another excellent source of current information on fishing prospects (including how many fish have been planted in each lake) is the Washington State Game Department Bulletin. For a free copy, write to 600 N. Capitol Way, Olympia 98501. □

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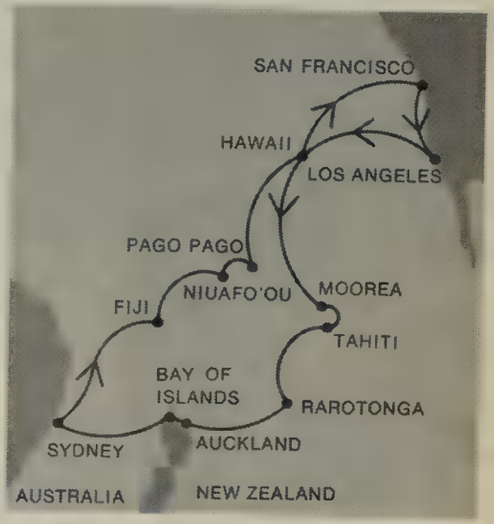

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Drummers *in Renaissance attire announce beginning of traditional parade and games. Replica of Michelangelo's David looks on*

M. BERLINCIONI

Pageantry and football Italian style

Ball *flies through the air as players in red costumes wrestle on sandy piazza*

Visitors to Florence, Italy, in late June can see a special show of pageantry and athletics that dates back to the late fifteenth century. It's called *calcio in costume* (football game in costume), but it bears little resemblance to what you see on American Sunday television.

The games are a combination of wrestling, rugby, soccer, and football; almost anything goes if it helps a team win. One of the best parts for visitors is the pregame show—a colorful parade in period costume.

This year the traditional festivities take place in Florence's Piazza della Signoria on June 21, 24, and 28. The four competing teams represent the quarters in which the city is divided—Santo Spirito, Santa Croce, Santa Maria Novella, and San Giovanni.

In midafternoon a splendidly attired procession of drummers, trumpeters, riders, and footmen leaves the Convent of Santa Maria Novella, winds through the city streets, and enters the piazza. Then the action-packed football game begins on the sand covered square.

The object of the game is to throw the ball into the opposing team's net, which is extended the entire width of the field. Players may use heads, hands, feet, elbows, and can even throw sand into the eyes of their adversaries if it helps them score. The games get quite violent and many players end up in the hospital. The winning team receives a heifer with gilt horns and a small banner, as did teams centuries ago.

First recorded in the fifteenth century, Florence's traditional games and parades celebrated holidays and special events such as Medici marriages. The games were not recreation, but part of military life. The festivities were used by the ruling classes to demonstrate their military power and wealth.

Parades were headed by brilliantly dressed nobles, followed by the higher officials, magistrates of the Florentine Republic, representatives of art and trade guilds, and flagbearers. Players were decorated fighters and noblemen. □

Visitors *to Iao Valley State Park cross pedestrian bridge as mist creeps toward Iao Needle*

Iao Valley . . . a grand first stop on Maui

Road *into Iao Valley from Wailuku is extension of highway from Maui's main airport*

Kepaniwai *gardens visitor steps down from base of 5-level Japanese stone pagoda*

The drive from Wailuku into Iao Valley in the West Maui Mountains is short—just 3 miles—but it combines some of the best elements of the Hawaiian experience. It provides rare, easy access into a green-walled canyon sheltering a colorful collection of exotic plants and trees. And it passes a formal garden with Asian pavilions and a small museum of early Hawaiian history.

Iao Valley is a good first stop on Maui if you're renting a car at Kahului Airport. Follow State Highway 38 from the airport, turn right onto State 36 into Kahului, then left onto State 32 for about 3 miles until it meets State 30 at the west end of Wailuku. The Iao Valley road is a continuation of State 32 west of this junction; follow it for 3 miles to Iao Valley State Park.

The park lies inside the gouged-out caldera of Maui's oldest volcano. Its valleys and informal gardens are dominated b 2,250-foot Iao Needle, a green-mantle remnant of erosion, which rises sharpl for 1,200 feet from the north valley wal

From the parking lot at the end of th road, walk down to Iao Stream past series of small, descending pools. Amon the thick plantings you will see kinds o ginger from India, Asia, the West Indie and Malaysia; a Polynesian candlen tree; an Australian fire tree; and golden rain tree from China.

There are no picnic facilities, but yo can bring food or buy a sandwich in th parking lot, and spread a blanket on th rocks overlooking the stream.

A pedestrian bridge over a narrow, de ravine leads to a path down to th stream and to a great, curving flight stone steps, which will take you to lookout shelter for a closer look at t Needle. The pinnacle's thick green cov

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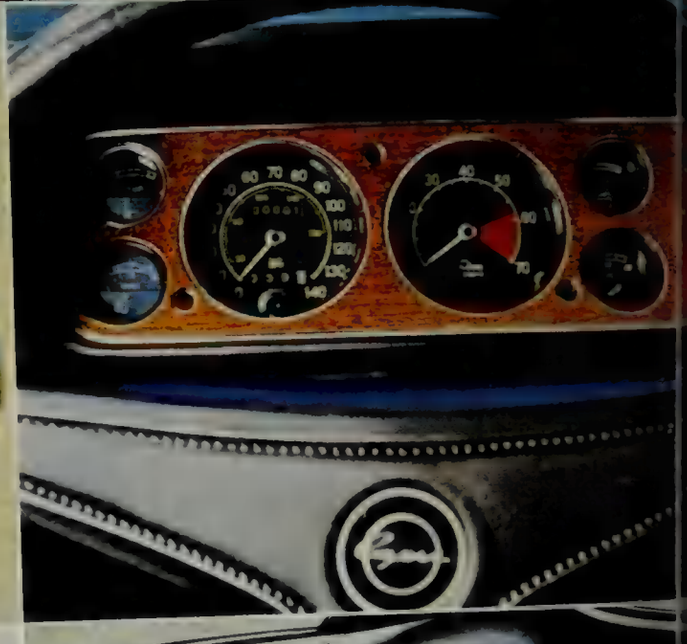

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Stone-lined *pathway, pergola lead to Filipino pavilion in Kepaniwai gardens*

includes guava, Hawaiian Christmas berry, yellow and white ginger, green *ti*, and a number of grasses.

From behind the shelter, follow a small trail lined with thick ferns up the side of the ravine, then scramble to the top of the ridge for a commanding view of the Needle, the valley floor, and Kahului Bay in the distance. Pick your way carefully; part of the path is red clay—slippery after a heavy mist.

Tour buses crowd the park at midday. Best times to visit are early morning or late afternoon, when the park is quiet and thick mists often blanket the valley. The park (free) is open at all hours.

A mile down the road toward Wailuku, you can stop at Kepaniwai Heritage Gardens. The landscaped garden surrounds small pavilions from the Philippines, Japan, and China—three cultures instrumental to the growth of Hawaii.

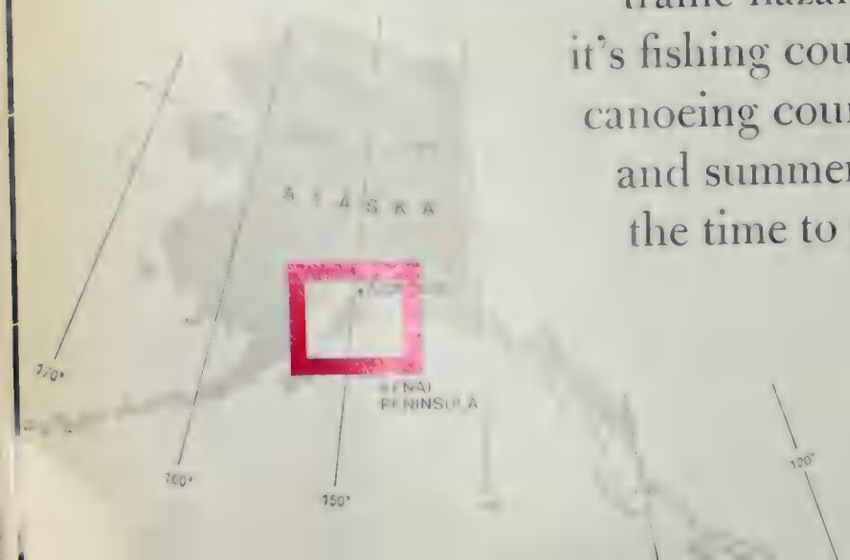
The site recalls a bloody bit of history. In 1790, the first Kamehameha, during his island conquests, defeated the forces of the king of Maui in a battle along nearby Iao Stream. Legend has it that bodies choked the stream, hence the park's name, Kepaniwai, which means damming of the waters. Today the site includes a swimming pool and bathhouse you can use when a lifeguard is present, and picnic tables.

The Hale Hoikeike (House of Display) museum near the Iao Valley road's junction with State 30 is housed in a stone dwelling built between 1833 and 1850. The museum contains rare articles of Hawaii's primitive cultures, royalty, and missionaries. Displays include *koa* furniture, knives of sharks' teeth, old Hawaiian handicrafts, stone artifacts, and photographs and documents from the turn of the century.

The museum is open daily except Sunday from 10 A.M. to 3:30 P.M. Admission is $1 for adults and 50 cents for students. □

Alaska's Kenai and midnight sun

Moose can be a
traffic hazard,
it's fishing country,
canoeing country,
and summer is
the time to go



The real Alaska of midnight sun, g
ciers and mountains, log cabins
onion-domed churches, gold pann
and fishermen—it's still all there on
Kenai Peninsula. New things are stir
too in this huge chunk of land that
like a fat thumb south from Anchor
into the Gulf of Alaska.

The ruggedly beautiful, untracked
terior of the peninsula is still wild enc
to get lost in. But along the coast
Russian fishing villages and new
boom towns have begun to develop
cilities for an increasing number of
itors. There's plenty to attract them.

To the southeast, the ice-scoured K
Mountains drop straight down into
glacial fiords. To the west, mount

Fishermen *load hefty tubs of freshly caught prawns onto cannery scales at Homer*

GLENN CHRISTIANSEN

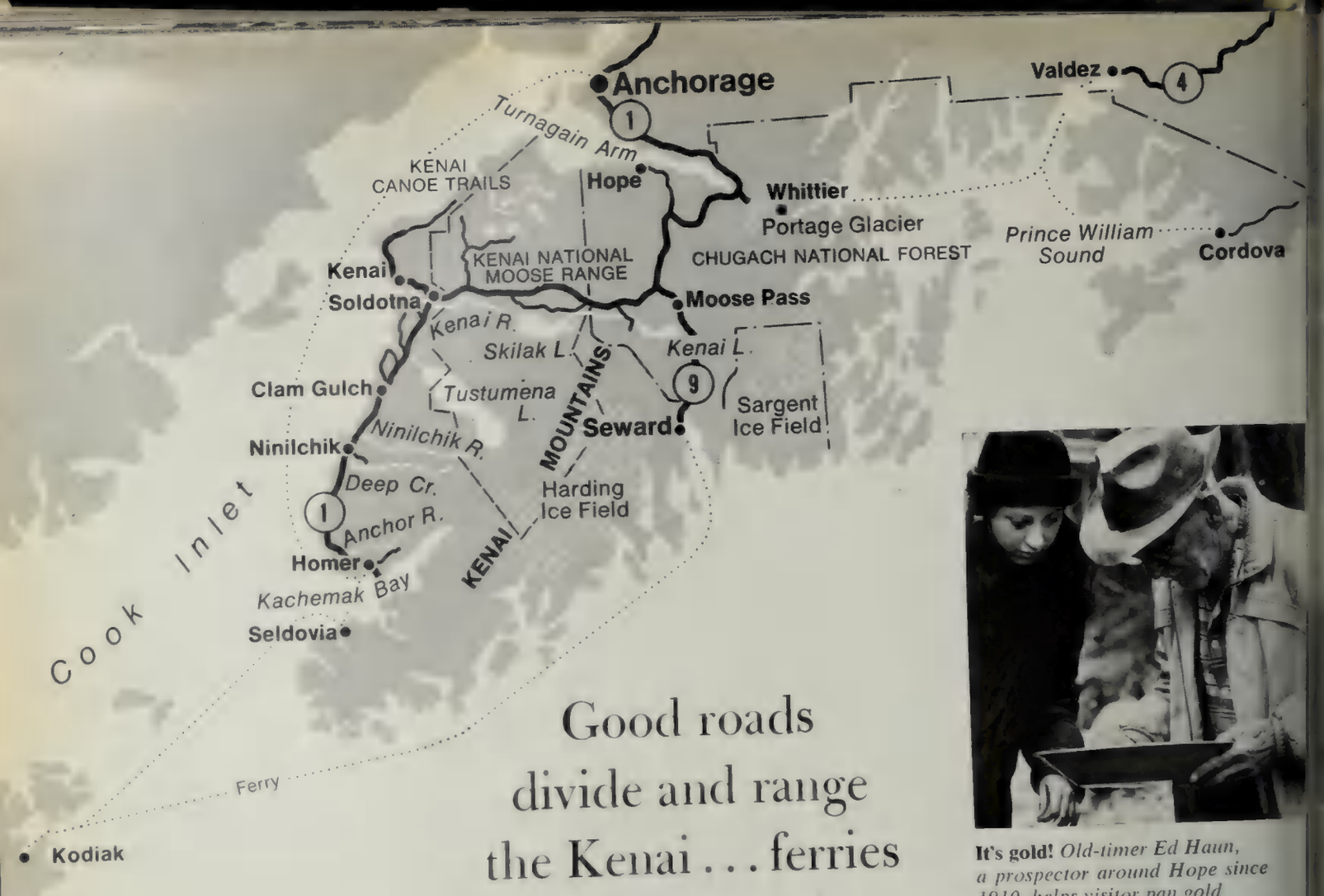
Still setting *at 11 P.M., June sun slips down behind the jagged peaks of the Chigmit Mountains across Cook Inlet from the Kenai Peninsula*

Seldovia *is an isolated fishing village built on pilings to stay above great changes of tide*

ually give way to expanses of forest
roll down to graceful ribbons of
h along Cook Inlet.

frontier feeling is another attrac-
Scattered families still live in hand-
log cabins. You can still see signs
c first settlers who came in 1791;
Russians established their second
anent Alaskan colony in what is
he town of Kenai. The recent dis-
y of oil nearby is now bringing the
a new rush of settlers.

Kenai Peninsula is close enough to
orage to be easily sampled in a day,
e variety of family activities sug-
here could keep you busy for a
vacation. Now through the end of
nber is the best time of year for



Good roads divide and range the Kenai . . . ferries almost loop it

It's gold! *Old-timer Ed Haun, a prospector around Hope since 1910, helps visitor pan gold*

exploring the Kenai, and with up to 21 hours of daylight every day during this period you will have plenty of time to look around.

Getting in to the Kenai

From Anchorage several airlines offer scheduled service to Seward, Kenai, and Homer. Schedules are seasonal and should be checked with a travel agent.

The State of Alaska has two ferries in its Southwest Marine Highway System: The M/V *Tustumena* connects Anchorage with Homer, Seldovia, Kodiak, and Seward. The M/V *Bartlett* connects Valdez, Whittier, and Cordova. For a summer timetable and fare schedule or reservations, write to Southwest Ferry System, Box 66, Seward 99664.

At our deadline a new daily bus service to Seward, Soldotna, Kenai, and Homer from Anchorage was to start May 1. One-way fares to Homer are $16, and hikers can get off along the route and be picked up on a return trip. Write to Mount McKinley Bus Lines, 118 E. 6th Ave., Anchorage 99501.

Rental cars are available in Anchorage, Seward, Kenai, and Homer. Truck and camper rentals range from $25 to $28 a day (three-day minimum) plus mileage, and are fully equipped. Write to National Car Rentals, 523 E. Third Ave., Anchorage 99501, or Sport and Travel Equipment Co., 538 E. Fifth Ave., Anchorage 99501.

The Seward-Anchorage Highway (State Highway 1) heads southeast from Anchorage about 50 miles to the turnoff to Portage Glacier, then swings southwest into the Kenai Peninsula where it divides: State 9 continues south to Seward and State 1 turns west and becomes the Sterling Highway. Both highways are paved, and most towns have gas stations, stores, restaurants, and lodgings.

From Anchorage to Seward . . . glacier, gold, trout, salmon

The 6-mile detour to Portage Glacier gives you a chance to take a close-up look at this giant field of ice. Huge ice blocks break off the slowly receding glacier and float majestically across Portage Lake towards the visitor center.

After the turnoff to Portage Glacier, State 1 gradually climbs up into Turnagain Pass through impressive stands of spruce, birch, and aspen. You pass open meadows that in June should start to display blossoms of false azalea, wild rose, violets, and several types of berries.

About 12 miles beyond the pass is the 17-mile gravel road to Hope. In 1896 about 2,500 prospectors poured into Hope and nearby Sunrise in Kenai's big gold rush. The rush was short-lived b a few mines kept producing and a fe sourdoughs would drift in to work the

One of these was Ed Haun (photogra above), now 87, who has been diggi for gold around Hope off and on sin 1910. Mr. Haun still works his cla on Resurrection Creek, where he liv in a log cabin and operates the P streak Mining School. Pay him a v and he'll show you how to pan for g and work a sluice box. He charges $1 an hour (per person) to use the slu box and $1 an hour to pan gold. Y keep all the gold you pan. Turn off main road to Hope onto the Resurr tion Pass Trail road a mile before to and go 6 miles to the claim.

Back on State 1 it's 20 more miles to junction with the Sterling Highway Tern Lake, named for the Arctic te that nest here each summer. From h State 9 climbs up over Moose Pass, t gradually winds down to Seward thro spectacular mountains and past g trout fishing lakes and streams.

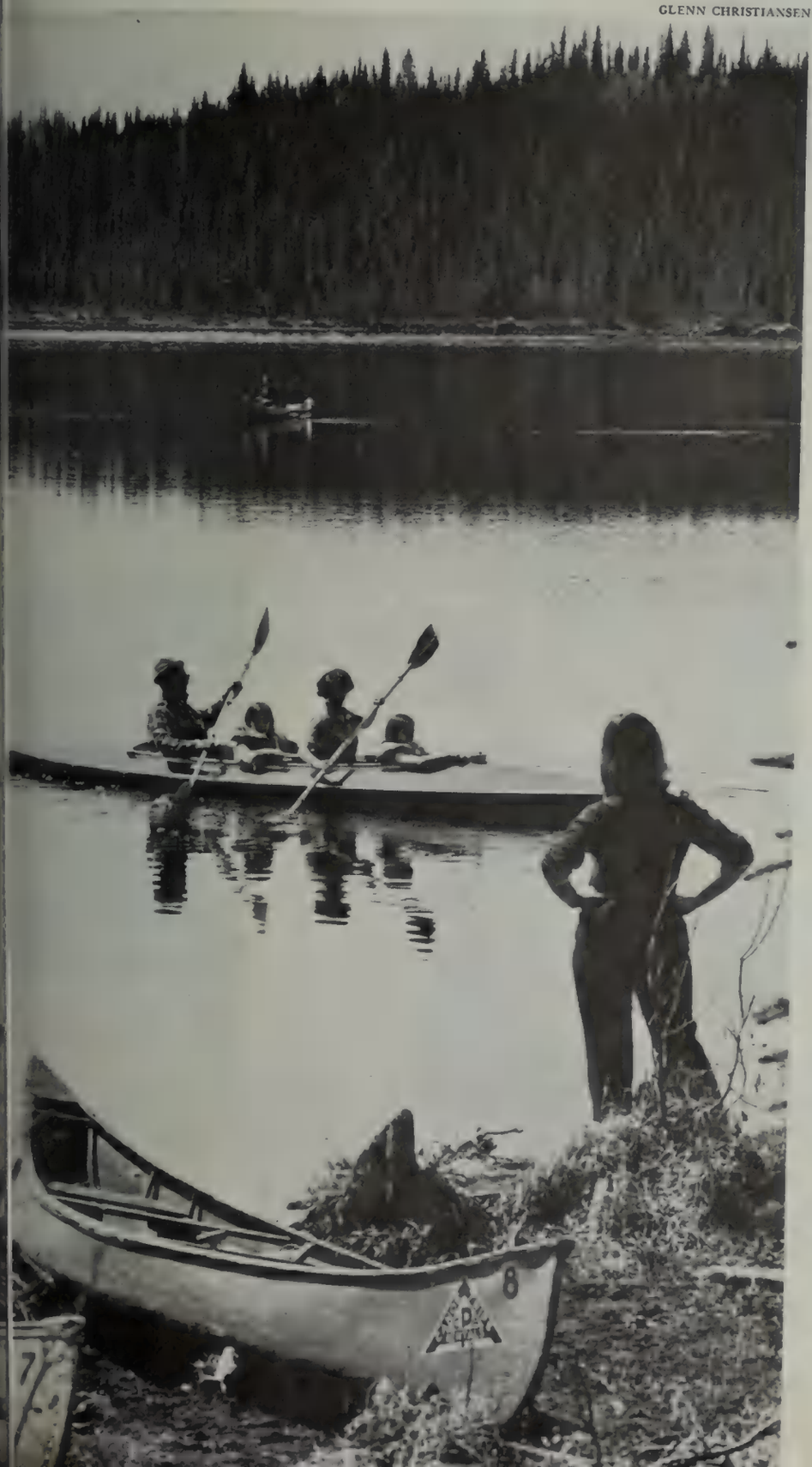
Nestled between Resurrection Bay hulking Mount Marathon, Seward is of the most scenic towns on the K Peninsula. Badly damaged during 1964 earthquake, Seward now has a harbor and is a thriving port.

Resurrection Bay is famous for s

Anglers *cast for king salmon at mouth of Ninilchik River*

Family *stops for hot picnic near Tern Lake, at one of Kenai's many public camps*

GLENN CHRISTIANSEN



Kayakers *paddle up to short portage trail between two lakes on Swan Lake Canoe Route, one of the Kenai Canoe Trails. Anglers in far canoe had several nice rainbows*

Walking *his bike up the grade to Turnagain Pass, biker carries all his gear on his back*

fishing, and later this month anglers can try their luck when red salmon start running. Silver salmon generally start running in late July and continue through September. You will need a valid Alaska sport-fishing license. You can get a free copy of the *1972 Alaska Sport Fishing Predictions* and a summary of regulations by writing to the Alaska Department of Fish and Game, Subport Building, Juneau 99801.

Charter boats for fishing or sightseeing are available from Fish House, Inc., at Seward's small boat harbor. Here you can also charter light ski planes for an aerial tour of the Harding Ice Field.

Except for Seward, all of the peninsula along the Seward-Anchorage Highway is part of the Chugach National Forest. We counted 16 Forest Service campgrounds ($1 camping fee) near the road, as well as numerous trail systems. For a detailed map and for answers to your questions about the area, write to Chugach National Forest, 121 W. Fireweed Lane, Suite 205, Anchorage 99503.

The Sterling Highway . . . sheep, moose, canoeing, Russian villages

After backtracking from Seward to the junction of State 1 and State 9 at Tern Lake, turn left and you're on the Sterling Highway. This is high, rocky, mountain country and about 11 miles past the junction is a marked turnout where early this month you have a good chance of seeing Dall sheep. Look high along the face of the mountain behind the road.

Another 6 miles and you leave Chugach National Forest to enter the Kenai National Moose Range. You can write for maps of hiking and canoe trails and campground locations: Bureau of Sport Fisheries and Wildlife, 6917 Seward Highway, Anchorage 99502.

This is moose country.

In the lowlands, thick stands of spruce, birch, and aspen hide hundreds of tiny lakes and streams that offer food and protection for these ungainly members of the deer family. Rainbow, Dolly Varden, lake trout, and spawning salmon inhabit most of these waters. A variety of birds—including ptarmigan, loons, and the rare trumpeter swan—nest here.

The Kenai Canoe Trails are probably the most interesting feature of the Moose Range. Varying in difficulty from "beginner" to "expert," they wind through the northern part of the range along rivers or lakes connected by short portages. These trails, as well as other portions of the moose range, have been proposed as a 161,000-acre wilderness area now being considered by the Secretary of the Interior.

Takeoff points for the canoe trails are along the Swanson River Road, which turns north off the Sterling Highway 1½ miles west of the Moose River Bridge where (at Pedersen's Moose River Resort) you can rent canoes for $8 per day.

Soldotna is about 55 miles west of the junction of State 1 and State 9, and is itself a junction point: Turn right on Kenai Spur Road to Kenai, or stay on Sterling Highway 78 miles to Homer.

Kenai was originally Fort St. Nicholas a Russian fur trading post founded in

Old Russian churches, frontier saloons, moose close at hand, mountain sheep high above

Single *onion-shaped dome and Russian Orthodox cross on abandoned chapel in Kenai*

Log walls *of Salty Dawg Saloon on Homer Spit have survived 75 years, including fire and earthquake*

GERALD R. FREDRICK

Moose *pauses while wading through icy stream*

)1 by Grigor Konovalof. It later be-
ıe a trading center for the Russian
ıerica Company, which governed
ska until 1863.

lay Kenai boasts the oldest Russian
hodox church left in Alaska—the
ırch of the Assumption of the Virgin
ry, built around 1896. The wooden
pel shown on page 74 is nearby.

ıut 18 miles out of Soldotna you
ıe to a flat, sandy beach sprinkled
ı surf-polished pebbles. This is Clam
ch, one of the easily accessible
:hes along the Cook Inlet where you
dig for razor clams during low tide.
nming forks can be rented here.

ging the coast, the highway swings
Ninilchik. A Russian church and
cemetery on top of the hill behind
ı face Cook Inlet; on a clear day
can see the Chigmit Mountains
ss the inlet.

is gently rolling forest land, inter-
ed with open meadows and good
streams. Several of these—Ninil-
River, Deep Creek, and Anchor
r—also have special open periods
ıne 3, 4, 10, and 11, for king salmon
ıg. Be sure to get a special punch
with your license.

er is almost the end of the Sterling
way, but not quite. The road con-
s almost 7 more miles to the harbor
: end of Homer Spit. Commercial
g boats unload shrimp, king crab,
ıt, and salmon. You'll also find the
Dawg Saloon, one of two original
:r buildings to survive the big fire
07 and the 1964 earthquake. The
building was a schoolhouse.

via is a small fishing village located
Kachemak Bay from Homer. The
portion of the town is built up on
high above the water, and a
:n boardwalk is the "street" run-
down between old buildings and
ouses. An onion-domed church
s the hill in the center of town.

I/V *Tustumena* stops at Seldovia,
ook Inlet Aviation has regular air
from Homer.

ore Information

est guidebook for a trip to the
is *The Milepost*, an annually up-
paperback containing more than
ıges of detailed information on
ıg through Alaska. To order a
end $2.95 to *The Milepost*, Box
, Anchorage 99509 (add $1 if you
sent air mail).

ecific information on other areas
ska, write to the Alaska Travel
n, Pouch E, Juneau 99801.

ill be likely at times on the Kenai
the summer months. And don't
plenty of insect repellent—the
you've heard about Alaskan mos-
are only slightly exaggerated. □

GLENN CHRISTIANSEN

Spread out *along a narrow strip of land between Resurrection Bay and Mount Marathon (going out of picture at right), Seward is at the end of the road. The Kenai Mountains form sheer wall behind*

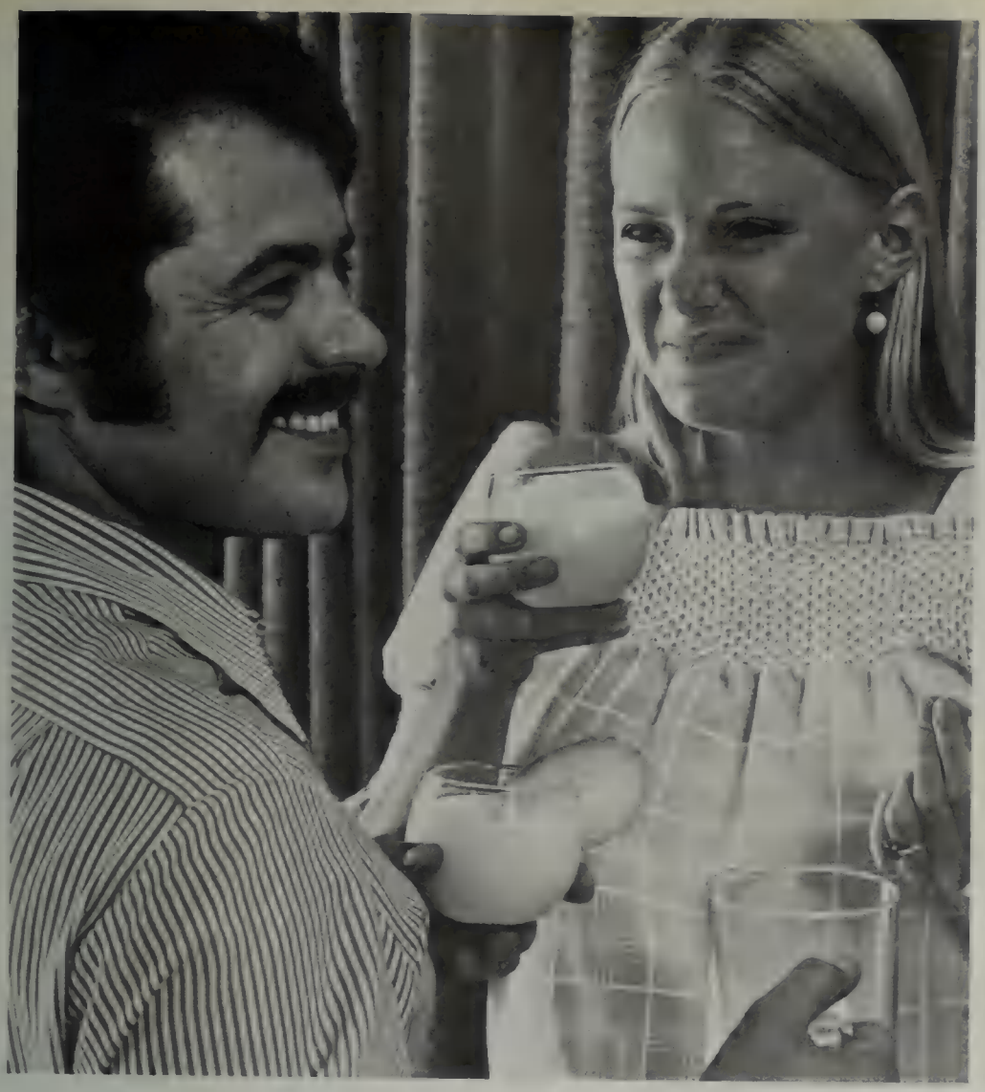
Coiled *beneath thick foliage, Armenian cucumbers reach best eating size when 8 to 18 inches long. They tend to coil when grown on ground, grow straighter when trained up trellis (right rear)*

Slice thin, *leaving on tender skins to show distinctive fluting. Here cucumbers go into salad with tomato and red onion slices; serve with Italian-style dressing*

NORMAN A. PLATE

Super cucumber

From the Near East by way of Fresno and now all over the West. Armenian cucumber (sometimes it's called Syrian or Chinese) is easy to grow, delicious to eat. Or you can drink it



In Fresno, *Armenians combine their cucumbers with yogurt and garlic to make a drink that's refreshing for some people, too potent for others. It's a version of t'an madzoon. Place 2 cups unflavored yogurt in blender. Add 2 cloves minced or mashed garlic, ½ teaspoon salt. Peel 12 inches of cucumber; cut in half lengthwise; scoop out seeds. Cut in chunks; add to blender. Whirl until smooth. Chill. Add 1 cup crushed ice. Serve in glasses with cucumber slices*

Armenians who settled in Fresno around the turn of the century brought along a special sort of cucumber they called *zoota* or *guta*. With pale green, fluted skin and a coiled shape, it looks like no other cucumber. And unlike other cucumbers, it doesn't turn bitter even when it grows big. And grow big is what it really can do—an 18-incher is still good eating, a 2½-footer only fair but a great summer garden trophy.

Generations of the San Joaquin Valley's Armenian vegetable gardeners have treasured the cucumber, handing down seeds through families, sharing them with friends. But for most of that time hardly anyone outside the area saw it, grew it, or could even find its seeds.

During the last few years, however, the good word about Armenian cucumber has spread way beyond Fresno. Several big seed companies now distribute the seeds, and you can buy them at nurseries throughout the West. You can also get them from a few mail-order seed catalogs.

Other countries have laid claim to Armenian cucumber, and you may hear it called Syrian, Italian, Chinese, or Japanese cucumber. Some seed catalogs list it as serpent or snake cucumber. Botany books call it serpent or snake melon, and indeed botanically it is actually more closely related to a melon than to a genuine cucumber.

Armenian cucumber is no more trouble to grow than squash, pumpkin, or other members of the cucurbit family. Plant in full sun. Sow seeds an inch deep and 4 to 6 inches apart. When seedlings reach about 3 inches tall, thin them to stand at least a foot apart. Two or three plants should supply more than enough cucumbers for most families.

Fertilize at least once during the growing season, beginning soon after plants are 6 inches tall. Feed again if foliage looks yellowish.

Each vine can spread 4 or 5 feet in all directions. You can save space by training vines up a trellis or fence.

The first ripe cucumbers should start coming about two and a half months after planting. It's fun to let one grow to full-term hugeness, but this cuts down on a plant's overall production. Also remember that the smaller the fruit the better the eating—flesh is crisper, seeds smaller. Larger ones begin to develop a hard shell, woody flesh, and hollow core. But even a cucumber as big as the one shown just at right can be put to good use—in the cool drink pictured above, for instance. □

DON NORMARK

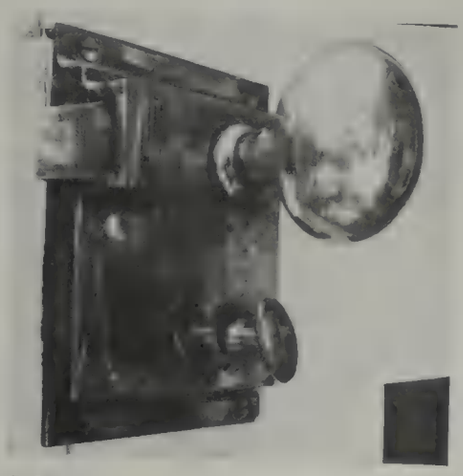
Allowed *to reach full size, this grew to 2½ feet long, 3½ pounds. Still mild, but a bit woody*

Nautical kitchen *from ship-worn parts: Cabinets under counters and against walls are from World War II cargo ships, brass fold-up stools from ferryboat, cook's stool from navigator's chartroom. Cabinet doors were built with latches and locks so they wouldn't bang open in storms*

Bookracks *once were used by ship's navigator. Lower shelf is upside-down to make towel rack*

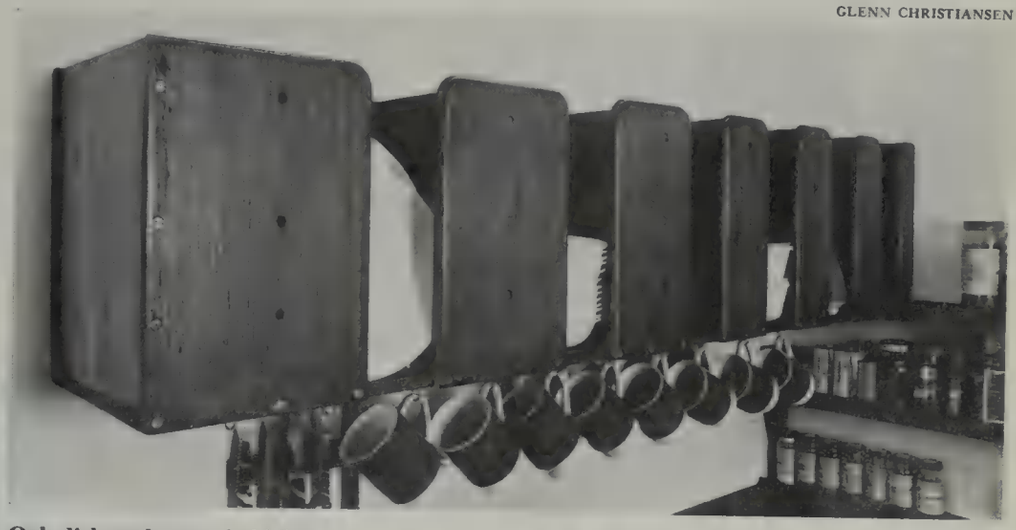
Much of this neat kitchen once sailed the high seas

Wall cabinet, *salvaged from dismantled yacht, was heavily varnished. It once held medical stores*

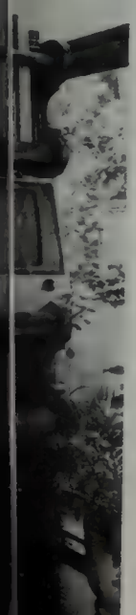


Solid brass *doorknob in kitchen is typical of ship's hardware used throughout*

GLENN CHRISTIANSEN



Oak dish rack *once held flatware secure during ship's roll. It's still convenient; dishes are lifted up and out*



The idea for this kitchen was spawned several years ago when the owners, Dr. and Mrs. Jerome M. Weiss, visited a salvage shop for ship parts. They spotted a heavily painted 9-foot cabinet, its doors askew, its hinges blackened. They bought it for $68. While refinishing, they were delighted to discover beautifully grained oak and solid brass fittings—made to a ship's high standards of craftsmanship.

One nautical piece led to another. By 1971 when they moved to a house on a lagoon in Belvedere, California, they had enough to outfit a kitchen. With the help of architect Walter Hansen of Tiburon, they installed the cabinets, occasionally adding small sections of new oak to complete the sea-to-land transition. Floors are oak, countertops a slate-like plastic laminate.

It's still possible to locate salvaged brass and cabinetwork from shipwreckers in some of the West's coastal cities. Look under Scrap Metals in the yellow pages of the telephone book; ask for firms that handle ships' salvage or inquire at marine supply stores. Prices are low if you consider the quality of the wood and fittings—you'll have a distinctive piece when you're through. But count on a lot of rubbing in between. □

This passageway *leads into the garden. Fatsia japonica in box, left. Hydrangeas at lower right and on steps. Rhododendrons in bloom above right*

Lush planting *encloses entire garden. Hawthorn, plum, poplar trees in background. Formal Italian cypress on left is pruned every three months*

This remarkable garden, 50 feet wide and 100 feet deep, on Telegraph Hill in San Francisco, belongs to Mrs. Jean Wolff. Aside from its covetable site, what makes it remarkable?

It was designed 20 years ago by landscape architect Thomas Church who practically invented livable gardens for modern times. Gardens designed by Mr. Church enjoy a oneness you usually see in nature, yet each part is carefully schemed and executed.

His design was superbly complemented by Mrs. Wolff's artistry as a plants-woman and practical gardener. In Mr. Church's own words, there are very few gardens to which he can return after 20 years and find them looking better than when they were several years younger.

Notice that although this garden is on a hillside, you look at and walk upon level surfaces. Mr. Church did that by terracing with very short flights of steps.

As a living place, the garden works like a leafy house with its roof off. Low hedges of boxwood, camellia, myrtle, and privet divide the spaces within th garden. On the edges, smallish trees an largish shrubs block views of neighbor ing tall buildings and reduce wind, bu do not grow so big that they make a lo of shade. (San Francisco gardens nee wind control but they don't need shade.

The garden has been the setting fo many garden parties and outdoor meet ings and for one splendid wedding.

About half the seasonal flower colo comes from potted plants that Mr Wolff displays for the season on th steps and on the gravel. Counting pe manent and potted plants, the season color comes mostly from these:

Spring—azaleas, camellias, cyclame cymbidiums, daffodils, *Primula mal coides, Primula obconica.*

Summer—fuchsias, hydrangeas, pela goniums, roses.

Autumn—early azaleas, cyclamen.

Winter—greens, bonsai, ferns, and ba branches of flowering cherry, Japane maple, and other deciduous plants.

Time only helped this San Francisco garden. It is a 20-year-old masterpiece

Sunny terrace *enclosed by myrtle hedge serves as place for entertainment. Azaleas along left edge of hedge and white tree roses, foreground, are permanent. Potted hydrangeas and white pelargoniums are brought in for summer flower color. Surface is pea gravel*

ENN CHRISTIANSEN

The sun is the cook

How to make sunshine preserves with fruits or berries

You stir *and turn the fruit while the sun does the cooking*
GLENN CHRISTIANSEN

GLENN CHRISTIANSEN

Sharon *helps fill jars with sun-warmed preserves to store in refrigerator or freezer*

me of our grandparents used to make eserves by harnessing the radiant en-gy of the summer sun. The method is t as effective today. Apricot halves, ctarine and peach slices, whole berries ch as blackberries, blueberries, cur-nts, and raspberries swell to plumpness d retain their shapes when cooked in s gentle manner.

u begin the process on the range, ating fruit and sugar together until the gar dissolves. Cool the mixture slightly, n pour it into wide shallow pans or ys of glass, metal, rigid plastic, or foil. cept for an opening to permit evapo-on, the pans are covered with plastic or glass, which concentrates the heat he sun somewhat like a lens and pro-s the preserves from insects or falling es.

t, arrange the pans in full sun on a e or rack. Our picture at left shows d plastic trays set on wooden bars.

serves need frequent stirring during time it takes for them to thicken. v long that is depends on your sun. wo of *Sunset's* tests, it took 10 hours eattle, 2 hours in Phoenix.

shine preserves retain remarkably fruit flavor and are, indeed, less t than more conventional recipes. ough they are at their very best when still warm from the sun, the pre-s can also be refrigerated, frozen, aled in tempered glass canning jars se later.

Sunshine Apricot Preserves

About 2 pounds firm ripe apricots
3 cups sugar
2 tablespoons lemon juice

Wash apricots and cut fruit in halves or quarters; discard pits. Measure 4 cups of the fruit and combine with the sugar and lemon juice in a 4 or 5-quart saucepan; stir gently to mix. Cover and let stand at room temperature for 1 hour. Over medium heat, bring mixture to boiling, stirring constantly. Turn heat to high and boil vigorously, uncovered, for 4 minutes without stirring. Remove pan from heat and let cool, uncovered, for 30 minutes.

Pour mixture into shallow glass or metal baking pans, roasting pans made of foil, or rigid plastic trays so that the syrup around the fruit is at least ⅓-inch deep but no deeper than ¾ inch. Cover with clear plastic film or a sheet of glass, leaving a 1-inch wide opening along one side. Place pan in direct sunlight. Gently stir mixture and turn fruit pieces over every hour.

Remove preserves from sun when fruit is plump and syrup is thickened to about the consistency of corn syrup; the preserves thicken slightly more as they cool. It will take about 2 to 10 hours, or more, depending on the heat of the sun. You may need to bring the preserves in at night and let stand at room temperature, then return to the sun the following day. Serve at once or store according to directions that follow. Makes 3 cups.

Peach or nectarine preserves. Cut peeled peaches or peeled or unpeeled nectarines into ½-inch-thick slices; discard pits. Follow apricot preserve recipe but increase lemon juice to ¼ cup.

Berry preserves. For whole blackberries, blueberries, boysenberries, currants, or gooseberries, raspberries, strawberries (stems removed), follow the apricot preserve recipe at left.

How to Store Sunshine Preserves

Store uneaten preserves by one of the following methods: Spoon preserves into jars and cover; when refrigerated they will keep for at least 4 weeks. Or pack into freezer containers to within 1 inch of top, seal, and freeze.

To can preserves, spoon hot preserves into hot sterilized canning jars to within ½ inch of the tops, wipe rims clean, attach sterilized lids and ring bands, and set on a rack in a kettle of simmering water; the tops of the jars must be at least 1 inch below the surface of the water. Cover, bring to boiling, then boil for 10 minutes. Lift jars from water and cool on a cloth; then check for seal. □

DARROW M. WATT

Michael *samples and approves preserved apricot on hot biscuit*

Umbrella-style *tent (9 by 9 feet) is nailed through grommets to deck (12 by 16 feet), leaving room for benches and a picnic table. Site owned by the Robert Lunds is along Hood Canal, away from road. Tent stays up all summer*

DON NORMA

Plastic tarp *is just thrown over beams above deck, then drawn taut by weight of poles that get attached at two ends of the tarp. Main deck on this property is short walk away*

LYN DAVIS

The house-camp idea

What you do is rough it in comfort

The families on these pages have pitch camp on their own land. A few simp conveniences let them rough it in sty

Some are camping while they get bett acquainted with their sites before buil ing permanent vacation houses—findi the perfect pair of trees for a hammo or the best place to sit and watch t sun drop into the lake. When buildi starts, they can stay there and keep close watch on the construction.

Other families plan just to camp out their own places summer after summ They say they prefer hiking, fishing, a relaxing to vacuuming, repairing a ro and changing sheets on guest beds.

Most of the camping owners we talk to started with a wooden deck. It's

SUNS

Generous cook table *with water outlet and towel rack. Behind cook are fire pit and grill. Deck at rear wraps around oaks and will connect to house being built by owners in Inverness, California*

NORMAN A. PLATE

Deck *uses trees for legs, gives flat roosting place on steep hill*

Children *have own room—an open deck—in lush Washington woods*

level place to sleep out of the dust, a quick drying floor after a summer rain, and when equipped with a low fence, it corrals small children.

Almost as important as a deck is a permanent structure that you can lock. This eliminates juggling vacation gear between the campsite and home. One Hood Canal camping family, for instance, has a 6 by 8-foot lean-to that stores enough gear so that when they leave home in Bellevue, they bring only clean clothes, perishables, ice, and the gas portable stove that they take home because it's easier to clean there. With planning, such a structure can sometimes be incorporated into an eventual vacation cabin.

In addition to your permanent storage, a

temporary structure such as a tent becomes a changing chamber, a shady place for small children to retreat out of the sun for an afternoon nap, or a place to sit out a summer shower.

Before purchasing land for a family campground, first check with the county and local authorities for any restrictive ordinances. Problems of waste disposal and local building codes occasionally forbid any camping on your land. For example, around Lake Tahoe camping is forbidden on most lots in subdivisions. Privies are banned and some local zoning ordinances even outlaw chemical toilets. On the other hand, Orcas Island in Washington's San Juan Islands doesn't have any incorporated areas and allows owners to install privies.

In more crowded recreation areas, local authorities generally prefer a chemical toilet to a privy. Companies throughout the West will install a chemical toilet (of the type used on construction sites), return weekly to empty it, and maintain it including all necessary supplies. Here are some typical monthly rents for a mythical chemical toilet used by eight people, at a vacation site 50 miles from the rental agency: a Salt Lake City firm

A wood deck for dining beside the camper, an open-ended kitchen under canvas, music before sleeping in a tent-house

Camping van *pulls up to five-sided deck, out comes red carpet bridge, and the Harold Scheerers are at home. Van contains owner-built sink-storage unit. Table and barbecue (below) stay. Deck has water, electricity. Cost: $600 for deck, $100 to clear site*

DON NORMARK

Wood frame *and floor stay in place all year. White straps tie 10-ounce Army duck to framework*

Canvas *roofs cook house, offers shade over work counter. Inside are table and rodent-safe place to store food*

charges $30; it's $35 to $50 in Phoenix; $40 in Spokane.

Most families who cook a number of meals on their property use propane or white gas camp stoves. They also usually build a level place, as simple as several supported boards, to make a counter where food won't tip and the cook can assemble dinner. If you plan to cook over a campfire, you may need a fire permit. Before drinking surface water, inquire locally to find out whether it's likely to have been contaminated.

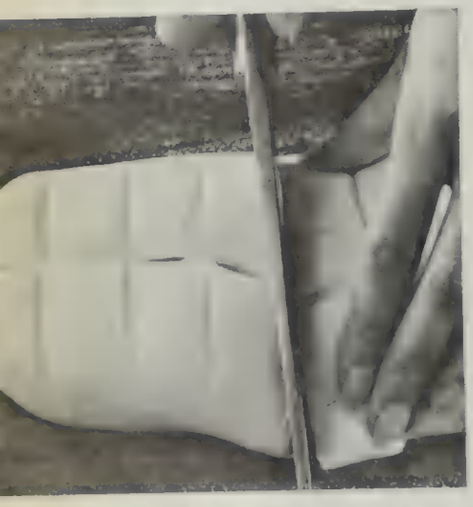
If you must bring drinking and cooking water onto the property, consider 5-gallon, collapsible, clear plastic containers (about $2) or rigid, plastic containers of the same size (about $5). They are available at sporting goods stores. □

Custom-made tent *has overhanging shade canvas. Air space between canvas and tent insulates against warm Sierra summers. Interior shown just below*

NORMAN A. PLATE

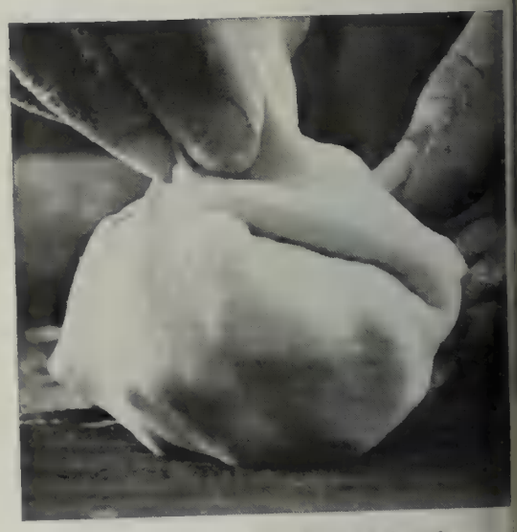
Chinese filled buns an easier way

Baked instead of steamed; good hot, cold, or reheated



Start *with a thawed loaf of frozen bread dough to make these Chinese baked buns; cut into 16 equal-sized pieces*

Roll *each piece of dough into a 4½-inch round and place about 2 tablespoons pork or beef filling in center*



Pull up *edges of dough round to enclose filling; pinch together, and twist to sea*

Westerners who pause to peer through the windows of Chinese bakeries may have noticed unassuming, plain, round buns like the ones shown here. Inside there's a savory meat filling. The Chinese name for them is *bow*.

Traditionally bow were always cooked with steam, and the pale white steamed buns are still popular today. Since innovative Chinese cooks often combine classic recipes with modern cooking techniques, it is not surprising that baked buns are now seen with increasing frequency.

Unlike steamed buns, which need to be eaten hot, the baked ones are good served warm, cooled, or reheated. Warm from the oven, they make a hearty breakfast, lunch, or snack, or can be part of an entrée for a Chinese dinner. The cooled buns can be packed in lunches.

Here's an easy way to make these filled yeast buns using purchased frozen bread dough. There's a choice of pork or beef filling, both using readily available ingredients. Our pork filling tastes similar to the Chinese barbecued pork-filled buns which are the most typical kind available in Chinese bakeries. Each recipe for the filling makes enough for 16 buns, the amount you can make from one loaf of dough.

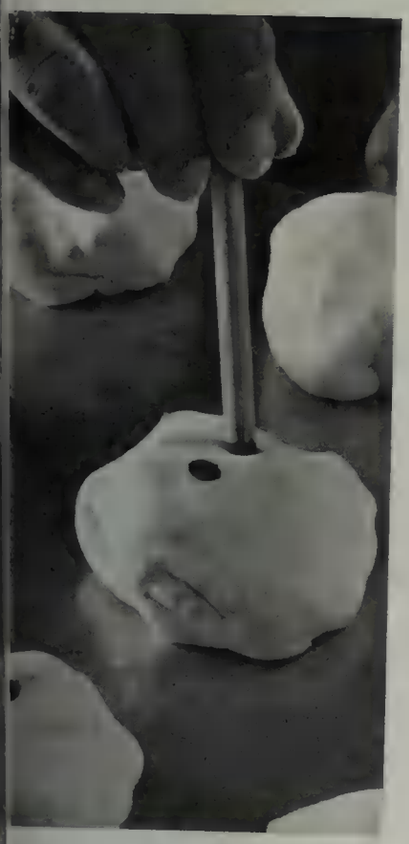
You can store the baked buns in the freezer. To reheat, place the frozen buns, uncovered, in a 350° oven for about 25 minutes or until heated through.

If you make more than one filling at a time, you can code the buns with dots of food coloring as the Chinese sometimes do. Dip the end of a chopstick i undiluted red food coloring and lightl dot the top of each bun before baking.

Chinese Filled Buns *(Bow)*

Remove 1 loaf (1 lb.) frozen brea dough from the package and thaw a package directs, covering it with mois cloth or brushing surface with salad oi thaw just until dough is pliable, 1 to hours at room temperature. Meanwhil prepare either the pork or beef fillin (recipes follow).

With a lightly floured knife, cut th thawed loaf in half lengthwise and the cut each half into 8 equal-sized piece making 16 total. Roll each piece dough into a ball. On a lightly floure board, roll each piece into a roun about 4½ inches in diameter. Plac



Code *buns with dots of food coloring to identify fillings if desired; apply with end of a chopstick*

Serve *Chinese baked buns (bow) warm from oven, cooled, or reheated. This has a richly seasoned pork filling*

DARROW M. WATT

out 2 tablespoons of the filling in the nter of each round; pull edges of ugh up around filling, pleating in ges, and tightly pinch together to seal filling. Place buns, pinched side down, out 2 inches apart, on a greased cooky et. Cover and let rise in a warm place il puffy and light, about 20 minutes.

ish each bun with melted butter or rgarine (you'll need about 2 table-ons). Bake in a 350° oven for about minutes or until golden brown. Serve m, reheated, or at room temperature. kes 16 filled buns.

nese Pork Filling. Combine 2 cloves ic (minced or mashed), ½ teaspoon ed fresh ginger root (or ¼ teaspoon ind ginger), 2 teaspoons sugar, and olespoons soy sauce. Cut 1½ pounds eless pork (such as butt) into ½-inch cubes and mix with seasonings. In a small dish combine 2 teaspoons sugar and 1 tablespoon cornstarch; blend in 2 tablespoons soy sauce, 1 tablespoon Sherry, and ¼ cup water; set aside.

Heat 1 tablespoon salad oil in a large frying pan or wok over high heat. When oil is hot, add pork, cook, stirring frequently, until browned, about 5 minutes. Add 1 medium-sized onion (finely chopped) and continue stirring for about 2 more minutes or until onion is limp. Stir cornstarch mixture into pork; cook, stirring frequently, until sauce boils and thickens, about 30 seconds. Skim off and discard any fat. Cool.

Curry Beef Filling. Combine 1 teaspoon curry powder, ⅛ teaspoon cayenne, ½ teaspoon sugar, 2 tablespoons soy sauce, 1 teaspoon grated fresh ginger root (or ½ teaspoon ground ginger), and 2 cloves of garlic (minced or mashed). Thinly slice (about ¼ inch thick) 1½ pounds boneless beef (such as top round) into pieces about 1 by 1 inch. Add meat to the soy mixture and stir until coated. In a small dish combine 1 teaspoon curry powder and 1 tablespoon cornstarch; blend in 2 tablespoons *each* water and soy sauce and set aside.

Heat 2 tablespoons salad oil in a large frying pan or wok over high heat. When oil is hot, add beef mixture and cook, stirring frequently, until meat is lightly browned, about 2 minutes. Add 1 small onion (chopped) and continue stirring until it is limp, about 2 minutes. Add cornstarch mixture to pan and cook, stirring until sauce boils and thickens, about 30 seconds. Cool. □

Chris *carefully cuts out the windows of his school with a mat knife*

DARROW M. WATT

Michael *makes a canopy for his apartment house. Fancy cutting created the distinctive eagle*

Cardboard boxes, white glue, tissue paper, and young architectural talent

Architect *gives a few pointers on how to turn a box into a building*

The Lilliputian village shown at right had quite humble origins. It was built by children from cartons and boxes available at almost any store. Expenses are nominal—the cost of tissue paper and white glue. And the only precaution—an important one—concerns the safe handling of the razor-sharp edge of a mat knife (a cutting tool available at art supply stores).

In the summer, this cardboard city can grow out-of-doors, away from other activities. When it's time for "urban renewal," the buildings can be flattened and then taken away.

Architect Richard Garlinghouse of MLTW/Turnbull Associates, San Francisco, carved the first prototypes. Then a group of children assembled markets, schools, churches, and apartment houses, creating the cityscape in the photograph.

Any kind of paper box will do, but those from department stores are usually thinner and easier to cut. Add-on part can be almost anything: cereal and jew elry boxes, cylinders from paper towe rolls. Attached with cellophane tape the make chimneys, bays, and porticos.

First, children should draw their idea directly on the box; then they can cu tape, and add extra pieces. Be sure chi dren know how to handle a mat knif or do the cutting yourself.

Brightly colored tissue papers provid the final flourishes for walls, doors, eve trees. Apply the tissue with white gl diluted to about ¼ glue, ¾ water; brus on. Smooth pieces of torn tissue over th glue for crazy quilt designs.

Some youngsters will want to make the building functional. Box flaps form a open roof, or the back of the structu can be opened up so a child can rea inside. In a child's world, the buildi becomes a doll house, a fire station, garage, or even your own home.

Kenny *tapes on a second box to make his church steeple*

Yvette *brushes on thinned white glue and covers it with a splash of bright tissue colors*

awn village *of finished buildings might be awaiting Tom Thumb*

Be it a big, beautiful king you landed yourself or a few salmon steaks from the market, barbecuing is a great way to cook fresh salmon. And fortunately for Westerners, our Pacific salmon run coincides with the height of barbecue season.

We present here a roundup of favorite ways to cook salmon out-of-doors. All use simple barbecue equipment so they can be done at home or on an outing. The easy-to-make sauces and bastes complement the rich flavor of the fish.

If you're fortunate enough to have the entire fish and enough guests to enjoy it all, show it off by cooking it whole. Our method of double-wrapping the fish in foil is a remarkably effective way to cook a large salmon. The 8-pound fish shown below and on our cover cooked well in about 45 minutes.

Whole Salmon in Foil

Clean and remove scales from a 5 to 8-pound salmon; trim off head just back of collarbone. Sprinkle salt and pepper inside body cavity. Tuck inside cavity 1 whole lemon (sliced), 1 small onion (sliced), and a handful of parsley sprigs.

Cut 2 pieces of foil, 1 to fit exactly each side of fish just to the tail; press smoothly against fish on each side. To overwrap, tear off a 24-inch-long sheet of 18-inch-wide heavy foil. Center fish on foil sheet, folding back one edge to expose fish tail. Bring lengthwise edges of foil to meet in center, crease a 1-inch seam, then fold over and over to seal tightly against side of fish (drug-store fold). Seal foil at head end and press tightly against fish near exposed tail.

Adjust your barbecue so grill will be about 6 inches above the firebed. Ignite pile of 30 long-burning briquets. When glowing coals form (about 30 minutes), spread evenly directly under where the fish will be (not under tail—for best appearance it must be kept cool). Place fish on grill with foil seam up. Arrange a wad of foil under the tail to support it and shield it from the heat.

Carefully turn the fish over every 10 minutes. Brush tail with water from time to time. After 30 minutes, open seam on top and test for doneness by cutting a narrow slit into thickest part of fish with a sharp knife. When done, the meat is firm, and looks lighter in color and less translucent. If necessary, reseal the foil and continue cooking, turning and checking doneness about every 5 minutes.

To serve from the barbecue, remove some of the coals, leaving just enough to keep fish warm. Open foil seam and fold back to keep juices from dripping. Lift off foil piece on top of fish. If you wish, also lift off layer of skin. To serve cut directly to bone, slide a wide spatula between meat and bone, and lift off each serving. Serve plain or with dill sauce (recipe follows). Makes 8 to 12 servings.

Dill Sauce. Combine 1 cup mayonnaise with ½ cup finely chopped dill pickle and 2 green onions (with part of the tops) thinly sliced. Stir in 1 teaspoon dill weed, ¼ teaspoon celery seed, ½ teaspoon Worcestershire, and 2 teaspoons lemon juice. Cover and refrigerate for several hours to allow time for flavors to blend. Makes about 1⅔ cups, enough for 8 servings.—*N. R., Bremerton, Wash.*

The fastest way to cook salmon over coals is with the pieces strung on skewers. Try it with this *teriyaki* baste. For a picnic we suggest the teriyaki with *sushi* rice balls (see page 178).

Salmon Teriyaki on Skewers

Cut about 2 pounds salmon fillets or steaks into 1¼-inch cubes; discard any bones Also cut 1 medium-sized onion i

Grand salmon over charcoal

A whole salmon or whole fillets, steaks or cubes on skewers, summer is the grand time for the grand fish

Cover *shows salmon cooked in foil. Preparation shown at right*

Press foil, *already cut to fit, smoothly against each side. Then overwrap fish in large sheet of heavy foil, seaming foil in center of top side. Leave tail exposed, but seal foil at head end*

Place *wrapped fish on grill over layer of glowing coals, with no fire directly under tail. Prop up tail and shield from heat with foil, then brush with water to keep it moist*

quarters, separate layers, and cut into 1¼-inch squares. Alternate salmon and onion on bamboo skewers. For teriyaki sauce combine ½ cup soy sauce with ¼ cup Japanese sake or dry Sherry and 1 teaspoon sugar; stir until sugar dissolves. Brush generously on salmon; allow to stand about 30 minutes. Barbecue 4 to 6 inches over a bed of glowing coals, turning often and brushing with sauce. Cook just until fish flakes when prodded, about 15 minutes.—*K. L., San Francisco.*

To take advantage of the good flavor that smoke imparts to salmon, we recommend grilling whole fillets slowly over low coals. A piece of foil fitted against the skin of the fillet makes it easy to handle and serve.

This herb baste is enough for the 2 fillets from a salmon up o about 8 pounds. Or you can use the same herb baste for grilled salmon steaks.

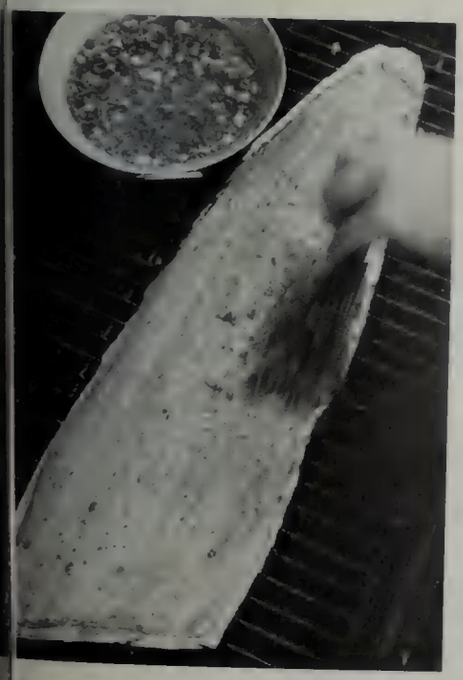
Whole Salmon Fillets with Herb Baste

To fillet a whole salmon, clean and scale it, and remove head ust back of collarbone. Just above tail, cut to the bone with a harp knife, then turn knife flat and slice along backbone and ver rib bones the length of the fish, freeing fillet. Turn fish ver and repeat on other side. Set each fillet skin side down n foil, then cut foil to just fit under fillet. Place fillets with oil in a wide shallow pan.

o make the herb baste, combine in a bowl ½ cup *each* mon juice and olive oil; add 4 green onions (including part f tops), thinly sliced, 3 tablespoons minced parsley, ½ teaoon *each* salt and rosemary leaves, and a dash of pepper. fix well, then generously brush the salmon flesh with some f the herb baste; let stand about 30 minutes.

gnite pile of 20 long-burning briquets. When glowing coals orm, spread evenly beneath where fillets will cook; grill ould be 5 to 6 inches over heat. Place fillets on grill, foil de down. (If barbecue has a hood, use it to enclose smoke.) aste fish frequently with marinade. Cook without turning ntil fish flakes readily when prodded with a fork, about 40 inutes (about 20 minutes on a covered barbecue). To serve, it down to skin and lift off fish. Allow about ½ pound fillet r each serving.—*J. B., Portland.*

rilled Salmon Steaks. Cut steaks about 1 inch thick. Omit il. Prepare herb baste as directed above and coat both sides steaks. Prepare fire as for the whole fillet; place steaks rectly on grill. Turn steaks once; baste often until they test ne, as above, about 25 to 30 minutes. □



Whole *salmon fillet with foil underneath grills slowly. Rosemary sprig brush drenches it with herb baste*

NORMAN A. PLATE

Salmon teriyaki, *chunks of fish alternating with pieces of onion on bamboo skewers, is marinated and basted with sauce. They grill quickly on any small barbecue. They're ideal for picnics*

College by college, a public university in Oxford style is evolving at Santa Cruz

NORMAN A. PLATE
Dramatic *concrete footbridges extend from courtyard into upper level of Merrill College residence houses*

Its version of a student commons is a relaxed, intimate natural foods restaurant in a rustic redwood building, with some of its food provided by a student-run farm and garden. It lacks many of the physical trappings of a modern university—great towers and malls, stadiums and lecture centers—and its teaching and living facilities are dispersed clusters, separated by the low hills and ravines of a redwood forest.

But a stroll through the University of California's innovative campus at Santa Cruz is more than just a peaceful walk in the woods. Carefully fitted into the natural terrain of a 2,000-acre site overlooking Monterey Bay, 75 miles south of San Francisco, it was planned from the ground up to serve an adventurous academic plan. During a visit to the campus you can enjoy the beauty of a historic site, explore some striking architecture, and particularly during the school year, share some of the excitement of campus life.

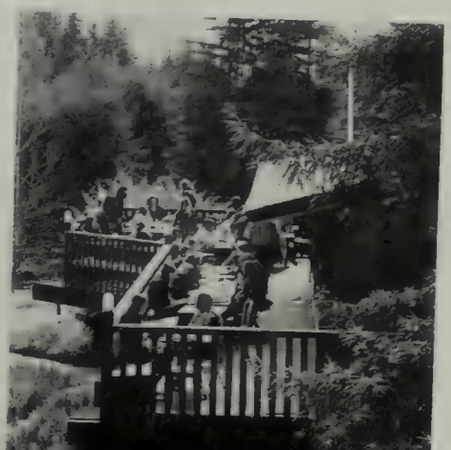
The university is above downtown Santa Cruz; if you're coming from San Francisco, go south on Interstate 280 to State Highway 17, and follow State 17 over the Santa Cruz mountains to its junction with State 1, northbound. Follow State 1 (Mission Street) through town to Bay Street, then turn right for about a mile to the campus entrance.

The campus rises gently from a great open meadow near the entrance to a near-wilderness forest to the north, shielding the center of the campus. The

Water *tumbles from gnarled arms of bronze sculpture as student retrieves stick from dog in Cowell College's Scott Fountain*

Thrusting *entryways, marked by large aisle numbers and separated by inward-sloping walls, lead to theatre in Performing Arts complex*

Bridge *crossing tree-lined ravine is one of four that encourage pedestrian traffic by eliminating detours, hard climbs*



Visitors, *students enjoy lunch on sunlit redwood deck of Whole Earth Restaurant*

buildings at the entrance are century-old remnants of the original Cowell Ranch limestone quarrying operation. (The remains of a lime kiln are on the left side of the entrance road, and there's a fenced-off quarry along the west side of Hagar Drive. Another, near the Whole Earth Restaurant, has been preserved as a natural amphitheater.)

There's a visitor information kiosk just inside the entrance, where you can pick up free, detailed campus maps and directions for guide-yourself tours.

To reach the campus center, take Glenn Coolidge Drive to McLaughlin Drive, then turn onto Hagar Drive and park near the restaurant. The guide-yourself tours start here, and the ticket office for campus events is above the restaurant.

UC Santa Cruz is a delightful campus for pedestrians; secluded pathways and footbridges lead to areas you can't see by car. You can also park at the colleges and at a few other locations listed on the campus map. Be sure to use blue-metered zones during weekdays, and avoid reserved spaces at other times.

The campus layout reflects the heart of the Santa Cruz plan: to break the university down into relatively small, basically self-contained colleges—"scholarly villages" with residence halls, classrooms, plazas, dining areas, and some live-in faculty members—to bind the student's academic, recreational, and social interests into an intense, unified educational experience. The cluster plan is derived, in part, from the Oxford colleges.

At its best the plan would solve a common student complaint of isolation from the academic process, bring together professors of normally remote disciplines into integrated, student-oriented programs, and give the students themselves a strong voice in their own education—and an equally strong responsibility for making it work.

The Santa Cruz experiment is unique in the nation's public university system. It has received wide publicity, some of it idealized. But the plan has evolved carefully, with considerable success, in the decade since the first college was begun, and you can see it in action if you walk among the colleges.

There are five completed colleges (a sixth is under construction) built into natural terrain pockets along McLaughlin and Heller drives, at equal distances from such mutual core facilities as the main library, laboratories, and the Performing Arts complex.

Each is essentially a liberal arts college, flavored with a particular academic theme that evolves in response to new student needs and interests. Each is ar-

Vehicle loop *begins at Bay Drive entrance. You can park at colleges, library, or restaurant and see campus core on foot or by minibus*

You can explore "scholarly villages" on foot or until June 17 by weekday minibus

Students *scramble aboard minibus at one of frequent stops. It runs during school year, and it's free*

Crown College *residence halls converge with library, clock tower*

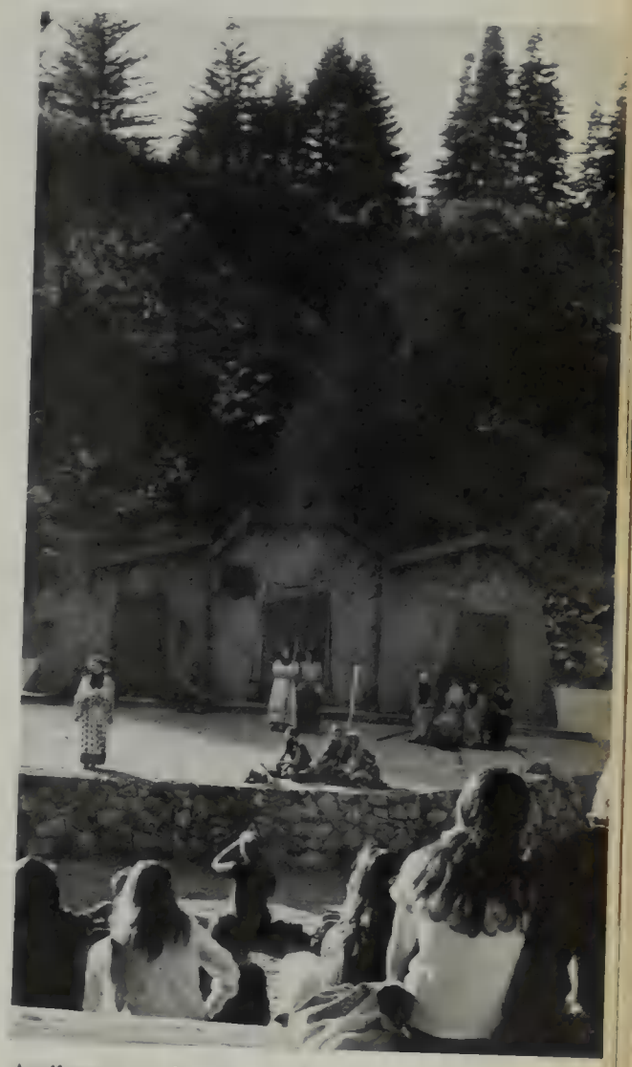
chitecturally distinct from the others; the architects were left free to adapt their own styles to the college concept (the same diversity carries over to the core facilities). And most have won design awards. Together, they serve about 4,000 undergraduates and 350 graduate students. Partnership funds from private foundations and individuals support the higher cost of the collegiate plan.

Cowell College opened first (in 1965) with an emphasis on western culture and adopted the motto, "pursuit of truth in the company of friends." The white concrete buildings have traditionally-peaked, long-eaved tile roofs and warm accents of wood. On a clear day you can see across Monterey Bay from the broad, multi-level terrace within the college, and on weekday afternoons during the school year you can visit a small art gallery adjacent to Cowell's cupola-topped dining

Children *are helped by student instructor as visitor views foreign children's art in College Five's Sesnon gallery (left). Assemblage of junk (right) is in entryway to Cowell College's Smith gallery*

Volunteers *at campus farm apply bonemeal, prepare soil for planting according to precise organic methods*

NORMAN A. PLATE



Audience *watches Greek play on stone-lined earthen stage of Upper Quarry Amphitheater. Sheer wall of original limestone quarry rises behind*

NORMAN A. PLATE

Students *relax in sculpture carved from single piece of driftwood which sits in Stevenson College terrace*

hall. Its inside entrance is marked by a wall of junk sculpture.

Adlai E. Stevenson College has a more typical late-60's design of straighter lines, strong arches, and sharply-sloping shed roofs. Its general theme is modern society and social thought. You can watch student potters at work in the small, redwood Hahn Art Facility across from the Stevenson entrance; a large graffito on the inside wall reads, "a pot without a soul is just clay around a hole."

Crown College most closely resembles a Mediterranean village: Its stuccoed, red-tiled buildings are set at right angles around small courtyards with sunken gardens. The largest square adjoins a library-lounge with a clock tower, like a village church. Crown's theme is science, but there are frequent art exhibits in the library and dining hall.

Merrill College is concerned with non-western societies; its buildings are painted in earth tones with bright blue roofs. Three bold concrete footbridges reach from Merrill's grassy courtyard across a sunken service road into the upper levels of the nearby residence halls; the concrete wall of the service road is rich with student inscriptions, some of them earthy, some of them genuinely literary. You can study the wall (at your risk) from the footbridges. The campus center has a small bell tower.

College Five is the largest and most traditionally-styled cluster (sometimes called "New England Mediterranean" after its Massachusetts architect). Its residence houses surround a single, large quadrangle; two smaller plazas are in the dining and administrative areas. If it's open, look inside the imposing dining-concert hall; on weekdays you can visit the Sesnon gallery overlooking the administrative courtyard (dominated by a colorful, plastic fountain sculpture). College Five is concerned with the arts, and has several craft guilds.

Kresge College, oriented to environmental studies, is temporarily located in married student apartments; its campus is under construction near College Five.

Colleges seven and eight will be established this fall.

The campus master plan was developed by John Carl Warnecke and landscape architect Thomas Church.

You can tour the campus core on foot or, during school weekdays, by free minibus; just climb on when it stops. You can look at small displays in the library, see some dramatic Lick Observatory photographs in the first-floor corridor of the Natural Sciences II building, or just wander among the unusual shapes and lively rehearsal sounds of the Performing Arts complex.

The noted student garden project is on the hillside across McLaughlin Drive from Stevenson College, and a new student-run farm has been established in the south meadow (just hike over the hillside behind the entrance kiln). It's the only farm connected with the University of California to use precise organic methods; there and in the garden student workers welcome seriously interested visitors and can describe the organic-culture activities that go on around them.

The Whole Earth Restaurant is open on weekdays and Saturday evenings during the school year. It will be closed for a week beginning June 17, then open from 10 A.M. to 3 P.M. on weekdays during the summer. The restaurant's hearty recipes are available in book form: *The Whole Earth Cookbook*, on sale at most bookstores or at the Bay Tree bookstore next to the restaurant.

For a calendar of campus events, write to University Relations, University of California, Santa Cruz, Calif. 95060.

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Add noodles to 2 cups of boiling water in a saucepan. (If you like shorter noodles, cut in half before cooking). Cook for 3 minutes, stirring occasionally. Do not overcook. Stir in seasoning and add chopped green onions, ham, hard boiled eggs, boiled mushrooms and spinach. (Or use whatever vegetable is in Season). Remove from heat and serve immediately. Then you can enjoy "Ham & Egg Ramen."

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ELLS MARUGG

A tight fit *keeps carton in place while pouring*

Teak disguise for milk cartons

This project might be labeled "for the woodworker who has some teak and doesn't know what to do with it" or "how to disguise a homely milk carton so it can appear on the table."

Actually these caddies, which could be made from other woods, have legitimate merits: They insulate the carton, keeping milk cold longer, and the handle makes it easy for children to pour, even from the half-gallon size.

The caddies should be built to fit snugly. Measure the bottom of the carton exactly; then add ⅛ inch to allow for expansion. The height of the boxes is also determined by the size of the cartons. To keep weight to a minimum plane the wood used for the sides and bottom to about ⅜ inch thick.

Attach the handle, which is cut from a piece of ¾-inch teak, with glue and reinforcing dowels before gluing the sides and bottom together. A wood vise or clamps can be used to hold the box together while the glue dries. Glue with waterproof resorcinol glue. Finish with mineral oil after sanding.

Half gallon *or quart-sized caddies cost $4 to $6 made of teak*

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Canoeing. Exploring.
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The summer rush of people dwindles.
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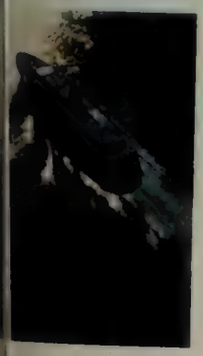
There is time to relax. Why not join us?
Be an Alaskan in Septober.



alaska!

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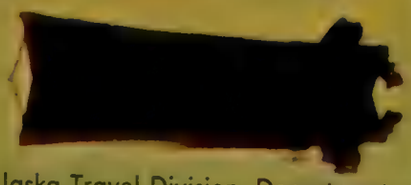
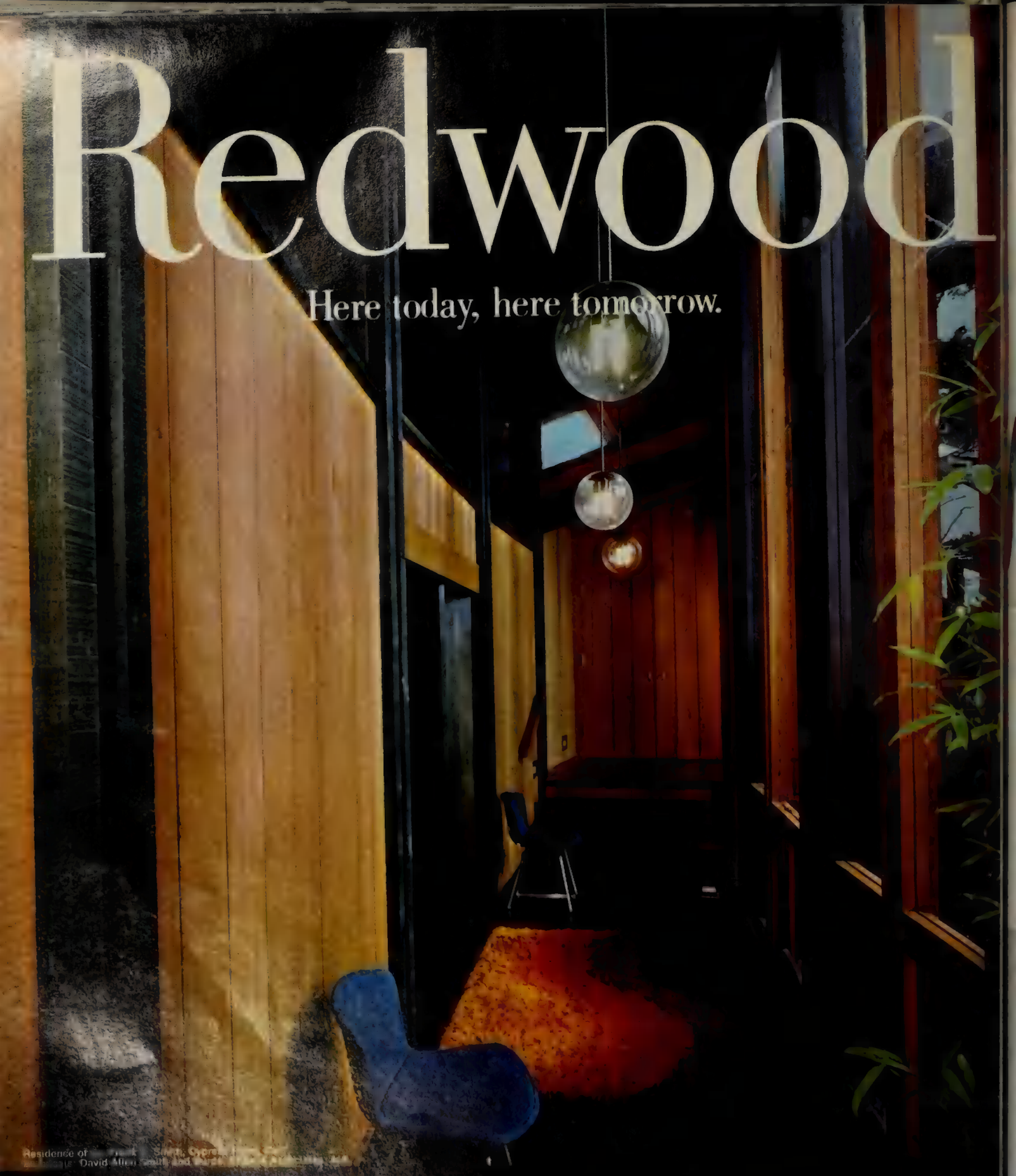


Alaska Travel Division, Department of Economic Development, Pouch E2, Juneau, Alaska 99801



Residence of [illegible] Frank [illegible] Smith, Sparks [illegible]
Architects: David Allen Scott and [illegible] Associates, Inc.

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DARROW M. WATT

Carpet pillow *is big enough to make a seat, light enough for a child to pack around*

These giant floor cushions give inexpensive extra seating

Shaggy *hassock has a bouncy and comfortable seat, fits into almost any room*

Making floor cushions covered with carpeting and stuffed with foam is an easy way to add extra seating to any room. They're tough enough to withstand youthful tumbling and cost as little as $7 to make.

If you're about to pull up old carpeting, consider saving unscathed areas like those usually found in corners or under furniture. When selecting a new carpet, you could order extra yardage for cushions that will match. Inexpensive remnants are available in most carpet stores: occasionally they also sell discontinued rug samples, which are fairly large.

A shag rug gives the best results. Its long yarns cover up exposed seams.

To assemble the pillow you'll need a curved upholstery needle, carpet thread, and a thimble. Carpet backing varies but you'll be able to sew through it easily if you first push the needle through a bar of soap or paraffin before each stitch.

The pillow shown above was made from a $5 carpet sample, 24 by 48 inches. It has an inner cushion made from two 24-inch squares of muslin holding 2 pounds of shredded foam (about 80 cents a pound). Machine stitch three sides and part of the fourth side of the muslin, then stuff with the foam. When stuffing, put down papers or work outside where you won't mind the tiny

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Climatrol Comfort
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DARROW M. WAT

Use *upholstery needle and thread* *close off fourth side of cushic shown at top of page 103. Roug up shag to cover sea*

pieces of foam flying around. Sew th opening closed.

With right or shag sides of the carp facing each other, hand sew along tw sides (three sides if you're using tw separate pieces). Use a crisscross stit for strength, then turn the carpet insi out so the seams won't show. Put th muslin-filled cushion inside the carp cover and stitch the fourth side closed

The cushion at left below on page 1 was made from unworn areas of pulle up carpeting. It is generously sized (inches diameter) and soft to sit on b supports you firmly. Its height is abo 8 inches, which allows room for yo legs to flex and rest easily on the flo It is more expensive than the oth cushion because it has different stuffi —two 4-inch-thick circles of latex fo rubber glued together with rubber ment. Foam rubber costs about $3 square foot.

To cover the foam rubber, you'll ne three pieces of carpeting—a top a bottom circle and a side panel to go tween them. Draw a paper circle the s of the cushion you want. The diameter this circle will be the finished dimensi top and bottom. To get the length of side panel, multiply the diameter by (3.14). After figuring the finished dim sions, add 4 inches to the diameter of circle and 2 inches to all four sides of side panel for seam allowances. Then the carpeting on the back side with a r knife.

Around each circle of carpet, fold b the 2-inch seam allowance, top and b tom. Do the same with the side pa and hand stitch the ends of the s panel together. Then stitch on the and bottom circles, sandwiching foam in between.

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The Kodak XL movie camera.

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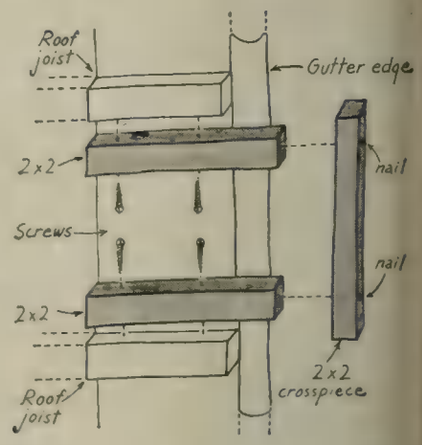
CHARLES L. FLOY

Simple *guard holds ladder away from gutter*



Safe support for a ladder

Getting onto your own roof for repa or inspections is often not as easy or s as it should be. The lowest eaves of roof are usually lined with drain g ters, which can be crushed or knock loose by leaning a ladder against the Charles L. Floyd of San Lorenzo, C fornia, designed this fixed gutter gu for safe and easy ladder support.

To make the guard, screw two pieces 2 by 2 or 2 by 4 to the roof joists neath the gutters. Cap these with a th piece nailed parallel to the gutter about an inch away from it. Leav this small space between gutter guard enables you to tie the ladder the guard for extra security.

The guard should be mounted per nently above a patio, walkway, or o firm surface where the ladder won't s into the ground. Locating it near a pipe also provides an extra handh (Blend with eaves by painting.)

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Pivoting doors *with a wood screen accent lanai entry of Honolulu house. Screen provides privacy, but lets in cooling breezes*

Oversize entry doors . . . one tall and one wide

Carved koa *doors are hung with eight ball bearing pivot hinges. Doorknobs mounted only 30 inches from floor emphasize doors' height*

A. SALBOSA

Oversize doors are used in these two Hawaiian houses to create dramatic entries: One is unusually wide, the other unusually high.

The double redwood doors shown above were designed by architect Sidney E. Snyder for the Jack Ciones' Honolulu house. Because each of the two doors is more than 4 feet wide, pivots are installed a third of the way in from the side walls at both floor and ceiling. This helps balance the door's heavy weight and shortens the swing axis, which reduces the amount of space each door eats up when fully open.

These main entry doors open to a lanai that leads to a pool and other parts of the house. They have no glass, but prefabricated wooden screening reduces wind to a gentle cooling breeze.

Honolulu architect David G. Stringer designed the beautiful doors shown at right and commissioned local artist Joel Smith to carve them. These 13-foot-high solid *koa* doors have a hundred flowers carved on the two sides, which gives the Stringer house its picturesque name—*La Casa de Cien Flores.* □

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NORMAN A. PLATE

Entry deck, *in scale with double doors, covers skimpy walk and stoop*

A 100-square-foot deck gives them a spacious entry

This inexpensive deck provides a generous stage for displaying plants and greeting guests. The old concrete walkway and stoop that it covers were used to form a solid, level foundation.

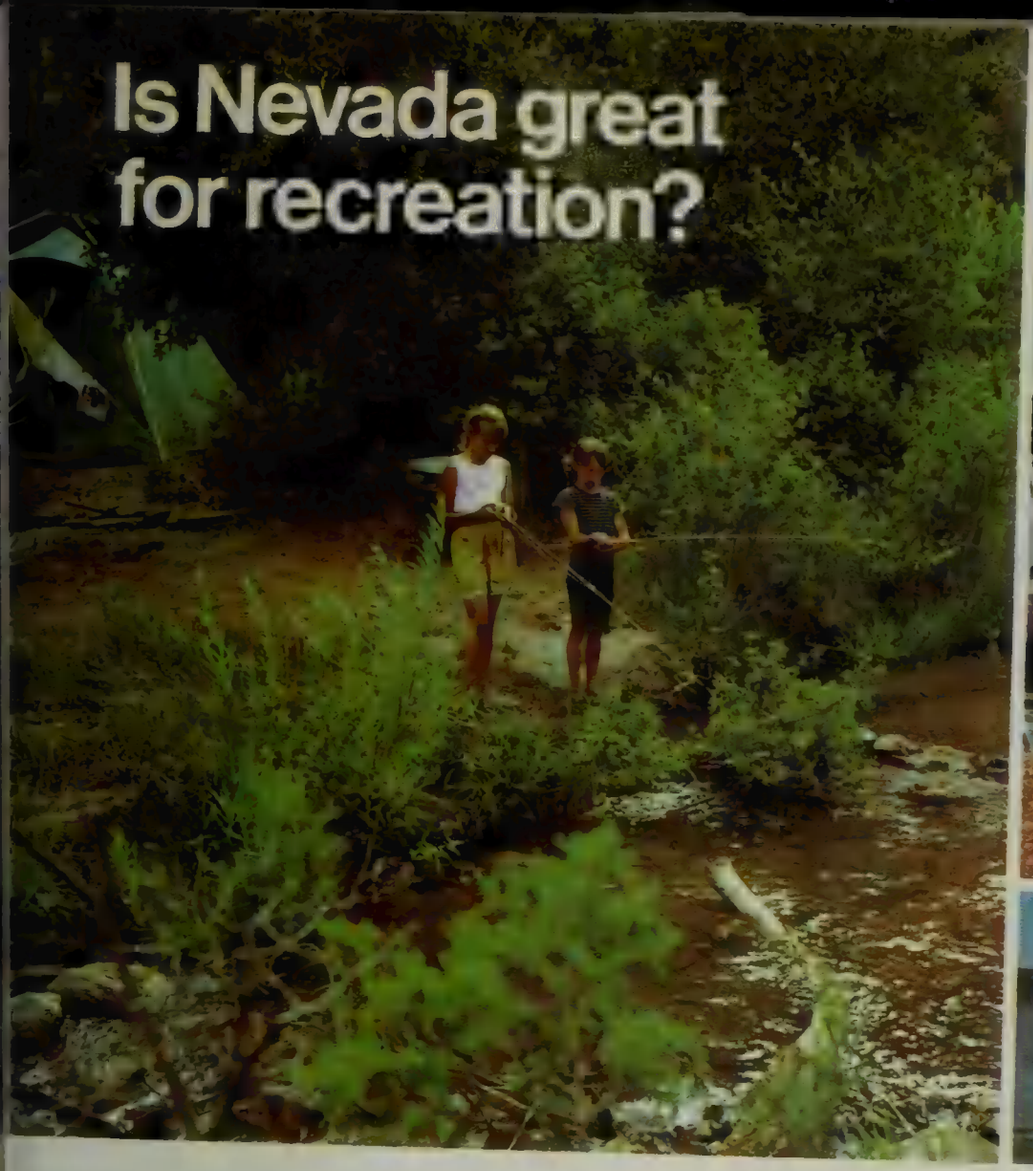
Rough redwood stringers set 30 inches apart support the decking of finished 2 by 6's. Two 16-penny nails were hammered into each junction of decking and stringer.

Some stringers rest directly on the walk. The ones to the side of the walk sit on the ground or (to raise them) on bricks; those contacting soil have been treated with preservative. The porch itself holds up part of the deck; decking is nailed to stringers flanking the porch.

Materials for the 100-square-foot deck cost about $65 in 1970. It was designed for Mr. and Mrs. G. J. Arenson of Thousand Oaks, California, by landscape architect L. K. Smith of Environmental Design Collaborative. □

Cutout *for kentia palm and baby's tear fills a corner of the dec*

Is Nevada great for recreation?



Bet on it.

Nevada is 60 million acres of outdoor playland. It's yours to roam — to camp, fish and hunt. Ribboned by rugged mountain ranges, sprinkled with lakes, lush valleys, muted deserts and pine forests, Nevada is a vast playland with many moods of recreation.

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Nevada offers sportsmen wide open spaces for hunting with privacy. A variety of wildlife is fair game in the large unpopulated areas of Nevada.

Spread across Nevada's varied terrain are lakes, rivers, streams and reservoirs bursting with prime fish. Fishing in crystal clear lakes or rushing streams and rivers is easily accessible. Remote areas offer a myriad of surprise lakes tucked away in forests and mountains. Nevada's waters also attract water sports enthusiasts throughout the nation for swimming, skiing, sailing and sunning.

Exploring the old West in the Silver State is fascinating. You'll discover ghost towns, deserted mines, Indian rock writing and old trails. Western lore in Nevada — past and present — is as provocative now as it was then.

Nevada's vast outdoor playground — great for recreation.

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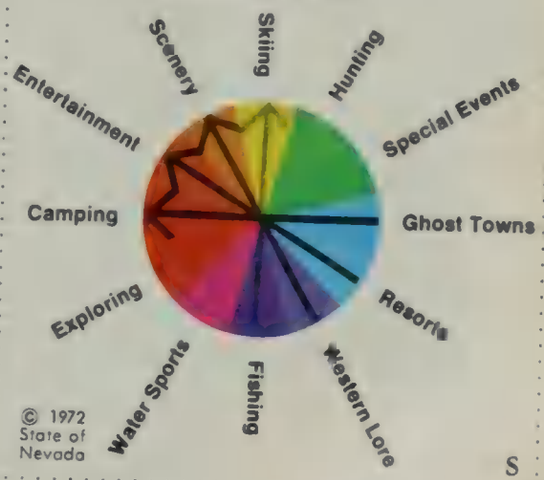
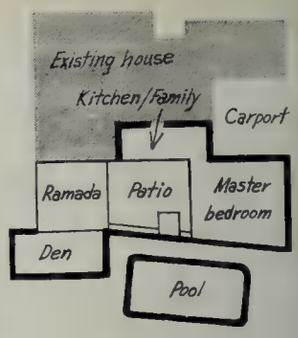


© 1972 State of Nevada

S

New rooms around a new patio



House *expansion separates adult area —master bedroom, den— from rest of house*

Pool *is readily accessible to patio court. Structure at left edge of photograph is end wall of den*

DON NORMARK

This space *was covered porch, now used for family dining, handy to kitchen and brick patio*

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Driving by the front of this subdivisio house in Tucson you'd never guess tha it had been extensively remodeled an expanded. The family room and kitche were pushed out in back to incorporat the space occupied by a roofed porc and the kitchen was reorganized into tighter, more practical working triangl

A master bedroom - dressing - bath con plex was added to the rear of the ca port, with access through the famil room. And a new den was built at th end of a ramada.

The family room - kitchen, master be room, and den open out to a large floo level brick terrace that drops three ste to surround the new swimming poo The burnt adobe exterior walls mat the existing house walls. To minimi the exposure of glass areas to the su windows have heat-absorbing glass, a narrow (2 feet), and are recessed b tween adobe columns; west-facing wa on both the master bedroom and den a windowless.

An existing *Rhus lancea* tree (see phot graph above left) that grew in the o lawn area was carefully protected by brick tree well that doubles as a seat. T brick on the terrace is laid on sand air and water get to the tree roots.

The architect was Earl Kai Chann f Mr. and Mrs. William D. Browning.

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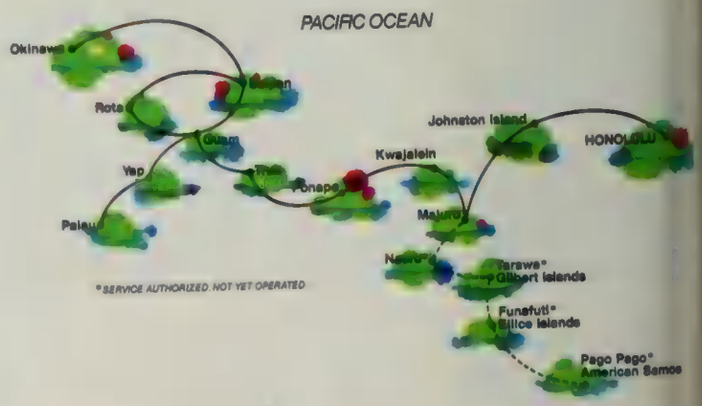

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The cribbage action moves clockwise

NORMAN A. PLATE

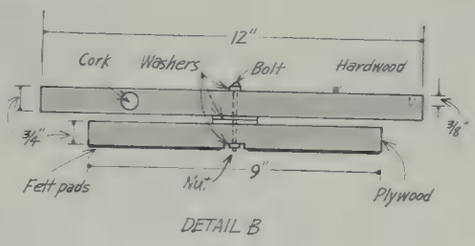
Board *scores three players or teams*

With the circular, rotating cribbage board designed by Robert Huffstetter, your scoring peg is always right in front of you, no matter where you sit. Twice around completes a game. Materials cost about $5.

To make this board, mark the center of a piece of hardwood that is 12 inches in diameter. Use a compass to mark the rows. The large drawing below shows how to arrange the holes around the board's circumference in terms of degrees rather than distance. Detail A shows how much space to allow between holes, reading from center to outer edge.

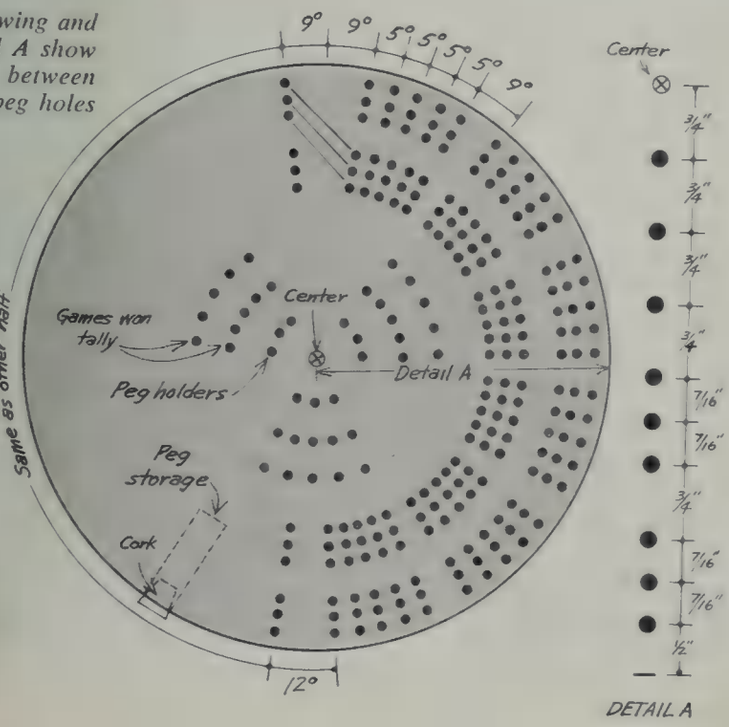
Groove the rows with a wood burner. With a pencil, protractor, and any straight-edge, mark scoring peg holes. Drill these holes about ⅜ inch deep and wide enough to hold your old pegs. Then drill a hole just wide enough to allow a 1¾-inch central bolt to turn freely.

The scoring board rotates above a 9-inch plywood disk. Locate the center of the disk and drill a hole for the central bolt (see Detail B). On the bottom of the disk, recess an area around the central bolt large enough to accept the nut and washer as well as the bolt. Glue felt to the bottom. Assemble. □



Use *large washers between boards to prevent wobble*

This *drawing and Detail A show spacing between peg holes*



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Entrance to *Dancer-Fitzgerald-Sample office is through stuccoed arcade (right) which was formerly three tall windows. Inside (far right) you can rest on mezzanine before reaching office level. Textured gypsum board lean-tos (below) give privacy but open to lofty ceiling*

GLENN CHRISTIANSEN

Changing San Francisco . . . a walk and open house below Telegraph Hill

Anyone with an eye for architecture and interior design should enjoy a walk around the waterfront area at the foot of Telegraph Hill in San Francisco. The attractions are half a dozen venerable warehouses—some more than a hundred years old—that have been modified for such different uses as an interior design showroom, art gallery, and headquarters for a furniture auctioneer.

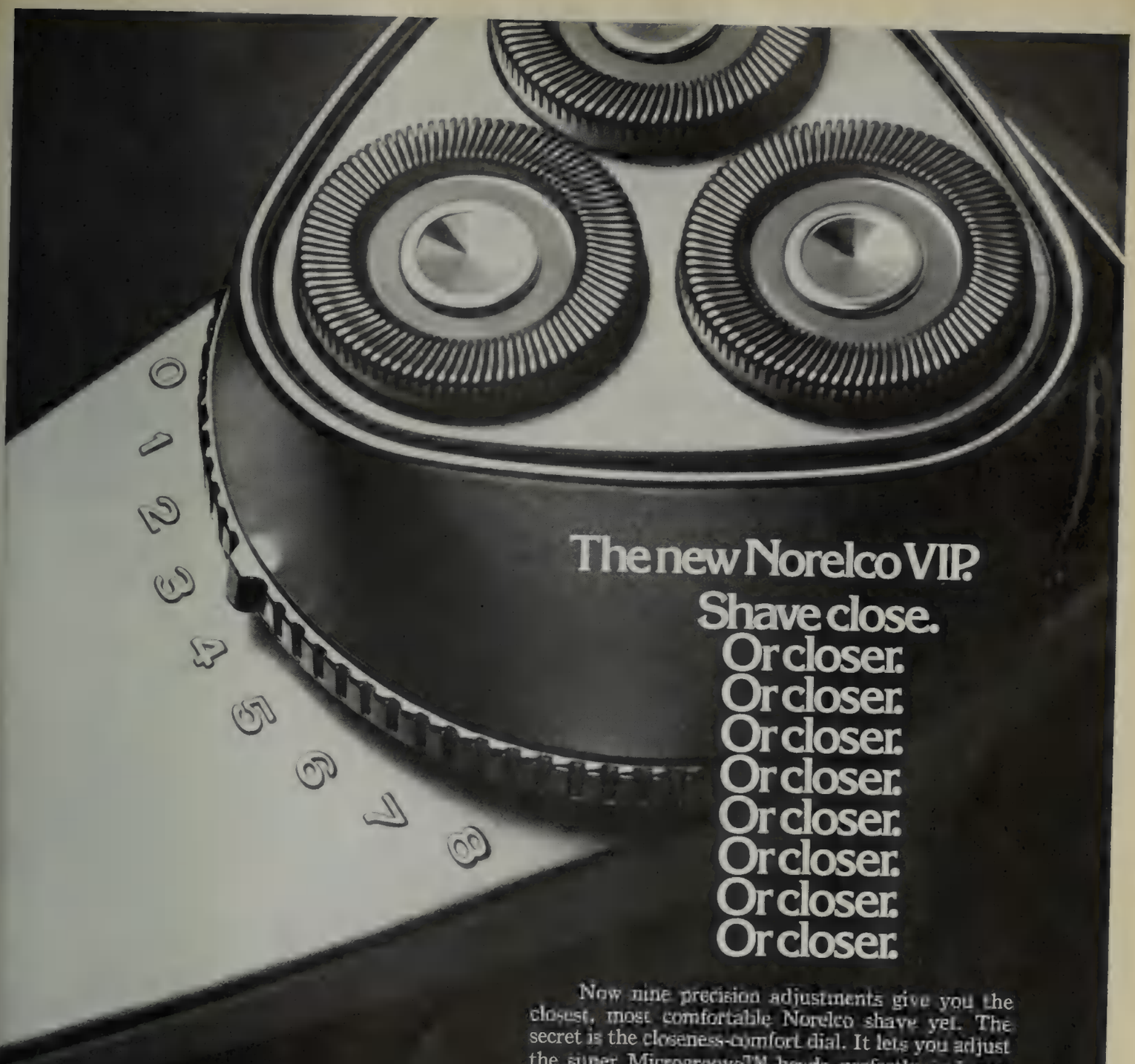
An advertising agency, occupying one of the most recently remodeled warehouses, will be open to *Sunset* readers during June on weekdays from 11:30 A.M. to 1:30 P.M. This building, pictured above, is the office of Dancer-Fitzgerald-Sample Inc. at 1010 Battery Street.

The remodeling approach is one that works well in old structures (including residences) that have what one architect calls "good bones." In this case, architects Richard Brewer, Gwin Richards, and Ray Zambrano from the Hugh Stubbins/Rex Allen Partnership stripped the old interior, revealing structural members and brick walls. The brick and the massive timbers were then sandblasted to remove the grime of 65 years. Large new skylights flood the inside of the building with light.

Walking north on Battery, on the left you see The Icehouse, a renovated warehouse where a number of interior decoration firms have showrooms. Wurster, Bernardi, and Emmons have won a number of awards for their architectural achievement here, including an AIA National Honor Award in 1972. The public is not invited inside, but you can get a good view of the exterior from the alley

Front Street *entrance of retailer manages elegant look despite old building*

NORMAN A. PLATE



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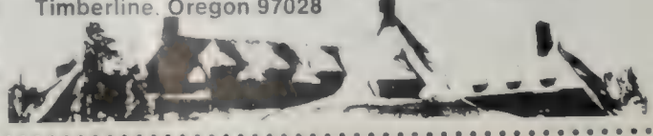

NORMAN A. PLATE

Vorpal Gallery *entrance of brick is dominated by large sculpture by John Stevens*

way on Union Street looking toward the concourse that bridges the two main buildings.

At 1168 Battery, Vorpal Gallery occupies a labyrinth of some five rooms on the second floor. It features works by Maurits Escher, Gary Smith, David Bowis, and Jesse Allen, all well displayed against rough brick walls or on newly laid shingles.

At the corner of Battery and Filbert streets is Butterfield & Butterfield, a firm that auctions furniture about twice a month. Its building is one of the oldest in the area, dating from the 1870's, and was formerly a meat processing plant and smokehouse.

Going right one block on Filbert, then south on Front to its intersection with Green, you come to S. Christian of Copenhagen, a large retailer that features both traditional and new designs in Scandinavian furniture. The building once served as a warehouse for the Fuller Glass Company, and train tracks went right into what is now the showroom on the main floor.

South on Front Street another half block is Topeka, a combination government surplus and seconds store. The lighting ducts in this former warehouse are painted in lively colors to add a decorative as well as a functional note to the interior.

The best way to cover this area is on foot, for the streets are narrow and free parking spaces are few. During the day the number 42 bus runs north on Sansome (a block west of Battery) and south on Battery. There are parking lots at Sansome and Union streets and along Front Street near Green and Vallejo. □

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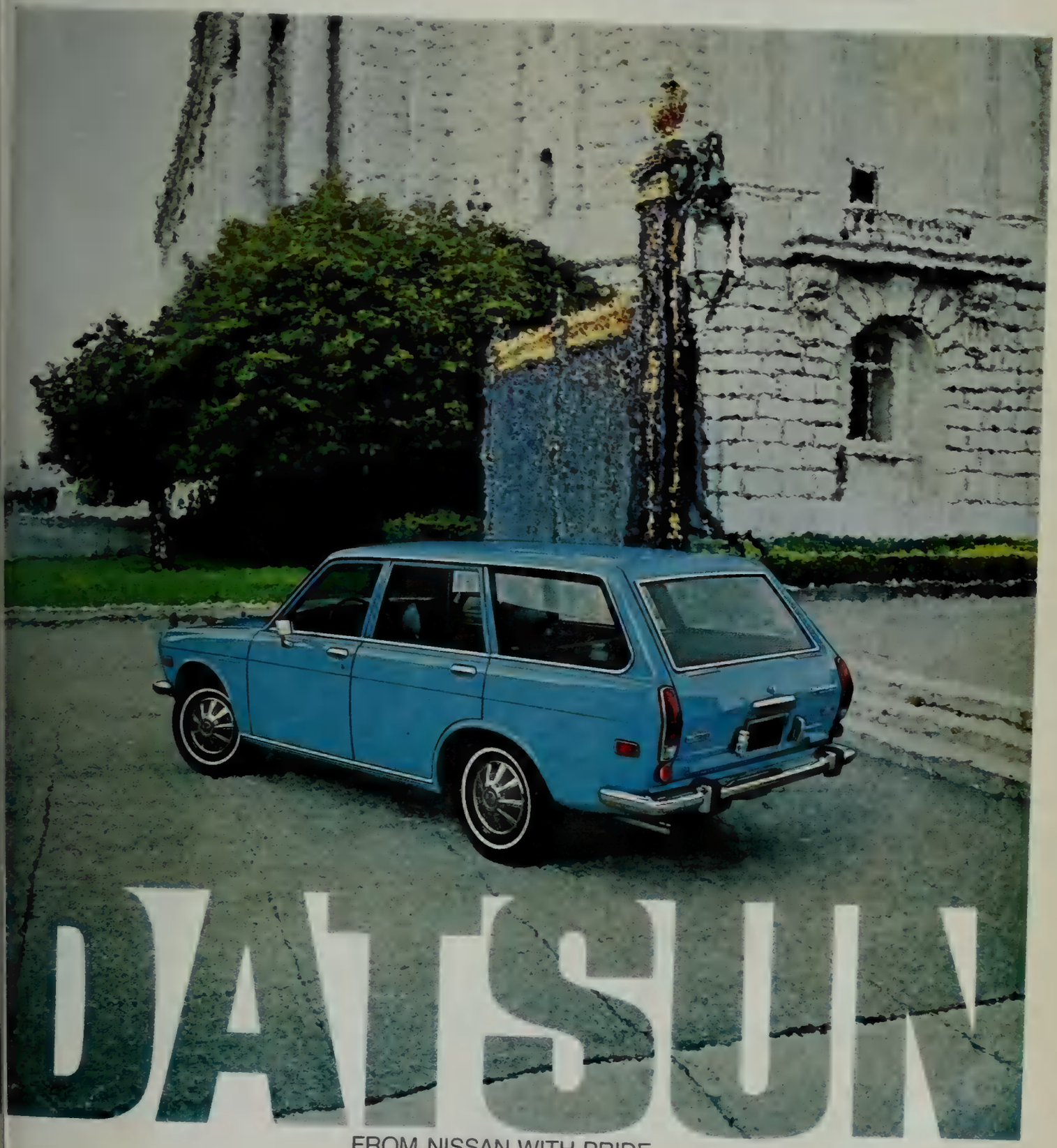


FROM NISSAN WITH PRIDE

These rugged and handsome containers once were flue tiles

Flue tile *containers rest on a bed of crushed rock for good drainage*

For this skylit interior garden, landscape architect Robert Chittock wanted the plants to be displayed in rugged, good-looking containers of various sizes. Not finding any suitable ready-made containers, he built his own.

To make similar containers, you'll need several sections of regular flue tile and a sheet or two of rigid fiberglass-reinforced plastic, available at building materials supply firms. Cut bottoms for the containers from the plastic sheets and fasten them to the tile with epoxy glue. Drill holes in the plastic for drainage, and set the plants into a loose soil mix.

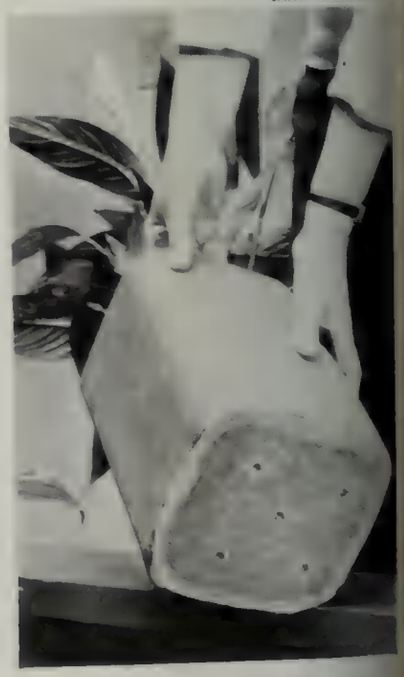
Flue tiles are readily available in many sizes and shapes. You'll pay about $4.50 for an 8-inch-square, 24-inch-high flue tile, and about the same for one 17 inches square and 12 inches high. If standard lengths don't suit you, have the tile cut to order or glue two sections together. A 2 by 8-foot sheet of 6-ounce plastic, which you can cut with a fine-bladed saw, costs about $9. If you make several flue planters, or have another use for part of the sheet, the total cost of each planter won't exceed that of many standard clay pots.

One advantage of using flue tile planters is that you can create interesting groupings. The square shapes fit together to make a modular pattern. Or you can use round or square planters of different heights in a step-up grouping.

Architects for the house were the Bumgardner Partnership for Dr. and Mrs. Clarence E. Rozgay, Bellevue, Washington. □

By daylight *or under spotlights, indoor garden is seen from the entry and the dining and living rooms. It contains 4 tall brassaias and about 12 spathiphyllums*

DON NORMARK



Bottoms *are fiberglass-reinforced plastic cut to fit and glued on*

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Panels *of colored rocks imbedded in mortar add interest to wall in front of raised bed*

Rock collector's trophy panels

Colorful rocks gathered over many years of family outings in the desert decorate the concrete panels that Carl Roubicek has attached to the front of an existing concrete block wall in his Tucson garden.

The panels are ¾-inch thick and 17 inches square. Mr. Roubicek poured them four at a time as follows:

Grease the inside of the four-part wood form with light motor oil to prevent mortar from sticking to the wood. Pour a thin layer of ready-mix concrete in the bottom of the form. On top place ½-inch-mesh hardware cloth for reinforcement. Fill the form with mortar and level with a board. Push greased ½-inch wooden dowels into the mortar at points where the panel will be screwed to the wall. Separate rocks according to color, wet them, and set them in the mortar. Keep panels covered with wet sacks for several days, or until the mortar is firmly set.

To install, remove dowels, set panel against the wall, and mark spots (through hole formerly occupied by dowel) where screws will go. Remove panel and drill ½-inch holes in the wall. Set the panel in place, insert lead plug and greased stainless steel lag screw, and tighten with a wrench. □

Hole *is drilled in concrete block where panels will be attached*

Panel *fits under brick coping, fastens to wall with lag screws*

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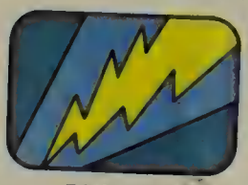
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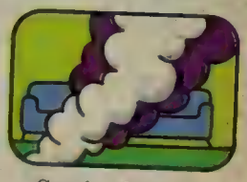
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Storing

Plywood should be stored in a cool, dry place. Moisture can crack the smooth finish of softwood panels; exposed edges are particularly susceptible to moisture penetration. The panels should lie flat but off the ground, with adequate support to keep them from sagging. If the wood is covered, allow for air circulation to prevent moisture condensation.

Handle the wood carefully to avoid gouging it or damaging the edges.

Cutting

To avoid waste when cutting several pieces from a panel, sketch the arrangement on a piece of paper before marking the panel. Allow for the saw kerf (the width of the blade's cut) between adjacent pieces. The final cut lines should be marked on the best side of the panel unless you use a portable circular saw, in which case mark the back.

The thin outer layers of the panel can splinter away along the kerf if you cut too fast or if the saw blade is dull. You can make the cleanest, most precise cuts with a saw having a large number of small teeth; handsaws should have 10 to 15 points per inch, and power saws can be equipped with a special plywood blade designed for a razor-sharp cut.

If you use a regular power saw blade, adjust it so that just the teeth will protrude through the plywood, to lessen the blade's impact. Saw teeth should always enter the wood on its good side so that any impact-caused splintering will occur on the back, where the teeth emerge. If you're using a portable circular saw, place the panel face down.

The panel should be supported against sagging. For added protection against kerf splintering, put a thin scrap of lumber under the panel and cut it along with the plywood. Feed the wood into a power saw slowly; if you're using a handsaw, hold it at a low angle. If the kerf binds your saw, hold it open with a screwdriver blade.

Planing and sanding

Careful cutting should give you a fairly smooth edge. But if you must plane the edge of the board, use long strokes with shallow cuts; work from both ends toward the middle to avoid overplaning or chipping away the ends.

Only the edges should need finish sanding; the panel's surface is smooth and you risk removing the soft grain by sanding it. To fill gouges or nail holes, apply wood putty slightly higher than the panel's surface, let it dry, then sand smooth. If you sand the surface after applying a finish, work with the grain using gentle strokes with number 120 grit or finer paper. Use a sanding block to avoid biting through the finish.

Fastening

You can fasten plywood joints either with nails or with flat-head screws using predrilled holes. Add glue for strength: liquid resin (white) or urea resin glue for interior use, resorcinol types for outdoor doors. Put a preliminary coat on the edges for absorption, then apply the first coat to both sides of the joint and fasten them together before the bond forms.

You can make most common joints with plywood, but simple butt joints using panels less than ⅝ inches thick should be reinforced with wood framing on the inside. You can nail near the edge of plywood without splitting, but nailing into the edges of thin pieces is difficult.

All exterior plywood edges, whether or not exposed, should be tightly sealed with a high-quality exterior oil-base house paint primer or similar sealer.

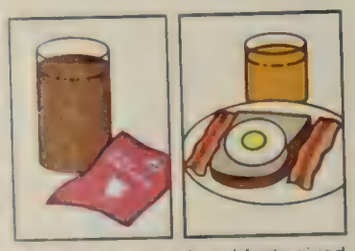
Carnation® instant breakfast

Carnation Company, Los Angeles, Calif.

Breakfast Insurance

Real breakfast nourishment-without a big breakfast

For active people, real breakfast nourishment is a "must." But some mornings are too rushed for regular breakfast. That's when Carnation instant breakfast can help. It's breakfast insurance. Milk contributes substantial nutrition. Read our label. Carnation instant breakfast supplies the rest of the protein, vitamins, minerals and food energy. It all adds up to as much nourishment as the bacon-and-egg breakfast on the right. Keep Carnation instant breakfast on hand. It's breakfast insurance.



Carnation instant breakfast mixed with milk has as much protein, vitamins, minerals and food energy as a poached egg on toast, two strips of bacon and a glass of orange juice.

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PPG: a Concern for the Future

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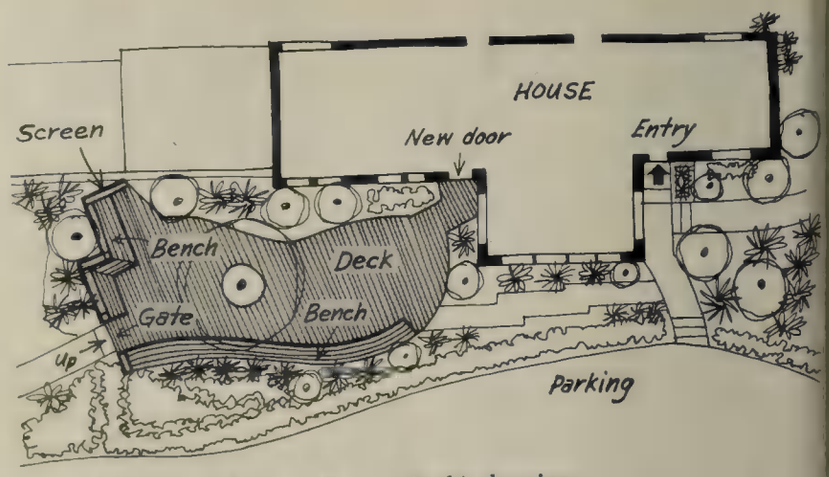
Gate *in right end of cedar screen leads from deck to steps and lawn*



Irregular *shape of deck can be seen in this drawing. New door was constructed to provide easy access from house*

Over the old sloping lawn . . . a new level deck

DON NORMA

When the Leslie D. Dana family bought their house in Portland, they were happy with the house plan but not with the garden. It had a variety of problems: It lacked level space and privacy, it was not easily accessible from the house, and the large, sloping lawn presented a maintenance problem.

The Danas decided that what they really needed was a deck—a convenient outdoor living and entertaining area. They asked landscape architect Chandler D. Fairbank to design one that would extend over most of the lawn and circle an existing variegated box elder. To make the deck more spacious and interesting than the conventional rectangular shape, he created an irregular design that follows the line of existing plantings.

A new door (see plan) was cut from the house directly onto the deck so that traffic could flow easily from inside to outside. Two built-in benches provide ample seating area, and a screen at one end provides privacy and shelter from the breeze.

Deck *was built around box elder. Note curving bench at left. Wood screen in back blocks wind, provides privacy*

SU

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Idea booklet! 24 pages of patio layouts, color photos, complete details on landscaping and accessories. Everything you need to build your own "outdoor room." Send $1 to Dept. B at the Charmglow address above.

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YOUR ALTERNATE GAS RANGE

Variations on a basic Pinto.

Ford Pinto Wagon: Rugged 2,000cc engine, front disc brakes and over 60 cubic feet of cargo space. (VW Squareback and Vega Kammback have only about 50.) The picture shows the Squire Option, plus luggage rack, whitewall tires and bumper guards.

Fresh orange, anyone? Pinto's Sports Accent group has bright new color accents like orange or avocado, with matching interiors and vinyl roofs. And steel-belted radial-ply white sidewall tires for long mileage.

The Sunshine Pinto: Our new easy-opening, solid-closing sun roof comes at a remarkably low price. It's shown above on a stylish little 3-Door Runabout, with vinyl roof and luxury decor option.

Better idea for safety: buckle up.

Red, white and blue! The new Sprint Option includes this racy color scheme, inside and out. Plus dual racing mirrors and white sidewall tires.

Ford Pinto comes in a lot of different variations. But the basic theme is always the same: solid, sensible, and economical.

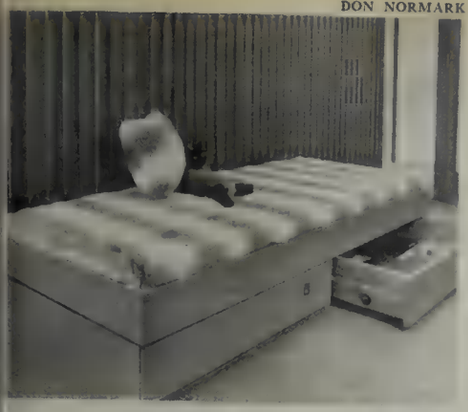
When you get back to basics, you get back to Ford.

FORD PINTO

FORD DIVISION

SUNS

DON NORMARK



Day bed *with double drawers beneath; fake fur covers top*

Box *containing drawers is 1¾ inches smaller than slatted box for mattress*

Day bed on top, storage under

combination day bed and storage s built in two separate sections. The half contains two large drawers orage of reading material, bedding, pillow. The top half holds the mat- and rests on top of the lower.

limensions fit a thick foam rubber ess, which owner and designer D. Moore had on hand.

of the unit is made out of vertical d fir. The two 1 by 1-inch strips which the slats are nailed and the by ¼-inch drawer glides, which the grooves on the side of the rs, are of oak. The two pieces for ider between the drawers, also the rs themselves except for the fir are made of ⅝ inch plywood.

wner estimates it took about 15 in the workshop to complete the . He joined the wood with glue rews. For additional strength, you out in dowels at the four corners half, and screw on metal L's on ide corners.

ommodate the flush metal drawer

The Broadmoor Elegante Development in Tustin, Cal.; Developer: Richard B. Smith; Architects: Thomas Richardson, Costa Mesa, Cal. Cabot's Ranch House Hues exterior and interior wood surfaces.

The Western rough-sawn look, enhanced, enriched with trouble-free Cabot's Stains.

Careful planning is evident in every facet of the beautiful Broadmoor community. Color coordination for the entire project was achieved through the use of Cabot's Stains. Stains bring out the best in wood, enhance the grain, never crack, peel or blister.

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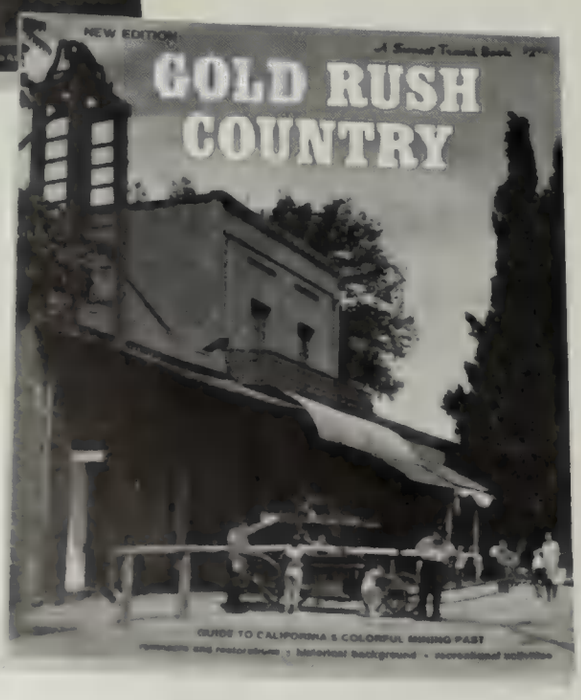
This guide to California's inviting recreation sites has now been expanded to include the new state parks that have been created throughout the state during recent years. In addition, it has been completely reorganized to make it easier to use: each park is described in detail, with improved information on access routes and facilities. Fully covers the more than 200 beach, forest, mountain, and desert campgrounds and recreation areas.



Some of the most charming back roads and towns in California lie in the gold rush country. This book has been revised and enlarged to cover the area south to Oakhurst, to place more emphasis on things to do while in the various mining regions, and to tell the stories of what happened there. A comprehensive guide to the picturesque places that remain to remind us of one of the most exciting chapters in the history of California.

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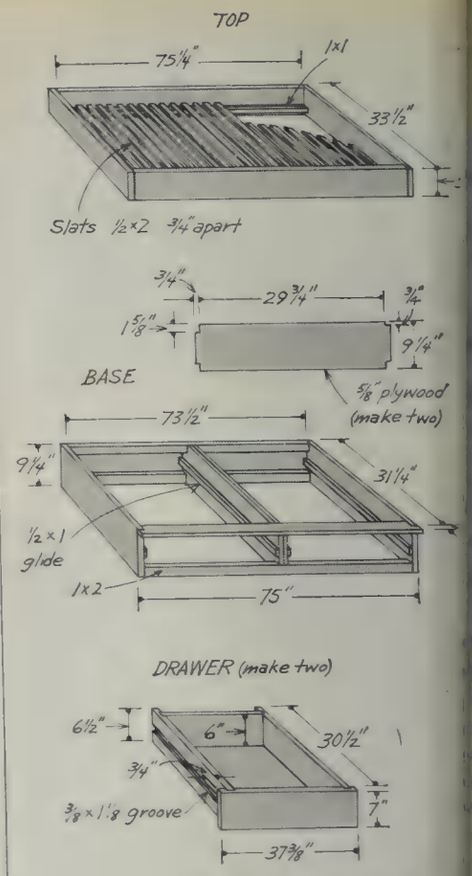


Plans *for day bed can be alt to fit size mattress avail*

pulls, the wood was carved out wi drill and chisel. The designer's works has a table saw, but he said that a p handsaw could also do the job. wood is finished and protected wi coat of semi-transparent stain.

DON NORMAR

Mud entry

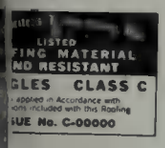
The door mat outside the entran to this mudroom is a flush st grating. It rests over a shallo well drained, concreted sump, you can hose off your boots bef entering the mudroom. The te phone and intercom are mount near the door where you can rea them from outside while still m dy. Architect was George Ha man for the Charles L. Dicks, saquah, Washington.

Before you spend a couple of thousand for a new roof, spend a couple of minutes to learn about roofing.

›tecting your home from ıd and water damage

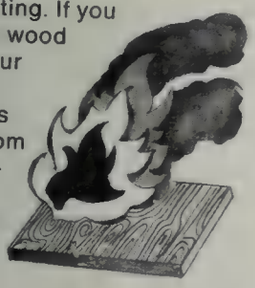
leaky roof means rotting attic timber, ned ceilings and walls – and in a bad m – costly er seepage that ruin furniture furnishings. ıe Bird Wind l® line of ıalt shingles s protect you ı high winds.

ı shingle is made with thermoplastic (about 19,000 on an average roof). sun's heat melts these adhesive dots, ing the shingles together in a grip fights against letting go – even in cane-force winds. (To get Under- r's Laboratories approval for wind tance, shingles must be tested in 60 mph winds. We tested Bird Wind Seals in *120 mph winds*. In this test not a shingle ripped off, while those without the Wind Seal feature ɔose, allowing water to come in.)



›cting your roof from fire

od shingles, or shakes, are attrac- ıut can be dangerous. Flying embers ı sparks from a fireplace chimney – nite them. That's why they're out- in some areas. The Bird Firescreen® e rates Class "A" in resisting fire – .'s highest rating. If you e the look of wood s, look into our rchitect® 70 ɔ. It simulates auty of random shakes, com- with the fire tion of finest asphalt.



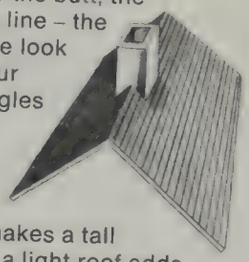
f labor vs. cost of shingle

ı check out slate shingles, you'll ɔ cost in materials and labor tive. Wood shingles, too, are costly to buy and apply. That's why today's sophisticated asphalt shingles are such a good buy. Whether you buy the low end of the line or the highest quality, you get excellent value and minimum, if any, upkeep.

Remember this – the costs are comparable for labor to apply the best asphalt shingle or the least expensive. Since the labor cost will be very much the same, you should think about paying a little extra for a top quality shingle with all its extra protection and beauty. What's more, the best shingles offer a 25-year materials guarantee, the less expensive ones 15 years.

Choosing the right shingle for your home

The architecture of your home and its surroundings dictate the style of shingle to buy. A roof should present a long, clean line. It should show deep shadow lines at the butt edges (the butt being the part that shows). The thicker the butt, the deeper the shadow line – the more impressive the look of your roof and your home. All Bird shingles with the important Wind Seal feature have thick butts.



Don't overlook color. A dark roof makes a tall house look shorter, a light roof adds height to a one-story house. A medium color blends nicely into wooded backgrounds. Greens are restful, white cooling and a bright roof adds its own "surroundings" in an area bare of trees.

Another aesthetic feature is *random-embossing*. Instead of conventional cutouts, many Bird shingles have vertical indentations. They add to your roof's long, clean line – no more broken-up, cluttered look that old-fashioned cutouts give.

The Bird Wind Seal JET® looks great on ranch-style and long contemporary roofs. And the Bird Architect 70, with its wood shake look, is ideal for gambrel, mansard and barn-type roofs. And stunning on colonial homes.

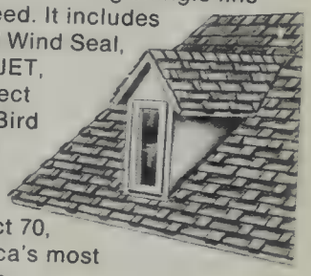
How shingles are sold

Shingles are sold by the square – a square being enough shingles to cover 100 square feet. You can buy them and arrange for application at a lumber dealer's, a home improvement company or a contract roofer.

Shingle weight determines its cost. The lower the weight, the lower the price. But the heavier the shingle, the better your roof. Since labor is a large cost factor, do not discount the heavyweights. The price spread between the Bird Wind Seal at 235 lbs. per sq. and the Bird Architect 70 at 345 lbs. per sq. isn't so great that it should discourage you from considering the finest protection and beauty for your home.

The Bird Shingle Line

The Bird asphalt roofing shingle line covers every need. It includes the famous Bird Wind Seal, The Wind Seal JET, The Bird Architect Mark 25®, The Bird Firescreen and the new bold, brawny, beautiful Bird Architect 70, probably America's most beautiful shingle.



To see Bird shingles first hand, mail coupon for an illustrated brochure, or see the Yellow Pages for the name and address of the Bird dealer nearest you.

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The best dressed homes wear Bird.

The egg bed

It's both outdoors and in; it's both for sleeping and for play

Secure shell *surrounds child's bed. Light, fresh air can en through bronze-rimmed ship's porthole imbedded in concr*

This room-within-a-room poking throu the wall of a child's bedroom is called n egg bed; it's a steel-reinforced concr shell that serves as a play area as w as a retreat for sleep and study. It as built with the house, using technic borrowed from ferroconcrete boatbu ers, but it could be added just as ea to an existing wall.

The shell is 5 feet high, 6 feet across, 7 feet deep, and extends about 3½ on either side of the wall; it's fra by four 4 by 8-inch timbers nailed di onally within a rectangle formed by wall studs, the header above, and a hri zontal support below. The timbers w first rounded out with a band saw their inner edges to hold the shell.

The opening is then fitted with a eton of ¼-inch reinforcing rods sp 4 inches apart, looped outward thr the wall with the inside ends wire a nearly circular bar forming the sl mouth. The bars are attached to the bers at each junction with two large bent over to grip the steel tightly t wood. A second set of bars is then crosswise onto the cage, forming a with 4-inch openings.

The bars can be bought in flexible at large building materials stores, firms, or wrecking yards; tie with 20-gauge wire.

A layer of chicken wire is attach each side of the steel lattice, then a concrete mix of 1 part cement to 2 clean sand is troweled on. Use enough water for a damp, workabl and add 1 part of concrete plast

Sturdy *structure can be climbed on, hidden in; opening for light doubles as foothold. Scuff marks wash off easily*

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S/6

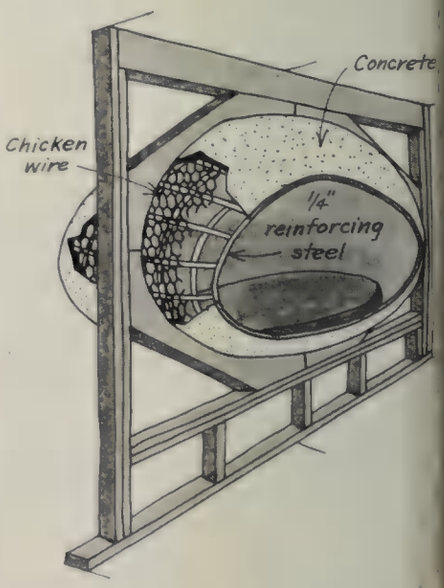
JOHN ARM

Arm *reaches playfully outdoors through opened porthole. Behind girl, old wood over exterior wall radiates from shell*

to each 12 parts of the mix to make easier to handle. The completed sh should be about 1 inch thick.

To prevent cracking, the finished concre should be wrapped in plastic and e posed to vaporizer steam overnight, th sealed and allowed to cure for a wee The shell can be painted with latex m sonry paint, and you should carefu seal it to the exterior wall with a bu rubber caulking compound.

The completed shell weighs about 1,0 pounds. It was designed by Bruce Bo for Dr. Sterling Bunnell of Marin Co ty, California.



Steel bars *are wired together at e junction, framed into wall, covere with wire mesh and concrete*

In our Feb. 8 mail there were two complaints. Find them.

"Best color TV I ever saw." *Mr. L.B., Illinois*

"Dynamite; wowie zowie." *Mr. G.N., New York*

"It's a lovely set. The colors are very sharp and clear." *Mr. M.W., Pennsylvania*

"Try it, you'll like it!" *Mr. D.T., Pennsylvania*

"This is our second Sony TV ■■ our first was stolen." *Mrs. M.W., New York*

"Super picture." *Mr. J.M., Colorado*

"Excellent picture on all 12 VHF channels." *Cable TV Studio, Montana*

"Excellent picture—knock wood." *Mr. C.M., New York*

"Superb reception without external antenna." *Mr. N.P., Texas*

"Great piece of gear." *Mr. N.M., Maryland*

"I have never seen a better picture." *Mr. L.M., Michigan*

"I find the performance excellent. You are still the best company going." *Mr. S.D., New York*

"The TV set works exceptionally well!" *Mr. J.L., Massachusetts*

"We love the beautiful clear, sharp color!" *Mr. N.S., Wisconsin*

"Best TV on the market." *J.C., Connecticut*

"Very nice." *Mr. C.P., California*

"It's terrific!! The color is so sharp!!!" *Mr. J.M., Massachusetts*

"Best color available and sharpest image." *B.R., Colorado*

"Great picture." *Mr. R.S., California*

"■ far it is fantastic!" *Miss D.B., California*

"It's the best portable color TV." *Mr. R.K., New York*

"The finest color set on the market today." *R.C., New Jersey*

"Very happy with it as I have also been with my radios. Hope you continue to maintain the quality of your excellent products." *Mr. S.J., Wisconsin*

"It's really beautiful." *Mrs. L.F., New York*

"Love it!! But I knew I would. It's the best." *Mrs. E.H., Pennsylvania*

"■ far, picture is excellent." *Mr. A.U., New Jersey*

"■ seems to be a very good product." *Mr. R.J., Michigan*

"It's a marvelous performer." *Mr. M.K., California*

"■ the only color TV we have liked." *F., Oklahoma*

"Looks good!" *Mr. R.C., New York*

"■ fine set." *M., New York*

"It is beautiful, and I'm very happy to finally own one of my own." *Miss M.E., Texas*

"I like it." *Miss C.L., Georgia*

"Love it." *Dr. D.B., New York*

"I bought it because I feel that it is the best there is." *Mrs. R.R., California*

"I enjoy it very much. It seems like ■ very nice set." *Mr. W.M., Massachusetts*

"Really great picture. Well liked!" *Mr. K.M., Michigan*

"Fine product." *Mr. V.D., Pennsylvania*

"Have many other Sony products and have always been very pleased." *Mr. R.W., Iowa*

"A truly fine set." *Mr. F.R., Virginia*

"Good quality great product well made." *Mr. T.S., California*

"Excellent color, sharpness." *Mr. J.M., Minnesota*

"Works very well." *Mr. T.B., Colorado*

"It's terrific!" *Mr. H.L., California*

"Sorry we had a little trouble with the new TV. I hope it will be fixed soon. Channel 7 is not working now." *Mr. F.G., Florida*

"We had ■ 9" B&W Sony about 6½ years. No service ■■■ required." *Mr. C.S., Florida*

"Superior color, excellent visual reception." *Mr. R.M., New York*

"Beautiful." *Mr. J.C., Pennsylvania*

"This television has the best color of any other product we have ever seen." *Mr. and Mrs. J.B., Virginia*

"Very pleased." *Mr. B.L., Maryland*

"It ■ excellent." *Mrs. E.F., California*

"Have many other Sony products and have always liked them." *Dr. R.W., Iowa*

"Very practical." *Mr. B.P., California*

"Love it and enjoy it." *Miss O.G., New York*

"Very clear color picture!" *Mr. D.S., Illinois*

"Well pleased with all we ever owned (first one 10 yrs. ago)." *Mr. R.S., Indiana*

"It's beautiful." *Miss J.D., New York*

"Would buy a bigger one, 21" if you had one." *Mr. P.Z., Wisconsin*

"After ■ days—I love it!!" *Mrs. J.S., Illinois*

"Reception and color very good." *Mr. S.Z., Connecticut*

"Good workmanship and performance." *Mr. W.K., California*

"Great." *Mr. D.M., Utah*

"It's beautiful." *Mr. R.D., Missouri*

"We like it." *Mr. C.H., Alaska*

"Any product purchased by us from Sony had excellent performance." *Mr. D.P., Maine*

"Beautiful!" *Miss M.F., Florida*

"Excellent color—very satisfied." *Mr. R.C., Massachusetts*

"We like it." *Mr. K.K., Rhode Island*

"I hope its endurance is as good as its present performance." *Mr. D.P., Pennsylvania*

"Very good." *Mr. D.A., Texas*

"We enjoy fine quality of all ■■ Sony products." *Mr. B.W., California*

"So far, great." *Mr. R.H., California*

"A fine color TV in every respect." *Mr. J.H., Massachusetts*

"Pleased." *Mr. J.B., Texas*

"Highly satisfied with Sony's quality workmanship." *Mr. R.G., Ohio*

"I like it." *Mr. W.S., California*

"Beautiful color." *Mr. M.G., Minnesota*

"It's excellent." *Mr. J.K., New York*

"Very pleased with set. Excellent quality (so far)." *Mr. S.T., Maryland*

"Great." *Mr. D.H., Illinois*

"Very excellent. Pix good definition." *Mr. W.B., Ohio*

"Great except for few minor adjustments." *Mr. A.H., Arkansas*

"Very good reception." *Mr. R.N., Ohio*

"So far, so good." *Mr. P.S., New York*

"I like it." *Mr. W.M., Illinois*

"Excellent product." *Mr. E.G., Texas*

"I hope to enjoy many years' use of it." *Mrs. M.G., Rhode Island*

"To date—excellent." *Mr. G.W., Ohio*

"We like Sony products. They have quality and uncluttered design." *J.H., Texas*

"Excellent set." *Mr. J.T., California*

"Very good product." *Mrs. B.T., Missouri*

"We love it—the 12" portable just fits into our 6' x 9' room." *Dr. W.V., Illinois*

"So far . . . great!" *Mr. H.W., Texas*

"It's beautiful—wonderful picture." *Mr. and Mrs. J.D., New Jersey*

"Great!" *Mr. D.S., N.Y.*

"Bought it after long deliberation. Hope it performs perfectly for a long time to warrant my trust in Sony." *Miss M.R., Maine*

"Excellent product." *Mrs. N.K., Massachusetts*

"Looks well engineered—fine styling—good picture. Hope it holds up ■ long time—if so, it will be worth the money spent!" *Mr. A.J., New Jersey*

"So far, ■■ good!" *Miss M.P., New York*

"Beautiful, clear, good color picture. Instant sound and picture." *Mr. R.R., Pennsylvania*

"Like it very much. Good clear picture." *Mr. D.R., Illinois*

"Good color." *Mr. K.K., California*

"Excellent color." *Mr. K.B., New York*

"It's great! The best color TV picture I've ever seen." *Mr. L.O., California*

"The right side of screen has a green tint at all times including b&w operation. Can this be adjusted? Please comment." *Mr. G.J., California*

"Superb color, outstanding performance. Completely satisfied." *Miss S.Z., New York*

"Best color TV made." *Mr. R.K., Oklahoma*

"I really like it. Nice cabinet, sharp, bright picture and color." *Mrs. B.M., California*

"Excellent—so far very pleased." *Mr. R.E., New York*

"She loves it!" *Mrs. A.R., California*

"We like it immensely so far." *Mr. C.D., California*

"It's great!" *Miss M.G., Texas*

"Very good." *Mr. C.S., Illinois*

"Great, so far." *Mr. D.E., Washington*

"Color is brilliant." *Mr. S.S., California*

"Excellent product." *Mr. T.C., Indiana*

"We now have ■ different sizes, the small battery one is ideal for hospital stay, especially with earphone." *Mr. P.D., Texas*

"Good color and tone." *Mr. E.L., Michigan*

"Excellent!" *Mr. G.B., Florida*

"I believe it's one of the best and that's the reason I bought it." *Mr. N.N., California*

"Excellent color." *Mr. W.P., Connecticut*

"I am quite satisfied with its performance." *Mr. W.W., California*

"No problems so far." *Mr. J.V., Missouri*

"Our TV is excellent!" *Mr. R.D., Wisconsin*

"Enjoy it completely!" *Mr. M.P., California*

"The picture ■ great." *Mr. T.H., California*

"So far very good." *Mr. E.W., New York*

"Outstanding color reception." *Mrs. D.S., Colorado*

"A Sony product is invariably superior in quality and value to others." *Mr. A.S., New York*

"We are very impressed with quality of the color." *Mr. C.L., California*

"The best color I've seen." *Mr. C.S., Ohio*

"It's tops." *Mr. G.L., Texas*

"I think Sony makes the finest tape systems. I hope I receive the same pleasure from my TV." *Mr. B.F., New York*

"It is excellent." *Mr. L.J., California*

"Very satisfactory so far." *Mr. R.L., New York*

"Beautiful picture." *Mr. R.M., New York*

"Excellent product." *Mr. J.R., Minnesota*

"A quality product—workmanship and performance. Our set being just a few days old makes any further comment unnecessary. We expect continued superior performance." *Mr. A.G., Virginia*

"I am very pleased with it." *Mrs. H.S., Virginia*

"Nice." *Mr. C.A., Illinois*

"Just excellent product." *Mr. W.C., Alabama*

"Am very pleased after one day!" *Mr. R.L., New York*

"Excellent quality and craftsmanship!" *Mr. J.B., Indiana*

"Perfect working condition." *Mr. J.T., Ohio*

"Wonderful quality." *Mr. S.C., New York*

"Bright picture with excellent color." *Mr. A.P., New Hampshire*

"So far it is wonderful." *Miss I.D., New Hampshire*

"Very pleased." *Mrs. P.N., Massachusetts*

"So far we like it." *Mr. R.O., Connecticut*

"So far we are enjoying it." *Mr. A.P., Pennsylvania*

"Great color." *Miss E.Y., California*

"Like it. Sorry about the lateness of warranty, I misplaced it, but the set is O.K." *Mrs. S.S., New Jersey*

"Great!!" *Mr. M.R., Iowa*

"Excellent." *Mr. V.S., California*

"Excellent." *Mr. W.K., Texas*

"Excellent." *Dr. M.L., New York*

We reprint here every single comment about the performance of Sony color TV that we received on Tuesday, Feb. 8. Two unhappy comments and 154 happy-to-ecstatic ones.

All were written on the warranty cards returned to us by recent purchasers. 400 additional cards with *no* comments presumably came from happy owners. Grand total: 554 yes's, 2 no's. It was a typical day.

We're pleased, of course. But not surprised. Because our all-solid-state Trinitron system is so radically different, it gives you a radically different color picture.

And the chance that you'll love it is excellent. About 554 to 2.

TRINITRON®
SONY COLOR TV

Corp. of America. Visit our Showroom, 714 Fifth Ave., New York, N.Y. TV picture simulated.

Climbing *and sliding are fun when they tire of playing in sand. Panels are ¾-inch exterior plywood*

RICHARD F

Now it's *a cozy playhouse. Left panel (3 by 6 feet) butts against cleat on right panel (4 by 6 feet)*

This super-sandbox has built-in seating, a cover that peaks keep sun—or even rain—from bothering those who pl under it, and a slidable and climbable top surface.

In the down position, the cover keeps rain, leaves, and c out, and makes an additional play surface. When the pan are laid back flat against the ground, they act as work s faces for sand cakes and help in truck dumping; close t panels and sand slides back into the sandbox.

Design is by Rick Lambert, Pacific Palisades, California.

Play area *on top of closed panel well supported by 2-by-8 sandbox fra*

Disappearing sandbox. It's sometimes a hill or a house

The General Electric Microwave Oven cooks breakfast, lunch and dinner. Fast.

And that's saying a mouthful.

In fact, it's the fastest method of cooking there is.

No other method comes close. Not fire. Not gas. Not anything. (Not surprising when you consider we've been in the business of electric cooking for 50 years.)

BREAKFAST	
Grapefruit Halves	2 minutes
Bacon (4 Strips)	4 minutes
Scrambled Eggs (5)	3-1/2 minutes
4 Sweet Rolls	30 seconds
Coffee	2-1/2 minutes

Just plug our microwave oven into any adequate 120 V. outlet. And turn it on. The food gets hot, but the oven stays cool. So, if you like, you can even cook on paper plates.)

How does it do it?

The microwaves vibrate the food molecules against one another. Causing friction. This, in turn, creates the heat that cooks your food. Food that's faster and more evenly done than anything you've ever seen. With all its natural juices still flowing. Not all dried up.

LUNCH	
Tomato Soup	2-1/2 minutes
Toasted Cheese Sandwich	30 seconds
Deluxe Cocoa Brownies	7 minutes

What's more, with the special recipe book, timer and control settings, practically all the guesswork is taken out of cooking. So when you want a rare rib roast you don't end up with a well-done rib roast.

Another feature as dependable as your microwave oven: GE Customer Care Service Everywhere. Our pledge that wherever you are, or go, there's an authorized serviceman in your area. Should you ever need one. For more information about our microwave oven (also known as the Just-A-Minute oven), speak to your General Electric dealer. He'll show you how it can do more than just cook it. How you can wheel it around on a stereo cart, or build it into a cabinet. Or even just give it as a gift.

DINNER	
Stuffed Green Peppers (6)	25 minutes
Frozen Corn Mexicali	9 minutes
Dinner Rolls (4)	30 seconds
Pineapple Upside Down Cake	8 minutes

Also hear what he has to say about our big microwave oven ranges.

They cook breakfast, lunch and dinner fast, also.

GENERAL ELECTRIC

1972

Your wood floor won't suffer if . . .

Any active Western family may have to work at it to keep a hardwood floor in good condition. Although wood floors are naturally durable, their appearance and life expectancy will quickly suffer under busy foot traffic, so a regular program of floor care makes sense.

The following suggestions may also interest home owners who have recently installed wood block floors over existing resilient tile or bare concrete floors. And it may help others who plan to rejuvenate the appearance of once-elegant floors in old houses.

General floor cleaning

Wood floors should be "dry-cleaned" with an unoiled dust mop (which can be treated with a spray dusting product) or a vacuum cleaner with an attachment that won't mar the floor. As a general rule, don't use water and detergents or waxes and cleaners designed for resilient surfaces on your wood floor. Water can seep down into floorboards, raising the grain and causing stains, swelling, and warpage. When it's raining, protect floors near outside doors from wet feet with indoor mats or throw rugs.

Spots or scuff marks can be removed by spreading a small amount of the type of wood floor wax that is already on the floor with a pad of fine-textured steel wool, then buffing with a clean cloth. Remove gum and other tacky substances with a nylon spatula. Wipe up simple spills with a dry paper towel. To restore polish to a floor, simply rebuff.

When routine cleaning and buffing methods fail to renew the appearance of a wood floor, it is probably time to rewax.

Choosing a wax

The main things for you to consider are convenience and durability. Most wood floor waxes are solvent based. These solvents provide a medium to carry the solid wax particles, but can also be considered cleaning agents. During application, they loosen dirt and old wax layers, which are then picked up in the applicator cloth. Most important, the wax layer serves to protect the floor's sealer (usually varnish, lacquer, shellac, urethane, or penetrating sealer) from wear, which in turn protects the wood fibers themselves.

There are three basic types of wax for wood floors: buffable paste waxes, buffable liquid waxes, and the relatively new self-polishing cleaner waxes. Each has its own advantages and shortcomings. Be sure to check the label carefully to avoid using a product made for resilient floors. Make sure you follow label directions.

Paste waxes

Because of their high wax solids content, buffable paste waxes usually protect wood floors best. When buffed, they produce a deep, lasting shine good for several months or longer with occasional rebuffing.

The best way to apply a paste wax is on your hands and knees with a soft, clean cloth. Spread the wax evenly over small areas at a time (about 3 feet by 3 feet), rubbing first across the grain, then with the grain. This can be tiring and time consuming when there are large floor areas to be done.

Follow label directions when buffing and, if possible, move the buffer with the grain of the wood.

Paste waxes to which a stain has been added are also available. They will help rejuvenate the color and appearance of a well worn floor, but are not a substitute for a severely damaged sealer.

Liquid waxes

Buffable liquid waxes (including "cleaner waxes") are similar to paste waxes but contain considerably more solvent. They're easy to apply, but aren't quite as durable as paste waxes and still must be buffed.

Simply pour out a small amount on the floor and apply with a long-handled applicator covered with a clean, dry cloth. Applicators cost less than $2 and are available in most hardware stores and many supermarkets. Use a scrubbing action to help the solvents loosen dirt and old wax layers. Turn the cloth when soiled. A wax applicator without a cloth will clog up, hampering the cleaning ability of the wax.

Buffing machines

Electric floor buffers are available from many hardware stores, some supermarkets, and equipment rental outlets. Look in the yellow pages of the telephone book under Floor Machines.

You should consider renting an industrial-size buffer if you have large floor areas that need buffing. In most cases, they do a more thorough job because of their greater weight and larger brush. Rental charges are $4 to $8 a day depending on brush size, which will vary in diameter from 12 to 18 inches, or more. Because of their size, these buffers usually cannot be used on stairs and in corners. Use a smaller buffer or buff by hand for these areas.

Pads that can aid in cleaning and extra fine buffing are sold at many rental outlets. They will cost about $3 to $6 apiece and are reusable. The buffer's brush alone is often sufficient for polishing. But when buffing a paste wax, use an old towel or pad under the brush to avoid clogging the brush with wax solids.

When using a large buffer, wear tennis shoes or a similar nonslip shoe. The buffer can be hard to control at first. By moving the handle up and down slightly, you will soon get the feel of how the machine slides across the floor by itself. Many home owners prefer to use the more easily controlled small twin-brush buffers. They will rent for about $2 a day and are usually found in hardware stores or supermarkets.

Self-polishing waxes

Self-polishing waxes offer a quick, one step floor care procedure for wood floors. They are extremely convenient and need no buffing, but will often require more frequent applications than the paste or liquid buffable waxes. These relatively new waxes are also incompatible with buffable floor waxes because of their synthetic base, and the old buffable wax must first be removed from the floor.

To do so, you can use a solvent wood floor cleaner product or the self-polishing wax itself. Once again, check labels carefully to affirm that the product is designed for wood floors, and follow label directions for cleaning and application. You might wear rubber gloves when working with floor cleaners to protect your hands from irritation.

Damaged sealers

A wood floor that quickly absorbs a drop of water, appears bare and discolored (possibly with damage to the wood fibers already occurring), or is badly warped probably needs to be resurfaced and resealed. If this is the case, it may be necessary to see a floor care service about having the floor repaired before any further damage is done.

You can find such services listed in the yellow pages of the telephone book under Floor Laying, Refinishing, and Resurfacing. □

YUM.
(NEW TUNA FLAVOR)

Purina Cat Chow, the high-protein cat food, introduces new Liver Flavor and new Tuna Flavor.

Original Purina Cat Chow has been satisfying cats' protein instinct for a long time. Now, to keep those healthy cats happy, there are two new Cat Chow flavors—new Tuna Flavor and new Liver Flavor. So tasty, cats prefer them 3 to 1 over the nearest competitive dry cat food. And both new Cat Chow flavors have the highest protein of any cat food, canned or dry, just like Original Purina Cat Chow.

Now Purina Cat Chow comes in three delicious flavors.

Yum. Yum. Yum.

5¢ STORE COUPON 5¢

SAVE 5¢

on either new Liver Flavor
or new Tuna Flavor
Purina® Cat Chow®

MR. DEALER: Ralston [illegible] will pay you the face value of this coupon plus 3¢ for handling, if you have received it in accordance with all the terms of this offer and if upon request you submit evidence thereof satisfactory to Ralston Purina Company, [illegible] proving purchases of sufficient stock within the past 90 days to cover [illegible] presented for redemption must be shown on request. Any sales tax must be [illegible] customer. This coupon may not be assigned or transferred. Offer void where prohibited, taxed or otherwise restricted. [illegible] redemption value 1/20 of 1¢. To redeem this coupon mail it to: Purina [illegible] P.O. Box 1107, [illegible] Square, St. Louis, Missouri 63188.

Good only on the purchase of Tuna or Liver Flavor [illegible] Cat Chow. Any other use constitutes fraud.

5¢ STORE COUPON 5¢

Remember how excited you got when your dad took you fishing?

Your son's no different. But the times are. You and your wife live with pressures your folks never dreamed of, pressures that make it a lot harder for you to give your kids the attention and friendship they so urgently need.

We've a way to make it a little easier, our recreation communities. They're based on the notion that families today have to get away to get together. They offer their members all sorts of family-style activities—fishing, golf, tennis, swimming, boating, hiking, bicycling.

But, more important, they offer today's family a retreat. A quiet, peaceful, natural place, a world away from the pressures of the day. Where you and your family can be alone together. Where the mood is right for feeling, loving.

We've four recreation communities serving Northern California. The recreation facilities are in and lots of very nice people are making full use of them. And they're all within easy reach of your home.

Hidden Valley Lake nestles at the north tip of the Wine Country, 25 miles above Calistoga. It's a favorite hang-out for the countryside's deer.

Lake Wildwood, 12 miles west of Grass Valley, is in historic Nevada County. It enjoys an ideal climate, above the valley heat, with little or no snow in winter.

Pine Mountain Lake is just 26 miles from Yosemite. Its air strip makes it a favorite for flying families.

Incline Village sits on 9,000 of the most spectacular acres in the world, on Nevada's north shore of Tahoe. The choice is yours.

Regardless which you select, your family retreat starts with a homesite. We'll sell you a homesite, or lot. We can build your vacation home if you want us to. And we'll help you find financing.

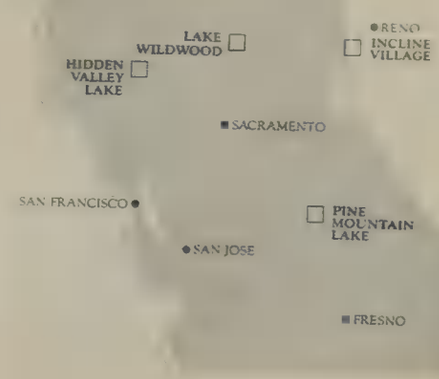
We'll also send you one, two, three or four rather unusual booklets that describe in great detail each of our four communities and their recreational facilities. They're long (12 pages). They're comprehensive (more facts and figures than pretty pictures).

But after you've read one, you'll know what you need to know to decide if the community it describes makes sense for your family. The coupon below gets you as many booklets as you want, as well as inventories of our ready-to-build-on lots.

Send it along. Today.
Your kids are only young once.

Boise Cascade Recreation Communities
Nice places to love.

Developed by Boise Cascade Home & Land Corporation



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Department T
P.O. Box 28
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Please send me your comprehensive booklet on (check as many as you like).

Name _____

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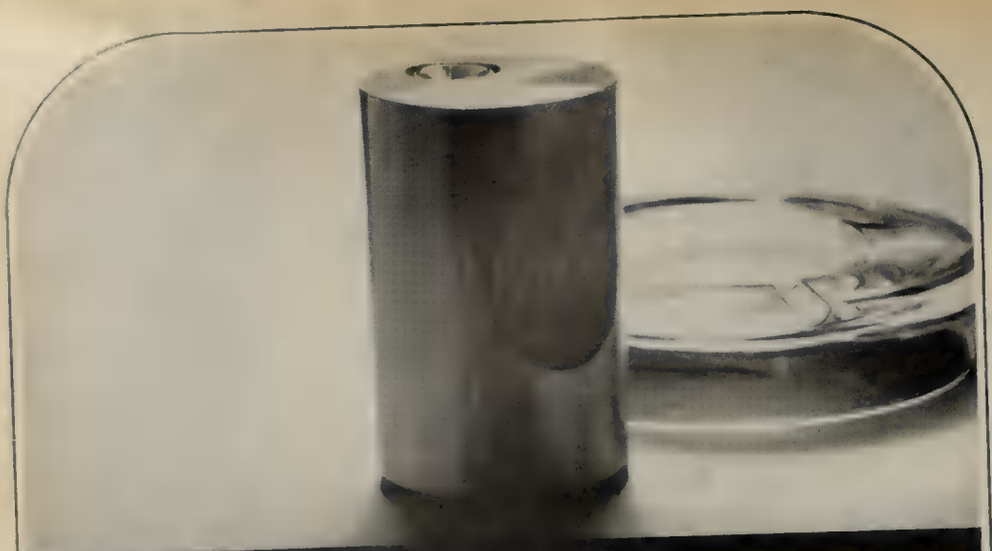
City _____

Zip _____

☐ Check here if you'd also like one of our recreation representatives to contact you. No check. No contact.

72S6 NW-2M



The Braun museum piece — a lighter worthy of giving or getting.

The Braun Table Lighter is in the permanent collection of the New York Museum of Modern Art. No wonder. It is magnificent sculpture that works. Needs no flints, wicks, batteries, or wheels. Just some butane, once or twice a year. The genius at work inside is the world's first miniaturized permanent magnetic ignition system. The beauty outside works for non-smokers, too. Available in red, blue, black or chrome at fine stores everywhere.

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Tru-Test Supreme Vitatone Stain flows on like paint—fast, smooth, easy. Yet penetrates deep for long-lasting, weather-resistant protection. Excellent hiding power; covers bare wood surfaces and most colors in just one coat. Makes shingles, shakes and siding come alive with rich, natural distinction. Produces a rich, flat finish. Ideal for smooth and rough siding. Choose from a wide array of colors. Gallon, **6.49***

*Custom colors slightly higher.

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HARDWARE STORES

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DON NORMARK

Laundry *dropped in hamper on bedroom floor (top) passes loading station (bottom) on first floor on its way to washing machi*

More looks at laundry chutes

When the washing machine is on a fi below the dirty laundry, there are w to let gravity help with the load. laundry chute pictured here and the on page 146 are the work of Belle Washington, architect Jerry Gropp. first is in his own house, the secon the house of Loyal Moore on Me Island, Washington.

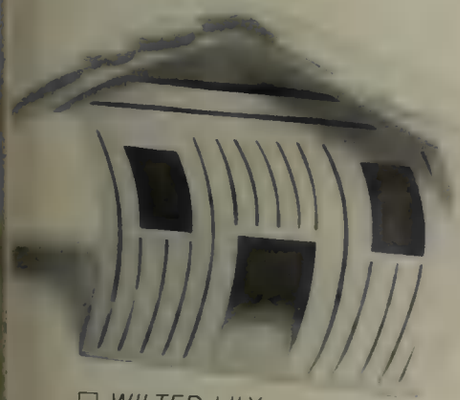
Down the chute shown on this p washables plummet from a bathroom on the bedroom level to the lau center in the basement. To make it ficult for anything larger than lau to make the speedy trip, the bin o on piano hinges to a width of onl

SU

Rate your home's personality: Its cool can have an effect on yours.

☐ DAY & NIGHT'S LAND OF COOL

☐ HOT-HEADED HANNA



☐ WILTED LILY

☐ SHIVERING TIMBERS

Day & Night people understand cool. ow it varies from person to person, ructure to structure. And, that cool is not only a physical easure of temperature, but a condition of the mind.

We believe a home should be a place where every- ing is calm. And comfortable. And pleasurable. Anything ss, means you don't have a cooling system. Or that your esent system is not maintaining the cooling ility you and your home require. That's where your Day & Night dealer can help. He can predetermine the cooling ability needed. Recommend the air-conditioning equipment that will do the most efficient job, appropriate to the price you can afford. And install it properly.

Your nearby Day & Night dealer is in the Yellow Pages. Give him a call. Then you, too, can live in a land of cool. Happily ever after.

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day & night.

The people of warmth. And cool. And comfort.

A brilliant counterpoint for your living room is this generously scaled table from our Accent Group. Only one of a choice of splendid designs. Crafted of solid pecan and richly swirling olive ash burl with bronze tinted glass inlays. Impressively carved and detailed. For a handsome portfolio of our complete line of tables and cabinets, send one dollar.

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inches. A 1 by 2 stop nailed to the ends of the arched plywood sides hits a 2 by 2 nailed to the braces beneath the overhead drawer.

Midway in the descent is the first floor station, which is located in the guest bathroom. This is where table linen, kitchen towels, and gardening gloves join the traffic en route to the basement. To protect children from tumbling down the chute a 30-inch-high piece of plywood was fastened across the bottom of the opening.

In the drop pictured on this page, the laundry falls from beneath the counter in the master bathroom on the upper floor to the laundry center on the floor

DON NORMAN

Birch cabinet *(top) in master bath receives washables that fall a floor below into basket in birch closet hidden by door*

below. There are no small children, no safety measures were necessary to prevent a fall.

In these houses the only way to bring clean laundry back upstairs is to carry. To help distribute this task, the architect designed a cabinet (shown partially in the bottom photograph) with a shelf for the clean wash of each member of the family. Everyone folds, carries upstairs and puts away his share of the clean laundry.

UTAH

LOGAN
Logan Paint Center
432 N. Main

OGDEN
Charlesworth Paint & Distributing Co.
360 - 36th St.

PROVO
Provo Paint Center
201 West Center St.

SALT LAKE CITY
Charlesworth Paint & Distributing Co.
2615 South State

NORTHERN CALIFORNIA

CHESTER
Builders Supply

DUNSMUIR
L & L Hardware
5836 Dunsmuire Ave.

EL SOBRANTE
Ivenart's Paint Store
3817 Dam Road

FAIRFAX
Fairfax Lumber Co.
109 Broadway

FAIRFIELD
Fairfield Glass & Paint
1123 Texas St.

FRESNO
PPG INDUSTRIES
1639 North First St.

GRIDLEY
Builders Supply
611 Magnolia

LAKEPORT
Lake Builders Supply Co.
155 N. Main St.

OAKLAND
PPG INDUSTRIES
5398 Foothill Blvd.

SALINAS
PPG INDUSTRIES
831 So. Main St.

SACRAMENTO
PPG INDUSTRIES
6531 Folsom Blvd.

SAN JOSE
PPG INDUSTRIES
376 Race St.

SAN FRANCISCO
PPG INDUSTRIES
953 Harrison St.

SO. LAKE TAHOE
Nel's Tahoe Supply, Inc.
Highway 50

STOCKTON
PPG INDUSTRIES
1859 Pacific Avenue

UKIAH
T.B.S. Building Supply Inc.
181 Wabash St.

WALNUT CREEK
Kelleway Hardware
2721 No. Main St.

Rez® NATURAL WOOD Fashions

REZ announces a new solid color stain — it's **latex**, makes staining your house short work.

It goes on easily, even on rough surfaces — covers and protects rough-sawn siding, shakes and shingles (usually in one coat). Ideal, too, for fencing and outdoor furniture. Use outside or inside your home. Dries in 30 minutes — soap and water cleanup.

Covers old paint — gives the "natural" look to painted surfaces.

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NORMAN A. PLATE

Patio table *holds hibachi in recessed center, can be taken apart for storing. Cost: about $25*

Patio table comes apart for winter storage

The recessed area in the center of this patio table can hold a small barbecue or a planter. The whole table is easily taken apart and stored out of the way and out of the weather. This one was built of vertical-grain Douglas fir, but you could substitute redwood or cedar, which can stand more exposure.

For the frame, join the 2 by 4's with a pair of ½-inch dowels in each corner as shown in the drawing. Nail the 2 by 3 cross braces between the 2 by 4's, spaced as shown and depressed ¼ inch below the top surface. Two shorter 2

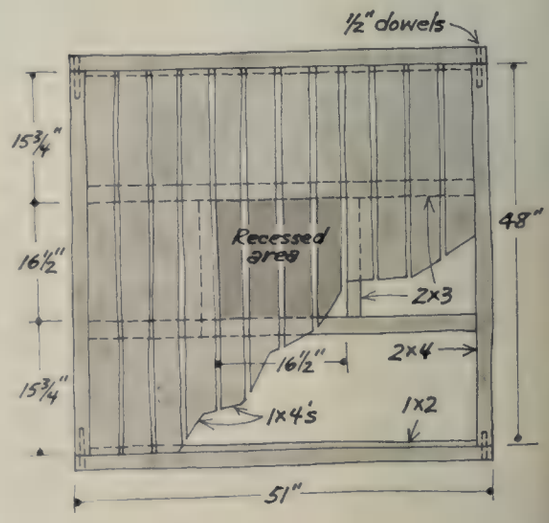
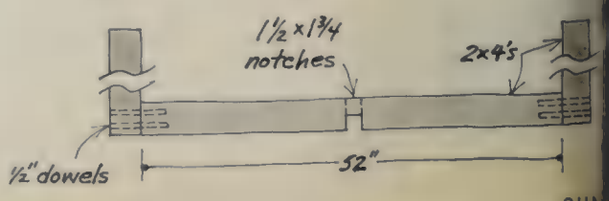


Table top *of 1 by 4's rests on 1 by 2's (under ends) and 2 by 3's. Below, bottom of cross leg section is notched to receive the other section*



-ligh in the Colorado Rockies sits empty log cabin.

'he nearest fire department? Miles ay in the next county.

/inter before last, the wind got so ıng up here it blew down a near-barn!

bviously, this is the fect place to demon-te Johns-Manville's raordinary new MPART™ shingle.

fter all, Underwriters' Laborato-gave **RAMPART** the highest fire wind resistance ratings attain-—Class A.

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Glidd

NORMAN A. PLATE

le top *is lowered into place.*
sts directly on legs in corners.

3's nailed between the cross braces ne the recessed center square. End orts for the top pieces are 1 by 2's d ¾ inch below the top surfaces of onger 2 by 4's.

the top, the 1 by 4's are spaced t ½ inch apart. Each of the four s the center is three short lengths a middle one recessed. Nail the sed boards in place with 5-penny ing nails horizontally through the braces. Nail all the top boards to by 3 cross braces and horizontally gh the outer frame.

2 by 4 leg sections run diagonally corner to corner. The two bottom s are notched in the center—one e top, the other on the bottom. The ch-high legs are fastened to the n pieces with ½-inch dowels.

nails and plug with wood putty and before finishing with oil or sealer. □

ll apart, *revealing sturdy cross lap joint*

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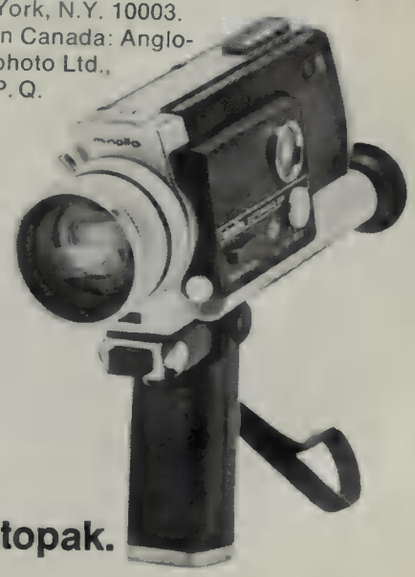


Start to see life differently with a Minolta Autopak.

Sunset's Kitchen Cabinet®

June signals the beginning of summer vacation for many Westerners. As family activities move out-of-doors, meals generally become more casual.

If you're going on a picnic this month, you might simmer a piece of corned beef, turn the stock into soup, a carry both to the beach or park.

For a patio supper, try the cr meat-filled salad or a puffy cornm soufflé to accompany barbecu meats. Then splurge with a tempt

Planned for a picnic: corned beef to make sandwiches, its broth for soup

Simmered Corned Beef

You cook this corned beef ahead so it can chill in the cooking liquid.

- About 5 pounds corned beef, bottom round or brisket
- Water
- 1 medium-sized onion, chopped
- ¼ teaspoon *each* garlic powder and liquid hot pepper seasoning
- 1 teaspoon dill weed
- 3 bay leaves
- 2 sticks whole cinnamon
- 5 whole cloves
- 1 whole orange, thinly sliced

Put the corned beef in a Dutch oven; add 2 quarts water. Cover, bring to a boil, reduce heat, and simmer for 30 minutes. Taste water; if salty, discard and add 2 quarts more water to beef.

Stir in the onion, garlic powder, pepper seasoning, dill, bay, cinnam cloves, and orange slices. Cover a simmer for 2½ to 3 more hours, until meat is tender when pierc Cool, cover, and chill overnight.

To serve, remove meat from br (save it for soup) and thinly slice m across the grain. Serves 8 to 10.—*J.T., North Hollywood, Calif.*

To make soup, lift fat off broth, p through a wire strainer, and disc seasonings. Dice 2 large potatoes 3 large carrots; cook in broth u tender. Serve with sour cream chopped green onions.

Green salad becomes a summer supper with cold cuts, eggs, and cheese included

Summer Salad Bowl

For part of the meat called for in this recipe, you can use sliced Swiss or Cheddar cheese.

- 3 slices firm, white bread
- 2 tablespoons *each* olive oil and grated Parmesan cheese
- ⅔ cup olive oil or salad oil
- ⅓ cup white wine vinegar
- 2 tablespoons Dijon-style mustard
- 1 tablespoon prepared horseradish
- 2 tablespoons chopped green onion
- 1 large head iceberg lettuce
- ¾ to 1 pound sliced cold cuts (suggestions follow)
- Salt and pepper to taste
- 3 hard-cooked eggs, quartered

Cut bread into ¼-inch cubes (you should have about 1½ cups); toss with the 2 tablespoons olive oil cheese. Spread in a shallow pan place in a 350° oven for 10 min or until brown; stir often. Set a Mix the ⅔ cup oil, vinegar, must horseradish, and green onion; cl Break lettuce in bite-sized pieces a large bowl. Snip meats (or n and cheese) into thin strips and tribute over top. Add croutons, over dressing, and mix well. Se to taste with salt and pepper and nish with egg quarters. Makes 4 servings.—*H. N., San Francisco*

Choose meats such as cooked bologna, mortadella or pastram

Similar to spoon bread, it's a fine dish to serve with grilled kabobs, other meats

Cornmeal Puff

Plan to serve this fluffy casserole as soon as it comes from the oven.

- 1½ cups milk
- 3 tablespoons butter or margarine
- ⅓ cup yellow cornmeal
- ½ teaspoon salt
- 1 cup (about ¼ lb.) shredded sharp Cheddar cheese
- 5 eggs, separated
- 2 tablespoons chopped green onion

In the top of a double boiler combine the milk, butter, cornmeal, and salt. Place over boiling water and cook, stirring occasionally, until thick and steaming, about 7 minutes. Remove from heat; stir in the cheese, egg yolks, and green onion.

Beat egg whites until short, di moist peaks form; gently fold cornmeal mixture. Turn into a greased 1½-quart soufflé dish v foil collar (see below) or a straight-sided 2-quart casserole.

Place dish in a pan of hot wate 350° oven. Bake for 35 minu until center is firm when tappe move collar, if used, and Serves 4 to 6.—*F. L., Stockton,*

To make a collar, fold a 24-inc piece of 12-inch foil lengthw thirds. Wrap around the dish stands 1½ inches above rim; with paper clips; grease inside

ssert made of fresh sweet cherries. e'd like to hear about your own cipe creations. Mail them to Home onomics Department, *Sunset Mag-ne*, Menlo Park, Calif. 94025. We y $10 for each recipe published.

Simmered corned beef or chicken with rice . . . and fresh black cherry pudding

gurt Pancakes

ve any of the versions of this rec- with butter or with more yogurt sour cream and fresh fruit.

- 1 tablespoon sugar
- 1 teaspoon *each* baking powder and soda
- ½ teaspoon salt
- ½ cups regular all-purpose flour (unsifted)
- 4 eggs, lightly beaten
- 1 cup unflavored yogurt
- Butter or margarine (optional)
- Yogurt, flavored yogurt, or sour cream (optional)
- Sweetened fresh fruit

bowl combine the sugar, baking der, soda, salt, and flour; add the and 1 cup yogurt and mix until smooth. Bake pancakes on a moderately hot greased griddle until nicely browned on both sides. Serve with butter, yogurt, or sour cream, if you wish, and your choice of fruits. Makes about 1 dozen 4-inch pancakes.—*N. P., Malibu, Calif.*

For flavored yogurt pancakes, use 1 cup of orange or vanilla-flavored yogurt and omit sugar in recipe; serve with more of the flavored yogurt and sweetened raspberries or strawberries. For fluffy pancakes, separate the eggs; add beaten yolks with yogurt. Beat the 4 egg whites until they form firm, moist peaks; fold into pancake batter.

Tangy flavored pancakes call for topping of strawberries or other fresh fruits

:ken with Crunchy Rice

colorful one-dish meal borrows c flavors from Southeast Asia.

- 2 tablespoons salad oil
- 4 *each* large chicken legs and thighs, separated
- 1 teaspoon *each* curry powder and ground coriander
- teaspoon ground ginger
- 1 cup long grain rice
- 1 can (10½ oz.) condensed chicken broth
- 1 cup boiling water
- Sautéed vegetables (directions follow)
- Salt and pepper
- cup dry roasted cashews or peanuts

Dutch oven heat the salad oil medium heat. Put in chicken ; sprinkle with the curry and coriander; sauté until well browned. Stir in ginger, rice, broth, and water. Cover and simmer until rice and chicken are tender and most of the liquid is absorbed, about 30 minutes. Stir in sautéed vegetables and salt and pepper to taste. Sprinkle with nuts. Serves 4.—*M. W., Burton, Wash.*

Sautéed Vegetables. Slice 6 green onions, cut 1 green pepper in thin slivers, and thinly slice 1 medium-sized carrot. Heat 2 tablespoons butter in frying pan over medium heat; add vegetables. Stir and fry until just tender, 3 to 5 minutes. Stir in 2 tablespoons soy sauce.

Just before serving this chicken dish, you stir in the briefly cooked vegetables

Cherry Pudding

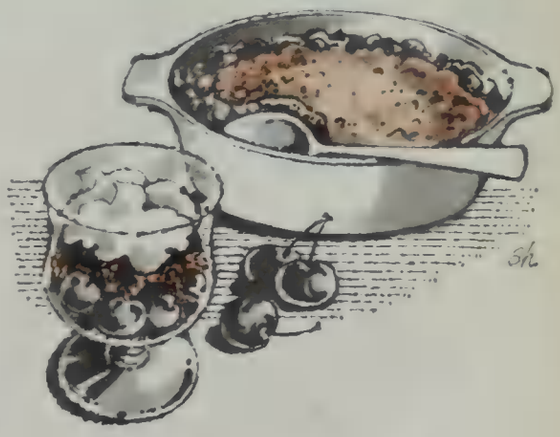
dessert uses a small package of cake mix or half of a regular- package; you might bake the f the mix as a single layer for berry shortcake.

- cups fresh sweet cherries
- cup sugar
- teaspoon grated lemon peel
- tablespoon lemon juice
- small package (about 9 oz.) yellow cake mix (or half of an 18-oz. package of mix)
- cup melted butter or margarine
- Whipped cream or vanilla ice cream (optional)

e pits from the cherries and to the bottom of a 9-inch- baking dish or a 1½-quart shallow casserole. Sprinkle with the sugar and lemon peel and juice. Stir until evenly mixed.

Measure the amount of cake mix for 1 layer, if you use the regular-sized package. Sprinkle the dry mix evenly over cherries. Drizzle the melted butter over the top. Bake, uncovered, in 375° oven until topping is well browned and cooked through and juices are bubbly, about 45 minutes.

Remove from oven and cool slightly. Serve warm, topping each serving with whipped cream or ice cream, if desired. Makes 6 to 8 servings.—*J. W., Seattle.*



For richest flavor, serve pudding while still warm with cool cream or ice cream

1972

DARROW

A spectacular *dessert to present with pride: Italian meringue torte. It's two crisp meringue layers with a mocha-cream*

SUSE

'he ornate Italian torte pictured at left, nd the airy Mexican cake, at right, dif- :r dramatically in their final effects, but egin with the same egg mixture.

oth desserts are based on egg whites nd sugar beaten to a very stiff me- ngue. The meringue for the Florentine rte is shaped into two disks and baked ntil hard and dry. Then the disks are yered with whipped cream that is ndded with bits of milk chocolate. The eringue softens, but it retains an in- guing dry, crispness.

ne meringue for the Mexican cake uses additional egg white and is baked in pan at a slightly higher temperature, t long enough to set the moist dense, ite foam. When frosted with whipped am, it makes a snowy contrast for strawberries that accompany it.

r best results, you will need to use an ctric mixer and follow directions care- ly. Since both meringues require low t, it is wise to double-check your n with a mercury oven thermometer.

ian Meringue Torte
arengo Cavour)

n clean, dry mixer bowl that holds at t 6 cups below the top curve of the ters, combine 4 egg whites (½ cup) ½ teaspoon cream of tartar. Beat whites at highest speed *just* until hy (no bottom layer of free-flowing ous white). Continue beating and 1 cup granulated sugar, 1 table- on every minute, sprinkling it grad- y over the mixing whites. When all sugar is incorporated, add 1 tea- on vanilla and beat for 1 or 2 more ites. The whites should hold very sharp unbending peaks.

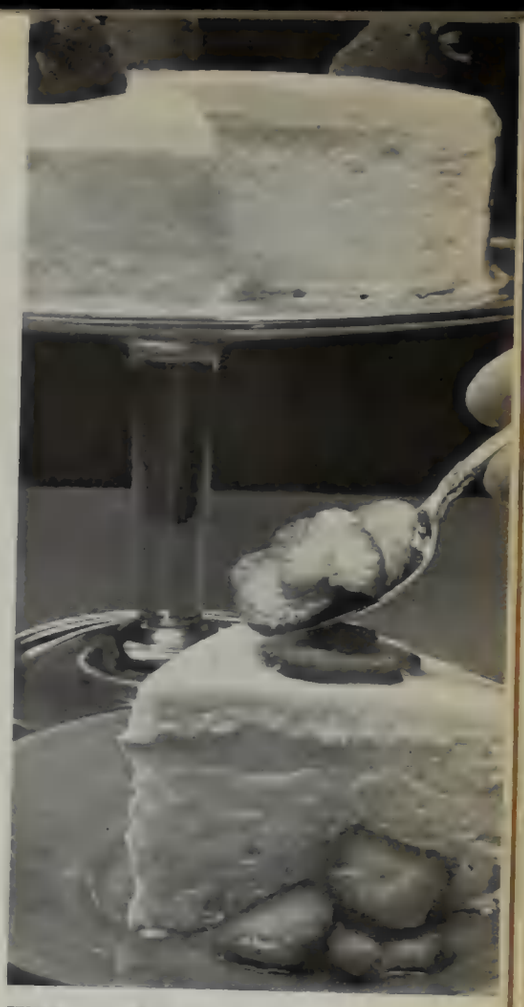
ise and flour dust 2 baking sheets; an 8-inch circle on each. Using a y bag with a plain tip (or a spoon spatula), pipe or spread about half neringue onto one baking sheet in a 8-inch disk of even thickness. On econd baking sheet, shape remain- neringue in an 8-inch solid disk with a decorative surface of puffs and swirls.

Bake meringues in a 250° oven for 1½ hours (color should be pure white to faint amber). If you have two ovens, position each meringue just below the center in each oven. If you have one oven, position the meringues just above and below the center, then switch their positions halfway through baking.

Turn off heat and leave meringues in the closed oven for 3 to 4 hours to continue drying. Remove from oven; while pans are still warm, flex them to pop meringues free, but leave disks in place to cool at room temperature. Store cooled disks airtight as long as 5 days.

To assemble the torte: Blend 1 teaspoon instant coffee powder and 4 tablespoons coffee-flavored liqueur (or 2 teaspoons instant coffee powder, 2 tablespoons water, and 1 teaspoon vanilla). Beat 2 cups whipping cream until stiff; then fold in the liquid coffee mixture and 1 large bar (about 10 oz.) milk chocolate, coarsely chopped.

Place the plain meringue disk on a flat serving plate; spread whipped cream evenly on just the top of the disk. Place the decorative meringue disk on the whipped cream. Cover and refrigerate 8 hours or overnight. Cut into wedges to serve. Makes 8 to 10 servings.



Wedge *of white Mexican meringue cake has moist, billowy texture*

Mexican Meringue Cake with Strawberries

Beat the meringue as directed for the Italian meringue torte, but increase the total number of egg whites to 5.

Evenly spread meringue in a greased and flour-dusted deep 8-inch cheesecake pan (one with removable bottom or spring released sides). Bake in a 275° oven for 1½ hours or until surface no longer feels sticky. Remove cake from oven and place on a wire rack; immediately run a knife blade around the edge of the pan to loosen the cake. Let cake cool in pan 5 minutes; then remove pan sides. Cool 5 minutes longer; then invert onto a serving plate. Run a long metal spatula between pan base and cake and lift off; let cool at room temperature. The shape is irregular.

Beat 1½ cups whipping cream until stiff; stir in 3 tablespoons Cointreau or other orange-flavored liqueur (or 1½ teaspoons vanilla). Spread the whipped cream smoothly over the top and sides of the cake, correcting imperfections in the symmetry of the cake. Garnish with 4 or 5 whole strawberries.

Serve at once or keep cold up to 1½ hours. Cut into wedges; pass a bowl of sliced and sugared strawberries to spoon over each serving. Makes 6 to 8 servings.—*R. M., Redwood City, Calif.* □

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DARROW M. WATT

Crisp, golden basket *makes elegant container for delicately sauced foods*

How to make lacy potato nests

These golden, lacy baskets are potato nests. You shred potatoes and fry them into bowl shapes with a special wire fryer; then fill the delicate nests with creamy sauced foods such as beef stroganoff, curried shrimp, creamed mushrooms or onions, or even poached eggs with hollandaise sauce.

You'll need the wire fryer designed for the purpose—two concentric round baskets with handles. Look for this special utensil (called bird's nest or *panier à nid*) in shops that sell imported French cookware; it costs about $5. Choose one with a diameter of 4 to 5 inches to fill for main dish recipes. Season your nest fryer this way before using: Immerse both baskets in salad oil and heat to 400°; remove pan from heat and allow fryer to cool in the oil.

No last-minute preparation of the nests is required: They can be fried a day in advance and stored in the refrigerator, or frozen for longer storage. Reheat just before serving.

Potato Nests

Peel and coarsely shred onto paper towels 1¾ pounds potatoes (about 3 of medium size); you should have about 4 cups shredded potatoes. Don't be concerned when the potatoes discolor to a grayish pink tone; this does not de from taste when they are fried.

Use a deep kettle of at least 3- capacity and fill it half full of sala (this allows room for spattering). merse empty inner and outer bask nest fryer in oil; heat to 375°.

Remove from oil outer basket only hold over paper towels; immed spoon in about 1 cup of the shr potato and smooth lightly and e with back of spoon over botton sides of wire basket (be careful to gently to avoid mashing the potat wire). Remove inner basket from o clamp onto potato-lined outer b holding handles together. Slowl merse fryer into oil. Fry for abou minutes or until nest is uniformly en. Remove from oil, drain a fe onds, then gently pry out inner b turn over and rap rim of outer several times sharply on hard surf remove nest. Let drain thoroughl

Fry remaining shredded potato in ket forms. Cool and wrap each a store in the refrigerator (up to on or freeze (for longer storage). ready to serve, reheat, uncovere 350° oven for 5 minutes; spoon in of your choice; garnish with wat or parsley. Makes 4 potato nests.

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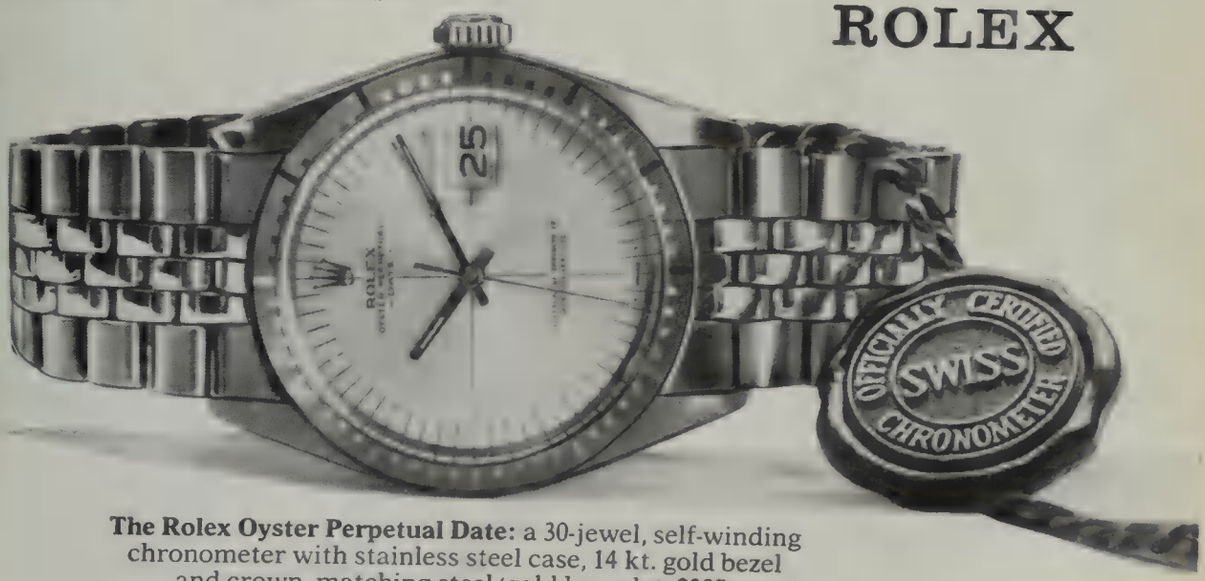

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1972

Here are vegetable side dishes delicious with barbecued meats

While the chef tends the barbecue, the hostess may wish to prepare the vegetables in the kitchen. These vegetable dishes are simple and easy to prepare. Some bake in the oven; others are quickly cooked on top of the range. All are especially delicious served with barbecued meats.

Glazed Paprika Onions

Peel and slice in half crosswise 4 large mild red onions (about 2 lbs.). Place them, cut side up, side by side in a close-fitting shallow baking pan.

Mix together in a small bowl ¼ teaspoon rubbed sage, ½ teaspoon *each* dry mustard and salt. ¾ teaspoon paprika, 2 tablespoons red wine vinegar, and 5 teaspoons honey. Pour this mixture evenly over the onion halves. Cover the pan tightly and bake in a 350° oven for about 1 hour or until tender when pierced. Baste several times using the sauce in the pan. Remove the cover and drizzle ¼ cup melted butter or margarine evenly over the onion halves. Continue baking for about 10 minutes, or until onions are glazed and most of the liquid has evaporated. Pour any remaining sauce over onions. Makes 8 servings.—*L. F., Portland.*

Sautéed Radishes

- 2 tablespoons butter or margarine
- 3 cups radishes, sliced ⅛ inch thick (about 2 bunches)
- ¼ cup water
- 2 teaspoons lemon juice
- Salt and pepper
- About 1 tablespoon chopped chives (fresh, frozen, or freeze-dried)

In a large frying pan, melt the butter over high heat. Add radishes and water. Stir and cover. Cook at high heat, stirring occasionally, until the radishes are barely tender and almost all liquid i gone, about 4 minutes. Stir in lemo juice; salt and pepper to taste. Garnis with chopped chives. Makes 6 serving —*J. H., Phoenix.*

Baked Eggplant Slices

- 1 small eggplant (about 1 lb.), sliced in ½-inch-thick rounds
- About ⅓ cup olive oil
- 1 teaspoon crumbled oregano leaves
- ½ teaspoon garlic salt
- ⅛ teaspoon pepper
- 2 tablespoons finely chopped parsley
- 1 to 2 large onions, thinly sliced crosswise
- 1 to 2 large tomatoes, sliced in ¼-inch-thick rounds
- About ¼ cup mayonnaise
- About ¾ cup freshly grated Parmesan cheese

Arrange eggplant slices in a single lay in a greased, rimmed baking pan. Bru each slice with olive oil. Bake uncover in a 425° oven until tender wh pierced, about 15 minutes.

Combine in a small bowl the oregar garlic salt, pepper, and parsley; set asi

When eggplant is tender, place a slice onion on top of each eggplant slice; ba for 5 more minutes. Remove pan fr oven, arrange tomato slice over oni and spread 1 teaspoon mayonnaise o the top of each. Sprinkle each eve with the oregano seasoning mixture. I

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n to the oven and bake for 10 minutes re. Sprinkle each with 1 tablespoon mesan cheese; bake until cheese ely melts, about 3 minutes. Makes 6 ings.—*C. A., San Diego.*

ed Vegetable Stir-Fry

Salt
Water
¼ pound green beans, strings and ends removed, cut into 2-inch pieces
4 slices bacon, cut in ½-inch lengths
1 clove garlic, minced or mashed
1 medium-sized onion, chopped
4 zucchini (about 1 lb.), ends removed and sliced ¼ inch thick
2 tablespoons chopped canned California green chiles (seeds removed)
2 medium-sized tomatoes, coarsely chopped
Salt and pepper
About ½ cup grated Parmesan cheese

g to a boil about 1 quart of salted r. Immerse beans in water and , uncovered, over high heat for t 5 minutes or until the beans are y tender. Drain beans and set aside.

large frying pan cook bacon pieces medium heat until crisp. Remove n from pan with a slotted spoon and ide to drain. Discard all but 2 table- ns of the bacon drippings from pan. pan over high heat; add garlic and ı; cook, stirring frequently, until ı is limp, about 2 minutes. Add cooked beans and zucchini, stirring constantly until squash is barely tender, about 2 minutes; stir in chiles and tomatoes just to warm through. Season with salt and pepper to taste. Transfer to serving dish and sprinkle bacon pieces over vegetables. Pass Parmesan cheese to sprinkle on individual portions. Makes 4 servings.—*M. R., Bisbee, Arizona.*

Spinach-Filled Baked Potatoes

4 medium-sized baking potatoes (about 2 lbs.), baked and warm
½ cup soft butter or margarine
1½ teaspoons salt
1 teaspoon *each* sugar and dill weed
¼ teaspoon pepper
1 package (10 oz.) thawed frozen chopped spinach
¼ cup chopped chives (fresh, frozen, or freeze-dried)
¼ cup grated Parmesan cheese

Slit each potato lengthwise down the center and carefully scoop out the inside, leaving the potato skin shell. Set the shells aside. Place the potatoes into the large bowl of an electric mixer and add the butter, salt, sugar, dill, and pepper. Beat at medium speed until the ingredients are blended and the potatoes are mashed smoothly. Squeeze excess moisture from spinach and add with chives to potatoes, blending well. Refill shells with mashed potato mixture. (If made ahead, wrap and chill at this point.) Bake uncovered, in a 350° oven for about 30 minutes or until heated through (allow 45 minutes for cold potatoes). Remove from oven and immediately sprinkle each potato with an equal amount of the cheese. Makes 4 servings.—*J. H., Garden Grove, Calif.*

Seasoned Crumb-Topped Tomatoes

Arrange about 5 slices sour French bread in a single layer in a shallow baking pan and place under the broiler, about 4 inches from the heat. Broil until bread is lightly toasted. Turn slices and toast the other side. Whirl slices, covered, in a blender to make 1 cup coarse crumbs. Pour the crumbs into a small bowl. Add ½ cup grated Parmesan cheese, ½ teaspoon *each* garlic salt and pepper, ⅓ cup finely chopped parsley, and 6 tablespoons olive oil; mix until blended.

Cut 4 medium-sized tomatoes (peeled, if desired) in half crosswise. With a small spoon, gently remove seeds and juice from tomatoes. Divide crumb mixture equally among the tomato halves, mounding firmly in place. Set tomatoes side by side, crumb side up, in a greased close-fitting shallow baking dish. Bake in a 425° oven, uncovered, for about 15 minutes, or until the tops are lightly browned and tomatoes are hot. Makes 8 servings.—*H. N., San Francisco.* □

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Last touch *for sliced New York steak is fresh lemon juice*

DARROW M.

Lemon or orange squeezings . . . with beef

The juice squeezed from an orange or a lemon adds an interesting dimension to these beef dishes: the effect is one of freshness and an enriched meaty flavor rather than fruity overtones as you might expect.

The roast marinates in a piquant blend of vinegar, oil, orange peel, and thyme; fresh orange juice blends with the pan juices to make the sauce.

The two broiled beefsteaks that follow are treated quite simply. Lemon juice and olive oil flavor the first thick steak. Orange juice and chile powder season the porterhouse.

Orange-Thyme Beef Roast

- 4½ to 5-pound sirloin tip, top round, or cross rib roast
- 1½ teaspoons grated orange peel
- ½ teaspoon thyme leaves
- ⅓ cup *each* wine vinegar and salad oil
- 1 medium-sized orange, cut in half
- Salt

Place roast in a deep bowl or heavy plastic bag. Add orange peel, thyme, vinegar, and salad oil and rub over surfaces of meat. Cover and refrigerate 4 hours to overnight; turn meat occasionally in seasonings. Lift meat from marinade, reserving liquid. Place meat on a rack in a pan and roast in a 325° oven for about 2 hours for rare meat (a thermometer inserted in thickest part will register 135°). Baste meat occasionally with the marinade. Skim fat from pan and discard; squeeze in juice of the orange and accompany sliced beef with pan juices. Season with salt to taste. Makes 8 to 10 servings.

Lemon Steak

- 2 large New York steaks (also called New York strip), cut 1½ inches thick (¾ to 1 lb. *each*); or 2-pound piece of top sirloin cut 1½ inches thick
- 2 tablespoons *each* olive oil and lemon juice
- 1 lemon, cut in half
- Salt and pepper

Place steaks side by side in a close-fitting pan and coat with a mixture of the olive oil and lemon juice. Let stand at room temperature about 1 hour. Lift from marinade and place on a rack. [illegible] about 3 inches from heat, allowing [illegible] 6 minutes a side for rare meat.

Transfer meat to a carving board [illegible] slice thinly. Squeeze lemon over [illegible] steak. Season with salt and pepper [illegible] serve. Makes about 4 servings.

Chile Orange Steak

- 1½-inch thick porterhouse steak (1½ to 2 lb.)
- 1 teaspoon *each* grated orange peel and salad oil
- ½ teaspoon chile powder
- 1 medium-sized orange, cut in half
- Salt

Rub steak all over with a blend o[illegible] orange peel, oil, and chile. Place [illegible] rack and broil about 3 inches from [illegible] for 5 to 6 minutes a side for rare [illegible]

Place steak on a carving board w[illegible] well where juices will drain. Squeez[illegible] ange juice onto meat; sprinkle with [illegible] Cut meat from bone and slice, p[illegible] each slice through the accumu[illegible] juices before serving. Makes 3 to 4 [illegible] ings.—*C. S., Atherton, Calif.*

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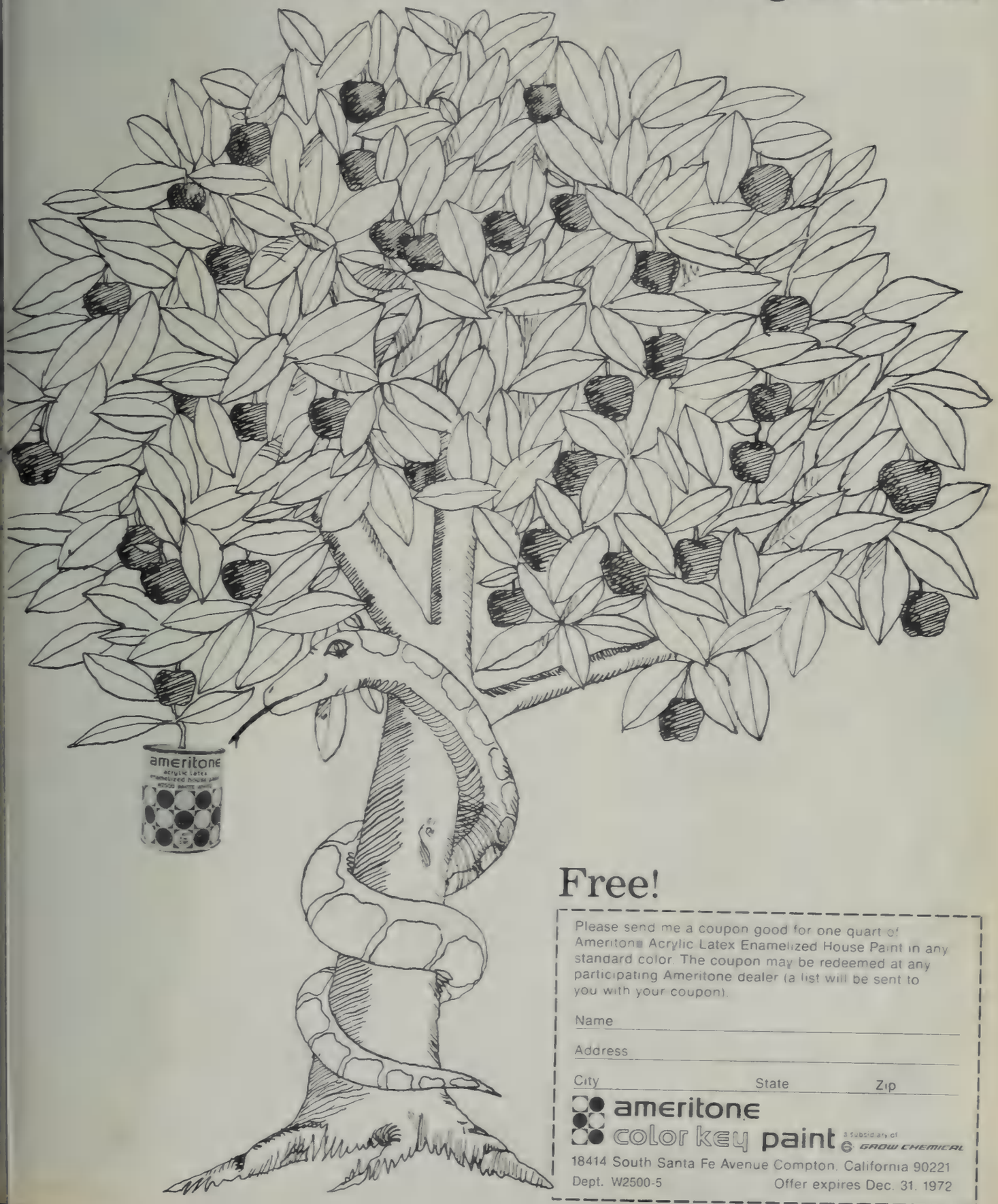

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2 tbs. cornstarch
2 tsp. baking powder
¼ tsp. salt
½ cup milk
½ cup IMO®
3 egg whites

Cream together egg yolks and sugar. Sift flour again with cornstarch, baking powder and salt. Combine with egg mixture, milk, and IMO®. Mix well. Beat egg whites until stiff and fold into mixture. Bake on a medium hot griddle, and serve with butter and granulated sugar. Serves 4-6.

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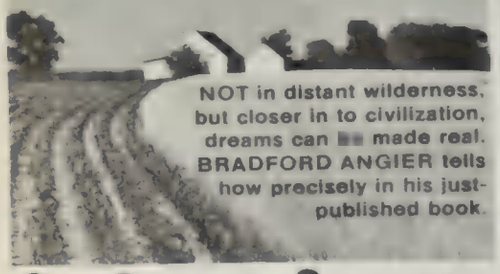

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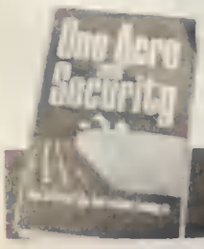

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DARROW M. WA

Onion cream *tops vegetables and meat*

The secret . . . sou cream with onion

A rich sauce that is basically only s cream and onions can be used a creamy topping for an entire, quick assemble dinner. Broiled flank st boiled new potatoes, and a green v table such as asparagus, green beans broccoli all share this flavorful top and make a handsome meal prese on a carving board.

The potatoes in their skins take al 30 minutes to cook. Cover them water and boil while you sauté onions. A rare steak broils in 10 t minutes. During this time the green v table can cook.

Flank Steak Dinner with Onion Cre

- tablespoons butter or margarine
- 3 large onions, thinly sliced
- ½ teaspoon salt
- 1 cup sour cream
- 1 flank steak (about 1½ lbs.)
- 8 small hot boiled new potatoes (about 1½ lbs.)
- About 1½ pounds asparagus, broccoli, or green beans, cooked and hot
- About 1 tablespoon minced parsley

Melt the butter in a wide frying Add the onions and cook, stirring, medium to medium high heat unti ions are limp and golden; it takes 30 minutes. Stir in the salt and cream. Remove the pan from heat keep warm.

Meanwhile, broil the flank steak 3 i from the heat; allow about 5 to 6 utes on each side for rare meat. meat on carving board. Arrange pot and asparagus beside meat; pour in a small bowl and sprinkle with pa To serve, cut thick slanting slices d nally across the grain of the steak. S onion cream over individual portio meat and vegetables. Makes 4 ser

—V. R., San Francisco.

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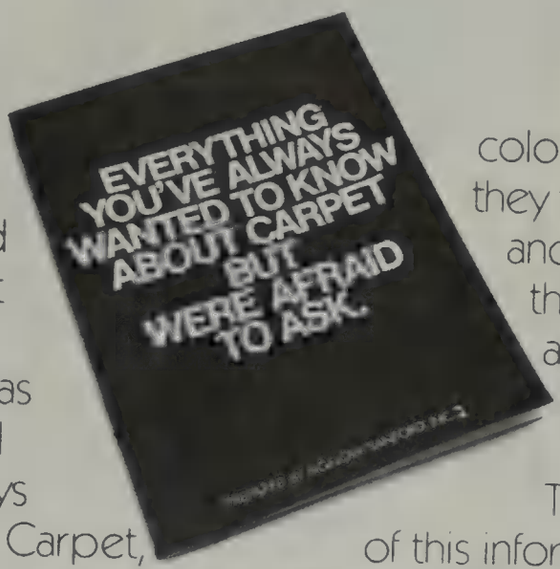

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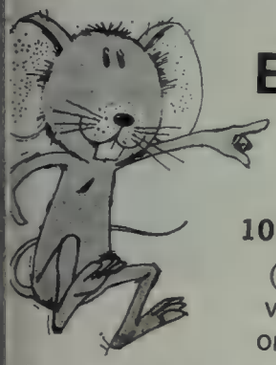

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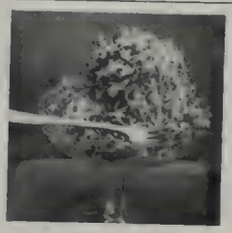

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CHEESE ROUNDS

12 bread rounds, cut with 2½-inch or 3-inch cutter
butter
4 medium tomatoes, sliced
one 2-oz. can flat anchovy fillets, drained
¼ tsp. oregano
4 oz. (1 cup) shredded STELLA MOZZARELLA, SCAMORZE or PROVOLONE cheese

Toast bread rounds on one side. Spread untoasted sides with butter. Top with slice of tomato, then anchovy fillets. Sprinkle with oregano. Cover with cheese. Broil just until cheese melts. Makes 12 hot hors d'oeuvres.

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DARROW M. WATT

Cut a boneless *lamb shoulder roast across the grain; pass gravy to spoon over slices*

Whole lamb shoulder . . . thrifty, tasty

Often neglected for its popular counterpart, leg of lamb, a whole shoulder of lamb is an economical cut and makes a noteworthy entrée when boned and rolled or partially boned and stuffed.

You'll have to ask for a whole shoulder, since most markets remove some of the chops first and sell the remainder as a small square cut roast. The whole shoulder weighs about 6 pounds with the bone in; when boned and rolled, it makes a 4 to 4½-pound roast. For the pilaf-stuffed roast, have your meatman remove the blade bone and knuckle, leaving the ribs and backbone to form a pocket.

Rolled Lamb Shoulder Roast

- 2 cloves garlic, minced or mashed
- 1 teaspoon salt
- ½ teaspoon rosemary leaves
- ¼ teaspoon pepper
- Whole lamb shoulder roast (about 5 lbs.), boned, rolled, and tied
- ½ cup cold water
- 1½ teaspoons *each* cornstarch and water

Combine garlic, salt, rosemary, and pepper. Rub mixture all over the meat; place on a rack in a shallow pan and roast, uncovered, in a 350° oven for about 2 hours (or until a meat thermometer registers 145° for rare), basting occasionally with the pan juices.

Remove meat from pan and keep warm. Pour the ½ cup water into pan, scrape up the brown bits, and skim off and discard fat from drippings. Stir in cornstarch blended with water; cook, stirri until thickened. Serve gravy with roast. Makes about 8 servings.

Pilaf-Stuffed Lamb Shoulder

- Whole lamb shoulder roast (about 6 lbs.), with knuckle and blade bone removed
- Salt and pepper
- 3 tablespoons butter or margarine
- ¼ cup pine nuts
- 1 medium-sized onion, chopped
- 1 cup quick-cooking brown rice
- 1½ cups regular strength beef broth
- ½ cup cold water
- 1½ teaspoons *each* cornstarch and water

Sprinkle roast with salt and pepper.

In a saucepan, melt butter over med heat; add pine nuts and stir until lig toasted. Lift out with a slotted sp set aside. Add onion and rice to pan sauté until golden; pour in beef br cover, and simmer for 15 minutes until liquid is absorbed. Stir in pine Stuff hot rice mixture into pocke roast. Place meat in a shallow pan roast, uncovered, in a 350° oven about 2 hours (or until a meat therm eter registers 145° for rare); baste casionally with pan juices.

Remove meat from pan and keep w Pour the ½ cup water into the scraping up any browned bits; skim Stir in cornstarch blended with w bring to a boil, and cook, stirring, thickened. To serve, cut between rib pass gravy. Makes about 8 servings

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THE

Western Kitchen

NEWS AND IDEAS

Shelf near a freezer

A collapsible shelf was designed to fit on the small wall space between the freezer and the outer door in the home of Mrs. Lorry Lokey of Hillsborough, California. Here Mrs. Lokey has a place to put packages from the freezer as she puts them in or takes them out.

Compact baking center

Without taking a step one can reach all the materials needed for baking in the kitchen pictured below. The chopper and spices are stored in the cabinet behind the marble block used for rolling dough. The mixer is in the closed cabinet on the left. Just below the counter, the flour and some other items roll out on a special shelf. Mixing bowls and baking pans are in the bottom drawer.

The oven is to the right (out of the photograph), so the cook can keep an eye on one batch of baking while working on the next.

Designer was John Scaduto of Mehta and Jensen, San Francisco. □

Aid for salad, sandwich making

three-tiered drawer pictured below s all the essential ingredients for ng salads and sandwiches. The cen- livider, running lengthwise through drawer, keeps salad and sandwich rials separate and helps support the ars and bottles. With everything in -deep row, on one side or the other, all the supplies are easily seen and reached at once; there's no reaching behind layers of jars to find the one that's needed.

The drawer is next to the refrigerator, where the perishables are kept, and just beneath a chopping board, where both the salads and sandwiches are made.

DARROW M. WATT

For a sunny June morning, we suggest a leisurely breakfast picnic of fresh fruits and savory meat-filled buns. To continue the lighthearted mood for this month, our second menu features a colorful whole meal salad for a cool, satisfying lunch or supper. And Mexican flavors add some spark to a patio barbecue that's easy to expand.

Breakfast picnic

This meal is designed to transport easily —even if no farther than the garden.

You make these simplified versions of Russian piroshki (meat-filled buns) ahead of time, using refrigerator biscuits and other convenience foods for the fillings. Then reheat to serve.

Fresh Cantaloupe-Whole Strawberries
Seedless Grapes
Port Salut Cheese
Piroshki Meat Crescents
Coffee Chilled Juice

While the piroshki reheat, you have ample time to prepare the fruit and pack the picnic basket. Place the fruit in plastic bags or a rigid container and keep cool; keep the piroshki hot in an insulated container. Be sure to include a small cutting board or wood serving tray and a cheese knife. Serve hot coffee, your favorite chilled juice, or other beverage from vacuum bottles.

Piroshki Meat Crescents

2 packages (8 oz *each*) refrigerated buttermilk biscuits
Hash and olive filling or smoked sausage and cheese filling (both recipes follow; choose 1)

On a floured board roll each biscuit into a circle about 4 inches in diameter. On half of each circle, spoon about 1 tablespoon filling. Moisten biscuit edges with water, fold rounds of dough in half enclosing filling, and seal edges by pressing together with the tines of a fork.

Place on ungreased baking sheets about 1 inch apart and prick the top of each filled biscuit several times. Bake in a 425° oven for 8 to 10 minutes or until golden brown. Transfer to a wire rack. Serve warm, or cool completely, wrap

DARROW M. WATT

Idea *for summer: breakfast picnic of warm meat-filled piroshki, fruit, and cheese*

JUNE MENUS

A breakfast picnic, a salad luncheon, a summer barbecue Mexican style

Catherine Deneuve for Chanel

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SWEET 'N SOUR "SHAPE-UPS"

- 1 lb. ground beef
- ½ cup drained pineapple tidbits or chunks
- ½ cup sweet and sour sauce
- ¼ cup chopped green pepper
- ½ tsp. salt
- ½ tsp. Tabasco pepper sauce
- ½ tsp. soy sauce
- 1 can (8 oz.) Pillsbury Refrigerated Crescent Dinner Rolls

In large frying pan, brown ground beef; drain. Stir in pineapple, sweet and sour sauce, green pepper, salt, Tabasco and soy sauce, set aside. On ungreased cookie sheet, separate crescent dough into 4 rectangles. Firmly press perforations to seal. Place a heaping ½ cup of meat mixture in each rectangle. Raise all edges to form open faced pie crust. Bake at 375° for 15 to 20 minutes until golden brown. SERVES 4.

TABASCO

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in foil, and refrigerate or freeze to serve later. To reheat, unwrap piroshki and place on a baking sheet (if frozen, unwrap and let thaw 15 minutes at room temperature), and place in a 350° oven for about 15 to 20 minutes or until hot throughout. Makes 20 piroshki; allow 3 or 4 piroshki for each serving.—*R. D., Palo Alto, Calif.*

Hash and Olive Filling. Stir together 1 can (7½ oz.) roast beef or corned beef hash, 1 can (2¼ oz.) sliced ripe olives (drained), ¼ cup chopped green onion, and 1 tablespoon catsup. Keep cold and covered until ready to use. Makes enough filling for 20 piroshki.

Smoked Sausage and Cheese Filling. Thinly slice 2 packages (5 oz. *each*) fully cooked small smoke-flavored link sausages. Mix together the sausages, ⅓ cup *each* shredded sharp Cheddar cheese and chopped green onion, and 1 teaspoon *each* prepared mustard and catsup. Keep cold, covered, until ready to use. Makes enough filling for 20 piroshki.

Salad luncheon

The ever popular sandwich flavor combination of bacon, lettuce, and tomato makes a refreshing alliance with cooked chicken in this handsome complete meal salad. You can use leftover cooked chicken or buy a rotisserie-cooked chicken from a supermarket or delicatessen.

Bacon and Tomato Chicken Salad
Parsley Herb Dressing
Hot Garlic Bread Iced Tea

Last minute assembly of the meal is quick if you prepare the dressing and other salad ingredients early in the day and store each separately. When time to serve, put garlic-seasoned bread in the oven to heat while you arrange the bacon, tomatoes, avocado, and chicken over the shredded lettuce. Pour the dressing over the salad and mix at the table; accompany with slices of the hot bread and iced tea or your favorite cool beverage. If dessert seems desirable, you could include a favorite pastry.

Bacon and Tomato Chicken Salad

- 1 cold cooked, broiler-fryer chicken (about 1½ lbs. cooked weight) or about 3 cups shredded cold cooked chicken
- ½ pound sliced bacon
- 2 large firm-ripe tomatoes
- 1 medium-sized head iceberg lettuce
- 1 avocado
- Lemon juice
- Parsley herb dressing

If the chicken is whole, pull meat away from the bones and tear into bite-sized shreds (you should have about 3 cup discard bones and skin. Fry the bac until crisp and drain; then break in bite-size pieces.

Peel, seed, and dice the tomatoes; t aside. Coarsely shred the lettuce (y should have about 4 cups). This mu can be done ahead; cover and chill i gredients separately.

Just before serving, peel and slice avocado and dip the slices into lem juice to prevent discoloration. Place shredded lettuce in a large salad bo arrange the chicken, bacon, tomat and avocado in separate bands across top of the lettuce. At the table, p dressing over the salad, mix well, serve. Makes 4 to 6 main course servin

Parsley Herb Dressing. In a jar com ½ cup salad oil or olive oil, ¼ white wine vinegar, 1 teaspoon sal teaspoons sugar, ¾ teaspoon pep 1¼ teaspoons dry mustard, 1 clove lic (minced or mashed), and ⅓ finely minced parsley. Shake to bl cover and let stand at room temp ture or chill several hours for fla to blend. Makes about 1 cup.—*A. Lewiston, Idaho.*

Mexican patio barbecue

When planning a summer barbecu never hurts to allow for unexp guests. This menu can easily be panded to serve an extra three or

Guacamole and Corn Chips
Fresh Orange and Onion Salad
Grilled Steak Cubes and Assorted Sau
Refried Beans Warm Flour To
Raspberry Sherbet

To be prepared for additional g purchase 2 cans (about 8 oz. *each* zen avocado dip. Also buy 2 cans (1 lb. *each*) refried beans and 1½ pounds assorted fully-cooked sages (such as frankfurters, garlic furters, or Polish sausage). Then, if

DARROW

Pour *green herb dressing over bacon, avocado, tomato, and chicken salad*

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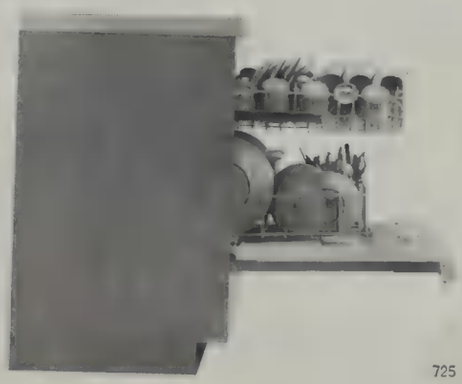

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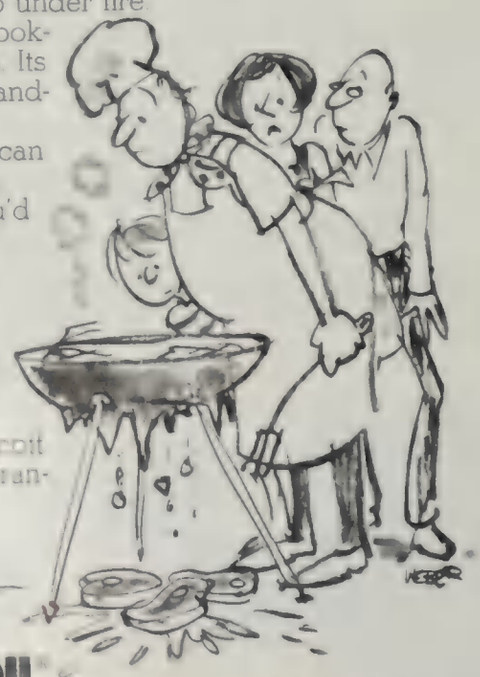


CHAR-BROIL. THE END OF FOOLING AROUND.

guests arrive, you can heat the second can of beans, and grill the sausages along with the steak. (Otherwise the sausages can be the start of another meal.) Thaw the extra can of avocado dip to blend with homemade guacamole or with the other can of avocado dip.

Fresh Orange and Onion Salad

Several hours in advance, cut the peel and white membrane from 4 large oranges and slice thinly crosswise; place in a shallow bowl. Thinly slice 1 large mild red onion crosswise; separate into rings and tuck in among orange slices. Blend together ½ cup salad oil, ¼ cup white wine vinegar, 2 tablespoons sugar, ¾ teaspoon paprika, ½ teaspoon *each* salt and dry mustard. Pour dressing over orange and onion slices; cover and refrigerate at least 2 hours.

To serve, lift orange and onion slices from dressing and arrange on a lettuce-lined salad plate; serve remaining dressing in a separate container. Makes 6 to 8 servings.—*D. H., Boise.*

Grilled Steak Cubes

In a shallow baking dish, stir together ½ cup olive oil or salad oil, ¼ cup white wine vinegar, 2 tablespoons instant minced onion, ½ teaspoon *each* salt, oregano leaves, ground cumin seed and ground cinnamon, and ¼ teaspoon *each* ground cloves and pepper.

Cut 2½ to 3 pounds boneless lean top sirloin (trimmed of any fat) into 1½ inch cubes and place in the marinade, turning to coat all sides. Cover and refrigerate 2 to 4 hours.

You'll need to start the barbecue fire at least ½ to ¾ hour before you plan to serve in order to have an evenly united, solid bed of glowing coals. Lift meat cubes from marinade and thread equally on 4 to 5 metal skewers. If you need to expand servings, also thread additional skewers with sausages.

Arrange skewers on a barbecue grill about 4 inches above the glowing coals. Grill, turning often, until beef is brown on all sides and done to your liking, about 10 to 15 minutes for medium rare. Cook sausages just until browned and hot through, about 10 minutes.

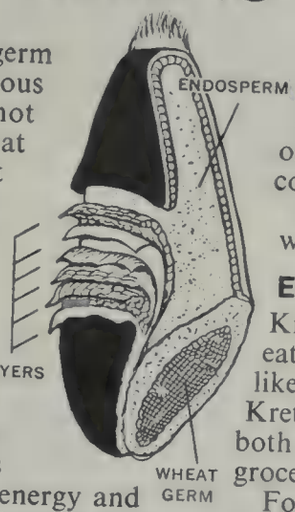
Transfer meats to a serving board and remove skewers. Slice sausages into thin pieces. Place several steak cubes (and some sausage slices, if used) in a warm flour tortilla (directions for heating follow). Top with heated canned refried beans and guacamole if desired, and fold to enclose filling. Eat with your fingers. Makes 6 to 8 servings.

Warm Flour Tortillas. Stack 12 (1 package) flour tortillas and wrap tightly in foil. Place in a 350° oven for about minutes (or place on the barbecue grill with meat for about 25 minutes, turning frequently), or until warm and soft.

All your life you've heard that wheat germ is good for you.

Take 2 minutes to find out why.

You may have heard wheat germ called the world's most nutritious natural cereal. But you may not know what it is. Actually, wheat germ is the heart of the wheat kernel—the part that would germinate or grow if the kernel were planted. It's also the most nutritious part of the wheat.



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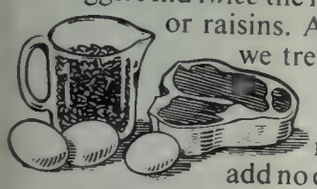

Nutrition: a key to vigor and vitality

Everyone agrees that a nutritious, balanced diet is an essential ingredient of good health.

Yet today, our eating habits are often careless; our meals, hurried. And many of today's foods lose a share of their original nourishment through processing or cooking.

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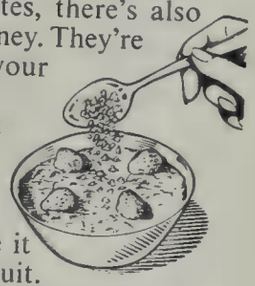
Easy to eat and enjoy

Kretschmer Wheat Germ comes ready to eat, with a pleasant, crunchy texture and nut-like flavor. For sweeter tastes, there's also Kretschmer with Sugar 'n Honey. They're both in the cereal section at your grocer's.



For a start, try your wheat germ like any breakfast cereal, with milk and sugar. Mix it with other hot or cold cereals. Or sprinkle it on your favorite fruit.

Want some other ideas? Our helpful cookbook, "Recipes with Something Special", gives you 32 pages of recipes that put wheat germ into baked foods, meat dishes, salads, casseroles and desserts. Send 25¢ to Kretschmer Recipe Book, Dept. A, Box 15096, Minneapolis, Minn. 55415, for your copy.

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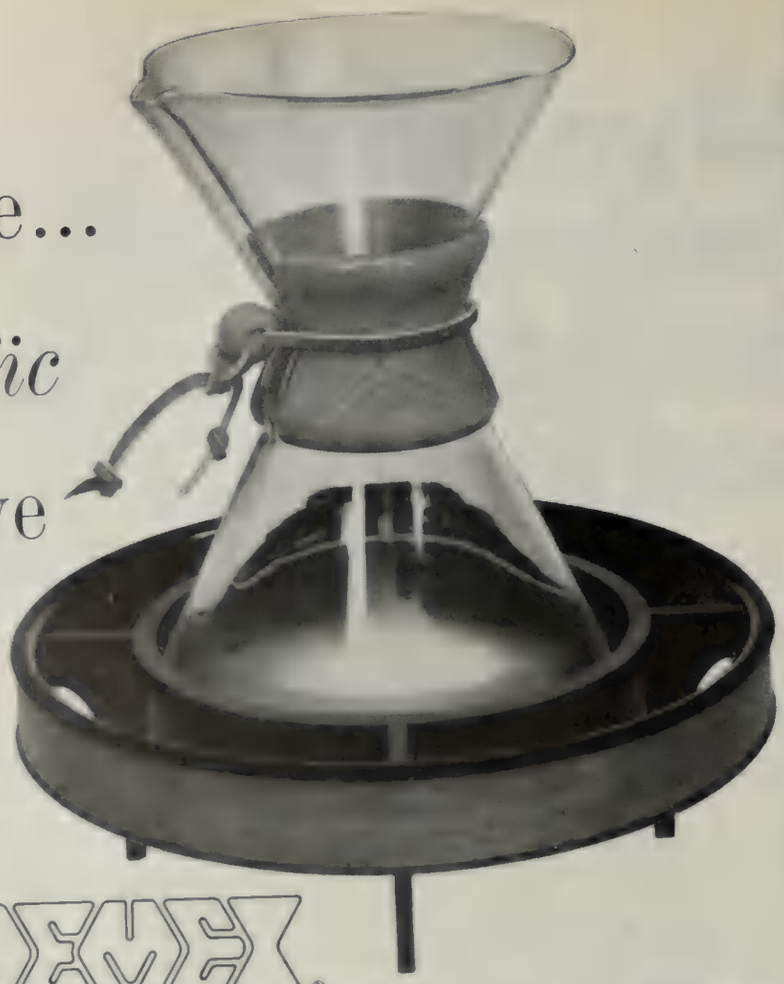

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DARROW M. WAT

Serve *glistening wine-flavored gelatin with fresh fruit*

It's wine-flavored and jiggly

This sparkling gelatin dessert with t summery flavor of a cool wine punch a refreshing way to end a meal.

Begin with either apple, cranberry, grape juice and add Sherry, which tensifies the fruit flavor as well as a flavor of its own.

You can shape the jellies in individ molds to turn out on dessert plates a surround with fruit, as shown above. you might mold and serve them fr stemmed glasses.

Fruits that complement all of the jel nicely include whole strawberries, c taloupe, and watermelon; cut the me in balls or small wedges. Fresh ora slices are delicious with the apple grape jelly; cut the peel and all w membrane off oranges, then slice t thinly.

Fruit and Wine Jelly

- 1 package unflavored gelatin
- ¼ cup cold water
- 1 cup cranberry juice cocktail, apple juice (or cider), or grape juice
- 6 tablespoons sugar
- ½ cup dry Sherry
- 2 tablespoons strained lemon juice
- Fresh fruit (see suggestions above)

Mix gelatin, water, and fruit juice saucepan; let stand about 5 minut soften gelatin. Add sugar; bring to ing; stir until sugar is dissolved. Let to room temperature, then add Sh and lemon juice. Pour into four m (*each* ½ cup size) or four sten glasses or dessert bowls. Cover and until set, about 6 hours. To free jellies in molds, dip molds into hot just until gelatin begins to softe edges, then invert into individual ing plates. Accompany with fresh Makes 4 servings.—*K. Y., San Jose.*

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seasoned cook hangs her reputation on Schilling ourmet Herbs and Spices. What's more, she flaunts with row on row of show-off decanter bottles. Explore e romance of rosemary with lamb, basil with tomato, rry with chicken. Marvel at the mystery of saffron th rice or cardamom in a cake. Get the idea? ld something exotic to your Schilling collection ery week when you shop.

CRAB ROYALE

2 cups sliced fresh mushrooms
1 tablespoon Schilling Freeze-Dried Shallots
1½ teaspoons Schilling Season-All
½ teaspoon Schilling Paprika
½ cup Almadén Johannisberg Riesling
1 10½-ounce can white sauce
2 cups crab, fresh or canned
6-8 fresh cooked artichoke hearts or 4½-ounce can, drained
¼ cup grated Swiss Cheese
6-8 pimiento-stuffed green olives, sliced
1 tablespoon Schilling Parsley Flakes
2 teaspoons lemon juice

Simmer mushrooms, shallots, Season-All and paprika in wine 5 min. Add white sauce, stir until smooth. Add remaining ingredients. Heat to simmering. Serve over noodles. 4-6 servings. Final flourish: bring on the chilled glasses and pour the Almadén Johannisberg Riesling.

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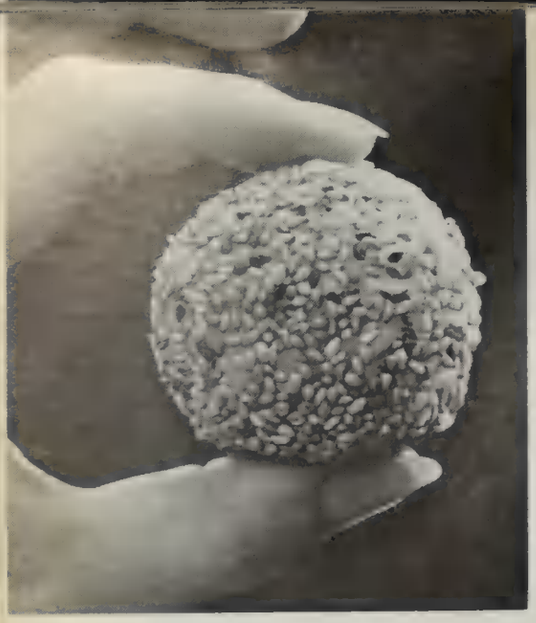

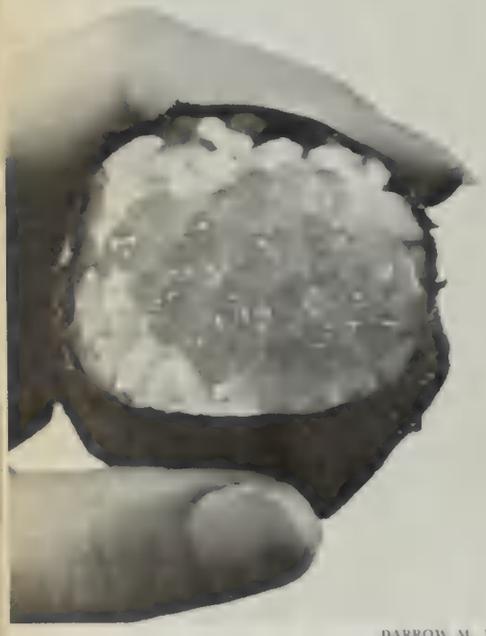

DARROW M. WATT

Sushi ball *with sesame seed, above. Sushi cake, below, with salmon caviar for a picnic or barbecue*

Island idea . . . taking rice on a picnic

Rice for a picnic may sound impractical to most Westerners, but not to those who live in Hawaii. In the Islands, common picnic fare includes an interesting sweet-sour cold rice mixture called sushi that you pick up to eat just as you would bread. We also recommend it for other outdoor meals, such as barbecues.

Of Japanese origin, sushi is cooked short-grain rice seasoned with vinegar and sugar. The rice is shaped into small, non-crumbly portions. We have added one variation that uses the more toasty-flavored short-grain brown rice; look for it in supermarkets, or health foods or natural foods stores.

The basic form of sushi is the round ball (top left); plain or rolled in toasted sesame seed, it goes well with simply grilled meats or fish.

Other shapes include a cylinder-shaped roll and the sushi cake (below left). They are wrapped with the thin, papery, mildly flavored seaweed called *nori*.

Sushi may be flavored additionally by toppings of savory tidbits. Pickled vegetables and salmon caviar are suggested at right. We particularly liked these sushi with the barbecued whole salmon and the salmon teriyaki (on page 92). They also make novel appetizers.

The ingredients you need to make the basic sushi are available at a regular supermarket; however, a Japanese market will offer more variety. You can buy prepared sushi vinegar or make your own; our recipe gives directions for using either. Likewise, you can buy toasted sesame seed or toast your own (stir in a dry frying pan until golden). If you purchase the rice in an Oriental market, it may be talc coated (if talc is present, this is indicated on the package label) and the rice must be rinsed well in cold water before cooking. Also, you will find nori and pickled vegetables in a Japanese store; they keep indefinitely.

Present sushi in a single layer on a tray or basket.

Sushi Picnic Balls

4 cups short-grain rice (such as California pearl)
Water
Sushi vinegar mixture (directions follow) or ⅔ cup prepared sushi vinegar mixed with 3 teaspoons salt
Salt
About 1⅓ cups toasted sesame seed (optional)

Only if rice has talc coating, rinse until water runs clear. Combine rice and 4 cups cold water in a heavy saucepan (at least 3-quart size). Let stand for about 2 hours. Cover the pan and place on high heat until it comes to a vigorous boil. Without taking off pan lid, immediately reduce heat to low (if you have an electric range, have a second element preheated to low and transfer the pan to it). Cook on low heat for 12 minutes, then remove from heat and let stand for 10 minutes; do not remove the pan lid at any time.

Pour the rice onto a large shallow pan (such as a rimmed baking sheet) and pour the vinegar mixture over the rice. To cool the rice quickly and to blend seasonings, lift rice with 2 wide spatulas or large spoons, shaking it from 6 to 8 inches height back onto the pan until rice is cool enough to handle.

Have 1 cup cold water mixed wit teaspoons salt in a small bowl. Moi hands with salt water as needed to vent them from becoming sticky. you shape rice into golf ball size tions (about 3 tablespoons), squ gently to make rice hold together. Le the balls plain or roll to coat evenl sesame seed. Serve at room temperat (If made ahead, cover and chill.) M about 4 dozen sushi.

Sushi Vinegar Mixture. In a small sa pan combine ½ cup white or cider v gar with 6 tablespoons sugar and 4 spoons salt; heat, stirring until sugar solves. Cool.

Nori-Wrapped Sushi Rolls

You will need 3 to 4 sheets of nori, about a 7 by 8-inch rectangle (abou of a 1 oz. package). With a sharp k cut nori in ¾ by 4-inch strips. Pre sushi picnic balls as directed above. stead of shaping balls, shape the s amounts of sushi into cylinders a 1¼ inches in diameter. While rolls still moist from shaping, wrap a stri the nori around center of each. M about 4 dozen sushi.

Sushi Cake with Salmon Caviar

Follow the recipe for sushi picnic b making ½ the recipe; the cooking t remain the same. You will need 4 sheets of nori, each about a 7 by 8- rectangle (about ½ of a 1 oz. pack Cut the nori into 1 by 7-inch strips.

To shape each cake, form balls as rected, then flatten with the palm of hand to a round flat cake about 2 in in diameter. While still moist wr strip of nori around side so it is with the bottom of the cake and ext about ¼ inch above the top. Into cup formed at the top spoon 1 to 2 spoons of salmon roe caviar. You need 1 or 2 jars (4 oz. size) salmon iar. Makes about 2 dozen cakes.

Sushi Cakes with Pickled Vegetable

Prepare the sushi cakes above. Ins of using salmon caviar, top each about ½ teaspoon pickled veget (*kyuri jiman*) or ½ teaspoon prep mushroom (*nametake chazuke*). M about 2 dozen cakes.

Brown Rice Sushi

Follow recipe for sushi picnic balls u 4 cups regular (not quick-cooking) s grain brown rice instead of the white Increase cooking water to 5 cups. for 2 hours; bring to boiling on heat; reduce temperature at once. on low heat for 40 minutes. Ren from heat; let stand 10 minutes. sushi vinegar mixture, but make it firmly packed brown sugar instea granulated sugar. Shape in any of preceding ways. Makes about 4 d sushi.—*K. S., Monterey, Calif.*

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What a dip! What a dipper!

Mermaid's Party Dip
(Makes 3 cups)

Blend until smooth:
1 can condensed cream of mushroom soup
8 oz. cream cheese
½ tsp. garlic powder
dash of Tabasco® sauce

Fold in:
1 6½-oz. can Chicken of the Sea Tuna®, drained + flaked
1 Tbsp. chopped parsley

Refrigerate 2 hrs. Serve with Original or Seasoned Ry-Kri

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)elicious Mexican way with chicken

hick, spicy sauce richly colored with colate distinguishes this popular Mex- ı dish, chicken in *mole* (*moh*-leh) ce. Mole is also commonly served r turkey.

en served with all the appropriate diments, chicken in mole sauce ces a complete meal. Serve fresh apple spears for dessert.

Chicken in Mole Sauce
Hot Cooked Rice
Chopped Fresh Tomatoes
Chopped Fresh Coriander
Sliced Green Onions
Sliced Radishes
Chopped Green Chiles
Lime Wedges **Sesame Seed**
Fresh Pineapple Spears

k the chicken and make the sauce y ahead, if you like. Prepare the liments several hours before dinner. tly before serving, cook the rice and at the chicken and sauce.

Chicken. Select 2 broiler-fryer chick- (about 3 lbs. *each*); cut in pieces. all the chicken but the breasts (re- giblets for other uses) in a deep . Add 1 large onion, sliced; 3 whole s garlic; and 1 can (about 14 oz.) ar-strength chicken broth. Cover simmer for 25 minutes. Cut each t in half and add to pan; continue nmer, covered, for 20 minutes or breasts have lost all pink color in ickest portions (cut a gash to test). hicken from broth and set aside to slightly, then pull off and discard nd bones. Cut each breast section pieces; cut any other large pieces ortions the size of the breast meat. broth through a wire strainer and e; discard vegetables. Skim off fat iscard. Measure broth; if less than s, add water to make that much; if than 3 cups, boil to reduce it. If ahead, cover and chill the chicken roth separately.

Sauce

tablespoons chile powder
whole blanched almonds
cup diced green-tipped banana
teaspoon *each* ground cinnamon and salt
corn tortillas (torn in pieces)
tablespoons sesame seed
tablespoon pine nuts
Broth from cooking chicken (see above)
tablespoons butter or margarine
ounce semisweet chocolate

ine in a blender jar the chile pow- lmonds, banana, cinnamon, salt, s, sesame seed, and pine nuts. mixture in blender, adding enough broth to help it blend smoothly. Pour sauce into a pan; add balance of the broth, butter, and chocolate. Heat to simmering over medium heat, stirring. (If made ahead, cover, chill, then reheat.)

For a more authentic version, omit the regular chile powder and use 2 tablespoons pasilla chile powder; instead of the semisweet chocolate use ½ cake (3.3 oz. size) Mexican beverage chocolate. Shop for these ingredients at a Mexican grocery store.

Fresh Vegetable Condiments. Prepare the following vegetables and place each in a small dish. (Cover and chill if done ahead.) Chop 4 medium-sized tomatoes, and 1 bunch (about 1 cup) fresh coriander (also called cilantro) or parsley. Thinly slice 4 green onions (tops included) and 1 bunch (about 1½ cups) radishes. Seed and mince enough canned California green chiles to make ⅓ cup, cut 3 limes into wedges, and pour ¼ cup sesame seed into a dish.

At serving time. Heat mole sauce to simmering, add chicken, and continue to simmer until meat is hot. With a slotted spoon lift chicken pieces to a serving dish and sprinkle with about 2 tablespoons of the chopped coriander. Pour the remaining mole sauce into a bowl; pass at the table with vegetable condiments. Accompany with 4 to 6 cups hot cooked rice. Makes 6 servings. □

Introducing: Cup-a-Soup.™ The first real soup you cook up in a cup instantly.

Now you can make real soup in 8 seconds with new Cup-a-Soup® from Lipton. Just empty an envelope into a cup, add boiling water. Stir. And in an instant you get a single serving of real soup. You'll love all 5 flavors: Chicken Noodle, Tomato, Pe Beef Flavor Noodle, Onion.

DARROW M. WATT

To start *the day, reach in for a peanut raisin cooky; serve with milk or fruit juice*

The breakfast revolution continues . . . now it's cookies

ıkfast from a cooky jar? Why not, ı the cookies are packed with whole- : cereals, nuts, and dried fruits. Un- ·entional as the idea sounds, such ies offer quick, easily handled nour- ent to start the day—a boon to late s and those who prefer a lighter ap- ch to the morning meal.

d candidates for a satisfying, work- menu are any of these three cookies mpanied by a glass of milk or fruit and perhaps coffee or tea. You can them in an airtight container for ek to 10 days. Freeze for longer ge.

Peanut Raisin Cookies

- 1 cup (½ lb.) soft butter or margarine
- ½ cup chunk-style peanut butter
- 1 cup firmly packed brown sugar
- 2 eggs
- 1 cup honey
- 2 cups whole wheat flour
- 2 cups regular or quick-cooking rolled oats
- 1 cup unsweetened wheat germ
- 1 cup *each* shredded coconut, raisins, and chopped salted peanuts

In the large bowl of an electric mixer, beat together the butter, peanut butter, and brown sugar until creamy. Add eggs, one at a time, beating well after each addition until fluffy. Mix in the honey, flour, oats, and wheat germ. Add coconut, raisins, and peanuts, blending evenly. Drop by level tablespoonfuls on greased cooky sheets, placing dough about 2 inches apart. Bake in a 375° oven for 10 to 12 minutes or until firm when lightly touched. Makes about 7 dozen cookies.—*M. G., Goleta, Calif.*

Apricot Bran Chews

- ⅓ cup whole bran cereal
- ¼ cup water
- ¾ cup (⅜ lb.) soft butter or margarine
- ¼ cup firmly packed brown sugar
- 1 egg
- ¼ cup honey
- 1 teaspoon vanilla
- 1 cup regular all-purpose flour (unsifted)
- 1 teaspoon baking powder
- ¼ teaspoon *each* salt and soda
- ¼ cup non-fat dry milk
- 1 cup regular or quick-cooking rolled oats
- ¾ cup chopped walnuts
- 1 cup finely chopped dried apricots

Combine the bran and water; set aside. In the large bowl of an electric mixer beat together the butter and brown sugar until creamy. Add the egg and beat until fluffy. Mix in the honey, vanilla, and bran. Combine the flour, baking powder, salt, soda, dry milk, oats, walnuts, and apricots. Stir into the creamed mixture. Drop by level tablespoonfuls onto greased cooky sheets, placing the dough about 2 inches apart.

Bake in a 375° oven for 10 minutes or until golden brown and firm when lightly touched. Makes 3 to 4 dozen cookies.—*O. E., Turlock, Calif.*

Breakfast Crisps

- 1 cup (½ lb.) soft butter or margarine
- 1 cup granulated sugar
- 1 cup firmly packed brown sugar
- 2 eggs
- 1 teaspoon vanilla
- 2 cups regular all-purpose flour (unsifted)
- 1 teaspoon *each* baking powder and soda
- ½ teaspoon salt
- 2 cups regular or quick-cooking rolled oats
- 2 cups oven-toasted rice cereal
- 1 cup shredded coconut

In the large bowl of an electric mixer beat together the butter and sugars until creamy. Beat in eggs, one at a time, until fluffy. Add vanilla. Mix together the flour, baking powder, soda, salt, rolled oats, rice cereal, and coconut. Stir into creamed mixture until well blended (the dough will be stiff). Drop by level tablespoonfuls onto greased cooky sheets, placing the dough about 2 inches apart. Bake in a 375° oven for 10 minutes or until golden brown. Makes 6 to 7 dozen cookies.—*L. B., Palo Alto, Calif.* □

DARROW M. WATT

Delicate, *golden brown topping of broiled whipped cream enriches canned soup*

These soups go under the broiler

Even on the warmest summer day, some people just aren't satisfied with a completely cold meal. Serving a cup of warm soup before a meal consisting entirely of salad or cold meats is a simple solution.

These quickly prepared soups all begin with a can or two of condensed soup. What distinguishes all three is a golden brown topping that results from floating whipped cream in each bowl and broiling it just before serving. Below the rich crust in the first recipe, shrimp and a bit of curry dress up asparagus soup. In the second, tomatoes add fresh flavor to beef bouillon. In the third, lemon peps up black bean soup.

You need to serve these soups in individual serving bowls that can go beneath the broiler. Select heatproof bowls of about 1 cup capacity of ceramic or metal. Watch carefully when broiling the soups; the cream will burn easily.

Broiled Asparagus and Shrimp Soup

In a saucepan, heat ½ teaspoon curry powder in 1 teaspoon butter or margarine until bubbly. Add 1 can (10½ oz.) condensed cream of asparagus soup, then gradually stir in 1½ cups milk (or use part water) and 3 tablespoons dry Vermouth (optional). Heat soup, stirring frequently; do not allow to boil.

Meanwhile, drain 1 can (4½ oz.) tiny shrimp; rinse with water, then drain well. Divide shrimp equally in 4 heatproof, 1-cup serving dishes; add 1 tablespoon minced green onion to each. Ladle soup into dishes. Beat ½ cup whipping cream until stiff and spoon equal portions on each serving. Broil soup about 6 inches from the heat until golden brown, about 1 minute. Serve immediately. Makes 4 servings.

Broiled Tomato Bouillon

In a saucepan, combine 2 cans (10½ oz. *each*) condensed beef bouillon, 1¼ cups water, and ¼ teaspoon basil leaves. Heat soup, stirring occasionally.

Peel 2 large tomatoes; discard seeds and chop tomatoes. Place equal portions in 6 heatproof, 1-cup serving dishes. Ladle hot soup over tomatoes. Beat ¾ cup whipping cream until stiff, then stir in ½ cup grated Parmesan cheese. Float spoonfuls of topping equally on each serving. Broil about 6 inches from the heat until golden brown, about 1 minute. Serve immediately. Makes 6 servings.

Broiled Black Bean Soup

In a saucepan, cook 1 clove garlic (minced or mashed) in 1 tablespoon butter or margarine until soft but not browned. Add 1 can (10½ oz.) condensed black bean soup, 1¼ cups water, and 1 tablespoon lemon juice. Heat soup, stirring; do not allow to boil. Stir in ¼ cup minced green onion. Ladle soup into 4 heatproof, 1-cup serving dishes.

Beat ½ cup whipping cream until stiff. Stir in ¼ teaspoon salt and 1 teaspoon grated lemon peel. Float equal portions on each serving. Broil about 6 inches from the heat until surface is golden brown, about 1 minute. Serve immediately. Makes 4 servings. □

UNCLE BEN'S Ric gets a wrapped u in a succulen roas

Barbecuing has undergone dram changes since the rugged "Old We days when first popular. Then, it primarily a means of getting out la numbers of people to greet a polit candidate on a vote-stomping tour.

The barbecue that originated in West can now be enjoyed anywhere from a spacious garden to a small pa

A favorite Western roast is the fla ful boneless cross rib of beef. Sl cooked over charcoal in a covered b becue, the roast becomes almost a m in itself when you fill it with a stuf mixture of UNCLE BEN'S CONVER Brand Rice. UNCLE BEN'S takes natural rice and makes the grain fir in a special way. You get a rice won't get sticky or lumpy, and g antees you fluffy separate rice e after barbecuing.

At serving time, carve the beef ½-inch thick slices, mounding any e stuffing around it on the serving pla Keep the rest of the menu simple— on the cob, and tomato wedges driz with a vinaigrette dressing.

Rope-and-Tie Barbecue

2 Tbsp. olive oil
1 medium-sized onion, chopped
1 clove garlic, mashed
1 cup UNCLE BEN'S CONVERTED Brand Ric
1½ cups beef broth
½ cup dry white wine (or omit wine and u 2 cups beef broth)
Salt
1 egg, slightly beaten
¼ cup chopped parsley
4½ to 5-pound rolled beef oven roast*
Mustard Spread (recipe follows)

*Select any tender boneless, rolled and tied bee roast such as cross rib, sirloin tip or rib roast.

In a medium-sized frying pan heat olive o in onion, garlic, and rice. Cook, stirring occasio until onions begin to brown. Add beef brot wine. Cover and cook over low heat until tender and liquid absorbed, about 25 m Add salt to taste. Remove from heat; stir i and parsley.

Remove strings from roast. Place it, lean si on a wooden board, and cut the roast so that be opened out flat. Pound cut surfaces wi side of a meat mallet to flatten. Spread c faces with about ⅓ of the Mustard Spread fill with rice mixture. Sew edges closed with Coat outside of roast with remaining M Spread. Place roast, fat side up, in a foil p cook in a covered barbecue over low coals a rack in a roasting pan in a 325° oven) for 1 hour and 45 minutes (20 to 25 minut pound for rare to medium). Makes 8 servin

Mustard Spread Stir together 5 Tbsp. Dijo mustard; ½ tsp. each thyme, rosemary, and joram; 1 tsp. freeze dried chopped shal cloves garlic, mashed; and 1 tsp. dry whit or lemon juice.

This recipe is included with "UNCLE BEN'S Golde Recipes." For a free copy of all recipes, sen name, address, and zip code to Golden West R Box 19480, Houston, Texas 77024.

ope-and-Tie Barbecue

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n the great
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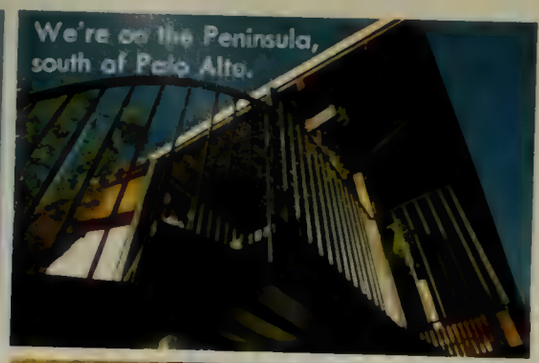
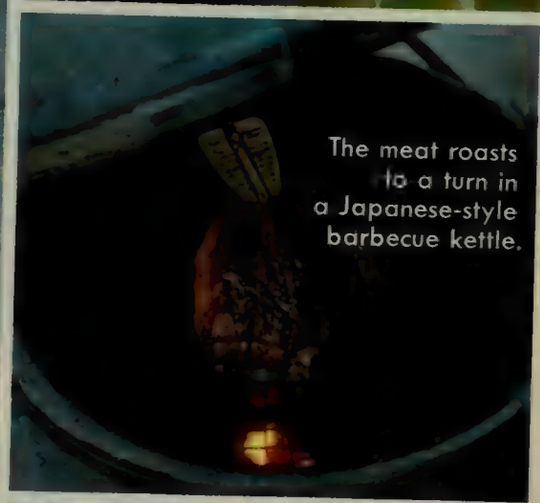
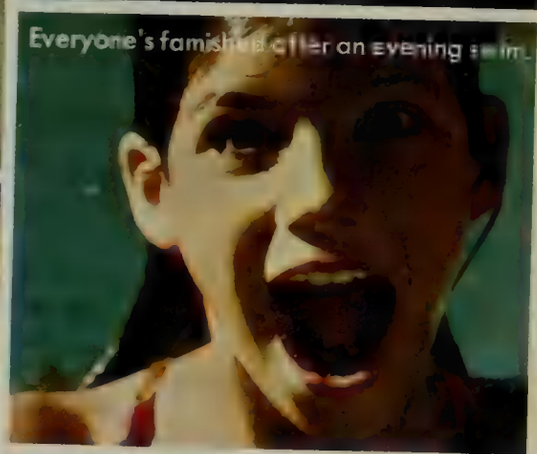


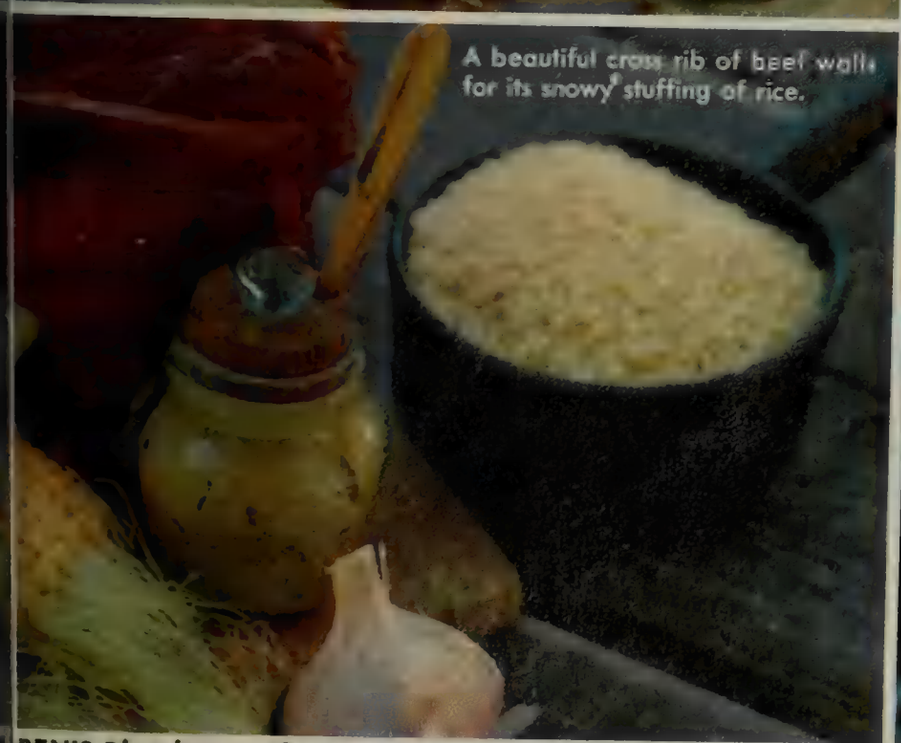
We're on the Peninsula, south of Palo Alto.



The meat roasts to a turn in a Japanese-style barbecue kettle.



Everyone's famished after an evening swim.



A beautiful cross rib of beef waits for its snowy stuffing of rice.

BEN'S Rice keeps the best company in the West.

Kraft 100% Grated Parmesan is a seasoning cheese. It's parmesan that's aged 14 months, then coarsely grated into large, pure parmesan flecks to add mellow, rich flavor to a wide range of dishes. Here's how it can season meat.

PARMESAN BURGER CASSEROLES

1 lb. ground beef
½ cup dry bread crumbs
¼ cup chopped onion
¼ cup Kraft Grated Parmesan Cheese
1 egg, slightly beaten
3 cups hot mashed potatoes
2 tablespoons chopped parsley
Cherry tomatoes
Mushrooms
Green pepper, cut in chunks

Combine meat, bread crumbs, onion, cheese and egg; mix well. Shape into 4 patties; broil until done. Combine potatoes and parsley. Place in 4 individual casseroles. Top each with meat patty. Broil until potatoes are lightly browned; sprinkle with additional cheese. Alternate vegetables on oven-proof skewer; broil until hot. Place skewer in meat patty. 4 servings

KRAFT Division of Kraftco Corporation

DARROW M.

Strawberries, *toasted almonds top low-calorie custard pudding*

An easygoing pudding

Weight watchers can enjoy this li sweetened, almond-flavored puddir a satisfying summertime dessert. I milk custard thickened with gelatin made fluffy with stiffly beaten egg wl Serve it with berries or other fresh now in season.

Fluffy Almond Pudding

In the top of a double boiler, con 1 envelope unflavored gelatin, ⅓ sugar, and a dash salt. Add 4 egg and beat lightly to blend; then grad stir in 2 cups milk. Cook over sim ing water, stirring constantly, until ture thickly coats the back of a spoon, between 20 and 30 minutes

Remove from heat and stir in ¼ spoon almond extract and 1 teas vanilla. Refrigerate pan uncovered ring occasionally, until the custa thoroughly chilled and begins t around the sides of the pan (abou hours). Don't let the custard get too

Beat the 4 egg whites and ¼ teas cream of tartar until frothy. Grad add 2 tablespoons sugar and beat stiff, glossy peaks form. Stir the g mixture until blended, then gently into beaten egg whites.

Spoon into 6 or 8 individual sh glasses or small bowls, or into a sc bowl that holds at least 1 quart. Chi covered until set. Garnish servings about ⅓ cup toasted sliced almond whole or sliced berries or other Makes 6 to 8 servings.

Barbecue a Norbest Tender-Timed Turkey

Norbest turkeys...a barbecue delight. Turned golden brown on a spit, or covered in a kettle with a hint of hickory smoke...nothing will bring the neighbors like the aroma of a barbecued turkey. And Norbest turkeys, with the amazing Tender-Timer that pops out to tell you when your turkey is done, make for trouble-free barbecuing. This summer treat family and friends to a delicious barbecued Tender-Timed turkey from Norbest.

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Chicken Worcestershire

2½ to 3 pound chicken, cut into serving pieces
3 tablespoons Lea & Perrins Worcestershire Sauce
1 tablespoon lemon juice
1 teaspoon salt
6 tablespoons dry bread crumbs
¼ cup finely chopped peanuts

Place chicken in tight fitting bowl. Combine Lea & Perrins, lemon juice and salt; pour over chicken and let stand 1 hour. Mix bread crumbs with peanuts. Remove chicken and coat with crumb mixture. Place in well buttered baking dish, skin side down. Bake in preheated hot oven (425 F.) 30 minutes. Turn chicken and bake 30 minutes longer or until done. Serves 4.

For 77 other things to worcestershire, write for free recipe book: Lea & Perrins, Dept. C9, Fair Lawn, N.J. 07410.

worcestershire a chicken tonight.

If you think Lea & Perrins is just for steak, you've got some great surprises coming.

DARROW M. WA

Offer *cinnamon-flavored carrots as an appetizer or relish*

Marinated carrot
...taste surprise

Carrots readily absorb flavors yet ret their appealing crispness when the briefly cooked and then chilled in a sp bath—as in this appetizer and salad. They're cut into sticks and seasoned w cinnamon for the interesting, slig sweet appetizer or relish. Thinly sli carrots marinate with onion for the freshing summer salad.

Cinnamon Carrot Sticks

Peel 12 large carrots (2 to 2½ lbs.) cut into sticks, about ½ by 3 inc Place in a large pan with 2½ cups w and boil, covered, until just tender w pierced, 7 to 10 minutes. Drain, sa liquid. Turn carrots into a bowl. To rot liquid add ½ cup cider vinegar cup sugar, and 1 stick whole cinnan bring to a boil and pour over car Cool, cover, and chill overnight o long as 2 to 3 weeks. Makes abo cups.—*D. S., Sacramento.*

Carrots and Onion Ring Salad

10 large carrots (about 1¾ lbs.)
Boiling, salted water
1 medium-sized white onion, sliced
½ cup salad oil
¼ cup white wine vinegar
2 tablespoons sugar
1 teaspoon celery seed
¼ teaspoon dry mustard
½ teaspoon salt
⅛ teaspoon paprika

Peel carrots and cut slanting slices a ¼ inch thick. Cook, covered, in 1 of boiling water until just tender, a 5 minutes. Drain, plunge into water, drain again, and turn into a ing bowl. Separate onion slices rings; add to carrots. In a small jar bine the oil, vinegar, sugar, celery mustard, salt, and paprika. Shak blend; pour over carrots. Cover and overnight, stirring several times. S 6 to 8.—*I. P., Wilmington, Calif.*

SU

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Banana *slices and chocolate curls top wedge of creamy-textured banana chiffon pie*

DARROW M

Chiffon pie made with your choice of tropical fruits

Chiffon pie, with its velvety light texture, is a delicate background for the subtle flavors of these three tropical fruits. Mellow bananas are the base of the first pie, topped with a shower of chocolate curls. One variation uses mango; the other incorporates the exotic looking and tasting cherimoya (also called custard apple). All are readily available at this time of year.

The fresh fruit purée is thickened by gelatin, then lightened by the whipped foam of egg whites and cream. You can pour the mixture into a regular 9-inch baked pastry shell or use this crust:

Chocolate Crumb Crust. Combine 1½ cups finely crushed chocolate cooky wafer crumbs with ½ cup melted butter and blend well. Press crumbs evenly over bottom and up the sides of a 9 by 1¼-inch pie pan. Bake in a 400° oven for 8 to 10 minutes or until set. Cool.

Fresh Banana Chiffon Pie

About 3 large ripe bananas
¼ cup *each* fresh lime juice and sugar
1 envelope unflavored gelatin
¼ cup water
3 egg whites
6 tablespoons sugar
1 cup whipping cream
Chocolate crumb crust (see above) or 9-inch baked and cooled pastry crust
1 ounce milk chocolate bar, cut into curls with a vegetable peeler
1 small ripe banana

Peel large bananas, cut into chunks, and whirl enough of the fruit in a blender to make 1½ cups smooth purée (or force fruit through a wire strainer). Blend fruit purée with 3 tablespoons of the lime juice and the ¼ cup sugar.

Mix gelatin and water; let stand 5 minutes to soften. Heat, stirring, until gelatin is dissolved. Blend gelatin with banana purée and chill just until mixture begins to thicken.

With an electric mixer, beat egg whites at highest speed just until frothy (no bottom layer of free-flowing viscous white). Continue beating and add the 6 tablespoons sugar, 1 tablespoon at a time every 30 seconds, sprinkling it over the mixing whites until stiff, moist peaks form when beater is withdrawn. Beat ½ cup of the whipping cream until stiff; fold whipped cream and meringue into the thick but still liquid banana mixture just until blended. Pour into the crust and chill until firm, about 3 hours.

Whip remaining cream until stiff; mound onto center of pie and top with chocolate curls. Peel and cut the small banana into slanting slices; dip in remaining lime juice to prevent discoloration. Arrange fruit slices decoratively around outer edge of pie. Cut in wedges to serve. Makes 6 to 8 servings.

Cherimoya Chiffon Pie

Follow directions for fresh banana chiffon pie, but instead of using bananas, cut 1 large (about 1½ lbs.) ripe cherimoya in half. Scoop out pulp and force enough of the fruit through a wire strainer to make 1½ cups purée; discard seeds. Also use fresh orange juice in of the lime juice, adding it to the with the ¼ cup sugar. Chill fruit-g mixture as directed.

Beat egg whites and the 6 tables sugar as directed. Beat ½ cup whipping cream until stiff; fold wh cream and meringue into fruit Pour into pie crust and chill until Garnish top with remaining wh cream and orange slices or whc sliced strawberries. Cut in wedg serve. Makes 6 to 8 servings.

Mango Chiffon Pie

Follow directions for fresh banana fon pie, but instead of using ba peel and slice the flesh from the of 2 (about ¾ lb. *each*) ripe ma Force enough of the fruit through strainer to make 1½ cups fruit discard fibrous residue. Reduce juice to 3 tablespoons and stir in the ¼ cup sugar. Chill fruit gelati ture as directed.

Beat egg whites and the 6 tables sugar as directed; also beat ½ cup whipping cream until stiff. Fold wh cream and egg whites into chillec go purée. Pour into pie crust an until firm. Garnish with rem whipped cream; sprinkle ½ cup t sliced almonds over top of pie. wedges to serve. Makes 6 to 8 serv

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DARROW M. WA

Hot Cheddar *topping melts in round of French bre*

Hot bread with a topping

An easy way to enhance a simple su mer meal is to serve hot bread with topping. Here are several choices. Y start with a loaf of French bread slices of whole wheat bread.

Hot Cheese-Topped French Loaf

Slice 1 round or long loaf (1 lb. si French bread in half lengthwise. Le ing halves together, wrap in foil; heat a 375° oven for 20 minutes.

Open foil and place bread, cut side 6 inches beneath broiler until toast Spread toasted surfaces with ¼ cup s butter or margarine, then top eve with Cheddar topping or Parmesan t ping (see below); dust with paprika. once broil 6 inches below heat u cheese is bubbly and lightly brown about 45 seconds. Cut in wedges. Ma 12 servings.

Cheddar Topping. Blend 2½ cups shr ded Cheddar cheese, 2 tablespoons Sherry, 1 teaspoon Dijon-style musta and ½ teaspoon liquid hot pepper s soning.

Parmesan Topping. Blend 2 cups fres shredded Parmesan cheese, ⅓ cup m onnaise, ½ cup finely chopped on and ½ teaspoon Worcestershire.

Peanut Honey Crisps

Blend 3 tablespoons *each* peanut bu (smooth or crunchy-style), soft butte margarine, and honey. Spread evenl 8 slices toasted whole wheat bread. P side by side on a baking sheet; spri evenly with 2 tablespoons sesame s Bake in a 325° oven for 10 minu then broil 4 inches below heat t lightly toasted, about 45 seconds. slices in halves or quarters. Makes 8 vings.—*H. N., San Francisco.*

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DARROW M. WAT

Dried fungus, *when cooked, adds a distinctive crunch to Oriental dishes*

Thai chicken with cloud ears

An exotic ingredient of this Thai dish Oriental black fungus. It is used li dried mushrooms but adds a crunc texture to stir-fry cooking.

This brownish black fungus looks li wrinkled ears and is sometimes al called cloud ears or wood ears. Look f it and the fish soy in Oriental markets.

When soaked in hot water, the dri fungus doubles in size and becomes s and slightly slippery. Rather bland flavor, it absorbs the seasonings of dish, such as the fresh ginger root whi strongly flavors this Thai recipe.

Complete the meal with a vegetable so and rice.

Chicken with Ginger *(Kai Phat Khin*

- ¾ ounce dried black fungus
- Hot water
- 1 tablespoon *each* sugar, red wine vinega and fish soy (or soy sauce)
- ¼ cup regular-strength chicken broth
- 2 tablespoons salad oil
- 2 cloves garlic, minced or mashed
- 3 tablespoons coarsely shredded fresh ginger root
- 1½ pounds chicken breast, skinned, boned, and cut ¼ inch thick by 2 by ½ inch
- 6 green onions (tops included), sliced into 2-inch pieces

Rinse fungus and cover with hot wa (when water cools, replace with m hot water); soak until soft, about minutes. With your fingers pinch out hard knobs from center of fungus. Dr and cut large pieces about 1½ inc square. Combine the sugar, vinegar, s and chicken broth; set aside.

Heat a large frying pan or wok over h heat. Put in oil and when it is hot, garlic and ginger, stirring freque until golden, about 30 seconds. A chicken, stirring constantly until m loses its pinkness, about 3 minutes. A fungus, green onions, and the soy m ture. Stir until fungus is heated thro and sauce boils, about 1 minute. Se 4.—*J. J., Redwood City, Calif.*

Make your first microwave a Thermatronic, the finest microwave ranges.

Richard Deacon, star of his own cook show, "Deacon Does It In the Kitchen".

hard Deacon is a busy man. s also a gourmet cook who ys entertaining. After a hec- ay on the set, in just minutes nks to the Thermatronic) he put together a delicious er of roast pork stuffed with es and apricots (beautifully ned with the infrared ele- t) and a tasty rice casserole. meal looks as though he been cooking all day, when ally it took him just minutes!

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Apricot and Prune Stuffed Roast

(One of Richard Deacon's favorite recipes)

5 pound pork roast
½ cup diced apricots
¼ cup diced prunes
2 cups packaged bread stuffing
2 cups diced apples
2 tablespoons butter
⅔ cup wine

In a large bowl combine apples, bread stuffing, dried apricots and prunes. Heat butter with wine in microwave range until butter melts. Pour over stuffing, mix and toss to combine.

Cut large enough pocket in the roast to hold the stuffing. Stuff and secure pocket by sewing it with large needle and string.

Place fat side down on a trivet in a baking dish. Allow 8 minutes per pound. The last 20 minutes fat side is up. Use *Infra-red* for that golden brown.

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POTATO SALADS:

Crunchy, sweet, green

There are almost as many ways to make potato salad as there are cooks. The only constant ingredient is the potato.

These three distinctively flavored potato salads all start with new potatoes—either white or red skinned. New potatoes cook evenly, hold their shape well when cut, and have a smooth texture that can readily absorb a variety of seasonings.

The first salad combines the cooked potatoes with bacon and onion; then a creamy, slightly sweet, cooked dressing is added. The second, bright green in color from finely chopped parsley and green onion, is dressed with oil and vinegar. The last one combines potatoes with a variety of crunchy raw vegetables and an herb-seasoned mayonnaise.

German-Style Potato Salad

Cook 2 pounds (6 medium-sized) white new potatoes in boiling water until just tender when pierced, about 30 minutes. Drain. When cool enough to handle, peel and cut into ½-inch cubes. Thinl slice 1 small mild, red onion; separat into rings and add to potatoes. Cook 1 slices bacon until crisp; drain and crun ble 7 slices into the potatoes. Set asic remaining bacon for garnish.

In a saucepan slightly beat 1 egg; stir i ½ cup sugar, 1 tablespoon all-purpo flour, ½ teaspoon *each* dry mustard ar salt, and ⅓ cup *each* water and whi wine vinegar. Cook over medium hea stirring, until mixture thickens, about minutes. Pour over potatoes; mix w and season to taste with salt and peppe Cool, cover, and chill at least 4 hours overnight. Before serving, garnish wi reserved bacon, crumbled. Makes 6 to servings.—*S. S., San Jose.*

Parsley Potato Salad

- 2 pounds white new potatoes (about 6 medium-sized)
- Boiling water
- ½ cup *each* finely chopped parsley and celery
- ⅓ cup finely chopped green onion
- 1 hard-cooked egg
- 1 small clove garlic, minced or mashed
- 4 canned anchovy fillets
- 2 tablespoons Dijon-style mustard
- ½ teaspoon sugar
- ¼ teaspoon liquid hot pepper seasoning
- 6 tablespoons olive oil or salad oil
- 3 tablespoons white wine vinegar
- Salt and pepper

Cook potatoes in boiling water until j tender when pierced, about 30 minu Drain, cool, peel, and thinly slice. A parsley, celery, and onion.

In a small bowl mash together the e garlic, and anchovies. Blend in the m tard, sugar, liquid pepper seasoning, and vinegar. Pour over potatoes and r well. Season to taste with salt and p per. Cool, cover, and chill at leas hours or overnight. Makes 6 to 8 vings.—*H. N., San Francisco.*

Italian-Style Potato Salad

- 2 pounds red new potatoes (about 8 medium-sized)
- Boiling water
- ½ cup *each* finely chopped green pepper, mild white onion, and celery
- ⅓ cup thinly sliced Spanish-style pimento-stuffed green olives
- ¼ cup mayonnaise
- 1 teaspoon lemon juice
- 2 tablespoons sweet pickle relish
- ½ teaspoon basil leaves, crushed
- ¼ teaspoon *each* marjoram and rosemary leaves, crushed
- Salt and pepper

Cook potatoes in boiling water until tender when pierced, about 30 minu Drain. When cool, peel and cut into inch cubes. Combine the potatoes, gr pepper, onion, celery, and olives.

In a small bowl stir together the ma naise, lemon juice, pickle relish, b marjoram, and rosemary. Pour over tatoes and mix well. Season to taste salt and pepper. Cover and chill at 4 hours or overnight. Makes 6 to 8 vings.—*G. H., Lafayette, Calif.*

Announcing three new Oriental dinners as good as the restaurant kind.

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Just add ground beef

Lo Mein
Just add beef

Teriyaki
Just add beef

Lo Mein Dinner, Teriyaki Dinner and a mix for Hibachi Burgers. They're the three newest additions to the Chun King Skillet Dinner line. Our Lo Mein Dinner consists of soft Oriental noodles in a beautifully seasoned Oriental sauce. Just add beef or pork for a dish as good as the restaurant kind. Our Teriyaki Dinner lets you turn plain sliced beef into this specially seasoned Japanese favorite. For something very new and very different try our Hibachi Burger Mix. Crisp Oriental vegetables and seasonings which you blend into your own fresh-ground beef to make delicious burgers.

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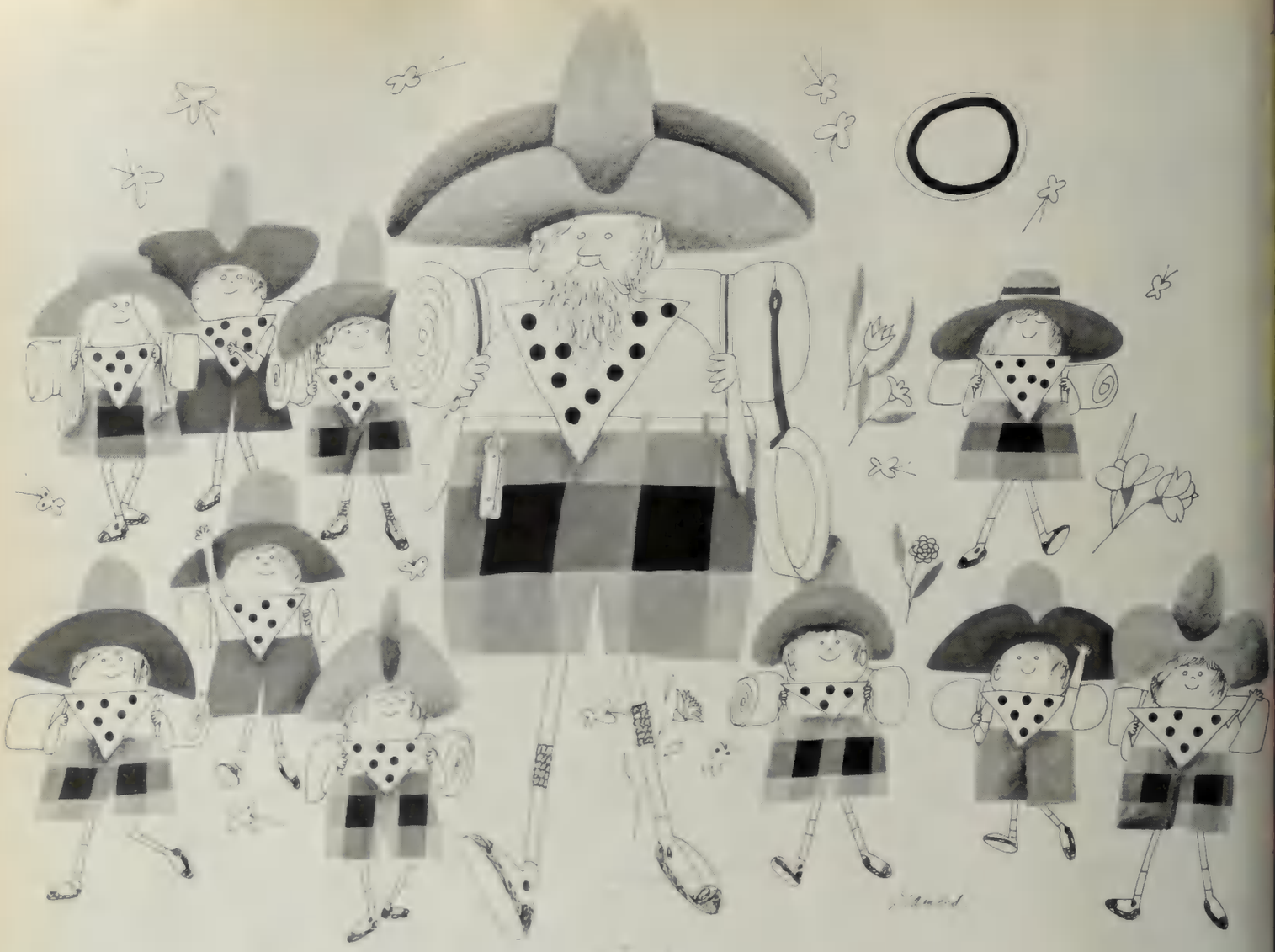

It's backpack season for all ages. Consider taking along some high energy trail logs

The month of June, according to one esteemed poet, brings rare and perfect days. Children, fresh from classrooms for the summer, and many grownups are incited to wanderlust. Backpacks, boots, tents suddenly appear very seductive, while backyards shrink to a tiny and confining world.

Ronald Guidotti in Sparks, Nevada, was looking over his gear the other day and felt inspired to send us a snack recipe of his, which has been trail-tested in many previous junes.

Mr. Guidotti is a member of the Toiyabe Chapter of the Sierra Club and edits the chapter's newsletter where this recipe first appeared. He suggests that you can easily vary the recipe to suit your taste. But it's delicious just as is.

You may find yourself mixing up a batch even when no excursion is planned. It keeps, too. Seal it in something and put it in cold storage and it will be fine for several weeks.

High Energy Trail Logs

- ¼ cup dry roasted cashews
- 1¼ cups walnuts
- 6 dried black figs
- ½ cup pitted dates
- ½ cup golden seedless raisins
- ¼ cup dried apples
- ½ teaspoon lemon juice
- 1 tablespoon dark or light rum
- 8 tablespoons powdered sugar or about ½ cup flaked coconut

Run nuts and fruit through the fine blade of a food chopper and mix thoroughly. Blend in lemon juice and rum. Using about a tablespoon at a time, roll the mixture into small logs each about 2 by ¾ inch. Roll the logs in powdered sugar or coconut, and allow to stand uncovered for a day or two to dry. Store in refrigerator or wrap tightly in foil or plastic film to carry on the trail. Makes about 2½ dozen.

Ronald Guidotti

Sparks, Nevada

From the University of Nevada at Reno, geologist Frederick F. Peterson reports the genesis of another trail recipe.

"My habit of neglecting to put the steaks out to thaw when I'm mapping soils out of a field camp in central Nevada led me to devise layer cooking. I suspect it's the modern equivalent of the old sheepherder's Dutch oven.

"I return to camp at twilight. Rutted trails, pick and shovel, and anxiety over the weather have shifted me back in time to the all-day workday. Modern refrigeration and a poor memory often leave

Chefs of the West

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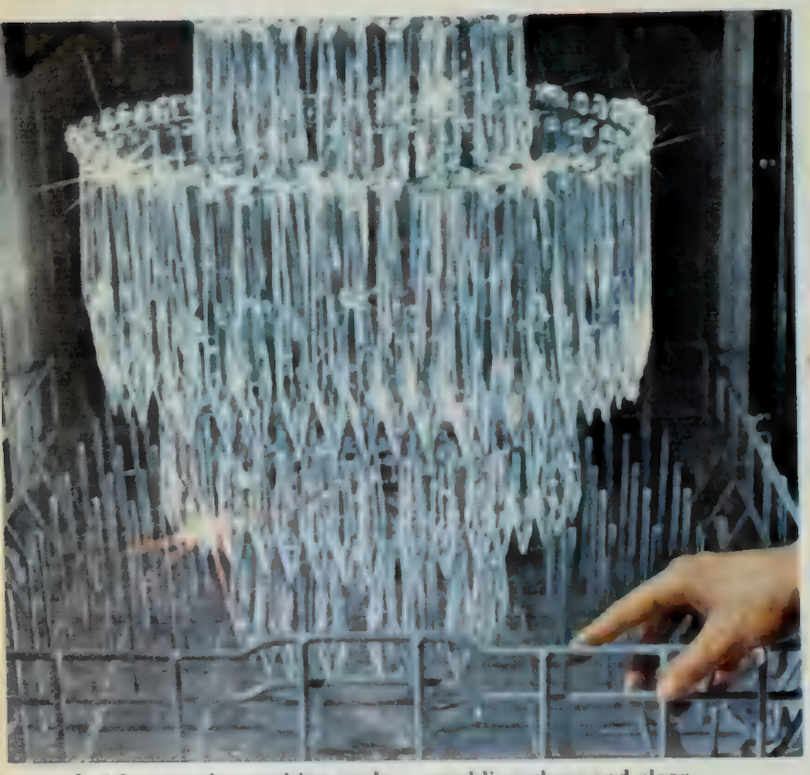

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"Return, with pick and shovel, to camp at twilight"

with brick-hard steak and the pros- t of a midnight supper. Shall I eat n a can? Have a vegetable dinner? answer is layer cooking."

er-Cooked Stew

1 pound frozen top round or sirloin steak
2 tablespoons water
2 tablespoons salad oil
1 large potato
½ of an eggplant (about a 1 lb. size)
1 tomato
1 tablespoon instant minced onion
½ teaspoon salt
½ cup water
6 to 8 flour or corn tortillas
Bottled taco sauce

e steak in covered Dutch oven with 2 tablespoons water and boil over heat for 1 to 2 minutes to partially the meat. Remove from heat and rozen steak in ½-inch cubes. Heat ı pan over high heat; add steak and n thoroughly, stirring often.

ıwhile, prepare the vegetables. Peel o if you wish and dice; dice egg- (you should have about 3 cups); the tomato. When meat is well ned, add potato, eggplant, tomato, ı, and salt. Stir in the ½ cup water cover.

over medium heat until potato is r, about 20 minutes, stirring several . Serve with warmed tortillas and favorite taco sauce. Makes about erous servings.

Frederick F. Peterson

Reno

we call a pound cake is ■ classic ıcient recipe known in several Eu- n countries as ■ four quarters. Giu- ssani of Salinas suggests the Italian n here, called *quattro quarti*. The h make a *quatre quarts*.

asic idea behind all these recipes ıal weights of ingredients. You with the eggs; weigh them, beat add equal weights of sugar, but- d flour; bake the resulting batter. ld English recipe is based on ■ of each thing.

is a certain danger that in inexperienced hands this basic cake will not rise, leaving you holding what amounts to a very thick omelette. Mr. Cassani adds a permissible variant, a little baking powder. His flavoring is a mixture of almond, orange, and vanilla. You may use any one of these, or you may discard them all in favor of a dusting of mace over the surface just before baking. For an exotic flavor, try half a teaspoon of orange flower water.

Mr. Cassani further suggests serving the cake with a glass of Port or Marsala.

Quattro Quarti

1 cup (½ lb.) butter or margarine
¾ cup sugar
1 tablespoon grated orange peel
4 eggs
1¾ cups regular all-purpose flour (unsifted)
2 teaspoons baking powder
¼ teaspoon almond extract
1 teaspoon vanilla

Cream butter in an electric mixer or by hand. Beat in sugar slowly. Add grated orange peel. Add eggs one by one, beating well after each. Sift flour with baking powder and add to the egg mixture a little at a time, stirring in gently. Add almond extract and vanilla. Turn batter into a well greased and flour dusted 9-inch square baking pan. Bake in ■ 350° oven for 35 minutes or until a wooden pick inserted in the center comes out clean. Cool in pan 10 minutes, then turn out on a rack to cool completely. Makes 8 to 10 servings.

Linda O. Cassani

Salinas, Calif.

Warren Van Tassell speaks boldly from the island of Maui: "I figure I am one helluva amateur chef. The following recipe just happened. I kept adding things and all of ■ sudden it was terrific."

It's a long way from a tropical isle to the cold gray sky of Normandy, but Mr. Van Tassell's mixture reminds us sharply of something called *poulet ■ la Normande* in which a French pullet gives up its life to combine with Norman cream, Norman cider, and ■ dollop of applejack

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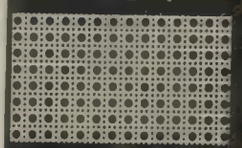

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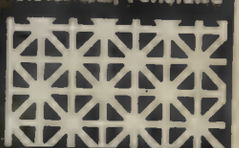

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"I just kept adding things"

(called Calvados in those parts). Ther no applejack in this recipe but if y want to experiment it can't hurt.

Chicken a la VanTa

- ¼ pound salt pork, diced
- ¼ cup all-purpose flour
- 1 teaspoon salt
- ½ teaspoon pepper
- Dash garlic salt
- 4 pounds chicken legs and thighs, separated
- About 3 tablespoons salad oil
- 1 medium onion, sliced
- 2 medium-sized leeks, sliced
- 1 tablespoon chopped parsley
- 1 cup apple cider
- 1 cup whipping cream
- 1 bay leaf
- ¼ teaspoon thyme leaves, crumbled
- ¼ teaspoon oregano leaves, crumbled
- 1 tablespoon butter
- ½ pound fresh mushrooms, sliced

In a frying pan over medium high h render salt pork. Mix flour, salt, pep and garlic salt, and dredge chic pieces in the mixture, shaking off exc (Save remaining flour mixture.) Wi slotted spoon remove crisp pork bits set aside. Brown chicken pieces on sides in pan drippings, adding oil if essary; transfer chicken as browne a baking dish (about 9 by 13 inches ranging in a single layer.

In the same pan, adding 1 or 2 ta spoons oil, sauté onion and leeks onion is translucent. Stir in any rem ing flour; add parsley, cider, cream, leaf, thyme, and oregano; cook, stir until bubbly and slightly thickened. in reserved pork bits, then pour chicken. Bake covered in a 350° for 30 minutes; uncover and bak minutes longer or until chicken is ter

About 10 minutes before chicke done, heat the butter in a frying pan sauté the sliced mushrooms, stirring about 5 minutes. Transfer co chicken pieces to a serving dish scatter mushrooms on top; skim fat sauce, discard the bay leaf, and over chicken. Serve immediately. M 6 to 8 servings.

Warren H. Van Tasse
Paia, Maui, Haw

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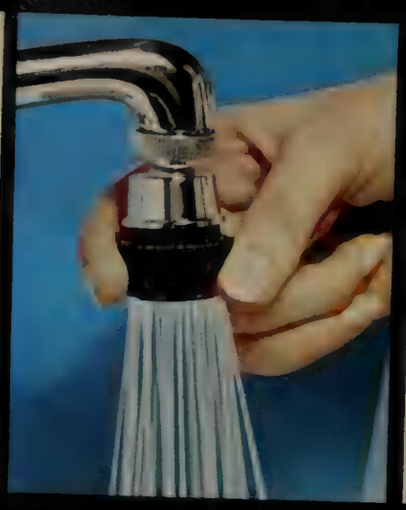

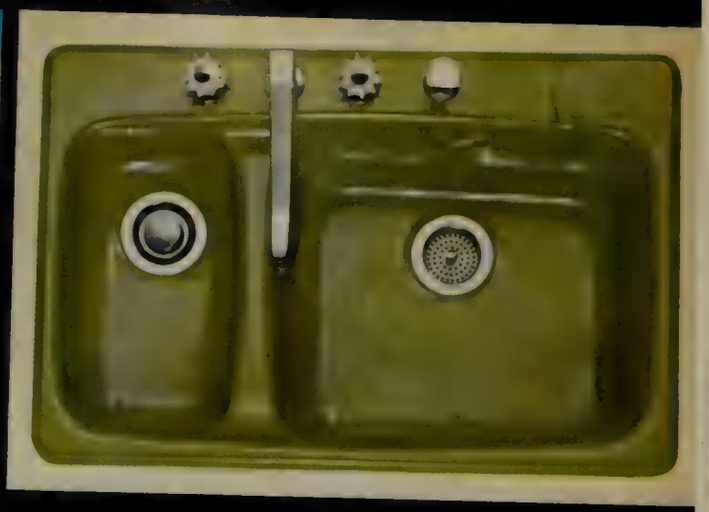

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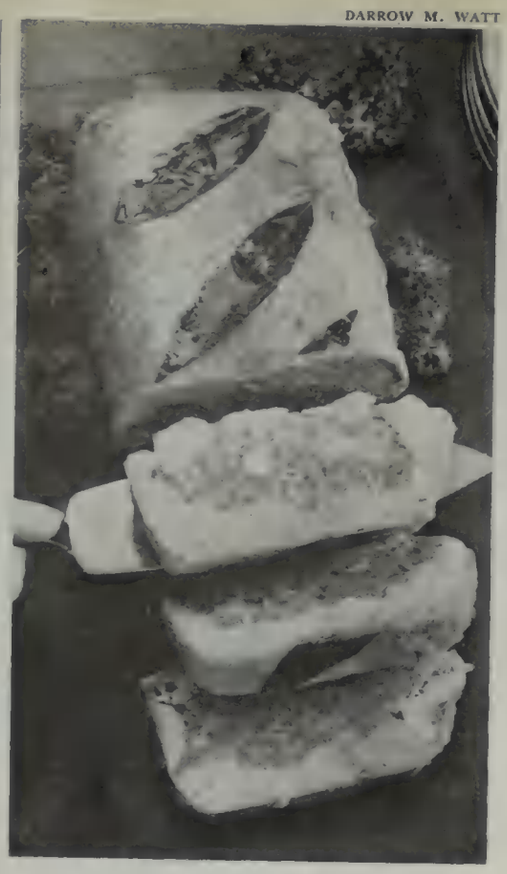
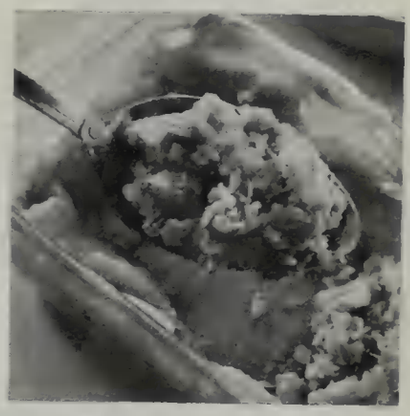


Chilled *turkey loaf has herbed carrot filling; cut in thick slices to serve*

Start *with thawed boneless turkey roast; leave skin intact, but cut most of the meat into ⅜-inch slices*



Spoon *carrot stuffing into pan lined with turkey skin, meat. Then cover stuffing with more meat*

Turkey roast with a carrot stuffing

You unroll a turkey roast and enclose a golden carrot filling to make this savory loaf. Start it a day ahead to served chilled on a summer day.

Carrot-Stuffed Turkey Loaf

Completely thaw 1 frozen boneless turkey roast (2 to 2½ lbs.). Remove from pan and separate into pieces; discard any gravy or reserve it for other uses. The topmost piece of turkey usually has a large piece of skin attached; or the skin may be free. Lay skin out flat; if meat is attached, cut free, leaving a ⅜-inch piece on skin. Cut free turkey in slices no thicker than ⅜ inch. Chop enough of the smaller pieces to make ⅔ cup; set aside for carrot stuffing (see right).

Arrange 3 bay leaves in a 5 by 9-inch loaf pan. Center the skin piece in the pan so it covers pan bottom and extends up sides. Arrange meat slices in pan to make an even layer about ½ inch thick across bottom and 2 inches up sides. Save enough slices to cover top. Pack stuffing in the hollow, then cover with remaining turkey slices. If any skin extends, fold it over top. Cover pan tightly with foil and bake in a 325° oven for 1 hour and 50 minutes.

Drain juices from loaf through a fine wire strainer into a bowl; cover and chill juices and loaf.

Turn loaf out onto a rack over a pan; remove any fat. Remove any fat from pan juices; if juices are semiliquid boil to reduce one-half; otherwise just melt. Then chill until syrupy and drizzle evenly over loaf to glaze. Chill loaf again. Slice to serve. Makes 6 to 8 servings.

Carrot Stuffing. In a 10-inch frying pan sauté 1 cup chopped onion, 2 cups finely chopped or ground carrots, and 3 cloves garlic (minced or mashed) in 2 tablespoons butter. Cook, stirring often, until carrots are just tender-crisp, about 5 to 8 minutes; cool. Then stir in 1 teaspoon marjoram leaves (crushed), ¼ cup freshly shredded Parmesan cheese, 1 lightly beaten egg, and the ⅔ cup chopped turkey. □

Sunset's GARDEN GUIDE

NORMAN A

It's snapdragon month

Yellow, white, and red 'Sprite' snapdragons planted in early spring bloom this month. You can still plant them for late summer bloom in cool coastal areas. In hotter inland gardens, wait until fall to put them in

NE IN YOUR GARDEN:

Watering, fertilizing, weeding . . . last chance planting

is the last chance to plant if you to have much of a flower or vege- garden this summer. But the sea- s on your side in at least one re- Longer daylight hours mean a lot ork can be done in the evening. that could be important because is when routine garden work begins e up.

ner weather will stimulate rapid growth this month. After planting mpleted, gardeners should spend ime watering, fertilizing, and weed- verything done now to make plants faster and more vigorously will pay er in the summer with bigger flow- d better crops. This applies to your too, which also requires lots of e care now.

wood lives

ood trees are tougher than you think. Outside the headquarters sona Park, near Campbell, Cali- , stands a 12-foot-tall redwood that nce cut down and hauled off to the and buried.

d in 1903 by President Theodore velt on the grounds of a Camp- rammar school, the tree thrived years, reaching a height of 70 feet trunk diameter of 31 inches.

ventually the land on which it was occupied by a service station 1964 the adjacent street was led for widening. Despite protests, ee was chopped down and the was pushed out and hauled to a A member of the Campbell Gar- ub, Mrs. Lilyan Brannon, thought nt still sprout. She persuaded the park department to retrieve the and have it put in the ground at Park. As Mrs. Brannon pre- the stump did sprout and today it althy tree with a single well de- l trunk.

our in Salt Lake City

l the collection of trees at the sity of Utah was designated as te arboretum. You can now get a pamphlet and map to guide you on an hour-long campus tree tour. The collection numbers more than 5,500 trees of 300 different species. About 75 are on the tour.

You'll be able to see ginkgo, goldenrain, Japanese pagoda tree, Kentucky coffee tree, native hop tree, and yellowwood. To get the pamphlet and map, visit or write Building 306, University of Utah, Salt Lake City 84112.

A good weed digger

The three-pronged tool that the boy in the picture at right is holding is one of the best tools for getting weeds out of a crowded flower or vegetable garden. It is narrow enough so you can use it in between plants without disturbing them too much. At the same time the prongs go down far enough into the soil so you can get weeds out with roots intact. While you rid your garden of weeds, you also break up the soil crust to help roots get more air.

An aphid trap?

You might like to experiment with trapping aphids this year. Aphids are said to be attracted by the color yellow. Paint some shallow aluminum pans yellow, fill them with a solution of water and detergent, and set them out in the garden. The belief is that flying aphids will be attracted to the pan and will then fall into the liquid and sink.

New plants—one likes shade, the other doesn't mind it

Two new plants, one for shady spots and one for sunny places, have recently come into California nurseries. The shade-loving plant is a variety of baby's tears with yellow leaves instead of the normal green. Like the regular baby's tears, this one grows low and spreads aggressively. Use it to give a light color to dark corners of the garden, in terrariums, and in atriums.

The plant for sunny locations is a variety of gazania with a double yellow flower. Named 'Moonglow,' this perennial grows best where it can get a lot of sun, such as beside a walk or in a border. But unlike other gazanias, this one blooms whether the sun is shining or not. In fact the flower stays open even at night.

WILLIAM APLIN

Three-pronged *cultivator is handy tool for gouging out weeds, loosening the soil*

Climbing strawberries are a hoax

In spite of many warnings, some people are still falling for ads by nurseries outside of California selling so-called "climbing strawberries." The advertising implies that the plants will climb trellises and produce big crops of large berries. It's not true. If you see one of these ads, you would be well advised to spend your money on something else.

Aside from the fact that strawberries are very climate-oriented and that out-of-state varieties seldom do as well as varieties bred within the state, there is no such thing as a strawberry that climbs. On the contrary, strawberries send out

Sunset's GARDEN GUIDE

runners that seek to touch ground. T
runners must root to produce a crop
berries.

If you've already had a bad experie
with these so-called climbers, you m
try complaining to the United St
Postal Service about mail fraud. N
serymen in California are preventec
law from selling plant materials that
falsely or misleadingly labeled.

Sex change in cucumbers

Many gardeners don't realize that
cumbers have been undergoing a c
but significant change.

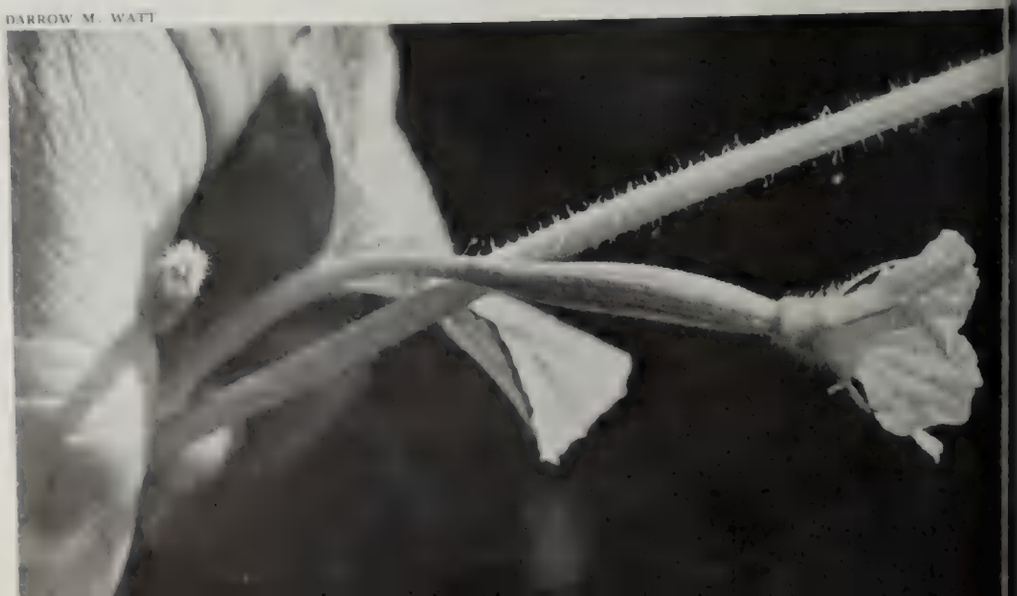
The picture below shows how a cuc
ber is produced by a female flower. U
the last few years all varieties of cuc
ber plants had approximately e
numbers of male and female flo
But lately new varieties have been
veloped which bear only female flo
That means every flower on the p
has the potential to produce a cucum

Besides giving a larger crop of cuc
bers, the all-female varieties have
desirable trait of producing a crop
lier than other varieties. However
cucumbers do tend to be smaller
usual. Somehow, though, the fe
flowers must be pollinated. Includ
packages of seeds of all-female var
are seeds of ordinary male-female p
which will produce enough male flo
for adequate pollination. The see
pollinator plants are sometimes ma
with dye to distinguish them. If
planting at least 10 seeds will us
include enough pollinators.

ELAINE TRAVENICK

It was time *to thin corn, so this frugal young gardener transplanted foot-tall seedlings instead of throwing them away*

DARROW M. WATT



How *cucumber develops: Female flower has been pollinated. Slender ovary attached to it is beginning to swell, will ripen into mature fruit*

vo varieties of all-female slicing cumbers are 'Spartan Valor Hybrid' and ictory.' The latter is a 1972 All-Amer- winner.

al in the fumes

me gardeners mistakenly use pentaorophenol as a wood preservative for ıtainers and raised beds. They are prised when their plants show mysious symptoms of leaf burn. The cult is pentachlorophenol, fumes of ich continue to escape from treated od for many months.

w there is a product sold in many nt stores that you can paint over od treated with pentachlorophenol to l in the fumes and prevent further m to plants. The name of the paint 3-I-N Primer-Sealer, a flat white shel- manufactured by William Zinsser & Two coats applied over treated ɔd will prevent pentachlorophenol ıes from escaping.

ou want to apply a safer preservative untreated wood that is going to be d near plants, get one with a base of per naphthenate. Its fumes won't t plants. Never use any wood preative that contains creosote.

w to transplant corn

young girl transplanting the corn lling in the picture at left is doing something that many experienced gardeners think is impossible. However, she and numerous other gardeners do it and often succeed.

You can try transplanting corn, too, as long as you keep in mind why it's considered so difficult. Corn plants use huge amounts of water, which they absorb from the ground through an extensive root system. When plants get big, it's nearly impossible to dig them up without cutting through this system. However, if you extract the seedlings when they are only 6 to 12 inches tall, you can probably include enough roots to keep them alive.

Dig up a seedling in a clump of soil about a foot wide, transplant it to well spaded soil, press the clump down firmly, and water heavily. You may have to shade the seedling for a few days until it recovers from the shock.

A new demonstration garden

At De Anza College in Cupertino, California, students, faculty, and people of the community have established a very unusual sort of garden. On an acre they have re-created in miniature about seven distinct kinds of natural plant communities—including a redwood forest, grassland, desert, and marsh.

This ambitious undertaking will benefit members of the college as well as the public, for it will serve as a nature study area for students and visitors. Eventually there will probably be guided tours of this unusual garden, but the first time the public will get a chance to see it is on June 3 and 4 when the opening and dedication will take place. Hours for visitors on those days are from 10 A.M. to 6 P.M. De Anza College is located at 21250 Stevens Creek Blvd., Cupertino.

Easier way to sow tiny seeds

On seed racks in some nurseries you can find seeds that are specially treated to make them easier to plant. These seeds are coated to increase their size and dyed with a color to make them easier to see. The coating also contains a fungicide to protect the seeds during germination and nutrients to speed growth of young seedlings.

Because pelleted seeds are easy to hold and see, it isn't as much work to space them the right distance apart at planting time. That means less time spent planting and less time spent later thinning out overcrowded seedlings. Proper spacing also lets young plants grow faster.

Among the vegetables you can get with colored coats are carrots, onions, radishes, and tomatoes. Pelleted flower seeds include sweet alyssum, marigolds, pansies, and portulaca.

JUNE CHECK LIST: *Here is what needs doing*

☐ **Annuals.** You can still set out plants of asters, ageratum, celosia, marigold, petunia, vinca, and zinnia. On hot days, plant in the evening. Water heavily and give plants a sunshade for a few days until they're established. Feed annuals planted last month with a complete fertilizer.

☐ **Container plants.** During hot weather give special attention to plants in containers. Frequently water plants in hanging baskets, raised beds, and pots. If they get a lot of reflected heat from a sunny wall, you may have to water them twice a day and provide some kind of shade for them in the hottest part of the day.

☐ **Feeding.** Almost all plants in your garden will benefit from fertilizer as growth speeds up in warmer weather; however, you may not see the effects immediately. Remember, frequent watering leaches nutrients out of soil in containers, so feed container plants more often than those in the ground.

☐ **Fruit trees.** Protect young fruit trees from summer sunburn either by whitewashing the trunks or by loosely wrapping paper around the trunks. Use newspapers or light-colored cardboard for wrapping and remove the ties if they start to limit new growth.

June is the last month to prune citrus. Prune if your tree is getting too big or losing its shape. Don't remove the lower growth, because that's where most of the fruit will develop.

☐ **Fuchsias.** Finish pinching out buds on new growth. Alternate light weekly feedings of a complete fertilizer with 0-10-10 fertilizer to prepare for flowering.

☐ **Lawns.** Watering your lawn is a main concern now. Soak thoroughly so that water gets down 1 or 2 feet into the soil. That way you may only have to water once a week. When growth slows noticeably, feed with a lawn fertilizer. Don't be surprised if established dichondra lawns look shabby now. It's probably due to the fact that dichondra is making its annual seed crop. It will soon recover and come back stronger because of the emergence of new seedlings.

☐ **Pruning, tying up.** You can probably give chrysanthemums a second pinching now. It will encourage bushy growth. If you haven't pinched them yet and stems are tough, use shears to cut them back to a lower healthy leaf. If you didn't do it at planting time, put stakes beside tomatoes and dahlias, then tie them up as they grow. Don't make the ties too tight or they will girdle the stem.

☐ **Vegetables.** In the Bay Area there's still time to plant beans, beets, carrots, chard, corn, cucumbers, melons, pumpkins, and squash from seed. Finish successive sowings started last month. Set out seedlings of eggplant, peppers, and tomatoes. In interior valleys you can plant beans, carrots, corn and cucumbers from seed.

☐ **Watering.** This is the most important general gardening task you should be doing this month. Mulches will cut down on watering by slowing evaporation. They will also keep roots cool and prevent soil from baking hard. □

The eucalyptus trees you see here are all only six years old

Some people say that on a moonlit night you can see a eucalyptus growing. Maybe not, but here's proof of how fast they can get to where they're going. The eucalyptus on these pages have been growing here only six years.

Some have grown to 20 feet, respectable enough, but others are already 80 feet. That's more than 12 feet a year.

These trees are all at the Irvine campus of the University of California. The campus landscape architects, the firm of Lang and Woods—confirmed eucalyptus fans—specified these trees mainly because so much open space needed to be filled so quickly.

The Irvine trees have had optim care. Planted from gallon cans, t grow in lawns or flower beds where t get lots of water and regular feedings

Even though they're fast, eucalypts also permanent. In the 116 years si eucalyptus were first planted in Calif nia, very few have reached the end their natural life span.

These will get a little taller, but mo they'll just get fatter. For instance, *lehmannii* won't gain much in height its trunk will thicken out to about 3 in diameter.

From seed—the best start

You can start eucalyptus two wa from nursery plants or from seed. F seed is much better. That way you prevent the roots from getting cram as they sometimes do in nursery c You can sow seed this month in f just as you would marigolds (eucaly are almost as easy). In midsum transplant seedlings to small pots early fall, transplant into the ground

California sources for seed are: Roy ter, Box 4006, San Fernando 92 Mistletoe Sales, 247 W. Alamar, S

Instead of going up, *Eucalyptus lehmannii spreads out fast. Its dense, rounded shape makes it good in a patio or as a screen against wind or neighbors. Identify it by urchinlike flower clusters at far left*

Another giant *to be. Eucalyptus camaldulensis grows a little slower. Good in valley and desert. Bowed trunk identifies it*

A graceful, *wispy tree, Eucalyptus macrandra is just right for most small gardens. It won't get much taller than this*

NORMAN A.

These *eucalypts grew from gallon can - sized youngsters to 80-foot-tall giants in just six years. They are Eucalyptus grandis, a near twin of the more common E. saligna, good near the coast and in lawns if you want a tall tree*

PAUL SCHULZ

tus *cladocalyx*
airy. You could
urn in its shade

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NORMAN A. PLATE

How not *to grow a eucalypt:*
20 feet of pipe support
20 feet of spindly trunk

Barbara 93105; Clyde Robin, Box 209
Castro Valley 94546.

Second choice—start with nursery plan

When you buy a eucalyptus in a gall can at a nursery, all you're really buyi are the roots. If they're vigorous and n cramped or doubled back on themselv the tree will grow quick and stron Check thoroughly to see whether t plant is rootbound. Reject it if it is, b cause a rootbound eucalypt will fail y in a few years. Roots on the surface coming out drainage holes definit show a rootbound condition.

If you get a tree home and then find it's rootbound, you can wash all the s off the roots and untangle as many possible. Spread roots out in the plant hole and water thoroughly.

For a sturdy trunk

A eucalyptus trunk should be stu enough not to need staking. If it is bend it down to the ground, making arch of the tree; hold the trunk in arched position by wiring to a rock short stake. New sprouts will grow fr the base and form a new trunk, proba huskier than the original. About a y later, cut off the old arched trunk.

Train tall forest-type eucalypts to a gle trunk. Trees that will grow to m um size, like *Eucalyptus lehmannii*, be single or multitrunked. For a si trunk, cut off side shoots (but not r after planting—leave them on fo while, to help nourish the tree). F multitrunk, cut off the top at 2 fe plenty of side shoots grow beneath. bend it to the ground and start with sprouts.

The shrubby or mallee eucalypts— are shown here—are best left al They'll form dense clumps on their pruning makes them look awkward

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**P.S. The telephone number in our headline is only for California. If you live in New Mexico, call (800) 543-1415. For all other Western states, call (800) 227-0333. Sorry, Alaska and Hawaii, we don't have a number for you yet.*

SCOTTS
The Lawn People

NORMAN A. PLATE

'Yellow Doll' *has become one of the most popular of yellow miniature roses since its introduction 10 years ago. Has good color, form, mildew resistance. This one shares a plant box at John R. Connors home in San Mateo, California*

Thumb-sized roses . . . in pots, in the ground, in the house

Like a baby that delights the eye, a miniature rose can be downright irresistible. It appeals even to adults who have lukewarm feelings toward other roses. It just naturally attracts children because it's little.

Miniatures are not just small flowered like Cecile Brunner roses. In the various varieties, flowers range from ½ to 1½ inches in diameter. Leaves are proportionately small, and so are the plants—from less than 6 to about 18 inches in height.

They are also not just dwarf forms of larger roses. Rather, they are a separate strain, like the tiny deer found in South America. The original ancestor is presumed to be the *Rosa chinensis* brought from the island of Mauritius to Europe very early in the 1800's.

Some say miniatures are hardier than other roses. And even youngsters can learn to grow them quite successfully. We had surprising evidence in last year's *Sunset* Garden Contest.

Eight-year-old Robert Bertain of Redmond, Washington, has been planting, growing, and pruning miniature roses since he was 4. David Swingle, 14, a more advanced plantsman as becomes his age, grows about two dozen miniature roses along with his other garden ornamentals in San Diego. A miniature tree rose recently won him a ribbon in a rose show.

Among the many varieties grown by these boys, we noted that only three appeared on both lists: 'Beauty Secret' (bright red), 'Starina' (orange red), and 'Yellow Doll,' pictured at left. This is not surprising when you learn of the wide choice; almost 100 varieties are currently available from the West's leading wholesaler.

You should be able to find at least a few varieties in a nearby nursery, but if your first search isn't successful and you need the name of the nearest supplier, or if you want to order by mail, write to Ralph Moore, 2519 Noble Ave., Visalia, Calif. 93277.

Where to grow them

Many gardeners leave miniature roses in pots so they can be moved freely.

Indoors they can be kept in a sunny window—it's advisable to turn them every few days. Avoid a location where too much sun might burn them. If the air is dry, you may have to devise some way to increase humidity in their immediate vicinity.

Outdoors, plants can be grouped in large containers. Individual pots (or cans) can be plunged into boxes or plant beds. Or the roses can be planted in the open ground—set slightly deeper than they grew in pots.

Care and pampering

You can do to miniatures just about what you do to other roses. They grow in any garden soil that is reasonably light and loose. They should be fed every four weeks or so with prepared rose food or any complete fertilizer; use about half the amount that you would give a regular rose.

Remember that miniature roses, just because of size, have very shallow roots. Watering can be critical in hot weather. Water often enough to keep the soil moist but not soggy. This may mean daily in California, less often in western Washington. A good mulch helps to conserve water and protect the plant. Watering only in the morning may help you avoid mildew.

In the West's coldest climates, miniature roses outdoors need winter protection: a mounding of earth, a covering of straw or other insulation.

The miniatures may get aphids, which can often be blasted off by a strong stream of water.

Some varieties need fairly frequent pruning during the growing season just to keep them shapely. This is done most easily when you cut blooms for bouquets. In late winter or early spring it's a good idea to cut back the whole plant by about half.

Further pruning and pinching throughout the year is especially needed if you train a miniature as a standard, espalier or climber.

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Blue-purple, *spiky pride of Madeira flowers near Southern California ocean bluffs. Landscape architects are Lang & Wood*

WILLIAM

Wildly assertive and gigantic forget-me-not . . . pride of Madeira

What kind of plant is pride of Madeira? You wouldn't be far off the mark if you called it a wildly assertive forget-me-not. The two plants are related, and close-up comparison of individual flowers shows the similarities; but it is the differences that count.

For most of the year pride of Madeira (*Echium fastuosum*) is a broad, billowing shrub with masses of long, narrowish, gray-green, fuzzy leaves in rosettes at the tip of each branch. It grows quickly into a mass 3 to 6 feet tall and as wide or wider. Old plants can be thinned out to show gnarled, snaky, woody branches; they dip to the ground and rise, so that they seem to be leaning on their elbows.

At blooming season (usually May or June, but it can be earlier or later) each branch end lengthens into a leafy spire topped by a foot or more of tightly packed purple-blue flowers. Out of bloom it is merely picturesque; in bloom it is spectacular.

The flower cluster is worth a close look. It is a huge spike composed of many spikelets, each crowded with small, cup-shaped deep blue flowers. Long, protruding stamens tipped with red anthers and pink unopened buds lend purplish tones to the blue.

In its native Madeira it grows on cliffs near the sea. In California it withstands salt winds, poor soil, and drought, but late frosts can damage developing flower spikes and hard freezes can kill plants outright. It thrives along the coast and in the coastal valleys, but in the latter avoid planting it in frost pockets.

Young plants will need watering; e lished plants can get along with watering inland, none or practi none on the cool coast. Neverth pride of Madeira will survive sun watering if soil is well drained. Ma nance is minimal: Cut off faded fl spikes and trim out dead wood. plants sprawl or, if you wish to them relatively compact, tip-pinc prune lightly.

Pride of Madeira looks most at with rock or some sort of masonry background. In half-wild or inf gardens use it with aloes, native wheats (*Eriogonum*), statice (*Limo perezii*), pelargoniums, and succu Other good companions are spiky-l plants such as yucca, cordyline, New Zealand flax. Compact, clu perennials that take dryish cond are also good; consider blue marg and trailing African daisy. Use a to break up a big expanse of ice or to make an important centerpi a raised planting bed. It is especia fective planted where its spike make a silhouette against a light-c wall or against the sky.

Planted at the top of a wall or pride of Madeira will spill downw time, but the flower spikes will stand stiffly upright.

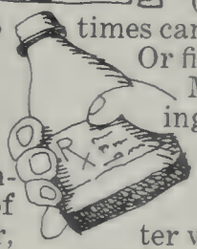
Think of yourself as a burglar.

Which house would you burgle?

To a burglar, the lighted use looks like trouble. Maybe an tomatic timer turned on ose lights at sunset. Or aybe someone's home— s hard to tell. Besides, a rglar wouldn't want to nd out there in the light ing to jimmy a window.

Especially when there are so many nice dark houses to choose from.

A photoelectric attachment will turn an outside it on at sunset and off at sun-e. To light a dangerous flight of irs. And maybe fool a burglar,



Here are some more ways modern lighting can make your home safer and more convenient:

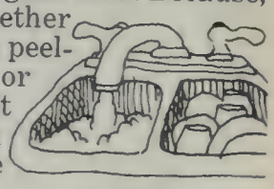
A bathroom mirror lit from both sides eliminates false shadows. (Which you sometimes can't tell from eye shadow. Or five o'clock shadow.)

Modern bathroom lighting also helps when you're trying to tell one prescription from another.

You can brighten counter work areas with fluorescent lights under kitchen cabinets.

It makes food preparation easier, and helps you read recipes, too.

A light directly over the kitchen sink is also a good idea. Because, whether you're peeling potatoes or scouring pots, it helps if you can see what you're doing.



For many more helpful lighting ideas, pick up a copy of "The Light Book" at any PG&E office.

PG and E

Biennials now... for the spring of 1973

A biennial is a plant that sprouts and grows through one summer, then blooms, sets seed, and dies the following spring or summer. If you think that biennials will have to make you a better offer than that, read on.

Why use plants that are short-lived (compared with perennials) and slow to perform (compared to annuals)? One reason offered to thrifty gardeners is that biennials tend to sow themselves; once started, they are always with you—unless you are an exceptionally neat gardener who hoes out all the seedlings.

Another reason for using biennials is that they fill in a bloom gap between spring bulbs and summer annuals. The best reason, however, is that biennials are charming plants in their own right, with old-fashioned opulence and simple, robust good looks.

Now is the time to start them. A long growing season this year means big, hardy plants to set out this fall. You can also look forward to a magnificent bloom next spring and summer.

The safest way to start biennials from seed is to sow in pots or flats of a good growing mix. When seedlings have two sets of true leaves, thin and transplant so that they stand 2 to 3 inches apart in pots or flats. Then set the husky transplants in the ground in early fall. If you can give seedlings extra attention, you can sow seed in a well prepared open ground bed; water and shade them carefully. Thin out seedlings and transplant as before.

East of the Cascade-Sierra divide biennials planted out in the fall should have a light mulch to prevent too frequent freezing and thawing. In the very coldest climates, winter the transplants in a cold frame and set them out as soon as soil can be worked in spring.

If you can't find seeds of the following biennials on seed racks, you can order them from catalogs.

Canterbury bells (*Campanula medium*). Loose clusters of up-facing bells 1 to inches wide grow on plants 2 to 4 feet tall. Colors are white, pink, lilac, blue and purple. The most widely available are the 'Calycanthema' or cup-and-saucer kinds, which have one bell inside a broader, flatter, saucer-shaped bell. Bloom begins in late spring and lasts a long time if you pick off fading flowers.

Daisy, English daisy (*Bellis perennis*). This, the true daisy of Burns, Milton and other English poets, may behave as an annual or a perennial. The wild form can be a persistent, if pretty, lawn pest. However, improved strains make attractive edgings. Low mats of dark green leaves are only an inch or two deep. Double or semidouble white, pink, or red daisies stand a few inches above the mats, each on its own sturdy stalk.

Foxglove (*Digitalis purpurea*). Foxglove succeeds so well in cool coastal areas that it is practically a native. Spikes of tubular flowers may rise to 6 feet above the big rosettes of leaves. Flowers come in purplish rose, lilac, cream, and white and are usually heavily spotted on the inside surfaces. Foxglove is at its taller and stateliest in shade and rich, moist soil. For impatient gardeners there is an annual strain called 'Foxy.'

Sweet William (*Dianthus barbatus*). In its various strains this can be a dwarf (8 to 10 inches) or medium (to inches) dense-growing plant topped with flat clusters of white, pink, red, or bi-colored flowers with a pleasant old-fashioned fragrance. Dwarf kinds are choice in edgings; taller ones are most appropriate in informal borders.

Wallflower (*Cheiranthus cheiri*). Bushy rather stiff-looking 1 to 2 foot plants have big, fragrant clusters of flowers in deep, somber colors such as rich widow's wear—purple, maroon, brown, rose—or in yellow. Wallflower is at its best in cool-summer climates not far from the coast.

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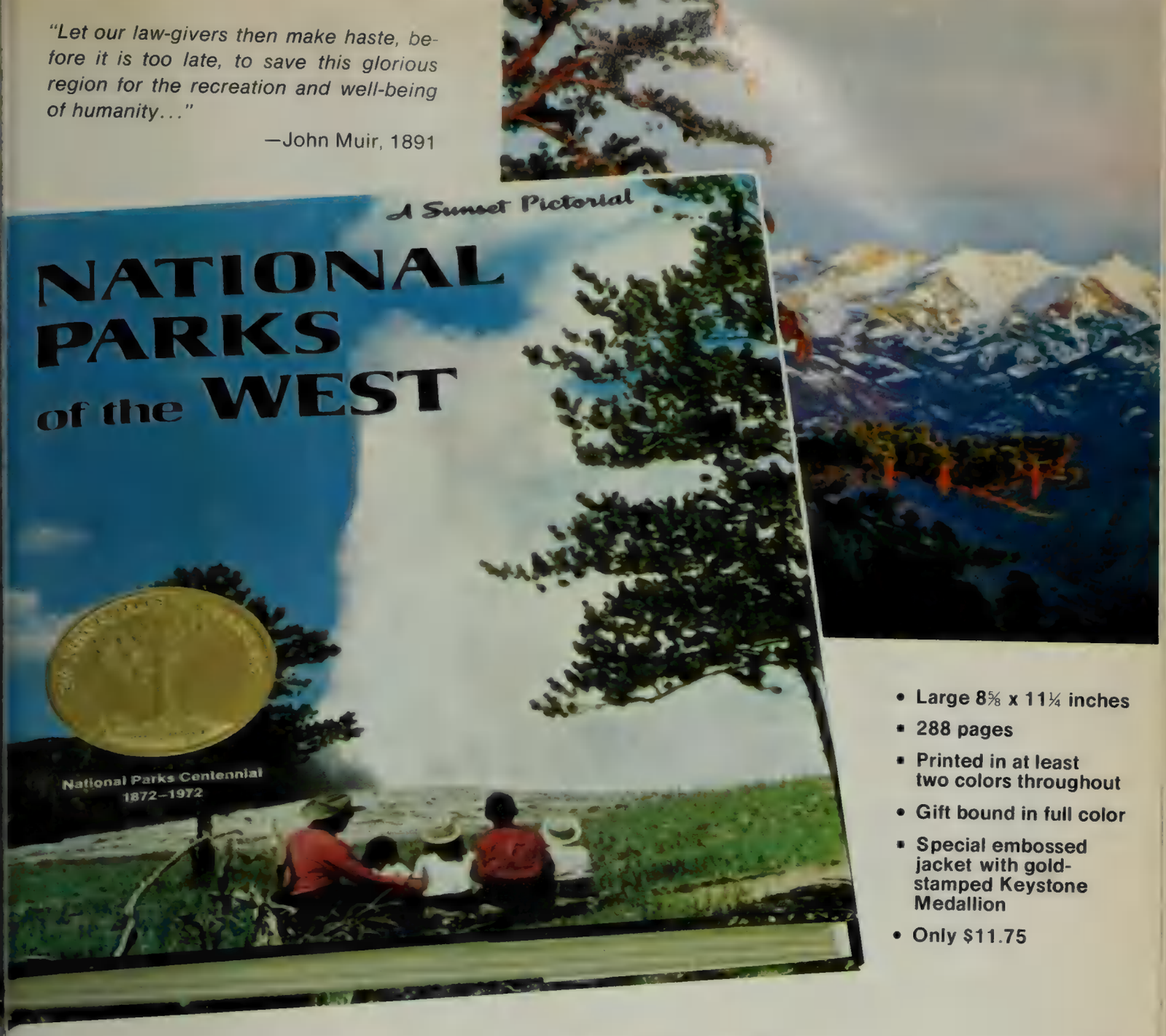
—John Muir, 1891



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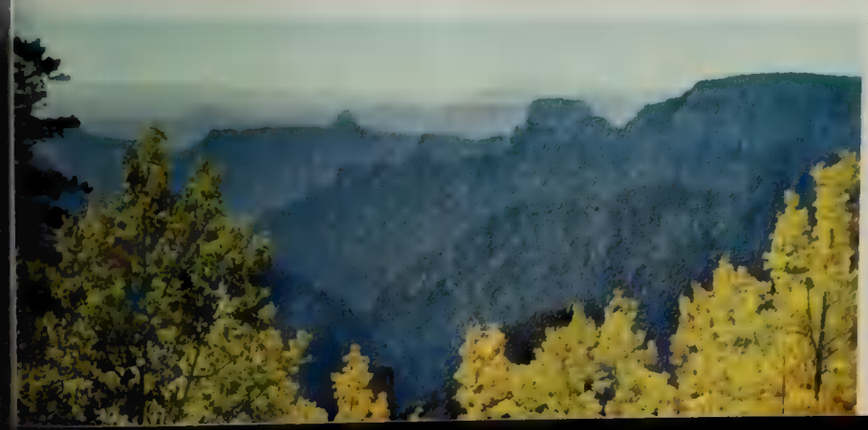
Only now, when the spread of metropolitan areas and the increase in commercialization might otherwise threaten the West's most outstanding natural areas, can we fully appreciate the legislation passed 100 years ago that created Yellowstone National Park—and launched an ever-growing system of environmental preservation. To celebrate the National Parks Centennial, *Sunset* has issued a special commemorative jacket for its recently revised pictorial volume *National Parks of the West*, on which the Keystone Medallion is embossed in gold. With many large photographs in color and in striking duochrome, plus maps, diagrams, and drawings, this book both portrays and describes the West's 22 great Parks. To order your special commemorative copy, see your local book dealer or send coupon below.



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Pollution can be taxing

Some people oppose pollution-stopping measures because they may increase taxes.

The problems of pollution can only be conquered when we, as citizens, recognize that it costs money to fight pollution.

Support government efforts to replace open dumps with sanitary landfills, efficient incinerators, or modern recycling facilities. Urge local officials to provide adequate litter r ceptacles. Encourage communit action for a new sewage treatme plant if it is needed. Support sensib ordinances to govern installation commercial and industrial signs.

Find out what else you, as local citizen, can do to fight pollutic then do it.

Keep America Beautiful
Advertising contributed for the public good

People start pollution. People can stop i

There's an art to harvesting root vegetables

arvesting root vegetables is something e digging buried treasure. Every root something of a surprise in shape and e. And rewards pile up quickly when ch root is large enough (or nearly ge enough) to furnish a dinner por- n. It makes picking peas seem sheer idgery.

/ root vegetables we mean true root getables like carrots, beets, turnips— : bulbs, such as onion and garlic; and : tubers, such as potatoes.)

/ou planted your root vegetables early ough (in March or early April) you uld be ready to harvest some by now. th ample water and nourishment they l have made fast growth during the l weather.

/ou haven't already thinned plants in rows, do so now in order to give aining roots space to spread. At the : thinning, space carrots 1 inch, beets turnips 2 inches apart. You can (and uld) eat the beet and turnip tops, and roots big enough to bother with.

ir first real harvest should be another ning operation. Pull plants so that ones that remain have ample room grow—about 3 inches for carrots, ches for beets and turnips. The young s you pull at this thinning will be of est quality, crisp, succulent, and full avor.

can get a good indication of the of a root by looking at its "shoul- —the portion that barely protrudes e the soil. You can confirm your nate of the root's diameter by prob- around the shoulder with your fin- it does no harm to move away the from the top half-inch of the root.

his second thinning take carrots ½ inch in diameter, beets and turnips ches through.

crops are easy to pull if the soil ll cultivated and reasonably moist. il is baked hard, water it a day or efore you pull. Soil should really be permitted to bake hard; if it root growth slows and flavor suffers. Pull carefully to avoid disturbing neighboring roots.

To harvest quantities of uniformly ripe vegetables, use a spade or spading fork to loosen soil and lift roots. For extra production, you can sow radishes or leaf lettuce in cleared rows if your summer climate is cool enough.

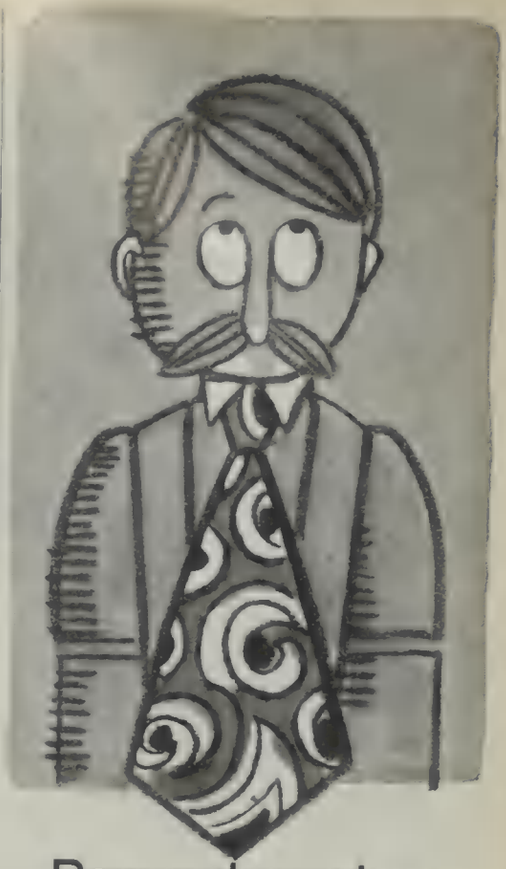
Don't try to set size records with your root crops. The very largest beets and turnips tend to get tough and flavorless as they approach maximum size, and carrots develop big, woody cores.

Exceptions to the rule of digging early and small are rutabagas and parsnips. Rutabagas develop more slowly than turnips and are not usually ready before fall. Parsnips develop more slowly still. Both crops may be left in the ground until needed in fall or early winter.

In cool coastal climates root vegetables grow throughout the year. In the hottest climates they usually do best sown in fall for winter or early spring use. □

BARBARA SCHULTZ

Purple-topped *white turnips at their most succulent stage—2 to 3 inches in diameter. Eat tops, too*



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That way you'll know if a place that's beautiful, magnificent, awe-inspiring, etc., was what you really wanted after all.

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Irish Beach, Dept. S-J
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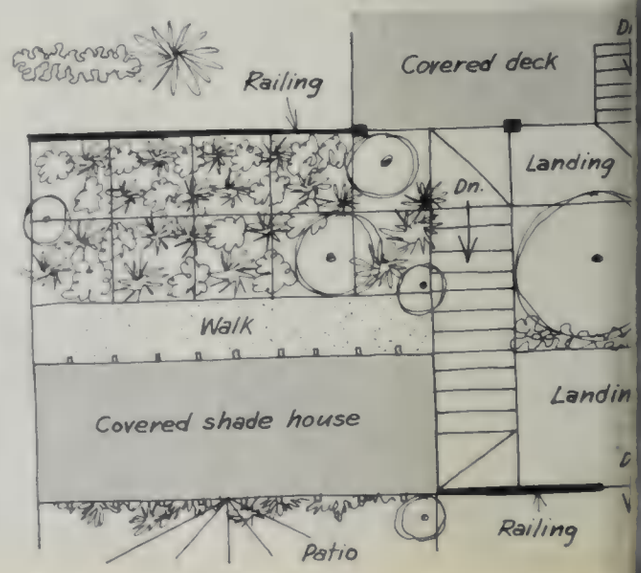
Manchester, CA 95459
Or call (707) 882-2128

DARROW M. WATT

Hillside garden *has shade house at bottom; terraces, roofed deck farther up; pines at top*

Several years of evenings and weekends

The owners of the hillside garden tured above had perseverance. W the Dale K. Macfarlane family mo into their home in San Mateo, Cali nia, 10 years ago, they wanted a gar where they could relax after work. what they had was a steep hillside ered with iceplant. They couldn't af to have someone else plan and pla



Overhead *view of garden shows terraces filled with plants, shade house, covered deck*

(An informative advertisement)

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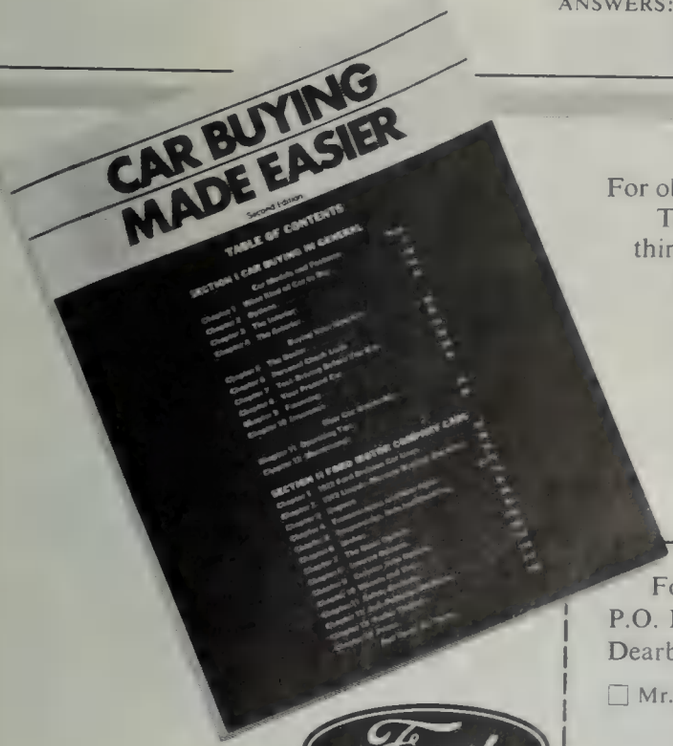

For obvious reasons, Ford wants buying a car to be a pleasant thing. That's why we've written this book. It explains, in simple terms, things you should ponder in the privacy of your own home before going into a dealership. Things like car styles—the advantages and disadvantages of each, what to do with your old car, etc. There's also a section on Ford Motor Company cars—facts, figures and specifications. We'd like to send you a free copy of the book. The way we figure it, if we can help you become a smarter car buyer, we'll get our share of the business. We listen better. And we'd like you to know what we've been doing to build better.

For your free copy, write: Ford Motor Company Listens
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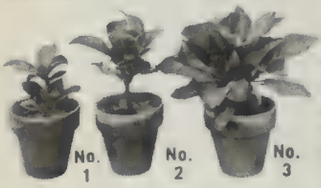

Plant Number 3 received most liquid plant food. Visible improvement was noticed within a few days. There were absolutely no signs of fertilizer burning.

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DARROW M. WA

Spanish *jasmine climbs over of covered deck. B agapanthus blooms at*

garden, so they set out to do it the selves, working evenings and weeken

First, Mr. Macfarlane planted a hou warming gift—12 gallon-can-size M terey pines. It took him two weeks dig holes in the heavy clay soil at the of the hill, but the effort was worth Since planting, the pines have gr large enough to shade the whole gar in the afternoon.

Next, Mr. Macfarlane started work at the bottom of the hill. He be building a wooden retaining wall eral feet uphill from the concrete that forms the base of the shade h and covered patio. Now it's almost scured by the luxuriant growth.

To anchor the wall, he dug a lin holes 2 feet deep and 4 feet apart in rocky soil, using a shovel, post hole ger, and mattock. He set 4 by 4- rough redwood posts in concrete in t holes. He made the rest of the wall 2 by 12-inch rough redwood.

It took several months to complete first wall. But Mr. Macfarlane dec there should be another one farthe the slope, so he set to work again. several years, he built four reta walls before he felt the slope was quately controlled.

While doing all this, Mr. Macfarlane found time to build a shade hous fuchsias and begonias, to make a for the patio next to the kitchen, a nally to build a roof to cover the deck that overlooks San Francisco

Moreover, each time a retaining was completed, the MacFarlanes pl a terrace area above it. Among the they chose were shore junipers, he hydrangeas, and roses. Besides gr fuchsias to show, the Macfarlanes ferns, spider plant, and rosemary.

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1972

Bridge *of old telephone poles and used lumber crosses front entrance fish pond. Water hyacinth float on pond; arborvitae left of pond and New Zealand flax (rear right) help screen out street*

A garden with footbridges...over dry land, over water hyacinths, over goldfish

Meet a gardener who likes footbridges. He is Newell de Roche of Fremont, California. You see his front yard footbridge above. It goes over a pond full of water hyacinths and goldfish. At right is a footbridge in his back yard that simply takes you over dry land between low shrubs.

His front yard footbridge and the pool it spans replaced the front walk and part of the front lawn. The pool and brick walk behind it were placed where they wouldn't disturb existing major plantings. New Zealand flax, arborvitae, and the fine-leafed hypericum and floppy-leafed bergenia below it all remain from the earlier entry garden.

Behind the arborvitae, more of the old lawn has been replaced by a long, shallow mound curving from the house to the sidewalk. It's made from dirt dug out for the pond, and soon it will be covered by the trailing stems and purple flowers of *Vinca minor*.

Water hyacinths, now covering much of the pond, need to be anchored and confined to a small area when there are only a few plants. If the weather is consistently warm, but not scorching, they quickly multiply, and may even produce short stalks of lilac-blue flowers throughout the summer.

Letting water hyacinths crowd their containers in late fall may help a few plants to survive, but where winters are cold you probably will have to buy new plants each year. Because its roots are an ideal spawning ground for fish, this plant is sometimes sold by aquarium or tropical fish dealers.

The back yard footbridge suits the Polynesian atmosphere in that part of the de Roche garden. Delicately textured nandina and rosemary beside the path are dwarf varieties that should remain at a suitable height. □

Series *of raised wooden platforms make path above dwarf nandina and rosemary*

DON NOR

Come back to friendly living at the Villáges

Remember how neighborhoods used to be? Where ır neighbors really knew one another. Where ɜndliness was a way of life. And where people ved to one another.

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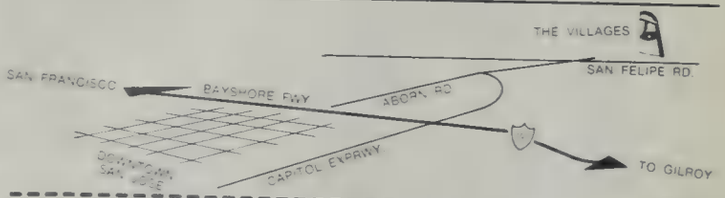

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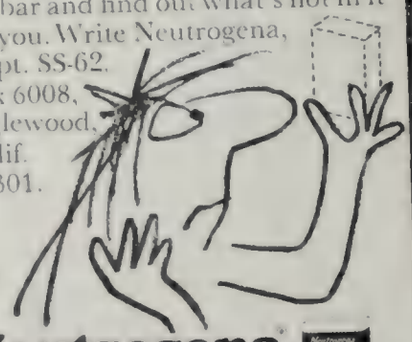

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the under-discovered soap.

Here are June's garden events

Oakland. June 3 and 4. Twelfth annua show and plant sale sponsored by th African Violet Society of the East Ba Place: Lakeside Park Garden Cente 666 Bellevue Ave. Hours: 2 to 6:30 P.M Saturday; 11 A.M. to 6 P.M. Sunda Free. There will be plant culture lectur at 3 P.M. Saturday and at 2:30 P.M Sunday.

Sacramento. June 3 and 4. Annual sho presented by the Sacramento branch the American Fuchsia Society. Plac Garden and Art Center, 3330 McKi ley Blvd. Hours: 2 to 8 P.M. Saturda 10 A.M. to 6 P.M. Sunday. Free.

Eureka. June 11. Eighth annual sh sponsored by the Humboldt Rose S ciety. Place: Home Economics Buildi Redwood Acres Fairgrounds, 3750 H ris St. Hours: 2 to 7 P.M. Free.

Reno. June 12 through 24. Lawn sch sponsored by the University of Neva Hours: 8 A.M. to 5 P.M. Monday throu Saturday. Fee: $89. For informat write to Dr. Joseph Howland, Divis of Plant, Soil, and Water Science, U versity of Nevada, Reno 89507.

Santa Clara. June 15 and 16. Ann show presented by the San Jose bra of the American Fuchsia Society. Pl Sainte Claire Room of the Empori 3051 Stevens Creek Blvd. Hours: 1 P.M. Thursday; 10 A.M. to 9 P.M. day. Free.

Sacramento. June 17 and 18. Sa mento Bromeliad Society show. Pl Garden and Art Center. Hours: 2 P.M. Saturday; 10 A.M. to 6 P.M. day. Free.

Concord. June 24. Show presente the Diablo Valley branch, Amer Fuchsia Society. Place: Sun V Shopping Center, upper mall. Hour A.M. to 6 P.M. Free.

San Francisco. June 24. Fuchsia market" presented by the San Fran branch of the American Fuchsia ciety. Place: Hall of Flowers, Ninth and Lincoln Way, Golden Gate Hours: 10 A.M. until plants are all In addition to fuchsia plants, other and garden plants will be on sale.

Cloverdale. June 24 and 25. Ar garden fair cosponsored by the g clubs of Cloverdale and the Clove Art Commission. Place: Klaiser Pa U.S. Highway 101. Hours: 10 A. dusk. Free.

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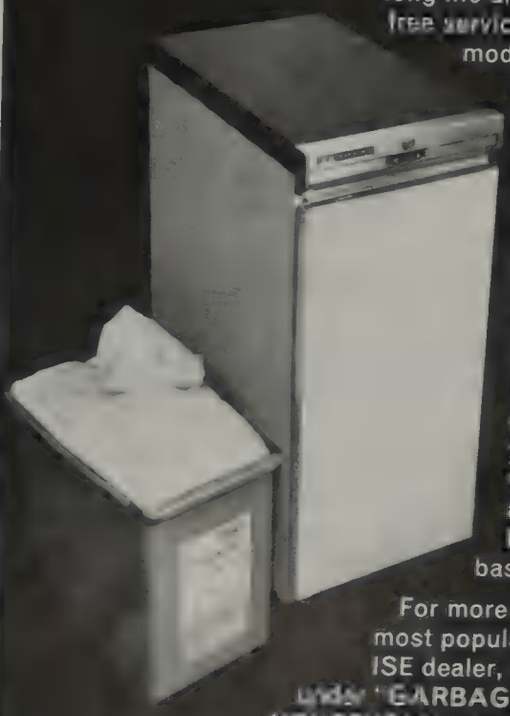

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DARROW M. WATT

Above. *Japanese aralia (Fatsia) leaves show off marguerites.* **Right.** *Pieces of the aralia leafstalk help support leaves in the floral sponge*

Ingenuity helps in arrangements

You don't need a big armful of flowers to make an effective arrangement. You can substitute ingenuity. In fact, you may have to in June if you were late getting in your summer annuals. Here are some tips on how to make the most of what your garden offers.

If you have only a few flowers, or only small flowers, handle them as a jeweler might handle small diamonds—give them impressive settings. The photograph above shows how three rather ordinary short-stemmed marguerites can sparkle against an impressive background. The secret is contrast. With dark, glossy leaves like Japanese aralia, use light-colored blossoms; dark ones will scarcely be visible.

If you want to display dark-colored flowers or flowers of receding colors such as blue or purple, choose silvery or gray foliage as a background.

Leaves can come from shrubs, from big container plants, or from flower beds. Look around for shapes that might be appropriate to the flower and to the container you have in mind. Grassy or sword-shaped foliage is attractive in low containers, especially with a few smooth pebbles or a floating flower or two suggest a water garden.

Consider using branches from trees ar shrubs for arrangements. In early sur mer, plants are in full glory of leaf. Pe haps a branch may have grown over path or into the driveway. Cut lo enough and properly trimmed, such branch can make good filler for a bo quet. If it has a really handsome s houette, it can be the whole show.

Keep an eye open for unusual seed po or fruits. Large-flowered clematis ma feathery whirligigs which hold up well cut before they are thoroughly ri Some flowers or flower clusters dry na rally on their stalks, making papery ev lastings; many of the alliums behave t way. Clustered seed capsules of agapa thus make attractive starry clusters long, stout stems.

If you happen to be dividing tough, d able succulents such as hens and chic try using some of the rosettes in place flowers. They resemble cabbage rose odd shades of silvery green and ja They will last many days even with water and can still survive when plan in the garden later.

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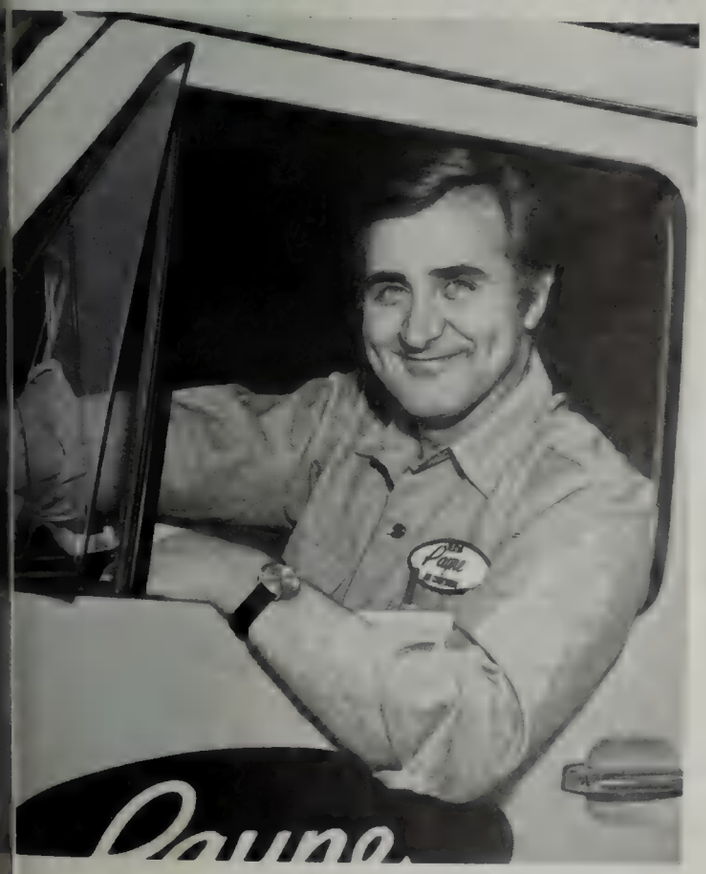

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DARROW M. WATT

Four cucumber *vines wind around 8 by 8 post. Twice weekly, the gardener ties new growth to dowels spaced at random, five to a side*

X-shape. *Grape stakes (6 feet long) form three X's, each braced with wires. Horizontal pieces are 1 by 2's*

NORMAN A. PLAT

Wall leaner. *Three 6-foot 2 by 2's rest against wall. Vines weave in and out of lath crosspieces, need some tying*

Growing vegetables in the air . . . here are trellis ideas

Why train a viny vegetable to grow up when it would be just as content to spread along the ground?

For one thing, simple trellises like these save space. That's important when space is limited, and you grow vigorous, wide-spreading vines—such as cucumbers (particularly Armenian and Japanese), gourds, and even melons and pumpkins if you can support their fruit.

For another thing, a trellis can introduce an unusual shape into a garden.

The offbeat trellis shown above left, devised by landscape architect Jack Chandler, is as practical as the two more straightforward types at right. It's easy to put together and very permanent, and the cucumbers find that the shape suits their style of climbing. The post is imbedded a foot deep in the ground. The ¾-inch dowels—from 12 to 20 in long—are rammed into holes drilled inches in the post.

Install a trellis before you plant and seeds a few inches from its base. can put one in after planting, but care not to disturb roots.

Tie the vine to the trellis with clo stretchy, plastic tape, rather than or string, which may cut tender ste

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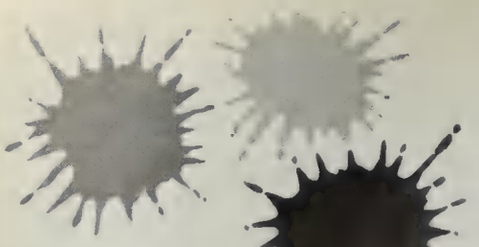

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Flat section *of roof at William C. Davis home in San Rafael, California, holds containers for tomatoes and other vegetables; young cucumber plants are starting to grow in box at right*

What's going on up there? Roof gardening

One gardener who couldn't find a good spot in her yard for vegetables found a place to plant them right above her head. Mrs. William Davis decided to try to grow vegetables in containers on the roof of her house when she discovered that the soil in her tiny back yard consisted mostly of rocks and heavy clay. She learned that rooftop gardens are one way to get around a shortage of yard space, but not without some difficulties.

In wooden boxes discarded by store-owners, she put a soil mix of one part sandy loam and two parts decomposed horse manure and sawdust. Mrs. Davis planted seeds of beets, cabbages, cantaloupe, carrots, cucumbers, lettuce, radishes, watermelon, and zucchini. She set out seedlings of chives, green peppers, and two kinds of tomatoes. She got good results from most vegetables, but the carrots, lettuce, zucchini, and regular-sized tomatoes were failures.

Mrs. Davis found several advantages rooftop gardening. Plants were in direct sun all day. The black tar roof material absorbed heat and helped warm the containers. Competition fr weeds was reduced almost to zero. rich, uniform soil mix in the contair made the vegetables grow fast.

There were some disadvantages, h ever. The soil in the boxes did not h much moisture, so the plants had to watered daily in hot weather. This m that Mrs. Davis had to climb up a st ladder dragging a hose each day. M over, the Davis home is located i windy valley. On the roof without shelter, the plants were blasted e afternoon by hot, dry winds, wh made it especially difficult to su them with enough water.

The most significant problem is th tar and gravel roof may be damage walking on it, although Mrs. Davis ports that her roof did not leak winter. If you want to do vegetable dening on a flat roof, the best thin do is make a walkway of long plank lay on the roof surface. Also put tainers on long planks so that weig evenly distributed.

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ELLS MARUGG

Fuchsias fill formerly wasted space between two garages. Fiberglass roof cuts intensity of sun and heat

Two dauntless 16-year-olds make their own fuchsia climates

DARROW M. WATT

In north-facing *lathhouse shown above and at far left, Fred Bocceri grows a variety of fuchsias and begonias. Close-up at immediate left shows overhead misting device that keeps air cool and moist on hot days*

Above. *The lathhouse door keeps a pesky cat away from the pots.* **Right.** *Outside his bedroom window Rick Catron waters a fuchsia*

ie people live in an area where they could grow fuchsias ne weather weren't so hot. This was the case with two ng men in inland parts of northern California—but they successful with fuchsias anyway, because they created icial coastal climates.

ı were 16 years old when they began to grow fuchsias in est two years ago. Both use a soil with a redwood com- as a base. Both follow the classic fuchsia culture; fertiliz- watering heavily, and pinching off much new growth to note flowering and bushiness. Their fuchsias span the full e of colors: orange, pink, purple, red, white. Rick Catron in Concord, where summer temperatures go into the 80's 90's. To reduce the heat, Rick built a lathhouse, shown at above. Between the house and a fence, it straddles a rete walk once used only for firewood storage. He added oot extension to the 5-foot slat fence and covered the top laths set ¾ inch apart. Then he planted some 150 fuch- n clay or plastic pots, which sit on shelves or hang from oof. In summer he waters the plants by hand at least a day.

Bocceri lives in Sacramento, where temperatures can get higher—over 100°. He grows many of his fuchsias under nslucent fiberglass roof spanning an area between two es. He grows other fuchsias—and other plants—in a ouse between a fence and the lawn. To keep the fuchsias burning up, in both areas he built an overhead watering n that sprays a foggy mist over the plants while the sun ning on them.

inkler system like Fred Bocceri's is quite easy to build. The fog nozzles, designed to spray insecticide on row plants, can be obtained from some orchard supply dealers. You can also use other kinds of fogging nozzles available at nurseries and garden supply centers. Hardware stores sell threaded adapters to attach these nozzles to pipes.

The pipe and joints for the system are plastic; they can be cut with a hacksaw and glued together with plastic cement. Don't screw the nozzles too tightly to the pipe fitting; they clog easily and must be taken off to be cleaned. Attach a hose connection to the pipe so that you can take the hose on and off at will.

Each fog nozzle uses about 2½ gallons of water per hour. Turn on the sprinkler in the hottest part of the day. Don't turn it off too soon, for if the plants are in direct sunlight the foliage may get scorched. And be sure to water the fuchsia roots separately and heavily. As long as soil drains well it is almost impossible to water fuchsias too much. □

Growing stems *and expanding leaves of young kiwi vine are covered with sparkling plush of bright red hairs*

Creamy white *flowers of kiwi. Center rosette of pistils indicates female flower*

What are your chances of success with kiwis? Here are case histories

A little more than two years ago *Sunse* reported on the kiwi vine, which had re cently become available in nurseries fo sale to people who were interested i growing their own kiwi fruit. What ha happened since then?

Let's take a quick look at the past be fore bringing the kiwi up to date. Th kiwi (or kiwi berry, or Chinese goose berry, or yangtao) is the fruit of a bi deciduous Chinese vine named *Actinidi chinensis*. This fruit is brown, hairy, an either unattractive or interesting, d pending on the viewer's prejudices; b beneath the furry coat there is jad green flesh of great beauty and remar ably luscious flavor.

Vines of *Actinidia chinensis* have grow in the West for years, usually sing vines planted as arbor or fence cov for their attractive foliage and flowe Such vines fruit only if (a) they are male plants and (b) a male plant in t vicinity blooms at the same time—a c incidence that you may have to h along. If you want fruit you'll have buy and plant at least two vines, a m and a female; of course one male v can pollinate many fruiting vines.

Readers from many parts of the W have shared their experiences with k vines with us. Here are some that are structive:

In Tacoma, Washington, Mrs. Ag Cook grew kiwi vines from seed took from fruits from the market. At years of age the two vines give the l shade you see in the picture on the r page. The vines have not bloomed so it is not possible to determine whe both sexes are present. Even if they d fruit, the rich green, 5 to 8-inch-v leaves and 1½ to 2-inch flowers wil decorative.

In Fresno, California, Mr. and Larry Green planted four kiwi vin male and one each of three fru

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Young fruits *show remnants of pistils at ends, stamens nearer fruit stem*

MICHAEL TILDEN

Fruits *have reached nearly full size by late August, but are not ready to pick until December*

DOUG WILSON

Two kiwi *vines cover an arbor in Tacoma, Washington. These grew from seed planted five years ago, have not fruited*

kinds, at the corner of a large arbor-trellis. Their primary aim was to shade the hot west side of the house and create a cool bower, but they also wanted fruit. A year after planting, vines are beginning to provide shade. Late frosts that damaged grapes this spring caused only minor leaf damage to one kiwi that had leafed out.

In Sherman Oaks, California, Royal McCabe has harvested two light crops from his kiwi vines and hopes for a heavy crop this winter. Mr. McCabe's vines were sent to him from New Zealand by a relative. He feels that he would have had a heavy crop earlier if he had not been forced to move the plants two years ago. The vines were moved in February with as much earth as possible on the roots; they survived handily, but had to be cut back to balance tops with roots.

Fruiting varieties obtainable are 'Abbott' (medium large, densely furry fruits); 'Bruno' (oddly elongated, smallish fruit); 'Chico' (with 'Hayward' the biggest and best fruits); 'Hayward' (similar to, possibly the same plant as, 'Chico'); and 'Monty' (vigorous grower, heavy bearer). Some growers sell cutting-grown plants, others grafted or budded plants. Each method has advantages and disadvantages; nurseries tend to favor cuttings.

Vallombrosa Nursery, 1170 Vallombrosa Ave., Chico, Calif. 95926 sells plants of all these (plus male plants and seedlings) in 4-inch peat pots. These cost $2.45 for female plants, $3.45 for m at the nursery. Postpaid by United cel Service, females are $2.95, m $3.95, including packing, shipping, sales tax.

Hubbard's West Side Gardens, 412 Sixth Ave., Chico 95926 has gallon size 'Chico' and male plants for nur sale. Uniform price for plants is $ They will ship and bill you for cr and shipping charges.

Carman's Nursery, 16201 Mozart Los Gatos, Calif. 95030 stocks ga can-size 'Bruno,' 'Hayward,' 'Mc and male plants, and seedlings. The pect to ship plants bare-root next mant season (probably mid-Decemb mid-February).

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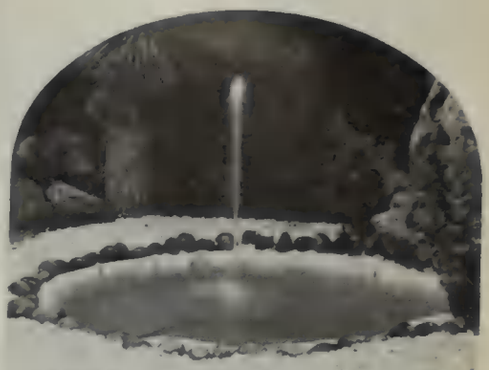

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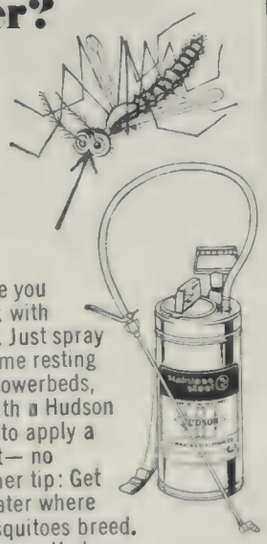

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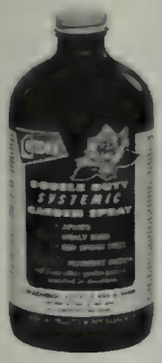

INTENSIFIED FORMULA
- Meta-Systox-R 5%
- Karathane 2%
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ulsifies instantly with water.
ti-purpose systemic/insecti-
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COOKE DOUBLE DUTY SYSTEMIC GARDEN SPRAY
RECOMMENDED BY GARDEN EXPERTS

NEW! Easy Aerosol SPOT WEEDER

Kills Broadleaf Weeds With One Quick Spray!

Germain's new, effective formula kills dandelion, plantain, clover, chickweed and over 25 other broadleaf weeds with one short burst from our new 20 oz. aerosol can. Spot Weeder contains new, patented Trimec for maximum control of unsightly lawn intruders. New aerosol can is factory sealed with tamper-proof cap for safety. Finger deflector on spray nozzle protects user from overspray. Keep your lawn free from weeds the quick and easy way with Spot Weeder, now at garden centers everywhere!

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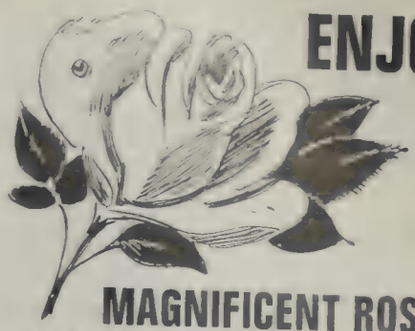

MAGNIFICENT ROSES with LUXURIANT FOLIAGE

New, fast acting PARNON® fungicide spray formula with wetting and sticking agents wipes out and prevents rose-killing, powdery mildew fungus. Leaves foliage clean and sparkling. Lasting protection! Economical! TM Eli Lilly & Co.

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DOGGONE BOMB

DOGGONE BOMB will protect your plants. hange pets habits. Is not injurious to animals. Effective for cats too.

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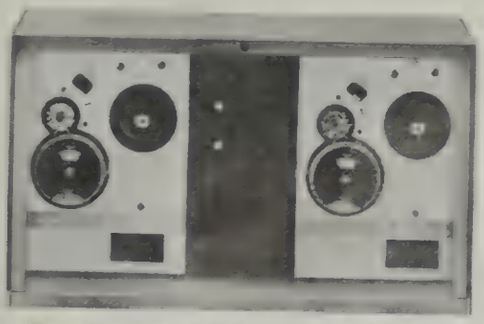

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This 16 x 16 x 5 GALVANIZED MESH SIFTER will be indispensable in all your gardening . . . many other uses. Your name on wood frame. Only $9.97, add $1.50 handl. & p.p. Calif. add 50¢ tax. Send check or M.O. to:
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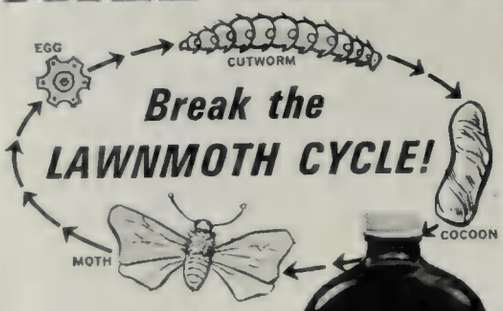
KILL DICHONDRA-EATING GRASS-SPOILING CUTWORMS FAST!



Save your dichondra and grass lawns!

New, fast-acting AKTON® plus DDVP formula won't wash away by rain or routine watering. Protects lawns for weeks. **Easy to use! Economical.**

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RECOMMENDED BY TURF EXPERTS

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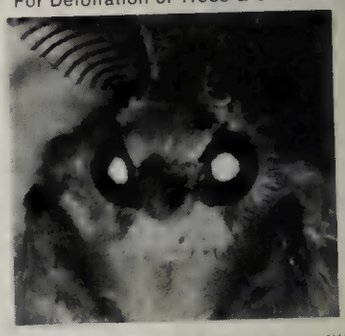
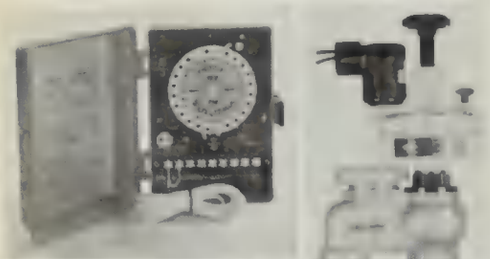
For Defoliation of Trees & Shrubs



The Gypsy Moth—It defoliated two million acres of trees in the Northeast last summer, and hitchhiking moths (eggs) were found at Calif. inspection stations last fall. Only defense is *early detection*...pinpointing the gypsy moth while it is confined to a limited area. A Gypsy Moth Detection Kit is the only effective early warning system for finding the male moth during its adult (flying) life stage (June-Sept.). Kit contains trap, attractant, color photo of adult male moth, and instructions for notifying agricultural officials if a moth is caught. Price $2.95. Calif. residents add 15¢ tax. Order by mail from Zoecon Corp., 975 California Ave., Palo Alto, Calif. 94304.



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AUTOMATIC SPRINKLER SYSTEM

Leaders in automatic lawn sprinkler equipment for over 12 years—and by far the most economical! Costs only pennies per month to add to new systems or existing systems. Save on water bills. Automatically waters your lawn while you are at home or away. Set and forget. No expensive plumbing or wiring changes needed. All 24 Volt. Waters with precision—no run-off. So simple to install, do it yourself! Write or phone for name and address of nearest dealer. Mfg. by **Richdel, Inc.**, 1235 W. Glenoaks Bl., Glendale, Calif. 91201. Phone: (213) 245-7271.

Simplicity — Dependability — Economy

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GARDENING APRON

Put style in your outdoor & indoor gardening. Green velvet 1½ inch straps, hand screened Bruegel print, double stitched duck and three spacious pockets comprise the most elegant and durable apron on the market. Completely washable. Choice of three vibrant colors: red, olive or blue. **$5. 00** ppd.

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[illegible] greenhouse, patios and balconies
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Kills flies, gnats, moths, mosquitoes, spiders.

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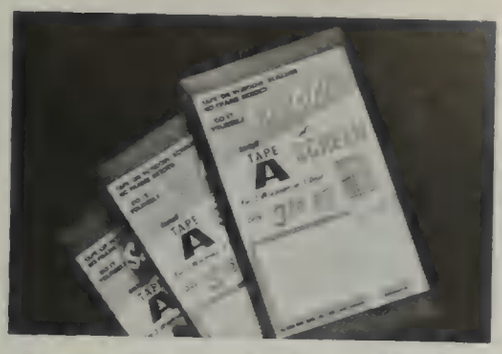
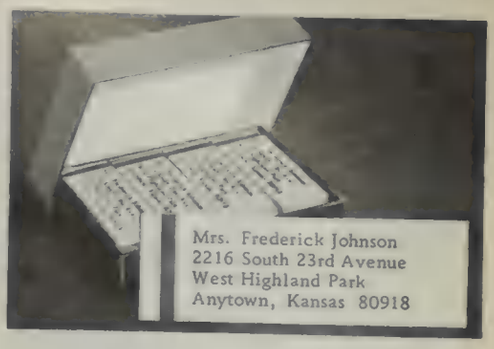
deal for retaining walls, raised flower beds, c. *Big, bold, rugged* Railroad Ties function ith amazing grace when used with other ood, masonry, material and plants. The best r rustic garden work. Treated Ties 7"x8"x6', .00–$3.50 each. Garden steps (sawed Ties), 1 Grade 2', 3', 4', 5', 6', 65¢ a ft. (#2 Grade, ¢ a ft.) *A & K Railroad Materials, Inc.*, 3488 elen Street, Oakland, CA 94608. Phone (415) 5-3272. Open Monday-Saturday. Delivery ailable.



Tape on Screen—No Frame Needed

No frame or screws needed. Contains 36" x 84" strong fiberglass screen cloth; 25 lin. ft. of super sensitive double-faced tape. Screens 3 windows or 1 door. Simply apply tape around perimeter to be screened, stick screen cloth on exposed side of tape, trim off excess screen. Send check or money order for $3.98 ppd., (Washington residents add 20¢ sales tax) to *Al-Dor-Win Manufacturing Company, Inc.*, 2502 South "C" Street, Tacoma, Washington 98402.



1000 Return Address Labels—$1

Quick and easy way to put your name and return address on letters, checks, etc. Any name, address and Zip code up to 4 lines, beautifully printed in black on white gummed labels. 2 inches long. Set of 1000 labels, $1 postpaid. Free handy box for purse or desk. Don't know your Zip code? We'll look it up for you. Money back if not pleased. Send order to Walter Drake. 3076 Drake Building, Colorado Springs, Colo. 80901. Send for free catalog full of exciting new mail order finds.

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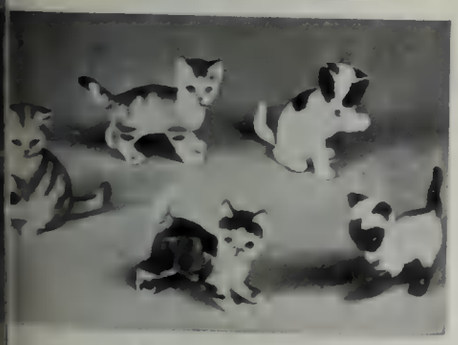
Beautiful color and quality research by Martin Senour. Easy, artistic conversion of old pieces needing something to take their place in home or office. Stripping unnecessary. Clean up with soap and water. Do something beautiful for old tables, chairs, cabinets, panelling; fine for new unfinished furniture. Send for color card. Kit includes Brush and instr. book. $4.95 plus Cal. Tax. Dlr. inqr. invited. Ken Collins Distributor, Box 747, San Francisco, Calif. 94101. 415-431-0556.

Patio Fireplace, Barbecue or Planter

Versatile! Use it the year around. It is a superb decorative addition to any patio or yard. Pressed from heavy weight gauge steel. 36 inches diameter. 14 inches high. Pipe legs. Handles. Casters optional. Heat resistant black finish. With pipe legs, $34.50. With casters, $42.50 F.O.B. Seattle. No C.O.D.'s. Weight, approximately 65 lbs. Shipped freight collect. Seattle Boiler Works, 5237 East Marginal Way South, Seattle, Washington 98134. Established 1889.

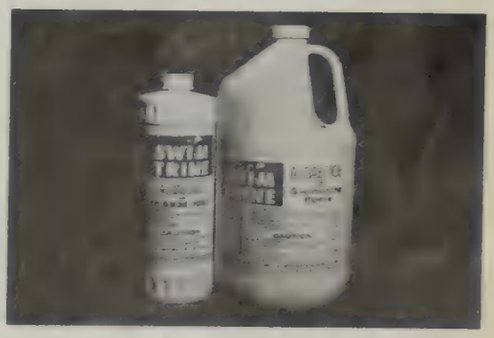


Collector's Items For Cat Lovers

adorable selection of 5 Bone China cats collecting and gifting. All are delicately red and each strikes a different pose. se 2½" high statuettes truly capture the uely feline characteristics of cats. Add m and beauty to any shelf, mantel, book- or tabletop in your home with this attrac- playful set. Only $3.25 plus 25¢ postage handling. Send check or money order to . Mills & Co., 2637 Centinela Ave., Santa ica, California 90405.

Floating Boat Shelter

Simple to erect 11' by 24' pre-fab shelter. Laminated Douglas Fir roof arches insure a durable, long-lasting structure. Gas proof Insulfoam float logs. All wood members are treated with pentachloro-phenol preservative, stained green. Specify your choice of roofing: fiberglass or aluminum in green, white or tan. $395.00. (Washington residents add $19.85 sales tax.) Send check or Money Order to: *B & E Structures*, P.O. Box 55090, Dept. 132, Seattle, Washington 98155.



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New, safe, convenient, effective, easy to apply Swimtrine for algae control in swimming pools. No waiting period. Remains in solution for longer lasting effect. Very economical: only 2 ounces per each 5000 gallons for first application, only 1 ounce thereafter. Quart $7.95, Gallon $25.00, both postpaid. Add 5% sales tax in California. At dealers or direct. Free brochure. Write, send check or M.O. to Ramsey Seed, Inc., P. O. Box 352, Manteca, Ca. 95336.

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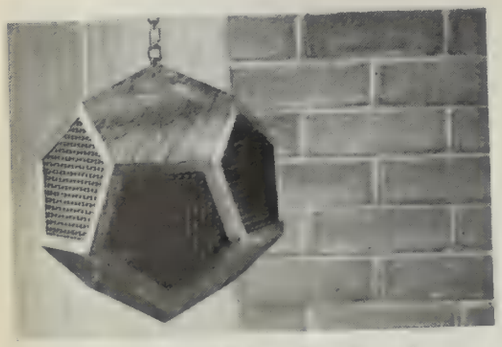

Decorative Hi Fidelity Speaker

Hand crafted inlaid teak speaker — $180. Stereo equalizer (not shown) — $50. FOB factory. Shipping wt. 20 lbs./4 lbs. Six full range acoustic suspension speakers in each enclosure. 360° Full Sound. 75 watts IHF per speaker! 40 Hz to 17 kHz. *Money back guarantee.* Approx. size 12" dia. Send check or M.O. for full amount and we pay postage *or:* $25 and balance C.O.D. (California residents add 5%). JerFrank, 1539 Greene Drive, San Jose, CA 95129.

Thistle Glasses, for Wine & Brandy

These charming glasses of German Ancestry are made exclusively for us in the U.S.A. The graceful flair at the top makes them delightful to drink from, and the in-curve of the bowl concentrates the wine bouquet. 11-oz. size for serving any table wine, 7¼" high, Set of 6, $14.95 ppd. 5-oz. size for dessert wine or brandy, 6" high, Set of 6, $13.95 ppd. (Cal. Res. add 5% S. Tax). Free Catalog of other traditional wine glasses. *Wine Glasses*, Box 732-S, Sausalito, CA 94965.

1000 Name & Address Labels $1

Finest quality gummed labels. 1000 Hand Labels $1. Gold Gummed Labels Deluxe si 2x¾—250 labels with 125 *Self Adhesive* In tials set $3.00. *Quik-Stik* self adhesive label Sticks on any surface: glass, metal, plastic 500 labels $2.00. Deluxe size 2x¾—300 f $2.50. Homespun Labels colored borders—30 for $2.00. Include 10¢ postage plus 5% tax p order. Write for money-raising plan for clu *Free Gift Catalog*. Handy Labels, 623 Jasp son Bldg., Culver City, California 90230.

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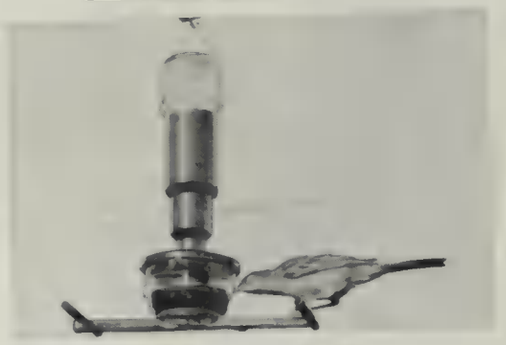
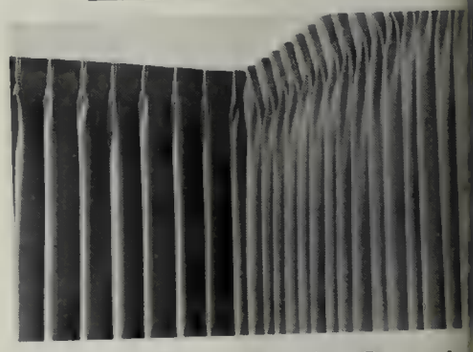
Pre-cut, "knocked-down," do-it-yourself dock and swim float kits with Insulfoam flotation logs. All "select merchantable" and "D clear" grade cedar lumber treated with pentachlorophenol wood preservative, and stained light green. All you need is a hammer! Kits available in 3 sizes: 5' x 10' @ $121.00; 6' x 12' @ $180.00; 10' x 12' @ $237.00 per section. Applicable sales tax & freight extra. For additional information & plans write: Western Insulfoam, 3518 Iowa Ave. S.W., Seattle, Wash. 98106.



Oriole "Fun-Bar"

This exclusive Feeder will attract Fun-Loving Golden Orioles to your garden or patio (actual photo). Hang anywhere, then watch the fun. Orioles are not only beautiful, but "characters" as well. An unusual gift any time. No rust, easy to clean. Guaranteed. Instructions. $4.95 plus 40¢ handling. In California add 25¢ tax. No COD's. Hummingbird Heaven, 10726-S Samoa Ave., Tujunga, CA 91042. Our 17th Year! (Makers of the famous "Hummy-Bird Bar."®)



Save On Elegant Seamless Draperie

No seams to show or sew—so draperies h in deep rich folds! Create your own cust draperies or we make them to your meas ments, with unique 10 ft. wide fabrics $3. yard & up. Save up to 50%! Pre-shrunk machine washable. Excellent fabric selectio natural, white or custom color-matched your sample. Send 50¢ for portfolio of swat ($1.00 for special handling). Homespun Ho 9022-B, Lindblade, Culver City, Califo 90230. Also in San Francisco.

Miracle, Plastic-like Finish

Devoe adds the new supercoating Mirrothane® Polyurethane Varnish to its line of fine finishes. A crystal-clear, long-lasting gloss or satin it resists acid, water stains, alcohol, abrasion, and chipping. Mirrothane Polyurethane Varnish protects floors, kitchen cabinets, cocktail tables, garden furniture, play equipment and tools. Suggested retail $2.85 Qt., $9.75 Gal. See your Devoe Paint dealer, or write: Devoe Paint, Celanese Coatings Co., Louisville, Ky. 40202. No COD's.

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Yes, now, you too can swim & join the water fun with regist. *Swim-Ezy*®, the only U.S. Pat. approved invisible swim aid (not a life preserver). Only 4 oz., 1/25" thin, it is invisible under swim suit or trunks. It will help you to swim quickly, easily, even if you can't swim a stroke now. Hundred thousands of satisfied users. Send $10.95+45¢ pp. or Airmail 80¢, in Ca. add 55¢ tax. Give Waist size, sex. You must swim. 10 day money back guar. Swim-Ezy, Dept. S-397, Altadena, CA 91001.

Easi-Clean™ Nylon Beaters

Now new and safe Easi-Clean™ Beaters give you open ends for easy cleaning better mixing because they are better any metal beaters. These Dupont Nylon breakable beaters mix faster and more oughly. Their flexible tines conform to sides for complete mixing and quiet o tion. And, more important, they leav metal aftertaste. One size fits all por model food mixers. Send $3 to The P.O. Box 1310, Yuma, Ariz. 85364.

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People Watchers

'and painted in Europe, these finely detailed odels of actual European decoys deserve n ominent place in the home or office of any ortsman or collector. Your choice of . . . gift xed marsh and shore birds, gracefully life zed, or realistic miniature duck decoys. From ght: Godwit, $5.98 ea.; Snipe, $4.75 ea.; from p: Woodduck, Mallard, and Pintail: $4.98 . (drake & hen). 3 prs., $12.95. Postage Preid. Many more for home & garden, free cat. -Koys Int., 2107 Ebbesen, San Jose, CA 95124.

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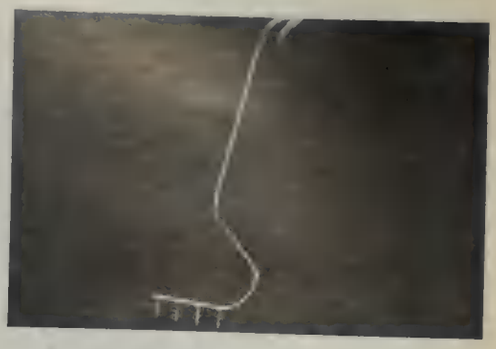
New! Unique dispenser delivers a napkin at the touch of a finger. Avoids waste and untidiness. Adds convenience to dining room, kitchen, patio . . . or camping. Uses standard size napkins and is easy to fill. For table or wall mount. Specify color: Avocado, Gold or Tangerine with white trim; or White with avocado or tangerine trim. $2.99 ppd. Cal. res. add 5% tax. Money-back guarantee. W. J. Hollingsworth Co., 1720 Mission Street, Santa Cruz, Calif. 95060.



Aerate Your Lawn with One Hand

For a plush green lawn attach this lightweight Ken-Greenit® Aerator to your garden hose. Watch 4 water jets speedily break up tough soil, including hard pan, 6-8″ deep, allowing water, air, and fertilizer to instantly penetrate to grass roots where it is needed. Eliminates costly soil penetrants. Uncond. Guarantee to beautify your lawn. Pat. Pend. $9.95, includes postage. Calif. res. add 50¢ tax. No COD's. Ken-Doit Co., P.O. Box 20624, San Diego, CA 92108.

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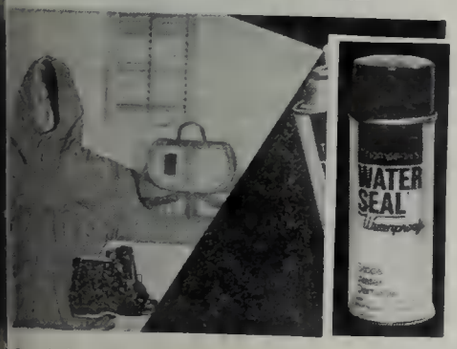
y Initial, American Flag, Pine, Gull, Palm, adrunner, Saguaro, Rose. (Also available Texas Flag, Maple Tree, Treble Clef, Pal-.) Up to 20 letters per line, 4 lines. Printed black on White or Gold gummed labels 1½ ½″. Packed in plastic box. 500 on white or on gold for $2 postpaid. Or on Deluxe size, x ⅝″ for $3. Specify Initial or Design red. Air mail, add 33¢. Useful gifts catalog, . Bruce Bolind, 46 Bolind Building, Boul-Colorado 80302. Thank you kindly!

Simply Sandal-ous!

Slip into these glove elk cross-vamp sandals, like wearing gloves on your feet! Kraus Originals of unexcelled craftsmanship . . . the happiest, snappiest sandal ever! Fabulous for city, home . . . dancing or prancing. Black, white, bone, lime, orange, olive, light or hot pink, yellow, coffee, navy, light blue, red, even sizes 5 thru 10, M width, $10 ppd. (white, bone sizes 11–12, add $1). Gold or silver $10. (In Wn. add 5% tax.) Send check or M.O.: Chester Beard Shoes, 2716 Colby, Everett, Wn. 98201.

Roman Sculpture Chess Set

This elegant chess set is truly a collector's item. Based on the characters of ancient Rome, each is a minutely detailed exact copy of Roman sculpture. Molded from high impact plastic, the King represents Augustus and is over 4″ high; the rest of the chessmen are in perfect proportion. Included are chessboard, historical booklet and rules. Only $7.98 plus 50¢ postage and handling. Send check or M.O. to J. E. Mills & Co., 2637 Centinela Ave., Santa Monica, Calif. 90405.



No More Wet Shoes or Clothing

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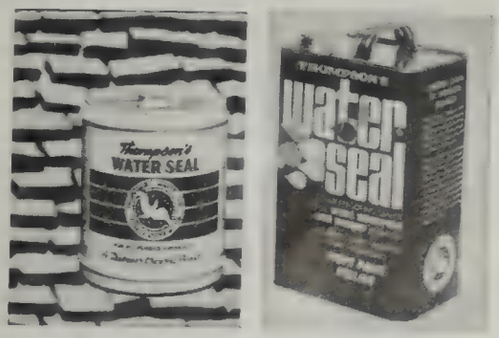

Weatherproof Your Shingles

Deep penetrating, colorless Thompson's Water Seal positively waterproofs shingle or shake roofs, prevents curling, shrinking or splitting. It preserves the natural color of the wood, retards weathering caused by sun and moisture, makes old shingles snap back to life, look newer, last longer. Apply by brush, roller, or spray. At paint, hardware or lumber dealers, or direct. Gal. $5.95. 5 Gals. $28.25 ppd., tax incl. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA 94109. No COD's please.

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It's called *Coprosma kirkii*. Although it came from New Zealand where there is no hot-dry climate, it seems to do well in at least some of California's hot-summer, cold-winter valleys—generally those north of the Tehachapis. If you look farther south in inland California, you find its performance less impressive. But it is good the entire length of the coast—a marine climate is just like home to a coprosma.

This adaptable ground cover can take sun or part shade, much or little water, and most soils. It's a notable success along freeways where air is gusty and oily and care is minimal. It does not get eaten by insects, mites, slugs, or snails. Even chickens don't like it much.

The leaves are skinny ovals ¼ to 1 inch long. On top they shine like enamel, a deep forest green. On the bottom they are lighter green and slightly less shiny. The total effect, however, especially in large sunny areas, is one of a gray-green color similar to the gray-green of many kinds of junipers.

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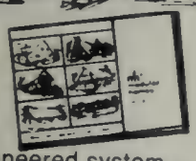

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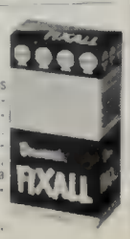

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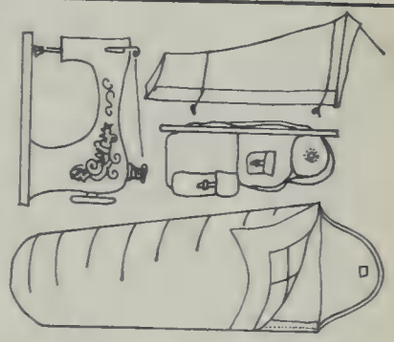

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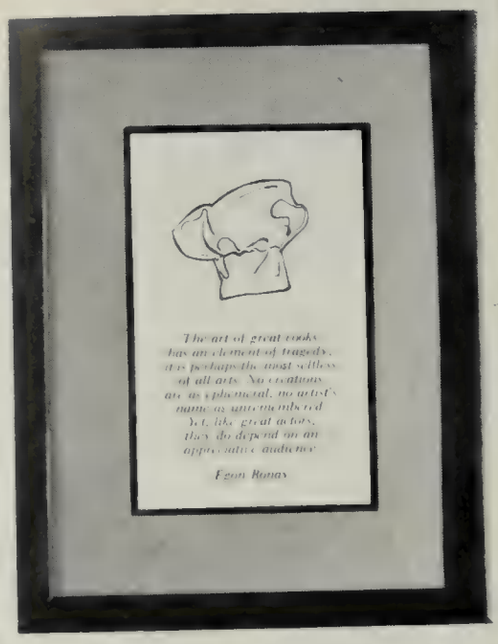

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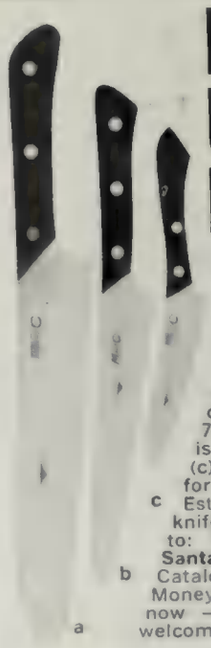

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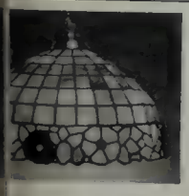

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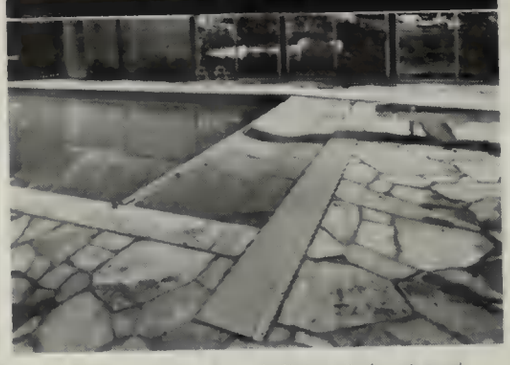

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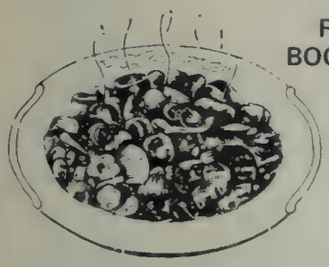

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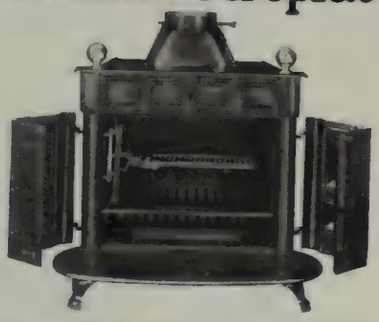

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Alaska's role in *Sunset*

When we were putting together the Kenai Peninsula article which begins on page 70 one of our newer staff members asked, "How do you explain our policy on Alaska? We seem to treat it like any other Western state. But to me, it's almost a foreign country."

Actually, Alaska is both: Western, but also somewhat foreign.

Alaska has been very much part of *Sunset's* West since 1968 when we added the 49th state to the territory we serve editorially. Going further back, the first issue of *Sunset*, in May 1898, contained an article called *San Francisco and the Klondike*.

Climate puts certain limits on how many of *Sunset's* articles work for Alaskans, but they can use most food and crafts ideas, and many building and remodeling ideas. They can even follow part of our garden section. Alaskans receive *Sunset's* Northwest edition and share some of the Northwest's garden climates.

As in any other Western state, Alaska's homes and gardens are a source of *Sunset* material. Our editors and photographers visit the state on regular scouting trips. Alaska specialties in *Sunset* range from mudroom entries and glassed-in plant rooms to game and fish recipes.

But most of our Alaska scouting and reporting deals with Alaska as a great place to visit. It has wilderness, fishing, wildlife, glaciers, tundra. It has old Russian-style churches, Eskimo villages, fiords, totem poles, permafrost, northern lights, midnight sun. The Western frontier is more alive there than anyplace else. (To hear something like a frontier song, just ask someone with a bass voice to read a few names off a map of Alaska: Kodiak, Fort Yukon, Valdez, Sitka, Juneau, Skagway, Kobuk, Kiska, Kiana, Ketchikan.)

Like the rest of the West, Alaska is changing rapidly. Its environmental questions—especially the proposed oil pipeline from the north Arctic coast south to Valdez—have made headlines in recent years. Under the Alaska Native Claims Settlement Act, some 80 million acres are now under study for possible use as national parks, national forests, and wildlife refuges.

Alaska is now enjoying its biggest visitor rush. Airlines serve all major cities. Bus tours bring summer visitors up the Alaska Highway. Cruise ships ply the Inside Passage. State ferries take visitors and their cars to places highways don't reach. A new road is opening up Mount McKinley National Park to auto trailers.

We intend to keep *Sunset* readers posted on changing Alaska. The largest state is, after all, a part of our regular beat.

WINDOW ON THE WEST: *Dall sheep*

Alaska's steep, rocky places are home to Dall sheep, magnificent white relatives of the bighorns found in the Rocky Mountains and Southwest. These were photographed in Mount McKinley National Park. Full-grown rams, like the two here, display nobly curved horns. Horns of lamb at left are still nubs.